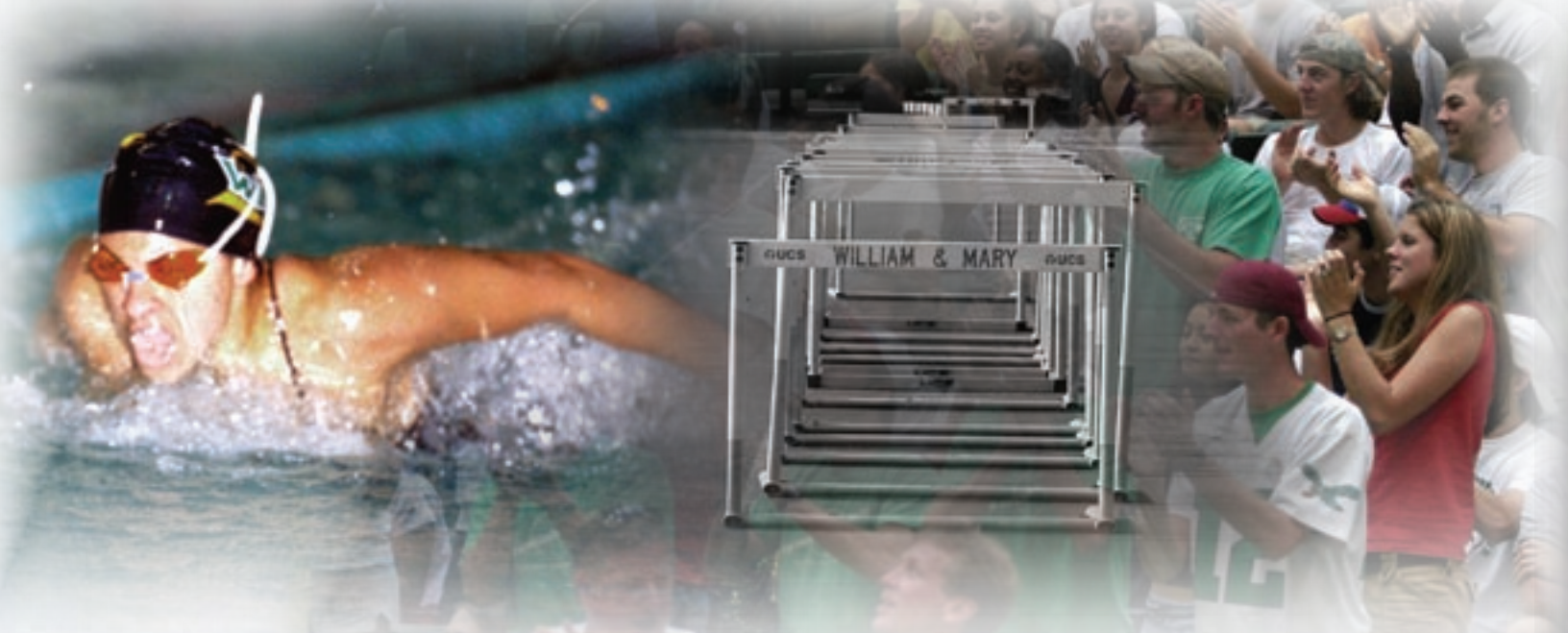




2004-05



EXERCISE and RECREATION...

"Exercise and recreation... are as necessary as reading; I will say rather more necessary, because health is worth more than learning. A strong body makes the mind strong."

—Thomas Jefferson, W&M Class of 1762



William and Mary Swimming & Diving 2004-05 Media Guide

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Directions to W&M

From the North/West: Take I-64 East to Light-foot Exit 234 (Route 199 East). At top of exit ramp, take a right onto Route 199 East. Stay on 199 East until Monticello Avenue exit. Exit at Monticello Avenue, and bear left on exit ramp. At bottom of ramp, turn left at light onto Monticello (pass under 199). Go straight through first stoplight (at Ironbound Road). After the light, continue straight for about half a mile and take the first right onto Compton Drive (before light at hospital and shopping centers) There may not be a street sign! The road is heavily wooded on both sides. Continue on Compton Drive and turn right at the first stop sign onto Brooks Road. William and Mary Hall will be on your left.

From the South/East: Take I-64 West to Exit 242A (Route 199 West). Follow 199 to fourth light. At the fourth light, take a right onto Jamestown Road. Follow Jamestown Road 1.1 miles (past Lake Matoaka on left), then take a left onto Campus Drive. Take a left at the next stop sign and continue to follow Campus Drive while bearing right until you reach William and Mary Hall up the hill on your left.

Credits: This media guide is a publication of the W&M sports information office. Writing, layout and design by Paul Ring. Editing by Sports Information staff. Photography by Pete Clawson and Bob Keroack. Covers designed by Mollie and Bob McClure of Shot in the Dark Studio, Richmond, VA. Printing by Colonial Printing, Richmond, VA.

On the Covers: Front Cover, Middle: Eric Druker; **Inside Front, Top Left:** Robyn Kondrad

The College of William and Mary

Location: Williamsburg, Virginia

Mailing Address: P.O. Box 399, Williamsburg, VA 23187

Founded: 1693 (second-oldest college in U.S.)

Enrollment: 5,560

Nickname: Tribe

School Colors: Green, Gold and Silver

Affiliation: NCAA Division I

Conference: Colonial Athletic Association

President: Timothy J. Sullivan (William and Mary, 1966)

Athletics Director: Terry Driscoll (Boston College, 1969)

Associate Athletics Director: Barbara Blosser (Ohio State, 1975)

W&M Swimming and Diving

Director of Swimming and Diving: McGee Moody (East Carolina, 1997)

First Year

Phone: (757) 221-3393

E-mail: pmmood@wm.edu

Assistant Coach: Jason Memont (Rochester Institute of Technology, 2001)

Phone: (757) 221-4576

E-mail: jpmemo@wm.edu

Diving Coach: Dr. Robert McNamee

W&M Sports Information

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Web site: www.TribeAthletics.com

To The Media:

This booklet is primarily intended to assist our recruiting efforts. Nonetheless, we hope you will find it useful. Updated information is available by accessing the W&M Athletics web site at www.TribeAthletics.com. We are always happy to provide you with information for feature stories and often we can supply photographs. Please contact Paul Ring in the sports information office for more information.

Coaching Staff



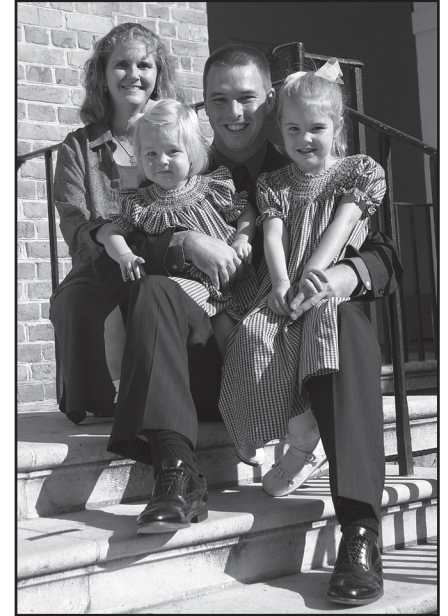
McGee Moody Director of Swimming

McGee Moody joined William and Mary as Director of Swimming for the fall of 2004 and has already witnessed the squads reach new heights. In just three months on the job, Moody has led his swimmers to 12 all-time top-10 school times, including a Tribe record in the women's 100 back. He also saw two of his athletes, Eric Druker and Bruce Thomas, advance to the finals of the U. S. Open, with Thomas setting his qualification time under Moody's guidance.

Moody came to the College after spending four seasons as an assistant men's swimming coach at the U. S. Naval Academy. During his tenure, Moody coached the Midshipmen's first NCAA automatic qualifier since 1996 in addition to guiding numerous NCAA, Senior National and Olympic Trial qualifiers. His 200 and 400 freestyle relay teams finished the season ranked in the world top-25, and Moody also made an impact in the Navy record books, with his athletes setting all of the top-10 fastest times in school history in both the 50 and 100 freestyles. Building his athletes into academic success stories as well, Navy's men's swimming team was awarded Academic All-America honors the past three seasons under Moody's direction.

A 1997 graduate of East Carolina, Moody swam on the Pirates' varsity squad for four seasons, setting several freshman records and captaining the team his junior and senior years. Moody was also an Olympic Trial qualifier in the 200 freestyle in 1992.

Moody, who earned both a bachelor's degree in Psychology and masters in Sports Administration from East Carolina, is an active professional in the swimming community. A member of both the American Swimming Coaches Association and the College Swimming Coaches Association of America, he has served as the chair of the latter's Media Relations Committee since 2001. He and his wife Monica have two daughters: Sydney, 4, and Olivia, 1.



Jason Memont Assistant Coach

Jason Memont joins the Tribe after spending the last two-and-a-half years as head coach of the YMCA North Shore swim team in Ipswich, MA. Overseeing all swimmers age 5 to 18, 20 of his swimmers went on to Division I programs under his guidance. He also coached five YMCA qualifiers during his tenure.

An accomplished collegiate swimmer at Rochester Institute of Technology from 1996-2001, Memont won the Empire 8 conference title in the 200 breaststroke his senior season. He also counted two third-place finishes at conferences among his accomplishments, in the 200 IM as a junior and in the 100 breast as a senior. He raced to NCAA provisional marks in the 200 IM and 400 IM and holds five school records (200 IM and all four relays). Named varsity captain in 1999 and 2001, Memont also served as an assistant coach in his final two seasons, helping three national qualifiers. He was also a five-year member and assistant coach of RIT's nationally ranked club water polo team and made the Dean's List four times during his collegiate career.

Memont, who holds a B. S. in Information Technology from RIT, spent four years as a high school technology teacher at Haverill High School in Haverill, MA. While there he also served as the men's varsity tennis coach for two seasons.

Coaching Staff/Schedule

Dr. Robert McNamee Diving Coach



After making an immediate impact on the Tribe diving squad on his arrival in 2000, Dr. Robert McNamee has continued to lead W&M to success from the boards. Last season, he led three of his divers to top-eight finishes at the CAA Championships, and this year he has already led Carrie Gerloff to top-eight finishes from both heights at the Terrapin Invitational while guiding Laura Hodulik to fifth from the 3-meter board.

A diving coach since 1975, Dr. McNamee has held various other positions in the world of competitive swimming and diving, including volunteer positions with the United States Diving Team, the United States Synchronized Swimming Team and the Amateur Athletic Union.

With a professional career that spans from his early years as a Dental Officer in the United States Navy to years of private practice, Dr. McNamee has amassed an impressive resume. He earned his undergraduate and dental degrees from the State University of Iowa. In 1996 Dr. McNamee was a Medical Logistics Officer for the Olympic Games in Atlanta, Georgia. Also a member of several professional organizations, Dr. McNamee is a member of the American Dental Association, American Society of Sports Dentistry, American College of Sports Medicine and the Professional Diving Coaches Association.

In addition to coaching the Tribe diving squad, Dr. McNamee works at the Medical College of Virginia School of Dentistry as a dental student laboratory instructor.

2004-05 Schedule

Date	Opponent	Location	Time
Oct. 15	UMBC	WILLIAMSBURG	M: L, 85-143 W: W, 141-100
Oct. 22	Towson*	Towson, MD	M: L, 92.5-133.5 W: L, 104-137
Oct. 23	Drexel/Lehigh Relay	Philadelphia, PA	No Team Scoring
Oct. 29	George Mason*	Fairfax, VA	M: L, 136-99 W: L, 100-143
Oct. 30	JAMES MADISON*	WILLIAMSBURG	M: W, 116-115 W: W, 144-99
Nov. 5-6	Pod Meet (ODU*/UD*)	Norfolk, VA	M: 1-1 W: 2-0
Nov. 18-20	Terrapin Invitational	College Park, MD	M: 4th of 8 teams W: 6th of 11 teams
Jan. 15	East Carolina	Greenville, NC	1:00 PM
Jan. 21	College of Charleston*	Charleston, SC	5:00 PM
Jan. 22	UNC Wilmington*	Wilmington, NC	1:00 PM
Jan. 28	RICHMOND (women only)	WILLIAMSBURG	5:00 PM
Feb. 23-26	CAA Championships	Fairfax, VA	10:00 AM
Mar. 17-19	Women's NCAA Champ.	West Lafayette, IN	TBA
Mar. 24-26	Men's NCAA Champ.	Minneapolis, MN	TBA
Apr. 2-6	Senior Nationals	Irvine, CA	TBA
Home Meets in BOLD CAPS		*CAA opponent	

Rosters

Women's Roster

Name	Class	Event	Hometown
Morgan Adams	SO	Fly/Free	Springfield, IL
Laura Babcock	FR	Breast/IM	Tabb, VA
Kristi Borkowski	JR	Free	Norristown, PA
Michelle Calanog	JR	Fly	Gainesville, VA
Paige Capro	JR	Fly/IM	Dumfries, VA
Erin Clark	JR	IM/Breast/Free	Williamsburg, VA
Meredith David	FR	Back/Free	Somerdale, NJ
Alyson Fletcher	SO	IM/Breast	Newport News, VA
Carrie Gerloff*	SR	Diving	Virginia Beach, VA
Erin Hammersley	SO	Free	Manassas, VA
Liz Harman	JR	Back/Free	Midlothian, VA
Laura Hodulik	JR	Diving	Mt. Laurel, NJ
Callie Hopkins	SO	Free/IM	Midlothian, VA
Robyn Kondrad*	SR	Breast	Jamestown, NC
Karen Kuhlman	SR	Diving	Lakeside Park, KY
Bryanne Matthews	JR	Breast/IM	Rumson, NJ
Christina Monsees	FR	Free	Brewster, NY
Kelly Reitz	SO	Breast/Fly	Chesapeake, VA
Marnie Rognlien	SO	Free	Nokesville, VA
Meghan Shrader	FR	Free	Annapolis, MD
Alexis Skelos	JR	Free	Rockville Centre, NY
Kristen Slack	SO	Fly/Back	Mechanicsburg, PA
Jen Tan	SO	Fly/Free	Centreville, VA
Kerry Urso	FR	Free	Haymarket, VA
Lindsay Young	JR	Free	Alexandria, VA
Emma Zuidema	FR	Breast	North Haven, CT

Men's Roster

Name	Class	Event	Hometown
Jake Albright	JR	Back/Free	Carlisle, PA
Bob Brofft	SR	Breast/IM	Fairfax, VA
Andrew Carberry	SO	Breast	Talbott, TN
Jeff Clark	JR	Breast	Virginia Beach, VA
Eric Druker	SR	Fly/Free	Wildwood, MO
Nick Duda	SO	Free	Vienna, VA
Evan Elsaesser	JR	Fly/Back	Reston, VA
Bob Jacobsen*	JR	Free/Fly	Williamsburg, VA
Alex Jendzejec	FR	IM/Breast	Reston, VA
Peter King	JR	Fly/Back	Falls Church, VA
Jesse Moore	FR	IM/Fly	Annville, PA
Brandon Paster	FR	Free/Diving	Fairfax, VA
Joey Peterson	SO	Fly/IM	Williamsburg, VA
Scott Rhodes*	SR	Free	Norfolk, VA
Matt Shoulders	FR	Free	Roanoke, VA
Bruce Thomas	SR	Breast/IM	McLean, VA
Tony Wareck	JR	Fly/Back	Lancaster, MA
Nick Widmyer	FR	Free	Charles Town, WV
Matt Wolff	JR	Back/IM	Annandale, VA

**Co-captains*

Women's Outlook

After finishing seventh at last year's conference championships, William and Mary women's swimming and diving aims to reach new heights under first-year Director of Swimming **McGee Moody**, who brings a proven record of experience in maximizing his athletes' potential. He takes charge of a team which impressed during the regular season by stringing together three-straight CAA wins, including a convincing victory over then two-time defending CAA Champion George Mason. With an incredibly talented incoming class, which has already made noise during the fall, joining a wealth of proven talent, including numerous CAA finalists, the Green and Gold should threaten at the CAA Championships.

Freestyle

Junior **Kristi Borkowski** fronts a formidable lineup in the sprint freestyle events, whose depth have been expanded with the emergence of several underclassmen, including two newcomers. Borkowski, a former silver medalist in the 100 free at CAAs, is the veteran of the corps, with a resume of success at conferences. The squad's fastest swimmer in both the 50 and 100 free last year, she is ready to make another run at the CAA podium. Sophomore **Marnie Rognlien** will be another force for the Green and Gold, as she comes off an impressive freshman campaign, swimming to 14th in the 200 free and 16th in the 500 free in her debut at CAAs. The fastest 100 freestyler through the fall, Rognlien has etched her name into the Tribe record books, setting top-five times in both the 500 and 200 free. Ranked fourth in the CAA in the 100 free through the fall, she is primed to break into the A-Finals at conferences and is a serious threat to medal.

Freshman **Christina Monsees** will lead the College's effort a step up in distance as the rookie has great range from 100 to 500 yards. Monsees made an immediate impact during the fall, advancing to the finals of the 100 and 200 free at the competitive Terrapin Invitational, setting the third-best Tribe time in history in the 200 free (1:55.09). That performance is the second-best seen in the CAA during the fall as Monsees, already among the top freestylers in the conference, must be considered a favorite come the CAA Championships. Joining Monsees in anchoring the distance events is sophomore **Callie Hopkins**, who returns from a strong rookie season. Hopkins set three top-10 Tribe times as a freshman, including the sixth-fastest 1650 free pace and returns as the team's fastest 500 and 1,000 freestyler from 2003-04. Freshman **Meghan Shrader** will also be expected to step up and take a leading role in the events as the rookie has already set the second-fastest 1650 time on the squad during the fall. Junior **Alexis Skelos** holds the fastest time in the 1650 free through the fall and is a specialist in the longer distances. Sophomore **Erin Hammersley**, in her first season of collegiate competition, has already made contributions while junior **Lindsay Young** is a consistent freestyler for the team. Freshman **Kerry Urso** teamed for three relay wins in the fall and should contribute more in the individual freestyles as she builds her experience base, bringing in All-America credentials from high school.

Breaststroke

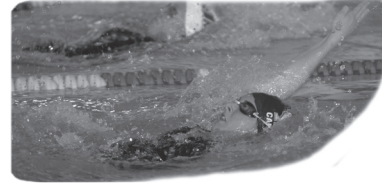
The breaststrokes will be anchored by three swimmers who qualified for the CAA finals in 2004: juniors **Bryanne Matthews** and **Erin Clark** and sophomore **Kelly Reitz**. For the second consecutive year Matthews raced into the finals of both breaststroke events at CAAs, claiming seventh in both. Ranked fourth in the 200 and fifth in the 100 breast through the fall, Matthews will again be a leading force in the events at CAAs. Reitz has made a big step this fall after claiming eighth in the 100 breast at conferences last season. She impressed by reaching the A-Finals of the 100 breast at the Terrapin Invite, and is ranked fourth in the CAA in the 100 breast and sixth in the 200 breast, which bodes well for the Tribe at conferences. Clark, a steady contributor, claimed eighth in the 200 breast at CAAs in 2004 and advanced to the finals of the 100 breast at this fall's Terrapin Invite.

Co-captain **Robyn Kondrad** will be a key contributor in the events, as a veteran of the CAA finals in the 200 breast for two seasons. Hitting a personal record in the

2003-04 Results (3-9, 3-4 CAA)		
O18	vs. VT	L, 158-197
O23	at Delaware	L, 109-134
O25	Drexel Relays	No Scoring
O31	vs. GMU	W, 134-109
N7	vs. Towson	W, 143-100
N8	at JMU	W, 136-107
N20-22	Terrapin Invite	6th of 12
J20	UMBC Tri-Meet	0-2 (3rd of 3)
	vs. GW	L, 113-129
	at UMBC	L, 100-138
J23-24	Davidson Quad	0-3 (4th of 4)
	at Davidson	L, 132-221
	vs. ODU	L, 154-195
	vs. UNCW	L, 137-221
J30	vs. ECU	L, 70-132
J31	vs. Duke	L, 127-145
F18-21	CAA Champs.	7th of 10
Home meets in bold		

100 breast which ranks among the top-10 CAA times in the fall, she should be a threat at conferences again. Sophomore **Alyson Fletcher**, a CAA finals qualifier as a freshman, should make a greater impact as she continues her progression at the collegiate ranks. She is ranked seventh among CAA swimmers in the 200 breast after a career-fast effort in the consolation race of the event at the Terrapin Invitational, and she should make noise at CAAs thanks to her finals experience. Freshman **Emma Zuidema** will be a strong addition to the team, as she qualified for the finals of both breast events at the Terrapin Invitational. Ranked an impressive sixth in the 100 breast through the fall, a CAA finals

appearance for this rookie is within reach. Fellow rookie **Laura Babcock** will also focus on the breaststroke events, joining the Tribe with a successful record at the Virginia state championships.



Paige Capro

CAAs. Fellow junior **Paige Capro** will be another valuable swimmer in the fly events, having swum the team's fastest 200 fly time this fall. Although stronger in the individual medleys, Capro has made strides in the butterfly events, and is ranked 10th in the CAA in the 100 fly through the fall. Reitz, who finished third in the consolation race of the CAA 100 fly as a rookie, completes the trio leading the fly contingent, swimming the team's top 100 fly time this fall. Ranked fourth in the CAA for the 100 fly, Reitz is primed to qualify for the A-Finals of the event at CAAs this season.

Sophomores **Morgan Adams** and **Kristen Slack** will also focus on the events and look to improve after adjusting to collegiate swimming in their rookie seasons. Adams hit two personal records to end the fall and nearly cracked the all-time Tribe top-10 list in the 100 fly while Slack's consistency in both the 100 and 200 is a valuable asset to the team. Sophomore **Jen Tan** will also contribute in the butterfly events after making the CAA squad last season as a freshman. As a rookie she qualified for the finals of the 200 fly at the Terrapin Invite and aims to build upon that potential.

Backstroke

Freshman **Meredith David** has made an immediate impact on the backstroke events as the team's leader, topping the CAA in both the 100 and 200 back through the fall. Aside from going undefeated in her first four appearances in the 200 back, then winning her debut in the 100 back at the ODU Pod Meet, David punctuated the fall by shattering the school record in the 100 back by clocking 57.29. The rookie further impressed by swimming to fourth in the A-Finals of the event at the Terrapin Invitational. Combining with David in the backstrokes is seasoned junior **Liz Harman**, who carries a history of advancing to the finals at CAAs. Bolstering the backstroke contingent are Borkowski, who holds the second-fastest 100 back time in the fall, Hopkins, Skelos, Slack and Tan, all of whom may see action in the events.



Erin Clark

Individual Medley

The individual medleys represent one of the strongest areas for the Tribe as the squad boasts four returnees who qualified for the CAA finals in the events last year. Capro and Clark led the contingent through the fall after each qualified for the finals of both IM events at the Terrapin Invitational. Both achieved top-eight finishes in both the 200 and 400 IM at last season's CAAs and the seasoned duo should be a force again, as they are ranked second and third in the CAA, respectively, in the 200 IM through the fall. Hopkins won the 400 IM consolation race at CAAs in 2004 and has improved in her sophomore season. Ranked fifth in the CAA in the 400 IM through the fall, she also cracked the top-five in the Tribe record books for the event, and is primed to reach the A-Finals of the event at conferences. Fletcher rounds out the CAA IM finalists from 2004, as she impressed by finishing 12th in the 200 IM as a rookie. Continuing to be a strong contributor during the fall, the sophomore's added experience helped her set the 10th-fastest time in the CAA in the 400 IM this fall and she is another threat for the College at the conference championships. Matthews just missed reaching the finals of the 200 IM at CAAs in 2004 after winning the 200 IM consolation race as a rookie in 2003. The junior aims to return to the finals this year as one of the most distinguished IM swimmers on the team.

Diving

Diving continues to be a strength for the Green and Gold and a valuable opportunity to score points in dual meets. Senior **Carrie Gerloff**, twice honored as CAA Diver of the Week during the fall, finished 8th from the 3-meter board at CAAs in 2004 and just missed qualifying for the finals from 1-meter. Junior **Laura Hodulik** continues to make strides, claiming fifth in the finals of the 3-meter dive at the Terrapin Invitational. After placing ninth in the 3-meter the past two seasons at CAAs, Hodulik is ready to break into the finals. Senior **Karen Kuhlman** joins the squad in her first season of collegiate competition, specializing on the 1-meter board.

Athlete Profiles



Morgan Adams

SO • Fly/Free
Springfield, IL
Glenwood

Fall 2004: Clocked a PR of 2:12.84 to finish 22nd in the 200 back finals at the competitive Terrapin Invitational after advancing from prelims ... Teamed for the victory in the 300 fly relay at the Drexel

W&M PRs	
100 Fly	- 1:02.01
200 Fly	- 2:12.84

Relays ... Also set PRs in the 100 fly (1:02.01) and 500 free (5:29.73). **2003-04:** Concentrated in the distance freestyle and butterfly events in her freshman season ... Swam bests of 2:17.34 in the 200 fly and 5:34.10 in the 1000 free ... Earned CAA Commissioner's academic award. **Personal:** Daughter of Patrick and Connie Adams ... Father played football at Duquesne ... Enjoys going to the beach and reading ... Born December 27, 1984 in Monmouth, NJ.



Kristi Borkowski

JR • Free
Norristown, PA
Methacton

Fall 2004: Claimed seventh in the A-Finals of the 50 free at the Terrapin Invitational ... Clocked a 52.95 in the prelims of the 100 free at the prestigious meet, the fifth-best time in Tribe history, to finish one spot shy of the final transfer spot for the A-Finals ... Finished 15th overall in the 100 free at

the meet after swimming in the consolation race ... Swept the 50 and 100 free vs. UMBC and also won the 50 free vs. GMU ... Teamed for seven relay wins. **2003-04:** Swam to eighth place in the finals of the 50 free at the CAA Championship (24.30 in prelims) ... Also advanced from prelims at the CAA meet in the 100 free to finish 14th overall ... Timed a 53.06 at the Terrapin Invitational in the 100 free prelims to move to fourth on the all-time performers list in the event ... Achieved two top-15 finishes at the competitive Terrapin Invite, claiming 14th in the 50 free and 15th in the 100 free ... Swept the 50 and 100 free vs. George Mason ... Also won the 50 free at the UMBC tri-meet and the 100 free against Duke ... Part of four winning relays in dual meets. **2002-03:** Finished second in the 100 free at CAAs with a time of 53.43 (53.09 prelims) ... Achieved a 15th-place finish in the 50 free at CAAs (24.97/24.85 prelims) ... Broke into the all-time top performers list at fourth in the 100 free and 10th in the 50 free ... Swam the fastest time on the squad in the 50 free and second-fastest in the 100 free ... Achieved three first place finishes in the 50 free and two first places finishes in the 100 free in dual meets. **Prep:** All-state honors and school record holder in both the 50 and 100 freestyle ... Involved in Key Club and St. John's Youth Group. **Personal:** Daughter of Edward and Beverly Borkowski ... Mother was a synchronized swimmer at Millersville University ... Majoring in Kinesiology ... Born on March 12, 1984 in Abington, PA.

W&M PRs	
50 Free	- 24.02
100 Free	- 52.95
200 Free	- 1:57.2



Michelle Calanog

JR • Fly
Gainesville, VA
Paul VI

Fall 2004: Advanced from prelims at the competitive Terrapin Invite to claim 24th overall in the 200 fly ... Teamed for the win in the 400 medley relay at the Drexel Relays. **2003-04:** Advanced from the prelims in two events at the CAA Championship ... Impressed by claiming sixth in the

100 fly at the CAA meet ... Also swam to third in the consolation race of the 200 fly at CAAs, placing 11th overall ... Had a solid meet at the Terrapin Invitational, advancing from prelims in both the 100 and 200 fly, finishing 14th and 19th, respectively ... Won the 200 fly against George Mason. **2002-03:** Fifth-place finisher in the 100 fly at CAAs with a time of 58.39 (57.97 prelims) ... Placed eighth in the 200 fly at the conference championships, swimming an impressive 2:07.94 in prelims ... Second-fastest 100 and 200 butterfly times for the Tribe ...

W&M PRs	
100 Fly	- 57.97
200 Fly	- 2:07.94

Broke into the all-time top performers list at fifth in both the 100 fly (57.97) and 200 fly (2:07.94) ... Achieved four top-three finishes in butterfly events in dual meets. **Prep:** Four year letter winner at Paul VI ... MVP and captain her senior year ... French Honor Society. **Personal:** Daughter of Marc and Juliet Calanog ... Brother (Jason) swam at West Virginia ... Enjoys shopping, bowling and crocheting ... Born on March 17, 1984 in Arcadia, CA.



Paige Capro

JR • Fly/IM
Dumfries, VA
Bishop Ireton

Fall 2004: Had a strong showing at the competitive Terrapin Invitational, advancing to the finals of four events ... Best finish of 13th came in the 400 IM where she clocked a personal record 4:35.10 to take 13th and improve her own fourth-place time in the school record books ... Also finished

14th in the 200 IM and 24th in the 100 fly ... Timed a 2:12.05 to finish 18th in the 200 fly at the meet, the 10th-best time in Tribe history ... Claimed two events wins vs. JMU, the 200 fly and 200 IM ... Also won the 200 IM vs. Towson and the 400 IM at the ODU Pod Meet ... Teamed for two relays wins ... Swam the fastest time on the squad in both IMs and the 200 fly during the fall. **2003-04:** Claimed two top-eight finishes at the CAA Championships, coming in the 200 IM and 400 IM ... Advanced to the A-Finals of the 200 IM at the competitive Terrapin Invitational, swimming to eighth ... Jumped to fifth in the Tribe record book in the 200 IM with time of 2:09.07, coming in the prelims at the Terrapin Invite ... Clocked the fourth-best 400 IM time in school history (4:35.13) in the prelims of the Terrapin Invitational, where she advanced to the consolation race to place 14th overall ... Won the 200 IM in W&M's wins over Towson and James Madison.

W&M PRs	
200 Fly	- 2:12.05
200 IM	- 2:09.07
400 IM	- 4:35.10

2002-03: Runner-up in the 500 free against GMU ... Broke into record books at 10th in the 1650 free by swimming 18:07.60 at the Terrapin Invitational. **Prep:** Holds five team records and was Bishop Ireton's MVP ... Received United States Swimming Excellence Award and Virginia Swimming Excellence Award ... National Honor Society ... Ski Club ... Volunteered for Meals on Wheels and a Senior Citizens Home. **Personal:** Daughter of Rex and Phylis Capro ... Father swam at Rutgers University ... Enjoys running, reading and photography ... Born on June 3, 1984 in Oak Harbor, WA.



Erin Clark

JR • IM/Breast/Free
Williamsburg, VA
Jamestown

Fall 2004: Swam in the consolation race of two events at the Terrapin Invite, finishing 15th in the 400 IM and 16th in the 200 IM ... Clocked a 2:10.46 in the 200 IM prelims at the meet, the seventh-best time in school history ... Also finished 22nd in the 100 breast at the competitive meet after

advancing from prelims ... Teamed for the win in the 400 IM medley relay at the Drexel Relays. **2003-04:** Continued to be a strong contributor at CAAs for squad with two top-eight finishes ... Captured fourth in the 400 IM at conferences with a sterling 4:31.34, the second best time in Tribe history ... Also claimed eighth at CAAs in the 200 breast with a 2:24.11, the fifth-best time in school history ... Finished 20th overall in the 500 free at CAAs ... Had a strong meet at the Terrapin Invitational, qualifying for two consolation races ... Claimed 13th in the 1650 free and 16th in the 200 breast at the competitive meet ... Continued streak of earning CAA Commissioner's academic award every year at W&M. **2002-03:** Blazed onto the all-time top performers list in the 400 IM, landing a spot at second after swimming a 4:31.61 in prelims at CAAs ... Finished fifth in the 400 IM at CAAs ... Finished 12th and 14th, respectively, in the 500 free (5:08.04) and mile (17:56.67) at conferences ... That 500 free time placed her sixth all-time in the event in the Tribe records ... Placed eighth at the Terrapin Invitational in the mile (17:43.55) ... Ended year fourth all-time in the mile (17:43.55) and eighth all-time in the 1000 free (10:42.19) ... Achieved 10 top-three finishes throughout the dual meet season ... Swam fastest times on the squad in the 500 free, 1000 free and 1650 free and the second-fastest time on the team in the 400 IM. **Prep:** 2001-02 Academic All-American ... Four-time all-state selection ... Captain of club team for two years ... National Honor Society ... School yearbook editor ... Volunteered with Special Olympics. **Personal:** Daughter of Jerome and Patricia Clark ... Majoring in Accounting ... Sister (Kelly) participated in archery at James Madison ... Born on May 9, 1984 in Newport News, VA.

W&M PRs	
500 Free	- 5:08.04
200 IM	- 2:10.46
400 IM	- 4:31.34



Alyson Fletcher

SO • IM/Breast
Newport News, VA
Menchville

Fall 2004: Advanced from prelims to the consolation race in two events at the competitive Terrapin Invitational, claiming 17th in the 200 breast and 20th in the 400 IM ... Teamed for the win in the 400 medley relay vs. JMU. **2003-04:** Impressive rookie campaign included two top-16 finishes at CAAs ... Swam to third in the 200 breast consolation race at CAAs to place 11th overall ... Clocked a 2:26.71 in that effort, just a tenth off cracking the Tribe all-time top-10 performers list ... Also claimed 12th in the 200 IM at conferences with a 2:11.40 ... Qualified out of prelims in two events at the Terrapin Invitational, with a best of 13th in the 200 IM ... Also swam to 22nd in the 200 breast at the Terrapin Invite. **Prep:** Four varsity letters in swimming ... AAA state finalist in 200 IM ... Four-time AAA state qualifier ... Four time AAA Eastern region qualifier ... Member of Menchville's record-holding 400 free relay team that took third at AAA state championships ... Scholastic All-American ... Three-time Virginia Zone team member ... Captain of Coast Guard Blue Dolphins Section Team that won 2003 Eastern Zone Speedo Championships ... Also won Coast Guard Blue Dolphins competitive spirit award ... Member of National Honor Society and French Honor Society ... Was an editor and photographer for yearbook. **Personal:** Daughter of Allan and Constance Fletcher... Sportswriter for W&M yearbook ... Enjoys art, photography and movies ... Born July 18, 1985 in Hampton, VA.

W&M PRs	
100 Breast	1:09.46
200 Breast	2:26.37
200 IM	2:11.40



Erin Hammersley

SO • Free
Manassas, VA
Osborn Park

Fall 2004: Teamed for five relay wins in first season of collegiate competition. **2003-04:** Redshirted. **Prep:** Claimed eighth place in the 200 free at states ... Runner-up at regionals in 200 free ... 2003 district champion in the 200 and 100 free ... *Washington Post* Swimmer of the Year in 2003. **Personal:** Daughter of Robert and Sandra Hammersley Mother played basketball and tennis at Longwood ... Enjoys going to the beach and watching movies ... Expects to major in English ... Born July 13, 1985 in Fairfax, VA.

W&M PRs	
100 Free	55.72
200 Free	1:58.92



Liz Harman

JR • Back/IM
Midlothian, VA
Midlothian

Fall 2004: Advanced from prelims at the competitive Terrapin Invite in the 200 back, finishing 23rd ... Teamed for the win in the 300 back relay at the Drexel Relays. **2003-04:** Just missed qualifying out of the prelims at CAAs in the 200 IM, clocking a 2:13.23 for 17th, one spot shy of the final transfer slot ... Also claimed 26th in the 100 back at conferences ... Earned CAA Commissioner's academic award. **2002-03:** Shaved half a minute off her personal record to advance to the finals of the 100 back at CAAs, placing 15th ... Qualified out of prelims in three events at the Terrapin Invitational: the 100 back, 200 back and 200 IM ... Claimed 10th in the 200 back and 15th in the 200 IM at the meet. **Prep:** Virginia Swimming Zone Team member 1998, 1999 ... Virginia Swimming 2000, 2002 Competitive Spirit Award ... Senior council ... Spanish club ... National Junior Honor Society ... Mu Alpha Theta ... Academic Letter ... Top times included 1:01.0 in the 100 back and 2:10.9 in the 200 back. **Personal:** Daughter of Mark Harman and Beth Heatwole ... Aunt (Susan Ackley) is a W&M alum ... Majoring in Biology ... Born on September 12, 1983 in Roanoke, VA.

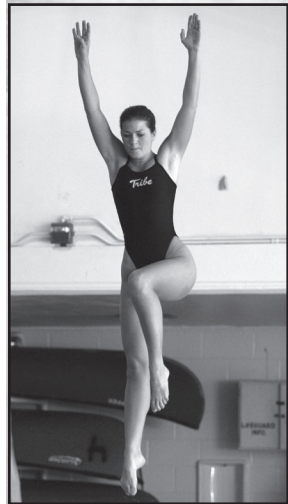
W&M PRs	
100 Back	1:00.42
200 IM	2:13.23



Carrie Gerloff

SR • Diving
Virginia Beach, VA
Norfolk Academy

Fall 2004: Co-captain ... Advanced to the finals of both the 1-meter and 3-meter dive at the Terrapin Invitational, finishing fifth and fourth, respectively ... Claimed five victories in the 1-meter dive, including a win at the ODU Pod Meet and sweeping both 1-meter dives vs. JMU ... Also won the 3-meter dive at Towson ... Twice named CAA Diver of the Week. **2003-04:** Named team's most valuable diver ... Dove to eighth on the 3-meter board at CAAs and also placed 10th in the 1-meter dive at conferences ... Won six diving events at dual meets over the course of the season, including a sweep of both 1-meter dives versus East Carolina ... Had a strong meet at the Terrapin Invite, claiming fifth from 3-meters and sixth from 1-meter. **2002-03:** 1/16th of a point shy of making the NCAA cut ... Named team's most



valuable diver ... Placed ninth on the 1-meter board with a score of 206.00 and finished 10th on the 3-meter board with a score of 340.30 at the CAA Championships ... Finished first in the 1-meter four times and in the 3-meter three times in dual meets ... Finished fifth on the 3-meter and eighth on the 1-meter at the Terrapin Invitational. **2001-02:** Finished eighth on the 1-meter board and 10th on the 3-meter board at CAAs ... Dove to three first-place finishes on the 1-meter board and two first-place finishes on the 3-meter board in dual meets ... Received the team's most valuable diver and most outstanding freshman awards. **Prep:** Named to the all-state team for five years ... 2001 state diving champion ... 2000-01 Southern Virginia diving champion ... Named most valuable diver for four years. **Personal:** Daughter of Robert and Mary Gerloff ... Father played football for the University of North Carolina ... Enjoys dress making and boating ... Born on April 20, 1983 in Williamsburg, VA.

W&M PRs	
1m	254.80
3m	395.75



Laura Hodulik

JR • Diving
Mt. Laurel, NJ
Lenape

Fall 2004: Advanced to the finals of the 3-meter dive at the competitive Terrapin Invitational, claiming fifth ... Won the 3-meter dive at the ODU Pod Meet ... Racked up 10 podium finishes between the 1- and 3-meter dives. **2003-04:** Dove to two solid finishes at CAAs, including ninth in the 3-meter, one spot shy of advancing to the finals ... Also placed 13th in the 1-meter dive at conferences ... Claimed eighth in the finals of the 1-meter dive at the competitive Terrapin Invitational ... Notched runner-up honors in the 1-meter dive vs. Towson and also dove to a solid third in the 3-meter at the Davidson Quad Meet. **2002-03:** Top Tribe finisher in the 3-meter event at the CAA Championships, placing ninth with a score of 342.25 ... Tallied a 176.50 in the 1-meter to place 14th at the conference championships ... Placed second on the 3-meter against Duke with a 222.60 ... Achieved a mark of 201.675 in the one-meter against Towson in the second event of her college career. **Prep:** Four-year varsity diver ... Second-team All-South Jersey her junior and senior seasons ... All-American Conference Award in both 10th and 12th grade ... Also participated in cheerleading for three years and gymnastics for one year ... Captain of both the diving and cheerleading squads her senior year ... MVP of the cheerleading squad her senior year ... Student Council ... SADD ... Lenape's female scholar athlete ... National and Hispanic Honor Societies. **Personal:** Daughter of David and Debbie Hodulik ... Hobbies include reading and going to the beach ... Born on June 7, 1984 in Voorhees, NJ.

W&M PRs	
1m	217.05
3m	371.95

Athlete Profiles



Callie Hopkins

SO • Free/IM
Midlothian, VA
James River

Fall 2004: Set fifth-fastest time in Tribe history (4:35.66) for the 400 IM at the ODU Pod Meet ... Teamed for the win in the 400 IM medley relay at the Drexel Relays. **2003-04:** Made a strong impact in her freshman season, winning the consolation race of the 400 IM at CAAs to place ninth

overall ... Clocked a 4:35.80 in that effort, the fifth-best time in Tribe history ... Also jumped into sixth in the school records in the 1650 free with a 17:46.55, coming in a 14th-place effort at the Terrapin Invite ... Broke into the record books in the 500 and 1000 free, swimming the ninth fastest times in each (5:08.48 and 10:42.31, respectively) ... Swept the 500 and 1000 freestyle events in the dual meets vs. George Mason and Towson ... Also swam to victory in the 500 free at James Madison ... Placed 18th in the 1650 free and 22nd in the 500 free at CAAs. **Prep:** Team captain senior year ... State and sectional qualifier ... School record holder in 1500 free and 200 free ... Also ran cross country for two years ... Part of runner-up team at state cross country championships, finishing 52nd individually ... National Honor Society member. **Personal:** Daughter of James and Laurie Hopkins ... Father, James, played baseball at Tulsa University ... Interested in photography ... Born February 5, 1985 in Tulsa, OK.

W&M PRs
400 IM - 4:35.66



Bryanne Matthews

SO • Breast/IM
Rumson, NJ
Rumson-Fair Haven

Fall 2004: Raced in the finals of two events at the Terrapin Invite, claiming 11th in the 200 breast and 100 breast ... Won the 200 breast three times and the 100 breast once, including a sweep of both events at the ODU Pod Meet ... Teamed for four relay wins ... Swam the squad's best time

of the fall in the 200 breast. **2003-04:** Had a big meet at CAAs, swimming to seventh in both the 100 and 200 breast ... Also finished 18th in the 200 IM at conferences ... Won the 200 breast vs. Delaware and Towson and the 100 breast vs. James Madison ... Part of winning 400 medley relay vs. Towson ... Swam to seventh in the A-Finals of the 100 and 200 breast at the competitive Terrapin Invitational ... Advanced from prelims in the 200 IM at that meet as well, racing in the bonus consolation race to place 23rd overall. **2002-03:** Recipient of team's Ray Voelker Most Outstanding Freshman Award ... One of the top freshmen in the conference, finishing fifth in the 100 breaststroke (1:05.21), sixth in the 200 breaststroke (2:22.73, 2:21.89 prelims) and ninth in the 200 IM (2:09.78) at CAAs ... Recorded a time of 2:20.21 in the 200 breaststroke in her fourth-place finish at the Terrapin Invitational ... Split 1:57.7 in the 800 freestyle relay at CAAs ... Five top-three finishes in the 200 breaststroke in dual meets. **Prep:**

W&M PRs
100 Breast - 1:05.21
200 Breast - 2:20.21
200 IM - 2:09.78



Robyn Kondrad

SR • Breast/IM
Jamestown, NC
SW Guilford

Fall 2004: Co-captain ... Advanced to the finals of the 200 breast at the Terrapin Invite, clocking a personal best of 2:26.26 ... Also advanced from prelims to finish 20th in the 100 breast at the meet ... Missed advancing to the finals of the 400 IM at the Terrapin Invite by one spot, finishing 25th

overall. **2003-04:** Had a solid CAA meet ... Claimed 18th in the 100 breast at conferences, two spots shy of qualifying for the finals ... Also placed 22nd in the 200 IM at CAAs ... Advanced to the bonus consolation race of the 200 breast at the competitive Terrapin Invite as she finished 21st overall. **2002-03:** Dudley Jensen Scholar-Athlete Award winner ... Contributed in both IM events, both breaststrokes and the 200 fly ... Finished 13th in the 200 breaststroke at CAAs in a time of 2:27.00 (2:26.64 prelims) ... Swam 1:09.39 in the 100 breaststroke to finish 12th at the Terrapin Invitational ... Placed 13th in the 400 IM at the Terrapin Invitational in a time of 4:43.35. **2001-02:** Finished 16th in the 200 breaststroke at CAAs (2:27.00) ... Achieved two best times in the 100 and 200 breaststroke (1:08.14 and 2:26.88, respectively) ... Swam the second-fastest time on the team in the mile, the fourth-fastest times in the 100 and 200 breaststrokes, and the fifth-fastest time in the 200 butterfly. **Prep:** Club team captain ... Valedictorian ... Academic All-American. **Personal:** Daughter of Ed and Ilene Kondrad ... Psychology major ... Five-time Dean's List honoree ... Born on November 5, 1982 in Boone, NC.

W&M PRs
100 Breast - 1:08.14
200 Breast - 2:26.26



James and Roberta Matthews ... Majoring in Marketing ... Enjoys surfing, reading and sleeping ... Born on December 14, 1983 in Long Branch, NJ.

Junior National Qualifier in the 100 and 200 breaststroke ... All state in 2000 and 2001 ... All-county and all-conference in each of four years of high school swimming ... Captain junior and senior seasons ... Four-time Monmouth County breaststroke champion ... National and French Honor Societies ... Key Club ... Yearbook ... Involved in peer mediation and education. **Personal:** Daughter of



Karen Kuhlman

SR • Diving
Lakeside Park, KY
Notre Dame Academy

Transfer from Hanover College ... Has only been diving since March 2004. **Fall 2004:** Dove exclusively from 1-meter, finishing fourth on three occasions. **Hanover College:** Four-time Dean's List honoree ... Historian of Alpha Lambda Delta/Phi Eta Sigma honor society ... Received

Horner scholarship. **Prep:** Six-time state gymnastics champion ... National Honor Society member. **Personal:** Daughter of James and Monica Kuhlman ... Enjoys tennis, reading and music ... Majoring in Marketing ... Born March 19, 1983 in Cincinnati, OH.

W&M PRs
1m - 146.17



Kelly Reitz

SO • Breast/Fly
Chesapeake, VA
Great Bridge

Fall 2004: Qualified for the A-Finals of the 100 breast at the Terrapin Invitational, claiming eighth ... Also advanced from prelims at the competitive meet to finish 16th in the 100 fly and 19th in the 200 breast ... Teamed for five relay wins and also won the 200 breast vs. JMU ... Clocked a

2:25.86 in the 200 breast vs. UMBC, the 10th fastest time in Tribe history. **2003-04:** Made a great debut at CAAs, advancing to the finals in three events ... Claimed an impressive eighth in the 100 breast at conferences ... Swam to third in the consolation race of the CAA 100 fly, taking 11th overall ... Also placed 14th in the 200 breast at conferences ... Broke into the Tribe record books in two events ... Swam a 1:06.06 in the 100 breast prelims at the Terrapin Invite, the fifth-best time in school history ... Later went on to claim a strong eighth in the A-Finals of the event at the Terrapin Invite ... Moved to eighth on the Tribe all-time performers list in the 100

W&M PRs
100 Fly - 58.92
100 Breast - 1:06.06
200 Breast - 2:25.86



fly with a 58.92, coming in the Terrapin Invitational prelims ... Advanced to the 100 fly consolation race at competitive the meet, claiming 16th overall ... Won the 100 fly vs. James Madison. **Prep:** Lettered in swimming four years ... Four-time team MVP ... Participant at 2001 U.S. Open ... State finalist four years. **Personal:** Daughter of Daniel and Beth Reitz ... Aunt Lynn Adams Hostetler swam for W&M...

Uncle John Hostetler and grandparents Robert and Patricia Adams also attended W&M ... Majoring in History ... Born April 25, 1985 in Virginia Beach, VA.



Marnie Rognlien

SO • Free
Nokesville, VA

Liberty

Fall 2004: Had a strong effort at the competitive Terrapin Invitational, advancing to finals in three events and setting two Tribe top-10 times ... Clocked a 52.85, the fourth-fastest time in school history, in the 100 free to finish 13th ... Claimed 15th in the 50 free with a 24.59, placing her fifth in the Tribe record books ... Also finished 23rd in the 200 free at the meet ... Teamed for eight relay victories and also scored four event wins between the 50 and 100 free ... Swept the 50 and 100 free vs. GMU ... Swam fastest team time in the 100 free for the fall. **2003-04:** Developed into one of the leading sprint freestylers on the squad with two CAA finals appearances ... Clocked the sixth-best time in Tribe history (24.65) to claim 16th in the 50 free at conferences ... Also swam to 14th in the 200 free at CAAs ... Tied for seventh in the school records in the 100 free with her 53.53 in the bonus consolation race at the Terrapin Invitational, where she placed 21st overall ... Became a

W&M PRs	
50 Free	- 24.59
100 Free	- 52.85
200 Free	- 1:56.87



valuable member of both the freestyle and medley relays, teaming for five relay wins in dual meets ... Also swam on three relays at CAAs, including the Tribe's fifth-place 200 free relay. **Prep:** Lettered in swimming four years for coach Martin Edwards ... Three-time team MVP ... Team captain her senior year ... Set school records in the 500 free, 100 free and 200 free. Also played lacrosse and field hockey ... MVP

and captain of lacrosse team her senior year. **Personal:** Daughter of Ron and Marian Rognlien ... Mother Marian swam and played field hockey at James Madison ... Enjoys skiing and going to the beach ... Born April 8, 1985 in Manassas, VA.



Alexis Skelos

JR • Free
Rockville Centre, NY
South Side

Fall 2004: Finished 24th in the 1650 free at the competitive Terrapin Invitational ... Swam team's fastest time in the 1650 free during the fall. **2003-04:** Concentrated on the distance freestyle events while contributing in the backstroke ... Finished 25th in the 1650 free at the Terrapin Invitational ... Also hit personal records in the 200 free (2:02.70), 500 free (5:19.77) and 200 back (2:19.86) at the competitive meet ... Earned CAA Commissioner's academic award. **2002-03:** Swam personal-best time of 18:08.67 in the 1650 free at the Terrapin Invite. **Prep:** All-conference 2000-2002 in 200 and 500 freestyle ... MVP senior year ... Founded first South Side team in fall of 2000 ... Co-captain junior and senior years ... Involved in chorus, student government, National Honor Society, National French Honor Society and yearbook. **Personal:** Daughter of Peter and Faith Skelos ... Father swam at Emory and mother swam at SUNY Cortland and SUNY Farmingdale ... Majoring in Kinesiology and Elementary Education ... Enjoys shopping, going to the beach and reading ... Born September 24, 1984 in Rockville Centre, NY.

W&M PRs	
1650 Free	- 18:08.67



Tribe Seniors

Back (L to R): Bob Brofft, Scott Rhodes, Eric Druker, Bruce Thomas
Front (L to R): Robyn Kondrad, Carrie Gerloff, Karen Kuhlman



Kristen Slack

SO • Fly/Back
Mechanicsburg, PA
Mechanicsburg

Fall 2004: Swam to 28th in the 200 fly and 31st in the 100 fly at the competitive Terrapin Invitational. **2003-04:** CAA Commissioner's academic award winner ... Won SAAC Academic/Athletic Provost award ... Earned Dean's List selection both semesters.

W&M PRs	
100 Fly	- 1:00.89
100 Back	- 1:03.54

Prep: Lettered in swimming four years ... All-American in 200 medley relay at PIAA states with eighth-place finish ... Member of Mechanicsburg state team in 2003 and district team in 2002 and 2003 ... Team captain her senior year ... Member of West Shore YMCA National Team since the age of 12 ... Also lettered in cross country and soccer ... Vice-President of National Honor Society ... Selected to *Patriot News* Best and Brightest. **Personal:** Daughter of Peter and Carol Slack ... Majoring in Kinesiology with a Pre-med focus ... Enjoys running and hanging out with friends ... Born December 15, 1984 in Harrisburg, PA.



Jen Tan

SO • Fly/Free
Centreville, VA
Paul VI

Fall 2004: Teamed for the win in the 300 fly relay at the Drexel Relays. **2003-04:** Made the CAA squad in her rookie season, competing in the 50 free and 100 fly ... Advanced from the prelims at the Terrapin Invitational to compete in the bonus consolation race of the 200 fly, finishing 23rd

overall. **Prep:** Lettered in swimming for coach Joe Gresker ... Team captain senior year ... Team MVP junior and senior year ... Runner-up in 100 fly at Washington Metropolitan Prep School Swimming and Diving League Championships ... Placed fourth at National Catholic High School Championships in the 100 fly ... Scholar-Athlete Award winner. **Personal:** Daughter of Jose and Yoko Tan ... Majoring in Business Administration ... Enjoys sleeping, hanging out with friends and traveling ... Brother, Joe, swims at George Mason ... Born April 7, 1985 in Long Island, NY.

W&M PRs	
100 Fly	- 1:00.33
200 Fly	- 2:13.36



Lindsay Young

JR • Free
Alexandria, VA
Annandale

Fall 2004: Finished 32nd in the 200 fly at the Terrapin Invitational. **2003-04:** Competed at the elite Terrapin Invitational for the squad, swimming in the 200 free, 500 free and 1650 free. **2002-03:** Slashed time off of her previous personal-bests nearly every time she swam ... Dropped 13 seconds

in the 500 free to swim a season-best 5:20.28 in the 500, placing 31st ... Achieved a personal-best time of 18:10.69 in the mile for a 20th-place finish at CAAs, shaving over a minute off of her best time from high school ... Had second-best time on the team in the 1000 free, clocking a 11:01.29 in the final dual meet of the season ... Turned in the third-fastest time on the squad in the 500 free and the mile. **Prep:** Four-year letter winner at Annandale ... Also participated in lacrosse and yearbook

W&M PRs	
200 Free	- 1:59.93

... Member of the National Honor Society, Spanish Honor Society, and Mu Alpha Theta. **Personal:** Daughter of Hal and Jan Young ... Majoring in Neuroscience and minoring in Philosophy ... Brother (Derek) swam at Maryland ... Enjoys reading and watching movies ... Born on September 16, 1984 in Fairfax, VA.

Freshman Profiles



Laura Babcock

FR • Breast/IM

Tabb, VA

Tabb

Fall 2004: Teamed for the win in the 400 IM medley relay at the Drexel Relays ... Had a solid debut at the competitive Terrapin Invite, just missing finals in the 200 breast by finishing 26th and also swimming to a solid 31st in the 100 breast. **Prep:** Team MVP

her senior year ... Sectional finalist in the 200 IM and 200 breast as a junior ... Finished in the top three at states in all four years ... AA state record holder in the 200 free relay ... Lettered four times for coach Dave Henderson ... Scholastic All-American ... Member of chorus and key club. **Personal:** Daughter of Dale and Fay Babcock ... Enjoys music and scuba diving ... Brother Lyle swims at NC State ... Born April 24, 1986 in Chattanooga, TN.

Prep PRs

100 Breast - 1:07.10
200 Breast - 2:25.32
200 IM - 2:10.82
400 IM - 4:39.96



Meghan Shrader

FR • Free

Annapolis, MD

Broadneck

Fall 2004: Holds second-best team time in the 1650 free this fall ... Swam to 26th in the 1650 free at the competitive Terrapin Invitational. **Prep:** All-county selection as a senior ... Three-time U. S. Postal Distance Top-10 finisher ... Second-place all-time performance in the Open Water

swim for sunfest ... Also competed in track for one season ... National Honor Society member ... Maryland Distinguished Scholar semi-finalist ... Graduated in top-10 of her class. **Personal:** Daughter of Jack and PJ Shrader ... Enjoys hanging out with friends, watching movies and listening to music ... Expects to major in Biology ... Born February 6, 1986 in Annapolis, MD.

Prep PRs

500 Free - 5:19.60
1000 Free - 10:50.03



Meredith David

FR • Back/Free

Somerdale, NJ

Triton Regional

Fall 2004: Has already mounted a phenomenal rookie campaign capped by breaking the Tribe record in the 100 back ... Blazed to fourth in the A-Finals of the 100 back at the elite Terrapin Invitational, clocking a school record 57.29 ... Also claimed a strong 11th in the 200 back at the

meet ... Won the 200 back in her collegiate debut vs. UMBC then reeled off three more consecutive wins in the event ... Also won her debut in the 100 back at the ODU Pod Meet ... Timed a 2:06.20 in 200 back win vs. GMU, the third-fastest time in Tribe history ... Teamed for seven relay wins ... Holds best times on the team for both backstroke events this fall. **Prep:** Second-team all-state in the 100 back junior and senior season ... Twice first-team All-South Jersey in the 100 back ... First-team all-conference in the 100 back all four seasons ... Runner-up at states in the 100 back as a junior and senior ... Made the Junior Nationals cut in the 100 and 200 back ... Lettered for four years for coaches Erin Sheehan and John Carroll ... National Honor Society member. **Personal:** Daughter of Russell and Carol David ... Enjoys reading and listening to music ... Expects to major in Biology ... Father played football at Lafayette ... Born April 18, 1986 in Philadelphia, PA.

Prep PRs

100 Back - 57.88
200 Back - 2:07.00
100 Free - 54.28
100 Fly - 59.56



Kerry Urso

FR • Free

Haymarket, VA

Stonewall Jackson

Fall 2004: Teamed for three relay wins. **Prep:** All-American in the 200 medley relay ... Three-time *Washington Post* all-area first team (second team once) ... Four-time *Potomac News* all-area first team ... District champion in 2003 and 2004 ... State finalist all four seasons ... Regional runner-up

in 2004 ... School record holder in the 200 free and three relays ... Also an all-area first team honoree in cross country and track ... Potomac Valley swimming scholar-athlete award winner for four seasons ... IB Diploma Recipient ... Graduated in top 10 of class summa cum laude. **Personal:** Daughter of Anthony and Mary Urso ... Sister, Kelly, swims at Clemson ... Enjoys shopping and traveling to visit friends ... Expects to major in Pre-med/Neuroscience and Kinesiology ... Born June 24, 1986.

Prep PRs

50 free - 23.99s
100 Free - 54.0s
200 Free - 1:58.7
100 Back - 1:04.77



Christina Monsees

FR • Free

Brewster, NY

Brewster

Fall 2004: Made an immediate impact for the team, advancing from prelims to the finals of two events at the Terrapin Invite ... Set the third-best time in Tribe history in the 200 free (1:55.09) in her 19th place-finish at the competitive meet ... Also claimed 22nd in the 100 free with a 53.63, the

10th-fastest mark in the school records ... Also turned in a solid 32nd in the 500 free at the meet ... Won the 200 free three times in dual meets ... Teamed for five relay wins ... Holds fastest team times in the 200 and 500 free this fall. **Prep:** Three time All-American (200 free and twice in the 200 medley relay) ... USS Connecticut state champ in the 200 free ... Finished among the top-16 nationally in USA Swimming 15-16 year old division in three relays ... All-state, all-section and all-league selection for three years ... Section winner in the 100 free as a junior ... Four-time division champion as a senior ... Went undefeated in dual meet competition in 2003 ... *Journal News* all-star for three years ... Three-time MVP ... School record holder in seven events. **Personal:** Daughter of Richard and Alisa Monsees ... Father played basketball at College of Charleston ... Enjoys shopping and spending time with family and friends ... Wants to pursue a career in law ... Born December 10, 1986 in Queens, NY.

Prep PRs

50 Free - 24.90
100 Free - 52.99
200 Free - 1:53.53
500 Free - 5:07.49



Emma Zuidema

FR • Breast

North Haven, CT

Choate Rosemary Hall

Fall 2004: Had a solid debut at the competitive Terrapin Invitational, advancing to the finals of both breaststroke events ... Claimed 13th in the 100 breast and 21st in the 200 breast at the meet ... Also teamed for the win in the 300 breast relay at the Drexel Relays. **Prep:** Two-time All-

American, with honors coming in the 100 breast and 200 medley relay ... Lettered for three seasons under coaches Robert Burns and Sara Massa ... Also lettered in soccer and track and field. **Personal:** Daughter of Paul and Leslie Zuidema ... Father played basketball at Randolph Macon ... Undecided on a major ... Enjoys traveling, spending time with friends, watching movies and listening to music ... Born November 12, 1985 in Hershey, PA.

Prep PRs

100 Breast - 1:05.3
200 Breast - 2:20.9
100 Free - 53.7
200 IM - 2:11.3

2003-04 Top Performers

50 Free

1. Kristi Borkowski	24.30
2. Marnie Rognlien	24.65
3. Anna Blount	25.10
4. Kelly Reitz	25.16
5. Allison Cameron	25.62

100 Free

1. Kristi Borkowski	53.06
2. Marnie Rognlien	53.53
3. Anna Blount	54.32
4. Allison Cameron	54.63
5. Briana Belden	55.77

200 Free

1. Marnie Rognlien	1:56.87
2. Allison Cameron	1:57.17
3. Anna Blount	1:57.75
4. Kristi Borkowski	1:58.57
5. Alyson Fletcher	1:58.87

500 Free

1. Callie Hopkins	5:08.48
2. Erin Clark	5:13.54
3. Paige Capro	5:17.89
4. Alexis Skelos	5:19.77
5. Briana Belden	5:21.50

1000 Free

1. Callie Hopkins	10:42.31
2. Paige Capro	10:52.45
3. Erin Clark	10:52.62
4. Briana Belden	11:04.74
5. Alexis Skelos	11:08.17

1650 Free

1. Erin Clark	17:46.00
2. Callie Hopkins	17:46.55
3. Paige Capro	17:57.51
4. Alexis Skelos	18:09.89
5. Briana Belden	18:15.58

100 Back

1. Katie Hiles	1:00.20
2. Allison Cameron	1:01.69
3. Chelsea Finch	1:01.99
4. Elizabeth Harman	1:02.16
5. Michelle Calanog	1:02.83

200 Back

1. Katie Hiles	2:13.63
2. Chelsea Finch	2:14.24
3. Liz Harman	2:15.78
4. Alexis Skelos	2:19.86
5. Michelle Calanog	2:21.31

100 Breast

1. Bryanne Matthews	1:05.25
2. Kelly Reitz	1:06.06
3. Elizabeth Barrett	1:09.54
4. Robyn Kondrad	1:09.56
5. Alyson Fletcher	1:11.30

200 Breast

1. Bryanne Matthews	2:22.07
2. Erin Clark	2:24.11
3. Alyson Fletcher	2:26.71
4. Kelly Reitz	2:27.11
5. Elizabeth Barrett	2:28.67

100 Fly

1. Michelle Calanog	58.31
2. Kelly Reitz	58.92
3. Jen Tan	1:00.33
4. Kristen Slack	1:00.89
5. Morgan Adams	1:04.34

200 Fly

1. Michelle Calanog	2:10.88
2. Jen Tan	2:13.36
3. Kristen Slack	2:16.68
4. Paige Capro	2:17.30
5. Morgan Adams	2:17.34

200 IM

1. Paige Capro	2:09.07
2. Alyson Fletcher	2:11.40
3. Bryanne Matthews	2:12.31
4. Liz Harman	2:13.23
5. Elizabeth Barrett	2:13.31

400 IM

1. Erin Clark	4:31.34
2. Paige Capro	4:35.13
3. Callie Hopkins	4:35.80
4. Alyson Fletcher	4:46.20
5. Elizabeth Barrett	4:46.37

All-Time Top Performers

50 Free

1. Kristen Schnittger	23.99	1998
2. Kristi Borkowski	24.02	2004
3. Kerrie Fineran	24.15	2001
4. Katie Grauman	24.43	2000
5. Marnie Rognlien	24.59	2004
6. Alyssa Lengle	24.69	2001
7. Stefanie Fenix	24.73	1998
Kathy Welch	24.73	1984
9. Tracey Whittemore	24.75	2002
10. Emily Daly	24.79	1996

100 Free

1. Ruth Anne Miller	52.00	2003
2. Alyssa Lengle	52.67	2001
2. Katie Grauman	52.74	1998
4. Marnie Rognlien	52.85	2004
5. Kristi Borkowski	52.95	2004
6. Kerrie Fineran	53.18	2000
7. Kathy Welch	53.19	1985
8. Laura Bodine	53.53	2001
9. Kristen Schnittger	53.58	1998
10. Christina Monsees	53.63	2004

200 Free

1. Alyssa Lengle	1:51.96	2001
2. Aubrey Boles	1:54.81	2000
3. Christina Monsees	1:55.09	2004
4. Katie Grauman	1:55.28	1997
5. Kathy Welch	1:55.30	1984
6. Tracey Whittemore	1:55.73	2002
7. Ruth Ann Miller	1:55.83	2003
8. Pat Olivo	1:56.22	1988
9. Tesla Jeltema	1:56.52	1996
10. Alison Wohlust	1:56.78	1989

500 Free

1. Alyssa Lengle	5:01.97	2001
2. Aubrey Boles	5:02.15	2000
3. Karen Laslo	5:04.17	1991
4. Susan Olivo	5:06.09	1990
5. Diane Vallere	5:06.62	1986
6. Erin Clark	5:08.04	2003
7. Karen Palm	5:08.38	1997
8. Marcy Laderberg	5:08.43	1997
9. Callie Hopkins	5:08.48	2003
10. Pat Olivo	5:09.45	1988

1000 Free

1. Karen Laslo	10:23.05	1991
2. Diane Vallere	10:27.07	1986
3. Aubrey Boles	10:37.00	1999
4. Ruth Anne Miller	10:37.49	1999
5. Alyssa Lengle	10:37.86	2001
6. Susan Olivo	10:38.18	1990
7. Marcy Laderberg	10:41.03	1997
8. Erin Clark	10:42.19	2003
9. Callie Hopkins	10:42.31	2003
10. Tesla Jeltema	10:43.96	1996

1650 Free

1. Karen Laslo	17:14.57	1991
2. Diane Vallere	17:24.02	1986
3. Tesla Jeltema	17:41.75	1996
4. Erin Clark	17:43.55	2003
5. Marcy Laderberg	17:45.05	1997
6. Callie Hopkins	17:46.55	2003
7. Susan Olivo	17:47.07	1991
8. Liddy Allee	17:52.54	1983
9. Pat Olivo	17:54.12	1988
10. Tracey Ellerson	17:54.32	1988

100 Fly

1. Liz Koch	56.63	2002
2. Lisa Wimberly	57.02	1998
3. Meg Frisbee	57.39	2000
4. Helen Wilcox	57.59	1990
5. Michelle Calanog	57.97	2003
6. Elise Hughes	58.81	1990
7. Alexa Whittaker	58.87	2003
8. Kelly Reitz	58.92	2003
9. Cristina Lambert	59.29	1998
10. Ruth Newnam	59.35	1990
Carla Kneipp	59.35	1991

200 Fly

1. Liz Koch	2:06.26	2003
2. Cristina Lambert	2:06.67	1998
3. Amy Johnson	2:07.46	1986
4. Ruth Newnam	2:07.87	1990
5. Michelle Calanog	2:07.94	2003
6. Helen Wilcox	2:08.10	1990
7. Karen Palm	2:08.82	1998
8. Lisa Wimberly	2:09.57	1998
9. Pat Olivo	2:11.13	1987
10. Paige Capro	2:12.05	2004

100 Back

1. Meredith David	57.29	2004
2. Stefanie Fenix	58.23	2001
3. Katie Hiles	58.98	2001
4. Alexa Whittaker	59.12	2003
5. Wendy Marold	59.22	1998
6. Laura Bodine	59.29	1999
7. Katie Descenza	59.40	2002
8. Susan Harms	59.62	1993
9. Stephanie Upshaw	59.80	1997
10. Kim Boerger	1:00.23	1997

200 Back

1. Laura Bodine	2:04.63	2002
2. Katie Hiles	2:05.07	2001
3. Meredith David	2:06.20	2004
4. Stefanie Fenix	2:06.37	1998
5. Aubrey Boles	2:07.27	2002
6. Marcy Laderberg	2:07.52	1997
7. Kim Boerger	2:07.58	1998
8. Cally Coddling	2:08.12	1995
9. Alexa Whittaker	2:08.50	2003
10. Wendy Marold	2:08.76	1998

100 Breast

1. Ruth Anne Miller	1:03.43	2003
2. Kristen Schnittger	1:04.04	1997
3. Bryanne Matthews	1:05.21	2003
4. Emily Greene	1:05.23	2002
5. Kelly Reitz	1:06.06	2003
6. Kerrie Fineran	1:06.32	2001
Erin Smith	1:06.32	1999
8. Erin Sheehey	1:06.45	1983
9. Meredith Brooks	1:07.23	1991
10. Elizabeth Barrett	1:07.49	2003

200 Breast

1. Ruth Anne Miller	2:15.79	2003
2. Bryanne Matthews	2:20.21	2003
3. Kristen Schnittger	2:21.47	1997
4. Emily Greene	2:21.72	2002
5. Erin Clark	2:24.11	2004
6. Erin Smith	2:24.69	1999
7. Laurie Ehrsam	2:24.84	1998
8. Erin Sheehey	2:25.38	1983
9. Elizabeth Barrett	2:25.60	2003
10. Kelly Reitz	2:25.86	2004

200 IM

1. Ruth Anne Miller	2:02.42	2002
2. Laura Bodine	2:07.35	2001
3. Emily Greene	2:07.43	2002
4. Meg Frisbee	2:08.84	2000
5. Paige Capro	2:09.07	2003
6. Bryanne Matthews	2:09.78	2003
7. Erin Clark	2:10.46	2004
8. Kristen Schnittger	2:11.22	1996
9. Julie Meyers	2:11.23	2000
10. Elizabeth Barrett	2:11.29	2003

400 IM

1. Ruth Anne Miller	4:20.31	2003
2. Erin Clark	4:31.34	2004
3. Laura Bodine	4:31.74	2002
4. Paige Capro	4:35.10	2004
5. Callie Hopkins	4:35.66	2003
6. Kim Boerger	4:37.09	1998
7. Karen Laslo	4:37.28	1991
8. Emily Greene	4:37.71	2001
9. Kerry Budd	4:38.88	1999
10. Liddy Allee	4:38.96	1983

Additional Records

400 Free Relay	3:31.43	2001-02
Greene, Bodine, Miller, Lengle		
800 Free Relay	7:36.58	2001-02
Boles, Bodine, Miller, Lengle		
200 Medley Relay	1:47.45	2000-01
Fenix, Bodine, Koch, Fineran		
400 Medley Relay	3:52.69	96-97
Upshaw, Schnittger, Wimberly, Grauman		
Diving	395.80	83-84
Tiffany Jeisel		

Fall 2004 Top CAA Performers

50-Yard Freestyle

1. Jennifer Irby	Towson	23.13
2. Rebekah Teague	UNCW	23.88
3. Allison Keel	JMU	23.89
Apryl Kerstetter	UNCW	23.89
5. Ali Hunt	Towson	24.06
6. Kristi Borkowski	W&M	24.31
7. Sarah Bizer	Mason	24.49
8. Marnie Rognlien	W&M	24.59
9. Emily Welty	Mason	24.65
10. Brittany Fieldson	Charleston	24.67

100-Yard Freestyle

1. Jennifer Irby	Towson	51.70
2. Apryl Kerstetter	UNCW	51.90
3. Allison Keel	JMU	52.40
4. Marnie Rognlien	W&M	52.85
5. Kristi Borkowski	W&M	52.95
6. Lacy Richardson	Mason	53.60
7. Megan Loucks	JMU	53.63
Christina Monsees	W&M	53.63
9. Melissa Milstead	UNCW	53.74
10. Rebekah Teague	UNCW	53.77

200-Yard Freestyle

1. Katie McCann	Drexel	1:54.83
2. Christina Monsees	W&M	1:55.09
3. Apryl Kerstetter	UNCW	1:55.23
4. Liz Lebherz	Towson	1:55.31
5. Lauren Timby	ODU	1:55.39
6. Allison Keel	JMU	1:55.43
7. Melissa Milstead	UNCW	1:55.97
8. Eli Trefzger	Davidson	1:56.67
9. Mallory Pucci	Mason	1:56.84
10. Kirstin Allen	Davidson	1:56.88

500-Yard Freestyle

1. Lauren Timby	ODU	5:02.48
2. Katie McCann	Drexel	5:06.03
3. Katie McClure	UNCW	5:07.54
4. Rebecca Schofield	JMU	5:07.75
5. Eli Trefzger	Davidson	5:08.32
6. Meredith Law	Delaware	5:10.59
7. Lisa Rushfeldt	ODU	5:11.51
8. Grace deMarrais	JMU	5:13.04
9. Melissa Milstead	UNCW	5:13.44
10. Christina Baric	UNCW	5:13.48

1,650-Yard Freestyle

1. Meredith Law	Delaware	17:23.31
2. Lauren Timby	ODU	17:24.93
3. Katie McClure	UNCW	17:40.34
4. Kim Fields	Delaware	17:42.92
5. Eli Trefzger	Davidson	17:44.52
6. Rachel Wishner	Mason	17:48.66
7. Grace deMarrais	JMU	17:48.85
8. Rebecca Schofield	JMU	17:51.29
9. Megan McKinley	Charleston	17:56.72
10. Kristen Johanson	Towson	18:01.70

100-Yard Backstroke

1. Meredith David	W&M	57.29
2. Rebekah Teague	UNCW	58.90
3. Stefani Lubore	Mason	59.19
4. Sarah Beth Schooley	UNCW	59.23
5. Trisha Blackwell	Davidson	59.86
6. Beatrice Szilard	ODU	59.98
7. Brigit Barry	Davidson	1:00.06
8. Rebecca Jimenez	Mason	1:00.16
9. Allison Keel	JMU	1:00.70
10. Erin Sarricks	JMU	1:01.01

200-Yard Backstroke

1. Meredith David	W&M	2:06.20
2. Stefani Lubore	Mason	2:07.56
3. Trisha Blackwell	Davidson	2:08.11
4. Beatrice Szilard	ODU	2:08.36
5. Sarah Beth Schooley	UNCW	2:09.66
6. Rebecca Wagner	UNCW	2:09.77
7. Bridget Pegler	Charleston	2:09.91
8. Gailey Walters	JMU	2:10.52
9. Sara Reed	Delaware	2:10.57
10. Ali Hunt	Towson	2:10.70

100-Yard Breaststroke

1. Aly Whittaker	Towson	1:06.12
2. Kim Jenko	UNCW	1:06.14
3. Liz Ouzts	Mason	1:06.58
4. Kelly Reitz	W&M	1:06.73
5. Bryanne Matthews	W&M	1:07.22
6. Emma Zuidema	W&M	1:07.25
7. Janel Danchak	JMU	1:07.99
Melissa Milstead	UNCW	1:07.99
9. Sarah Niklas	Charleston	1:08.48
10. Robyn Kondrad	W&M	1:08.62

200-Yard Breaststroke

1. Liz Ouzts	Mason	2:23.40
2. Kim Jenko	UNCW	2:23.49
3. Sara Stephens	Delaware	2:24.21
4. Bryanne Matthews	W&M	2:24.80
5. Christy Anderson	Mason	2:25.09
6. Kelly Reitz	W&M	2:25.86
7. Robyn Kondrad	W&M	2:26.26
8. Alyson Fletcher	W&M	2:26.37
9. Aly Whittaker	Towson	2:27.41
10. Lexi Hatfield	Mason	2:27.53
Melissa Marquez	Davidson	2:27.53

100-Yard Butterfly

1. Sara Stephens	Delaware	57.00
2. Jennifer Irby	Towson	57.93
3. Allie Lewis	UNCW	57.98
4. Kelly Reitz	W&M	59.08
5. Brittany Surkovich	Mason	59.43
6. Maggie McKaig	UNCW	59.69
7. Eli Trefzger	Davidson	59.71
8. Mallory Pucci	Mason	59.74
9. Bridget Byrd	UNCW	59.84
10. Paige Capro	W&M	59.85

200-Yard Butterfly

1. Sara Stephens	Delaware	2:05.53
2. Allie Lewis	UNCW	2:07.95
3. Johanna Mellis	Charleston	2:08.18
4. Leslie Hallquist	ODU	2:09.11
5. Ashley Bomberger	Towson	2:09.23
6. Eli Trefzger	Davidson	2:09.66
7. Brittany Surkovich	Mason	2:09.84
8. Brooke Crowther	Mason	2:10.07
9. Christina Baric	UNCW	2:10.43
10. Lisa Rushfeldt	ODU	2:10.93

200-Yard Individual Medley

1. Christy Anderson	Mason	2:09.84
2. Paige Capro	W&M	2:09.90
3. Erin Clark	W&M	2:10.46
4. Allie Lewis	UNCW	2:10.55
5. Allison Keel	JMU	2:10.60
6. Aly Whittaker	Towson	2:10.88
7. Sara Stephens	Delaware	2:11.50
8. Rebecca Wagner	UNCW	2:11.85
9. Brei Buzek	UNCW	2:12.04
10. Melissa Milstead	UNCW	2:12.20

400-Yard Individual Medley

1. Christy Anderson	Mason	4:32.26
2. Allie Lewis	UNCW	4:34.12
3. Johanna Mellis	Charleston	4:34.78
4. Paige Capro	W&M	4:35.10
5. Callie Hopkins	W&M	4:35.36
6. Katie McClure	UNCW	4:35.77
7. Rebecca Schofield	JMU	4:36.15
8. Erin Clark	W&M	4:38.32
9. Rebecca Wagner	UNCW	4:39.49
10. Alyson Fletcher	W&M	4:40.44

One-Meter Diving

1. Amanda Fielding	Mason	435.75
2. Colleen Flack	Mason	432.85
3. Mary Campioli	Mason	428.60
4. Evamarie Guerrieri	Drexel	287.18
5. Carrie Gerloff	W&M	238.72
6. Liz Gabriel	Mason	236.16
7. Sarah Thompson	Towson	226.65
8. Laura Hodulik	W&M	217.05
9. Megan Fulton	Towson	213.45
10. Annalisa Nieuwsma	UNCW	203.62

Three-Meter Diving

1. Mary Campioli	Mason	439.15
2. Colleen Flack	Mason	426.70
3. Amanda Fielding	Mason	407.65
4. Carrie Gerloff	W&M	369.90
5. Laura Hodulik	W&M	361.55
6. Evamarie Guerrieri	Drexel	258.60
7. Liz Gabriel	Mason	252.60
8. Sarah Thompson	Towson	228.83
9. Megan Fulton	Towson	219.15
10. Meg O'Connor	Charleston	215.85

Men's Outlook

After finishing fifth at last year's conference championships, William and Mary men's swimming and diving is poised for a breakout season. With first-year Director of Swimming **McGee Moody** adding his proven track record of maximizing his athletes' potential to an already potent lineup, the Tribe is primed for championship success. With 2004 CAA 100 fly champion **Eric Druker**, 2002 100 breast champion **Bruce Thomas** and 2004 double-bronze CAA medalist **Scott Rhodes** headlining the returnees of the squad, the Tribe should make great strides in its goal to reach the top of the conference.

Freestyle

Rhodes fronts the Tribe's distance freestyle effort in a contingent filled with newcomers. Rhodes comes into his senior season aiming to cap an already decorated career. The senior is in the top-four of the team's all-time top times in the 200, 500, 1000 and 1650 free and is coming off the best CAA meet of his career, as he captured bronze medalist honors in both the 200 free and 500 free. Ranked in the top-10 of the CAA in two freestyle events through the fall (including fifth in the 500 free), Rhodes should once again lead the team at conferences.

Joining Rhodes are several newcomers primed to make an immediate impact in the distance freestyles. Freshmen **Matt Shoulders** and **Nick Widmyer** were expected to contribute immediately, and both have swam solidly in their rookie campaigns, as both advanced to the finals of several events at the competitive Terrapin Invitational. Shoulders has already established himself as one of the top distance freestylers in the CAA, ranked in the top-10 in both the 500 and 1650 free through the fall.

The sprint freestyles see one of the Tribe's deepest lineups, with a wealth of seasoned swimmers able to contribute, including Druker, sophomore **Nick Duda** and juniors **Bob Jacobsen** and **Jake Albright**. Druker swam the Tribe's fastest 50 free time during the fall, winning the event at all five dual meets. After winning the consolation race in the 50 free at CAAs in 2004, Druker has steadily improved and, as the fifth-fastest 50 freestyler in the CAA this fall, he should challenge in the A-Finals at conferences. Duda swam the team's fastest time in the 100 free this fall, and had a solid debut at conferences in 2004, swimming to the top-25 of both the 50 and 100 free. The sophomore has shown continued improvement in his second season, advancing to the finals of three freestyle events at the Terrapin Invite this fall. Albright and Jacobsen provide great depth to the contingent, each carrying the experience of competing in the finals of top meets such as the Terrapin Invite and CAAs. Hitting a personal record to close the fall, Albright is ranked eighth in the conference in the 50 free and is primed to take the next step at conferences.

Breaststroke

The breaststroke events could be the Tribe's strongest and deepest with five talented athletes combining to create a formidable force. Thomas, the 2002 CAA 100 breast champion, fronts the contingent with a wealth of accolades to his credit. He just missed victory in the 100 breast at the 2002 Terrapin Invite, claiming second in the A-Finals, and has proven his drive to reach the next level of success, capping this fall with a qualification to the U. S. Open in the 100 breast. Swimming the fastest time among CAA competitors in the 100 breast during the fall, he is a favorite in the event at conferences.

Fellow senior **Bob Brofft** will also provide veteran experience, as a proven scorer at CAAs. He ended the fall by swimming to the finals of both breaststroke



Jeff Clark

events at the Terrapin Invitational and is ranked in the top-10 in both events in the CAA. Junior **Jeff Clark** will be another tested leader in the events. The winner of the 100 breast consolation race at CAAs last season, the junior has made a habit of advancing to the A-Finals of the breaststroke events at the elite Terrapin Invitational. Qualifying for the A-Finals at CAAs is the next step in his career, one he is ready for as the third-fastest 100 breaststroker in the CAA through the fall.

Sophomore **Andrew Carberry** has quickly made himself into one of the top breaststrokers on the team after swimming into the finals of the 200 breast at CAAs as

a freshman, clocking the fourth-best Tribe time for the event during prelims. With a season under his belt, the sophomore should reach greater heights this season. Freshman **Alex Jendzejec** aims to make an immediate impact on the squad. A Junior Nationals qualifier, he advanced to the finals of both breast events at the Terrapin Invite.

Butterfly

Druker leads the College's fly effort as the defending conference champion in the 100 fly. He set the school record (50.15) in that effort, which also qualified him for the event at the U. S. Open. He continued his strong swimming into this season, claiming third in the A-Finals of the 100 fly at the Terrapin Invitational, and is primed to defend his CAA title as the fastest 100 flyer in the conference. Joining Druker to lead the contingent is junior transfer **Tony Wareck**, who will make a huge impact for the team. Expected to be a major scorer, Wareck swam the fastest 200 fly time on the squad during the fall and advanced to the finals of both fly events at the Terrapin Invitational. He currently ranks eighth in the CAA in the 200 fly. Junior **Evan Elsaesser**, who swam to sixth in the A-Finals of the 100 fly at CAAs in 2004, will be another big contributor. Ranked fourth in the CAA in the 100 fly this fall, he just missed reaching the A-Finals of the 100 fly at the Terrapin Invite, clocking the ninth-fastest time in prelims.



Evan Elsaesser

Sophomore **Joey Peterson** will be another contributor, after claiming 11th in the 200 fly at CAAs in 2004. Continuing his progression at the collegiate level, Peterson qualified for the finals of both fly events at this fall's Terrapin Invitational. Junior **Peter King**, who spent the fall semester studying abroad, will return to the team for the winter season aiming to make an impact at the CAA Championships where he raced to top-16 finishes in both flies as a freshman. Jacobsen and freshman **Jesse Moore** will also contribute in the events as each reached the finals of their fly events at the Terrapin Invite. Moore has great potential as a two-time All-American in the 400 free relay and a state champion in the same event.

Backstroke

Three juniors, Elsaesser, Albright and **Matt Wolff** will anchor the backstroke events. Elsaesser, who swam the fastest time in the 100 back this fall, claimed 10th in both backstrokes at the 2004 CAAs and finished eighth in the 100 back at 2003 conferences. Albright, the Tribe's fastest 200 backstroker this fall, impressed with his eighth-place in the A-Finals of the 100 back at the Terrapin Invitational. The junior just missed making the finals of the 100 back at CAAs last year, finishing 17th in the prelims, one spot shy of transferring. Albright and Elsaesser are both ranked in the CAA top-10 in both backstroke events through the fall and should score well at conferences. Wolff finished 11th in the 200 back at conferences in 2004 after winning the 200 back consolation race in 2003 and aims to reach the A-Finals this season.



Bruce Thomas

Individual Medley

The Tribe boasts a solid lineup in the individual medley events with a mix of youth and experience. Thomas heads the contingent as the CAA's fastest swimmer in the 200 IM during the fall. He also impressed with a fourth in the A-Finals of the event at the Terrapin Invitational. Jendzejec won

the 400 IM consolation race the Terrapin Invitational and has made an immediate impact in the event, swimming the team's fastest 400 IM time during the fall which ranks him seventh in the CAA. Wolff and Peterson are both solid contributors in the individual medleys as each reached the finals at the Terrapin Invite. Moore is also aiding in the events after swimming into the consolation race of the 400 IM at the Terrapin Invite.

Diving

The weight of the Tribe's diving effort will fall on the shoulders of freshman **Brandon Paster**. An all-star all four seasons in high school, Paster is quickly acclimating to collegiate diving, having won the 1-meter dive versus James Madison in the fall. He will also see action in some freestyle events.

2003-04 Results (3-8-1, 2-4-1 CAA)		
O18	vs. VT	L, 161-195
O23	at Delaware	W, 138-00
O25	Drexel Relays	No Scoring
O31	vs. GMU	L, 100-137
N7	vs. Towson	L, 106-135
N8	at JMU	L, 106-127
N20-22	Terrapin Invite	7th of 11
J20	UMBC Tri-Meet	1-1 (2nd of 3)
	vs. GW	W 132-106
	at UMBC	L 92-136
J23-24	Davidson Quad	1-1-1 (2nd of 4)
	at Davidson	W, 224-118
	vs. ODU	T, 176-176
	vs. UNCW	L, 89-262
J30	vs. ECU	L, 72-132
J31	vs. Duke	L, 117-138
F18-21	CAA Champs.	5th of 10
Home meets in bold		



Jake Albright

JR • Back/Free

Carlisle, PA

Carlisle

Fall 2004: Advanced into the finals of four events at the competitive Terrapin Invite, including his strong eighth-place finish in the A-Finals of the 100 back ... Also claimed 13th in the 200 back, 15th in the 50 free and 16th in the 200 free at the meet ... Teamed for the win in the 200 free relay

at the Drexel Relays. **2003-04:** Just missed advancing to the finals of the 100 back at CAAs, racing to 17th overall ... Also finished 25th in the 50 free at CAAs ... Teamed for the win in the 200 free relay vs. James Madison. **2002-03:** Swam a personal-best time of 52.92 in the 100 back at CAAs, the fourth best time in Tribe history, to place ninth ... Second-fastest time on the team in the 100 back ... Turned in top time on the squad for the 50 free ... Barely missed finals in the 50 free at CAAs, placing 17th with a time of 21.83 ... Clocked a 48.31 in the 100 freestyle at CAAs, the second-fastest time on the team in the event ... Achieved two second-place finishes in the 50 free in dual meets. **Prep:** Won four letters in swimming ... MVP in his last two seasons at Carlisle ... School record holder ... All-Sentinel swimmer 2000-02 ... Also played four years of varsity soccer, winning the MVP award his senior year ... Involved in National Honor Society, Spanish Honor Society and class council. **Personal:** Son of David and Hilary Albright ... Enjoys music, working out, and watching movies ... Born on December 23, 1983 in Hanover, NH.

W&M PRs
50 Free - 21.86
100 Back - 52.92



Bob Brofft

SR • Breast/IM

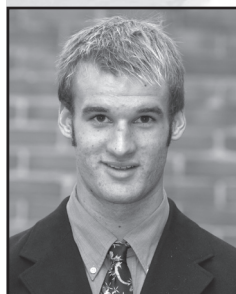
Fairfax, VA

Robinson

Fall 2004: Had a strong effort at the competitive Terrapin Invite, advancing to the finals of three events ... Claimed 12th in the 200 breast and 15th in the 100 breast at the meet, while finishing 22nd in the 100 fly ... Just missed advancing from prelims in the 200 IM at the meet, finishing 25th ...

Won the 200 breast at the ODU Pod Meet ... Teamed for the win in the 300 breast relay at the Drexel Relays. **2003-04:** Swam to 13th in the 100 breast at CAAs, clocking a 59.47 ... That time tied his own mark for ninth on the all-time performers list ... Also claimed 25th in the 200 IM at CAAs. **2002-2003:** Advanced to the finals in the 100 breast at the CAAs, placing 14th ... Won the 200 breast against UMBC ... Swam to a strong third in the 200 IM at the competitive Terrapin Invitational ... Four top-five finishes on the season. **2001-02:** Swam to personal bests in the 100 breaststroke (59.92), 200 breaststroke (2:09.56), and 200 IM (1:59.36) at the Miami of Ohio Invitational ... Broke into the all-time top-10 times in the 100 and 200 breaststrokes, with the third-fastest times on the squad this season in each event ... Finished 16th in the 200 breaststroke at CAAs. **Prep:** Took third at VHSL State Championships in the 100 breaststroke ... Two-time first-team all-district swimmer ... First-team all-region ... Junior National qualifier. **Personal:** Son of Bob and Pi Wu Brofft ... Father swam for Lafayette College ... Majoring in computer science ... Plays the piano ... Born on August 29, 1983 in Arlington, VA

W&M PRs
100 Breast - 59.47
200 Breast - 2:09.56



Andrew Carberry

SO • Breast

Talbot, TN

Jefferson County

Fall 2004: Had a solid showing at the Terrapin Invitational, advancing to the finals of two events ... Claimed 13th in the 200 breast and 18th in the 100 breast at the meet ... Also claimed 30th in the 200 IM. **2003-04:** Claimed 16th in the 200 breast in an impressive showing ... Clocked a 2:08.60 in

the prelims of the event, the fourth-fastest time in Tribe history ... Also finished 24th in the 100 breast at CAAs ... Advanced from the prelims in three events at the competitive Terrapin Invitational, including a high finish of 15th in the 200 breast ... Also placed 24th in both the 200 breast and 100 fly at the meet after swimming in each event's bonus consolation race. **Prep:** Swam for only one year

W&M PRs
100 Breast - 1:00.5
200 Breast - 2:08.60

under coach David Strom, but set school records in 100 breast and 200 free during that time ... Claimed seventh at state meet in 100 breast ... Also ran cross country for three years ... Member of the science club. **Personal:** Son of John and Lisa Carberry ... Father John competed in crew at Marist ... Enjoys playing drums and whitewater kayaking ... Majoring in Neuroscience ... Born December 21, 1984 in Newport Beach, CA.



Jeff Clark

JR • Breast

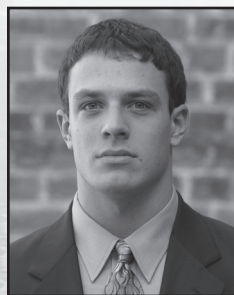
Virginia Beach, VA

Frank W. Cox

Fall 2004: Advanced to the finals of two events at the Terrapin Invite, finishing 14th in the 100 breast and 15th in the 200 breast ... Also placed 27th in the 200 IM at the meet ... Teamed for the win in the 300 breast relay at the Drexel Relays. **2003-04:** Won the 100 breast consolation race at CAAs

... Also advanced from prelims in the 200 breast at conferences, finishing 15th overall ... Claimed eighth in the A-Finals of the 200 breast at the competitive Terrapin Invitational, clocking a 2:08.91 to move to sixth in the Tribe records ... Won the consolation race of the 100 breast at the meet with the fifth-fastest time (58.57) in Tribe history. **2002-03:** Finished sixth and 10th in the 100 and 200 breaststroke, respectively, at the Terrapin Invitational ... Achieved the second-best time on the squad in the 100 breaststroke (59.38) and the third-best time on the team in the 200 breaststroke (2:10.64). **Prep:** Two-time MVP of high school team ... Holds high school record in the 100 breaststroke ... 2001 state champion in 200 breaststroke ... High school All-American ... Participated in crew. **Personal:** Son of William and Janice Clark ... Father swam at Holy Cross and brother (Michael) swam at W&M ... Enjoys movies, music and computers ... Born on July 27, 1984 in Virginia Beach, VA.

W&M PRs
100 Breast - 58.57
200 Breast - 2:08.91



Eric Druker

SR • Fly/Free

Wildwood, MO

Lafayette

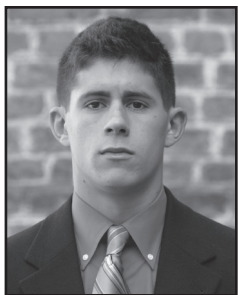
Fall 2004: Qualified for the U. S. Open in the 100 fly, advancing to the finals to finish 15th overall ... Won all five 50 free events he contested in dual meets, and swept his freestyle events (50, 100) to open the season vs. UMBC ... Raced to a strong third in the A-Finals of the 100 fly at

the Terrapin Invitational ... Advanced to the consolation race of two events at the meet, claiming 11th in the 50 free and 15th in the 100 free ... Also advanced from prelims in the 200 fly, finishing 17th ... Teamed for seven relay wins ... Won the 100 fly at the ODU Pod Meet ... Holds best time on the team in the 100 fly and 50 free this fall. **2003-04:** CAA Champion in the 100 fly, clocking a school record 50.15 ... Claimed second in the CAA consolation race of the 50 free to place 10th overall ... Moved to 10th in the Tribe records in the 50 free with a 21.45 in CAA prelims ... Won the 100 fly twice, the 200 fly once and the 50 free once in dual meet action ... Had a strong effort at the Terrapin Invitational, including two top-eight finishes ... Captured fifth in the A-Finals of the 100 fly at the Terrapin and 8th in the A-Finals of the 200 fly at the meet

... Also raced in the Terrapin bonus consolation race in the 50 free, swimming to 18th overall ... Part of three victorious relay teams during the season. **2002-2003:** Set school record (50.40) in the 100 fly with runner-up finish at the Terrapin Invitational, also took second the 200 fly at the competitive meet ... Won the 200 fly in the JMU dual meet ... Part of 200 medley relay team that won in the Towson dual meet ... Runner-up in the 50 free and 200 fly against UMBC ... Also second in the 100 fly versus Towson and the 200 fly at GMU. **2001-02:** Finished fourth at CAAs in both the 100 butterfly (50.87) and 200 butterfly (1:52.20) ... Swam to the second-fastest 100 and 200 butterfly times in Tribe history ... Received most outstanding freshman award ... Did not finish worse than third in any butterfly event during the dual meet season ... Two first-place finishes in dual meet action in both the 100 and 200 butterfly ... Also competed in the 50 freestyle, achieving a personal best time of 21.86. **Prep:** Eight-time all-state member ... Junior National qualifier ... School record-holder in the 100 fly. **Personal:** Son of Douglas and Sharon Druker ... Mathematics major ... Avid St. Louis Cardinals fan ... Born on April 14, 1983 in Ft. Lauderdale, FL.

W&M PRs
50 Free - 21.45
100 Fly - 50.15
200 Fly - 1:52.20

Athlete Profiles



Nick Duda

SO • Free
Vienna, VA
Gonzaga

Fall 2004: Had a strong meet at the competitive Terrapin Invitational, advancing to the finals of four events ... Raced to an impressive eighth in the A-Finals of the 200 free at the meet ... Also claimed 13th in the 100 free, 18th in the 50 free and 23rd in the 500 free at the meet ... Won the 100 free

vs. GMU and the 200 free vs. JMU ... Teamed for four relay victories ... Swam team's best time in the 100 free and 200 free this falls. **2003-04:** Teamed to take third in the 800 free relay at CAAs ... Also swam to 21st in the 200 free and 22nd in the 50 free at conferences ... Teamed for four relay wins in dual meets, including the Tribe's sweep of the 400 free and 400 medley vs. Towson ... Posted three runner-up showings in the 100 free in dual meet action ... Also runner-up once in both the 50 free and 200 free.

Prep: Lettered for four years under coach Joe Viola ... All-American in 200 free and 400 free relays ... Holds school record in 200 free and 200 medley relay ... Honorable Mention, *Washington Post* all-metro team. **Personal:** Son of Joseph and Jean Duda ... Enjoys surfing and golf ... Born January 3, 1985 in Fairfax, VA.

W&M PRs	
50 Free	- 21.71
100 Free	- 47.74
200 Free	- 1:43.95



Evan Elsaesser

JR • Fly/Back
Reston, VA
Thomas Jefferson Sci/Tech

Fall 2004: Just missed qualifying for the A-Finals of the 100 fly at the Terrapin Invite, clocking the ninth-fastest time in prelims, one spot shy of transferring ... Went on to finish 14th overall in the event after competing in the consolation race ... Also claimed 11th in the 100 back and 15th in the

200 back at the Terrapin Invite ... Teamed to claim fourth place in the 400 medley relay at the meet in addition to notching three relay wins in dual meets ... Won the 100 back at the ODU Pod Meet ... Swam team's fastest time of the fall in the 100 back. **2003-04:** Strong performer at CAAs, advancing from prelims in three events ... Claimed sixth in the 100 fly at CAAs ... Moved to sixth in the W&M record books with a 51.42 in the CAA prelims of the event ... Swam to 10th in both the 100 and 200 back at CAAs, moving up in the all-time performers list in both events with his prelim times ... Clocking a 52.05 in conference prelims of the 100 back, the third-fastest time in Tribe history ... Also tied fifth-best time in team history in the 200 back during prelims, timing a 1:54.55 ... Had a strong meet at the Terrapin Invitational, finishing 13th in both the 100 fly and 100 back and placing 13th in the 100 back ... Won the 200 back vs. Delaware and also teamed for two relay wins on the season. **2002-03:** Placed eighth at the CAA Championships in the 100 backstroke, swimming the fastest time on the team in the event (51.76) ... Sixth all-time for the Tribe in the 100 back ... Finished 15th in the 200 backstroke at CAAs, swimming a 1:56.87 in the preliminary heats of the event ... Turned in the third-fastest time on the team in the 200 backstroke and the 10th-fastest time in Tribe history in the event ... Also finished 15th in the 100 butterfly, touching the wall in 51.76 in the preliminary heats with the second-fastest time on the squad ... Third-fastest time on the team in the 100 freestyle (48.31). **Prep:** All-district and all-state 2000-2002 ... Member of state championship team ... Holds school record in 100 butterfly and 200 medley relay ... Participated in track and field. **Personal:** Son of Christopher and Patricia Elsaesser ... Father participated in karate at Ohio University ... Born on May 11, 1984 in Fairfax, VA.

W&M PRs	
100 Fly	- 51.42
100 Back	- 52.05
200 Back	- 1:54.55



Bob Jacobsen

JR • Free/Fly
Williamsburg, VA
Lafayette

Fall 2004: Co-captain ... Had a solid meet at the competitive Terrapin Invite, advancing to the finals of two events and just missing qualification in two others ... Advanced from prelims to claim 16th in the 100 free and 21st in the 100 fly at the meet ... Finished 25th in both the 500 and 200 free

at the meet, one spot shy of advancing to finals in each event ... Also teamed for fourth-place finish in the 200 free relay at the Terrapin Invite ... Notched five relay victories in dual meets. **2003-04:** Swam to 28th in both the 500 and 200 free at CAAs. **2002-03:** Finished in the top-40 in the conference in the 50, 100 and 200 freestyle ... Achieved a season-best time of 22.57 in the 50 free at the conference championships ... Turned in the third-best time on the team in the 50 free ... Placed 20th in the 200 free at the Terrapin Invitational with a time of 1:46.07. **Prep:** Four-year letter winner ... Captain senior year ... School record holder in the 100 fly ... Awarded the sportsmanship, integrity, and school spirit award his senior year ... All-state and All-Bay Rivers District ... *Daily Press* All-Star ... Member of two AA Virginia swimming state championship teams ... Placed third and fourth his senior season at the AA state championships in the 50 freestyle and 100 butterfly, respectively ... Also lettered twice in baseball, earning first team All-Bay Rivers District ... National Honor Society, Latin Club, yearbook, Peer Partners ... Received the DAR Patriotism Award his junior year. **Personal:** Son of Jake and Ellen Jacobsen ... Uncle (John Jacobsen) played baseball at Stevens Institute of Technology ... Sister (Jamie) is currently enrolled in graduate classes at W&M and graduated from the College in 2001 ... Enjoys

W&M PRs	
50 Free	- 22.00
100 Free	- 48.32
100 Fly	- 53.33



baseball, golf, tennis, playing the guitar, and mountain biking ... Born on April 14, 1984 in Williamsburg, VA.



Peter King

JR • Fly/Back
Falls Church, VA
Gonzaga

Fall 2004: Studied abroad, but will return for the spring semester. **2003-04:** Had a solid meet at the Terrapin Invitational, advancing from prelims in two events ... Finished 15th in the 100 fly at the competitive meet, after setting the ninth-fastest Tribe time (51.81) during prelims ... Also

placed 21st overall in the 200 fly at the Terrapin Invite, after advancing to the bonus consolation race ... Teamed for the win in the 400 free relay vs. Towson. **2002-03:** Placed 10th in the CAA Championships in the 200 butterfly, touching the wall in 1:55.46 ... Tied for 16th at CAAs in the 100 fly with a time of 51.81 ... Achieved the third-best time on the team in the 100 and 200 fly ... Swam a season-best time of 4:50.89 in the 500 free at CAAs ... Placed third in the 200 fly against Duke. **Prep:** Swam for four years at Gonzaga, earning the MVP award his senior year ... High school and club (York Swim Club) team captain ... Team record holder in the 200 IM ... Senior Leadership Award ... Honor student ... Student government secretary. **Personal:** Son of Tom and Ann King ... Enjoys reading ... Born on May 30, 1984 in Falls Church, VA.

W&M PRs	
100 Fly	- 51.81
200 Fly	- 1:55.46



Joey Peterson

SO • Fly/IM
Williamsburg, VA
Lafayette

Fall 2004: Advanced to the finals of four events at the competitive Terrapin Invitational, reaching the consolation race in the 200 fly and 400 IM ... Finished 11th in the 400 IM at the meet and 13th in the 200 fly ... Timed a personal record of 53.53 in the 100 fly to place 23rd in the event ...

Also claimed 17th in the 200 IM ... Teamed for two relay wins during the fall. **2003-04:** Advanced to the finals of two events at CAA, claiming 11th in the 200 fly and 15th in the 400 IM ... Also swam well at the Terrapin Invite, advancing from prelims to place 20th in the 400 IM and 23rd in the 200 IM ... Finished 27th in the 200 fly at the meet, just shy of advancing to the finals. **Prep:** Lettered for four years under coach Harold Baker ... Set school records in 200 IM and 500 free ... USA Swimming Scholastic All-American. **Personal:** Son of Joseph and Lauren Peterson ... Stepfather Harold Baker swam at W&M ... Enjoys sports and music ... Born September 5, 1985 in Williamsburg, VA.

W&M PRs	
100 Fly	- 53.53
200 Fly	- 1:56.17
400 IM	- 4:14.06



Scott Rhodes

SR • Free
Norfolk, VA

Maury

Fall 2004: Co-captain ... Advanced to the finals of three events at the competitive Terrapin Invite, with a best of 10th coming in the 500 free ... Also claimed 13th in the 200 free and 18th in the 100 free at the meet ... Teamed for the win in the 400 free relay vs. Towson ... Set team's fastest time in the

500 free for the fall. **2003-04:** Bronze medalist in both the 200 free and 500 free at CAAs in a strong showing ... Timed a 1:40.55 in the 200 free prelims at CAAs, the second-fastest time in Tribe history ... Also teamed to claim third in the 800 free relay at conferences ... Swam to 12th in the 1650 free at the competitive Terrapin Invitational ... Advanced from prelims to swim in the consolation race of two events at the Terrapin Invite, placing 14th in the 200 free and 16th in the 500 free ... Racked up four wins in dual meets, punctuated by a stellar win vs. Duke in the 200 free ... Also swept his events vs. Delaware, winning both the 100 and 200 free ... Part of two relay victories in dual meets. **2002-03:** Was the

fourth-place finisher in the 200 free at CAAs, clocking a 1:42.28 (1:42.18 prelims) ... Won the consolation heat of the 500 freestyle at CAAs with a time of 4:36.79 ... Placed 11th in the mile at conferences, touching the wall in 16:28.47 ... Swam a season-best time of 10:17.42 in the 1000 free against Duke ... Also contributed in the 100 free with a season-best time of 49.26 at the ODU quad meet. **2001-02:** Finished third at CAAs in the 500 freestyle with a time of 4:35.96 (4:34.42 prelims), placing him second all-time

for the Tribe ... Clocking a 16:02.53 in the mile during his fifth-place finish at CAAs, placing him fourth all-time for the Tribe ... Finished 10th at CAAs in the 200 freestyle (1:42.26), the second-fastest time in Tribe history ... Took first in the 200 freestyle against Duke ... Finished in the top-three on the team in all freestyle events except the 50 free. **Prep:** Most Valuable Swimmer of high school team ... State finalist ... Scholastic All-American ... Sectional

qualifier ... Eastern finalist. **Personal:** Son of Scott and Ann Rhodes ... Uncle (Ramon Dougan) played basketball for Old Dominion ... Enjoys fishing and golf ... Finance major ... Born on September 2, 1983 in Norfolk, VA.



W&M PRs	
100 Free	- 46.91
200 Free	- 1:40.55
500 Free	- 4:34.42

seventh and ninth in the 100 and 200 breast, respectively, at CAAs ... Earned spots at second on both the 100 and 200 breast top-10 lists, with times of 58.32 and 2:07.07, respectively. **Personal:** Son of Bruce and Betsy Thomas ... Enjoys reading ... Coaches swimming and baseball during the summer ... Government major ... Born on April 4, 1982 in Philadelphia, PA.



Tony Wareck

JR • Fly/Back
Lancaster, MA

Gardner

Transfer from Fitchburg State College. **Fall 2004:** Advanced to the finals of four events at the Terrapin Invite ... Reached the consolation race of the 200 fly at the meet, finishing

11th overall ... Also claimed 20th in the 100 fly and 24th in both the 100 back and 500 free at the meet ... Teamed for the win in the 300 fly relay at the Drexel Relays ... Set team's fastest 200 fly time



for the fall. **Fitchburg State:** Dean's List honoree for two years. **Personal:** Son of Jerome and Cheryl Wareck ... Enjoys sports, listening to music and computers ... Born June 28, 1984 in Charleston, WV.

Career PRs	
100 Fly	- 52.2
200 Fly	- 1:53.79
400 IM	- 4:08



Matt Wolff

JR • Back/IM
Annandale, VA

Annandale

Fall 2004: Advanced to the finals of the 200 IM, claiming 15th ... Teamed for the win in the 400 free relay vs. UMBC ... Collected four podiums in the 200 back in dual meets.

2003-04: Swam into the finals of two events at CAAs, with a best of 10th in the 400 IM ... Clocking a 4:07.34 in the prelims of the event, the fourth-best time in Tribe history ... Also claimed 11th in the 200 back at conferences ... Advanced to the finals of two events at the competitive Terrapin Invitational ... After setting the seventh-fastest 100 back time in Tribe history during prelims with a 55.38, swam to 20th overall at the meet

... Also finished 16th overall in the 200 back at the Terrapin Invite, advancing to the consolation race. **2002-03:** Ray Voelker Most Outstanding Freshman Award winner ... Won the consolation heat of both the 200 backstroke (1:54.55) and the 400 IM (4:07.78) ... Fourth all-time for the Tribe in the 400 IM and fifth all-time in the 200 back ... Attained the fastest time on the team in the 200 backstroke and the third-fastest in the 400 IM ... Placed 17th at CAAs



in the 200 IM ... 10th-place finisher in the 200 IM at the Terrapin Invitational (1:57.55) with the third-fastest time on the team for the season ... Touched the wall in 53.81 in the 100 backstroke for a 10th-place finish at the Terrapin Invitational. **Prep:** First team all-district and all-region, Honorable Mention All-Metro ... Holds two individual and two relay records at Annandale ... Captain of swim team ... Played soccer and lacrosse ... National Honor Society,

W&M PRs	
100 Back	- 53.38
200 Back	- 1:54.55
400 IM	- 4:07.34

Student Senator ... Top events included 200 butterfly (1:55.2), 100 butterfly (52.0), 100 backstroke (53.0), and 200 IM (1:57.0). **Personal:** Son of Otto and Janis Wolff ... Sister (Jenny) swam at James Madison ... Plays the guitar, drums, tuba and piano ... Born on June 16, 1983 in Alexandria, VA.



Bruce Thomas

SR • Breast/IM
McLean, VA

Langley

Fall 2004: Qualified for the U. S. Open in the 100 breast, advancing to the finals to finish 22nd ... Advanced to the A-Finals of an impressive three events at the competitive Terrapin Invite ... Set the Tribe's sixth-fastest time ever in the 200 IM in fourth-place effort in the Terrapin A-Finals ...

Timed a U. S. Open-qualifying 57.42 to claim third in the A-Finals of the 100 breast the meet ... Also captured fourth in the A-Finals of the 200 breast ... Strong Terrapin meet included teaming for fourth in both the 200 and 400 medley relays ... Teamed for five relay wins in dual meets and also won the 100 breast at the ODU Pod Meet ... Set team's fastest fall time in the 100 breast, 200 breast and 200

IM. **2003-04:** Redshirted. **2002-03:** Part of winning 400 medley relay team against UMBC and victorious 200 medley relay team against Towson ... Runner-up in the 100 breast and fourth in 200 breast at the competitive Terrapin Invitational ... Also had an eighth place in the 200 IM at the meet. **2001-02:** CAA Champion in the 100 breaststroke, clocking a Tribe record-breaking time of 56.83 ... Swam to the team's top times in both breaststroke events and the third-fastest time in the 200 IM ... Achieved his personal-best time of 2:05.72 in the 200 breaststroke ... Finished seventh in the preliminaries of the CAA Championships with a time of 1:54.76 in the 200 IM ... Earned five top-three finishes in the 100 breaststroke and two top-three finishes in the 200 breaststroke in dual meet action. **2000-01:** Swam the top times on the team in the breaststroke events ... Placed

W&M PRs	
100 Breast	- 56.83
200 Breast	- 2:05.72
200 IM	- 1:54.60

Freshman Profiles



Alex Jendzejec

FR • IM/Breast

Reston, VA

Herndon

Fall 2004: Impressed with a win in the consolation race of the 400 IM at the competitive Terrapin Invite, finishing ninth overall ... Also advanced to the finals of the 200 IM and 100 and 200 breast at the meet, finishing 22nd, 22nd and 18th, respectively, in

the events ... Swam the team's best fall time in the 400 IM. **Prep:** 2004 district champion in the 200 medley relay ... School record holder in the 200 medley and 400 free relay ... Twice first-team all-district ... Potomac Valley Swimming scholar-athlete ... Captain junior and senior year ... Competed at Junior Nationals ... Academic All-American. **Personal:** Son of Mark and Peggy Jendzejec ... Father played basketball at Alliance College ... Enjoying playing the guitar and riverball ... Born October 10, 1985 in New Jersey.

Prep PRs

100 Breast - 59.6
200 Breast - 2:09.8
200 IM - 1:59.3
400 IM - 4:16.5



Matt Shoulders

FR • Free

Roanoke, VA

Hidden Valley

Fall 2004: Advanced from prelims in two events at the competitive Terrapin Invite, finishing 12th in the 500 free and 17th in the 200 free ... Also claimed ninth in the 1650 free and was just short of reaching the finals of the

100 free, placing 27th ... Teamed for two wins in the 400 free relay. **Prep:** Helped team to state championship in 2003-04 ... Team placed third at states for 2002-03 season ... Swam to sixth at states in the 500 free ... Team captain for two seasons ... Honor roll selection. **Personal:** Son of John and Cathy Shoulders ... Brother David swam for the Tribe from 2000-04 ... Enjoys ultimate frisbee, riverball and football ... Born June 9, 1986 in Roanoke, VA.

Prep PRs

200 Free - 1:45.9
500 Free - 4:48
200 Fly - 1:58
400 IM - 4:18



Jesse Moore

FR • IM/Fly

Annville, PA

Hershey

Fall 2004: Had a solid debut at the Terrapin Invite, reaching the finals in four events ... Best finish of 14th came in the 500 free at the competitive meet ... Also swam to 16th in the 400 IM, 19th in the 200 fly and 24th in the 200 free

at the meet. **Prep:** Two-time All-American in the 400 free relay ... State champion in the 400 free relay with school record time as a senior ... Three-time conference and district champion in the 200 and 400 free relay ...

Two-time conference champion in the 200 and 500 free ... District champion in both the 200 and 500 free ... Multiple-time state finalist and sectional qualifier in freestyle events ... Helped team to PIAA state title in 2003 and 2004 ... Academic All-American and National Honor Society member. **Personal:** Son of Anthony and Elizabeth Moore ... Enjoys reading, music, art and movies ... Plans to major in Neuroscience or Chemistry ... Born October 22, 1985 in Harrisburg, PA.

Prep PRs

100 Free - 48.31
200 Free - 1:45.00
500 Free - 4:50.14



Nick Widmyer

FR • Free

Charles Town, WV

Mercersburg Academy

Fall 2004: Swam to 17th in the 1650 free and 30th in the 200 free at the competitive Terrapin Invitational. **Prep:** Received most points award five years in a row from Jefferson Park swim team ... Earned Persistence Award in 2003 ... Lettered for

two seasons under coach Pete Williams ... Honor Roll all four years with High Honors as a senior. **Personal:** Son of Ronald and Carolyn Widmyer ... Plans to major in International Relations ... Enjoys reading, music and movies ... Born July 19, 1985 in Charles Town, WV.

Prep PRs

50 Free - 23.8
100 Free - 53.8
200 Free - 1:54



Brandon Paster

FR • Free/Diving

Fairfax, VA

Fairfax

Fall 2004: Won the 1-meter dive vs. JMU ... Finished 18th in the 1650 free at the Terrapin Invitational. **Prep:** Claimed 11th in 200 free at states as a senior ... Member of three top-16 relays with club team (3rd, 4th, and 5th in the nation) ... Team captain junior and senior seasons ... All-Star

diver all four years of high school ... Named AP Scholar with Distinction ... Robert C. Byrd Honors Scholarship Recipient ... National Merit Commended ... Member of National Honor Society and Spanish Honor Society. **Personal:** Son of Mark and Karen Paster ... Spends free time playing sports and following St. Louis sports teams ... Born October 10, 1986.

Prep PRs

50 Free - 23.57
100 Free - 49.68
200 Free - 1:48.27



Eric Druker (left) and Bruce Thomas at the 2004 U. S. Open in San Antonio, TX. Both advanced to the finals of their respective events, with Druker claiming 15th overall in the 100 meter fly and Thomas swimming to 22nd overall in the 100 meter breast.

2003-04 Top Performers

50 Free

1. Eric Druker	21.45
2. Nick Duda	21.73
3. Jake Albright	21.86
4. Bob Jacobsen	22.00
5. David Shoulders	22.22

100 Free

1. Scott Rhodes	47.51
2. Nick Duda	48.48
3. Jacob Albright	48.85
4. Peter King	49.93
5. Bob Jacobsen	49.99

200 Free

1. Scott Rhodes	1:40.55
2. Clark Noble	1:44.64
3. Nick Duda	1:44.68
4. Bob Jacobsen	1:46.47
5. Alex Seamon	1:46.73

500 Free

1. Scott Rhodes	4:34.68
2. Clark Noble	4:36.95
3. Alex Seamon	4:45.98
4. Nick Duda	4:59.52
5. Peter King	5:03.45

1000 Free

1. Clark Noble	9:48.26
2. Scott Rhodes	10:11.49
3. Alex Seamon	10:23.19
4. Charley Carlin	10:27.05

1650 Free

1. Clark Noble	16:09.29
2. Scott Rhodes	16:26.34
3. Alex Seamon	16:31.02

100 Back

1. Evan Elsaesser	52.05
2. Jacob Albright	53.30
3. Matt Wolff	53.38
4. David Shoulders	53.86
5. Peter Kogut	55.12

200 Back

1. Evan Elsaesser	1:54.55
2. Matt Wolff	1:54.77
3. David Shoulders	1:55.82
4. Peter Kogut	1:59.15
5. Joey Peterson	2:11.56

100 Breast

1. Jeff Clark	58.57
2. Gaetan Sgro	58.81
3. Bob Brofft	59.47
4. Andrew Carberry	1:00.80
5. Matt Wolff	1:04.75

200 Breast

1. Gaetan Sgro	2:07.94
2. Andrew Carberry	2:08.60
3. Jeff Clark	2:08.91
4. Clark Noble	2:09.49
5. Bob Brofft	2:15.20

100 Fly

1. Eric Druker	50.15
2. Noah Laurence	51.23
3. Evan Elsaesser	51.42
4. Peter King	51.81
5. David Shoulders	53.92

200 Fly

1. Eric Druker	1:54.40
2. Noah Laurence	1:55.34
3. Joey Peterson	1:56.17
4. Peter King	1:58.22
5. Charley Carlin	2:01.19

200 IM

1. Noah Laurence	1:56.21
2. Joey Peterson	1:59.30
3. Clark Noble	2:00.30
4. David Shoulders	2:00.32
5. Bob Brofft	2:00.44

400 IM

1. Clark Noble	4:03.65
2. Matt Wolff	4:07.34
3. Joey Peterson	4:14.06
4. Noah Laurence	4:20.99
5. Alex Seamon	4:35.46

All-Time Top Performers

50 Free			1650 Free			100 Breast		
1. Rusty Hodgson	20.59	2000	1. Chris Robinson	15:44.43	1998	1. Dan Gowetski	56.44	1998
2. Mike Lovett	20.85	2000	2. Clark Noble	16:00.38	2002	2. Bruce Thomas	56.83	2002
3. Joel Thomas	20.95	1998	3. Zach Woodward	16:01.53	2001	3. Gaetan Sgro	58.27	2003
4. Craig Birgfeld	21.06	1993	4. Scott Rhodes	16:02.53	2002	4. Ryan Visser	58.51	1994
5. Matt Snow	21.12	1996	5. Bill Markovitz	16:16.13	1992	5. Jeff Clark	58.57	2003
6. Adrian Maholchic	21.17	1998	6. Alex Seamon	16:18.50	2001	6. Rusty Hodgson	58.97	1999
7. Ryan Visser	21.23	1995	7. David Hildebrand	16:23.32	2001	7. Gabriel Layman	59.22	1998
8. Chris Hagen	21.30	1984	8. Alan Rubel	16:24.66	1991	Will Lappenbusch	59.22	1990
9. Jim Berry	21.38	1991	9. Matt Crispino	16:25.51	1999	9. Bob Brofft	59.47	2002
10. Eric Druker	21.45	2004	10. Greg O'Leary	16:30.40	1999	10. Scott Graham	59.87	1987
100 Free			100 Fly			200 Breast		
1. Rusty Hodgson	45.38	2000	1. Eric Druker	50.15	2004	1. Dan Gowetski	2:03.05	1998
2. Mike Lovett	45.39	1999	2. Mark Sinder	50.58	2002	2. Bruce Thomas	2:05.72	2002
3. Craig Birgfeld	45.98	1994	3. Noah Laurence	51.23	2003	3. Gaetan Sgro	2:06.77	2003
4. Carl Browne	46.20	1984	4. Mike Lovett	51.24	2000	4. Andrew Carberry	2:08.60	2004
5. Adrian Maholchic	46.28	1999	5. Chris Hanley	51.29	2000	5. Gabriel Layman	2:08.84	1998
6. Chris Robinson	46.52	1998	6. Evan Elsaesser	51.42	2004	6. Jeff Clark	2:08.91	2003
7. Scott Rhodes	46.91	2004	7. Jon Lin	51.60	1998	7. Clark Noble	2:09.49	2003
8. Matt Crispino	46.97	2002	8. Bill Weihs	51.74	1980	8. Will Lappenbusch	2:09.51	1990
9. Pat Prutsman	47.19	1994	9. Peter King	51.81	2003	9. Bob Brofft	2:09.56	2002
10. Ryan Visser	47.21	1992	10. Matt Knodt	52.11	2001	10. Ryan Visser	2:10.06	1994
200 Free			200 Fly			200 IM		
1. Chris Robinson	1:39.67	1998	1. Jon Lin	1:50.72	2002	1. Josh Osterberg	1:52.49	2000
2. Scott Rhodes	1:40.55	2004	2. Eric Druker	1:52.20	2002	2. Carl Browne	1:52.59	1984
3. Mike Lovett	1:41.64	1998	3. Mark Sinder	1:53.44	2002	3. Mark Sinder	1:52.87	1999
4. Carl Browne	1:41.66	1984	4. Ted Coine	1:54.58	1998	4. Matt Crispino	1:53.51	2002
5. Chris Craig	1:42.35	2001	5. John Vahradian	1:55.01	1988	5. Daniel Mee	1:53.69	1999
6. Matt Crispino	1:42.46	2001	6. Noah Laurence	1:55.13	2002	6. Bruce Thomas	1:54.60	2004
7. Craig Birgfeld	1:42.51	1994	7. Peter King	1:55.46	2003	7. Ryan Visser	1:56.06	1994
8. David Hildebrand	1:42.54	2001	8. Bill Weihs	1:55.91	1980	8. Mike Lovett	1:56.07	1997
9. Daniel Mee	1:43.49	1997	9. Chris Hanley	1:56.08	1999	9. Noah Laurence	1:56.21	2004
10. Ted Coine	1:43.57	1988	10. Joey Peterson	1:56.17	2004	10. Louis Najera	1:56.56	1989
500 Free			100 Back			400 IM		
1. Chris Robinson	4:27.87	2000	1. Josh Osterberg	50.99	2000	1. Josh Osterberg	4:03.26	1998
2. Scott Rhodes	4:34.42	2002	2. Daniel Mee	51.19	2000	2. Clark Noble	4:03.65	2004
3. Marcus Hill	4:35.62	1999	3. Evan Elsaesser	52.05	2004	3. Marcus Hill	4:03.72	1999
4. Chris Craig	4:36.14	2001	4. Jake Albright	52.92	2003	4. Matt Wolff	4:07.34	2004
5. Clark Noble	4:36.95	2004	5. Matt Knodt	53.09	2001	5. Noah Laurence	4:09.76	2003
6. Matt Crispino	4:37.31	2000	6. Carl Browne	53.10	1982	6. David Hildebrand	4:12.16	2000
7. Zach Woodward	4:37.43	1999	7. Matt Wolff	53.38	2003	7. Alex Jendzejec	4:13.29	2004
8. David Hildebrand	4:39.28	2001	8. Mark Sinder	53.42	2002	8. Carl Browne	4:13.39	1983
9. Bill Markovitz	4:39.52	1992	9. David Shoulders	53.53	2002	9. Joey Peterson	4:14.06	2004
10. Ted Coine	4:41.20	1988	10. Peter Bertholet	53.56	1995	10. Zach Woodward	4:15.44	1999
1000 Free			200 Back			Additional Records		
1. Chris Robinson	9:31.58	1998	1. Daniel Mee	1:49.98	2000	200 Medley Relay	1:33.07	99-00
2. Clark Noble	9:38.91	2002	2. Josh Osterberg	1:50.05	1998	Mee, Gowetski, Hanley, Hodgson		
3. Scott Rhodes	9:41.39	2002	3. Matt Knodt	1:53.00	1998	400 Medley Relay	3:22.03	99-00
4. Zach Woodward	9:43.24	1999	4. Marcus Hill	1:53.59	2001	Mee, Gowetski, Lovett, Hodgson		
5. Marcus Hill	9:47.36	1999	5. Matt Wolff	1:54.55	2003	200 Free Relay	1:22.94	99-00
6. Bill Markovitz	9:49.16	1991	Evan Elsaesser	1:54.55	2004	Hodgson, Mee, Craig, Lovett		
7. Jon Lin	9:51.55	1998	7. Mark Dansereau	1:55.67	1998	400 Free Relay	3:01.74	98-99
8. Chris Craig	9:51.58	2001	8. David Shoulders	1:55.82	2004	Robinson, Maholchic, Hodgson, Lovett		
9. Alan Rubel	9:55.61	1991	9. Doug Slater	1:55.98	1980	800 Free Relay	6:47.85	98-99
10. Greg O'Leary	9:56.45	1999	10. Larry Blake	1:56.55	1993	Crispino, Lovett, Mee, Robinson		
						1-Meter Diving	632.25	84-85
						Shawn McLane		
						3-Meter Diving	662.00	84-85
						Shawn McLane		

Fall 2004 Top CAA Performers

50-Yard Freestyle

1. Michael Krayer	UNCW	20.83
2. Adam Brenneman	UNCW	20.85
3. Eric Boyer	UNCW	21.21
4. Eric Druker	W&M	21.51
5. Levan Beridze	Delaware	21.56
6. Ian Smith	ODU	21.59
7. Brian Julich	ODU	21.61
8. Jake Albright	W&M	21.68
Eric Wellington	Mason	21.68
10. Nick Duda	W&M	21.71

100-Yard Backstroke

1. Adam Brenneman	UNCW	51.19
2. Josh Fowler	JMU	51.40
3. Sam Harris	Drexel	51.89
4. Tim Norton	Mason	52.23
5. Chris Backhaus	Drexel	52.42
6. Ian MacKinnon	Drexel	52.57
7. Ryan Cogdill	Towson	52.67
8. Evan Elsaesser	W&M	52.97
9. Jake Albright	W&M	53.04
Ben Pulskamp	UNCW	53.04

200-Yard Butterfly

1. Joe Houchin	Mason	1:51.14
2. Andres Buitrago	UNCW	1:55.25
3. Ben Pulskamp	UNCW	1:55.39
4. Martin Lundgren	ODU	1:55.76
5. Chris Will	Towson	1:56.35
6. Nate Tschohl	ODU	1:56.58
7. Brad Burton	JMU	1:56.91
8. Tony Wareck	W&M	1:57.12
9. Ben Sonley	Towson	1:57.39
10. Robb Broughton	Davidson	1:57.50

100-Yard Freestyle

1. Adam Brenneman	UNCW	46.01
2. Michael Krayer	UNCW	46.17
3. Chris Backhaus	Drexel	46.82
4. Eric Boyer	UNCW	47.10
5. Patrick Frisk	ODU	47.32
6. John Chartier	JMU	47.34
7. Fiete Stegger	Davidson	47.37
8. Levan Beridze	Delaware	47.46
9. Michael Mierkowski	Drexel	47.47
10. Ben Sonley	Towson	47.64

200-Yard Backstroke

1. Tim Norton	Mason	1:50.88
2. Sam Harris	Drexel	1:52.24
3. Ben Pulskamp	UNCW	1:53.69
4. Josh Fowler	JMU	1:54.08
5. Ian MacKinnon	Drexel	1:55.49
6. Kevin Norman	UNCW	1:55.52
7. Jake Albright	W&M	1:57.70
8. Evan Elsaesser	W&M	1:57.93
9. Ryan Cogdill	Towson	1:58.01
10. Matt Chrabot	Mason	1:58.18

200-Yard Individual Medley

1. Bruce Thomas	W&M	1:54.60
2. Joe Houchin	Mason	1:55.01
3. Brian Freitag	JMU	1:55.54
4. Sam Harris	Drexel	1:56.06
5. Tim Norton	Mason	1:56.15
6. Gergely Nagy	Drexel	1:56.54
7. Ryan Cogdill	Towson	1:56.62
8. Fiete Stegger	Davidson	1:56.99
9. Josh Fowler	JMU	1:57.38
10. Matt Wolff	W&M	1:58.01

200-Yard Freestyle

1. Cem Pasaoglu	Drexel	1:43.37
2. Tom Koucheravy	Mason	1:43.59
3. Adam Blomberg	Delaware	1:43.69
4. Patrick Frisk	ODU	1:43.78
5. Nick Duda	W&M	1:43.95
6. Chris Will	Towson	1:44.11
7. Fiete Stegger	Davidson	1:44.20
8. Joe Houchin	Mason	1:44.27
9. Matt Shoulders	W&M	1:44.67
10. Scott Rhodes	W&M	1:44.76

100-Yard Breaststroke

1. Bruce Thomas	W&M	57.42
2. Daniel Lundberg	ODU	58.44
3. Jeff Clark	W&M	58.93
4. Gergely Nagy	Drexel	58.99
5. Wilson Trotter	UNCW	59.16
6. David Cooper	Mason	59.43
7. Bob Brofft	W&M	1:00.07
8. Brian Freitag	JMU	1:00.47
9. Matt Layne	UNCW	1:00.51
10. Jeffery Dockins	UNCW	1:00.68

400-Yard Individual Medley

1. Tim Norton	Mason	4:04.40
2. Nate Tschohl	ODU	4:08.21
3. Joe Houchin	Mason	4:08.32
4. Sam Harris	Drexel	4:09.58
5. Brian Freitag	JMU	4:09.79
6. Andres Buitrago	UNCW	4:12.75
7. Alex Jendzejec	W&M	4:13.29
8. Mitch Dalton	JMU	4:13.33
9. Will Broughton	Davidson	4:13.60
10. Michael DeNise	ODU	4:14.40

500-Yard Freestyle

1. Tom Koucheravy	Mason	4:33.17
2. Cem Pasoglu	Drexel	4:38.51
3. Will Broughton	Davidson	4:41.28
4. Kevin Norman	UNCW	4:42.66
5. Scott Rhodes	W&M	4:44.06
6. Matt Shoulders	W&M	4:44.90
7. Zachary Wolff	Drexel	4:46.30
8. Joe Moore	JMU	4:47.05
9. Adam Blomberg	Delaware	4:47.45
10. Michael DeNise	ODU	4:47.64

200-Yard Breaststroke

1. Adam Goldstein	Delaware	2:02.13
2. Brendan Spencer	Delaware	2:02.23
3. Cory Sanderson	Delaware	2:02.75
4. Bruce Thomas	W&M	2:07.63
5. Brian Freitag	JMU	2:07.78
6. David Cooper	Mason	2:08.54
7. Gergely Nagy	Drexel	2:08.87
8. Michael Mazza	Drexel	2:10.43
9. Bob Brofft	W&M	2:11.03
10. Daniel Abbott	Delaware	2:11.06

One-Meter Diving

1. Justin Bates	Mason	487.85
2. Dean Berman	UNCW	351.75
3. Steve Reustle	Drexel	288.83
4. John Appleman	Mason	264.00
5. Tom Dingus	ODU	247.85
6. Noah Scully	ODU	239.10
7. Nick Fugazy	Towson	215.48
8. Stephen Corey	Charleston	213.10
9. Ian Djuric	Mason	210.75
10. Daniel Wood	Drexel	208.42

1,650-Yard Freestyle

1. Tom Koucheravy	Mason	15:50.08
2. Kevin Norman	UNCW	16:16.31
3. Michael DeNise	ODU	16:17.40
4. Will Broughton	Davidson	16:18.48
5. Nate Tschohl	ODU	16:25.44
6. Joe Moore	JMU	16:39.68
7. Jimmy Cule	Charleston	16:40.19
8. Joe Virion	Delaware	16:45.20
9. Matt Shoulders	W&M	16:47.49
10. Phil Cancila	Drexel	16:50.78

100-Yard Butterfly

1. Eric Druker	W&M	50.61
2. Joe Houchin	Mason	52.03
3. Nathan Chessey	UNCW	52.08
4. Evan Elsaesser	W&M	52.09
5. Ben Sonley	Towson	52.40
Fiete Stegger	Davidson	52.40
7. Ben Pulskamp	UNCW	52.52
8. Martin Lundgren	ODU	52.62
9. Ian Smith	ODU	52.65
10. Michael Mierkowski	Drexel	52.67

Three-Meter Diving

1. Justin Bates	Mason	340.35
2. Dean Berman	UNCW	335.05
3. John Appleman	Mason	280.80
4. Steve Reustle	Drexel	276.08
5. Tom Dingus	ODU	260.17
6. Noah Scully	ODU	224.92
7. Daniel Wood	Drexel	213.00
8. Nick Fugazy	Towson	212.55
9. Nick Tschohl	ODU	197.10
10. Ian Djuric	Mason	195.82

Academics and Athletics

A blend of high-caliber academics and strong Division I athletics at William and Mary has long been a factor for high school student-athletes as they consider where to continue their education. For many swimmers, the fact that William and Mary is academically on par with schools such as Harvard, Yale and Princeton, but much more laid back in atmosphere, is one of the biggest draws. The swimming and diving teams not only exemplify that healthy balance between academics and athletics, but take it to the next level.

The squad has traditionally boasted one of the highest average GPAs among the College's 23 varsity sports teams. Recently, a Tribe butterflyer was honored as a Rhodes scholar, one of the most prestigious academic awards in the country.

Paul Larsen was named a Rhodes Scholar in December of 1999 following his graduation in June. Larsen graduated with highest honors in physics and held a minor in mathematics. He was a member of Phi Beta Kappa, the national honor society, and Omicron Delta Kappa, the national collegiate society for student leaders. In addition, Larsen was one of an elite group of James Monroe Scholars at W&M, a program which grants such honorees \$2,000 for independent study. Larsen is currently enrolled at Oxford University, where he is studying to receive his bachelor's degree in mathematics.



Rhodes Scholar Paul Larsen

As a member of the Tribe swimming and diving program, Larsen was a key contributor in the butterfly events and was the top butterflyer on the squad as a freshman. His fastest time in the 100 butterfly, 52.75, stands among the top-15 times in school history.

Reflecting on his undergraduate experience, Larsen said, "Throughout my time at William and Mary, I got a strong sense that education was to be holistic, incorporating community service, activism,



Erin Clark
CAA Commissioner's Academic Award Honoree
Every Season at W&M

and, for many, athletics. One of the great things about William and Mary is that I could pursue an intense academic course while competing in a Division I sport."

Larsen's achievements were not an isolated case of academic success by a Tribe swimmer. Recent graduate Josh Osterberg, the holder of the school record in the 400 IM and the 100 backstroke, graduated from the College Magna Cum Laude in 2001. He then began his pursuit of a doctorate of ecology at Duke University, studying chemical ecology at deep-sea hydrothermal vents. He has been on several Alvin dives to the bottom of the ocean and has also had several works



Evan Elsaesser
Monroe Scholar

published since graduation.

Additionally, twin brothers Cihan and Sarp Akcay graduated with the Class of 2002, earning highest honors in physics with GPAs near the perfect 4.0 mark. Each received the prestigious award of induction into the Phi Beta Kappa honor fraternity as the two continued their education in physics at the graduate level with Cihan attending the University of Seattle, and Sarp the University of Texas at Austin.



Co-Captain Robyn Kondrad
Five-Time Dean's List Honoree

The squad continues to carry on the tradition of strong academics into the 2004-05 school year. The teams boast nearly a dozen athletes who have been selected to the Dean's List and many more have earned the CAA Commissioner's Academic Award, for which athletes must have at least a 3.2 grade point average while lettering in a varsity sport. Several athletes on each team are also Monroe Scholars, a unique program at the College which recognizes the most academically distinguished undergraduates and affords them grants to conduct summer research. Aside from these distinctions, the team's student-athletes accrue many other unique honors. Laura Hodulik and Kristen Slack were honored with SAAC's Academic and Athletic Provost Award while Robyn Kondrad, recipient of the Howard Hughes Medical Institute Research Grant, has been published in the journal *Psychopharmacology*. The Tribe freshmen always join the squad accomplished both in the pool and in the classroom and this year's crop is no different, with Academic All-Americans, National Honor Society members and National Merit Commended scholars joining the team. After accruing a wealth of individual accolades for their outstanding scholastic achievements the newcomers are primed for success not only athletically but also academically at W&M.



Kristen Slack
SAAC Academic and Athletic Provost Award Winner

With several individuals receiving credit for high academic achievements, a testament to the team's academic success lies in the team's GPA. Both the men's and women's squad finished the year with combined GPAs over the 3.0 mark, earning Academic All-America team honors. It is the tenth honor in the past 13 seasons for the squads.

As the swimming and diving teams continue to reach greater heights in their athletic achievements, they seek new levels of academic accomplishments. The success of the team's student-athletes demonstrates the effective balance of top-notch academics with Division I athletics. The swimming and diving team is a model of the William and Mary athletics department's commitment to excellence not only in athletics, but in academics as well.

Team Academic All-America Honors
1989, 1991, 1992, 1994, 1995, 1996, 19997,
1998, 2003, 2004

Colonial Athletic Association



The Colonial Athletic Association celebrates its 20th Anniversary in 2004-05, proud of its past and excited about the future.

Boasting a roster of 10 (soon to be 12) well-respected academic institutions, the CAA has established itself as one of the nation's top collegiate conferences. On the playing field, the league has produced 16 national team champions in five different sports, 33 individual national champions, 11 national coaches of the year, 11 national players of the year and 12 Honda Award winners. The CAA has consistently ranked among the top 15 in the Sears Directors Cup standings and has been the nation's top-ranked Division I non-football conference in recent years.

Even more impressive, however, are the honors accumulated away from competition, which include five Rhodes Scholars and 16 NCAA post-graduate scholars. Last year, the CAA had eight CoSIDA Academic All-Americans, including five who were selected to the first team. Over 1,200 CAA student-athletes posted at least a 3.2 grade point average while lettering in a varsity sport and received the CAA Commissioner's Academic Award in 2003-04.

With a geographic footprint that currently stretches from the shadow of the Statue of Liberty to the beaches of North Carolina, the landscape of the conference includes four of the nation's top 25 media markets – New York (1), Philadelphia (4), Washington, D.C. (8) and Baltimore (24). That reach will expand even wider in 2005 with the addition of Georgia State University in Atlanta and Northeastern University in Boston, giving the CAA a presence in five of the nation's nine largest metropolitan areas.

The CAA conducts championships in 21 sports. Male athletes compete for championships in baseball, basketball, cross country, golf, lacrosse, soccer, swimming & diving, tennis, track & field and wrestling. Female athletes battle for conference titles in basketball, cross country, field hockey, golf, lacrosse, soccer, softball, swimming & diving, tennis, track & field and volleyball.

In men's basketball, the CAA has earned a reputation as a "giant killer" in the NCAA Tournament. Since 1981, CAA schools have posted 12 wins over higher-seeded teams. Last year, seven of the league's 10 teams were among the top 140 in the RPI and four were ranked in the top 100. In women's basketball, the CAA ranked ninth among the nation's 31 conferences in 2003-04. Perennial power Old Dominion has captured three national championships (1979, 1980, 1985) and reached the title game again in 1997.

The conference has also excelled in many other sports. CAA squads have won 10 field hockey national titles since the championship began in 1981, which is not only more than any other conference but represents nearly half of all titles won. In baseball, at least two CAA teams have earned NCAA Tournament berths for seven consecutive seasons. The CAA is annually ranked among the nation's top 10 conferences in men's and women's soccer, and has traditionally sent multiple teams to the NCAA Tournament. The conference finished the 2003-04 campaign with teams ranked among the top 25 nationally in cross country, field hockey, men's soccer, wrestling, softball, men's and women's tennis and men's and women's lacrosse.

CAA member institutions are also committed to excellence in the classroom. The Colonial Academic Alliance was created in 2002 by the league's presidents with a goal of expanding their partnership to all aspects of university life outside of intercollegiate athletics. Among the programs already established are an undergraduate research conference, coordination of study abroad programs and granting visiting academic status to student-athletes traveling to an away contest so that they have access to libraries, academic resource centers and computer labs.

In 2002, two faculty members from CAA institutions were awarded academia's most coveted distinction – the Nobel Prize. John B. Fenn, a research professor in the Department of Chemistry at Virginia Commonwealth University, received the Nobel Prize for chemistry, and Vernon Smith, a professor of economics and law at George Mason University, shared the Nobel Prize in economic sciences.

Under the direction of Commissioner Thomas E. Yeager, who has guided the CAA since its inception, the league currently includes 10 members and will expand to 12 in 2006. Core members George Mason University, James Madison University, the University of North Carolina at Wilmington, Old Dominion University, Virginia Commonwealth University and the College of William and Mary were joined by the University of Delaware, Drexel University, Hofstra University and Towson University in 2001. Northeastern University will become a member of the conference in July, 2005 and Georgia State University will join the league in July, 2006.

From all-star athletes to Nobel prize winning faculty, the CAA takes great pride in producing performers who stand out both on the playing field and in the classroom.

Tribe CAA Champions

Men

Craig Birgfeld	100 Free	46.62	1993
Josh Osterberg	200 Back	1:50.97	1998
Mike Lovett	100 Free	45.39	1999
Robinson/Maholchic/ Hodgson/Lovett	400 Free Relay	3:01.78	1999
Mee/Gowetski/Sinder/ Lovett	400 Medley Relay	3:22.18	1999
Rusty Hodgson	50 Free	20.59	2000
Jon Lin	200 Fly	1:50.72	2002
Bruce Thomas	100 Breast	56.83	2002
Dan Gowetski	200 Breast	2:03.86	2002
Eric Druker	100 Fly	50.15	2004

Women

Kathy Welch	100 Fly	59.76	1986
Amy Johnson	200 Fly	2:10.63	1986
Diane Vallere	1650 Free	17:32.24	1986
Kathy Welch	200 IM	2:11.42	1986
Pat Olivo	200 Fly	2:11.13	1987
Scotia Miller	1650 Free	17:32.93	1987
Amy Johnson	200 Fly	2:10.23	1988
Alison Wohlust	200 Free	1:56.78	1989
Karen Laslo	1650 Free	17:16.24	1989
Johnson/Wohlust/ Hughes/Newman	400 Free Relay	3:37.36	1989
Wohlust/Vallere/ Johnson/Laslo	800 Free Relay	7:53.29	1989
Harms/Brooks/ Wilcox/Armstrong	400 Medley Relay	3:58.16	1991
Kristen Schnittger	100 Breast	1:04.25	1996
Upshaw/Schnittger/ Wimberly/Grauman	200 Medley Relay	1:47.64	1997
Lisa Wimberly	100 Fly	57.02	1998
Fenix/Schnittger/ Wimberly/Grauman	200 Medley Relay	1:47.73	1998
Ruth Anne Miller	200 IM	2:05.34	2000
Kerrie Fineran	50 Free	24.15	2001
Alyssa Lengle	200 free	1:51.96	2001
Liz Koch	100 Fly	56.63	2002
Boles/Miller Bodine/Lengle	800 Free Relay	7:36.58	2002
Liz Koch	200 Fly	2:06.26	2003
Ruth Anne Miller	100 Breast	1:03.71	2003
Ruth Anne Miller	200 Breast	2:16.32*	2003
Ruth Anne Miller	200 IM	2:03.29*	2003

* Championship Meet Record

Athletic Administration



Terry Driscoll **Director of Athletics**

With an extensive resumé that includes four years as a student-athlete, a professional playing career and numerous jobs in the athletic business world, Edward C. "Terry" Driscoll is entering his eighth year as the athletics director at the College of William and Mary.

Driscoll's tenure has seen a wealth of improvements across the board in the W&M athletics department, from new facilities to increased fundraising for the Tribe. In addition, the Tribe has reached all-time highs in the annual Director's Cup rankings that summarize excellence in all sports.

Upon the death of legendary Tribe athletics director John Randolph, W&M president Timothy J. Sullivan chose Driscoll to be the new leader of the department, saying "Terry brings outstanding management and leadership skills to the position."

Since Driscoll took over as athletics director,

he has overseen the construction of more than \$6 million in facilities, including the new Plumeri Park (baseball), Albert-Daly Field (soccer, lacrosse) and the Busch Courts (tennis). Driscoll has also increased the annual fundraising totals for non-capital projects from \$1.36 million in 1995 to around \$2.7 million currently. He also has served on numerous conference and NCAA committees, including a stint as president of the Atlantic 10 Football Conference.

The Tribe has also had outstanding success across the board since Driscoll came to Williamsburg. In 2002-03, W&M had a school-record 10 teams compete in the NCAA Tournament. Four teams won conference titles, while six were in the top 25 at the end of their respective seasons. One of the department's goals each year is to finish in the top 100 in the annual Director's Cup rankings, and that has happened in all but one of the years that Driscoll has been the AD, with a high ranking of 42 occurring in 1997. In addition, W&M had captured 76 CAA Championships coming into the 2003-04 school year, by far the highest total among all conference schools.

Driscoll's leadership skills were developed in his collegiate years. As a student-athlete at Boston College, Driscoll captained the basketball team to the National Invitation Tournament championship game as a senior, and was named the tournament MVP. In addition to being named an All-American, his success in the classroom with a major in biology garnered him an Academic All-America honor.

After graduating from BC, he was the fourth pick of the NBA Draft, selected by the Detroit Pistons, just three picks after the Milwaukee Bucks chose UCLA's Lew Alcindor, later to be

known as Kareem Abdul-Jabbar. Driscoll chose to play a year in Italy first, but then returned to the U.S. to play for the Pistons, Washington Bullets and Milwaukee Bucks before going back to Italy as a player and coach until 1980.

Driscoll then entered the corporate world in 1980, working for Kazmaier Associates, Inc., an international sporting goods sales and sports marketing firm. After Kazmaier purchased Bike Athletic in 1986, KSG Inc. was formed with the objective of becoming the first, and only, national sales agency in the sporting goods industry. By 1987, Driscoll was president of the company and had expanded the agency to all 50 states just two years later. In early 1990, Driscoll's contribution to a marketing research project for the NCAA was the initial step moving him from product marketing and sales to sports marketing and management. The result of the project was a joint venture between Kazmaier Associates and Host Communication - with Driscoll being named managing director and chief operating officer of NCAA International.

In 1993, Driscoll diversified his experience in the athletic world by working as the executive director of the 1994 World Cup site in Boston. In September of that year, Driscoll was again enlisted to launch a new business, Eagle International Group, an event management and services company. As vice president, Driscoll worked with Hawaii Pacific Sports as well as organizing the Women's World Volleyball Grand Prix, a five-week competition in Honolulu.

Driscoll resides in Williamsburg with his wife, Susan. The couple has two children - Keith, 28, a 1997 graduate of Holy Cross and Leslie, 24, a 2001 graduate of William and Mary.



Barbara Blosser **Senior Executive Associate AD**

After serving 12 years as the College's associate athletics director, Barbara Blosser was promoted to her current position of senior executive associate athletic director in April of 2004. Blosser started her career at William and Mary as the head women's basketball coach in 1978 and guided the Tribe to a VAIWA crown in her first season with a school-record 16 wins

(16-13). Her 1980 Tribe team (11-14) placed third, while the 1981 squad (16-16) was VAIWA runner-up. She was also at the helm during the 1984-85 season when William and Mary made the jump to NCAA Division I. Overall, she finished her coaching career with 115 wins, 84 of which came at William and Mary.

When the College's men's and women's athletic programs merged in May of 1986, she moved to administration, first serving as the Assistant to the Associate Athletics Director. Over the past 16 years, her administrative responsibilities at W&M have included the monitoring of financial aid matters, coordinating the scheduling of athletic facilities, supervision of coaches and staff and, currently, serving as the person primarily responsible for administering the day-to-day operations of the department.

From October 1992 to June 1993 and August 1995 to July 1996, Blosser also served as acting athletics director in an interim capacity. For her efforts, she was named the first recipient of the John Randolph Inspiration Award. Blosser has served on various committees such as the NCAA Strategic Planning Committee and the Colonial Athletic Association Competition

Committee.

Blosser began her coaching career at the helm of the women's basketball program at Ashland College in Ohio. During two seasons there, she led the Eagles to successive 15-7 and 16-8 ledgers. Her 1977 squad won the AIAW Region V Championship, while her 1978 team took the OASW Small College title.

A former three-sport standout at Ohio State, Blosser graduated Cum Laude in 1975 with a Bachelor of Science degree in physical education. At OSU, she was selected to both Phi Beta Kappa and Mortar Board. She competed in basketball, field hockey and tennis and captained both the basketball and field hockey squads her senior year. She went on to earn her master's degree from the University of North Carolina Greensboro in 1978. In 1993, she was selected as a member of the first class of women inducted to the Ohio State University Athletic Hall of Fame.

**“Exercise and recreation ... are as necessary as reading;
I will say rather more necessary, because health is worth more than learning.
A strong body makes the mind strong.”
—Thomas Jefferson, W&M Class of 1762**

Few colleges in America can boast of the combination of athletic and academic excellence that is found at the College of William and Mary. Each year, more than 500 Tribe student-athletes, competing on 23 Division I teams, prove that it is possible to simultaneously excel at the highest levels of athletics and academics.

Athletic Excellence

The 2003-04 season was one of the best in W&M history, as the Tribe captured six CAA titles to push its total to a dominant 76, 26 more than the next closest competitor. Seven teams competed in their respective NCAA Tournaments, highlighted by Ramon Jackson's national championship on the parallel bars. It has become typical for W&M to win at least five conference championships and send seven or more teams to the NCAA Tournament each season.

Each year the goal of the athletics department is to finish in the top-100 nationally in the NACDA Directors' Cup standings and in recent years W&M has far exceeded that standard. Punctuating this run is the College's 58th-place ranking for the 2002-03 campaign, marking the eighth time in the last 10 years that the Tribe finished in the top-four in Virginia and first or second in the

Colonial Athletic Association.

William and Mary fields Division I teams for both men and women in basketball, cross country, golf, gymnastics, soccer, swimming and diving, tennis, and indoor and outdoor track and field. There are also field hockey, lacrosse and volleyball squads for women of the College, while there are two additional sports (baseball and football) for men.

Academic Success

The Tribe's athletic accomplishments do not come at the expense of its students' academic responsibilities. 83% of all athletes earn a degree while a formidable 36 athletes have been selected Academic All-America since 1992.

In 2002-03 the CAA began a Scholar-Athlete of the Year award for each of the league's 21 sports. Not surprisingly, W&M set the pace with five athletes winning the honor, more than any other school. The College continued to set the standard in 2003-04 with another five athletes claiming the honor: Ali Henderson (women's cross country), Adam Otstot (men's cross country), Adam Hess (men's basketball), Chris Parsons (men's track and field) and Ann Schnell (women's golf).



Sydney Moody, age four, helps Laura Babcock count laps for the Tribe.

William and Mary A College of Champions

NCAA Championships (2)
Men's Tennis (2) 1947, 1948

CAA Championships (78)

Baseball (1) 2001

Men's Cross Country (11) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003, **2004**

Women's Cross Country (11) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003, **2004**

Men's Golf (1) 1985

Women's Lacrosse (1) 1992

Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000

Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003

Men's Tennis (2) 1988, 1990

Women's Tennis (17) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002, **2004**

Men's Track and Field (4) 1992, 1993, 2003, **2004**

Women's Track and Field (5) 1999, 2001, 2002, 2003, **2004**

Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001

Atlantic 10 Football Championships (3)
1996, 2001, **2004**

ECAC Championships (6)

Men's Gymnastics (2) 1992, 1994

Women's Gymnastics (4) 1999, 2001, 2002, 2003

Southern Conference Championships (48)

Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Football (4) 1942, 1947, 1966, 1970

Men's Soccer (1) 1976

Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Men's Outdoor Track and Field (12) 1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

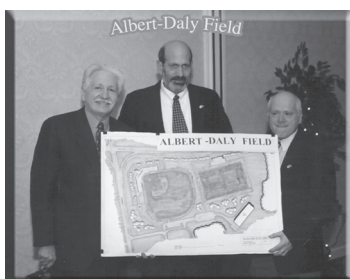
Wrestling (5) 1968, 1969, 1970, 1971, 1977

Facilities

The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.



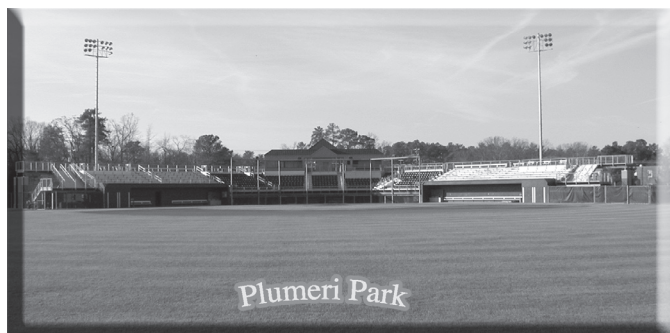
- Home of the Tribe's field hockey team
- Made possible by a generous grant from the Anheuser-Busch Corporation
- Playing surface is a unique combination of a poured pad with an AstroTurf playing surface
- Seats over 2,200
- State-of-the-art computerized lighting system and an elevated press box



- New home of the Tribe men's and women's soccer and lacrosse teams, slated to open in the fall of 2004.
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime Tribe soccer coaches Al Albert and John Daly



- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and Stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- State-of-the-art lighting system and scoreboard



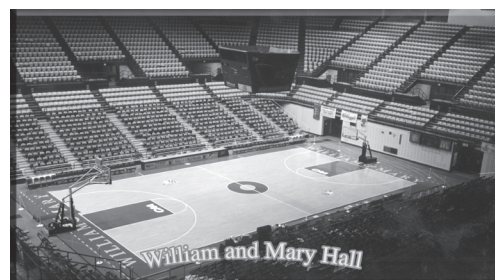
- Home of Tribe baseball-made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Locker room, box seats and concessions



- Home of the Tribe's tennis teams for the outdoor season
- One of the College's newest venues, completed in September, 2001
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for approximately 500
- State-of-the-art lighting system to accommodate night matches



- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 13,000
- Eight-lane 400 meter track surrounds the field and is home to the prestigious Colonial Relays
- Joseph Montgomery football practice facility is located adjacent to the stadium



- Home of the Tribe's basketball, gymnastics and volleyball teams
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and a gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices

Student-Athlete Support

Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.

Compliance and Academic Support

As members of the Colonial Athletic Association and NCAA Division I, the College is committed to full compliance with all NCAA and conference regulations. The department has a fulltime Director of Compliance committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor assigned by the director of Academic Advising. Students remain with this advisor until their sophomore year at which time they select a faculty advisor in their chosen major.

Within the athletic department, the Academic Support Coordinator is a valuable resource for student-athletes serving in a liaison role with the various student service offices throughout the campus community. The College has offices for Volunteer Services, Career Services, a Writing Resource Center and Oral Communication Studio, to name a few.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.



Strength, Speed and Conditioning

Tribe athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head and Assistant Strength Coach each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to assure safety at all times.

Sports Psychology

The athletic department has on staff a sports psychologist, who holds a Ph.D. in sports psychology. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance. The sports psychology consultant is considered a member of the Counseling Center and refers individuals to the Center when appropriate.



Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of a team physician, seven full time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and assure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists. Through a team approach to health care the sports medicine program can offer comprehensive health care services to the student-athletes in a caring and cooperative manner.

The College of William and Mary - The Best Small Public University in the United States

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler. The current chancellor of the College is former Secretary of State Henry Kissinger, and he took over the post from former British Prime Minister Margaret Thatcher.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy", and ranks 15th among the best regional business schools.



The Wren Building is the oldest one in the United States in which classes are still taught.

Did You Know?

- W&M is the best small public university in the nation, according to an analysis by U.S. News and World Report.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 30th overall among the nation's best universities.
- The average freshman retention rate is 96 percent.
- The College's student/faculty ratio is 12/1.
- Over 46 percent of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 17 students.
- W&M ranked 17th in graduation rates for national universities.
- Over 20,000 internships are posted on the school's web site.
- 10,400 high school students applied for 1,300 spots in the freshman class for the 2003-04 school year.
- More W&M graduates go on to earn doctorates than any other university in the state of Virginia.
- Over 83 percent of freshmen at W&M were in the top 10 percent of their high school graduating class.



Lake Matoaka provides an on-campus field laboratory and recreational activities, and includes an amphitheatre to host concerts.

In addition to the historic Williamsburg setting of the College, there are many other attractions offered within a reasonable driving distance from campus. W&M is located within three hours of Washington, D.C. Whether you like surfing at Virginia Beach (one hour away) or skiing at Massanutten (less than three hours away), there is something for everyone in the W&M vicinity.

Amusement Parks

Busch Gardens (Williamsburg, 10 min.)
Water Country (Williamsburg, 10 min.)
Kings Dominion (Ashland, 45 min.)
Ocean Breeze (Virginia Beach, 60 min.)

Sports/Concerts

Norfolk Scope (Norfolk, 45 min.)
Chrysler Hall (Norfolk, 45 min.)
Harbor Park (Norfolk, 45 min.)
Verizon Wireless Amphitheatre (Virginia Beach, 60 min.)
Hampton Coliseum (Hampton, 30 min.)
Richmond Coliseum (Richmond, 45 min.)
Richmond International Raceway (Richmond, 45 min.)
The Diamond (Richmond, 45 min.)

You can watch the sunrise at Virginia Beach (below) or watch your life pass before your eyes on one of the thrilling roller coasters at Busch Gardens (right).





W&M LEADS the WAY...

William & Mary leads the way with 76 conference championships, 26 more than the next closest school. In addition, they are among the nation's leaders in academics, graduating 85% of their student-athletes.





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