

A black and white photograph of a man with a mustache, wearing a light-colored dress shirt and a dark patterned tie. He is clapping his hands and looking off to the side. The background is dark with faint, large letters 'L' and 'A' visible. The word 'STAFF' is written vertically in large, bold, white letters on the right side of the image.

STAFF

HEAD COACH TONY SHAVER



PROFILE

Personal

Born: January 28, 1954
 Hometown: High Point, N.C.
 Wife: Ann Shaver
 Children: Christopher (26), Austin (23), Jackson (16)

Education

North Carolina, 1976

Coaching Career

Episcopal High School... 1976-1986
 Hampden-Sydney..... 1986-2003
 William and Mary..... 2003-P



TONY SHAVER

In four seasons at William and Mary, head coach Tony Shaver has led a turnaround of Tribe basketball. During 2006-07 season, W&M enjoyed a breakout season, winning 15 Division I games for only the fifth time in school history. Shaver, though, believes 15 wins is only a rung on the ladder to becoming a perennial Colonial Athletic Association contender. Shaver has spent 21 seasons of coaching at the collegiate level and enters his 32nd season as a head coach.

"I do not want anyone to limit the vision of our program," Shaver said. "I am used to winning as a coach, and last season was a great step towards where I know this program can end up. As a staff, we expect big things not only from our players, but from our program as a whole."

Shaver earned CollegeInsider.com Colonial Athletic Association Coach of the Year honors after guiding the Tribe to a 15-15 record. It marked just the second time in the last 20 years W&M had won 15 games. Shaver also led his troops to eight wins during the tough CAA portion; only the third time in the 22-year history of the league the Tribe has accomplished that feat. Another telling stat of the progression of the program was the four CAA road victories, highlighted by a 67-63 win over 2006 Final Four participant George Mason. In Shaver's first four seasons, W&M had won only three road affairs.

The 2006-07 season brought about a change in styles for the 31st W&M head coach. After spending much of his career coaching an up-tempo offense, featuring a trapping defense, Shaver switched over to a more perimeter-oriented attack last season. The Tribe offensive scheme now spreads the floor and relies on spacing, effective perimeter shooting and players reading and reacting to teammates' cuts and motion. Defensively, W&M employs a plethora of defensive systems to throw off opposing offenses.

The new style led to the Tribe ranking among the top 50 in the country in 3-point field goal defense as well as holding its opponents to 64.2 points per game, the best mark since the 1997-98 season. The College also established school records for 3-point field goals made and 3-point field goals attempted. The success of the new approach was never more evident than in the Tribe's Feb. 14 victory over eventual National Invitational Tournament participant Drexel, 60-47, in Williamsburg. It was the lowest point production for Drexel in four seasons, and marked the highest ranked team, in terms of RPI, that W&M had defeated since 2001.

During the 2005-06 season, W&M started 4-1, marking the best start for the Tribe team since opening the 1992-93 campaign with a 6-1

record. During that season, however, two of the team's first four wins were against non-Division I teams Virginia Wesleyan and Shenandoah. As a result, the 4-1 start for the 2005-06 squad was the first time in school history that the Tribe has opened a year with at least four wins in its first five games against current Division I opponents. Included in those four victories was a 70-60 win at Hampton, which went on to make the NCAA Tournament.

In November 2005, Shaver was inducted into the Episcopal High School Hall of Fame. He led EHS for 10 seasons from 1976-86. Shaver has been inducted into the Hall of Fame at both of his head coaching stops prior to taking over the reigns at William and Mary.

"It was a great thrill to return to the Episcopal High School campus for the induction ceremony," Shaver said. "EHS is a special place to my family, as it was home for us for 10 years. The highlight of the day was seeing several former players in attendance at the banquet. Lifelong friendships and memories make coaching all the more enjoyable."

In his second season at the helm, W&M immediately started the season on a high note, defeating Radford and Hartford to win the inaugural W&M Tip-Off Classic, the first regular season tournament title for the College since 1981. The Tribe defeated James Madison in the first round of the CAA Tournament for W&M's first postseason win since 1997, and just the third in the last 20 years.

Shaver began his Tribe career with a 91-64 pounding of Liberty on Nov. 23, 2003. He also won his first ever Colonial Athletic Association contest, as the Tribe knocked off two-time defending league champion UNC Wilmington, 67-66, in overtime on Dec. 4, 2003. In the Tribe's first contest against a nationally ranked opponent under Shaver's direction, W&M performed well, leading No. 15 Pittsburgh by 10 points midway through the first half, before the Panthers, who attempted 28 more free throws than the Tribe, won 70-55.

There have been individual successes as well for the Green and Gold under Shaver's reign. On four occasions, a W&M player has been named All-CAA under Shaver, while another four have been named to the CAA All-Rookie Team. 2004 graduate Adam Hess, currently playing professionally in France, became the first player in school history to lead the CAA in scoring. An outstanding student and athlete, Hess was named the CAA Male Scholar-Athlete of the Year (for all sports) and was a First-Team Academic All-American and all-conference selection as a senior. Corey Cofield was voted the 2004 CAA Rookie of the Year, leading all freshmen in the league in points, rebounds and field goal per-

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HEAD COACH TONY SHAVER



centage. W&M players have also enjoyed success in the classroom under Shaver, as on seven occasions a Tribe player has been named to the CAA All-Academic team over the last four seasons, including a program-high three in 2007.

In total, three former W&M athletes who played under Shaver have gone on to professional careers overseas. Hess is currently playing for Roanne in the French Pro A League after earning Second-Team All-Bundesliga honors in Germany last season. Fellow 2004 graduate Zeb Cope is in his fourth professional season overseas. He is playing in the French Pro A League as well with Orleans. Recent W&M graduate Adam Payton signed a pro contract with BC Boncourt in Switzerland in August of 2007.

Shaver was named the head coach of the Tribe on May 2, 2003. He came to W&M after coaching 17 seasons at Hampden-Sydney, compiling a record of 358-121 (.747). He turned the Tigers into a Division III national powerhouse, leading the men's basketball team to eight Old Dominion Athletic Conference titles, 12 20-win seasons and 11 NCAA Division III Tournament appearances. The winningest basketball coach in the program's history, he was named the ODAC and South Region Coach of the Year in 1995, 1999 and 2000, and was picked as the Virginia Sports Information Directors Division II-III Coach of the Year in 1997, 1999 and 2000.

In 2003, Shaver took the Tigers to the NCAA Division III Final Four, as his team finished with a record of 28-4. In 1999, Shaver led H-SC to the national championship game, where the Tigers lost by one point in double-overtime to Wisconsin-Platteville. The team finished 29-3, setting a school record for most wins in a season.

Shaver also has a firm commitment to his players' success in the classroom. In 1999, one of his charges, Jack Jirak, was named the ODAC Scholar-Athlete of the Year and was also awarded the Gammon Cup as the top-student-athlete at the college. Two of Shaver's players, David Hobbs (1999) and Russell Turner (1992) earned Academic All-America honors. A number of his players have been named to the Academic All-ODAC squad, including six student-athletes in 1998.

Shaver first led the Tigers to the national postseason in 1988-89, just his third season as the team's head coach. That year, H-SC won the ODAC championship, ending the season with a 21-8 record.

Prior to taking over at Hampden-Sydney for the 1986-87 campaign, Shaver spent 10 years as the head boys' basketball coach at Episcopal High School in Alexandria, Virginia. He was named the Virginia State Private School Coach of the Year in 1986, and was twice picked as the Alexandria Coach

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of the Year, while winning 73 percent of his games.

A 1976 graduate of North Carolina, Shaver was a guard on the Tar Heel men's basketball team from 1972-75 under head coach Dean Smith. Originally a walk-on, he earned a scholarship his rookie season, when he was awarded the prestigious Butch Bennett Award, presented to the freshman who exemplifies determination, sportsmanship and sacrifice for the team. Shaver was voted the honoree by his teammates. During his four years in Chapel Hill, UNC went 95-26, including a pair of trips to the NCAA Tournament in 1975 and 1976. During the 1975 season, the Tar Heels won the ACC Tournament and advanced to the Sweet 16. During the 1973 and 1974 season, North Carolina made the National Invitational Tournament.

A native of High Point, North Carolina, Shaver and his wife, Ann, are the parents of three sons: Christopher (26), Austin (23) and Jackson (16). Christopher is currently pitching with the Chicago Cubs organization after a former standout career with the Tribe's baseball team. Austin is working toward a graduate degree in sports leadership at VCU, while working as a graduate assistant with the Ram basketball program. Jackson is a junior at Jamestown High School, and plays both basketball and baseball for the Eagles.



The Shaver family (back): **Jackson, Tony and Ann**, (front): **Chris and Austin**.

SHAVER'S COACHING CAREER

HAMPDEN-SYDNEY

Year	Overall Record
1986-87	12-13 (.480)
1987-88	12-13 (.480)
1988-89	21-8 (.724)
1989-90	15-11 (.577)
1990-91	21-6 (.778)
1991-92	24-6 (.800)
1992-93	12-13 (.480)
1993-94	22-6 (.786)
1994-95	28-3 (.903)
1995-96	17-9 (.654)
1996-97	21-7 (.750)
1997-98	23-6 (.793)
1998-99	29-3 (.906)
1999-00	26-2 (.929)
2000-01	24-5 (.828)
2001-02	23-6 (.793)
2002-03	28-4 (.875)
Totals	358-121 (.747)

WILLIAM AND MARY

Year	Overall Record	CAA Record
2003-04	7-21 (.250)	4-14 (.222)
2004-05	8-21 (.276)	3-15 (.167)
2005-06	8-20 (.286)	3-15 (.167)
2006-07	15-15 (.500)	8-10 (.444)
Totals	38-77 (.330)	18-54 (.250)
Career	396-198 (.667)	

CAREER HIGHLIGHTS

- CollegeInsider.com CAA Coach of the Year in 2007
- Eight ODAC Championships
- 12 20-Win Seasons
- 11 NCAA Tournament Appearances
- Advanced to the NCAA Division III Final Four on two occasions
- NCAA Division III National Runner Up in 1999
- Three-Time ODAC Coach of the Year
- Three-Time South Region Coach of the Year
- Three-Time VaSID Division II-III Coach of the Year

WHAT THEY'RE SAYING ABOUT TONY SHAVER

"Having coached Tony at the University of North Carolina and followed his teams over the years, I have been very proud of his accomplishments. Tony's teams rose to the top of Division III because he instilled in his players the value of hard work. He is very deserving of the chance to build a program at William and Mary. I have great confidence that he will establish an exciting and winning program."

- Legendary North Carolina head coach **Dean Smith**, the winningest men's basketball coach in NCAA history

"Coach Shaver runs a big-time program. The players learn how to play basketball, develop their individual skills and win. There is little more to ask for anywhere."

- Golden State Warriors assistant coach and former All-American as a player under Tony Shaver, **Russell Turner**

"My son Ryan made an outstanding choice to play for Tony Shaver. Ryan was able to learn, experience success and grow as a person during his time with Coach Shaver. Tony is very passionate about the game and pays great attention to detail. Success will follow him."

- South Carolina head coach **Dave Odom**

"My family was impressed with Coach Shaver's long-standing reputation. It was important for us to send our son to play basketball for a program that produces winners on and off the court. Coach Shaver's attentiveness to David as an athlete and as a person was invaluable to David's college experience and to his future."

- Former Alabama head coach **David Hobbs**

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ASSISTANT COACH DEE VICK



DEEVICK

PROFILE

Personal

Born: May 10, 1971
 Hometown: Raleigh, N.C.
 Wife: Krissy Vick
 Children: Ellie (7), Sallie (6) and Ran (4)

Education

Hampden-Sydney, 1994

Coaching Career

Hampden-Sydney..... 1995-1999
 East Carolina..... 1999-2001
 South Carolina..... 2001-2002
 College of Charleston... 2002-2003
 William and Mary..... 2003-P

Dee Vick is in his fifth season at W&M, after rejoining his college head coach, Tony Shaver, in May of 2003. Vick has been vital in the strides the Tribe has taken over the last four seasons. He has served as the Tribe's recruiting coordinator and was invaluable in the Tribe's transition to a new offensive system last season.

"The growth and positive change in our program can be attributed to many things, but the most important contributor has been Dee Vick," head coach Tony Shaver said. "His leadership skills and vision for the future are so meaningful. We have been fortunate to add some exciting young recruits to our program in the last few years. Dee has organized our recruiting efforts and helped raise our level of expectation. I have been a college coach for 20 years and my most prized possession of those years has been my relationship with Dee and his family."

Vick came to Williamsburg from the College of Charleston, where he was an assistant coach in 2002-03 under Tom Herrion. The Cougars had a record of 25-8 and advanced to the National Invitation Tournament. Vick served as a special assistant to Dave Odom at the University of South Carolina for the 2001-02 season, when USC went to the championship game of the NIT. Prior to his time with the Gamecocks, Vick was an assistant coach at East Carolina University for two seasons.

"William and Mary is a great school in a great conference located in an incredible community," Vick said. "But the number one reason I decided to join the program was the opportunity to work with Coach Shaver again. It is difficult to put into words how much he has meant to me as a coach, mentor, competitor and, most importantly, a friend. I love him and his family very much. Their support and love for me has been invaluable toward my development as a coach and as a father."

Vick played basketball at Hampden-Sydney, graduating in 1994 with a degree in psychology. In his four years as a player under Shaver's tutelage, Vick was a three-year starter at shooting guard. He helped lead the team to a combined record of 79-31 (.718), which included a pair of Old Dominion Athletic Conference championships and two appearances in the NCAA Division III Sweet 16.

Upon his graduation, Vick joined Shaver's staff and promptly picked up where he left off as a player, helping the Tigers to a record of 118-28 (.808) and four Division III NCAA Tournament berths. That included a 29-3 campaign in 1999, when Hampden-Sydney made it all the way to the national championship game before losing to Wisconsin-Platteville in double overtime.

A native of Raleigh, N.C., Vick was a standout basketball player at Broughton High School. He and his wife, Krissy, a native of Chesapeake, Va., have two daughters, Ellie (7) and Sallie (6) and a son, Ran (4).



The Vick Family pictured in front of the Wren Building. (from left to right) Dee, Ran, Ellie, Sallie and Krissy.



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ASSISTANT COACH ANTWON JACKSON

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PROFILE

Personal

Born: May 14, 1968
Hometown: Washington, D.C.
Wife: Stephanie Jackson
Children: Melanie (12),
Elijah (4)

Education

Pikeville College, 1993

Coaching Career

Bishop McNamara HS .. 2001-2004
Paul VI HS 2004-2005
William and Mary 2005-P



ANTWON JACKSON



The Jackson Family pictured in front of the Wren Building. (from left to right) Melanie, Antwon, Stephanie and Elijah (in front)



Antwon Jackson is entering his third season with the Tribe as an assistant coach. Jackson's duties with the Tribe include recruiting, team travel equipment, skill workouts and working with the Tribe's post players.

"Antwon is a very aggressive and eager recruiter," head coach Tony Shaver said. "He loves the world of recruiting and has helped us find some exciting players. Antwon is a big asset to our program here at William and Mary."

Jackson came to W&M for his first college coaching position, after spending four years as an assistant boys' basketball coach in the high school ranks. He got his start in coaching in the Washington Catholic Athletic Conference, which is known as one of the top high school basketball leagues in the country. Most recently, Jackson was at Paul VI High School in Fairfax, Va., where he helped lead the team to an 18-8 record and an appearance in the Virginia Independent Schools championship game. While at Paul VI, he worked with Levi Franklin, who is currently an assistant coach at Robert Morris University in Moon Township, Pa.

Prior to that, Jackson was an assistant for three years at Bishop McNamara High School in Forestville, Md. He worked with Kevin Sutton, who is currently the head coach at Montverde Academy in Montverde, Fla., for two seasons, before spending one season with current Bishop McNamara head coach Marty Keithline.

Jackson also served several years as an assistant coach for the successful DC Assault and Maryland Select AAU teams. Typically one of the top AAU teams in the nation, DC Assault has produced many Division I and NBA players and coaches. During his time with DC Assault, Jackson worked with and coached a number of Division I players. He also worked with several future Division I players with the Maryland Select program.

Jackson also has worked at some of the top summer basketball camps in the country, including the adidas Superstar Camp, and several years at the Five Star Basketball Camp.

Along with his coaching positions, Jackson spent 11 years at KPMG, LLP in Washington, D.C., and McLean, Va., most recently holding the position of senior associate in the company's real estate and mortgage division. Jackson graduated in 1993 from Pikeville College in Pikeville, Ky., with a degree in business management and accounting. He was a Kentucky Intercollegiate Athletic Conference honorable mention selection as a junior in 1991-92 and as a senior in 1992-93. Jackson also led his team in assists each of those seasons.

Jackson and his wife Stephanie live in Williamsburg with their children, Melanie (12), and Elijah (4). Stephanie works for the Colonial Williamsburg Foundation. Melanie is a seventh grader at Toano Middle School, and Elijah is in the WISK preschool K4 program.



ASSISTANT COACH BEN WILKINS



BENWILKINS

PROFILE

Personal

Born: Sept. 26, 1978
 Hometown: Mt. Pleasant, Pa.

Education

North Carolina State, 2001

Coaching Career

Apex High School..... 2001-2003
 Barton College..... 2003-2005
 N.C. State 2005-2006
 William and Mary 2006-P

Ben Wilkins enters his second season as an assistant coach on the men's basketball staff. Wilkins has been instrumental in the Tribe's transition to its new offensive system. His responsibilities also include scouting, recruiting individual skill work and developing the Tribe's perimeter players.

"Ben has a very diverse basketball background, which is a very attractive asset," head coach Tony Shaver said. "He has proven himself as a successful recruiter at Barton College. He worked with Coach Herb Sendek at N.C. State, and has brought a lot of new ideas to our program. I really feel like he has the total package and can help better the William and Mary program."

Before coming to W&M, Wilkins was the video coordinator at N.C. State. The Wolfpack advanced to the second round of the NCAA Tournament in 2005-06, while amassing an overall record of 22-10. N.C. State also went 10-6 in Atlantic Coast Conference (ACC) action. During the season, Wilkins was involved with various aspects of the Wolfpack program including film editing, player housing, player financial services and he organized a past player reunion. He also served as the liaison for sports marketing, handled office and player tickets and was an assistant camp director.

Wilkins served as the first assistant and recruiting coordinator for Barton College in Wilson, N.C., during the 2003-04 and 2004-05 seasons. The Bulldogs compiled a 35-21 mark over those two seasons, including a third-place finish in the Carolinas-Virginia Athletics Conference (CVAC) during his final campaign. In his time at Barton, Wilkins' primary responsibilities centered around recruiting, scouting reports, both practice and in-game coaching, development of the perimeter players and film exchange. His efforts in recruiting helped lay the foundation for the Bulldogs run to the 2007 NCAA Division II National Championship. While working as the recruiting coordinator, Barton signed two-time CVAC Player of the Year, Anthony Atkinson, and CVAC Freshman of the Year, Bobby Buffaloe. Wilkins also assisted in the organization and operation of the Barton Basketball Camp and served as the game day manager during both men's and women's basketball games.

Wilkins graduated Magna Cum Laude with a Bachelor of Arts in history in December of 2001. During his time at N.C. State, he was also a team manager.

After graduating from N.C. State, Wilkins served as the junior varsity coach for Apex High School in Apex, N.C. He guided the Cougars to a 17-1 mark and a first-place showing in conference play. As an assistant for the boys' varsity squad, Wilkins helped guide Apex to the state playoffs.



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PROFILE

Personal

Born: April 8, 1980
Hometown: Andover, England

Education

College of Southern Idaho, 2002
North Carolina, 2006

Coaching Career

Cricklade College..... 1998-1999
Southern Idaho..... 1999-2002
North Carolina 2004-2006
Montreat College..... 2006-2007
William and Mary..... 2007-P



JAMIE SMITH



Jamie Smith joins the Tribe staff as the director of basketball operations for the 2007-08 season after serving as the top assistant coach at Montreat College. Smith's primary responsibilities involve directing the film exchange program, coordinating team travel, designing recruiting mailouts, and taking care of all administrative based needs. Smith will also direct the 2008 Tribe Team Camp.

"Jamie is a fantastic young man who brings a unique international flavor to our program," Shaver said. "He has a tremendous work ethic, and we are excited about his addition. He also possesses a number of different and innovative ideas that can do nothing but benefit our program as we continue to progress."

At Montreat, Smith's duties included recruiting, scouting, strength and conditioning, film exchange, perimeter player development, and day-to-day basketball operations. He also served as the director of intramural athletics.

Under the charge of Bill Robinson, the Cavaliers finished the 2006-07 season with a 19-13 (14-4) record, en route to an Appalachian Athletic Conference (AAC) regular season Championship. The Cavs ranked as high as #11 in the national polls, the best showing in school history. The team was also voted AAC Champions of Character for the third consecutive year.

From 2004 to 2006, Smith studied the game under the tutelage of Hall of Fame Coach Roy Williams at the University of North Carolina. During his two years with the Tar Heel Program, he served as a manager for both the Junior Varsity and Varsity teams and as a volunteer administrative assistant. Smith assisted with individual workouts, practice and game day operations, strength and conditioning, and on-campus recruiting. He also worked three years of camp operations for the Roy Williams' Basketball Camp.

In 2004-05, the Tar Heels finished with a 33-4 (14-2) record, were ACC Champions and were crowned National Champions. Smith witnessed the departure of seven scholarship players that graduated or left for the NBA, and the rebuilding process that followed. In 2005-06 the Carolina coaching staff led the most inexperienced team in school history to a 23-8 (12-4) record, a second place finish in the ACC, and a final top 10 national ranking - an accomplishment that earned Roy Williams National Coach of the Year honors.

In addition to his involvement with Tar Heel basketball, Smith played on Carolina's back-to-back national championship handball squad under sport psychologist Dr. John "Doc" Silva. He was also a port oarsman for Carolina men's crew team, and won a bronze medal in the lightweight four at the 2004 Southern Intercollegiate Rowing Association Championships.

Smith graduated with highest distinction as a double major in exercise & sport science and psychology at UNC. His academic achievement earned him induction into the prestigious honor society, Phi Beta Kappa.

Prior to his arrival on the East Coast, Smith was a student assistant coach under Derek Zeck at the College of Southern Idaho. From 1999-2002, the Golden Eagles achieved an 84-17 record, won regular season and tournament conference championships, and made it to the Elite Eight of the NJCAA Division I National Tournament.

During this time, the program developed eighteen players that went on to compete at the NCAA Division I level. Smith worked with three players that have since made NBA rosters: Smush Parker (Lakers), Tony Bobbitt (Lakers), and Yakhouba Diawara (Nuggets). A further three players are current members of the AND1 Mixtape Tour: Cardell Butler (AKA "Ballaholic"), Kenny Brunner (AKA "Bad Santa"), and Jerry Dupree (AKA "The Assassin").

Originally from the United Kingdom, Smith began his coaching career in 1998-99 as the head coach at Cricklade College in Andover, England. During the same season he played in England's National Basketball League for the Southampton Trailblazers.

Smith played varsity basketball for Coach Dave Sanders at Peter Symonds College in Winchester, England. He helped Symonds to back-to-back conference championships and an invitation to the British Colleges National Cup in 1997-98.

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COACHES' CORNER

					
	COACH SHAVER	COACH VICK	COACH JACKSON	COACH WILKINS	COACH SMITH
If you were not a basketball coach, what would you be?	Captain of a boat	Professional poker player	Working in finance/ accounting	Pittsburgh Steelers Head Coach	Hollywood movie star
Who has had the greatest influence on your coaching career?	Dean Smith	Tony Shaver	Players that make shots	Joe Dunn and Brad Wetzel (HS Coaches)	Joe Holladay (UNC Assistant)
What is your favorite song?	Ain't No Mountain High Enough - Diana	Paul Revere - Beastie Boys	Where I'm From - Jay-Z	Two Step - Dave Mathews Band	Summertime - DJ Jazzy Jeff and the Fresh Prince
What is your favorite activity outside of basketball?	Playing sports with my sons.	Fishing and Hunting	Listening to music on my iPod	Poker	Wakeboarding
What word (s), would you use to describe Coach Shaver?	Fortunate	Competitive/ Loyal	Carolina	Down-to-Earth	Humble
What is your favorite movie?	Remember the Titans	Facing the Giants	Let's Do It Again	White Men Can't Jump	Love Actually
If you could be on the cover of any magazine, what would it be?	Sports Illustrated	Sharing The Victory	Black Enterprise	Sports Illustrated	GQ
Who is your all-time favorite NBA player?	Bobby Jones	Steve Nash	Michael Jordan	Tim Duncan	Michael Jordan
What was the most interesting class you took in college?	Business/ Advertising	Sports Psychology	Introduction to Business	Sociology of the Family	Sport Psychology
If you could be an action hero, who would you be and why?	Superman. He always wins in the end.	Spiderman. My son would love me more.	Speed Racer , so I could drive fast without getting a speeding ticket.	Superman, so I could fly to recruiting events.	James Bond. He has the gadgets, the car, the girls, the suit and the accent.
Celebrity that people say I most look like:	 Tom Selleck	 Ben Affleck	 Chauncey Billups	 Conan O'Brien	 Keanu Reeves

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Speed, Strength and Conditioning



John Sauer
Director of Speed, Strength and Conditioning

Head Speed, Strength and Conditioning Coach John Sauer begins his 20th year as the director at William and Mary. He is responsible for all aspects of strength and conditioning for the Tribe's 23 varsity sports.

During the summer of 2005, Sauer was one of seven coaches nationwide recognized as a Master Strength and Conditioning Coach (MSCC). The title of MSCC is the highest honor that can be achieved as a strength and conditioning coach. It represents professionalism, knowledge, experience, expertise, as well as longevity in the field. For these reasons, all applicants must be a full-time collegiate and/or professional strength and conditioning coach for a minimum of 12 years in order to be considered for this distinction.

In 1995, Sauer designed the Joseph W. Montgomery Strength Training Center located in the lower level of William and Mary Hall. This 5,000-square foot facility was upgraded in the spring of 2006, primarily with new Power Lift and Sorinex equipment. The room now contains 16,000 pounds of free weights, over 7,000 pounds of dumbbells and 6,000 pounds of rubber bumper plates. In addition, it has 24 custom-built Olympic platforms, 18 multipurpose power racks and a fully-equipped plyometric area.



Joseph W. Montgomery Strength Training Center At a Glance

- 16,000 pounds of free weights
- 7,000 pounds of dumbbells
- 6,000 pounds of rubber bumper plates
- 20 dynamax medicine balls
- 24 custom-built Olympic platforms
- 18 multipurpose power racks with adjustable benches
- 10 dumbbell benches
- 6 glute-ham benches
- 4 adjustable abdominal benches
- 6 dip bars
- 2 power squats
- 2 ground-based jammers
- Fully-equipped plyometric area
- Wide variety of selectorized machines



Sports Medicine



Lisa Shook
Assistant Athletic
Trainer
Men's Basketball



Steve Cole
Assistant AD
Health Services

Steve Cole, Assistant Athletic Director for Health Services, enters his 25th year at the helm of the William and Mary Sports Medicine program. Cole is familiar with the logistics and scope of the sports medicine field on all levels.

Under the direction of Cole, Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility. There are seven full-time certified athletic trainers and two graduate assistants from Old Dominion University's post-graduate athletic training educational program on staff. In addition, a group of undergraduate students serve as athletic training aides and assist in the daily operation of the sports medicine program.

A certified athletic trainer (BOC) and strength and conditioning specialist (NSCA), Cole graduated from West Virginia University in 1976 with a bachelor's degree in physical education and athletic training. He subsequently earned a master's degree in sports medicine in 1978 from the University of Virginia.

In the summer of 2006, the National Athletic Trainers Association (NATA) recognized Cole as the College/University National Athletic Trainer of the Year. In 1997, Cole received his 25-year membership pin from NATA. He was also recognized for his service to the profession, receiving the Athletic Trainer Service Award, one of only three recipients from the Mid-Atlantic Region. In 2000, Cole was honored by the College for his many years of service to William and Mary with recognition as an honorary alumnus.

A true fitness buff, Cole is an exemplary model for all athletes. He is an avid competitor who has participated in a variety of triathlons since 1980. Cole resides in Williamsburg with his wife Lonna, 8-year-old daughter Sydney Janać, and 4-year-old daughter Jahnessa Yaxin.

With 23 sports under his supervision, Cole receives plenty of assistance from his skilled, BOC-certified staff.

Renee Cork, a graduate of Iowa State, is beginning her 16th year with the staff. She holds the title of senior associate athletic trainer. This past summer, the National Athletic Trainers Association (NATA) recognized Cork as the College/University National Assistant Athletic Trainer of the Year.

In 1999, Cork received the Sport Safety Training Award from the American Red Cross and is in charge of the CPR training for all William and Mary coaches. In 2002, the governor of Virginia appointed Cork to the Athletic Training Advisory Board under the Board of Medicine. She is the only collegiate athletic trainer and the only female representative on the Advisory Board. Cork is very involved in the athletic training profession and serves on several athletic training committees at the state and regional levels.

Andy Carter joined the William and Mary staff in 2000 as an associate athletic trainer. A William and Mary alumnus and former Tribe student athletic trainer, he is in his fourth year as the head football athletic trainer, overseeing the sports medicine services for the team. He and his wife, Kris-

tina, who is a physical therapist at Advanced Specialty Center of Williamsburg Physical Therapy, reside in Williamsburg.

John Knaul, who earned his bachelor's degree of Alfred University and his master's at Elmira College, is in his eighth year as a Senior Assistant Athletic Trainer. He and his wife, Katie, reside in Williamsburg.

Lisa Shook, who holds a bachelor's degree from Salisbury University and a master's from Western Carolina, and **Michele Swaney**, who holds a bachelor's degree from California University of Pennsylvania and a master's from Virginia, return for a third year as Assistant Athletic Trainers. Shook is the athletic trainer for the men's basketball program. Additionally, **Hollie Walusz** joins the staff as an Assistant Athletic Trainer, after completing her undergraduate degree at Northern Iowa and her master's at UNC Chapel Hill.

Also, the two graduate assistants from the post professional graduate athletic training program at ODU, **Carla Boelte** and **Nicole Neumann**, return for their second years on staff. Boelte is a graduate of Bridgewater College, while Neumann attended Marietta College.

In addition to the full-time athletic trainers, the sports medicine staff consists of a team physician and a network of physicians and medical specialists from the local community.

A presence on the Tribe sideline for the past 40 years, retired **Dr. George Oliver** now holds the title of W&M's team physician emeritus. Oliver was recognized by the College as an honorary alumnus in 2002.

Michael Potter is in his fifth year on the staff as the team physician. The team physician oversees the full-time athletic training staff and has overall responsibility for supervising the sports medicine program. A family practice/sports medicine specialist, Potter earned his medical degree from Texas A&M. He completed his residency at the Riverside Family Practice in Newport News and his sports medicine fellowship at Wake Forest University. Potter is in private practice with the Virginia Center of Athletic Medicine (VCAM) of Tidewater Physicians Multispecialty Group (IPMG).

Ed Wilhelm and **Alex Lambert**, surgeons at Virginia Orthopedics and Sports Medicine (VOSM), provide the team's orthopedics care. Each brings a vast amount of experience to their positions, having worked and traveled on the international level as sports medicine physicians. Also assisting the Tribe are chiropractors **Bob Pinto**.

John Mitrovic, a former Tribe football player who graduated in 1983, is the owner/director of Williamsburg Physical Therapy Center. He is a licensed physical therapist, a certified strength and conditioning specialist and a certified athletic trainer. Mitrovic works with the program as a physical therapy consultant.

William and Mary's "team approach" to health care allows the sports medicine program to offer a wide range of comprehensive service to the student-athletes in a caring, cooperative manner.



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Claudette Canady **Administrative Assistant**

Claudette Canady, a former all-district basketball player and MVP at West Point High School in Virginia, has been the administrative assist for Tribe basketball for 19 years. She is a 1976 graduate of Rappahannock Community College.

Canady comes from an athletic family, where both parents played basketball and her father, Charles, also played football at Huntington High School and in the U.S. Army. Her brother "Duke" Thorpe played pro basketball overseas after an outstanding career at Virginia Tech. Her sister, Lisa, also had a fine basketball career at West Point High. The tradition continued as Canady's daughter, Leslie, and nephew, Andre, graduates of the University of Richmond and Bridgewater College, respectively, both played basketball, while Andre also played football and ran track.

Claudette has traveled in the past with the Tribe to Hawaii (1991 and 1999), New Orleans, Kansas, Texas, California, Arizona and New Mexico.

In addition to working with the men's basketball staff, she also provides administrative assistance to Steve Cole in the sports medicine program. Outside of basketball, she enjoys cooking, sewing, is the clerk and secretary of her church and sings in the church choir.



Lisa Shook **Athletic Trainer**

Lisa Shook begins her third season working with the W&M men's basketball program. Shook joined the staff of the Division of Sports Medicine in 2005.

Before coming to William and Mary, she worked as a graduate assistant Athletic Trainer at Western Carolina University while completing her master's degree. She earned her master's in health science with a concentration in education in 2005. Prior to Western Carolina, Shook attended Salisbury University, where she earned a Bachelor's of Science in athletic training in 2003.

At W&M, Shook works primarily with cheerleading and men's basketball. She also works with the jumpers and sprinters on the track team.

She enjoys going to the beach, painting, and playing with her dog in her free time. A Towson, Md., native, Shook resides in Williamsburg.



Jason Simms **Coordinator of Academic Support**

Jason Simms enters his first season working with William and Mary athletics as the coordinator of academic support. Simms previously worked at Salisbury University in various capacities, including Associate Dean of Admissions, Athletics Admissions Liaison and assistant men's basketball coach. Simms was also the facilitator for the Champs Life

Skills student athlete freshman orientation program.

Simms works to monitor academic progress of student-athletes at the College. The office of academic support organizes tutorial and study programs, leads a freshman transition program, teaches sessions on enhancing study and test-taking skills, and serves as a point of referral to various campus resources.

Simms was also a standout athlete during his career at Frostburg State University. He played both basketball and baseball at Frostburg and

garnered MVP honors in both sports during his career. He was the men's basketball MVP in 1993-94 and earned the accolade in baseball in both 1993 and 1994. In 1995, he earned the Frostburg Annual Awards Dinner Athlete of the Year award. Simms still holds school records in both basketball and baseball at Frostburg State. He is the school's all-time leader in assists with 453. Simms ranks fourth on the career list in free throw percentage (73.3 percent) and third in steals (172). In baseball, Simms holds the school record for hit by pitch in a season and ranks third on the career list in the category. He also ranks 10th on the Frostburg State career runs list.

He attended high school at Loudoun Valley in Northern Virginia, where he is still the all-time assists leader. His father, Larry Simms, was a high school basketball coach at Park View High School for more than 30 years in the state of Virginia. Simms currently resides in Williamsburg.



Julliana Jennings **Head Manager**

Julliana Jennings enters her third seasons with the Tribe men's basketball program and the second as the head manager. Jennings is a senior, double-majoring in kinesiology and religious studies.

Jennings duties include game day operations, manning the score board, clock, water, towels, balls, and other necessary items during practice, assisting the coaching staff, laundry and assisting the players whenever necessary.

Jennings is the daughter of Loretta and Dave Jennings and is from Dayton, New Jersey. She graduated from South Brunswick High School in 2003 and hopes to attain a job working with a men's collegiate basketball team as a director of basketball operations.



Yuanyuan Liu **Manager**

Yuanyuan Liu begins her first season working with the Tribe men's basketball program. She came to William and Mary after attending Nanjing University in China.

Liu captained the women's basketball team at Nanjing University in 2006-07 and currently plays on the W&M club team. She also worked as the men's basketball team manager at Nanjing. In 2006, Liu worked the Stankovic Continental Championships Cup as a volunteer and helped in the training of the Chinese National Team.

Liu graduated from Nanjing High School in JiangYin, China in 2005. She is the daughter of Bin and Wen Liu.



Lydia Dodson **Manager**

Lydia Dodson enters her first season with the men's basketball program. A freshman at William and Mary, Dodson plans to major in history or English.

Dodson graduated from Eastern Mennonite High School in 2007. While at Eastern Mennonite, she was a four-year letter winner for the Flames and was a team captain during her senior campaign.

Dodson is the daughter of Karla Dodson and George and Sheila Dodson. She is from Harrisonburg, Va.