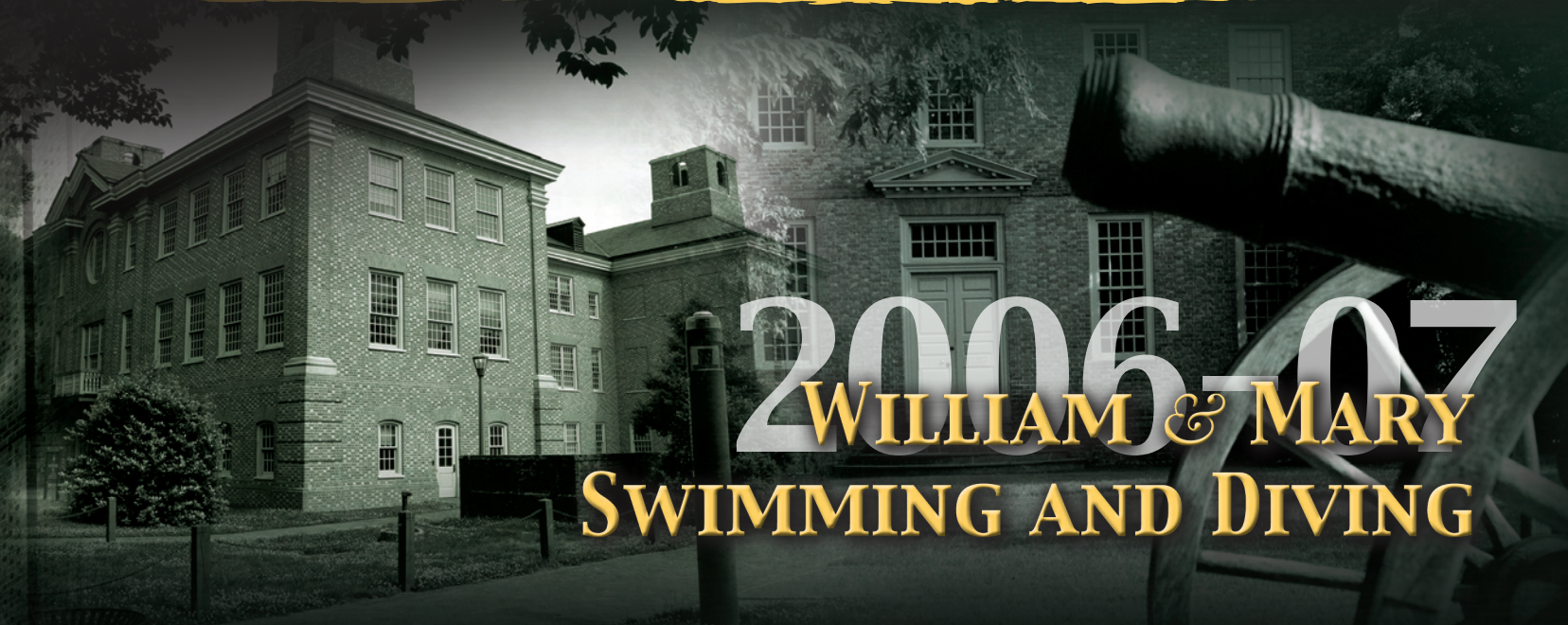




Tribe



2006-07  
WILLIAM & MARY  
SWIMMING AND DIVING



Intercollegiate Swimming at the College of William and Mary



A TRADITION OF EXCELLENCE  
SINCE 1927

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## Media Information

The William and Mary sports information office is always interested in assisting members of the media in their coverage of Tribe swimming and diving. Updated information, including statistics and releases, can be found on the Internet at [www.TribeAthletics.com](http://www.TribeAthletics.com). Publicity and media information for William and Mary swimming and diving are coordinated by sports information intern **Jacob Skipper**.

Photographs, feature ideas and results are always available from the William and Mary sports information office. Requests for further information should be directed to Jacob Skipper at (757) 221-3344 or by e-mail at [jcskip@wm.edu](mailto:jcskip@wm.edu).

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## Swimming and Diving Quick Facts

### William and Mary

**Location:** Williamsburg, Virginia  
**Founded:** 1693 (second oldest college in the U.S.)  
**Enrollment:** 5,700  
**Nickname:** Tribe  
**Colors:** Green, Gold and Silver  
**Conference:** Colonial Athletic Association  
**President:** Gene R. Nichol (Oklahoma State, 1973)  
**Chancellor:** Sandra Day O'Connor (Stanford, 1950)  
**Director of Athletics:** Terry Driscoll (Boston College, 1969)  
**Sr. Exec. Assoc. AD/SWA:** Barb Blosser (Ohio State, 1975)  
**Pool:** Rec Center (Swimming, 225), Adair (Diving, 500)  
**Athletics Department Phone:** (757) 221-3340  
**Mailing Address:** PO Box 399, Williamsburg, VA 23187  
**Street Address:** One Campus Dr., Williamsburg, VA 23185

### Sports Information Department

**Asst. AD for Media Relations:** Pete Clawson (Pittsburgh, 1990)  
**Associate Director:** Kris Sears (Indiana, 2004)  
**Associate Director:** Rob Turner (Tennessee, 2003)  
**Assistant to the Director:** Mark Hoskins (JMU, 2003)  
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**Website:** [www.TribeAthletics.com](http://www.TribeAthletics.com)

### Coaching Staff

**Head Coach:** McGee Moody (East Carolina, 1997)  
**Third Year**  
**Women's Record:** 16-9 (13-4)  
**Men's Record:** 8-14 (7-9)  
**Office Phone:** (757) 221-3393  
**E-Mail Address:** [pmmood@wm.edu](mailto:pmmood@wm.edu)  
**Assistant Coach:**  
 Jason Memont (Rochester Institute of Technology, 2001)  
**Third Year**  
**Office Phone:** (757) 221-4576  
**E-Mail Address:** [jpmemo@wm.edu](mailto:jpmemo@wm.edu)  
**Diving Coach:**  
 Dr. Robert McNamee (State University of Iowa, 1962)  
**Seventh Year**  
**Volunteer Assistant Coach:**  
 Lee Hutchens (East Carolina, 1998)  
**First Year**

### Team Information

**Women (10-4, 8-1 CAA)**  
**CAA Finish:** Second  
**CAA Participants Returning:** 12  
**CAA Participants Lost:** 7  
**Men (5-7, 4-4 CAA)**  
**CAA Finish:** Fifth  
**CAA Participants Returning:** 12  
**CAA Participants Lost:** 7

## William and Mary Swimming and Diving Schedule

Day	Date	Event	Location	Time
<b>Sun.</b>	<b>Sept. 17</b>	<b>28th ANNUAL JAMES RIVER SWIM</b>	<b>JAMESTOWN, VA</b>	<b>12:00 PM</b>
Sat.	Oct. 14	at Towson *	Towson, MD	2:00 PM
<b>Sat.</b>	<b>Oct. 21</b>	<b>MARY WASHINGTON</b>	<b>WILLIAMSBURG</b>	<b>2:00 PM</b>
<b>Fri.</b>	<b>Oct. 27</b>	<b>EAST CAROLINA</b>	<b>WILLIAMSBURG</b>	<b>4:00 PM</b>
<b>Sat.</b>	<b>Oct. 28</b>	<b>ALUMNI MEET</b>	<b>WILLIAMSBURG</b>	<b>8:00 AM</b>
Fri.-Sat.	Nov. 3-4	at DEL/ODU/NU Pod Meet *	Newark, DE	5:00 PM
Sat.	Nov. 11	at Georgetown/Seton Hall	Washington, D.C.	2:00 PM
Thur.-Sat.	Nov. 16-18	at Terrapin Invitational	College Park, MD	All Day
Thur.-Sat.	Nov. 30-Dec. 2	at U.S. Open Championships	West Lafayette, IN	All Day
Sat.	Jan. 10	vs. Johns Hopkins	North Palm Beach, FL	9:00 AM
Wed.	Jan. 13	at College of Charleston *	Charleston, SC	12:00 PM
Sat.	Jan. 20	at UNCW */Davidson *	Wilmington, NC	2:00 PM
<b>Sat.</b>	<b>Jan. 27</b>	<b>RICHMOND #</b>	<b>WILLIAMSBURG</b>	<b>6:00 PM</b>
<b>Sun.</b>	<b>Jan. 28</b>	<b>JAMES MADISON *</b>	<b>WILLIAMSBURG</b>	<b>2:00 PM</b>
Wed.-Sat.	Feb. 14-17	Colonial Athletic Association Championships	Fairfax, VA	All Day
Thur.-Sat.	March 8-10	NCAA Women's Championships	Minneapolis, MN	All Day
Thur.-Sat.	March 15-17	NCAA Men's Championships	Minneapolis, MN	All Day

\* Colonial Athletic Association opponent  
 # Women Only

Home meets in **BOLD CAPS**. All swimming events are held in the Rec Center Pool, all diving events in Adair Pool. All dates and times subject to change. Please check [www.TribeAthletics.com](http://www.TribeAthletics.com) for the most up-to-date schedule.

## Directions to William and Mary

**From the North/West:** Take I-64 East to Lightfoot Exit 234A (Route 199 East). At top of exit ramp, take a right onto Route 199 East. Stay on 199 East until the Monticello Avenue exit. Exit at Monticello Avenue, and bear left on exit ramp. At bottom of ramp, turn left at light onto Monticello (pass under 199).

Go straight through two stoplights, and continue straight for about half a mile and take the first right onto Compton Drive (before light at hospital and shopping centers). There may not be a street sign! The road is heavily wooded. Continue on Compton Drive until the stop sign. The Rec Center is immediately to your right, and William and Mary Hall is ahead on your left. Parking is ahead on your right.

**From the South/East:** Take I-64 West to Exit 242A (Route 199 West). Follow 199 past five stoplights to the Monticello Avenue exit. Exit at Monticello Avenue, and bear right on the ramp. Merge onto Monticello Avenue, and follow second paragraph above.



# Team Roster

Name	Class	Height	Event	Hometown	High School
Morgan Adams	2007	5-3	Fly	Springfield, Illinois	Glenwood
Courtney Alles	2010	5-7	Breast/IM	Manassas Park, Virginia	Manassas Park
Laura Babcock	2008	5-8	Breast	Tabb, Virginia	Tabb
Caitlin Block	2009	5-7	Free	Darien, Connecticut	Darien
Kara Bolles	2009	5-10	Free	Essex, Connecticut	Hopkins
Rebecca Brofft	2009	5-2	Breast	Fairfax, Virginia	Thomas Jefferson
Meredith David	2008	5-6	Back	Somerdale, New Jersey	Triton Regional
Marina Falcone	2009	5-5	Free	Potomac, Maryland	Oakcrest School
Suzanne Figuers	2010	5-7	Breast/IM	Cary, North Carolina	Cardinal Gibbons
Sara Fitzsimmons	2009	5-5	Free/Back	Lorton, Virginia	University (CA)
Samantha Greenwood	2009	5-4	Diving	Wildwood, Illinois	Warren Township
Jillian Hamilton	2010	5-7	Free	Bethesda, Maryland	Walt Whitman
Erin Hammersley	2007	5-4	Free	Manassas, Virginia	Osborn Park
Laura Herrmann	2010	5-6	Back	Fairfax Station, Virginia	Hayfield
Christina Monsees	2008	5-8	Free	Brewster, New York	Brewster
Whitney Pezza	2009	5-7	Fly/IM	Warrenton, Virginia	Mercersburg Academy
Katie Radloff	2010	5-9	Free/Back	Arlington, Virginia	Yorktown
Kelly Reitz	2007	5-6	Breast	Chesapeake, Virginia	Great Bridge
Marnie Rognlien	2007	5-8	Free	Nokesville, Virginia	Liberty
Meghan Shrader	2008	5-3	IM	Annapolis, Maryland	Broadneck
Jen Tan	2007	5-6	Back	Centreville, Virginia	Paul VI
Kerry Urso	2008	5-6	Free	Haymarket, Virginia	Stonewall Jackson
Tage Waite	2010	5-4	Free	Norfolk, Virginia	Maury
Erin Welshofer	2010	5-9	Fly/IM	Charlotte, North Carolina	Providence
Emma Zuidema	2008	5-9	Breast	North Haven, Connecticut	Choate Rosemary Hall
Nader Amer	2009	6-0	Free	Yorktown, Virginia	Tabb
Jason Brisson	2009	5-8	Breast/IM	Richmond, Virginia	Mills Godwin
Andrew Carberry	2007	6-4	Breast	Talbott, Tennessee	Jefferson County
Joe Cin	2009	5-6	Diving	Hummelstown, Pennsylvania	Hershey
Jeff Collier	2009	6-1	Free	Salem, Virginia	North Cross
Joe DeBiase	2010	6-2	Free	Moon Township, Pennsylvania	Pittsburgh Central Catholic
Nick Duda	2007	6-3	Free	Vienna, Virginia	Gonzaga
Kevin Gallagher	2010	6-1	Free/Back	Bridgewater, New Jersey	Bridgewater-Raritan
Alex Jendzejec	2008	6-0	IM/Breast	Reston, Virginia	Herndon
Shane Kelsey	2009	6-0	Free	Baltimore, Maryland	Loyola Blakefield
Peter King	2007	6-3	Fly	Falls Church, Virginia	Gonzaga
John Lang	2010	5-10	Fly/IM	Jacksonville, Florida	Bishop Kenny
Kevin Lynch	2010	6-0	Free	Roanoke, Virginia	Hidden Valley
David Mangini	2009	6-0	Back/IM	Inver Grove Heights, Minnesota	Cretin-Durham Hall
Shawn Matthews	2009	6-2	Free/Back	Rumson, New Jersey	Fairhaven Regional
Andrew de Michaelis	2010	6-2	Free/Breast	Washington, D.C.	St. Albans
Jesse Moore	2008	6-0	Free	Annapolis, Pennsylvania	Hershey
Brandon Paster	2008	5-9	Free	Fairfax, Virginia	Fairfax
Joey Peterson	2007	5-11	Fly/IM	Williamsburg, Virginia	Lafayette
Marshall Raiskin	2010	5-10	Back/IM	Apopka, Florida	Lake Highland Prep
John Savage	2009	6-1	Free	Piedmont, California	Piedmont
Matt Shoulders	2008	6-1	Free	Roanoke, Virginia	Hidden Valley

**Director of Swimming and Diving:** McGee Moody (East Carolina, 1997), Third Year

**Assistant Coach:** Jason Memont (Rochester Institute of Technology, 2001), Third Year

**Assistant Coach:** Lee Hutchens (East Carolina, 1998), First Year

**Diving Coach:** Dr. Robert McNamee (State University of Iowa, 1962), Seventh Year

## Pronunciation Guide

Courtney Alles - AL-ice

Kelly Reitz - RIGHTZ

Marnie Rognlien - RON-lien

Tage Waite - TAY-juh

Nader Amer - NAY-der AHH-mer

Joe Cin - SIN

Joe DeBiase - deh-BEE-ah-say

Alex Jendzejec - GIN-zick

Marshall Raiskin - RACE-ken



# Director of Swimming and Diving McGee Moody

In his first season as the Director of Swimming for William and Mary, McGee Moody led the swimming and diving teams to breakout seasons, highlighted by seven Colonial Athletic Association championships, including individual champions Meredith David (100 back), Kelly Reitz (200 breast), and Eric Druker (100 fly). His second season was even better, as the women tied or set school records for most wins in a season and conference wins in a season, and the men had their best season in seven years. Now in his third season, few, if any, goals are out of reach for the Tribe swimming and diving programs.

Moody has already coached his athletes to 293 lifetime best swims, 83 all-time Tribe top 10 times, 10 school records, and three CAA Performer of the Week honors.

Last season, the Tribe women's team improved upon its fourth-place conference finish in 2005 by taking second, passing George Mason on the final day of the CAA Championships. During the season, they were even more impressive, posting a 10-4 ledger (8-1 CAA), to tie the school record for wins in a season with 10. In the conference, their only blemish was against eventual champion UNC Wilmington, and the eight conference wins were the most in school history. The men also experienced improvement, achieving five dual meet wins for the first time since 1999, and achieving a .500 mark (4-4) in the conference. They also improved on their result at the conference tournament, riding a bevy of personal records in the last two days to a fifth-place finish.



A hallmark of Moody's coaching has been the ability to attract top talent to the College, and then turn that potential into championship winners and finalists.

In 2005-06, Whitney Pezza dominated the 200 butterfly, never finishing worse than second in both dual meet races and at the team's two tournaments. She set the school record in the event three times, including twice in one day as she cruised to the CAA title in a time of 2:03.96. She also picked up a second gold medal as part of the winning 400 medley relay team.

Her teammate Marina Falcone had a similarly charmed season, swimming 4:58.24 in the 500 free at the Terrapin Invitational to set the W&M record in that event as the first woman to swim under five minutes. She also set a second school record in the 400 free relay, and ranks in the top three at W&M in the 200, 1000, and 1650 free.

The men's freshmen also had an outstanding season, accounting for 20 of the team's 23 times in the school top-10 lists. Jeff Collier swam

over a minute below his lifetime best in the 1650 free when he timed 15:49.04 at the CAA Championships to take second, and second in the school record books at both 1000 yards and 1650 yards.

David Mangini improved on a serviceable regular-season to set school top-10 marks in both backstrokes and both individual medleys at the CAA Championships.



In 2004-05, Meredith David won the CAA 100 back, and set four school relay records as a freshman. David clocked a school-record 57.29 in the 100 back during the fall and followed that performance by winning two CAA titles (100 back and 400 medley relay) and teaming for school records in four relays at the conference meet. Fellow rookie Christina Monsees progressed under Moody, setting the second-best time in Tribe history in the 200 free along with a top-10 time in the 100 free and teaming for the 200 and 400 free relay records.

On the men's side, Moody guided Alex Jendzejec to two finals qualifications in the IM events at CAAs as the freshman jumped to sixth in the school's 400 IM record book. Tony Wareck, a transfer from Fitchburg State, also benefited from Moody's coaching as the junior raced into the Tribe's all-time top 10 in the 100 and 200 fly in his only season wearing the Green and Gold.

Moody came to the College after spending four seasons as an assistant men's swimming coach at the United States Naval Academy. During his tenure, Moody coached the Midshipmen's first NCAA automatic qualifier since 1996 in addition to guiding numerous NCAA, Senior National and Olympic Trial qualifiers. His 200 and 400 freestyle relay teams finished the season ranked in the top 25 of the world, and Moody also made an impact in the Navy record book, with his athletes setting all of the top 10 fastest times in school history in both the 50 and 100 freestyles. Building his athletes into academic success stories as well, Navy's men's swimming team was awarded Academic All-America honors all three seasons from 2001-2004 under Moody's direction.

A 1997 graduate of East Carolina, Moody swam on the Pirates' varsity squad for four seasons, setting several freshman records and captaining the team his junior and senior years. Moody was also an Olympic Trials qualifier in the 200 freestyle in 1992.

Moody, who earned both a bachelor's degree in psychology and master's in sports administration from East Carolina, is an active professional in the swimming community. A member of both the American Swimming Coaches Association and the College Swimming Coaches Association of America, he has served as the chair of the latter's Media Relations Committee since 2001. He and his wife Monica have three daughters: Sydney, 6, Olivia, 3, and Lily, born this past July.

2006-07 Swimming and Diving

## Women's Annual Review

Year	W-L	Conf. W-L	Conference Meet	Ind./Rel. Titles	School Records	School Top Tens	Lifetime Bests
2004-05	6-5 (.545)	5-3 (.625)	4th	3	7	25	62
2005-06	10-4 (.714)	8-1 (.889)	2nd	2	3	22	72
<b>Total</b>	<b>16-9 (.640)</b>	<b>13-4 (.765)</b>	<b>--</b>	<b>5</b>	<b>10</b>	<b>47</b>	<b>134</b>

## Men's Annual Review

Year	W-L (Conf.)	Conf. W-L	Conference Meet	Ind./Rel. Titles	School Records	School Top Tens	Lifetime Bests
2004-05	3-7 (.300)	3-5 (.375)	6th	1	0	13	40
2005-06	5-7 (.417)	4-4 (.500)	5th	0	0	23	119
<b>Total</b>	<b>8-14 (.364)</b>	<b>7-9 (.438)</b>	<b>--</b>	<b>1</b>	<b>0</b>	<b>36</b>	<b>159</b>



## Assistant Coaches



### Jason Memont

Jason Memont enters his third season as an assistant coach for the Tribe after helping guide the teams to record-breaking seasons in his two years in Williamsburg. He has helped produce eight Colonial Athletic Association champions, 80 school top-10 times, 10 school records, and 293 lifetime-best swims. In 2005-06, the women's team set school records for wins in a season, conference wins in a season, conference winning percentage, and highest place at the CAA meet; the men's team posted the most wins in the past seven years.

The primary coach for the distance swimmers, Memont has been directly responsible for many of the top performances over the past two seasons. Marina Falcone swam the 500 free twelve times in dual meets, winning 10 times and finishing second on the other two occasions. Falcone set the school record at the distance at the Terrapin Invitational, becoming the first swimmer in school history to break five minutes in the event when she swam 4:58.34. Jeff Collier took second in the 1650 free at the CAA Championships, setting a lifetime best by more than a minute when he swam 15:49.04, the second-best time in school history. His 1000 yard split was also the second-fastest 1000 free time in the school record books.

In 2005, Christina Monsees placed fourth in the 200 free on the strength of the school's second-fastest time at that distance, 1:53.93, and Alex Jendzejec swam 4:11.35 in the consolation finals of the 400 IM at CAAs, good for sixth place in the Tribe record books. Perhaps most telling of Memont's skill both as a recruiter and a coach, four of the above five athletes were freshmen.

Memont joined the Tribe after spending the last two-and-a-half years as head coach of the YMCA North Shore swim team in Ipswich, Massachusetts. Overseeing all swimmers age 5 to 18, 20 of his swimmers went on to Division I programs under his guidance. He also coached five YMCA qualifiers during his tenure.

An accomplished collegiate swimmer at Rochester Institute of Technology from 1996-2001, Memont won the Empire 8 conference title in the 200 breaststroke his senior season. He also counted two third-place finishes at conferences among his accomplishments, in the 200 IM as a junior and in the 100 breast as a senior. He raced to NCAA provisional marks in the 200 IM and 400 IM and holds five school records (200 IM and all four relays). Named varsity captain in 1999 and 2001, Memont also served as an assistant coach in his final two seasons, helping three national qualifiers. He was also a five-year member and assistant coach of RIT's nationally ranked club water polo team and made the Dean's List four times during his collegiate career.

Memont, who holds a BS in information technology from RIT, spent three years as a high school technology teacher at Haverill High School in Haverill, Massachusetts. While there, he also served as the men's varsity tennis coach for two seasons.



### Lee Hutchens

The freestyle events will see a marked improvement this year with the addition of Lee Hutchens to the Tribe coaching staff. Hutchens joins W&M after six years of coaching elite-level club teams in North Carolina.

Most recently, Hutchens served as the assistant coach and site coordinator for New Wave Swim Team in Raleigh, North Carolina for three years. During his time there, he coached numerous athletes to individual and relay National Top-16 performances, and multiple Junior Nationals qualifications, sectional championships, and state championships. Prior to his time with New Wave, Hutchens was the head age-group coach for the Greenville Swim Club in Greenville, North Carolina, from 2000 to 2003.

Hutchens began his coaching career as an assistant at his alma mater, East Carolina, from 1998-99. While with the Pirates, he had primary responsibility for the freestyle athletes. His career as a coach has been marked with distinction, with three selections to the North Carolina Zone coaching staff, and three invitations to join the staff at the USA Swimming Select Camp.

Hutchens was captain of the swimming team as a senior at East Carolina, and graduated with a BA in psychology in 1998. He holds a Level 3 coaching certification from the American Swimming Coaches Association. He was married in the summer of 2006 to former University of North Carolina swimmer Megan Chenier, and resides with his wife in Williamsburg.



### Dr. Robert McNamee

After making an immediate impact on the Tribe diving squad on his arrival in 2000, Dr. Robert McNamee has continued to lead W&M to success from the boards. In 2003-04, he led three of his divers to top-eight finishes at the CAA Championships, while 2004-05 saw him lead Carrie Gerloff to a school record from three meters as part of a strong CAA performance. Gerloff captured the bronze medal at CAAs in the 3-Meter after a school-record dive of 419.75 in prelims. In 2005-06, he coached Joe Cin to score in the top 10 in school history in the 11-dive program from 1-Meter, and both the six-dive and 11-dive programs from 3-Meters.

A diving coach since 1975, Dr. McNamee has held various other positions in the world of competitive swimming and diving, including volunteer positions with the United States Synchronized Swimming Team and the Amateur Athletic Union.

With a professional career that spans from his early years as a Dental Officer in the United States Navy through years of private practice, Dr. McNamee has amassed an impressive resume. He earned his undergraduate and dental degrees from the State University of Iowa. In 1996 Dr. McNamee was a Medical Logistics Officer for the Olympic Games in Atlanta, Georgia. Also a member of several professional organizations, Dr. McNamee is a member of the American Dental Association and the Professional Diving Coaches Association.

In addition to coaching the Tribe diving squad, Dr. McNamee works at the Old Towne Dental Clinic.



The 2005-06 season was in many ways a magical campaign for the women's swimming program, but by all appearances the fairy-tale ending may come at the close of the upcoming season. Director of Swimming and Diving **McGee Moody** returns over 80 percent of the team that set or tied schools records last season for wins in a season, most conference wins, and finish at the conference meet. Also, seven freshmen threw their lots in with the Tribe, picking the College over some of the best programs in the Mid-Atlantic, and all enter with credentials that herald great changes in the school record books.

The sprint freestyles begin the season as one of many solid corps for the Green and Gold. Senior **Marnie Rognlien** and sophomore **Sarah Fitzsimmons** headline the group. Rognlien had what many would consider a good season last year, winning her second Colonial Athletic Association championship in the 400 medley and setting the school record in the 400 freestyle. However, she will be looking to reach even higher in her farewell tour and replicate the feats of her sophomore year, when she posted the second-best times in school history in both the 50 and 100 free, and the third-best time in the 200 free. Fitzsimmons earned a bronze medal at the CAA Championships in the 800 free relay, and later swam 1:55.14 to take 12th in the 200 free, the sixth-fastest time in school history. This year, she will look to expand her repertoire in the short-distance races while also contributing in the middle yardages.

**Kara Bolles** and **Kerry Urso** can be considered the strong right hook that catches opponents unaware while they are focusing on the flashier duo of Rognlien and Fitzsimmons. Bolles was a valued asset last year as a freshman, consistently scoring for the team in dual meets in the 50 and 100 free, and as part of relay teams scored at the Terrapin Invitational. This season, she will be looking to progress even further, to try and give the Tribe a sweep of the top positions as often as possible. Urso will be hoping to have a breakout season after seeing only limited action the past two years.

Rounding out the group is freshman **Katie Radloff**. A prep All-American in multiple events, both individual and relay, Radloff will figure to have an immediate impact even on a team as experienced as W&M. She enters with prep bests that rank her in the top percentiles for both W&M and the CAA, but will not be aiming for school records so much as NCAA Championship qualifications.

The middle distances received a massive boost last year, both from current-sophomore **Marina Falcone**, and from the emergence of junior **Erin Hammersley**. Falcone set numerous times in the school's top-10 lists, seemingly every time she entered the water, including becoming the first woman in the history of William and Mary to swim under five minutes for the 500 free. She ranks in the top three in the 200 free (second), 1000 free (third), and 1650 free (third), and just for good measure, swam the opening 100 yard leg of the school-record setting 400 free relay at CAAs in 52.98 seconds, good for seventh all-time at W&M. With a full off-season of college-level workouts and conditioning, she looks to set even more records this season and chase qualifying times to the national championships.

Hammersley experienced a break-through season last year, poising her for even greater accomplishments in her senior campaign. She won the 500 free against Georgetown for the first victory of her career, besting her old top time in that event by several seconds. Swimming her first 1650 free at the conference championships, Hammersley placed 14th to score valuable points for the College, and her time of 17:43.98 vaulted her into the top-10 lists for the first time. Fitzsimmons will be in the mix at the middle distances as well.

Falcone will lead the distance corps, obviously, with classmate **Caitlin Block** helping to carry the load. Block ranks in the top-10 all-time at W&M in both the 1000 and 1650 free, finishing 13th at the CAA Championships. She also was one spot short of scoring in the 500 free, a situation that will be especially targeted for redress this year. Blessed with great length, Block will have a very good shot at developing into one of W&M's top two or three all-time distance swimmers.

A pair of freshmen will also be counted to step in quickly and contribute. **Jillian Hamilton** was prep All-American in the 500 free, and a Junior National qualifier in that event and the 1650 free last year, with times that would rank her in the top two or three at the College. So would **Tage Waite**, actually, proving that the competition between all four distance swimmers will be as intense and tough as any on the team this year.

When Ruth Anne Miller graduated in 2003, she left a tremendous legacy behind that included five school records, many of which people thought might stand for decades. Well, as it turns out, her probable successor was one of her own teammates. Four years later, as **Kelly Reitz** prepares to begin her final season, she stands a better chance than anyone else in the program to earn an NCAA Championship qualification, and is only half of a second behind Miller's mark in the 100 breast. She earned four medals at last year's conference championship, including winning the 400 medley relay and taking second in both breaststrokes and the 200 medley relay. She swam a personal-best 1:03.95 in the 100 breast finals, only nine hundredths of a second behind the NCAA provisional mark. She is poised for great success this year, and is the favorite to win the

breaststroke titles at this year's CAA Championships.

**Emma Zuidema** will also be in the hunt for medals at the conference championships, after finishing sixth in the 100 breast a year ago. As a freshman, she launched herself into the top-10 in both breast events, and has two years left to make a run at owning a school record of her own. Providing depth for the Tribe will be junior **Laura Babcock** and sophomore **Rebecca Brofft**. Babcock made the bonus consolation race at the Terrapin invitational last year, and will try to use that as a springboard to returning to the CAA Championships after a one-year absence. Brofft had moderate success in 2005-06, making the consolation finals of the 100 breast at CAAs, and just missing advancing in the 200 IM by one spot.

Joining the veterans will be freshmen **Suzanne Figuers** and **Courtney Alles**. Figuers is a Senior Nationals qualifier in both breaststrokes (and both IMs), and helped her high school to four consecutive state championships. As a senior, she was a state champ as a member of the 200 free relay team, and runner-up in the 100 breast. Alles has achieved Junior Nationals marks in both breaststrokes, and learned her craft under the tutelage of Olympic gold-medalist Jeremy Linn.

A year ago, Coach Moody and his staff knew **Whitney Pezza** would bring a lot to the team, but it is doubtful that anyone but Pezza herself knew what was in store. She set personal records in both butterfly events at the Terrapin Invitational, including the school record in the 200 fly. At the CAA Championships, she did herself one better, lowering her own school record in both the preliminaries and the finals en route to the gold medal. She was also the Tribe's only double-gold winner, as part of the 400 medley relay team. Proving that she could sustain these high levels, she never finished worse than second in any 200 fly race.

**Erin Welshofer's** arrival this fall gives the Tribe arguably the best two butterfly swimmers in the conference. Welshofer led her high school to three state championships, and was the state champion in the 200 fly as a freshman. Last year, she took second in the 100 fly. Providing depth will be senior **Morgan Adams**, who progressed steadily throughout the season, making the bonus consolation race in the 200 fly at the Terrapin Invitational and setting lifetime bests in the final dual-meet of the season against Davidson and James Madison.

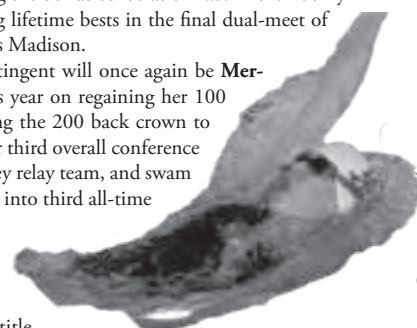
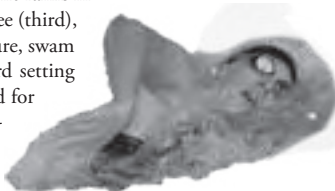
The dean of the backstroke contingent will once again be **Mer-edith David**, who will be focused this year on regaining her 100 backstroke title from 2005, and adding the 200 back crown to her collection as well. She did earn her third overall conference championship as part of the 400 medley relay team, and swam 2:05.54 in the 200 back finals to move into third all-time at W&M.

The strength of the backstrokes behind David will come from a trio of freshmen who came to the College able to challenge for the conference title right away. **Laura Herrmann** was a state finalist in Virginia in the 100 back last year, and a Junior National qualifier at both distances. She comes in with best times of 58.73 and 2:07.92. Katie Radloff will make her way over from the sprint freestyles, with her prep best of 57.62 behind only David's mark of 57.29 on the team and in the record books. Suzanne Figuers is also likely to see action, concentrating in the 200 backstroke.

Senior **Jen Tan** and Fitzsimmons will provide depth in the backstrokes, frustrating the Tribe's opponents with the team's top-to-bottom effectiveness. Tan performed well in the fall, setting lifetime-bests in both events and scoring most of the team's dual meets, but was limited by injury in the spring. Fitzsimmons had good success in the 200 back during the regular season, regularly scoring in dual meets and just missing advancing to a finals heat at the Terrapin Invitational.

The individual medley events will feature a strong tendency towards youth this season, with only one upperclassman specifically detailed to them. Whitney Pezza will once again be looked to for inspiration, after winning the consolation finals of the 200 IM at last year's CAA meet. Alles, Figuers, and Welshofer all come in with IM times that would rank in the top half of the College's all-time top-10 lists. Junior **Meghan Shrader** switches over from being a distance freestyler this year, and will provide valuable depth and veteran leadership to the younger swimmers.

The team's only diver this year will be sophomore **Samantha Greenwood**. As a freshman last year, Greenwood performed admirably, finishing in the top three on multiple occasions, including a runner-up showing against Old Dominion. She scored for the Tribe in both the 1- and 3-Meter events at the Terrapin Invitational, and competed at the CAA Championships. This year it is hoped that with an increased share of the diving staff's attention, she will be able to quickly increase the points she gets out of her dives, and put her in contention for the CAA title.



2006-07 Swimming and Diving





**MORGAN**  
*Adams*

Class of 2007  
Springfield, IL  
Glenwood

**2005-06**

Took third in the 100 fly against Davidson and James Madison, swimming a personal-best of 1:00.35 ... Also claimed third against Davidson in the 200 fly, swimming 2:11.19 ... Third in the 200 fly against Delaware ... Placed in the top-four five other times ... Made the "C" Finals of the 200 fly at the Terrapin Invitational ... Relay teams finished in the top-five 10 times.

**2004-05**

Steadily improved throughout her sophomore season to set several PRs at CAAs ... Swam in the 100 fly (1:01.86), 200 fly (2:12.35) and 500 free (5:25.08), setting career bests in all three events ... Clocked a then-PR of 2:12.84 to finish 22nd in the 200 fly finals at the competitive Terrapin Invitational after advancing from prelims ... Teamed for the victory in the 300 fly relay at the Drexel Relays.

**2003-04**

Concentrated in the distance freestyle and butterfly events in her freshman season ... Swam bests of

2:17.34 in the 200 fly and 5:34.10 in the 1000 free ... Earned CAA Commissioner's Academic Award.

**Personal**

Daughter of Patrick and Connie Adams ... Born December 27, 1984 in Monmouth, New Jersey ... Father played football at Duquesne ... Enjoys going to the beach and reading ... Majoring in neuroscience.

**Adams' Personal Bests**

100 Fly - 1:00.35  
200 Fly - 2:11.19



**ERIN**  
*Hammersley*

Class of 2007  
Manassas, VA  
Osborn Park

**2005-06**

Earned the first victory of her career against Georgetown, winning the 500 free in a personal-record time of 5:12.17 ... Placed in the top five in the 500 free six other times during the season, 14 times total in all events ... Placed 14th in the 1650 free at the CAA Championships in her first appearance at that distance ... Time of 17:43.98 ranks her ninth all-time at W&M ... Her relays never finished worse than third in dual meet competition, taking second six times and third four times ... Scored at the Terrapin Invitational in the 200 free relay (14th) and 800 free relay (15th).

**2004-05**

Made the CAA squad in her first season of collegiate swimming, competing in the 100, 200 and 500 free and 800 free relay ... Developed into a consistent scorer for the team in dual meets, and notched three podium finishes in the 500 free, including runner-up honors vs. Towson ... Teamed for five relay wins in first season of collegiate competition.

**2003-04**

Redshirted.

**At Osborn Park**

Claimed eighth place in the 200 free at states ... Runner-up at regionals in 200 free ... 2003 district champion in the 200 and 100 free ... *Washington Post* Swimmer of the Year in 2003.

**Personal**

Daughter of Robert and Sandra Hammersley ... Born July 13, 1985 in Fairfax, Virginia ... Mother played basketball and tennis at Longwood ... Enjoys going to the beach and watching movies ... Double-majoring in government and elementary education.

**Hammersley's Personal Bests**

200 Free - 1:58.46      500 Free - 5:12.17      1650 Free - 17:43.98



**KELLY**  
*Reitz*

Class of 2007  
Chesapeake, VA  
Great Bridge

**2005-06**

CAA Champion as a member of the 400 medley relay ... Tied for sixth in school history with three conference championships ... Also earned a trio of silver medals at the CAA Championships, placing second in both breaststroke events and in the 200 medley relay ... Swam 1:03.95 in the finals of the 100 breast to move into second-place all-time at W&M ... Scored for the Tribe in the 100 fly, placing 16th ... Victorious four times each in dual-meet competition in the 100 and 200 breast ... Also combined for seven runner-up showings and one third-place finish in her signature events ... Qualified for the championship finals of the 100 breast at the Terrapin Invitational, placing seventh ... Also qualified for the consolation finals of the 200 breast at Maryland, finishing 10th ... Competed at the U.S. Open in December, placing in the top 50 in both the 100-meter and 200-meter breaststroke events ... Won half of her dual meet relay races, and never finished worse than third in 14 tries ... Also finished second five times and third twice.

**2004-05**

Breakout sophomore season punctuated by CAA titles in the 200 breast and 400 medley relay ... Captured the CAA crown in the 200 breast with a winning time of 2:18.55, the second-fastest time in Tribe history ... Also teamed for a school record 3:50.09 to capture the CAA title in the 400 medley relay ... Qualified for the championship finals in all her events at CAAs, including a runner-up performance in the 100 breast, where she swam a 1:04.24, the third-fastest time in the school record books ... Also claimed sixth in the 100 fly after advancing to the championship finals thanks to a 57.94 in prelims, the fifth-fastest time in school history ... Qualified for the "A"-Finals of the 100 breast at the Terrapin Invitational, claiming eighth ... Also advanced from prelims at the competitive meet to finish 16th in the 100 fly and 19th in the 200 breast ... Finished the season on a hot streak in the 200 breast, as she won all four of her winter races, setting personal records every time out ... Also closed the season on a four-race streak of finishing second in the 100 breast, after winning the event against Charleston ... Teamed for six relay wins and also won the 200 breast vs. JMU.

**2003-04**

Made a great debut at CAAs, advancing to the finals in three events ... Claimed an impressive eighth in the 100 breast at conferences ... Swam to third in the consolation race of the CAA 100 fly, taking 11th overall ... Also placed 14th in the 200 breast at conferences ... Broke into the Tribe record books in two events ... Swam a 1:06.06 in the 100 breast prelims at the Terrapin Invite, the fifth-best time in school history ... Later went on to claim a strong eighth in the A-Finals of the event at the Terrapin Invite ... Moved to eighth on the Tribe all-time performers list in the 100 fly with a 58.92, coming in the Terrapin Invitational prelims ... Advanced to the 100 fly consolation race at competitive the meet, claiming 16th overall ... Won the 100 fly vs. James Madison.

**At Great Bridge**

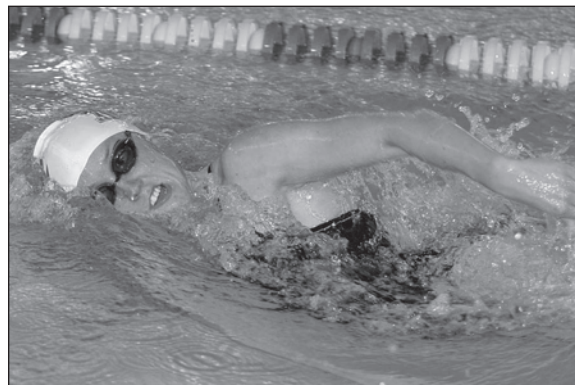
Lettered in swimming four years ... Four-time team MVP ... Participant at 2001 U.S. Open ... State finalist four years.

**Personal**

Daughter of Daniel and Beth Reitz ... Born April 25, 1985 in Virginia Beach, Virginia ... Aunt, Lynn Adams Hostetler, swam for W&M ... Uncle, John Hostetler, and grandparents Robert and Patricia Adams also attended W&M ... Majoring in history.

**Reitz' Personal Bests**

100 Fly - 57.94      100 Breast - 1:03.95      200 Breast - 2:18.55







**MARNIE**  
*Rognlien*

Class of 2007  
Nokesville, VA  
Liberty

### 2005-06

CAA Champion as a member of the 400 medley relay team ... Also set the school record in the 400 free relay at CAAs, with the team swimming 3:30.19 for fourth place ... Earned all-conference accolades as part of the third-place 800 free relay team ... Placed fourth in the 100 free, 10th in the 200 free, and 11th in the 50 free at the CAA Championships ... Finished her CAA run by helping the 200 free relay team finish sixth ... Won seven dual meets combined between the 50, 100, and 200 free ... In 24 appearances, never finished worse than fourth ... Made the consolation finals of the 50 free and 100 free at Maryland's Terrapin Invitational, finishing 13th in both ... Her 200 free relay teams were undefeated in dual meet competition, and placed seventh at Maryland ... Won seven other relay races across all relay events, and earned three other top-eight finishes at Maryland ... Fourth in the 400 medley, seventh in the 400 free, and eighth in the 800 free relays.

### 2004-05

Continued to be a consistent force at CAAs, advancing to the championship finals in all three of her events and teaming for the CAA title in the 400 medley relay ... Combined to swim a school record of 3:50.09 to win the CAA crown in the 400 medley relay ... Also teamed to set the 200 (1:36.75) and 400 free (3:31.23) relay school records at the championships as the quartets claimed fifth and fourth, respectively ... Clocked a 1:54.38, the fourth-best time in school history, to claim fourth in the championship finals of the 200 free, one spot shy of medaling ... Swam to sixth place in the CAA 50 free with a 23.97, the second-fastest time in Tribe history ... Also placed sixth in the championship finals of the 100 free, after qualifying out of prelims with the second-fastest time in school records (52.11) ... Had a strong effort at the competitive Terrapin Invitational, advancing to finals in three events and setting two Tribe top-10 times ... Clocked a 52.85 in the 100 free to finish 13th ... Claimed 15th in the 50 free with a 24.59 ... Also finished 23rd in the 200 free at the meet ... Teamed for nine relay victories and also scored six event wins between the 50 and 100 free ... Swept the 50 and 100 free vs. GMU ... Swam fastest team time in the 100 free and the second fastest times in the 50 and 200.

### 2003-04

Developed into one of the leading sprint freestylers on the squad with two CAA finals appearances ... Clocked the sixth-best time in Tribe history (24.65) to claim 16th in the 50 free at conferences ... Also swam to 14th in the 200 free at CAAs ... Tied for seventh in the school records in the 100 free with her 53.53 in the bonus consolation race at the Terrapin Invitational, where she placed 21st overall ... Became a valuable member



of both the freestyle and medley relays, teaming for five relay wins in dual meets ... Also swam on three relays at CAAs, including the Tribe's fifth-place 200 free relay.

### At Liberty

Lettered in swimming four years for coach Martin Edwards ... Three-time team MVP ... Team captain her senior year ... Set school records in the 500 free, 100 free and 200 free. Also played lacrosse and field hockey ... MVP and captain of lacrosse team her senior year.

### Personal

Daughter of Ron and Marian Rognlien ... Born April 8, 1985 in Manassas, Virginia ... Mother swam and played field hockey at James Madison ... Enjoys skiing and going to the beach ... Majoring in chemistry.

### Rognlien's Personal Bests

50 Free - 23.97      100 Free - 52.11      200 Free - 1:54.38



**JEN**  
*Tan*

Class of 2007  
Centreville, VA  
Paul VI

### 2005-06

Missed most of the spring with injuries ... Took third against Old Dominion in both the 100 and 200 back ... Set lifetime best in the 100 back against Georgetown, swimming 1:04.90 ... Lifetime best of 2:16.64 in the 200 back came against George Mason and East Carolina ... Totaled five top-five finishes in the backstroke events during the season ... Also had five top-five finishes in the 400 free and 400 medley relays ... Best finish in the relays was second in the 400 free against East Carolina.

### 2004-05

Helped team win the 300 fly relay at the Drexel Relays ... Claimed a spot on the podium finishing third against Richmond in the 200 back ... Ended the year with a personal best in the 50 free versus Richmond.

### 2003-04

Made the CAA squad in her rookie season, competing in the 50 free and 100 fly ... Advanced from the prelims at the Terrapin Invitational to compete in the bonus consolation race of the 200 fly, finishing 23rd.

### At Paul VI

Lettered in swimming for coach Joe Gresker ... Team captain senior year ... Team MVP junior and senior year ... Runner-up in 100 fly at Washington Metropolitan Prep School Swimming and Diving League Championships ... Placed fourth at National Catholic High School Championships in the 100 fly ... Scholar-Athlete Award winner.

### Personal

Daughter of Jose and Yoko Tan ... Born April 7, 1985 in Long Island, New York ... Brother, Joe, swims at George Mason ... Enjoys traveling ... Double-majoring in marketing and sociology.

### Tan's Personal Bests

100 Back - 1:04.90      200 Back - 2:16.64      100 Fly - 1:00.33  
200 Fly - 2:13.36



2006-07 Swimming and Diving





**LAURA**  
*Babcock*

Class of 2008  
Tabb, VA  
Tabb

**2005-06**

Made the bonus consolation race of the 200 breast at the Terrapin Invitational, finishing 24th ... Fourth in the 200 IM against Old Dominion ... Had three top-five finishes in dual meets, two at 200 IM and one in the 200 breaststroke ... Five top-five relay finishes in the 400 free relay and both medley relays.

**2004-05**

Finished her freshman campaign with a strong showing at the CAAs, qualifying for the consolation finals in the 200 breast, placing 16th in the race ... Just missed advancing out of prelims in the 100 breast, swimming a PR 1:08.86 to claim 17th ... Had a solid debut at the competitive Terrapin Invite, just missing finals in the 200 breast by finishing 26th and also swimming to a solid 31st in the 100 breast ... Teamed for the win in the 400 IM medley relay at the Drexel Relays.

**At Tabb**

Team MVP her senior year ... Sectional finalist in the 200 IM and 200 breast as a junior ... Finished in the

top three at states in all four years ... AA state record holder in the 200 free relay ... Lettered four times for coach Dave Henderson ... Scholastic All-American ... Member of chorus and key club.

**Personal**

Daughter of Dale and Fay Babcock ... Born April 24, 1986 in Chattanooga, Tennessee ... Brother, Lyle, swims at NC State ... Enjoys music and scuba diving ... Majoring in kinesiology.

**Babcock's Personal Bests**

100 Breast - 1:08.86      200 Breast - 2:27.12



**MEREDITH**  
*David*

Class of 2008  
Somerdale, NJ  
Triton Regional

**2005-06**

CAA Champion as a member of the 400 medley relay team ... Tied with Kelly Reitz and five others in school history with three conference championships in her career ... Earned a silver medal as part of the College's 200 medley relay ... Finished fourth at the CAA meet in both the 100 and 200 backstrokes ... Swam 2:05.54 in the finals of the 200 back to improve her position at third in the school record books ... Six victories and one second-place showing in the 100 back during the dual meet season ... Also six victories, one runner-up, and four third-place performances in the 200 back ... At the Terrapin Invitational, finished third in the 100 back and 14th in the 200 back ... Relay teams with David never finished worse than third in dual meet competition, racking up eight victories ... 400 medley relay team finished fourth at the Terrapin Invitational.

**2004-05**

Phenomenal rookie campaign highlighted by CAA Championship in the 100 back and five Tribe records

... Won the 100 back at CAAs, defending her No. 1 seed from the regular season with a 57.35 in the finals ... Also combined for the CAA title in the 400 medley relay, teaming for a school-record 3:50.09 ... Also set Tribe records in the team's fourth-place 200 medley relay (1:46.46), fourth-place 400 free relay (3:31.23) and fifth-place 200 free relay (1:36.79) at CAAs ... Qualified for the championship finals of the 200 back at CAAs, nearly medaling with a fourth-place performance ... Blazed to fourth in the A-Finals of the 100 back at the elite Terrapin Invitational, clocking a school record 57.29, the top

time in the CAA during the year ... Also claimed a strong 11th in the 200 back at the Terrapin meet ... Won the 200 back in her collegiate debut versus UMBC then reeled off three more consecutive wins in the event ... Also won her debut in the 100 back at the ODU Pod Meet then reeled off three consecutive wins in the event in winter dual meets ... Timed a 2:06.20 in 200 back win against GMU, the third-fastest time in Tribe history ... Teamed for eight relay wins.

**At Triton**

Second-team all-state in the 100 back junior and senior season ... Twice first-team All-South Jersey in the 100 back ... First-team all-conference in the 100 back all four seasons ... Runner-up at states in the 100 back as a junior and senior ... Made the Junior Nationals cut in the 100 and 200 back ... Lettered for four years for coaches Erin Sheehan and John Carroll ... National Honor Society member.

**Personal**

Daughter of Russell and Carol David ... Born April 18, 1986 in Philadelphia, Pennsylvania ... Father played football at Lafayette ... Enjoys reading and listening to music ... Majoring in art history.

**David's Personal Bests**

100 back - 57.29      200 back - 2:05.54



**CHRISTINA**  
*Monsees*

Class of 2008  
Brewster, NY  
Brewster

**2005-06**

Third in the 500 free against Georgetown ... Fifth in the 200 free against Northeastern ... Earned 14 top-five relay finishes ... Swam anchor for W&M's victory in the first race of the season, the 400 medley relay against Towson ... Scored at the Terrapin Invitational as part of the 15th-place 800 free relay.

**2004-05**

Combined to set two school relay records at CAAs, teaming for a fourth-place 3:31.23 in the 400 free and fifth-place 1:36.79 in the 200 free ... Also claimed two individual all-time top-10 spots at conferences... Advanced to the championship finals in the 200 free, clocking a 1:53.93, the second-fastest time in school history, to just miss medaling in fourth ... Qualified into the consolation finals of the 100 free, where she posted a 53.60 for 14th place and 10th all-time at W&M ... Advanced from prelims to the "C" finals of two events at the Terrapin Invite ... Claimed 19th in the 200 free, and 22nd in the 100 free ... Also turned in a solid 32nd in the 500 free at the meet ... Won the 200 free three times in dual meets, and finished on the podium eight other times during the season among the 100, 200, and 500 ... Teamed for five relay wins ... Set fastest team times in the 200 and 500 free.

**At Brewster**

Three-time All-American (200 free and twice in the 200 medley relay) ... USS Connecticut state champ in the 200 free ... Finished among the top-16 nationally in USA Swimming 15-16 year-old division in three relays ... All-state, all-section and all-league selection for three years ... Section winner in the 100 free as a junior ... Four-time division champion as a senior ... Went undefeated in dual meet competition in 2003 ... *Journal News* all-star for three years ... Three-time MVP ... School record holder in seven events.

**Personal**

Daughter of Richard and Alisa Monsees ... Born December 10, 1986 in Queens, New York ... Father played basketball at College of Charleston ... Enjoys shopping and spending time with friends ... Wants to pursue a career in law ... Majoring in finance.

**Monsees' Personal Bests**

50 Free - 25.64      100 Free - 53.60      200 Free - 1:53.93





**2005-06**

Fourth in the 1650 free against Richmond ... Fifth in the 200 free against Georgetown ... Also fifth in the 200 back against UNC Wilmington ... Never finished worse than fifth in the 400 free relay ... Best finish was third against East Carolina.

**2004-05**

Set second-best team time in the 1650 free, with 18:30.40 against Richmond in the final dual meet... Picked up podium appearances twice, placing third in the 500 free against Towson, and placing third in the 800 meter free at Charleston ... Also swam on the third-place 1500 butterfly relay team at the Drexel Relays... Swam to 26th in the 1650 free at the competitive Terrapin Invitational.

**At Broadneck**

All-county selection as a senior ... Three-time U.S. Postal Distance top-10 finisher ... Second-best all-time performance in the Open Water swim for Sunfest ... Also competed in track for one season ... National Honor Society member ... Maryland Distinguished Scholar semifinalist ... Top 10 in her class.



MEGHAN  
*Shrader*

Class of 2008  
Annapolis, MD  
Broadneck

**Personal**

Daughter of Jack and PJ Shrader ... Born February 6, 1986 in Annapolis, Maryland ... Enjoys watching movies and listening to music ... Majoring in biology.

**Shrader's Personal Bests**

500 Free - 5:24.78      1000 Free - 11:03.21      1650 Free - 18:30.40



KERRY  
*Urso*

Class of 2008  
Haymarket, VA  
Stonewall Jackson

**2005-06**

Limited by injuries to only two meets ... Part of the 200 free relay that finished third against Richmond.

**2004-05**

Provided depth to the team in the freestyle sprints ... Teamed for three relay wins.

**At Stonewall Jackson**

All-American in the 200 medley relay ... Three-time *Washington Post* all-area first team (second team once) ... Four-time *Potomac News* all-area first team ... District champion in 2003 and 2004 ... State finalist all four seasons ... Regional runner-up in 2004 ... School record holder in the 200 free and three relays ... Also an all-area first team honoree in cross country and track ... Potomac Valley swimming scholar-athlete award winner for four seasons ... IB Diploma Recipient ... Graduated in top 10 of class summa cum laude.

**Personal**

Daughter of Anthony and Mary Urso ... Born June 24, 1986 in Haymarket, Virginia ... Sister, Kelly, swims at Clemson ... Enjoys shopping and traveling to visit friends ... Majoring in neuroscience.

**Urso's Personal Bests**

50 Free - 26.42      100 Free - 56.55      200 Free - 2:02.13



EMMA  
*Zuidema*

Class of 2008  
North Haven, CT  
Choate Rosemary Hall

**2005-06**

Made the championship finals of the 100 breast at the CAA Championships, placing sixth ... Also made the consolation finals of the 200 breast, taking 11th ... At Maryland's Terrapin Invitational, made the consolation finals of the 100 breast to take 12th ... Also at Maryland, finished in the bonus consolation race of the 200 breaststroke for 20th place ... Finished in the top five in seven of her eight dual meet appearances ... Best finish was second in the 100 breast against James Madison ... Six top-five finishes as a member of relay teams.

**2004-05**

Impressed in her debut at CAAs, qualifying for the championship finals of both breaststroke events, claiming fourth in each ... Set the sixth-best school time in the 100 breast (1:05.74) and 200 breast (2:22.29) in those finals appearances ... Had a solid debut at the competitive Terrapin Invitational, advancing to the finals of both breaststroke events ... Claimed 13th in the 100 breast and 21st in the 200

breast at the meet ... Also teamed for the win in the 300 breast relay at the Drexel Relays ... Earned podium finishes at the ODU Pod and Charleston meets.

**At Choate Rosemary**

Two-time All-American, with honors coming in the 100 breast and 200 medley relay ... Lettered for three seasons under coaches Robert Burns and Sara Massa ... Also lettered in soccer and track and field.

**Personal**

Daughter of Paul and Leslie Zuidema ... Born November 12, 1985 in Hershey, Pennsylvania ... Father played basketball at Randolph Macon ... Enjoys traveling, watching movies and listening to music ... Majoring in marketing.

**Zuidema's Personal Bests**

100 Breast - 1:05.74      200 Breast - 2:22.29



CAITLIN  
*Block*

Class of 2009  
Darien, CT  
Darien

**2005-06**

Moved into the school top-10 list for the 1650 freestyle when she took 13th at the CAA Championships in 17:43.11 ... Time is seventh in school history ... 1000 yard split of 10:42.01 was good for ninth-place all-time at W&M... Just missed advancing to the consolation finals of the 400 IM at CAAs, placing 18th (the top 16 advance) ... Was even closer to advancing in the 500 free, finishing 17th ... Also 13th in the 1650 free at Maryland's Terrapin Invitational ... Advanced to the bonus consolation finals of the 400 IM at Maryland, finishing 24th ... 15 top-five finishes during the dual meet season, including a trio of runner-up showings.

**At Darien**

YMCA National Qualifier under coach Henk Jensen ... 2003-04 100 free state champion ... Scholastic All-American ... Four time all-state honoree ... Two time all-conference performer ... MVP of the team her senior year ... Scholar-athlete honoree ... Also lettered one year in track and field ... Spanish Club ... Diversity Day facilitator.

**Personal**

Daughter of Ken Block and Luan Shea ... Born August 15, 1987 in Stamford, Connecticut ... Enjoys running ... Undecided as to her major.

**Block's Personal Bests**

500 Free - 5:11.26 #      1000 Free - 10:42.01      1650 Free - 17:43.11





KARA  
*Bolles*

Class of 2009  
Essex, CT  
Hopkins

**2005-06**

Runner-up in the 100 free against Georgetown ... Seven top-five finishes in the 50 free and 100 free ... Scored at the Terrapin Invitational as part of the 200 free relay team that took 14th ... Just missed scoring in the 400 free relay, when her team took 17th (top 16 score) ... All 11 relays she swam on in dual meets finished in the top four, including three runner-up performances.

**At Hopkins**

2004 High School All-American, considered for the All-American team four times in total ... Senior year was part of the team that broke the national prep school record in the 200 free relay ... Lettered for six seasons under coach Chuck Elrick ... Also swam for coach Sara Massa on the Cougar Aquatic Team for eight years ... Was a member of her school's community service organization ... Wrote for the school newspaper.

**Personal**

Daughter of Keith and Jane Bolles ... Born December 1, 1986 in Middletown, Connecticut ... Father played soccer at Southern Connecticut State ... Enjoys writing poetry, listening to music, barbecuing, reading, and exercising ... Undecided as to her major.

**Bolles' Personal Bests**

50 Free - 25.52      100 Free - 54.94



REBECCA  
*Brofft*

Class of 2009  
Fairfax, VA  
Thomas Jefferson

**2005-06**

Tied with Kelly Reitz to win the 200 breast against Old Dominion, Delaware, and Northeastern ... Time of 2:23.16 catapulted her to seventh on W&M's top performer's list ... Made the consolation finals of the 100 breast at the CAA Championships, finishing 14th ... Just missed advancing in the 200 IM, finishing 17th in the preliminaries (top 16 advance) ... At Maryland's Terrapin Invitational, finished 25th in the preliminaries of the 200 breast, one spot shy of advancing to the bonus consolation race ... Finished in the top five in five other dual-meet races.

**At Thomas Jefferson**

Three time All-American ... Two-time qualifier for Junior Nationals in the 100 breast ... Finalist at the Virginia State Championships ... Two-time *Washington Post* All-Met honorable mention ... Team MVP her senior year ... Swam on the Washington-area's top 200 medley relay in 2004 ... Helped high school to win three consecutive Virginia Group AAA Championships (2002-2004) ... Holds school record in the

200 medley relay ... Swam with the Potomac Marlins Swim Club under coach Bill Marlin ... Yearbook editor her sophomore year ... Also a member of the dance team and lacrosse team.

**Personal**

Daughter of Robert and Pi Wu Brofft ... Born September 2, 1987 in Arlington, Virginia ... Father swam at Lafayette College ... Brother, Bob, swam for the Tribe ... Enjoys playing piano, reading, and playing lacrosse ... Undecided as to her major.

**Brofft's Personal Bests**

100 Breast - 1:08.08      200 Breast - 2:23.16      200 IM - 2:13.04 #



MARINA  
*Falcone*

Class of 2009  
Potomac, MD  
Oakcrest School

**2005-06**

Earned a pair of bronze medals at the CAA Championships ... Individually, finished third in the 200 free ... Also third as a member of the 800 free relay ... Teamed to set the Tribe's 400 free relay record of 3:30.19 on the final day at CAAs ... Swam the lead leg on the relay in 52.98 seconds, the seventh-fastest 100 free time in school history ... Also finished fourth at the conference meet in the 500 free and on the 400 free relay team, and seventh in the 1650 free ... Never finished worse than third in 35 dual-meet races ... Won 23 of the races ... At the Terrapin Invitational, placed sixth in the 200 free and 10th in both the 500 and 1650 freestyles ... Set personal records in each of those races ... In the 500 free, set the school record by becoming the first athlete to swim under five minutes, timing 4:58.24 ... Swam 1:53.00 in the 200 free, good for second all-time at W&M ... Time of 17:27.18 in the 1650 is third all-time at W&M ... Also ranks third all-time in the 1000 free, having timed 10:28.72 against George Mason and East Carolina ... Relay teams won twice and took second twice in dual meet competition

... At the Terrapin Invitational, teamed to take seventh in the 400 free relay and eighth in the 800 free relay.

**At Oakcrest**

Junior National qualifier in the 200, 500, and 1650 free ... Swam under Jon Rogers for the Aquahoyas Swim Club ... Also lettered in cross country twice and tennis and track once each ... Named MVP in cross country her sophomore year after leading the team to the conference title ... MVP of the track team after winning conference titles in the 800m, 1600m, and 3200m races at the conference meet, as well as anchoring the 4x400m relay and the DMR that set a new conference record ... In 2003, won the Oakcrest Award for Commitment to Excellence in Personal Development and Academics.

**Personal**

Daughter of Anthony and Anna-Maria Falcone ... Born June 5, 1987 in Silver Spring, Maryland ... Has a cousin that ran track and cross country for UMBC ... Chose W&M over Notre Dame, Virginia Tech, and George Mason ... Enjoys singing, listening to music, watching and playing sports ... Plans to major in business or a language.

**Falcone's Personal Bests**

100 Free - 52.98      200 Free - 1:53.00      500 Free - 4:58.24  
1000 Free - 10:28.72      1650 Free - 17:27.18



SARA  
*Fitzsimmons*

Class of 2009  
Lorton, VA  
University (CA)

**2005-06**

Earned a bronze medal at the CAA Championships by being part of the College's 800 free relay ... Qualified for the consolation finals of the 200 free, finishing 12th in 1:55.14 to move into sixth-place all-time at W&M ... At Maryland's Terrapin Invitational, qualified for one of the three finals sections in three of her four events ... Finished 15th in the 200 free, 21st in the 500 free, and 22nd in the 100 free ... During the regular season, won four races ... Finished fifth or higher in 27 of 28 dual-meet races ... At Maryland, teamed to finish seventh in both the 200 and 400 free relays ... Also teamed to finish 15th in the 200 medley relay ... 200 free relay team was undefeated in four dual meet races ... Totalled 10 victories in dual-meet relay races ... Finished third or higher in 15 of 16 relay races during the regular season.

**At University**

Junior National Qualifier in the 100 and 200 free ... Swam with the Aquazot Swim Club under Brian Pajer ... CIF Championship finalist in the 100 and 200 Free.

**Personal**

Daughter of Tim and Veronica Fitzsimmons ... Born June 9, 1987 in Long Beach, California ... Enjoys going to the beach ... Plans to major in business.

**Fitzsimmons' Personal Bests**

100 Free - 54.35      200 Free - 1:55.14      200 Back - 2:12.39





**SAMANTHA**  
*Greenwood*

Class of 2009  
Wildwood, IL  
Warren Township

### 2005-06

Scored in both the 1-Meter and 3-Meter disciplines at the Terrapin Invitational ... Placed 15th in the 1-Meter event, and 16th in the 3-Meter event ... Second in the 3-Meter competition against Old Dominion ... Third against the Monarchs in the 1-Meter competition ... Also took third against Richmond in the 1-Meter and Davidson in the 3-Meter ... Placed in the top five in 16 out of 26 total events during the regular season (1-Meter and 3-Meter combined).

### At Warren Township

District finalist for her high school ... Dove under coach Susan Bromberg for Windy City Diving ... Named All-Academic Varsity Athlete by her high school every semester of her junior and senior years ... Also won two letters in gymnastics and four letters in track and field ... Gymnastics team was top four at states all four years she competed ... Claimed third place at conference in the high jump, sixth place at county and sectionals.

### Personal

Daughter of Robert and Kathy Greenwood ... Born September 18, 1986 in Chicago, Illinois ... Father ran track at Bethany College ... Undecided as to her major.

### Greenwood's Personal Bests

1-Meter (6) - 191.62    1-Meter (11) - 158.35    3-Meter (6) - 194.55  
3-Meter (11) - 208.05



**WHITNEY**  
*Pezza*

Class of 2009  
Warrenton, VA  
Mercersburg Academy

### 2005-06

CAA Champion in the 200 fly and the 400 medley relay ... Reset her own school record in the 200 fly in both the preliminaries and the finals of the CAA Championships, finishing with a time of 2:03.96 ... Silver medalist as a member of the 200 medley relay team ... Also placed ninth in the 200 IM and 10th in the 100 fly ... 200 IM time of 2:10.26 ranks her eighth all-time at W&M ... Set her first school record in the 200 fly at the Terrapin Invitational, taking second with a time of 2:06.19 ... Won the consolation finals of the 100 fly at Maryland, finishing ninth overall ... Advanced to the bonus consolation race of the 200 IM, finishing 19th ... Qualified for the bonus consolation race of the 400 IM, but did not compete in the finals round ... Won the 100 fly against Georgetown with a personal-best time of 57.96, which ranks sixth all-time at W&M ... Including the Terrapin Invitational and CAA Championships, finished first or second in every 200 fly race ... Won 14 of 26 dual-meet races, placing third or higher in 25 of them ... Her 200 medley teams won five of six regular season races, and took second in the other ... Teamed to finish ninth in the 200 medley relay at Maryland ... 400 medley relay teams won three dual-meet races and took fourth at the Terrapin Invitational.

### At Mercersburg

Qualified for Junior Nationals in the 100 fly, 200 fly, and 200 IM ... Four-time High School All-American consideration honoree.

### Personal

Daughter of Jeffrey and Barbara Pezza ... Born December 22, 1986 in Fairfax, Virginia ... Father played football and ran track at Gettysburg College ... Enjoys coaching summer league swimming and reading ... Undecided as to her major.

### Pezza's Personal Bests

100 Fly - 57.96    200 Fly - 2:03.96    200 IM - 2:10.26 #

2006-07 Swimming and Diving

# Freshman Biographies



**COURTNEY**  
*Alles*

Class of 2010  
Manassas Park, VA  
Manassas Park

### At Manassas Park

Captained the Quantico Blue Dolphin's for two years under Olympic gold-medalist Jeremy Linn ... Achieved several Junior National Qualifications ... Scholastic All-America selection in 2004, 2005, and 2006 ... Member of the National Honor Society and Beta Club.

### Personal

Daughter of James and Pamela Alles ... Born February 17, 1988 in Carmichael, California ... Most prized possession is her cat, Princess ... Enjoys reading and listening to music ... Plans to major in biology.

### Alles' Prep Bests

100 Breast - 1:10.28    200 IM - 2:09.76  
400 IM - 4:29.66



**SUZANNE**  
*Figuers*

Class of 2010  
Cary, NC  
Cardinal Gibbons

### At Cardinal Gibbons

Selected as a High School All-American by the NISCA every year since 2003 ... Qualified for both Junior and Senior Nationals in the 100 breast, 200 breast, 200 IM, and 400 IM ... Also qualified for Senior Nationals in the 400 medley relay and 800 free relay ... Led Cardinal Gibbons to the NCHSAA 2A state championships in 2006 ... Also part of Cardinal Gibbons' NCISAA 3A state champs in 2003, 2004, and 2005 ... Holds North Carolina state records (all divisions, private and public) in both the 200 free and 200 medley relays ... Two-time Scholastic All-American ... Member of the National Honor Society ... Chose W&M over Duke, NC State, and Davidson.

### Personal

Daughter of Robert and Carol Figuers ... Born November 7, 1987 in Boulder, Colorado ... Favorite athlete is Shane Battier ... Enjoys watching movies and going to the beach ... Undecided as to her major.

### Figuers' Prep Bests

100 Breast - 1:06.60    200 IM - 2:09.91  
400 IM - 4:31.46





JILLIAN  
*Hamilton*

Class of 2010  
Bethesda, MD  
Walt Whitman

### At Whitman

NISCA All-American in the 500 freestyle ... Junior Nationals qualifier in the 500 and 1650 free ... Four-time USA Swimming Scholastic All-American ... NISCA Scholastic All-American in 2006 ... Chichester Sportsmanship Award recipient in 2006.

### Personal

Daughter of Phil and Karen Hamilton ... Born May 31, 1988 in Washington, D.C. ... Brother, Ted, swam for Emory University ... Best piece of advice she ever received was to be a good person first, good student second, and good athlete third ... Undecided as to her major.

### Hamilton's Prep Bests

500 Free - 5:02.99    1000 Free - 10:25.09  
1650 Free - 17:22.50



TAGE  
*Waite*

Class of 2010  
Norfolk, VA  
Maury

### At Maury

Consolation finalist in the 500 free at the Virginia AAA state championships ... High point-scorer in 2005 and 2006 ... Team MVP in 2004 ... Swam for the Old Dominion Aquatic Club ... Class Treasurer from sophomore through senior years ... Member of the National Honor Society and the Spanish Honor Society.

### Personal

Daughter of Thomas Waite and Robin Dickinson ... Born June 23, 1988 in Newport News, Virginia ... Favorite city is Key West ... Wanted to be a pediatrician growing up ... Enjoys music and art ... Plans to major in psychology.

### Waite's Prep Bests

500 Free - 5:06.45    1000 Free - 10:27.94  
1650 Free - 17:23.22



LAURA  
*Herrmann*

Class of 2010  
Fairfax Station, VA  
Hayfield Secondary

### At Hayfield

Finalist in the 100 backstroke at the Virginia AAA state championships ... Also made the consolation finals in the 100 fly ... Junior Nationals qualifier in both events, plus the 200 back ... Runner-up in 100 back at the Eastern Zone Sectional in 2006 ... Vice President of Hayfield's National Honor Society chapter ... Chose W&M over Yale, Duke, and Princeton.

### Personal

Daughter of Richard and Leila Herrmann ... Born February 5, 1988 in Fairfax, Virginia ... Spent a day training dolphins and other marine animals ... Craziest ambition is to be the first female President of the United States ... Enjoys running, reading, and skiing ... Plans to major in environmental science.

### Herrmann's Prep Bests

100 Back - 58.73    200 Back - 2:07.92  
100 Fly - 59.39



ERIN  
*Welshofer*

Class of 2010  
Charlotte, NC  
Providence

### At Providence

2006 conference swimmer of the year ... Helped Providence to NCHSAA 4A state titles in 2004, 2005, and 2006 ... 2003 NCHSAA 4A state champion in the 200 fly ... Runner-up in the 100 fly at the 2006 state championships ... Senior Nationals qualifier in both butterfly events ... Junior Nationals qualifier in several more events ... Chose the College over Tennessee, Virginia Tech, and Florida State.

### Personal

Daughter of John and Jane Welshofer ... Born August 30, 1988 in Cincinnati, Ohio ... Favorite sporting events to attend are Carolina Panthers football games ... Came to W&M because she wanted to be part of a championship swim team ... Plans to major in neuroscience.

### Welshofer's Prep Bests

100 Fly - 56.9    200 Fly - 2:04.5  
400 IM - 4:33



KATIE  
*Radloff*

Class of 2010  
Arlington, VA  
Yorktown

### At Yorktown

High School All-American in the 50 and 100 freestyles, and the 200 free and 200 medley relays ... Fifth in 100 free and eighth in the 50 free at Junior Nationals ... Captained Yorktown to the 2006 Virginia AAA state championship ... Holds the Virginia state record in the 200 free relay ... Senior national qualifier in the 50 and 100 free ... Earned Latin Honors ... Member of the Junior Classical League ... Has studied ballet for nine years ... Chose W&M over Virginia and James Madison.

### Personal

Daughter of Scott and Gwyneth Radloff ... Born August 28, 1988 in Washington, D.C. ... Uncle, David Jones, rowed for Brown ... Another uncle, Todd Radloff, played baseball for Florida Southern ... Enjoys watching old movies ... Favorite sporting events to attend are Washington Nationals games ... Plans to major in English.

### Radloff's Prep Bests

50 Free - 23.61    100 Free - 51.16  
100 Back - 57.62

*Nine-time All-American and 1982 100 breast national champion Erin Sheehey '84 (r) with Rene Henry '54 after being presented with the Southland Olympia Award in 1984. The award was given to athletes who best personified the ideals of excellence and academic prowess. Other winners included Ralph Sampson and Carl Lewis. Sheehey was also an acclaimed member and captain of the women's soccer team at W&M.*



## Team Accomplishments

### State Championships (9)

1966, 1967, 1968, 1969, 1970, 1971, 1974, 1976, 1977

### Facility-Era Records

Jefferson Pool (1921-64) - 13-6-1 (.675)  
Adair Pool (1964-89) - 153-81-1 (.653)  
Rec Center (1989-Current) - 103-101-1 (.505)

**Overall Record: 269-188-3 (.588)**

### Best Finish at CAA Championships:

Second (1989, 2001, 2006)

### Longest Winning Streak:

24 (1969-72)

### Most Wins in a Season:

10 (1970-71, 1988-89, 2005-06)

### Best Season Winning Percentage:

10-0 (1970-71)

### CSCAA Academic All-America

#### Team Honors (12)

1989, 1991, 1992, 1994, 1995, 1996, 1997, 1998, 2003, 2004, 2005, 2006

## Athlete Accomplishments

### AIAW National Champions

**1982** Erin Sheehy 100 Breast

### AIAW All-Americans

**1970** Kathy Love 50, 100 Fly  
Love, Hardin 200, 400 MR  
Gibson, Kehrberg

**1972** Peggy Lawlor 100, 200, 400 Free  
Gibson, Lawlor 200, 400 MR  
Hamilton, Morrison

**1973** Peggy Lawlor 200 Free  
100, 500 Fly  
Lawlor, Richter 200 FR, 200 MR  
Wolff, Gibson

**1977** Kathe Kelly 100, 200 Breast  
100, 200, 400 IM

**1978** Jenny Tatnall 100, 200, 500, 1650 Free  
Kristie Esbenson 100 Breast  
50 Back  
Kathe Kelly 200 IM  
Carolyn Morse 1-Meter  
Redmond, Kelly 400 FR  
Nixon, Tatnall  
Tatnall, Esbenson 400 MR  
Farmer, Redmond

**1979** Jenny Tatnall 200, 500, 1650 Free  
Kristie Esbenson 50 Breast  
Laura Schwarz 50, 100 Back  
Redmond, Schwarz 200 FR  
Masters, Tatnall  
Tatnall, Schwarz 400 FR  
Masters, Redmond  
Redmond, Nixon 800 FR  
Kelly, Tatnall  
Schwarz, Esbenson 200 MR  
Masters, Redmond  
Schwarz, Kelly 400 MR  
Tatnall, Masters

**1980** Laura Schwarz 50, 100, 200 Back  
Anne Thurston Diving

Teresa Norman Diving  
Schwarz, Redmond 200 FR  
Nixon, Tatnall  
Redmond, Schwarz 400 FR  
Byrne, Tatnall  
Tatnall, Jones 800 FR  
Nixon, Byrne

**1981** Erin Sheehy 50, 100, 200 Breast  
Laura Schwarz 100 Back  
Tatnall, Redmond 200 FR  
Schwarz, Nixon  
Schwarz, Sheehy 200 MR  
Tatnall, Redmond

**1982** Patty Powis 50 Breast  
Erin Sheehy 50, 100, 200 Breast  
Heather Sell 200 Fly  
Schwarz, Brock 200 FR  
Masters, Sell  
Schwarz, Sorenson 200 MR  
Sheehy, Masters  
Schwarz, Sell 400 MR  
Masters, Sheehy

### Phi Beta Kappa

**2005** Robyn Kondrad  
**2006** Lindsay Young

### W&M Athletics Hall of Fame

**1976** Pearle Young Reynolds '32  
**1985** Jane Harland Bates '73  
**1986** Harriett McCarthy Purtilll '41  
**1987** Martha Adams '48  
**1993** Josephine W. Hubbell '47  
Jenny Tatnall McLeod '81  
**1996** Erin Sheehy Downs '84  
*1979 200 & 400 Free Relay Teams*  
Jenny Tatnall McLeod '81  
Laura Schwarz Buckius '82  
Lora Jean Masters Hayes '83  
Maureen Redmond Scura '81

**2000** Millie West (Coach/Administrator)  
**2001** Kathy Welch-Groll '86  
**2003** Teresa Norman-Spicer '81  
**2005** Kathe Kelly-Briggs '79

### Southland Olympia Award

**1984** Erin Sheehy

### National Telegraphic Meet Champions

**1942** Anne Monihan 2 events  
**1948** Fran House 100 Breast  
Fran House 100 Free

### State Champions

**1950** Dorothy Lenham 40, 100 Breast  
**1971** Lynn Adams Backstroke  
Jane Harland Diving  
**1975** Mindy Wolff 50 Breast  
**1979** Kathe Kelly Multiple

### Eastern States Champions

**1983** Erin Sheehy 50 Breast

### CAA Champions

**1986** Kathy Welch 100 Fly  
200 IM  
Amy Johnson 200 Fly  
Diane Vallere 1650 Free  
**1987** Pat Olivo 200 Fly  
Scotia Miller 1650 Free

**1988** Amy Johnson 200 Fly  
**1989** Alison Wohlust 200 Free  
Karen Laslo 1650 Free  
Johnson, Wohlust 400 FR  
Hughes, Newman  
Wohlust, Vallere 800 FR  
Johnson, Laslo

**1991** Harm, Brooks 400 MR  
Wilcox, Armstrong

**1996** Kristen Schnittger 100 Breast  
**1997** Upshaw, Schnittger 200 MR  
Wimberly, Grauman

**1998** Lisa Wimberly 100 Fly  
Fenix, Schnittger 200 MR  
Wimberly, Grauman

**2000** Ruth Anne Miller 200 IM  
**2001** Kerrie Fineran 50 Free  
Alyssa Lengle 200 Free  
**2002** Liz Koch 100 Fly  
Boles, Miller 800 FR  
Bodine, Lengle  
**2003** Liz Koch 200 Fly  
Ruth Anne Miller 100, 200 Breast \*  
200 IM \*

**2005** Meredith David 100 Back  
Kelly Reitz 200 Breast  
David, Reitz 400 MR  
Calanog, Rognlien

**2006** Whitney Pezza 200 Fly  
David, Reitz 400 MR  
Pezza, Rognlien

\* CAA Championship Meet Record

### CAA Performer of the Year

**2003** Ruth Anne Miller

### CAA Rookie of the Year

**2001** Alyssa Lengle

## Coach Accomplishments

### CAA Coach of the Year

**1989** Anne (Howes) Anderson

### All-Time Women's Coaches

	Seasons	W	L	T
Gladys Jones	2	5	1	0
Jeanne Parquette	1	2	2	1
Unknown	2	2	2	0
Caroline Sinclair	1	3	0	0
Fran House	1	1	1	0
Marion Reeder	1	3	0	0
Millie West	4	27	1	0
Christina Jackson	12	78	38	1
Jane Crossman	1	6	6	0
Sarah Bingham	3	15	16	0
Anne Anderson	9	49	52	0
Ned Skinner	4	27	21	1
Tom Schmelz	1	8	8	0
Dan Langan	3	19	16	0
Gregg Sarbak	2	8	15	0
<b>McGee Moody</b>	<b>2</b>	<b>16</b>	<b>9</b>	<b>0</b>

2006-07 Swimming and Diving







The men's swimming and diving team surpassed many expectations last year, finishing with the best record since 1999 and setting 23 marks in the school's top-10 lists. Director of Swimming and Diving **McGee Moody** returns most of last year's team, and welcomes five freshmen to bolster the lineup. Expectations this year are even higher, with the athletes gunning for the top of the Colonial Athletic Association standings.

The sprint freestyles will flourish this year under the guidance of the athletes who led the Tribe in each of the last two seasons. Senior **Nick Duda** sat out last season, but returns this year hungry to pick up where he left off in 2005. He has times that rank in the top-10 in school history at 50 yards, 100 yards, and 200 yards, and was one of the Tribe's top scorers at CAAs in 2005. Sophomore **Nader Amer** had an impressive showing at last year's conference championships, finishing sixth in the 200 free and 10th in the 100 free. He just missed advancing to the consolation finals in the 50 free, and will be aiming for top-eight finishes in all three races.

Joining the duo of Duda and Amer will be a trio of freshman. **Kevin Gallagher** was a prep All-American in 2006, and won New Jersey's state championship in the 50 free as a senior. **Joe DeBiase** was a Junior Nationals qualifier in Pennsylvania, and earned runner-up honors as a junior in the 200 free at the state championships. He enters with times that would challenge to be on the College's top-10 lists in the 100, 200, and 500 freestyles. **Kevin Lynch** was a Virginia state champion, and prep All-American as part of a 400 free relay.

The middle distance freestyles will be the team's deepest events, thanks to a roster of six strong athletes. **Shane Kelsey** was a finalist in the 200 and 500 free last year at the Terrapin Invitational, finishing eighth in both events. After an off-season of improving his stroke and adding muscle mass, he should be in a position to make similar finishes this year at the CAA Championships. **Shawn Matthews** finished sixth last year at the conference championships in the 500 free, and will be looking for a performance of similar or better result this year.

Junior **Brandon Paster** will also be looking to improve from last year, when he finished in the consolation finals in the 500 free at the CAA meet and set lifetime bests in the 200, 500, 1000, and 1650 freestyles. Also scheduled to appear in the middle distance events will be Duda, DeBiase, and Lynch.

Sophomore **Jeff Collier** surprised everyone last year at the CAA Championships, blistering both the competition and his own personal best time in the 1650 freestyle to take second in 15:49.04, behind only George Mason's All-American Tom Koucheravy. Both his 1650 time and his 1000-yard split,



9:34.06, are the second-fastest times in school history, and he also made the championships finals in the 500 free, placing fourth.

Joining Collier in the distance freestyles will be a trio of veterans. Junior **Matt Shoulders** was 17th in the 1650 free at the conference championships, one spot shy of scoring. He will be looking to finish in the top eight this season, in both the 1650 and 500 free. Depth will be provided by sophomore **John Savage** who quickly impressed after walking-on to the team in the fall, earning runner-up performances in the 1650 against Georgetown, and in the 1000 free against James Madison. He will aim to make the CAA Championships squad this year. Junior **Jesse Moore** won his first race of the season, the 200 free against Towson, and finished the fall by scoring in the 1650 free at the Terrapin Invitational in 15th.

Senior captain **Andrew Carberry** will help lead the breaststroke contingent this season, after injuries limited him last season to only a few appearances. He made the most of those, however, setting the sixth-fastest 100 breast mark in school history when he won that event against Davidson and took second to James Madison with a time of 58.63. He also defeated Davidson in the 200 breast, and will look to make a return to the CAA Championships in his final

campaign. Providing depth in the event will be sophomore **Jason Brisson** and junior **Alex Jendzejec**. Brisson finished ninth in the 200 breast at the CAA Championships, swimming the third-fastest time in school history (2:06.01), and will aim to make the championship finals this season. Jendzejec will switch over to the breaststroke and individual medley events permanently this year, after being something of a jack-of-all-trades his first two seasons.



The butterfly section shapes up to be very strong for the Tribe this year, with three veteran CAA performers and an outstanding freshman talent carrying the load. Brisson won four of the 10 200 fly races he swam last year, and placed second in another four. Senior captain **Joey Peterson** and fifth-year senior **Peter King** will both provide depth behind Brisson. Peterson was 13th last year in the 200 fly at both the CAA Championships, and at the Terrapin Invitational. He will be aiming for a top-eight finish in the event this year, after finishing in the consolation finals each of his first three seasons.

King returns to the team after a one-year absence, and will be counted on to score at the conference meet and improve on his school top-10 times in both events. As a freshman, he made the consolation finals in both the 100 and 200 fly. Rounding out the contingent is freshman **John Lang**, a multiple-event finalist at both the Florida AA state championships and at the Florida Senior Championships.

The backstrokes will be the team's strongest events this year, even with only three athletes detailed to them. **Shawn Matthews** swam the third-fastest 200 back time in school history, 1:52.54, when he took fifth at the CAA Championships in February. He also took ninth in the 200 back at the Terrapin Invitational, and should be in contention to win the distance at both tournaments this season. **David Mangini** swam solidly throughout the year, but really turned on the jets at the conference championships, setting the number-five all-time mark in the 100 and 200 back. His 100 back time of 52.79 came on the front leg of the College's 400 medley relay, and he took sixth in the 200 back after swimming 1:53.58.

Joining the two sophomores will be freshman **Marshall Raiskin**, a three-time prep All-American. He was the third-place finisher in the 100 back at the Florida state championships last year, and won four events including both backstrokes at the Florida Senior Championships. His times of 53.13 and 152.97 would both rank in the top 10 at William and Mary.

As is usually the case, the individual medleys will benefit from the combined talents of all the other events, boasting four veterans and two freshman who can all score at the conference championships. Jason Brisson earned ninth-place finishes in both the 200 and 400 IM, setting the College's fourth-best all-time mark at 400 yards of 4:04.29. He also ranks fourth in school history in the 200 IM, after taking fifth at the Terrapin Invitational in 1:53.33.

Mangini was eighth in the 200 IM at CAAs, finishing in 1:55.49 (eighth at W&M), and set the fifth-fastest time in the 400 IM, finishing 10th in 4:06.01. Jendzejec was the third Tribe finisher in the consolation finals of the 400 IM, finishing 13th, and Joey Peterson was 15th in the 400 IM at the Terrapin Invitational. John Lang and Marshall Raiskin will also contribute in the individual medleys.

**Joe Cin** will be the only diver in the College's stable for the second year in a row, but if last year was any indication, he likes it that way. He won the diving program four times in 22 tries as a freshman, and finished second or third 14 other times. He ranks sixth in school history in both the six-dive and 11-dive programs from the 3-Meter board, and his score of 221.55 in the six-dive 1-Meter program against Towson is the fourth-best in school history. This year he figures to make the top eight at the CAA Championships in both the 1-Meter and 3-Meter, and pursue a qualification to the NCAA diving regional.





ANDREW  
*Carberry*

Class of 2007  
Talbot, TN  
Jefferson County

### 2005-06

Saw limited action ... Won the 100 and 200 breast against Davidson ... Time in the 100 breast was 58.93, the sixth-fastest in school history ... Took second in the that race against JMU, and fourth against the Dukes in the 200 breast.

### 2004-05

Qualified out of prelims for the 100 breast consolation finals at CAAs ... Finished in 12th place after advancing with a personal record 1:00.14 ... Just missed advancing in the 200 breast, finishing 17th in the preliminary race ... Claimed 13th in the 200 breast and 18th in the 100 breast at the Terrapin Invitational ... Also claimed 30th in the 200 IM ... Had four podium finishes on the season, three in the 200 breast.

### 2003-04

Claimed 16th in the 200 breast in an impressive showing ... Clocked a 2:08.60 in the prelims of the event, the fourth-fastest time in Tribe history ... Advanced from the prelims in three events at the competitive Terrapin Invitational, including a high finish of 15th

in the 200 breast ... Also placed 24th in the 200 breast and 100 fly at the meet.

### At Jefferson County

Swam for only one year under coach David Strom, but set school records in 100 breast and 200 free during that time ... Claimed seventh at state meet in 100 breast ... Also ran cross country for three years ... Member of the science club.

### Personal

Son of John and Lisa Carberry ... Born December 21, 1984 in Newport Beach, California ... Father rowed at Marist ... Enjoys playing drums and whitewater kayaking ... Majoring in neuroscience.

### Carberry's Personal Bests

100 Breast - 58.93      200 Breast - 2:08.60



NICK  
*Duda*

Class of 2007  
Vienna, VA  
Gonzaga

### 2005-06

Did not compete.

### 2004-05

Made the finals of all three events he swam at the conference championship ... Set personal records in the qualification heats of the 50 (21.27), 100 (46.72), and 200 free events (1:42.69) ... Bested his 200 free mark by 32 hundredths of a second in the finals, finishing sixth ... Also finished seventh in the 50 free and 12th in the 100 free ... Had a strong meet at the Terrapin Invitational, advancing to the finals of four events ... Raced to an impressive eighth in the "A" Finals of the 200 free at the meet ... Also claimed 13th in the 100 free, 18th in the 50 free and 23rd in the 500 free at the meet ... Won the 100 backstroke vs. College of Charleston, 100 free vs. George Mason and the 200 free vs. James Madison and UNC Wilmington ... Swam on three relays at the CAA meet, scoring in all three ... Teamed for four relay victories ... Swam team's best time in the 100 free and 200 free in the fall

### 2003-04

Teamed to take third in the 800 free relay at CAAs ... Also swam to 21st in the 200 free and 22nd in the 50 free at conferences ... Teamed for four relay wins in dual meets, including the Tribe's sweep of the 400 free and 400 medley vs. Towson ... Posted three runner-up showings in the 100 free in dual meet action ... Also runner-up once in both the 50 free and 200 free.

### At Gonzaga

Lettered for four years under coach Joe Viola ... All-American in 200 free and 400 free relays ... Holds school record in 200 free and 200 medley relay ... Honorable Mention, *Washington Post* all-metro team.

### Personal

Son of Joseph and Jean Duda ... Born January 3, 1985 in Fairfax, Virginia ... Enjoys surfing and golf ... Majoring in finance.

### Duda's Personal Bests

50 Free - 21.27      100 Free - 46.72      200 Free - 1:42.37



PETER  
*King*

Class of 2007  
Falls Church, VA  
Gonzaga

### 2005-06

Did not compete.

### 2004-05

Studied abroad in the fall ... Fourth in the 100m fly at College of Charleston ... Competed in both butterfly events at the CAA Championships ... Won the 200m free relay at Charleston.

### 2003-04

Had a solid meet at the Terrapin Invitational, advancing from prelims in two events ... Finished 15th in the 100 fly at the competitive meet, after setting the ninth-fastest Tribe time (51.81) during prelims ... Also placed 21st overall in the 200 fly at the Terrapin Invite, after advancing to the bonus consolation race ... Teamed for the win in the 400 free relay vs. Towson.

### 2002-03

Placed 10th in the CAA Championships in the 200 butterfly, touching the wall in 1:55.46 ... Tied for 16th at CAAs in the 100 fly with a time of 51.81 ... Achieved the third-best time on the team in the 100 and 200 fly ... Swam a season-best time of 4:50.89 in the 500 free

at CAAs ... Placed third in the 200 fly against Duke.

### At Gonzaga

Swam for four years at Gonzaga, earning the MVP award his senior year ... High school and club (York Swim Club) team captain ... Team record holder in the 200 IM ... Senior Leadership Award ... Honor student ... Student government secretary.

### Personal

Son of Tom and Ann King ... Born May 30, 1984 in Falls Church, Virginia ... Enjoys reading ... Majoring in government.

### King's Personal Bests

100 Fly - 51.81      200 Fly - 1:55.46



JOEY  
*Peterson*

Class of 2007  
Williamsburg, VA  
Lafayette

### 2005-06

Made the consolation finals of the 200 fly at the CAA Championships, finishing 13th ... Also took 13th in the 200 fly at the Terrapin Invitational ... Finished in the consolation finals of the 400 IM at the Terrapin as well, claiming 15th ... Had 12 top-five finishes in dual-meet competition ... Scored as part of 200 and 400 medley relay teams at the Terrapin Invitational, finishing 13th and 14th, respectively ... His relay teams had 14 top-five finishes during the regular season.

### 2004-05

Advanced to the consolation finals of the 200 fly at CAAs, placing 15th overall ... Also swam in both IM events at the conference meet ... Advanced to the finals of four events at the competitive Terrapin Invitational, reaching the consolation race in the 200 fly and 400 IM ... Finished 11th in the 400 IM at the meet and 13th in the 200 fly ... Timed a personal record of 53.53 in the 100 fly to place 23rd in the event ... Also claimed 17th in the 200 IM ... Teamed for two relay wins during the fall and one in the winter.

### 2003-04

Advanced to the finals of two events at CAA, claiming 11th in the 200 fly and 15th in the 400 IM ... Also swam well at the Terrapin Invite, advancing from prelims to place 20th in the 400 IM and 23rd in the 200 IM ... Finished 27th in the 200 fly at the meet, just shy of advancing to the finals.

### At Lafayette

Lettered for four years under coach Harold Baker ... Set school records in 200 IM and 500 free ... USA Swimming Scholastic All-American.

### Personal

Son of Joseph and Lauren Peterson ... Born September 5, 1985 in Williamsburg, Virginia ... Stepfather, Harold Baker, swam at W&M ... Enjoys sports and music ... Majoring in neuroscience.

### Peterson's Personal Bests

200 Fly - 1:56.17      200 IM - 1:58.07      400 IM - 4:14.06





**ALEX**  
*Jendzejec*

Class of 2008  
Reston, VA  
Herndon

### 2005-06

Set personal record in the 400 IM in the consolation finals of the CAA Championships, timing 4:08.03 for 13th place ... Eighth all-time at W&M in the 400 IM ... Also at CAAs, finished 13th in the 1650 free and 10th in the 500 free ... Teamed to take fifth in the 800 free relay ... During the regular season, won the 500 free against Georgetown ... Also won the 1000 free against Duke ... Made the consolation finals of three events at Maryland's Terrapin Invitational ... Ninth in the 400 IM, 11th in the 1650, and 14th in the 500 free ... Finished in the top five in 19 of 25 dual-meet races ... Scored as part of two relays at Maryland, 14th in the 400 free relay and 5th in the 800 free relay.

### 2004-05

Advanced out of prelims in the 400 IM at CAAs, placing 13th with the sixth-fastest time in Tribe history (4:11.35) ... Qualified for the consolation finals of the 500 free at the meet, finishing 14th overall ... Also swam to a solid 11th in the CAA 1650 free ... Impressed with a win in the consolation race of the

400 IM at the competitive Terrapin Invite, finishing ninth overall ... Also advanced to the finals of the 200 IM and 100 and 200 breast at the meet, finishing 22nd, 22nd and 18th, respectively, in the events ... Won the 500 free against East Carolina.

### At Herndon

2004 district champion in the 200 medley relay ... School record holder in the 200 medley and 400 free relay ... Twice first-team all-district ... Potomac Valley Swimming scholar-athlete ... Captain junior and senior year ... Competed at Junior Nationals ... Academic All-American.

### Personal

Son of Mark and Peggy Jendzejec ... Born October 10, 1985 ... Father played basketball at Alliance College ... Enjoys playing the guitar and riverball ... Majoring in international relations.

### Jendzejec's Personal Bests

200 Breast - 2:12.32      200 IM - 1:59.39      400 IM - 4:08.03



**JESSE**  
*Moore*

Class of 2008  
Annville, PA  
Hershey

### 2005-06

Scored for the Tribe in 15th place in the 1650 free at Maryland's Terrapin Invitational ... Won his first race of the season, the 200 free against Towson ... Had eight top-five finishes during the regular season ... Scored in two relays at Maryland ... 14th in the 400 free relay and 15th in the 200 free relay ... In 13 dual-meet relays, never finished worse than fifth.

### 2004-05

Competed most in the middle-distance freestyle events ... Made the CAA squad as a rookie, swimming in the 200, 500, and 1650 free ... Teamed to claim sixth in the 800 free relay at CAAs ... Had a solid debut at the Terrapin Invite, reaching the finals in four events ... Best finish of 14th came in the 500 free at the competitive meet ... Also swam to 16th in the 400 IM, 19th in the 200 fly and 24th in the 200 free at the meet ... Finished the season with six podiums.

### At Hershey

Two-time All-American in the 400 free relay ... State champion in the 400 free relay with school record

time as a senior ... Three-time conference and district champion in the 200 and 400 free relay ... Two-time conference champion in the 200 and 500 free ... District champion in both the 200 and 500 free ... Multiple-time state finalist and sectional qualifier in freestyle events ... Helped team to PIAA state title in 2003 and 2004 ... Academic All-American and National Honor Society member

### Personal

Son of Anthony and Elizabeth Moore ... Born October 22, 1985 in Harrisburg, Pennsylvania ... Enjoys reading, music, art and movies ... Majoring in neuroscience.

### Moore's Personal Bests

200 Free - 1:47.29      500 Free - 4:48.59      1650 Free - 16:44.99



**BRANDON**  
*Paster*

Class of 2008  
Fairfax, VA  
Fairfax

### 2005-06

Made the consolation finals of the 500 free at the CAA Championships, finishing 15th ... Also 15th in the 500 free at the Terrapin Invitational ... Ninth in the 1650 free at the Terrapin ... Improved 1000 free time by over 30 seconds over the course of the season, dropping to 10:02.25 ... Finished in the top-five 10 times during the regular season ... Teamed to take fifth in the 800 free relay at CAAs ... At the Terrapin Invitational, took fifth in both the 400 and 800 free relays ... Also teamed to score in 15th in the 200 free relay ... Never finished worse than fourth in a dual-meet relay race.

### 2004-05

Freestyler who stepped up and also contributed in the dives ... Swam in the 200, 500 and 1650 free events at CAAs ... Placed 22nd in the 1650 free at the conference meet ... Improved on his 500 free time by 18 seconds over the course of the season, ending the season with a 4:50.38 at CAAs ... Won the 1-meter dive vs. JMU, scoring crucial points in a one-point Tribe victory ... Finished 18th in the 1650 free at the Terrapin Invitational ... Teamed to win the 200 free relay against ECU ... Earned two podiums at Charleston by finishing third in the 100 free and second in the 800 meter free.

... Finished 18th in the 1650 free at the Terrapin Invitational ... Teamed to win the 200 free relay against ECU ... Earned two podiums at Charleston by finishing third in the 100 free and second in the 800 meter free.

### At Fairfax

Claimed 11th in 200 free at states as a senior ... Member of three top-16 relays with club team (3rd, 4th, and 5th in the nation) ... Team captain junior and senior seasons ... All-Star diver all four years of high school ... Named AP Scholar with Distinction ... Robert C. Byrd Honors Scholarship Recipient ... National Merit Commended ... Member of National Honor Society and Spanish Honor Society.

### Personal

Son of Mark and Karen Paster ... Born October 10, 1986 in ... Spends free time playing sports and following St. Louis sports teams ... Majoring in economics.

### Paster's Personal Bests

200 Free - 1:49.14      500 Free - 4:44.13      1650 Free - 16:37.54



**MATT**  
*Shoulders*

Class of 2008  
Roanoke, VA  
Hidden Valley

### 2005-06

Just missed scoring at the CAA Championships by one place in the 1650 free, finishing 17th ... Made the bonus consolation race in three events at Maryland's Terrapin Invitational ... 19th in the 1650 free, 20th in the 500 free, and 22nd in the 200 free ... Finished in the top five four times during the regular season ... Part of the 400 free relay team that took 14th at Maryland ... Finished in the top five in all 12 relay races he swam during the regular season.

### 2004-05

Clocked a personal record of 4:44.65 to advance from the preliminaries of the CAA 500 free into the consolation finals, where he placed 15th overall ... Also posted a PR of 16:36.87 in the 1650 to claim 13th, bettering his old mark by 11 seconds ... Swam on squad's sixth-place 800 free relay at CAAs ... Advanced from prelims in two events at the competitive Terrapin Invite, finishing 12th in the 500 free and 17th in the 200 free ... Also claimed ninth in the 1650 free and was just short of reaching the finals of the 100 free, placing 27th ... Picked up eight individual podium finishes overall ...

Teamed for two wins in the 400 free relay and one in the 200 free relay.

### At Hidden Valley

Helped team to state championship in 2003-04 ... Team placed third at states for 2002-03 season ... Swam to sixth at states in the 500 free ... Team captain for two seasons ... Honor roll selection.

### Personal

Son of John and Cathy Shoulders ... Born June 9, 1986 in Roanoke, Virginia ... Brother, David, swam for the Tribe from 2000-04 ... Enjoys ultimate frisbee, riverball and football ... Majoring in international relations.

### Shoulders' Personal Bests

200 Free - 1:44.67      500 Free - 4:44.65      1650 Free - 16:36.87

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**NADER**  
*Amer*

Class of 2009  
Yorktown, VA  
Tabb

**At Tabb**

2005 Junior National Consolation Finalist ... Swam under Steve Griffin with the Coast Guard Blue Dolphins ... Led Tabb to 3 Virginia State Championships ... Academic Honor Athlete (2004) ... Chose W&M over Virginia Tech, Duke, and East Carolina.

**Personal**

Son of Mourad and Tahani Amer ... Born July 17, 1987 in Newport News, Virginia ... Enjoys playing Ultimate Frisbee ... Plans to major in biology.

**Amer's Personal Bests**

50 Free - 21.85 #      100 Free - 46.63      200 Free - 1:42.38



**JASON**  
*Brisson*

Class of 2009  
Richmond, VA  
Mills E. Godwin

**At Godwin**

Qualified for the US Open in the 200 breast ... Junior National Qualifier in the 100, 200 breast, 200, 400 IM, and 200 fly ... Finalist in multiple events at the Virginia Senior Championships ... Two-time USA Swimming Scholastic All-American ... Swam for Geoff Brown at NOVA Aquatics ... National Merit Commended Scholar ... National Honor Society ... Virginia Boy's State attendee ... Chose William and Mary over North Carolina, NC State, Davidson, and James Madison.

**Personal**

Son of Carson and Lou Ann Brisson ... Enjoys drama, writing, reading, traveling, and listening to music ... Plans to major in either English or government.

**Brisson's Personal Bests**

100 Breast - 59.66      200 Breast - 2:06.01      200 IM - 1:53.33  
400 IM - 4:04.29

**2005-06**

Took sixth in the 200 free at the CAA Championships, swimming 1:42.38 ... Time places him seventh all-time at W&M ... Touched the wall in the 100 free in 46.63, finishing 10th ... Also ranks seventh in the school record books in the 100 free ... Just missed advancing to the consolation finals in the 50 free, placing 18th (top 16 advance) ... Consolation finalist at the Terrapin Invitational in the 100 free, placing 15th ... Won four dual-meet races, and finished in the top-three a total of 19 times ... Only twice in 26 races did he finish out of the top five ... Part of the fifth-place 800 free relay team at CAAs ... Also at CAAs, seventh in the 400 medley relay, eighth in the 400 free relay, and 9th in the 200 free relay ... Fifth in the 400 free relay at Maryland ... Also scored at Maryland in the 200 free relay (9th), 200 medley relay (13th), and 400 medley relay (14th) ... Won three relay races during the regular season ... Finished first or second in 10 out of 11 relay races.



**JOE**  
*Cin*

Class of 2009  
Hummelstown, PA  
Hershey

**Personal**

Son of David and Sharon Cin ... Born April 19, 1987 in Woodbridge Lakes, New Jersey ... Enjoys playing music and snowboarding ... Plans to major in biology.

**Cin's Personal Bests**

1-Meter (6) - 221.55      1-Meter (11) - 181.70      3-Meter (6) - 219.70  
3-Meter (11) - 304.70

**2005-06**

Just missed advancing to finals of the 1-Meter competition at the CAA Championships, taking 10th (top eight advance) ... 12th in the 3-Meter Competition ... Scored for the Tribe at the Terrapin Invitational in both disciplines ... 10th in the 1-Meter with a score of 181.70 ... 11th in the 3-Meter event, scoring 304.70 ... Score in the 3-Meter ranks him sixth in school history for an 11-dive program ... Won both the optional and mandatory 1-Meter events to open the season against Towson ... Score in the optional six-dive program is the fourth-best 1-Meter score in school history ... Also defeated Davidson in both the 1-Meter and 3-Meter ... Scored 219.70 in the 3-Meter event (six dives) against Old Dominion and Delaware, ranking him sixth in the school top-10 list for that event ... Finished in the top three in 18 out of 22 regular-season events ... Never finished worse than fourth.

**At Hershey**

Dove for John Ricci with the Hershey Diving Club ... 2004 and 2005 Finalist at the PIAA State Diving Championships ... Earned Eagle Scout honors.



**JEFF**  
*Collier*

Class of 2009  
Salem, VA  
North Cross

**2005-06**

Exploded in the 1650 free at the CAA Championships, swimming 55 seconds below his previous best to take the silver medal in 15:49.04 ... Mark is the second-best time in school history ... 1000 yard split time of 9:34.06 is also second-best in school history ... Also made the championship finals of the 500 free, placing fourth, and the 400 IM, seventh ... Both performances rank in the top 10 in school history ... Time of 4:38.40 in the 500 free is eighth ... 4:06.02 in the 400 IM is sixth in the record books ... 17th in the 400 IM at the Terrapin Invitational ... 21st in the 1650 free at the same meet ... Won six races in dual meets ... Placed fifth or higher in 26 of 29 races in the regular season.

**At North Cross**

Swam for Brent St. Pierre with the CCA Marlins ... *The Roanoke Times* 2005 High School Swimmer of the Year ... Two-time state champion in the 200 IM, 2005 state champion in the 500 free ... Junior National Qualifier in the 500 free, 100 back, and 200 back ... Senior National Qualifier in the 400 Medley Relay ...

Honor Roll student at North Cross ... Ambassador for the junior and senior classes.

**Personal**

Son of William and Carol Collier ... Born June 26, 1987 in Salem, Virginia ... Enjoys playing guitar, listening to music, drama, and involving himself in church ... Undecided as to his major.

**Collier's Personal Bests**

500 Free - 4:38.40 #      1000 Free - 9:34.06      1650 Free - 15:49.04





SHANE  
*Kelsey*

Class of 2009  
Baltimore, MD  
Loyola Blakefield

## 2005-06

Scored at the CAA Championships, finishing 16th in the 1650 free ... Also teamed to take fifth in the 800 free relay ... Swam 16:21.67 in the 1650 free at Maryland's Terrapin Invitational to take seventh ... Performance ranks him eighth all-time at W&M ... Also made the championship finals at Maryland in the 200 and 500 freestyles, finishing eighth in both ... Won the 1000 free against UNC Wilmington ... Time of 9:54.16 is the 10th fastest in school history ... Also won four other races in the regular season ... Placed in the top five in 21 out of 25 races ... Part of the 800 free relay team that took fifth at Maryland ... Also scored in 15th place at the Terrapin in the 200 free relay ... Relay teams finished first or second in eight of nine races.

### At Loyola Blakefield

Earned four letters for coach Keith Schertle ... Eight-time high school All-American ... Six-time Maryland Interscholastic Athletic Association Champ ... Led team to 2005 National Catholic Championship ...

Runner-up high point scorer at the National Catholic Championships ... Junior National Qualifier in the 200 free ... Holds 12 top-25 times at his school, more than any other swimmer ... Organized a fundraiser for a student who injured his spinal cord in football, raising over \$4000.

### Personal

Son of Peter and Sandra Kelsey ... Born September 9, 1987 in Baltimore, Maryland ... Cousin, Scott Kelsey, is a senior on the W&M Men's Soccer team ... In his spare time, enjoys surfing and snowboarding ... Undecided as to his major.

### Kelsey's Personal Bests

500 Free - 4:40.21      1000 Free - 9:54.16      1650 Free - 16:21.67



SHAWN  
*Matthews*

Class of 2009  
Rumson, NJ  
Fairhaven Regional

## 2005-06

Fifth in the 200 back at the CAA Championships, completing the course in 1:52.54, the third-fastest time in school history ... Also made the championship finals in the 500 free, finishing sixth ... Just missed advancing from preliminaries in the 200 free, finishing 17th (top 16 advance) ... Ninth in the 200 back at Maryland's Terrapin Invitational ... Also made the consolation finals at Maryland in the 500 free (11th) and 200 free (16th) ... Won six races in the regular season ... Finished in the top five in 23 of his 26 races ... As part of relay teams, scored at Maryland in two races ... 800 free relay team finished fifth, and 200 free relay finished ninth ... Part of four winning relay teams during the regular season ... 10 out of his 12 relay teams finished first or second.

### At Fairhaven

All-Shore Team in 2005 ... Swam for Corinna Weinkofsky in the Central Jersey Aquatic Club ... Holds school records in the 200 free, 500 free, 100 breast, and 200 IM ... Officer in the French Honor Society for his junior and senior years.

### Personal

Son of Jim and Robbie Matthews ... Born September 10, 1987 in Long Branch, New Jersey ... Fourth Matthews sibling to swim in college ... Brother, Ryan, swam for four years at Massachusetts, and sister, Carlie, swam for Delaware ... Sister, Bryanne, swam for the Tribe from 2001-05 ... Enjoys surfing, skateboarding, and fishing in his free time ... Undecided as to his major.

### Matthews' Personal Bests

200 Free - 1:44.59      500 Free - 4:40.27 #      200 Back - 1:52.54



DAVID  
*Mangini*

Class of 2009  
Inver Grove Heights, MN  
Cretin-Durham Hall

## 2005-06

Set four personal records in the school's all-time top 10 at the CAA Championships ... Swam the opening leg of the 400 medley relay in 52.79, which ranks fifth on the 100 backstroke list ... Sixth in the 200 back with a time of 1:53.58, also fifth in school history ... Eighth in the 200 IM, timing 1:55.49 (eighth at W&M) ... Made the consolation finals of the 400 IM, touching the wall in 4:06.01 for tenth place ... Performance was the fifth-best in school history ... Made the bonus consolation finals at the Terrapin Invitational in the 100 back and 200 IM, finishing 20th and 23rd, respectively ... Swam into the consolation finals of the 200 back, finishing in 14th place ... During the regular season, swam 23 of 25 races in the top five ... Part of the seventh-place 400 medley relay team at the Terrapin Invitational ... Also part of the 200 medley relay team that placed 13th ... Placed first or second in seven out of 11 relay races swum in dual meets.

### At Cretin-Durham Hall

Swam for Paul Lundsten with the Star Swim Team ...

Two-time all-state ... 2005 high school All-American ... Holds school records in the 100 back and 200 free relay ... Co-president of the Student Council ... National Honor Society.

### Personal

Son of Flavio and Lynne Mangini ... Born October 20, 1987 in St. Paul, Minnesota ... Sister, Julia, swam at Wisconsin-Eau Claire ... Plans to major in biology.

### Mangini's Personal Bests

100 Back - 52.79 #      200 Back - 1:53.58      200 IM - 1:55.49 #  
400 IM - 4:06.01



JOHN  
*Savage*

Class of 2009  
Piedmont, CA  
Piedmont

## 2005-06

Six top-five finishes during the regular season highlighted by a pair of runner-up performances ... Second in the 1000 free against James Madison ... Second in the 1650 free against Georgetown ... Placed in the top five in all 15 relays swum in dual-meet competition.

### At Piedmont

Five-time Bay Shore Athletic League Champion ... Won the 100 back in 2003, 2004, and 2005 ... Won 500 free in 2004, and 200 free in 2005 ... First team all-league in 2004, 2005 ... Team MVP in 2004 and 2005 ... 12th place at North Coast Sectional meet in the 100 back ... Earned four varsity letters in swimming for coach Helen Salcedo ... 2005 Piedmont High School Outstanding Male Athlete of the Year ... Also earned three letters in water polo ... 2004 team MVP and first team all-league ... Served as a peer tutor ... Was treasurer of Piedmont's Junior Statesmen of America chapter.

### Personal

Son of Charles and Janet Savage ... Born February 26, 1987 in Berkeley, California ... Father graduated from W&M in 1971 ... Brother, Dan, swam for Amherst ... Enjoys playing water polo, photography, and music ... Plans to major in biology.

### Savage's Personal Bests

200 Free - 1:49.65      500 Free - 4:53.05

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JOE  
*DeBiase*

Class of 2010  
Moon Township, PA  
Pittsburgh Central Catholic

### At Pittsburgh Central Catholic

Junior National qualifier in the 200 free and 500 free ... Pennsylvania state runner-up in the 200 free in 2005 ... Also earned all-state honors after finishing seventh in the 500 free ... 200 free district champion both sophomore and junior years ... District Champion in the 500 free as a junior ... Scholastic All-American ... Chose W&M over Penn State, Maryland, and the Naval Academy.

#### Personal

Son of Bob and Anita DeBiase ... Born April 25, 1988 in Pittsburgh, Pennsylvania ... Second cousin to W&M Hall of Fame football player William Marfizio '56, a member of the famed "Iron Indians" squad of 1953 ... Enjoys reading, politics, and playing racquetball ... Plans to major in either math or biology.

#### DeBiase's Prep Bests

100 Free - 47.25    200 Free - 1:41.77  
500 Free - 4:38.87



KEVIN  
*Gallagher*

Class of 2010  
Bridgewater, NJ  
Bridgewater-Raritan

### At Bridgewater-Raritan

2006 All-American ... Earned All-America consideration three times ... YMCA Long Course National Finalist ... YMCA Short Course National qualifier ... Won the New Jersey state championship as a senior ... Also won the YMCA state championship.

#### Personal

Son of Richard and Kathleen Gallagher ... Born November 19, 1987 in Plainfield, New Jersey ... Older brother, Brendan, swam for the College of New Jersey ... Brother, Liam, is a sophomore at the College of New Jersey ... Vice President of the 2500-member student body ... Is a triathlete ... Undecided as to his major.

#### Gallagher's Prep Bests

50 Free - 21.68    100 Free - 47.96  
100 Back - 55.10



JOHN  
*Lang*

Class of 2010  
Jacksonville, FL  
Bishop Kenny

### At Bishop Kenny

All-American in 2006 in the 200 free, and 200 and 400 free relays ... Multiple-event finalist at the Florida 2A state championships ... Also made the finals of multiple events at the Florida Senior Championships ... Fourth in the 200 IM and seventh in the 100 fly at the 2004 state championships ... Team won the 2004 state title despite sending only three swimmers ... Also recruited by Villanova, Notre Dame, and Boston College.

#### Personal

Son of Douglas and Carolyn Lang ... Born December 28, 1987 in Camden, New Jersey ... Father played football at Princeton ... Favorite athlete is Brady Quinn ... Enjoys golf, tennis, basketball, and computers ... Plans to major in business.

#### Lang's Prep Bests

100 Fly - 53.77    200 IM - 2:01.63  
400 IM - 4:39.46



KEVIN  
*Lynch*

Class of 2010  
Roanoke, VA  
Hidden Valley

### At Hidden Valley

All-American as part of a 400 free relay ... Four-time *Roanoke Times* All-Timesland honoree ... 2004 Virginia AA champion ... Holds state records in the 200, 400, and 800 free relays and the 200 medley relay ... Came to W&M over Virginia Tech, East Carolina, and James Madison.

#### Personal

Son of Bob and Patti Lynch ... Born April 1, 1987 in Roanoke, Virginia ... Favorite sporting event is the Army-Navy game ... Enjoys listening to music ... Undecided as to his major.

#### Lynch's Prep Bests

50 Free - 21.65    100 Free - 47.88  
200 Free - 1:43.38



ANDREW  
*de Michaelis*

Class of 2010  
Washington, D.C.  
St. Albans

### At St. Albans

Consolation finalist at the Washington Metropolitan Championships in the 100 breast and 100 free as a senior ... Also reached the consolation finals of the 100 breast as a junior ... All-IAC in the 200 medley relay as a senior ... Holds school records in both the 200 free and medley relays ... St. Albans' high-point scorer in 2006 ... Also rowed for four years on the school crew team ... Was a dormitory prefect and a member of the newspaper staff.

#### Personal

Son of Jerry and Alice de Michaelis ... Born May 3, 1988 in Washington, D.C. ... Uncle, Eldridge Hord, played soccer at the Naval Academy ... Craziest ambition is to gain the "Freshman 15" in muscle ... Enjoys running and playing ultimate frisbee ... Plans to major in business.

#### de Michaelis' Prep Bests

50 Free - 22.63    100 Free - 49.99  
100 Breast - 1:02.41



MARSHALL  
*Raiskin*

Class of 2010  
Apopka, FL  
Lake Highland Prep

### At Lake Highland Prep

Three-time All-American ... Junior National qualifier in multiple events ... USA Swimming Scholastic All-American ... Two-time state runner-up as part of Lake Highland's 400 free relay team ... Third in the state in the 100 back in 2005 ... Multiple district and regional championships ... Four-time All-Orange County honoree ... Four-time Champion at the Florida Senior Championships ... National Honor Society ... Chose W&M over Duke, Columbia, and Penn.

#### Personal

Son of Morey and Mary Raiskin ... Born November 12, 1987 in Orlando, Florida ... Grandfather, Jim Haas, played football and ran track at St. John's ... Favorite city is Sleepy Eye, Minnesota ... Came to William and Mary because "It's the perfect atmosphere to succeed in academically and athletically." ... Plans to major in business.

#### Raiskin's Prep Bests

100 Back - 53.13    200 Back - 1:52.97  
200 IM - 1:54



## Team Accomplishments

**State Championships (2)**  
1970, 1971

### Facility-Era Records

Blow Pool (1924-64) - 95-137-1 (.410)  
Adair Pool (1964-89) - 148-109-1 (.576)  
Rec Center (1989-Current) - 81-111-1 (.422)  
**Overall Record: 324-357-3 (.476)**

### Best Finish at Southern Conference

**Championships:**  
Second (1964, 1969, 1970, 1971, 1972)

### Best Finish at CAA Championships:

Second (1999)

### Longest Winning Streak:

21 (1969-71)

### Most Wins in a Season:

15 (1998-99)

### Best Season Winning Percentage:

10-0 (1969-70)

### CSCAA Team Academic

**All-America Honors (11)**  
1989, 1991, 1992, 1994, 1995, 1996, 1997,  
1998, 2003, 2004, 2006

## Athlete Accomplishments

### All-Americans

**1986** Shawn McLane 1-Meter  
**1986** Shawn McLane 3-Meter

### National Championship Participants

**1938** Moe Brill  
Leonard Goldberg  
**1963** Ron Good 50 Free  
**1971** Charles Alley 50 Free  
**1985** Shawn McLane 1-Meter  
Shawn McLane 3-Meter  
**1986** Shawn McLane 1-Meter  
Shawn McLane 3-Meter



Two-time All-American  
**Shawn McLane '86**

### Rhodes Scholar

**1999** Paul Larsen

### Phi Beta Kappa

**1999** Paul Larsen  
**2001** Sarp Ackay  
Cihan Ackay

### W&M Athletics Hall of Fame

**1969** J.C. "Scrap" Chandler '24  
Saunders Almond '41  
**1971** William "Pappy" Gooch  
Howard Smith '43  
**1981** George Bunch '38  
**1987** Dave Kurland '61  
**1994** Chris Herr '62  
**1995** Dudley Jensen  
**1998** Ron Good '65  
Pete McIntosh '65  
**1999** Shawn McLane '86  
**2001** Doug Slater '80

### Junior National Champions

**1961** Kurland, Herr, 400 FR  
Despard, Aulls

### Southern Conference Champions

**1937** Leonard Goldberg 200 Breast  
**1938** Leonard Goldberg 200 Breast  
**1939** Leonard Goldberg 200 Breast  
Johnny Adams 1-Meter  
**1960** Dave Kurland 50 Free  
Chris Herr 220 Free  
**1961** Kurland, Herr, 400 FR \*  
Despard, Aulls  
**1963** Ron Good 50 Free  
**1964** Ron Good 50 Free \*  
Ron Good 100 Fly \*  
Pete McIntosh 200 IM \*  
Pete McIntosh 400 IM \*  
Unknown 400 FR  
**1965** Ron Good 50 Free  
Pete McIntosh 200 IM \*  
Pete McIntosh 400 IM \*  
**1966** Keith Maurer 200 Breast  
**1968** George Collins 100 Fly  
George Collins 200 Fly  
**1969** George Collins 100 Fly  
George Collins 200 Fly  
Unknown 400 MR  
**1970** Charles Alley 50 Free  
George Collins 100 Fly  
Jeff Kolhas 100 Back  
Jeff Kolhas 200 Back  
Unknown 400 MR  
**1971** Charles Alley 50 Free  
Tom Gruver 100 Breast  
Tom Gruver 100 Breast  
**1973** Joe Ackerman 100 Breast  
Joe Ackerman 200 Breast  
**1975** Bruce Hartzler 100 Breast \*  
Paul Vinning 100 Back \*  
Paul Vinning 200 Back \*

\* Southern Conference Record

### Southern Conference Most Valuable Swimmer

**1965** Pete McIntosh

### State Champions

**1969** George Collins 100 Fly  
George Collins 200 Fly  
George Collins 200 IM  
Bob Kennedy 50 Free

Wayne Giberson 200 Free  
**1970** George Collins 5 events  
Tom Gruver 5 events  
**1971** Joe Ackerman 3 events  
Tom Gruver 3 events  
Charles Alley 50 Free  
Mark Kelly 200 Back  
**1973** Joe Ackerman 2 events  
Paul Vining  
Rusty Bruni  
**1979** Doug Slater 2 events  
**1980** Doug Slater 2 events

### State Championship Swimmer of the Meet

**1969** George Collins  
**1970** George Collins  
Tom Gruver

### Eastern States Champions

**1984** Shawn McLane 1-Meter  
Shawn McLane 3-Meter  
**1986** Shawn McLane 1-Meter  
Shawn McLane 3-Meter

### CAA Champions

**1993** Craig Birfeld 100 Free  
**1998** Josh Osterberg 200 Back  
**1999** Mike Lovett 100 Free  
Robinson, Maholchic, 400 FR  
Hodgson, Lovett  
Mee, Gowetski, 400 MR  
Sinder, Lovett  
**2000** Rusty Hodgson 50 Free  
**2002** Jon Lin 200 Fly  
Bruce Thomas 100 Breast  
Dan Gowetski 200 Breast  
**2004** Eric Druker 100 Fly  
**2005** Eric Druker 100 Fly

## Coach Accomplishments

### State Coach of the Year

**1973** Pete McIntosh

### ECAC Coach of the Year

**1999** Ned Skinner

### All-Time Men's Coaches

	Seasons	W	L	T
Art Matsu	1	3	1	0
H.K. "Cy" Young	1	2	3	0
Lester Phillips	1	4	2	0
Meb Davis	3	6	14	0
J.C. "Scrap" Chandler	7	20	21	0
Otis Douglas	1	5	2	0
William "Pappy" Gooch	1	2	5	0
Tom Powers	1	0	5	0
Bill Harbour	1	1	7	0
Howard Smith	2	4	14	0
Dudley Jensen	33	170	149	2
Pete McIntosh	2	10	7	0
Keith Havens	3	16	16	0
Anne Anderson	5	18	36	0
Ned Skinner	4	21	28	0
Tom Schmelz	1	15	1	0
Dan Langan	3	12	19	0
Gregg Sarbak	2	7	13	1
<b>McGee Moody</b>	<b>2</b>	<b>8</b>	<b>14</b>	<b>0</b>

2006-07 Swimming and Diving



**50 Free**

1. Rusty Hodgson	20.59
2. Mike Lovett	20.85
3. Joel Thomas	20.95
4. Craig Birgfeld	21.06
5. Matt Snow	21.12
6. Adrian Maholchic	21.17
7. Ryan Visser	21.23
8. Eric Druker	21.26
9. <b>Nick Duda</b>	<b>21.27</b>
10. Chris Hagen	21.30

**100 Free**

1. Rusty Hodgson	45.38
2. Mike Lovett	45.39
3. Craig Birgfeld	45.98
4. Carl Browne	46.20
5. Adrian Maholchic	46.28
6. Chris Robinson	46.52
7. <b>Nader Amer</b>	<b>46.63</b>
8. <b>Nick Duda</b>	<b>46.72</b>
9. Matt Crispino	46.97
10. Bobby Jacobsen	47.11

**200 Free**

1. Chris Robinson	1:39.67
2. Scott Rhodes	1:40.55
3. Mike Lovett	1:41.64
4. Carl Browne	1:41.66
5. Chris Craig	1:42.35
6. <b>Nick Duda</b>	<b>1:42.37</b>
7. <b>Nader Amer</b>	<b>1:42.38</b>
8. Matt Crispino	1:42.46
9. Craig Birgfeld	1:42.51
10. David Hildebrand	1:42.54

**500 Free**

1. Chris Robinson	4:27.87
2. Scott Rhodes	4:34.42
3. Chris Craig	4:36.14
4. Marcus Hill	4:36.52
5. Clark Noble	4:36.95
6. Matt Crispino	4:37.31
7. Zach Woodward	4:37.43
8. <b>Jeff Collier</b>	<b>4:38.40#</b>
9. David Hildebrand	4:39.28
10. Bill Markovitz	4:39.52

**1000 Free**

1. Chris Robinson	9:31.58
2. <b>Jeff Collier</b>	<b>9:34.06</b>
3. Clark Noble	9:38.91
4. Scott Rhodes	9:41.39
5. Zach Woodward	9:43.24
6. Marcus Hill	9:47.36
7. Bill Markovitz	9:49.16
8. Jon Lin	9:51.55
9. Chris Craig	9:51.58
10. <b>Shane Kelsey</b>	<b>9:54.16</b>

**1650 Free**

1. Chris Robinson	15:44.43
2. <b>Jeff Collier</b>	<b>15:49.04</b>
3. Clark Noble	16:00.38
4. Zach Woodward	16:01.53
5. Scott Rhodes	16:02.53
6. Bill Markovitz	16:16.13
7. Alex Seamon	16:18.50
8. <b>Shane Kelsey</b>	<b>16:21.67</b>
9. David Hildebrand	16:23.32
10. Alan Rubel	16:24.66

**100 Breast**

1. Dan Gowetski	56.44
2. Bruce Thomas	56.83
3. Jeff Clark	58.07
4. Gaetan Sgro	58.27
5. Ryan Visser	58.51
6. <b>Andrew Carberry</b>	<b>58.93</b>
7. Rusty Hodgson	58.97
8. Gabriel Layman	59.22
Will Lappenbusch	59.22
10. Bob Brofft	59.47

**200 Breast**

1. Dan Gowetski	2:03.05
2. Bruce Thomas	2:05.72
3. <b>Jason Brisson</b>	<b>2:06.01</b>
4. Gaetan Sgro	2:06.77
5. Jeff Clark	2:08.31
6. <b>Andrew Carberry</b>	<b>2:08.60</b>
7. Gabriel Layman	2:08.84
8. Dan Byler	2:09.18
9. Clark Noble	2:09.49
10. Will Lappenbusch	2:09.51

**100 Fly**

1. Eric Druker	50.15
2. Mark Sinder	50.58
3. Noah Laurence	51.23
4. Mike Lovett	51.24
5. Chris Hanley	51.29
6. Evan Elsaesser	51.42
7. Jon Lin	51.43
8. Bill Weihs	51.74
9. <b>Peter King</b>	<b>51.81</b>
10. Tony Wareck	52.02

**200 Fly**

1. Jon Lin	1:50.72
2. Eric Druker	1:52.20
3. Mark Sinder	1:53.44
4. Ted Coine	1:54.40
5. Tony Wareck	1:54.74
6. John Vahradian	1:55.01
7. Noah Laurence	1:55.13
8. <b>Peter King</b>	<b>1:55.46</b>
9. Bill Weihs	1:55.91
10. Chris Hanley	1:56.08

**100 Back**

1. Josh Osterberg	50.99
2. Daniel Mee	51.19
3. Evan Elsaesser	52.05
4. Jake Albright	52.18
5. <b>David Mangini</b>	<b>52.79#</b>
6. Matt Knodt	53.09
7. Carl Browne	53.10
8. Matt Wolff	53.20
9. Mark Sinder	53.42
10. David Shoulders	53.53

**200 Back**

1. Daniel Mee	1:49.98
2. Josh Osterberg	1:50.05
3. <b>Shawn Matthews</b>	<b>1:52.54</b>
4. Matt Knodt	1:53.00
5. <b>David Mangini</b>	<b>1:53.58</b>
6. Marcus Hill	1:53.59
7. Evan Elsaesser	1:54.55
Matt Wolff	1:54.55
9. Mark Dansereau	1:55.67
10. Jake Albright	1:55.75

**200 IM**

1. Josh Osterberg	1:52.49
2. Carl Browne	1:52.59
3. Mark Sinder	1:52.87
4. <b>Jason Brisson</b>	<b>1:53.33</b>
5. Matt Crispino	1:53.51
6. Daniel Mee	1:53.69
7. Bruce Thomas	1:54.60
8. <b>David Mangini</b>	<b>1:55.49#</b>
9. Ryan Visser	1:56.06
10. Mike Lovett	1:56.07

**400 IM**

1. Josh Osterberg	4:03.26
2. Clark Noble	4:03.65
3. Marcus Hill	4:03.72
4. <b>Jason Brisson</b>	<b>4:04.29</b>
5. <b>David Mangini</b>	<b>4:06.01</b>
6. <b>Jeff Collier</b>	<b>4:06.02</b>
7. Matt Wolff	4:07.34
8. <b>Alex Jendzejec</b>	<b>4:08.03</b>
9. Noah Laurence	4:09.76
10. David Hildebrand	4:12.16

**1-Meter (6 Dives)**

1. Shawn McLane	357.90
2. Dennis Whelan	246.07
3. Chris Brown	238.20
4. <b>Joe Cin</b>	<b>221.55</b>
5. Robin Mahan	218.25
6. Micah Samuelson	212.10
7. Eston Woodard	198.40
8. Chris Brown	194.10
9. Scott Rosman	192.98
10. Lee Duncan	178.40

**1-Meter (11 Dives)**

1. Shawn McLane	632.25
2. Matt Heist	400.09
3. Scott Gauthier	379.45
4. Thomas Martin	370.95
5. Dan Young	352.65
6. Kevin Scholl	323.30
7. Chris Brown	315.90
8. Kevin Brouwer	310.65
9. Micah Samuelson	302.80
10. Scott Rosman	276.15

**3-Meter (6 Dives)**

1. Shawn McLane	389.40
2. Dennis Whelan	284.85
3. Robin Mahan	230.92
4. Lee Duncan	223.25
5. Chris Brown	222.60
6. <b>Joe Cin</b>	<b>219.70</b>
7. Micah Samuelson	219.45
8. Eston Woodard	210.45
9. Scott Rosman	183.37
10. Cliff Babbitt	169.20

**3-Meter (11 Dives)**

1. Shawn McLane	662.00
2. Thomas Martin	370.20
3. Matt Heist	365.45
4. Dennis Whelan	324.15
5. Dan Young	308.40
6. <b>Joe Cin</b>	<b>304.70</b>
7. Chris Brown	298.40
8. Scott Rosman	283.70
9. Kevin Scholl	281.90
10. Micah Samuelson	280.55

**200 Free Relay**

1. Hodgson, Mee, Craig, Lovett	1:22.94
2. Robinson, Maholchic, Hodgson, Lovett	1:23.23
3. Sinder, Maholchic, Hodgson, Lovett	1:23.46
4. <b>Duda, Jacobsen, Albright, Druker</b>	<b>1:24.04</b>
5. Hodgson, Sinder, Mabery, Osterberg	1:24.18

**400 Free Relay**

1. Robinson, Maholchic, Lovett, Hodgson	3:01.74
2. Visser, Blake, Prutsman, Birgfeld	3:07.20
3. Osterberg, Craig, Mabery, Hodgson	3:07.48
4. Albright, Jacobsen, <b>Duda, Druker</b>	<b>3:07.59</b>
5. Rhodes, Crispino, Sinder, Lin	3:07.73

**800 Free Relay**

1. Crispino, Lovett, Mee, Robinson	6:47.85
2. Crispino, Hildebrand, Hill, Craig	6:55.83
3. <b>Jendzejec, Moore, Shoulders, Duda</b>	<b>6:56.13</b>
4. Maholchic, Robinson, Mee, Lovett	6:57.24
5. Blake, Prutsman, Markovitz, Birgfeld	6:58.17

**200 Medley Relay**

1. Mee, Gowetski, Hanley, Hodgson	1:33.07
2. Mee, Gowetski, Sinder, Lovett	1:33.49
3. Osterberg, Thomas, Sinder, Hodgson	1:33.72
4. Elsaesser, Clark, Druker, Albright	1:33.78
5. Albright, Clark, Elsaesser, Jacobsen	1:35.87#

**400 Medley Relay**

1. Mee, Gowetski, Lovett, Hodgson	3:22.03
2. Mee, Gowetski, Sinder, Lovett	3:22.18
3. Osterberg, Thomas, Sinder, Hodgson	3:24.48
4. Albright, Clark, Druker, <b>Duda</b>	<b>3:26.62</b>
5. Elsaesser, Thomas, Druker, <b>Duda</b>	<b>3:26.92</b>





### Men's Team Bests

<b>50 Free</b> Nader Amer 21.85 # Jake Albright 21.87	<b>200 IM</b> Jason Brisson 1:53.33 \$ David Mangini 1:55.49 \$#
<b>100 Free</b> Nader Amer 46.63 \$ Bobby Jacobsen 47.11 \$	<b>400 IM</b> Jason Brisson 4:04.29 \$ David Mangini 4:06.01 \$
<b>200 Free</b> Nader Amer 1:42.38 \$ Shane Kelsey 1:43.58	<b>1-Meter (6 Dives)</b> Joe Cin 221.55 \$
<b>500 Free</b> Jeff Collier 4:38.40 \$# Shane Kelsey 4:40.21	<b>1-Meter (11 Dives)</b> Joe Cin 181.70
<b>1000 Free</b> Jeff Collier 9:34.06 \$ Shane Kelsey 9:54.16 \$	<b>3-Meter (6 Dives)</b> Joe Cin 219.70 \$
<b>1650 Free</b> Jeff Collier 15:49.04 \$ Shane Kelsey 16:21.67 \$	<b>3-Meter (11 Dives)</b> Joe Cin 304.70 \$
<b>100 Back</b> David Mangini 52.79 \$# Evan Elsaesser 52.88	<b>200 Free Relay</b> Amer, Matthews, Jacobsen, Albright 1:26.51 Albright, Paster, Jacobsen, Amer 1:26.90
<b>200 Back</b> Shawn Matthews 1:52.54 \$ David Mangini 1:53.58 \$	<b>400 Free Relay</b> Jacobsen, Albright, Paster, Amer 3:09.49 Paster, Albright, Amer, Jacobsen 3:10.92
<b>100 Breast</b> Andrew Carberry 58.93 \$ Jeff Clark 59.06	<b>800 Free Relay</b> Jendzejec, Paster, Matthews, Kelsey 7:00.00 Jendzejec, Paster, Amer, Kelsey 7:00.33 #
<b>200 Breast</b> Jason Brisson 2:06.01 \$ Dan Byler 2:09.18 \$	<b>200 Medley Relay</b> Albright, Clark, Elsaesser, Jacobsen 1:35.87 # Albright, Brisson, Elsaesser, Jacobsen 1:36.26
<b>100 Fly</b> Evan Elsaesser 51.71 Bobby Jacobsen 52.6	<b>400 Medley Relay</b> Matthews, Brisson, Peterson, Savage 3:30.28 Mangini, Brisson, Elsaesser, Jacobsen 3:30.73
<b>200 Fly</b> Joey Peterson 1:56.23 Jason Brisson 1:56.75	

\* School Record;

\$ School All-Time Top 10;

# Time swam in a pool that was nine inches too long.

### Top Times at 2006 CAA Championships

Event	1st Place	9th Finals	8th Prelims	16th Prelims
200 Medley Relay	1:32.64 #	1:36.92 #	--	--
800 Free Relay	6:46.68 #	7:02.65 #	--	--
500 Free	4:23.59 #	4:41.82 #	4:43.24 #	4:46.92 #
200 IM	1:52.68 #	<b>1:54.81 #</b>	<b>1:55.49 #</b>	1:58.83 #
50 Free	20.51 #	21.34 #	21.44 #	21.83 #
400 Medley Relay	3:22.31 #	3:36.20 #	--	--
400 IM	3:56.63	<b>4:04.29</b>	<b>4:06.60</b>	4:12.29
100 Fly	50.43	51.31	51.37	52.81
200 Free	1:39.96	1:43.38	1:42.94	1:44.53
100 Breast	56.31	58.85	58.93	<b>1:00.19</b>
100 Back	49.84	<b>52.88</b>	52.94	53.84
200 Free Relay	1:21.91	<b>1:26.90</b>	--	--
1650 Free	15:05.35	16:29.08	--	--
200 Back	1:48.27	1:53.53	<b>1:54.59</b>	1:57.34
100 Free	44.30	46.33	46.44	47.30
200 Breast	2:02.94	<b>2:06.01</b>	2:08.39	<b>2:11.02</b>
200 Fly	1:50.15	1:54.64	1:54.52	1:57.08
400 Free Relay	3:01.31	3:10.12	--	--
1-Meter Diving	355.35	--	223.40	--
3-Meter Diving	409.35	--	220.95	--

William and Mary Performances in BOLD.

### Women's Team Bests

<b>50 Free</b> Marnie Rognlien 24.20 # Megan Sculley 24.37 \$	<b>200 IM</b> Paige Capro 2:09.81 # Whitney Pezza 2:10.26 \$
<b>100 Free</b> Marnie Rognlien 52.14 Megan Sculley 52.68 \$	<b>400 IM</b> Paige Capro 4:31.20 \$ Erin Clark 4:35.87
<b>200 Free</b> Marina Falcone 1:53.00 \$ Marnie Rognlien 1:54.39	<b>1-Meter (6 Dives)</b> Laura Hodulik 222.22 \$ Liz Saari 219.22 \$
<b>500 Free</b> Marina Falcone 4:58.24 * Sara Fitzsimmons 5:11.19	<b>1-Meter (11 Dives)</b> Laura Hodulik 175.90 Samantha Greenwood 158.35
<b>1000 Free</b> Marina Falcone 10:28.72 \$ Caitlin Block 10:42.01 \$	<b>3-Meter (6 Dives)</b> Laura Hodulik 233.40 \$ Liz Saari 222.15 \$
<b>1650 Free</b> Marina Falcone 17:27.18 \$ Caitlin Block 17:43.11 \$	<b>3-Meter (11 Dives)</b> Laura Hodulik 338.65 Samantha Greenwood 208.05
<b>100 Back</b> Meredith David 57.6 Kristi Borkowski 1:01.21	<b>200 Free Relay</b> Sculley, David, Borkowski, Rognlien 1:37.13 Fitzsimmons, Borkowski, Rognlien, Sculley 1:38.51
<b>200 Back</b> Meredith David 2:05.54 \$ Sara Fitzsimmons 2:12.39	<b>400 Free Relay</b> Falcone, Borkowski, Sculley, Rognlien 3:30.19 * Fitzsimmons, Falcone, Sculley, Rognlien 3:33.30
<b>100 Breast</b> Kelly Reitz 1:03.95 \$ Emma Zuidema 1:06.11	<b>800 Free Relay</b> Rognlien, Sculley, Fitzsimmons, Falcone 7:41.76 # Falcone, Rognlien, Sculley, Fitzsimmons 7:48.94
<b>200 Breast</b> Kelly Reitz 2:20.04 Rebecca Brofft 2:23.16 \$	<b>200 Medley Relay</b> David, Reitz, Pezza, Sculley 1:46.68 # David, Reitz, Pezza, Rognlien 1:49.00
<b>100 Fly</b> Whitney Pezza 57.96 \$ Kelly Reitz 58.85	<b>400 Medley Relay</b> David, Reitz, Pezza, Rognlien 3:51.84 # David, Reitz, Pezza, Sculley 3:56.37
<b>200 Fly</b> Whitney Pezza 2:03.96 * Paige Capro 2:07.69 \$	

### Top Times at 2006 CAA Championships

Event	1st Place	9th Finals	8th Prelims	16th Prelims
200 Medley Relay	1:46.32 #	1:50.42 #	--	--
800 Free Relay	7:36.20 #	7:50.07 #	--	--
500 Free	5:01.96 #	5:03.46 #	5:06.44 #	5:10.89 #
200 IM	2:06.32 #	<b>2:10.26 #</b>	2:11.19 #	2:12.97 #
50 Free	23.58 #	24.33 #	24.19 #	<b>24.68 #</b>
400 Medley Relay	<b>3:51.84 #</b>	4:02.08 #	--	--
400 IM	4:28.44	4:35.46	4:37.30	4:41.01
100 Fly	55.55	58.02	58.13	<b>58.85</b>
200 Free	1:51.30	1:54.34	1:54.24	1:55.55
100 Breast	1:03.30	1:06.39	1:06.64	1:08.88
100 Back	56.49	59.33	59.07	1:00.36
200 Free Relay	1:34.49	1:39.73	--	--
1650 Free	17:05.02	17:37.68	--	--
200 Back	2:03.03	2:06.97	2:08.34	2:09.64
100 Free	50.84	52.54	52.88	53.69
200 Breast	2:17.80	2:23.39	2:24.00	2:27.36
200 Fly	<b>2:03.96</b>	<b>2:07.69</b>	2:08.75	2:09.82
400 Free Relay	3:27.28	3:33.36	--	--
1-Meter Diving	288.75	--	229.00	193.80
3-Meter Diving	296.45	--	226.45	192.85

2006-07 Swimming and Diving





### **Terry Driscoll** Director of Athletics

With an extensive resumé that includes four years as a student-athlete, a professional playing career and numerous jobs in the athletic business world, Edward C. "Terry" Driscoll is entering his 11th year as the athletics director at the College of William and Mary.

Driscoll's tenure has seen a wealth of improvements across the board in the W&M athletics department, from new and refurbished facilities to increased fundraising for the Tribe. In addition, the Tribe has reached all-time highs in the annual Director's Cup rankings that summarize excellence in all sports.

Upon the death of legendary Tribe athletics director John Randolph, former W&M president Timothy J. Sullivan chose Driscoll to be the new leader of the department, saying "Terry brings outstanding management and leadership skills to the position."



### **Barbara Blosser** Senior Executive Associate AD

After serving 12 years as the College's associate athletics director, Barbara Blosser was promoted to her current position of senior associate athletic director in April of 2004. Blosser started her career at William and Mary as the head

Since Driscoll took over as athletics director, he has overseen the construction of more than \$16 million in new facilities, including Plumeri Park (baseball), Albert-Daly Field (soccer, lacrosse) and the Busch Courts (tennis). That figure will continue to increase significantly in the future, as Driscoll announced plans last year to build the \$11 million Jimmie Laycock Football Complex at Zable Stadium.

Driscoll has also increased the annual fundraising totals for non-capital projects from \$1.36 million in 1995 to around \$2.7 million currently. He also has served on numerous conference and NCAA committees, including a stint as president of the Atlantic 10 Football Conference.

The Tribe has also had outstanding success across the board since Driscoll came to Williamsburg. In 2002-03, W&M had a school-record 10 teams compete in the NCAA Tournament. Four teams won conference titles, while six were in the top 25 at the end of their respective seasons. One of the department's goals each year is to finish in the top 100 in the annual Director's Cup rankings, and that has happened in all but one of the years that Driscoll has been the AD, with a high ranking of 42 occurring in 1997. In addition, W&M had captured 84 CAA Championships coming into the 2006-07 school year, by far the highest total among all conference schools.

Driscoll's leadership skills were developed in his collegiate years. As a student-athlete at Boston College, Driscoll captained the basketball team to the National Invitation Tournament Finals as a senior, and was named the tournament MVP. In addition to being named an All-American, his success in the classroom with a major in biology garnered him an Academic All-America honor.

After graduating from BC, he was the fourth pick of the NBA Draft, selected by the Detroit

Pistons, just three picks after the Milwaukee Bucks chose UCLA's Lew Alcindor, later to be known as Kareem Abdul-Jabbar. Driscoll chose to play a year in Italy first, but then returned to the U.S. to play for the Pistons, Washington Bullets and Milwaukee Bucks before going back to Italy as a player and coach until 1980.

Driscoll then entered the corporate world in 1980, working for Kazmaier Associates, Inc., an international sporting goods sales and sports marketing firm. After Kazmaier purchased Bike Athletic in 1986, KSG Inc. was formed with the objective of becoming the first, and only, national sales agency in the sporting goods industry. By 1987, Driscoll was president of the company and had expanded the agency to all 50 states just two years later. In early 1990, Driscoll's contribution to a marketing research project for the NCAA was the initial step moving him from product marketing and sales to sports marketing and management. The result of the project was a joint venture between Kazmaier Associates and Host Communication - with Driscoll being named managing director and chief operating officer of NCAA International.

In 1993, Driscoll diversified his experience in the athletic world by working as the executive director of the 1994 World Cup site in Boston. In September of that year, Driscoll was again enlisted to launch a new business, Eagle International Group, an event management and services company. As vice president, Driscoll worked with Hawaii Pacific Sports as well as organizing the Women's World Volleyball Grand Prix, a five-week competition in Honolulu.

Driscoll resides in Williamsburg with his wife, Susan. The couple has two children - Keith, a 1997 graduate of Holy Cross and Leslie, a 2001 graduate of William and Mary.

women's basketball coach in 1978 and guided the Tribe to a VAAW crown in her first season with a school-record 16 wins (16-13). Her 1980 Tribe team (11-14) placed third, while the 1981 squad (16-16) was VAAW runner-up. She was also at the helm during the 1984-85 season when William and Mary made the jump to NCAA Division I. Overall, she finished her coaching career with 115 wins, 84 of which came at William and Mary.

When the College's men's and women's athletic programs merged in May of 1986, she moved to administration, first serving as the Assistant to the Associate Athletics Director. Over the past 16 years, her administrative responsibilities at W&M have included the monitoring of financial aid matters, coordinating the scheduling of athletic facilities, supervision of coaches and staff and, currently, serving as the person primarily responsible for administering the day-to-day operations of the department.

From October 1992 to June 1993 and August 1995 to July 1996, Blosser also served as act-

ing athletics director in an interim capacity. For her efforts, she was named the first recipient of the John Randolph Inspiration Award. Blosser has served on various committees such as the NCAA Strategic Planning Committee and the Colonial Athletic Association Competition Committee.

Blosser began her coaching career at the helm of the women's basketball program at Ashland College in Ohio. During two seasons there, she led the Eagles to successive 15-7 and 16-8 ledgers. Her 1977 squad won the AIAW Region V Championship, while her 1978 team took the OASW Small College title.

A former three-sport standout at Ohio State, Blosser graduated Cum Laude in 1975 with a Bachelor of Science degree in physical education. At OSU, she was selected to both Phi Beta Kappa and Mortar Board. She competed in basketball, field hockey and tennis and captained both the basketball and field hockey squads her senior year. She went on to earn her master's degree from the University of North Carolina Greensboro in 1978.



# Tribe Athletics



## William & Mary "A College of Champions"

**NCAA Championships (2)**  
Men's Tennis (2) 1947, 1948

**CAA Championships (84)**

Baseball (1) 2001  
Men's Cross Country (13) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003, 2004, 2005  
Women's Cross Country (13) 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003, 2004, 2005  
Men's Golf (1) 1985  
Women's Lacrosse (1) 1992  
Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000  
Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003  
Men's Tennis (3) 1988, 1990, 2005  
Women's Tennis (18) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002, 2004, 2005  
Men's Track and Field (4) 1992, 1993, 2003, 2004  
Women's Track and Field (6) 1999, 2001, 2002, 2003, 2004, 2005, 2006  
Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001

**Atlantic 10 Football Championships (3)**  
1996, 2001, 2004

**ECAC Championships (7)**

Men's Gymnastics (3) 1992, 1994, 2006  
Women's Gymnastics (4) 1999, 2001, 2002, 2003

**Southern Conference Championships (48)**

Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975  
Football (4) 1942, 1947, 1966, 1970  
Men's Soccer (1) 1976  
Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975  
Men's Outdoor Track and Field (12) 1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975  
Wrestling (5) 1968, 1969, 1970, 1971, 1977

### Athletic Success

A charter member of the CAA 1986, W&M has been the CAA's most successful program over the past two decades. The 2005-06 year was another banner season for the College, as it added three more conference titles. The Tribe has now captured 84 total CAA Championships since 1986, over 30 more than the closest rival.

Individually, women's tennis standout Megan Moulton-Levy earned All-America honors after advancing to the "Final Four" of the NCAA Singles Tournament.

### Academic Excellence

The Tribe's athletic accomplishments do not come at the expense of its student's academic responsibilities, as W&M ranked fourth, the highest of any scholarship-granting school and of any public university, in the nation among institutions with two or more Division I teams when the NCAA released its inaugural Academic Progress Rate scores in March of 2005.

This year, the NCAA specifically listed 18 W&M athletic squads as recipients of its public recognition award for 2005-06.

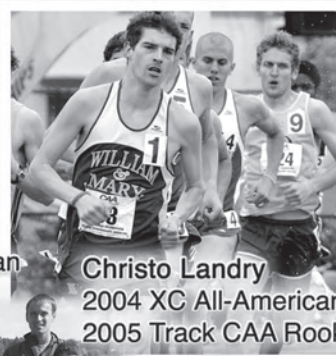
Since 1992, 36 Tribe athletes have been designated Academic All-Americans, including Keith Bechtol, who was a third team selection in the spring, and since 1996, 39 student-athletes have been members of Phi Beta Kappa.

In 2002-03, the CAA created a Scholar-Athlete of the Year Award in each of its 21 sports, and not surprisingly, William and Mary has set the pace with 18.

In addition, four of William and Mary's five Rhodes scholars participated in varsity sports.



**Lang Campbell ('05)**  
2004 Payton Award Winner  
Consensus First Team All-American



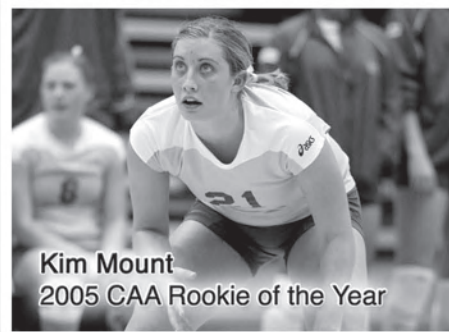
**Christo Landry**  
2004 XC All-American  
2005 Track CAA Rookie of the Year



**Megan Moulton-Levy**  
2006 Singles All-American  
2005 Doubles All-American



**Women's Cross Country**  
2005 CAA Champions



**Kim Mount**  
2005 CAA Rookie of the Year



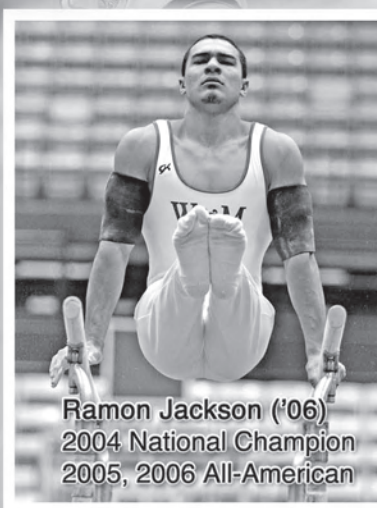
**Kyra Kaylor**  
2006 CAA Player of the Year



**Megan Bishop**  
Three-Time CAA  
Scholar-Athlete of the Year



**Keith Bechtol ('06)**  
2006 Academic All-American  
Three-Time CAA  
Scholar-Athlete of the Year



**Ramon Jackson ('06)**  
2004 National Champion  
2005, 2006 All-American



**Ian Fitzgerald**  
2006 CAA XC  
Athlete of the Year



**Whitney Pezza**  
2006 CAA Champion  
200 Fly, 400 Medley Relay



**Anna Davis ('05)**  
2005 CAA Defensive Player of the Year  
All-American  
(womensfieldhockey.com)

# The College

*“At a Glance”*

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a “Public Ivy”, and ranks sixth among all public universities (U.S. News and World Report).

## • W&M Facts •

- W&M is the best small public university in the nation, according to an analysis by U.S. News and World Report.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 31st overall among the nation's best universities.
- W&M ranked 16th in graduation rates, and second among public universities.
- The average freshman retention rate is 94%.
- The 2005 average incoming freshman SAT score was 1344.
- The College's student/faculty ratio is 12/1.
- Over 42% of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 15 students.
- Over 20,000 internships are posted on the school's web site.
- 10,610 high school students applied for 1,340 spots in the freshman class for the 2004-05 school year.
- 75% of W&M graduates who apply to medical school are accepted, compared to a national average of 50%.
- 79% of W&M graduates who apply to law school are accepted, compared to a national average of 60%.
- Over 79% of freshmen at W&M were in the top 10% of their high school graduating class.

**America's "HOTTEST SMALL STATE UNIVERSITY"**

**-- Newsweek's Kaplan College Guide**

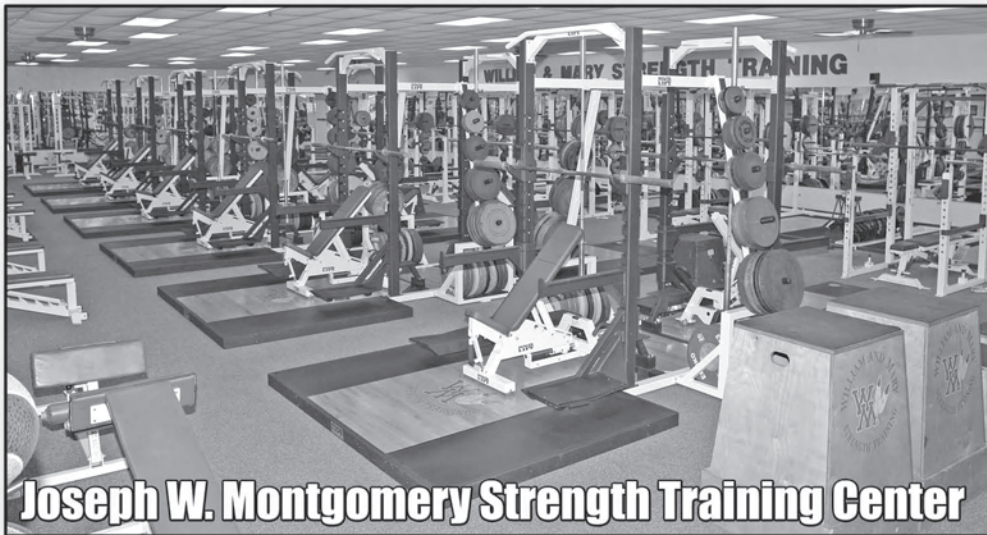


# Student-Athlete Support

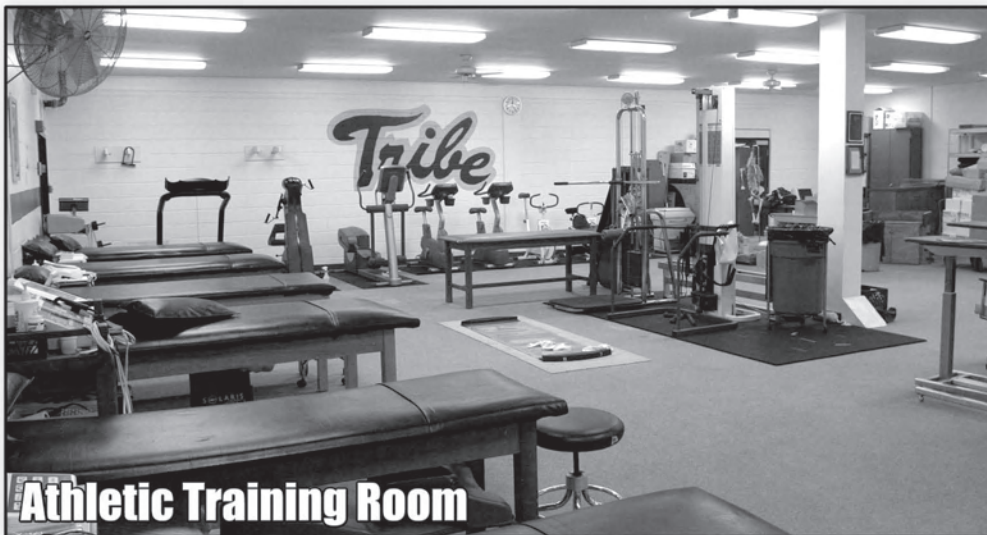
## Athletics Department Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.



**Joseph W. Montgomery Strength Training Center**



**Athletic Training Room**

## Sports Psychology

Deidre Connelly, Ph.D., is the College's full-time sports psychologist. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance.

## Compliance and Academic Support

As members of the Colonial Athletic Association and the NCAA, the College is committed to full compliance with all NCAA and conference regulations. The department has a full-time Director of Compliance, Pamela Mason, who is committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor by the director of Academic Advising. Students remain with this advisor until their sophomore year, at which time they select a faculty advisor in their chosen major.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.

## Speed, Strength and Conditioning

Tribe Athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head Speed, Strength and Conditioning Coach John Sauer, each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to ensure safety at all times.

The weight room was upgraded in the spring of 2006, primarily with new Power Lift and Sorinex equipment. The room now contains 16,000 pounds of free weights, over 7,000 pounds of dumbbells and 6,000 pounds of rubber bumper plates. In addition, it has 24 custom-built Olympic platforms, 18 multipurpose power racks and a fully-equipped plyometric area.

## Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of Assistant Athletics Director for Health Services, Steve Cole, a team physician, seven full-time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and ensure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and

# Athletics Facilities



The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.

## Albert-Daly Field

- Home of the Tribe men's and women's soccer and lacrosse teams
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime soccer coaches Al Albert and John Daly

## Busch Courts

- Home of the Tribe tennis teams for the outdoor season
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for approximately 500
- State of the art lighting for night matches

## Busch Turf Field

- Home of the Tribe's field hockey team
- Made possible by a generous grant from Anheuser-Busch, Inc.
- Playing surface is a unique combination of a poured pad with AstroTurf playing surface
- Seats over 2,200
- State-of-the-art computerized lighting and an elevated press box

## McCormack-Nagelsen Tennis Center

- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- State-of-the-art lighting and scoreboard

## Plumeri Park

- Home of the Tribe baseball program
- Made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Locker room, box seats and concessions

## Kaplan Arena at William and Mary Hall

- Home of the Tribe's basketball, gymnastics and volleyball teams and the ticket box office
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices

## Zable Stadium

- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 12,000
- Field Turf surface was installed in summer of 2006
- Permanent lighting was installed in 2005
- Brand new state-of-the-art track around the field scheduled for completion in spring 2006
- Joseph Montgomery football practice facility is located adjacent to the stadium



### Albert-Daly Field



### Busch Courts



### Busch Turf Field



### McCormack-Nagelsen Tennis Center



### Plumeri Park



### Zable Stadium



### Kaplan Arena at William and Mary Hall

# The College of

The first honorary degree from the College, a Master of Arts, was conferred upon Benjamin Franklin on April 2, 1756.

# William & Mary

Four Presidents of the United States benefited from educational programs offered by the College: George Washington, Thomas Jefferson, James Monroe and John Tyler.

Chartered in 1693, the College was founded nearly four decades before Georgia, the last of the original 13 American colonies, was chartered by King George II in 1732.

## Facts About "The College"

- W&M was founded in 1693 and is the second-oldest educational institution in the United States.
- W&M was the highest ranked small public university in the country according to U.S. News and World Report.
- W&M ranked 16th in graduation rates for national universities.
- W&M was given the highest rating of academics, five stars, by the Fiske Guide to Colleges.
- W&M has a student/faculty ratio of 12/1.
- More W&M graduates go on to earn doctorates than any other university in Virginia.
- W&M students founded Phi Beta Kappa, the premier academic honor society in American, in 1776.
- In the inaugural NCAA Academic Progress Report, W&M boasted the fourth-best APR score (992) among 328 active and provisional institutions, and W&M leads all programs that offer performance-based grants and financial aid to scholar-athletes.

When the capitol of Virginia was moved from Jamestown to Williamsburg in 1699, the Wren Building served as temporary headquarters of the colonial government from 1700 until 1704.

The Sunken Gardens' design was based on the gardens behind Chelsea Hospital in London, England. During the Revolutionary War, Patrick Henry selected the site as a place for the encampment of militia destined to join Washington's Continental Army in the North and later served as a bivouac area for many soldiers preparing to fight the British at Yorktown.

The "F.H.C." society was formed at the College on November 11, 1750. This was the first student secret society in America and the forerunner of the American fraternity system.

The Crim Dell was a gift from the class of 1964 to preserve the natural beauty of the area and is a memorial to John W.H. Crim, a nationally known attorney who was a benefactor to the College of William and Mary.

Constructed between 1695 and 1699, the Wren Building is the oldest academic building in the United States. The building was originally designed to be the whole college, including a dining hall, dorm rooms and classrooms.

