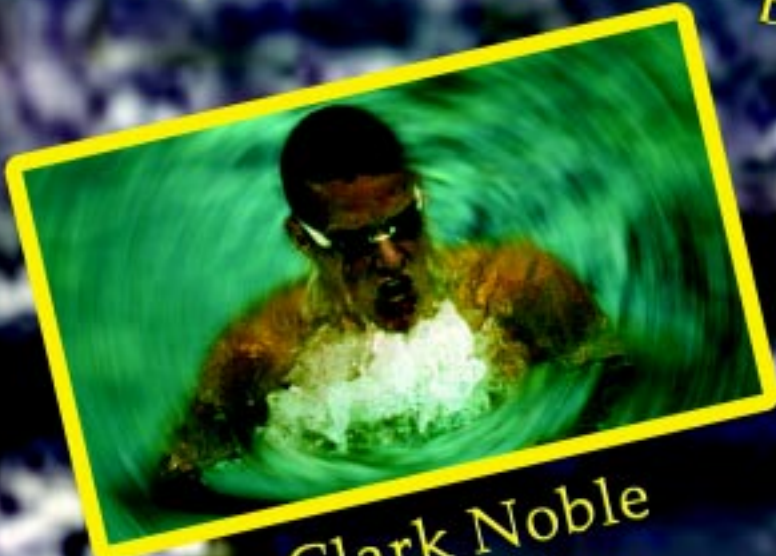


William and Mary Swimming and Diving 2003-2004

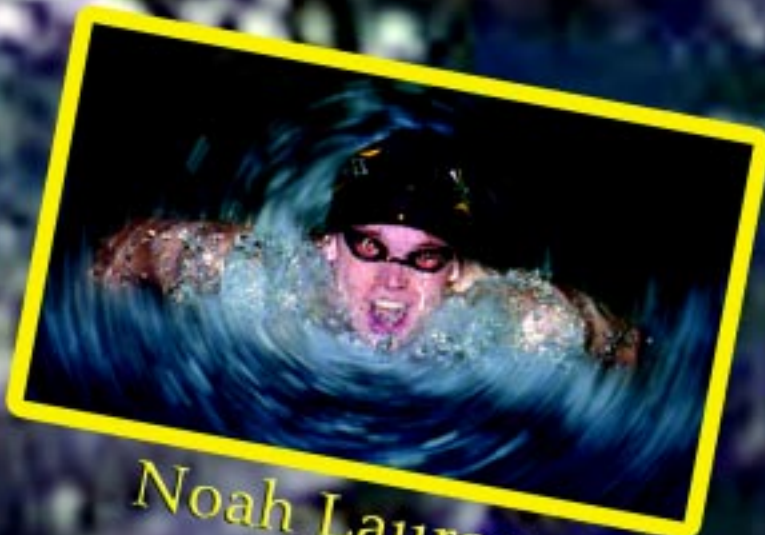
Tribe



Bryanne Matthews



Clark Noble



Noah Laurence



Meg Patterson







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2003-2004 William and Mary Swimming and Diving Media Guide

The College of William and Mary

Location: Williamsburg, Virginia

Mailing Address: P.O. Box 399, Williamsburg, VA 23187

Founded: 1693 (second-oldest college in U.S.)

Enrollment: 5,560

Nickname: Tribe

School Colors: Green, Gold and Silver

Affiliation: NCAA Division I

Conference: Colonial Athletic Association

President: Timothy J. Sullivan (William and Mary), 1966)

Athletics Director: Terry Driscoll (Boston College, 1969)

Associate Athletics Director: Barbara Blosser (Ohio State, 1975)

W&M Swimming and Diving

Director of Swimming and Diving: Gregg Sarbak

Phone: (757) 221-3393

E-mail: gdsarb@wm.edu

Assistant Coach: Samantha Smith

Phone: (757) 221-4576

Email: slsmi2@wm.edu

Diving Coach: Dr. Robert McNamee

W&M Sports Information

Swimming Contact: Paul Ring

E-mail: pkring@wm.edu

Phone: (757) 221-3344

Fax: (757) 221-3412

Web site: www.TribeAthletics.com

Directions to W&M

From the North/West: Take I-64 East to Lightfoot Exit 234 (Route 199 East). At top of exit ramp, take a right onto Route 199 East. Stay on 199 East until Monticello Avenue exit. Exit at Monticello Avenue, and bear left on exit ramp. At bottom of ramp, turn left at light onto Monticello (pass under 199). Go straight through first stoplight (at Ironbound Road). After the light, continue straight for about half a mile and take the first right onto Compton Drive (before light at hospital and shopping centers) There may not be a street sign! The road is heavily wooded on both sides. Continue on Compton Drive and turn right at the first stop sign onto Brooks Road. William and Mary Hall will be on your left.

From the South/East: Take I-64 West to Exit 242A (Route 199 West). Follow 199 to fourth light. At the fourth light, take a right onto Jamestown Road. Follow Jamestown Road 1.1 miles (past Lake Matoaka on left), then take a left onto Campus Drive. Take a left at the next stop sign and continue to follow Campus Drive while bearing right until you reach William and Mary Hall up the hill on your left.

Credits

To The Media: This booklet is primarily intended to assist our recruiting efforts. Nonetheless, we hope you will find it useful. Updated information is available by accessing the W&M Athletics web site at www.TribeAthletics.com. We are always happy to provide you with information for feature stories and often we can supply photographs. Please contact Paul Ring in the sports information office for more information.

Credits: This media guide is a publication of the W&M sports information office. Writing, layout and design by Laura Bodine and Paul Ring. Editing by Pete Clawson, Mario Machi, Chris Poore and Dan Wakely. Cover designed by Paul Ring. Photography by Laura Bodine, Pete Clawson, Phil Hess, Bob Keroack, Gary Miller and Rochelle Oakes.

**“Exercise and recreation ... are as necessary as reading;
I will say rather more necessary, because health is worth more than learning.
A strong body makes the mind strong.”
—Thomas Jefferson, W&M Class of 1762**

Few colleges in America can boast of the combination of athletic and academic excellence that is found at the College of William and Mary. Each year, more than 500 Tribe student-athletes, competing on 23 Division I teams, prove that it is possible to simultaneously excel at the highest levels of athletics and academics.

Athletic Excellence

The 2002-03 season was one of the best in W&M history, as the Tribe had a school-record 10 teams compete in the NCAA Tournament. Four teams won conference championships, while six teams ended the season nationally ranked in the top-25. Each year the goal of the athletics department is to finish in the top-100 nationally in the NACDA Directors' Cup standings and this season W&M far exceeded that standard, ending the 2002-03 campaign ranked 58th. It marked the eighth time in the last 10 years that the Tribe finished in the top-four in Virginia and first or second in the Colonial Athletic Association.

William and Mary fields Division I teams for both men and women in basketball, cross country, golf, gymnastics, soccer, swimming and diving, tennis, and indoor and outdoor track and field. There are also

field hockey, lacrosse and volleyball squads for women of the College, while there are two additional sports (baseball and football) for men.

Overall, the College has proven dominant in the CAA, leading the league with 73 conference titles, 24 more than the next closest school. In recent years, it has become typical for W&M to win at least five conference championships and send seven or more teams to the NCAA Tournament each season.

Academic Success

The Tribe's athletic accomplishments do not come at the expense of its students' academic responsibilities. In the 2002-03 season, W&M student-athletes, who make up close to 10% of the entire student body, compiled a 3.03 grade point average.

In 2002-03 the CAA began a Scholar-Athlete of the Year award for each of the league's 21 sports. Not surprisingly, W&M set the pace with five athletes winning the honor—Tara Flint (women's soccer), Ali Henderson (women's cross country), Adam Hess (men's basketball), Chris Parsons (men's track and field) and Ann Schnell (women's golf)—more than any other school.



William and Mary - A College of Champions

NCAA Championships (2)
Men's Tennis (2) 1947, 1948

CAA Championships (73)
Baseball (1) 2001

Men's Cross Country (11) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003

Women's Cross Country (11) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003

Men's Golf (1) 1985

Women's Lacrosse (1) 1992

Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000

Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003

Men's Tennis (2) 1988, 1990

Women's Tennis (16) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002

Men's Track and Field (3) 1992, 1993, 2003

Women's Track and Field (4) 1999, 2001, 2002, 2003

Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001

Atlantic 10 Football Championships (2)
1996, 2001

ECAC Championships (6)

Men's Gymnastics (2) 1992, 1994

Women's Gymnastics (4) 1999, 2001, 2002, 2003

Southern Conference Championships (48)

Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Football (4) 1942, 1947, 1966, 1970

Men's Soccer (1) 1976

Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Men's Outdoor Track and Field (12)
1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Wrestling (5) 1968, 1969, 1970, 1971, 1977



The College of William and Mary - The Best Small Public University in the United States

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler. The current chancellor of the College is former Secretary of State Henry Kissinger, and he took over the post from former British Prime Minister Margaret Thatcher.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy", and ranks 15th among the best regional business schools.



The Wren Building is the oldest one in the United States in which classes are still taught.



Lake Matoaka provides an on-campus field laboratory and recreational activities, and includes an amphitheatre to host concerts.

Did You Know?

- W&M is the best small public university in the nation, according to an analysis by *U.S. News and World Report*.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 30th overall among the nation's best universities.
- The average freshman retention rate is 96 percent.
- The College's student/faculty ratio is 12/1.
- Over 46 percent of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 17 students.
- W&M ranked 17th in graduation rates for national universities.
- Over 20,000 internships are posted on the school's web site.
- 10,400 high school students applied for 1,300 spots in the freshman class for the 2003-04 school year.
- More W&M graduates go on to earn doctorates than any other university in the state of Virginia.
- Over 83 percent of freshmen at W&M were in the top 10 percent of their high school graduating class.

In addition to the historic Williamsburg setting of the College, there are many other attractions offered within a reasonable driving distance from campus. W&M is located within three hours of Washington, D.C. Whether you like surfing at Virginia Beach (one hour away) or skiing at Massanutten (less than three hours away), there is something for everyone in the W&M vicinity.

Amusement Parks

Busch Gardens (Williamsburg, 10 min.)
Water Country (Williamsburg, 10 min.)
Kings Dominion (Ashland, 45 min.)
Ocean Breeze (Virginia Beach, 60 min.)

You can watch the sunrise at Virginia Beach (below) or watch your life pass before your eyes on one of the thrilling roller coasters at Busch Gardens (right).

Sports/Concerts

Norfolk Scope (Norfolk, 45 min.)
Chrysler Hall (Norfolk, 45 min.)
Harbor Park (Norfolk, 45 min.)
Verizon Wireless Amphitheatre (Virginia Beach, 60 min.)
Hampton Coliseum (Hampton, 30 min.)
Richmond Coliseum (Richmond, 45 min.)
Richmond International Raceway (Richmond, 45 min.)
The Diamond (Richmond, 45 min.)



The College of William and Mary is located in one of the most historic towns in America, Williamsburg. Situated in the heart of Virginia's Historic Triangle, Williamsburg traces its history back over 350 years.

Begun as Middle Plantation in 1633, Williamsburg was originally an outpost of the Jamestown settlement. Because of its strategic location and the strength of its defenses, Middle Plantation soon became important to the colony.



Historical Demonstration, Colonial Williamsburg

When the capital of the colony was moved from Jamestown in 1699, a new planned city was laid out at Middle Plantation named Williamsburg in honor of King William III of England. For 81 years it was the seat of government and the social and cultural center of Virginia. In 1780 Governor Thomas Jefferson relocated the capital to Richmond, 50 miles west at the fall line of the James River.

Today, with a population of 11,530 Williamsburg still plays an important role in the state of Virginia. With the College, it is a center of higher education, and with Colonial Williamsburg, it has become one of the most popular tourist attractions in the state.

"That the future may learn from the past" is the theme for the Colonial Williamsburg Foundation, which operates the restored historic area of town. Adjacent to the William and Mary campus, the historic area is a mile long and nearly a half-mile wide and has been restored as nearly as possible to its 18th-century appearance.



Duke of Gloucester Street, Colonial Williamsburg

Within the historic area are 88 buildings that have survived from the 18th and early 19th centuries. Many other buildings have been rebuilt on the sites of original structures. Interpreters dressed in 18th century attire complement the historic district, which is centered around Duke of Gloucester Street. At the west end of the street is the historic Wren Building of the College, the oldest academic building in use today. A mile down the street at the east end stands the colonial Capitol Building.

Williamsburg is much more than just its historic district. A popular shopping area, Williamsburg is home to both Merchants Square (located next to campus) and several large outlet shopping centers located just west of town.

Just east of Williamsburg is Busch Gardens, a European-themed amusement park that features over 35 thrill rides and attractions, including some of the top roller coasters in the nation. Water Country USA, a water park featuring a wave pool, flumes, inner tube rides and numerous other pools, is also located just east of town.

With courses designed by such noted architects as Robert Trent Jones, Arnold Palmer, Rees Jones and Dan Maples, Williamsburg has also become noted for its impressive array of golf courses. Many of the courses in the area are ranked among the best in both Virginia and the nation. The Kingsmill Resort's River Course hosted the PGA Michelob Championship for many years, and is the current home of the LPGA Michelob Ultra Open.



Governor's Mansion, Colonial Williamsburg

The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.



- Home of the Tribe's field hockey team
- Made possible by a generous grant from the Anheuser-Busch Corporation
- Playing surface is a unique combination of a poured pad with an AstroTurf playing surface
- Seats over 2,200
- State-of-the-art computerized lighting system and an elevated press box



- New home of the Tribe men's and women's soccer and lacrosse teams
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime Tribe soccer coaches Al Albert and John Daly



- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and Stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- State-of-the-art lighting system and scoreboard

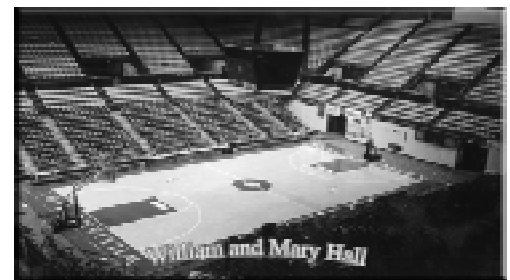


- Home of Tribe baseball-made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Locker room, box seats and concessions



- Home of the Tribe's tennis teams for the outdoor season
- One of the College's newest venue, completed in September, 2001
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for approximately 500
- State-of-the-art lighting system to accommodate night matches

- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 13,000
- Eight-lane 400 meter track surrounds the field and is home to the prestigious Colonial Relays
- Joseph Montgomery football practice facility is located adjacent to the stadium



- Home of the Tribe's basketball, gymnastics and volleyball teams
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and a gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices



Student-Athlete Support

Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.

Compliance and Academic Support

As members of the Colonial Athletic Association and NCAA Division I, the College is committed to full compliance with all NCAA and conference regulations. The department has a fulltime Director of Compliance committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor assigned by the director of Academic Advising. Students remain with this advisor until their sophomore year at which time they select a faculty advisor in their chosen major.

Within the athletic department, the Academic Support Coordinator is a valuable resource for student-athletes serving in a liaison role with the various student service offices throughout the campus community. The College has offices for Volunteer Services, Career Services, a Writing Resource Center and Oral Communication Studio, to name a few.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.



Strength, Speed and Conditioning

Tribe athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head and Assistant Strength Coach each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to assure safety at all times.

Sports Psychology

The athletic department has on staff a sports psychologist, who holds a Ph.D. in sports psychology. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance.

The sports psychology consultant is considered a member of the Counseling Center and refers individuals to the Center when appropriate.

Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff



consists of a team physician, seven full time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and assure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists. Through a team approach to health care the sports medicine program can offer comprehensive health care services to the student-athletes in a caring and cooperative manner.



Terry Driscoll

Athletics Director

With a strong personal commitment to the concept of the scholar-athlete and to competitive success, Edward C. "Terry" Driscoll, Jr. enters his eighth year as director of athletics at the College.

"In the athletic world, William and Mary is well recognized for a rare combination of two attributes: its academic strength in the classroom and its competitive strength on the field," said Driscoll. "I look forward to the challenge of

continuing the tradition of academic and athletic achievement."

A basketball All-America selection and an Academic All-America honoree at Boston College, Driscoll is an exemplary leader. Since his collegiate days, Driscoll has filled a variety of executive posts in the sporting goods industry, as well as completing an 11-year stint as a player in the National Basketball Association and as a player and coach in the Italian professional basketball league.

Driscoll has supervised the marketing of athletic products in national and international markets, enhanced the television exposure of a variety of NCAA events (including the Final Four basketball tournament) and organized and directed such internationally recognized events as the World Cup soccer games in Boston and the women's World Volleyball Grand Prix in Hawaii.

The athletic program Driscoll directs fields a total of 23 men's and women's teams which boast strong records in NCAA, Colonial Athletic Association and Atlantic 10 competition. Last year was one of the most successful in W&M history, as a school-record 10 teams competed

in NCAA Tournaments. Four teams won conference championships and six squads ended the season nationally ranked in the top 25.

Driscoll, who graduated with a Bachelor of Science degree in biology from Boston College in 1969, began his postgraduate career as a first-round draft pick of the Detroit Pistons. Before joining the Pistons, however, Driscoll opted for a year of professional basketball in Italy where he fulfilled his dream of living abroad and learning a second language. He rejoined the Pistons in 1970 and played with the Bullets and Bucks before returning to Italy in the fall of 1975, where he was named Outstanding Foreign Player of the Year. He played three years before an injury forced his retirement in 1978. He then coached his former team to two Italian League Championships before returning to the United States.

Driscoll began his post-playing career as an athletic sales promotion agent in 1980 and quickly moved up the corporate ladder. With the purchase of Bike Athletic by Kazmaier Associates in 1986, KSG Inc. was formed with the objective of becoming the first, and only, national sales agency in the Sporting Goods Industry. Driscoll was named president of KSG Inc. in 1987 and expanded the agency from 24 to 50 states by 1989. With the domestic sales agency in place, Driscoll expanded to international marketing and sales from 1989-93. In early 1990, Driscoll's contribution to a marketing research project for the NCAA was the initial step moving him from product marketing and sales to sports marketing and management. The result of the project was a joint venture between Kazmaier Associates and Host Communication - with Driscoll being named managing director and chief operating officer of NCAA International. Also in 1993-94, Driscoll assisted with the 1994 World Cup Organizing Committee as Venue Executive Director, and his Boston venue was cited for its operational success. In September of 1994, Driscoll was again enlisted to launch a new business, Eagle International Group, an event management and services company. As vice president, Driscoll worked with Hawaii Pacific Sports as well as organizing the Women's World Volleyball Grand Prix, a five-week competition in Honolulu.

Driscoll resides in Williamsburg with his wife Susan. The couple has two children, Keith, 28, a 1997 graduate of Holy Cross, and Leslie, 24, a 2001 graduate of William and Mary.



Barbara Blosser

Associate AD

Barbara Blosser comes into her 12th year as the College's associate athletics director. Blosser started her career at William and Mary as the head women's basketball coach in 1978 and guided the Tribe to a VAI AW crown in her first season with a school-record 16 wins (16-13). Her 1980 Tribe team (11-14) placed third, while the 1981 squad (16-16) was VAI AW runner-up. She was also at the helm during the 1984-85 season when William and Mary

made the jump to NCAA Division I. Overall, she finished her coaching career with 115 wins, 84 of which came at William and Mary.

When the College's men's and women's athletic programs merged in May of 1986, she moved to administration, first serving as the Assis-

tant to the Associate Athletics Director. Over the past 16 years, her administrative responsibilities at W&M have included the monitoring of financial aid matters, coordinating the scheduling of athletic facilities, supervision of coaches and staff and, currently, serving as the person primarily responsible for administering the day-to-day operations of the department.

From October 1992 to June 1993 and August 1995 to July 1996, Blosser also served as acting athletics director in an interim capacity. For her efforts, she was named the first recipient of the John Randolph Inspiration Award. Blosser has served on various committees such as the NCAA Strategic Planning Committee and the Colonial Athletic Association Competition Committee.

Blosser began her coaching career at the helm of the women's basketball program at Ashland College in Ohio. During two seasons there, she led the Eagles to successive 15-7 and 16-8 ledgers. Her 1977 squad won the AIAW Region V Championship, while her 1978 team took the OAISW Small College title.

A former three-sport standout at Ohio State, Blosser graduated Cum Laude in 1975 with a Bachelor of Science degree in physical education. At OSU, she was selected to both Phi Beta Kappa and Mortar Board. She competed in basketball, field hockey and tennis and captained both the basketball and field hockey squads her senior year. She went on to earn her master's degree from the University of North Carolina Greensboro in 1978. In 1993, she was selected as a member of the first class of women inducted to the Ohio State University Athletic Hall of Fame.



Academics and Athletics

A blend of high-caliber academics and strong Division I athletics at William and Mary has long been a factor for high school student-athletes as they consider where to continue their education. For many swimmers, the fact that William and Mary is academically on par with schools such as Harvard, Yale and Princeton, but much more laid back in atmosphere, is one of the biggest draws. The swimming and diving teams not only exemplify that healthy balance between academics and athletics, but take it to the next level.

The squad has traditionally boasted one of the highest average GPAs among the College's 23 varsity sports teams. Recently, a Tribe butterflyer was honored as a Rhodes scholar, one of the most prestigious academic awards in the country.



Rhodes Scholar and swimming standout Paul Larsen in action

Paul Larsen was named a Rhodes Scholar in December of 1999 following his graduation in June. Larsen graduated with highest honors in physics and held a minor in mathematics. He was a member of Phi Beta Kappa, the national honor society, and Omicron Delta Kappa, the national collegiate society for

student leaders. In addition, Larsen was one of an elite group of James Monroe Scholars at W&M, a program which grants such honorees \$2,000 for independent study. Larsen is currently enrolled at Oxford University, where he is studying to receive his bachelor's degree in mathematics.

As a member of the Tribe swimming and diving program, Larsen was a key contributor in the butterfly events and was the top butterflyer on the squad as a freshman. His fastest time in the 100 butterfly, 52.75, stands among the top-15 times in school history.

Reflecting on his undergraduate experience, Larsen said, "Throughout my time at William and Mary, I got a strong sense that education was to be holistic, incorporating community service, activism, and, for many, athletics. One of the great things about William and Mary is that I could pursue an intense academic course while competing in a Division I sport."

Larsen's achievements were not an isolated case of academic success by a Tribe swimmer. Recent graduate Josh Osterberg, the holder of the school record in the 400 IM and the 100 backstroke,



*Katie Hiles
Dean's List*

graduated from the College Magna Cum Laude in 2001. He is currently enrolled in the doctoral program in ecology at Duke University, studying chemical ecology at deep-sea hydrothermal vents. He has been on three Alvin dives to the bottom of the ocean and has been published twice since graduation. Osterberg has participated in several research projects funded by various grants and fellowships, including his current project to develop an alternative bait for the blue crab fishery.

Additionally, twin brothers Cihan and Sarp Akcay graduated with the Class of 2002, earning highest honors in physics with GPAs near the perfect 4.0 mark. Each received the prestigious award of induction into the Phi Beta Kappa honor fraternity. Both Akcay brothers are attending graduate school in physics, Cihan at the University of Seattle, and Sarp at the University of Texas at Austin.

The squad continues to carry on the tradition of strong academics into the 2003-04 school year. Several Tribe swimmers have been rewarded for their intellectual talents



*Robyn Kondrad,
Dudley Jensen Scholar-Athlete Award Winner*

by earning Dean's List Honors. Seniors Katie Hiles and Alex Seamon,



*Evan Elsaesser,
Monroe Scholar*

junior Robyn Knodrad and sophomore Bob Jacobsen were among those on the squad who have made the prestigious cut. Kondrad also earned the 2002-03 Dudley Jensen Scholar-Athlete Award, given annually to the team member who has the highest grade point average

after competing for a minimum of one year. The team also boasts Monroe Scholars, including Seamon and sophomore Evan Elsaesser. Eight team members have earned Phi Beta Kappa honors in the past.

With several individuals receiving credit for high academic achievements, a testament to the team's academic success lies in the team's GPA. Both the men's and women's squad finished the year with combined GPAs over the 3.0 mark, earning Academic All-America team honors. It is the ninth honor in the past 12 seasons for the squads.

As the swimming and diving teams continue to reach greater heights in their athletic achievements, they seek new levels of academic accomplishments. The success of the team's student-athletes demonstrates the effective balance of top-notch academics with Division I athletics. The swimming and diving team is a model of the William and Mary athletics department's commitment to excellence not only in athletics, but in academics as well.

Tribe

Team Academic All-America Honors

1989, 1991, 1992, 1994, 1995, 1996, 19997, 1998,
2003



THE COLONIAL ATHLETIC ASSOCIATION

The Colonial Athletic Association, which stretches from the beaches of North Carolina to the shadows of the Statue of Liberty, was originally formed as a six-team basketball alliance and has enjoyed considerable growth and success since its founding in 1985. The CAA is comprised of 10 institutions: Delaware, Drexel, George Mason, Hofstra, James Madison, Old Dominion, Towson, the University of North Carolina-Wilmington, Virginia Commonwealth, and William and Mary. Both men and women compete in basketball, cross country, golf, lacrosse, soccer, swimming & diving, tennis and track & field. Additionally, the men battle for the top spot in baseball, football and wrestling, while the women vie for top honors in field hockey, softball, and volleyball. Delaware, Drexel, George Mason, James Madison, Old Dominion, Towson, and the Tribe are joined by associate conference members Davidson and new 2003-2004 entrant College of Charleston in swimming and diving.

From David Robinson, the #1 pick in the 1987 NBA draft to ODU's Samantha Salvia becoming the league's first Rhodes Scholar in 1996, the conference has continued a tradition of producing exceptional student-athletes. Recent athletic accomplishments include ODU capturing the national title in field hockey, Loyola representing the conference in the NCAA women's lacrosse semi-finals, and advancements in postseason tournaments for both men's and women's basketball squads. But perhaps the greatest measure of the broad-based success of the conference is the fact that the league regularly produces over 600 CAA Scholar-Athletes each year who boast a 3.2 grade point average and a varsity letter in a conference sport. Building on a proud past, the Colonial Athletic Association has vaulted into the new millennium with a proven track record of outstanding success not only on the playing field but also in the classroom.

The Colonial Athletic Association office is located at 8625 Patterson Avenue in Richmond, VA. The phone number is (804) 754-1616.

CAA TEAM CHAMPIONS

Men

2003	UNC Wilmington	1994	James Madison
2002	UNC Wilmington	1993	James Madison
2001	James Madison	1992	James Madison
2000	James Madison	1991	American
1999	James Madison	1990	American
1998	Old Dominion	1989	East Carolina
1997	James Madison	1988	Navy
1996	James Madison	1987	Navy
1995	James Madison	1986	East Carolina

Women

2003	George Mason	1994	James Madison
2002	George Mason	1993	James Madison
2001	James Madison	1992	American
2000	East Carolina	1991	American
1999	UNC Wilmington	1990	Navy
1998	UNC Wilmington	1989	Navy
1997	East Carolina	1988	Navy
1996	East Carolina	1987	James Madison
1995	(tie) James Madison (tie) East Carolina	1986	James Madison





WOMEN'S TOP TIMES AT THE CAA CHAMPIONSHIPS

Event	1st Place	9th Finals	8th Prelims	16th Prelims
200 Free Relay	1:35.72	----	----	----
500 Free	4:59.49	5:08.77	5:08.41	5:11.76
200 IM	2:03.29	2:09.78	2:09.06	2:13.01
50 Free	23.14	24.59	24.45	24.94
400 Medley	3:51.46	----	----	----
200 Medley	1:45.58	----	----	----
400 IM	4:26.78	4:31.71	4:37.19	4:43.91
100 Fly	55.99	57.96	58.87	59.97
200 Free	1:51.93	1:55.86	1:56.58	1:58.31
100 Breast	1:03.71	1:05.80	1:05.91	1:09.40
100 Back	57.68	59.39	59.10	1:00.73
800 Free Relay	7:38.77	----	----	----
1650 Free	17:04.60	17:39.18	----	----
200 Back	2:03.76	2:06.85	2:07.83	2:10.31
100 Free	51.78	52.84	53.15	54.38
200 Breast	2:16.32	2:23.67	2:24.84	2:30.30
200 Fly	2:06.86	2:08.31	2:09.05	2:11.19
400 Free Relay	3:29.98	----	----	----
1-Meter Dive	275.3	206.00	2.08.60	174.00
3-Meter Dive	458.25	369.75	342.45	284.90

MEN'S TOP TIMES AT THE CAA CHAMPIONSHIPS

Event	1st Place	9th Finals	8th Prelims	16th Prelims
200 Free Relay	1:21.16	----	----	----
500 Free	4:31.54	4:36.79	4:38.18	4:44.94
200 IM	1:49.32	1:55.25	1:54.85	1:57.54
50 Free	20.12	21.26	21.27	21.79
400 Medley	3:20.97	----	----	----
200 Medley	1:30.99	----	----	----
400 IM	3:56.91	4:07.78	4:09.04	4:13.17
100 Fly	49.40	51.32	51.24	51.81
200 Free	1:37.77	1:42.87	1:42.81	1:44.74
100 Breast	56.21	58.27	58.79	1:00.69
100 Back	48.47	52.92	53.17	54.80
800 Free Relay	6:44.80	----	----	----
1650 Free	15:51.37	16:25.36	----	----
200 Back	1:45.44	1:54.55	1:54.98	1:58.12
100 Free	44.82	46.73	46.81	47.46
200 Breast	2:01.87	2:08.57	2:07.94	2:11.83
200 Fly	1:49.02	1:54.91	1:55.54	1:57.61
400 Free Relay	3:00.56	----	----	----
1-Meter Dive	335.80	190.80	363.00	284.90
3-Meter Dive	595.00	302.65	330.60	241.55



GREGG SARBAK

Director of Swimming and Diving

Gregg Sarbak enters his second season as Director of Swimming and Diving after a successful first year with hopes of taking the program to even greater levels.

Sarbak led both his teams to strong showings at the CAA Championships in his first season, as the Tribe captured four event titles and had two all-conference selections. Ruth Anne Miller claimed three event wins while Liz Koch snared one victory as the duo powered the women to third place at conferences. Sarbak also guided the men to a solid sixth-place finish at CAAs.

One of the highlights of Sarbak's first season as director was his tutelage of Ruth Anne Miller in her final year swimming at W&M. Miller, already a phenomenal swimmer, reached even greater heights under Sarbak's direction. The CAA Performer of the Year, she became the first Tribe swimmer to capture three CAA event titles in the same season (the 100 breast, 200 breast and 200 IM) and shattered five school records. More impressive was Miller's dominance in the CAA, where she broke two conference records and two championship meet records. An NCAA Provisional qualifier in the 100 breast, 200 breast, 200 IM and 400 IM, Miller won 15 of 17 individual events in dual meets and finished her career as one of the all-time top-10 performers in Tribe history in eight of the 14 possible events.

One of the hallmarks of Sarbak's tenure is the continuous improvements his swimmers undergo while with the program. This philosophy saw six school records fall in Sarbak's first season and 45 all-time top-10 times swum. Sarbak also has been successful in transitioning freshmen into collegiate swimming. Last year almost every newcomer bettered their personal best in at least one event while several set all new personal records in all their events.

Prior to being named Director of Swimming at the College, Sarbak served as an assistant coach for the Tribe for two seasons. In that time, Sarbak saw the women's team to its best finish ever at the CAAs, second. In the 2001-02 season Sarbak helped coach Bruce Thomas, Jon Lin, Liz Koch and the women's 800 freestyle relay squad to first-place finishes at the CAA Championships.

Combining his tenures as assistant coach and director, the success of the program since Sarbak's arrival is astounding.

The men and women have broken 26 team records and reset 137 all-time top-10 marks. Additionally, Tribe swimmers have stood at the top of the podium at the CAA Championships 11 times. Sarbak has coached three Senior National Qualifiers in the last three years in the men's 100 free and 500 and the women's 100 breast, 200 breast, 200 IM and 400 IM.

Before coming to William and Mary, Sarbak spent nine years coaching at various programs in the Pennsylvania area. As the assistant men's and women's coach at Allegheny College in Meadville, PA, Sarbak coached the Division III team to a seventh-place national ranking. There, he coached five NCAA Division III All-Americans and seven NCAA Qualifiers. Sarbak also spent several years coaching the Millcreek Swim Team and the McDowell High School swimming and water polo teams in Erie, PA, where his swimmers were a true testament to his coaching abilities. At the Millcreek Swim Team, he helped produce an Olympic Trial Qualifier and 16 United States Swimming Eastern Zone qualifiers. Meanwhile, the McDowell High School swim team saw eight All-America and eight all-state swimmers, two state champions, one state record holder, 11 district champions, and two top-five team finishes at the Pennsylvania Interscholastic Athletic Association championships. His water polo squads finished in the top-three at the state championships twice, with three All-Americans and 12 all-state players.

Sarbak graduated from Edinboro University in 1996 with a B.A. in natural sciences and mathematics, earning Academic All-American status. Sarbak was an 11-time All-American and swam to a fifth-place individual finish at NCAAs in 1994. He held five school records in his three years at Edinboro and was a team captain both his junior and senior years, leading his team to a fourth-place finish at the Division II National championships.

Sarbak is a native of Erie, PA and enjoys playing sports, the outdoors and surfing. Among his many accomplishments, Sarbak was the just fifth person ever to swim the 26 miles across Lake Erie.





Coaching Staff / 2002-03 Results



SAMANTHA SMITH
Assistant Coach

Samantha Smith enters her second year as an assistant for the Tribe aiming to build on the success of her first season. A standout swimmer at James Madison University for four seasons, Smith is especially familiar with success at the highest levels of CAA competition. She brings the ability to work with the swimmers to motivate and train them to reach higher levels both in the pool and in the classroom. Her dependable and hard-working nature is a true asset to the College's swimming and diving squads.

Prior to joining W&M in 2002, Smith accumulated four years of coaching experience. Smith worked as a head coach for the Summerset Olde Creek Recreation center in Fairfax, VA and also spent time in her hometown of Hershey, PA to coach her former club swim team, the Hershey Aquatic Club.

Just before her arrival in Williamsburg, Smith worked at the *Daily Times* in Ocean City, MD, editing press releases and creating the layout and graphics for the weekly newspaper publication.

Smith competed for four years at James Madison, where she was the most valuable member of the team for the 2000-01 season. That year, she finished first in two breaststroke events at the CAA Championships, leading her team to the Championship. She was also involved in Special Olympics and was a member of the JMU campus television station, JMTV.



DR. ROBERT McNAMEE
Diving Coach

After making an immediate impact on the Tribe diving program, Dr. Robert McNamee hopes to continue his successful coaching campaign. By building upon the solid dual meet diving season and a strong finish at the conference championships, Tribe divers look promising for the 2003-04 season.

A diving coach since 1975, Dr. McNamee has held various other positions in the world of competitive swimming and diving, including volunteer positions with United States Diving Incorporated, the United States Synchronized Swimming Team, United States Synchronized Swimming, Incorporated, and the Amateur Athletic Union.

With a professional career that spans from his early years as a Dental Officer in the United States Navy to years of private practice, Dr. McNamee has amassed an impressive resumé. He earned his undergraduate and dental degrees from the State University of Iowa. In 1996 Dr. McNamee was a Medical Logistics Officer for the Olympic Games in Atlanta, Georgia. Also a member of several professional organizations, Dr. McNamee belongs to the American Dental Association, USA Diving Incorporated, and the Professional Diving Coaches Association.

In addition to coaching the Tribe diving squad, Dr. McNamee works at the Olde Towne Dental Clinic in Williamsburg.

2002-03 Results

<u>Date</u>	<u>Event</u>	<u>Men's Results</u>	<u>Women's Results</u>
Oct. 17	JAMES MADISON	W, 133-107	L, 141-95
Nov. 2	George Mason	L, 89-150	L, 101-142
Nov. 8	Towson	L, 101-128	W, 121-120
Nov. 9	UMBC	L, 100.5-133.5	W, 124-120
Nov. 16	Richmond	----	L, 100-200
Nov. 17	vs. Penn (at Richmond)	----	L, 94, 206
Nov. 23	Terrapin Invitational	4th of 6 teams	4th of 7 teams
Jan. 18	GEORGE WASHINGTON	W, 124-108	W, 137.5-103.5
Jan. 24-25	Old Dominion Quad Meet		
	vs. Davidson	W, 237-96	W, 199-154
	vs. Old Dominion	W, 197.5-146.5	W, 208-143
	vs. UNCW	L, 140-199	L, 151-200
Feb. 1	Duke	L, 60-169	L, 83-61
Feb. 22	CAA Championships	6th of 9 teams	3rd of 9 teams
Apr. 1-5	U. S. Nationals	----	No team scoring

Women's 2003-04 Roster



<u>Name</u>	<u>Cl.</u>	<u>Event</u>	<u>Hometown</u>	<u>High School</u>
Morgan Adams	Fr.	Fly/Free	Springfield, IL	Glenwood
Elizabeth Barrett	Jr.	Breast	Midlothian, VA	Trinity Episcopal
Briana Belden	Fr.	Free	Emmaus, PA	Emmaus
Anna Blount	Fr.	Free	Newport News, VA	Woodside
Kristi Borkowski	So.	Free	Norristown, PA	Methacton
Michelle Calanog	So.	Fly	Gainesville, VA	Paul VI
Allison Cameron	Fr.	Free	Vienna, VA	James Madison
Paige Capro	So.	Breast/IM	Dumfries, VA	Bishop Ireton
Erin Clark	So.	IM/Free	Williamsburg, VA	Jamestown
Chelsea Finch	Fr.	Back	Newport News, VA	Hampton Roads Academy
Alyson Fletcher	Fr.	IM/Breast	Newport News, VA	Menchville
Carrie Gerloff	Jr.	Diving	Virginia Beach, VA	Norfolk Academy
Elizabeth Harman	So.	Back	Midlothian, VA	Midlothian
Katie Hiles *	Sr.	Back/Free	Stafford, VA	North Stafford
Laura Hodulik	So.	Diving	Mt. Laurel, NJ	Lenape
Callie Hopkins	Fr.	Free	Midlothian, VA	James River
Robyn Kondrad	Jr.	Breast/Fly	Jamestown, NC	Southwest Guilford
Bryanne Matthews	So.	Breast/IM	Rumson, NJ	Rumson-Fair Haven
Yukari Nakamura	So.	Diving	Alexandria, VA	Annandale
Meg Patterson	Sr.	Diving	Wayland, MA	Wayland
Kelly Reitz	Fr.	Breast	Chesapeake, VA	Great Bridge
Marnie Rognlén	Fr.	Free	Nokesville, VA	Liberty
Alexis Skelos	So.	Free	Rockville Centre, NY	South Side
Kristen Slack	Fr.	Fly/Free	Mechanicsburg, PA	Mechanicsburg
Jen Tan	Fr.	Fly/Free	Centreville, VA	Paul VI
Lindsay Young	So.	Free	Alexandria, VA	Annandale

* *Captain*

WOMEN'S TEAM RECORDS

<u>Event</u>	<u>Time</u>	<u>Athlete</u>	<u>Season</u>
50 Free	23.99	Kristen Schnittger	97-98
100 Free	52.00	Ruth Anne Miller	02-03
200 Free	1:51.96	Alyssa Lenge	00-01
500 Free	5:01.97	Alyssa Lenge	00-01
1000 Free	10:23.05	Karen Laslo	90-91
1650 Free	17:14.57	Karen Laslo	90-91
100 Fly	56.63	Liz Koch	01-02
200 Fly	2:06.26	Liz Koch	02-03
100 Back	58.23	Stefanie Fenix	00-01
200 Back	2:04.63	Laura Bodine	01-02
100 Breast	1:03.43	Ruth Anne Miller	02-03
200 Breast	2:15.79	Ruth Anne Miller	02-03
100 IM	1:01.99	Kathy Welch	85-86
200 IM	2:02.32	Ruth Anne Miller	02-03
400 IM	4:20.31	Ruth Anne Miller	02-03
200 Free Relay	1:37.33	Fineran, Frisbee, Fenix, Grauman	99-00
400 Free Relay	3:31.43	Greene, Bodine, Miller, Lenge	01-02
800 Free Relay	7:36.58	Boles, Bodine, Miller, Lenge	01-02
200 Medley Relay	1:47.45	Fenix, Bodine, Koch, Fineran	00-01
400 Medley Relay	3:52.69	Upshaw, Schnittger, Wimberly, Grauman	96-97
Diving	395.80	Tiffany Jeisel	83-84

The 2002-03 season was one of success, improvement and new faces for the Green and Gold. The squad hopes to seize upon the experience gained last year to climb in the conference rankings. With the addition of new, but very solid swimmers and divers, the Tribe looks to build upon last year's successes.

Director of Swimming and Diving **Gregg Sarbak** returns for his second year at the helm of the program. Emphasizing that depth will be the foundation of the squad's success this season, Sarbak explained, "Depth is certainly our biggest strength. We have 27 women on the roster, and we can take 18 to the CAA Championships, and really it could be any of them. That's going to make our team stand in the top-tier of conference."

William and Mary will be led this year by senior captain **Katie Hiles** who brings solid competitive experiences, strong leadership skills and an inspiring work ethic to the team. Faced with the challenge of replacing graduated seniors and conference champions Ruth Anne Miller and Liz Koch, the Tribe brings in a pedigreed freshman class, with swimmers and divers who are expected to contribute immediately and add depth to the squad.

Enthusiastic about the chemistry developing on the team, Sarbak concluded, "The key this year is more vigor; we've had more determination than ever before."

Freestyle

The distance freestyle events will be anchored by four sophomores, all of whom made great strides throughout last season. **Erin Clark** clocked the best team times in the 500, 1000 and 1650 free and blazed her way into the record books by notching the fourth best time in the 1650 free and eighth best in the 1000 free. Clark also led the Tribe's charge in the freestyle events at the conference championship, taking an impressive 14th place in the 1650 free as a freshman. **Alexis Skelos** finished a solid 19th while **Lindsay Young** followed right behind in 20th in the event. **Paige Capro** broke into the record books last season with the 10th-best 1650 free time in school history.

Expected to make an immediate impact on the squad is newcomer **Callie Hopkins**. Hopkins, her high school team captain, earned numerous qualifications to states in addition to breaking several school records.

Kristi Borkowski headlines the Tribe's effort in the sprint freestyle events. Borkowski had a stellar freshman season and is primed to become an elite swimmer in the CAA. The runner-up in the 100 free at last season's CAAs, she racked up five wins in dual meets throughout the year. Borkowski also etched her name into the record books with the third-fastest time in the 100 free and tenth quickest in the 50 free.

Complementing Borkowski will be a bevy of freshman. **Marnie Rognlien** figures to be one of the key newcomers to the sprint freestyle events. As a three-time team MVP and holder of three high school records, Rognlien's potential is great at the collegiate level.

Backstroke

The backstrokers will be anchored by Hiles, who has finished in the top-16 in both backstroke events in her previous three seasons at the CAA Championships. In 2003, Hiles won the consolation heat of the 200 backstroke at CAAs and was runner-up in the consolation heat of the 100 back.

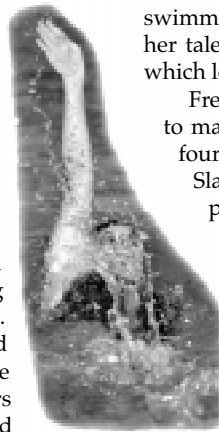
Freshman **Chelsea Finch**, a four time MVP, is expected to bolster the team's backstroke effort.

Butterfly

The Tribe will rely on sophomore **Michelle Calanog** to fill the shoes of graduated senior Liz Koch, two-time CAA Champion in the fly. In her first season, Calanog impressed at the conference championships, swimming to fifth in the 100 fly and eighth in the 200 fly. Ready to take her talents to the next level, Calanog will anchor the butterfly corps which leans heavily on a trio of newcomers.

Freshmen **Kelly Reitz**, **Kristen Slack** and **Jen Tan** are all expected to make big impacts or the team early in their careers. Reitz was a four-time MVP in high school and was also a state finalist four times.

Slack is an All-American who competed at state and regional championships while Tan is a two-time MVP.



Katie Hiles

Breaststroke

One of the top breaststrokers in the CAA last season, sophomore **Bryanne Matthews**, leads the Tribe in the breaststroke events this season. Matthews claimed fifth in the 100 breaststroke and sixth in the 200 breaststroke at the CAAs last year and also grabbed a fourth-place in the 200 breast at the competitive Terrapin Invitational

Two veterans will add depth to the breaststroke events. Junior **Elizabeth Barrett** comes off a season in which she scored in both breaststroke events at the CAAs last season, taking 10th in the 100 breast and 11th in the 200 breast. Currently eighth on the Tribe's all time top-performer's list in the 200 breast and ninth in the 100 breast, Barrett aims to build upon last season's successes. Junior **Robyn Kondrad** finished 13th in the 200 breast at last year's conference championships in addition to taking 12th in the 100 breast against an elite field at the Terrapin Invitational.

Along with Reitz, **Alyson Fletcher**, a state finalist and four-time regional and state qualifier, heads a crop of newcomers that will further solidify the College's strength in the breaststroke.

Individual Medley

Matthews also fronts the College's IM contingent. With the top returning time in the 200 IM, Matthews was the ninth-place finisher in the event at CAAs. Barrett, Capro, Clark and will provide further depth for the Tribe. Last season Clark blazed onto the all-time top performers list in the 400 IM, landing a spot at second after swimming a 4:31.61 in prelims at CAAs, where she took fifth overall. Clark also swam the second-fastest time on the team in the 400 IM. Barrett holds the eighth-best time in the 200 IM in the record books and last season recorded the third fastest team time in the event.

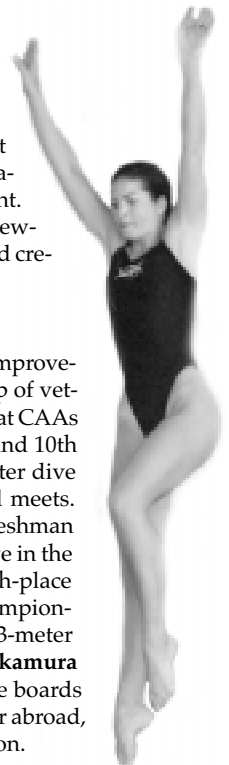
Hopkins and Fletcher will be among the key newcomers in the IM events, each coming in with solid credentials.

Diving

The 2003-04 season should see the continued improvement of the Tribe diving program as a core group of veterans mature. Junior **Carrie Gerloff** led the squad at CAAs last season, snaring ninth on the 1-meter board and 10th on the 3-meter board. Gerloff also won the 1-meter dive four times and 3-meter dive three times at dual meets. Sophomore **Laura Hodulik** had an impressive freshman season, capped by a team-leading ninth place dive in the 3-meter board at CAAs. Hodulik also added a 14th-place result in the 1-meter dive at the conference championships and also claimed runner-up honors in the 3-meter dive against Duke. Fellow sophomore **Yukari Nakamura** racked up a number of wins in dual meets on the boards while senior **Meg Patterson**, returning from a year abroad, looks to cap her career with an outstanding season.



Paige Capro



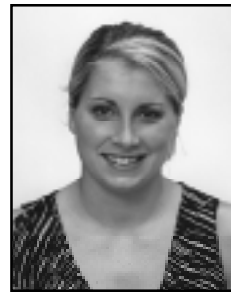
Carrie Gerloff



Elizabeth Barrett

Junior
Midlothian, VA
Trinity Episcopal

2002-03: Scored in three events at the CAA Championships, finishing 10th in the 100 breaststroke (1:07.38) and 11th in both the 200 breaststroke (2:25.60) and 200 IM (2:11.29) ... Split a 53.9 in the 400 free relay at CAAs, helping the squad to a third-place finish ... Broke into the Tribe's all-time top performers list at eighth in the 200 breast and 200 IM and ninth in the 100 breast ... Finished with the third-fastest times on the team in the 100 breaststroke, 200 breaststroke and 200 IM. **2001-02:** Achieved season bests at CAAs in the 200 IM (2:12.33), 400 IM (4:44.27) and 200 breaststroke (2:30.37) ... Swam the fourth-fastest time on the team in both the 200 and 400 IM. **Prep:** All-state and all-conference selection in 2000 and 2001 ... High school team captain ... National, Spanish and Math Honor Societies. **Personal:** Daughter of David and Kay Barrett ... Grandfather (James Barrett) played football at Notre Dame and Uncle (Paul Barrett) swam at the University of Maryland ... Enjoys playing soccer ... Majoring in Biology ... Born on October 22, 1982 in Richmond, VA.



Paige Capro

Sophomore
Dumfries, VA
Bishop Ireton

2002-03: Runner-up in the 500 free against GMU ... Broke into record books at 10th in the 1650 free by swimming 18:07.60 at the Terrapin Invitational. **Prep:** Holds five team records and was Bishop Ireton's MVP ... Received United States Swimming Excellence Award and Virginia Swimming Excellence Award ... National Honor Society ... Ski Club ... Volunteered for Meals on Wheels and a Senior Citizens Home. **Personal:** Daughter of Rex and Phylis Capro ... Father swam at Rutgers University ... Enjoys running, reading and photography ... Born on June 3, 1984 in Oak Harbor, WS.



Erin Clark

Sophomore
Williamsburg, VA
Jamestown

2002-03: Blazed onto the all-time top performers list in the 400 IM, landing a spot at second after swimming a 4:31.61 in prelims at CAAs ... Finished fifth in the 400 IM at CAAs ... Finished 12th and 14th, respectively, in the 500 free (5:08.04) and mile (17:56.67) at conferences ... Placed eighth at the Terrapin Invitational in the mile (17:43.55) ... Currently fourth all-time in the mile and eighth all-time in the 1000 free (10:42.19) ... Achieved 10 top-three finishes throughout the dual meet season ... Swam fastest times on the squad in the 500 free, 1000 free and 1650 free and the second-fastest time on the team in the 400 IM. **Prep:** 2002-02 Academic All-American ... Four-time all-state selection ... Captain of club team for two years ... National Honor Society ... School yearbook editor ... Volunteered with Special Olympics. **Personal:** Daughter of Jerome and Patricia Clark ... Sister (Kelly) participated in archery at James Madison ... Born on May 9, 1984 in Newport News, VA.



Kristi Borkowski

Sophomore
Norristown, PA
Methacton

2002-03: Finished second in the 100 free at CAAs with a time of 53.43 (53.09 prelims) ... Achieved a 15th-place finish in the 50 free at CAAs (24.97/24.85 prelims) ... Broke into the all-time top performers list at third in the 100 free and 10th in the 50 free ... Swam the fastest time on the squad in the 50 free and second-fastest in the 100 free ... Achieved three first place finishes in the 50 free and two first places finishes in the 100 free in dual meets. **Prep:** All-state honors and school record holder in both the 50 and 100 freestyle ... Involved in Key Club and St. John's Youth Group ... Personal bests of 24.2 in the 50 freestyle and 52.5 in the 100 freestyle. **Personal:** Daughter of Edward and Beverly Borkowski ... Mom was a synchronized swimmer at Millersville University ... Enjoys surfing, swimming, shopping and traveling ... Born on March 12, 1984 in Abington, PA.



Carrie Gerloff

Junior
Virginia Beach, VA
Norfolk Academy

2002-03: Named team's most valuable diver ... Placed ninth on the 1-meter board with a score of 206.00 and finished 10th on the 3-meter board with a score of 340.30 at the CAA Championships ... Finished first in the 1-meter four times and in the 3-meter three times in dual meets ... Scored a 254.8 on the 1-meter at Towson ... Finished fifth on the 3-meter (364.00) and eighth on the 1-meter (208.65) at the Terrapin Invitational. **2001-02:** Finished eighth on the 1-meter board and 10th on the 3-meter board at CAAs ... Dove to three first-place finishes on the 1-meter board and two first-place finishes on the 3-meter board in dual meet season ... Received the team's most valuable diver and most outstanding freshman awards. **Prep:** Named to the all-state team for five years ... 2001 state diving champion ... 2000-01 Southern Virginia diving champion ... Named most valuable diver for four years. **Personal:** Daughter of Robert and Mary Gerloff ... Father played football for the University of North Carolina ... Enjoys sewing, wakeboarding and playing tennis ... Majoring in theater ... Born on April 20, 1983 in Williamsburg, VA.



Michelle Calanog

Sophomore
Gainesville, VA
Paul IV

2002-03: Fifth-place finisher in the 100 fly at CAAs with a time of 58.39 (57.97 prelims) ... Placed eighth in the 200 fly at the conference championships, swimming an impressive 2:07.94 in prelims ... Second-fastest 100 and 200 butterfly times for the Tribe ... Broke into the all-time top performers list at fifth in both the 100 and 200 fly ... Achieved four top-three finishes in butterfly events in dual meets. **Prep:** Four year letter winner at Paul IV ... MVP and captain her senior year ... French Honor Society. **Personal:** Daughter of Marc and Juliet Calanog ... Brother (Jason) swam at West Virginia ... Enjoys playing sports and watching movies ... Born on March 17, 1984 in Arcadia, CA.



Elizabeth Harman

Sophomore
Midlothian, VA
Midlothian

2002-03: Shaved half a minute off her personal record to advance to the finals of the 100 back at CAAs, placing 15th ... Qualified out of prelims in three events at the Terrapin Invitational: the 100 back, 200 back and 200 IM ... Notched

six top-five finishes in dual meets. **Prep:** Virginia Swimming Zone Team member 1998, 1999 ... Virginia Swimming 2000, 2002 Competitive Spirit Award ... Senior council ... Spanish club ... National Junior Honor Society ... Mu Alpha Theta ... Academic Letter ... Top times included 1:01.0 in the 100 back and 2:10.9 in the 200 back. **Personal:** Daughter of Mark Harman and Beth Heatwole ... Aunt (Susan Ackley) is a W&M alum ... Hobbies include listening to music ... Born on September 12, 1983 in Roanoke, VA.



Katie Hiles

Senior
Stafford, VA
North Stafford

Team captain. **2002-03:** Won the consolation heat of the 200 backstroke at CAAs, swimming a time of 2:07.53 ... Runner-up in the consolation heat of the 100 back, touching the wall in 59.94 ... Split 24.5 and 53.7 in the 200 and 400 free relays

at the CAA Championships ... Top time on the team in the 200 backstroke and third-fastest time in the 100 backstroke and 50 free. **2001-02:** Finished eighth in the 100 backstroke (59.66) and 10th in the 200 backstroke (2:07.41) at CAAs ... Second and third fastest times on the team in the 100 and 200 backstroke, respectively ... Swam to a first-place finish in the 200 backstroke against Richmond. **2000-01:** Finished fourth at CAAs in the 200 backstroke (2:05.07) and fifth in the 100 backstroke (58.98), earning second-place all-time for the Tribe in both events ... Earned three first-place finishes in the 200 backstroke in dual meet action. **Personal:** Daughter of David and Mary Jo Hiles ... Enjoys reading and watching movies ... Worked as a Marine Corps Systems Command administrative assistant last summer ... Public policy major ... Dean's List ... Plans campus philanthropy events ... Born on August 1, 1982 in Lake City, MN.



Laura Hodulik

Sophomore
Mt. Laurel, NJ
Lenape

2002-03: Top Tribe finisher in the three-meter event at the CAA Championships, placing ninth with a score of 342.25 ... Tallied a 176.50 in the one-meter to place 14th at the conference championships ... Placed second on the three-meter

against Duke with a 222.60 ... Achieved a mark of 201.675 in the one-meter against Towson in the second event of her college career. **Prep:** Four-year varsity diver ... Second team All-South Jersey her junior and senior seasons ... All-American Conference Award in both 10th and 12th grade ... Also participated in cheerleading for three years and gymnastics for one year ... Captain of both the diving and cheerleading squads her senior year ... MVP of the cheerleading squad her senior year ... Student Council ... SADD ... Lenape's female scholar athlete ... National and Hispanic Honor Societies. **Personal:** Daughter of David and Debbie Hodulik ... Hobbies include reading and going to the beach ... Born on June 7, 1984 in Voorhees, NJ.



Robyn Kondrad

Junior
Jamestown, NC
SW Guilford

2002-03: Dudley Jensen Scholar-Athlete Award winner ... Contributed in both IM events, both breaststrokes and the 200 fly ... Finished 13th in the 200 breaststroke at CAAs in a time of 2:27.00 (2:26.64 prelims) ... Swam 1:09.39 in the

100 breaststroke to finish 12th at the Terrapin Invitational ... Placed 13th in the 400 IM at the Terrapin Invitational in a time of 4:43.35. **2001-02:** Finished 16th in the 200 breaststroke at CAAs (2:27.00) ... Achieved two best times in the 100 and 200 breaststroke (1:08.14 and 2:26.88, respectively) ... Swam the second-fastest time on the team in the mile, the fourth-fastest times in the 100 and 200 breaststrokes, and the fifth-fastest time in the 200 butterfly. **Prep:** Club team captain ... Valedictorian ... Academic All-American. **Personal:** Daughter of Ed and Ilene Kondrad ... Enjoys traveling, scuba diving and teaching people how to swim ... Psychology major ... Did research for the W&M Psychology Department over the summer ... Dean's List ... Orientation Aid ... Teaches swim lessons ... Born on November 5, 1982 in Boone, NC.



Bryanne Matthews

Sophomore
Rumson, NJ
Rumson-Fair Haven

2002-03: Recipient of team's Ray Voelker Most Outstanding Freshman Award ... One of the top freshmen in the conference, finishing fifth in the 100 breaststroke (1:05.21), sixth in the 200 breaststroke (2:22.73, 2:21.89 prelims) and ninth in the

200 IM (2:09.78) at CAAs ... Recorded a time of 2:20.21 in the 200 breaststroke in her fourth-place finish at the Terrapin Invitational ... Split 1:57.7 in the 800 freestyle relay at CAAs ... Five top-three finishes in the 200 breaststroke in dual meets. **Prep:** Junior National Qualifier in the 100 and 200 breaststroke ... All state in 2000 and 2001 ... All-county and all-conference in each of four years of high school swimming ... Captain junior and senior seasons ... Four-time Monmouth County breaststroke champion ... National and French Honor Societies ... Key Club ... Yearbook ... Involved in peer mediation and education. **Personal:** Daughter of James and Roberta Matthews ... Enjoys surfing and lifeguarding ... Born on December 14, 1983 in Long Branch, NJ.



Yukari Nakamura

Sophomore
Alexandria, VA
Annandale

2003-2003: Won both the 1-meter and 3-meter boards against JMU ... Second in both the 1-meter and 3-meter dives versus Richmond and Penn and in the dual meet against Towson ... Fourth in the 3-meter dive and fifth in the 1-

meter dive at the Terrapin Invitational. **Prep:** Placed second at states in diving her junior and senior years and placed third her sophomore year ... Also played tennis and was the district doubles champion her junior year ... Sports editor for her yearbook. **Personal:** Daughter of Marta Nammack ... Mother dove at William and Mary ... Enjoys shopping and sports, especially horseback riding and tennis ... Born on March 3, 1984 in Alexandria, VA.



Meg Patterson

Senior

Wayland, MA

Wayland

2002-03: Studied abroad in Italy. **2001-02:** Dove to a 12th-place finish in the 3-meter and a 14th-place finish in the 1-meter at CAAs ... Finished second in the 1-meter and third in the 3-meter against UMBC ... Finished second in the 3-meter

dive against ECU. **2000-01:** Placed 13th in the 3-meter dive at the CAA Championships ... Earned second-place in the diving competition against ECU ... Posted a season-best score of 179.8 in the 3-meter dive at the ODU Quad Meet. **Personal:** Daughter of Skip and Nancy Patterson ... Enjoys sailing and water-skiing ... Majoring in international relations ... Volunteers with Big Brother/Big Sister ... Born on February 5, 1982 in Boston, MA



Alexis Skelos

Sophomore

Rockville Centre, NY

South Side

2002-03: Swam personal-best times in the 500 free (5:20.69) and the mile (18:08.67) ... Second-fastest team-time in the mile, third-fastest time in the 1000 free and the fourth-fastest in the 1000 ... Swam eight top-five races in the distance

events in dual meets. **Prep:** All-conference 2000-2002 in 200 and 500 freestyle ... MVP senior year ... Founded first South Side team in fall of 2000 ... Co-captain junior and senior years ... Involved in chorus, student government, National Honor Society, National French Honor Society and yearbook. **Personal:** Daughter of Peter and Faith Skelos ... Father swam at Emory and mother swam at SUNY Cortland and SUNY Farmingdale ... Enjoys swimming, singing and going to the beach ... Born September 24, 1984 in Rockville Centre, NY.



Lindsay Young

Sophomore

Alexandria, VA

Annandale

2002-03: Slashed time off of her previous personal-bests nearly every time she swam ... Dropped 13 seconds in the 500 free to swim a season-best 5:20.28 in the 500, placing 31st ... Achieved a personal-best time of 18:10.69 in the

mile for a 20th-place finish at CAAs, shaving over a minute off of her best time from high school ... Had second-best time on the team in the 1000 free, clocking a 11:01.29 in the final dual meet of the season ... Turned in the third-fastest time on the squad in the 500 free and the mile. **Prep:** Four-year letter winner at Annandale ... Also participated in lacrosse and yearbook ... Member of the National Honor Society, Spanish Honor Society, and Mu Alpha Theta. **Personal:** Daughter of Hal and Jan Young ... Brother (Derek) swam at Maryland ... Enjoys reading and watching movies ... Born on September 16, 1984 in Fairfax, VA.

FRESHMEN



Morgan Adams

Springfield, IL

Glenwood

Prep: Swam for four years for coach Jason Schepp ... State qualifier for IHSA state finals ... Two-time Central Zone Open Water Champion ... Member of 400 free and 800 free state champion relay teams ... Four-time Central State 8 all-conference selection ... Captain of mock trial team and National Honor Society secretary. **Personal:**

Daughter of Patrick and Connie Adams ... Father played football at Duquesne ... Enjoys sewing and reading ... Born December 27, 1984 in Monmouth, NJ.



Briana Belden

Emmaus, PA

Emmaus

Prep: Swam for coaches Mike Seip and Jim O'Connor for four years ... Varsity captain her senior year ... Recipient of Matt Kush Memorial Award ... State qualifier in 100 free and 200 free ... Qualified for district championships all four seasons ... Member of East Penn All-Star team ... Voted Most Improved Swimmer her sopho-

more year. **Personal:** Daughter of Brian and Doreen Belden ... Father Brian is a professional golfer ... Born July 30, 1985 in Oswego, NY.



Anna Blount

Newport News, VA

Woodside

Prep: Scholastic All-American. **Personal:** Daughter of Peter and Ellen Blount ... Favorite city is Key West, FL ... Favorite athlete is Michael Phelps ... Came to W&M because of its academics ... Born March 31, 1986 in Hampton, VA.



Allison Cameron

Vienna, VA

James Madison

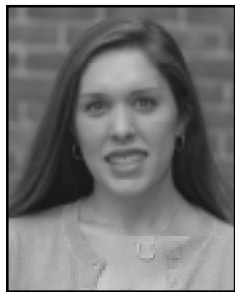
Prep: Swam for coach Kerry Shipley for four years ... All-American in 200 free ... All-America Honorable Mention in 50 free and 100 free ... State champion in 50 free ... State runner-up in 100 free ... Region champion and record holder in 50 free and 200 free ... Set four school records ... 2002 *Washington Post* first-team all-met selection.

Personal: Daughter of Douglas and Jennifer Cameron ... Uncle Steve Good attended W&M ... Born December 21, 1984 in Fairfax, VA.



Chelsea Finch
Newport News, VA
Hampton Roads Academy

Prep: Swam for coach Marc Rios for four years ... MVP of swim team for all four years ... Eastern Zone Sectional Qualifier ... Scholastic All-American. **Personal:** Daughter of John and Lori Finch ... Born on July 1, 1985 in Jacksonville, FL.



Alyson Fletcher
Newport News, VA
Menchville

Prep: Four varsity letters in swimming ... AAA state finalist in 200 IM ... Four-time AAA state qualifier ... Four time AAA Eastern region qualifier ... Member of Menchville's record holding 400 free relay team that took third at AAA state championships ... Scholastic All-American ... Three-time Virginia Zone team member ... Cap-

tain of Coast Guard Blue Dolphins Section Team that won 2003 Eastern Zone Speedo Championships ... Also won Coast Guard Blue Dolphins competitive spirit award ... Member of National Honor Society and French Honor Society ... Was an editor and photographer for yearbook. **Personal:** Daughter of Allan and Constance Fletcher... Enjoys art, photography and movies ... Born July 18, 1985 in Hampton, VA.



Callie Hopkins
Midlothian, VA
James River

Prep: Team captain senior year ... State and sectional qualifier ... School record holder in 1500 free and 200 free ... Also ran cross country for two years ... Part of runner-up team at state cross country championships, finishing 52nd individually ... National Honor Society member.

Personal: Daughter of James and Laurie

Hopkins ... Father James played baseball at Tulsa University ... Interested in photography ... Born February 5, 1985 in Tulsa, OK.



Kelly Reitz
Chesapeake, VA
Great Bridge

Prep: Lettered in swimming four years ... Four time team MVP ... Participant at 2001 U.S. Open ... State finalist four years. **Personal:** Daughter of Daniel and Beth Reitz ... Aunt Lynn Adams Hostetler swam for W&M ... Uncle John Hostetler and grandparents Robert and Patricia Adams also attended W&M ... Born April 25, 1985 in Virginia Beach, VA.

Tribe



Marnie Rognlien
Nokesville, VA
Liberty

Prep: Lettered in swimming four years for coach Martin Edwards ... Three-time team MVP ... Team captain her senior year ... Set school records in the 500 free, 100 free and 200 free. Also played lacrosse and field hockey ... MVP and captain of lacrosse team her senior year.

Personal: Daughter of Ron and Marian Rognlien

... Mother Marian swam and played field hockey at James Madison ... Enjoys rock climbing ... Born April 8, 1985 in Manassas, VA.



Kristen Slack
Mechanicsburg, PA
Mechanicsburg

Prep: Lettered in swimming four years ... All-American in 200 medley relay at PIAA states with eighth-place finish ... Member of Mechanicsburg state team in 2003 and district team in 2002 and 2003 ... Team captain her senior year ... Member of West Shore YMCA National Team since the age of 12 ... Also lettered

in cross country and soccer ... Vice-President of National Honor Society ... Selected to *Patriot News* Best and Brightest. **Personal:** Daughter of Peter and Carol Slack ... Born December 15, 1984 in Harrisburg, PA.



Jen Tan
Centreville, VA
Paul VI

Prep: Lettered in swimming for coach Joe Gresker ... Team captain senior year ... Team MVP junior and senior year ... Runner-up in 100 fly at Washington Metropolitan prep School Swimming and Diving League Championships ... Placed fourth at National Catholic High School Championships in the 100 fly ... Scholar-

Athlete Award winner. **Personal:** Daughter of Jose and Yoko Tan ... Brother Joe Tan swims at George Mason ... Born April 7, 1985 in Long Island, NY.

50 Free

1. Kristi Borkowski	24.84
2. Ruth Anne Miller	24.92
3. Katie Hiles	25.14
4. Cicely Wolters	25.72
5. Katie Descenza	25.97

100 Free

1. Ruth Anne Miller	52.00
2. Kristi Borkowski	53.09
3. Cicely Wolters	55.31
4. Elizabeth Barrett	55.92
5. Liz Harman	57.21

200 Free

1. Ruth Anne Miller	1:55.83
2. Kristi Borkowski	1:57.26
3. Erin Clark	1:58.76
4. Bryanne Matthews	1:59.58
5. Cicely Wolters	1:59.72

500 Free

1. Erin Clark	5:08.04
2. Ruth Anne Miller	5:12.38
3. Lindsay Young	5:20.28
4. Alexis Skelos	5:20.69
5. Lindsey Riddell	5:23.77

1000 Free

1. Erin Clark	10:42.19
2. Lindsay Young	11:01.29
3. Alexis Skelos	11:02.55
4. Lindsey Riddell	11:30.39

1650 Free

1. Erin Clark	17:43.55
2. Alexis Skelos	18:08.67
3. Lindsey Young	18:10.69

100 Fly

1. Liz Koch	57.07
2. Michelle Calanog	57.97
3. Alexa Whittaker	58.87
4. Lindsay Riddell	1:02.96
5. Katie Descenza	1:03.26

200 Fly

1. Liz Koch	2:06.26
2. Michelle Calanog	2:07.94
3. Lindsay Riddell	2:15.26
4. Robyn Kondrad	2:16.95

100 Back

1. Alexa Whittaker	59.39
2. Katie Descenza	59.75
3. Katie Hiles	59.94
4. Liz Harman	1:00.42
5. Michelle Calanog	1:01.07

200 Back

1. Katie Hiles	2:07.53
2. Alexa Whittaker	2:08.50
3. Katie Descenza	2:09.34
4. Liz Harman	2:12.72

100 Breast

1. Ruth Anne Miller	1:03.43
2. Bryanne Matthews	1:05.21
3. Elizabeth Barrett	1:07.49
4. Maxey McNeese	1:09.17
5. Robyn Kondrad	1:09.39

200 Breast

1. Ruth Anne Miller	2:15.79
2. Bryanne Matthews	2:20.21
3. Elizabeth Barrett	2:25.60
4. Robyn Kondrad	2:26.64
5. Liz Koch	2:30.13

200 IM

1. Ruth Anne Miller	2:02.42
2. Bryanne Matthews	2:09.78
3. Elizabeth Barrett	2:11.29
4. Alexa Whittaker	2:12.53
5. Liz Harman	2:13.22

400 IM

1. Ruth Anne Miller	4:20.31
2. Erin Clark	4:31.62
3. Elizabeth Barrett	4:43.34
4. Robyn Kondrad	4:43.35
5. Liz Harman	4:53.86



W&M All-Time Top Performers

50 Free

1. Kristen Schnittger	23.99	1998
2. Kerrie Fineran	24.15	2001
3. Katie Grauman	24.43	2000
4. Alyssa Lengle	24.69	2001
5t. Stefanie Fenix	24.73	1998
5t. Kathy Welch	24.73	1984
7. Tracey Whittemore	24.75	2002
8. Emily Daly	24.79	1996
9. Lisa Wimberly	24.84	1998
10. Alison Wohlust	24.85	1988

100 Free

1. Ruth Anne Miller	52.00	2003
2. Alyssa Lengle	52.67	2001
2. Katie Grauman	52.74	1998
4. <i>Kristi Borkowski</i>	53.09	2003
5. Kerrie Fineran	53.18	2000
6. Kathy Welch	53.19	1985
7. Laura Bodine	53.53	2001
8. Kristen Schnittger	53.58	1998
9. Tracey Whittemore	53.71	2002
10. Valerie Carr	53.77	1999

200 Free

1. Alyssa Lengle	1:51.96	2001
2. Aubrey Boles	1:54.81	2000
3. Katie Grauman	1:55.28	1997
4. Kathy Welch	1:55.30	1984
5. Tracey Whittemore	1:55.73	2002
6. Ruth Anne Miller	1:55.83	2003
7. Pat Olivo	1:56.22	1988
8. Tesla Jeltema	1:56.52	1996
9. Alison Wohlust	1:56.78	1989
10t. Marcy Laderberg	1:56.86	1998
10t. Jessica Wunderle	1:56.86	1998

500 Free

1. Alyssa Lengle	5:01.97	2001
2. Aubrey Boles	5:02.15	2000
3. Karen Laslo	5:04.17	1991
4. Susan Olivo	5:06.09	1990
5. Diane Vallere	5:06.62	1986
6. <i>Erin Clark</i>	5:08.04	2003
7. Karen Palm	5:08.38	1997
8. Marcy Laderberg	5:08.43	1997
9. Pat Olivo	5:09.45	1988
10. Liddy Allee	5:09.63	1983

1000 Free

1. Karen Laslo	10:23.05	1991
2. Diane Vallere	10:27.07	1986
3. Aubrey Boles	10:37.00	1999
4. Ruth Anne Miller	10:37.49	1999
5. Alyssa Lengle	10:37.86	2001
6. Susan Olivo	10:38.18	1990
7. Marcy Laderberg	10:41.03	1997
8. <i>Erin Clark</i>	10:42.19	2003
9. Tesla Jeltema	10:43.96	1996
10. Tracey Whittemore	10:44.43	1999

1650 Free

1. Karen Laslo	17:14.57	1991
2. Diane Vallere	17:24.02	1986
3. Tesla Jeltema	17:41.75	1996
4. <i>Erin Clark</i>	17:43.55	2003
5. Marcy Laderberg	17:45.05	1997
6. Susan Olivo	17:47.07	1991
7. Liddy Allee	17:52.54	1983
8. Pat Olivo	17:54.12	1988
9. Tracey Ellerson	17:54.32	1988
10. <i>Paige Capro</i>	18:07.60	2003

100 Fly

1. Liz Koch	56.63	2002
2. Lisa Wimberly	57.02	1998
3. Meg Frisbee	57.39	2000
4. Helen Wilcox	57.59	1990
5. <i>Michelle Calanog</i>	57.97	2003
6. Elise Hughes	58.81	1990
7. Alexa Whittaker	58.87	2003
8. Cristina Lambert	59.29	1998
9t. Ruth Newnam	59.35	1990
9t. Carla Kneipp	59.35	1991

200 Fly

1. Liz Koch	2:06.26	2003
2. Cristina Lambert	2:06.67	1998
3. Amy Johnson	2:07.46	1986
4. Ruth Newnam	2:07.87	1990
5. <i>Michelle Calanog</i>	2:07.94	2003
6. Helen Wilcox	2:08.10	1990
7. Karen Palm	2:08.82	1998
8. Lisa Wimberly	2:09.57	1998
9. Pat Olivo	2:11.13	1987
10. Cally Codding	2:12.06	1995

100 Back

1. Stefanie Fenix	58.23	2001
2. <i>Katie Hiles</i>	58.98	2001
3. Alexa Whittaker	59.12	2003
4. Wendy Marold	59.22	1998
5. Laura Bodine	59.29	1999
6. Katie Descenza	59.40	2002
7. Susan Harms	59.62	1993
8. Stephanie Upshaw	59.80	1997
9. Kim Boerger	1:00.23	1997
10. <i>Elizabeth Harman</i>	1:00.42	2003

200 Back

1. Laura Bodine	2:04.63	2002
2. <i>Katie Hiles</i>	2:05.07	2001
3. Stefanie Fenix	2:06.37	1998
4. Aubrey Boles	2:07.27	2002
5. Marcy Laderberg	2:07.52	1997
6. Kim Boerger	2:07.58	1998
7. Cally Codding	2:08.12	1995
8. Alexa Whittaker	2:08.50	2003
9. Wendy Marold	2:08.76	1998
10. Susan Harms	2:09.12	1993

100 Breast

1. Ruth Anne Miller	1:03.43	2003
2. Kristen Schnittger	1:04.04	1997
3. <i>Bryanne Matthews</i>	1:05.21	2003
4. Emily Greene	1:05.23	2002
5t. Kerrie Fineran	1:06.32	2001
5t. Erin Smith	1:06.32	1999
7. Erin Sheehey	1:06.45	1983
8. Meredith Brooks	1:07.23	1991
9. <i>Elizabeth Barrett</i>	1:07.49	2003
10. Laura Bodine	1:07.62	2000

200 Breast

1. Ruth Anne Miller	2:15.79	2003
2. <i>Bryanne Matthews</i>	2:20.21	2003
3. Kristen Schnittger	2:21.47	1997
4. Emily Greene	2:21.72	2002
5. Erin Smith	2:24.69	1999
6. Laurie Ehram	2:24.84	1998
7. Erin Sheehey	2:25.38	1983
8. <i>Elizabeth Barrett</i>	2:25.60	2003
9. Laura Bodine	2:25.98	2002
10. Tracy Merahn	2:26.62	1993

200 IM

1. Ruth Anne Miller	2:02.32	2002
2. Laura Bodine	2:07.35	2001
3. Emily Greene	2:07.43	2002
4. Meg Frisbee	2:08.84	2000
5. <i>Bryanne Matthews</i>	2:09.78	2003
6. Kristen Schnittger	2:11.22	1996
7. Julie Meyers	2:11.23	2000
8. <i>Elizabeth Barrett</i>	2:11.29	2003
9t. Kim Boerger	2:11.33	1998
9t. Kerry Budd	2:11.33	1998

400 IM

1. Ruth Anne Miller	4:20.31	2003
2. <i>Erin Clark</i>	4:31.62	2003
3. Laura Bodine	4:31.74	2002
4. Kim Boerger	4:37.09	1998
5. Karen Laslo	4:37.28	1991
6. Emily Greene	4:37.71	2001
7. Kerry Budd	4:38.88	1999
8. Liddy Allee	4:38.96	1983
9. Amy Johnson	4:39.37	1986
10. Tracy Merahn	4:40.28	1993

• Active athletes in bold-italics



<u>Name</u>	<u>Cl.</u>	<u>Event</u>	<u>Hometown</u>	<u>High School</u>
Jacob Albright	So.	Back/Free	Carlisle, PA	Carlisle
Bob Brofft	Jr.	Breast/IM	Fairfax, VA	Robinson
Andrew Carberry	Fr.	Breast	Talbott, TN	Jefferson County
Charley Carlin	Fr.	Fly/Free	Richmond, VA	Douglas Freeman
Jeff Clark	So.	Breast	Virginia Beach, VA	Frank W. Cox
Tom De Mattia	Sr.	Diving	North Brunswick, NJ	South Brunswick
Eric Druker	Jr.	Fly/Free	Wildwood, MO	Lafayette
Nick Duda	Fr.	Free/Back	Vienna, VA	Gonzaga
Evan Elsaesser	So.	Fly/Back	Reston, VA	Thomas Jefferson
Bob Jacobsen	So.	Free/Fly	Williamsburg, VA	Lafayette
Billy Janela	Fr.	Diving	North Potomac, MD	Gonzaga
Peter King	So.	Fly/Back	Falls Church, VA	Gonzaga
Noah Laurence *	Sr.	Fly/IM	Mt. Pleasant, SC	Glen Burnie
Clark Noble *	Sr.	Free/IM	Gainesville, GA	North Hall
Joey Peterson	Fr.	Breast	Williamsburg, VA	Lafayette
Scott Rhodes	Jr.	Free	Norfolk, VA	Maury
Alex Seamon	Sr.	Free/Fly	Roanoke, VA	Cave Spring
Gaetan Sgro	Sr.	Breast	Chester Springs, PA	Devon Prep
David Shoulders	Sr.	Back/Fly	Roanoke, VA	Cave Spring
Bruce Thomas	Sr.	Breast/IM	McLean, VA	Langley
Matt Wolff	So.	Fly/Back	Annandale, VA	Annandale

* *Co-captain*

MEN'S TEAM RECORDS

<u>Event</u>	<u>Time</u>	<u>Swimmer</u>	<u>Season</u>
50 Free	20.53	Rusty Hodgson	99-00
100 Free	45.25	Rusty Hodgson	99-00
200 Free	1:39.67	Chris Robinson	97-98
500 Free	4:27.87	Chris Robinson	99-00
1000 Free	9:31.58	Chris Robinson	96-97
1650 Free	15:44.43	Chris Robinson	97-98
100 Back	50.99	Josh Osterberg	99-00
200 Back	1:49.98	Daniel Mee	99-00
100 Fly	50.40	Eric Druker	02-03
200 Fly	1:50.72	Jon Lin	01-02
100 Breast	56.44	Dan Gowetski	97-98
200 Breast	2:03.05	Dan Gowetski	97-98
200 IM	1:52.49	Josh Osterberg	99-00
400 IM	4:03.26	Josh Osterberg	97-98
200 Medley Relay	1:33.07	Mee, Gowetski, Hanley, Hodgson	99-00
400 Medley Relay	3:22.03	Mee, Gowetski, Lovett, Hodgson	99-00
200 Free Relay	1:22.94	Hodgson, Mee, Craig, Lovett	99-00
400 Free Relay	3:01.74	Robinson, Maholchic, Hodgson, Lovett	98-99
800 Free Relay	6:47.85	Crispino, Lovett, Mee, Robinson	98-99
1-meter Diving	632.25	Shawn McLane	84-85
3-meter Diving	662.00	Shawn McLane	84-85

• *Active athletes in bold-italics*

After finishing sixth at last year's conference championships, the William and Mary men's swimming and diving team looks to improve in the 2003-04 season and finish higher in the Colonial Athletic Association. With a strong nucleus returning for the season, the Tribe will rely on its experience, cohesiveness and resilience to move up in the conference rankings.

At the head of the William and Mary swimming and diving program is **Gregg Sarbak**, who is in his second year as the Director of Swimming and Diving at the College of William and Mary. Sarbak, who was the assistant coach at the College for the two years prior to his tenure as the Director, is expecting the Tribe to vastly improve this season.

Senior co-captains **Noah Laurence** and **Clark Noble** will lead the Tribe throughout the season. Fronting a strong corps of seven seniors, the duo will headline an impressive count of returning veterans. A strong freshman class will provide added depth in several events.

Freestyle

The distance freestyle events are anchored by two aces: Noble and junior **Scott Rhodes**. Noble has finished in the top-10 in the conference in the mile and the 500 freestyle in each of his three years at W&M, while Rhodes has accomplished the same feat his freshman



Clark Noble

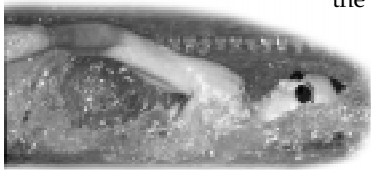
year and just missed repeating it last season. Rhodes took 9th in the 500 free but just missed the top-10 with his 11th place showing in the mile. Senior **Alex Seamon**, whose junior season was highlighted by an eighth place in the mile at the competitive Terrapin Invitational, looks to end his collegiate career with personal-best times.

Rhodes and Noble will also appear in some sprint freestyle events, but the bulk of the action will be seen by sophomore **Jacob Albright**. Albright is looking to build upon a freshman year that saw him just miss making the finals in the 50 free at the CAAs and also swim the team's fastest time in the event. Albright was the second-best Tribe finisher in the 100 free at conference and also had two runner-up finishes in dual meets.

Freshman **Nick Duda**, an All-American and school record holder in sprint freestyle events, is expected to make a quick impact for the squad.

Backstroke

Two sophomores, **Evan Elsaesser** and **Matt Wolff** will anchor the backstroke contingent for the Tribe. Elsaesser claimed eighth in the 100 back at conferences as rookie and also swam into the Tribe record books with the sixth fastest time in the 100 back and 10th best pace in the 200 back. Wolff also had a strong freshman season, winning the consolation race at CAAs in the 200 back and setting the fifth-best time in



Evan Elsaesser

school history in the event.

Senior **David Shoulders** will add further depth in the backstroke

events. Shoulders placed 12th in both the 100 and 200 back at CAAs and moved to seventh in the record books in the 200 back and eighth in the 100 back. Newcomer **Peter Kogut**, a school record holder in the 50 back, figures to find early success competing for the Tribe.



Eric Druker

Butterfly

Laurence, junior **Eric Druker** and sophomore **Peter King** will head the team's assault in the butterfly. Laurence snared seventh in the 200 fly at CAAs and captured fifth in the event at the Terrapin Invitational. Laurence also recorded the sixth-best time in school history in the 200 fly last season. Druker set the school record in the 100 fly last year in his runner-up effort at the Terrapin Invitational and also took second in the 200 fly at the competitive meet. He also won the 200 fly in the James Madison dual meet in addition to posting numerous second place finishes.

King is aiming to better his solid freshman performances which included 10th at the CAAs in the 200 fly and 16th in the 100 fly.



Gaetan Sgro

Breaststroke

Senior **Gaetan Sgro** and sophomore **Jeff Clark** will anchor the team's breaststroke contingent. Sgro is looking to cap an already stellar career in his final season and comes into the year with great momentum. Last year at conferences Sgro claimed sixth-place in the 200 breast while winning the consolation race in the 100 breast. Sgro also set the third fastest time in Tribe history in both breast events. Meanwhile, Clark is looking to take the next step in his young career, which saw him swim to strong finishes against an elite field at the Terrapin Invitational. Clark snared sixth in the 100 breast and 10th in the 200 breast at the meet while boasting the second-best team time in the 200 breast last year. Freshman **Andrew Carberry**, a school record holder and seventh-place finisher at states in the 100 breast, will further augment the Tribe's depth in the event

Individual Medley

Noble and Laurence will combine for a one-two punch in the individual medleys, perhaps the squad's strongest and deepest events. Noble captured third at the CAAs in the 400 IM, an event in which he posted the team's best time last year. Laurence swam to 10th in the 400 IM at CAAs last year while placing 16th in the 100 IM while moving up the fourth in the 400 IM and ninth in the 200 IM in the Tribe record books. Seamon and Shoulders will add even greater experience and talent to the team's effort, while freshman **Joey Peterson**, school record holder in the 200 IM, looks to make a quick impact for the Tribe.

Diving

Senior **Tom De Mattia** will be the mainstay of the squad's diving program and is joined this season by freshman **Billy Janela**. Despite battling injuries, De Mattia notched seven top-three finishes throughout the year on the one-meter board and recorded a season-best score of 193.05 in the dual meet against Duke for a runner-up honors. Janela joins the Tribe as a three-time team MVP and all-metro selection his senior year.

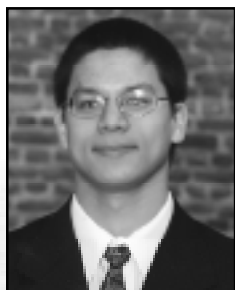


Jacob Albright

Sophomore
Carlisle, PA
Carlisle

2002-03: Swam a personal-best time of 52.92 in the 100 back at CAAs, placing ninth ... Second-fastest time on the team in the 100 back ... Turned in top time on the squad for the 50 free ... Barely missed finals in the 50

free at CAAs, placing 17th with a time of 21.83 ... Clockeda 48.31 in the 100 freestyle at CAAs, the second-fastest time on the team in the event ... Achieved two second-place finishes in the 50 free in dual meets. **Prep:** Won four letters in swimming ... MVP in his last two seasons at Carlisle ... School record holder ... All-Sentinel swimmer 2000-02 ... Also played four years of varsity soccer, winning the MVP award his senior year ... Involved in National Honor Society, Spanish Honor Society and class council. **Personal:** Son of David and Hilary Albright ... Enjoys music, working out, and watching movies ... Born on December 23, 1983 in Hanover, NH.



Bob Brofft

Junior
Fairfax, VA
Robinson

2002-2003: Advanced to the finals in the 100 breast at the CAAs, placing 14th ... Won the 200 breast against UMBC ... Swam to a strong third in the 200 IM at the competitive Terrapin Invitational ... Four top-five finishes on the season.

2001-02: Swam to personal bests in the 100 breaststroke (59.92), 200 breaststroke (2:09.56), and 200 IM (1:59.36) at the Miami of Ohio Invitational ... Broke into the all-time top-10 times in the 100 and 200 breaststrokes, with the third-fastest times on the squad this season in each event ... Finished 16th in the 200 breaststroke at CAAs. **Prep:** Took third at VHSL State Championships in the 100 breaststroke ... Two-time first-team all-district swimmer ... First-team all-region ... Junior National qualifier. **Personal:** Son of Bob and Pi Wu Brofft ... Father swam for Lafayette College ... Plays the piano ... Born on August 29, 1983 in Arlington, VA



Jeff Clark

Sophomore
Virginia Beach, VA
Frank W. Cox

2002-03: Finished sixth and 10th in the 100 and 200 breaststroke, respectively, at the Terrapin Invitational ... Achieved the second-best time on the squad in the 100 breaststroke (59.38) and the third-best time on the team in the 200 breast-

stroke (2:10.64). **Prep:** Two-time MVP of high school team ... Holds high school record in the 100 breaststroke ... 2001 state champion in 200 breaststroke ... High school All-American ... Participated in crew. **Personal:** Son of William and Janice Clark ... Father swam at Holy Cross and brother (Michael) swam at W&M ... Enjoys movies, music and computers ... Born on July 27, 1984 in Virginia Beach, VA.



Tom De Mattia

Senior
North Brunswick, NJ
South Brunswick

2002-03: Named team's most valuable diver ... Seven top-three finishes throughout the year in the one-meter dive ... Achieved a season-best one-meter score of 193.05 in the dual meet against Duke for a second-place finish ... Could

not compete on the three-meter due to injury. **2001-02:** Did not compete. **2000-01:** Member of the Tribe Gymnastics team ... Parallel bars finalist at State Championships ... Looseness in his shoulder forced him to retire from the rings and high bar. **Personal:** Son of Angelo and Deborah De Mattia ... Enjoys wakeboarding, playing the piano and the outdoors ... Backpacked in the Uenta Mountains in Utah last summer ... Marketing major ... Born on February 5, 1982 in Elizabeth, NJ.



Eric Druker

Junior
Wildwood, MO
Lafayette

2002-2003: Set school record (50.40) in the 100 fly with runner-up finish at the Terrapin Invitational, also took second the 200 fly at the competitive meet ... Won the 200 fly in the JMU dual meet ... Part of 200 medley relay team that won

in the Towson dual meet ... Runner-up in the 50 free and 200 fly against UMBC ... Also second in the 100 fly versus Towson and the 200 fly at GMU. **2001-02:** Finished fourth at CAAs in both the 100 butterfly (50.87) and 200 butterfly (1:52.20) ... Swam to the second-fastest 100 and 200 butterfly times in Tribe history ... Received most outstanding freshman award ... Did not finish worse than third in any butterfly event during the dual meet season ... Two first-place finishes in dual meet action in both the 100 and 200 butterfly ... Also competed in the 50 freestyle, achieving a personal best time of 21.86. **Prep:** Eight-time all-state member ... Junior National qualifier ... School record-holder in the 100 fly. **Personal:** Son of Douglas and Sharon Druker ... Math major ... National Merit Scholar ... Awarded Missouri's Bright Flight scholarship ... Works with the Swim America Program ... Enjoys watching the St. Louis Cardinals and Rams ... Born on April 14, 1983 in Ft. Lauderdale, FL.



Evan Elsaesser

Sophomore
Reston, VA
Thomas Jefferson Science
and Technology

2002-03: Placed eighth at the CAA Championships in the 100 backstroke, swimming the fastest time on the team in the event (51.76) ... Sixth

all-time for the Tribe in the 100 back ... Finished 15th in the 200 backstroke at CAAs, swimming a 1:56.87 in the preliminary heats of the event ... Turned in the third-fastest time on the team in the 200 backstroke and the 10th-fastest time in Tribe history in the event ... Also finished 15th in the 100 butterfly, touching the wall in 51.76 in the preliminary heats with the second-fastest time on the squad ... Third-fastest time on the team in the 100 freestyle (48.31). **Prep:** All-district and all-state 2000-2002 ... Member of state championship team ... Holds school record in 100 butterfly and 200 medley relay ... Participated in track and field. **Personal:** Son of Christopher and Patricia Elsaesser ... Father participated in karate at Ohio University ... Born on May 11, 1984 in Fairfax, VA.



Bob Jacobsen

Sophomore
Williamsburg, VA
Lafayette

2002-03: Finished in the top-40 in the conference in the 50, 100 and 200 freestyle ... Achieved a season-best time of 22.57 in the 50 free at the conference championships ... Turned in the third-best time on the team in the 50 free ... Swam a

49.88 in the dual meet against George Mason for a fifth-place finish ... Placed 20th in the 200 free at the Terrapin Invitational with a time of 1:46.07. **Prep:** Four-year letter winner ... Captain senior year ... School record holder in the 100 butterfly ... Awarded the sportsmanship, integrity, and school spirit award his senior year ... All-state and All-Bay Rivers District ... *Daily Press* All-Star ... Member of two AA Virginia swimming state championship teams ... Placed third and fourth his senior season at the AA state championships in the 50 freestyle and 100 butterfly, respectively ... Also lettered twice in baseball, earning first team All-Bay Rivers District at second base ... National Honor Society, Latin Club, yearbook, Peer Partners ... Received the DAR Patriotism Award his junior year. **Personal:** Son of Jake and Ellen Jacobsen ... Uncle (John Jacobsen) played baseball at Stevens Institute of Technology ... Sister (Jamie) is currently enrolled in graduate classes at W&M and graduated from the College in 2001 ... Enjoys baseball, golf, tennis, playing the guitar, and mountain biking ... Born on April 14, 1984 in Williamsburg, VA.



Peter King

Sophomore
Falls Church, VA
Gonzaga

2002-03: Placed 10th in the CAA Championships in the 200 butterfly, touching the wall in 1:55.46 ... Tied for 16th at CAAs in the 100 fly with a time of 51.81 ... Achieved the third-best time on the team in the 100 and 200 fly ... Swam a season-

best time of 4:50.89 in the 500 free at CAAs ... Placed third in the 200 fly against Duke. **Prep:** Swam for four years at Gonzaga, earning the MVP award his senior year ... High school and club (York Swim Club) team captain ... Team record holder in the 200 IM ... Senior Leadership Award ... Honor student ... Student government secretary. **Personal:** Son of Tom and Ann King ... Enjoys reading ... Born on May 30, 1984 in Falls Church, VA.



Noah Laurence

Senior
Mt. Pleasant, SC
Bishop England

Co-captain. **2002-03:** Finished seventh at the CAA Championships in the 200 butterfly ... Placed fifth in the 200 fly at the Terrapin Invitational with a time of 1:55.13 ... Moved up to sixth-all time in the event for the Tribe ... Placed

10th in the 400 IM (4:09.76) and 16th in the 200 IM (1:57.05 prelims) ... Posted the second-fastest times on the team in the 200 and 400 IM ... Ninth-best time in the 200 IM and fifth-best time in the 400 IM in Tribe history ... Touched the wall in 52.36 at the Terrapin Invitational, placing 15th. **2001-02:** Attained season bests at the Miami of Ohio Invitational in the 100 butterfly (52.79), 200 butterfly (1:56.11), 200 IM (1:57.37), and 400 IM (4:14.76) ... Improved his positioning on the all-time top-10 records to seventh in the 200 fly, and broke into the top-10 in the 200 IM ... Dropped over five seconds from his previous personal best time in the 200 IM ... Finished with four top-five times on the

team. **2000-01:** Earned spots on the W&M all-time top-10 lists in the 200 fly (fifth) and the 400 IM (sixth) ... Finished 12th in the 200 fly at CAAs in 1:57.39 ... Had a first-place finish in that event in the dual meet with George Mason. **Personal:** Son of Rob and Josie Laurence ... Enjoys participating in triathlons ... Double majoring in finance and public policy ... Born on June 20, 1981 in Eureka, CA.



Clark Noble

Senior
Gainesville, GA
North Hall

Co-Captain. **2002-03:** Wally and Mark Riley Most Valuable Swimmer Award winner ... Swam fastest times on the team in the 400 IM, 1000 free and mile ... Placed third at the CAA Championships in the 400 IM, achieving a time of 4:03.91,

the third-best in Tribe history ... Finished ninth and 10th in the mile and 500 free ... Swam a personal-best in the 500 at CAAs in the 500 free (4:36.79) ... Swam 16:10.52 in the mile at the Terrapin Invitational ... Swam second-best time on the squad in the 500 free and 200 breaststroke (2:10.17) ... Swam to three first-place finishes in the 500 freestyle, one first-place in both the 1000 and the mile and one first-place finish in the 400 IM in dual meet action. **2001-02:** Finished fourth in the mile (16:00.38), fifth in the 400 IM (4:06.72) and ninth in the 500 freestyle (4:37.67) at CAAs ... Swam the fastest times on the team in the mile and 400 IM ... Set the second-fastest time in Tribe history in the mile and the third-fastest time in the 400 IM ... Fastest in the 1000 and second-fastest in the 500 freestyle events this season ... Totaled 16 top-three finishes throughout the season, including two first-place finishes in both the 400 IM and the 500 free. **2000-01:** Swam the fastest time on the team in the 1000 freestyle, clocking 9:49.17 in his second-place finish against Duke ... Earned a spot at number three on the Tribe's top-10 list in the 400 IM, swimming a time of 4:06.45 at the CAA preliminaries for a sixth-place finish. **Personal:** Son of Steve and Bette Noble ... Father played baseball and football at Hanover College in Indiana and played AA baseball for the Cincinnati Reds ... Enjoys fishing and attending sporting events ... Majoring in Neuroscience ... USA Swimming Academic All-American ... Born on February 16, 1982 in Gainesville, GA.



Scott Rhodes

Junior
Norfolk, VA
Maury

2002-03: Was the fourth-place finisher in the 200 free at CAAs, clocking a 1:42.28 (1:42.18 prelims) ... Won the consolation heat of the 500 freestyle at CAAs with a time of 4:36.79 ... Placed 11th in the mile at conferences, touching the wall in

16:28.47 ... Swam a season-best time of 10:17.42 in the 1000 free against Duke ... Also contributed in the 100 free with a season-best time of 49.26 at the ODU quad meet. **2001-02:** Finished third at CAAs in the 500 freestyle with a time of 4:35.96 (4:34.42 prelims), placing him second all-time for the Tribe ... Clocking a 16:02.53 in the mile during his fifth-place finish at CAAs, placing him fourth all-time for the Tribe ... Finished 10th at CAAs in the 200 freestyle (1:42.26), the second-fastest time in Tribe history ... Took first in the 200 freestyle against Duke ... Finished in the top-three on the team in all freestyle events except the 50 free. **Prep:** Most Valuable Swimmer of high school team ... State finalist ... Scholastic All-American ... Sectional qualifier ... Eastern finalist. **Personal:** Son of Scott and Ann Rhodes ... Uncle (Ramon Dougan) played basketball for Old Dominion ... Enjoys fishing, camping and watching NASCAR ... Marketing and public policy major ... Born on September 2, 1983 in Norfolk, VA.



Alex Seamon

Senior
Roanoke, VA
Cave Spring

2002-03: Placed in the top-20 in the 200, 500 and 1650 freestyle events at CAAs ... Third-fastest time on the squad in the mile and fourth-fastest in the 1000 and 1650 free ... Achieved a time of 4:45.63 in the 500 free to finish 18th at CAAs ...

Placed eighth at the Terrapin Invitational in the mile, clocking a 16:37.24 ... Swam season-best time of 1:45.51 in the 200 free at CAAs. **2001-02:** Finished in the top-20 in three events at the CAA Championships, clocking season-bests in the 500 freestyle (4:43.70), 1650 freestyle (16:30.42) and 400 IM (4:19.11) ... Fourth-fastest on the team in the 500, 1000, and 1650 freestyle events ... Finished third in the 1000 freestyle against Davidson. **2000-01:** Swam to an eighth-place finish in the 1650 freestyle at CAAs ... Also finished 16th in the 500 free and 17th in the 200 fly ... Earned a third-place finish in the 1,000 free against George Mason. **Personal:** Son of Robert and Paula Seamon ... Brother (Jesse) plays basketball at Radford University ... Enjoys playing sports ... Majoring in Biology ... Monroe Scholar ... Dean's List ... Volunteers at the Williamsburg Community Hospital ... Born on March 23, 1982 in Denver, CO.



Gaetan Sgro

Senior
Chester Springs, PA
Devon Prep

2002-03: Sixth-place finisher in the conference in the 200 breaststroke with a personal-best time of 2:07.10 ... Won the consolation heat of the 100 breaststroke with a 58.27 effort, also a personal-best time ... Turned in fastest times on the team

in both breaststroke events ... Third-fastest performer in Tribe history in both breaststroke events ... Achieved four top-three finishes in the 200 breaststroke throughout the season. **2001-02:** Finished seventh in the 200 breaststroke at CAAs with a personal-best time of 2:08.19 ... Also achieved a best time in the 100 breaststroke (59.88) during a 17th-place finish at CAAs ... Broke into the all-time top-10 in both breaststroke events ... Second-fastest times in the 100 and 200 breaststroke on the team ... Earned a first-place finish in the 100 breaststroke against UMBC. **2000-01:** Did not compete. **Personal:** Son of Angelo and Joan Sgro ... Uncle (John Schridder) swam at Villanova ... Enjoys watching Allen Iverson play basketball ... Double majoring in English and environmental studies ... Member of the Judicial Appeals Board ... Born on June 21, 1982 in Philadelphia, PA.



David Shoulders

Senior
Roanoke, VA
Cave Spring

2002-03: Placed 12th in both backstroke events at the CAA Championships, posting times of 53.92 and 1:55.95 in the 100 and 200 backstroke, respectively ... Moved to seventh on the all-time top performers list for the Tribe in the event ...

Placed 10th in the 100 backstroke at the Terrapin Invitational (53.53), moving to eighth all-time in the event for the Tribe ... Swam a season-best time of 1:59.20 at CAAs to place 25th in the 200 IM ... Turned in second-best time on the team in the 200 back and the third-best in the 100 back ... Touched the wall in 54.17 in the 100 fly at the Terrapin Invitational. **2001-02:** Dropped

four seconds from his previous collegiate-best time in the 200 backstroke with a 15th-place finish in the CAA preliminaries (1:56.47) ... Also achieved a personal-best in the 100 backstroke with a time of 53.65 in his 10th-place preliminary finish at CAAs ... Seventh all-time in the 100 and 200 back ... Fastest time on the squad in the 200 back and second-fastest in the 100 back ... Earned three top-five finishes in the 100 back in dual meet action. **2000-01:** Earned two fourth-place finishes in the 200 backstroke against Davidson and George Mason. **Personal:** Son of John and Cathy Shoulders ... Uncle played baseball for the Detroit Tigers ... Enjoys playing football, basketball, golf, and cricket ... Majoring in finance ... FCA ... Tribe Club Ambassador ... Born on December 30, 1981 in Martinsville, VA.



Bruce Thomas

Senior
McLean, VA
Langley

2002-03: Part of winning 400 medley relay team against UMBC and victorious 200 medley relay team against Towson ... Runner-up in the 100 breast and fourth in 200 breast at the competitive Terrapin Invitational ... Also had an eighth place in the 200 IM at the meet. **2001-02:** Conference Champion in the 100 breaststroke, clocking a Tribe record-breaking time of 56.83 ... Swam to the team's top times in both breaststroke events and the third-fastest time in the 200 IM ... Achieved his personal-best time of 2:05.72 in the 200 breaststroke ... Finished seventh in the preliminaries of the CAA Championships with a time of 1:54.76 in the 200 IM ... Earned five top-three finishes in the 100 breaststroke and two top-three finishes in the 200 breaststroke in dual meet action. **2000-01:** Swam the top times on the team in the breaststroke events ... Placed seventh and ninth in the 100 and 200 breast, respectively, at CAAs ... Earned spots at second on both the 100 and 200 breast top-10 lists, with times of 58.32 and 2:07.07, respectively. **Personal:** Son of Bruce and Betsy Thomas ... Enjoys reading ... Coaches swimming and baseball during the summer ... Government major ... Born on April 4, 1982 in Philadelphia, PA.

in both breaststroke events ... Third-fastest performer in Tribe history in both breaststroke events ... Achieved four top-three finishes in the 200 breaststroke throughout the season. **2001-02:** Finished seventh in the 200 breaststroke at CAAs with a personal-best time of 2:08.19 ... Also achieved a best time in the 100 breaststroke (59.88) during a 17th-place finish at CAAs ... Broke into the all-time top-10 in both breaststroke events ... Second-fastest times in the 100 and 200 breaststroke on the team ... Earned a first-place finish in the 100 breaststroke against UMBC. **2000-01:** Did not compete. **Personal:** Son of Angelo and Joan Sgro ... Uncle (John Schridder) swam at Villanova ... Enjoys watching Allen Iverson play basketball ... Double majoring in English and environmental studies ... Member of the Judicial Appeals Board ... Born on June 21, 1982 in Philadelphia, PA.



Matt Wolff

Sophomore
Annandale, VA
Annandale

2002-03: Ray Voelker Most Outstanding Freshman Award winner ... Won the consolation heat of both the 200 backstroke (1:54.55) and the 400 IM (4:07.78) ... Fourth all-time for the Tribe in the 400 IM and fifth all-time in the 200 back ...

Attained the fastest time on the team in the 200 backstroke and the third-fastest in the 400 IM ... Placed 17th at CAAs in the 200 IM ... 10th-place finisher in the 200 IM at the Terrapin Invitational (1:57.55) with the third-fastest time on the team for the season ... Touched the wall in 53.81 in the 100 backstroke for a 10th-place finish at the Terrapin Invitational. **Prep:** First team all-district and all-region, Honorable Mention All-Metro ... Holds two individual and two relay records at Annandale ... Captain of swim team ... Played soccer and lacrosse ... National Honor Society, Student Senator ... Top events included 200 butterfly (1:55.2), 100 butterfly (52.0), 100 backstroke (53.0), and 200 IM (1:57.0). **Personal:** Son of Otto and Janis Wolff ... Sister (Jenny) swam at James Madison ... Enjoys music and soccer ... Born on June 16, 1983 in Alexandria, VA.

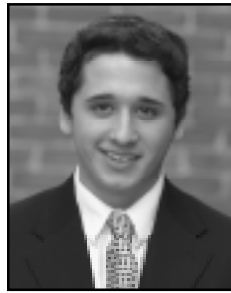
FRESHMEN



Andrew Carberry
Talbott, TN
Jefferson County

Prep: Swam for only one year under coach David Strom, but set school records in 100 breast and 200 free during that time ... Claimed seventh at state meet in 100 breast ... Also ran cross country for three years ... Member of the science club. **Personal:** Son of John and Lisa Carberry ... Father John competed in crew at

Marist ... Enjoys playing drums, stargazing and wakeboarding ... Born December 21, 1984 in Newport Beach, CA.



Billy Janela
North Potomac, MD
Gonzaga

Prep: Lettered for four years under coach Joe Viola ... Three-time team MVP ... All-metro senior year ... Team captain. **Personal:** Son of Joseph and Jean Janela ... Father Joseph played baseball at Catholic and mother Jean played basketball at Catholic ... Enjoys skiing and going to the beach ... Plans to major in Business ...

Born September 1, 1985 in Washington, DC.



Charley Carlin
Richmond, VA
Douglas Freeman

Prep: Lettered for four years under coach Geoff Brown ... Three-time All-American ... YMCA National Champion in 400 Medley Relay ... listed in *Who's Who Among American High School Athletes*. **Personal:** Son of Michael and Susan Carberry ... Enjoys surfing ... Born May 27, 1985 in Milwaukee, WI.



Peter Kogut
Glen Burnie, MD
Glen Burnie

Prep: Swam for four years under coach Ken Barsa ... Spy team (club) record holder in 50 back. **Personal:** Son of Allen and Maureen Kogut ... Enjoys paintball ... Plans to major in Biology ... Born December 11, 1985 in Baltimore, MD.



Nick Duda
Vienna, VA
Gonzaga

Prep: Lettered for four years under coach Joe Viola ... All-American in 200 free and 400 free relays ... Holds school record in 200 free and 200 medley relay ... Honorable Mention, *Washington Post* all-metro team. **Personal:** Son of Joseph and Jean Duda ... Enjoys surfing and golf ... Born January 3, 1985 in Fairfax, VA.



Joey Peterson
Williamsburg, VA
Lafayette

Prep: Lettered for four years under coach Harold Baker ... Set school records in 200 IM and 500 free ... USA Swimming Scholastic All-American. **Personal:** Son of Joseph and Lauren Peterson ... Stepfather Harold Baker swam at W&M ... Enjoys watching college basketball ... Undecided on a major ... Born September 5, 1985 in Williamsburg, VA.



Tribe swimmers at the James River Cancer Swim, an annual event which raises over \$7,000 for the American Cancer Society

50 Free

1. Jacob Albright	21.83
2. Mark Sinder	21.90
3. Bob Jacobsen	22.57
4. Tyler Fenwick	23.26
5. Matt Wolff	23.66

100 Free

1. David Hildebrand	47.85
2. Jacob Albright	48.31
3. Evan Elsaesser	48.43
4. Mark Sinder	48.94
5. Scott Rhodes	49.26

200 Free

1. Scott Rhodes	1:42.16
2. David Hildebrand	1:42.87
3. Alex Seaman	1:45.51
4. Bob Jacobsen	1:46.07
5. Jacob Albright	1:48.45

500 Free

1. Scott Rhodes	4:36.79
2. Clark Noble	4:37.62
3. David Hildebrand	4:43.11
4. Alex Seaman	4:45.63
5. Peter King	4:50.89

1000 Free

1. Clark Noble	9:47.59
2. Scott Rhodes	10:17.42
3. David Hildebrand	10:19.25
4. Alex Seaman	10:24.86
5. Jeff Gaston	10:48.01

1650 Free

1. Clark Noble	16:10.50
2. Scott Rhodes	16:28.47
3. Alex Seaman	16:37.24

100 Fly

1. Eric Druker	50:40
2. Mark Sinder	50.97
3. Evan Elsaesser	51.76
4. Peter King	51.81
5. Noah Laurence	52.36

200 Fly

1t. Mark Sinder	1:55.46
1t. Peter King	1:55.46
3. Noah Laurence	1:55.54
4. Neal Rollins	2:00.09
5. Alex Seaman	2:01.54

100 Back

1. Jacob Albright	52.92
2. Evan Elsaesser	53.17
3. David Shoulders	53.53
4. Matt Wolff	53.81
5. Neal Rollins	55.70

200 Back

1. Matt Wolff	1:54.55
2. David Shoulders	1:55.95
3. Evan Elsaesser	1:56.87
4. Neal Rollins	2:00.72
5. Jeff Clark	2:13.09

100 Breast

1. Gaetan Sgro	58.27
2. Jeff Clark	59.38
3. Bob Brofft	59.47
4. Jeff Gaston	1:01.42
5. Tyler Fenwick	1:02.12

200 Breast

1. Gaetan Sgro	2:06.77
2. Clark Noble	2:10.17
3. Jeff Clark	2:10.64
4. Bob Brofft	2:12.15
5. Jeff Gaston	2:16.92

200 IM

1. Mark Sinder	1:54.17
2. Noah Laurence	1:57.05
3. Matt Wolff	1:57.55
4. David Shoulders	1:59.20
5. Clark Noble	2:00.10

400 IM

1. Clark Noble	4:03.91
2. Matt Wolff	4:07.78
3. Noah Laurence	4:09.76
4. Jeff Clark	4:37.30



W&M All-Time Top Performers

50 Free

1. Rusty Hodgson	20.59	2000
2. Mike Lovett	20.85	2000
3. Joel Thomas	20.95	1998
4. Craig Birgfeld	21.06	1993
5. Matt Snow	21.12	1996
6. Adrian Maholchic	21.17	1998
7. Ryan Visser	21.23	1995
8. Chris Hagen	21.30	1984
9. Jim Berry	21.38	1991
10. Aaron Mabery	21.75	2002

100 Free

1. Rusty Hodgson	45.38	2000
2. Mike Lovett	45.39	1999
3. Craig Birgfeld	45.98	1994
4. Carl Browne	46.20	1984
5. Adrian Maholchic	46.28	1999
6. Chris Robinson	46.52	1998
7. Matt Crispino	46.97	2002
8. Pat Prutsman	47.19	1994
9. Ryan Visser	47.21	1992
10. Matt Snow	47.39	1996

200 Free

1. Chris Robinson	1:39.67	1998
2. Scott Rhodes	1:41.47	2002
3. Mike Lovett	1:41.64	1998
4. Carl Browne	1:41.66	1984
5. Chris Craig	1:42.35	2001
6. Matt Crispino	1:42.46	2001
7. Craig Birgfeld	1:42.51	1994
8. David Hildebrand	1:42.54	2001
9. Daniel Mee	1:43.49	1997
10. Ted Coine	1:43.57	1988

500 Free

1. Chris Robinson	4:27.87	2000
2. Scott Rhodes	4:34.42	2002
3. Marcus Hill	4:35.62	1999
4. Chris Craig	4:36.14	2001
5. Matt Crispino	4:37.31	2000
6. Zach Woodward	4:37.43	1999
7. Clark Noble	4:37.62	2003
8. David Hildebrand	4:39.28	2001
9. Bill Markovitz	4:39.52	1992
10. Ted Coine	4:41.20	1988

1000 Free

1. Chris Robinson	9:31.58	1998
2. Clark Noble	9:38.91	2002
3. Scott Rhodes	9:41.39	2002
4. Zach Woodward	9:43.24	1999
5. Marcus Hill	9:47.36	1999
6. Bill Markovitz	9:49.16	1991
7. Jon Lin	9:51.55	1998
8. Chris Craig	9:51.58	2001
9. Alan Rubel	9:55.61	1991
10. Greg O'Leary	9:56.45	1999

1650 Free

1. Chris Robinson	15:44.43	1998
2. Clark Noble	16:00.38	2002
3. Zach Woodward	16:01.53	2001
4. Scott Rhodes	16:02.53	2002
5. Bill Markovitz	16:16.13	1992
6. Alex Seamon	16:18.50	2001
7. David Hildebrand	16:23.32	2001
8. Alan Rubel	16:24.66	1991
9. Matt Crispino	16:25.51	1999
10. Greg O'Leary	16:30.40	1999

100 Fly

1. Eric Druker	50.40	2002
2. Mark Sinder	50.58	2002
3. Mike Lovett	51.24	2000
4. Chris Hanley	51.29	2000
5. Jon Lin	51.60	1998
6. Bill Weihs	51.74	1980
7. Evan Elsaesser	51.76	2003
8. Peter King	51.81	2003
9. Matt Knodt	52.11	2001
10. Adrian Maholchic	52.37	1999

200 Fly

1. Jon Lin	1:50.72	2002
2. Eric Druker	1:52.20	2002
3. Mark Sinder	1:53.44	2002
4. Ted Coine	1:54.58	1998
5. John Vahradian	1:55.01	1988
6. Noah Laurence	1:55.13	2002
7. Peter King	1:55.46	2003
8. Bill Weihs	1:55.91	1980
9. Chris Hanley	1:56.08	1999
10. Matt Knodt	1:56.66	1998

100 Back

1. Josh Osterberg	50.99	2000
2. Daniel Mee	51.19	2000
3. Jacob Albright	52.92	2003
4. Matt Knodt	53.09	2001
5. Carl Browne	53.10	1982
6. Evan Elsaesser	53.17	2003
7. Mark Sinder	53.42	2002
8. David Shoulders	53.53	2002
9. Peter Bertholet	53.56	1995
10. Matt Wolff	53.67	2002

200 Back

1. Daniel Mee	1:49.98	2000
2. Josh Osterberg	1:50.05	1998
3. Matt Knodt	1:53.00	1998
4. Marcus Hill	1:53.59	2001
5. Matt Wolf	1:54.55	2003
6. Mark Dansereau	1:55.67	1998
7. David Shoulders	1:55.95	2003
8. Doug Slater	1:55.98	1980
9. Larry Blake	1:56.55	1993
10. Evan Elsaesser	1:56.87	2003

100 Breast

1. Dan Gowetski	56.44	1998
2. Bruce Thomas	56.83	2002
3. Gaetan Sgro	58.27	2003
4. Ryan Visser	58.51	1994
5. Rusty Hodgson	58.97	1999
6t. Gabriel Layman	59.22	1998
6t. Will Lappenbusch	59.22	1990
8. Jeff Clark	59.38	2002
9. Bob Brofft	59.47	2002
10. Scott Graham	59.87	1987

200 Breast

1. Dan Gowetski	2:03.05	1998
2. Bruce Thomas	2:05.72	2002
3. Gaetan Sgro	2:06.77	2003
4. Gabriel Layman	2:08.84	1998
5. Will Lappenbusch	2:09.51	1990
6. Bob Brofft	2:09.56	2002
7. Ryan Visser	2:10.06	1994
8. Clark Noble	2:10.17	2002
9. Dan Reid	2:10.18	1996
10. Jeff Clark	2:10.64	2002

200 IM

1. Josh Osterberg	1:52.49	2000
2. Carl Browne	1:52.59	1984
3. Mark Sinder	1:52.87	1999
4. Matt Crispino	1:53.51	2002
5. Daniel Mee	1:53.69	1999
6. Bruce Thomas	1:54.76	2002
7. Ryan Visser	1:56.06	1994
8. Mike Lovett	1:56.07	1997
9. Louis Najera	1:56.56	1989
10. Noah Laurence	1:57.05	2003

400 IM

1. Josh Osterberg	4:03.26	1998
2. Marcus Hill	4:03.72	1999
3. Clark Noble	4:03.91	2003
4. Matt Wolff	4:07.78	2003
5. Noah Laurence	4:09.76	2003
6. David Hildebrand	4:12.16	2000
7. Carl Browne	4:13.39	1983
8. Zach Woodward	4:15.44	1999
9t. Chris Robinson	4:15.87	1998
9t. Louis Najera	4:15.87	1991

• Active athletes in bold-italics



*U.S. News
& World Report*
has ranked
William and Mary
the nation's
best small
public university





William and Mary Swimming and Diving 2003-2004 Schedule

Date	Time	Meet	Location
SEPT. 21	12:00 PM	JAMES RIVER CANCER SWIM	WILLIAMSBURG
OCT. 18	9:00 AM	VIRGINIA TECH	WILLIAMSBURG
Oct. 24	10:00 AM	Delaware *	Newark, DE
Oct. 25	1:00 PM	Drexel Relays *	Philadelphia, PA
OCT. 31	4:00 PM	GEORGE MASON *	WILLIAMSBURG
NOV. 7	5:00 PM	TOWSON *	WILLIAMSBURG
Nov. 8	1:00 PM	James Madison *	Harrisonburg, VA
Nov. 20-22	10:00 AM	Terrapin Invitational	College Park, MD
Jan. 20	4:00 PM	UMBC/GW	Baltimore, MD
Jan. 23-24	5:00 PM	Davidson Quad Meet *	Davidson, NC
JAN. 30	5:00 PM	EAST CAROLINA	WILLIAMSBURG
JAN. 31	1:00 PM	DUKE	WILLIAMSBURG
Feb. 11 -15	TBA	Senior Nationals	Orlando, FL
Feb. 18-23	10:00 AM	CAA Championships	Fairfax, VA
Feb. 26-28	TBA	ECAC Championships	Pittsburgh, PA
Mar. 18-20	TBA	Women's NCAA Championships	College Station, TX
Mar. 25-27	TBA	Men's NCAA Championships	East Meadow, NY

* CAA Opponent Home meets in ALL CAPS