

Quick Facts / Media Information

Table of Contents

Quick Facts / Media Information	1
Rosters	2
Head Coach McGee Moody.....	3
Coaching Staff.....	4
Women's 2005-06 Outlook	5
Women's Profiles	6
Women's Freshman Profiles	11
2004-05 Women's Top Performers.....	13
Women's Record Book	14
Men's 2005-06 Outlook	15
Men's Profiles	16
Men's Freshman Profiles	19
2004-05 Men's Top Performers.....	20
Men's Record Book	21
The Colonial Athletic Association.....	22
Academics and Athletics	23
Athletics Administration	24
Tribe Athletics	25
Facilities	26
Student-Athlete Support.....	27
W&M At A Glance.....	28

Swimming and Diving Quick Facts

William and Mary

Location: Williamsburg, Virginia
 Founded: 1693
 Enrollment: 5,700
 Nickname: Tribe
 Colors: Green, Gold and Silver
 Conference: Colonial Athletic Association
 President: Gene R. Nichol (Oklahoma State, 1973)
 Director of Athletics: Terry Driscoll (Boston College, 1969)
 Athletics Department Phone: (757) 221-3340
 Mailing Address: PO Box 399, Williamsburg, VA 23187
 Street Address: One Campus Dr., Williamsburg, VA 23185

Sports Information

Director: Pete Clawson (Pittsburgh, 1990)
 Associate Director: Dan Wakely (William and Mary, 1998)
 Assistant Director: Chris Poore (Georgia Southern, 1999)
 Intern/Contact: Jacob Skipper (William and Mary, 2005)
 Office Phone: (757) 221-3344
 Cell Phone: (757) 561-3176
 E-Mail Address: jskipper@wm.edu
 Assistant to the Director: Mark Hoskins (JMU, 2003)
 Phone: (757) 221-3344
 Fax: (757) 221-3412
 Website: www.TribeAthletics.com

Coaching Staff

Head Coach: McGee Moody (East Carolina, 1997)
 Men's Record: 3-7 (.300) (One season)
 Women's Record: 6-5 (.545) (One season)
 Office Phone: (757) 221-3393
 E-Mail Address: pmmood@wm.edu
 Assistant Coach:
 Jason Memont (Rochester Institute of Technology, 2001)
 Office Phone: (757) 221-4576
 E-Mail Address: jpmemo@wm.edu
 Diving Coach:
 Dr. Robert McNamee (State University of Iowa, 1962)



2005 Captains (l to r) **Laura Hodulik, Jake Albright, Alexis Skelos, Bob Jacobson, Erin Clark.**

Media Information

The William and Mary sports information office is always interested in assisting members of the media in their coverage of Tribe swimming and diving. Updated information, including statistics and releases, can be found on the Internet at www.TribeAthletics.com. Publicity and media information for William and Mary swimming and diving are coordinated by sports information intern **Jacob Skipper**.

Photographs, feature ideas and results are always available from the William and Mary sports information office. Requests for further information should be directed to Jacob Skipper at (757) 221-3344 or by e-mail at jskipper@wm.edu.

Credits

The 2005-06 William and Mary Swimming and Diving Media Guide is a publication of the William and Mary sports information office. Layout, design and writing by sports information intern Jacob Skipper and Paul Ring. Editing by the sports information office. Photography by Pete Clawson and Bob Keroack. Printing by Colonial Printing of Richmond, Virginia.

Cover Credits

Cover designed by Mollie and Bob McClure of Shot in the Dark Studio, Richmond, Virginia. Inside front cover designed by Mark Hoskins of the William and Mary Sports Information Department.

William and Mary Swimming and Diving Schedule

Day	Date	Opponent	Location	Time
Sun.	Sept. 18	27th ANNUAL JAMES RIVER CANCER SWIM	WILLIAMSBURG	12:00 PM
Sat.	Oct. 8	TOWSON *	WILLIAMSBURG	5:00 PM
Sat.	Oct. 15	at Duke/NC State	Durham, NC	2:00 PM
Sat.	Oct. 22	ALUMNI MEET	WILLIAMSBURG	9:00 AM
Sat.	Oct. 29	at GMU */ECU	Fairfax, VA	1:00 PM
Fri-Sat.	Nov. 4-5	at ODU/DEL/NU Pod Meet *	Norfolk, VA	5:00 PM
Sat.	Nov. 12	GEORGETOWN	WILLIAMSBURG	5:00 PM
Thur-Sat.	Nov. 17-19	at Terrapin Invitational	College Park, MD	
Thur-Sat.	Dec. 1-3	at U.S. Open	Auburn, AL	
Tues.	Jan. 10	vs. Johns Hopkins	North Palm Beach, FL	9:00 AM
Sat.	Jan. 14	at College of Charleston */North Florida \$	Charleston, SC	1:00 PM
Sat.	Jan. 21	UNC WILMINGTON *	WILLIAMSBURG	2:00 PM
Sat.	Jan. 28	at Richmond \$	Richmond, VA	2:00 PM
Sat.	Feb. 4	at JMU */Davidson *	Harrisonburg, VA	1:00 PM
Wed.	Feb. 22	CAA Championships #	Fairfax, VA	
Thur.	Feb. 23	CAA Championships #	Fairfax, VA	
Fri.	Feb. 24	CAA Championships #	Fairfax, VA	
Sat.	Feb. 25	CAA Championships #	Fairfax, VA	
Thur-Sat.	Mar. 9-11	NCAA Diving Regionals	TBA	
Fri-Sun.	or 10-12			
Thur-Sat.	Mar. 16-18	NCAA Women's Championships	Athens, GA	
Thur-Sat.	Mar. 23-25	NCAA Men's Championships	Atlanta, GA	
	TBA	Senior Nationals	TBA	

* Colonial Athletic Association opponent
 \$ women's team only
 # at George Mason

Home meets in **BOLD CAPS**. All times Eastern and subject to change.
 Please check the official William and Mary website: www.TribeAthletics.com, for the most up-to-date schedule.

Rosters

Women's Roster

Name	Class	Event	Hometown	High School
Morgan Adams	Jr.	Fly/Free	Springfield, IL	Glenwood
Laura Babcock	So.	Breast/IM	Tabb, VA	Tabb
Caitlin Block	Fr.	Free	Darien, CT	Darien
Kara Bolles	Fr.	Free/IM	Essex, CT	Hopkins
Kristi Borkowski	Sr.	Free	Norristown, PA	Methacton
Rebecca Brofft	Fr.	Breast	Fairfax, VA	Thomas Jefferson Sci/Tech
Michelle Calanog	Sr.	Fly	Gainesville, VA	Paul VI
Paige Capro	Sr.	Fly/IM	Dumfries, VA	Bishop Ireton
Erin Clark	Sr.	Breast/IM	Williamsburg, VA	Jamestown
Meredith David	So.	Back	Somerdale, NJ	Triton Regional
Marina Falcone	Fr.	Free	Potomac, MD	Oakcrest School
Sara Fitzsimmons	Fr.	Free/Back	Lorton, VA	University (CA)
Alyssa Fletcher	Jr.	IM/Breast	Newport News, VA	Menchville
Samantha Greenwood	Fr.	Diving	Wildwood, IL	Warren Township
Erin Hammersley	Jr.	Free	Manassas, VA	Osborn Park
Amanda Higuchi	Fr.	Fly/IM	Glen Allen, VA	Mills Godwin
Laura Hodulik	Sr.	Diving	Mt. Laurel, NJ	Lenape
Callie Hopkins	Jr.	Free/IM	Midlothian, VA	James River
Bryanne Matthews	Sr.	Breast/IM	Rumson, NJ	Rumson-Fair Haven
Christina Monsees	So.	Free	Brewster, NY	Brewster
Whitney Pezza	Fr.	Fly	Warrenton, VA	Mercersburg Academy
Allison Poehler	Fr.	Back	Richmond, VA	Douglas Freeman
Kelly Reitz	Jr.	Breast/Fly	Chesapeake, VA	Great Bridge
Marnie Rognlien	Jr.	Free	Nokesville, VA	Liberty
Elizabeth Saari	Fr.	Diving	Lakeland, FL	Bartow
Megan Sculley	Fr.	Free	Sinking Spring, PA	Wilson
Meghan Shrader	So.	Free	Annapolis, MD	Broadneck
Alexis Skelos	Sr.	Free	Rockville Centre, NY	South Side
Jen Tan	Jr.	Fly	Centreville, VA	Paul VI
Kerry Urso	So.	Free	Haymarket, VA	Stonewall Jackson
Lindsay Young	Sr.	Free	Alexandria, VA	Annandale
Emma Zuidema	So.	Breast	North Haven, CT	Choate Rosemary Hall

Men's Roster

Name	Class	Event	Hometown	High School
Jake Albright	Sr.	Back/Free	Carlisle, PA	Carlisle
Nader Amer	Fr.	Free/Fly	Yorktown, VA	Tabb
Jason Brisson	Fr.	Breast/IM	Richmond, VA	Mills Godwin
Dan Byler	Fr.	Breast/IM	Parkersburg, WV	Parkersburg
Andrew Carberry	Jr.	Breast	Talbott, TN	Jefferson County
Joe Cin	Fr.	Diving	Hummelstown, PA	Hershey
Jeff Clark	Sr.	Breast	Virginia Beach, VA	Frank W. Cox
Jeff Collier	Fr.	Free/Back/IM	Salem, VA	North Cross
Nick Duda	Jr.	Free	Vienna, VA	Gonzaga
Evan Elsaesser	Sr.	Fly/Back	Reston, VA	Thomas Jefferson Sci/Tech
Bob Jacobsen	Sr.	Free/Fly	Williamsburg, VA	Lafayette
Alex Jendzejec	So.	IM/Free	Reston, VA	Herndon
Shane Kelsey	Fr.	Free	Baltimore, MD	Loyola Blakefield
David Mangini	Fr.	Back	Inver Grove Heights, MN	Cretin-Durham Hall
Shawn Matthews	Fr.	Free	Rumson, NJ	Fairhaven Regional
Jesse Moore	So.	Free	Annapolis, PA	Hershey
Brandon Paster	So.	Free/Diving	Fairfax, VA	Fairfax
Joey Peterson	Jr.	Fly/IM	Williamsburg, VA	Lafayette
John Savage	Fr.	Back/Free	Piedmont, CA	Piedmont
Matt Shoulders	So.	Free	Roanoke, VA	Hidden Valley
TJ Storm	Fr.	Breast	Lewisburg, PA	Lewisburg
Nick Widmyer	So.	Free	Charles Town, WV	Mercersburg Academy
Matt Wolff	Sr.	Back/IM	Annandale, VA	Annandale

Head Coach McGee Moody

McGee Moody Director of Swimming



In his first season as the Director of Swimming for William and Mary, McGee Moody led the swimming and diving teams to breakout seasons, highlighted by seven Colonial Athletic Association champions, including individual champions Meredith David (100 back), Kelly Reitz (200 breast), and Eric Druker (100 fly). As he enters his second season expectations are running high on the deck as Moody's program seems poised for even greater accomplishments.

Moody has already coached his athletes to 102 lifetime best swims, 40 all-time Tribe top 10 times, 14 U. S. Open cuts, seven school records, six top 50 national times, four Senior Nationals cuts and three CAA Performers of the Week.

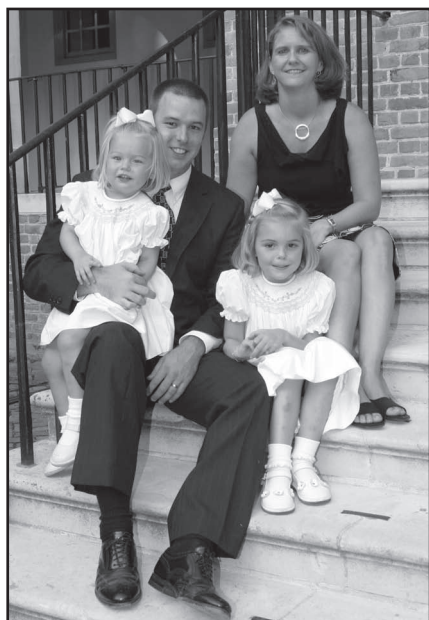
Moody led the Tribe women to the top of the CAA, breaking away from the main pack to claim a spot among the elite programs. Finishing fourth at the conference championships, the Green and Gold solidified its position 160.5 points clear of fifth place and only finished 81 behind champion George Mason. Moody led the women to a strong 5-3 record in CAA dual meets and an overall mark of 6-5 as the Tribe tested some of the premier programs on the east coast. Moody also guided the men to a solid sixth-place finish at CAAs and guided his team to key conference victories over Delaware, the College of Charleston, and a one-point, come-from-behind thriller over rival James Madison. In addition to the successes in the pool, Moody has encouraged and pushed his athletes in the classroom as well, with the women's team earning Academic All-America status (overall GPA of 2.85 or greater) in both the fall and spring semesters.

A hallmark of Moody's coaching has been the ability to attract top talent to the College, and then immediately turn that potential into championship winners and finalists. Last season, freshmen set seven W&M individual top 10 times and contributed to four relay school records, led by Meredith David, the CAA 100 Backstroke Champion. Making an immediate impact in the Tribe record book under Moody's careful guidance, David clocked a school-record 57.29 in the 100 back during the fall and followed that performance by winning two CAA titles (100 back and 400 medley relay) and combining for school records in four relays at the conference meet (200 free, 400 free, 200 medley, 400 medley). Emma Zuidema also kicked off her career strongly thanks to Moody's leadership, finishing one spot shy of medaling at CAAs in both breaststroke events, setting school top-10 times in each. Fellow rookie Christina Monsees progressed under Moody, setting the second-best time in Tribe history in the 200 free along with a top-10 time in the 100 free and combining for the 200 and 400 free relay records. On the men's side, Moody guided Alex Jendzejec to two finals qualifications in the IM events at CAAs as the freshman jumped to sixth in the school's 400 IM record book. Tony Wareck, a transfer from Fitchburg State, also benefited from Moody's coaching as the junior raced into the Tribe all-time top 10 in the 100 and 200 fly in his only season wearing the Green and Gold. For 2005-06 Moody has again assembled an elite and proven recruiting class as the eleven women and ten men carry a wealth of high school All-American and all-state credentials from stellar prep careers.

Moody came to the College after spending four seasons as an assistant men's swimming coach at the United States Naval Academy. During his tenure, Moody coached the Midshipmen's first NCAA automatic qualifier since 1996 in addition to guiding numerous NCAA, Senior National and Olympic Trial qualifiers. His 200 and 400 freestyle relay teams finished the season ranked in the top 25 of the world, and Moody also made an impact in the Navy record book, with his athletes setting all of the top 10 fastest times in school history in both the 50 and 100 freestyles. Building his athletes into academic success stories as well, Navy's men's swimming team was awarded Academic All-America honors all three seasons from 2001-2004 under Moody's direction.

A 1997 graduate of East Carolina, Moody swam on the Pirates' varsity squad for four seasons, setting several freshman records and captaining the team his junior and senior years. Moody was also an Olympic Trial qualifier in the 200 freestyle in 1992.

Moody, who earned both a bachelor's degree in psychology and masters in sports administration from East Carolina, is an active professional in the swimming community. A member of both the American Swimming Coaches Association and the College Swimming Coaches Association of America, he has served as the chair of the latter's Media Relations Committee since 2001. He and his wife Monica have two daughters: Sydney, 5, and Olivia, 2.



Women's Annual Review

Year	W-L	Conference Meet	Ind./Rel. Titles	School Records	School Top Tens
2004-05	6-5 (5-3)	4th	3	7	25

Men's Annual Review

Year	W-L	Conference Meet	Ind./Rel. Titles	School Records	School Top Tens
2004-05	3-7 (3-5)	6th	1	0	13

Coaching Staff



Jason Memont Assistant Coach

Jason Memont enters his second season as an assistant coach for the Tribe after helping guide the teams to a standard-setting season in 2004-05, helping to produce seven Colonial Athletic Association Champions, 40 school top 10 times, seven school records and 102 lifetime-best swims. Several athletes swam to personal bests under his direct guidance, including Christina Monsees, who placed fourth in the 200 free on the strength of the school's second-fastest time at that distance, 1:53.93, and Alex Jendzejec who swam 4:11.35 in the consolation finals of the 400 IM at CAAs, good for sixth place in the Tribe record books. This year promises to continue the ascension of William and Mary to the top ranks of the CAA, as Memont assisted Moody in attracting a 21-athlete recruiting class that enters as one of the most heralded in school history.

Memont joined the Tribe after spending the last two-and-a-half years as head coach of the YMCA North Shore swim team in Ipswich, Massachusetts. Overseeing all swimmers age 5 to 18, 20 of his swimmers went on to Division I programs under his guidance. He also coached five YMCA qualifiers during his tenure.

An accomplished collegiate swimmer at Rochester Institute of Technology from 1996-2001, Memont won the Empire 8 conference title in the 200 breast-stroke his senior season. He also counted two third-place finishes at conferences among his accomplishments, in the 200 IM as a junior and in the 100 breast as a senior. He raced to NCAA provisional marks in the 200 IM and 400 IM and holds five school records (200 IM and all four relays). Named varsity captain in 1999 and 2001, Memont also served as an assistant coach in his final two seasons, helping three national qualifiers. He was also a five-year member and assistant coach of RIT's nationally ranked club water polo team and made the Dean's List four times during his collegiate career.

Memont, who holds a B. S. in information technology from RIT, spent four years as a high school technology teacher at Haverill High School in Haverill, Massachusetts. While there he also served as the men's varsity tennis coach for two seasons.



Dr. Robert McNamee Diving Coach

After making an immediate impact on the Tribe diving squad on his arrival in 2000, Dr. Robert McNamee has continued to lead W&M to success from the boards. In 2003-04, he led three of his divers to top-eight finishes at the CAA Championships, while last season saw him lead Carrie Gerloff to a school record from three meters as part of a strong CAA performance. Gerloff captured the bronze medal at CAAs in the 3-meter after a school-record dive of 419.75 in prelims. She also notched two top-eight finishes against the strong field at the Terrapin Invitational and claimed nine first-place finishes in dual meets. McNamee also led Laura Hodulik, who was studying abroad during CAAs, to an impressive fifth-place performance from the 3-meter board at the Terrapin Invitational.

A diving coach since 1975, Dr. McNamee has held various other positions in the world of competitive swimming and diving, including volunteer positions with the United States Synchronized Swimming Team and the Amateur Athletic Union.

With a professional career that spans from his early years as a Dental Officer in the United States Navy through years of private practice, Dr. McNamee has amassed an impressive resume. He earned his undergraduate and dental degrees from the State University of Iowa. In 1996 Dr. McNamee was a Medical Logistics Officer for the Olympic Games in Atlanta, Georgia. Also a member of several professional organizations, Dr. McNamee is a member of the American Dental Association and the Professional Diving Coaches Association.

In addition to coaching the Tribe diving squad, Dr. McNamee works at the Old Towne Dental Clinic.

Women's 2004-05 Results (6-5, 5-3 CAA)		
O15	UMBC	W, 141-100
O22	at Towson *	L, 104-137
O23	Drexel Relays	No Scoring
O29	at GMU *	L, 100-143
O30	JMU *	W, 144-99
N5-6	ODU Pod	2-0 (1st of 3)
	at ODU *	W, 212-117
	vs. Delaware *	W, 211.5-124.5
N18-20	Terrapin Invite	6th of 11
J15	at ECU	L, 89-121
J21	at C. of Char. *	W, 127-115
J22	UNCW Tri-Meet	1-1 (2nd of 3)
	at UNCW *	L, 76-163
	vs. Davidson *	W, 124-115
J28	Richmond	L, 138-159
F23-26	CAA Champs.	4th of 10
* CAA opponent		



Men's 2004-05 Results (3-7, 3-5 CAA)		
O15	UMBC	L, 85-143
O22	at Towson *	L, 92.5-133.5
O23	Drexel Relays	No Scoring
O29	at GMU *	L, 99-136
O30	JMU *	W, 116-115
N5-6	ODU Pod	1-1 (2nd of 3)
	at ODU *	L, 139.5-194.5
	vs. Delaware *	W, 215-109
N18-20	Terrapin Invite	4th of 8
D2-3	U.S. Open	No Scoring
J15	at ECU	L, 108-126
J21	at C. of Char. *	W, 130-88
J22	UNCW Tri-Meet	0-2 (3rd of 3)
	at UNCW *	L, 59-168
	vs. Davidson *	L, 110-123
F23-26	CAA Champs.	6th of 10
* CAA opponent		

Women's 2005-06 Outlook

William and Mary enjoyed a breakout season under first-year head coach **McGee Moody**, establishing itself as one of the top teams in the Colonial Athletic Association. Serving notice that it must be considered a contender for the CAA crown, the Tribe was among a pack of four schools that broke from the field at last year's Championships. With little turnover and another strong recruiting class, the College has set its sight on its first CAA Championship. Moody has already set the bar high as his athletes captured three CAA titles and 10 medals and set seven school records and 18 additional all-time top tens in his first season. With the continued maturation of a young squad, and the influx of elite national performers, the Tribe can exceed those lofty standards this season.

Freestyle

For the second consecutive year, the sprint freestylers will be led by Tribe record-holder senior **Kristi Borkowski** and junior **Marnie Rognlien**, with a solid crop of returning swimmers and newcomers all looking to add gold medals to their collections. Borkowski is a former silver medalist in the 100 free at the CAA meet, and set the 50 free school record (23.88) at the 2005 Championships. She will be aiming for the top of the conference this season as well as for invitations to the U.S. Open and Senior Nationals. Rognlien was one of four Tribe women to earn all-conference honors as part of the 400 medley relay, and also threatened for medals in her individual events, finishing in the top six in three events. The fastest returning 100 free swimmer in the lineup, Rognlien will be called upon to be a consistent scoring threat in every meet. Sophomore **Kerry Urso** will look to continue her improvement after joining the team last year with high school All-America credentials, and will be counted on to be a solid contributor in the relay events. Two freshmen will be immediate-impact type recruits in helping provide points. Multiple-time All-America honoree **Megan Sculley** comes into the season with times that would already rank in the top three on the team, and Moody looks for her to be a threat to make the CAA Championship finals in her first season. **Kara Bolles**, a 2004 All-American, joins the program following a season that saw her help break the national prep school record time in the 200 free relay and should also make an immediate impact.



Senior **Kristi Borkowski**

Youth will be served in the middle distance freestyle, with a line-up that should be the tops in the conference. Leading the hit parade is sophomore **Christina Monsees**, fresh off a breakout season that saw her just miss medaling in the 200 at CAAs and advancing to the finals of the 100 and 200 free at the prestigious Terrapin Invitational. Junior **Erin Hammersley** will look to break through and compete at the top of the line-up, as well as earn more relay wins for the Tribe. Three freshmen round out the complement, including **Marina Falcone**, a standout athlete who will be contributing at the top of the line up in both the middle and distance events as an immediate threat to medal at the conference meet. Classmate **Sara Fitzsimmons** also brings an impressive set of times into the fall, and will challenge for points when she races. **Caitlin Block** will provide depth to the 500 line up with prep times that place her second overall on the team.

In the long distances, the Green and Gold will look to continue the great strides they made last season, led by seniors **Alexis Skelos** and **Lindsay Young**. Skelos is the fastest return-

ing Tribe swimmer in the 1650, and Young will provide depth in the 1000 free. Junior **Callie Hopkins** will try and regain her top-10 form from 2003-04 that saw her etch her name on the record book in the 500, 1000, and 1650 free, and sophomore **Megan Shrader** will look to improve on a 2004-05 season that saw her just miss qualifying for the 1650 free finals at the Terrapin Invitational. Freshmen **Block** and **Falcone** will be counted on to provide immediate points in the longer distances as well.

Breast Stroke

The breaststroke events were a strong discipline for W&M last season, as the Tribe placed four swimmers in the championship finals of the 200 at CAAs, and the team will only add to that strength this season. For the second consecutive season, the trio of seniors **Bryanne Matthews** and **Erin Clark** and junior CAA Champion **Kelly Reitz**, will lead the charge for the Tribe. Reitz carries the most momentum into the season, after winning the 200 breast in 2:18.55 and placing second in the 100 breast at CAAs in 2005. She also was undefeated in the 200 breast in the spring, and was a member of the 400 medley relay team that beat the field at CAAs by three seconds. Matthews made her third consecutive trip to the championship finals in both breast events, and also advanced to the "B" finals in both events at the Terrapin Invitational. Clark made the championship finals in three events as well, and will continue to be a top competitor in her final season for the Tribe.

Sophomore sensation **Emma Zuidema** will look to medal at CAAs after capping her rookie season with fourth place finishes in the 100 and 200 breast with times that rank her sixth on the school's all-time list. Junior **Alyson Fletcher** will aim to return to the CAA Finals and will also see time in the IM events. Sophomore **Laura Babcock** had a strong CAA performance, placing 16th in the 200 and 17th in the 100. She'll challenge for spots in the top eight this season with a year of collegiate experience behind her. Rounding out the breaststroke complement is freshman **Rebecca Brofft**, a Junior Nationals qualifier who will provide depth in the fall as she adjusts to collegiate competition, and will look to place at CAAs. Bolles will also add depth to the breaststroke events.

Butterfly

Senior **Michelle Calanog** will again look to lead the fly contingent after making a big move in the consolation finals of the 100, finishing 10th after qualifying in 16th. Calanog also set school records in the 200 and 400 medley relays at the conference meet, earning all-conference honors by winning the 400. Reitz will continue to see action in the fly, and aims to medal in the 100 after qualifying for the championship finals with the team's fastest time for the season and fifth fastest in school history (57.94). Junior **Morgan Adams** will also carry momentum from the CAAs, as she clocked personal records in the preliminaries of the fly events.

While at her best in the individual medleys, senior **Paige Capro** will continue to provide valuable depth to the fly corps, especially in the 200, where she set the school's tenth best time (2:11.45) in the season finale against Richmond. Joining her will be junior **Jen Tan**, who will continue to develop the potential she showcased in 2003-04 by making the CAA squad, and advancing out of preliminaries at the Terrapin Invitational. Two freshmen will provide immediate points for the Tribe. **Whitney Pezza** enters the fall with the team's best times in both events, and **Amanda Higuchi** brings national experience to the squad after making the YMCA consolation finals in the 200.

Backstroke

Any discussion of the College's backstroke prowess has to begin with standout sophomore **Meredith David**, a CAA Champion as a rookie. After starting her career with four straight wins in the 200, she set the school record in the 100 back (57.29) in only her third collegiate race to claim fourth at the Terrapin Invite. She will be counted on to defend her title



CAA Champion, sophomore **Meredith David**

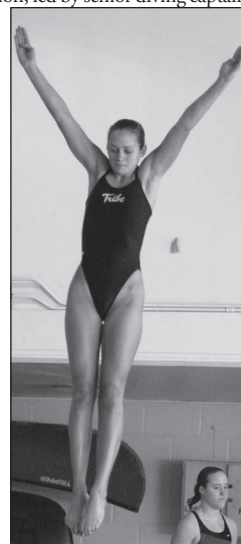
in the 100 at CAAs, and is considered a top competitor to win the 200 this year as well. David will also be an integral part of the relay teams, after helping set four school records at the CAA meet and winning the 400 medley relay. Borkowski will continue her transition into the backstroke events, which was punctuated by a CAA Finals appearance in 2005, where she set the tenth best time in school history in the 100 back. Freshman **Allison Poehler** will concentrate in the back events as well, and aim to continue the strong Tribe backstroke legacy.

Individual Medley

The individual medleys will once again be one of the pillars of strength for the squad, with a wealth of experience returning and a solid crop of freshmen coming in to learn from their examples. Capro will be counted on to continue her string of success at the CAA Meet after making the championship finals in both the 200 and 400 each of the past two years. She will also try and replicate her success at last year's Terrapin Invitational after qualifying out of the preliminaries in four events. Clark will mount an attack on the gold medal at CAAs in the 200 and 400 after placing sixth in both events at the 2005 meet. The third senior in the IM group, Matthews, will continue concentrating in the 200 and will look to make the championship cut after finishing in the consolation race at CAAs in two of the past three seasons. Hopkins has also advanced to the CAA Finals in each of the past two years and will look to step up to make the championship cut. Fletcher will be another contender at CAAs, after just missing the finals as a sophomore. The top IM freshman is Pezza, who has the speed to be a conference finalist in her first season of competition.

Diving

The diving contingent will continue to provide valuable points for the Tribe in competition, led by senior diving captain **Laura Hodulik**. She claimed ten podium finishes in the fall in the 1-meter and 3-meter disciplines, including a win in the 3-meter at the ODU Pod Meet and also claiming fifth at the Terrapin Invitational in the 3-meter. Hodulik spent the spring semester abroad and returns primed to place in the top eight of both events at the CAAs. She will be joined in the hunt by two freshmen, **Samantha Greenwood**, a district finalist in high school, and **Elizabeth Saari**, who claimed thirteenth at the Florida State Championships her senior year.



Senior **Laura Hodulik**

Women's Athlete Profiles



Morgan Adams Junior • Fly/Free Springfield, IL • Glenwood

2004-05: Steadily improved throughout her sophomore season to set several PRs at CAAs ... Swam in the 100 fly (1:01.86), 200 fly (2:12.35) and 500 free (5:25.08), setting career bests in all three events ... Clocked a then-PR of 2:12.84 to finish 22nd in the 200 fly finals at the competitive Terrapin Invitational after advancing from prelims ... Teamed for the victory in the 300 fly relay at the Drexel Relays. **2003-**

04: Concentrated in the distance freestyle and butterfly events in her freshman season ... Swam bests of 2:17.34 in the 200 fly and 5:34.10 in the 1000 free ... Earned CAA Commissioner's Academic Award. **Personal:** Daughter of Patrick and Connie Adams ... Father played football at Duquesne ... Enjoys going to the beach and reading ... Born December 27, 1984 in Monmouth, New Jersey.

Adams' Collegiate Bests

100 Fly - 1:01.86 200 Fly - 2:12.35



Laura Babcock Sophomore • Breast/IM Tabb, VA • Tabb

2004-05: Finished her freshman campaign with a strong showing at the CAAs, qualifying for the consolation finals in the 200 breast, placing 16th in the race ... Just missed advancing out of prelims in the 100 breast, swimming a PR 1:08.86 to claim 17th ... Had a solid debut at the competitive Terrapin Invite, just missing finals in the 200 breast by finishing 26th and also swimming to a solid 31st in the 100 breast ... Teamed

for the win in the 400 IM medley relay at the Drexel Relays. **Prep:** Team MVP her senior year ... Sectional finalist in the 200 IM and 200 breast as a junior ... Finished in the top three at states in all four years ... AA state record holder in the 200 free relay ... Lettered four times for coach Dave Henderson ... Scholastic All-American ... Member of chorus and key club. **Personal:** Daughter of Dale and Fay Babcock ... Enjoys music and scuba diving ... Brother Lyle swims at NC State ... Born April 24, 1986 in Chattanooga, Tennessee.

Babcock's Collegiate Bests

100 Breast - 1:08.86 200 Breast - 2:27.12 200 IM - 2:17.95



Kristi Borkowski Senior • Free Norristown, PA • Methacton

2004-05: Had a major performance at the conference meet, setting four school records and placing herself in the all-time top 10 in two other events ... Clocked W&M's all-time fastest time in the 50 free with a 23.88 in CAA prelims, qualifying for the championship finals where she claimed fifth ... Combined for three relay school records at the meet, including the 200 free (1:36.79), 400 free (3:31.23) and 200 medley

(1:46.46), helping the team finish fifth, fourth and fourth, respectively ... Swam a 52.70 in the CAA prelims of the 100 free, fourth in the Tribe record books, to advance to the championship finals where she claimed eighth ... Addition of the 100 back to her repertoire culminated with a 14th-place finish in the event at CAAs, swimming a 1:00.08, 10th in the Tribe record books, in the consolation finals ... Claimed seventh in the A-Finals of the 50 free at the Terrapin Invitational ... Clocked a 52.95 in the prelims of the 100 free at the prestigious meet to finish one spot shy of the final transfer spot for the A-Finals ... Finished 15th overall in the 100 free at the meet after swimming in the consolation race ... Earned four wins in the 50 free and one in the 100 free in dual meets, including a sweep of the two sprint freestyles vs. Mason ... Teamed for seven relay wins. **2003-04:** Swam to eighth place in the finals of the 50 free at the CAA Championship (24.30 in prelims) ... Also advanced from prelims at the CAA meet in the 100 free to finish 14th overall ... Timed a 53.06 at the Terrapin Invitational in the 100 free prelims to move to fourth on the all-time performers list in the event ... Achieved

two top-15 finishes at the competitive Terrapin Invite, claiming 14th in the 50 free and 15th in the 100 free ... Swept the 50 and 100 free vs. George Mason ... Also won the 50 free at the UMBC tri-meet and the 100 free against Duke ... Part of four winning relays in dual meets. **2002-03:** Finished second in the 100 free at CAAs with a time of 53.43 (53.09 prelims) ... Achieved a 15th-place finish in the 50 free at CAAs (24.97/24.85 prelims) ... Broke into the all-time top performers list at fourth in the 100 free and 10th in the 50 free ... Swam the fastest time on the squad in the 50 free and second-fastest in the 100 free ... Achieved three first place finishes in the 50 free and two first places finishes in the 100 free in dual meets. **Prep:** All-state honors and school record holder in both the 50 and 100 freestyle ... Involved in Key Club and St. John's Youth Group. **Personal:** Daughter of Edward and Beverly Borkowski ... Mother was a synchronized swimmer at Millersville University ... Majoring in kinesiology ... Born on March 12, 1984 in Abington, Pennsylvania.

Borkowski's Collegiate Bests

50 Free - 23.88 100 Free - 52.70 100 Back - 1:00.08



Michelle Calanog Senior • Fly Gainesville, VA • Paul VI

2004-05: CAA Champion in the 400 medley relay, combining for a school-record 3:50.09 to claim all-conference honors ... Also teamed for the Tribe record in the 200 medley relay at the meet, clocking a 1:46.46 for fourth place ... Qualified for the consolation finals of the 100 fly at CAAs, improving upon her 16th seed to claim 10th overall ... Also competed in the 200 fly and 100 back at CAAs, finishing in the top 25 in

each ... Advanced from prelims at the competitive Terrapin Invite to claim 24th overall in the 200 fly ... Won the 100 fly against Richmond ... Teamed for the win in the 400 medley relay at the Drexel Relays. **2003-04:** Advanced from the prelims in two events at the CAA Championship ... Impressed by claiming sixth in the 100 fly at the CAA meet ... Also swam to third in the consolation race of the 200 fly at CAAs, placing 11th overall ... Had a solid meet at the Terrapin Invitational, advancing from prelims in both the 100 and 200 fly, finishing 14th and 19th, respectively ... Won the 200 fly against George Mason. **2002-03:** Fifth-place finisher in the 100 fly at CAAs with a time of 58.39 (57.97 prelims) ... Placed eighth

in the 200 fly at the conference championships, swimming an impressive 2:07.94 in prelims ... Second-fastest 100 and 200 butterfly times for the Tribe ... Broke into the all-time top performers list at fifth in both the 100 fly (57.97) and 200 fly (2:07.94) ... Achieved four top-three finishes in butterfly events in dual meets. **Prep:** Four year letter winner at Paul VI ... MVP and captain her senior year ... French Honor Society. **Personal:** Daughter of Marc and Juliet Calanog ... Brother Jason swam at West Virginia ... Enjoys shopping, bowling and crocheting ... Born on March 17, 1984 in Arcadia, California.

Calanog's Collegiate Bests

100 Fly - 57.97 200 Fly - 2:07.94



Senior Michelle Calanog



Paige Capro Senior • Fly/IM Dumfries, VA • Bishop Ireton

2004-05: Qualified for the championship finals of two events at CAAs, scoring with a pair of seventh-place finishes in the 200 IM and 400 IM ... Timed a 2:11.45 to finish second in the 200 fly against Richmond, the 10th-best time in Tribe history ... Had a strong showing at the competitive Terrapin Invitational, advancing to the finals of four events ... Best finish of 13th came in the 400 IM where she clocked a personal record 4:35.10 to take 13th and improve her own fourth-place time in the school record books

... Also finished 14th in the 200 IM and 24th in the 100 fly ... Claimed two events wins vs.

Women's Athlete Profiles

JMU, the 200 fly and 200 IM ... Also won the 200 IM vs. Towson and the 400 IM at the ODU Pod Meet and against Charleston ... Teamed for two relays wins. **2003-04:** Claimed two top-eight finishes at the CAA Championships, coming in the 200 IM and 400 IM ... Advanced to the A-Finals of the 200 IM at the Terrapin Invitational, swimming to eighth ... Jumped to fifth in the Tribe record book in the 200 IM with time of 2:09.07, coming in the prelims at the Terrapin Invite ... Clocked the fourth-best 400 IM time in school history (4:35.13) in the prelims of the Terrapin Invitational, where she advanced to the consolation race to place 14th overall ... Won the 200 IM in W&M's wins over Towson and James Madison. **2002-03:** Runner-up in the 500 free against GMU ... Broke into record book at 10th in the 1650 free by swimming 18:07.60 at the Terrapin Invitational. **Prep:** Holds five team records and was Bishop Ireton's MVP ... Received United States Swimming Excellence Award and Virginia Swimming Excellence Award ... National Honor Society ... Ski Club ... Volunteered for Meals on Wheels and a Senior Citizens Home. **Personal:** Daughter of Rex and Phylis Capro ... Father swam at Rutgers University ... Enjoys running, reading and photography ... Born on June 3, 1984 in Oak Harbor, Washington.

Capro's Collegiate Bests

200 Fly - 2:11.45 200 IM - 2:09.07 400 IM - 4:35.10



Senior **Paige Capro**



Meredith David Sophomore • Back Somerdale, NJ • Triton Regional

2004-05: Phenomenal rookie campaign highlighted by CAA Championship in the 100 back and five Tribe records ... Won the 100 back at CAAs, defending her No. 1 seed from the regular season with a 57.35 in the finals ... Also combined for the CAA title in the 400 medley relay, teaming for a school-record 3:50.09 ... Also set Tribe records in the team's fourth-place 200 medley relay (1:46.46), fourth-place 400 free relay (3:31.23) and fifth-place 200 free relay (1:36.79) at CAAs ... Qualified for the championship finals of the 200 back at CAAs, nearly medaling with a fourth-place performance ... Blazed to fourth in the A-Finals of the 100 back at the elite Terrapin Invitational, clocking a school record 57.29, the top time in the CAA during the year ... Also claimed a strong 11th in the 200 back at the Terrapin meet ... Won the 200 back in her collegiate debut vs. UMBC then reeled off three more consecutive wins in the event ... Also won her debut in the 100 back at the ODU Pod Meet then reeled off three consecutive wins in the event in winter dual meets ... Timed a 2:06.20 in 200 back win vs. GMU, the third-fastest time in Tribe history ... Teamed for eight relay wins. **Prep:** Second-team all-state in the 100 back junior and senior season ... Twice first-team All-South Jersey in the 100 back ... First-team all-conference in the 100 back all four seasons ... Runner-up at states in the 100 back as a junior and senior ... Made the Junior Nationals cut in the 100 and 200 back ... Lettered for four years for coaches Erin Sheehan and John Carroll ... National Honor Society member. **Personal:** Daughter of Russell and Carol David ... Enjoys reading and listening to music ... Expects to major in biology ... Father played football at Lafayette ... Born April 18, 1986 in Philadelphia, Pennsylvania.

David's Collegiate Bests

100 Back - 57.29 200 Back - 2:06.20 50 Free - 25.05



Erin Clark Senior • Breast/IM Williamsburg, VA • Jamestown

2004-05: Qualified for the championship finals of three events at the CAAs ... Claimed sixth in both IMs at conference, setting the seventh-best time in school history (2:10.14) in the 200 IM prelims ... Placed eighth in the 200 breast ... Swam in the consolation race of two events at the Terrapin Invite, finishing 15th in the 400 IM and 16th in the 200 IM ... Also finished 22nd in the 100 breast at the competitive meet after advancing from prelims ... Teamed for the win in the 400 IM medley relay at the Drexel Relays ... Garnered eight podium finishes for the season. **2003-04:** Continued to be a strong contributor at CAAs with two top-eight finishes ... Captured fourth in the 400 IM at conferences with a sterling 4:31.34, the second-best time in Tribe history ... Also claimed eighth at CAAs in the 200 breast with a 2:24.11, the fifth-best time in school history ... Finished 20th overall in the 500 free at CAAs ... Had a strong meet at the Terrapin Invitational, qualifying for two consolation races ... Claimed 13th in the 1650 free and 16th in the 200 breast at the competitive meet ... Continued streak of earning CAA Commissioner's Academic Award every year at W&M. **2002-03:** Blazed onto the all-time top performers list in the 400 IM, landing a spot at second after swimming a 4:31.61 in prelims at CAAs ... Finished fifth in the 400 IM at CAAs ... Finished 12th and 14th, respectively, in the 500 free (5:08.04) and mile (17:56.67) at conferences ... That 500 free time placed her sixth all-time in the event in the Tribe records ... Placed eighth at the Terrapin Invitational in the mile (17:43.55) ... Ended year fourth all-time in the mile (17:43.55) and eighth all-time in the 1000 free (10:42.19) ... Achieved 10 top-three finishes throughout the dual meet season ... Swam fastest times on the squad in the 500 free, 1000 free and 1650 free and the second-fastest time on the team in the 400 IM. **Prep:** 2001-02 Academic All-American ... Four-time all-state selection ... Captain of club team for two years ... National Honor Society ... School yearbook editor ... Volunteered with Special Olympics. **Personal:** Daughter of Jerome and Patricia Clark ... Majoring in accounting ... Sister Kelly participated in archery at James Madison ... Born on May 9, 1984 in Newport News, Virginia.

Clark's Collegiate Bests

500 Free - 5:08.04 200 Breast - 2:24.11 200 IM - 2:10.14
400 IM - 4:31.34



Alyson Fletcher Junior • IM/Breast Newport News, VA • Menchville

2004-05: Swam at CAAs in three events, just missing the finals cut in the 200 and 400 IM ... Placed 17th in both, one slot away from the advancing into the finals ... Advanced from prelims to the consolation race in two events at the competitive Terrapin Invitational, claiming 17th in the 200 breast and 20th in the 400 IM ... Teamed for the win in the 400 medley relay vs. JMU. **2003-04:** Impressive rookie campaign included two top-16 finishes at CAAs ... Swam to third in the 200 breast consolation race at CAAs to place 11th overall ... Clocked a 2:26.71 in that effort, just a tenth of a second off cracking the Tribe all-time top-10 performers list ... Also claimed 12th in the 200 IM at conferences with a 2:11.40 ... Qualified out of prelims in two events at the Terrapin Invitational, with a best of 13th in the 200 IM ... Also swam to 22nd in the 200 breast at the Terrapin Invite. **Prep:** Four varsity letters in swimming ... AAA state finalist in 200 IM ... Four-time AAA state qualifier ... Four time AAA Eastern region qualifier ... Member of Menchville's record-holding 400 free relay team that took third at AAA state championships ... Scholastic All-American ... Three-time Virginia Zone team member ... Captain of Coast Guard Blue Dolphins Section Team that won 2003 Eastern Zone Speedo Championships ... Also won Coast Guard Blue Dolphins competitive spirit award ... Member of National Honor Society and French Honor Society ... Was an editor and photographer for yearbook. **Personal:** Daughter of Allan and Constance Fletcher ... Sportswriter for W&M yearbook ... Enjoys art, photography and movies ... Born July 18, 1985 in Hampton, Virginia.

Fletcher's Collegiate Bests

100 Breast - 1:09.46 200 Breast - 2:26.37 200 IM - 2:11.40

Women's Athlete Profiles



Erin Hammersley Junior • Free Manassas, VA • Osbourn Park

2004-05: Made the CAA squad in her first season of collegiate swimming, competing in the 100, 200 and 500 free and 800 free relay ... Developed into a consistent scorer for the team in dual meets, and notched three podium finishes in the 500 free, including runner-up honors vs. Towson ... Teamed for five relay wins in first season of collegiate competition.

2003-04: Redshirted. **Prep:** Claimed eighth place in the 200

free at states ... Runner-up at regionals in 200 free ... 2003 district champion in the 200 and 100 free ... *Washington Post* Swimmer of the Year in 2003. **Personal:** Daughter of Robert and Sandra Hammersley ... Mother played basketball and tennis at Longwood ... Enjoys going to the beach and watching movies ... Expects to major in English ... Born July 13, 1985 in Fairfax, Virginia.

Hammersley's Collegiate Bests

100 Free - 55.23 200 Free - 1:58.92 500 Free - 5:19.38



Laura Hodulik Senior • Diving Mt. Laurel, NJ • Lenape

2004-05: Spent the spring semester abroad, studying in Spain ... Advanced to the finals of the 3-meter dive at the competitive Terrapin Invitational, claiming fifth ... Won the 3-meter dive at the ODU Pod Meet ... Set a personal record of 217.05 in the 1-meter vs. George Mason ... Racked up 10 podium finishes between the 1- and 3-meter dives. **2003-04:** Dove to two solid finishes at CAAs, including ninth in the 3-meter,

one spot shy of advancing to the finals ... Also placed 13th in the 1-meter dive at conferences ... Claimed eighth in the finals of the 1-meter dive at the Terrapin Invitational ... Notched runner-up honors in the 1-meter dive vs. Towson and also dove to a solid third in the 3-meter at the Davidson Quad Meet. **2002-03:** Top Tribe finisher in the 3-meter event at the CAA Championships, placing ninth with a score of 342.25 ... Tallied a 176.50 in the 1-meter to place 14th at the conference championships ... Placed second on the 3-meter against Duke with a 222.60 ... Achieved a mark of 201.675 in the one-meter against Towson in the second event of her college career. **Prep:** Four-year varsity diver ... Second-team All-South Jersey her junior and senior seasons ... All-American Conference Award in both 10th and 12th grade ... Also participated in cheerleading for three years and gymnastics for one year ... Captain of both the diving and cheerleading squads her senior year ... MVP of the cheerleading squad her senior year ... Student Council ... SADD ... Lenape's female scholar athlete ... National and Hispanic Honor Societies. **Personal:** Daughter of David and Debbie Hodulik ... Hobbies include reading and going to the beach ... Born on June 7, 1984 in Voorhees, New Jersey.

Hodulik's Collegiate Bests

1 Meter - 217.05 3 Meter - 371.95



Callie Hopkins Junior • Free/IM Midlothian, VA • James River

2004-05: Advanced to the consolation finals at the CAA meet in the 400 IM, finishing 15th ... Set fifth-fastest time in Tribe history (4:35.66) for the 400 IM at the ODU Pod Meet ... Teamed for the win in the 400 IM medley relay at the Drexel Relays. **2003-04:** Made a strong impact in her freshman season, winning the consolation race of the 400 IM at CAAs to place ninth overall ... Clocking a 4:35.80 in that effort, the

fifth-best time in Tribe history ... Also jumped into sixth in the school records in the 1650 free with a 17:46.55, coming in a 14th-place effort at the Terrapin Invite ... Broke into the record books in the 500 and 1000 free, swimming the ninth-fastest times in each (5:08.48 and 10:42.31, respectively) ... Swept the 500 and 1000 freestyle events in the dual meets

vs. George Mason and Towson ... Also swam to victory in the 500 free at James Madison ... Placed 18th in the 1650 free and 22nd in the 500 free at CAAs. **Prep:** Team captain senior year ... State and sectional qualifier ... School record holder in 1500 free and 200 free ... Also ran cross country for two years ... Part of runner-up team at state cross country championships, finishing 52nd individually ... National Honor Society member. **Personal:** Daughter of James and Laurie Hopkins ... Father, James, played baseball at Tulsa University ... Interested in photography ... Born February 5, 1985 in Tulsa, Oklahoma.

Hopkins' Collegiate Bests

400 IM - 4:35.66 500 Free - 5:08.48 1650 Free - 17:46.55



Bryanne Matthews Senior • Breast/IM Rumson, NJ • Rumson-Fair Haven

2004-05: Advanced to the Championship finals of the 100 and 200 breast at CAAs ... Claimed sixth in the 100 breast and seventh in the 200 breast, improving her seed from the preliminaries in both events ... Also advanced to the consolation finals of the 200 IM at CAAs, placing 13th in a strong field ... Teamed to set a school record of 1:46.46 in the 200 medley relay at CAAs, claiming fourth ... Raced in the finals of two

events at the Terrapin Invite, claiming 11th in the 200 breast and 100 breast ... Won the 200 breast three times and the 100 breast once, including a sweep of both events at the ODU Pod Meet ... Teamed for four relay wins. **2003-04:** Had a big meet at CAAs, swimming to seventh in both the 100 and 200 breast ... Also finished 18th in the 200 IM at conferences ... Won the 200 breast vs. Delaware and Towson and the 100 breast vs. James Madison ... Part of winning 400 medley relay vs. Towson ... Swam to seventh in the A-Finals of the 100 and 200 breast at the competitive Terrapin Invitational ... Advanced from prelims in the 200 IM at that meet as well, racing in the bonus consolation race to place 23rd overall. **2002-03:** Recipient of team's Ray Voelker Most Outstanding Freshman Award ... One of the top freshmen in the conference, finishing fifth in the 100 breaststroke (1:05.21), sixth in the 200 breaststroke (2:22.73, 2:21.89 prelims) and ninth in the 200 IM (2:09.78) at CAAs ... Recorded a time of 2:20.21 in the 200 breaststroke in her fourth-place finish at the Terrapin Invitational ... Split 1:57.7 in the 800 freestyle relay at CAAs ... Five top-three finishes in the 200 breaststroke in dual meets. **Prep:** Junior National Qualifier in the 100 and 200 breaststroke ... All state in 2000 and 2001 ... All-county and all-conference in each of four years of high school swimming ...

Captain junior and senior seasons ... Four-time Monmouth County breaststroke champion ... National and French Honor Societies ... Key Club ... Yearbook ... Involved in peer mediation and education. **Personal:** Daughter of James and Roberta Matthews ... Brother Shawn is a freshman on the men's swimming team ... Majoring in marketing ... Enjoys surfing, and reading ... Born on December 14, 1983 in Long Branch, New Jersey.



Senior Bryanne Matthews

Matthews' Collegiate Bests

100 Breast - 1:05.21 200 Breast - 2:20.21 200 IM - 2:09.78



Christina Monsees Sophomore • Free Brewster, NY • Brewster

2004-05: Combined to set two school relay records at CAAs, teaming for a fourth-place 3:31.23 in the 400 free and fifth-place 1:36.79 in the 200 free ... Also claimed two individual all-time top ten spots with her performances at conferences ... Advanced to the championship finals in the 200 free, clocking a 1:53.93, the second-fastest time in school history, to just miss medaling in fourth ... Qualified into the consolation

Women's Athlete Profiles

finals of the 100 free, where she posted a 53.60 for 14th place and 10th all-time at W&M ... Advanced from prelims to the "C" finals of two events at the Terrapin Invite ... Claimed 19th in the 200 free, and 22nd in the 100 free ... Also turned in a solid 32nd in the 500 free at the meet ... Won the 200 free three times in dual meets, and finished on the podium eight other times during the season among the 100, 200, and 500 ... Teamed for five relay wins ... Set fastest team times in the 200 and 500 free. **Prep:** Three time All-American (200 free and twice in the 200 medley relay) ... USS Connecticut state champ in the 200 free ... Finished among the top-16 nationally in USA Swimming 15-16 year old division in three relays ... All-state, all-section and all-league selection for three years ... Section winner in the 100 free as a junior ... Four-time division champion as a senior ... Went undefeated in dual meet competition in 2003 ... *Journal News* all-star for three years ... Three-time MVP ... School record holder in seven events. **Personal:** Daughter of Richard and Alisa Monsees ... Father played basketball at College of Charleston ... Enjoys shopping and spending time with family and friends ... Wants to pursue a career in law ... Born December 10, 1986 in Queens, New York.

Monsees' Collegiate Bests

100 Free - 53.60 200 Free - 1:53.93 500 Free - 5:14.74



Kelly Reitz Junior • Breast/Fly Chesapeake, VA • Great Bridge

2004-05: Breakout sophomore season punctuated by CAA titles in the 200 breast and 400 medley relay ... Captured the CAA crown in the 200 breast with a winning time of 2:18.55, the second-fastest time in Tribe history ... Also teamed for a school record 3:50.09 to capture the CAA title in the 400 medley relay ... Qualified for the championship finals in all her events at CAAs, including a runner-up performance in

the 100 breast, where she swam a 1:04.24, the third-fastest time in the school record books ... Also claimed sixth in the 100 fly after advancing to the championship finals thanks to a 57.94 in prelims, the fifth-fastest time in school history ... Qualified for the "A"-Finals of the 100 breast at the Terrapin Invitational, claiming eighth ... Also advanced from prelims at the competitive meet to finish 16th in the 100 fly and 19th in the 200 breast ... Finished the season on a hot streak in the 200 breast, as she won all four of her winter races, setting personal records every time out ... Also closed the season on a four-race streak of finishing second in the 100 breast, after winning the event against Charleston ... Teamed for six relay wins and also won the 200 breast vs. JMU. **2003-04:** Made a great debut at CAAs, advancing to the finals in three events ... Claimed an impressive eighth in the 100 breast at conferences ... Swam to third in the consolation race of the CAA 100 fly, taking 11th overall ... Also placed 14th in the 200 breast at conferences ... Broke into the Tribe record books in two events ... Swam a 1:06.06 in the 100 breast prelims at the Terrapin Invite, the fifth-best time in school history ... Later went on to claim a strong eighth in the A-Finals of the event at the Terrapin Invite ... Moved to eighth on the Tribe all-time performers list in the 100 fly with a 58.92, coming in the Terrapin Invitational prelims ... Advanced to the 100 fly consolation race at competitive meet, claiming 16th overall ... Won the 100 fly vs. James Madison. **Prep:** Lettered in swimming four years ... Four-time team MVP ... Participant at 2001 U.S. Open ... State finalist four years. **Personal:** Daughter of Daniel and Beth Reitz ... Aunt, Lynn Adams Hostetler, swam for W&M ... Uncle, John Hostetler, and grandparents Robert and Patricia Adams also attended W&M ... Majoring in history ... Born April 25, 1985 in Virginia Beach, Virginia.

Reitz' Collegiate Bests

100 Fly - 57.94 100 Breast - 1:04.24 200 Breast - 2:18.55



Marnie Rognlien Junior • Free Nokesville, VA • Liberty

2004-05: Continued to be a consistent force at CAAs, advancing to the championship finals in all three of her events and teaming for the CAA title in the 400 medley relay ... Combined to swim a school record of 3:50.09 to win the CAA crown in the 400 medley relay ... Also teamed to set the 200 (1:36.75) and 400 free (3:31.23) relay school records at the championships as the quartets claimed fifth and fourth,

respectively ... Clocked a 1:54.38, the fourth-best time in school history, to claim fourth in the championship finals of the 200 free, one spot shy of medaling ... Swam to sixth place in the CAA 50 free with a 23.97, the second-fastest time in Tribe history ... Also placed sixth in the championship finals of the 100 free, after qualifying out of prelims with the second-fastest time in school records (52.11) ... Had a strong effort at the competitive Terrapin Invitational, advancing to finals in three events and setting two Tribe top-10 times ... Clocked a 52.85 in the 100 free to finish 13th ... Claimed 15th in the 50 free with a 24.59 ... Also finished 23rd in the 200 free at the meet ... Teamed for nine relay victories and also scored six event wins between the 50 and 100 free ... Swept the 50 and 100 free vs. GMU ... Swam fastest team time in the 100 free and the second fastest times in the 50 and 200. **2003-04:** Developed into one of the leading sprint freestylers on the squad with two CAA finals appearances ... Clocked the sixth-best time in Tribe history (24.65) to claim 16th in the 50 free at conferences ... Also swam to 14th in the 200 free at CAAs ... Tied for seventh in the school records in the 100 free with her 53.53 in the bonus consolation race at the Terrapin Invitational, where she placed 21st overall ... Became a valuable member of both the freestyle and medley relays, teaming for five relay wins in dual meets ... Also swam on three relays at CAAs, including the Tribe's fifth-place 200 free relay. **Prep:** Lettered in swimming four years for coach Martin Edwards ... Three-time team MVP ... Team captain her senior year ... Set school records in the 500 free, 100 free and 200 free. Also played lacrosse and field hockey ... MVP and captain of lacrosse team her senior year. **Personal:** Daughter of Ron and Marian Rognlien ... Mother swam and played field hockey at James Madison ... Enjoys skiing and going to the beach ... Born April 8, 1985 in Manassas, Virginia.

Rognlien's Collegiate Bests

50 Free - 23.97 100 Free - 52.11 200 Free - 1:54.38



Meghan Shrader Sophomore • Free Annapolis, MD • Broadneck

2004-05: Set second-best team time in the 1650 free, with 18:30.40 against Richmond in the final dual meet...Picked up podium appearances twice, placing third in the 500 free against Towson, and placing third in the 800 meter free at Charleston ... Also swam on the third-place 1500 butterfly relay team at the Drexel Relays... Swam to 26th in the 1650 free at the competitive Terrapin Invitational. **Prep:** All-county selection as a senior ... Three-time U.S. Postal Distance top 10 finisher ... Second-best all-time performance in the Open Water swim for Sunfest ... Also competed in track for one season ... National Honor Society member ... Maryland Distinguished Scholar semifinalist ... Graduated in top 10 of her class. **Personal:** Daughter of Jack and PJ Shrader ... Enjoys watching movies and listening to music ... Expects to major in biology ... Born February 6, 1986 in Annapolis, Maryland.

Shrader's Collegiate Bests

500 Free - 5:24.78 1000 Free - 11:03.21 1650 Free - 18:30.40

History Lesson

Before the NCAA began administering women's championships in the early 1980s, Tribe swimmers achieved great success in the Association for Intercollegiate Athletics for Women (AIAW), including seven straight State Championships and 124 All-American citations by 24 swimmers and three divers. Four swimmers reached double digits in All-America awards; they are listed below.

Athlete (Class)	Total	Individual	Relay
Jenny Tatnall (1981)	18	7	11
Laura Schwarz (1982)	17	6	11
Peggy Lawlor (1973)	10	6	4
Maureen Redmond (1981)	10	--	10

Women's Athlete Profiles



Alexis Skelos

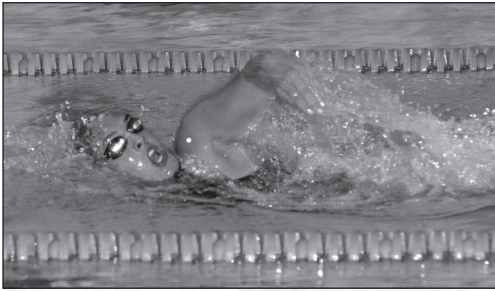
Senior • Free

Rockville Centre, NY • South Side

2004-05: Swam team's fastest time in the 1650 free ... Picked up two podium finishes against Richmond in the regular season finale ... Placed second in the 500 free with a PR of 5:20.35 ... Also placed third in the 1650 free ... Finished 24th in the 1650 free at the competitive Terrapin Invitational. **2003-04:** Concentrated on the distance freestyle events while contributing in the backstroke ... Finished 25th in the 1650

free at the Terrapin Invitational ... Also hit personal records in the 200 free (2:02.70), 500 free (5:19.77) and 200 back (2:19.86) at the competitive meet ... Earned CAA Commissioner's Academic Award. **2002-03:** Swam personal-best time of 18:08.67 in the 1650 free at the Terrapin Invite. **Prep:** All-conference 2000-2002 in 200 and 500 freestyle ... MVP senior year ... Founded first South Side team in fall of 2000 ... Co-captain junior and senior years ... Involved in chorus, student government, National Honor Society, National French Honor

Society and yearbook. **Personal:** Daughter of Peter and Faith Skelos ... Father swam at Emory and mother swam at SUNY Cortland and SUNY Farmingdale ... Double-majoring in kinesiology and elementary education ... Enjoys shopping, going to the beach and reading ... Born September 24, 1984 in Rockville Centre, New York.



Senior Alexis Skelos

Skelos' Collegiate Bests

500 Free - 5:20.35 1000 Free - 11:04.35 1650 Free - 18:08.67



Jen Tan

Junior • Fly

Centreville, VA • Paul VI

2004-05: Helped team win the 300 fly relay at the Drexel Relays ... Claimed a spot on the podium with a third against Richmond in the 200 back ... Ended the year with a personal record in the 50 free vs. Richmond. **2003-04:** Made the CAA squad in her rookie season, competing in the 50 free and 100 fly ... Advanced from the prelims at the Terrapin Invitational to compete in the bonus consolation race of the 200 fly,

finishing 23rd overall. **Prep:** Lettered in swimming for coach Joe Gresker ... Team captain senior year ... Team MVP junior and senior year ... Runner-up in 100 fly at Washington Metropolitan Prep School Swimming and Diving League Championships ... Placed fourth at National Catholic High School Championships in the 100 fly ... Scholar-Athlete Award winner. **Personal:** Daughter of Jose and Yoko Tan ... Majoring in business administration ... Enjoys traveling ... Brother, Joe, swims at George Mason ... Born April 7, 1985 in Long Island, New York.

Tan's Collegiate Bests

50 Free - 26.21 100 Fly - 1:00.33 200 Fly - 2:13.36



Kerry Urso

Sophomore • Free

Haymarket, VA
Stonewall Jackson

2004-05: Provided depth to the team in the freestyle sprints ... Teamed for three relay wins. **Prep:** All-American in the 200 medley relay ... Three-time *Washington Post* all-area first team (second team once) ... Four-time *Potomac News* all-area first

team ... District champion in 2003 and 2004 ... State finalist all four seasons ... Regional runner-up in 2004 ... School record holder in the 200 free and three relays ... Also an all-area first team honoree in cross country and track ... Potomac Valley swimming scholar-athlete award winner for four seasons ... IB Diploma Recipient ... Graduated in top 10 of class summa cum laude. **Personal:** Daughter of Anthony and Mary Urso ... Sister, Kelly, swims at Clemson ... Enjoys shopping and traveling to visit friends ... Expects to major in pre-med/neuroscience and kinesiology ... Born June 24, 1986 in Haymarket, Virginia.

Urso's Collegiate Bests

50 free - 26.42 100 Free - 56.55 200 Free - 2:02.13



Lindsay Young

Senior • Free

Alexandria, VA • Annandale

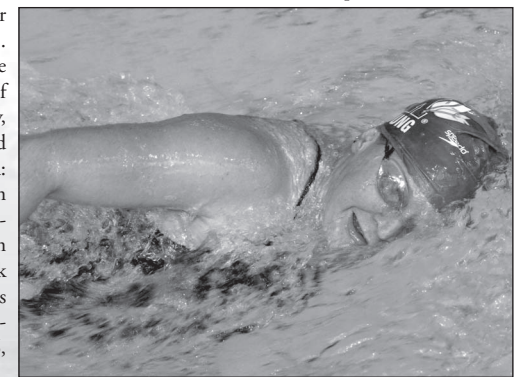
2004-05: Finished 32nd in the 200 fly at the Terrapin Invitational. **2003-04:** Competed at the elite Terrapin Invitational for the squad, swimming in the 200 free, 500 free and 1650 free. **2002-03:** Slashed time off of her previous personal-bests nearly every time she swam ... Dropped 13 seconds in the 500 free to swim a season-best 5:20.28 in the 500, placing 31st ... Achieved a personal-best time of 18:10.69 in the mile

for a 20th-place finish at CAAs, shaving over a minute off of her best time from high school ... Had second-best time on the team in the 1000 free, clocking a 11:01.29 in the final dual meet of the season ... Turned in the third-fastest time on the squad in the 500 free

and the mile. **Prep:** Four-year letter winner at Annandale ... Also participated in lacrosse and yearbook ... Member of the National Honor Society, Spanish Honor Society, and Mu Alpha Theta. **Personal:** Daughter of Hal and Jan Young ... Majoring in neuroscience and minoring in philosophy ... Brother Derek swam at Maryland ... Enjoys reading and watching movies ... Born on September 16, 1984 in Fairfax, Virginia.

Young's Collegiate Bests

200 Free - 1:59.93 500 Free - 5:20.28 1000 Free - 11:01.29



Senior Lindsay Young



Emma Zuidema

Sophomore • Breast

North Haven, CT

Choate Rosemary Hall

2004-05: Impressed in her debut at CAAs, qualifying for the championship finals of both breaststroke events, claiming fourth in each ... Set the sixth-best school time in the 100 breast (1:05.74) and 200 breast (2:22.29) in those finals appearances ... Had a solid debut at the competitive Terrapin

Invitational, advancing to the finals of both breaststroke events ... Claimed 13th in the 100 breast and 21st in the 200 breast at the meet ... Also teamed for the win in the 300 breast relay at the Drexel Relays ... Earned podium finishes at the ODU Pod and Charleston meets.

Prep: Two-time All-American, with honors coming in the 100 breast and 200 medley relay ... Lettered for three seasons under coaches Robert Burns and Sara Massa ... Also lettered in soccer and track and field. **Personal:** Daughter of Paul and Leslie Zuidema ... Father played basketball at Randolph Macon ... Enjoys traveling, watching movies and listening to music ... Born November 12, 1985 in Hershey, Pennsylvania.

Zuidema's Collegiate Bests

100 Breast - 1:05.74 200 Breast - 2:22.29

Women's Freshman Profiles



Caitlin Block

Freshman • Free
Darien, CT • Darien

Prep: YMCA National Qualifier under coach Henk Jensen ... 2003-04 100 free state champion ... Scholastic All-American ... Four time all-state honoree ... Two time all-conference performer ... MVP of the team her senior year ... Scholar-athlete honoree ... Also lettered one year in track and field ... Spanish Club ... Diversity Day facilitator. **Personal:** Daughter of Ken Block and Luan Shea ... Enjoys running ... Born on

August 15, 1987 in Stamford, Connecticut.

Block's Prep Bests

50 Free - 25:27 200 Free - 1:55.69 500 Free - 5:07.98
1000 Free - 10:44



Marina Falcone

Freshman • Free
Potomac, MD • Oakcrest School

Prep: Junior National qualifier in the 200, 500, and 1650 free ... Swam under Jon Rogers for the Aquahoyas Swim Club ... Also lettered in cross country twice and tennis and track once each ... Named MVP in cross country her sophomore year after leading the team to the conference title ... MVP of the track team after winning conference titles in the 800m, 1600m, and 3200m races at the conference meet, as well as

anchoring the 4x400m relay and the DMR that set a new conference record ... In 2003, won the Oakcrest Award for Commitment to Excellence in Personal Development and Academics. **Personal:** Daughter of Anthony and Anna-Maria Falcone ... Has a cousin that ran track and cross country for UMBC ... Chose W&M over Notre Dame, Virginia Tech, and George Mason ... Plans to major in business or a language ... Enjoys singing, listening to music, watching and playing sports ... Born June 5, 1987 in Silver Spring, Maryland.

Falcone's Prep Bests

100 Free - 53.30 200 Free - 1:52.60 500 Free - 5:02.50
1000 Free - 10:23 1650 Free - 17:23



Kara Bolles

Freshman • Free/IM
Essex, CT • Hopkins

Prep: 2004 High School All-American, considered for the All-American team four times in total ... Senior year was part of the team that broke the national prep school record in the 200 free relay ... Lettered for six seasons under coach Chuck Elrick ... Also swam for coach Sara Massa on the Cougar Aquatic Team for eight years ... Was a member of her school's community service organization ... Wrote for the school

newspaper. **Personal:** Daughter of Keith and Jane Bolles ... Father played soccer at Southern Connecticut State ... Enjoys writing poetry, listening to music, barbecuing, reading, and exercising ... Born December 1, 1986 in Middletown, Connecticut.

Bolles' Prep Bests

50 Free - 24.84 100 Free - 53.83 200 IM - 2:12.12



Sara Fitzsimmons

Freshman • Free/Back
Lorton, VA • University (CA)

Prep: Junior National Qualifier in the 100 and 200 free ... Swam with the Aquazot Swim Club under Brian Pajer ... CIF Championship finalist in the 100 and 200 Free. **Personal:** Daughter of Tim and Veronica Fitzsimmons ... Plans to major in business ... Enjoys going to the beach ... Born on June 9, 1987 in Long Beach, California.

Fitzsimmons' Prep Bests

100 Free - 53.03 200 Free - 1:53.76 500 Free - 5:10.34
200 Back - 2:09.64



Rebecca Brofft

Freshman • Breast
Fairfax, VA
Thomas Jefferson Sci/Tech

Prep: Three time All-American ... Two-time qualifier for Junior Nationals in the 100 breast ... Finalist at the Virginia State Championships ... Two-time *Washington Post* All-Met honorable mention ... Team MVP her senior year ... Swam on the Washington-area's top 200 medley relay in 2004 ...

Helped high school to win three consecutive Virginia Group AAA Championships (2002-2004) ... Holds school record in the 200 medley relay ... Swam with the Potomac Marlins Swim Club under coach Bill Marlin ... Yearbook editor her sophomore year ... Also a member of the dance team and lacrosse team. **Personal:** Daughter of Robert and Pi Wu Brofft ... Father swam at Lafayette College ... Brother, Bob, swam for the Tribe for four seasons (2001-2005) ... Enjoys playing piano, reading, and playing lacrosse ... Born on September 2, 1987 in Arlington, Virginia.

Brofft's Prep Bests

100 Breast - 1:06.15 200 Breast - 2:26.61



Samantha Greenwood

Freshman • Diving
Wildwood, IL • Warren Township

Prep: District finalist for her high school ... Dove under coach Susan Bromberg for Windy City Diving ... Named All-Academic Varsity Athlete by her high school every semester of her junior and senior years ... Also won two letters in gymnastics and four letters in track and field ... Gymnastics team was top four at states all four years she competed ... Claimed third place at conference in the high jump, sixth place at county

and sectionals. **Personal:** Daughter of Robert and Kathy Greenwood ... Father ran track at Bethany College ... Undecided on her college major ... Born on September 18, 1986 in Chicago, Illinois.

Greenwood's Prep Bests

1 Meter - 305.10

Women's Freshman Profiles



Amanda Higuchi Freshman • Fly/IM Glen Allen, VA • Mills Godwin

Prep: YMCA National consolation finalist in the 200 fly ... 3x MVP for Godwin HS ... Swam under Geoff Brown with NOVA Aquatics ... Editor of high school newspaper ... Secretary of her National Honor Society chapter ... President of the Spanish Club. **Personal:** Daughter of Mark and Virginia Higuchi ... Father swam, crewed, and played tennis at SUNY-Farmingdale ... Mother swam and did gymnastics at Nassau

Community College ... Plans to major in biology ... Born June 2, 1987 in Raleigh, North Carolina.

Higuchi's Prep Bests

100 Fly - 58.97 200 Fly - 2:08.62 200 IM - 2:11.99



Megan Sculley Freshman • Free Sinking Spring, PA • Wilson

Prep: Two-time High School All-American in 2005 ... Six-time High School All-American consideration honoree ... YMCA National Consolation finalist in the 500 and 100 free ... Qualified for Junior Nationals in the 50 and 100 free ... U.S. Open Qualifier in the 100 free ... PIAA State finalist in the 50 and 100 free ... Swam for Scott Troy and Tom Hauck at Reading YMCA ... Also lettered for four years in Water Polo

... Four-time all-county in water polo, including Rookie of the Year in 2001 ... Three-time All-American in water polo ... Member of the Key Club, French Club, and band ... Helped at the Special Olympics. **Personal:** Daughter of Thomas Sculley and Susan Slavinski ... Father was an NCAA wrestling champion at Lehigh University ... Plans to major in biology ... Enjoys reading, tennis, and golf ... Born on August 29, 1986 in Bethlehem, Pennsylvania.

Sculley's Prep Bests

50 Free - 23.98 100 Free - 51.88 200 Free - 1:55.82



Whitney Pezza Freshman • Fly Warrenton, VA Mercersburg Academy

Prep: Qualified for Junior Nationals in the 100 fly, 200 fly, and 200 IM ... Four-time High School All-American consideration honoree ... Swam for Pete Williams at Mercersburg Academy. **Personal:** Daughter of Jeffrey and Barbara Pezza ... Father played football and ran track at Gettysburg College

... Enjoys coaching summer league swimming, and reading ... Born December 22, 1986 in Fairfax, Virginia.

Pezza's Prep Bests

100 Fly - 57.45 200 Fly - 2:05.53 200 IM - 2:08.72



Allison Poehler Freshman • Back Richmond, VA • Douglas Freeman

Prep: Swam for Geoff Brown with NOVA Aquatics of Virginia ... Member of the BETA Club, French Club, and Rebellettes Community Service organization. **Personal:** Daughter of Glenn and Elizabeth Poehler ... Uncle, Doug Toan, played quarterback at Randolph Macon ... Enjoys reading and teaching swim lessons ... Born on April 29, 1987 in Richmond, Virginia.

Poehler's Prep Bests

200 Back - 2:12.00



2005-06 Seniors



Elizabeth Saari Freshman • Diving Lakeland, FL • Bartow

Prep: Dove for Joe Greenwell in Jetstream Diving ... Placed 13th at the state championships ... Two-time county champion ... District champion her junior year. **Personal:** Daughter of Dr. Paul and Kay Saari ... Grandfather, Harold Williamson, crewed at the University of Tampa ... Enjoys painting, reading, yoga, and going to the beach ... Born on September 22, 1986 in Lakeland, Florida.

Saari's Prep Bests

1 Meter - 396.00

Tribe

2004-05 Women's Top Performers

50 Free

1. Kristi Borkowski	2/24/05	23.88 *
2. Marnie Rognlien	2/24/05	23.97 §
3. Meredith David	2/24/05	25.05
4. Kelly Reitz	11/18/04	25.43
5. Christina Monsees	11/18/04	25.64

100 Free

1. Marnie Rognlien	2/26/05	52.11 §
2. Kristi Borkowski	2/26/05	52.70 §
3. Christina Monsees	2/26/05	53.60 §
4. Erin Hammersley	2/26/05	55.23
5. Kerry Urso	11/18/04	56.55

200 Free

1. Christina Monsees	2/25/05	1:53.93 §
2. Marnie Rognlien	2/25/05	1:54.38 §
3. Kristi Borkowski	11/18/04	1:58.46
4. Erin Hammersley	10/22/04	1:58.92
5. Alyson Fletcher	10/30/04	1:59.87

500 Free

1. Christina Monsees	2/24/05	5:14.74
2. Liz Harman	2/24/05	5:19.18
3. Erin Hammersley	2/24/05	5:19.38
4. Callie Hopkins	2/24/05	5:20.04
5. Alexis Skelos	1/28/05	5:20.35

1000 Free

1. Erin Clark	10/14/04	10:56.62
2. Erin Hammersley	10/30/04	11:03.20
3. Meghan Shrader	10/22/04	11:03.21
4. Alexis Skelos	10/29/04	11:04.35
5. Paige Capro	1/15/05	11:08.89

1650 Free

1. Alexis Skelos	1/28/05	18:18.14
2. Meghan Shrader	1/28/05	18:30.40
3. Callie Hopkins	11/5/04	18:39.46
4. Lindsay Young	11/19/04	18:51.06
5. Morgan Adams	1/28/05	18:57.69

100 Breast

1. Kelly Reitz	2/25/05	1:04.24 §
2. Emma Zuidema	2/25/05	1:05.74 §
3. Bryanne Matthews	2/25/05	1:06.53
4. Robyn Kondrad	2/25/05	1:07.67
5. Laura Babcock	2/25/05	1:08.86

200 Breast

1. Kelly Reitz	2/26/05	2:18.55 §
2. Emma Zuidema	2/26/05	2:22.29 §
3. Erin Clark	2/26/05	2:24.59
4. Bryanne Matthews	10/14/04	2:24.80
5. Robyn Kondrad	2/26/05	2:25.53

100 Fly

1. Kelly Reitz	2/25/05	57.94 §
2. Michelle Calanog	2/25/05	58.69
3. Paige Capro	11/18/04	59.85
4. Kristen Slack	11/18/04	1:01.72
5. Morgan Adams	2/25/05	1:01.86

200 Fly

1. Paige Capro	1/28/05	2:11.45 §
2. Morgan Adams	2/26/05	2:12.35
3. Michelle Calanog	2/26/05	2:12.79
4. Kelly Reitz	1/22/05	2:13.37
5. Kristen Slack	10/22/04	2:14.25

100 Back

1. Meredith David	11/19/04	57.29 *
2. Kristi Borkowski	2/25/05	1:00.08 §
3. Michelle Calanog	2/25/05	1:01.97
4. Liz Harman	11/18/04	1:03.46
5. Marnie Rognlien	11/18/04	1:03.83

200 Back

1. Meredith David	10/29/04	2:06.20 §
2. Liz Harman	11/18/04	2:14.33
3. Chelsea Finch	10/14/04	2:16.07
4. Jen Tan	1/28/05	2:18.28
5. Callie Hopkins	1/22/05	2:19.32

200 IM

1. Paige Capro	11/18/04	2:09.90
2. Erin Clark	2/24/05	2:10.14 §
3. Bryanne Matthews	2/24/05	2:11.49
4. Alyson Fletcher	2/24/05	2:13.48
5. Robyn Kondrad	11/18/04	2:14.98

400 IM

1. Erin Clark	2/25/05	4:32.78
2. Paige Capro	11/19/04	4:35.10 §
3. Callie Hopkins	11/5/04	4:35.66 §
4. Robyn Kondrad	2/25/05	4:38.74 §
5. Alyson Fletcher	11/19/04	4:40.44

200 Free Relay

1. Borkowski, David, Monsees, Rognlien	2/25/05	1:36.79 *
2. Rognlien, David, Reitz, Borkowski	11/19/04	1:38.66
3. David, Rognlien, Borkowski, Monsees	1/28/05	1:38.78
4. Borkowski, Rognlien, Monsees, Urso	11/5/04	1:40.23
5. Hammersley, Clark, Zuidema, Borkowski	10/29/04	1:41.26

400 Free Relay

1. Borkowski, David, Monsees, Rognlien	2/26/05	3:31.23 *
2. Monsees, Urso, Rognlien, Borkowski	11/19/04	3:35.40
3. Borkowski, Monsees, Hammersley, Rognlien	10/30/04	3:37.67
4. Hammersley, David, Monsees, Borkowski	10/14/04	3:38.12
5. Monsees, Hammersley, Borkowski, David	10/22/04	3:40.23

800 Free Relay

1. Monsees, Hopkins, Hammersley, Rognlien	2/23/05	7:46.00
2. Rognlien, Fletcher, Clark, Monsees	11/19/04	7:54.53
3. Hopkins, Harman, David, Capro	11/19/04	8:03.27
4. Fletcher, Hopkins, Adam, Young	10/23/04	8:26.07
5. Skelos, Calanog, Urso, David	10/23/04	8:34.24

200 Medley Relay

1. David, Matthews, Calanog, Borkowski	2/23/05	1:46.46 *
2. David, Reitz, Capro, Borkowski	1/28/05	1:49.68
3. David, Matthews, Reitz, Rognlien	10/29/04	1:49.74
4. David, Matthews, Reitz, Borkowski	11/19/04	1:49.78
5. Calanog, Zuidema, Capro, Rognlien	11/19/04	1:51.84

400 Medley Relay

1. David, Reitz, Calanog, Rognlien	2/24/05	3:50.09 *
2. David, Matthews, Reitz, Rognlien	10/14/04	3:56.73
3. David, Matthews, Capro, Rognlien	1/21/05	4:00.22
4. David, Matthews, Reitz, Fletcher	10/30/04	4:00.89
5. David, Matthews, Reitz, Rognlien	1/15/05	4:01.09

1-Meter Dive

1. Carrie Gerloff	11/19/04	245.32
2. Laura Hodulik	10/29/04	217.05
3. Karen Kuhlman	1/15/05	148.65

3-Meter Dive

1. Carrie Gerloff	2/23/05	419.75 *
2. Laura Hodulik	11/19/04	361.55

* School Record

§ School All-Time Top 10



The 2005-06 Women's Swimming and Diving Team

Women's Record Book

50 Free

1. Kristi Borkowski	23.88	2/24/05
2. Marnie Rognlien	23.97	2/24/05
3. Kristen Schnittger	23.99	2/20/98
4. Kerrie Fineran	24.15	2/22/01
5. Kathy Welch	24.16	12/15/84
6. Katie Grauman	24.29	2/24/00
7. Alyssa Lengle	24.69	2001
8. Stefanie Fenix	24.73	2/20/98
9. Tracey Whittemore	24.75	2/12/02
10. Emily Daly	24.79	1996

100 Free

1. Ruth Anne Miller	52.00	2/20/03
2. Marnie Rognlien	52.11	2/26/05
3. Alyssa Lengle	52.67	2/24/01
4. Kristi Borkowski	52.70	2/26/05
5. Katie Grauman	52.74	1997-98
6. Kerrie Fineran	53.18	2/26/00
7. Kathy Welch	53.19	1984-85
8. Laura Bodine	53.53	2001
9. Kristen Schnittger	53.58	1998
10. Christina Monsees	53.60	2/26/05

200 Free

1. Alyssa Lengle	1:51.96	2/24/01
2. Christina Monsees	1:53.93	2/25/05
3. Marnie Rognlien	1:54.38	2/25/05
4. Aubrey Boles	1:54.05	2/23/02
5. Katie Grauman	1:55.28	2/20/97
6. Kathy Welch	1:55.30	2/23/84
7. Tracey Whittemore	1:55.73	2/23/02
8. Ruth Anne Miller	1:55.83	11/9/02
9. Pat Olivo	1:56.22	2/12/88
10. Tesla Jeltema	1:56.52	1996

500 Free

1. Alyssa Lengle	5:01.97	2/22/01
2. Aubrey Boles	5:02.15	2/24/00
3. Karen Laslo	5:04.17	1990-91
4. Susan Olivo	5:06.09	2/8/90
5. Diane Vallere	5:06.62	2/13/86
6. Erin Clark	5:08.04	2/20/03
7. Karen Palm	5:08.38	2/20/97
8. Marcy Laderberg	5:08.43	2/20/97
9. Callie Hopkins	5:08.48	11/21/03
10. Pat Olivo	5:09.45	2/11/88

1000 Free

1. Karen Laslo	10:23.05	1/15/91
2. Diane Vallere	10:27.50	1985-86
3. Aubrey Boles	10:37.00	10/17/98
4. Ruth Anne Miller	10:37.49	11/8/00
5. Alyssa Lengle	10:37.86	1/16/01
6. Susan Olivo	10:38.18	11/17/89
7. Marcy Laderberg	10:41.03	11/9/96
8. Erin Clark	10:42.19	11/2/02
9. Callie Hopkins	10:42.31	11/21/03
10. Tesla Jeltema	10:43.96	1996

1650 Free

1. Karen Laslo	17:14.57	1990-91
2. Diane Vallere	17:24.02	1986
3. Scotia Miller	17:32.93	2/21/87
4. Susan Olivo	17:38.80	2/24/91
5. Tesla Jeltema	17:41.75	3/1/96
6. Erin Clark	17:43.55	11/23/02
7. Marcy Laderberg	17:45.05	2/20/97
8. Callie Hopkins	17:46.55	11/22/03
9. Liddy Allee	17:52.54	1982-83
10. Pat Olivo	17:54.12	1988

100 Breast

1. Ruth Anne Miller	1:03.43	11/23/02
2. Kristen Schnittger	1:04.04	2/27/97
3. Kelly Reitz	1:04.24	2/25/05
4. Bryanne Matthews	1:05.21	2/22/03
5. Emily Greene	1:05.23	2/23/02
6. Emma Zuidema	1:05.74	2/25/05
7. Kerrie Fineran	1:06.32	2/23/01
8. Erin Smith	1:06.32	2/19/99
9. Erin Sheehey	1:06.45	1982-83
10. Meredith Brooks	1:07.23	2/8/91

200 Breast

1. Ruth Anne Miller	2:15.79	11/23/02
2. Kelly Reitz	2:18.55	2/26/05
3. Bryanne Matthews	2:20.21	11/21/02
4. Kristen Schnittger	2:21.47	2/27/97
5. Emily Greene	2:21.72	2/24/02
6. Emma Zuidema	2:22.29	2/26/05
7. Erin Clark	2:24.11	2/20/04
8. Erin Smith	2:24.69	2/28/99
9. Laurie Ehksam	2:24.84	1998
10. Erin Sheehey	2:25.38	1982-83

100 Fly

1. Liz Koch	56.63	2/23/02
2. Lisa Wimberly	57.02	2/19/98
3. Meg Frisbee	57.39	2/25/00
4. Helen Wilcox	57.59	2/23/90
5. Kelly Reitz	57.94	2/25/05
6. Michelle Calanog	57.97	2/19/03
7. Elise Hughes	58.81	2/9/90
8. Alexa Whittaker	58.87	2/19/03
9. Cristina Lambert	59.29	1998
10. Carla Kneipp	59.35	2/8/91
Ruth Newnam	59.35	2/9/90

200 Fly

1. Liz Koch	2:06.26	2/20/03
2. Cristina Lambert	2:06.67	2/28/98
3. Amy Johnson	2:07.46	1985-86
4. Ruth Newnam	2:07.87	2/9/90
5. Michelle Calanog	2:07.94	2/20/03
6. Helen Wilcox	2:08.10	2/9/90
7. Karen Palm	2:08.82	2/28/98
8. Lisa Wimberly	2:09.57	2/20/97
9. Pat Olivo	2:11.13	2/19/87
10. Paige Capro	2:11.45	1/28/05

100 Back

1. Meredith David	57.29	11/19/04
2. Stefanie Fenix	58.23	2/23/01
3. Katie Hiles	58.98	2/23/01
4. Alexa Whittaker	59.12	11/22/02
5. Wendy Marold	59.22	2/21/98
6. Laura Bodine	59.29	2/28/99
7. Katie Descenza	59.40	Spring 2002
8. Susan Harms	59.62	2/19/93
9. Stephanie Upshaw	59.80	2/20/97
10. Kristi Borkowski	1:00.08	2/25/05

200 Back

1. Laura Bodine	2:04.63	2/24/02
2. Katie Hiles	2:05.07	2/24/01
3. Meredith David	2:06.20	10/29/04
4. Stefanie Fenix	2:06.37	1998
5. Aubrey Boles	2:07.27	2/24/02
6. Marcy Laderberg	2:07.52	2/20/97
7. Kim Boerger	2:07.58	2/28/98
8. Cally Codding	2:08.12	1995-96
9. Alexa Whittaker	2:08.50	11/23/02
10. Wendy Marold	2:08.76	1998

200 IM

1. Ruth Anne Miller	2:02.42	11/23/02
2. Laura Bodine	2:07.35	2/22/01
3. Emily Greene	2:07.43	2/24/02
4. Meg Frisbee	2:08.84	2/24/00
5. Paige Capro	2:09.07	11/20/03
6. Bryanne Matthews	2:09.78	2/21/03
7. Erin Clark	2:10.14	2/24/05
8. Kristen Schnittger	2:11.22	1996
9. Julie Meyers	2:11.23	2/24/00
10. Elizabeth Barrett	2:11.29	2/21/03

400 IM

1. Ruth Anne Miller	4:20.31	11/22/02
2. Erin Clark	4:31.34	2/23/04
3. Laura Bodine	4:31.74	2/23/02
4. Paige Capro	4:35.10	11/19/04
5. Callie Hopkins	4:35.66	11/5/04
6. Kim Boerger	4:37.09	2/18/98
7. Karen Laslo	4:37.28	1990-91
8. Emily Greene	4:37.71	2001
9. Robyn Kondrad	4:38.74	2/25/05
10. Kerry Budd	4:38.88	2/25/00

Relays

200 Free Relay	1:36.79	2/25/05
Borkowski, David, Monsees, Rognlien		
400 Free Relay	3:31.23	2/26/05
Borkowski, David, Monsees, Rognlien		
800 Free Relay	7:36.58	2/24/02
Boles, Bodine, Miller, Lengle		
200 Medley Relay	1:46.46	2/23/05
David, Matthews, Calanog, Borkowski		
400 Medley Relay	3:50.09	2/24/05
David, Reitz, Calanog, Rognlien		

Diving

1 Meter	Tiffany Jeisel	423.76	2/29/85
3 Meter	Carrie Gerloff	419.75	2/23/05



Nine-time All-American and 1982 100 breast national champion **Erin Sheehey '84** (r) with Rene Henry '54 after being presented with the Southland Olympia Award in 1984. The award was given to athletes who best personified the ideals of excellence and academic prowess. Other winners included Ralph Sampson and Carl Lewis. Sheehey was also an acclaimed member and captain of the women's soccer team at W&M.

Men's 2005-06 Outlook

With second-year Director of Swimming **McGee Moody** at the helm, the Tribe men's swimming and diving program should make strides and threaten at the Colonial Athletic Association Championships. Moody brings in a proven track record of success in maximizing his athletes' potential and has already elevated the performance of this team, as witnessed by last season's squad combining to set 13 top 10 school times—12 at the conference meet—and win six medals at the CAAs, led by 2005 graduate Eric Druker's repeat as the 100 fly champion. With a wealth of CAA finalists returning and perhaps the best recruiting class ever at W&M, the team should have all the tools to score well in dual meets and ascend to the top of the CAA.

Freestyle

The sprint freestyle will be anchored by seniors **Jake Albright** and **Bob Jacobsen**, two of the top returning performers from last season. Albright will be aiming to make the championship finals after earning the No. 10 seed in the 50 free in 2005. Jacobsen, a CAA consolation finals qualifier in the 50 free last year, will look to repeat a strong showing from last year's Terrapin Invitational, where he advanced out of preliminaries in two events and was just shy of qualifying in two others. Also returning is junior **Nick Duda**, who swam into the Tribe record book at the conference championships, setting personal records in the 50, 100, and 200 free preliminaries, and besting his 200 free mark in the finals to claim sixth. He also claimed seventh in the 50 and 12th in the 100 free, and scored as a member of three relay teams. A huge addition to the line-up is freshman **Nader Amer**, who will be counted on to score points at the CAAs in his rookie season by dint of topping the team's time charts in the 50 and 100. Also looking to make his mark in the 100 and 200 is freshman **John Savage**, who was a five-time league champion in high school in California.

The middle distance races should be an area of strength this year and in the future for the Tribe, which boasts three returning sophomores with conference experience and a wealth of talented newcomers. **Alex Jendzejec** placed in the top sixteen at CAAs in all three events he swam, and will be looking to hold that form this year as well. **Matt Shoulders** is perhaps the team's top returnee in the middle distance, qualifying into the consolation finals last year in the 500 free with a PR, and winning the "C" Finals of the 200 at the Terrapin Invitational with a time of 1:44.67. Moody will be looking for Shoulders to continue to improve, and crack into the championship finals this year at the conference meet. **Jesse Moore** rounds out the returnees after a solid freshman season that saw him make the CAA squad and reach four finals at the Terrapin Invite. The freshmen will be paced by **Shane Kelsey**, a multiple-time All-America honoree who brings leadership experience at the national level along with the team's top 200 time, after leading his high school to the National Catholic Championship and placing second in the most-points scored competition his senior year. Amer will also participate in the 200, in addition to the sprint freestyles. **Shawn Matthews** will provide competitive depth as he adjusts to collegiate competition, as will **Jeff Collier**, who will occasionally be used in the middle races but will concentrate more on the longer distances.

In the distance freestyles, leadership will once again be

expected from Jendzejec and Shoulders, both of whom posted top sixteen finishes in the 1650 at the conference meet, as Shoulders bettered his previous personal record by almost 11 seconds. Sophomore **Brandon Paster** will see more action in the freestyles after being called on to be the team's diver last fall. He is also an experienced relay competitor, and will look for continued success in those races. Fellow sophomore **Nick Widmyer** will look to provide depth to the team after bettering his previous PR in the 1650 by over 18 seconds (to 17:32.19) at CAAs. Collier will be counted on to challenge immediately for the role of the team's top distance swimmer as he enters with top three times in both the 1000 and 1650.

Butterfly

Despite the departure of two-time CAA 100 fly champion Eric Druker, the Tribe will have another solid season in the butterfly discipline. Senior **Evan Elsaesser** will lead the fly contingent after making the finals cut at CAAs in the past two seasons. He just missed the "A" finals at last year's Terrapin Invitational in the 100 and will be looking to continue being a steady contributor. Junior **Joey Peterson** will be counted on to provide another scoring option for W&M after finishing 15th in the 200 fly at the conference championships last year. They will be joined by Amer and fellow newcomer **Brisson** who will be a part-time competitor in the 200.

Backstroke

Last year's backstroke leaders return again this season, in seniors Albright, Elsaesser, and **Matt Wolff**. All three advanced to the CAA finals in 2005, and will look to further improve their individual finishes this year. Albright made the "A" Finals at both the conference meet and the Terrapin Invitational in the 100, while Elsaesser made the top 16 in both the 100 and 200 at the Terrapin. Wolff swam to 12th in the 100 at CAAs on the strength of the seventh-fastest swim in Tribe history (53.20), and will look forward to bigger gains in 2006 and crack the championship finals. Collier will also compete in the backstroke as well as the freestyle and IM events, and enters the season with the top 200 back time on the team. Freshman **David Mangini** will concentrate on the backstroke, after being named a high school All-American his senior year, and will provide depth to the line-up as he adjusts to college, as will Savage, who will split time between the freestyle and backstroke.

Individual Medley

The individual medley events carry an even split between returnees and freshmen, a balance that will no doubt translate into strong performances as competition for scoring places heats up. Jendzejec is the top returning swimmer, after posting the sixth-best time in Tribe history in the 400 IM at CAAs (4:11.35), placing 13th. He won the 400 IM "B" Finals at

the Terrapin Invitational, and also placed 22nd in the 200. Wolff and Peterson both made finals cuts at the Terrapin, and will look to advance to the CAA finals as former qualifiers. They will be joined by **Brisson**, Collier, and **Byler**. **Brisson** will likely contend for the top spot on the team, with Collier not far off. **Byler** will again provide depth and solid competition to the squad.

Diving

Freshman **Joe Cin** will be the top diver for the Tribe this season, and the two-time Pennsylvania state finalist will be counted on from the beginning to provide point support for the team as he chases the podium at CAAs. Paster, while concentrating on the freestyle events, will also contribute some in the diving disciplines as he did last season.



The 2005-06 Men's Swimming and Diving Team

Breast Stroke

Historically a strong discipline for the Green and Gold, this season's athletes will aim to continue that tradition of excellence, led by senior **Jeff Clark**. Clark claimed bronze at CAAs in the 100 breast in 2005, swimming the school's third-best time (58.07) in the championship finals. He also set the school's fourth-fastest time in the 200 in the consolation finals to claim 11th. Junior **Andrew Carberry** will provide depth to the team after making the consolation finals of the 100 and being only one slot shy of the finals in the 200. He was also a consolation finalist at the 2004 championships in the 200, posting the then-fourth-fastest time in school history in the prelims. They will be joined by a trio of freshmen who should immediately challenge for scoring positions. **Jason Brisson** is a multiple-event qualifier at Junior Nationals and also qualified into the U.S. Open in the 200 breast, and has been named a scholastic All-American by USA Swimming. **TJ Storm** will also look to contribute after being a medalist at the Pennsylvania state championships in the 100 breast all four years of high school, including a win in 2003. **Dan Byler** will likely see some action in the breaststroke as well as concentrating in the individual medleys.

Men's Athlete Profiles



Jake Albright Senior • Back/Free Carlisle, PA • Carlisle

2004-05: Swam to finals showings in all three of his events at CAAs ... Advanced to the consolation finals of the 100 back, claiming 11th ... Also qualified out of prelims to finish 11th in the 200 back and 15th in the 50 free ... Competed on the Tribe's 400 free, 200 medley, and 400 medley relay teams at conferences ... Racked up five podium finishes during the season ... Advanced into the finals of four events at the competi-

tive Terrapin Invite, including his strong eighth-place finish in the A-Finals of the 100 back ... Also claimed 13th in the 200 back, 15th in the 50 free and 16th in the 200 free at the meet ... Teamed for the win in the 200 free relay at the Drexel Relays. **2003-04:** Just missed advancing to the finals of the 100 back at CAAs, racing to 17th overall ... Also finished 25th in the 50 free at CAAs ... Teamed for the win in the 200 free relay vs. James Madison. **2002-03:** Swam a personal-best time of 52.92 in the 100 back at CAAs, the fourth-best time in Tribe history, to place ninth ... Second-fastest time on the team in the 100 back ... Turned in top time on the squad for the 50 free ... Barely missed finals in the 50 free at CAAs, placing 17th with a time of 21.83 ... Clocked a 48.31 in the 100 freestyle at CAAs, the second-fastest time on the team in the event ... Achieved two second-place finishes in the 50 free in dual meets.

Prep: Won four letters in swimming ... MVP in his last two seasons at Carlisle ... All-*Sentinel* swimmer 2000-02 ... Also played four years of varsity soccer, winning the MVP award his senior year ... Involved in National Honor Society, Spanish Honor Society and class council.

Personal: Son of David and Hilary Albright ... Enjoys music, working out, and watching movies ... Born on December 23, 1983 in Hanover, New Hampshire.

Albright's Collegiate Bests

50 Free - 21.47 100 Back - 52.18 200 Back - 1:55.75

ley relay teams at the meet ... Advanced to the finals of two events at the Terrapin Invite, finishing 14th in the 100 breast and 15th in the 200 breast ... Also placed 27th in the 200 IM at the meet ... Totaled 10 podium finishes on the year, including winning the 100 breast at Charleston ... Teamed to win the 200 medley relay at Charleston and the 300 breast relay at the Drexel Re-



Senior Jeff Clark

lays. **2003-04:** Won the 100 breast consolation race at CAAs ... Also advanced from prelims in the 200 breast at conferences, finishing 15th overall ... Claimed eighth in the "A" Finals of the 200 breast at the competitive Terrapin Invitational, clocking a 2:08.91 to move to sixth in the Tribe records ... Won the consolation race of the 100 breast at the meet with the fifth-fastest time (58.57) in Tribe history. **2002-03:** Finished sixth and 10th in the 100 and 200 breaststroke, respectively, at the Terrapin Invitational ... Achieved the second-best time on the squad in the 100 breaststroke (59.38) and the third-best time on the team in the 200 breaststroke (2:10.64). **Prep:** Two-time MVP of high school team ... Holds high school record in the 100 breaststroke ... 2001 state champion in 200 breaststroke ... High school All-American ... Participated in crew. **Personal:** Son of William and Janice Clark ... Father swam at Holy Cross and brother, Michael, swam at W&M ... Enjoys movies, music and computers ... Born on July 27, 1984 in Virginia Beach, Virginia.

Clark's Collegiate Bests

100 Breast - 58.07 200 Breast - 2:08.31



Andrew Carberry Junior • Breast Talbot, TN • Jefferson County

2004-05: Qualified out of prelims for the 100 breast consolation finals at CAAs ... Finished in 12th place after advancing with a personal record 1:00.14 ... Just missed advancing in the 200 breast, finishing 17th in the preliminary race ... Had a solid showing at the Terrapin Invitational, advancing to the finals of two events ... Claimed 13th in the 200 breast and 18th in the 100 breast at the meet ... Also claimed 30th in

the 200 IM ... Had four podium finishes on the season, three in the 200 breast. **2003-04:** Claimed 16th in the 200 breast in an impressive showing ... Clocked a 2:08.60 in the prelims of the event, the fourth-fastest time in Tribe history ... Also finished 24th in the 100 breast at CAAs ... Advanced from the prelims in three events at the competitive Terrapin Invitational, including a high finish of 15th in the 200 breast ... Also placed 24th in both the 200 breast and 100 fly at the meet after swimming in each event's bonus consolation race. **Prep:** Swam for only one year under coach David Strom, but set school records in 100 breast and 200 free during that time ... Claimed seventh at state meet in 100 breast ... Also ran cross country for three years ... Member of the science club. **Personal:** Son of John and Lisa Carberry ... Father competed in crew at Marist ... Enjoys playing drums and whitewater kayaking ... Majoring in neuroscience ... Born December 21, 1984 in Newport Beach, California.

Carberry's Collegiate Bests

100 Breast - 1:00.14 200 Breast - 2:08.60



Nick Duda Junior • Free Vienna, VA • Gonzaga

2004-05: Made the finals of all three events he swam at the conference championship ... Set personal records in the qualification heats of the 50 (21.27), 100 (46.72), and 200 free events (1:42.69) ... Bested his 200 free mark by 32 hundredths of a second in the finals, finishing sixth ... Also finished seventh in the 50 free and 12th in the 100 free ... Had a strong meet at the Terrapin Invitational, advancing to the finals of

four events ... Raced to an impressive eighth in the "A" Finals of the 200 free at the meet ... Also claimed 13th in the 100 free, 18th in the 50 free and 23rd in the 500 free at the meet ... Won the 100 backstroke vs. College of Charleston, 100 free vs. George Mason and the 200 free vs. James Madison and UNC Wilmington ... Swam on three relays at the CAA meet, scoring in all three ... Teamed for four relay victories ... Swam team's best time in the 100 free and 200 free in the fall. **2003-04:** Teamed to take third in the 800 free relay at CAAs ... Also swam to 21st in the 200 free and 22nd in the 50 free at conferences ... Teamed for four relay wins in dual meets, including the Tribe's sweep of the 400 free and 400 medley vs. Towson ... Posted three runner-up showings in the 100 free in dual meet action ... Also runner-up once in both the 50 free and 200 free. **Prep:** Lettered for four years under coach Joe Viola ... All-American in 200 free and 400 free relays ... Holds school record in 200 free and 200 medley relay ... Honorable Mention, *Washington Post* all-metro team. **Personal:** Son of Joseph and Jean Duda ... Enjoys surfing and golf ... Born January 3, 1985 in Fairfax, Virginia.

Duda's Collegiate Bests

50 Free - 21.27 100 Free - 46.72 200 Free - 1:42.37



Jeff Clark Senior • Breast Virginia Beach, VA • Frank W. Cox

2004-05: Bronze medalist in the 100 breast at CAAs, improving from his seventh seed after prelims with a 58.07 in the championship finals, the third-best time in Tribe history ... Advanced to the consolation finals in the CAA 200 breast and finished 11th in 2:08.31, the fourth-fastest time in the all-time list ... Swam on both the 200 and 400 med-

Men's Athlete Profiles



Evan Elsaesser

Senior • Fly/Back

Reston, VA

Thomas Jefferson Sci/Tech

2004-05: Made the consolation finals at the conference meet in the 100 fly, where he finished 16th ... Was one spot short of qualifying for the finals in the 100 back, coming in 17th in the preliminary race ... Also competed in the 200 back and as part of the 200 medley relay team ... Just missed qualifying for the "A" Finals of the 100 fly at the Terrapin Invite, clocking the ninth-fastest time in prelims, one spot shy of transferring ... Went on to finish 14th overall in the event after competing in the consolation race ... Also claimed 11th in the 100 back and 15th in the 200 back at the Terrapin Invite ... Teamed to claim fourth place in the 400 medley relay at the meet in addition to notching three relay wins in dual meets ... Won the 100 fly race at Charleston and the 100 back at the ODU Pod Meet . **2003-04:** Strong performer at CAAs, advancing from prelims in three events ... Claimed sixth in the 100 fly at CAAs ... Moved to sixth in the W&M record book with a 51.42 in the CAA prelims of the event ... Swam to 10th in both the 100 and 200 back at CAAs, moving up in the all-time performers list in both events with his prelim times ... Clocking a 52.05 in conference prelims of the 100 back, the third-fastest time in Tribe history ... Also tied fifth-best time in team history in the 200 back during prelims, timing a 1:54.55 ... Had a strong meet at the Terrapin Invitational, finishing 13th in both the 100 fly and 100 back and placing 13th in the 100 back ... Won the 200 back vs. Delaware and also teamed for two relay wins on the season. **2002-03:** Placed eighth at the CAA Championships in the 100 backstroke, swimming the fastest time on the team in the event (51.76) ... Sixth all-time for the Tribe in the 100 back ... Finished 15th in the 200 backstroke at CAAs, swimming a 1:56.87 in the preliminary heats of the event ... Turned in the third-fastest time on the team in the 200 backstroke and the 10th-fastest time in Tribe history in the event ... Also finished 15th in the 100 butterfly, touching the wall in 51.76 in the preliminary heats with the second-fastest time on the squad ... Third-fastest time on the team in the 100 freestyle (48.31). **Prep:** All-district and all-state 2000-2002 ... Member of state championship team ... Holds school record in 100 butterfly and 200 medley relay ... Participated in track and field. **Personal:** Son of Christopher and Patricia Elsaesser ... Father participated in karate at Ohio University ... Born on May 11, 1984 in Fairfax, Virginia.

Elsaesser's Collegiate Bests

100 Fly - 51.42 100 Back - 52.05 200 Back - 1:54.55



Senior Evan Elsaesser



Bob Jacobsen

Senior • Free/Fly

Williamsburg, VA • Lafayette

2004-05: Advanced from prelims in the 50 free at CAAs, placing 16th ... Just missed advancing in the 100 fly, as he claimed 17th, on slot shy of the consolation finals ... Also competed in the 400 free relay and 100 free at the meet ... Had a solid meet at the competitive Terrapin Invite, advancing to the finals of two events and just missing qualification in two others ... Advanced from prelims to claim 16th in the

100 free and 21st in the 100 fly at the meet ... Finished 25th in both the 500 and 200 free at the meet, one spot shy of advancing to finals in each event ... Also teamed for fourth-place finish in the 200 free relay at the Terrapin Invite ... Notched five relay victories in dual meets. **2003-04:** Swam to 28th in both the 500 and 200 free at CAAs. **2002-03:** Finished in the top-40 in the conference in the 50, 100 and 200 freestyle ... Achieved a season-best time of 22.57 in the 50 free at the conference championships ... Turned in the third-best time on the team in the 50 free ... Placed 20th in the 200 free at the Terrapin Invitational with a time of 1:46.07. **Prep:** Four-year letter winner ... Captain senior year ... School record holder in

the 100 fly ... Awarded the sportsmanship, integrity, and school spirit award his senior year ... All-state and All-Bay Rivers District ... *Daily Press* All-Star ... Member of two AA Virginia swimming state championship teams ... Placed third and fourth his senior season at the AA state championships in the 50 freestyle and 100 butterfly, respectively ... Also lettered twice in baseball, earning first team All-Bay Rivers District ... National Honor Society, Latin Club, yearbook, Peer Partners ... Received the DAR Patriotism Award his junior year. **Personal:** Son of Jake and Ellen Jacobsen ... Uncle, John Jacobsen, played baseball at Stevens Institute of Technology ... Sister, Jamie, is currently enrolled in graduate classes at W&M and graduated from the College in 2001 ... Enjoys baseball, golf, tennis, playing the guitar, and mountain biking ... Born on April 14, 1984 in Williamsburg, Virginia.

Jacobsen's Collegiate Bests

50 Free - 21.72 100 Free - 48.05 100 Fly - 52.81



Alex Jendzejec

Sophomore • IM/Free

Reston, VA • Herndon

2004-05: Advanced out of prelims in the 400 IM at CAAs, placing 13th with the sixth-fastest time in Tribe history (4:11.35) ... Qualified for the consolation finals of the 500 free at the meet, finishing 14th overall ... Also swam to a solid 11th in the CAA 1650 free ... Impressed with a win in the consolation race of the 400 IM at the competitive Terrapin Invite, finishing ninth overall ... Also advanced to the finals of

the 200 IM and 100 and 200 breast at the meet, finishing 22nd, 22nd and 18th, respectively, in the events ... Won the 500 free against East Carolina. **Prep:** 2004 district champion in the 200 medley relay ... School record holder in the 200 medley and 400 free relay ... Twice first-team all-district ... Potomac Valley Swimming scholar-athlete ... Captain junior and senior year ... Competed at Junior Nationals ... Academic All-American. **Personal:** Son of Mark and Peggy Jendzejec ... Father played basketball at Alliance College ... Enjoys playing the guitar and riverball ... Born October 10, 1985 in New Jersey.

Jendzejec's Collegiate Bests

500 Free - 4:43.96 1000 Free - 9:57 1650 Free - 16:33.73
400 IM - 4:11.35



Jesse Moore

Sophomore • Free

Annville, PA • Hershey

2004-05: Competed most in the middle-distance freestyle events ... Made the CAA squad as a rookie, swimming in the 200, 500, and 1650 free ... Teamed to claim sixth in the 800 free relay at CAAs ... Had a solid debut at the Terrapin Invite, reaching the finals in four events ... Best finish of 14th came in the 500 free at the competitive meet ... Also swam to 16th in the 400 IM, 19th in the 200 fly and 24th in the 200 free at the meet ... Finished the season with six podiums. **Prep:** Two-time All-American in the 400 free relay ... State champion in the 400 free relay with school record time as a senior ... Three-time conference and district champion in the 200 and 400 free relay ... Two-time conference champion in the 200 and 500 free ... District champion in both the 200 and 500 free ... Multiple-time state finalist and sectional qualifier in freestyle events ... Helped team to PIAA state title in 2003 and 2004 ... Academic All-American and National Honor Society member. **Personal:** Son of Anthony and Elizabeth Moore ... Enjoys reading, music, art and movies ... Plans to major in neuroscience or chemistry ... Born October 22, 1985 in Harrisburg, Pennsylvania.

Moore's Collegiate Bests

200 Free - 1:47.29 500 Free - 4:55.37

Men's Athlete Profiles



Brandon Paster Sophomore • Free/Diving Fairfax, VA • Fairfax

2004-05: Freestyler who stepped up and also contributed in the dives ... Swam in the 200, 500 and 1650 free events at CAAs ... Placed 22nd in the 1650 free at the conference meet ... Improved on his 500 free time by 18 seconds over the course of the season, ending the season with a 4:50.38 at CAAs ... Won the 1-meter dive vs. JMU, scoring crucial points in a one-point Tribe victory ... Finished 18th in the 1650 free at the Terrapin Invitational ... Teamed to win the 200 free relay against ECU ... Earned two podiums at Charleston by finishing third in the 100 free and second in the 800 meter free. **Prep:** Claimed 11th in 200 free at states as a senior ... Member of three top-16 relays with club team (3rd, 4th, and 5th in the nation) ... Team captain junior and senior seasons ... All-Star diver all four years of high school ... Named AP Scholar with Distinction ... Robert C. Byrd Honors Scholarship Recipient ... National Merit Commended ... Member of National Honor Society and Spanish Honor Society. **Personal:** Son of Mark and Karen Paster ... Spends free time playing sports and following St. Louis sports teams ... Born October 10, 1986.

Paster's Collegiate Bests
200 Free - 1:49.14 500 Free - 4:50.38 1650 Free - 16:53.65
1 Meter - 127.25

Paster's Collegiate Bests

200 Free - 1:49.14 500 Free - 4:50.38 1650 Free - 16:53.65
1 Meter - 127.25



Joey Peterson Junior • Fly/IM Williamsburg, VA • Lafayette

2004-05: Advanced to the consolation finals of the 200 fly at CAAs, placing 15th overall ... Also swam in both IM events at the conference meet ... Advanced to the finals of four events at the competitive Terrapin Invitational, reaching the consolation race in the 200 fly and 400 IM ... Finished 11th in the 400 IM at the meet and 13th in the 200 fly ... Timed a personal record of 53.53 in the 100 fly to place 23rd in the event ... Also claimed 17th in the 200 IM ... Teamed for two relay wins during the fall and one in the winter. **2003-04:** Advanced to the finals of two events at CAA, claiming 11th in the 200 fly and 15th in the 400 IM ... Also swam well at the Terrapin Invite, advancing from prelims to place 20th in the 400 IM and 23rd in the 200 IM ... Finished 27th in the 200 fly at the meet, just shy of advancing to the finals. **Prep:** Lettered for four years under coach Harold Baker ... Set school records in 200 IM and 500 free ... USA Swimming Scholastic All-American. **Personal:** Son of Joseph and Lauren Peterson ... Stepfather, Harold Baker, swam at W&M ... Enjoys sports and music ... Born September 5, 1985 in Williamsburg, Virginia.

Peterson's Collegiate Bests
200 Fly - 1:56.17 200 IM - 1:58.07 400 IM - 4:14.06

Peterson's Collegiate Bests

200 Fly - 1:56.17 200 IM - 1:58.07 400 IM - 4:14.06



Matt Shoulders Sophomore • Free Roanoke, VA • Hidden Valley

2004-05: Clocked a personal record of 4:44.65 to advance from the preliminaries of the CAA 500 free into the consolation finals, where he placed 15th overall ... Also posted a PR of 16:36.87 in the 1650 to claim 13th, bettering his old mark by 11 seconds ... Swam on squad's sixth-place 800 free relay at CAAs ... Advanced from prelims in two events at the competitive Terrapin Invite, finishing 12th in the 500 free and 17th in the 200 free ... Also claimed ninth in the 1650 free and was just short of reaching the finals of the 100 free, placing 27th ... Picked up eight individual podium finishes overall ... Teamed for two wins in the 400 free relay and one in the 200 free relay. **Prep:** Helped team to state championship in 2003-04 ... Team placed third at states for 2002-03 season ... Swam to sixth at states in the 500 free ... Team captain for two seasons ... Honor roll selection. **Personal:** Son of John and Cathy Shoulders ... Brother, David, swam for the Tribe from 2000-04 ... Enjoys ultimate frisbee, riverball and football ... Born June 9, 1986 in Roanoke, Virginia.

Shoulders' Collegiate Bests
200 Free - 1:44.67 500 Free - 4:44.65 1000 Free - 9:59
1650 Free - 16:36.87

Shoulders' Collegiate Bests

200 Free - 1:44.67 500 Free - 4:44.65 1000 Free - 9:59
1650 Free - 16:36.87



Nick Widmyer Sophomore • Free Charles Town, WV Mercersburg Academy

2004-05: Raced in the 200, 500, and 1650 free events at the CAA Championships in his rookie season ... Placed 31st in the CAA 1650 free to best his previous personal record by 18 seconds ... Swam to 17th in the 1650 free and 30th in the 200 free at the competitive Terrapin Invitational. **Prep:** Received most points award five years in a row from Jefferson Park swim team ... Earned Persistence Award in 2003 ... Lettered for two seasons under coach Pete Williams ... Honor roll all four years with high honors as a senior. **Personal:** Son of Ronald and Carolyn Widmyer ... Plans to major in international relations ... Enjoys reading, music and movies ... Born July 19, 1985 in Charles Town, West Virginia.

Widmyer's Collegiate Bests
500 Free - 5:04.31 1000 Free - 10:52.09 1650 Free - 17:32.19

Widmyer's Collegiate Bests

500 Free - 5:04.31 1000 Free - 10:52.09 1650 Free - 17:32.19



Matt Wolff Senior • Back/IM Annandale, VA • Annandale

2004-05: Advanced from preliminaries to the consolation finals of the CAA meet in the 100 and 200 back... Claimed 12th in the 100 back with a time of 53.20, good for seventh on the school's all-time list ... Also claimed 14th in the 200 back ... Advanced to the finals of the 200 IM at the Terrapin Invitational, claiming 15th ... Teamed for the win in the 400 free relay vs. UMBC ... Placed second in the 200 back at the ODU Pod Meet ... Had five podium finishes overall. **2003-04:** Swam into the finals of two events at CAAs, with a best of 10th in the 400 IM ... Clocked a 4:07.34 in the prelims of the event, the fourth-best time in Tribe history ... Also claimed 11th in the 200 back at conferences ... Advanced to the finals of two events at the competitive Terrapin Invitational ... After setting the seventh-fastest 100 back time in Tribe history during prelims with a 53.38, swam to 20th overall at the meet ... Also finished 16th overall in the 200 back at the Terrapin Invite, advancing to the consolation race. **2002-03:** Ray Voelker Most Outstanding Freshman Award winner ... Won the consolation heat of both the 200 backstroke (1:54.55) and the 400 IM (4:07.78) ... Fourth all-time for the Tribe in the 400 IM and fifth all-time in the 200 back ... Attained the fastest time on the team in the 200 backstroke and the third-fastest in the 400 IM ... Placed 17th at CAAs in the 200 IM ... 10th-place finisher in the 200 IM at the Terrapin Invitational (1:57.55) with the third-fastest time on the team for the season ... Touched the wall in 53.81 in the 100 backstroke for a 10th-place finish at the Terrapin Invitational. **Prep:** First team all-district and all-region, Honorable Mention All-Metro ... Holds two individual and two relay records at Annandale ... Captain of swim team ... Played soccer and lacrosse ... National Honor Society, Student Senator ... Top events included 200 butterfly (1:55.2), 100 butterfly (52.0), 100 backstroke (53.0), and 200 IM (1:57.0).

Wolff's Collegiate Bests
100 Back - 53.20 200 Back - 1:54.55 200 IM - 1:58.01

Wolff's Collegiate Bests

100 Back - 53.20 200 Back - 1:54.55 200 IM - 1:58.01



Senior Matt Wolff

Wolff's Collegiate Bests

100 Back - 53.20 200 Back - 1:54.55 200 IM - 1:58.01

Men's Freshman Profiles



Nader Amer

Freshman • Free/Fly
Yorktown, VA • Tabb

Prep: 2005 Junior National Consolation Finalist ... Swam under Steve Griffin with the Coast Guard Blue Dolphins ... Led Tabb to 3 Virginia State Championships ... Academic Honor Athlete (2004). **Personal:** Son of Mourad and Tahani Amer ... Plans to major in Biology ... Chose W&M over Virginia Tech, Duke, and East Carolina ... Enjoys playing Ultimate Frisbee ... Born on July 17, 1987 in Newport News, Virginia.

Amer's Prep Bests

50 Free - 21.38 100 Free - 46.66 200 Free - 1:42.90
100 Fly - 52.60



Jason Brisson

Freshman • Breast/IM
Richmond, VA • Godwin

Prep: Qualified for the US Open in the 200 breast ... Junior National Qualifier in the 100, 200 breast, 200, 400 IM, and 200 fly ... Finalist in multiple events at the Virginia Senior Championships ... Two-time USA Swimming Scholastic All-American ... Swam for Geoff Brown at NOVA Aquatics ... National Merit Commended Scholar ... National Honor Society ... Virginia Boy's State attendee. **Personal:** Son of Carciety and Lou Ann Brisson ... Plans to major in either English or government ... Chose William and Mary over North Carolina, North Carolina State, Davidson, and James Madison ... Enjoys drama, writing, reading, traveling, and listening to music ... Born on August 9, 1986 in Raleigh, North Carolina.

Brisson's Prep Bests

100 Breast - 58.25 200 Breast - 2:04.12 200 IM - 1:56.57
400 IM - 4:04.00



Dan Byler

Freshman • Breast/IM
Parkersburg, WV • Parkersburg

Prep: 2005 West Virginia State Champion in the 100 breast ... Three time all-state ... Four-time YMCA Nationals qualifier ... National Merit finalist ... Presidential Scholar nominee ... Founder/President of the Teenage Republicans chapter at Parkersburg. **Personal:** Son of Tony and Debra Byler ... Plans to major in economics ... Enjoys playing chess, reading, politics, and participating in church activities ... Born on January

20, 1987 in Pittsburgh, Pennsylvania.

Byler's Prep Bests

100 Breast - 1:01.26 200 IM - 1:58.77 400 IM - 4:22.19



Joe Cin

Freshman • Diving
Hummelstown, PA • Hershey

Prep: Dove for John Ricci with the Hershey Diving Club ... 2004 and 2005 Finalist at the PIAA State Diving Championships ... Earned Eagle Scout honors. **Personal:** Son of David and Sharon Cin ... Plans to major in biology ... In his spare time, enjoys playing music and snowboarding ... Born on April 19, 1987 in Woodbridge Lakes, New Jersey.

Cin's Prep Bests

1 Meter - 262



Jeff Collier

Freshman • Free/Back/IM
Salem, VA • North Cross

Prep: Swam for Brent St. Pierre with the CCA Marlins ... *The Roanoke Times* 2005 High School Swimmer of the Year ... Two-time state champion in the 200 IM, 2005 state champion in the 500 free ... Junior National Qualifier in the 500 free, 100 back, and 200 back ... Senior National Qualifier in the 400 Medley Relay ... Honor Roll student at North Cross ... Ambassador for the junior and senior classes. **Personal:** Son

of William and Carol Collier ... Full name is William Jeffrey Collier ... Enjoys playing guitar, listening to music, drama, and involving himself in church ... Born on June 26, 1987 in Salem, Virginia.

Collier's Prep Bests

500 Free - 4:39.15 1000 Free - 9:37 200 Back - 1:54.02
200 IM - 1:57.54



Shane Kelsey

Freshman • Free
Baltimore, MD • Loyola Blakefield

Prep: Earned four letters for coach Keith Schertle ... Eight-time high school All-American ... Six-time Maryland Interscholastic Athletic Association Champ ... Led team to 2005 National Catholic Championship ... Runner-up high point scorer at the National Catholic Championships ... Junior National Qualifier in the 200 free ... Holds 12 top-25 times at his school, more than any other swimmer ... Organized a

fundraiser for a student who injured his spinal cord in football, raising over \$4000. **Personal:** Son of Peter and Sandra Kelsey ... Cousin, Scott Kelsey, is a junior on the W&M Men's Soccer team ... In his spare time, enjoys surfing and snowboarding ... Born on September 9, 1987 in Baltimore, Maryland.

Kelsey's Prep Bests

100 Free - 47.60 200 Free - 1:42.01 500 Free - 4:40.60



David Mangini

Freshman • Back
Inver Grove Heights, MN
Cretin-Durham Hall

Prep: Swam for Paul Lundsten with the Star Swim Team ... Two-time all-state ... 2005 high school All-American ... Holds school records in the 100 back and 200 free relay ... Co-president of the Student Council ... National Honor Society. **Personal:** Son of Flavio and Lynne Mangini ... Sister, Julia, swam

at Wisconsin-Eau Claire ... Plans to major in biology at the College ... Born on October 20, 1987 in St. Paul, Minnesota.

Mangini's Prep Bests

100 Back - 54.47 200 Back - 1:58.64 200 IM - 1:59.52



Shawn Matthews

Freshman • Free
Rumson, NJ • Fairhaven Regional

Prep: All-Shore Team in 2005 ... Swam for Corinna Weinkofsky in the Central Jersey Aquatic Club ... Holds school records in the 200, 500 free, 100 breast, and 200 IM ... Officer in the French Honor Society for his Junior and Senior years. **Personal:** Son of Jim and Robbie Matthews ... Fourth Matthews sibling to swim in college ... Brother, Ryan, swam for four years at Massachusetts, and sister, Carlie, swam for Delaware

... Sister, Bryanne, is a senior on the Tribe swimming team ... Enjoys surfing, skateboarding, and fishing in his free time ... Born on September 10, 1987 in Long Branch, New Jersey.

Matthews' Prep Bests

200 Free - 1:45.00 500 Free - 4:46.21

Men's Athlete Profiles / Top Performers



John Savage Freshman • Back/Free Piedmont, CA • Piedmont

Prep: Five-time Bay Shore Athletic League champion ... Won the 100 back in 2003, 2004, and 2005 ... Won 500 free in 2004, and 200 free in 2005 ... First team all-league in 2004, 2005 ... Team MVP in 2004 and 2005 ... 12th place at North Coast Sectional meet in the 100 back ... Earned four varsity letters in swimming for coach Helen Salcedo ... 2005 Piedmont High School Outstanding Male Athlete of the Year ...

Also earned three letters in water polo ... 2004 team MVP and first team all-league ... Served as a peer tutor ... Was treasurer of Piedmont's Junior Statesmen of America chapter. **Personal:** Son of Charles and Janet Savage ... Brother, Dan, swam for Amherst ... Father, Charles, was Class of 1971 at William and Mary ... Plans to major in biology ... Enjoys playing water polo, photography, and music ... Born on February 26, 1987 in Berkeley, California.

Savage's Prep Bests

200 Back - 1:58.06 200 Free - 1:47.99



TJ Storm Freshman • Breast Lewisburg, PA • Lewisburg

Prep: 2003 PIAA State Champ in the 100 breast ... 2003 Pennsylvania YMCA State Champion in the 100 breast ... Top three at the PIAA state meet in the 100 breast 2002, 2004, and 2005 ... Swam for Jon Larson with Big Cat Aquatics ... National Honor Society member ... Member of the Spanish Honor Society. **Personal:** Son of Randy and Kathy Storm ... Full name is Timothy James Storm ... Brother, Andy, swims

for Duke ... Mother, Kathy, swam at William and Mary ... Parents were both Class of 1980 at W&M, and an aunt was a member of the Class of 1986 ... Plans to major in biology ... In his leisure time, enjoys playing the trumpet, backpacking, and white-water kayaking ... Born on October 23, 1986 in Winston-Salem, North Carolina.

Storm's Prep Bests

100 Breast - 59.97 200 Breast - 2:12.56

2004-05 Men's Top Performers

50 Free

1. Eric Druker	2/24/05	21.26 §
2. Nick Duda	2/24/05	21.27 §
3. Jacob Albright	2/24/05	21.47
4. Bob Jacobsen	2/24/05	21.72
5. Bruce Thomas	11/18/04	22.17

100 Free

1. Nick Duda	2/26/05	46.72 §
2. Scott Rhodes	11/19/04	47.78
3. Eric Druker	10/29/04	48.00
4. Bob Jacobsen	2/26/05	48.05
5. Jesse Moore	11/6/04	49.91

200 Free

1. Nick Duda	2/25/05	1:42.37 §
2. Matt Shoulders	11/19/04	1:44.67
3. Scott Rhodes	11/18/04	1:44.76
4. Jacob Albright	11/18/04	1:46.08
5. Jesse Moore	10/30/04	1:47.29

500 Free

1. Alex Jendzejec	2/24/05	4:43.96
2. Scott Rhodes	11/19/04	4:44.06
3. Matt Shoulders	2/24/05	4:44.65
4. Jesse Moore	11/19/04	4:48.59
5. Tony Wareck	2/24/05	4:49.87

1000 Free

1. Matt Shoulders	10/29/04	10:09.71
2. Alex Jendzejec	10/29/04	10:13.90
3. Scott Rhodes	10/30/04	10:15.67
4. Jesse Moore	1/22/05	10:25.36
5. Brandon Paster	10/29/04	10:40.04

1650 Free

1. Alex Jendzejec	2/26/05	16:33.73
2. Matt Shoulders	2/26/05	16:36.87
3. Jesse Moore	2/26/05	16:44.99
4. Brandon Paster	2/26/05	16:53.65
5. Nick Widmyer	2/26/05	17:32.19

100 Breast

1. Bruce Thomas	11/19/04	57.42
2. Jeff Clark	2/25/05	58.07 §
3. Bob Brofft	11/19/04	1:00.07
4. Andrew Carberry	2/25/05	1:00.14
5. Alex Jendzejec	11/18/04	1:01.75

200 Breast

1. Bruce Thomas	11/19/04	2:07.63
2. Jeff Clark	2/26/05	2:08.31 §
3. Bob Brofft	11/19/04	2:11.03
4. Andrew Carberry	11/18/04	2:11.07
5. Alex Jendzejec	11/19/04	2:12.32

100 Fly

1. Eric Druker	2/25/05	50.46
2. Tony Wareck	2/25/05	52.02 §
3. Evan Elsaesser	11/18/04	52.09
4. Bob Jacobsen	2/25/05	52.81
5. Peter King	2/25/05	53.43

200 Fly

1. Tony Wareck	2/26/05	1:54.74 §
2. Joey Peterson	2/26/05	1:57.58
3. Eric Druker	10/22/04	1:58.02
4. Peter King	2/26/05	1:58.35
5. Jesse Moore	11/19/04	2:05.04

100 Back

1. Jacob Albright	2/25/05	52.18 §
2. Evan Elsaesser	11/19/04	52.97
3. Matt Wolff	2/25/05	53.20 §
4. Tony Wareck	11/18/04	57.04

200 Back

1. Jacob Albright	2/26/05	1:55.75 §
2. Matt Wolff	2/26/05	1:57.23
3. Evan Elsaesser	11/19/04	1:57.93
4. Joey Peterson	11/5/04	2:12.45

200 IM

1. Bruce Thomas	11/19/04	1:54.60 §
2. Matt Wolff	11/19/04	1:58.01
3. Joey Peterson	11/19/04	1:58.37
4. Alex Jendzejec	11/18/04	1:59.39
5. Bob Brofft	11/19/04	2:00.37

400 IM

1. Alex Jendzejec	2/25/05	4:11.35 §
2. Joey Peterson	11/19/04	4:17.39
3. Matt Wolff	10/30/04	4:23.92
4. Jesse Moore	11/18/04	4:26.51
5. Jeff Clark	1/15/05	4:32.12

200 Free Relay

1. Duda, Jacobsen, Albright, Druker	2/25/05	1:24.04
2. Jacobsen, Duda, Albright, Druker	11/5/04	1:25.29
3. Duda, Thomas, Jacobsen, Druker	10/23/04	1:25.83
4. Wolff, Elsaesser, Rhodes, Thomas	11/19/04	1:27.17
5. Druker, Duda, Albright, Jacobsen	10/30/04	1:27.26

400 Free Relay

1. Albright, Jacobsen, Duda, Druker	2/26/05	3:07.59
2. Albright, Jacobsen, Duda, Druker	11/19/04	3:10.38
3. Thomas, Shoulders, Moore, Rhodes	11/19/04	3:13.58
4. Jacobsen, Peterson, Shoulders, Druker	10/30/04	3:14.70
5. Rhodes, Albright, Druker, Duda	11/5/04	3:14.77

800 Free Relay

1. Jendzejec, Moore, Shoulders, Duda	2/23/05	6:56.13
--------------------------------------	---------	---------

200 Medley Relay

1. Elsaesser, Clark, Druker, Albright	2/23/05	1:33.78
2. Albright, Thomas, Druker, Duda	11/19/04	1:34.95
3. Elsaesser, Clark, Wareck, Jacobsen	11/19/04	1:37.16
4. Elsaesser, Thomas, Wareck, Albright	10/29/04	1:37.76
5. Elsaesser, Clark, Wareck, Jacobsen	11/6/04	1:39.39

400 Medley Relay

1. Albright, Clark, Druker, Duda	2/24/05	3:26.62
2. Elsaesser, Thomas, Druker, Duda	11/19/04	3:26.92
3. Elsaesser, Thomas, Druker, Duda	10/30/04	3:30.50
4. Albright, Clark, Wareck, Jacobsen	11/19/04	3:33.20
5. Elsaesser, Thomas, Druker, Duda	10/14/04	3:33.83

1-Meter Dive

1. Brandon Paster	11/5/04	127.25
-------------------	---------	--------

3-Meter Dive

1. Brandon Paster	10/30/04	133.7
-------------------	----------	-------

§ School Top 10

Men's Record Book

50 Free

1. Craig Donnelly	20.10	12/1/88
2. Rusty Hodgson	20.59	2/24/00
3. Mike Lovett	20.85	2/24/00
4. Joel Thomas	20.95	2/20/98
5. Craig Birgfeld	21.06	2/18/93
6. Matt Snow	21.12	1996
7. Adrian Maholchic	21.17	2/20/98
8. Ryan Visser	21.23	1994-95
9. Eric Druker	21.26	2/24/05
10. Nick Duda	21.27	2/24/05

100 Free

1. Rusty Hodgson	45.38	2/26/00
2. Mike Lovett	45.39	2/20/99
3. Craig Birgfeld	45.98	2/19/94
4. Carl Browne	46.20	1983-84
5. Adrian Maholchic	46.28	2/18/99
6. Chris Robinson	46.52	1998
7. Nick Duda	46.72	2/26/05
8. Matt Crispino	46.97	2/24/02
9. Pat Prutsman	47.19	1993-94
10. Ryan Visser	47.21	1992

200 Free

1. Chris Robinson	1:39.67	2/19/98
2. Scott Rhodes	1:40.55	2/19/04
3. Mike Lovett	1:41.64	2/19/98
4. Carl Browne	1:41.66	1983-84
5. Chris Craig	1:42.35	2/23/01
6. Nick Duda	1:42.37	2/25/05
7. Matt Crispino	1:42.46	2/23/01
8. Craig Birgfeld	1:42.51	2/18/94
9. David Hildebrand	1:42.54	2/23/01
10. Daniel Mee	1:43.49	2/27/97

500 Free

1. Chris Robinson	4:27.87	2/24/00
2. Scott Rhodes	4:34.42	2/23/02
3. Chris Craig	4:36.14	2/22/01
4. Marcus Hill	4:36.52	2/18/99
5. Clark Noble	4:36.95	2/19/04
6. Matt Crispino	4:37.31	2/24/00
7. Zach Woodward	4:37.43	2/18/99
8. David Hildebrand	4:39.28	2/22/01
9. Bill Markovitz	4:39.52	2/27/92
10. Ted Coine	4:41.20	1988

1000 Free

1. Chris Robinson	9:31.58	1997-98
2. Clark Noble	9:38.91	2001-02
3. Scott Rhodes	9:41.39	2001-02
4. Zach Woodward	9:43.24	2/20/99
5. Marcus Hill	9:47.36	11/8/98
6. Bill Markovitz	9:49.16	1/15/91
7. Jon Lin	9:51.55	11/1/97
8. Chris Craig	9:51.58	1/16/01
9. Alan Rubel	9:55.61	1990-91
10. Greg O'Leary	9:56.45	1/30/99

1650 Free

1. Chris Robinson	15:44.43	1997-98
2. Clark Noble	16:00.38	2/24/02
3. Zach Woodward	16:01.53	2/24/01
4. Scott Rhodes	16:02.53	2/24/02
5. Bill Markovitz	16:16.13	1991-92
6. Alex Seamon	16:18.50	2/24/01
7. David Hildebrand	16:23.32	2/24/01
8. Alan Rubel	16:24.66	2/9/91
9. Matt Crispino	16:25.51	2/28/99
10. Greg O'Leary	16:30.40	2/20/99

100 Breast

1. Dan Gowetski	56.44	2/27/98
2. Bruce Thomas	56.83	2/23/02
3. Jeff Clark	58.07	2/25/05
4. Gaetan Sgro	58.27	2/19/03
5. Ryan Visser	58.51	2/18/94
6. Rusty Hodgson	58.97	2/19/99
7. Gabriel Layman	59.22	2/20/98
8. Will Lappenbusch	59.22	3/2/90
9. Bob Brofft	59.47	11/21/02
10. Scott Graham	59.87	1987

200 Breast

1. Dan Gowetski	2:03.05	2/28/98
2. Bruce Thomas	2:05.72	2001-02
3. Gaetan Sgro	2:06.77	2/21/03
4. Jeff Clark	2:08.31	2/26/05
5. Andrew Carberry	2:08.60	2/20/04
6. Gabriel Layman	2:08.84	1997-98
7. Clark Noble	2:09.49	11/21/03
8. Will Lappenbusch	2:09.51	3/3/90
9. Bob Brofft	2:09.56	2001-02
10. Ryan Visser	2:10.06	2/19/94

100 Fly

1. Eric Druker	50.15	2/20/04
2. Mark Sinder	50.58	2001-02
3. Noah Laurence	51.23	11/22/03
4. Mike Lovett	51.24	2/25/00
5. Chris Hanley	51.29	2/25/00
6. Evan Elsaesser	51.42	2/20/04
7. Jon Lin	51.43	2/23/02
8. Bill Weihs	51.74	1979-80
9. Peter King	51.81	11/22/03
10. Tony Wareck	52.02	2/25/05

200 Fly

1. Jon Lin	1:50.72	2/24/02
2. Eric Druker	1:52.20	2/24/02
3. Mark Sinder	1:53.44	2001-02
4. Ted Coine	1:54.40	1987-88
5. Tony Wareck	1:54.74	2/26/05
6. John Vahradian	1:55.01	2/13/88
7. Noah Laurence	1:55.13	11/19/02
8. Peter King	1:55.46	2/20/03
9. Bill Weihs	1:55.91	1980
10. Chris Hanley	1:56.08	2/17/99

100 Back

1. Josh Osterberg	50.99	2/25/00
2. Daniel Mee	51.19	2/25/00
3. Evan Elsaesser	52.05	2/20/04
4. Jake Albright	52.18	2/25/05
5. Matt Knodt	53.09	2/22/01
6. Carl Browne	53.10	1981-82
7. Matt Wolff	53.20	2/25/05
8. Mark Sinder	53.42	2001-02
9. David Shoulders	53.53	11/21/02
10. Peter Bertholet	53.56	1995-96

200 Back

1. Daniel Mee	1:49.98	2/26/00
2. Josh Osterberg	1:50.05	2/28/98
3. Matt Knodt	1:53.00	1997-98
4. Marcus Hill	1:53.59	2/24/01
5. Evan Elsaesser	1:54.55	2/20/04
6. Matt Wolff	1:54.55	2/20/03
7. Mark Dansereau	1:55.67	1997-98
8. Jake Albright	1:55.75	2/26/05
9. David Shoulders	1:55.82	2/20/04
10. Doug Slater	1:55.93	1979-80

200 IM

1. Josh Osterberg	1:52.49	2/24/00
2. Carl Browne	1:52.59	1983-84
3. Mark Sinder	1:52.87	2/18/99
4. Matt Crispino	1:53.51	2/24/02
5. Daniel Mee	1:53.69	2/18/99
6. Bruce Thomas	1:54.60	11/19/04
7. Ryan Visser	1:56.06	2/17/94
8. Mike Lovett	1:56.07	2/20/97
9. Noah Laurence	1:56.21	2/19/04
10. Louis Najera	1:56.56	12/2/88

400 IM

1. Josh Osterberg	4:03.26	2/18/98
2. Clark Noble	4:03.65	2/20/04
3. Marcus Hill	4:03.72	2/18/99
4. Matt Wolff	4:07.34	2/20/04
5. Noah Laurence	4:09.76	2/22/03
6. Alex Jendzejec	4:11.35	2/25/05
7. David Hildebrand	4:12.16	2/25/00
8. Carl Browne	4:13.39	1982-83
9. Joey Peterson	4:14.06	2/19/04
10. Zach Woodard	4:15.44	2/19/99

Relays

200 Free Relay	1:22.94	2/24/00
Hodgson, Mee, Craig, Lovett		
400 Free Relay	3:01.74	2/28/99
Robinson, Maholchic, Hodgson, Lovett		
800 Free Relay	6:47.85	2/19/99
Crispino, Lovett, Mee, Robinson		
200 Medley Relay	1:33.07	2/25/00
Mee, Gowetski, Hanley, Hodgson		
400 Medley Relay	3:22.03	2/24/00
Mee, Gowetski, Lovett, Hodgson		

Diving

1 Meter		
Shawn McLane	632.25	3/21/85
3 Meter		
Shawn McLane	662.00	3/23/85



Two-time All-American **Shawn McLane '86**. A standout diver for four years at the College, Shawn was the 1984 Eastern Regional champion in both the 1 meter and 3 meter diving events and set the William and Mary records at the 1985 NCAA Championships. His senior year, in 1986, he earned Division I All-America citations, thus far the only such honors for a W&M swimmer.

Colonial Athletic Association

Top Times at 2005 CAA Championships

Women's

Event	1st Place	9th Finals	8th Prelims	16th Prelims
200 Medley Relay	1:44.76	1:54.25	--	--
800 Free Relay	7:32.67	7:46.63	--	--
500 Free	4:56.98	5:04.17	5:06.25	5:09.58
200 IM	2:04.76	2:09.50	2:10.90	2:13.31
50 Free	22.75	24.08	24.12	24.68
400 Medley Relay	3:50.09	4:07.43	--	--
400 IM	4:25.59	4:33.69	4:36.55	4:42.24
100 Fly	55.11	57.57	58.70	59.36
200 Free	1:50.72	1:53.70	1:55.09	1:56.59
100 Breast	1:03.68	1:06.29	1:06.77	1:08.78
100 Back	57.35	59.49	59.09	1:00.80
200 Free Relay	1:34.16	1:41.87	--	--
100 Free	49.86	53.09	52.94	53.95
1650 Free	17:11.43	17:29.44	--	--
200 Back	2:02.89	2:07.81	2:08.28	2:11.89
200 Breast	2:18.55	2:25.53	2:25.58	2:27.22
200 Fly	2:03.26	2:07.99	2:09.84	2:11.63
400 Free Relay	3:26.41	3:39.53	--	--
1-Meter Diving	276.80	--	185.05	153.60
3-Meter Diving	433.90	--	330.75	231.25



Men's

Event	1st Place	9th Finals	8th Prelims	16th Prelims
200 Medley Relay	1:32.53	1:37.84	--	--
800 Free Relay	6:46.74	7:00.92	--	--
500 Free	4:28.69	4:39.66	4:40.03	4:44.65
200 IM	1:52.57	1:54.84	1:54.72	1:57.01
50 Free	20.61	21.32	21.43	21.78
400 Medley Relay	3:24.05	3:33.39	--	--
400 IM	3:57.96	4:07.67	4:07.88	4:14.85
100 Fly	50.46	50.60	51.37	52.61
200 Free	1:39.54	1:42.78	1:42.69	1:44.94
100 Breast	57.07	58.78	59.21	1:01.12
100 Back	50.55	52.72	52.93	54.25
200 Free Relay	1:23.07	1:26.65	--	--
100 Free	45.41	46.57	46.59	47.14
1650 Free	15:18.80	16:27.05	--	--
200 Back	1:48.79	1:53.15	1:53.93	1:57.53
200 Breast	2:01.81	2:07.42	2:08.45	2:13.48
200 Fly	1:51.50	1:54.74	1:54.58	1:57.58
400 Free Relay	3:02.28	3:11.89	--	--
1-Meter Diving	357.65	--	200.00	139.35
3-Meter Diving	595.40	--	331.55	153.65

William and Mary times in **BOLD**

Tribe CAA Champions

Men

Craig Birgfeld	100 Free	46.62	1993
Josh Osterberg	200 Back	1:50.97	1998
Mike Lovett	100 Free	45.39	1999
Robinson/Maholchic/Hodgson/Lovett	400 Free Relay	3:01.78	1999
Mee/Gowetski/Sinder/Lovett	400 Medley Relay	3:22.18	1999
Rusty Hodgson	50 Free	20.59	2000
Jon Lin	200 Fly	1:50.72	2002
Bruce Thomas	100 Breast	56.83	2002
Dan Gowetski	200 Breast	2:03.86	2002
Eric Druker	100 Fly	50.15	2004
Eric Druker	100 Fly	50.46	2005

Women

Kathy Welch	100 Fly	59.76	1986
Amy Johnson	200 Fly	2:10.63	1986
Diane Vallere	1650 Free	17:32.24	1986
Kathy Welch	200 IM	2:11.42	1986
Pat Olivo	200 Fly	2:11.13	1987
Scotia Miller	1650 Free	17:32.93	1987
Amy Johnson	200 Fly	2:10.23	1988
Alison Wohlust	200 Free	1:56.78	1989
Karen Laslo	1650 Free	17:16.24	1989
Johnson/Wohlust/Hughes/Newman	400 Free Relay	3:37.36	1989
Wohlust/Vallere/Johnson/Laslo	800 Free Relay	7:53.29	1989
Harms/Brooks/Wilcox/Armstrong	400 Medley Relay	3:58.16	1991
Kristen Schnittger	100 Breast	1:04.25	1996
Upshaw/Schnittger/Wimberly/Grauman	200 Medley Relay	1:47.64	1997
Lisa Wimberly	100 Fly	57.02	1998
Fenix/Schnittger/Wimberly/Grauman	200 Medley Relay	1:47.73	1998
Ruth Anne Miller	200 IM	2:05.34	2000
Kerrie Fineran	50 Free	24.15	2001
Alyssa Lengle	200 free	1:51.96	2001
Liz Koch	100 Fly	56.63	2002
Boles/Miller	800 Free Relay	7:36.58	2002
Bodine/Lengle			
Liz Koch	200 Fly	2:06.26	2003
Ruth Anne Miller	100 Breast	1:03.71	2003
Ruth Anne Miller	200 Breast	2:16.32*	2003
Ruth Anne Miller	200 IM	2:03.29*	2003
Meredith David	100 Back	57.35	2005
Kelly Reitz	200 Breast	2:18.55	2005
David/Reitz/Calanog Rognlien	400 Medley Relay	3:50.09	2005

* Championship Meet Record

Academics and Athletics

A blend of high-caliber academics and strong Division I athletics at William and Mary has long been a factor for high school student-athletes as they consider where to continue their education. For many swimmers, the fact that William and Mary is academically on par with schools such as Harvard, Yale and Princeton, but much more laid back in atmosphere, is one of the biggest draws. The swimming and diving teams not only exemplify that healthy balance between academics and athletics, but take it to the next level.

The squad has traditionally boasted one of the highest average GPAs among the College's 23 varsity sports teams. Recently, a Tribe butterflyer was honored as a Rhodes scholar, one of the most prestigious academic awards in the country.

Paul Larsen was named a Rhodes Scholar in December of 1999 following his graduation in June. Larsen graduated with highest honors in physics and held a minor in mathematics. He was a member of Phi Beta Kappa, the national honor society, and Omicron Delta Kappa, the national collegiate society for student leaders. In addition, Larsen was one of an elite group of James Monroe Scholars at W&M, a program which grants such honorees \$2,000 for independent study. Larsen is currently a visiting researcher at Oxford University in the Mathematics Group.

As a member of the Tribe swimming and diving program, Larsen was a key contributor in the butterfly events and was the top butterflyer on the squad as a freshman. His fastest time in the 100 butterfly, 52.75, stands among the top-15 times in school history.

Reflecting on his undergraduate experience, Larsen said, "Throughout my time at William and Mary, I got a strong sense that education was to be holistic, incorporating community service, activism, and, for many, athletics. One of the great things about William and Mary is that I could pursue an intense academic course while competing in a Division I sport."

The squad continues to carry on the tradition of strong academics into the 2005-06 school year. The teams boast nearly a dozen athletes who have been selected to the Dean's List and many more have earned the CAA Commissioner's Academic Award, for which athletes must have at least a 3.2 grade point average while lettering in a varsity sport. Several athletes on each team are also Monroe Scholars, a unique program at the College which recognizes the most academically distinguished undergraduates and awards them grants to conduct summer research. Aside from these distinctions, the team's



Paul Larsen



Morgan Adams

student-athletes accrue many other unique honors. Morgan Adams, Laura Hodulik, Brandon Paster and Lindsay Young were honored with SAAC's Academic and Athletic Provost Award while 2005 graduate Robyn Kondrad, recipient of the Howard Hughes Medical Institute Research Grant, had research published in prominent journals as an undergraduate and was selected to Phi Beta Kappa. The Tribe freshmen always join the squad accomplished both in the pool and in the classroom and this year's crop is no different, with Academic All-Americans, National Honor Society members and National Merit Commended scholars joining the team. After accruing a wealth of individual accolades for their outstanding scholastic achievements the newcomers are primed for success not only athletically but also academically at W&M.

With several individuals receiving credit for high academic achievements, a testament to the team's academic success lies in the team's GPA. Both the men's and women's squad have earned Academic All-America team honors in recent years, including the women's team claiming the distinction in both the fall and spring semesters last year.

As the swimming and diving teams continue to reach greater heights in their athletic achievements, they seek new levels of academic accomplishments. The success of the team's student-athletes demonstrates the effective balance of top-notch academics with Division I athletics. The swimming and diving team is a model of the William and Mary athletics department's commitment to excellence not only in athletics, but in academics as well.

Tribe All-Americans

1985-86 (NCAA Division I Men's)

- 1 Meter Dive Shawn McLane
- 3 Meter Dive Shawn McLane
- 1981-82 (AIAW Division II)
- 200 F. Relay Laura Schwarz, Kara Brock, Lora Jean Masters, Heather Sell
- 200 M. Relay Schwarz, Anne Sorenson, Erin Sheehey, Masters
- 400 M. Relay Schwarz, Sell, Masters, Sheehey
- 50 Breast Erin Sheehey
- 50 Breast Patty Powis
- 100 Breast Erin Sheehey - NATIONAL CHAMPION
- 200 Breast Erin Sheehey
- 200 Fly Heather Sell

1980-81 (AIAW Division II)

- 200 F. Relay Jenny Tatnall, Maureen Redmond, Schwarz, Heather Nixon
- 200 M. Relay Schwarz, Sheehey, Tatnall, Redmond
- 50 Breast Erin Sheehey
- 100 Breast Erin Sheehey
- 200 Breast Erin Sheehey
- 100 Back Laura Schwarz

1979-80 (AIAW Division II)

- 200 F. Relay Schwarz, Redmond, Nixon, Tatnall
- 400 F. Relay Redmond, Schwarz, Tricia Byrne, Tatnall
- 800 F. Relay Tatnall, Karen Jones, Nixon, Byrne
- 50 Back Laura Schwarz
- 100 Back Laura Schwarz
- 200 Back Laura Schwarz
- Diving Anne Thurston
- Diving Teresa Norman

1978-79 (AIAW Small College Division)

- 200 F. Relay Redmond, Schwarz, Masters, Tatnall
- 400 F. Relay Tatnall, Schwarz, Masters, Redmond
- 800 F. Relay Redmond, Nixon, Kathe Kelly, Tatnall
- 200 M. Relay Schwarz, Kristie Esbenson, Masters, Redmond
- 400 M. Relay Schwarz, Kelly, Tatnall, Masters
- 200 Free Jenny Tatnall
- 500 Free Jenny Tatnall
- 1650 Free Jenny Tatnall
- 50 Breast Kristie Esbenson
- 50 Back Laura Schwarz
- 100 Back Laura Schwarz

1977-78 (AIAW Small College Division)

- 400 F. Relay Redmond, Kelly, Nixon, Tatnall
- 400 M. Relay Tatnall, Esbenson, Missy Farmer, Redmond
- 100 Free Jenny Tatnall
- 200 Free Jenny Tatnall
- 500 Free Jenny Tatnall
- 1650 Free Jenny Tatnall
- 100 Breast Kristie Esbenson
- 50 Back Kristie Esbenson
- 200 IM Kathe Kelly
- 1 Meter Dive Carolyn Morse

1976-77 (AIAW Small College Division)

- 100 Breast Kathe Kelly
- 200 Breast Kathe Kelly
- 100 IM Kathe Kelly
- 200 IM Kathe Kelly
- 400 IM Kathe Kelly

1972-73 (AIAW Small College Division)

- 200 F. Relay Peggy Lawlor, Kaggie Richter, Mindy Wolff, Kathy Gibson
- 200 M. Relay Lawlor, Richter, Wolff, Gibson
- 200 Free Peggy Lawlor
- 100 Fly Peggy Lawlor
- 500 Fly Peggy Lawlor

1971-72 (AIAW Small College Division)

- 200 M. Relay Gibson, Lawlor, Betty Hamilton, Robin Morrison
- 400 M. Relay Gibson, Lawlor, Hamilton, Morrison
- 100 Free Peggy Lawlor
- 200 Free Peggy Lawlor
- 400 Free Peggy Lawlor

1969-70 (AIAW Small College Division)

- 200 M. Relay Kathy Love, Alice Hardin, Gibson, Noelle Kehrberg
- 400 M. Relay Love, Hardin, Gibson, Kehrberg
- 50 Fly Kathy Love
- 100 Fly Kathy Love

Athletic Administration



Terry Driscoll **Director of Athletics**

With an extensive resumé that includes four years as a student-athlete, a professional playing career and numerous jobs in the athletic business world, Edward C. "Terry" Driscoll is entering his eighth year as the athletics director at the College of William and Mary.

Driscoll's tenure has seen a wealth of improvements across the board in the W&M athletics department, from new facilities to increased fundraising for the Tribe. In addition, the Tribe has reached all-time highs in the annual Director's Cup rankings that summarize excellence in all sports.

Upon the death of legendary Tribe athletics director John Randolph, W&M president Timothy J. Sullivan chose Driscoll to be the new leader of the department, saying "Terry brings outstanding management and leadership skills to the position."

Since Driscoll took over as athletics director, he has overseen the construction of more than \$6 million in facilities, including the new Plumeri Park (baseball), Albert-Daly Field (soccer, lacrosse) and the Busch Courts (tennis). Driscoll has also increased the annual fundraising totals for non-capital projects from \$1.36 million in 1995 to around \$2.7 million currently. He also has served on numerous conference and NCAA committees, including a stint as president of the Atlantic 10 Football Conference.

The Tribe has also had outstanding success across the board since Driscoll came to Williamsburg. In 2002-03, W&M had a school-record 10 teams compete in the NCAA Tournament. Four teams won conference titles, while six were in the top 25 at the end of their respective seasons. One of the department's goals each year is to finish in the top 100 in the annual Director's Cup rankings, and that has happened in all but one of the years that Driscoll has been the AD, with a high ranking of 42 occurring in 1997. In addition, W&M had captured 81 CAA Championships coming into the 2005-06 school year, by far the highest total among all conference schools.

Driscoll's leadership skills were developed in his collegiate years. As a student-athlete at Boston College, Driscoll captained the basketball team to the National Invitation Tournament championship game as a senior, and was named the tournament MVP. In addition to being named an All-American, his success in the classroom with a major in biology garnered him an Academic All-America honor.

After graduating from BC, he was the fourth pick of the NBA Draft, selected by the Detroit Pistons, just three picks after the Milwaukee Bucks chose UCLA's Lew Alcindor, later to be known as

Kareem Abdul-Jabbar. Driscoll chose to play a year in Italy first, but then returned to the U.S. to play for the Pistons, Washington Bullets and Milwaukee Bucks before going back to Italy as a player and coach until 1980.

Driscoll then entered the corporate world in 1980, working for Kazmaier Associates, Inc., an international sporting goods sales and sports marketing firm. After Kazmaier purchased Bike Athletic in 1986, KSG Inc. was formed with the objective of becoming the first, and only, national sales agency in the sporting goods industry. By 1987, Driscoll was president of the company and had expanded the agency to all 50 states just two years later. In early 1990, Driscoll's contribution to a marketing research project for the NCAA was the initial step moving him from product marketing and sales to sports marketing and management. The result of the project was a joint venture between Kazmaier Associates and Host Communication - with Driscoll being named managing director and chief operating officer of NCAA International.

In 1993, Driscoll diversified his experience in the athletic world by working as the executive director of the 1994 World Cup site in Boston. In September of that year, Driscoll was again enlisted to launch a new business, Eagle International Group, an event management and services company. As vice president, Driscoll worked with Hawaii Pacific Sports as well as organizing the Women's World Volleyball Grand Prix, a five-week competition in Honolulu.

Driscoll resides in Williamsburg with his wife, Susan. The couple has two children - Keith, 30, a 1997 graduate of Holy Cross and Leslie, 26, a 2001 graduate of William and Mary.



Barbara Blosser **Senior Executive Associate AD**

After serving 12 years as the College's associate athletics director, Barbara Blosser was promoted to her current position of senior executive associate athletic director in April of 2004. Blosser started her career at William and Mary as the head women's basketball coach in 1978 and guided the Tribe

to a VAIW crown in her first season with a school-record 16 wins (16-13). Her 1980 Tribe team (11-14) placed third, while the 1981 squad (16-16) was VAIW runner-up. She was also at the helm during the 1984-85 season when William and Mary made the jump to NCAA Division I. Overall, she finished her coaching career with 115 wins, 84 of which came at William and Mary.

When the College's men's and women's athletic programs merged in May of 1986, she moved to administration, first serving as the Assistant to the Associate Athletics Director. Over the past 16 years, her administrative responsibilities at W&M have included the monitoring of financial aid matters, coordinating the scheduling of athletic facilities, supervision of coaches and staff and, currently, serving as the person primarily responsible for administering the day-to-day operations of the department.

From October 1992 to June 1993 and August 1995 to July 1996, Blosser also served as acting athletics director in an interim capacity. For her efforts, she was named the first recipient of the John Randolph Inspiration Award. Blosser has served on

various committees such as the NCAA Strategic Planning Committee and the Colonial Athletic Association Competition Committee.

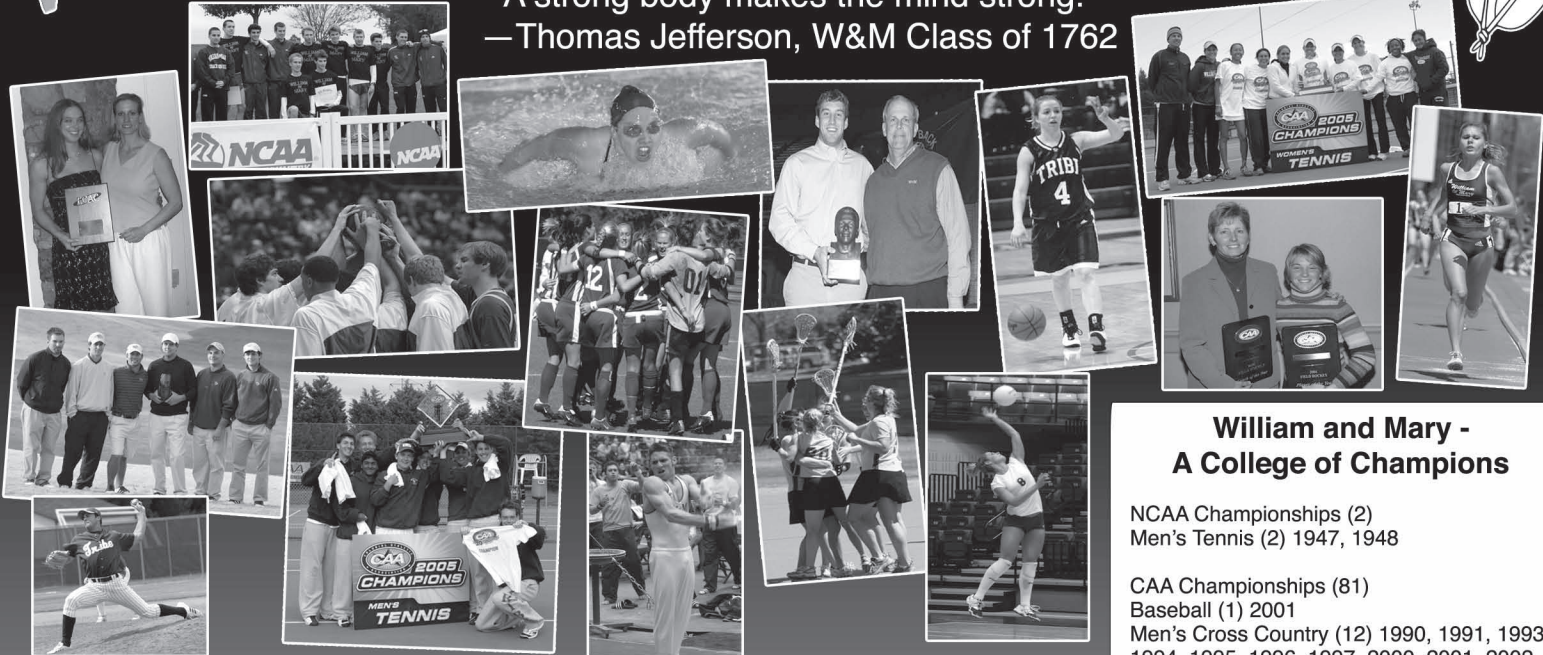
Blosser began her coaching career at the helm of the women's basketball program at Ashland College in Ohio. During two seasons there, she led the Eagles to successive 15-7 and 16-8 ledgers. Her 1977 squad won the AIAW Region V Championship, while her 1978 team took the OASW Small College title.

A former three-sport standout at Ohio State, Blosser graduated Cum Laude in 1975 with a Bachelor of Science degree in physical education. At OSU, she was selected to both Phi Beta Kappa and Mortar Board. She competed in basketball, field hockey and tennis and captained both the basketball and field hockey squads her senior year. She went on to earn her master's degree from the University of North Carolina Greensboro in 1978. In 1993, she was selected as a member of the first class of women inducted to the Ohio State University Athletic Hall of Fame.

WILLIAM AND MARY ATHLETICS

Tribe

"Exercise and recreation ... are as necessary as reading;
I will say rather more necessary, because health is worth more than learning.
A strong body makes the mind strong."
— Thomas Jefferson, W&M Class of 1762



Few colleges in America can boast of the combination of athletic and academic excellence that is found at the College of William and Mary. Each year, more than 500 Tribe student-athletes, competing on 23 Division I teams, prove that it is possible to simultaneously excel at the highest levels of athletics and academics.

Athletic Excellence

The 2004-05 season was another outstanding year for W&M athletics, as the Tribe added five CAA titles to push its conference-leading total to 81, 30 more than the next closest competitor. Seven teams competed in their respective NCAA Championships, highlighted by the football team's appearance in the I-AA semifinals. It has become typical for W&M to win at least five conference championships and send seven or more teams to the NCAA Championship each season.

Each year the goal of the athletics department is to finish in the top-100 nationally in the NACDA Directors' Cup standings and in recent years W&M has far exceeded that standard. In 2004-2005, the College finished 76th, and was the highest-ranked team in the CAA and was third among all schools in the state of Virginia, making this the ninth time in the 12-year history of the Directors' Cup that the College has finished both in the top four in the state of Virginia and first or second in the CAA.

William and Mary fields Division I teams for both men and women in basketball, cross country, golf, gymnastics, soccer, swimming and diving, tennis, and indoor and outdoor track and field. There are also field hockey, lacrosse and volleyball squads for women of the College, while there are two additional sports (baseball and football) for men.

Academic Success

The Tribe's athletic accomplishments do not come at the expense of its students' academic responsibilities, as W&M has produced 36 Academic All-Americans since 1992.

In the NCAA's inaugural Academic Progress Rate scores for all Division I institutions, William and Mary once again excelled in its mission of fostering true student-athletes. The College boasted the fourth-best APR score (992) among 328 active and provisional institutions, and W&M leads all programs that offer performance-based grants and financial aid to scholar-athletes.

Additionally, W&M had four student-athletes recognized as CAA Scholar-Athletes of the Year in 2004-2005: Pat Comstock (Men's Cross Country), Megan Bishop (Women's Cross Country), Keith Bechtol (Men's Track and Field) and Lena Sherbakov (Women's Tennis).



William and Mary - A College of Champions

- NCAA Championships (2)
Men's Tennis (2) 1947, 1948
- CAA Championships (81)
Baseball (1) 2001
Men's Cross Country (12) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003, 2004
Women's Cross Country (12) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003, 2004
Men's Golf (1) 1985
Women's Lacrosse (1) 1992
Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000
Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003
Men's Tennis (3) 1988, 1990, 2005
Women's Tennis (18) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002, 2004, 2005
Men's Track and Field (4) 1992, 1993, 2003, 2004
Women's Track and Field (6) 1999, 2001, 2002, 2003, 2004, 2005
Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001
- Atlantic 10 Football Championships (3)
1996, 2001, 2004
- ECAC Championships (6)
Men's Gymnastics (2) 1992, 1994
Women's Gymnastics (4) 1999, 2001, 2002, 2003
- Southern Conference Championships (48)
Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975
Football (4) 1942, 1947, 1966, 1970
Men's Soccer (1) 1976
Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975
Men's Outdoor Track and Field (12) 1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975
Wrestling (5) 1968, 1969, 1970, 1971, 1977

ATHLETIC FACILITIES

The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.



BUSCH FIELD

- Home of the Tribe's field hockey team
- Made possible by a generous grant from the Anheuser-Busch Corporation
- Playing surface is a unique combination of a poured pad with AstroTurf playing surface
- Seats over 2,200
- State-of-the-art computerized lighting and an elevated press box



ALBERT-DALY FIELD

- Home of the Tribe men's and women's soccer and lacrosse teams
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime Tribe soccer coaches Al Albert and John Daly



MCCORMACK-NAGELSEN TENNIS CENTER

- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- State-of-the-art lighting and scoreboard

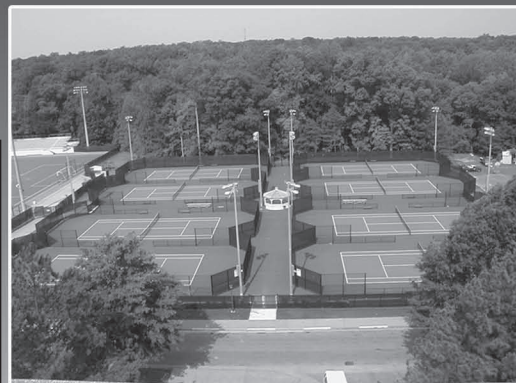


PLUMERI PARK

- Home of the Tribe baseball program
- Made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Locker room, box seats and concessions

BUSCH COURTS

- Home of the Tribe tennis teams for the outdoor season
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for approximately 500
- State of the art lighting for night matches



ZABLE STADIUM

- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 12,000
- Permanent lighting will be installed in time for the 2005 football season
- Brand new state-of-the-art track around the field scheduled for completion in spring 2006
- Joseph Montgomery football practice facility is located adjacent to the stadium



WILLIAM AND MARY HALL

- Home of the Tribe's basketball, gymnastics and volleyball teams
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices

STUDENT-ATHLETE SUPPORT

Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.

Compliance and Academic Support

As members of the Colonial Athletic Association and NCAA Division I, the College is committed to full compliance with all NCAA and conference regulations. The department has a fulltime Director of Compliance committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor assigned by the director of Academic Advising. Students remain with this advisor until their sophomore year at which time they select a faculty advisor in their chosen major.

Within the athletic department, the Academic Support Coordinator is a valuable resource for student-athletes serving in a liaison role with the various student service offices throughout the campus community. The College has offices for Volunteer Services, Career Services, a Writing Resource Center and Oral Communication Studio, to name a few.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.

Sports Psychology

The athletic department has on staff a sports psychologist, who holds a Ph.D. in sports psychology. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance. The sports psychology consultant is considered a member of the Counseling Center and refers individuals to the Center when appropriate.

Strength, Speed and Conditioning

Tribe athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head and Assistant Strength Coach each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to assure safety at all times.



Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of a team physician, seven full time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and assure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists. Through a team approach to health care the sports medicine program can offer comprehensive health care services to the student-athletes in a caring and cooperative manner.

WILLIAM AND MARY AT A GLANCE

The Best Small Public University in the United States

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy" and ranks 15th among the best regional business schools.



The Wren Building is the oldest one in the United States in which classes are still taught.



Lake Matoaka provides an on-campus field laboratory and recreational activities, and includes an amphitheatre to host concerts.

Did You Know?

- W&M is the best small public university in the nation, according to an analysis by U.S. News and World Report.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 30th overall among the nation's best universities.
- The average freshman retention rate is 96 percent.
- The College's student/faculty ratio is 12/1.
- Over 46 percent of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 17 students.
- W&M ranked 17th in graduation rates for national universities.
- Over 20,000 internships are posted on the school's web site.
- 10,400 high school students applied for 1,300 spots in the freshman class for the 2003-04 school year.
- More W&M graduates go on to earn doctorates than any other university in the state of Virginia.
- Over 83 percent of freshmen at W&M were in the top 10 percent of their high school graduating class.

In addition to the historic Williamsburg setting of the College, there are many other attractions offered within a reasonable driving distance from campus. W&M is located within three hours of Washington, D.C. Whether you like surfing at Virginia Beach (one hour away) or skiing at Wintergreen (less than three hours away), there is something for everyone in the W&M vicinity.

Amusement Parks

- Busch Gardens (Williamsburg, 10 min.)
- Water Country (Williamsburg, 10 min.)
- Kings Dominion (Ashland, 45 min.)
- Ocean Breeze (Virginia Beach, 60 min.)

Sports/Concerts

- Norfolk Scope (Norfolk, 45 min.)
- Chrysler Hall (Norfolk, 45 min.)
- Harbor Park (Norfolk, 45 min.)
- Verizon Wireless Amphitheatre (Virginia Beach, 60 min.)
- Hampton Coliseum (Hampton, 30 min.)
- Richmond Coliseum (Richmond, 45 min.)
- Richmond International Raceway (Richmond, 45 min.)
- The Diamond (Richmond, 45 min.)

You can watch the sunrise at Virginia Beach (below) or watch your life pass before your eyes on one of the thrilling roller coasters at Busch Gardens (right).

