



Quick Facts/Media Info

William and Mary Men's Cross Country 2004 Media Guide

* 2004 CAA Champion *
* 11-Time CAA Champion *
* 7-Straight NCAA Appearances *

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Directions to W&M

From the North/West: Take I-64 East to Lightfoot Exit 234 (Route 199 East). At top of exit ramp, take a right onto Route 199 East. Stay on 199 East until Monticello Avenue exit. Exit at Monticello Avenue, and bear left on exit ramp. At bottom of ramp, turn left at light onto Monticello (pass under 199). Go straight through first stoplight (at Ironbound Road). After the light, continue straight for about half a mile and take the first right onto Compton Drive (before light at hospital and shopping centers) There may not be a street sign! The road is heavily wooded on both sides. Continue on Compton Drive and turn right at the first stop sign onto Brooks Road. William and Mary Hall will be on your left.

From the South/East: Take I-64 West to Exit 242A (Route 199 West). Follow 199 to fourth light. At the fourth light, take a right onto Jamestown Road. Follow Jamestown Road 1.1 miles (past Lake Matoaka on left), then take a left onto Campus Drive. Take a left at the next stop sign and continue to follow Campus Drive while bearing right until you reach William and Mary Hall up the hill on your left.

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On the Cover: Front: Matt Keally; Inside Front, Top Left: Jeff Hedley

The College of William and Mary

Location: Williamsburg, Virginia

Mailing Address: P.O. Box 399, Williamsburg, VA 23187

Founded: 1693 (second-oldest college in U.S.)

Enrollment: 5,560

Nickname: Tribe

School Colors: Green, Gold and Silver

Affiliation: NCAA Division I

Conference: Colonial Athletic Association

President: Timothy J. Sullivan (William and Mary, 1966)

Athletics Director: Terry Driscoll (Boston College, 1969)

Associate Athletics Director: Barbara Blosser (Ohio State, 1975)

W&M Men's Cross Country

Director of Track & Field: Dan Stimson (Ohio, 1971)

19th Year

Phone: (757) 221-3397

E-mail: dgstim@wm.edu

Head Coach: Alex Gibby (William and Mary, 1997)

Second Year

Phone: (757) 221-3398

E-mail: amgibb@wm.edu

Assistant Coach: Brian Cunningham (William and Mary, 1998)

Volunteer Assistant Coach: Kathy Newberry (William and Mary, 2000)

Volunteer Assistant Coach: John O'Connor (William and Mary, 2003)

W&M Sports Information

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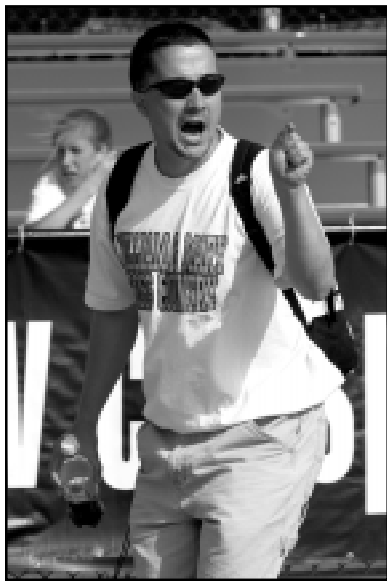
To The Media:

This booklet is primarily intended to assist our recruiting efforts. Nonetheless, we hope you will find it useful. Updated information is available by accessing the W&M Athletics web site at www.TribeAthletics.com. We are always happy to provide you with information for feature stories and often we can supply photographs. Please contact Paul Ring in the sports information office for more information.



Former Tribe distance ace Alex Gibby returned to William and Mary in 2003 to assume the head coaching position for men's cross country and track and field and has continued the tradition of championship excellence at the College. He led both the Tribe's cross country and track and field squads to repeat as CAA Champions with his athletes capturing nine individual conference crowns. With the cross country squad claiming four of the top-five and seven of the top-10 positions at the CAA Championship, Gibby proved the program had not missed a step as seven runners grabbed All-CAA honors. He followed that effort by guiding his team to four all-region performances and a solid third place overall at the NCAA Southeast Regional, positioning the team for an at-large selection to the NCAA Championship, its seventh-straight qualification to the prestigious meet. For his accomplishments, Gibby was honored as the CAA Coach of the Year, leading a sweep for the Tribe in the postseason awards as Ed Moran claimed Athlete of the Year and David Murphy captured Rookie of the Year honors. Another of Gibby's distance aces, Adam Otstot, was named the CAA Scholar-Athlete of the Year, highlighting the combined academic and athletic success of the program.

On the track, Gibby led the Tribe to its second-straight CAA crown on the strength of eight individual champions, including Matt Keally in the 10,000m, Keith Bechtol in the 5,000m and Matt Wolak in the 800m. The College placed at least two scorers in every distance event (800m and up), and had an amazing five runners score in the 1,500m. In perhaps the most telling stat, 33 of 35 Gibby's athletes scored at



the conference meet in a grand display of W&M's depth, and the two who did not score were not running their main events. Gibby also guided his athletes to 12 All-East honors, headlined by Bechtol's title in the IC4A 10,000m, where Gibby's distance aces finished first, third, seventh and ninth in the East's premier track championship. Gibby's influence on young talent was evident throughout the year as freshmen Bechtol and Adam Tenerowicz set the fastest and fifth-fastest 10,000m times, respectively, among American juniors. Bechtol went on to win CAA Rookie of the Year honors after Gibby led the freshman to

a World Junior qualification in the 10,000m. Gibby coached one NCAA Outdoor qualifier in Jeff Hedley, as the junior almost won the 5,000m at the East Regional, seven Regional qualifiers (in nine events) and 16 all-conference performers.

Gibby came to the College from Stephen F. Austin State University, where he was the head men's and women's cross country coach and an assistant track coach for three seasons. At SFA, he brought the Lumberjack cross country squads to unprecedented levels of success.

Head Coach ALEX GIBBY

Under his guidance, the men's team won its first Southland Conference Championship in 2001, then repeated the feat in 2002. In 2002, Gibby also led the women's cross country squad to its first SLC Championship since 1990. Gibby also mentored the conference's individual champion for both the men and women, the first sweep in conference history of all four titles, to earn men's and women's cross country coach of the year honors from the SLC.

Working with the SFA middle distance and distance runners as an assistant track coach, Gibby saw the athletes under his supervision improve greatly. During his tenure, 18 school records were established in six events (men's 800m, 5,000m and 10,000m and 3,000m steeplechase and women's 5,000m and 3,000m steeplechase), and the women's team captured the 2003 SLC Outdoor Track and Field Championship.

While at SFA, Gibby had success developing high school athletes into championship runners. Two prime examples are Nathan Flores and Ana Rodriguez. Flores became one of the most dominant runners in the SLC under Gibby's tutelage, winning the 2002 Outdoor Track and 2002 Cross Country Athlete of the Year awards. Winner of the 5,000, 10,000m and steeplechase at the 2002 SLC Outdoor Championships, where he was the meet's high scorer, Flores is also the SLC and school record holder in the 10,000m, with a sterling 29:27.29 at the Mt. SAC Relays. Gibby led Rodriguez to the NCAA Outdoor Track and Field Championships in the 5,000m run, the first distance runner in SFA history to compete at the NCAAs. A seven time all-conference runner, Rodriguez racked up five SLC titles, including the 2003 outdoor 5,000m and 10,000m, the 2003 indoor 3,000m and 5,000m, and the 2002 cross country individual title.

As an assistant for the Tribe from 1997-2000, Gibby helped the cross country team place ninth and 13th (twice) at the NCAA Championship. During his first stint at W&M, Gibby had the opportunity to work with Matt Lane, an eleven-time All-American and a fourth-place finisher at the 2000 and 2004 Olympic trials in the 5,000m and Anders Christiansen, a three-time All-American and the 1997 NCAA runner-up in the 800m. Gibby also coaches former W&M distance standout Kathy Newberry, who ranked 17th in the nation in the 5,000m in 2003. Newberry went on to finish 12th at the 2003 USATF Outdoor Track and Field National Championship.

Running for the Tribe from 1992 to 1997, Gibby was a four-time All-CAA honoree, CAA champion in the 5,000m and IC4A qualifier in the 5,000m and 10,000m. Also an NCAA provisional qualifier and All-East performer in the 10,000m, Gibby was a member of two NCAA-qualifying cross country squads (1994 and 1995). Gibby is a native of McLean, Virginia.

Gibby By The Numbers

- 29 Individual Conference Champions**
- 12 All-East Athletes**
- 8 All-Region Athletes**
- 6 Conference Titles**
- 5 Athletes of the Year**
- 4 Coach of the Year Honors**

Director of Track and Field DAN STIMSON



In his 19th year as Director of Track and Field at William and Mary, Dan Stimson oversees a program that has demonstrated success both in the classroom and on the track.

The men's and women's cross country teams have combined to capture 17 of the last 24 CAA crowns, and have garnered numerous CAA Athlete and Rookie of the Year awards. The 2003-04 season was another banner year for the squads, as Stimson's teams swept all four CAA titles (men's cross country, women's cross country, men's track and field, women's track and field): the fourth consecutive conference title for both the men's cross country and women's track and field squads. Punctuating the season was the seventh-straight NCAA team qualification for men's cross country and a second-consecutive All-America honor for Ali Henderson at the NCAA Cross Country Championship. The success of Stimson's program has produced 51 All-Americans and one Olympian.

Stimson, who works primarily with the throwers, pole vaulters and multi-eventers, has mentored many W&M athletes to national prominence in his tenure. Due to the absence of the javelin or the hammer throw at the high school level in Virginia and other nearby states, Stimson has earned a reputation for his ability to develop young talent.

His coaching credits include W&M hammer throw record-holder Mike Howell, who only started with the hammer in his rookie season at W&M, and progressed through the ranks until his senior year, when he posted the eighth-best mark by an American collegian (206'1"). Decathlon record-holder Todd Doughty (7,240 points) benefited from his time with Stimson as well, working his way from a walk-on to one of the top-20 decathletes in the country over the course of his career at W&M.

On the women's side, Stimson coached All-American high jumper Lisa Rayner to an 11th-place finish at the NCAA Championships and a school-record mark of 5'11.25". Wendy Warren, the school record-holder in the javelin (153'6"), was discovered in a physical education class and went on to earn All-East honors and sixth-place at the ECAC Championships. Stimson coached pole vaulter Charlotte LaRoche to second place in the ECAC Championships and a school-record of 13'1" in her freshman season and guided steady improvement throughout her career, culminating in 2004 with her second conference title and double All-East honors. Stimson has had numerous All-East performers in all of the field events.

A recent example of Stimson's coaching ability can be seen in 2004 graduate Chris Parsons. As a freshman, Parsons made a powerful debut, winning CAA titles in both the shot put and the javelin, enabling him to be selected for the United States Junior National Team. He followed up his impressive freshman season with a sophomore campaign that featured top CAA finishes in the discus (fourth), javelin (third), hammer (second) and a second straight first-place showing in the shot put. Parsons then went on to garner All-East honors in the hammer at the IC4A meet. In 2003 Parsons was

named CAA Scholar-Athlete of the year, after earning a pair of all-conference honors by finishing second in both the shot and the hammer at the CAA Championships. Parsons capped his career in style, winning the 2004 CAA title in the shot and hammer and breaking the NCAA Regional mark in both events.

In addition to Parsons's success, the Tribe throwing corps reached new heights in 2004. On the men's side, Andy Smith won the javelin at CAAs for a third-straight season in addition to earning All-East honors and qualifying for NCAA Regionals, while junior Aaron Mitchell broke the Regional shot standard. On the women's side, Cassidy Harris and Ayanna Jones each traded record breaking throws in both the weight throw and indoor shot before Harris ended up with the school record in the weight throw (51'1.75") and Jones ended



with the mark in the indoor shot (47'2.25"). Harris also captured the CAA title in the shot, where she qualified for NCAA Regionals. Stimson also led rookie Jen Showker to a CAA title and Regional bid in the discus.

Stimson came to William and Mary from a perennial national powerhouse, the University of Tennessee, where he helped Volunteer athletes finish in the nation's top-10 on seven occasions and collect 12 Southeastern Conference titles. His coaching career started at Tennessee as a graduate assistant, helping the Vols win the 1972 NCAA cross country championship. From Knoxville, he moved to J.E.B. Stuart High School in Falls Church, Virginia for one year, then on to Miami University (Ohio) for nine years.

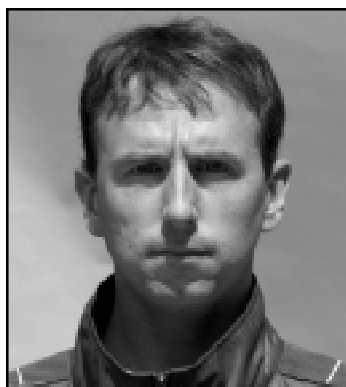
A native of Falconer, New York, Stimson graduated with honors from Ohio University in 1971 and holds a master's degree from Miami (Ohio). As an undergraduate, he was the All-Ohio and Central Collegiate shot put champion, as well as a two-time MAC shot put champion. He concluded his athletic career by competing in both the NCAA and AAU national championships in the shot put.

Dan and his wife Rosemary, also a Falconer native, have two children. Their son, Clare, is a 22-year-old local college student. Recently married daughter Krista Crider, 29, graduated from W&M in 1996 with a B.S. in biology and earned her master's degree at the College in 1998. She recently earned a Ph.D. in the field of genetics and molecular biology at Emory University. Krista is a former W&M record holder in the hammer throw.

Stimson By The Numbers

- 51 All-Americans in indoor and outdoor track and field and cross country**
- 31 CAA Titles**
- 23 CAA Athletes of the Year**
- 19 Seasons at William and Mary**
- 3 CAA Coach of the Year Honors (1992 and twice in 1996)**

Coaching Staff/Schedule



Assistant Coach Brian Cunningham

Brian Cunningham is in his second year as an assistant men's and women's track and men's cross country coach after returning to his alma mater in August of 2003.

Previously, as the head coach for cross country and track and field at the private all-girls Winsor School in Boston, Massachusetts, Cunningham directed the creation of a cross country program. Producing results early, his team won the conference championship and took the individual title in its first season. Honored as the 2001 Eastern Independent League Coach of the Year in cross country for his success, Cunningham molded 10 all-region athletes during his three years at Winsor, leading four to individual New England titles.

While coaching at Winsor, Cunningham also worked for three years with the John Hancock Elite Athletes for the Boston Marathon. Additionally, through the FILA Boston Training Camp, he accompanied Kenyan athletes to different road races around the country, acting as their manager.

As a middle distance and distance competitor for the Tribe, Cunningham was an IC4A qualifier and conference scorer in the 800m. A 1998 graduate of the College with a B. S. in kinesiology, the Centreville, Virginia, native has also worked as a marketing representative for the Brooks Shoe Company.



Volunteer Assistant Coach Kathy Newberry

Kathy Newberry returned to Williamsburg in 2003 as a volunteer assistant coach and enters her second year working with the program.

Still an active competitor at the national level, competing regularly both on the track and in road races, Newberry qualified for the 2004 Olympic Trials finals in both the 5,000m and 10,000m, finishing 13th and 14th, respectively. Ranked 17th in the nation in the 5,000m for 2003, she placed 11th in that distance at the 2003 USATF Championships. She was the second American (25th overall) at the 2004 World Cross Country Championships in the 8,000m race and placed third in the 2003 USATF Fall Cross Country Championships. As a postcollegiate, she has progressed well, running 15:45.35 (5,000m) and 32:45.78 (10,000m).

An ace for the Tribe from 1996 to 2000, Newberry claimed two CAA titles (3,000m and 5,000m) and earned multiple All-East designations. She was a member of the 1998 Tribe cross country squad which finished a best-ever 10th at the NCAA Championship. Newberry is still represented in the Tribe record book with the College's fourth-fastest 1,500m time, (4:28.37), the fifth-fastest 3,000m time (9:38.13) and the sixth-fastest 5,000m time (16:49.29).



Volunteer Assistant Coach John O'Connor

John O'Connor, returning for his second year as a volunteer assistant coach at his alma mater, works with the College's middle distance contingent, especially the milers. Racing for the Tribe from 1998 to 2003, O'Connor was a two-time All-Southeast cross country runner and four-time All-East honoree on the track, earning the latter acclaim in the 1,500m, the distance medley relay and twice in the 4x800m relay. A two-time CAA Champion in the 1,500m, he also raced to two all-conference selections in cross country and was the Tribe's second runner at the 2002 NCAA Championship, helping the Tribe finish 14th. O'Connor was tabbed as the 2002 Colonial Relays Athlete of the Meet for his wins in the 1,500m and distance medley relay and also counted an NCAA Regional qualification in the 1,500m and an IC4A qualification in the indoor 3,000m among his credits.

Tribe	<u>Date</u>	<u>Event</u>	<u>Distance</u>	<u>Result</u>
	2004	SEPT. 10	COLONIAL INVITATIONAL	8,000m
	Sept. 18	Lou Onesty Invitational	8,000m	Charlottesville, VA
	Sept. 25	Paul Short Invitational	8,000m	Bethlehem, PA
	Oct. 1	Great American Festival	8,000m	Cary, NC
	Oct. 16	NCAA Pre-Nationals	8,000m	Terre Haute, IN
	OCT. 16	TRIBE OPEN	8,000m	WILLIAMSBURG
	Oct. 30	CAA Championship	8,000m	New Market, VA
	Nov. 6	Cavalier Open	8,000m	Charlottesville, VA
	Nov. 13	NCAA Southeast Regional	10,000m	Greenville, NC
	Nov. 20	IC4A Championship	8,000m	New York, NY
	Nov. 22	NCAA Championship	10,000m	Terre Haute, IN

Cross Country Roster

<u>Athlete</u>	<u>Class (Eligibility)</u>	<u>Hometown</u>	<u>High School</u>
Sean Anastasia-Murphy	JR (SO)	Gloucester, MA	Gloucester
Anthony Arena	SO (FR)	Manassas, VA	Osborn Park
Keith Bechtol	SO	Alexandria, VA	Thomas Jefferson
Zach Bradford	FR	Woodstock, VA	Central
Jared Campbell	FR	Franklin, IN	Franklin Community
Pat Comstock	SR	Portsmouth, VA	Churchland
Rob Dennis	FR	Little Silver, NJ	Red Bank Regional
Mike Dominguez	JR	Herndon, VA	Herndon
Ollie Ehlinger	FR	Arden, NC	TC Roberson
Ian Fitzgerald	FR	Glenshaw, PA	North Hills
Steve Gillard	SO (FR)	Herndon, VA	Herndon
David Groff	FR	Centreville, VA	Westfield
Jon Healey	SR	Wayne, NJ	Wayne Valley
Jeff Hedley	SR (JR)	Virginia Beach, VA	Kempsville
Steve Hoogland	SO (FR)	Springfield, VA	Lake Braddock
David Hryvniak	SO (FR)	Spencerport, NY	Aquinas Institute
Charlie Hurt	SR	Charlottesville, VA	Western Albemarle
Ryan Jones	FR	Harrisburg, PA	Central Dauphin
Matt Keally	JR	Virginia Beach, VA	Ocean Lakes
Graham Kearney	JR (SO)	Richmond, VA	Douglas Freeman
Spencer Kirk	SO (FR)	River Forest, IL	Oak Park-River Forest
Christo Landry	FR	Falls Church, VA	Thomas Jefferson
Karl Lang	FR	Oak Hill, VA	Oakton
Dave Mock	FR	Johnstown, PA	Westmont-Hilltop
David Murphy	SO	Warwick, RI	Bishop Hendricken
Dan Nally	SO	Warrenton, VA	Liberty
Adam Otstot	SR	Richmond, VA	Mills Godwin
Joel Parker	SO (FR)	Portsmouth, VA	Churchland
Kyle Pawlaczyk	SR	Orchard Park, NY	Hamburg
James Picard	SO	Midlothian, VA	James River
Andrew Press	FR	Knoxville, TN	Webb School
Jonna Reinhardt	SO (FR)	Williamsburg, VA	Jamestown
Sam Rhodes	FR	Fairfax, VA	J. W. Robinson
Jason Schoener	JR	Grand Blanc, MI	Grand Blanc
Bill Tarantino	SR	Woodbridge, VA	Woodbridge
Adam Tenerowicz	SO	Blackstone, MA	Blackstone-Mill River
Steve Waite	FR	Little Silver, NJ	Red Bank Regional
Matt Warco	SO (FR)	McMurray, PA	Peters Township
Bryce Wilk	FR	Millbrook, NY	Millbrook
Matt Wolak	JR (SO)	Richmond, VA	Mills Godwin
Tim Zeckser	SO (FR)	Boulder, CO	Fairview

2003 Review



Entering 2003, first-year head coach Alex Gibby faced the daunting challenge of continuing the strength and excellence of a cross country program which had claimed three-straight conference titles and had qualified for the NCAA Championship for six consecutive years. Under Gibby's watchful eye and careful strategy, the Tribe did not miss a step, capturing its fourth-straight conference title and seventh-consecutive NCAA team qualification. W&M once again swept the conference awards, with graduate Ed Moran claiming Athlete of the Year, David Murphy earning Rookie of the Year and Gibby notching Coach of the Year honors. Additionally, Adam Otstot was selected CAA Scholar-Athlete of the Year, highlighting the combined academic and athletic success of Gibby's athletes.

The Green and Gold raced to a strong start at the Lou Onesty Invitational, capturing second place (only three points behind Duke) on the strength of three top-10 performances. Moran paced the Tribe with his third-place effort while Matt Maline claimed a strong sixth and Adam Tenerowicz, in his first collegiate race, impressed with his eighth-place result. Three more W&M harriers turned in solid runs for top-20 finishes as Jason Schoener raced to 13th, Charlie Hurt placed 17th, and Adam Otstot took 18th.

The 18th-ranked Tribe proved its depth the next week in its upset win over No. 13 Georgetown at the George Washington Invitational, capturing half of the top-10 positions and placing nine runners in the top-20. Moran won the individual title to pace the squad, which scored just 27 points to Georgetown's 29. Maline continued his strong season by claiming third place while Tenerowicz (sixth), Jeff Hedley (eighth) and Schoener (ninth) all raced into the top-10 to clinch the victory. Otstot ran a solid race for 12th place, ahead of Brendan Gaffney in 17th, Keith Bechtol in 18th and Pat Comstock in 19th. Moran earned CAA Runner of the Week honors for his performance.

After two weeks off, the squad was tested with split meets at the Pre-Nationals and its own Tribe Open. In the Pre-Nationals Gold Race, Moran challenged for the individual title, splitting 11:49 to be among the leaders at halfway before finishing a strong sixth at 23:39. Hedley also turned in a solid effort in the Gold Race to claim 43rd as the team's next highest finisher. In the open race, junior Patrick Comstock raced to a solid ninth with a 24:29, good enough to be the Tribe's fourth man in the Gold Race, showing the great depth of the squad. In Williamsburg, David Murphy impressed by capturing third overall to lead the team, ahead of Matt Keally in fourth. Moran earned his second Runner of the Week honor of the season after his strong effort at Pre-Nationals.

Two weeks later, the Tribe issued a bold statement of its strength and depth, dominating the CAA Cross Country Championship en route to its fourth consecutive title. Despite holding out one its premier runners in Hedley, the Green and Gold swept four of the top-five positions and seven of the top-10 as the squad raced to its 11th title since the conference was formed in 1985, totaling just 20 points. For the second-straight year Moran won the race and was named Performer of the Meet. Keally snared a strong third-place finish, only a few seconds ahead of Schoener in fourth and Otstot in fifth. Murphy impressed with a seventh-place showing while Hurt ran to ninth and Comstock took 10th to round out the seven W&M harriers earning all-conference honors. Tenerowicz (15th), Bechtol

(17th) and Jon Healey (19th) also mounted solid charges to finish among the top runners in the conference, displaying the depth of the Tribe.

The stage was set for the Southeast Regional where W&M aimed to qualify for its seventh-straight NCAA Championship. On the strength of four all-region performances, the Tribe claimed third place, one spot shy of automatic qualification but good enough to earn an at-large bid to the Championship. Moran almost captured the overall victory, but the three-time All-American broke his foot with 300 meters to go. In a determined performance, Moran held on and finished the race in third, scoring valuable points to ensure the team's third-place result. Keally also orchestrated a strong race, capturing 16th for all-region honors. Hedley (23rd) and Hurt (25th) also netted All-Southeast acclaim while Schoener raced to 34th and Murphy claimed 40th in each's first Southeast Regional.

On the same weekend as the NCAA Championship, the Green and Gold also contested the IC4A Championship against some of the top squads from the East Coast. The College's B-team claimed 12th overall with Bechtol just missing All-East honors with his 26th-place finish.

At the NCAA Championship, the seventh-straight W&M has contested, the Tribe was hindered by the absence of Moran, who was forced to sit out with a broken foot, and an ill Keally. Hurt led the team in brutally cold conditions as the College finished 31st. Schoener was second for the Tribe, with Hedley, Keally and Comstock following closely behind. Murphy and Otstot also competed for the squad at the prestigious race as W&M will return all of its runners from the NCAA Championship for 2004, making for a formidable and seasoned lineup.

Season Highlights

CAA Team Champion

11th Title

Individual Champions

Ed Moran CAA Championship
George Washington Invite

All-Region (4)

Ed Moran (third)

Matt Keally (16th)

Jeff Hedley (23rd)

Charlie Hurt (25th)

All-CAA (7)

Ed Moran (first)

Matt Keally (third)

Jason Schoener (fourth)

Adam Otstot (fifth)

David Murphy (seventh)

Charlie Hurt (ninth)

Pat Comstock (10th)

CAA Performer of the Meet

Ed Moran

CAA Athlete of the Year

Ed Moran

CAA Rookie of the Year

David Murphy

CAA Coach of the Year

Alex Gibby

CAA Scholar-Athlete of the Year

Adam Otstot

CAA Runner of the Week (1)

Ed Moran (Weeks of 9/28 and 10/19)

USCCCA All-Academic Team (1)

Matt Keally

Active athletes in bold

2003 Results

Date	Event	Distance	Result
Sept. 13	Lou Onesty Invitational	8,000m	2nd
Sept. 27	George Washington Invitational	8,000m	1st
Oct. 18	NCAA Pre-Nationals	8,000m	12th (Gold Race)
Oct. 18	Tribe Open	8,000m	No team scoring
Nov. 1	CAA Championship	8,000m	1st
Nov. 8	Cavalier Open	8,000m	No team scoring
Nov. 15	NCAA Southeast Regional	10,000m	3rd
Nov. 22	IC4A Championship	8,000m	12th
Nov. 24	NCAA Championship	10,000m	31st

William and Mary anticipates another strong season under second-year head coach **Alex Gibby**. In his first season guiding the team, Gibby proved he can mold young athletes into elite runners and continued the tradition of excellence at the College by repeating as CAA Champion and leading the squad to its seventh-straight NCAA qualification. With a year under his belt, Gibby aims to reach the next level of success. With an impressive amount of veteran depth and a tested group of underclassmen, the Tribe is poised for one of its strongest seasons ever.

Seniors **Charlie Hurt**, **Jeff Hedley**, **Adam Otstot** and **Pat Comstock** and juniors **Matt Keally** and **Jason Schoener** form the foundation of the travel squad. With such a deep pool of talented runners, any one of them could realistically be the team's top runner week to week. This reserve of accomplished all-region and all-conference performers provides a strong springboard for excellent late season finishes.

Keally is primed for a breakout season having already accumulated two all-region honors in cross country. After capturing a CAA title in the 10,000m on the track, the former CAA Rookie of the Year has set his sights on capturing the conference crown on the grass. With his All-East pedigree, he will be at the forefront of the Tribe's effort. Hurt, the squad's top finisher at the NCAA Championship in 2003, is another consistent runner coming off an all-region season. With great reliability, Hurt will challenge week-in and week-out for top honors, and with three strong years of running, he provides veteran leadership that will prove immeasurable to the squad. Hedley aims for a breakthrough cross country season to continue the momentum from his outstanding track effort. The senior chopped 41 seconds off his personal record to qualify for the NCAA Championship in the 5,000m, and the All-Southeast performer will look to break similar milestones on the grass. Schoener is a proven asset to the squad, having stepped up nicely last year as a sophomore as he captured fourth at the conference championship. Earning double All-East honors on the track, Schoener is ready to fill one of the top spots on the team after finishing as the second Tribe runner at the NCAA Championship last year. Otstot will aim to continue his steady progression as a runner. Last season was his finest ever, culminating with all-conference honors and the CAA Scholar-Athlete of the Year award. Having competed twice at the NCAA Championship for the Green and Gold, he will be an invaluable source of national-level experience. Comstock looks to end his career in strong fashion. He improved greatly over last season, earning All-CAA honors for the first time in his career and racing as the College's fifth runner at the NCAA Championship.

Five accomplished underclassmen will mount a strong charge at making the scoring five. Sophomores **David Murphy**, **Keith Bechtol** and **Adam Tenerowicz** and redshirt freshmen **Jonna Reinhardt** and **Steve Hoogland** all made great impacts last season and are ready to assume leading roles. Murphy, the CAA Rookie of the Year, made a strong debut at the CAA Championship, finishing seventh, and impressed further at the Southeast Regional, claiming 40th. Bechtol, who showed his potential by leading the team at the IC4A Cross Country Championship, truly made his mark during the track season as a double conference champion. The fastest American junior in the 10,000m, Bechtol blazed to victory in the 5,000m at CAAs and 10,000m at IC4As before capping his season with a qualification in the 10,000m for the World Junior Championships. Reinhardt redshirted last season, but won the Cavalier Open competing unattached and also claimed victory in the steeplechase at the CNU Invitational during the track season as an unattached runner. Tenerowicz impressed with a strong debut, finishing ninth and sixth in his first two collegiate races. He then continued his progression on the track as the fifth-fastest American junior in the 10,000m, placing ninth in that distance at IC4As. Already an all-conference performer, Hoogland

redshirted the cross country season but gained experience as an unattached runner at several meets. He impressed on the track, capturing second in the CAA 10,000m with an IC4A qualifying time.

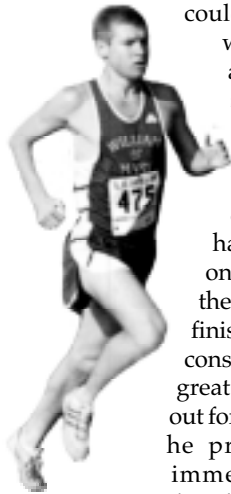
Complementing this formidable front is a deep pool of experienced veterans who could break out and contribute. Junior **Sean Anastasia-Murphy** was an All-East performer in cross country as a freshman and returns after a redshirt season aiming to earn more accolades. Senior **Jon Healey** has proven to be a consistent CAA scorer in track and aims to find the same groove in cross country. Junior **Mike Dominguez** has shown steady improvement on the track, earning All-CAA honors in the steeplechase, and will look to break-out on the grass this season. Senior **Kyle Pawlaczyk** brings championship experience to the team as a veteran of both the CAA and IC4A championships.

Several underclassmen could separate from the pack and threaten for a spot among the scoring five. Sophomore **Dan Nally** made the travel squad on several occasions last season, including running for the Tribe at the CAA Championship. A tough and durable worker, the CAA scorer in the 10,000m should make great strides this season. Additionally, redshirt freshmen **Anthony Arena**, **David Hryvniak**, **Joel Parker** and **Tim Zeckser** all had the opportunity to compete last season as unattached runners and will look to make an impact in their first season of collegiate running. Arena already has impressed as an All-CAA performer in the steeplechase while Parker is a proven CAA scorer.

Middle distance aces **Matt Wolak**, **Matt Warco**, **Bill Tarantino**, **Graham Kearney**, **Spencer Kirk** and **Steve Gillard** could also be called upon to contribute in cross country. Wolak heads this formidable contingent that includes conference champions and All-East performers as a two-time All-East honoree and CAA Champion in the 800m. Wolak gained some experience on the grass as an unattached runner in 2003 and has great potential to contribute in cross country. Warco, also an All-East honoree, performed solidly in his only cross country race as a freshman, which was the first cross country race he had ever contested. With greater experience, he should turn heads as he improves. Tarantino will be aiming for a strong return to the cross country distances after concentrating his efforts on the track the past few seasons. He competed on the grass as a freshman and with his All-East credentials should be considered a threat. Kearney, who ran to several solid finishes in his first year of competition, impressed on the track as a CAA scorer in the 1,500m and has great range from 800m to 10,000m which will allow him to contribute in cross country. Gillard aims to build off a track season which saw him run on the Tribe's CAA scoring 4x400m relay while Kirk redshirted both cross country and track last year.

Gibby welcomes perhaps the most decorated incoming class in Tribe history to further bolster this already menacing lineup. **Christo Landry**, **David Groff**, **Ian Fitzgerald**, **Rob Dennis**, **David Mock** and **Jared Campbell** highlight the rookies, all of whom bring championship accolades to the program. Landry, Groff and Dennis all found success at the NSICs while Landry, Fitzgerald, Mock and Campbell all recorded top-20 finishes at their respective Foot Locker Cross Country Regionals. **James Picard** joins the Tribe as a sophomore, transferring from Hampton as a proven MEAC scorer. Also joining the Tribe are **Zach Bradford**, **Ollie Ehlinger**, **Ryan Jones**, **Karl Lang**, **Andrew Press**, **Sam Rhodes**, **Steve Waite** and **Bryce Wilk**, all of whom are accomplished high school runners who count numerous state championships and all-conference selections among their many credits.

With this injection of pedigreed young talent complementing Gibby's field of proven veterans, the Tribe is poised for another stellar season. With a potent mix of talent and experience, W&M has all the tools to capture its 12th CAA Championship and qualify for an amazing eighth-consecutive NCAA Championship.



Matt Keally



Jason Schoener



Jeff Hedley

Athlete Profiles



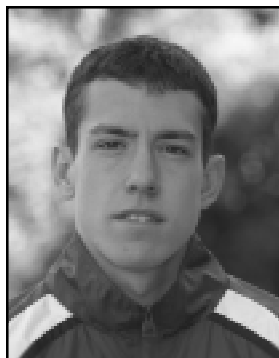
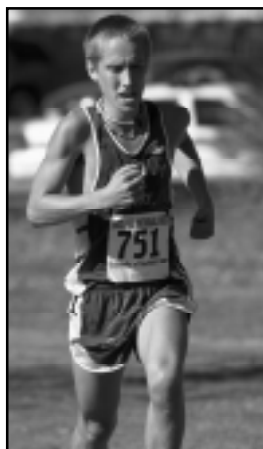
Pat Comstock

Senior
Portsmouth, VA
Churchland

Has developed into a steady veteran who took a big step last year both in cross country and track, racing for the Tribe at the NCAA Championship.

Cross Country: 2003: Earned all-conference honors at the CAA Championship with a

strong 10th place finish ... Fifth Tribe runner at NCAA Championship ... Ran a season-best 8,000m time (25:11.9) in the Open Race at Pre-Nationals for ninth place ... Alternate on the squad's NCAA Regional lineup. **2002:** Finished 31st at the CAA Championship ... Second Tribe runner in the open race of the NCAA Preview Invitational, placing 48th overall ... Placed 12th in the open race at the Paul Short Invitational ... Finished 29th at the Lou Onesty Invitational. **2001:** Raced at the IC4A Championship, helping the Tribe claim third ... Seventh among Tribe runners at the W&M Invite ... Seventh overall, and sixth among W&M competitors, at the Lou Onesty Invitational. **Track: 2004:** CAA scorer in the 5,000m, finishing eighth ... IC4A qualifier in the 10,000m ... Hit a big PR (30:44.16) in the 10,000m at the IC4As to finish 14th.

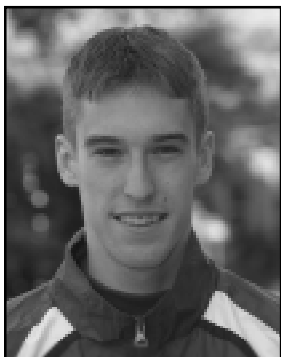


Jeff Hedley

Senior
Virginia Beach, VA
Kempsville

Took tremendous strides on the grass and track last year ... Raced as the Tribe's third or fourth man in his first appearance in the varsity line-up in 2003 ... Went from a 15:00 5,000m runner to an NCAA Championship qualifier on the track.

Cross Country: 2003: Ran to all-region honors by finishing 23rd at the NCAA Southeast Regional as the Tribe's third runner just two weeks after missing the CAA Championship with a slight injury ... Third Tribe runner at NCAA Championship ... Second Tribe runner at Pre-Nationals, taking 43rd in the Gold Race by clocking a season-best 8,000m time of 24:28.9 ... Grabbed eighth place at George Washington, powering the Tribe to victory **2002:** Overcame anemia to put together some solid runs ... Was the fourth finisher for the Tribe in its second-place showing at the IC4A Championships ... Placed ninth in both the Cavalier Open and the Lou Onesty Invitational ... Tribe's fourth runner at the Lou Onesty Invitational ... Finished 45th at the Paul Short Invitational. **2001:** Ran unattached twice, finishing 17th at the Colonial Invite and 50th at the W&M Invite. **Track: 2004:** Automatic qualifier for the NCAA Outdoor Championships after claiming third at the NCAA East Regional with a personal record of 14:12.25, leading most of the last mile ... All-CAA with runner-up finish in the 1,500m at conferences ... Qualified for the East Regional with a then-PR of 14:16.86 in the 5,000m at the Cardinal Invitational ... Ran on the Tribe's distance medley relay at indoor IC4As, anchoring the relay in 4:08.2 for the 1,600m leg.



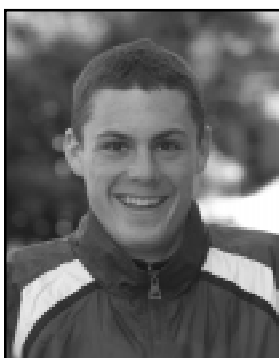
Jon Healey

Senior
Wayne, NJ
Wayne Valley

An experienced competitor who will look to improve upon last year's success ... 2003 saw his first appearance on the traveling squad and he capitalized on this opportunity with numerous strong finishes.

Cross Country: 2003: Claimed 19th at the

CAA Championship ... Fifth Tribe runner at the IC4A Championship ... Also turned in solid performances at the George Washington (25th), the Lou Onesty Invitational (34th) and the Pre-Nationals Open Race (31st). **2002:** Finished in the top-40 in all four races he contested ... Raced to 19th in the open race at the Paul Short Invitational ... Also posted a solid 21st at the Tribe Open ... Claimed 28th at the Cavalier Open and 40th at the Lou Onesty Invitational. **2001:** Competed in three races ... Best finish of 21st came at the Colonial Invitational. **Track: 2004:** CAA scorer in the 3,000m steeplechase with a fifth-place effort.



Charlie Hurt

Senior
Charlottesville, VA
Western Albemarle

Another accomplished and decorated veteran, Hurt has earned all-region honors each of the past two seasons

which should provide a springboard for greater accomplishments ... An excellent competitor and savvy racer, he will be counted on during the Tribe's late season meets.

Cross Country: 2003: Earned all-region honors as the squad's fourth runner at the Southeast Regional, claiming 25th ... First Tribe runner at NCAA Championship ... Raced to 17th at the Lou Onesty Invitational. **2002:** Fifth runner for the Tribe at the NCAA Championship, helping the team to a 14th-place finish ... All-Southeast Region honoree after crossing the finish line in 25th place at the NCAA Regional meet ... Finished eighth at



CAAs, earning all-conference honors ... Finished 29th in the open race at the NCAA Preview Invitational and sixth in the open race of the Paul Short Invitational ... Achieved a 17th-place finish at the Lou Onesty Invitational. **2001:** Competed at the IC4A Championship, and as the third Tribe runner to cross the line, helped the team to a third-place finish. **Track: 2004:** IC4A qualifier in the 10,000m.



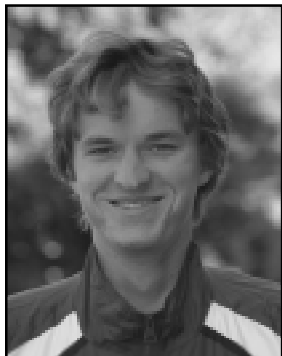
Adam Otstot

Senior
Richmond, VA
Mills Godwin

The senior member of the Tribe's varsity lineup, Otstot has been a fixture on the College's NCAA squads the last two years.

Cross Country:
2003: CAA Scholar-Athlete

of the Year ... Raced to second all-conference honors with a strong fifth at the CAA Championship ... Competed for the squad at the NCAA Southeast Regional, finishing a solid 57th ... Also one of only seven runners for the team at the NCAA Championship .. Notched a 12th in the Tribe's win at George Washington and also raced to 18th at the Lou Onesty Invitational ... Third W&M runner in the Pre-Nationals Gold Race (93rd overall). **2002:** Battled early injury to compete for the Tribe at the NCAA Championship ... Finished 12th at the conference championship, earning All-CAA honors ... Finished fifth in the Tribe Open. **2001:** Finished sixth overall and led the team to victory at the Lou Onesty Invitational at the University of Virginia ... Helped Tribe to third-place showing at IC4A Championships. **Track: 2004:** Redshirted the outdoor season to balance his eligibility.

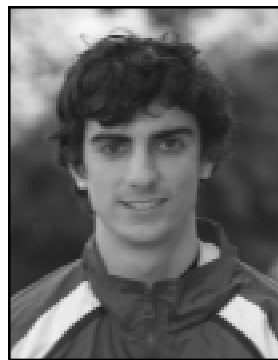
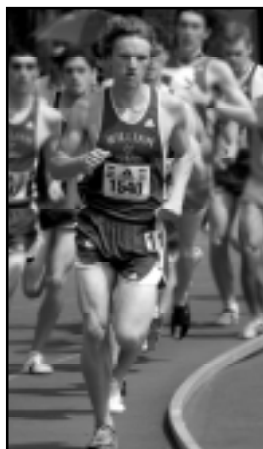


Bill Tarantino

Senior
Woodbridge, VA
Woodbridge

A middle distance competitor who could be called to contribute in cross county, Bill continued his progression on the track with an All-East season in the spring.

Cross County: 2003: Did not compete. **2002:** Did not compete. **2001:** Competed three times as an unattached runner, with a best of 42nd at the Colonial Invitational. **Track: 2004:** Raced to All-East acclaim as a leg of the Tribe's 4x800m relay at outdoor IC4As, clocking a PR split of 1:54.1 to help the Tribe to a season-best time and seventh place ... Raced on the College's indoor IC4A 4x800m relay as well ... CAA scorer in the 1,500m, racing to fifth with a then-PR of 3:58.35 ... Later set a 1,500m PR at the Patriot Open, clocking a 3:57.61.



Sean Anastasia-Murphy

Junior
Gloucester, MA
Gloucester

Former All-East performer and CAA scorer (1,500m) returns after a redshirt season aiming to make an impact at the conference and regional level.

Cross Country: 2003: Redshirted. **2002:** Impressive rookie season capped with All-East honors at the IC4A Championship, where he finished 17th as the Tribe's second runner ... Campaign included three top-ten finishes: fifth at the Cavalier Open, seventh at the Tribe Open and eighth in the open race at the Paul Short Invitational ... Debuted with a 41st at the Lou Onesty Invitational. **Track: 2004:** Former CAA scorer in the 1,500m (sixth in 2003) competed on a limited basis, racing in the 1,500m three times during the outdoor season.



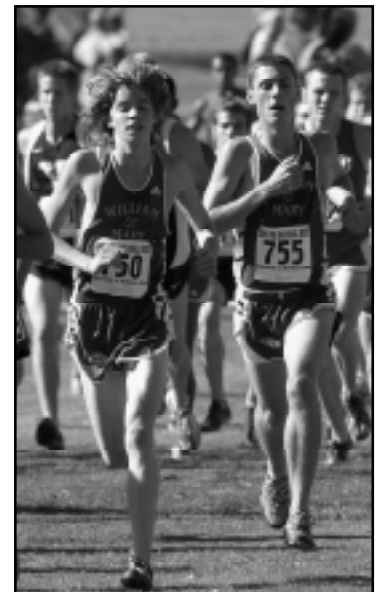
Mike Dominguez

Junior
Herndon, VA
Herndon

Will look to make an impact on the Tribe's varsity line-up after an All-CAA track campaign.

Cross Country: 2003: Was among the top-five Tribe runners at the IC4A Championship, finishing 65th overall ...

Raced to three top-50 finishes at the Lou Onesty invitational (35th), the George Washington Invitational (31st) and the Tribe Open (48th). **2002:** Competed twice for the Tribe ... Best finish was 36th in the open race at the Paul Short Invitational ... Also competed at the Lou Onesty Invitational, placing 54th. **Track: 2004:** Runner-up in the 3,000m steeplechase at CAAs for all-conference honors ... Also runner-up in the event at GMU's Patriot Open.



Keith Bechtol (left) and Charlie Hurt jockeying for position in the Pre-Nationals Gold Race



Matt Keally

Junior
Virginia Beach, VA
Ocean Lakes

The Tribe's top returning cross country runner, Keally battled through a summer injury and late start to the season to orchestrate an all-region and all-conference campaign in 2003.

Cross Country: 2003: Earned second career

all-region honors by running to 16th at the Southeast Regional as the Tribe's second runner ... Fourth Tribe runner at NCAA Championship ... All-conference honoree after capturing third place at the CAA Championship ... Opened the season with a fourth place at the Tribe Open ... USCCCA All-Academic Selection. **2002:** CAA Rookie of the Year ... 113th at the NCAA Championship as the Tribe's third runner ... All-region honors with 24th-place finish at the NCAA Southeast Regional ... 20th at the USATF Cross Country Trials ... 121st at the NCAA Preview Invitational ... Claimed 12th in first collegiate meet, the Paul Short Invitational. **Track: 2004:** All-East with a third in the 10,000m at outdoor IC4As ... CAA Champion in the 10,000m ... Also an IC4A qualifier in the indoor 5,000m ... Won the 3,000m at Patriot Games ... Dropped PR in the 10,000m by 50 seconds, ending the year with a 30:14.46.



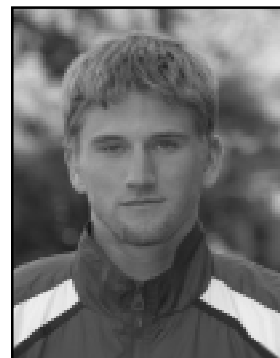
Jason Schoener

Junior
Grand Blanc, MI
Grand Blanc

A talented athlete who will look to capitalize on last year's breakthrough ... Should develop well from an All-CAA season and double All-East track campaign.

Cross Country: 2003: All-conference

honoree after capturing fourth place at the CAA Championship ... Second Tribe runner at the NCAA Championship ... Team's fifth runner in his first Southeast Regional, finishing 34th ... Ran to ninth place at George Washington, helping the Tribe take a close win over Georgetown ... Opened the season with a solid 13th-place effort at the Lou Onesty Invitational ... Competed for the squad at Pre-Nationals, finishing 131st in the Gold Race. **2002:** All-East with his fourth at the IC4A Championship ... Finished 21st in his first CAA Championship ... Claimed sixth at the Tribe Open ... 19th in the Cavalier Open and 18th in the open race of the Paul Short Invitational. **Track: 2004:** Double All-East honoree, earning honors in the indoor 5,000m (eighth) and outdoor 10,000m (seventh) ... Dropped his PR in the 5,000m by 32 seconds, clocking 14:25.27, in his indoor IC4A effort ... Raced to third in the 5,000m at the CAAs for all-conference honors ... Won the 10,000m at the Duke Invitational ... Also notched two wins in the 3,000m during the season ... Chopped nearly 20 seconds off his fast mark in the 10,000m, finishing with a best of 30:19.96.



Graham Kearney

Junior
Richmond, VA
Douglas Freeman

A tremendously talented athlete who impressed in his first track season in the spring, capping his campaign by scoring (seventh) in the 1,500m at CAAs ... Great range from 800m to the 10,000m of cross country will allow him to contribute this

fall.

Cross Country: 2003: First season of collegiate running saw him race three times as an unattached competitor ... Best finish of 34th came at the Tribe Open ... Also posted a solid finish of 43rd at George Washington. **Track: 2004:** CAA scorer in the 1,500m, racing to seventh ... Ran on the Tribe's IC4A-qualifying indoor 4x800m relay at Virginia Tech ... Also part of the College's indoor IC4A-qualifying distance medley relay at George Mason ... Impressed in his first season of competition, breaking 2:00 (1:57.67) in the 800m and 4:00 (3:57.19) in the 1,500m.



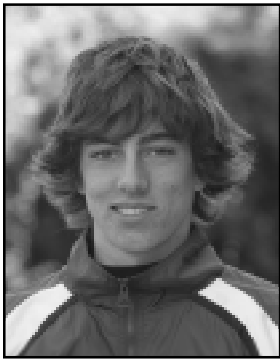
Matt Wolak

Junior
Richmond, VA
Mills Godwin

Another of the Tribe's mid-distance aces who will see action in cross country ... The CAA Champion and All-East performer has excellent range from 400m to 3,000m and is excited about his opportunities in cross country.

Cross Country: 2003: First year of collegiate competition ... Contested four races as an unattached runner, finishing in the top-50 on each occasion ... Best finish of 11th came at the Cavalier Open. **Track: 2004:** CAA Champion in the 800m in a gun to wire victory ... All-East as anchor of the Tribe's seventh-place 4x800m relay at outdoor IC4As ... NCAA Regional qualifier in the 800m ... Leg of the Tribe's CAA scoring fifth-place 4x400m relay ... Indoor IC4A competitor, racing on the College's 4x800m relay ... Ran leg of the team's indoor IC4A-qualifying distance medley and 4x800m relay squads ... Strong season saw him set PRs in the 1,500m (3:56.24) and mile (4:15.84).

Tribe

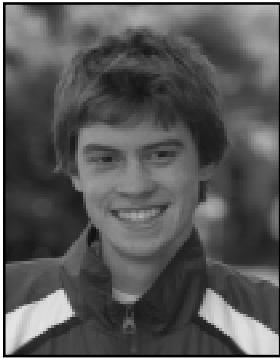


Anthony Arena
 Sophomore
 Manassas, VA
 Osbourn Park

Developed well as an unheralded freshman, capping the season with All-CAA honors in the steeplechase.

Cross Country: 2003: Redshirted, but competed as an unattached runner several times ... Best finish (20th) came at the

Cavalier Open ... Also claimed 32nd at the Tribe Open ... Just missed the top-50 at George Washington, racing to 51st. **Track: 2004:** All-conference honoree in the 3,000m steeplechase, claiming third at CAAs ... Chopped 16 seconds off his steeplechase time over the course of the season, ending the year with a personal record of 9:36.54, the best time for the event on the team.

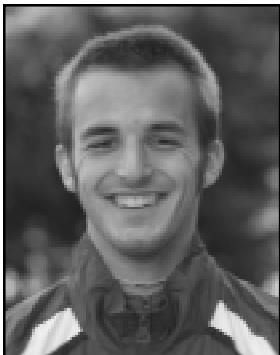
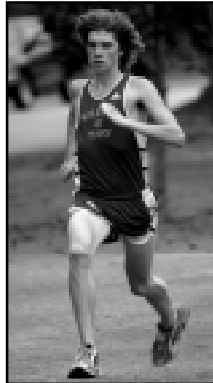


Keith Bechtol
 Sophomore
 Alexandria, VA
 Thomas Jefferson

Ended his introductory track season as the most decorated freshman in Tribe history with two championships and a World Juniors qualification to his credit ... An extremely focused

competitor and thorough trainer, he is expected to make a significant impact on the varsity squad as he translates his track success to the grass.

Cross Country: 2003: First runner for the Tribe at the IC4A Championship, claiming 26th, just one spot shy of All-East honors ... Squad's seventh runner at Pre-Nationals ... 17th at the CAA Championship ... 18th in the team's win at George Washington. **Track: 2004:** Qualified for the World Junior Championships in the 10,000m after capturing second in the distance at the USATF Junior Nationals ... Finished as the highest American (19th) in the 10,000m at World Juniors ... IC4A Champion in the 10,000m with a 29:58.13, the fastest 10,000m time run by any U.S. junior during the season ... CAA Champion in the 5,000m ... Claimed 10th in the 5,000m at the NCAA East Regional, clocking a personal record of 14:34.08.



Steve Hoogland
 Sophomore
 Springfield, VA
 Lake Braddock

Aims to build off an impressive All-CAA track campaign in which he broke 31:00 in the 10,000m in a top-20 finish at IC4As.

Cross Country: 2003: Redshirted, but competed as an unattached runner on three occasions ... Impressed with a fourth-place

performance at the Cavalier Open ... Also ran a strong race in his eighth-place effort at the Tribe Open ... Claimed 27th in his collegiate debut at the George Washington Invitational. **Track: 2004:** Runner-up in the 10,000m at CAAs, earning all-conference honors ... Ran a PR of 30:59.99 in an impressive 20th place showing in the 10,000m at IC4As.

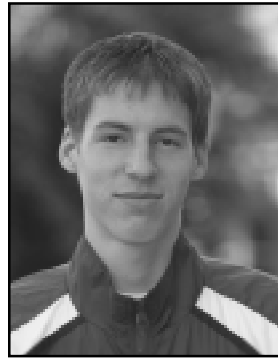


David Hryvniak
 Sophomore
 Spencerport, NY
 Aquinas Institute

Redshirt freshman aims to demonstrate his talent for the team after adjusting to collegiate running in 2003.

Cross Country: 2003: Redshirted, but competed as an unattached runner twice ... Finished 37th in both races, the Lou Onesty

Invitational and George Washington Invitational. **Track: 2004:** Redshirted.



Spencer Kirk
 Sophomore
 River Forest, IL
 Oak Park-River Forest

A middle distance competitor who favors the mile ... Redshirted both the cross country and track season last year, but did gain some experience as an unattached runner.

Cross Country: 2003: Redshirted. **Track: 2004:** Raced twice in the 1,500m, at the CNU Lid-Lifter and the JMU Invite.

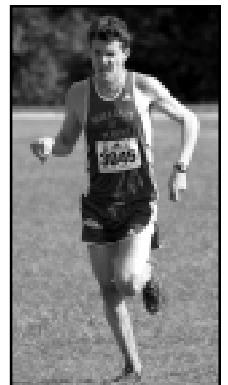


David Murphy
 Sophomore
 Warwick, RI
 Bishop Hendricken

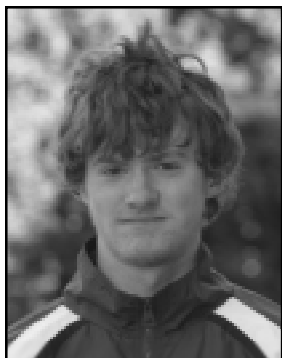
The CAA Cross Country Rookie of the Year showed that he can contribute in a variety of distances as he made the Tribe's NCAA squad in the fall and scored for the team in the 1,500m at conferences.

Cross Country: 2003: CAA Rookie of the Year ... Top freshman at the CAA

Championship, claiming seventh and all-conference honors ... Solid debut in the NCAA Southeast Regional, finishing sixth among freshmen for 40th overall ... Competed for the Tribe at the NCAA Championship ... Led the squad at the Tribe Open, capturing third ... Turned in two other solid finishes: 33rd in his collegiate debut at the Lou Onesty Invitational and 34th at the George Washington Invitational. **Track: 2004:** CAA scorer in the 1,500m, claiming sixth ... Narrowly missed an IC4A qualification in the outdoor 5,000m.



Athlete Profiles



Dan Nally

Sophomore
Warrenton, VA
Liberty

A tough, durable competitor with a developing capacity for work, Dan comes off a successful freshman year poised to make an impact after a good summer of training.

Cross Country: 2003: Made the travel squad to compete four times for the team ... Best finish (25th) came at the Tribe Open ... Also claimed 26th in the Tribe's win at George Washington and 27th at the Lou Onesty Invitational ... Raced to 34th in his first CAA Championship. **Track: 2004:** CAA scorer in the 10,000m, claiming sixth.



Adam Tenerowicz

Sophomore
Blackstone, MA
Blackstone-Mill River

Ran in the scoring five for most of the season until a bout with the flu ... Aims to recapture that form through pairing a tremendous capacity for work with excellent competitive instincts.

Cross Country: 2003: Sixth overall and the third Tribe runner at George Washington, helping the No. 18 Tribe defeat No. 13 Georgetown ... Fourth W&M runner in Pre-Nationals Gold Race ... Took ninth at the Lou Onesty Invitational in first collegiate meet ... Claimed 15th at CAA Championship ... Also ran at the IC4A Championship as squad's third runner. **Track: 2004:** Just missed All-East honors by one place in ninth-place performance in the 10,000m at outdoor IC4As ... Set the fifth-fastest time by a U.S. junior last year in that IC4A effort.

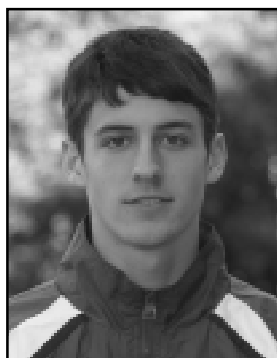


Joel Parker

Sophomore
Portsmouth, VA
Churchland

Traditionally more of a middle distance runner, Joel will look to step up to the longer distance this fall after redshirting the 2003 cross country season.

Cross Country: 2003: Redshirted, but competed twice as an unattached runner ... Finished 49th at the George Washington Invitational and 52nd at the Lou Onesty Invitational. **Track: 2004:** Solid middle distance and distance competitor who scored (eighth) for the Tribe in the 1,500m at the CAAs ... Ran on the College's indoor IC4A-qualifying distance medley relay at George Mason ... Logged a great deal of time in each the 800m, 1,000m, 1,500m and mile, showing his versatility.

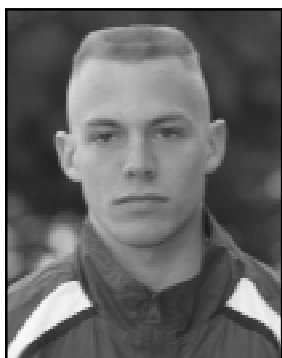


Matt Warco

Sophomore
McMurray, PA
Peters Township

Strong All-East middle distance prospect whose aerobic background should pay large dividends in the future.

Cross Country: 2003: Redshirted, but competed unattached in the Tribe Open ... Marking his first cross country race ever, he raced to a solid debut with a respectable 26:50 for 8,000m (27th). **Track: 2004:** All-East honoree as member of the College's seventh-place 4x800m relay at outdoor IC4As ... Scored at CAAs as leg of the Tribe's fifth-place 4x400m relay ... Competed at indoor IC4As on the Tribe's distance medley relay ... Also part of the team's indoor IC4A-qualifying 4x800m at Virginia Tech and distance medley relay at George Mason ... Was in position to make a charge in the 800m at CAAs until he was knocked down ... Won twice in the 800m (GMU Patriot Games and VCU Ram Invitational) and once in the 1,000m (GMU Open).



Jonna Reinhardt

Sophomore
Williamsburg, VA
Jamestown

A great competitor who redshirted last year to adjust to collegiate running ... With a good summer of training he could surprise people this fall.

Cross Country: 2004: Redshirted, but competed unattached on four occasions ... Won the Cavalier Open ... Also impressed with a 10th at the Tribe Open and 20th at the George Washington Invitational ... Opened his collegiate career with a 40th at the Lou Onesty Invitational **Track: 2004:** Redshirted, but competed unattached at several meets ... Won the 3,000m steeplechase at the CNU Invitational.



Tim Zeckser

Sophomore
Boulder, CO
Fairview

A talented runner with excellent potential in the distances, he could contribute in the fall after redshirting both the cross country and track seasons.

Cross Country: 2003: Redshirted the season to adjust to collegiate running ... Competed once as an unattached runner, finishing 74th at George Washington. **Track: 2004:** Redshirted both the indoor and outdoor seasons.

Zach Bradford

Freshman • Woodstock, VA • Central

Prep: Group A state champion in the 1,600m as a junior ... Two-time all-state honoree in cross country ... Has run 4:25.26 for 1,600m ... Clear Channel Broadcasting/First National Bank student athlete of the week in April 2004.

Jared Campbell

Freshman • Franklin, IN • Franklin Community

Prep: Finished eighth at the Indiana state cross country meet in 2003 ... Also claimed 14th at the competitive Foot Locker Midwest Cross Country Regional ... Has run 9:27 in the 3,200m.

Rob Dennis

Freshman • Little Silver, NJ • Red Bank Regional

Prep: Third leg on the national high school record-breaking 4xmile relay which took second at the National Scholastic Indoor Championships (NSIC) ... Captured the New Jersey group three state cross country title in addition to his eighth-place run at the NJ Cross Country Meet of Champions ... Clocked a 12:39 over the Van Cortlandt Park (NY) cross country course at the Manhattan Invitational, taking second in his section ... Has a personal record of 4:19.48 in the outdoor 1,600m and has also run 9:25, as a junior, in the 3,200m.

Ollie Ehlinger

Freshman • Arden, NC • TC Roberson

Prep: 2004 AAA state and regional champion in the 3,200m, also held area's best time in event ... Conference champ in cross country in 2004, also posted two other victories during the season and a runner-up showing at the regional meet ... *Citizen-Times* and *Times-News* Runner of the Year in cross country ... Also part of state runner-up 4x800m relay ... PRs include 2:01 (800m), 4:29 (1,600m), 9:41 (3,200m) and 16:01 (5k cross country) ... Valedictorian ... National Merit Finalist.

Ian Fitzgerald

Freshman • Glenshaw, PA • North Hills

Prep: 2004 AAA state champion in the 3,200m ... Golden West champion in the 3,200m ... 2003 AAA state champion in the 1,600m and 3,200m ... Won the 3,000m at the Penn Relays with an 8:22.42, the eighth-fastest time ever recorded by a high school athlete at the prestigious meet ... Claimed third at the state AAA cross country championship ... Raced to a solid 18th at the competitive Footlocker Northeast Regional ... Ran 9:00 for 2 miles and 4:09 for full mile (ninth fastest in the country).

David Groff

Freshman • Centreville, VA • Westfield

Prep: AAA state champion in the 1,000m with a 2:29.82 ... Anchored the national championship 4x800m relay that won at the NSICs, splitting 1:52 ... Finished sixth at the 2003 AAA cross country championship ... Northern Region runner-up in the 800m ... Has run 1:53.64 in the 800m, 4:14.80 in the 1,600m, 9:21 in the 3,200m and has split 3:02 for the 1,200m leg of the distance medley relay on the runner-up team at the Adidas Outdoor Championships.

Ryan Jones

Freshman • Harrisburg, PA • Central Dauphin

Prep: Ran leg of AAA state champion 4x800m relay ... Team won overall title at 2004 AAA track meet ... 2003 conference champion in the 800m and member of conference's title-winning distance medley relay in 2004 ... PR's include 1:55.3 (800m) and 50.09 (400m) ... National Honor Society member ... U. S. Army Reserve Scholar-Athlete award winner.

Christo Landry

Freshman • Falls Church, VA • Thomas Jefferson

Prep: Fastest Virginian in the 1,600m, clocking 4:12.51 outdoors ... First W&M member of *USA Today's* All-Prep team ... Claimed third at the

Adidas Outdoor Championships running 8:48.27 for the full two miles, the fourth fastest time ever on the East Coast and third-fastest in VA ... Ranked fourth nationally in the 2-mile ... Also ran 8:54.07 at the Hartford Public Schools Invitational ... VA AAA champion in the outdoor 1,600m and 3,200m ... Captured second in the 3,200m at the Virginia indoor AAA state meet ... Clocked a strong 4:12.67 to claim fourth in the mile at the NSICs ... Raced to a strong 10th at the 2003 Foot Locker Southeast Cross Country Regional ... Fifth at AAA cross country meet in 2003 to go with his fourth-place effort in 2002.

Karl Lang

Freshman • Oak Hill, VA • Oakton

Prep: All-state and all-region selection in the 3,200m ... All-district in the 1,600m ... PRs include 1:59 (800m), 4:16.15 (1,600m), 4:19 (mile) and 9:19.8 (3,200m) ... School's Scholar-Athlete of the Year for 2003-04 ... Team MVP in cross country as a senior.

David Mock

Freshman • Johnstown, PA • Westmont-Hilltop

Prep: AA state cross country champion in 2003 ... Notched a strong 12th at the elite Foot Locker Northeast Cross Country Regional ... Two-time first-team all-state selection in cross country ... State champion in the 3,200m and runner-up in the 1,600m in 2004 ... Has run 9:10.83 in the 3,200m, 4:17.16 in the 1,600m and has split 1:54 in the 4x800m relay ... Also a starting defender on state runner-up hockey team.

James Picard

Sophomore • Midlothian, VA • James River

Transfer from Hampton ... Had a strong debut at the indoor MEAC Championships, scoring with a fifth in the mile and placing seventh in the 5,000m ... Scored at the outdoor MEACs with a sixth-place effort in the 5,000m ... Raced as Hampton's No. 3 runner at the MEAC cross country championship, finishing 21st overall ... Set PRs of 3:58.59 in the 1,500m and 4:16.94 in the mile during his rookie campaign.

Andrew Press

Freshman • Knoxville, TN • Webb School

Prep: Claimed fourth at the Div. II state cross country championships (15:30) as part of title-winning team ... Finished 52nd at Foot Locker Regional ... Has run 2:01.5 (800m), 4:25 (1,600m) and 9:54 (3,200m).

Sam Rhodes

Freshman • Fairfax, VA • J. W. Robinson

Prep: Three-time all-state and all-region honoree (outdoor 4x400m and indoor and outdoor 4x800m) ... Eight-time all-district performer across cross country, indoor and outdoor track ... PRs include 51.9 (400m), 1:56.4 (800m), 4:25 (1,600m), 9:36 (3,200m) and 15:30 (3-mile cross country course).

Steve Waite

Freshman • Little Silver, NJ • Red Bank Regional

Prep: Anchored the national high school record-breaking 4xmile relay which took second at the NSICs ... Has ran 4:20.6 for the 1,600m and 9:28 for 3,200m.

Bryce Wilk

Freshman • Millbrook, NY • Millbrook

Prep: New York State Federation Champion in the 3,000m steeplechase ... Two-time league MVP ... League champion in the steeplechase four straight years ... League champ in the 3,200m three-straight years ... Numerous all-state and all-county selections ... School's 2004 Male Athlete of the Year ... PRs include 53.9 (400m), 2:02 (800m), 4:29 (1,600m), 9:25 (3k steeple), 9:43 (3,200m) and 15:54 (5k cross country) ... League Scholar-Athlete of the Year award winner.



Tribe Distance All-Americans

Cross Country

2002	Ed Moran
1999	Matt Lane
1998	Matt Lane
1997	Matt Lane
1991	Steve Swift
1990	Paul Vandegrift
1985	Ken Halla
1984	Ken Halla
1975	Mac Collins
1973	Bill Louv
1970	Ron Martin
1969	Howell Michael

Indoor Track

2001	Matt Lane	5,000m
2000	Matt Lane	5,000m
1999	Matt Lane	5,000m
1999	Anders Christiansen	800m
1998	Matt Lane	3,000m
1995	Brian Hyde	Mile
1994	Brian Hyde	3,000m
1989	Paul Vandegrift	Mile
1988	4x800 relay:	
	Rob Campbell, Hiram Cuevas, Dave Ryan, Paul Vandegrift	
1975	Reggie Clark	880 yards
1975	Distance Medley Relay:	
	Frank Courtney, Bill Becker, Mac Collins, Reggie Clark	
1974	Reggie Clark	880 yards
1970	Howell Michael	Mile
1969	Juris Luzins	1,000 yards

Outdoor Track

2003	Sean Graham	5,000m
2003	Ed Moran	5,000m
2001	Matt Lane	5,000m
2000	Matt Lane	5,000m
1999	Matt Lane	5,000m
1999	Anders Christiansen	800m
1998	Matt Lane	5,000m
1997	Anders Christiansen	800m
1995	Brian Hyde	1,500m
1994	Steve Swift	10,000m
1992	Jeff Hough	10,000m
1992	Paul Vandegrift	1,500m
1991	Jeff Hough	10,000m
1991	Paul Vandegrift	1,500m
1990	Paul Vandegrift	1,500m
1989	Paul Vandegrift	1,500m
1988	Hiram Cuevas	1,500m
1986	Ken Halla	10,000m
1985	Ken Halla	10,000m
1974	Ron Martin	3-mile
1970	Howell Michael	Mile
1969	Juis Luzins	880 yards
1968	Terry Donnelly	3,000m SC



*Three-time All-American
Brian Hyde,
1996 Olympian (1,500m)*



*Seven-time All-American
Paul Vandegrift*

COSIDA Academic All-Americans

2003	West Garrett Josh Watson
2000	Gene Manner
1999	Matt Lane Gene Manner
1998	Matt Lane
1998	Geoff Williamson
1997	Matt Lane Kimble Woodworth

W&M at the NCAA Championship

1963	20th
1966	18th
1968	15th
1970	10th
1971	16th
1972	11th
1973	4th
1975	23rd
1990	15th
1994	18th
1995	17th
1997	9th
1998	13th
1999	13th
2000	10th
2001	16th
2002	14th
2003	31st

Top W&M Finishers at NCAA Championship

Place	Athlete	Year
5th	Matt Lane	1999
7th	Howell Michael	1968
11th	Matt Lane	1998
16th	Jimmy Johnson	1965
16th	Matt Lane	1997
18th	Ken Halla	1985
19th	Bill Louv	1973
20th	Paul Vandegrift	1990
25th	Ron Martin	1970
27th	Bob DeTombe	1956
30th	Howell Michael	1968
30th	Ed Moran	2002
32nd	Ken Halla	1984
33rd	Steve Swift	1991

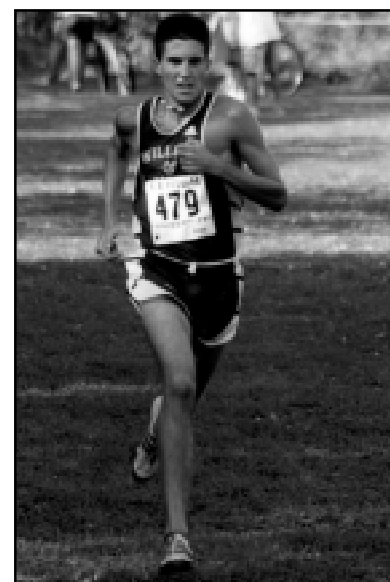
Team Academic Honors

Last year's Tribe cross country squad was named a United States Collegiate Cross Country Coaches Association Academic All-American team at the conclusion of its season by virtue of an overall team GPA over 3.0. That is the sixth such honor for the W&M cross country squad, as W&M was also selected in 1997, 1998, 2000, 2001 and 2002 in addition to 2003's award.

Conference Dominance

CAA Men's Cross Country Championships Results

Year	Team Champion	Points	Individual Title	Coach of the Year
1985	Navy	36	Ken Halla, W&M	Al Cantello, Navy
1986	Navy	36	Abdi Bile, GMU	Al Cantello, Navy
1987	Navy	39	Pete Weilenmann, JMU	Al Cantello, Navy
1988	Navy	34	Pete Weilenmann, JMU	Roy Chernock, W&M
1989	Navy	26	Pete Weilenmann, JMU	Al Cantello, Navy
1990	William and Mary	19	Paul Vandegrift, W&M	Walt Drenth, W&M
1991	William and Mary	22	Kevin Krause, W&M	Walt Drenth, W&M
1992	James Madison	26	Brian Hyde, W&M	Pat Henner, JMU
1993	William and Mary	27	Steve Swift, W&M	Walt Drenth, W&M
1994	William and Mary	18	Brian Hyde, W&M	Walt Drenth, W&M
1995	William and Mary	24	Ibrahim Aden, GMU	Walt Drenth, W&M
1996	William and Mary	26	Julius Achon, GMU	Dan Stimson, W&M
1997	William and Mary	24	Julius Achon, GMU	Andrew Gerard, W&M
1998	James Madison	29	Matt Lane, W&M	Pat Henner, JMU
1999	James Madison	28	Matt Lane, W&M	Andrew Gerard, W&M
2000	William and Mary	23	Mike Fox, JMU	Andrew Gerard, W&M
2001	William and Mary	17	Sean Graham, W&M	Andrew Gerard, W&M
2002	William and Mary	24	Ed Moran, W&M	Andrew Gerard, W&M
2003	William and Mary	20	Ed Moran, W&M	Alex Gibby, W&M



*Three-time All-American
Ed Moran*

CAA Athletes of the Year

2003	Ed Moran	Track, XC
2002	Ed Moran	XC
2001	Sean Graham	XC
2001	Matt Lane	Track
2000	Matt Lane	Track
1999	Matt Lane	XC
1998	Matt Lane	XC
1997	Matt Lane	XC
1997	Anders Christiansen	Track
1994	Brian Hyde	XC
1993	Steve Swift	XC
1992	Brian Hyde	XC
1991	Steve Swift	XC
1990	Paul Vandegrift	XC



*Three-time All-American
Anders Christiansen*

Active athletes in bold

NCAA Regional Athletes of the Year

2001	Sean Graham
1999	Matt Lane
1997	Matt Lane

CAA Rookies of the Year

2004	Keith Bechtol	Track
2003	David Murphy	XC
2003	Matt Keally	Track
2002	Matt Keally	XC
2001	Matt Maline	XC
1996	Matt Lane	XC

CAA Cross Country Scholar-Athlete of the Year

2003 Adam Otstot

Cross Country

CAA Athlete of the Year - 1997, 1998, 1999
NCAA Regional Champion - 1997, 1999
NCAA All-American - 1997, 1998, 1999

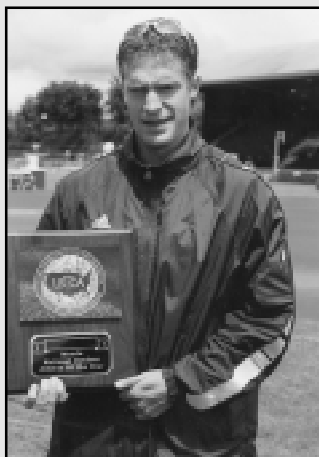
Indoor Track

NCAA All-American - 1998 (3,000m), 1999 (5,000m),
2000 (5,000m), 2001 (5,000m)

Outdoor Track

CAA Champion - 1998 (5,000m), 1999 (5,000m),
2000 (1,500m), 2001 (1,500m, 5,000m)
NCAA All-American - 1998 (5,000m), 1999 (5,000m),
2000 (5,000m), 2001 (5,000m)

CAA Track Athlete of the Year - 2000, 2001
Eastern T&F Athlete of the Year - 2000, 2001
NCAA Male Track Athlete of the Year - 2001



*Matt Lane - Class of 2001
The Most Decorated Runner
in Tribe History*

Top Collegiate Times

1,500m - 3:42.55
3,000m - 7:48.02
5,000m - 13:25.38 *
10,000m - 28:28.97

* - 10th-fastest collegiate time ever and
fourth-fastest American collegiate time ever

William and Mary Awards

Bruce Davidson Student-Athlete of the Year - 2001
Randy and Shelby Hawthorne Outstanding
Trackman Award - 2000, 2001
Tribe Club Athlete of the Year - 2001

U. S. Olympic Trials

2000	2004
5,000m - 4th	5,000m - 4th



Terry Driscoll *Athletics Director*

With an extensive resumé that includes four years as a student-athlete, a professional playing career and numerous jobs in the athletic business world, Edward C. "Terry" Driscoll is entering his eighth year as the athletics director at the College of William and Mary.

Driscoll's tenure has seen a wealth of improvements across the board in the W&M athletics department, from new facilities to increased fundraising for the Tribe. In addition, the Tribe has reached all-time highs in the annual Director's Cup rankings that summarize excellence in all sports.

Upon the death of legendary Tribe athletics director John Randolph, W&M president Timothy J. Sullivan chose Driscoll to be the new leader of the department, saying "Terry brings outstanding management and leadership skills to the position."

Since Driscoll took over as athletics director, he has overseen the construction of more than \$6 million in facilities, including the new Plumeri Park (baseball), Albert-Daly Field (soccer, lacrosse) and the Busch Courts (tennis). Driscoll has also increased the annual fundraising totals for non-capital projects from \$1.36 million in 1995 to around \$2.7 million currently. He also has served on numerous conference and NCAA committees, including a stint as president of the Atlantic 10 Football Conference.

The Tribe has also had outstanding success across the board since Driscoll came to Williamsburg. In 2002-03, W&M had a school-record 10 teams compete in the NCAA Tournament. Four teams won conference titles, while six were in the top 25 at the end of their respective seasons. One of the department's goals each year is to finish in the top 100 in the annual Director's Cup rankings, and that has happened in all but one of the years that Driscoll has been the AD, with a high ranking of 42nd occurring in 1997. In addition, W&M had captured 76 CAA

Championships coming into the 2004-05 school year, by far the highest total among all conference schools.

Driscoll's leadership skills were developed in his collegiate years. As a student-athlete at Boston College, Driscoll captained the basketball team to the National Invitation Tournament championship game as a senior, and was named the tournament MVP. In addition to being named an All-American, his success in the classroom with a major in biology garnered him an Academic All-America honor.

After graduating from BC, he was the fourth pick of the NBA Draft, selected by the Detroit Pistons, just three picks after the Milwaukee Bucks chose UCLA's Lew Alcindor, later to be known as Kareem Abdul-Jabbar. Driscoll chose to play a year in Italy first, but then returned to the U.S. to play for the Pistons, Washington Bullets and Milwaukee Bucks before going back to Italy as a player and coach until 1980.

Driscoll then entered the corporate world in 1980, working for Kazmaier Associates, Inc., an international sporting goods sales and sports marketing firm. After Kazmaier purchased Bike Athletic in 1986, KSG Inc. was formed with the objective of becoming the first, and only, national sales agency in the sporting goods industry. By 1987, Driscoll was president of the company and had expanded the agency to all 50 states just two years later. In early 1990, Driscoll's contribution to a marketing research project for the NCAA was the initial step moving him from product marketing and sales to sports marketing and management. The result of the project was a joint venture between Kazmaier Associates and Host Communication - with Driscoll being named managing director and chief operating officer of NCAA International.

In 1993, Driscoll diversified his experience in the athletic world by working as the executive director of the 1994 World Cup site in Boston. In September of that year, Driscoll was again enlisted to launch a new business, Eagle International Group, an event management and services company. As vice president, Driscoll worked with Hawaii Pacific Sports as well as organizing the Women's World Volleyball Grand Prix, a five-week competition in Honolulu.

Driscoll resides in Williamsburg with his wife, Susan. The couple has two children - Keith, 28, a 1997 graduate of Holy Cross and Leslie, 24, a 2001 graduate of William and Mary.



Barb Blosser *Senior Executive Associate Director*

After serving 12 years as the College's associate athletics director, Barbara Blosser was promoted to her current position of senior executive associate athletic director in April of 2004. Blosser started her career at William and Mary as the head women's basketball coach in 1978 and guided the Tribe

to a VAIWA crown in her first season with a school-record 16 wins (16-13). Her 1980 Tribe team (11-14) placed third, while the 1981 squad (16-16) was VAIWA runner-up. She was also at the helm during the 1984-85 season when William and Mary made the jump to NCAA Division I. Overall, she finished her coaching career with 115 wins, 84 of which came at William and Mary.

When the College's men's and women's athletic programs merged in May of 1986, she moved to administration, first serving as the Assistant to the Associate Athletics Director. Over the past 16 years, her administrative responsibilities at W&M have included the monitoring of financial aid matters, coordinating the scheduling of athletic facilities,

supervision of coaches and staff and, currently, serving as the person primarily responsible for administering the day-to-day operations of the department.

From October 1992 to June 1993 and August 1995 to July 1996, Blosser also served as acting athletics director in an interim capacity. For her efforts, she was named the first recipient of the John Randolph Inspiration Award. Blosser has served on various committees such as the NCAA Strategic Planning Committee and the Colonial Athletic Association Competition Committee.

Blosser began her coaching career at the helm of the women's basketball program at Ashland College in Ohio. During two seasons there, she led the Eagles to successive 15-7 and 16-8 ledgers. Her 1977 squad won the AIAW Region V Championship, while her 1978 team took the OASW Small College title.

A former three-sport standout at Ohio State, Blosser graduated Cum Laude in 1975 with a Bachelor of Science degree in physical education. At OSU, she was selected to both Phi Beta Kappa and Mortar Board. She competed in basketball, field hockey and tennis and captained both the basketball and field hockey squads her senior year. She went on to earn her master's degree from the University of North Carolina Greensboro in 1978. In 1993, she was selected as a member of the first class of women inducted to the Ohio State University Athletic Hall of Fame.

**“Exercise and recreation ... are as necessary as reading;
I will say rather more necessary, because health is worth more than learning.
A strong body makes the mind strong.”
—Thomas Jefferson, W&M Class of 1762**

Few colleges in America can boast of the combination of athletic and academic excellence that is found at the College of William and Mary. Each year, more than 500 Tribe student-athletes, competing on 23 Division I teams, prove that it is possible to simultaneously excel at the highest levels of athletics and academics.

Athletic Excellence

The 2003-04 season was one of the best in W&M history, as the Tribe captured six CAA titles to push its total to a dominant 76, 26 more than the next closest competitor. Seven teams competed in their respective NCAA Tournaments, highlighted by Ramon Jackson's national championship on the parallel bars. It has become typical for W&M to win at least five conference championships and send seven or more teams to the NCAA Tournament each season.

Each year the goal of the athletics department is to finish in the top-100 nationally in the NACDA Directors' Cup standings and in recent years W&M has far exceeded that standard. Punctuating this run is the College's 58th-place ranking for the 2002-03 campaign, marking the eighth time in the last 10 years that the Tribe finished in the top-four in Virginia and first or second in

the Colonial Athletic Association.

William and Mary fields Division I teams for both men and women in basketball, cross country, golf, gymnastics, soccer, swimming and diving, tennis, and indoor and outdoor track and field. There are also field hockey, lacrosse and volleyball squads for women of the College, while there are two additional sports (baseball and football) for men.

Academic Success

The Tribe's athletic accomplishments do not come at the expense of its students' academic responsibilities. 83% of all athletes earn a degree while a formidable 36 athletes have been selected Academic All-America since 1992.

In 2002-03 the CAA began a Scholar-Athlete of the Year award for each of the league's 21 sports. Not surprisingly, W&M set the pace with five athletes winning the honor, more than any other school. The College continued to set the standard in 2003-04 with another five athletes claiming the honor: Ali Henderson (women's cross country), Adam Otstot (men's cross country), Adam Hess (men's basketball), Chris Parsons (men's track and field) and Ann Schnell (women's golf).



Gibby huddles with his team at the 2003 NCAA Pre-Nationals

William and Mary - A College of Champions

NCAA Championships (2)
Men's Tennis (2) 1947, 1948

CAA Championships (76)
Baseball (1) 2001

Men's Cross Country (11) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003

Women's Cross Country (11) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003

Men's Golf (1) 1985

Women's Lacrosse (1) 1992

Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000

Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003

Men's Tennis (2) 1988, 1990

Women's Tennis (17) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002, 2004

Men's Track and Field (4) 1992, 1993, 2003, 2004

Women's Track and Field (5) 1999, 2001, 2002, 2003, 2004

Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001

Atlantic 10 Football Championships (2)
1996, 2001

ECAC Championships (6)

Men's Gymnastics (2) 1992, 1994

Women's Gymnastics (4) 1999, 2001, 2002, 2003

Southern Conference Championships (48)

Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Football (4) 1942, 1947, 1966, 1970

Men's Soccer (1) 1976

Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Men's Outdoor Track and Field (12)
1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Wrestling (5) 1968, 1969, 1970, 1971, 1977

Facilities



The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.



- Home of the Tribe's field hockey team
- Made possible by a generous grant from the Anheuser-Busch Corporation
- Playing surface is a unique combination of a poured pad with an Astroturf playing surface
- Seats over 2,200
- State-of-the-art computerized lighting system and an elevated press box



- New home of the Tribe men's and women's soccer and lacrosse teams, slated to open in the fall of 2004.
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime Tribe soccer coaches Al Albert and John Daly



- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and Stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- State-of-the-art lighting system and scoreboard



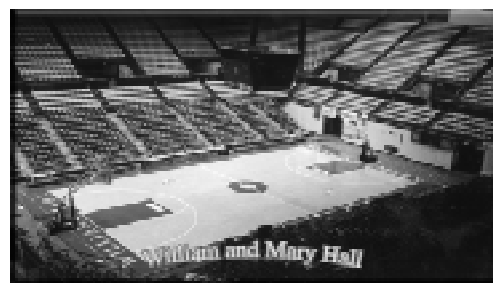
- Home of Tribe baseball-made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Locker room, box seats and concessions



- Home of the Tribe's tennis teams for the outdoor season
- One of the College's newest venues, completed in September, 2001
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for approximately 500
- State-of-the-art lighting system to accommodate night matches



- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 13,000
- Eight-lane 400 meter track surrounds the field and is home to the prestigious Colonial Relays
- Joseph Montgomery football practice facility is located adjacent to the stadium



- Home of the Tribe's basketball, gymnastics and volleyball teams
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and a gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices

Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.

Compliance and Academic Support

As members of the Colonial Athletic Association and NCAA Division I, the College is committed to full compliance with all NCAA and conference regulations. The department has a fulltime Director of Compliance committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor assigned by the director of Academic Advising. Students remain with this advisor until their sophomore year at which time they select a faculty advisor in their chosen major.

Within the athletic department, the Academic Support Coordinator is a valuable resource for student-athletes serving in a liaison role with the various student service offices throughout the campus community. The College has offices for Volunteer Services, Career Services, a Writing Resource Center and Oral Communication Studio, to name a few.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.

Strength, Speed and Conditioning

Tribe athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head and Assistant Strength Coach each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to assure safety at all times.

Sports Psychology

The athletic department has on staff a sports psychologist, who holds a Ph.D. in sports psychology. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance. The sports psychology consultant is considered a member of the Counseling Center and refers individuals to the Center when appropriate.



Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of a team physician, seven full time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and assure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists. Through a team approach to health care the sports medicine program can offer comprehensive health care services to the student-athletes in a caring and cooperative manner.



The College of William and Mary - The Best Small Public University in the United States

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler. The current chancellor of the College is former Secretary of State Henry Kissinger, and he took over the post from former British Prime Minister Margaret Thatcher.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy", and ranks 15th among the best regional business schools.



The Wren Building is the oldest one in the United States in which classes are still taught.



Lake Matoaka provides an on-campus field laboratory and recreational activities, and includes an amphitheatre to host concerts.

Did You Know?

- W&M is the best small public university in the nation, according to an analysis by *U.S. News and World Report*.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 30th overall among the nation's best universities.
- The average freshman retention rate is 96 percent.
- The College's student/faculty ratio is 12/1.
- Over 46 percent of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 17 students.
- W&M ranked 17th in graduation rates for national universities.
- Over 20,000 internships are posted on the school's web site.
- 10,400 high school students applied for 1,300 spots in the freshman class for the 2003-04 school year.
- More W&M graduates go on to earn doctorates than any other university in the state of Virginia.
- Over 83 percent of freshmen at W&M were in the top 10 percent of their high school graduating class.

In addition to the historic Williamsburg setting of the College, there are many other attractions offered within a reasonable driving distance from campus. W&M is located within three hours of Washington, D.C. Whether you like surfing at Virginia Beach (one hour away) or skiing at Massanutten (less than three hours away), there is something for everyone in the W&M vicinity.

Amusement Parks

Busch Gardens (Williamsburg, 10 min.)
Water Country (Williamsburg, 10 min.)
Kings Dominion (Ashland, 45 min.)
Ocean Breeze (Virginia Beach, 60 min.)

Sports/Concerts

Norfolk Scope (Norfolk, 45 min.)
Chrysler Hall (Norfolk, 45 min.)
Harbor Park (Norfolk, 45 min.)
Verizon Wireless Amphitheatre (Virginia Beach, 60 min.)
Hampton Coliseum (Hampton, 30 min.)
Richmond Coliseum (Richmond, 45 min.)
Richmond International Raceway (Richmond, 45 min.)
The Diamond (Richmond, 45 min.)

You can watch the sunrise at Virginia Beach (below) or watch your life pass before your eyes on one of the thrilling roller coasters at Busch Gardens (right).

