



Tribe

WILLIAM & MARY
2007 WOMEN'S CROSS COUNTRY



2007 CROSS COUNTRY
CHAMPIONSHIPS



15
Fifteen
Seven Letters in One Word
The Perfect Score
Seven Runners in One Team



31 Women
One Tribe
One Goal
15 CAA Championships
Tribe Cross Country 2007



INTRODUCTION

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MEDIA INFORMATION

The William and Mary sports information office is always interested in assisting members of the media in their coverage of Tribe cross country. Updated information, including statistics and releases, can be found on the Internet at www.TribeAthletics.com. Publicity and media information for William and Mary cross country are coordinated by sports information intern **Jacob Skipper**.

Photographs, feature ideas and results are always available from the William and Mary sports information office. Requests for further information should be directed to Jacob Skipper at (757) 221-3344 or by e-mail at jcskip@wm.edu.

CREDITS

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COVER CREDITS

Outside covers designed by Pete Clawson. Inside covers designed by Jacob Skipper.

Directions to William and Mary

From the North/West: Take I-64 East to Lightfoot Exit 234A (Route 199 East). At top of exit ramp, take a right onto Route 199 East. Stay on 199 East until the Monticello Avenue exit. Exit at Monticello Avenue, and bear left on exit ramp. At bottom of ramp, turn left at light onto Monticello (pass under 199). Go straight through three stoplights, and continue straight for about half a mile and take the first right onto Compton Drive (before light at hospital and shopping centers). There may not be a street sign! The road is heavily wooded on both sides. Continue on Compton Drive and turn right at the first stop sign onto Brooks Road. William and Mary Hall will be on your left.

From the South/East: Take I-64 West to Exit 242A (Route 199 West). Follow 199 to fourth light. At the fourth light, take a right onto Jamestown Road. Follow Jamestown Road 1.1 miles (past Lake Matoaka on left), then take a left onto Ukrop Way. Take a left at the next stop sign and continue to follow Ukrop Way while bearing right until you reach William and Mary Hall up the hill on your left.

QUICK FACTS

William and Mary

Location: Williamsburg, Virginia

Founded: 1693 (second-oldest college in the United States)

Enrollment: 5,500

Nickname: Tribe

Colors: Green, Gold and Silver

Conference: Colonial Athletic Association

President: Gene R. Nichol (Oklahoma State, 1973)

Chancellor: Sandra Day O'Connor (Stanford, 1950)

Director of Athletics: Terry Driscoll (Boston College, 1969)

Senior Executive Associate Athletics Director/Senior

Women's Administrator: Barb Blosser (Ohio State, 1975)

Course: Dunbar Farms/Eastern State Hospital

Athletics Department Phone: (757) 221-3344

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Sports Information Department

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Pete Clawson (Pittsburgh, 1990)

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Phone: (757) 221-3344

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Website: www.TribeAthletics.com

Coaching Staff

Director of Track & Field: Dan Stimson (Ohio, 1971)

22nd Year

Office Phone: (757) 221-3397

E-Mail Address: dgstim@wm.edu

Head Coach: Kathy Newberry (William and Mary, 2000)

Third Year

Office Phone: (757) 221-3396

E-Mail Address: kjnewb@wm.edu

Assistant Coach: Ed Moran (William and Mary, 2003)

Third Year

Office Phone: (757) 221-3398

E-Mail Address: emmora@wm.edu

Volunteer Assistant:

Sean Anastasia-Murphy (William and Mary, 2008)

First Year

E-Mail Address: smanas@wm.edu



ROSTER

Athlete	Class	Hometown	High School
Emily Anderson	2010	Golf, Illinois	Glenbrook South
Emily Arena	2009	Manassas, Virginia	Osborn Park
Abby Booker	2008	Haddonfield, New Jersey	Haddonfield Memorial
Anna Brousell	2010	Wilmington, Delaware	Brandywine
Kelsey Budd	2011	Oakton, Virginia	Paul VI
Ariel Burbey	2010	Blacksburg, Virginia	Blacksburg
Meghan Burns	2010	Coopersburg, Pennsylvania	Allentown Central Catholic
Kayley Byrne	2010	Oak Hill, Virginia	Oakton
Ellen Childress	2009	Arlington, Virginia	Washington-Lee
Katie Endres	2009	Sterling, Virginia	Potomac Falls
Sallie Ford	2010	Lynchburg, Virginia	E.C. Glass
Elizabeth Fortenberry	2011	Falls Church, Virginia	George Mason
Emily Gousen	2008	Arlington, Virginia	Washington-Lee
Betsy Graney	2011	Harper Woods, Michigan	Grosse Pointe North
Sarrah Hadiji	2011	Annamdale, Virginia	W.T. Woodson
Kelly McElroy	2010	Wyomissing, Pennsylvania	Holy Name
Liz Milewski	2011	Rosemont, Pennsylvania	Radnor
Lynn Morelli	2009	Philadelphia, Pennsylvania	St. Basil
Keely Murphy	2010	Owings, Maryland	Northern
Rachel Ohm	2010	West Coxsackie, New York	Academy of the Holy Names
Karin Ohman	2009	Arlington, Virginia	Washington-Lee
Anna Parker	2007	Charlotte, North Carolina	Myers Park
Erin Prillaman	2008	Midlothian, Virginia	Midlothian
Shannon Ralston	2011	Virginia Beach, Virginia	Landstown
Emily Schroeder	2009	Midlothian, Virginia	James River
Kelsey Snowden	2009	Fairfax Station, Virginia	Lake Braddock
Morgan Stumb	2010	Boulder, Colorado	Fairview
Meredith Tighe	2011	Oak Hill, Virginia	Oakton
Robin Vanneman	2010	Stafford, Virginia	Brooke Point
Rebecca Ward	2009	Midlothian, Virginia	James River
Kate Willever	2007	Pennington, New Jersey	Hopewell Valley Central

NCAA Veterans

Abby Booker - 2005
Erin Prillaman - 2005

Pronunciations

Anna Brousell - BROW-zel
Kayley Byrne - burn
Katie Endres - IN-drays
Emily Gousen - GUS-in
Betsy Graney - Grain-EE
Sarrah Hadiji - Sarah HUH-dee-gee
Liz Milewski - MUH-lou-ski
Meredith Tighe - tie

Regional Veterans

Anna Brousell - 2006
Emily Gousen - 2006
Anna Parker - 2006
Erin Prillaman - 2005
Emily Schroeder - 2006
Kelsey Snowden - 2005



KATHY NEWBERRY

Former Tribe standout Kathy Newberry assumed the role of head coach for both the women's track and field and cross country programs in March 2005 after serving the previous two years as a volunteer assistant coach to the Tribe's men's cross country and track programs. Showing no drop-off in the tradition of excellence built over the past decade and a half, Newberry has already directed the program to four Colonial Athletic Association titles and was named CAA Coach of the Year in both cross country and track in 2005-06.

The 2006 cross country season was a solid entry into the College annals, as the team won its fourth-straight CAA title and placed a program-best second at the ECAC Championships. Meghan Bishop became the Tribe's seventh harrier to earn four All-CAA honors by placing second at the CAA Championships, and was fourth at the ECAC Championships to earn All-East accolades. Junior Emily Gousen made huge strides last season, winning the Tribe Open by over 40 seconds and also earning All-CAA and All-East honors. Freshman Anna Brousell appeared in a team-high seven races, earning all-conference and All-East acclaim as well as running at the NCAA Southeast Regional.

The Tribe followed up in the spring by posting its first qualifier to the NCAA Championships since 2004, as Bonnie Meekins competed in the heptathlon and placed 16th. The College also produced six CAA champions and one ECAC titlist. The distance corps was in full force at the CAA Championships, taking every race 1,500m and longer at the conference meet. Freshman Emily Anderson was the CAA Champion at 1,500m, marking the fourth time in the past five years that a W&M athlete had won the event, and the third time in that span the winner had been a freshman. Senior Kate Willever won the 3,000m steeplechase for her first conference title, and Bishop won the 5,000m for her third crown. Gousen completed the sweep by winning the 10,000m in a meet-record time of 36:04.05. Gousen also earned All-East both indoors and outdoors at 5,000m, finishing second at the outdoor ECAC Championships in 16:58.90.

In Newberry's first season at the helm of the cross country program, her athletes far out-stripped the expectations of most observers, culminating in an upset of 24th-ranked North Carolina for fifth at the Southeast Region Championships, gaining the team its first at-large berth to the NCAA Championship since 2002. Under her tutelage, the Tribe recorded four team victories in 11 attempts, including a third-consecutive CAA crown. Led by the efforts of juniors Meghan Bishop and Julia Cathcart, who finished one-two for the College in every race they ran, William and Mary's return to the NCAA Championships was a success as the school placed 23rd and narrowly missed upsetting the Tar Heels again. The duo, who were the CAA Co-Rookies of the Year in 2003, finished 76th and 86th, respectively, and also earned all-conference and all-region honors.

Freshmen played a big role in the success of the harrier's season as well, as three ran in the CAA Championships and one, Kelsey Snowden, also participated at the Southeast Regional. Fellow freshman Emily Schroeder not only counted an appearance at the CAAs in her season's accomplishments, but also earned her first individual collegiate title at the Tribe Open. The team was also a hit in the classroom, earning Academic All-America honors from the women's cross country coaches association (WICCCA) for the seventh consecutive season, and Bishop was honored by the CAA as Scholar-Athlete of the Year and by WICCCA as an All-Academic team member.

The 2006 track season also proved to be a smashing success, as the women won their sixth-straight CAA crown and sent numerous individuals to the NCAA Regional. Bishop earned All-East honors indoors and outdoors at 3,000m, and set huge personal records in both the 3,000m and 5,000m. She

took fourth in the 3,000m indoors at ECACs, qualifying provisionally for the NCAA Championships and ranking fourth all-time at W&M with a time of 9:31.25. Outdoors, she ran a stunning 40 seconds below her previous best in the 5,000m at Stanford, timing 16:18.49 to qualify for the NCAA Regionals. The mark also ranks fourth in the school record books. Kristyn Shiring took second in the CAA 5,000m for the second year in a row, and was also a double All-East honoree at 5,000m, qualifying for the NCAA Regional with her runner-up performance at the outdoor ECACs.



At the CAA Championships, Newberry's athletes won four titles, the 800m, 5,000m, discus, and heptathlon. They also earned second-place showings at 1,500m, 3,000m steeplechase, 10,000m, shot-put, and hammer throw. Senior Lydia Malley had a breakout season, winning the CAA 800m and earning All-East honors individually at 800m and as part of the 4x800m relay team that took second, along with sophomore Allie Lewis and freshmen Schroeder and Rebecca Ward. Cathcart was the CAA 5,000m champion in meet-record time and was named All-East outdoors. At the conclusion of the season, the CAA named Bishop as its Scholar-Athlete of the Year for women's track, giving her an unprecedented third such honor. Also, the coaches voted Newberry as Coach of the Year, giving her the sweep of the year's awards.

In 2005, the team took the conference track championships by storm, winning four titles and garnering 20 All-CAA nods. Senior Jackie Kosakowski was the runner-up in the CAA 3,000m steeplechase and followed up a month later with the ECAC crown in the same event. Bishop won her second 1,500m title at the CAA Championships, and was on pace for All-East honors in the event before she was knocked to the track in the finals. Shiring exploded at the indoor ECAC championships, running 41 seconds below her previous best at 5,000m to qualify provisionally for the NCAA Championships. She also hit the provisional mark outdoors for 10,000m, winning the Raleigh Relays in 34:46.60. In all, Newberry's inaugural season yielded four CAA champions, one ECAC champion, 20 all-conference citations, three indoor and five outdoor All-East nods, four NCAA Provisional marks, 11 bids to the indoor ECAC meet, 26 bids to the outdoor ECAC meet, and five NCAA Regional berths (four individual, one relay).

Still an active competitor at the national level, competing regularly both on the track and in road races, Newberry qualified for the 2004 Olympic Trials finals in both the 5,000m and 10,000m, finishing 13th and 14th, respectively. She also ended 2004 ranked 10th nationally in the 10,000m. A three-time qualifier for the U.S. National Cross Country Team, Newberry finished 25th at the 2004 World Cross Country Championships as the second-fastest American in the 8,000m race. She again competed at the 2005 Worlds, finishing in 38th as the third-fastest American, after qualifying with a fourth-place finish at the 2005 USA Cross Country Championships. In 2003, she was ranked 17th in the nation in the 5,000m and placed 11th in that distance at the 2003 USAT&F Championships. Newberry also raced to third in the 2003 USAT&F Fall Cross Country Championships and also competed at the 2005 USAT&F Championships in the 5,000m.

An ace for the Tribe from 1996 to 2000, Newberry claimed two CAA titles (3,000m and 5,000m) and earned multiple All-East designations. She was All-CAA and all-region in cross country every season and was the top finisher on the 1998 Tribe cross country squad that finished a best-ever 10th at the NCAA Championships, just missing All-America honors in 43rd place. She still holds the College records in the indoor distance medley relay (11:39.85) and outdoor 4x1,500m relay (18:08.88). She also boasts the Tribe's fourth-fastest 1,500m time (4:28.37), fifth-fastest 3,000m time (9:38.13) and ninth-fastest 5,000m time (16:49.29). In her postcollegiate career she has dropped her times further, running 15:45.32 for 5,000m and 32:45.78 for 10,000m.

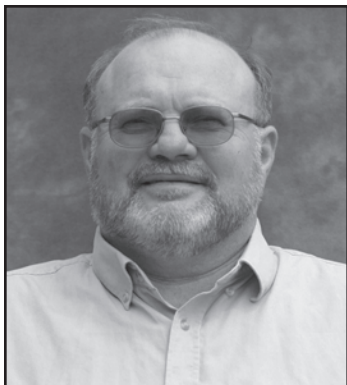
She has previous coaching experience at Stephen F. Austin State University where she served as a volunteer assistant, helping the Lumberjacks sweep the conference titles in both men's and women's cross country and mentoring several conference titlists and a national qualifier. A resident of Williamsburg, Newberry was married in the summer of 2005 to the Tribe's head men's track and cross country coach, Alex Gibby.

Newberry By The Numbers

- 17 Individual Conference Champions
- 34 All-East Athletes
- 4 All-Region Athletes
- 4 Scholar-Athletes of the Year
- 4 Conference Titles
- 2 CAA Coach of the Year Honors



DAN STIMSON



In his 22nd year as Director of Track and Field at William and Mary, Dan Stimson oversees a program that has demonstrated success both in the classroom and on the track, and has served as an exemplary model for what collegiate athletics should be all about. In recognition of his years of service, the College honored Coach Stimson in 2007 by naming the new throwing facility in his honor, the Stimson Throwing Events Area. Made possible through a generous donation from Mr. and Mrs. Joe Showker, the facility includes an Olympic throwing cage with circles for both the hammer and discus, two shot put circles, and javelin runway.

The men's and women's programs have combined for 15 Colonial Athletic Association titles out of 20 possible since the 2002-03 school year, and have garnered numerous CAA Athlete and Rookie of the Year awards. The 2006-07 season was another banner year for the squads, as Stimson's program captured both CAA cross country titles: the seventh consecutive conference title for the men's team and fourth in a row for the women's squad. Punctuating the season was the 10th-straight NCAA team qualification for men's cross country, an achievement only four other schools can claim. To date, Stimson's programs have produced 54 All-Americans and one Olympian.

Stimson, who works primarily with the throwers, jumpers, and multi-eventers, has mentored many W&M athletes to national prominence in his tenure. Due to the absence of the javelin or the hammer throw at the high school level in Virginia and other nearby states, Stimson has earned a reputation for his ability to develop young talent.

His coaching credits include W&M hammer throw record-holder Mike Howell, who started with the hammer in his rookie season at W&M, and progressed through the ranks until his senior year, when he posted the eighth-best mark by an American collegian (206'1"). Decathlon record-holder Todd Doughty (7,240 points) benefited from his time with Stimson as well, working his way from a walk-on to one of the top 20 decathletes in the country over the course of his career at W&M.

On the women's side, Stimson coached All-America high jumper Lisa Rayner to an 11th-place finish at the NCAA Championships and a school-record mark of 5'11.25" in 1994. Wendy Warren, the school record-holder in the javelin (153'6"), was discovered in a physical education class and went on to earn All-East honors and place sixth at the ECAC Championships. Stimson coached pole vaulter Charlotte LaRoche to second place in the ECAC Championships and a school record of 13'1" in her freshman season. He then guided steady improvement throughout her career, culminating in 2004 with her second conference title and double All-East honors. Stimson has had numerous All-East performers in all of the field events.

A recent example of Stimson's coaching ability can be seen in 2004 graduate Chris Parsons. As a freshman, Parsons made a powerful debut, winning CAA titles in both the shot put and the javelin, enabling him to be selected for the United States Junior National

IC4A meet. In 2003 Parsons was named CAA Scholar-Athlete of the year, after earning a pair of all-conference honors by finishing second in both the shot and the hammer at the CAA Championships. Parsons capped his career in style, winning the 2004 CAA title in the shot and hammer and breaking the NCAA Regional mark in both events.

More Stimson-guided athletes litter the W&M and CAA record books. In 2005, Ayanna Jones claimed her second shot put title at the CAA Championships, the fifth-consecutive year a Tribe woman had won the event. She would go on to shatter the 23-year old school record in the event, putting the shot 48' 6" in the ECAC Championships. 2006 graduate Andy Smith became one of only two athletes in school history to claim four CAA crowns in one event (joining Tyler Steel, winner of the hammer throw from 1997-2000) after winning the javelin for the fourth time at the 2006 conference meet.

Perhaps no event in recent years shows the effect of Stimson's tutelage more than the women's heptathlon, where four athletes in the Green and Gold have won the last five CAA titles, and six of the seven ever contested, along with the last two ECAC crowns. Alarice Cesareo earned a pair of titles in 2001 and 2003, and Phi Beta Kappa-graduate Sarah McHale won in 2004. In 2005, Bonnie Meekins won her first title with a then-record score of 4,763 points, before giving way to classmate Brenna Blevins in 2006, who scored 4,806 points. In 2007, Meekins came back again with another meet record, 5,192 points. Similarly, Blevins won the 2006 ECAC crown with a then-school record total of 5,229, the highest point total not invited to the NCAA Championships that year. Meekins provided the breakthrough this past spring, powering to a score of 5,457 to claim the Eastern title, and a trip to the NCAA meet, where she would place 16th.



In the 2006 CAA hammer throw, Liz Hager capped her career in heroic fashion. Cleared to throw only an hour before the event started because of a back injury, Hager threw 151' 9" with her only attempt, good for second place and the third-best throw in school history. Freshman Abby Lemon took her lead from Hager, setting a personal record with each of her six throws and finishing with a toss of 149' 2" to take third place in her first conference championships.

The 2007 throwing corps provided another feather in Stimson's cap, providing a school record and numerous top-10 marks despite having a grand total of two upperclassmen. Sophomore Alex Heacock captured his first CAA title in the javelin, throwing 25 feet farther than anyone else in the meet.

Abby Lemon was only four inches shy of her own conference title in the hammer throw, but did claim the Colonial Relays title with a then-school record throw of 161' 9", a mark she bettered at the ECAC Championships with a prodigious heave of 163' 11". Senior Jen Showker capped her career with lifetime-best marks in the shot put, discus (144' 9"), and hammer (142' 0"). Her put of 45' 0.5" at the CAA Championships guaranteed her third and berth at the ECAC meet, and makes her one of only four women to ever best 45 feet in the shot put.

Stimson began his career at perennial national powerhouse Tennessee, where he helped Volunteer athletes finish in the nation's top 10 on seven occasions and collect 12 Southeastern Conference titles. His coaching career started at Tennessee as a graduate assistant, helping the Vols win the 1972 NCAA cross country championship. From Knoxville, he moved to J.E.B. Stuart High School in Falls Church, Virginia for one year, then on to Miami University (Ohio) for nine years before coming to Williamsburg.

A native of Falconer, New York, Stimson graduated with honors from Ohio University in 1971 and holds a master's degree from Miami (Ohio). As an undergraduate, he was the All-Ohio and Central Collegiate shot put champion, as well as a two-time MAC shot put champion. He concluded his athletic career by competing in both the NCAA and AAU national championships in the shot put.

Dan and his wife Rosemary, also a Falconer native, have two children. Their son, Clare, is a local college student. Daughter Krista Crider graduated from W&M in 1996 with a B.S. in biology and earned her master's degree at the College in 1998. She earned a Ph.D. in the field of genetics and molecular biology at Emory University, and works for the Centers for Disease Control. Krista is a former W&M record holder in the hammer throw, and recently welcomed the newest addition to the Stimson family, when Samuel Daniel Crider was born in April of 2006.

Stimson By The Numbers

- 54 All-Americans in indoor and outdoor track and field and cross country**
- 39 CAA Team Titles**
- 26 CAA Athletes of the Year**
- 22 Seasons at William and Mary**
- 3 CAA Coach of the Year Honors (1992 and twice in 1996)**

up his impressive freshman season with a sophomore campaign that featured top CAA finishes in the discus (fourth), javelin (third), hammer (second) and a second straight first-place showing in the shot put. Parsons went on to garner All-East honors in the hammer at the



ASSISTANT COACHES

Ed Moran
 B.B.A. Finance '03, B.A. Government '03
 M.P.P. Public Policy '05



Ed Moran is in his third season on the William and Mary staff after a spectacular collegiate career that saw him earn four All-America honors in the 5,000m outdoors (2003, 2005) and in cross country (2000, 2002) for the College. In addition to assisting with both the men's and women's running programs, the 2003 graduate has continued to race under the tutelage of head men's coach Alex Gibby, achieving the Olympic "A" qualifying standard at 5,000m and 10,000m in 2007 and winning the 5,000m gold medal at the Pan-American Games.

A professionally-sponsored runner with Nike, Moran raced unsponsored at the 2005 USAT&F Track and Field Championships

shortly after earning his fourth All-America nod. He boasted an impressive debut, running well below his previous personal record in the 5,000m (13:39.70, second-best in school history, set a scant month-and-a-half earlier) to finish in 13:25.87. This time placed him only 49 hundredths of a second shy of the school record, running as the fastest amateur in the field of 24 runners. In 2007, he won the gold medal at the Pan-American Games with a meet-record time of 13:25.60, and will compete for a spot at the Beijing Olympics in the 2008 U.S. Olympic Trials.

In his six-year collegiate career, Moran racked up three all-conference and All-Southeast honors (never finishing worse than third), and was twice conference champion and Athlete of the Year in cross country. On the track, he earned multiple all-conference nods, was named the 2003 CAA Male Athlete of the Year and was the 2005 IC4A and CAA champion in the 5,000m.

Sean Anastasia-Murphy
 B.A. Film Studies '08



Sean Anastasia-Murphy joins his alma mater this year as a volunteer assistant after helping the Tribe to seven Colonial Athletic Association championships during his five-year career.

As a senior, Anastasia-Murphy was the College's top finisher at the CAA cross country championships, leading the team to the conference title with his fourth-place showing. He was also a part of the program's eighth-place showing at the NCAA Championships, finishing as the sixth Tribe harrier across the line. He also ran at the national meet in 2005, finishing 135th overall, and totaled three All-CAA, two All-East, and one All-Southeast honor in cross country.

Anastasia-Murphy, a native of Gloucester, Massachusetts, was also a standout on the track. In 2005 he ran 8:59.26 in the 3,000m steeplechase, the first time a Tribe runner had run under nine minutes since 1996. His most complete season came in 2007, and it started indoors with a 4:09.97 mile at the IC4A Championships. That placed him into the finals of the event, where he would eventually finish third for All-East honors. At the same meet, he won his first conference crown by running the lead-off leg of the distance medley relay which won the IC4A title. He would go on to win the Colonial Relays 3,000m steeplechase and the Penn Relays 4x800m outdoors, and ran at the NCAA Regional in the steeplechase for the third year in a row. He finished his career with five All-East accolades and a single All-CAA citation on the track.

2006 RESULTS

ATHLETES	Lou Onesty	Colonial Inter-Regional	Tribe Open	Pre-Nationals	CAA Championships	Cavalier Open	Southeast Regional	ECAC Championships
Emily Anderson	20:21.4 (55)	26:55.6 (98)	24:28.5 (18)			19:00.3 (7)		
Emily Arena	19:08.5 (22)	25:05.1 (76)	24:10.9 (13)			19:16.0 (9)		
Meghan Bishop		22:10.2 (6)		21:23.1 (64)	21:42.7 (2)		21:33.4 (28)	18:07.9 (4)
Abby Booker	19:11.7 (23)	23:40.4 (37)		22:40.0 (77*)	23:06.4 (20)	18:59.3 (5)		
Anna Brousell	19:01.8 (20)	22:46.8 (15)		21:53.0 (117)	22:27.2 (7)		22:22.3 (68)	18:35.1 (15)
Ariel Burbey	20:31.0 (60)	24:37.5 (63)	24:28.9 (19)					
Meghan Burns	19:22.3 (29)	24:02.8 (46)	23:37.9 (5)			19:12.5 (8)		
Kayley Byrne	19:37.8 (36)	23:51.3 (43)	23:57.5 (9)			18:37.3 (1)		19:36.6 (64)
Julia Cathcart		22:54.3 (16)		21:12.8 (50)			21:42.3 (35)	
Ellen Childress		25:35.3 (87)	24:31.0 (20)			19:38.8 (14)		
Ashley Davies	20:21.8 (56)	24:40.2 (64)	24:16.9 (15)			19:32.7 (13)		
Katie Endres	21:03.6 (72)	24:41.8 (65)	24:38.7 (23)			19:31.1 (12)		
Sallie Ford	20:20.3 (54)	26:04.9 (92)	26:10.8 (43)			19:55.9 (20)		
Emily Gousen			22:38.5 (1)		22:31.1 (9)		22:19.3 (64)	18:20.1 (9)
Kaitlin Hurley	18:39.3 (12)	22:38.7 (13)		21:43.2 (98)	22:02.8 (3)		22:15.4 (59)	18:21.9 (10)
Kelly McElroy		25:15.0 (80)	25:41.0 (36)			20:37.1 (26)		
Lynn Morelli		23:19.6 (26)		22:34.1 (191)	22:50.3 (15)			
Keely Murphy	19:21.5 (28)	23:24.7 (29)			24:14.9 (47)	19:25.5 (11)		
Rachel Ohm	19:45.8 (38)	24:47.8 (69)	24:27.4 (17)			20:34.2 (25)		
Karin Ohman	20:58.2 (70)	24:15.3 (55)	23:49.9 (7)			19:24.2 (10)		
Anna Parker		24:04.4 (47)	23:24.6 (3)		22:29.9 (8)		22:12.2 (55)	18:47.8 (31)
Erin Prillaman	19:51.1 (41)	23:34.0 (34)		22:23.8 (46*)	22:38.7 (13)			19:02.4 (40)
Emily Schroeder	18:49.3 (15)	23:26.7 (31)		22:27.9 (179)	22:22.2 (5)		22:29.0 (77)	18:44.6 (29)
Julie Taylor		23:47.7 (42)	23:22.5 (2)		22:45.9 (14)			
Rebecca Ward	18:50.8 (16)	23:13.4 (23)		23:51.1 (243)	22:57.2 (18)	18:49.7 (3)		
Kate Willever		24:47.0 (68)				20:25.3 (24)		
TEAM FINISH	3rd of 11 75 points	3rd of 8 73 points	1st of 7 16 points	21st of 37 508 points	1st of 10 25 points	No Team Scoring	7th of 32 236 points	2nd of 14 61 points

Numbers in parentheses indicate finish in race. * - indicates Pre-National Open Race.



2006 REVIEW

Women's Cross Country Takes Third at Lou Onesty

CHARLOTTESVILLE, VA - William and Mary had a solid opening race to the 2006 cross country season, taking third in the 11-team Lou Onesty Invitational with 75 points. The Tribe was led in the race by junior all-conference runner Kaitlin Hurley, who took 12th with a time of 18:39.3.

Lou Onesty Invitational

1. Virginia 29, 2. Wake Forest 41, **3. WILLIAM AND MARY 75**, 4. Liberty 118, 5. High Point 149

W&M Scorers

12. Kaitlin Hurley 18:39.3, 15. Emily Schroeder 18:49.3, 16. Rebecca Ward 18:50.8, 20. Anna Brousell 19:01.8, 22. Emily Arena 19:08.5, 23. Abby Booker 19:11.7, 28. Keely Murphy 19:21.5.

Women's Cross Country Takes Third at Colonial Inter-Regional

WILLIAMSBURG - William and Mary's women's cross country team put up a tough effort in the Colonial Inter-Regional Challenge, but had to settle for third. The Tribe was led once again by senior Meghan Bishop, who finished sixth overall in 22:10.2.

First Annual Colonial Inter-Regional Challenge

1. #23 Georgetown 43, 2. Virginia Tech 55, **3. WILLIAM AND MARY 73**, 4. Maryland 84, 5. LaSalle 94.

W&M Scorers

6. Meghan Bishop 22:10.2, 13. Kaitlin Hurley 22:38.7, 15. Anna Brousell 22:46.8, 16. Julia Cathcart 22:54.3, 23. Rebecca Ward 23:13.4, 26. Lynn Morelli 23:19.6, 29. Keely Murphy 23:24.7.

Emily Gousen Torches Field At Tribe Open

WILLIAMSBURG - The William and Mary women's cross country "B" team dominated the seven-team Tribe Open with a 67-point victory (16-83) over UMBC. Junior Emily Gousen earned her first collegiate victory in impressive fashion, cruising through the finish line in 22:38.5 for a 44-second victory.

Tribe Open

1. WILLIAM AND MARY "B" 16, 2. UMBC 83, 3. Hampton 85, 4. Virginia Commonwealth 88, 5. Christopher Newport 116.

W&M Scorers

1. Emily Gousen 22:38.5, 2. Julie Taylor 23:22.5, 3. Anna Parker 23:24.6, 5. Meghan Burns 23:37.9, 7. Karin Ohman 23:49.9, 9. Kayley Byrne 23:57.5, 13. Emily Arena 24:10.9.

2006 Season Stats

Team Victories (2)

Tribe Open (16 points/ 7 teams)
CAA Championships (25 points/ 10 teams)

Individual Champions (2)

Kayley Byrne **Cavalier Open**
Emily Gousen **Tribe Open**

All-East (4)

Meghan Bishop (Fourth)

Emily Gousen (Ninth)

Kaitlin Hurley (10th)

Anna Brousell (15th)

All-CAA (6)

Meghan Bishop (Second)

Kaitlin Hurley (Third)

Emily Schroeder (Fifth)

Anna Brousell (Seventh)

Anna Parker (Eighth)

Emily Gousen (Ninth)

CAA Scholar-Athlete of the Year

Meghan Bishop

Open Race W&M Individuals

46. Erin Prillaman 22:23.8, 77. Abby Booker 22:40.

Women's Cross Country Wins Fourth Consecutive CAA Crown

NEWARK, DEL - William and Mary women's cross country team ran away with the program's fourth consecutive Colonial Athletic Association crown, and 14th overall. The Tribe was led at the championships by senior Meghan Bishop, who claimed runner-up honors for her fourth all-conference accolade.

23rd Colonial Athletic Association Championships

1. WILLIAM AND MARY 25, 2. Georgia State 83, 3. James Madison 87, 4. Delaware 121, 5. Towson 143, 6. Northeastern 159, 7. Hofstra 163, 8. Virginia Commonwealth 208, 9. UNC Wilmington 210, 10. George Mason 284.

W&M Scorers

2. Meghan Bishop 21:42.7, 3. Kaitlin Hurley 22:02.8, 5. Emily Schroeder 22:22.2, 7. Anna Brousell 22:27.2, 8. Anna Parker 22:29.9, 9. Emily Gousen 22:31.1, 13. Erin Prillaman 22:38.7.

Kayley Byrne Wins Cavalier Open

CHARLOTTESVILLE, VA - With only one week to go before the NCAA Regional Championships, William and Mary's women's cross country sent several runners to Charlottesville to compete against James Madison and Virginia. True freshman Kayley Byrne (Oak Hill, Va.) won the 31-runner race with a 6K time of 18:37.3.

Cavalier Open

W&M Individuals

1. Kayley Byrne 18:37.3, 3. Rebecca Ward 18:49.7, 5. Abby Booker 18:59.3, 7. Emily Anderson 19:00.3, 8. Meghan Burns 19:12.5, 9. Emily Arena 19:16.0, 10. Karin Ohman 19:24.2, 11. Keely Murphy 19:25.5, 12. Katie Endres 19:31.1, 13. Ashley Davies 19:32.7, 14. Ellen Childress 19:38.8, 20. Sallie Ford 19:55.9, 24. Kate Willever 20:25.3, 25. Rachel Ohm 20:34.2, 26. Kelly McElroy 20:37.1.

Women's Cross Country Finishes Seventh at Southeast Regional

LOUISVILLE, KY - William and Mary's women's cross country team finished seventh at the Southeast Regional, but was among the last teams not invited to the NCAA Championship for the third time in four years. Meghan Bishop ran the course in 21:33.4, just missing out on her second all-region honor by finishing 28th (top 25 finishers are all-region).

NCAA Southeast Region Championships

1. #2 North Carolina State 61, 2. #14 Duke 70, 3. #26 Virginia Tech 83, 4. #22 Virginia 109, 5. Wake Forest 164, **7. WILLIAM AND MARY 236**.

W&M Scorers

28. Meghan Bishop 21:33.4, 35. Julia Cathcart 21:42.3, 55. Anna Parker 22:12.2, 59. Kaitlin Hurley 22:15.4, 64. Emily Gousen 22:19.3, 68. Anna Brousell 22:22.3, 77. Emily Schroeder 22:29.0.

Women's Cross Country Takes Second at ECAC Championships

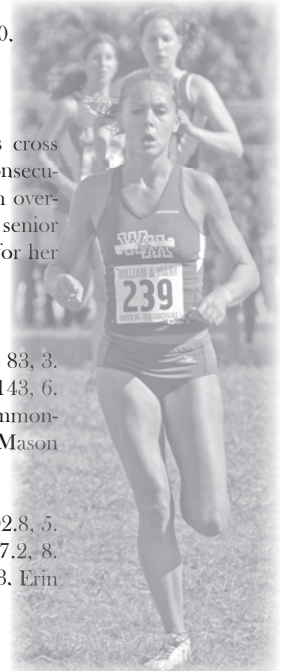
BRONX, N.Y. - William and Mary's women's cross country team finished its season on a high note by taking second at the ECAC Championships in Van Cortlandt Park. The College was led in the race, as in so many races before over the past two years, by senior Meghan Bishop, who took fourth in 18:07.9.

22nd Annual ECAC Championships

1. Cornell 57, **2. WILLIAM AND MARY 61**, 3. Villanova 79, 4. Princeton 91, 5. Maryland 152.

W&M Scorers

4. Meghan Bishop 18:07.9, 9. Emily Gousen 18:20.1, 10. Kaitlin Hurley 18:21.9, 15. Anna Brousell 18:35.1, 29. Emily Schroeder 18:44.6, 31. Anna Parker 18:47.8, 40. Erin Prillaman 19:02.4.



2007 OUTLOOK

Even if a return trip to the NCAA Championships was not in the cards for the women's cross country team, the 2006 season cannot be counted as anything but a success. In addition to its fourth consecutive Colonial Athletic Association title, the Tribe posted its best finish ever at the ECAC Championships, finishing second by a mere four points. The challenge for coach **Kathy Newberry** this year will be replicating or bettering that run, and trying to return to the NCAA Championships for the third time in the past six years.

Despite the loss of Julia Cathcart and Meghan Bishop, who had seven All-CAA honors between them, the Tribe is the hands-down favorite to claim its 15th CAA title this October. Leading the charge will be fifth-year seniors **Anna Parker** and **Kate Willever**. Parker earned an all-conference nod last season by placing eighth, and also saw action at the Southeast Regional and ECAC Championships. Willever did not see much action last fall, but came on strong in the spring to win the 3,000m steeplechase at the CAA Track Championships and race at the NCAA Regional.

Between them, the three members of the class of 2008 include both of the College's NCAA veterans and the team's top returning distance runner. **Emily Gousen** won the Tribe Open last fall going away with a 44-second margin of victory, before finishing ninth at both the CAA Championships and the ECAC meet. On the track, she won the 10,000m CAA title with a meet-record time of 36:04.05, and earned All-East honors both indoors and outdoors at 5,000m, finishing second at the outdoor ECAC Championships.

Erin Prillaman was the third Tribe finisher at the 2005 NCAA Championships, and just missed All-CAA honors last year when she finished 13th at the conference meet. After redshirting during the outdoor track season, she returns to competition this fall looking to make her second appearance at the Southeast Regional. **Abby Booker** ran seventh for the Tribe at the NCAA Championships as a sophomore, and will look to move up the finish order this season. Booker's big moment last year came on the track, where she took second in the CAA 10,000m race.



Erin Prillaman

Figuring to round out the Tribe's varsity seven is a mixed bag of juniors and sophomores. **Emily Schroeder** is the top returning finisher from the CAA Championships, finishing fifth there in 2006. She also ran well at the ECAC Championships, placing 29th, and broke through on the track by setting personal-best marks in every event she ran, including 4:34.44 for 1,500m to place second at the CAA Championships. Fellow junior **Kelsey Snowden** redshirted last fall, but was 15th at the CAA Championships and ran at the Southeast Regional as a freshman in 2005.

Anna Brousell, along with Schroeder, appeared in more races than anyone else on the team last fall, finishing six races in her freshman season. She was also quite successful while doing so, earning All-CAA and All-East honors in addition to appearances at the Pre-National Invitational and the Southeast Regional. Classmate **Kayley Byrne** won the Cavalier Open in November, and also ran at the ECAC Championships. In the spring, the prep All-American was an ECAC and Junior Nationals qualifier at 5,000m.

Juniors **Lynn Morelli** and **Rebecca Ward** round out the probable candidates for the travel squad. Morelli was 15th at the CAA Championships last fall, and qualified for both the indoor and outdoor ECAC track championships. She earned All-East honors outdoors in the 3,000m, and was fourth in the 5,000m at the CAA Championships. Ward is tied for the team lead as one of several athletes with two appearances at the CAA Championships, and will look to continue that streak after finishing 18th last year. She was a double-finalist at the CAA track championships, placing in the top five in both the 800m and 1,500m, and ran 4:32.85 in the 1,500m at Duke, the team's second-fastest effort of the season.

Several harriers will be looking to make a major break-through and challenge for spots on the top squad. Junior **Emily Arena** ran for the Tribe at the ECAC Championships as a freshman, and classmate **Katie Endres** made major strides last spring in her first full year of competition, taking sixth in the CAA 10,000m and winning a pair of 3,000m races. Junior **Ellen Childress** is returning from injury, but ran at the ECAC Championships as a redshirt-freshman in 2005, and qualified for the ECAC track championships in the spring of 2006.

Sophomore **Emily Anderson** found her stride on the track, winning the CAA 1,500m title and qualifying for the NCAA Regional with her 4:31.26 performance at the Colonial Relays. **Keely Murphy** ran for the Tribe last fall at the CAA Championships, and was All-East indoors as a member of the 4x800m relay. Sophomore **Meghan Burns** was fifth at the Tribe Open in 2006, and qualified for the 1,500m finals at the CAA Championships last spring.

Sophomores **Ariel Burbey** and **Kelly McElroy** join Childress in making returns from injury, but with full summers of training will be counted on to step up for the team in the early part of the season. Also looking to provide depth will be junior **Karin Ohman**, who was seventh in the Tribe Open last fall and set personal-records at 1,500m and 3,000m in the spring. Sophomores **Sallie Ford** and **Rachel Ohm** will look to make a bigger impact this fall, after competing for the Tribe at the CAA Track Championships in the 10,000m. Finally, sophomores **Morgan Stumb** and **Robin Vanneman** will be making their first appearances on the trails this year, after Stumb redshirted last fall and Vanneman walked onto the team during the outdoor track season.

The seven members of the freshman class bring a wealth of experience to the College, combining to earn 17 all-state honors and lead their teams to five state titles. **Sarrah Hadiji** earned All-America honors this summer at the Nike Outdoor Nationals, finishing eighth in the 3,200m and has run 10:27.73 at that distance. She was also a three-time state champion at 3,200m for Woodson High in Virginia, and placed second at the state AAA cross country championships in 2005. **Kelsey Budd** led Paul VI to back-to-back state titles at both the Virginia Independent School cross country championships and the Virginia Catholic School championships, earning all-state honors in all four appearances.

Liz Milewski earned all-state distinction as a senior while leading Radnor to the Pennsylvania AAA state title, and earned All-Main Line honors for 10-consecutive seasons between cross country, indoor, and outdoor track. Milewski has run 5:04.45 in the 1,600m, and 10:20.76 for 3,000m. **Betsy Graney** traveled the farthest distance to come to the College, and enters as a three-time all-state runner for Grosse Pointe North in Michigan. Also a four-time region champion with a personal-best time of 5:00.45 for 1,600m, Graney led Grosse Pointe North in the classroom to the Academic State Champions crown in 2005 while earning three academic all-state distinctions individually.

Meredith Tighe earned all-state honors in the 1,600m run both indoors and outdoors as a senior for Oakton, after helping the school take second at the 2005 Virginia AAA cross country championships. **Elizabeth Fortenberry** led George Mason High in Virginia to top-three finishes at the district, region, and state championships in both her junior and senior years. **Shannon Ralston** holds every distance record at Virginia Beach's Landstown High, and was the school's first female state qualifier.



Anna Brousell



BIOGRAPHIES



Kate Willever

B.B.A. Finance '07
Masters of Business Admin. '09
Pennington, N.J. • Hopewell Valley Central

CAA Champion • All-CAA

2006-07

Cross Country: Twenty-fourth at the Cavalier Open ... Also ran at the Colonial Inter-Regional. **Track:** CAA Champion in the 3,000m steeplechase ... Set career-best in the steeplechase at the Lou Onesty Invitational, timing 11:06.82 ... Ranks fifth all-time at the College ... Was the top collegiate finisher in the race ... Ran at both the ECAC Championships and the NCAA East Regional in the steeplechase ... Part of the 4x800m relay team that finished seventh at the Penn Relays ... Set personal-best marks in both the mile (5:17.19) and the 1,500m (4:49.70).

2005-06

Cross Country: Twentieth in the Cavalier Open ... Twenty-seventh in the Tribe Open. **Track:** Anchored the 4x800m relay that took 11th at the Penn Relays and qualified for the ECACs ... Ran the third leg of the 4x800m relay in the preliminary round of the ECACs, helping the team qualify for the finals where they would finish second ... Took second in the 3,000m steeplechase at the Fred Hardy Invitational, running below her previous best ... Again set a personal record in the steeplechase at the CAA Championships, taking fourth in a time of 11:16.54 ... Set new personal best in the 1,500m by more than three seconds, running 4:51.16 at the VCU Ram Invitational ... Indoors, finished third in the 3,000m run at Christopher Newport.

2004-05

Cross Country: Ran in the Colonial Invitational. **Track:** Fifth in the 3K steeplechase at the CAA championship, running a season-best 11:27.75.

2003-04

Cross Country: Redshirted. **Track:** Redshirted.

At Hopewell Valley

Finished in the top five at the New Jersey Track Meet of Champions twice ... Took eighth in the 2,000m steeplechase at the adidas National High School Championships in 2003, running 7:08.89 ... Has run 2:16.7 for 800m and 5:05.11 for 1,600m.

Personal

Daughter of Richard and Nancy Willever ... Born December 25, 1984 in Princeton, New Jersey ... Member of the Finance Academy ... Enjoys reading, music, and needle-pointing.

Willever's Personal Bests

1,000m - 3:00.66i 1,500m - 4:49.70 3,000m SC - 11:06.82



Anna Parker

B.S. Kinesiology '07
Charlotte, N.C. • Myers Park

All-CAA

2006-07

Cross Country: Earned first All-CAA honor of her career after finishing eighth at the conference championships ... Third on the team at the Southeast Regional, finishing 55th out of more than 200 runners ... Thirty-first at the ECAC Championships ... Third at the Tribe Open. **Track:** Ran her lifetime-best at 5,000m at the Duke Twilight Invitational, timing 17:40.73 ... Just missed scoring at the CAA Championships at 5,000m, finishing ninth (top eight score) ... Also set a lifetime-best in the 3,000m, timing 10:25.17 for 12th place at Patriot Games ... Ran 4:55.05 in the 1,500m run at the Fred Hardy Invitational, also a career-best.

2005-06

Cross Country: Twenty-first at the CAA Championships ... Sixtieth at the ECAC

Championships ... Third at the Tribe Open. **Track:** Fifth in the mile at Christopher Newport ... Ran 17:46.94 in the 5,000m at the Raleigh Relays ... Eleventh in the 5,000m at CAAs.

2004-05

Cross Country: Did not compete. **Track:** Ran her personal best in the 1,500m at the George Mason Invitational, timing 4:59.36.

2003-04

Cross Country: Did not compete. **Track:** Ran 2:33.61 in the 800m race at the UVA Invitational.

Personal

Daughter of Bruce and Laura Parker ... Born April 1, 1985 in Memphis, Tennessee ... Member of the Kappa Alpha Theta sorority ... Majoring in kinesiology.

Parker's Personal Bests

1,500m - 4:55.05 3,000m - 10:25.17i 5,000m - 17:40.73



Abby Booker

B.S. Biology '08
Haddonfield, N.J. • Haddonfield Memorial

All-CAA

2006-07

Cross Country: Twenty-first at the CAA Championships ... Fifth at the Cavalier Open ... Twenty-third at the Lou Onesty Invitational ... Thirty-seventh at the Colonial Inter-Regional. **Track:** Earned first career All-CAA citation as the runner-up at 10,000m ... Broke her personal-best mark in the event by over a minute, timing 37:13.79 ... Set personal-best at 3,000m with a showing of 10:16.71 outdoors at the Fred Hardy Invitational ... Finished 12th in the Colonial Relays 5,000m, running a personal-best time of 17:57.47.

2005-06

Cross Country: Was the team's seventh finisher at the NCAA Championships ... Fourth at the Cavalier Open ... Fifteenth at the Tribe Open. **Track:** Fifth in the 10,000m at the CAA Championships in her first race at that distance ... Set personal record in the 5,000m indoors, running 18:01.57 for runner-up honors at George Mason's Collegiate Open ... Won the Patriot Invitational 5,000m (outdoors) ... Set personal record in the 3,000m indoors at North Carolina.

2004-05

Cross Country: Ran attached at the Lou Onesty Invitational and unattached at the Tribe Open. **Track:** Scored for the team at CAAs, placing sixth in the 3,000m steeplechase as a freshman in 11:35.33 ... Ran the 3,000m race at the Duke Invitational in 10:40.41, 38 seconds better than her previous best.

At Haddonfield

Multiple-time all-state performer in cross country and the distance events ... First-Team All-South Jersey in cross country as a senior ... Impressed with runner-up showings in the 1,600m and 3,200m at county championships in returning from a stress fracture during her senior season ... Prep bests include 5:14 (1,600m) and 11:30 (3,200m).

Personal

Daughter of Paul and Marsha Booker ... Born July 15, 1986 in Voorhees, New Jersey ... Most prized possession is the Bible her grandfather carried during World War II ... Part of the Opera Workshop ... Future goals include going to medical school ... Minor-ing in music.

Booker's Personal Bests

3,000m - 10:16.71 5,000m - 17:57.47 10,000m - 37:13.79

BIOGRAPHIES



Emily Gousen

B.S. Environmental Science '08
Arlington, Va. • Washington-Lee

CAA Champion • 3-Time All-East •
3-Time All-CAA

2006-07

Cross Country: All-CAA and All-East after finishing ninth at both the CAA and ECAC Championships ... Won the Tribe Open in 22:38.5, finishing 44 seconds ahead of the runner-up. **Track:** CAA Champion at 10,000m with a meet-record time of 36:04.05 ... Performance ranks her seventh all-time at the College ... All-East both indoors and outdoors at 5,000m ... Indoors, ran 17:01.22 to place eighth ... Outdoors, dipped under 17 minutes for the first time en route to claiming runner-up honors ... Timed 16:58.90 in the second-place performance ... Took sixth in the 5,000m at the Colonial Relays ... Set personal-record in the 3,000m indoors at Patriot Games, timing 10:11.61.

2005-06

Cross Country: Second at the Maymont Festival, leading the Tribe to victory ... First Tribe finisher at the ECAC Championships. **Track:** Runner-up in the 10,000m at the CAA Championships in her debut at that distance ... Just missed earning All-East honors after running 37:09.34 for 10th place.

2004-05

Cross Country: Ran unattached at the Tribe Open, finishing eighth. **Track:** Second in the mile at the CNU Lidlifter in her first collegiate race.

At Washington-Lee

District champion in the indoor 500m and 1,000m as a senior ... Regional runner-up in the indoor 1,000m in 2004 ... Clocked personal best of 3:02.35 to claim seventh in the 1,000m at the AAA indoor state meet ... Set school record in the indoor 1,000m (3:02.35), indoor 4x800m relay (9:39.29), indoor distance medley relay (12:31.09), outdoor 4x800m relay (9:37.26), outdoor distance medley relay (12:54.94) and outdoor 4x1,600m relay (22:29.24).

Personal

Daughter of Sam and Sarah Gousen ... Born May 25, 1986 in Arlington, Virginia ... Member of the Student-Athlete Advisory Committee and residence hall council ... Enjoys hiking, biking, and environmental studies.

Gousen's Personal Bests

3,000m - 10:11.61i 5,000m - 16:58.90 10,000m - 36:04.05



Erin Prillaman

B.S. Kinesiology '08
Midlothian, Va. • Midlothian

All-CAA

2006-07

Cross Country: Thirteenth at the CAA Championships, just missing all-conference honors ... Fortieth at the ECAC Championships ... Thirty-fourth at the Colonial Inter-Regional ... Forty-first at the Lou Onesty Invitational ... Forty-sixth in the open race at Pre-Nationals. **Track:** Redshirted outdoors ... Timed 5:21.32 in the mile indoors at the Vince Brown Invitational ... Ran 10:22.63 in the Patriot Games 3,000m, finishing 10th.

2005-06

Cross Country: All-CAA with seventh-place showing at the conference meet ... Forty-eighth at the Southeast Regional ... Third Tribe finisher at the NCAA Championships.

Track: Redshirted.

2004-05

Cross Country: Raced in four meets. **Track:** Thirteenth in the 1,500m at CAAs ... Ran the 3,000m at the Penn Relays in 10:20.39.

At Midlothian

Three-time regional champion (twice in the 800m and once in the 1,000m) ... Two-time district champion in the 800m ... Six-time all-state selection with honors in the 800m, 4x800m relay and cross country ... Competed at nationals in the 4x800m relay ... Numerous all-region and all-district selections ... Finished third in the 4x800m relay at states as a junior and claimed eighth in the 800m at the state meet that season ... Broke course record at cross country districts as a senior ... Claimed seventh at the state cross country meet as a senior ... Has run 2:18 for 800m and 3:05 for 1,000m.

Personal

Daughter of Walter and Patricia Prillaman ... Born April 5, 1985 in Richmond, Virginia ... Cousin, Amy, attended W&M ... Enjoys reading and swimming ... Future goals include either physical therapy or occupational therapy.

Prillaman's Personal Bests

1,500m - 4:45.33 3,000m - 10:20.39 5,000m - 18:01.73



Emily Arena

B.S. Biology '09
Manassas, Va. • Osbourn Park

2006-07

Cross Country: Ninth at the Cavalier Open ... Thirteenth at the Tribe Open ... Twenty-second at the Lou Onesty Invitational ... Ran at the Colonial Inter-Regional. **Track:** Scored at the CAA Championships, running sixth in the 3,000m steeplechase ... Took fourth in the indoor 3,000m in December, running a personal-best 10:42.23.

2005-06

Cross Country: Competed at the ECAC Championships, running 20:27 ... Fourth at the Maymont Festival ... Eleventh at the Cavalier Open. **Track:** Set personal record in the 3,000m running 10:49.13 for eighth at the Vince Brown Invitational ... Jumped into the school's top-ten list for all-time steeplechase performers after running 11:26.90 for seventh place at the CAA Championships ... Won the steeplechase at the Patriot Invitational two weeks later.

At Osbourn Park

Earned two all-state citations in the 3,200m race as a senior ... Was third indoors and fourth outdoors at the Virginia AAA championship meets ... Holds five school records, in the 1,500m, 1,600m, 3,000m, 3,200m, and 3K cross country ... Secretary of the Osbourn Park National Honor Society chapter ... Member of the French Honor Society ... Was selected for the Lipscomb Award for character out of 550 students in her class.

Personal

Daughter of Paul and Nancy Arena ... Born May 11, 1987 in Fairfax, Virginia ... Brother, Anthony, was a CAA Champion on the track team at W&M ... Father ran and mother swam at Niagara University ... Craziest ambitions include hiking through the Amazon rainforest.

Arena's Personal Bests

3,000m - 10:42.23i 3K Steeple - 11:26.90



BIOGRAPHIES



Ellen Childress

B.A. American Studies '09
Arlington, Va. • Washington-Lee

2006-07

Cross Country: Fourteenth at the Cavalier Open ... Twentieth at the Tribe Open ... Ran at the Colonial Inter-Regional. **Track:** Medical redshirt outdoors ... Ran once indoors, finishing ninth in the 5,000m at Virginia Tech.

2005-06

Cross Country: Sixth at the Tribe Open ... Tenth at the Cavalier Open ... Sixty-eighth at the ECAC Championships. **Track:** Won her first collegiate event, the Patriot Games 3,000m run ... Qualified for the ECACs outdoors after running 17:18.93 in the 5,000m at Raleigh Relays ... Sixth in the 5,000m at the CAA Championships.

2004-05

Cross Country: Ran unattached at the Tribe Open. **Track:** Redshirted.

At Washington-Lee

Four-time district champion, with two titles in the 1,600m and two in the 3,200m ... Two-time MVP in cross country ... Outdoor track MVP as a senior ... Claimed sixth at states in the 4x800m as a senior ... District runner-up in cross country in 2003 ... Prep bests include 5:12.04 for 1,600m and 11:17 for 3,200m ... Athletic honor roll selection every season since fall 2002.

Personal

Daughter of Ed and Nancy Childress ... Born June 25, 1986 in Charlottesville, Virginia ... Aunt, Susan, and great uncle, Glen, both attended W&M ... Aspired to be a marine biologist growing up.

Childress' Personal Bests

1,500m - 4:54.23 3,000m - 10:22.08i 5,000m - 17:18.93



Katie Endres

B.S. Kinesiology '09
Sterling, Va. • Potomac Falls

2006-07

Cross Country: Twelfth at the Cavalier Open ... Twenty-third at the Tribe Open ... Ran at the Colonial Inter-Regional and Lou Onesty. **Track:** Won two races at 3,000m outdoors ... Timed a personal-best 10:29.68 to claim victory at the Tribe Invitational ... Also took top honors at the Mason Last-Chance meet, running 10:37.46 ... Sixth in the 10,000m at the CAA Championships, running 38:09.02 ... Eleventh in the 5,000m at the Colonial Relays, timing 17:51.73.

2005-06

Cross Country: Eighth at the Maymont Festival ... Fourteenth at the Tribe Open ... Seventeenth at the Cavalier Open. **Track:** Did not compete.

2004-05

Cross Country: Ran at the Lou Onesty Invitational. **Track:** Redshirted.

At Potomac Falls

Two-time Virginia state champion in the 4x800m relay ... Regional champion in the 1,600m (2001) ... Six-time district champion (twice in each the 800m and 1,600m and once in the mile and 3,200m) ... All-state selection in the 1,600m after fourth at states ... County champion in the mile and 800m in 2001 ... Three-time district champion and 2000 regional champion in cross country ... Four-time all-state, all-region, all-district and *Washington Post* all-met honoree in cross country ... Virginia state cross country runner-up in 2000 ... Wendy's Heisman state finalist ... Holds five school records.

Personal

Daughter of Stephen and Janet Endres ... Born September 9, 1986 in Arlington, Virginia ... Father played football at Montana State ... Enjoys swimming, basketball, and soccer ... Craziest ambition is to become President.

Endres' Personal Bests

3,000m - 10:29.68 5,000m - 17:51.73 10,000m - 38:09.02



Lynn Morelli

B.A. Economics '09
Philadelphia, Pa. • St. Basil Academy

All-East

2006-07

Cross Country: Fifteenth at the CAA Championships ... Twntey-sixth at the Colonial Inter-Regional ... Sixth Tribe runner at the Pre-Nationals. **Track:** All-East outdoors in the 3,000m run, finishing seventh in 9:51.33 at the ECAC Championships ... Set career-best mark in the 3,000m at the ECAC indoor championships, finishing 9:49.76 for 12th place ... Won her first race of the season, running 9:51.44 at the Vince Brown Invitational ... Fourth in the 5,000m at the Colonial Relays, finishing in a career-best time of 17:12.35 ... Just missed all-conference honors at the CAA Championships, finishing fourth in the 5,000m ... Eleventh in the 5,000m at the ECAC outdoor championships ... Opened the outdoor season by winning the 5,000m at the Fred Hardy Invitational.

2005-06

Cross Country: Redshirted, competing once unattached ... Captured eighth at the Cavalier Open, running 19:33.14. **Track:** Qualified for the ECAC 5,000m outdoors after running 17:21.78 at Raleigh Relays ... Fifth in the 5,000m at CAAs ... Also ran in the 1,500m at CAAs ... Won her first two events of the season, taking the mile at Christopher Newport and the 3,000m at North Carolina.

At St. Basil

Two-time All-American as a member of the Distance Medley and 4xMile relays at the Nike indoor championships ... PIAA state champion in the indoor 3,000m, running 10:04.41 ... Multiple all-state, all-district, and all-league citations ... First-team all-state in cross country ... Helped team win the PIAA 2A state cross country championships as a senior ... Member of the Spanish, Business, and Chemistry clubs.

Personal

Daughter of Frank and Mary Morelli ... Born August 31, 1987 in Montgomery County, Pennsylvania ... Favorite snack is Reese's Pieces.

Morelli's Personal Bests

1,500m - 4:49.76 3,000m - 9:49.76i 5,000m - 17:12.35



Karin Ohman

B.S. Biology '09
Arlington, Va. • Washington-Lee

2006-07

Cross Country: Seventh at the Tribe Open ... Tenth at the Cavalier Open ... Ran at both the Colonial Inter-Regional and Lou Onesty. **Track:** Set career-best 3,000m mark indoors at Patriot Games, crossing the finish in 10:42.05 ... Runner-up at 3,000m at the Tribe Invitational ... Ran 4:55.10 in the 1,500m at the Duke Twilight Invitational.

2005-06

Cross Country: Eleventh at the Tribe Open ... Also competed in the Lou Onesty Invitational and the seeded race at the Great American Festival. **Track:** Fifth in the 3,000m run at Christopher Newport, timing 10:57.39.

BIOGRAPHIES

At Washington-Lee

Twelfth in the outdoor 3,200m at the AAA state meet ... Twentieth indoors at the same distance ... In addition to running, was a four-year member of the field hockey team and captain in 2004.

Personal

Daughter of Earl and Marjorie Ohman ... Born June 4, 1987 in Arlington, Virginia ... Enjoys baking and reading.

Ohman's Personal Bests

1,500m - 4:55.10 3,000m - 10:42.05i



Emily Schroeder

B.S. Kinesiology '09
Midlothian, Va. • James River

2-Time All-East • 2-Time All-CAA

2006-07

Cross Country: Ran six times for the Tribe, tied for the team lead ... All-conference after taking fifth at the CAA Championships ... Just missed All-East honors, placing 29th at the ECAC Championships ... Seventy-seventh at the Southeast Regional ... Fifth on the team at the Pre-Nationals ... Thirty-first at the Colonial Inter-Regional. **Track:** All-East indoors as part of the fifth-place 4x800m relay ... All-CAA after taking runner-up honors in the 1,500m run with an ECAC-qualifying mark of 4:34.44 ... Set the Christopher Newport indoor track record in the mile by winning the Vince Brown Invitational in 5:02.88 ... Also experienced success at Christopher Newport on the first weekend of the season, winning the 3,000m run in 10:10.11 ... Ran 3:00.27 in the 1,000m at Virginia Tech to finish third and set her personal-best ... Also recorded a personal-best in the 800m, finishing fourth at the Tribe Invitational in 2:15.62 ... Ran anchor on the 4x1,500m relay that finished 12th in the Penn Relays Championship of America.

2005-06

Cross Country: Won the Tribe Open, running 22:42 for the 6.2 kilometer course ... Twentieth at the CAA Championships ... Thirty-fourth in the seeded race at the Great American Festival. **Track:** All-East as a member of the 4x800m relay team that took second at the outdoor ECAC Championships ... Ran the second leg in the preliminary heat, and the third leg in the finals ... Set personal record in the 1,500m at the CAA Championships, running 4:42.35 to take fifth ... Also ran the 800m at CAAs ... Had three top-three finishes on the season, in the 800m at the Fred Hardy Invitational and twice in the 1,000m run.

At James River

Twenty-ninth at the AAA cross country championships ... Just missed all-state honors in the outdoor 1,600m, finishing ninth (top eight are all-state) ... Seventeenth at the outdoor championships in the 800m ... Member of the National Honor Society.

Personal

Daughter of James and Janice Schroeder ... Born June 25, 1986 in Richmond, Virginia ... Enjoys shopping, talking to friends, and relaxing.

Schroeder's Personal Bests

800m - 2:15.62 1,000m - 3:00.27i 1,500m - 4:34.44



Kelsey Snowden

B.S. Kinesiology '09
Fairfax Station, Va. • Lake Braddock

2006-07

Cross Country: Redshirted. **Track:** Had season-best performance in the 1,500m

at the Lou Onesty Invitational, crossing the finish line in 4:50.44 ... Ran 4:50.99 at the Colonial Relays ... Also at the Colonial Relays, set her season-best mark in the 800m with a time of 2:24.09.

2005-06

Cross Country: Just missed all-conference honors as a freshman, finishing 15th at the CAA Championships ... Helped the Tribe upset No. 24 North Carolina in the Southeast Regional. **Track:** Ran 5:20.22 in the mile at Christopher Newport ... Fourth in the 3,000m at George Mason's Collegiate Open, running 10:39.62 ... Redshirted outdoors.

At Lake Braddock

Sixth at the AAA state championship cross country meet, leading Lake Braddock to the team title ... All-state indoors with a sixth-place finish in the 1,600m ... Also all-state in the 1,600m outdoors, finishing seventh ... Member of two All-American relay teams ... 4x800m team was second at the National Scholastic indoor championship and Distance Medley Relay was fourth ... Two-time Northern Region champion in the indoor 1,000m ... Secretary of the Student Government Association in 2004-05.

Personal

Daughter of Bill and Diane Snowden ... Born August 6, 1986 in Walnut Creek, California ... Enjoys running, shopping, and animals.

Snowden's Personal Bests

800m - 2:14.84 1,500m - 4:50.44 Mile - 5:20.22i



Rebecca Ward

B.S. Kinesiology '09
Midlothian, Va. • James River

2-Time All-East

2006-07

Cross Country: Third at the Cavalier Open ... Eighteenth at the CAA Championships ... Seventh runner for the Tribe at the Pre-Nationals ... Sixteenth at the Lou Onesty Invitational ... Twenty-third at the Colonial Inter-Regional. **Track:** All-East indoors as part of the fifth-place 4x800m relay ... Just missed all-conference honors after finishing fourth in the 1,500m finals at the CAA Championships ... Was also a finalist in the 800m, finishing fifth ... Qualified for the ECAC Championships in the 1,500m with her career-best effort at the Duke Twilight Invitational, finishing in 4:32.85 ... Ran 5:01.56 in the indoor mile at the Virginia Tech Challenge ... At the same meet, timed 3:00.44 in the 1,000m run ... Runner-up in the 800m at the Tribe Invitational in a career-fast time of 2:14.31 ... Ran anchor on the 4x1,500m relay that finished 12th in the Penn Relays Championship of America.

2005-06

Cross Country: Second in the Tribe Open with a time of 22:44.0 ... Thirty-first at the CAA Championships ... Fifty-second at the ECAC Championships as a freshman. **Track:** All-East as a member of the 4x800m relay that took second at the outdoor ECAC Championships ... Ran the lead-off leg in both the preliminaries and the finals ... Competed in the 800m at the CAA Championships ... Ran 4:54.46 in the 1,500m at Duke ... Runner-up in the mile at Christopher Newport.

At James River

Finished 30th at the Virginia AAA state cross country championship ... Won the Central Region title as a junior ... All-state in 2005 by finishing third in the 1,600m at the AAA outdoor championship ... 12th in the 800m at the state meet as well ... Member of the National Honor Society and the Beta Club.

Personal

Daughter of Patrick and Cheryl Ward ... Born September 24, 1987 in Richmond, Virginia ... Twin sister, Christy, runs for James Madison ... Came to William and Mary because she thought the team was really cool.

Ward's Personal Bests

800m - 2:14.31 1,000m - 3:00.44i 1,500m - 4:32.85
Mile - 5:01.56i



BIOGRAPHIES



Emily Anderson

B.S. Kinesiology '10
Golf, Ill. • Glenbrook South

CAA Champion • All-East • All-CAA

2006-07

Cross Country: Seventh at the Cavalier Open ... Eighteenth at the Tribe Open ... Ran at the Lou Onesty Invitational and the Colonial Inter-Regional. **Track:** CAA Champion at 1,500m ... Her win was the fourth for W&M at 1,500m in the past five years, and the third time in that span a freshman had won ... At the Colonial Relays, ran the team's season-best time of 4:31.26 to take 12th place ... Performance ranks ninth all-time at the College ... Her time qualified her for the ECAC Championships and the USAT&F Junior Nationals ... Twenty-eighth at the NCAA East Regional in 4:33.53, the third-fastest time on the team ... All-East indoors as part of the fifth-place 4x800m relay ... Ran the anchor leg of the 4x800m at the Penn Relays, bringing the team into a seventh-place finish in the College Division (9:02.16) ... Broke the Christopher Newport indoor facility record in the mile in her first collegiate race, running 5:06.79 to win the mile at the CNU Holiday Open ... Runner-up at 800m at the Tribe Invitational in 2:13.87 ... Ran the lead-off leg of the 4x1,500m relay team that took 12th in the Championship of America at the Penn Relays.

At Glenbrook

Third in the state at 800m as a sophomore ... Also earned all-state honors in the 800m as a junior, taking sixth ... All-conference in track and cross country all four years ... Qualified for the state cross country championships in 2003 and 2005 ... MVP of cross country and track her last three years ... Member of the choir and junior class board.

Personal

Daughter of Kenneth and Mary Anderson ... Born February 14, 1988 in Detroit, Michigan ... As a freshman at Glenbrook, wanted to quit track for the badminton team.

Anderson's Personal Bests

800m - 2:12.53 1,500m - 4:31.26 Mile - 5:02.56i



Anna Brousell

B.S. Biology '10
Wilmington, Del. • Brandywine

All-East • 2-Time All-CAA

2006-07

Cross Country: All-CAA after finishing seventh at the conference championships ... All-East after finishing 15th at the ECAC Championships ... Sixty-eighth at the Southeast Regional ... Fifteenth at the Colonial Inter-Regional ... Fourth on the team at the Brooks Pre-National Invitational ... Twentieth at the Lou Onesty Invitational. **Track:** Established herself as one of the top steeplechasers in the conference ... All-CAA after finishing third in the 3,000m steeplechase ... Set personal-best of 11:07.80 at the Penn Relays, finishing 12th in the College Women's division ... Time ranks sixth in W&M history ... Won her first steeplechase race at the Fred Hardy Invitational ... Ran 10:17.93 indoors in the 3,000m at Patriot Games ... Runner-up in the 1,500m race at the Tribe Invitational, running 4:42.54.

At Brandywine

Three-time state champion in cross country ... Also made first-team all-state as a freshman ... State champion in the two-mile as a freshman and junior ... State champion in the mile outdoors as a sophomore.

Personal

Daughter of Richard and Connie Brousell ... Born June 14, 1988 in Wilmington, Delaware ... Enjoys baking, camping, and cultural anthropology.

Brousell's Personal Bests

1,500m - 4:42.54 3,000m - 10:17.93i 3,000m SC - 11:07.80



Ariel Burbey

B.B.A. Finance '10
Blacksburg, Va. • Blacksburg

2006-07

Cross Country: Nineteenth at the Tribe Open ... Ran at the Colonial Inter-Regional and the Lou Onesty Invitational. **Track:** Redshirted outdoors ... 3:15.79 in the 1,000m at Patriot Games in her only individual appearance ... Helped to crack the ECAC qualifying standard in the 4x800m relay at Patriot Games ... Team ran 9:19.75.

At Blacksburg

All-American in the 4xMile relay at Nike Indoor Nationals ... Also competed at the Nike Outdoor Nationals in the 800m and the 4x800m relay ... District Runner of the Year in cross country and indoor track as a senior ... Won the Virginia AA 1,000m title indoors ... Also has three state relay titles ... Team Captain and Most Valuable Athlete.

Personal

Daughter of Tom and Ingrid Burbey ... Born May 11, 1988 in Reno, Nevada ... Enjoys reading, dancing, and watching movies.

Burbey's Personal Bests

400m - 59.94 800m - 2:13.79 1,000m - 2:58.83i



Meghan Burns

Class of 2010
Coopersburg, Pa. • Allentown Central Catholic

2006-07

Cross Country: Fifth at the Tribe Open ... Eighth at the Cavalier Open ... Twenty-ninth at the Lou Onesty Invitational ... Forty-sixth at the Colonial Inter-Regional. **Track:** Set her personal-best at 1,500m in three consecutive races ... Qualified for the finals at the CAA Championships with a time of 4:44.48, a best-mark by over three seconds ... The next day, ran 4:39.01 to finish sixth and score points for the Tribe ... Two weeks later, ran 4:38.67 to finish fifth at the Duke Twilight Invitational ... Ran anchor on the 4x800m relay in the outdoor ECAC preliminaries ... Ran third on the 4x1,500m that finished 12th at the Penn Relays in 18:31.27.

At Allentown Catholic

Three-time conference all-star in cross country ... Also earned all-star status three times in track ... District champ at 1,600m in 2006 ... Was on the newspaper and yearbook staffs ... Key member of the school's interpretive dance program and school musical.

Personal

Daughter of Frank and Tracy Burns ... Born November 2, 1988 in Allentown, Pennsylvania ... Enjoys shopping, watching movies, and reading ... Wanted to be a marine biologist growing up.

Burns' Personal Bests

800m - 2:18 1,500m - 4:38.67

BIOGRAPHIES



Kayley Byrne

B.B.A. Finance '10
Oak Hill, Va. • Oakton

2006-07

Cross Country: Won the Cavalier Open in 18:37.3 ... Sixty-fourth at the ECAC Championships ... Ninth at the Tribe Open ... Thirty-sixth at the Lou Onesty Invitational ... Forty-third at the Colonial Inter-Regional. **Track:** ECAC and Junior Nationals qualifier outdoors at 5,000m ... Ran a career-best time of 17:25.50 while finishing fourth at the Duke Twilight Invitational ... Scored for the College by finishing fifth at the CAA Championships ... Finished 10th in the 5,000m at the Colonial Relays ... Improved her best-time at 3,000m by almost a minute over the course of the season ... Qualified for Junior Nationals and finished just behind the ECAC outdoor standard at the Penn Relays, timing 10:00.04 ... Ran 5:09.33 in the mile indoors at the Vince Brown Invitational.

At Oakton

All-American as part of Oakton's 4x800m relay team that took sixth at Nationals ... Relay also holds the Virginia AAA record of 9:06 ... All-district and all-region in cross country last three years, and in track the last two years ... All-state in cross country as a junior ... Earned *Washington Post* First-Team All-Metro honors in cross country ... Named Runner of the Year in cross country by *The Washington Examiner*.

Personal

Daughter of Bill and Carol Byrne ... Born February 26, 1988 in Washington, DC ... Favorite athlete is Clinton Portis ... Enjoys reading Nicholas Sparks, going to the beach, and fishing.

Byrne's Personal Bests

3,000m - 10:00.04 5,000m - 17:25.50



Sallie Ford

B.A. Classical Civilization '10
Lynchburg, Va. • E.C. Glass

2006-07

Cross Country: Twentieth at the Cavalier Open ... Forty-third at the Tribe Open ... Ran at the Lou Onesty Invitational and Colonial Inter-Regional. **Track:** Finished 12th in the 10,000m run at the CAA Championships ... Third in the 3,000m run at the Tribe Invitational, timing a personal-best 10:49.82 ... Ran 18:32.10 for 5,000m at the Colonial Relays ... Ran 5:24.78 in the indoor mile at Patriot Games.

At E.C. Glass

Went to all three state meets every year of high school ... E.C. Glass' top runner in all three sports during her four years ... Member of the National Honor Society, History Honors Club, and Math Honors Club ... Co-President of the Latin Club ... AP Scholar with Honors ... Earned *Cum Laude* distinction on the National Latin Exam.

Personal

Daughter of Garry and Sue Ford ... Born September 3, 1987 in Lynchburg, Virginia ... Plays the violin and piano ... Enjoys reading and playing soccer with her dog.

Ford's Personal Bests

800m - 2:23.28 Mile - 5:24.78i 3,000m - 10:49.82



Kelly McElroy

B.S. Biology '10
Wyomissing, Pa. • Holy Name

2006-07

Cross Country: Twenty-sixth at the Cavalier Open ... Thirty-sixth at the Tribe Open ... Also ran at the Colonial Inter-Regional. **Track:** Redshirted, competing at only one meet indoors ... Fourth in the mile at the season-opening CNU Holiday Open, running 5:18.66 ... Eighth in the 800m at that meet, finishing in 2:24.65.

At Holy Name

Track MVP in 2005 and 2006 ... Set school records in the 400m, 800m, 1,600m, and 3,200m ... Also was a midfielder on Holy Name's field hockey team for four years ... Named Most Ideal Athlete in 2006 ... Member of the National Honor Society ... Student Ambassador.

Personal

Daughter of Brian and Catherine McElroy ... Born March 10, 1988 ... Father ran track at Villanova from 1970-74 ... Sister, Michaela, graduated from W&M in 2007 ... Fond-est sports thrill was winning districts for the first time ... Enjoys cooking, reading, and running.

McElroy's Personal Bests

400m - 1:01 800m - 2:17.5 Mile - 5:18.66i



Keely Murphy

B.B.A. Accounting '10
Owings, Md. • Northern

All-East

2006-07

Cross Country: Forty-seventh at the CAA Championships ... Eleventh at the Cavalier Open ... Twenty-eighth at the Lou Onesty Invitational ... Twenty-ninth at the Colonial Inter-Regional. **Track:** Earned All-East accolades as part of the fifth-place indoor 4x800m relay team ... Just missed advancing to the 800m final at the CAA Championships ... Finished ninth with a time of 2:17.17 (top eight advance) ... Set season-best time in the 800m running unattached at the Colonial Relays ... Timed 2:16.88 for 14th place ... Indoors, was just off of ECAC-qualifying pace in the 1,000m run ... Ran 2:58.85 for second place at the Virginia Tech Challenge, only 1.3 seconds shy of qualifying ... Hit 5:07.68 in the mile indoors at the Vince Brown Invitational ... Part of the seventh-place 4x800m relay team at the Penn Relays.

At Northern

Five-time Maryland state champion at 1,600m, three indoor and two outdoor ... Also earned five runner-up honors combined between 800m and 1,600m ... Named conference MVP in track as a junior and senior and in cross country as a senior ... Member of the National Honor Society.

Personal

Daughter of Martin and Vickie Murphy ... Born March 20, 1988 in Niskayuna, New York ... Brother, Ryan, is a runner at Virginia ... Enjoys shopping and listening to music.

Murphy's Personal Bests

800m - 2:16.5 1,000m - 2:58.85i 1,500m - 4:43.56



BIOGRAPHIES



Rachel Ohm

B.S. Biology '10
West Coxsackie, N.Y. • Academy of the Holy Names

2006-07

Cross Country: Seventeenth at the Tribe Open ... Twenty-fifth at the Cavalier Open ... Thirty-eighth at the Lou Onesty Invitational ... Also ran at the Colonial Inter-Regional. **Track:** Just missed scoring for the Tribe at the CAA Championships ... Placed ninth in the 10,000m run, timing 38:57.51 in her first race at that distance ... Best mark at 5,000m came at the Colonial Relays, where she finished in 18:24.41.

At Holy Names

Led her team to the New York Class A cross country state championship as a senior ... Three-time Section II all-star in cross country ... Named MVP of the cross country team three years in a row ... Won the 3,000m outdoors at both the section and league meets all four years ... National Merit Scholar ... Secretary of Holy Names' National Honor Society chapter.

Personal

Daughter of Stephen Ohm and Barbara Bucki-Ohm ... Born May 11, 1988 in Albany, New York ... Enjoys scrapbooking, horseback riding, and piano playing ... Most embarrassing moment was falling out of the boat when rowing ... Came to W&M because she loves the weather.

Ohm's Personal Bests

3,000m - 10:32 10,000m - 38:57.51



Robin Vanneman

B.A. East Asian Studies '10
Stafford, Va. • Brooke Point

2006-07

Cross Country: Did not compete. **Track:** Walked-on for the outdoor season ... Ran 18:29.11 for 11th place at the Duke Twilight Invitational 5,000m ... Ran 5:13.06 in the 1,500m at the Lou Onesty Invitational ... Seventh in the Tribe Invitational 3,000m with a time of 11:04.40.

At Brooke Point

Ran at the Virginia state championships each of her last three years ... All-region in cross country as a junior ... Earned all-district honors three times ... President of the National Honor Society ... Historian of the Spanish Honor Society ... Member of the Art Honor Society ... Academic Achievement Award-winner for maintaining a GPA of better than 3.8 ... Also graduated from the Washington Japanese Language School.

Personal

Daughter of Thomas and Akemi Vanneman ... Born August 16, 1988 in Bethesda, Maryland ... Uncle was a member of the Japanese national soccer team from 1965-67 ... Crazy ambition is to visit all of the continents (except Antarctica) ... Enjoys traveling and sightseeing, politics, and learning new languages.

Vanneman's Personal Bests

1,500m - 5:13.06 3,000m - 11:04.40



Morgan Stumb

B.B.A. Marketing '10
Boulder, Colo. • Fairview

2006-07

Cross Country: Redshirted. **Track:** Redshirted both indoors and outdoors.

At Fairview

Led Fairview to the Colorado 5A state championship in cross country as a senior ... Part of the state champion 4x800m relay team as a junior ... All-state as a senior as part of the eighth-place 4x800m relay ... Took 11th in the 1,600m at the state meet ... President of the Fairview Future Business Leaders of America chapter.

Personal

Daughter of Thomas and Martha Stumb ... Born November 23, 1987 in Sydney, Australia ... Uncle, Andrew Stumb, is a W&M graduate ... Growing up, wanted to be a bus driver ... Is an experienced cliff-diver.

Stumb's Personal Bests

800m - 2:19

Kelsey Budd

B.A. Political Science '11
Oakton, Va. • Paul VI

At Paul VI

Captained Paul VI to Virginia Independent Schools and Virginia Catholic Schools state championships in both her junior and senior years ... Earned a total of four all-state nods ... As a junior, took ninth at the

VIS state championships and fifth at the VCS state meet ... As a senior, finished sixth and fourth, respectively ... Led Paul VI to the Washington Catholic Athletic Conference title as a junior, finishing seventh for all-conference honors ... Also earned all-conference accolades a senior, finishing 11th at the WCAC championship meet ... Runner-up at 3,200m at the Virginia Catholic Championships as a junior and a senior ... Helped to claim the WCAC 4x800m title as a senior ... 4x800m relay team also competed at the Penn Relays ... An accomplished musician, was the principal violinist for the Vienna Trio and Concert Mistress for Paul VI ... President of the National Honor Society ... Member of the Spanish Honor Society.

Personal

Daughter of David and Karen Budd ... Born August 11, 1989 in Boston, Massachusetts ... Father played basketball and baseball at Iona ... Uncle, George, played football and basketball at Lehigh ... Uncle, Robert, ran track at Northeastern ... Growing up, wanted to be either a meteorologist, or a superhero ... Most prized possession is a framed desiderata ... Enjoys reading, going to the beach, and playing violin.

Budd's Prep Bests

3,200m - 11:49

Elizabeth Fortenberry

B.A. Literary and Cultural Studies '11
Falls Church, Va. • George Mason

At George Mason

Led team to top-three finishes in cross country at the district, region, and state championships as a junior and senior ... In track, earned all-region honors at 800m as a junior ... Three-time all-district honoree ... Dis-

trict runner-up as a senior ... Has run 2:34 for 800m ... Earned four letters in the GMHS band as the principal oboist ... Oboist in the Washington Metropolitan Youth Orchestra ... Semper Fidelis award winner ... Vice President of the National Honor Society.

BIOGRAPHIES

Personal

Daughter of Kent and Susan Fortenberry ... Born October 20, 1988 in Flowood, Missouri ... Sister, Leigh, ran cross country at Carnegie Mellon ... Roots for the Baltimore Orioles and Atlanta Braves ... Enjoys reading, listening to music, and playing music.

Fortenberry's Prep Bests

800m - 2:34

Betsy Graney

B.S. Kinesiology '11

Harper Woods, Mich. • Grosse Pointe North

At Grosse Pointe North

Earned three all-state honors in cross country ... Also named academic all-state for three years ... Four-time region champion ... All-conference all four years of high school ... Conference champion as a freshman ...

Team was named the Academic State champions in 2005 ... National Honor Society member ... Branch Leader for Women in Leadership Leading our World.

Personal

Daughter of Jerry and Therese Graney ... Born October 23, 1989 in Detroit, Michigan ... Cousin, Blake Terhune, ran cross country and track at Grand Valley State ... Cousin, Kevin Elliot, plays football at Concordia University ... Is an amateur photographer ... Wants to fly her own plane someday.

Graney's Prep Bests

800m - 2:20 1,600m - 5:00.54 3,200m - 11:23.9

Sarrah Hadiji

B.S. Biology '11

Annandale, Va. • W.T. Woodson

At Woodson

All-American after finishing eighth in the 3,200m at the 2007 Nike Outdoor Nationals ... Three-time state champion at 3,200m, twice indoors and once outdoors ... Runner-up outdoors at 3,200m as a sophomore at the state meet ... Runner-up at the state cross country meet as a junior ... Between cross country, indoor track, and outdoor track, won three region and six district titles over her last seven seasons (since spring of 2005) ... Also earned two second and two third-place region finishes in that span ... Named First-Team All-Met by the *Washington Post* all three seasons in both her junior and senior years ... Vice President of the French Honor Society ... Member of the National Honor Society, Science Honor Society, SADD Club, and Environment Club.

Personal

Daughter of Mounir and Carolyn Hadiji ... Born March 15, 1989 in Fairfax, Virginia ... Enjoys cliff-diving, biking, and mini-golf ... Winner of the 2007 Fuddrucker's 1-lb Burger Challenge ... Growing up, wanted to be Carmen Sandiego.

Hadiji's Prep Bests

400m - 58.72 800m - 2:14.21 1,000m - 2:59.63
1,600m - 4:55.43 3,000m - 9:58.57 3,200m - 10:27.73

Liz Milewski

Class of 2011

Rosemont, Pa. • Radnor

At Radnor

All-state in cross country as a senior, leading Radnor to the PIAA AAA state title ... Beginning in the spring of her freshman year, earned All-Main Line honors in 10-consecutive seasons ... *Main Line Times* Athlete of the Year in 2007 ... Earned all-county and all-league honors in both cross country and track each of her last three years ... All-Southeastern Pennsylvania track honoree as a senior ... Radnor's Athlete of the Year in 2007 ... Member of the National Honor Society and the Spanish Club.

Member of the National Honor Society and the Spanish Club.

Personal

Daughter of Leonard and Donna Milewski ... Born February 1, 1989 in Wynnwood, Pennsylvania ... Most embarrassing moment was competing in the javelin at a dual meet ... Enjoys reading, biking, and hanging out with friends.

Milewski's Prep Bests

1,600m - 5:04.45 3,000m - 10:20.76 3,200m - 10:52.59

Shannon Ralston

B.S. Psychology '11

Virginia Beach, Va. • Landstown

At Landstown

State and national qualifier in cross country and track ... First female athlete in school history to qualify for states ... Multiple all-region and all-district honors ... Team captain as a junior and senior ... Holds Landstown's distance records ... Member of the FBLA and National Honor Society ... Student government senator and Executive Council member.

Personal

Daughter of Stephen and Allyson Speirs ... Born January 1, 1989 in Portsmouth, Virginia ... Enjoys running and listening to music ... Growing up, wanted to be a veterinarian ... Favorite athlete is Paula Radcliffe.

Ralston's Prep Bests

1,600m - 5:28 3,200m - 11:39

Meredith Tighe

B.A. English '11

Oak Hill, Va. • Oakton

At Oakton

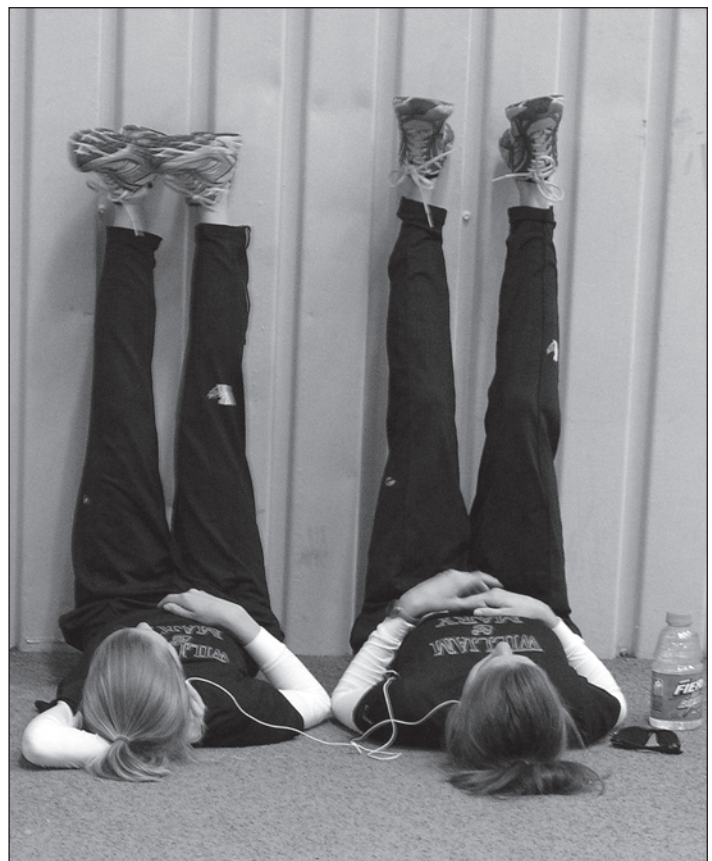
Two-time all-state in the 1,600m ... Earned seventh-place finishes once each indoors and outdoors ... Member of the region-champion 4x400m relay in 2005 ... Two-time district champion as a member of Oakton's 4x800m relay ... Helped the cross country team to back-to-back district and region titles ... Oakton was runner-up at the 2005 Virginia State Championships.

Personal

Daughter of Dave and Barbara Tighe ... Born January 24, 1989 in Oak Hill, Virginia ... Grandmother, Margot Anderson, played four years of tennis at George Mason ... Enjoys watching movies, playing ultimate frisbee, and shopping with friends ... LOVES Cheez-Its ... Growing up, wanted to be either a farmer, pro soccer player, or an actress.

Tighe's Prep Bests

400m - 1:00.0 800m - 2:17.0 1,600m - 5:07.0





HONORS AND AWARDS

Team Accomplishments

NCAA Appearances (6)

YEAR	PLACE
1990	20th
1992	16th
1996	17th
1998	10th
2002	23rd
2005	23rd

CAA Championships (14)

1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003, 2004, 2005, 2006

USTFCCCA Team Academic

All-America Honors (11)

1994, 1996, 1997, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006

Player Awards

All-Americans

1991	Janice Brown
1992	Janice Brown
1993	Marcie Homan
1994	Marcie Homan
2002	Ali Henderson
2003	Ali Henderson

Academic All-Americans

1990	Cathy Stanmeyer
1992	Janice Brown
1996	Becky Flowers
1997	Becky Flowers Aryn Fahey
1998	Becky Flowers Emily Furia
2000	Emily Furia
2001	Emily Furia
2002	Ali Henderson
2003	Ali Henderson

Phi Beta Kappa

1987	Elaine Frey
1989	Joan Wilson
1990	Cathy Stanmeyer
1997	Cybelles McFadden
1998	Becky Flowers Eileen Cardillo
2002	Maureen Feldbaum
2004	Meredith Faulkner
2005	Becca Velarde



The Tribe squad that took 10th at the 1998 NCAA Championship:
(L to R) **Amy Lynn Stemphoski, Amanda Buell, Emily Furia, Dana Pascarella, Kathy Newberry, Ali Mann and Candi Major**

USTFCCCA All-Academic

2005	Meghan Bishop
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W&M Athletics Hall of Fame

2004	Janice Brown Martin '93
2006	Marcie Homan Heil '95

All-Southeast Region

2000	Emily Furia Emily Halm
2002	Ali Henderson Maura McMahan
2003	Ali Henderson
2004	Julia Cathcart Jackie Kosakowski
2005	Meghan Bishop Julia Cathcart

All-East Region

2004	Julia Cathcart Meghan Bishop Jackie Kosakowski Kristyn Shiring
2006	Meghan Bishop Emily Gousen Kaitlin Hurley Anna Brousell

CAA Champion

1990	Cathy Stanmeyer
1992	Janice Brown
1993	Marcie Homan
1994	Marcie Homan
2000	Emily Furia
2003	Ali Henderson

CAA Athlete of the Year

1990	Cathy Stanmeyer
1992	Janice Brown
1993	Marcie Homan

1994	Marcie Homan
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2000	Emily Furia
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2003	Ali Henderson
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CAA Rookie of the Year

1997	Emily Furia
2000	Emily Halm
2001	Jeannie Addison Jackie Kosakowski
2003	Meghan Bishop Julia Cathcart

All-Conference

1984	Maureen Hinnebusch
1985	Sue Haynie
1986	Sue Haynie Katie McCullough Eleanor Carroll
1987	Janice Voorhies Sue Haynie Stephanie Finelli Kristi LaCourse Katie McCullough Debbie Fordyce
1988	Katie McCullough Cathy Stanmeyer Janice Voorhies Karen Laslo Amy Devereaux Eleanor Carroll
1989	Cathy Stanmeyer Janice Brown Katie McCullough Kristi LaCourse Stephanie Finelli
1990	Cathy Stanmeyer Janice Brown Megan Holden Silica Johnson Andrea Lengi

1991	Karen Laslo Janice Brown Sonja Friend Karen Laslo Silica Johnson Marcie Homan Maggie Silver
1992	Janice Brown Marcie Homan Sonja Friend Andrea Lengi Heather Haines Allison Abbott
1993	Marcie Homan Cybelles McFadden Barb Fallon Heather Haines Silica Johnson Maggie Silver Allison Abbott
1994	Marcie Homan Barb Fallon Cybelles McFadden Allison Abbott
1995	Claire Torchia
1996	Kathy Newberry Laurie Sturgell Becky Flowers Julia Davidson Cybelles McFadden Claire Torchia Tressa Breindel
1997	Kathy Newberry Aryn Fahey Tressa Breindel Emily Furia Dana Pascarella Jackie Kerr
1998	Kathy Newberry Emily Furia Dana Pascarella Ali Mann Candi Major Amanda Buell
1999	Emily Furia Kathy Newberry Ali Mann Cheryl Bauer
2000	Emily Furia Emily Halm Adrienne Parker Lara Toscani
2001	Cheryl Bauer Maura McMahan Lara Toscani

HONORS AND AWARDS

- Jackie Kosakowski
- Ali Henderson
- Jeannie Addison
- 2002** Ali Henderson
- Maura McMahon
- Tara Guelig
- Jackie Kosakowski
- Kristyn Shiring
- Lauren Heron
- 2003** Ali Henderson
- Emily Halm
- Julia Cathcart
- Jackie Kosakowski
- Maura McMahon
- Meghan Bishop
- Katrina Menard
- Kristin McGough
- 2004** Jackie Kosakowski
- Julia Cathcart
- Meghan Bishop
- Kristyn Shiring
- Karen Pulliam
- 2005** Meghan Bishop
- Julia Cathcart
- Erin Prillaman**
- Julie Taylor**
- Tracy Williams
- Kaitlin Hurley
- 2006** Meghan Bishop
- Kaitlin Hurley
- Emily Schroeder**
- Anna Brousell**
- Anna Parker**
- Emily Gousen**

CAA Cross Country Scholar-Athlete of the Year

- 2002** Ali Henderson
- 2003** Ali Henderson
- 2005** Meghan Bishop
- 2006** Meghan Bishop

Coach Awards CAA Coach of the Year

- 1987** Pat Van Rossum
- 1988** Pat Van Rossum
- 1990** Pat Van Rossum
- 1991** Pat Van Rossum
- 1992** Pat Van Rossum
- 1993** Pat Van Rossum
- 1996** Pat Van Rossum
- 1998** Pat Van Rossum
- 2003** Pat Van Rossum
- 2005** Kathy Newberry



Jackie Kosakowski '05
Four-time All-CAA
2001 CAA Rookie of the Year



Katie McCullough '90
Four-time All-CAA



Cathy Stanmeyer '91
Three-time All-CAA
1990 CAA Champion

W&M Four-Time All-CAA	
Katie McCullough	(1986-1989)
Janice Brown	(1989-1992)
Marcie Homan	(1991-1994)
Kathy Newberry	(1996-1999)
Emily Furia	(1997-2000)
Jackie Kosakowski	(2001-2004)
Meghan Bishop	(2003-2006)



Emily Furia '00
Four-time All-CAA
2000 CAA Champion



Meghan Bishop '07
Four-time All-CAA
2003 CAA Rookie of the Year



Maura McMahon '04
Three-time All-CAA



ALL-AMERICANS



The American

Janice Brown '93
5-Time All-American
Academic All-American

of the
Division I
Track & Field Coaches' Association

Marcie Homan '95
5-Time All-American

having achieved performance of
track and field athletes throughout the United States
new with its recognition



Ali Henderson '03
3-Time All-American
3-Time Academic All-American

All-American Track and Field Team

OFFICERS OF THE COLLEGE



Photo by Steve Salpukas.

GENE R. NICHOL PRESIDENT

Gene R. Nichol became the 26th president of the College of William and Mary on July 1, 2005.

Before returning to Williamsburg, where he taught two decades ago, Nichol was Burton Craige Professor and Dean of the law school at the University of North Carolina. He served as Law Dean at the University of Colorado from 1988 to 1995, and as James Gould Cutler Professor and Director of the Institute of Bill of Rights Law at William and Mary

from 1985 to 1988. Nichol was also a faculty member at the University of Florida and West Virginia University. He founded the Byron R. White Center for the Study of American Constitutional Law at the University of Colorado (1990) and the Center for Civil Rights at the University of North Carolina (2001).

Nichol teaches courses in constitutional law and civil rights. He is the co-author of *Federal Courts: Cases, Comments, and Questions* (West, 2000) and a contributor to *Where We Stand: Voices of Southern Dissent* (NewSouth Books, 2004). Nichol has published articles and essays in the *Harvard Law Review*, the *Yale Law Journal*, the *University of Chicago Law Review*, the *University of Pennsylvania Law Review*, the *Michigan Law Review*, the *California Law Review*, the *Virginia Law Review* and an array of other leading legal journals. From 1998 to 1999, he was a political columnist for the *Rocky Mountain News* and the *Colorado Daily*. From 1999 to 2005, he was a regular op-ed writer for the *Raleigh News & Observer*. He has also written for *The Nation* and other periodicals.

Nichol has been significantly involved in public affairs. He has testified before a number of committees of the United States Congress and various state legislatures. In 1991, he was appointed special master by a three-judge federal court in Colorado to mediate a redistricting dispute between the governor and the legislature. The accord was ratified by statute. A year later he helped head the Colorado Reapportionment Commission. In 2004, Nichol led the North Carolina Bi-Partisan Commission on Lobbying Reform; legislation was passed enacting commission recommendations. He ran unsuccessfully for national political office while in Colorado. He has been elected to membership in the American Law Institute and the American Bar Foundation Fellows.

In 2003, Nichol won the American Bar Association's Edward R. Finch Award for delivering the nation's best Law Day address. Two years later, Governor Michael Easley inducted Nichol into the Order of the Long Leaf Pine, the state of North Carolina's highest civilian honor, and the national judicial access organization, Equal Justice Works, named him outstanding law school dean of the year.

At the College of William and Mary, Nichol has markedly increased access for students of color. He also created the Gateway William and Mary program, an innovative financial aid program that puts a quality education within the reach of all Virginians, regardless of their ability to pay.

Nichol attended Oklahoma State University, where he received a degree in philosophy and played varsity football. He obtained his J.D. from the University of Texas, graduating Order of the Coif in 1976. He is married to Glenn George, a scholar of employment and labor law and a member of the faculty at the William and Mary's Marshall-Wythe School of Law. They have three daughters: Jesse (19), Jenny (18), and Soren (14).

SANDRA DAY O'CONNOR CHANCELLOR



Sandra Day O'Connor, one of the most distinguished jurists in the history of the United States Supreme Court—and its first female justice—addressed the most profound legal issues of her age with wisdom, courage, and skill. After a long career in public service, including nearly a quarter century on the nation's highest court, she retired in 2006.

Justice O'Connor spent her childhood on an isolated cattle ranch in southeastern Arizona tending to a variety of ranch chores, raising farm animals, and reading voraciously. After completing school in El Paso, Texas, she journeyed west to continue her education at Stanford University, where her professors inspired and challenged her to make a difference in her nation and the world.

Justice O'Connor earned a B.A. in economics (*magna cum laude*) from Stanford University and a LL.B. from Stanford Law School. She was an editor of the law review and graduated third in her law class—two spots behind her friend and future colleague, the late Chief Justice William Rehnquist.

After being admitted to the bar, Justice O'Connor served as Deputy County Attorney of San Mateo County, California, from 1952 to 1953, and as a civilian attorney for the U.S. Army Quartermaster Market Center in Frankfurt, Germany, from 1954 to 1957. From 1958 to 1960, she practiced law in Maryvale, Arizona, and served as Assistant Attorney General of Arizona from 1965 to 1969. She was appointed to the Arizona State Senate in 1969, and was subsequently reelected to two two-year terms, during which she served as Majority Leader. In 1975, she was elected Judge of the Maricopa County Superior Court and served until 1979, when she was appointed to the Arizona Court of Appeals.

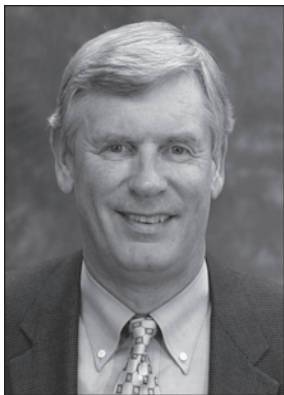
President Reagan nominated her as an Associate Justice of the Supreme Court, and she took her seat September 25, 1981. She succeeded the Honorable Henry A. Kissinger as Chancellor of the College of William and Mary in 2005. In the year since her investiture, she has visited the College several times, visiting classes, talking with students, and addressing two academic conferences.

She is married to John Jay O'Connor III, whom she met in law school. They have three sons: Scott, Brian, and Jay.

Board of Visitors		
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ADMINISTRATION



TERRY DRISCOLL
ATHLETICS DIRECTOR

Under the steady guidance and watchful eye of Terry Driscoll, the William and Mary Athletics Department has solidified its standing as one of the nation's preeminent broad-based programs. As Driscoll enters his 12th year as athletics director, he has overseen an unprecedented era of improvement in terms of funding and facilities while also maintaining the College's rich history of producing well-rounded student-athletes.

Driscoll oversees a program that William and Mary President Gene Nichol proclaimed "The nation's gold standard" when it came to balancing academic demands with athletic success. One of the department's stated goals each year is to finish among the top 100 in the annual Director's Cup rankings, which has happened in all but one of the years that Driscoll has been the director.

In the last four years alone, the Tribe's program has combined for a total of 19 Colonial Athletic Association (CAA) titles. This past season, W&M claimed four CAA titles (Men's and Women's Cross Country, Women's Swimming and Women's Tennis). In 2004-05, the Tribe captured five CAA championships and an Atlantic 10 Football title. As recently as 2002-03, W&M had a school-record 10 teams compete in the NCAA Tournament, with four teams winning conference titles and six that finished in the top 25 at the end of their respective seasons. Overall, no team in the CAA can claim more all-time league championships than the 88 William and Mary has earned.

As impressive as the athletic accomplishments have been during Driscoll's tenure, the program's academic successes have been even greater. In the NCAA's inaugural (2004) APR rankings, a measurement of academic progress based on academic eligibility, retention, and graduation of student-athletes, W&M was fourth in the nation overall and first among institutions offering athletic performance-based scholarships. Additionally, the Tribe football team has twice posted a 100 percent graduation rate, while the majority of the program's squads have consistently ranked among the nation's finest in terms of graduation. In 2002, the CAA started recognizing Scholar-Athletes of the Year for each of the 22 sports it sponsors, and the College has had a conference-high 22 individuals receive the honor.

Despite the many academic and athletic successes, Driscoll's impact on the program has been equally impressive in terms of physical and financial improvements. Since taking over as athletics director, Driscoll has overseen the construction of more than \$20 million in new facilities, including Plumeri Park (baseball), Albert-Daly Field (soccer, lacrosse) and the Busch Courts (tennis). The total increased significantly when Driscoll announced plans to build the \$11 million, 30,000-square foot Jimmie Laycock Football Center at Zable Stadium, which is scheduled to open in time for the 2008 season. This impressive structure follows closely on the heels of the installation of a \$650,000 permanent lighting system (2006) and an \$840,000 state-of-the-art Field Turf Pro artificial playing surface (2006) inside the stadium. Yet another significant upgrade will be unveiled inside the venerable structure for 2007, as the department will install an \$800,000-plus brand new video scoreboard by the season opener.

In addition to the physical structures, Driscoll has also worked with the Associate Athletics Director for Development, Bobby Dwyer, to increase the annual fundraising totals for non-capital projects from \$1.36 million in 1995 to the current annual total of approximately \$2.7 million.

A true student-athlete himself, Driscoll's leadership skills were developed during his collegiate years. As a student-athlete at Boston College, Driscoll captained the basketball team to the National Invitation Tournament Finals as a senior, and was named the tournament MVP. In addition to being named an All-American, his success in the classroom as a biology major garnered him an Academic All-America honor.

After graduating from BC, he was the fourth overall pick of the 1969 NBA Draft, selected by the Detroit Pistons, just three spots after the Milwaukee Bucks chose UCLA's Lew Alcindor, later to be known as Kareem Abdul-Jabbar. Driscoll chose to play a year in Italy first, but then returned to the U.S. to play for the Pistons, Washington Bullets and Milwaukee Bucks before going back to Italy as a player and then coach until 1980.

Driscoll then entered the corporate world in 1980, working for Kazmaier Associ-

ates, Inc., an international sporting goods sales and sports marketing firm. After Kazmaier purchased Bike Athletic in 1986, KSG Inc. was formed with the objective of becoming the first, and only, national sales agency in the sporting goods industry. By 1987, Driscoll was president of the company and had expanded the agency to all 50 states just two years later. In early 1990, Driscoll's contribution to a marketing research project for the NCAA was the initial step moving him from product marketing and sales to sports marketing and management. The result of the project was a joint venture between Kazmaier Associates and Host Communications - with Driscoll being named managing director and chief operating officer of NCAA International.

In 1993, Driscoll diversified his experience in the athletic world by working as the executive director of the 1994 World Cup site in Boston. In September of that year, Driscoll was again enlisted to launch a new business, Eagle International Group, an event management and services company. As vice president, Driscoll worked with Hawaii Pacific Sports to organizing the Women's World Volleyball Grand Prix competition in Honolulu.

Driscoll resides in Williamsburg with his wife, Susan. The couple has two children - Keith, a 1997 graduate of Holy Cross, and Leslie, a 2001 graduate of William and Mary.



BARB BLOSSER
SENIOR EXECUTIVE
ASSOCIATE AD/SWA

Few names in the William and Mary Athletics Department are as familiar, or respected, as that of Senior Associate Athletics Director Barbara Blosser. Since first arriving on campus in 1978, Blosser has touched the lives of thousands of Tribe student-athletes.

She has held her current title since April of 2004, after spending the previous 12 years as the associate athletics director. In each role, Blosser has served as an integral part of nearly every facet of the department's daily operations.

Blosser started her career at William and Mary as the head women's basketball coach in 1978 and guided the Tribe to a VALAW crown in her first season with a then school-record 16 wins (16-13). Her 1980 Tribe team (11-14) placed third, while the 1981 squad (16-16) was VALAW runner-up. She was also at the helm during the 1984-85 season when William and Mary made the jump to NCAA Division I. Overall, she finished her coaching career with 115 wins, 84 of which came at William and Mary.

When the College's men's and women's athletic programs merged in May of 1986, she moved to administration, first serving as the assistant to the associate athletics director. Over the past 17 years, her administrative responsibilities at W&M have included the monitoring of financial aid matters, coordinating the scheduling of athletic facilities, supervision of coaches and staff and, currently, serving as the person primarily responsible for administering the day-to-day operations of the department.

From October 1992 to June 1993 and August 1995 to July 1996, Blosser also served as acting athletics director in an interim capacity. For her efforts, she was named the first recipient of the John Randolph Inspiration Award. Blosser has served on various committees such as the NCAA Strategic Planning Committee and the Colonial Athletic Association Competition Committee.

Blosser began her coaching career at the helm of the women's basketball program at Ashland College in Ohio. During two seasons there, she led the Eagles to successive 15-7 and 16-8 ledgers. Her 1977 squad won the AIAW Region V Championship, while her 1978 team took the OASW Small College title.

A former three-sport standout at Ohio State, Blosser graduated Cum Laude in 1975 with a Bachelor of Science degree in physical education. At OSU, she was selected to both Phi Beta Kappa and Mortar Board. She competed in basketball, field hockey and tennis and captained both the basketball and field hockey squads her senior year. She went on to earn her master's degree from the University of North Carolina Greensboro in 1978.

TRIBE ATHLETICS



ATHLETIC SUCCESS

The 2006-07 season was another strong year for the College, as Tribe teams added four more CAA titles to bring the school's all-time league-leading total to 88.

The men's cross country squad won its seventh consecutive CAA crown in the fall, while the women's cross country team won its fourth straight. The women's swimming team won its first CAA Championship, while the women's tennis team added its 19th all-time CAA crown in the spring.

Individually, the women's tennis doubles team of Megan Moulton-Levy and Katarina Zoricic reached the title match of the NCAA Doubles Championship, earning All-America honors. Katie Radloff became the first female swimmer to advance to the NCAA's since 1983. Additionally, Keith Bechtol raced to a 14th-place finish in the 10,000m, while Bonnie Meekins placed 16th in the heptathlon at the NCAA Track and Field Championships.

ACADEMIC EXCELLENCE

The Tribe's athletic accomplishments do not come at the expense of its student-athlete's academic responsibilities.

This year, the NCAA honored 13 W&M teams as recipients of its public recognition award. The Tribe teams recognized are baseball, men's and women's cross country, football, men's and women's golf, men's and women's gymnastics, men's and women's indoor and outdoor track and field and volleyball.

Additionally, in the latest NCAA graduation rate reports, three Tribe teams posted 100% graduation rates, including football, women's basketball and women's cross country/track.

Since 1992, 39 student-athletes have been designated Academic All-Americans, including three in the past academic year. Keith Bechtol (men's track) was a First-Team selection, Ryan Overdevest (men's soccer) was a Second-Team selection and Anna Young (women's soccer) was a Third-Team selection.

In 2002-03, the CAA created a Scholar-Athlete of the Year Award in each of its sports, and not surprisingly, W&M has set the pace with 22 winners. Bechtol was the CAA Scholar-Athlete of the Year in both cross country and track and field, bringing his career award total to five. Meghan Bishop (women's cross country) earned her fourth CAA Scholar-Athlete of the Year award in the fall in cross country.

In addition, four of W&M's five Rhodes scholars participated in varsity sports.



THE COLLEGE



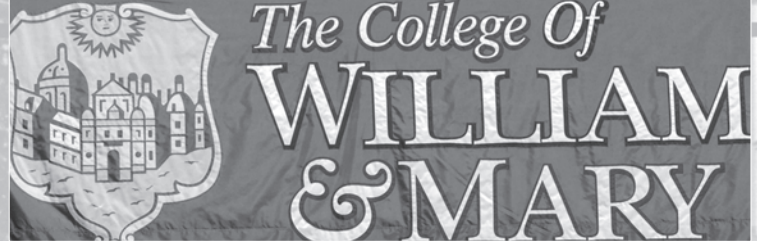
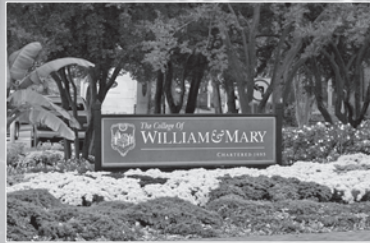
For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy", and ranks sixth among all public universities (U.S. News and World Report).

• W&M FACTS •

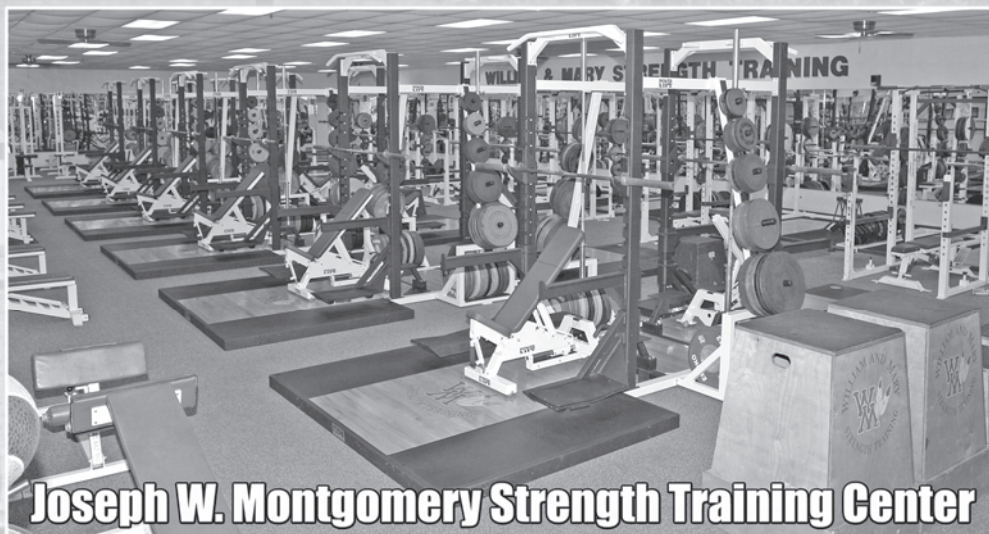
- W&M is the best small public university in the nation in terms of commitment to teaching, according to an analysis by U.S. News and World Report.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked tied for 31st overall among the nation's best universities.
- W&M ranked 17th in graduation rates.
- The average SAT score of William and Mary's incoming first-year students is higher than that of any other Virginia institution.
- William and Mary earned the five-star (highest) academic ranking awarded by the Fiske Guide to Colleges, edited by the former *New York Times* education reporter.
- The College's student/faculty ratio is approximately 12/1.
- Over 42% of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 15 students.
- Over 20,000 internships are posted on the school's web site.
- 10,722 high school students applied for 1,349 spots in the freshman class for the 2006-07 school year.
- The retention rate for freshmen who entered in the fall of 2005 was 95%.



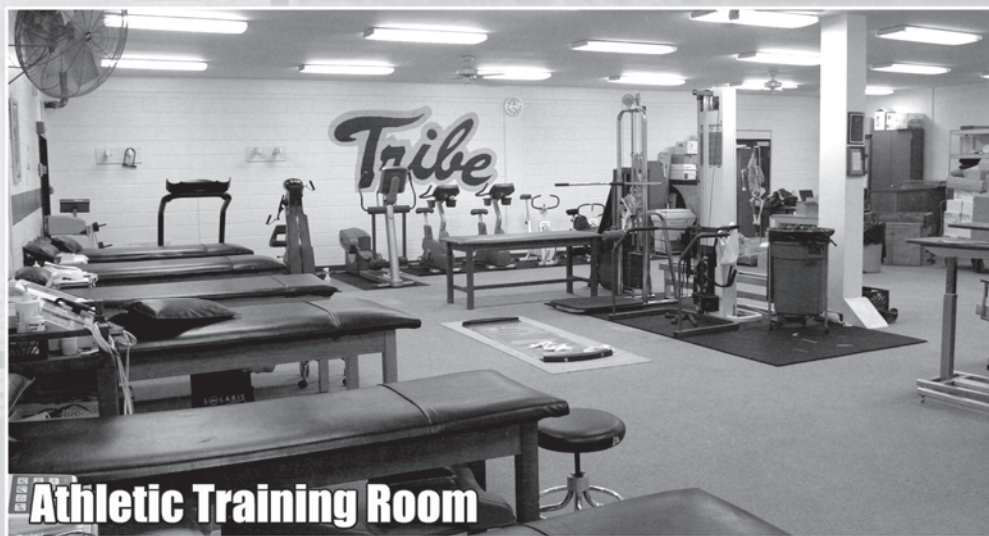
Athletics Department Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing fields. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from the College of William and Mary.



Joseph W. Montgomery Strength Training Center



Athletic Training Room

Sports Psychology

Deidre Connelly, Ph.D., is the College's full-time sport psychologist. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance.

Compliance, Academic Support

As members of the Colonial Athletic Association and the NCAA, the College is committed to full compliance with all NCAA and conference regulations. The department has a full-time Director of Compliance, Pamela Mason, who is committed to assisting students, staff and coaches through education and monitoring of compliance issues.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to ensure that there is a support system in place to assist students to make positive and informed decisions.

Speed, Strength, Conditioning

Tribe Athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head Speed, Strength and Conditioning Coach John Sauer, each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to ensure safety at all times.

Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of Assistant Athletics Director for Health Services, Steve Cole, a team physician, seven full-time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

ATHLETICS FACILITIES



Albert-Daly Field

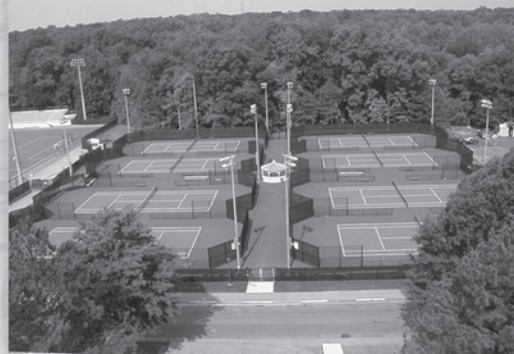
- Home of soccer and lacrosse
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime soccer coaches Al Albert and John Daly



Albert-Daly Field

Busch Courts

- Home of tennis in outdoor season
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for 500
- State of the art lighting



Busch Courts

Busch Turf Field

- Home of the field hockey team
- Made possible by a generous grant from Anheuser-Busch, Inc.
- Playing surface is a unique combination of a poured pad with AstroTurf playing surface
- Seats over 2,200
- Computerized lighting and an elevated press box



Busch Turf Field



Zable Stadium

McCormack-Nagelsen Tennis Center

- Home of the tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and stadium seating
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- Lighting and scoreboard



McCormack-Nagelsen Tennis Center

Plumeri Park

- Home of the baseball program
- Made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Lockers, box seats and concessions



Plumeri Park

Kaplan Arena at W&M Hall

- Home of the basketball, gymnastics and volleyball teams and the ticket office
- Seats over 8,500
- Three-level building includes 12 locker rooms, training room, 5,000 square foot weight room and gymnastics training center
- The concourse and lower levels house administrative and coaches offices



Kaplan Arena at William and Mary Hall

Zable Stadium

- Home of football and track and field
- Campus landmark since 1935
- Seating for more than 12,000
- Field Turf surface
- Permanent lighting
- Brand new state-of-the-art track
- Joseph Montgomery football practice facility is located adjacent to the stadium

Want to Get Even More Tribe Cross Country?

WWW.TRIBEATHLETICS.COM

Visit W&M on the web at www.TribeAthletics.com, where you can find all of the following:

- Archives of Past Seasons
- The most up-to-date schedule

- Meet recaps and results
- Recruiting questionnaires
- Record Books
- Photo Galleries
- W&M's Olympic Qualifiers

And Much Much More!

Women's Cross Country Defends Colonial Athletic Association Crown
 Bishop, Cathcart Lead Six Tribe Harriers in Top 12

10/29/05 5:55PM

WILMINGTON, NC - William and Mary women's cross country took their third consecutive CAA title this morning on the campus of UNC Wilmington, defeating James Madison and the field 35-46. Conference morning on the campus of UNC Wilmington, defeating James Madison and the field 35-46. Conference morning on the campus of UNC Wilmington, defeating James Madison and the field 35-46. Conference morning on the campus of UNC Wilmington, defeating James Madison and the field 35-46.

WILLIAM & MARY

2007 RACING SCHEDULE

LOU ONESTY INVITATIONAL
 SAT. SEPT. 8 PANORAMA FARMS (8K) CHARLOTTESVILLE, VA.

49TH ANNUAL W&M HIGH SCHOOL INVITATIONAL
 SAT. SEPT. 22 EASTERN STATE HOSPITAL (5K) WILLIAMSBURG

2ND ANNUAL COLONIAL INTER-REGIONAL CHALLENGE
 SAT. SEPT. 29 EASTERN STATE HOSPITAL (8K) WILLIAMSBURG

TRIBE OPEN
 SAT. OCT. 13 EASTERN STATE HOSPITAL (8K) WILLIAMSBURG

PRE-NATIONAL INVITATIONAL
 SAT. OCT. 13 LA VERN GIBSON CHAMPIONSHIP COURSE (8K) TERRE HAUTE, IND.

24TH COLONIAL ATHLETIC ASSOCIATION CHAMPIONSHIPS
 FRI. OCT. 26 BETHPAGE STATE PARK (8K) FARMINGDALE, N.Y.

CAVALIER OPEN
 SAT. NOV. 3 PANORAMA FARMS (8K) CHARLOTTESVILLE, VA.

SOUTHEAST REGION CHAMPIONSHIPS
 SAT. NOV. 10 E.P. "TOM" SAWYER PARK (10K) LOUISVILLE, KY.

23RD ECAC CHAMPIONSHIPS
 SAT. NOV. 17 VAN CORTLANDT PARK (8K) BRONX, N.Y.

27TH NCAA CHAMPIONSHIPS
 MON. NOV. 19 LA VERN GIBSON CHAMPIONSHIP COURSE (10K) TERRE HAUTE, IND.

HOME MEETS ARE IN **BOLD CAPS**
 CHECK WWW.TRIBEAATHLETICS.COM FOR THE MOST UP-TO-DATE SCHEDULE

