



**BETSYGRANEY**  
JUNIOR • MIDDLE DISTANCE



**NATALIEBAIRD**  
SOPHOMORE • THROWS

**TRACK AND FIELD**



**CROSS COUNTRY**



**2008 CAA CHAMPIONS**  
WOMEN'S CROSS COUNTRY  
WILLIAM & MARY



**2009 CAA CHAMPIONS**  
WOMEN'S CROSS COUNTRY  
WILLIAM & MARY



**NICOLEKAZUBA**  
SENIOR • POLE VAULT



**EMILYANDERSON**  
SENIOR • DISTANCE



# TRIBE CROSS COUNTRY CAA SILVER ANNIVERSARY TEAM MEMBERS

*W&M leads the league with nine of the 25 honorees*



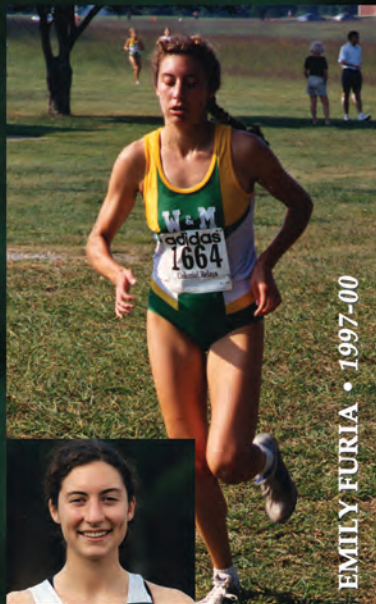
MEGHAN BISHOP • 2003-06



JANICE BROWN • 1989-92



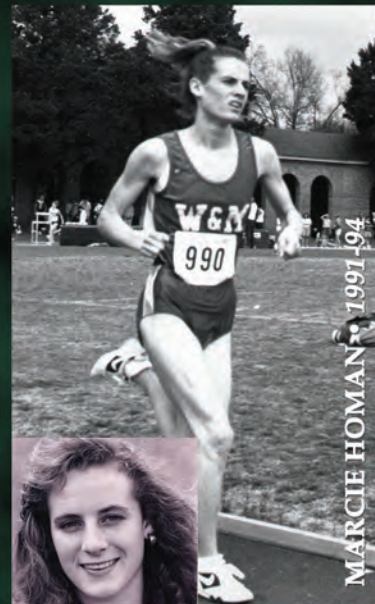
JULIA CATHCART • 2003-05



EMILY FURIA • 1997-00



ALI HENDERSON • 2000-03



MARCIE HOMAN • 1991-94



JACKIE KOSAKOWSKI • 2001-04



KATHY NEWBERRY • 1996-99



CATHY STANMEYER • 1988-90



# TRACK AND FIELD *Tribe* CROSS COUNTRY



# 2009-10 TRIBE CROSS COUNTRY/TRACK AND FIELD



**KAYLEYBYRNE**  
SENIOR • DISTANCE



**KATIEGUEVEL**  
JUNIOR • MULTI

## 2009-10 SCHEDULE

### CROSS COUNTRY

|                 |   |                      |
|-----------------|---|----------------------|
| Sept 5          | Spider Alumni Open<br>St. Catherine's Park                                    | Richmond, Va.        |
| <b>SEPT. 19</b> | <b>51ST W&amp;M HIGH SCHOOL INVITATIONAL</b><br><b>EASTERN STATE HOSPITAL</b> | <b>WILLIAMSBURG</b>  |
| <b>SEPT. 26</b> | <b>COLONIAL INTER-REGIONAL CHALLENGE</b><br><b>EASTERN STATE HOSPITAL</b>     | <b>WILLIAMSBURG</b>  |
| Oct. 3          | Cowboy Jamboree<br>OSU Cross Country Course                                   | Stillwater, Okla.    |
| Oct. 17         | Pre-National Invitational<br>Wabash Valley Family Sports Center               | Terre Haute, Ind.    |
| <b>OCT. 17</b>  | <b>TRIBE OPEN</b><br><b>EASTERN STATE HOSPITAL</b>                            | <b>WILLIAMSBURG</b>  |
| Oct. 31         | 27th CAA Championships<br>Newmarket Battlefield State Park                    | Newmarket, Va.       |
| Nov. 6          | Cavalier Open<br>Panorama Farms   | Charlottesville, Va. |
| Nov. 14         | Southeast Region Championships<br>Tom Sawyer State Park                       | Louisville, Ky.      |
| Nov. 21         | 25th ECAC Championships<br>Van Cortlandt Park                                 | Bronx, N.Y.          |
| Nov. 23         | 30th NCAA Championships<br>Wabash Valley Family Sports Center                 | Terre Haute, Ind.    |
| Feb. 13         | USAT&F Cross Country Championships<br>Spokane, Wash.                          |                      |
| Mar. 27         | IAAF World Cross Country Championships<br>Bydgoszcz, Poland                   |                      |

All home events are in **BOLD** and will be held at the Eastern State Hospital.  
Schedule subject to change.

### TRACK AND FIELD

|                 |                                 |                        |
|-----------------|---------------------------------|------------------------|
| Dec. 4          | Navy Invitational               | Annapolis, Md.         |
| Dec. 4-5        | Liberty Multi-Event             | Lynchburg, Va.         |
| Jan. 22-23      | Hampton Invitational            | Hampton, Va.           |
| Jan. 29-30      | CNU Captain's Invitational      | Newport News, Va.      |
| Jan. 30         | GMU Invitational                | Fairfax, Va.           |
| Feb. 6          | Vince Brown Invitational        | Newport News, Va.      |
| Feb. 12         | Liberty Invitational            | Lynchburg, Va.         |
| Feb. 13         | Husky Invite                    | Seattle, Wash.         |
| Feb. 19-20      | Virginia Tech Challenge         | Blacksburg, Va.        |
| Mar. 1          | Mason Last Chance               | Fairfax, Va.           |
| Mar. 6-7        | 33rd ECAC Indoor Championships  | Boston, Mass.          |
| Mar. 12-13      | 28th NCAA Indoor Championships  | College Station, Texas |
| <b>MAR. 20</b>  | <b>TRIBE OPEN</b>               | <b>WILLIAMSBURG</b>    |
| Mar. 25-26      | Alabama Relays                  | Tuscaloosa, Ala.       |
| Mar. 26-27      | Fred Hardy Invitational         | Richmond, Va.          |
| <b>APR. 2-3</b> | <b>45TH COLONIAL RELAYS</b>     | <b>WILLIAMSBURG</b>    |
| Apr. 10         | GMU Invitational                | Fairfax, Va.           |
| Apr. 10         | Mt. SAC Relays                  | Walnut, Calif.         |
| Apr. 17         | JMU Invitational                | Harrisonburg, Va.      |
| Apr. 22-24      | 116th Penn Relays               | Philadelphia, Pa.      |
| Apr. 30-May 1   | 21st CAA Championships          | Fairfax, Va.           |
| May 8           | CNU Captain's Invitational      | Newport News, Va.      |
| May 9           | Duke Twilight                   | Durham, N.C.           |
| May 14-16       | 27th ECAC Outdoor Championships | Princeton, N.J.        |
| May 28-29       | NCAA East Regional              | TBA                    |
| June 9-12       | 29th NCAA Outdoor Championships | Eugene, Ore.           |
| June 25-27      | USAT&F Junior/Senior Nationals  | Des Moines, Iowa       |
| July 20-25      | IAAF World Junior Championships | Moncton, Canada        |

All home events are in **BOLD** and will be held at Zable Stadium and the Stimson Throwing Area.  
Schedule subject to change.