

*Tribe*



**Linebacker  
Michael Pigram**

**TRIBOE FOOTBALL**





# EXCEPTIONAL PEOPLE, EXCEPTIONAL PLACE



# Tribe

When one thinks of the College of William and Mary, the first thought might be of the history of the institution -- or perhaps its place in American history.

Or, possibly those who attended might think back to their good times, the unforgettable campus or their focus of study. But none of those things are what makes a place of learning great. Though the College has them all -- it is the quality of the graduate and the ability to excel in whichever field of work or study that he or she pursues.

For Tribe Football, the same principles apply, as many former football players have gone on to have successful careers in the business world, professional sports and a number of other areas.

Among the notables are Mike Tomlin ('95), who was named the head coach of the Pittsburgh Steelers on January 22, 2007. J.D. Gibbs ('92) is the team president of the Joe Gibbs Racing organization, while Tom Dexter ('92), the senior vice president of Lehman Brothers, is one of a number of former players to succeed in business.

It was Thomas Jefferson, Class of 1762, who said of education so eloquently: "Above all things I hope the education of the common people will be attended to, convinced that on their good sense we may rely with the most security for the preservation of a due degree of liberty."

This embodies exactly what his *alma mater* has been striving to do for more than 300 years of its proud history.

Understandably, William and Mary and Tribe Football have more than their fair share of the best and brightest of America to claim as its own.

Here, a few of the program's finest alums reflect on their time at the College and what the Tribe Football experience meant to them.



*"The lessons you learn in athletics are life lessons. You learn how to deal with success. You learn how to deal with failure. Expectations are high at William and Mary and there's nothing wrong with that, you've got to learn to embrace them. I think that's why so many young people that come through this university and this athletic department are successful. On a day-to-day basis, there are exceptional young people walking around this place and it's a proving ground. It's a special place."*

**MIKE TOMLIN ('95), CAPTAIN 1994**  
HEAD FOOTBALL COACH  
PITTSBURGH STEELERS



*"Being on campus you always felt like you were part of something bigger. The history and the prestige of William and Mary makes you proud to be a part of the school. The lessons learned in the classroom and out of it continue to be a part of my life to this day."*

**DARREN SHARPER ('97)**  
STARTING FREE SAFETY  
MINNESOTA VIKINGS



*"My William and Mary experience was defined by the unique quality of the people, both coaches and players. The football program under coach Laycock's leadership sets a high expectation level for us as students, athletes and men. Based on integrity, accountability and preparation, the program has produced countless leaders and continues to develop outstanding people. I consider it a privilege and a blessing to be part of the William and Mary Football family."*

**TOM DEXTER ('91), CAPTAIN 1991**  
SENIOR VICE PRESIDENT  
LEHMAN BROTHERS



*"Playing football at William and Mary was a great experience for me. The rigors of playing for a Division I football program in a demanding academic environment gave me a tremendous amount of self-discipline and confidence that helped me when I took on new and challenging professional endeavors. Playing football at William and Mary also reinforced something I believe is so critical for success. There is no 'I' in the word 'team'. Football is a team sport, and so much about being successful professionally is a result of being able to build and lead great teams of people."*

**TODD A. STOTTELMYER ('85)**  
PRESIDENT AND CEO  
NATIONAL FEDERATION OF INDEPENDENT BUSINESS

# Football



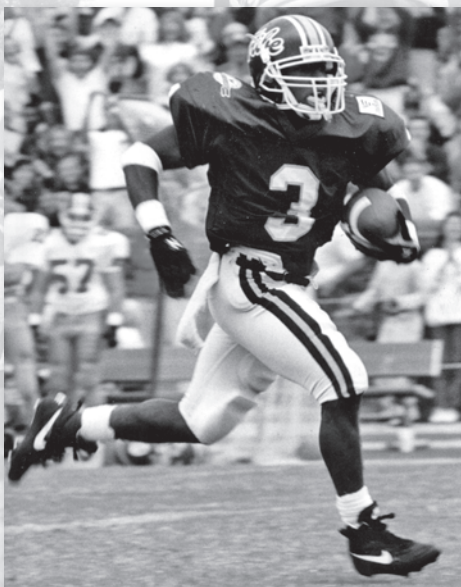
*“Everyday I face a wide variety of issues, from both a competitive and business standpoint. As the Team President of Joe Gibbs Racing, I think my time as a student-athlete at the College of William and Mary uniquely prepared me for both sets of challenges in running a championship caliber company. The life-lessons I gained as a member of the football program have translated directly to helping me build a premier racing team. The combination of the on-field trials and world class education the College provided equally prepared me to enter boardrooms and build business relationships.”*

**J.D. GIBBS, ('92)**  
TEAM PRESIDENT, JOE GIBBS RACING



*“Accepting a football scholarship from the College of William and Mary was the realization of a life-long dream: achieving the opportunity to play highly competitive football at one of the nation’s most prestigious universities. I understood that the rigor and talent present in every nook and cranny of the College would stretch and refine my every talent. But what I didn’t appreciate was that the College is far more than simply ancient chapels, rigorous scholarship and great athletics. It is a community, a family -- one that embraced a promising young boy from Southeast Washington, D.C. and helped him become a man. And for that I am eternally grateful.”*

**KENDRICK ASHTON, JR., ('98)**  
PERELLA WEINBERG PARTNERS LP



*“My William and Mary experience has been, and always will be, a significant contributing factor to any success that I am blessed to achieve. As a William and Mary football player, there is a level of dedication, effort and discipline that is expected and required for one to excel. The caliber of competition we faced on the gridiron and in the classroom demanded that each of us embrace what it means to be a true “student-athlete.” Through facing those challenges, I not only developed the fundamental skills and qualities necessary to achieve in any field, but equally as important, I developed an unshakable confidence in my ability to ultimately overcome any obstacle. Today, I find it both prophetic and inspiring to sit in my office and read the phrase ‘SUCCESS...TO BE CONTINUED’ (which is boldly written in the upper left-hand corner of the 1994 W&M football poster). I only hope to contribute positively to the rich legacy of successful alums who gained so much from the William and Mary football experience.”*

**TERRENCE G. HAMMONS, JR., ESQ. ('96), CAPTAIN 1995**  
CORPORATE COUNSEL  
AIR PRODUCTS AND CHEMICALS, INC.



*“Tribe football not only gave me the opportunity to go to a good college, it gave me the greatest inspiration and lifelong passion possible.”*

**GARY LECLAIR, ESQ. ('77)**  
PARTNER,  
LECLAIR, RYAN, PC

## WILLIAM & MARY NOTABLE ALUMNI

**George Washington**  
First President of the United States received his surveyor's certificate from W&M and later served as the College's 14th Chancellor

**Thomas Jefferson 1762, LL.D 1783**  
Author of the Declaration of Independence, third President of the United States

**James Monroe 1776**  
Fifth President of the United States, architect of the Monroe Doctrine

**General Winfield Scott 1805**  
Longest serving general in U.S. military history (1814-1861)

**John Tyler 1807**  
Tenth President of the United States and former Chancellor of the College

**Walter J. Zable 1937, L.L.D. 1978**  
Chairman/CEO Cubic Corporation, benefactor of Zable Stadium

**Mark McCormack 1951**  
Sports agency pioneer, founder of International Management Group

**Jim Kaplan 1957**  
Owner of Cornell Dubilier Electronics; endowed W&M's Kaplan Arena

**Raymond A. Mason 1959**  
Founder and CEO of investment firm Legg Mason, Inc.; Namesake of W&M Mason School of Business

**James Ukrop 1960**  
Chairman of Ukrop's Super Markets, Chairman of First Market Bank

**A. Marshall Acuff, Jr. 1962**  
Former managing director of Solomon Smith Barney

**Henry C. Wolf 1964, J.D. 1966**  
Chief Financial Officer and Vice Chairman, Norfolk Southern Corporation; Benefactor of Henry C. Wolf Law Library at the College

**Robert M. Gates 1965, L.H.D. 1998**  
Current United States Secretary of Defense, former director of the CIA

**Joseph J. Plumeri 1966**  
Chairman and CEO of Willis (Insurance), namesake of W&M's Plumeri Park

**J. Edward Coleman 1973**  
CEO of Gateway, Inc.

**Michael F. Rogers 1981**  
President, Investors Bank & Trust Company

**Jon Stewart 1984**  
Anchor and writer of Emmy-winning television program *The Daily Show*

**Michael K. Powell 1985**  
Former chairman of the Federal Communications Commission; Appointed as Rector of the College of William and Mary (2006)

For a thorough list of notable alumni visit:  
<http://www.wmalumni.com>

# RICH HISTORY

## THE FIRST TEAM

In the fall of 1893, Charles L. Hepburn brought together the first official football team at W&M, the College's first organized athletic team.

The 1893 team (pictured right) played three games, starting with the first contest in school history against a YMCA team from Norfolk.

## FROM THE BEGINNING

W&M is one of only 17 FCS schools to play 1,000, or more, games in college football history. Outside of the IVY League schools, only 13 have played 1,000, or more.

W&M ranks inside the top 30 for all-time victories (511) and is one of four teams in the current CAA Football Conference with 500, or more.

## CHAMPIONSHIPS

In 1942, W&M won its first Southern Conference Championship. W&M would add Southern titles in 1947, 1966 and 1970.

After joining what is now the CAA Football Conference in 1993, W&M has won conference championships three times. The Tribe captured league titles in 1996, 2001 and 2004.

## BOWL GAMES

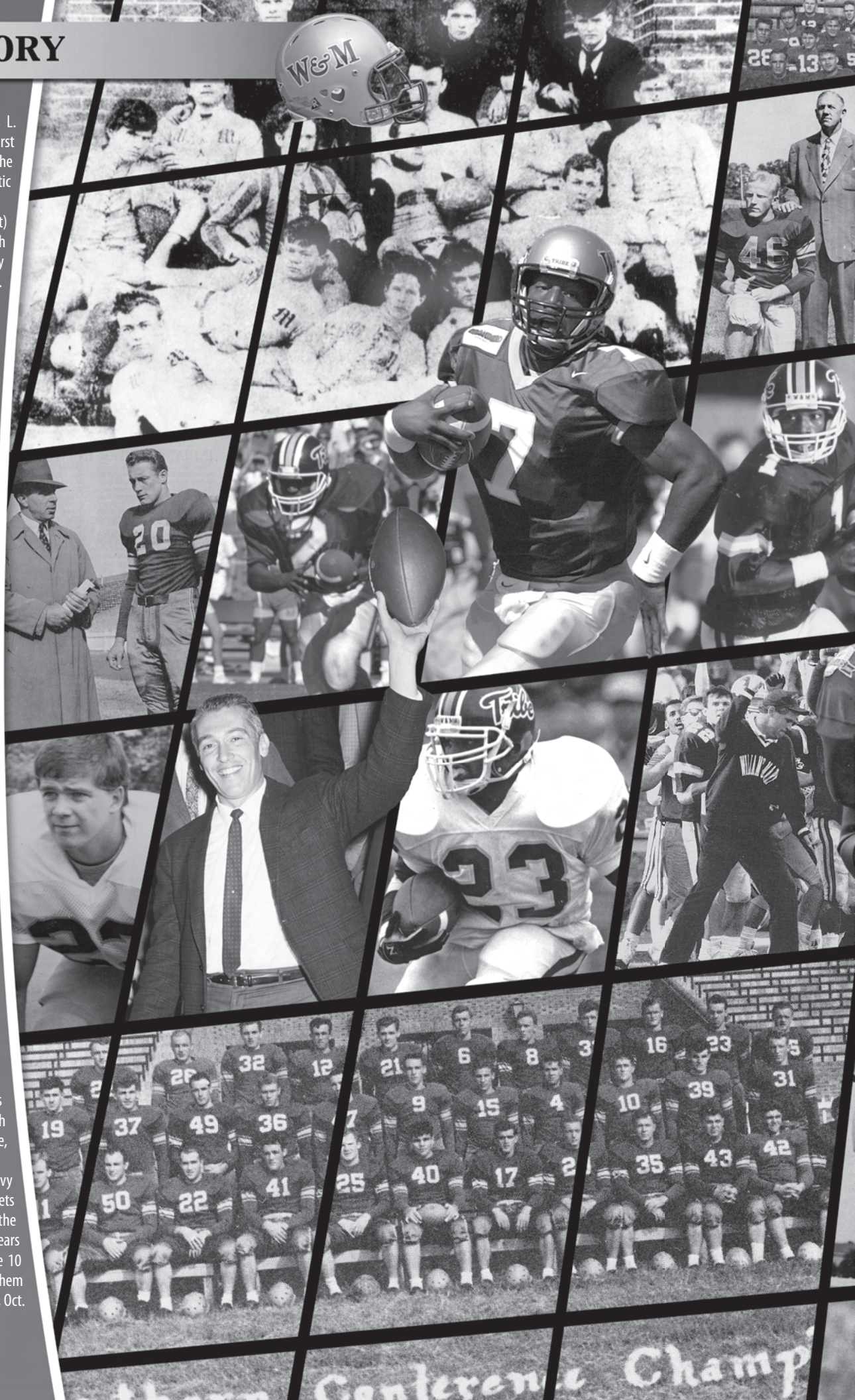
W&M would earn bowl bids in back-to-back years in 1947 and 1948, with the latter being a 20-0 win over Oklahoma State in the Delta Bowl.

In 1947, W&M faced Arkansas in the Dixie Bowl, and in 1970, W&M battled Toledo in the Tangerine Bowl.

## REMEMBER WHEN

Flyin' Jack Cloud led W&M to one of the nation's biggest upsets in 1947, a 7-7 tie against North Carolina, and wins over N.C. State, Virginia Tech and Arkansas.

W&M's 1967 victory over Navy ranks as one of the biggest upsets in college football history. When the NCAA celebrated the first 100 years of college football, they listed the 10 greatest upsets in history. One of them was William and Mary 27, Navy 16, Oct. 21, 1967.





## STORIED RIVALRIES

The W&M-Richmond rivalry is the fourth-most played series in FCS history, trailing only Lafayette-Lehigh (142), Yale-Princeton (129) and Yale-Harvard (123).

The W&M-UR and W&M-VMI rivalries are both among the nine current longest uninterrupted running FCS rivalries in the nation.

## LEGENDARY COACHES

In 1964, current NFL Hall-of-Famer Marv Levy took over and later directed W&M to one of the school's biggest victories, the 27-16 win over Navy in 1967.

Lou Holtz succeeded Levy as head coach and guided W&M to a berth in the Tangerine Bowl in 1970.

Bobby Ross was an assistant on Holtz's 1970 Southern Conference Championship team.

## ALL-AMERICANS

Beginning with Hap Halligan in 1930, Buster Ramsey in 1942 and Jack Cloud in 1946, and ranging to Rich Musinski in 2003 and Lang Campbell in 2004, W&M boasts a long and impressive list of All-Americans.

The program has produced over 60 all-time All-Americans, including 30 under current head coach Jimmye Laycock.

## LAYCOCK ERA

Laycock returned to his alma mater as head coach in 1980 and has guided the program through an unprecedented run of success that stretches to present day.

W&M has posted 18 winning seasons, made seven playoff appearances and nine postseason appearances in total, while rewriting nearly the entire football record book under Laycock.

In 2004, the program reached new heights, advancing to the national semifinals for the first time, recording a school-record 11 wins and finishing with an all-time high No. 3 final ranking.

# FACILITY ENHANCEMENT



The William and Mary Athletics Department has recently taken major steps in upgrading the football program's facilities. Primarily through the generosity of private donors, current and future Tribe football players will enjoy some of the finest, modern day facilities and amenities in the nation.

The program saw the addition of a state-of-the-art lighting system to accommodate night games at Zable Stadium in 2005, and the installation of a new top-of-the-line artificial playing surface, FieldTurf Pro, which is featured in over 20 NFL Stadiums, at Cary Field in 2006.

Additionally, the 30,000-square foot Jimmie Laycock Football Center is scheduled to be completed in November and functional for the 2008 season.

The Laycock Football Center is located at the northwest corner of the stadium and, at a cost of \$11 million, was funded exclusively through private gifts.

The center will provide a new home for meeting rooms, coaches offices, team and coaches lockers, an athletic training room, equipment storage areas, and administrative support areas – as well as an entrance that will include an area dedicated to the program's rich history.

As part of the Laycock Center project, the Joseph Montgomery Practice Complex was also redone with brand new natural grass Bermuda sod. The complex will feature a full-length practice field, running parallel to the Laycock Center, and a 40-yard field sitting perpendicular to the main practice field. Both fields will feature permanent goal posts.

And, in June, the department announced a new, state-of-the-art scoreboard with video replay capabilities would be installed and ready for the 2007 season. The scoreboard will be located in the same area as the old scoreboard and supported by brick columns that will compliment the campus surroundings.

## THE JIMMIE LAYCOCK FOOTBALL CENTER



*The groundbreaking ceremony for the Laycock Center in September of 2006.*



*Jimmie Laycock and W&M President Gene R. Nichol look over the Laycock Center construction.*



## JIMMYE LAYCOCK FOOTBALL CENTER

### Overview

- \$11 million estimated cost
- 30,445 square feet, two-stories
- Houses meeting rooms, coaches offices, locker rooms, equipment room, training room and football hall of fame space

### Office Space

- Eight coaches offices, including 500 square foot head coach suite with balcony view into Zable Stadium
- Assistant coaches offices will overlook practice field
- All offices will be networked into a state-of-the-art video system
- 300 square foot video production room

### Meeting Space

- One 2,500 square foot team meeting room with wall-to-wall carpet
- Four additional position meeting rooms, averaging 300 square feet
- All meeting areas networked with video system
- 900 square foot recruiting lounge with window and balcony overlooking Zable

### Lobby

- 1,650 square foot area serving as grand entrance with circular stairwell to offices
- Sky lights
- Will display prominent moments from program's proud history

### Athletic Training Room

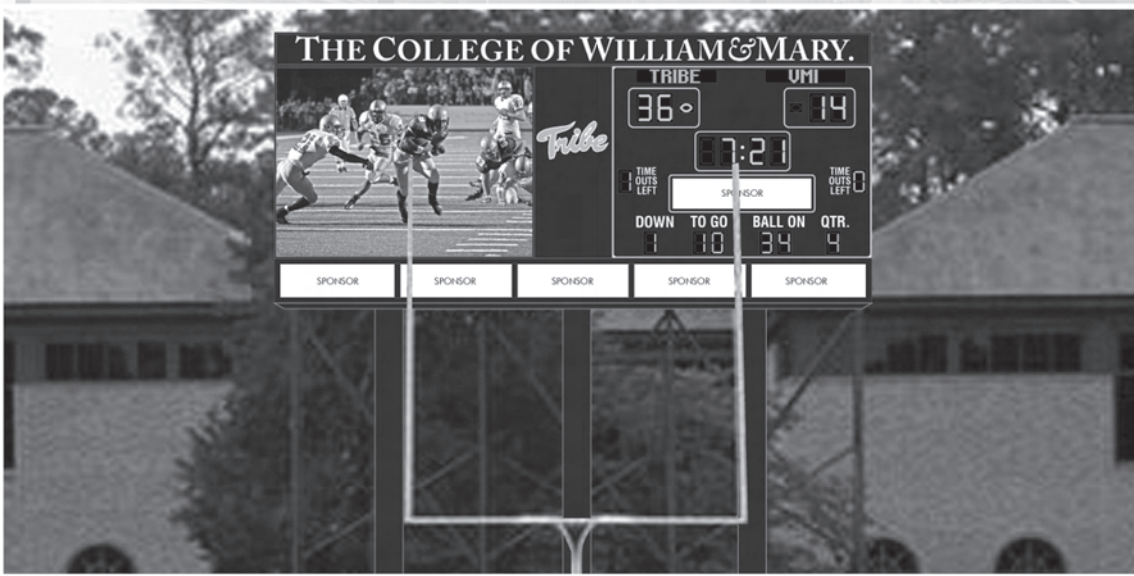
- 3,900 square feet, featuring 2,800 square foot treatment, rehabilitation and taping area
- Hydro-therapy pool
- Doctor's exam room

### Locker Room

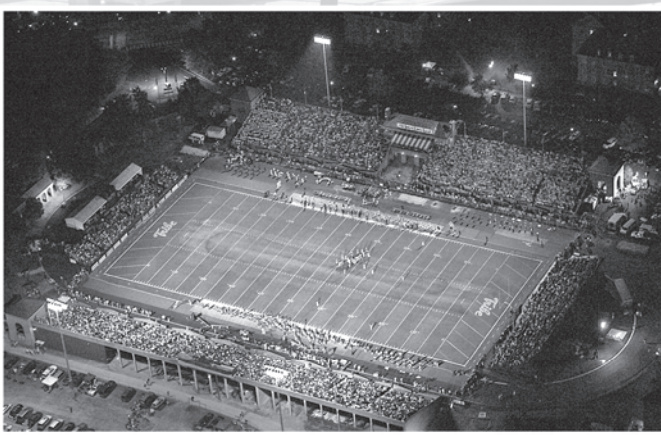
- 4,200 square feet, carpeted with space for 100 lockers
- Breakout meeting space
- Full bathroom/shower area and drink station



*A new, natural Bermuda grass sod surface was installed on the Montgomery Practice Complex in June 2007.*



*A Daktronics' rendering of the planned new scoreboard at Zable Stadium. The scoreboard will feature a video and message screen to the left and a LED display area with game information to the right. The board will also feature six sponsorship panels and brick support columns.*



*(Left) A state-of-the-art permanent lighting system was installed at Zable Stadium in 2005.*

*(Right) An artificial surface, FieldTurf Pro, replaced the natural grass surface of Cary Field in the summer of 2006. FieldTurf Pro is the same surface featured in over 20 NFL Stadiums.*



# ZABLE STADIUM



## QUICK FACTS

### Official Name

Walter J. Zable Stadium at Cary Field

### Seasons

71, Opened in 1935

### Original Cost

\$138,395 - Financed by a grant through the Public Works Administration

### Capacity

12,259

### Surface

FieldTurf Pro

### First Game

Sept. 21, 1935  
vs. Virginia (Tied, 0-0)

### First Win

Oct. 19, 1935  
vs. Guilford (44-0)

### First Playoff Game

Nov. 29, 1986  
vs. Delaware (Lost, 51-17)

### First Playoff Win

Nov. 24, 1990  
vs. UMass (Won, 38-0)

### All-Time Record

189-108-6 (.634)

### W&M vs. Yankee/A-10/CAA

38-20 (.655)

### Laycock's Record at Zable

98-39-1 (.714)

### Largest Crowds

Estimated 19,000 vs. UNC on Nov. 5, 1949; 18,054 vs. Richmond on Nov. 16, 1985

### Longest Winning Streak

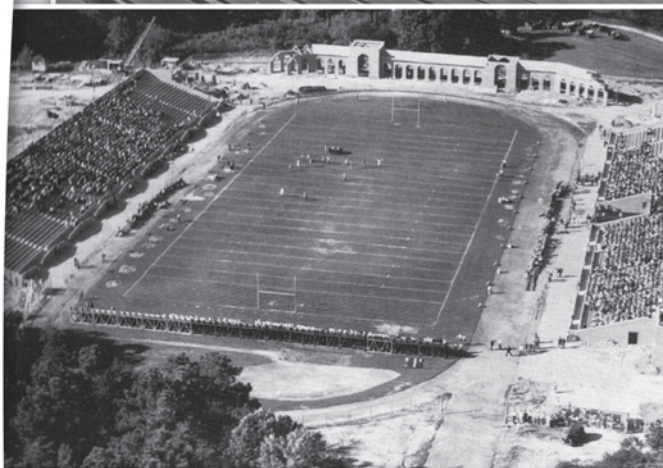
14, 11/23/91-10/15/94

### Largest Margin of Victory

61, 61-0 vs. GW, 1942; 61-0, vs. Ft. McLelland, 1946

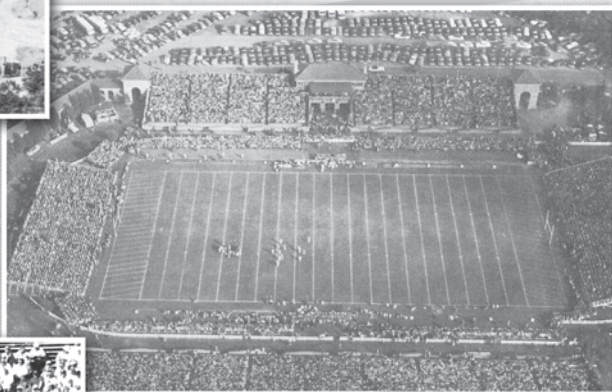
### Largest Margin of Defeat

49, 55-6 vs. West Virginia on Nov. 15, 1958



The aerial shot above shows a game at Cary Field in 1935, the inaugural season in the current stadium. W&M began playing in the stadium before construction was complete, as shown in the photo.

(Below) Over 19,000 fans packed Cary Field on Nov. 5, 1949 to watch the College battle the University of North Carolina.



(Left) With Walter Zable ('37) and wife Betty ('40) on hand, former president Paul Verkuil announced the dedication of Zable Stadium on Nov. 3, 1990.

(Right) A sellout crowd watched W&M and JMU battle in a NCAA Semifinal contest in 2004. Temporary lights were brought in to accommodate a national television broadcast on ESPN2. Permanent lighting was installed in 2005.



# ZABLE STADIUM TIMELINE

## 1906-07

The first Cary Field is built, near the current location of Blow Memorial Hall.

## LATE 1920s

Cary Field is moved farther west on campus, approximately to the current site of the Bryan residence complex.

## SEPTEMBER 21, 1935

The "New" Cary Field opens at the stadium's current location with a wooden baseball-style bleacher capacity of 10,000. Although the stadium is not fully constructed, W&M and Virginia battle to a scoreless tie. Later that season, W&M records its first victory in the stadium, a 44-0 decision over Guilford.

## NOVEMBER 5, 1949

An estimated crowd of more than 19,000 packed the Cary Field Stadium to witness North Carolina earn a hard-fought, 20-14, victory over W&M. It was the College's only loss at Cary Field that season.

## 1979

A \$1 million renovation project at Cary Field replaced the wooden seats, repaired masonry, renovated locker rooms and provided the first enclosed press box.

## NOVEMBER 16, 1985

An official Homecoming crowd of 18,054 watched the Tribe defeat Richmond, 28-17, in the season finale, completing the first undefeated season at Cary Field under Jimmie Laycock.

## NOVEMBER 29, 1986

W&M hosted Delaware in the first NCAA Playoff game at Cary Field, falling 51-17.

## NOVEMBER 3, 1990

The stadium at Cary Field is officially dedicated, Walter J. Zable Stadium, before the Homecoming game against Furman.

## SEPTEMBER 25, 1993

W&M defeated Harvard, 45-17, on the 100th anniversary of the College's first football game.

## SUMMER 2003

Open-air skyboxes are added above the grandstands in the North end zone.

## DECEMBER 10, 2004

The College hosted state-rival James Madison in the NCAA Semifinals in the first night game at Zable Stadium. Temporary lighting was brought in to accommodate a national Friday-night broadcast of the sold out contest on ESPN2.

## JUNE 17, 2005

The W&M Athletics Department announced it received \$650,000 in anonymous gifts for the installation of permanent lights at Zable Stadium. The lights were installed later in the summer and debuted on Nov. 5, when the Tribe hosted James Madison in the first regular season night game at Zable Stadium.

## SUMMER 2006

The College completed a \$840,000 project to replace Cary Field's natural grass playing surface with a brand new, top-of-the-line artificial surface, FieldTurf Pro, which is used in over 20 NFL stadiums.

## JUNE 25, 2007

W&M announces a new state-of-the-art scoreboard with video replay capabilities will be installed in time for the 2007 season. The scoreboard, financed through private donations at a cost of approximately \$800,000, will be 53'-3" wide x 27'-5" high, and will be located in the same area as the old scoreboard. It will be supported by brick columns that will compliment the campus surroundings. The scoreboard will have space for six sponsorship panels and will be separated into two sections, one holding a video screen, the other will contain game information.

## ATTENDANCE RECORDS

(Since 1997\*)

1. 12,287 - Nov. 5, 2005 (JMU, L, 30-29)
2. 12,259 - Dec. 10, 2004 (JMU, L, 48-34)
- 12,259 - Sept. 30, 2006 (Hofstra, L, 16-14)
4. 11,741 - Sept. 24, 2005 (Liberty, W, 56-0)
5. 11,682 - Sept. 28, 2002 (Delaware, W, 45-42)
6. 10,706 - Sept. 16, 2006 (Maine, L, 20-17)
7. 10,667 - Aug. 30, 1997 (Hampton, W, 31-6)
8. 10,629 - Oct. 28, 2006 (Villanova, L, 35-31)
9. 10,559 - Oct. 25, 1997 (Villanova, L, 20-17)
10. 10,553 - Oct. 18, 1998 (UNH, L, 31-19)

## SEASON AVERAGES

(Since 1997\*)

1. 10,645 - 2006 (5 games)
2. 9,306 - 1997 (5 games)
3. 9,162 - 2005 (5 games)
4. 8,432 - 2002 (5 games)
5. 8,366 - 2004 (8 games)

\*Modern Day attendance figures. In 1997, the seating capacity of Zable Stadium was changed to 13,279, from 15,000, and was later altered to the current capacity of 12,259.

## LARGEST MARGIN VICTORY

1. 61 (61-0)..... GW, 1942
- 61 (61-0)..... Ft. McL., 1946
3. 56 (56-0)..... Liberty, 2006
4. 53 (53-0).... Apprentice, 1941
5. 50 (57-7)..... R. Macon, 1941
6. 49 (49-0).. Virginia Tech, 1946
- 49 (56-7).... The Citadel, 1947
- 49 (49-0)..... VMI, 1998
9. 48 (54-6)..... VMI, 1949
10. 46 (46-0).... Ft. Monroe, 1944

## LARGEST MARGIN DEFEAT

1. 49 (55-6)..... WVU, 1958
2. 47 (47-0)... Wake Forest, 1950
3. 46 (52-6)..... Furman, 1999
4. 41 (41-0)..... Ohio, 1968
5. 39 (39-0)... Wake Forest, 1956

# STRENGTH TRAINING



## JOSEPH W. MONTGOMERY STRENGTH TRAINING CENTER

The Joseph W. Montgomery Strength Training Center, located in the lower level of Kaplan Arena, was designed by John Sauer in 1995. The state-of-art center was made possible through the generosity of Joseph W. Montgomery, '74.

Montgomery earned All-Southern Conference honors as a junior and repeated as a senior when he captained the Tribe. He also earned All-ECAC honors that year and Third-Team All-America honors.

### Overview

- 16,000 lbs. of free weights
- 7,000 lbs. of dumbbells
- 6,000 lbs. of bumper plates
- 20 dynamax medicine balls
- 24 custom Olympic platforms
- 18 multi-purpose power racks
- 10 dumbbell benches
- Six glute-ham benches
- Four abdominal benches
- Six dip bars
- Two power squats
- Two ground-based jammers
- Full-equipped plyometric area
- Selectorized machines

## WEIGHT ROOM RECORDS

### 40-yard dash

4.32, Hasani Cameron, 2000

### Vertical Jump

40.5", David Houff, 2006

### Hang Clean

395 lbs., Brian Giamo, 1996

### Back Squat

635 lbs., Nick Gilliland, 2000

### Incline Bench

425 lbs., Ray Loffredo, 2001

### Bench Press

500 lbs., Ray Loffredo, 2001 & Greg Whirley, 1997

Current players with position records:

### David Houff (Safeties)

Vertical jump - 40.5"  
Squat - 500 lbs.  
Power clean - 335 lbs.



## John Sauer

Director of Speed, Strength and Conditioning

Head Speed, Strength and Conditioning Coach John Sauer is now in his 20th year as the director at William and Mary. He is responsible for all aspects of strength and conditioning for the Tribe's 23 varsity sports.

Under his guidance, the College has had a football player earn All-America strength honors for the past 19 seasons, including the recent selections of Josh Wright ('07), Adam O'Connor ('06) and Dominique Thompson ('05) as All-American Strength and Conditioning Athletes of the Year by the National Strength and Conditioning Association (NSCA).

During the summer of 2005, Sauer was one of seven coaches nationwide recognized as a Master Strength and Conditioning Coach (MSCC). The title of MSCC is the highest honor that can be achieved as a strength and conditioning coach. It represents professionalism, knowledge, experience, expertise, as well as longevity in the field. For these reasons, all applicants must be a full-time collegiate and/or professional strength and conditioning coach for a minimum of 12 years in order to be considered for this distinction.

In 1995, Sauer designed the Joseph W. Montgomery Strength Training Center located in the lower level of William and Mary Hall. This 5,000 square foot facility was upgraded in the spring of 2006, primarily with new Power Lift and Sorinex equipment. The room now contains 16,000 pounds of free weights, over 7,000 pounds of dumbbells and 6,000 pounds of rubber bumper plates. In addition, it has 24 custom-built Olympic platforms, 18 multipurpose power racks and a fully-equipped plyometric area.

Sauer came to William and Mary from Clemson where he was an assistant strength and conditioning coach. At Clemson, he assisted in the development, coordination and implementation of strength and conditioning programs for more than 450 varsity athletes.

Before Clemson, Sauer held assistant coaching positions at the University of Utah in Salt Lake City and at Southern Methodist University in Dallas. He earned his bachelor of science degree in health and physical education from the University of Montana in 1984. In 1985, he received his master's in health and physical education from Delta State University, where he was the head coach of strength and conditioning in charge of all varsity sports.

Sauer is a certified member of the Collegiate Strength and Conditioning Coaches Association. He is also a member of the NSCA, International Sports Science Association, U.S. Weightlifting Federation and is both a Certified Strength and Conditioning Specialist and Strength and Conditioning Coach Certified. Sauer is certified as a Level I Club Coach & Level II Senior Coach by U.S.A. Weightlifting. Additionally, he has achieved Level I Coaches certification from the USAT&F. From 1996-98, Sauer was honored as Strength and Conditioning Professional of the Year by the CAA.



Senior tight end Drew Atchison was presented the 2007 John A. Stewart Memorial Winter Warrior Award following the spring game.



## Daniel Kohn

Assistant Coach

Daniel Kohn is entering his third year as assistant speed, strength and conditioning coach. Kohn works primarily with men's and women's basketball, men's and women's track and field, women's volleyball and gymnastics.

Kohn came to William and Mary from the University of Washington, where he was a part-time assistant strength coach 2004-2005. He assisted in the development, coordination and implementation of strength and conditioning programs for football, men's and women's basketball and women's volleyball.

Kohn earned a B.S. in Kinesiology from California State University-Fullerton in 2002. In 2004, Kohn received his M.A. in sports management from California State University-Long Beach.

Kohn is a member of the NSCA, USA Weightlifting (USAWF), International Sports Sciences Association (ISSA), Collegiate Strength and Conditioning Coaches Association (C.S.C.C.a) and is recognized as a Certified Strength and Conditioning Specialist (CSCS), Strength and Conditioning Coach Certified (SCCC) and Sports Performance Nutritionist (SPN). Kohn also is a Level 1 Club Coach from U.S.A. Weightlifting.



## Robert Shoop

Assistant Coach

Robert Shoop is entering his third year as assistant speed, strength and conditioning coach. Shoop works primarily with lacrosse, field hockey, soccer, golf, tennis, swimming and cross country. Shoop also assists the football team with

speed development and running mechanics.

Shoop came to W&M from Velocity Sports Performance in Chesapeake, where he worked with athletes on speed and power development and trained college football players in preparation for their NFL combine and Pro Day. Shoop also trained NFL players during their offseason workouts.

Before Velocity, Shoop worked for the NHL's Dallas Stars, assisting the head strength coach with on and off-ice player development. He also trained several of the Dallas Cowboys and other NFL athletes at a sports training facility in Dallas.

Shoop graduated from the University of North Texas with a B.S. in kinesiology, minor in health promotion, and is a member of the NSCA, Collegiate Strength and Conditioning Coaches Association (C.S.C.C.a) and is a Certified Strength and Conditioning Specialist and Strength and Conditioning Coach Certified. Shoop is also a certified Level 1 Club Coach by U.S.A. Weightlifting and a specialist in sports conditioning (SSC) from the International Sports Science Association (ISSA).

## JOHN A. STEWART WINTER WARRIORS

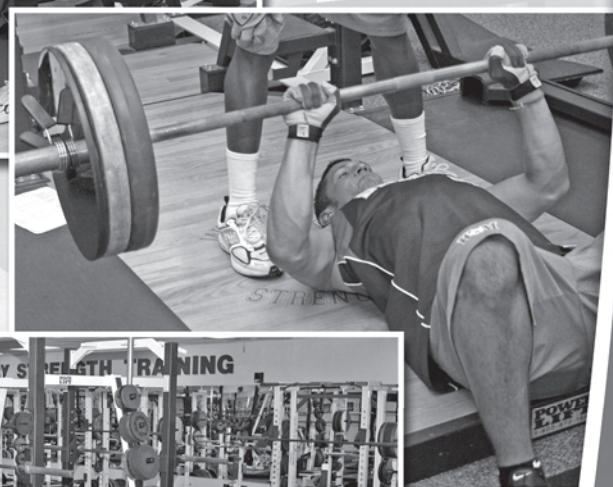
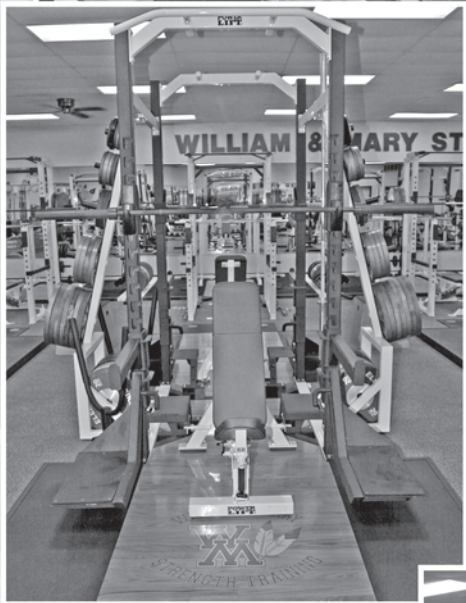
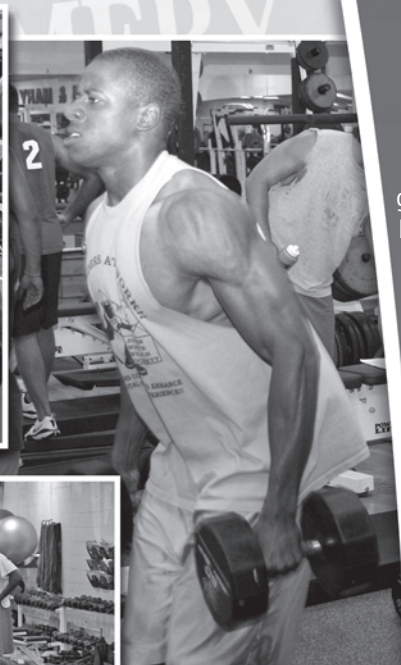
The Winter Warrior Award is given annually to the player who best exemplifies the qualities of dedication, effort and achievement that defined Stewart's career. Award winners are judged on their improvements both on the field and in the offseason training program.

2007 ..... Drew Atchison  
 2006 ..... Trevor McLaurin  
 ..... Josh Wright  
 2005 ..... Adam Bratton  
 2004 .. Dominique Thompson  
 2003 ..... Wade Harrell  
 2002 ..... Nick Rogers  
 2001 ..... Corey Paxton  
 2000 ..... Nick Makriannis  
 1999 ..... Nick Makriannis  
 1998 ..... Justin Solomon  
 1997 ..... Peter Coyne  
 1996 ..... Sean McDermott  
 1995 ..... Stefon Moody  
 1994 ..... Jim Simpkins  
 1993 ..... Mike Tomlin

## NSCA ALL-AMERICANS

The NSCA All-American Athlete of the Year program is in its 28th year and recognizes student-athletes dedication to strength training and conditioning. The athletes are also recognized for their academic and personal accomplishments and their integrity as student-athletes.

Josh Wright ..... 2007  
 Adam O'Connor ..... 2006  
 Dominique Thompson... 2005  
 Nick Rogers ..... 2004  
 Mohammed Yousofi ... 2003  
 Marty Magerko ..... 2002  
 Todd Greineder ..... 2001  
 Mike Beverly ..... 2000  
 Sean Reid ..... 1999  
 Sean McDermott ..... 1998  
 Brian Giamo ..... 1997  
 Josh Beyer ..... 1996  
 Jim Simpkins ..... 1995  
 Tony Tomich ..... 1994  
 Keith Booker ..... 1993  
 Mike Locke ..... 1992  
 Robert Green ..... 1991  
 Tyrone Shelton ..... 1990





## LINKENAUGER ATHLETIC TRAINING SUITE

The future Mont M. Linkenauer PT, ATC, Athletic Training Suite will be located on the lower level of the Jimmie Laycock Football Center.

The Linkenauer Athletic Training Suite will be a state-of-the-art facility, encompassing approximately 3,900 square feet.

Steve Cole and Andy Carter worked closely with the architects to design the facility, which will be unrivaled in the CAA Football Conference and include features that can benefit all Tribe student-athletes.

One of the highlights of the new facility is a HydroWorx aquatic therapy pool, the same system used by Dr. James Andrews, renowned orthopedic surgeon, the University of Texas, Navy Seals, Pittsburgh Steelers, San Antonio Spurs and Manchester United.

The Linkenauer Athletic Training Suite is another piece of the overall facilities enhancement, which continues to bring the Tribe's facilities to an elite level.

"The Linkenauer Athletic Training Suite will allow the Sports Medicine Department to keep pace with the cutting edge practices and treatments of athletic health care and rehabilitation," said Cole.

A look at the new facility:

### Linkenauer Athletic Training Suite

- 3,900 square feet
- Aquatic therapy pool with underwater treadmill and multiple workstations
- Hot and cold whirlpools
- Spacious treatment and rehabilitation area with state-of-the-art therapeutic modalities
- Private physician examination room
- Olympic platform for strength training progression for injured athletes
- Four-station taping area
- Cardiovascular exercise equipment



### Andy Carter

Associate Athletic Trainer  
Head Football Athletic Trainer

A William and Mary alumnus and former Tribe student athletic trainer, Carter returns to the Tribe sidelines for his fourth year as the head football athletic trainer, overseeing the sports medicine services for the team.

In this role, he supervises the health care for the football, men's and women's gymnastics, and men's and women's golf programs. Carter joined the staff in 2000 and in the summer of 2003 moved into the athletic training room full time as an assistant athletic trainer.

Carter received his B.S. in Kinesiology from the College of William and Mary in 1998. He then attended Illinois State University where he earned his M.S. in Health, Physical Education, and Recreation with an emphasis in Sports Management.

In addition to his clinical responsibilities at the College, Carter is also involved in sports medicine education on many levels. A former ACES participant during his BOC exam preparation, he has been an instructor for the ACES Preparatory Workshop since 2000. He developed and continues to coordinate the Sports Medicine rotation for the Riverside Family Medicine Residency Program and has also served as an instructor in the SMART (Sideline Management Assessment Response Techniques) Workshop. He oversees the Athletic Training Aide program in which pre-med and pre-physical therapy students work alongside the staff in the clinic and on the field. Carter serves a Clinical Instructor for the Post-Professional Athletic Training Educational program at Old Dominion University, and, each spring, he teaches a course on the evaluation and treatment of the spine.

Originally from Fieldale, Va., Carter resides in Williamsburg with his wife, Kristina, who is a physical therapist at the Advanced Specialty Center of Williamsburg Physical Therapy.



### Steve Cole

Assistant AD, Health Services

Steve Cole enters his 25th year at the helm of the William and Mary Sports Medicine program. One who is familiar with the logistics and scope of the sports medicine field on all levels, Cole has a comprehensive knowledge of the broad discipline and all its components.

Under the direction of Cole, Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility. There are seven full-time certified athletic trainers and two graduate assistants from the post-graduate athletic training educational program at Old Dominion University on staff. In addition, a group of undergraduate students serve as athletic training aides and assist in the daily operation of the sports medicine program.

A certified athletic trainer (ATC), Cole graduated from West Virginia University in 1976 with a bachelor's degree in physical education and athletic training. He subsequently earned a master's degree in sports medicine in 1978 from the University of Virginia.

Last year, the National Athletic Trainers Association (NATA) recognized Cole as the College/University National Athletic Trainer of the Year. In 1997, Cole received his 25-year membership pin from NATA. He was also recognized for his service to the profession, receiving the Athletic Trainer Service Award, one of only three recipients from the Mid-Atlantic Region. In 2000, Cole was honored by the College for his many years of service to William and Mary with the recognition as an honorary alumnus.

A true fitness buff, Cole is an exemplary model for all the athletes. He is an avid competitor who has participated in a variety of triathlons since 1980, spending countless hours of his spare time in training. Cole resides in Williamsburg with his wife Lonna, 9-year-old daughter Sydney Janaé, and 4-year-old daughter Jahnessa Yaxin.



*Cole was recognized during a home football game last season after being named the NATA National Athletic Trainer of the Year.*



### Renée Cork

Senior Associate Athletic Trainer

Renée Cork, a graduate of Iowa State, is beginning her 16th year with the staff. She holds the title of senior associate athletic trainer. In 1999, Cork received the Sport Safety Training Award from the American Red Cross and is in charge of the CPR training for all William and Mary coaches. In 2002, the governor of Virginia appointed Cork to the Athletic Training Advisory Board under the Board of Medicine. She is the only collegiate athletic trainer and the only female representative on the Advisory Board. Cork is very involved in the athletic training profession, serving on several athletic training committees at the state and regional levels.

This past summer, the National Athletic Trainers Association (NATA) recognized Cork as the College/University National Assistant Athletic Trainer of the Year.

## SPORTS MEDICINE EDUCATION

Throughout the year, the College hosts a wide range of sports medicine programs, drawing participants from across the nation:

- The ACES Preparatory Workshop is designed to prepare students to take the Board of Certification (BOC) exam to become certified athletic trainers. Hosted at institutions across the country, the ACES Workshop identifies participants' strengths and weaknesses and focuses their study into their weaker content areas.

- The Cramer Sports Medicine Workshop at William and Mary offers high school students a four-day introduction to the field of sports medicine. Classroom instruction on emergency procedures, injury recognition, and basic rehabilitation is mixed with hands-on lab activities including taping and wrapping and CPR.

- The Division of Sports Medicine serves as the sports medicine rotation site for the Riverside Family Medicine Residency Program. Second and third-year residents come to William and Mary to work with our staff and enhance their skills in orthopedic examination, sports injury management, and physical therapy referral.

- William and Mary is a clinical site for the Old Dominion University Post Professional Graduate Athletic Training Education Program. Two students from Old Dominion complete their two-year clinical assignments as graduate assistants under the direction of our staff.

For more information about the Division of Sports Medicine, including details about these educational programs, please visit our web site at:

[www.wm.edu/sportsmedicine](http://www.wm.edu/sportsmedicine).

**John Knaul**, who earned his Bachelor's degree at Alfred University and master's Elmira College, is in his eighth year as a Senior Assistant Athletic Trainer. He and his wife, Katie, reside in Williamsburg.

**Lisa Shook**, who holds a Bachelor's degree from Salisbury University and master's from Western Carolina, and **Michele Swaney**, who holds a Bachelor's degree from California University of Pennsylvania and master's from Virginia, return for a third year as Assistant Athletic Trainers. Additionally, **Hollie Walusz** joins the staff as an Assistant Athletic Trainer, after completing her undergraduate degree at Northern Iowa and Master's at UNC Chapel Hill.

Also, the two graduate assistants from the post professional graduate athletic training education program at ODU, **Carla Boelte** and **Nicole Neumann**, return for their second years on the staff. Boelte is a graduate of Bridgewater College, while Neumann attended Marietta College.

The Division of Sports Medicine at the College of William and Mary is responsible for the health care of nearly 450 student-athletes in 23 intercollegiate sports. The athletic training program focuses on the prevention, evaluation, treatment, and rehabilitation of athletic injuries for all intercollegiate student-athletes.

In addition to the full-time athletic trainers, the sports medicine staff consists of a team physician and a network of physicians and medical specialists from the local community.

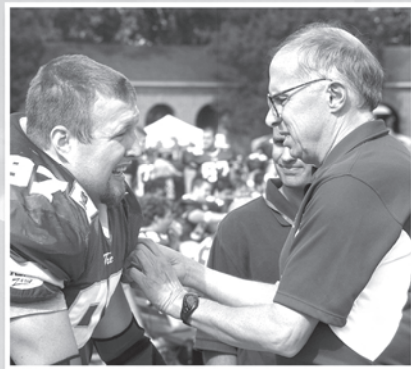
A presence on the Tribe sideline for the past 40 years, retired **Dr. George Oliver** now holds the title of W&M's team physician emeritus. Oliver was recognized by the College as an honorary alumnus in 2002.

**Michael Potter** is in his fifth year on the staff as the team physician. The team physician oversees the full-time athletic training staff and has overall responsibility for supervising the sports medicine program. A family practice/sports medicine specialist, Potter earned his medical degree from Texas A&M. He completed his residency at the Riverside Family Practice in Newport News and his sports medicine fellowship at Wake Forest University. Potter is in private practice with the Virginia Center of Athletic Medicine (VCAM) of Tidewater Physicians Multispecialty Group (TPMG).

**Ed Wilhelm** and **Alex Lambert**, surgeons at Virginia Orthopedics and Sports Medicine (VOSM), provide the team's orthopedics care. Each brings a vast amount of experience to their positions, having worked and traveled on the international level as sports medicine physicians. Also assisting the Tribe is chiropractor **Bob Pinto**.

**John Mitrovic**, a former Tribe football player who graduated in 1983, is the owner/director of Williamsburg Physical Therapy Center. He is a licensed physical therapist, a certified strength and conditioning specialist and a certified athletic trainer. Mitrovic works with the program as a physical therapy consultant.

William and Mary's "team approach" to health care allows the sports medicine program to offer a wide range of comprehensive service to the student-athletes in a caring, cooperative manner.



# EQUIPMENT

## LOCKER ROOM

The future locker room in the Jimmie Laycock Football Center will encompass approximately 4,200 square feet with space for 100 lockers.

Jerry Fife and the Wenger Corporation collaborated on the concept and design of the new GearBoss line of lockers. The result will deliver one of the most unique team room lockers in the country.

The new units will be constructed of antimicrobial laminates and surfaces, which improves room sanitation.

The lockers will feature an air flow system for the functional drying of helmets and shoulder pads, as well as shoes and gloves.

For security, the lockers will feature a push button locking mechanism with personal un-locking number codes.

Each locker will have a power outlet for charging personal computers and communication devices.

At the top of each locker, a back-lit name plate will identify each player's personal unit.

The lockers are completely modular for easy adaptation and a continued new look and feature bolt-through construction for commercial-grade durability.

## EQUIPMENT ROOM

The new equipment room in the Jimmie Laycock Football Center will be another state-of-the-art area that will enable the equipment staff to more efficiently facilitate its operations.

Among the highlights of the new equipment area:

- Issue lockers
- Laundry chute
- Modern laundry room with high speed extractors
- Loading Dock
- Movable storage system
- Wireless inventory system
- Private office
- Student and assistant work areas



**Jerry Fife**  
Head Equipment Manager

Jerry Fife is entering his sixth season as the College's head equipment manager. Fife handles all of the equipment issues for the Tribe football squad, including ordering and maintaining all of the team's gear.

Fife came to Williamsburg from Ashland University, his alma mater, where he held the position of Head Equipment Coordinator from 1998-2001.

Well-respected among his peers, Fife was named the District II Equipment Manager of the Year and was also a finalist for the National Equipment Manager of the Year Award for the Athletic Equipment Managers' Association (AEMA). He helped rewrite the AEMA certification exam and has chaired the association's National Education Committee since 2002 which has recently been charged with writing a manual for the AEMA which will be a reference source for certification and equipment management, while also serving as the chair of the national web site, [www.aema1.com](http://www.aema1.com). He has presented at the AEMA's national convention in 2001, 2002, 2003 and 2004 and also published an article in the AEMA Journal in 2006.

While at the College, Fife has been instrumental in the acquisition and use of the two "Tribe" trucks. The 30-foot equipment truck from Cook's Moving of Hampton, hauls the majority of the team's equipment on the road. The program also has a pickup from Williamsburg Dodge that follows along. Fife has also established a relationship with EZ-GO, which provides golf carts for use during the football season.

With the improvements and additions being made to the football program, Fife also has been a valuable asset in the design of the equipment room and locker room aspect of the Jimmie Laycock Football Center.

In addition to his work as the equipment manager, Fife also was an instructor of sports sciences at Ashland. After earning his undergraduate degree from Ashland in 1994, he began his career in the profession as a graduate assistant equipment coordinator, a position he held in 1996-97. He went on to earn a master's degree from Ashland in 2001. He has continued his teaching career, having created and instructed an equipment class for the NIAAA.

Fife is certified by the AEMA and has designed and maintained his own computer inventory program for use with student-athletes as well as a web site which he uses to gather information from William and Mary student-athletes.

Fife is married to the former Missy Harrison, and the couple resides in Lanexa, Virginia.



**James Carter**  
Assistant Equipment Manager

A true asset to the football program, James Carter is in his ninth year working with the equipment staff.

Carter's main responsibilities include driving the 30-foot, or 26-foot, moving trucks that haul the Tribe's equipment for all road games. Carter also drives any rental vehicles when the team flies to away games.

Carter takes responsibility for all sideline communications for both home and away contests, including setup and take down of all communication equipment and monitoring the functionality during the games.

Before and after games, Carter is an essential member of the equipment staff, assisting the athletes and coaches with any equipment needs that they may have.

The HVAC and Plumbing Supervisor at Paramount's Kings Dominion in Doswell, Carter volunteers his time to help the Tribe program on Fridays and Saturdays during the season, and whenever else he may be needed throughout the season.

Carter and his wife, Wendy, reside in Hanover, Virginia.



## Future Lockers

The images below show the prototype player locker that will be featured in the new locker room in the Jimmie Laycock Football Center.

