

TONY SHAWVER



STAFF

# 2008 CAA COACH OF THE YEAR



HEAD COACH

## TONY SHAVER

SIXTH SEASON - NORTH CAROLINA (1976)

### PROFILE

#### Personal

Born: January 28, 1954  
Hometown: High Point, N.C.  
Wife: Ann Shaver  
Children: Christopher (27), Austin (24), Jackson (17)

#### Education

North Carolina, 1976

#### Coaching Career

Episcopal High School..... 1976-1986  
Hampden-Sydney ..... 1986-2003  
William and Mary..... 2003-P

#### Career Highlights

- 2008 CAA Coach of the Year
- Finalist for the 2008 CollegeInsider.com Mid-Major Coach of the Year
- Two-time CollegeInsider.com CAA Coach of the Year
- Eight ODAC Championships
- 12 20-Win Seasons
- 11 NCAA Division III Tournament Appearances
- Two NCAA Division III Final Fours
- NCAA Division III National Runner Up in 1999
- Three-Time ODAC Coach of the Year
- Three-Time South Region Coach of the Year
- Three-Time VaSID Division II-III Coach of the Year

When Tony Shaver accepted the head coaching position at William and Mary in May of 2003, he set his sights on making the Tribe a winning program. Fast-forward five years and the two-time CAA Coach of the Year and National Mid-Major Coach of the Year finalist has led a revival of the Green and Gold program, and last season, took it to the brink of its first-ever CAA title and NCAA Tournament appearance. Despite all the recent success, Shaver's vision and intensity to win has not wavered.

"I do not want anyone to limit the vision of our program," Shaver said. "We expect our teams to win and the last two seasons have been exceptional steps toward where we know our program can be."

In 2007-08, William and Mary posted its first winning season in a decade finishing with a 17-16 ledger. In fact it was only the sixth time in school history that a Tribe team had won 17 or more contests. W&M also finished fifth in the league on the strength of a 10-8 CAA ledger. It marked only the second time in the Tribe's 23-year history in the CAA that it has won double-digit games. Over the last two seasons, W&M ranks fifth in the league in conference wins with 18. The stat demonstrates the rising success of the Tribe program, given W&M won only 10 CAA games in Shaver's first three seasons at the helm.

In five seasons at the helm of the William and Mary men's basketball program, Tony Shaver has turned the William and Mary men's basketball program into a winner. Over the last two seasons, the program posted back-to-back 15-plus win seasons for the first time in a quarter of a century. The Tribe also put together consecutive seasons with a .500 or better record for the first time in 23 years.

Shaver was voted the 2008 CAA Coach of the Year by the league's media, coaches and sports information directors. The Shaver-led Tribe punctuated the honor by reeling off three-straight last-second wins on its way to the CAA Championship Game. Included in the run was a 56-54 win over regular season champion and No. 1 seed VCU in the semi-finals. W&M won three contests to get to the championship game, matching the program's victory total in the tournament from the previous 22 years. As a result of the title game appearance, W&M had its first-ever national televised game and made its first appearance

on ESPN.

The Tribe accomplished numerous other milestones during the historic 2007-08 season. W&M established not only school records, but CAA marks for 3-pointers made (257) and attempted (755) in a season. The Tribe also bettered the school standard for 3-pointers per game (7.79), double-digit 3-point efforts in a season (9) and consecutive double-digit 3-point shooting performances (5). Shaver engineered a quartet of double-digit comebacks for the Tribe in 2008, including three straight in wins over James Madison (1/9), at Georgia State (1/12) and against Northeastern (1/16). It marked the first time in school history W&M overcame two-straight double-digit second-half deficits, let alone three. The Tribe's 16-point second-half comeback at Georgia State was the largest deficit that W&M overcame on the road in 15 years. Shaver also reached a coaching milestone of his own on December 31, 2007, winning his 400th collegiate coaching game as the Tribe defeated Fairfield, 71-50, at Kaplan Arena.

W&M demonstrated its mettle as a winning team with not only its ability to overcome deficits, but also with being able to win close games. The Tribe won more than half its games (nine) when trailing at the half. W&M also won nine games by four or fewer points this season, bettering the total (six) from Shaver's first four seasons at the helm of the program. The Tribe put together a six-game CAA winning streak from Jan. 5 through Jan. 23, which marked only the third such league winning streak in Tribe history. Shaver also guided the Tribe to four straight CAA road wins in 2008. It equaled the program's longest CAA mark and was the second-longest single-season road winning streak in



school history.

In 2006-07, Shaver earned CollegeInsider.com Colonial Athletic Association Coach of the Year honors after guiding the Tribe to a 15-15 record. It marked just the second time in the last 20 years W&M had won 15 games. Shaver also led his troops to eight wins during the tough CAA portion; only the third time the Tribe has accomplished that feat. Another telling stat of the progression of the program was the four CAA road victories, highlighted by a 67-63 win over 2006 Final Four participant George Mason. In Shaver's first four seasons, W&M had won only three road affairs.

The 2006-07 season brought about a change in styles for the 31st W&M head coach. After spending much of his career coaching an up-tempo offense, featuring a trapping defense, Shaver switched over to a more perimeter-oriented attack last season. The Tribe offensive scheme now spreads the floor and relies on spacing, effective perimeter shooting and players reading and reacting to teammates' cuts and motion. Defensively, W&M employs a plethora of defensive systems to throw off opposing offenses.

The new style led to the Tribe ranking among the top 50 in the country in 3-point field goal defense as well as holding its opponents to 64.2 points per game, the best mark since the 1997-98 season. The College also established school records for 3-point field goals made and 3-point field goals attempted. The success of the new approach was never more evident than in the Tribe's Feb. 14 victory over eventual National Invitational Tournament participant Drexel, 60-47, in Williamsburg. It was the lowest point production for Drexel in four seasons, and marked the highest ranked team, in terms of RPI, that W&M had defeated since 2001.

During the 2005-06 season, W&M started 4-1, marking the best start for the Tribe team since opening the 1992-93 campaign with a 6-1 record. During that season, however, two of the team's first four wins were against non-Division I teams Virginia Wesleyan and Shenandoah. As a result, the 4-1 start for the 2005-06 squad was the first

time in school history that the Tribe has opened a year with at least four wins in its first five games against current Division I opponents. Included in those four victories was a 70-60 win at Hampton, which went on to make the NCAA Tournament.

In November 2005, Shaver was inducted into the Episcopal High School Hall of Fame. He led EHS for 10 seasons from 1976-86. Shaver has been inducted into the Hall of Fame at both of his head coaching stops prior to taking over the reigns at William and Mary. He was named to the Hampden-Sydney College Hall of Fame in 2004.

"It was a great thrill to return to the campuses of Episcopal High School and Hampden-Sydney College for the induction ceremonies," Shaver said. "Episcopal and Hampden-Sydney are special places to my family."

In his second season at the helm, W&M immediately started the season on a high note, defeating Radford and Hartford to win the inaugural W&M Tip-Off Classic, the first regular season tournament title for the College since 1981. The Tribe defeated James Madison in the first round of the CAA Tournament for W&M's first postseason win since 1997, and just the third in the last 20 years.

Shaver began his Tribe career with a 91-64 pounding of Liberty on Nov. 23, 2003. He also won his first ever Colonial Athletic Association contest, as the Tribe knocked off two-time defending league champion UNC Wilmington, 67-66, in overtime on Dec. 4, 2003. In the Tribe's first contest against a nationally ranked opponent under Shaver's direction, W&M performed well, leading No. 15 Pittsburgh by 10 points midway through the first half, before the Panthers, who attempted 28 more free throws than the Tribe, won 70-55.

There have been individual successes as well for the Green and Gold under Shaver's reign. On five occasions, a W&M player has been named All-CAA under Shaver, while another four have been named to the CAA All-Rookie Team. 2004 graduate Adam Hess, currently playing professionally in France, became the first player in school history to lead the CAA in scoring. An outstanding student

## COACHING RECORD

### HAMPDEN-SYDNEY

Year	Overall
1986-87	12-13 (.480)
1987-88	12-13 (.480)
1988-89	21-8 (.724)
1989-90	15-11 (.577)
1990-91	21-6 (.778)
1991-92	24-6 (.800)
1992-93	12-13 (.480)
1993-94	22-6 (.786)
1994-95	28-3 (.903)
1995-96	17-9 (.654)
1996-97	21-7 (.750)
1997-98	23-6 (.793)
1998-99	29-3 (.906)
1999-00	26-2 (.929)
2000-01	24-5 (.828)
2001-02	23-6 (.793)
2002-03	28-4 (.875)
<b>Totals</b>	<b>358-121 (.747)</b>

### WILLIAM AND MARY

Year	Overall	CAA
2003-04	7-21 (.250)	4-14 (.222)
2004-05	8-21 (.276)	3-15 (.167)
2005-06	8-20 (.286)	3-15 (.167)
2006-07	15-15 (.500)	8-10 (.444)
2007-08	17-16 (.515)	10-8 (.556)
<b>Totals</b>	<b>55-93 (.372)</b>	<b>28-62 (.311)</b>
<b>Career</b>	<b>413-214 (.659)</b>	

and athlete, Hess was named the CAA Male Scholar-Athlete of the Year (for all sports) and was a First-Team Academic All-American and all-conference selection as a senior. Corey Cofield was voted the 2004 CAA Rookie of the Year, leading all freshmen in the league in points, rebounds and field goal percentage. W&M players have also enjoyed success in the classroom under Shaver, as on 10 occasions a Tribe player has been named to the CAA All-Academic team over the last five seasons, including a program-high three in 2007 and 2008. This past season, junior David Schneider garnered the third CAA Men's Basketball Scholar-Athlete of the Year award under Shaver.

In total, four former W&M athletes who played under Shaver have gone on to or will shortly begin professional careers overseas. Hess is currently playing his second season for Artland in the German Bundesliga. He spent last season in France after earning Second-Team All-Bundesliga honors with Artland in 2007. Fellow 2004 graduate Zeb Cope is in his sixth professional season overseas and third in France. He is playing in the French Pro A League with JDA Dijon Bourgogne. Adam Payton, a 2007 graduate of W&M, completed his first season in 2008 with BC Boncourt in Switzerland and signed with Lille Metropole in the French N1 League. Laimis Kisielius, who graduated last season, will begin his professional career in Europe in the fall.

Shaver was named the head coach of the Tribe on May 2, 2003. He came to W&M after coaching 17 seasons at Hampden-Sydney, compiling a record of 358-121 (.747). He turned the Tigers into a Division III national powerhouse, leading the men's basketball team to eight Old Dominion Athletic Conference titles, 12 20-win seasons and 11 NCAA Division III Tournament appearances. The winningest basketball coach in the program's history, he was named the ODAC and South Region Coach of the Year in 1995, 1999 and 2000, and was picked as the Virginia Sports Information Directors Division II-III Coach of the Year in 1997, 1999 and 2000.

In 2003, Shaver took the Tigers to the NCAA Division III Final Four, as his team finished with a record of 28-4. In 1999, Shaver led H-SC to the national championship game, where the Tigers lost by one point in double-overtime to Wisconsin-Platteville. The team finished 29-3, setting a school record for most wins in a season.

Shaver also has a firm commitment to his players' success in the classroom. In 1999, one of his charges, Jack Jirak, was named the ODAC Scholar-Athlete of the Year and was also awarded the Gammon Cup as the top-student-athlete at the college. Two of Shaver's players, David Hobbs (1999) and Russell Turner (1992) earned Academic All-America honors. A number of his players have been named to the Academic All-ODAC squad, including six student-athletes in 1998.

Shaver first led the Tigers to the national postseason in 1988-89, just his third season as the team's head coach. That year, H-SC won the ODAC championship, ending the season with a 21-8 record.

Prior to taking over at Hampden-Sydney for the 1986-87 campaign, Shaver spent 10 years as the head boys' basketball coach at Episcopal High

School in Alexandria, Virginia. He was named the Virginia State Private School Coach of the Year in 1986, and was twice picked as the Alexandria Coach of the Year, while winning 73 percent of his games.

A 1976 graduate of North Carolina, Shaver was a guard on the Tar Heel men's basketball team from 1972-75 under head coach Dean Smith. Originally a walk-on, he earned a scholarship his rookie season, when he was awarded the prestigious Butch Bennett Award, presented to the freshman who exemplifies determination, sportsmanship and sacrifice for the team. Shaver was voted the honoree by his teammates. During his four years in Chapel Hill, UNC went 95-26, including a pair of trips to the NCAA Tournament in 1975 and 1976. During the 1975 season, the Tar Heels won the ACC Tournament and advanced to the Sweet 16. During the 1973 and 1974 season, North Carolina made the National Invitational Tournament.

A native of High Point, North Carolina, Shaver and his wife, Ann, are the parents of three sons: Christopher (27), Austin (24) and Jackson (17). Christopher spent last season in the San Diego Padres and Chicago Cubs organizations after a former standout career with the Tribe's baseball team. Austin is an assistant coach at Hampden-Sydney with former Tribe assistant coach and current Hampden-Sydney head coach Dee Vick. Jackson is a senior at James-town High School, and plays both basketball and baseball for the Eagles.



*The Shaver family (back): Jackson, Tony and Ann, (front): Chris and Austin.*

## WHAT THEY ARE SAYING ABOUT TONY SHAVER

*"Having coached Tony at the University of North Carolina and followed his teams over the years, I have been very proud of his accomplishments. Tony's teams rose to the top of Division III because he instilled in his players the value of hard work. He is very deserving of the chance to build a program at William and Mary. I have great confidence that he will establish an exciting and winning program."*

- Legendary North Carolina head coach **Dean Smith**, the winningest men's basketball coach in NCAA history

*"Coach Shaver runs a big-time program. The players learn how to play basketball, develop their individual skills and win. There is little more to ask for anywhere."*

- Golden State Warriors assistant coach and former All-American as a player under Tony Shaver, **Russell Turner**

*"My son Ryan made an outstanding choice to play for Tony Shaver. Ryan was able to learn, experience success and grow as a person during his time with Coach Shaver. Tony is very passionate about the game and pays great attention to detail. Success will follow him."*

- Former South Carolina head coach **Dave Odom**

*"My family was impressed with Coach Shaver's long-standing reputation. It was important for us to send our son to play basketball for a program that produces winners on and off the court. Coach Shaver's attentiveness to David as an athlete and as a person was invaluable to David's college experience and to his future."*

- Former Alabama head coach **David Hobbs**

# TONY SHAVER'S COACHING LINEAGE

## PLAYER CONNECTIONS

(Played under Coach Shaver)

**Kevin Garst** – Head Coach Salem High School in Roanoke, Va.

**Andy Gray** – Head Coach at Gar-Field High School in Woodbridge, Va.

**Matt McKeag** – Head Coach at Varina High School in Richmond, Va.

**Kenny Tyler** – Head Coach at Shepherd College

**Ryan Odom** – Assistant Coach at Virginia Tech

**Russell Turner** – Assistant Coach with the NBA's Golden State Warriors

**Dee Vick** – Head Coach at Hampden-Sydney College

**David Willson** – Assistant Coach at Elon University

**Nick D'Antoni** played for Tony Shaver, father is **Dan D'Antoni** (Assistant Coach for the NBA's New York Knicks), uncle is **Mike D'Antoni** (Head Coach of the NBA's New York Knicks)

## ASSISTANT COACHES UNDER SHAVER

**Joe Wolf** – Assistant Coach of the NBA's Milwaukee Bucks

**Drew Catlett** – Former Assistant Coach at Georgia State

**Bubba Smith** – Head Coach at Sewanee: The University of the South

**Chad Warner** – Head Coach at Shorter College

**Chuck Thomas** – Assistant Coach at L.C Bird High School in Chesterfield, Va.

**Antwon Jackson** – Assistant Coach at the University of Massachusetts

## NORTH CAROLINA CONNECTIONS

**Dave Hanner** – Assistant Coach for the NBA's Charlotte Bobcats  
Played with and graduated with from UNC in 1976

**Mitch Kupchak** – General Manager for the NBA's Los Angeles Lakers  
Played with, graduated with and roomed with at UNC

**John Kuester** – Assistant Coach for the NBA's Cleveland Cavaliers  
Played with at UNC (graduated 1977)

**Phil Ford** – Assistant Coach for the NBA's Charlotte Bobcats  
Played with at UNC (graduated 1978)

From the **Dean Smith** North Carolina Coaching Tree that includes current NBA head coaches **George Karl** (Denver Nuggets) and **Larry Brown** (Charlotte Bobcats)

Part of the UNC Basketball Fraternity

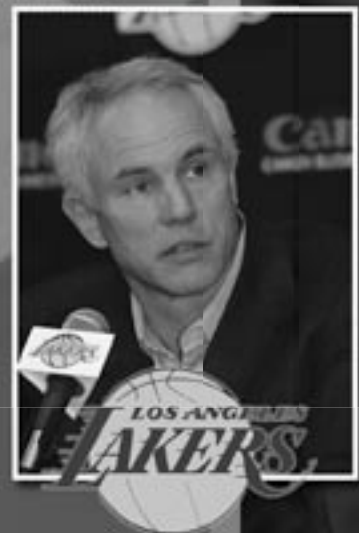
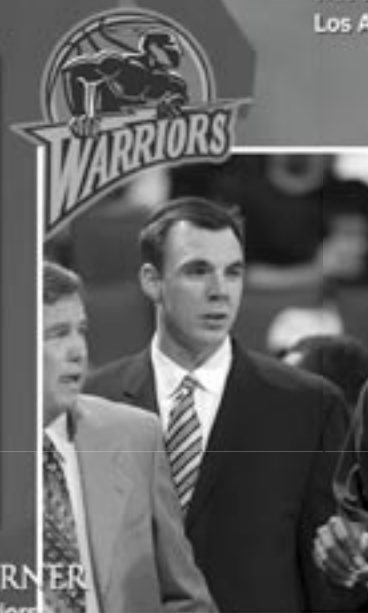
DEAN SMITH  
University of North Carolina

MITCH KUPCHAK  
Los Angeles Lakers

JOE WOLF  
Milwaukee Bucks



RUSSELL TURNER  
Golden State Warriors



## ASSISTANT COACH

# BEN WILKINS

## THIRD SEASON - N.C. STATE (2001)

Ben Wilkins enters his third season as an assistant coach on the men's basketball staff. Wilkins has been instrumental in the implementation of W&M's offensive and defensive systems. During his first two seasons, the College moved to an offensive scheme that spreads the floor and relies on spacing, effective perimeter shooting and players reading and reacting to each others' cuts and motion. Defensively, W&M employs a plethora of man and zone systems to throw off opposing offenses.

“Ben has been an **instrumental part** in the recent success of the Tribe program. He is a **tireless worker**, and will do anything possible to make this basketball program successful. Ben was a key factor in implementing our new system, and is always looking for ways to tweak and improve our current scheme. He **relates well with the players** and is a successful recruiter with the relationship he develops with coaches, parents and potential recruits.”

### W&M Head Coach Tony Shaver

Wilkins' responsibilities also include scouting, recruiting individual skill work and developing the Tribe's perimeter players. During his first two seasons, he headed the College's scouting off opponents. He developed reports and helped in devising offensive and defensive strategy against each of the Tribe foes. During his two seasons with the Tribe, W&M has posted back-to-back seasons of 15-or-more wins for the first time in 25 years. Last season, the College capped the year with its first winning record in a decade and the program's first CAA Championship Game appearance.

Before coming to W&M, Wilkins was the video coordinator at N.C. State. The Wolfpack advanced to the second round of the NCAA Tournament in 2005-06, while amassing an overall record of 22-10. N.C. State also went 10-6 in ACC action. During the season, Wilkins was involved with various aspects of the Wolfpack program including film editing, player housing, player financial services and he organized a past player reunion. He also served as the liaison for sports marketing, handled office and player tickets and was an assistant camp director.

Wilkins served as the first assistant and recruiting coordinator for Barton College in Wilson, N.C., during the 2003-04 and 2004-05 seasons. The Bulldogs compiled a 35-21 mark over those two seasons, including a third-place finish in the Carolinas-Virginia Athletics Conference (CVAC) during his final campaign. In his time at Barton, Wilkins' primary responsibilities centered around recruiting, scouting reports, both practice and in-game coaching, development of the perimeter players and film exchange. His efforts in recruiting helped lay the foundation for the Bulldogs run to the 2007 NCAA Division II National Championship. While working as the recruiting coordinator, Barton signed two-time CVAC Player of the Year, Anthony Atkinson, and CVAC Freshman of the Year, Bobby Buffalo. Wilkins also assisted in the organization and operation of the Barton Basketball Camp and served as the game day manager during both men's and women's basketball games.

Wilkins graduated Magna Cum Laude with a Bachelor of Arts in history in December of 2001. During his time at N.C. State, he was also a team manager.

After graduating from N.C. State, Wilkins served as the junior varsity coach for Apex High School in Apex, N.C. He guided the Cougars to a 17-1 mark and a first-place showing in conference play. As an assistant for the boys' varsity squad, Wilkins helped guide Apex to the state playoffs.

## PROFILE

### Personal

Born: Sept. 26, 1978  
Hometown: Mt. Pleasant, Pa.

### Education

North Carolina State, 2001

### Coaching Career

Apex High School.....	2001-2003
Barton College.....	2003-2005
N.C. State.....	2005-2006
William and Mary.....	2006-P



# JAMION CHRISTIAN

## FIRST SEASON - MOUNT ST. MARY'S (2004)

### PROFILE

**Personal**

Born: April 18, 1982  
 Hometown: New Kent, Va.

**Education**

Mount St. Mary's, 2004

**Coaching Career**

Emory & Henry ..... 2004-06  
 Bucknell..... 2006-2008  
 William and Mary..... 2008-P

Jamion Christian joins the William and Mary staff as an assistant coach after serving the last two seasons as the manager of basketball operations at Bucknell University. He adds a local flavor to the Tribe sidelines after growing up in New Kent, Va., and prepping at New Kent High School.

“Jamion is just a **perfect fit** for our program and W&M. He grew up close by in New Kent and has always appreciated what W&M offers. His **work ethic** and ability to **relate to young people** will make him a **great recruiter**. Jamion displays maturity beyond his years and will contribute in every facet of our program.”

**W&M Head Coach Tony Shaver**

As a member of the staff at Bucknell, Christian's main responsibilities included coordinating team travel plans, handling the team's video needs, directing the Bison summer camps and assisting in the arrangement of alumni functions, such as the team's popular summer golf tournament. During his two seasons, the Bison amassed a 34-28 overall mark. In 2006-07, Bucknell finished with a 22-9 mark and advanced to the Patriot League Championship game before falling to Holy Cross.

Prior to his tenure with the Bison, Christian served as an assistant coach at Emory & Henry College in Emory, Va., during the 2004-05 and 2005-06 seasons. The Wasps were one of the highest scoring teams in the country during Christian's time, averaging 104.3 points per game in 2005-06, which ranked third in the nation. Emory & Henry, a Division III program in the Old Dominion Athletic Conference (ODAC), finished with a 14-12 record and also ranked among the national leaders in steals (second), 3-pointers made (third), turnovers forced (third) and assists (fifth).

A 2004 graduate of Mount St. Mary's in Emmitsburg, Md., Christian was a three-year team captain and starting guard. Christian played three seasons under legendary coach Jim Phelan, who ranks fourth in NCAA history with 830 wins. During his career with The Mount, Christian scored 581 career points and averaged 6.5 points per game. He played in 90 career games with 54 starts and averaged 19.8 minutes per contests. The best statistical season of Christian's career came in 2001-02 when he led Mount St. Mary's in scoring with an 11.3 points per game average. In Northeast Conference games, he averaged 13.1 points per game, which ranked 16th in the league. He also ranked among the league leaders in free throw percentage and 3-pointers made in 2001-02. He scored a career-high 24 points on two occasions during his collegiate career. Christian also played shortstop on The Mount's baseball team during his time at the institution. He earned his degree from Mount St. Mary's in rhetoric and communications.

A native of New Kent, Va., Christian earned VHSL Group A State Player of the Year honors in his senior season after leading New Kent High School to a 26-0 record and a state title.



## ASSISTANT COACH

# JONATHAN HOLMES

## FIRST SEASON - NORTH CAROLINA (2003)

Jonathan Holmes joins the Tribe staff after serving as an assistant coach at the Division II and NAIA levels. Holmes grew up in the basketball-rich state of Indiana and furthers of the W&M-North Carolina connection at the College after playing four seasons for the Tar Heels.

### PROFILE

#### Personal

Wife: Jennifer Holmes  
Born: March 31, 1980  
Hometown: Bloomington, Ind.

#### Education

North Carolina, 2003

#### Coaching Career

Montreat College .....	2005-06
Francis Marion College.....	2006-08
William and Mary .....	2008-P

“Jonathan has a **strong pedigree** in basketball and he just could not be more excited about this opportunity. He brings **great knowledge** of the game and great recruiting contacts to our program. Jonathan has been runner-up for **Indiana’s ‘Mr. Basketball’** and played in the Final Four for the University of North Carolina, so he brings a **winning way** to help us continue to improve our program.

### W&M Head Coach Tony Shaver

Holmes spent the last two seasons at Division II at Francis Marion University in Florence, S.C. During his tenure with the Patriots, Holmes’ primary responsibilities included recruiting, on-floor coaching, individual player workouts, pre- and post-season workouts and helping in the area of academic support for team members.

Prior to his time at FMU, the Bloomington, Ind., native spent one season as an assistant coach and head junior varsity coach at Montreat College in 2005-06. The Cavaliers compiled a 22-10 mark and won both the Appalachian Athletic Conference regular-season and tournament titles, while also reaching the second round of the NAIA Division II national tournament. Holmes has also served as a counselor at numerous North Carolina Men’s Basketball Camps, as well as at his own Jonathan Holmes Basketball Camp in Bloomington, which started in 2002.

Holmes is a 2003 graduate of the University of North Carolina, where he was a four-year letterman on the Tar Heel basketball team. He played in 76 career games and recorded nearly a two-to-one assists to turnovers ratio. During his career, the Tar Heels advanced to the 2000 Final Four, appeared in the 2003 NIT post-season tournament and won both the 1999 Maui Invitational and the 2002 Preseason NIT. Holmes was named to the 2003 ACC All-Academic Team. He earned a degree in communications from UNC with a 3.6 grade point average.

Upon graduation, Holmes played professional basketball for two seasons overseas. He was a member of the Leicester Riders in the British Basketball League (England) during the 2003-04 season. The following season, Holmes was a member of the IC Horsens in the Basketligaen Danish League (Denmark). He averaged 14 points and five assists in helping IC Horsens to a runner-up finish during the Danish League regular season as well as a tournament semifinal appearance in 2005.

Holmes was a four-year varsity starter for his father, J.R., at Bloomington South High School and capped his career as the runner-up for Indiana Mr. Basketball in 1999. He left as the school’s all-time leader in points, assists, consecutive games started, free throw percentage and 3-pointers made. Holmes was also the recipient of the John Wooden Citizenship Award in 1999. His high school honors also included Nike High School All-American in the summer of 1998, McDonald’s All-American Nominee, two-time first team All-State in Indiana and being named to the Indiana All-Star team. As a student at Bloomington South, Holmes was the co-valedictorian and carried a perfect grade point average.

Jonathan and his wife, Jennifer, were married in September of 2006. Jennifer, who is originally from New Hampshire, is a graphic designer. The couple is expecting their first child in December.





# DIRECTOR OF BASKETBALL OPERATIONS

# DAVID KONTAXIS

## FIRST SEASON - SOUTH FLORIDA (2000)

### PROFILE

#### Personal

Born: Aug. 19, 1976  
Hometown: Columbia, Md.

#### Education

Montgomery College-Germantown, A.S., 1997  
South Florida, B.S., 2000  
John Hopkins, M.S., 2004

#### Coaching Career

Central High School..... 2001-08  
William and Mary..... 2008-P

David Kontaxis is in his first season with the Tribe men's basketball staff as the director of basketball operations. Kontaxis comes to Williamsburg after serving as the head varsity basketball coach at Central High School in Capitol Heights, Md. for the last two seasons.

"It is a great to have David joining our program. He not only brings of **wealth of knowledge** to our program, but more importantly **a lot of energy**. We are very fortunate to get someone with David's **experience level** into our director of basketball operations position."

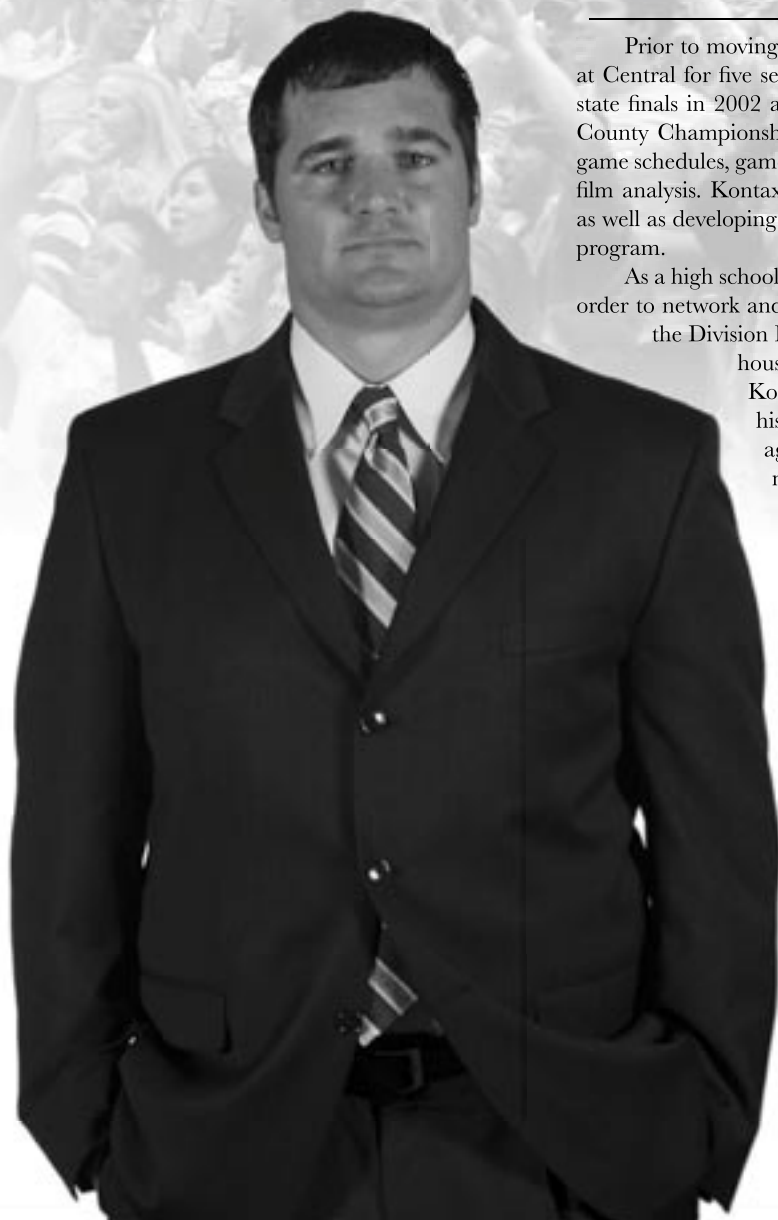
**W&M Head Coach Tony Shaver**

Prior to moving over to the head coaching position, Kontaxis was a varsity assistant at Central for five seasons. During his time as an assistant, the Falcons advanced to the state finals in 2002 and 2003. More recently in 2006, Central won the Prince George's County Championship. His responsibilities at Central included organizing practice and game schedules, game and practice instruction, game management philosophies and game film analysis. Kontaxis also organized and conducted individual improvement workouts as well as developing and overseeing strength training and conditioning for the basketball program.

As a high school coach, Kontaxis developed and maintained a database of coaches in order to network and place student athletes in college or other post-secondary schools at the Division I, II, III and JUCO levels. He also worked with the NCAA Clearinghouse to have student-athletes meet and qualify with NCAA regulations. Kontaxis served as the men's basketball team's academic advisor during his time at Central. The Falcon basketball team had a grade point average of 2.9 with a 100 percent graduation rate. He also oversaw community service events for the program, including Special Olympics, Dr. Seuss Read Across America and various team and community fundraisers.

During his time as a basketball coach at Central, Kontaxis was also a full-time contracted teacher. He taught both special education and social studies. Along with his duties at Central, Kontaxis also served on the selection committee for the 2008 Capital Classic and on the committee for the Prince George's County Private vs. Public All-Star Game. He coached in the Prince George's All-Star Game in 2004 and 2006.

Kontaxis played basketball collegiately at Montgomery College-Germantown from 1995-97. He served as a team captain during his final season in 1997. Kontaxis earned his associate's degree from Montgomery College-Germantown in 1997 and was a Dean's List student. He went on to earn his bachelor's degree in social science education from South Florida in 2000. In 2004, Kontaxis received his master's in education from John Hopkins University, majoring in Mild to Moderate Disabilities.



# STRENGTH TRAINING



## **JOHN SAUER**

DIRECTOR OF SPEED, STRENGTH AND CONDITIONING

Head Speed, Strength and Conditioning Coach John Sauer begins his 21st year as the director at William and Mary. He is responsible for all aspects of strength and conditioning for the Tribe's 23 varsity sports.

During the summer of 2005, Sauer was one of seven coaches nationwide recognized as a Master Strength and Conditioning Coach (MSCC). The title of MSCC is the highest honor that can be achieved as a strength and conditioning coach. It represents professionalism, knowledge, experience, expertise, as well as longevity in the field. For these reasons, all applicants must be a full-time collegiate and/or professional strength and conditioning coach for a minimum of 12 years in order to be considered for this distinction.

In 1995, Sauer designed the Joseph W. Montgomery Strength Training Center located in the lower level of William and Mary Hall. This 5,000-square foot facility was upgraded in the spring of 2006, primarily with new Power Lift and Sorinex equipment. The room now contains 16,000 pounds of free weights, over 7,000 pounds of dumbbells and 6,000 pounds of rubber bumper plates. In addition, it has 24 custom-built Olympic platforms, 18 multipurpose power racks and a fully-equipped plyometric area.

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## **JOSEPH W. MONTGOMERY STRENGTH TRAINING CENTER AT A GLANCE**

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- 16,000 pounds of free weights
  - 7,000 pounds of dumbbells
  - 6,000 pounds of rubber bumper plates
  - 20 dynamax medicine balls
  - 24 custom-built Olympic platforms
  - 18 multipurpose power racks with adjustable benches
  - 10 dumbbell benches
  - 6 glute-ham benches
  - 4 adjustable abdominal benches
  - 6 dip bars
  - 2 power squats
  - 2 ground-based jammers
  - Fully-equipped plyometric area
  - Wide variety of selectorized machines
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# SPORTS MEDICINE

The Division of Sports Medicine at the College of William and Mary is responsible for the health care of nearly 450 student-athletes in 23 intercollegiate sports at the country's second-oldest institution of higher learning. The athletic training program focuses on the prevention, evaluation, treatment and rehabilitation of athletic injuries for all intercollegiate student-athletes.

Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility. There are eight full-time certified athletic trainers and two graduate assistants from Old Dominion University's post-graduate athletic training educational program on staff. In addition, a group of undergraduate students serve as athletic training aides and assist in the daily operation of the sports medicine program.

Renée Cork heads the William and Mary Sports Medicine staff and holds the title of Assistant Athletic Director for Sports Medicine. Cork is in her 17th year at the College and in 2007 was honored as the National Trainers' Association Assistant Athletic Trainer of the Year.

Cork is joined on the sports medicine staff by a pair of veteran trainers in Senior Associate Athletic Trainer Andy Carter and Associate Athletic Trainer John Knaul. Carter joined the William and Mary staff in 2000 as an associate athletic trainer. A William and Mary alumnus and former Tribe student athletic trainer, he is in his fifth year as the head football athletic trainer, overseeing the sports medicine services for the team. He and his wife, Kristina, who is a physical therapist at Advanced Specialty Center of Williamsburg Physical Therapy, reside in Williamsburg.

Knaul, who earned his bachelor's degree of Alfred University and his master's at Elmira College, is in his ninth year at William and Mary. He and his wife, Katie, reside in Williamsburg.

Lisa Shook and Michele Heisel enter their fourth seasons with W&M athletics and both hold the title of Senior Assistant Athletic Trainers. Shook holds a bachelor's degree from Salisbury University and a master's from Western Carolina. She is the head athletic trainer for the men's basketball program. Heisel, who resides in Williamsburg with her husband, Ian, holds a bachelor's degree from California University of Pennsylvania and a master's from Virginia.

Hollie Walusz begins her second year on the Tribe staff as an Assistant Athletic Trainer, after completing her undergraduate degree at Northern Iowa and her master's at UNC Chapel Hill. W&M also welcomed the addition of Assistant Athletic Trainers Tracey Eisen and Bryce Mueller this year. Eisen, who is originally from Silver Springs, Md., complete her undergraduate degree at Pittsburgh and her graduate work at George Washington. Bryce earned his bachelor's degree from Northern Iowa, while receiving his master's degree from West Virginia.

Also, the two graduate assistants from the post professional graduate athletic training program at ODU, Crystal Nelson and Shawn Lucci, enter their first years on staff. Nelson is a graduate of the University of Tampa, while Lucci completed her undergraduate degree at Pittsburgh.

Michael Potter is in his sixth year on the staff as the team physician. The team physician oversees the full-time athletic training staff and has overall responsibility for supervising the sports medicine program. A family practice/sports medicine specialist, Potter earned his medical degree from Texas A&M. He completed his residency at the Riverside Family Practice in Newport News and his sports medicine fellowship at Wake Forest University. Potter is in private practice with the Virginia Center of Athletic Medicine (VCAM) of Tidewater Physicians Multispecialty Group (TPMG).





**CLAUDETTE CANADY**  
ADMINISTRATIVE ASSISTANT

Claudette Canady, a former all-district basketball player and MVP at West Point High School in Virginia, has been the administrative assist for Tribe basketball for 20 years. She is a 1976 graduate of Rappahannock Community College.

Canady comes from an athletic family, where both parents played basketball and her father, Charles, also played football at Huntington High School and in the U.S. Army. Her brother "Duke" Thorpe played pro basketball overseas after an outstanding career at Virginia Tech. Her sister, Lisa, also had a fine basketball career at West Point High. The tradition continued as Canady's daughter, Leslie, and nephew, Andre, graduates of the University of Richmond and Bridgewater College, respectively, both played basketball, while Andre also played football and ran track.

Claudette has traveled in the past with the Tribe to Hawaii (1991 and 1999), New Orleans, Kansas, Texas, California, Arizona and New Mexico.

In addition to working with the men's basketball staff, she also provides administrative assistance to Steve Cole in the sports medicine program. Outside of basketball, she enjoys cooking, sewing, is the clerk and secretary of her church and sings in the church choir.



**LISA SHOOK**  
ATHLETIC TRAINER

Lisa Shook begins her fourth season working with the W&M men's basketball program. Shook joined the staff of the Division of Sports Medicine in 2005.

Before coming to William and Mary, she worked as a graduate assistant Athletic Trainer at Western Carolina University while completing her master's degree. She earned her master's in health science with a concentration in education in 2005. Prior to Western Carolina, Shook attended Salisbury University, where she earned a Bachelor's of Science in athletic training in 2003.

At W&M, Shook works primarily with cheerleading and men's basketball. She also works with the jumpers and sprinters on the track team.

She enjoys going to the beach, painting, and playing with her dog in her free time. A Towson, Md., native, Shook resides in Williamsburg.



**JASON SIMMS**  
DIRECTOR OF ACADEMIC SUPPORT FOR ATHLETICS

As the Director of Academic Support for Athletics, Jason Simms acts as an academic advisor to the College's varsity athletes and is currently in his second year at William and Mary. Simms assists student-athletes in maintaining excellence in the classroom, scheduling classes, and assisting in future planning.

Simms brought a diverse background to the William and Mary Athletic Department from his work at Salisbury University. He acted as the Associate Dean of Admissions as well as the Director of Minority Recruitment. In regards to athletics, Simms worked as the Admissions Athletics Liaison and an Assistant Men's Basketball Coach for the SU Sea Gulls.

As an assistant basketball coach for Salisbury University, Simms advised and scheduled classes for athletes during registration periods, monitored mandatory study hall sessions, and provided academic guidance

throughout the semester for athletes. During his work as the admissions-athletic liaison, he coordinated relationships between teams, coaching staff, and the enrollment management, as well as assisted the Director of Athletics with NCAA compliance and eligibility requirements.

Simms was also a member of the Board of Directors for Kids of Honor in Cambridge, Md., providing guidance to elementary and middle school-aged first generation college-bound students.

Simms attended Frostburg State University, graduating in 1994 with a B.S. in Business Administration. An excellent student athlete himself, he was a member of both the basketball and baseball teams at FSU from 1990-1994. He acted as team captain of the basketball team during the 1993-1994 season and received the team MVP award. Simms also captained the baseball team during the 1994 season while earning the baseball team MVP award in 1993 and 1994.

He earned his Masters of Education in Guidance and Counseling in 2002 from the University of Maryland - Eastern Shore. Since then Simms has been a member and college delegate representative for the Potomac and Chesapeake Association of College Admission Counseling as well as an active member of the National Association of Athletic Academic Advisors (N4A).

Simms resides in Williamsburg and enjoys working out and playing golf in his spare time.



**LYDIA DODSON**  
MANAGER

Lydia Dodson enters her second season with the men's basketball program. A sophomore at William and Mary, Dodson plans to major in history or English.

Dodson graduated from Eastern Mennonite High School in 2007. While at Eastern Mennonite, she was a four-year letter winner for the Flames and was a team captain during her senior campaign.

Dodson is the daughter of Karla Dodson and George and Sheila Dodson. She is from Harrisonburg, Va.



**JACK SMITH**  
MANAGER

Jack Smith enters his second season with the men's basketball program. He is a junior at William and Mary and plans to major in government.

Smith graduated from Boise High School in 2005. While at Boise High School, he played soccer, basketball and ran track for the Braves. He is the son of Robert Smith and Erin Logan. Jack is a native of Boise, Idaho.

