



2007 CROSS COUNTRY CHAMPIONSHIPS

Tribe

WILLIAM & MARY  
2007 MEN'S CROSS COUNTRY





**Christo Landry**  
Two-Time All-American

**WILLIAM & MARY**



**Alex Gibby**  
CAA Coach of the Year  
2003 • 2004 • 2005 • 2006  
2005 Southeast Region  
Coach of the Year

**Taking Aim at 30 Conference Championships**  
15 Southern • 15 Colonial

# Tribe Cross Country 2007

**10 Consecutive Trips to the NCAA Championships**  
- One of Only Five Teams to do so.







# INTRODUCTION

## TABLE OF CONTENTS

Quick Facts / Media Information	1
Roster	2
Head Coach Alex Gibby	3
Director of Track and Field Dan Stimson	4
Assistant Coaches	5
2006 Season Review	6
2007 Season Outlook	7
Biographies	8
Honors and Awards	16
All-Americans	18
College Administration	19
Athletics Administrators	20
William and Mary Athletics	21
W&M At a Glance	22
Student-Athlete Support	23
Athletics Facilities	24

## MEDIA INFORMATION

The William and Mary sports information office is always interested in assisting members of the media in their coverage of Tribe cross country. Updated information, including statistics and releases, can be found on the Internet at [www.TribeAthletics.com](http://www.TribeAthletics.com). Publicity and media information for William and Mary cross country are coordinated by sports information intern **Jacob Skipper**.

Photographs, feature ideas and results are always available from the William and Mary sports information office. Requests for further information should be directed to Jacob Skipper at (757) 221-3344 or by e-mail at [jcskip@wm.edu](mailto:jcskip@wm.edu).

## CREDITS

The 2007 William and Mary men's cross country media guide is a publication of the William and Mary sports information office. Layout, design and writing by Jacob Skipper. Editing by the sports information office. Photography by Randy Hawthorne, Bob Kerock, Paul Arena, and Jacob Skipper. Printing by Colonial Printing of Richmond, Virginia.

## COVER CREDITS

Outside covers designed by Pete Clawson. Inside covers designed by Jacob Skipper.

### Directions to William and Mary

**From the North/West:** Take I-64 East to Lightfoot Exit 234A (Route 199 East). At top of exit ramp, take a right onto Route 199 East. Stay on 199 East until the Monticello Avenue exit. Exit at Monticello Avenue, and bear left on exit ramp. At bottom of ramp, turn left at light onto Monticello (pass under 199). Go straight through three stoplights, and continue straight for about half a mile and take the first right onto Compton Drive (before light at hospital and shopping centers). There may not be a street sign! The road is heavily wooded on both sides. Continue on Compton Drive and turn right at the first stop sign onto Brooks Road. William and Mary Hall will be on your left.

**From the South/East:** Take I-64 West to Exit 242A (Route 199 West). Follow 199 to fourth light. At the fourth light, take a right onto Jamestown Road. Follow Jamestown Road 1.1 miles (past Lake Matoaka on left), then take a left onto Ukrop Way. Take a left at the next stop sign and continue to follow Ukrop Way while bearing right until you reach William and Mary Hall up the hill on your left.

## QUICK FACTS

### William and Mary

**Location:** Williamsburg, Virginia

**Founded:** 1693 (second-oldest college in the United States)

**Enrollment:** 5,500

**Nickname:** Tribe

**Colors:** Green, Gold and Silver

**Conference:** Colonial Athletic Association

**President:** Gene R. Nichol (Oklahoma State, 1973)

**Chancellor:** Sandra Day O'Connor (Stanford, 1950)

**Director of Athletics:** Terry Driscoll (Boston College, 1969)

**Senior Executive Associate Athletics Director/Senior**

**Women's Administrator:** Barb Blosser (Ohio State, 1975)

**Course:** Dunbar Farms/Eastern State Hospital

**Athletics Department Phone:** (757) 221-3344

**Mailing Address:** PO Box 399, Williamsburg, VA 23187

**Street Address:** 751 Ukrop Way, Williamsburg, VA 23185

### Sports Information Department

**Assistant Athletics Director for Media Relations:**

Pete Clawson (Pittsburgh, 1990)

**Associate Director:** Kris Sears (Indiana, 2004)

**Associate Director:** Rob Turner (Tennessee, 2003)

**Associate Director:** Mark Hoskins (James Madison, 2003)

**Intern/Contact:** Jacob Skipper (William and Mary, 2005)

Office Phone: (757) 221-3344

Cell Phone: (757) 561-3176

E-Mail Address: [jcskip@wm.edu](mailto:jcskip@wm.edu)

**Phone:** (757) 221-3344

**Fax:** (757) 221-3412

**Website:** [www.TribeAthletics.com](http://www.TribeAthletics.com)

### Coaching Staff

**Director of Track & Field:** Dan Stimson (Ohio, 1971)

22nd Year

Office Phone: (757) 221-3397

E-Mail Address: [dgstim@wm.edu](mailto:dgstim@wm.edu)

**Head Coach:** Alex Gibby (William and Mary, 1997)

Fifth Year

Office Phone: (757) 221-3398

E-Mail Address: [amgibb@wm.edu](mailto:amgibb@wm.edu)

**Assistant Coach:** Ed Moran (William and Mary, 2003)

Third Year

Office Phone: (757) 221-3398

E-Mail Address: [emmora@wm.edu](mailto:emmora@wm.edu)

**Volunteer Assistant:**

Sean Anastasia-Murphy (William and Mary, 2008)

First Year

E-Mail Address: [smanas@wm.edu](mailto:smanas@wm.edu)



# ROSTER

<b>Athlete</b>	<b>Class</b>	<b>Hometown</b>	<b>High School</b>
Pete Asaro	2011	Gloucester, Massachusetts	Gloucester
Jay Bilsborrow	2011	Coldwater, Michigan	Coldwater
Tom Burke	2011	Edina, Minnesota	Edina
Jared Campbell	2009	Franklin, Indiana	Franklin Community
Rob Dennis	2008	Little Silver, New Jersey	Red Bank Regional
Ollie Ehlinger	2009	Arden, North Carolina	TC Roberson
Ian Fitzgerald	2008	Glenshaw, Pennsylvania	North Hills
David Groff	2009	Centreville, Virginia	Westfield
Ryan Jones	2009	Harrisburg, Pennsylvania	Central Dauphin
Christo Landry	2008	Falls Church, Virginia	Thomas Jefferson
Karl Lang	2009	Oak Hill, Virginia	Oakton
Colin Leak	2010	Chadds Ford, Pennsylvania	Unionville
Dan MacKay	2009	Whitinsville, Massachusetts	Whitinsville Christian
Sean Mahoney	2011	Wayne, Pennsylvania	Radnor
Ben Massam	2010	Chatham, New Jersey	Chatham
Andrew Mearns	2011	Williamsburg, Virginia	Jamestown
Drew Midland	2010	Virginia Beach, Virginia	Ocean Lakes
Harry Miller	2010	Portland, Oregon	Catlin Gabel
Dave Mock	2008	Johnstown, Pennsylvania	Westmont-Hilltop
Skeeter Morris	2011	Burkeville, Virginia	Nottoway
Paul Norland	2011	Falls Church, Virginia	Thomas Jefferson
Jeff Perrella	2011	Westfield, New Jersey	Westfield
James Picard	2009	Midlothian, Virginia	James River
Cabell Rosanelli	2010	Richmond, Virginia	Douglas Freeman
Robert Sagar	2011	Alexandria, Virginia	Bishop Ireton
Sean Sewell	2011	Raleigh, North Carolina	Cardinal Gibbons
Brian Sklodowski	2011	Newark, Delaware	The Tatnall School
Axel Stanovsky	2011	Everett, Washington	Everett
Charlie Swartz	2010	Manassas, Virginia	Osbourn
Adam Tenerowicz	2008	Blackstone, Massachusetts	Blackstone-Mill River
Chris Tyson	2011	Arlington, Virginia	Washington-Lee
Patterson Wilhelm	2011	Lynchburg, Virginia	E.C. Glass
Bryce Wilk	2009	Millbrook, New York	Millbrook
Lewis Woodard	2011	Charlotte, North Carolina	Providence Day

### NCAA Veterans

Ian Fitzgerald - 2004, 2005, 2006  
 Christo Landry - 2004, 2005, 2006  
 Colin Leak - 2006  
 Dave Mock - 2006  
 Adam Tenerowicz - 2004, 2005

### Pronunciation Guide

Peter Asaro - ah-SAIR-oh  
 Ollie Ehlinger - ELL-in-ger  
 David Groff - grawph  
 Andrew Mearns - murns  
 Cabell Rosanelli - ca-BULL  
 Robert Sagar - SAY-gar  
 Sean Sewell - sool  
 Adam Tenerowicz - TEN-a-row-its

### Southeast Regional Veterans

Ian Fitzgerald - 2005, 2006  
 Christo Landry - 2004, 2006  
 Dave Mock - 2005, 2006  
 Adam Tenerowicz - 2004, 2005



# ALEX GIBBY

Former Tribe distance ace Alex Gibby returned to William and Mary in 2003 to assume the head coaching position for men's cross country and track and field and has continued the tradition of championship excellence at the College.

## At William and Mary (2003-Present) - Coaching Highlights

### 2006-07

**Cross Country:** Team won its seventh consecutive Colonial Athletic Association title ... At the Southeast Regional, upset Louisville and Virginia to take second and earn its 10th-straight trip to the NCAA Championships, one of only five schools in the nation to accomplish the feat ... Won the IC4A Championships for the first time since 1982 and third time overall ... Placed eighth at the NCAA Championships, surpassed only by the fourth-place finish in 1973 as the best ever for the Tribe ... Christo Landry finishes 34th to earn his second All-American citation ... Seven runners are All-CAA, six are All-East, five are All-Southeast ... Four named to the USTFCCA All-Academic team, most in the nation ... Gibby named CAA Coach of the Year for fourth time ... Keith Bechtol earns his fourth Scholar-Athlete of the Year award from the CAA, and is selected to Phi Beta Kappa. **Track:** Bechtol places 14th at the NCAA 10,000m championships, one second behind All-American cut-off ... He qualifies for the NCAA meet by running 28:55.57, third-best time in school history, at Stanford ... Also qualifies for 2008 Olympic Trials ... Tribe wins two relay titles at the IC4A Championships, the indoor DMR and outdoor 4x800m ... Winning 4x800m time is 13th in the U.S. in 2007 ... Tribe wins six titles at the CAA Championships en route to finishing second ... W&M sweeps the top three spots in the 5,000m, 10,000m, and 3,000m steeplechase ... Bechtol wins the 5,000m and places third in the 10,000m ... Matt Keally wins the 10,000m ... Anthony Arena wins the steeplechase ... David Groff wins the 1,500m ... Matt Warco wins the 800m ... Groff also wins the 1,500m at the Colonial Relays, setting the meet record at that distance ... Ian Fitzgerald and Bechtol named All-Academic by USTFCCA ... Bechtol named Athlete of the Year, Track Scholar-Athlete of the Year, and conference-wide Scholar-Athlete of the Year by the CAA ... Bechtol also named First-Team Academic All-American.

### 2005-06

**Cross Country:** Won five meets and rose to a ranking of 15th in the national polls ... Ian Fitzgerald won the CAA Championship and placed third at the Southeast Regional, leading the Tribe to victory in both races ... Southeast Region Championship was the first for the team since 2000 ... Team finished 22nd at the NCAA Championships ... Six runners named All-CAA, five named all-region, two are All-East ... Gibby named CAA and Southeast Region Coach of the Year ... Senior Mike Dominguez is Phi Beta Kappa. **Track:** Christo Landry qualifies for NCAAs in the 5,000m, placing 26th ... Earlier in the season, Landry runs 13:53.62 at Stanford, and Ian Fitzgerald runs 13:57.67 unattached ... Seniors Jeff Hedley (1,500m), Matt Keally (5,000m), and Mike Dominguez (3,000m steeplechase) all win CAA titles ... Junior Keith Bechtol wins the CAA 10,000m in meet-record time in his first race of the season ... Bechtol and Landry are both All-East outdoors, with Bechtol taking second in the 10,000m ... Bechtol named third-team Academic All-America, and becomes first athlete to ever win three Scholar-Athlete of the Year awards from the CAA.

### 2004-05

**Cross Country:** Tribe falls victim to food poisoning at the NCAA Championships and only four runners finish the race, led by freshman Christo Landry who finishes 38th to earn All-America honors ... Landry is the first Tribe freshman since 1970 to do so ... Junior Matt Keally is the CAA Champion, leading W&M to the team title ... W&M also takes second at the IC4A Championships, as four are named All-East ... In a sweep of the conference awards, Gibby is named Coach of the Year, Jeff Hedley Athlete of the Year, Landry Rookie of the Year, and senior Pat Comstock is Scholar-Athlete of the Year ... Landry goes on to race at the World Junior Cross Country Championships, and classmate Dave Mock wins the North American, Central American, and Caribbean Junior Cross Country Championship. **Track:** Ed Moran and Christo Landry qualify for the NCAA 5,000m, where Moran places seventh for his fourth All-American honor ... Moran also wins the 5,000m at both the CAA and IC4A Championships, the first conference championships of his career ... Racing at the USAT&F Championships, Moran runs 13:25.87, less than half a second off of the school record ... Landry sets the W&M freshman record in the 5,000m, running 14:01.62

to qualify for the NCAA Regional ... Sean Anastasia-Murphy becomes the first Tribe athlete since 1996 to break nine minutes in the 3,000m steeplechase, running 8:59.26 at the IC4A Championships for All-East honors ... In total, 14 athletes are named All-East ... At the CAA Championships, senior Adam Otstot wins the 3,000m steeplechase and leads a sweep of the top five spots for the College ... Pat Comstock wins the 10,000m in meet-record time, and the Tribe takes six of the top eight positions ... Comstock is selected to Phi Beta Kappa.

### 2003-04

**Cross Country:** Ed Moran wins his second CAA Championship and leads six teammates on the all-conference team as the Tribe wins its fourth consecutive title ... Leading the Southeast Regional, Moran breaks his foot but runs on it for the last half-mile to finish third and help the team secure an automatic berth to the NCAA Championships ... Gibby is named CAA Coach of the Year, Moran is Athlete of the Year, David Murphy is Rookie of the Year, and Adam Otstot is Scholar-Athlete of the Year. **Track:** The Tribe wins its second-consecutive CAA crown ... Matt Wolak comes from behind to win the 800m, freshman Keith Bechtol wins the 10,000m, and sophomore Matt Keally wins the 10,000m ... Jeff Hedley qualifies for the NCAA 5,000m after finishing third at the NCAA East Regional ... Bechtol wins the IC4A 10,000m and qualifies for the USAT&F Junior National Championships, with the fastest-time run by any American junior competitor that year (29:58.13) ... Bechtol places second at the Junior Nationals, and is the highest American finisher at Junior Worlds, finishing 19th ... Bechtol is named CAA Rookie of the Year.



## At Stephen F. Austin (2000-03) - Coaching Highlights

**Cross Country:** Head men's and women's coach ... Men's team won the Southland Conference for the first time in 2001, and again in 2002 ... Women's team won the Southland in 2002 for the first time since 1990 ... Named Coach of the Year for both men and women in 2002 after also mentoring the individual champions in both races, the first time all four titles had gone to one school. **Track:** Assistant coach for men and women, working with the middle- and long-distance runners ... Athletes set 18 school records and won 18 individual conference championships ... Under Gibby's tutelage, Ana Rodriguez led the women's track team to the 2003 Southland Outdoor Championship, winning the 5,000m and 10,000m ... Rodriguez qualified for NCAAs in the 5,000m, finishing 21st and becoming the first distance runner in school history to run at NCAAs.

## At William and Mary (1997-2000)

Assistant men's coach ... Helped the Tribe cross country team win the 1997 CAA title and begin a streak of qualifying for the NCAA Championships that is still extant ... 1997 team placed ninth at the NCAA meet, and the following two years' teams each placed 13th ... Helped mentor Matt Lane, an 11-time All-American who finished fourth at the U.S. Olympic Trials in the 5,000m in both 2000 and 2004 ... Also worked with three-time All-American and 1997 NCAA 800m runner-up Anders Christiansen.

## At William and Mary (1992-1997) - Athletic Achievements

Four-time All-CAA between cross country and track ... 1997 CAA 5,000m champion ... All-East in the 10,000m ... NCAA provisional qualifier at 10,000m ... Bachelor of Arts in history.

## Personal

Married to head women's track and cross country coach Kathy Newberry in 2005, and they reside in Williamsburg with their dog, Oskar ... Coaches several post-collegiate distance stars, including his wife ... Newberry was a finalist in the 5,000m and 10,000m at both the 2000 and 2004 U.S. Olympic Trials, and ranked 10th in the nation in 2004 at 10,000m ... Newberry has also run for the U.S. at three World Cross Country Championships ... Ed Moran has twice finished in the top eight of the 5,000m at the USAT&F National Championships, and works as an assistant coach at W&M ... Jacob Frey has qualified for the Olympic Trials in the marathon, running 2:17:37 at the Austin Marathon in 2006, and finished seventh at the U.S. 25K National Championships that same year ... Moran achieved the Olympic "A" standard at both 5,000m and 10,000m in 2007, and will compete for a spot on the Olympic team at the 2008 Olympic Trials ... Moran and Frey both competed for the United States at the 2007 Pan-American Games ... Frey placed fourth in the marathon with a personal-record performance of 2:16:44 ... Moran won the gold medal at 5,000m with a meet-record time of 13:25.60.

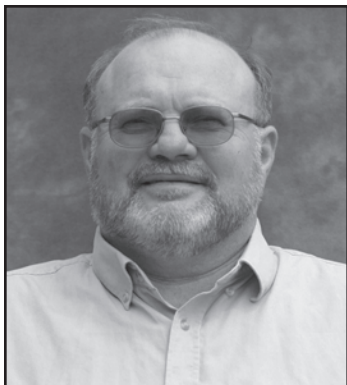
## Gibby By The Numbers

- 48 Individual Conference Champions
- 70 All-East Athletes
- 22 All-Region Athletes
- 10 Conference Titles
- 8 Coach of the Year Honors
- 8 Athletes of the Year
- 9 Scholar-Athletes of the Year
- 6 USA National Team Participants
- 6 NCAA Qualifiers
- 3 All-Americans
- 1 Academic All-American
- 1 Region Championship





# DAN STIMSON



In his 22nd year as Director of Track and Field at William and Mary, Dan Stimson oversees a program that has demonstrated success both in the classroom and on the track, and has served as an exemplary model for what collegiate athletics should be all about. In recognition of his years of service, the College honored Coach Stimson in 2007 by naming the new throwing facility in his honor, the Stimson Throwing Events Area. Made possible through a generous donation from Mr. and Mrs. Joe Showker, the facility includes an Olympic throwing cage with circles for both the hammer and discus, two shot put circles, and javelin runway.

The men's and women's programs have combined for 15 Colonial Athletic Association titles out of 20 possible since the 2002-03 school year, and have garnered numerous CAA Athlete and Rookie of the Year awards. The 2006-07 season was another banner year for the squads, as Stimson's program captured both CAA cross country titles: the seventh consecutive conference title for the men's team and fourth in a row for the women's squad. Punctuating the season was the 10th-straight NCAA team qualification for men's cross country, an achievement only four other schools can claim. To date, Stimson's programs have produced 54 All-Americans and one Olympian.

Stimson, who works primarily with the throwers, jumpers, and multi-eventers, has mentored many W&M athletes to national prominence in his tenure. Due to the absence of the javelin or the hammer throw at the high school level in Virginia and other nearby states, Stimson has earned a reputation for his ability to develop young talent.

His coaching credits include W&M hammer throw record-holder Mike Howell, who started with the hammer in his rookie season at W&M, and progressed through the ranks until his senior year, when he posted the eighth-best mark by an American collegian (206'1"). Decathlon record-holder Todd Doughty (7,240 points) benefited from his time with Stimson as well, working his way from a walk-on to one of the top 20 decathletes in the country over the course of his career at W&M.

On the women's side, Stimson coached All-America high jumper Lisa Rayner to an 11th-place finish at the NCAA Championships and a school-record mark of 5'11.25" in 1994. Wendy Warren, the school record-holder in the javelin (153'6"), was discovered in a physical education class and went on to earn All-East honors and place sixth at the ECAC Championships. Stimson coached pole vaulter Charlotte LaRoche to second place in the ECAC Championships and a school record of 13'1" in her freshman season. He then guided steady improvement throughout her career, culminating in 2004 with her second conference title and double All-East honors. Stimson has had numerous All-East performers in all of the field events.

A recent example of Stimson's coaching ability can be seen in 2004 graduate Chris Parsons. As a freshman, Parsons made a powerful debut, winning CAA titles in both the shot put and the javelin, enabling him to be selected for the United States Junior National

IC4A meet. In 2003 Parsons was named CAA Scholar-Athlete of the year, after earning a pair of all-conference honors by finishing second in both the shot and the hammer at the CAA Championships. Parsons capped his career in style, winning the 2004 CAA title in the shot and hammer and breaking the NCAA Regional mark in both events.

More Stimson-guided athletes litter the W&M and CAA record books. In 2005, Ayanna Jones claimed her second shot put title at the CAA Championships, the fifth-consecutive year a Tribe woman had won the event. She would go on to shatter the 23-year old school record in the event, putting the shot 48' 6" in the ECAC Championships. 2006 graduate Andy Smith became one of only two athletes in school history to claim four CAA crowns in one event (joining Tyler Steel, winner of the hammer throw from 1997-2000) after winning the javelin for the fourth time at the 2006 conference meet.

Perhaps no event in recent years shows the effect of Stimson's tutelage more than the women's heptathlon, where four athletes in the Green and Gold have won the last five CAA titles, and six of the seven ever contested, along with the last two ECAC crowns. Alarice Cesareo earned a pair of titles in 2001 and 2003, and Phi Beta Kappa-graduate Sarah McHale won in 2004. In 2005, Bonnie Meekins won her first title with a then-record score of 4,763 points, before giving way to classmate Brenna Blevins in 2006, who scored 4,806 points. In 2007, Meekins came back again with another meet record, 5,192 points. Similarly, Blevins won the 2006 ECAC crown with a then-school record total of 5,229, the highest point total not invited to the NCAA Championships that year. Meekins provided the breakthrough this past spring, powering to a score of 5,457 to claim the Eastern title, and a trip to the NCAA meet, where she would place 16th.



In the 2006 CAA hammer throw, Liz Hager capped her career in heroic fashion. Cleared to throw only an hour before the event started because of a back injury, Hager threw 151' 9" with her only attempt, good for second place and the third-best throw in school history. Freshman Abby Lemon took her lead from Hager, setting a personal record with each of her six throws and finishing with a toss of 149' 2" to take third place in her first conference championships.

The 2007 throwing corps provided another feather in Stimson's cap, providing a school record and numerous top-10 marks despite having a grand total of two upperclassmen. Sophomore Alex Heacock captured his first CAA title in the javelin, throwing 25 feet farther than anyone else in the meet.

Abby Lemon was only four inches shy of her own conference title in the hammer throw, but did claim the Colonial Relays title with a then-school record throw of 161' 9", a mark she bettered at the ECAC Championships with a prodigious heave of 163' 11". Senior Jen Showker capped her career with lifetime-best marks in the shot put, discus (144' 9"), and hammer (142' 0"). Her put of 45' 0.5" at the CAA Championships guaranteed her third and berth at the ECAC meet, and makes her one of only four women to ever best 45 feet in the shot put.

Stimson began his career at perennial national powerhouse Tennessee, where he helped Volunteer athletes finish in the nation's top 10 on seven occasions and collect 12 Southeastern Conference titles. His coaching career started at Tennessee as a graduate assistant, helping the Vols win the 1972 NCAA cross country championship. From Knoxville, he moved to J.E.B. Stuart High School in Falls Church, Virginia for one year, then on to Miami University (Ohio) for nine years before coming to Williamsburg.

A native of Falconer, New York, Stimson graduated with honors from Ohio University in 1971 and holds a master's degree from Miami (Ohio). As an undergraduate, he was the All-Ohio and Central Collegiate shot put champion, as well as a two-time MAC shot put champion. He concluded his athletic career by competing in both the NCAA and AAU national championships in the shot put.

Dan and his wife Rosemary, also a Falconer native, have two children. Their son, Clare, is a local college student. Daughter Krista Crider graduated from W&M in 1996 with a B.S. in biology and earned her master's degree at the College in 1998. She earned a Ph.D. in the field of genetics and molecular biology at Emory University, and works for the Centers for Disease Control. Krista is a former W&M record holder in the hammer throw, and recently welcomed the newest addition to the Stimson family, when Samuel Daniel Crider was born in April of 2006.

## Stimson By The Numbers

- 54 All-Americans in indoor and outdoor track and field and cross country**
- 39 CAA Team Titles**
- 26 CAA Athletes of the Year**
- 22 Seasons at William and Mary**
- 3 CAA Coach of the Year Honors (1992 and twice in 1996)**

up his impressive freshman season with a sophomore campaign that featured top CAA finishes in the discus (fourth), javelin (third), hammer (second) and a second straight first-place showing in the shot put. Parsons went on to garner All-East honors in the hammer at the





# ASSISTANT COACHES

## Ed Moran

B.B.A. Finance '03, B.A. Government '03  
M.P.P. Public Policy '05



Ed Moran is in his third season on the William and Mary staff after a spectacular collegiate career that saw him earn four All-America honors in the 5,000m outdoors (2003, 2005) and in cross country (2000, 2002) for the College. In addition to assisting with both the men's and women's running programs, the 2003 graduate has continued to race under the tutelage of head men's coach Alex Gibby, achieving the Olympic "A" qualifying standard at 5,000m and 10,000m in 2007 and winning the 5,000m gold medal at the Pan-American Games.

A professionally-sponsored runner with Nike, Moran raced unsponsored at the 2005 USAT&F Track and Field Championships shortly after earning his fourth All-America nod. He boasted an impressive debut, running well below his previous personal record

in the 5,000m (13:39.70, second-best in school history, set a scant month-and-a-half earlier) to finish in 13:25.87. This time placed him only 49 hundredths of a second shy of the school record, running as the fastest amateur in the field of 24 runners. In 2007, he won the gold medal at the Pan-American Games with a meet-record time of 13:25.60, and will compete for a spot at the Beijing Olympics in the 2008 U.S. Olympic Trials.

In his six-year collegiate career, Moran racked up three all-conference and All-Southeast honors (never finishing worse than third), and was twice conference champion and Athlete of the Year in cross country. On the track, he earned multiple all-conference nods, was named the 2003 CAA Male Athlete of the Year and was the 2005 IC4A and CAA champion in the 5,000m.

## Sean Anastasia-Murphy

B.A. Film Studies '08



Sean Anastasia-Murphy joins his alma mater this year as a volunteer assistant after helping the Tribe to seven Colonial Athletic Association championships during his five-year career.

As a senior, Anastasia-Murphy was the College's top finisher at the CAA cross country championships, leading the team to the conference title with his fourth-place showing. He was also a part of the program's eighth-place showing at the NCAA Championships, finishing as the sixth Tribe harrier across the line. He also ran at the national meet in 2005, finishing 135th overall, and totaled three All-CAA, two All-East, and one All-Southeast honor in cross country.

Anastasia-Murphy, a native of Gloucester, Massachusetts, was also a standout on the track. In 2005 he ran 8:59.26 in the 3,000m steeplechase, the first time a Tribe runner had run under nine minutes since 1996. His most complete season came in 2007, and it started indoors with a 4:09.97 mile at the IC4A Championships. That placed him into the finals of the event, where he would eventually finish third for All-East honors. At the same meet, he won his first conference crown by running the lead-off leg of the distance medley relay which won the IC4A title. He would go on to win the Colonial Relays 3,000m steeplechase and the Penn Relays 4x800m outdoors, and ran at the NCAA Regional in the steeplechase for the third year in a row. He finished his career with five All-East accolades and a single All-CAA citation on the track.

# 2006 RESULTS

ATHLETES	Lou Onesty	CIRC	Tribe Open	Pre-Nat'l's	CAA Champs	Cav Open	SE Region	IC4A Champs	NCAA Champs
Sean Anastasia-Murphy		25:07.3 (14)		24:47.5 (87)	25:12.3 (4)				33:06.0 (156)
Anthony Arena		24:50.2 (7)		24:44.8 (80)	25:15.8 (6)		31:33.3 (23)		32:46.6 (120)
Keith Bechtol				24:02.4 (22)			30:38.0 (7)		32:07.0 (60)
Jared Campbell	26:21.8 (35)	25:48.1 (2*)		25:29.6 (56^)	25:47.3 (15)			26:04.3 (33)	
Rob Dennis	26:04.8 (27)	25:41.9 (36)		25:35.3 (68^)	26:12.5 (25)			25:14.6 (5)	
Ollie Ehlinger	26:47.7 (48X)	27:46.0 (21X*)				28:30.4 (30X)			
Ian Fitzgerald		24:11.1 (4)					30:58.2 (12)		32:34.9 (96)
David Groff	26:15.1 (32X)	26:00.5 (6*)	25:35.1 (10)		26:38.6 (38)			26:18.4 (50)	
Ryan Jones		26:50.1 (16X*)	26:57.2 (36X)			26:27.3 (20X)			
Spencer Kirk		26:43.5 (15X*)							
Christo Landry		23:51.4 (1)		24:45.8 (84)			30:44.0 (8)		31:40.8 (34)
Karl Lang		26:39.7 (13*)	25:39.6 (12)			25:42.3 (8)		26:15.1 (45)	
Colin Leak	27:33.9 (63X)					24:58.9 (3)			33:53.5 (211)
Dan MacKay	26:04.2 (26)	25:37.4 (33)		25:35.5 (69^)	26:21.2 (29)			27:19.4 (115)	
Sean Mahoney		27:35.0 (19X*)							
Ben Massam	25:19.0 (7)	26:12.2 (46)	26:25.2 (29)						
Drew Midland	27:45.7 (68)					25:28.2 (5)		25:49.8 (21)	
Harry Miller		26:28.3 (11X*)	25:32.9 (9X)			25:49.8 (9X)			
Dave Mock		24:49.7 (6)			25:12.7 (5)		31:21.9 (20)		32:40.9 (108)
Skeeter Morris		26:50.3 (17X*)	26:19.3 (25X)			25:58.1 (11X)			
Dan Nally		25:03.6 (12)			25:31.6 (10)			25:40.2 (18)	
Joel Parker	25:42.7 (13)	25:21.1 (20)		25:21.8 (166)	25:34.9 (12)			25:31.4 (12)	
Jeff Perrella		26:13.2 (8X*)	25:50.7 (13X)						
James Picard	27:09.4 (55)	25:51.3 (4*)	25:28.1 (6)		25:32.6 (11)			25:21.4 (7)	
Cabell Rosanelli						26:16.1 (16)		27:44.4 (14#)	
Robert Sagar	27:17.8 (57X)	26:40.6 (14X*)	26:20.6 (26X)			26:28.1 (21X)			
Jason Schoener		26:02.6 (7*)	25:05.8 (1)		25:21.6 (7)		31:55.0 (37)	25:26.6 (10)	
Charlie Swartz	27:44.3 (67)								
Matt Warco	26:03.3 (25)	25:52.4 (38)						26:16.8 (46)	
Patterson Wilhelm		25:43.2 (1X*)	25:25.4 (4X)			25:05.5 (4X)			
Bryce Wilk	26:50.0 (50)	25:52.2 (5*)	25:55.9 (16)			26:26.5 (19)		26:42.3 (2#)	
Matt Wolak		25:11.2 (17)		25:21.2 (165)	25:52.6 (18)			26:18.7 (51)	
Lewis Woodard		26:34.7 (12X*)	26:03.4 (19)						
<b>TEAM FINISH</b>	<b>3rd of 12</b> <b>94 points</b>	<b>1st of 10</b> <b>30 points</b>	<b>1st of 8</b> <b>34 points</b>	<b>15th of 36</b> <b>433 points</b>	<b>1st of 9</b> <b>32 points</b>	<b>No Team</b> <b>Scoring</b>	<b>2nd of 32</b> <b>70 points</b>	<b>1st of 15</b> <b>45 points</b>	<b>8th of 31</b> <b>292 points</b>

Numbers in parentheses indicate finish in race. \* - indicates CIRC "B" Race. ^ - indicates Pre-National Open Race. # - indicates IC4A Coaches Race. X - indicates unattached performance.





# 2006 REVIEW

## Men's Cross Country Opens Season Third at Lou Onesty

CHARLOTTESVILLE, VA - William and Mary's men's cross country opened its season by taking third at the Lou Onesty Invitational with 94 points. In a result that bodes well for William and Mary, true freshman Ben Massam was first Tribe harrier across the line, finishing seventh in 25:19.

### Lou Onesty Invitational

1. Liberty 41, 2. Virginia 88, **3. WILLIAM AND MARY 94**, 4. Wake Forest 116, 5. Norfolk State 123.

### W&M Scorers

7. Ben Massam 25:19.0, 13. Joel Parker 25:42.7, 25. Matt Warco 26:03.3, 26. Dan MacKay 26:04.2, 27. Rob Dennis 26:04.8, 35. Jared Campbell 26:21.8, 50. Bryce Wilk 26:50.0.

## 2006 Season Stats

### Team Victories (4)

Colonial Inter-Regional (30 points/ 10 teams)  
Tribe Open (34 points/ 8 teams)  
CAA Championships (32 points/ 9 teams)  
IC4A Championships (45 points/ 15 teams)

### All-Americans (1)

**Christo Landry (34th)**

### Individual Champions (2)

**Christo Landry** Colonial Inter-Regional  
Jason Schoener Tribe Open

### All-Region (5)

Keith Bechtol (Seventh)  
**Christo Landry (Eighth)**  
**Ian Fitzgerald (12th)**  
**Dave Mock (20th)**  
Anthony Arena (23rd)

### All-East (6)

**Rob Dennis (Fifth)**  
**James Picard (Seventh)**  
Jason Schoener (10th)  
Joel Parker (12th)  
Dan Nally (18th)  
**Drew Midland (21st)**

### All-CAA (7)

Sean Anastasia-Murphy (Fourth)  
**Dave Mock (Fifth)**  
Anthony Arena (Sixth)  
Jason Schoener (Seventh)  
Dan Nally (10th)  
**James Picard (11th)**  
Joel Parker (12th)

**CAA Cross Country Male Scholar-Athlete of the Year**  
Keith Bechtol

**CAA 2006-07 Male Scholar-Athlete of the Year**  
Keith Bechtol

**CoSIDA/ESPN The Magazine Academic All-America (Team)**  
Keith Bechtol (First)

**USTFCCCA All-Academic (4)**  
Keith Bechtol  
**Christo Landry**  
**Ian Fitzgerald**  
**Dave Mock**

**CAA Runner of the Week (1)**  
**Christo Landry (10/3)**

**IC4A Runner of the Week (1)**  
**Christo Landry (10/3)**

**CAA Coach of the Year**  
Alex Gibby

## #22 William and Mary Wins Colonial Inter-Regional

WILLIAMSBURG - The 22nd-ranked William and Mary men's cross country team dominated the field at the Colonial Inter-Regional, cruising to a 16-point upset victory over No. 13 Georgetown. 2004 All-American Christo Landry overtook and out-kicked LaSalle's Sean Quigley to win the eight kilometer race in 23:51.4.

### First Annual Colonial Inter-Regional Challenge

**1. #22 WILLIAM AND MARY 30**, 2. #13 Georgetown 46, 3. LaSalle 77, 4. Virginia Tech 91, 5. Maryland 157.

### W&M Scorers

1. Christo Landry 23:51.4, 4. Ian Fitzgerald 24:11.1, 6. Dave Mock 24:49.7, 7. Anthony Arena 24:50.2, 12. Dan Nally 25:03.6, 14. Sean Anastasia-Murphy 25:07.3, 17. Matt Wolak 25:11.2.

### "B" Race W&M Individuals

2. Jared Campbell 25:48.1, 4. James Picard 25:51.3, 5. Bryce Wilk 25:52.2, 6. David Groff 26:00.5, 7. Jason Schoener 26:02.6, 13. Karl Lang 26:39.7.

## William and Mary "B" Team Easily Handles Tribe Open

WILLIAMSBURG - On a beautiful fall day, the William and Mary men's cross country team won its second straight Tribe Open title, defeating Virginia's "B" team by 10 points. Senior Jason Schoener earned his fourth career victory, and second at the Tribe Open, by crossing the line in 25:05.8.

### Tribe Open

**1. WILLIAM AND MARY "B" 34**, 2. Virginia "B" 44, 3. UMBC 77, 4. Mount. St. Mary's 82, 5. Virginia Commonwealth 140.

### W&M Scorers

1. Jason Schoener 25:05.8, 6. James Picard 25:28.1, 10. David Groff 25:35.1, 12. Karl Lang 25:39.6, 16. Bryce Wilk 25:55.9, 29. Ben Massam 26:25.2.

## Men's Cross Country 15th at the Brooks Pre-National Invitational

TERRE HAUTE, IN - William and Mary's 19th-ranked men's cross country team had a solid outing at the Brooks Pre-National Invitational, taking 15th in the loaded "White" race. Senior Keith Bechtol had an amazing run, placing 22nd to lead the Tribe in a time of 24:02.4.

### Brooks Pre-National Invitational "White" Race

1. #5 Iona 100, 2. #3 Stanford 106, 3. #25 Florida 217, 4. #21 Notre

Dame 255, 5. Iowa 270, **15. #19 WILLIAM AND MARY 433**.

### W&M Scorers

22. Keith Bechtol 24:02.4, 80. Anthony Arena 24:44.8, 84. Christo Landry 24:45.8, 87. Sean Anastasia-Murphy 24:47.5, 165. Matt Wolak 25:21.2, 166. Joel Parker 25:21.8.

### Open Race W&M Individuals

56. Jared Campbell 25:29.6, 68. Rob Dennis 25:35.3, 69. Dan MacKay 25:35.5.

## Men's Cross Country Wins Seventh Consecutive CAA Title

NEWARK, DEL - In a rite of fall that has become as regular as changing clocks back one hour, William and Mary's men's cross country team won the Colonial Athletic Association Championships for the 14th time in the last 17 years. Senior Sean Anastasia-Murphy was the top Green and Gold harrier, crossing the line in fourth place for his third all-conference honor.

### 24th Colonial Athletic Association Championships

**1. WILLIAM AND MARY 32**, 2. James Madison 63, 3. George Mason 98, 4. Georgia State 104, 5. Virginia Commonwealth 111, 6. UNC Wilmington 152, 7. Delaware 168, 8. Hofstra 243, 9. Northeastern 268.

### W&M Scorers

4. Sean Anastasia-Murphy 25:12.3, 5. Dave Mock 25:12.7, 6. Anthony Arena 25:15.8, 7. Jason Schoener 25:21.6, 10. Dan Nally 25:31.6, 11. James Picard 25:32.6, 12. Joel Parker 25:34.9.

## Men's Cross Country Competes At Cavalier Open

CHARLOTTESVILLE, VA - With only one week to go before the NCAA Regional Championships, William and Mary's men's cross country sent several runners to Charlottesville to compete in the Cavalier Open against runners from Virginia and George Mason. Sophomore Colin Leak was the first in-uniform finisher, and third overall, in a time of 24:58.9 for the eight kilometers.

### Cavalier Open

#### W&M Individuals

3. Colin Leak 24:58.9, 5. Drew Midland 25:28.2, 8. Karl Lang 25:42.3, 16. Cabell Rosanelli 26:16.1, 19. Bryce Wilk 26:26.5.

## Men's Cross Country Earns 10th Consecutive Trip to NCAAs

LOUISVILLE, KY - William and Mary's men's cross country team returned the NCAA Championships for the 10th year in a row after clinching an automatic berth with its second-place finish at the Southeast Regional. Senior Keith Bechtol was the top Green and Gold harrier for the second time, finishing seventh in a time of 30:38.

### NCAA Southeast Region Championships

1. #8 North Carolina State 64, **2. WILLIAM AND MARY 70**, 3. #26 Louisville 80, 4. #25 Virginia 131, 5. Clemson 201.

### W&M Scorers

7. Keith Bechtol 30:38.0, 8. Christo Landry 30:44.0, 12. Ian Fitzgerald 30:58.2, 20. Dave Mock 31:21.9, 23. Anthony Arena 31:33.3, 37. Jason Schoener 31:55.0.

## Men's Cross Country Wins IC4A Championship

BRONX, N.Y. - The "top" runners may have been at the NCAA Championships, but the remainder of the William and Mary's men's cross country team proved that it wasn't just an after-thought, winning the program's third IC4A Championship by 47 points. Sophomore Rob Dennis was the top Tribe finisher, leading five of his teammates in the top 25 with his fifth-place finish (25:14.6).

### 98th Annual IC4A Championships

**1. WILLIAM AND MARY 45**, 2. James Madison 92, 3. Yale 96, 4. Duke 103, 5. Marist 161.

### W&M Scorers

5. Rob Dennis 25:14.6, 7. James Picard 25:21.4, 10. Jason Schoener 25:26.6, 12. Joel Parker 25:31.4, 18. Dan Nally 25:40.2, 21. Drew Midland 25:49.8, 33. Jared Campbell 26:04.3.

### Coaches Race W&M Individuals

2. Bryce Wilk 26:42.3, 14. Cabell Rosanelli 27:44.4.

## William and Mary Blazes to Eighth at NCAA Championships

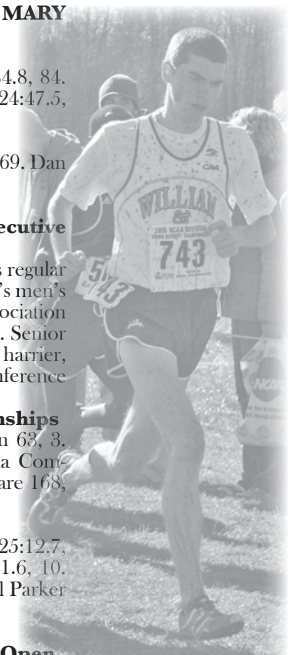
TERRE HAUTE, IND - William and Mary's 21st-ranked men's cross country team had its best race at the NCAA Championships in over 30 years, finishing eighth in the field of 31 teams. Junior Christo Landry earned his second All-America honor, finishing 34th overall in a time of 31:40.8.

### NCAA Championships

1. #2 Colorado 94, 2. #1 Wisconsin 142, 3. #4 Iona 172, 4. #6 Stanford 195, T5. #5 Oregon 196, T5. #3 Arkansas 196, **8. #21 WILLIAM AND MARY 292**.

### W&M Scorers

34. Christo Landry 31:40.8, 60. Keith Bechtol 32:07.0, 96. Ian Fitzgerald 32:34.9, 108. Dave Mock 32:40.9, 120. Anthony Arena 32:46.6, 156. Sean Anastasia-Murphy 33:06.0, 211. Colin Leak 33:53.5.





# 2007 OUTLOOK

After powering to its best finish at the NCAA Championships in over 30 years, not to mention capturing the IC4A title with its "B" team, the William and Mary men's cross country program is primed to challenge for a top-10 showing again at the national championships in 2007.

Leading the charge will be a quartet of experienced seniors. Any conversation must begin with two-time All-American **Christo Landry**, who will look to join Matt Lane as the only Tribe athletes with three All-America certificates in cross country. Landry redshirted during the outdoor track season, and after more than six months of continuous training, will be favored at most every meet he enters. Looking to earn his first All-America certificate will be **Ian Fitzgerald**, the 2005 Southeast Region third-place finisher. Fitzgerald qualified for the NCAA East Regional last spring after timing 13:57.35 for 5,000m, and was part of the IC4A-title winning distance medley relay indoors.

**Adam Tenerowicz** will re-enter the competitive arena in cross country for the first time since the 2005 NCAA Championships, and will be counted on to quickly ramp back up to the level of running that saw him earn all-region honors in 2004 and 2005. **Dave Mock** will also look for a top-100 finish at the NCAA Championships, and will also be a likely favorite for the CAA individual title. Mock, who placed fifth at last year's conference meet, is the highest-finishing W&M returnee and second-highest returnee overall. Red-shirt-sophomore **Colin Leak** was the seventh runner at the NCAA Championships for the Tribe in 2006, and followed up in the spring with his second-straight runner-up showing in the CAA 10,000m.

Senior **Rob Dennis** figures to lead a pack of runners who will push to finish out the varsity squad. Dennis will look to become a full-time contributor to the Tribe's best effort, after racing at the Pre-National Invitational open race and leading the "B" team to the IC4A title with his fifth-place showing last fall. Redshirt-freshman **Patterson Wilhelm** will be close behind after winning the "B" race of the Colonial Inter-Regional in an unattached performance, and earning All-CAA honors and a pair of IC4A qualifications on the track. Classmate **Jeff Perrella** also redshirted the fall season in 2006, and earned an IC4A bid at 5,000m when he ran 14:35.59 at the Colonial Relays.



**Adam Tenerowicz**

Seniors **James Picard** and **Dan MacKay** will each be counted on to provide either solid depth to the first seven, or exceptional leadership for the "B" team. Picard earned All-CAA and All-East accolades last fall, placing seventh at the IC4A meet, before qualifying for the IC4A 10,000m in the spring. MacKay has earned multiple IC4A-qualifications on the track, and raced at both the CAA and IC4A Championships last fall. Sophomore **Drew Midland** will look to join them, after earning All-East honors last fall and racing to personal-record times at 3,000m and 5,000m during the winter and spring.

The next set of athletes will be counted on to push the top runners hard and step up to the varsity squad where needed. Sophomore **Ben Massam** showed flashes of brilliance early in his freshman year, before illness forced him to the sidelines early in the track season. Junior **Jared Campbell** was just shy of earning All-CAA honors at last year's cross country championships, placing 15th before racing to 33rd at the IC4A meet. Classmate **Karl Lang** was the Tribe's fourth runner in the victory at the Tribe Open, and placed 45th at the IC4A Championships. Redshirt-sophomore **Harry Miller** will be seeing his first in-uniform cross country action this fall, after earning All-CAA honors last spring by finishing third in the 3,000m steeplechase.

A pair of middle-distance aces will contend for all-conference and All-East accolades on the trails to go along with their considerable accomplishments on the track. **David Groff** and **Ryan Jones** won IC4A titles in the 4x800m relay last spring as part of the team that ran 7:24.97, the 13th-best time in the United States this year. Groff, who was on both the CAA and

IC4A Championship squad last fall, also won the 1,500m titles at the CAA track championships and the Colonial Relays, the latter in a meet-record time of 3:46.98. Jones will be looking for his first in-uniform cross country appearance, but has finished third at 800m at the CAA Championships each of the past two years and also has a pair of All-East honors to go along with his 4x800m title.

Providing depth to the squad will be a mix of underclassmen, led by red-shirt-juniors **Bryce Wilk** and **Ollie Ehlinger**. Wilk is a two-time runner-up at the IC4A Coaches race, and Ehlinger set personal records in every event he ran during the spring. Included in the group will be redshirt-sophomores **Charlie Swartz** and **Cabell Rosanelli**; and redshirt-freshmen **Jay Bilsborough**, **Sean Mahoney**, **Skeeter Morris**, **Robert Sagar**, and **Lewis Woodard**.

Joining the Tribe this year are eight highly accomplished freshmen from around the nation. **Peter Asaro** comes to the College from Gloucester, Massachusetts, where he finished third individually to lead the Fishermen to a fifth-place team finish at the All-State cross country meet. He ran 4:21.85 in the mile to take fifth at the all-state outdoor track championships, after finishing third indoors. **Tom Burke** earned all-state honors in both cross country and track in each of his last two years for Edina High in Minnesota, posting a best finish of eighth at the state cross country championships as a senior. He has run 4:15 for 1,600m and 9:10 for 3,200m while racking up six all-conference citations.

**Andrew Mearns** is no stranger to the College as he grew up in Williamsburg and earned six all-state honors at Jamestown High School. The 2007 Colonial Relays Champion in the boy's 3,000m (8:39.42), Mearns is a two-time runner-up in the 2,000m steeplechase at the AAU National Championships, and was named the 2007 *Virginia Gazette* Runner of the Year. **Paul Norland** ran for Thomas Jefferson High in Virginia, the same program as Landry and 2007 graduate **Keith Bechtol**. As a senior, he earned four all-state accolades, finishing 11th at the Virginia AAA cross country meet, fourth in the indoor 3,200m, second in the indoor 4x800m, and third in the outdoor 3,200m. He has run 9:20.11 for 3,200m.

**Sean Sewell** is a six-time North Carolina Independent School state champion, and was named Performer of the Meet at the outdoor championships in 2007. Sewell has posted career-best marks of 4:15 in the mile and 9:25 for 3,200m. **Brian Sklodowski** won seven Delaware state titles in track and cross country, and added a pair of titles at the Meet of Champions for good measure during his tenure at the Tatnall School. Named State Runner of the Year five times, three in cross country, two in track, Sklodowski is the state all-divisions record holder at 1,600m (4:11.93) and 3,200m (9:16.80).



**Colin Leak**

**Axel Stanovsky** has come the longest distance of any recruit, as he did his prep running at Everett High in Everett, Washington. The 1,600m and 3,200m district champ as a senior, Stanovsky has run 4:18 and 9:28, respectively, at those distances. **Chris Tyson** ran for the late Bill Findler '70 at Washington-Lee in Arlington, cruising to the Virginia AAA state title in the indoor 1,000m with a time of 2:31.05. He also earned all-state mention outdoors, taking eighth in the mile. His best effort at one mile was a 4:13.64 showing at the Penn Relays. He was an All-American indoors in the mile after finishing fifth at the NSIC championships, and was the 3,000m runner-up at the Colonial Relays.





# BIOGRAPHIES



## Rob Dennis

B.B.A. Finance '08  
Little Silver, N.J. • Red Bank Regional

All-East

### 2006-07

**Cross Country:** Led Tribe to victory in the IC4A Championships ... Finished fifth overall to claim first All-East honor ... Twenty-fifth at the CAA Championships ... Also ran in the Brooks Pre-Nationals open race, and in the championship race at the Colonial Inter-Regional. **Track:** Took fourth in the 3,000m steeplechase at the Colonial Relays with a personal-best time of 9:06.08 ... Time qualified him for the IC4A Championships and the NCAA East Regional ... Scored for the Tribe with a seventh-place finish in the steeplechase at the CAA Championships ... Ran 14:54.53 for 5,000m at the CNU Holiday Open.

### 2005-06

**Cross Country:** Thirty-sixth at the IC4A Championships ... Eleventh at the Tribe Open and Cavalier Open. **Track:** Ran 9:10.40 at the Duke Invitational to reset his personal record in the 3,000m steeplechase by 22 seconds ... Finished fourth in the steeplechase at the CAA Championships.

### 2004-05

**Cross Country:** Won the Coaches Race at IC4As. **Track:** Fifth in the 3,000m steeplechase at the CAA championship.

### At Red Bank Regional

Ran the third leg of the national record-breaking 4xMile relay that finished second at the National Scholastic Indoor Championships ... Three-time New Jersey Group 3 state cross country champion ... Eighth at the NJ Meet of Champions as a senior ... Personal bests on the track of 4:19.48 in the 1,600m run and 9:25 in the 3,200m run.

### Personal

Son of Robert and Elizabeth Dennis ... Born November 22, 1985 in Red Bank, New Jersey ... Future goal is to either be a business lawyer, or CPA, or financial advisor.

### Dennis' Personal Bests

1,500m - 4:04.58      3K Steeple - 9:06.08      5,000m - 14:54.53i



## Ian Fitzgerald

B.A. History '08  
Glenshaw, Pa. • North Hills

2-Time All-Academic • IC4A Champion • CAA  
Champion • CAA Athlete of the Year • 2-Time All-  
Region • 3-Time All-East • 2-Time All-CAA

### 2006-07

**Cross Country:** All-region for the second year in a row after finishing 12th at the Southeast Championships ... Third Tribe runner at the NCAA Championships, crossing the line in 96th ... Also ran fourth at the Colonial Inter-Regional ... Named to the All-Academic team by the USTFCCCA. **Track:** Qualified for the NCAA East Regional and moved into seventh all-time at the College after running 13:57.35 for 5,000m at the Payton Jordan Invitational ... IC4A Champion after running the 1,600m leg of the winning distance medley relay at the indoor IC4A Championships ... Helped qualify the Tribe's 4x800m relay for the finals of the outdoor IC4A Championship ... All-East outdoors after finishing fifth in the IC4A 5,000m race ... Runner-up at the CAA Championships in the 5,000m ... Fourth in the CAA 1,500m ... Top collegiate finisher in the Colonial Relays 5,000m ... Qualified for the IC4A 3,000m indoors after running 8:15.22 at the Virginia Tech Challenge ... Performance ranks him ninth all-time at W&M ... Named to the USTFCCCA All-Academic team.

### 2005-06

**Cross Country:** CAA Champion ... CAA Athlete of the Year ... Finished third in the Southeast Regional for all-region honors, running below the previous course record ...

Tribe's top finisher at the NCAA Championships in 72nd. **Track:** Set his career best in the mile when he won the Patriot Games, running 4:13.83 ... Qualified for the indoor IC4As in his first 5,000m of the season, running 14:17.53 at the Liberty Kick-Off ... Finished third at the IC4As for All-East honors and a provisional qualification to the NCAA Indoor Championships with a time of 14:13.08 ... Redshirted the outdoor season ... Competed unattached at several meets, setting personal records in the 1,500m run (3:48.07 at Villanova) and 5,000m (13:57.67 at Stanford's Payton Jordan Invitational).

### 2004-05

**Cross Country:** Eighth at the Lou Onesty Invitational ... Was running fifth at the CAA Championships before being pulled out by the coaches with team victory assured ... Started the race at NAAs, but could not finish due to illness. **Track:** Indoor and outdoor IC4A qualifier in the 5,000m ... Set personal record at 5,000m at the Penn Relays (14:27.98) ... Seventh in the 1,500m at CAAs.

### At North Hills

Third at the Pennsylvania AAA state cross country championships ... 18th at the Footlocker Northeast Regional ... Two-time state 3,200m champion ... 2004 state champion at 1,600m ... Won the 3,000m race at the Penn Relay Carnival in 8:22.42, the eighth-fastest time ever by a high school athlete there ... Also won the two-mile at the Golden West meet ... Has run 9:02.62 for the two-mile, and 4:09.82 for the mile.

### Personal

Son of Thomas and Kathryn Fitzgerald ... Born November 7, 1985 in Pittsburgh, Pennsylvania ... Fondest sports memory was winning the 3,000m race at the Penn Relays.

### Fitzgerald's Personal Bests

1,500m - 3:48.04      3,000m - 8:15.22i      5,000m - 13:57.35



## Christo Landry

B.B.A. Finance,  
B.A. Economics '08  
Falls Church, Va. • Thomas Jefferson

All-Academic • 2-Time All-American • 2-Time  
CAA Rookie of the Year • 2-Time All-Region •  
All-East • 3-Time All-CAA

### 2006-07

**Cross Country:** All-American for the second time after finishing 34th at the NCAA Championships ... Eighth at the Southeast Regional ... Won the Colonial Inter-Regional in September ... Named Runner of the Week by both the CAA and the IC4A after the Inter-Regional ... Named to the USTFCCCA All-Academic team. **Track:** Redshirted outdoors ... Ran 14:05.66 at the CNU Holiday Open 5,000m to provisionally qualify for the NCAA indoor championships.

### 2005-06

**Cross Country:** Third at the Great American Festival ... Eighth at the Pre-National Invitational ... Named CAA Runner of the Week after both races ... Bike accident ended his season before the conference meet. **Track:** Redshirted the indoor season ... Competed in the 5,000m at the NCAA Championships for the second time, finishing 26th ... Ninth in the NCAA East Regional ... All-East in the 5,000m after finishing eighth at the IC4A Championships ... Qualified for the Regional in the first race of the year, timing 14:01.08 for third place at the Raleigh Relays ... Ran a personal-best 13:53.62 at Stanford's Payton Jordan Invitational ... Scored twice at CAAs, taking fourth in the 5,000m and eighth in the 1,500m.

### 2004-05

**Cross Country:** All-American with 38th-place finish at NCAA Championships ... Runner-up at CAA Championships ... Seventh in the Southeast Regional ... Fourth at the USAT&F Junior Championships ... Forty-sixth at the World Junior Championships. **Track:** At-large qualifier to the NCAA Championships in the 5,000m, finishing 18th overall ... Ninth in the 5,000m at the East Regional ... 5,000m runner-up at CAAs ... Also fourth at CAAs in the 1,500m ... IC4A qualifier in the indoor and outdoor 5,000m and outdoor 1,500m ... Set W&M freshman record in the 5,000m (14:01.62) at the Cardinal Invitational.

### At Thomas Jefferson

Fastest Virginian in the 1,600m, clocking 4:12.51 outdoors ... First W&M member of the USA Today All-Prep team ... Third at the adidas Outdoor Championships running 8:48.25 for the full two miles, the fourth fastest time ever on the East Coast and third-fastest in VA ... Virginia AAA champion in the outdoor 1,600m and 3,200m ... Second in the 3,200m

# BIOGRAPHIES

at the Virginia indoor AAA state meet ... Clocked 4:12.67 to claim fourth in the mile at the NSICs ... 10th at the 2003 Foot Locker Southeast Cross Country Regional.

### Personal

Son of Steve and Diane Landry ... Born April 29, 1986 in Madison, Wisconsin ... Enjoys reading, playing computer games, and poker.

### Landry's Personal Bests

1,500m - 3:51.52      3,000m - 8:06.71      5,000m - 13:53.62



## Dave Mock

B.B.A. Finance '08  
Johnstown, Pa. • Westmont-Hilltop

All-Academic • NACAC Champion • All-Region •  
3-Time All-East • 3-Time All-CAA

### 2006-07

**Cross Country:** Second on the team at the CAA Championships, taking fifth overall for All-CAA honors ... Fourth on the team, 20th overall at the Southeast Regional, earning All-Southeast accolades ... Fourth on the team at the NCAA Championships, finishing 108th overall ... All-Academic team selection by the USTFCCCA. **Track:** All-East after finishing eighth in the 10,000m at the IC4A Championships ... Scored for the Tribe at the CAA Championships with his fifth-place finish in the 5,000m ... Ran 30:18.82 in the 10,000m at the Stanford Invitational to qualify for IC4As.

### 2005-06

**Cross Country:** Ninth at CAAs for all-conference honors ... Thirty-sixth at the Southeast Regional ... Ran at the Pre-National Invitational. **Track:** Won his debut at 10,000m at the Raleigh Relays, qualifying for the IC4A Championships ... Third in the 10,000m at Stanford's Payton Jordan Invitational, running 29:37.01 ... Won the 5,000m indoors at the Collegiate Open ... All-East by finishing seventh at the indoor IC4A 5,000m with a personal record 14:26.75 ... Third in the 5,000m at the CAA Championships, qualifying for the outdoor IC4As ... Just missed scoring in the CAA 1,500m, placing ninth.

### 2004-05

**Cross Country:** NACAC Champion with seven-second victory ... All-East with 17th-place finish at IC4A Championships ... Eighth at USAT&F Junior Championships ... Finished 17th at CAA Championships. **Track:** Won debut in the 3,000m racing unattached ... Ran at the Duke Invitational and Raleigh Relays.

### At Westmont-Hilltop

2003 AA state cross country champion ... Twelfth at the Footlocker Northeast Regional ... Two-time first team all-state in cross country ... 2004 state champion in the 3,200m and runner-up in the 1,600m ... Prep bests of 4:17.16 in the 1,600m and 9:10.83 in the 3,200m ... Starting defender on the state runner-up hockey team.

### Personal

Son of Ronald and Sharon Mock ... Born June 18, 1986 in Johnstown, Pennsylvania ... Enjoys biking and weight lifting.

### Mock's Personal Bests

1,500m - 3:57.52      5,000m - 14:26.75i      10,000m - 29:37.01



## Adam Tenerowicz

B.A. Government  
B.A. History '08  
Blackstone, Mass. • Blackstone-Mill River

2-Time All-Region

### 2006-07

**Cross Country:** Redshirted. **Track:** Redshirted indoors and outdoors.

### 2005-06

**Cross Country:** All-region with 21st-place finish in the Southeast Regional ... Fourth Tribe runner at NAAs, finishing 149th. **Track:** Did not compete.

### 2004-05

**Cross Country:** Finished 24th at the regional for All-Southeast honors ... Finished in the top 100 at the NCAA Championships ... CAA Runner of the Week for leading the team in 10th place at the Paul Short Invitational. **Track:** IC4A outdoor qualifier in the 5,000m and 10,000m ... Fifth in the 5,000m at CAAs ... Set personal record in the 10,000m at the Raleigh Relays, bettering his previous mark by over 30 seconds.

### 2003-04

**Cross Country:** Fifteenth at the CAA Championships ... Competed at the IC4As. **Track:** Ninth in the IC4A 10,000m ... Time of 30:39.99 was the fifth-fastest by an American Junior in 2004 and qualified him for the Junior Nationals.

### At Blackstone-Mill River

Runner-up at the 2002 Massachusetts Division II cross country championships ... Four-time all-state selection in cross country ... Two-time district champion ... Prep bests include 4:20 for 1,600m and 9:26 for 3,200m.

### Personal

Son of Thomas and Susan Tenerowicz ... Born September 27, 1985 in Natick, Massachusetts ... Future goals include running marathons.

### Tenerowicz' Personal Bests

3,000m - 8:59.54i      5,000m - 14:41.19      10,000m - 30:07.04



## Jared Campbell

B.B.A. Marketing,  
B.A. English '09  
Franklin, Ind. • Franklin Community

### 2006-07

**Cross Country:** Just missed all-conference honors, finishing 15th at the CAA Championships ... Thirty-third in the team victory at the IC4As ... Second in the "B" race at the Colonial Inter-Regional. **Track:** Finished 10th in the 10,000m run at the CAA Championships ... Just missed his personal-best at the Penn Relays, running 31:12.88 ... Ran a personal-record 14:49.32 for 5,000m at the Duke Twilight Invitational.

### 2005-06

**Cross Country:** Redshirted. **Track:** Redshirted ... Ran once unattached, taking 14th in the 5,000m at the Duke Twilight Open.

### 2004-05

**Cross Country:** Fifth in the open race at the Great American Festival ... Team's seventh runner at the IC4A Championships. **Track:** Qualified for the IC4A 10,000m by finishing fifth at CAAs with a personal-best 31:12.19.

### At Franklin Community

Finished eighth at the Indiana state cross country championships as a senior ... Also finished 14th at the Footlocker Midwest Regional ... Had a personal-best time of 9:27 for 3,200m.

### Personal

Son of Jeff and Janet Campbell ... Born December 2, 1985 in Franklin, Indiana ... Wanted to be a Big 10 basketball player when he was growing up.

### Campbell's Personal Bests

3,000m - 8:48.23i      5,000m - 14:49.32      10,000m - 31:12.19





# BIOGRAPHIES



## Ollie Ehlinger

B.A. Public Policy '09  
Arden, N.C. • TC Roberson

### 2006-07

**Cross Country:** Did not compete. **Track:** Set personal-best mark in the 5,000m at the Duke Twilight Invitational, running 15:37.32 ... Clocked 9:02.64 for 3,000m at the Virginia Tech Challenge.

### 2005-06

**Cross Country:** Ran unattached at the Maymont Festival. **Track:** Redshirted.

### 2004-05

**Cross Country:** Redshirted, but competed unattached several times. **Track:** Redshirted the indoor season, but saw some action outdoors in the 1,500m and 5,000m.

### At TC Roberson

North Carolina AAA state and regional champ at 3,200m as a senior ... Conference champion in cross country, also won two races during the season and placed second at the regional meet in 2004 ... For his exploits, named *Citizen-Times* and *Times-News* Runner of the Year in cross country ... Ran one leg of the state-runner-up 4x800m relay ... Ran 2:01 for 800m, 4:29 for 1,600m, and 9:41 for 3,200m ... Roberson's valedictorian ... National Merit Finalist.

### Personal

Son of Thomas Ehlinger ... Born January 12, 1986 in Washington, D.C. ... Was a research assistant in the Great Smokey Mountains National Park ... Aspires to attend law school.

### Ehlinger's Personal Bests

1,500m - 4:23.71      3,000m - 9:02.64i      5,000m - 15:37.32



## David Groff

B.S. Psychology '09  
Centreville, Va. • Westfield

IC4A Champion • CAA Champion • Colonial  
Relays Champion • 4-Time All-East •  
All-CAA

### 2006-07

**Cross Country:** Thirty-eighth at the CAA Championships ... Fiftieth at the IC4A Championships. **Track:** IC4A Champion outdoors as part of the 4x800m relay team that ran 7:24.97, the 13th-best time in the nation in 2007 ... CAA Champion at 1,500m ... Colonial Relays Champion at 1,500m, running a meet-record time of 3:46.98 ... All-East outdoors at 800m, finishing seventh at the IC4A Championships ... Qualified for the finals by running a personal-best 1:49.43 ... Ranks sixth all-time at the College ... All-East indoors, finishing fourth in the 1,000m run ... Preliminary time of 2:25.56 ranks sixth in school history ... Member of the 4x800m relay that won the Penn Relays College Division ... Runner-up at 400m in the Tribe Invitational, finishing in 49.99 seconds ... Performance ranks ninth all-time at W&M ... Eighth in the 800m at the CAA Championships.

### 2005-06

**Cross Country:** Third in the IC4A Coaches Race ... Seventeenth at the Cavalier Open. **Track:** Won the mile indoors at Liberty's Kick-Off ... Just missed advancing in the 1,000m at the indoor IC4As, running 2:27.82 for 12th place ... Ran personal bests in the 800m and 1,500m at the Duke Invitational ... Competed in the 1,500m at the CAA Championships.

### 2004-05

**Cross Country:** Redshirted. **Track:** All-East outdoors as part of the fourth-place 4x800 relay ... Ninth in the 800m at CAAs.

### At Westfield

1,000m AAA state champion, running 2:29.82 ... Won a national championship as the anchor leg of Westfield's 4x800m relay at NSICs ... Ran the 1,200m leg on the runner-up DMR at the adidas Outdoor Championships ... Northern Region runner-up in the 800m ... Sixth at the AAA state cross country championships in 2003 ... Prep bests include 1:53.64 for 800m, 4:14.80 at 1,600m, and 9:21 for 3,200m.

### Personal

Son of Dennis and Diann Groff ... Born October 17, 1985 in Washington, D.C. ... Enjoys photography and collecting lids from Ben and Jerry's ice creams.

### Groff's Personal Bests

800m - 1:49.43      1,000m - 2:25.56i      1,500m - 3:46.98



## Ryan Jones

B.S. Biology '09  
Harrisburg, Pa. • Central Dauphin

IC4A Champion • 3-Time All-East •  
2-Time All-CAA

### 2006-07

**Cross Country:** Ran unattached at the Colonial Inter-Regional, finishing 16th in the "B" race. **Track:** IC4A Champion outdoors as part of the 4x800m relay team that ran 7:24.97, the 13th-best time in the nation in 2007 ... All-East indoors at 800m, finishing seventh ... Just missed advancing to the finals of the IC4A 800m outdoors, finishing 10th, one hundredth of a second behind the final qualifier ... Time of 1:49.86 ranks 10th in school history ... All-CAA after finishing third in the 800m at the conference championships ... Fifth in the CAA 4x400m relay ... Ranks 10th in school history at 400m after running 50.72 seconds for third at the Tribe Invitational ... Runner-up at 800m at the Colonial Relays ... Ran in the 800m at the NCAA East Regional.

### 2005-06

**Cross Country:** Finished 26th unattached at the Maymont Festival. **Track:** Took second in the indoor 800m at North Carolina, just missing IC4A qualification ... All-East indoors as the third leg of the Tribe's fourth-place DMR ... Ran 1:52.56 at the Duke Invitational outdoors ... Third in the 800m at the CAA Championships ... Ran on the 4x800m relay that took seventh at the Penn Relays.

### 2004-05

**Cross Country:** Redshirted. **Track:** Redshirted.

### At Central Dauphin

Ran on the AAA state champion 4x800m relay ... Helped Central Dauphin win the 2004 AAA outdoor track state championships ... Conference champ at 800m and member of the conference champion DMR in 2004 ... National Honor Society member ... U.S. Army Reserve Scholar-Athlete ... Prep bests include 50.09 for 400m and 1:55.3 for 800m.

### Personal

Son of Lawrence and Suann Jones ... Born November 19, 1985 in Danville, Pennsylvania ... Craziest ambition is to climb Mount Everest.

### Jones' Personal Bests

800m - 1:49.86      1,000m - 2:29.24i      1,500m - 3:56.82



## Karl Lang

B.A. Public Policy  
B.S. Environmental Science '09  
Oak Hill, Va. • Oakton

### 2006-07

**Cross Country:** Forty-fifth at the IC4A Championships ... Fourth on the team in the

# BIOGRAPHIES

victory at the Tribe Open. **Track:** Ran 8:36.09 for 3,000m at Patriot Games indoors ... Finished 23rd at the Colonial Relays in the 1,500m, timing 3:59.44 ... Third in the Tribe Invitational 1,500m ... Finished the mile at the Vince Brown Invitational in 4:17.57.

**2005-06**

**Cross Country:** Did not compete. **Track:** Third-place indoors at North Carolina in the 3,000m, running 8:39.84 ... Personal record in the 5,000m came indoors at the Collegiate Open, when he ran 14:59.82 for seventh place. Also placed seventh in the 5,000m at the CAA Championships.

**2004-05**

**Cross Country:** Runner-up in the IC4A Coaches Race. **Track:** Ran personal-best 8:50.03 for 3,000m in his collegiate debut at CNU.

**At Oakton**

All-region and all-state selection in the 3,200m ... All-district in the 1,600m ... Oakton's Scholar-Athlete of the Year in 2003-04 ... Cross country team MVP in 2003 ... Prep bests included 1:59 for 800m, 4:16.15 for 1,600m, 4:19 for the mile, and 9:19.8 for 3,200m.

**Personal**

Son of Karl Lang and Margaret Howell ... Born May 5, 1986 in Boston, Massachusetts ... Stepmother, Mary Lang, graduated from the College in 1977 ... Enjoys ultimate frisbee and badminton.

**Lang's Personal Bests**

1,500m - 3:59.44                      3,000m - 8:36.09i                      5,000m - 14:59.82i



## Dan MacKay

B.A. Economics,  
B.A. History '09  
Whitinsville, Mass. • Whitinsville Christian

**2006-07**

**Cross Country:** Twenty-ninth at the CAA Championships ... Ran at the IC4A Championships ... Ran in the Open Race at the Brooks Pre-Nationals. **Track:** Just missed scoring at the CAA Championships in the 10,000m, finishing ninth ... Ninth in the Penn Relays 10,000m, qualifying for the IC4A Championships with a time of 30:33.48 ... Ran 14:50.92 in the 5,000m at the Colonial Relays, finishing 20th.

**2005-06**

**Cross Country:** Eighth unattached at the Maymont Festival. **Track:** Just missed All-East accolades in the 10,000m, placing ninth at the IC4A Championships in 31:07.80 ... Placed 11th at the CAA Championships in the 10,000m ... Set personal record in the 10,000m at the Penn Relays, running 30:53.63 ... Second in the 3,000m at the Vince Brown Invitational ... Twelfth in the seeded 5,000m race at the Duke Invitational, finishing in 14:44.71.

**2004-05 (at Calvin College)**

**Cross Country:** Member of the Division III national championship team. **Track:** Set personal best of 31:09 in the 10,000m.

**Personal**

Son of John and Anne MacKay ... Born October 5, 1985 in Raleigh, North Carolina ... Mother ran for Vermont and father was part of the cross country, track, and ski teams for St. Lawrence College ... Enjoys skiing, tennis, and golf when not running.

**MacKay's Personal Bests**

3,000m - 8:41.33i                      5,000m - 14:44.71                      10,000m - 30:33.48



## James Picard

B.S. Mathematics '09  
Midlothian, Va. • James River

All-East • All-CAA

**2006-07**

**Cross Country:** All-CAA after finishing 11th at the conference championships ... All-East after finishing seventh, in the victory at the IC4A Championships. **Track:** Seventh in the 10,000m at the CAA Championships ... Qualified for IC4As with his time of 31:04.63 ... Set his personal-best at 1,500m running 3:57.74 at the Fred Hardy Invitational.

**2005-06**

**Cross Country:** Eighteenth at the CAA Championships ... Thirty-ninth at the IC4A Championships. **Track:** Third in the 3,000m at George Mason's Patriot Games ... Redshirted outdoors.

**2004-05**

**Cross Country:** Redshirted ... Ran unattached twice. **Track:** Competed twice in the 1,500m.

**2003-04 (at Hampton University)**

**Cross Country:** Twenty-first at the MEAC Championships. **Track:** At the indoor MEAC Championships, was fifth in the mile and seventh in the 5,000m ... Also scored in the 5,000m (sixth) at the outdoor MEAC meet.

**Personal**

Son of James Picard and Denise Tamberrino ... Born June 30, 1985 in Providence, Rhode Island ... Came to W&M because he wanted to run fast ... Future goals include teaching and coaching.

**Picard's Personal Bests**

1,500m - 3:57.74                      5,000m - 14:57.18                      10,000m - 31:04.63



## Bryce Wilk

B.S. Biology '09  
Millbrook, N.Y. • Millbrook

**2006-07**

**Cross Country:** Did not compete. **Track:** Scored for W&M at the CAA Championships, placing eighth in the 3,000m steeplechase ... Set his personal-best steeplechase time at the Duke Twilight Invitational, clearing the course in 9:19.22.

**2005-06**

**Cross Country:** Runner-up in the IC4A Coaches Race. **Track:** Runner-up in the mile at the Christopher Newport Invitational ... Redshirted outdoors.

**2004-05**

**Cross Country:** Redshirted ... Finished 16th unattached at the Colonial Invitational. **Track:** Eighth in the 3,000m steeplechase at the CAA championship ... Won his debut in the steeplechase at the VCU Ram Invite, running a personal-best 9:25.83.

**At Millbrook**

State champion in the 3,000m steeplechase ... Two-time league MVP ... Four-time league champion in the steeplechase ... League champ in the 3,200m three straight years ... League Scholar-Athlete of the Year ... Prep bests include 2:02 for 800m, 4:29 for 1,600m, 9:25.95 in the steeplechase, and 9:43 for 3,200m.

**Personal**

Son of Rick and Carolyn Wilk ... Born August 18, 1985 in Schenectady, New York ... Member of the Pre Vet Club at W&M ... In 20 years would like to be happy.

**Wilk's Personal Bests**

3,000m - 8:55.70i                      3K Steeple - 9:19.22                      5,000m - 15:20.01





# BIOGRAPHIES



## Colin Leak

B.A. Religious Studies,  
B.A. English '10  
Chadds Ford, Pa. • Unionville

2-Time All-CAA

### 2006-07

**Cross Country:** Third at the Cavalier Open in his first race of the season ... Ran for the Tribe at the NCAA Championships, finishing the course in 33:53.5. **Track:** Runner-up at the CAA Championships in the 10,000m ... Time of 30:24.18 qualified him for the IC4A Championships ... Fifth at the Colonial Relays 5,000m with an IC4A-qualifying mark of 14:24.49.

### 2005-06

**Cross Country:** Finished sixth running unattached at the Maymont Festival ... Twenty-fourth unattached at the Tribe Open. **Track:** Second at the CAA Championships in the 10,000m run with a time of 30:52.67 in his debut at the distance ... Ran 14:35.79 at the Collegiate Open to qualify for the 5,000m at the indoor IC4As ... Qualified for the outdoor IC4As in the 5,000m after running in 14th at the Duke Invitational.

### At Unionville

Two-time county champion in cross country ... Medalist at the district championship junior year ... District runner-up senior year ... Medalled at the state championship as a senior ... Also medalled at the Mid-East cross country championships ... All-state indoors in the 3,000m ... Ran at the Nike Indoor Nationals in the mile ... County champion in the 1,600m, 3,200m, and 4x800 relay ... District champion in the 3,200m, sixth in the state in the 3,200m ... Sixth in the Penn Relays 3,000m.

### Personal

Son of Kevin and Maureen Leak ... Born October 26, 1986 in Hampton, Virginia ... Grandfather, James O'Connell, ran cross country and track at Iona College.

### Leak's Personal Bests

1,500m - 4:08.15      5,000m - 14:24.49      10,000m - 30:24.18



## Ben Massam

B.A. History '10  
Chatham, N.J. • Chatham

### 2006-07

**Cross Country:** Led the Tribe at the season-opening Lou Onesty Invitational, finishing seventh ... Twenty-ninth at the Tribe Open ... Ran for W&M in the "A" race of the Colonial Inter-Regional. **Track:** Redshirted indoors ... Ran 15:22.80 in the 5,000m at the Colonial Relays ... Timed 32:15.77 for 10,000m at the Fred Hardy Invitational ... Season was cut short due to illness.

### At Chatham

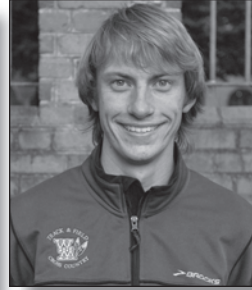
National Champion in the 5,000m at Nike Outdoor Nationals, running 14:48.73 ... Six state championships in cross country and track combined ... Second at the New Jersey Meet of Champions in cross country ... Seventh in the 3,000m championship at the Penn Relay Carnival ... Holds the Morris County cross country record and six county championships ... Won eight Iron Hills Conference championships in track and cross country, and holds three conference records ... Member of the National Honor Society and German National Honor Society ... National Merit Commended Scholar.

### Personal

Son of Bradley and Barbara Massam ... Born April 16, 1988 in Camp Hill, Pennsylvania ... Enjoys hiking and horse racing ... Most prized possession is his health.

### Massam's Personal Bests

3,000m - 8:30.90      5,000m - 14:48.73      10,000m - 32:15.77



## Drew Midland

B.S. Chemistry '10  
Virginia Beach, Va. • Ocean Lakes

All-East

### 2006-07

**Cross Country:** All-East after finishing 21st at the IC4A Championships ... Raced to a fifth-place showing at the Cavalier Open. **Track:** Set his season-best at 5,000m at the Larry Ellis Invitational in April, running 14:52.96 ... Seventh in the Patriot Games 3,000m indoors, running 8:34.72 ... Timed 4:06.30 for 1,500m at the Lou Onesty Invitational.

### 2005-06

**Cross Country:** Finished 20th at the Cavalier Open and 16th at the Maymont Festival running unattached. **Track:** Second in the 3,000m at the Christopher Newport Invitational ... Third in the 3,000m at the Vince Brown Invitational, running 8:51.13 ... Redshirted outdoors.

### At Ocean Lakes

Three-time state qualifier in cross country ... Indoor state champion in the 3,200m ... Wendy's High School Heisman State Finalist ... Member of the National Honor Society.

### Personal

Son of Mark and Louise Midland ... Born April 16, 1987 in Lawrence, Kansas ... Sister, Katie, graduated from W&M in 2007 ... Hobbies include miniature golf ... Most prized possession is his W&M jersey.

### Midland's Personal Bests

1,500m - 4:06.30      3,000m - 8:33h      5,000m - 14:52.96



## Harry Miller

B.S. Biology '10  
Portland, Ore. • Catlin Gabel

All-CAA

### 2006-07

**Cross Country:** Ninth unattached at the Tribe Open ... Eleventh unattached in the Colonial Inter-Regional "B" race. **Track:** All-conference for the first time after taking third in the 3,000m steeplechase at the CAA Championships ... Seventh in the steeplechase at the Colonial Relays in a personal-best time of 9:12.33 ... Won the Tribe Invitational 800m in 1:56.27 ... Ran the mile in 4:18.25 indoors at Virginia Tech.

### 2005-06

**Cross Country:** Ninth unattached at the Tribe Open ... Eighteenth unattached at the Cavalier Open. **Track:** Won his debut at 3,000m at the Vince Brown Invitational, running 8:46.77 ... Took third in the 3,000m steeplechase at Virginia Commonwealth's Ram Invitational, running 9:28.10.

### At Catlin Gabel

Third at the Oregon 2A state cross country championship ... State champion in the 1,500m with a state meet record ... Runner-up in the 800m ... Member of the Oregon 2A state champion soccer team in 2004.

### Personal

Son of Andrew and Brenda Miller ... Born February 8, 1987 in Seattle, Washington.

### Miller's Personal Bests

Mile - 4:18.25i      3K Steeple - 9:12.33

# BIOGRAPHIES



## Cabell Rosanelli

B.A. Economics '10  
Richmond, Va. • Douglas Freeman

**2006-07**

**Cross Country:** Fourteenth in the IC4A Coaches race ... Sixteenth at the Cavalier Open. **Track:** Finished fourth in the Tribe Invitational 800m in 1:59.96 ... Set his personal-best at 1,500m at the Larry Ellis Invitational, running 4:00.25.

**2005-06**

**Cross Country:** Twelfth unattached at the Maymont Festival. **Track:** Fifteenth in the 1,500m run at Richmond's Fred Hardy Invitational with a personal-best 4:04.32 ... Competed two other times in the 1,500m, at the VCU Ram Invitational and the Patriot Open Invitational.

**At Douglas Freeman**

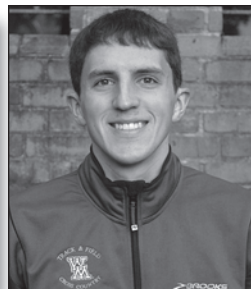
Eleventh at AAA state cross country championship, helping team to runner-up finish ... Seventh in the state in the indoor 1,600m ... Also member of the seventh-place 4x800 relay indoors ... Member of the National Honor Society, Beta Club, Spanish Club, and the History Club.

**Personal**

Son of Peter and Sheila Rosanelli ... Born July 5, 1987 in Richmond, Virginia ... Great Aunt, Virginia Miller, graduated from W&M in 1932 ... Enjoys playing golf and watching wrestling ... Most embarrassing moment was getting dunked on in a student/faculty basketball game.

**Rosanelli's Personal Bests**

800m - 1:55                      1,500m - 4:00.25



## Jay Bilsborrow

B.A. English,  
B.A. History '11  
Coldwater, Mich. • Coldwater

**2006-07**

**Cross Country:** Redshirted. **Track:** Redshirted both indoors and outdoors.

**At Coldwater**

All-American after finishing fifth in the mile (4:11.18) at Nike Outdoor Nationals ... Ran 4:10.4 in the 1,600m to win the Midwest Meet of Champions ... Three-time state champion, twice in the 1,600m and once in the 800m ... Holds the Michigan state-meet record at 800m, 1:53.63 ... Six-time Academic All-State in track and cross country ... Two-time All-State in cross country, three-time all-state in track ... Combined, won 22 conference, regional, and state championships ... Has run 9:19 for 3,200m, breaking Coldwater's 37-year old school record previously set by his father ... Also a member of Coldwater's mock trial team that won two state championships and placed in the top three at nationals three times.

**Personal**

Son of James and Jacqueline Bilsborrow ... Born May 24, 1987 in Marshall, Michigan ... Father ran cross country and track at Eastern Michigan ... Mother ran nationally for six years in the AAU ... Three brothers all ran cross country and track at various schools ... Brother, Jacksy, currently attends the Marshall-Wythe School of Law at W&M.

**Bilsborrow's Personal Bests**

800m - 1:53.63                      Mile - 4:11.18                      3,200m - 9:19



## Charlie Swartz

B.S. Biology '10  
Manassas, Va. • Osbourn

**2006-07**

**Cross Country:** Redshirted. **Track:** Finished the mile at the Virginia Tech Challenge in 4:18.59 ... Broke his personal-record at 5,000m every time on the track, culminating in a time of 14:58.93 at the Duke Twilight Invitational.

**2005-06**

**Cross Country:** Seventh unattached at the Maymont Festival ... Seventeenth unattached at the Tribe Open ... Competed at the USAT&F Junior Championships, placing 54th. **Track:** Placed 10th at the CAA Championships in the 1,500m run, running 4:01.22 ... Took second in the 5,000m at the Patriot Open, running 15:14.18.

**At Osbourn**

Won 12 letters at Osbourn ... Northwest Region runner-up in cross country ... Fourth at the Virginia AAA outdoor championships in the 1,600m ... Osbourn Athlete of the Year in 2004 and 2005 ... Treasurer of National Honor Society.

**Personal**

Son of Matthew Swartz and Nancy Sonnenberg ... Born November 4, 1987 in Manassas, Virginia ... Father played basketball at Union College and brother, Alex, ran cross country at Virginia ... Plays the piano and roots for the Redskins.

**Swartz' Personal Bests**

1,500m - 4:01.22                      5,000m - 14:58.93



## Sean Mahoney

Class of 2011  
Wayne, Pa. • Radnor

**2006-07**

**Cross Country:** Redshirted ... Competed unattached at the Colonial Inter-Regional, taking 19th in the "B" race. **Track:** Redshirted indoors and outdoors.

**At Radnor**

Third-place in the 1,600m state championship as a senior ... Second-team All-Southeastern Pennsylvania track and field team ... All-County in cross country in 2006 and in track in 2005 and 2006 ... All-League and All-Main Line in cross country and track all four years of high school ... Club President of the Model United Nations ... Member of the Concordia Barbershop Octet.

**Personal**

Son of Hank and Jean Mahoney ... Born November 3, 1987 in Philadelphia, Pennsylvania ... Enjoys cycling, geocaching, fishing, and paintball ... Favorite city is Cairo, Egypt ... Craziest ambition is to run a sub-4 minute mile.

**Mahoney's Personal Bests**

800m - 1:57                      1,500m - 4:11.67                      3,000m - 8:57





# BIOGRAPHIES



## Skeeter Morris

B.S. Kinesiology '11  
Burkeville, Va. • Nottoway

### 2006-07

**Cross Country:** Redshirted ... Eleventh unattached at the Cavalier Open ... Also ran unattached at W&M's two home meets. **Track:** Redshirted indoors ... Set his personal-best in the 5,000m at the Larry Ellis Invitational ... Crossed the finish line in 15:08.68.

### At Nottoway

Virginia AA indoor state champion at 3,200m ... Also took seventh in the 1,600m for all-state honors ... Placed third in the seniors race at the Footlocker South Regional ... 15th at the AA state championships ... Three-time team MVP in track ... Member of the National Honor Society.

### Personal

Son of Jimmy and Barbara Morris ... Born November 16, 1987 in Farmville, Virginia ... Favorite athlete is Bernard Lagat ... Once pitched in the Dixie Boys World Series.

### Morris' Personal Bests

3,000m - 9:02.45      5,000m - 15:08.68



## Jeff Perrella

B.A. International Relations,  
B.A. Italian '11  
Westfield, N.J. • Westfield

### 2006-07

**Cross Country:** Redshirted ... Eighth unattached in the Colonial Inter-Regional "B" race ... Thirteenth unattached at the Tribe Open. **Track:** Redshirted indoors ... Qualified for the IC4A Championships outdoors by taking 14th in the 5,000m at the Colonial Relays ... Timed a personal-best 14:35.59 in the effort ... Just missed scoring at the CAA Championships, placing ninth in the 5,000m ... Won the Tribe Invitational 1,500m with a time of 3:57.70.

### At Westfield

Foot Locker National Finalist in cross country after running seventh at the Northeast Regional ... Third in the New Jersey Meet of Champions in cross country ... Has 20 individual championships in track and cross country ... Runner-up at 3,200m indoors ... Sixth in the 3,000m championship at the Penn Relays ... National Honor Society and Italian Honor Society member.

### Personal

Son of Silvio and Anne Perrella ... Born October 26, 1987 in Westfield, New Jersey ... Favorite athlete is Francesco Totti ... Growing up, wanted to be like Mike.

### Perrella's Personal Bests

1,500m - 3:57.70      5,000m - 14:35.59



## Robert Sagar

B.A. History,  
B.A. Education '11  
Alexandria, Va. • Bishop Ireton

### 2006-07

**Cross Country:** Walked-on in the first week of classes ... Redshirted ... Ran 26:20.6 unattached at the Tribe Open. **Track:** Just missed scoring at the CAA Championships, finishing ninth in the 3,000m steeplechase ... Ran a career-best 9:32.66 in the steeplechase at the Lou Onesty Invitational ... Runner-up at the Tribe Invitational 1,500m, finishing in 3:59.62 ... Ran 8:51.51 for 3,000m at the Vince Brown Invitational.

### At Bishop Ireton

Virginia Catholic School's state champion in cross country in 2005 ... Virginia Catholic state champion in the 800m and 1,600m as a senior, and in the 800m as a junior ... Two-time Washington Catholic Athletic Conference champion at 1,600m ... WCAC cross country champion as a senior ... Named Honorable Mention All-Met by the *Washington Post* in cross country and track ... Member of the National Honor Society and Hispanic Honor Society.

### Personal

Son of Richard and Debra Sagar ... Born August 7, 1987 in Arlington, Virginia ... Twin brother, Matt, runs cross country and track at VMI ... Enjoys reading, watching movies, and listening to music.

### Sagar's Personal Bests

1,500m - 3:59.62      3,000m - 8:51.51i      3,000m SC - 9:32.66



## Patterson Wilhelm

B.B.A. Finance '11  
Lynchburg, Va. • E.C. Glass

All-CAA

### 2006-07

**Cross Country:** Redshirted ... Won the Colonial Inter-Regional "B" race unattached ... Fourth unattached at both the Cavalier and Tribe Opens. **Track:** All-conference after taking third in the 5,000m at the CAA Championships ... IC4A qualifier both indoors and outdoors at 5,000m ... Eighth in the Colonial Relays 5,000m with a personal-best time of 14:30.60 ... Timed 3:54.12 for 1,500m at the Mason Last Chance Invitational ... Took fourth in the mile at the Vince Brown Invitational in 4:16.22 ... Finished the Virginia Tech Challenge 3,000m in 8:39.76.

### At E.C. Glass

Three-time all-state in 2006 ... Second indoors at the Virginia AAA championships at 1,600m ... Fourth outdoors in the 3,200m and sixth in the 1,600m ... Third in the state in cross country in 2004 ... Also took 21st at the Footlocker South Regional in 2004 ... 13 total all-state honors in cross country and track ... National Honor Society.

### Personal

Son of Barry and Marion Wilhelm ... Born October 18, 1987 in Greensboro, North Carolina ... Father attended William and Mary ... Enjoys poker, tennis, and fishing ... Growing up, wanted to be a radiologist.

### Wilhelm's Personal Bests

1,500m - 3:54.12      3,000m - 8:39.76i      5,000m - 14:30.60

# BIOGRAPHIES



## Lewis Woodard

B.A. International Relations '11  
Charlotte, N.C. • Providence Day

### 2006-07

**Cross Country:** Redshirted ... Twelfth unattached in the Colonial Inter-Regional "B" race ... Nineteenth unattached at the Tribe Open. **Track:** Redshirted both indoors and outdoors.

### At Providence Day

Won seven state titles ... Two-time NCISAA 3A cross country champion ... Also earned a pair of titles in the 1,600m, and one each in the 3,200m, 800m, and 3,200m relay ... Named Cross Country Runner of the Year twice by the *Charlotte Observer* ... National Honor Society member.

### Personal

Son of Warden and Deborah Woodard ... Born February 21, 1988 ... Full name is Warden Lewis Woodard, IV ... Reads the news everyday on the BBC website, in Spanish.

### Woodard's Personal Bests

800m - 1:58.94	1,600m - 4:18.97	3,200m - 9:32.45
----------------	------------------	------------------

## Pete Asaro

B.S. Kinesiology '11  
Gloucester, Mass. • Gloucester

door mile at All-States ... Fifth in the mile outdoors ... Part of the 2A state championship 4x800m relay ... Named All-Scholastic by the *Boston Globe* and *Boston Herald*.

### Personal

Son of Mark and Paula Asaro ... Born December 29, 1988 in Gloucester, Massachusetts ... Enjoys playing basketball, tennis, and frisbee.

### Asaro's Prep Bests

400m - 51.2	800m - 1:55	Mile - 4:21.85
-------------	-------------	----------------

### At Gloucester

North Eastern Conference Champion in cross country, the 600m run, and 800m run as a senior ... Conference MVP in cross country ... Fifth at the Massachusetts All-State cross country meet ... Third in the indoor mile at All-States ...

## Tom Burke

Class of 2011  
Edina, Minn. • Edina

all-conference and all-section in cross country ... Three-time all-conference honoree in track ... Has run 1:57 for 800m, 4:15 for 1,600m, and 9:10 for 3,200m.

### Personal

Son of Reid and Valerie Burke ... Born November 14, 1988 in Edina, Minnesota ... Enjoys ultimate frisbee, Champions League soccer, and cheering for the Minnesota Twins.

### Burke's Prep Bests

800m - 1:57	1,600m - 4:15	3,200m - 9:10
-------------	---------------	---------------

### At Edina

Two-time all-state selection in cross country ... Posted finishes of 12th as a junior and eighth as a senior at the state championships ... Also all-section and all-state in track both his senior and junior years ... Three-time

## Andrew Mearns

B.B.A. Business '11  
Williamsburg, Va. • Jamestown

... Six-time all-state honoree ... Six-time all-region ... Eight-time all-district ... Led Jamestown to second-place finishes at the Virginia AA state championships in both cross country and indoor track as a senior ... The *Virginia Gazette* Runner of the Year in 2007 ... Selected by the *Daily Press* as a first-team all-star ... Member of the Varsity Club.

### At Jamestown

Colonial Relays Champion in the Boy's 3,000m ... Ran 8:39.42, qualifying for the USAT&F Junior Nationals ... Two-time runner-up in the 2,000m steeplechase at the AAU National Championships

### Personal

Son of Drew and Kate Mearns ... Born April 9, 1989 in Cleveland, Ohio ... Father and uncle both ran track at Yale ... Sister, Erin, is a junior at W&M ... Enjoys playing football, tennis, and ping-pong.

### Mearns' Prep Bests

800m - 1:56	1,600m - 4:15.01	3,000m - 8:39.42
-------------	------------------	------------------

## Sean Sewell

Class of 2011  
Raleigh, N.C. • Cardinal Gibbons

the National Honor Society.

### Personal

Son of William and Potter Sewell ... Born November 18, 1988 in Jackson, Mississippi ... Enjoys wakeboarding and listening to music ... Growing up, wanted to be a world champion power-lifter.

### Sewell's Prep Bests

800m - 1:55	Mile - 4:15	3,200m - 9:25
-------------	-------------	---------------

### At Cardinal Gibbons

Six-time NCISAA 2A state champion in cross country and track ... Performer of the Meet at the state outdoor championships as a senior ... Has run 1:55 for 800m, 4:15 in the mile, and 9:25 for 3,200m ... Member of

## Brian Sklodowski

Class of 2011  
Newark, Del. • The Tatnall School

Won the Division II state title at 1,600m as a junior ... Delaware Meet of Champions winner at 1,600m in 2006 ... Division II state champion in cross country as a sophomore and again as a senior ... 2005 & 2007 3,200m champion at the state indoor track meet ... 2005 & 2006 Division II state champion at 3,200m ... Also won the 2005 Meet of Champions 3,200m ... State champion as part of the 4x800m relay in 2005 and 2006 ... Has also run 1:54.35 for 800m ... Member of the honor roll.

### Personal

Son of John and Eileen Sklodowski ... Born May 7, 1989 in Upper Darby, Pennsylvania ... Until high school, only ran the 100m dash ... Favorite athletes are Xavier Carter and Steve Prefontaine ... Craziest ambition is to run a sub-four minute mile.

### Sklodowski's Prep Bests

800m - 1:54.35	Mile - 4:11.93	3,200m - 9:16.80
----------------	----------------	------------------

### At Tatnall

Earned nine all-state honors, eight of them first-team selections ... State record-holder at 1,600m (4:11.93) and 3,200m (9:16.80) ... Five-time State Runner of the Year in cross country (three times) and track (twice) ...

## Axel Stanovsky

Class of 2011  
Everett, Wash. • Everett

president ... Graduated in the top 1% of his class.

### Personal

Son of Clint and Elaine Stanovsky ... Born September 13, 1988 in Bellevue, Washington ... Uncle, Don Woodworth, played basketball at Whitman College ... Cousin, Lola Woodworth, swam at N.C. State ... Enjoys hiking, camping, and knitting.

### Stanovsky's Prep Bests

800m - 1:58	1,600m - 4:18	3,200m - 9:28
-------------	---------------	---------------

### At Everett

Cross Country, 1,600m, and 3,200m district champ as a senior ... All-State at the Washington Cross Country Championships ... Holds the ninth-best 5K time for freshmen in Washington state history ... ASB vice

## Chris Tyson

B.S. Biology '11  
Arlington, Va. • Washington-Lee

### Personal

Son of David Tyson and Karin Ferriter ... Born January 5, 1989 in Washington, D.C. ... Interests include entomology and ornithology.

### Tyson's Prep Bests

1,000m - 2:31.05	Mile - 4:13.64	3,200m - 9:24
------------------	----------------	---------------

### At Washington-Lee

All-American indoors at the NSIC Championships in the mile as a senior ... Virginia AAA state champion in the 1,000m, running 2:31.05 ... Runner-up at 3,000m at the 2007 Colonial Relays.





# HONORS AND AWARDS

## Team Accomplishments

### NCAA Appearances (21)

YEAR	PLACE
1963	17th
1964	20th
1966	18th
1968	15th
1970	10th
1971	17th
1972	11th
1973	4th
1975	23rd
1990	15th
1994	18th
1995	17th
1997	9th
1998	13th
1999	13th
2000	10th
2001	16th
2002	14th
2003	31st
2004	Not Classified *
2005	22nd
2006	8th

\* W&M only had four runners cross the finish line due to food poisoning

### Southern Conference Championships (15)

1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

### CAA Championships (14)

1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003, 2004, 2005, 2006

### IC4A Championships (3)

1980, 1982, 2006

### NCAA Regional/District Championships (8)

1966, 1967, 1970, 1971, 1973, 1990, 2000, 2005

### USCCCA Team Academic All-America Honors (8)

1997, 1998, 2000, 2001, 2002, 2003, 2004, 2005, 2006

## Athlete Awards

### All-Americans

1969	Hal Michael	7th
1970	Ron Martin	25th
1973	Bill Louv	19th
1975	Mac Collins	40th
1984	Ken Halla	32nd
1985	Ken Halla	18th
1990	Paul Vandegrift	20th
1991	Steve Swift	33rd
1997	Matt Lane	16th
1998	Matt Lane	11th
1999	Matt Lane	5th
2000	Ed Moran	32nd
2002	Ed Moran	30th
2004	<b>Christo Landry</b>	<b>38th</b>
2006	<b>Christo Landry</b>	<b>34th</b>

### Top 30 NCAA Finishes Not All-America

Place	Athlete	Year
16th	Jim Johnson	1965
27th	Bob DeTombe	1956
30th	Hal Michael	1968

### Academic All-America

1997	Matt Lane
	Kimble Woodworth
1998	Matt Lane
	Geoff Williamson
1999	Matt Lane
	Gene Manner
2000	Gene Manner
2003	Josh Watson
	West Garrett
2005	Keith Bechtol (3)
2006	Keith Bechtol (1)

### USTFCCCA All-Academic

2004	Matt Keady
2005	Matt Keady
2006	Keith Bechtol
	<b>Christo Landry</b>
	<b>Ian Fitzgerald</b>
	<b>Dave Mock</b>

### Goldwater Scholar

2005	Keith Bechtol
------	---------------

### Phi Beta Kappa

1966	Paul Bernstein
1988	Jay Rush
1995	Chris Wenk
1996	Matt Wilkens
1999	Geoff Williamson
2002	Matt Schu
2003	Tyler Kirk
	Josh Watson
2004	Scott Ickes
	Pat Comstock
2005	Mike Dominguez
2006	Keith Bechtol

### W&M Athletics Hall of Fame

1976	Jimmy Johnson '66
1979	Terry Donnelly '68
1980	Juris Luzins '70
1981	Hal Michael '71
1985	Reggie Clark '75
	Bob DeTombe '59
	Ron Martin '74

### 1973 Cross Country Team

	John Randolph '64 (Coach)
	Ron Martin '74
	Brendan Gallagher '76
	Tim Cook '75
	John Greenplate '76
	Bill Louv '74
	Mac Collins '76
	Reggie Clark '75
1986	Bill Louv '74
1989	Randy Hawthorne '67
1991	Mac Collins '76
1995	Jim Shields '80
1997	Ken Halla '86
2001	Hiram Cuevas '89
2003	Paul Vandegrift '92
2007	Brian Hyde '96

### U.S. Olympic Team

1996	Brian Hyde (1,500m run)
------	-------------------------

### U.S. Junior National Team

2001	Matthew Maline
2005	<b>Christo Landry</b>

### NACAC Champion

2005	<b>Dave Mock</b>
------	------------------

### NCAA Regional Athlete of the Year

1997	Matt Lane
1999	Matt Lane
2001	Sean Graham

### IC4A Champions

1980	Fraser Hudgins
1982	Andy Whitney
1984	Ken Halla
1998	Matt Lane

### Southern Conference Champion

1957	Bob DeTombe
1958	Bob DeTombe
1963	Jim Johnson
1964	Jim Johnson
1965	Jim Johnson
1966	Terry Donnelly
1967	Terry Donnelly
1968	George Davis
1969	Hal Michael
1970	Ron Martin
1971	Ron Martin
1972	Bill Louv
1973	Ron Martin
1974	Reggie Clark
1975	Mac Collins, Chris Tulou
1976	Mike Ellington

### CAA Champion

1985	Ken Halla
1990	Paul Vandegrift
1991	Kevin Krause
1992	Brian Hyde
1993	Steve Swift
1994	Brian Hyde
1998	Matt Lane
1999	Matt Lane
2001	Sean Graham
2002	Ed Moran
2003	Ed Moran
2004	Matt Keady
2005	<b>Ian Fitzgerald</b>

### CAA Athlete of the Year

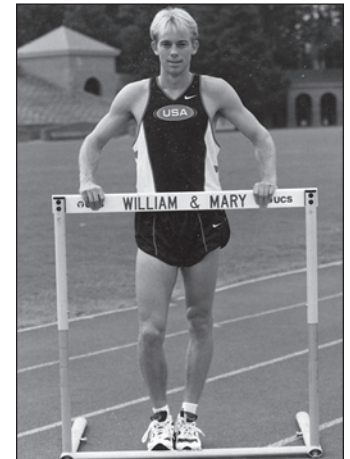
1990	Paul Vandegrift
1991	Steve Swift
1992	Brian Hyde
1993	Steve Swift
1994	Brian Hyde
1997	Matt Lane
1998	Matt Lane
1999	Matt Lane
2001	Sean Graham
2002	Ed Moran
2003	Ed Moran
2004	Jeff Hedley
2005	<b>Ian Fitzgerald</b>

### CAA Rookie of the Year

1993	Rey Mendez
1994	Mike Brown
1996	Matt Lane
2001	Matthew Maline
2002	Matt Keady
2003	David Murphy
2004	<b>Christo Landry</b>

### Southeast Championship All-Region

2000	Ed Moran
	Gene Manner
	Sean Graham
	Ben Jenkins
	Jacob Frey
	Dean Fields
	Mike Hoglund
2001	Sean Graham
	Ben Jenkins
	Craig Carey
	John O'Connor
2002	Ed Moran
	John O'Connor
	Jacob Frey
	Matt Keady
	Charlie Hurt
2003	Ed Moran
	Matt Keady
	Jeff Hedley
	Charlie Hurt
2004	<b>Christo Landry</b>
	Jeff Hedley
	<b>Adam Tenerowicz</b>
	Matt Keady
2005	<b>Ian Fitzgerald</b>
	Jeff Hedley
	Matt Keady
	Sean Anastasia-Murphy
	<b>Adam Tenerowicz</b>
2006	Keith Bechtol
	<b>Christo Landry</b>
	<b>Ian Fitzgerald</b>
	<b>Dave Mock</b>
	Anthony Arena



*Olympian Brian Hyde*

### IC4A Championship All-East

2000	Dan Sweeney
	Eric Bonnette
	A.J. Migonis
2001	West Garrett
	Michael Keeling
2002	Brendan Gaffney
	Sean Anastasia-Murphy
2004	Sean Anastasia-Murphy
	<b>Dave Mock</b>
	David Murphy
	Charlie Hurt
2005	Anthony Arena
	Steve Hoogland
2006	<b>Rob Dennis</b>
	<b>James Picard</b>

# HONORS AND AWARDS

Jason Schoener  
Joel Parker  
Dan Nally  
**Drew Midland**

**Southern Conference  
All-Conference**

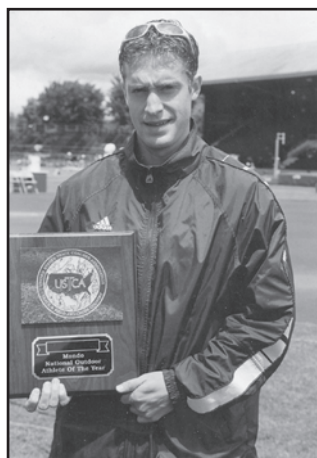
- 1955 Bob DeTombe  
John Curry  
Dave Youngblade
- 1956 Bob DeTombe  
Dave Youngblade  
Gilbert McNair
- 1957 Bob DeTombe  
David Campana  
Bob Bassett
- 1958 Bob DeTombe
- 1959 Bob Bassett
- 1961 Bob Lawson
- 1963 Jim Johnson  
Bob Lawson
- 1964 Jim Johnson  
Joe Philpott
- 1965 Jim Johnson  
Terry Donnelly  
Ned Hopkins
- 1966 Terry Donnelly  
George Davis  
Chop Jordan  
Richard Widell  
Juris Luzins
- 1967 Terry Donnelly  
George Davis  
Chop Jordan
- 1968 George Davis  
Chop Jordan  
Hal Michael  
Juris Luzins
- 1969 Hal Michael  
Randy Fields  
Ted Wood  
Wayne McBride
- 1970 Randy Fields  
Jay Gsell  
Ron Martin  
Hal Michael  
Steve Snyder
- 1971 Tim Cook  
Jay Gsell  
Bill Louv  
Ron Martin  
Steve Snyder
- 1972 Bill Louv  
Mac Collins  
John Greenplate  
Reggie Clark  
Steve Snyder  
Brendan Gallagher
- 1973 Ron Martin  
Tim Cook  
Bill Louv  
John Greenplate  
Reggie Clark  
Mac Collins  
Brendan Gallagher
- 1974 Reggie Clark  
John Greenplate  
Tim Cook  
George Baquis  
Chris Tulou  
Steve Nobles  
Gene Schultz  
Jon Lott

- 1975 Chris Tulou  
Mac Collins  
Steve Nobles  
Mike Ellington  
Jon Michael  
Kevin Ellis  
Mike Gilleran
- 1976 Mike Ellington  
Kevin Cropp  
Jim Shields

**Colonial Athletic Association  
All-Conference**

- 1983 Ken Halla  
John Kellogg
- 1984 Dan Usher
- 1985 Ken Halla  
Hiram Cuevas  
Brendan McCarthy
- 1986 Brendan McCarthy  
Andrew Horrocks
- 1987 Andy Jacob  
Dave Ryan
- 1988 Hiram Cuevas  
Paul Vandegrift
- 1989 Hiram Cuevas  
Kevin Krause  
Vince Hancock  
Paul Vandegrift
- 1990 Steve Swift  
Douglas Bergmann  
Kevin Krause  
Jeff Hough  
Chris Layton  
Andy Wilson
- 1991 Kevin Krause  
Steve Swift  
Brian Hyde  
Chris Layton  
Scott Miller  
Jay Saunders
- 1992 Brian Hyde  
Pat Rodrigues  
Scott Miller  
Pete Breckenridge
- 1993 Steve Swift  
Brian Hyde  
Pat Rodrigues  
Scott Miller  
Rey Mendez  
Brian Eigel
- 1994 Brian Hyde  
Brian Eigel  
Greg Dobrasz  
Mike Brown  
Howard Townsend  
Matt Wilkens  
Bryan Dunn  
Eric ter Weele
- 1995 Rey Mendez  
Mike Brown  
Howard Townsend  
Jason Dunn  
Brian Eigel  
Pat Rodrigues  
Greg Dobrasz
- 1996 Rey Mendez  
Mike Brown  
Matt Lane  
Bryan Dunn  
Howard Townsend  
Alex Gibby
- 1997 Matt Lane

- Howard Townsend  
Mike Brown  
Kimble Woodworth  
Tom Ryan
- 1998 Matt Lane  
Geoff Williamson  
Gene Manner
- 1999 Matt Lane  
Gene Manner  
Eric Bonnette  
Dean Fields  
Todd Swenson



*Matt Lane*

- 2000 Todd Swenson  
Ed Moran  
Gene Manner  
Ben Jenkins  
Jacob Frey  
Dean Fields  
Eric Bonnette  
Mike Hoglund  
Tyler Kirk
- 2001 Sean Graham  
Ben Jenkins  
Matthew Maline  
John O'Connor  
Craig Carey  
Dan Sweeney  
Jacob Frey  
Tyler Kirk  
Michael Keeling
- 2002 Ed Moran  
John O'Connor  
Jacob Frey  
Charlie Hurt  
West Garrett  
Michael Keeling  
Adam Otstot
- 2003 Ed Moran  
Matt Keally  
Jason Schoener  
Adam Otstot  
David Murphy  
Charlie Hurt  
Pat Comstock
- 2004 Matt Keally  
**Christo Landry**  
Jeff Hedley  
Pat Comstock  
Sean Anastasia-Murphy  
Anthony Arena  
Charlie Hurt  
Adam Otstot

- 2005 **Ian Fitzgerald**  
Jeff Hedley  
Matt Keally  
Keith Bechtol  
**Dave Mock**  
Sean Anastasia-Murphy
- 2006 Sean Anastasia-Murphy  
**Dave Mock**  
Anthony Arena  
Jason Schoener  
Dan Nally  
**James Picard**  
Joel Parker

**CAA Cross Country  
Scholar-Athlete of the Year**

- 2003 Adam Otstot
- 2004 Pat Comstock
- 2005 Keith Bechtol
- 2006 Keith Bechtol

**CAA Scholar-Athlete of the Year**

- 2006-07 Keith Bechtol

**Southern Conference  
75th Anniversary Team**

Hal Michael

**Coach Awards**

- Southern Conference  
Coach of the Year**
- 1975 John Randolph

**CAA Coach of the Year**

- 1988 Roy Chernock
- 1990 Walt Drenth
- 1991 Walt Drenth
- 1993 Walt Drenth
- 1994 Walt Drenth
- 1995 Walt Drenth
- 1996 Dan Stimson
- 1997 Andrew Gerard
- 1999 Andrew Gerard
- 2000 Andrew Gerard
- 2001 Andrew Gerard
- 2002 Andrew Gerard
- 2003 Alex Gibby
- 2004 Alex Gibby
- 2005 Alex Gibby
- 2006 Alex Gibby

**Region Coach of the Year**

- 1990 Walt Drenth
- 1995 Walt Drenth
- 2000 Andrew Gerard
- 2005 Alex Gibby





# ALL-AMERICANS

**Matt Lane '01**  
11-Time All-American  
3-Time Academic All-American  
2001 NCAA T&F Athlete of the Year



**Paul Vandegrift '92**  
7-Time All-American



**Ed Moran '03, MPP '05**  
4-Time All-American



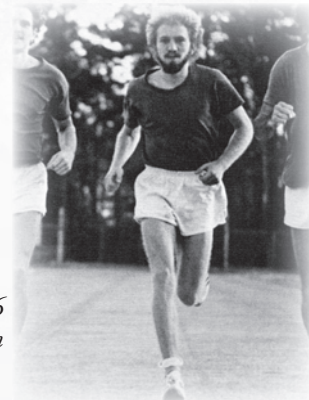
**Ken Halla '86**  
4-Time All-American



**Hal Michael '71**  
3-Time All-American  
NCAA Champion



**Steve Swift '93**  
2-Time All-American



**Mac Collins '76**  
2-Time All-American



**Ron Martin '74**  
2-Time All-American



**Christo Landry '08**  
2-Time All-American



**Bill Louw '74**  
All-American

All-American Track and Field

# OFFICERS OF THE COLLEGE



Photo by Steve Salpukas.

## GENE R. NICHOL PRESIDENT

Gene R. Nichol became the 26th president of the College of William and Mary on July 1, 2005.

Before returning to Williamsburg, where he taught two decades ago, Nichol was Burton Craige Professor and Dean of the law school at the University of North Carolina. He served as Law Dean at the University of Colorado from 1988 to 1995, and as James Gould Cutler Professor and Director of the Institute of Bill of Rights Law at William and Mary

from 1985 to 1988. Nichol was also a faculty member at the University of Florida and West Virginia University. He founded the Byron R. White Center for the Study of American Constitutional Law at the University of Colorado (1990) and the Center for Civil Rights at the University of North Carolina (2001).

Nichol teaches courses in constitutional law and civil rights. He is the co-author of *Federal Courts: Cases, Comments, and Questions* (West, 2000) and a contributor to *Where We Stand: Voices of Southern Dissent* (NewSouth Books, 2004). Nichol has published articles and essays in the *Harvard Law Review*, the *Yale Law Journal*, the *University of Chicago Law Review*, the *University of Pennsylvania Law Review*, the *Michigan Law Review*, the *California Law Review*, the *Virginia Law Review* and an array of other leading legal journals. From 1998 to 1999, he was a political columnist for the *Rocky Mountain News* and the *Colorado Daily*. From 1999 to 2005, he was a regular op-ed writer for the *Raleigh News & Observer*. He has also written for *The Nation* and other periodicals.

Nichol has been significantly involved in public affairs. He has testified before a number of committees of the United States Congress and various state legislatures. In 1991, he was appointed special master by a three-judge federal court in Colorado to mediate a redistricting dispute between the governor and the legislature. The accord was ratified by statute. A year later he helped head the Colorado Reapportionment Commission. In 2004, Nichol led the North Carolina Bi-Partisan Commission on Lobbying Reform; legislation was passed enacting commission recommendations. He ran unsuccessfully for national political office while in Colorado. He has been elected to membership in the American Law Institute and the American Bar Foundation Fellows.

In 2003, Nichol won the American Bar Association's Edward R. Finch Award for delivering the nation's best Law Day address. Two years later, Governor Michael Easley inducted Nichol into the Order of the Long Leaf Pine, the state of North Carolina's highest civilian honor, and the national judicial access organization, Equal Justice Works, named him outstanding law school dean of the year.

At the College of William and Mary, Nichol has markedly increased access for students of color. He also created the Gateway William and Mary program, an innovative financial aid program that puts a quality education within the reach of all Virginians, regardless of their ability to pay.

Nichol attended Oklahoma State University, where he received a degree in philosophy and played varsity football. He obtained his J.D. from the University of Texas, graduating Order of the Coif in 1976. He is married to Glenn George, a scholar of employment and labor law and a member of the faculty at the William and Mary's Marshall-Wythe School of Law. They have three daughters: Jesse (19), Jenny (18), and Soren (14).

## SANDRA DAY O'CONNOR CHANCELLOR

Sandra Day O'Connor, one of the most distinguished jurists in the history of the United States Supreme Court—and its first female justice—addressed the most profound legal issues of her age with wisdom, courage, and skill. After a long career in public service, including nearly a quarter century on the nation's highest court, she retired in 2006.

Justice O'Connor spent her childhood on an isolated cattle ranch in southeastern Arizona tending to a variety of ranch chores, raising farm animals, and reading voraciously. After completing school in El Paso, Texas, she journeyed west to continue her education at Stanford University, where her professors inspired and challenged her to make a difference in her nation and the world.

Justice O'Connor earned a B.A. in economics (*magna cum laude*) from Stanford University and a LL.B. from Stanford Law School. She was an editor of the law review and graduated third in her law class—two spots behind her friend and future colleague, the late Chief Justice William Rehnquist.

After being admitted to the bar, Justice O'Connor served as Deputy County Attorney of San Mateo County, California, from 1952 to 1953, and as a civilian attorney for the U.S. Army Quartermaster Market Center in Frankfurt, Germany, from 1954 to 1957. From 1958 to 1960, she practiced law in Maryvale, Arizona, and served as Assistant Attorney General of Arizona from 1965 to 1969. She was appointed to the Arizona State Senate in 1969, and was subsequently reelected to two two-year terms, during which she served as Majority Leader. In 1975, she was elected Judge of the Maricopa County Superior Court and served until 1979, when she was appointed to the Arizona Court of Appeals.

President Reagan nominated her as an Associate Justice of the Supreme Court, and she took her seat September 25, 1981. She succeeded the Honorable Henry A. Kissinger as Chancellor of the College of William and Mary in 2005. In the year since her investiture, she has visited the College several times, visiting classes, talking with students, and addressing two academic conferences.

She is married to John Jay O'Connor III, whom she met in law school. They have three sons: Scott, Brian, and Jay.

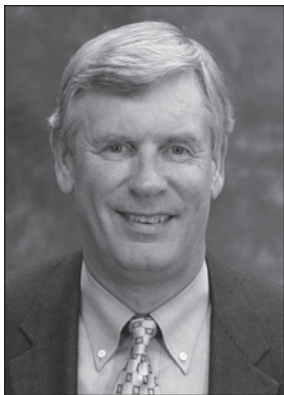


Board of Visitors		
Michael K. Powell '85, D.P.S. '02 Rector Fairfax Station, Va.	Henry C. Wolf '64, J.D. '66 Vice Rector Norfolk, Va.	Suzann W. Matthews '71 Secretary McLean, Va.
Charles A. Banks III Gloucester, Va.	Robert A. Blair '68 Washington, D.C.	Janet M. Brashear '82 Virginia Beach, Va.
Thomas E. Capps Richmond, Va.	John W. Gerdelman '75 Williamsburg, Va.	Sarah I. Gore '56 Newark, Del.
R. Philip Herget III Alexandria, Va.	Kathy Y. Hornsby '79 Williamsburg, Va.	Jeffrey L. McWaters Virginia Beach, Va.
Joseph J. Plumeri II '66 Bedminster, N.J.	Anita O. Poston, J.D. '74 Norfolk, Va.	John Charles Thomas Richmond, Va.
Jeffrey B. Trammell '73 Washington, D.C.		Barbara B. Ukrop '61 Richmond, Va.
2007-2008 Student Representatives Zachary B. Pilchen College of William and Mary		2007-2008 Faculty Representatives Colleen S. Kennedy College of William and Mary
Yvonne M. Rosa Richard Bland College		Roger E. Franklin, Jr. Richard Bland College





# ADMINISTRATION



## **TERRY DRISCOLL** **ATHLETICS DIRECTOR**

Under the steady guidance and watchful eye of Terry Driscoll, the William and Mary Athletics Department has solidified its standing as one of the nation's preeminent broad-based programs. As Driscoll enters his 12th year as athletics director, he has overseen an unprecedented era of improvement in terms of funding and facilities while also maintaining the College's rich history of producing well-rounded student-athletes.

Driscoll oversees a program that William and Mary President Gene Nichol proclaimed "The nation's gold standard" when it came to balancing academic demands with athletic success. One of the department's stated goals each year is to finish among the top 100 in the annual Director's Cup rankings, which has happened in all but one of the years that Driscoll has been the director.

In the last four years alone, the Tribe's program has combined for a total of 19 Colonial Athletic Association (CAA) titles. This past season, W&M claimed four CAA titles (Men's and Women's Cross Country, Women's Swimming and Women's Tennis). In 2004-05, the Tribe captured five CAA championships and an Atlantic 10 Football title. As recently as 2002-03, W&M had a school-record 10 teams compete in the NCAA Tournament, with four teams winning conference titles and six that finished in the top 25 at the end of their respective seasons. Overall, no team in the CAA can claim more all-time league championships than the 88 William and Mary has earned.

As impressive as the athletic accomplishments have been during Driscoll's tenure, the program's academic successes have been even greater. In the NCAA's inaugural (2004) APR rankings, a measurement of academic progress based on academic eligibility, retention, and graduation of student-athletes, W&M was fourth in the nation overall and first among institutions offering athletic performance-based scholarships. Additionally, the Tribe football team has twice posted a 100 percent graduation rate, while the majority of the program's squads have consistently ranked among the nation's finest in terms of graduation. In 2002, the CAA started recognizing Scholar-Athletes of the Year for each of the 22 sports it sponsors, and the College has had a conference-high 22 individuals receive the honor.

Despite the many academic and athletic successes, Driscoll's impact on the program has been equally impressive in terms of physical and financial improvements. Since taking over as athletics director, Driscoll has overseen the construction of more than \$20 million in new facilities, including Plumeri Park (baseball), Albert-Daly Field (soccer, lacrosse) and the Busch Courts (tennis). The total increased significantly when Driscoll announced plans to build the \$11 million, 30,000-square foot Jimmie Laycock Football Center at Zable Stadium, which is scheduled to open in time for the 2008 season. This impressive structure follows closely on the heels of the installation of a \$650,000 permanent lighting system (2006) and an \$840,000 state-of-the-art Field Turf Pro artificial playing surface (2006) inside the stadium. Yet another significant upgrade will be unveiled inside the venerable structure for 2007, as the department will install an \$800,000-plus brand new video scoreboard by the season opener.

In addition to the physical structures, Driscoll has also worked with the Associate Athletics Director for Development, Bobby Dwyer, to increase the annual fundraising totals for non-capital projects from \$1.36 million in 1995 to the current annual total of approximately \$2.7 million.

A true student-athlete himself, Driscoll's leadership skills were developed during his collegiate years. As a student-athlete at Boston College, Driscoll captained the basketball team to the National Invitation Tournament Finals as a senior, and was named the tournament MVP. In addition to being named an All-American, his success in the classroom as a biology major garnered him an Academic All-America honor.

After graduating from BC, he was the fourth overall pick of the 1969 NBA Draft, selected by the Detroit Pistons, just three spots after the Milwaukee Bucks chose UCLA's Lew Alcindor, later to be known as Kareem Abdul-Jabbar. Driscoll chose to play a year in Italy first, but then returned to the U.S. to play for the Pistons, Washington Bullets and Milwaukee Bucks before going back to Italy as a player and then coach until 1980.

Driscoll then entered the corporate world in 1980, working for Kazmaier Associ-

ates, Inc., an international sporting goods sales and sports marketing firm. After Kazmaier purchased Bike Athletic in 1986, KSG Inc. was formed with the objective of becoming the first, and only, national sales agency in the sporting goods industry. By 1987, Driscoll was president of the company and had expanded the agency to all 50 states just two years later. In early 1990, Driscoll's contribution to a marketing research project for the NCAA was the initial step moving him from product marketing and sales to sports marketing and management. The result of the project was a joint venture between Kazmaier Associates and Host Communications - with Driscoll being named managing director and chief operating officer of NCAA International.

In 1993, Driscoll diversified his experience in the athletic world by working as the executive director of the 1994 World Cup site in Boston. In September of that year, Driscoll was again enlisted to launch a new business, Eagle International Group, an event management and services company. As vice president, Driscoll worked with Hawaii Pacific Sports to organizing the Women's World Volleyball Grand Prix competition in Honolulu.

Driscoll resides in Williamsburg with his wife, Susan. The couple has two children - Keith, a 1997 graduate of Holy Cross, and Leslie, a 2001 graduate of William and Mary.



## **BARB BLOSSER** **SENIOR EXECUTIVE** **ASSOCIATE AD/SWA**

Few names in the William and Mary Athletics Department are as familiar, or respected, as that of Senior Associate Athletics Director Barbara Blosser. Since first arriving on campus in 1978, Blosser has touched the lives of thousands of Tribe student-athletes.

She has held her current title since April of 2004, after spending the previous 12 years as the associate athletics director. In each role, Blosser has served as an integral part of nearly every facet of the department's daily operations.

Blosser started her career at William and Mary as the head women's basketball coach in 1978 and guided the Tribe to a VAIAW crown in her first season with a then school-record 16 wins (16-13). Her 1980 Tribe team (11-14) placed third, while the 1981 squad (16-16) was VAIAW runner-up. She was also at the helm during the 1984-85 season when William and Mary made the jump to NCAA Division I. Overall, she finished her coaching career with 115 wins, 84 of which came at William and Mary.

When the College's men's and women's athletic programs merged in May of 1986, she moved to administration, first serving as the assistant to the associate athletics director. Over the past 17 years, her administrative responsibilities at W&M have included the monitoring of financial aid matters, coordinating the scheduling of athletic facilities, supervision of coaches and staff and, currently, serving as the person primarily responsible for administering the day-to-day operations of the department.

From October 1992 to June 1993 and August 1995 to July 1996, Blosser also served as acting athletics director in an interim capacity. For her efforts, she was named the first recipient of the John Randolph Inspiration Award. Blosser has served on various committees such as the NCAA Strategic Planning Committee and the Colonial Athletic Association Competition Committee.

Blosser began her coaching career at the helm of the women's basketball program at Ashland College in Ohio. During two seasons there, she led the Eagles to successive 15-7 and 16-8 ledgers. Her 1977 squad won the AIAW Region V Championship, while her 1978 team took the OASW Small College title.

A former three-sport standout at Ohio State, Blosser graduated Cum Laude in 1975 with a Bachelor of Science degree in physical education. At OSU, she was selected to both Phi Beta Kappa and Mortar Board. She competed in basketball, field hockey and tennis and captained both the basketball and field hockey squads her senior year. She went on to earn her master's degree from the University of North Carolina Greensboro in 1978.



# TRIBE ATHLETICS



## ATHLETIC SUCCESS

The 2006-07 season was another strong year for the College, as Tribe teams added four more CAA titles to bring the school's all-time league-leading total to 88.

The men's cross country squad won its seventh consecutive CAA crown in the fall, while the women's cross country team won its fourth straight. The women's swimming team won its first CAA Championship, while the women's tennis team added its 19th all-time CAA crown in the spring.

Individually, the women's tennis doubles team of Megan Moulton-Levy and Katarina Zoricic reached the title match of the NCAA Doubles Championship, earning All-America honors. Katie Radloff became the first female swimmer to advance to the NCAA's since 1983. Additionally, Keith Bechtol raced to a 14th-place finish in the 10,000m, while Bonnie Meekins placed 16th in the heptathlon at the NCAA Track and Field Championships.

## ACADEMIC EXCELLENCE

The Tribe's athletic accomplishments do not come at the expense of its student-athlete's academic responsibilities.

This year, the NCAA honored 13 W&M teams as recipients of its public recognition award. The Tribe teams recognized are baseball, men's and women's cross country, football, men's and women's golf, men's and women's gymnastics, men's and women's indoor and outdoor track and field and volleyball.

Additionally, in the latest NCAA graduation rate reports, three Tribe teams posted 100% graduation rates, including football, women's basketball and women's cross country/track.

Since 1992, 39 student-athletes have been designated Academic All-Americans, including three in the past academic year. Keith Bechtol (men's track) was a First-Team selection, Ryan Overdevest (men's soccer) was a Second-Team selection and Anna Young (women's soccer) was a Third-Team selection.

In 2002-03, the CAA created a Scholar-Athlete of the Year Award in each of its sports, and not surprisingly, W&M has set the pace with 22 winners. Bechtol was the CAA Scholar-Athlete of the Year in both cross country and track and field, bringing his career award total to five. Meghan Bishop (women's cross country) earned her fourth CAA Scholar-Athlete of the Year award in the fall in cross country.

In addition, four of W&M's five Rhodes scholars participated in varsity sports.





# THE COLLEGE



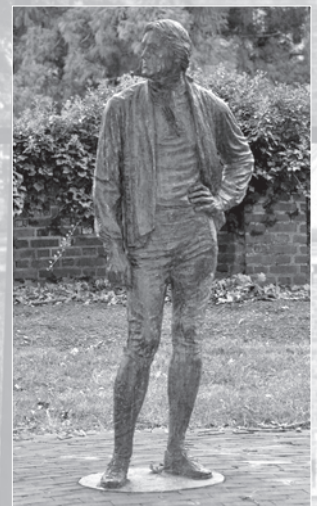
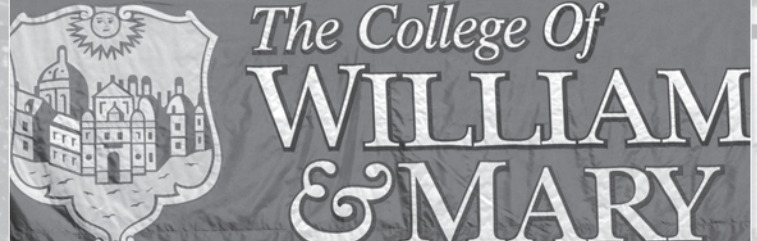
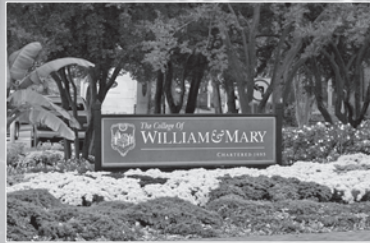
For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy", and ranks sixth among all public universities (U.S. News and World Report).

## • W&M FACTS •

- W&M is the best small public university in the nation in terms of commitment to teaching, according to an analysis by U.S. News and World Report.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked tied for 31st overall among the nation's best universities.
- W&M ranked 17th in graduation rates.
- The average SAT score of William and Mary's incoming first-year students is higher than that of any other Virginia institution.
- William and Mary earned the five-star (highest) academic ranking awarded by the Fiske Guide to Colleges, edited by the former *New York Times* education reporter.
- The College's student/faculty ratio is approximately 12/1.
- Over 42% of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 15 students.
- Over 20,000 internships are posted on the school's web site.
- 10,722 high school students applied for 1,349 spots in the freshman class for the 2006-07 school year.
- The retention rate for freshmen who entered in the fall of 2005 was 95%.

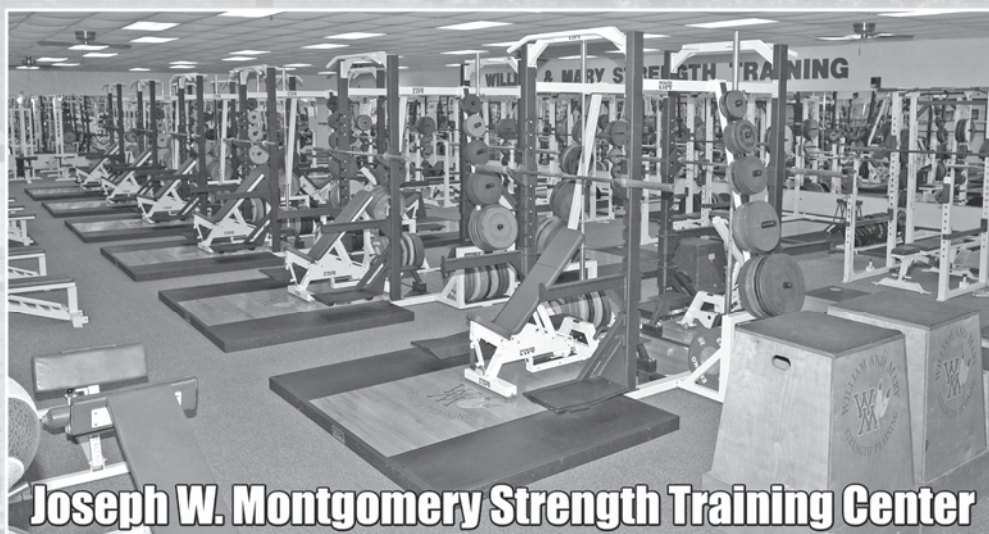




## Athletics Department Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing fields. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from the College of William and Mary.



**Joseph W. Montgomery Strength Training Center**



**Athletic Training Room**

### Sports Psychology

Deidre Connelly, Ph.D., is the College's full-time sport psychologist. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance.

### Compliance, Academic Support

As members of the Colonial Athletic Association and the NCAA, the College is committed to full compliance with all NCAA and conference regulations. The department has a full-time Director of Compliance, Pamela Mason, who is committed to assisting students, staff and coaches through education and monitoring of compliance issues.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to ensure that there is a support system in place to assist students to make positive and informed decisions.

### Speed, Strength, Conditioning

Tribe Athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head Speed, Strength and Conditioning Coach John Sauer, each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to ensure safety at all times.

### Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of Assistant Athletics Director for Health Services, Steve Cole, a team physician, seven full-time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.



# ATHLETICS FACILITIES



## Albert-Daly Field

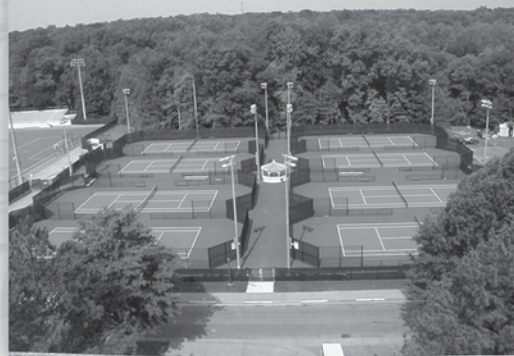
- Home of soccer and lacrosse
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime soccer coaches Al Albert and John Daly



### Albert-Daly Field

## Busch Courts

- Home of tennis in outdoor season
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for 500
- State of the art lighting



### Busch Courts

## Busch Turf Field

- Home of the field hockey team
- Made possible by a generous grant from Anheuser-Busch, Inc.
- Playing surface is a unique combination of a poured pad with AstroTurf playing surface
- Seats over 2,200
- Computerized lighting and an elevated press box



### Busch Turf Field



### Zable Stadium

## McCormack-Nagelsen Tennis Center

- Home of the tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and stadium seating
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- Lighting and scoreboard



### McCormack-Nagelsen Tennis Center

## Plumeri Park

- Home of the baseball program
- Made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Lockers, box seats and concessions



### Plumeri Park

## Kaplan Arena at W&M Hall

- Home of the basketball, gymnastics and volleyball teams and the ticket office
- Seats over 8,500
- Three-level building includes 12 locker rooms, training room, 5,000 square foot weight room and gymnastics training center
- The concourse and lower levels house administrative and coaches offices



### Kaplan Arena at William and Mary Hall

## Zable Stadium

- Home of football and track and field
- Campus landmark since 1935
- Seating for more than 12,000
- Field Turf surface
- Permanent lighting
- Brand new state-of-the-art track
- Joseph Montgomery football practice facility is located adjacent to the stadium



http://www.tribeathletics.com

Tribe Athletics.com

Men's Sports: Basketball, Cross Country, Football, Golf, Gymnastics, Soccer, Swimming & Diving, Tennis, Track & Field

Women's Sports: Basketball, Cross Country, Field Hockey, Golf, Gymnastics, Soccer, Swimming & Diving, Tennis, Track & Field, Volleyball

Top Stories: Senior Keith Bechtel was named District 10A All-American Athlete of the Year by the College Sports Information Director's Association.

Want to Get Even More Tribe Cross Country?

WWW.TRIBEATHLETICS.COM

Visit W&M on the web at [www.TribeAthletics.com](http://www.TribeAthletics.com), where you can find all of the following:

- Archives of Past Seasons
- The most up-to-date schedule

Tribe Athletics.com OFFICIAL HOME OF WILLIAM & MARY ATHLETICS

CROSS COUNTRY

07/23/07 - Ed Moran Wins Gold at the Pan-American Games

07/18/07 - Renée Cork Honored as the NATA National Assistant Athletic Trainer of the Year

07/17/07 - Keith Bechtel Named CAA Male Scholar-Athlete of the Year

07/09/07 - Keith Bechtel Named First-Team Academic All-American

04/26/07 - W&M Athletes Ranked Among Academic Best

Archives...

2007 Colonial Relays

oliver@TCRBA1167.30E

oliver@TCRBA1164.30E

oliver@TCRBA1170.30E

oliver@TCRBA1176.30E

oliver@TCRBA1174.30E

- Meet recaps and results
- Recruiting questionnaires
- Record Books
- Photo Galleries
- W&M's Olympic Qualifiers

And Much Much More!

Tribe Athletics.com OFFICIAL HOME OF WILLIAM & MARY ATHLETICS

Men's Cross Country Claims Sixth Consecutive Conference Championship

Fitzgerald Claims Individual Title

10/29/06 4:10PM

WILMINGTON, NC - The 16th-ranked William and Mary men's cross country team was the heavy favorite to win the Colonial Athletic Association Championship this weekend in Wilmington, North Carolina, and did not disappoint. The Tribe placed six runners in the top 10 to claim a 26-46 victory over James Madison and the rest of the nine-team field. Conference newcomer Georgia State posted a mild upset in taking third with 93 points. This was the sixth consecutive CAA crown for the College, and 13th overall. Only W&M's women's tennis team (18) and Old Dominion's women's basketball team (14) have more conference championships.

The Tribe was led this weekend by sophomore Ian Fitzgerald (Glenshaw, PA), who posted a four second lead over JMU's C.W. Moran to win the race, his first collegiate victory. A Tribe runner has captured the individual crown for the past five seasons and seven of the past eight. Seniors Jeff Hedley (Virginia Beach, VA) and Matt Keally (Virginia Beach, VA) took fourth and fifth, respectively, in their final conference championship. Hedley was the 2004 Athlete of the Year in the CAA, and Keally won this race last year. Keith Bechtel (Alexandria, VA) finished seventh, five seconds behind the seniors, to garner his first all-conference accolade. Two Tribe harriers rounded out the top ten, sophomore Dave Mock (Johnstown, PA) finishing in 25:13.19 for ninth, and Sean Anastasia-Murphy (Gloucester, MA) placing tenth in his first race of 2006.

Six more student-athletes contested the championship for William and Mary, none placing worse than 27th in the field of 86 runners. 2003 CAA Rookie of the Year Dave Murphy (Warwick, RI) just missed his second all-conference nod, coming in 13th. Redshirt-sophomores Steven Hoogland (Springfield, VA) and James Picard (Middleton, VA) took 15th and 18th, respectively. Classmates Anthony Arena (Manassas, VA), in 25:54.65, and Matt Warco (McMurray, PA), in 26:09.50, finished 20th and 23rd. Senior Kyle Pawlaczky (Orchard Park, NY) rounded out the Tribe's complement in 27th.

William and Mary will see action next weekend at the UVA Open in Charlottesville, before beginning the quest for another national championship appearance on November 12 at the Southeast Regional meet.

Colonial Athletic Association Championship  
Place Team Score

1. #16 WILLIAM AND MARY 26
2. James Madison 46
3. Georgia State 93
4. Delaware 107
5. Virginia Commonwealth 111
6. Hofstra 191
7. Northeastern 213
8. UNC Wilmington 229
9. George Mason 250

2005 CAA Champion Ian Fitzgerald accepts his award from Assistant Commissioner Melissa Conti.





# WILLIAM & MARY

## 2007 RACING SCHEDULE

		LOU ONESTY INVITATIONAL	
SAT.	SEPT. 8	PANORAMA FARMS (8K)	CHARLOTTESVILLE, VA.
		<b>49TH ANNUAL W&amp;M HIGH SCHOOL INVITATIONAL</b>	
SAT.	SEPT. 22	<b>EASTERN STATE HOSPITAL (5K)</b>	<b>WILLIAMSBURG</b>
		<b>2ND ANNUAL COLONIAL INTER-REGIONAL CHALLENGE</b>	
SAT.	SEPT. 29	<b>EASTERN STATE HOSPITAL (8K)</b>	<b>WILLIAMSBURG</b>
		<b>TRIBE OPEN</b>	
SAT.	OCT. 13	<b>EASTERN STATE HOSPITAL (8K)</b>	<b>WILLIAMSBURG</b>
		PRE-NATIONAL INVITATIONAL	
SAT.	OCT. 13	LA VERN GIBSON CHAMPIONSHIP COURSE (8K)	TERRE HAUTE, IND.
		25TH COLONIAL ATHLETIC ASSOCIATION CHAMPIONSHIPS	
FRI.	OCT. 26	BETHPAGE STATE PARK (8K)	FARMINGDALE, N.Y.
		CAVALIER OPEN	
SAT.	NOV. 3	PANORAMA FARMS (8K)	CHARLOTTESVILLE, VA.
		SOUTHEAST REGION CHAMPIONSHIPS	
SAT.	NOV. 10	E.P. "TOM" SAWYER PARK (10K)	LOUISVILLE, KY.
		99TH IC4A CHAMPIONSHIPS	
SAT.	NOV. 17	VAN CORTLANDT PARK (8K)	BRONX, N.Y.
		69TH NCAA CHAMPIONSHIPS	
MON.	NOV. 19	LA VERN GIBSON CHAMPIONSHIP COURSE (10K)	TERRE HAUTE, IND.

HOME MEETS ARE IN **BOLD CAPS**  
 CHECK [WWW.TRIBETHLETICS.COM](http://WWW.TRIBETHLETICS.COM) FOR THE MOST UP-TO-DATE SCHEDULE

