



2005 SEASON REVIEW

TWO NCAA TOURNAMENT APPEARANCES • 376 ALL-TIME VICTORIES • 11 ALL-AMERICANS • 61 ALL-CAA HONOREES • 17 VaSID ALL-STATE CHOICES • 57 NFHCA ALL-REGION SELECTIONS

ALL-AMERICAN PARADE CONTINUES

Defender Anna Davis capped off an impressive senior campaign at William and Mary, garnering First-Team All-America honors from womensfieldhockey.com. Davis became the first Tribe player since Pixie Hamilton in 1979 to receive first-team All-America accolades. With Davis' award, the College continued its string of All-Americans. In each of the last four seasons, a W&M player has earned All-America distinction, totaling five awards over the time span. The Richmond, Va., native also garnered First-Team NFHCA All-South Region honors. Fellow defenders Diana Esposito and Carly Falgowski received second-team all-region honors.

DAVIS WINS CAA'S TOP DEFENSIVE HONOR AND COLLEGE'S TOP FEMALE DISTINCTION

After W&M received its first Colonial Athletic Association (CAA) Player of the Year in 2004, defender Anna Davis gave the Tribe another first. Davis took home not only First-Team All-CAA honors, but the league's top defensive honor, being named CAA Defensive Player of the Year. She topped the conference in defensive saves over each of her final two seasons. For her efforts, Davis also took home the W&M Female Athlete of the Year award. Diana Esposito earned Second-Team All-CAA accolades for a defense that topped the conference with seven shutouts during the season. Heather Winn rounded out the trio of conference honorees for the Tribe, taking home All-Rookie Team honors.

SECOND NATIONALLY

Defender Anna Davis ranked second nationally in defensive saves with 11 during the 2005 season. The total fell three short of Tiffany Deinzer's (UMBC) leading mark of 14. Davis' total also tied for the third highest total in school history. Davis recorded 24 defensive saves over her W&M career, ranking second all-time at the College.

MODELS OF CONSISTENCY

Over their four-year careers at W&M, one thing was a constant, Shannon Karl, Anna Davis, Diana Esposito and Carly Falgowski were going to be in the Tribe lineup. Karl, Davis and Esposito finished off their careers at the College in 2005, ranking second, third and fourth, respectively, in games started. Karl also tied for third in career games played, as she participated in 80 matches with 78 starts. Davis appeared in 78 contests over her career with 74 starts. Esposito rounded out the trio with 70 career starts for the Tribe. Falgowski started 59 of her 75 career contests with the Tribe.

ACADEMIC HONORS

The Tribe not only showed off their skills on the field, but in the classroom as well. For the 2005-06 season, the field hockey team set program marks with eight Colonial Athletic Association (CAA) Commissioner's Award honorees and five NFHCA National Academic Squad members. The quintet of Diana Esposito, Gwen Hunter, Jessica Kacerek, JJ Kubicek and Mary Teeter earned both honors, while Jamie Fitzgerald, Julienne Palbusa and Becky Van Zee each garnered the Commissioner's Award. Teeter also was elected to the Phi Beta Kappa Honor Society.

NO. 250 IN THE BOOKS

With a 2-1 win over Delaware on Oct. 7, head coach Peel Hawthorne recorded her 250th career victory. Hawthorne finished the season with 253 career victories, which ranks 33rd on the all-time collegiate field hockey coaching victories list. She became just the 34th collegiate field hockey coach at any level to amass 250 victories. Hawthorne enters the 2006 season 13th among active Division I head coaches in career victories.

FIVE ALL-STATERS

William and Mary notched its most Virginia Sports Information Directors All-State honorees in 2005 with five Tribe members being named to the squad. Anna Davis and Kelly Giles garnered first-team accolades, while Carly Falgowski, Shannon Karl and Gwen Hunter received second-team nods. Giles capped her W&M career with her second all-state honor. She ranked second on the team in points with 12, on five goals and two assists, bringing her career totals to 57 points on 24 goals and seven assists. Falgowski ranked fourth on the team with 10 points on three goals and four assists to go along with two game-winning goals. Karl led the Tribe in assists for the second straight season, notching six helpers. The six assists brought her career total to 18, which tied for fourth in the College's annals. Hunter was a stalwart in net for the Tribe, finishing as the CAA leader in shutouts (7), while ranking second in save percentage (.753) and third in saves (108).

NFHCA NORTH/SOUTH SENIOR ALL-STAR GAME

Defender Anna Davis and midfielder Shannon Karl were selected to compete in the NFHCA North/South Senior All-Star Game, which was played Nov. 19 in Louisville, Ky., on the day before the NCAA championship game. It marked the fourth time, and third straight, in the last five seasons that W&M had the maximum two players selected to compete in the event.

2005 RESULTS

Overall Results: 10-11 **CAA:** 4-4 (Fifth)

Aug. 28	at Ohio	W, 3-1
Aug. 27	Ball State	W, 4-1
Aug. 28	Penn State	L, 0-1 (2ot, ps)
Sept. 3	North Carolina	L, 1-3
Sept. 10	vs. Kent State \$	W, 7-2
Sept. 11	at Syracuse	W, 3-2 (ot)
Sept. 16	Yale	W, 4-0
Sept. 18	at #18 Richmond	L, 1-2 (2 ot)
Sept. 21	Virginia	L, 0-1
Sept. 25	VCU *	W, 2-0
Sept. 30	at Drexel *	W, 1-0
Oct. 2	at #4 American	L, 1-6
Oct. 7	Delaware *	W, 2-1
Oct. 9	#18 James Madison *	L, 0-1 (ot)
Oct. 13	Pacific	W, 4-0
Oct. 15	vs. #3 Duke &	L, 0-4
Oct. 21	at Hofstra *	L, 0-3
Oct. 23	at #13 Northeastern *	L, 1-2
Oct. 28	at Towson *	W, 4-0
Oct. 30	#6 Old Dominion *	L, 1-4
Nov. 4	vs. #19 James Madison #	W, 1-0
Nov. 5	at #4 Old Dominion #	L, 1-3

\$-Coyne Field (Syracuse, N.Y.)
&-Foreman Field (Norfolk, Va.)
#-CAA Tournament - Foreman Field (Norfolk, Va.)

TOP INDIVIDUAL HONORS

womensfieldhockey.com All-America
Anna Davis (1)

All-Colonial Athletic Association
Anna Davis (1), Diana Esposito (2)

NFHCA All-South Region
Anna Davis (1), Diana Esposito (2),
Carly Falgowski (2)

VaSID All-State
Anna Davis (1), Kelly Giles (1), Carly Falgowski
(2), Shannon Karl (2), Gwen Hunter (2)

CAA All-Rookie Team
Heather Winn

ECAC All-Star Team
Anna Davis

NFHCA North/South Senior All-Star Game
Anna Davis, Shannon Karl

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2005 STATISTICS



TWO NCAA TOURNAMENT APPEARANCES • 376 ALL-TIME VICTORIES • 41 ALL-AMERICANS • 61 ALL-CAA HONOREES • 17 VASID ALL-STATE CHOICES • 57 NFHCA ALL-REGION SELECTIONS

Individual Statistics

No.	Name	Season							Career						
		G-GS	G	A	Pts	Sh	GWG	DS	G-GS	G	A	Pts	Sh	GWG	DS
21	Gina Cimorelli	21-19	6	2	14	21	2	0	48-38	14	4	32	54	3	0
2	Kelly Giles	21-20	5	2	12	38	2	0	68-40	24	9	57	110	9	0
16	Jessica Kacerek	21-17	4	4	12	33	0	0	29-17	4	4	12	34	0	0
23	Carly Falgowski	21-21	3	4	10	37	2	0	75-59	4	6	14	27	3	0
18	Laura Kastelic	21-15	4	0	8	23	1	0	35-18	4	1	9	34	1	0
10	Shannon Karl	21-21	1	6	8	12	0	0	80-78	9	18	36	81	2	0
14	Maggie Long	19-12	2	2	6	13	1	0	32-12	4	2	10	22	1	0
8	Becky Van Zee	21-10	2	1	5	12	0	0	45-13	4	1	9	21	0	0
12	Katie Broaddus	19-2	2	1	5	10	1	0	19-2	2	1	5	10	1	0
9	Heather Winn	21-3	2	1	5	7	0	0	21-3	2	1	5	7	0	0
11	Kim Hedley	21-7	2	0	4	17	0	0	27-7	2	0	4	20	0	0
15	Holly Niro	16-0	2	0	4	7	1	0	16-0	2	0	4	7	1	0
25	Diana Esposito	21-21	1	1	3	10	0	1	73-70	2	3	7	16	0	5
6	Anna Davis	21-21	1	1	3	4	0	11	78-74	1	2	4	13	0	24
17	JJ Kubicek	8-0	1	0	2	1	0	0	28-0	1	0	2	1	0	0
20	Jamie Fitzgerald	21-21	0	2	2	3	0	1	46-32	1	3	5	7	0	3
24	Ida Henley	12-0	0	1	1	2	0	0	17-0	0	1	1	2	0	0
4	Julienne Palbusa	9-0	0	0	0	2	0	0	9-0	0	0	0	2	0	0
5	Lauren Giles	5-0	0	0	0	0	0	0	5-0	0	0	0	0	0	0
William and Mary		21	38	28	104	252	10	13							
Opponents		21	35	27	97	219	10	4							

No.	Name	G-GS	Minutes	GA	GAA	Sv	Pct	Sho	Career						
									G-GS	Minutes	GA	GAA	Sv	Pct	Sho
52	Gwen Hunter	21-21	1547:03	35	1.58	108	.755	7	30-22	1824:18	44	1.69	134	.753	7
William and Mary		21	1547:03	35	1.58	108	.755	7							
Opponents		21	1547:03	38	1.72	122	.762	5							



2005 graduate **Anna Davis** earned CAA Defensive Player of the Year honors and ranked second nationally in defensive saves.

Team Statistics by Period

	1st	2nd	OT	2OT	3OT	Total
Goals						
William and Mary	17	20	1	0	0	38
Opponents	15	18	1	1	1	36
Shots						
William and Mary	104	136	8	4	0	252
Opponents	108	99	7	5	0	219
Saves						
William and Mary	51	49	6	2	0	108
Opponents	50	67	3	2	0	122
Penalty Corners						
William and Mary	52	85	1	2	0	140
Opponents	63	48	2	3	0	116

Season Highs

Points	5	Gina Cimorelli vs. Kent State (9/10) (2g, 1a)
Goals	2	Kelly Giles vs. Pacific (10/13) Jessica Kacerek vs. Yale (9/16) Gina Cimorelli vs. Kent State (9/10)
Assists	2	Jessica Kacerek vs. Ball State (8/27)
Shots	10	Jessica Kacerek vs. Yale (9/16)
Saves	12	Gwen Hunter vs. Duke (10/15)

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2005 CAA REVIEW

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Final Standings

Team	CAA			Overall						
	W-L	Pct.	W-L	Pct.	Home	Away	Neutral	GF	GA	
Old Dominion	8-0-0	1.000	19-6-0	.760	9-3-0	7-2-0	3-1-0	94	37	
Northeastern	6-2-0	.750	16-6-0	.727	7-4-0	8-2-0	1-0-0	74	42	
Hofstra	5-3-0	.625	13-7-0	.650	8-2-0	5-4-0	0-1-0	46	29	
James Madison	5-3-0	.625	11-9-0	.550	7-3-0	3-5-0	1-1-0	46	29	
William and Mary	4-4-0	.500	10-11-0	.476	5-5-0	3-5-0	2-1-0	38	36	
Towson	3-5-0	.375	9-10-0	.474	4-5-0	4-5-0	1-0-0	40	43	
Delaware	2-6-0	.250	8-11-0	.421	3-5-0	4-6-0	1-0-0	40	47	
Virginia Commonwealth	2-6-0	.250	6-11-0	.353	6-5-0	0-6-0	0-0-0	18	36	
Drexel	1-7-0	.125	10-9-0	.526	8-4-0	2-5-0	0-0-0	30	31	

All-CAA Honors

First Team

Janelle Engle, Old Dominion; Lauren Edelmeier, Northeastern; Dana Sensenig, Old Dominion; Baillie Versfeld, James Madison; Whitney Shean, Northeastern; Doni-Melissa Jantzen, Hofstra; **Anna Davis, William & Mary**; Pemba Ramdoo, Hofstra; Molly Burke, Delaware; Caroline Nichols, Old Dominion; Jessica Cowperthwait, Hofstra

Second Team

Rachael Bloemker, Drexel; **Diana Esposito, William & Mary**; Denise Admiraal, Old Dominion; Emily Swartz, Towson; Katie Evans, Delaware; Jay Quinn, Northeastern; Ashley Walls, James Madison; Ashley Cadwallader, VCU; Amanda Mouser, Drexel; Ashley Webber, Northeastern; Lori Amico, James Madison

All-Rookie Team

Denise Admiraal, Old Dominion; Ashley Walls, James Madison; Ashley Bascetta, Northeastern; Nicolien van Nispen, Old Dominion; Colleen McAndrew, Drexel; **Heather Winn, William & Mary**; Maureen Meara, Towson; Charlia Warner, Hofstra; Casey Howard, Delaware; Katelyn Smither, Old Dominion; Daphne Admiraal, Old Dominion

Player of the Year

Janelle Engle (Old Dominion)

Defensive Player of the Year Anna Davis (William & Mary)

Rookie of the Year

Denise Admiraal (Old Dominion)

Coach of the Year

Beth Anders (Old Dominion)

Individual Leaders

Points Per Game					Def. Saves Per Game				
GP	G	A	Pts	PPG	GP	DS	DSPG		
1. Whitney Shean, NU	22	19	11	49	2.23	1. Anna Davis, W&M	21	11	0.52
2. Dana Sensenig, ODU	25	19	15	53	2.12	2. Nikki Hollibaugh, VCU	12	2	0.17
3. Janelle Engle, ODU	25	20	10	50	2.00	3. Jessica Auge, TOWSON	19	2	0.11
4. Denise Admiraal, ODU	25	18	5	41	1.64	3. Carly Campana, DELAWARE	19	2	0.11
5. Pemba Ramdoo, HOFs	20	11	8	30	1.50	3. Heather Bloemker, DREXEL	19	2	0.11
6. Ashley Walls, JMU	18	10	7	27	1.50	6. Sekayi Liburd, HOFs	20	2	0.10
7. Ashley Webber, NU	20	12	3	27	1.35	7. Caroline Nichols, ODU	25	2	0.08
8. Baillie Versfeld, JMU	20	10	6	26	1.30	8. Nikki Hinsley, DELAWARE	16	1	0.06
9. Emily Swartz, TOWSON	19	7	9	23	1.21	9. Laura Schnell, TOWSON	17	1	0.06
10. Jay Quinn, NU	22	11	3	25	1.14	9. Alyssa Collis, VCU	17	1	0.06

Goals Per Game			Goals Against Avg.					
GP	G	GPG	GP	GA	Min.	GAA		
1. Whitney Shean, NU	22	19	0.86	1. Lori Amico, JMU	20	25	1287:07	1.36
2. Janelle Engle, ODU	25	20	0.80	2. J. Cowperthwait, HOFs	20	29	1427:19	1.42
3. Dana Sensenig, ODU	25	19	0.76	3. Mary Cate Gordon, ODU	25	37	1764:38	1.47
4. Denise Admiraal, ODU	25	18	0.72	4. Gwen Hunter, W&M	21	35	1547:03	1.58
5. Ashley Webber, NU	20	12	0.60	5. Laura Baker, VCU	15	15	659:43	1.59
6. Ashley Walls, JMU	18	10	0.56	6. C. McAndrew, DREXEL	19	31	1362:04	1.59
7. Pemba Ramdoo, HOFs	20	11	0.55	7. Colleen Duffy, NU	17	31	1220:18	1.78
8. Jay Quinn, NU	22	11	0.50	8. C. Armer, TOWSON	19	39	1236:24	2.21
8. Baillie Versfeld, JMU	20	10	0.50	9. M. Allen, DELAWARE	19	46	1323:12	2.43
8. Charlia Warner, HOFs	18	9	0.50					

Assists Per Game			Saves Per Game				
GP	A	APG	GP	S	SPG		
1. Caroline Nichols, ODU	25	19	0.76	1. Megan Allen, DELAWARE	19	132	6.95
2. Dana Sensenig, ODU	25	15	0.60	2. Christina Armer, TOWSON	19	109	5.74
2. Maureen Klingler, JMU	20	12	0.60	3. Gwen Hunter, W&M	21	108	5.14
4. Natalie Singelais, NU	22	12	0.55	4. Colleen McAndrew, DREXEL	19	90	4.74
5. Whitney Shean, NU	22	11	0.50	5. Colleen Duffy, NU	17	68	4.00
6. Emily Swartz, TOWSON	19	9	0.47	6. Jessica Cowperthwait, HOFs	20	77	3.85
7. Katie Evans, DELAWARE	15	7	0.47	7. Laura Baker, VCU	15	56	3.73
8. Janelle Engle, ODU	25	10	0.40	8. Lori Amico, JMU	20	72	3.60
8. Pemba Ramdoo, HOFs	20	8	0.40	9. Mary Cate Gordon, ODU	25	87	3.48
10. Ashley Walls, JMU	18	7	0.39				

Team Statistics

Team	GP	G	A	Pts	PPG	Min	Sv	GA	GAA	Sho
Old Dominion	25	94	64	252	10.08	1764:38	87	37	1.47	7
Northeastern	22	73	40	186	8.45	1578:36	83	42	1.86	1
Hofstra	20	46	33	125	6.25	1434:20	77	29	1.42	3
James Madison	20	46	36	128	6.40	1506:00	83	29	1.35	7
William and Mary	21	38	28	104	4.95	1547:03	108	35	1.58	7
Towson	19	40	29	109	5.74	1344:20	119	43	2.24	4
Delaware	19	40	31	111	5.84	1392:03	134	47	2.36	1
VCU	17	18	12	48	2.82	1203:08	118	36	2.09	3
Drexel	19	30	24	84	4.42	1372:11	91	31	1.58	7



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HONORS AND AWARDS



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Team Accomplishments

NCAA Tournament (2)

2000, 2002

IAIAW Nationals (4)

1975, 1976, 1979, 1980

Player Awards

W&M Athletics Hall of Fame

- 1975 Martha Barksdale
- 1976 Pearle Reynolds
- 1977 Elizabeth Jackson
- 1978 Agnes Paschall
- 1979 Susan Lamb
- 1980 Constance Appleby (coach)
Peggy Mann
- 1981 Nancy Bloxson
Anne Madden
- 1985 Jane Bates
- 1986 Harriett Purtil
- 1988 Ginny Ramsey
- 1989 Pixie Hamilton
- 1991 Camilla Buchanan
- 1993 Josephine Hubbell
- 1998 Christine Paradis
- 2001 Cheryl Boehringer
- 2002 Danielle Gallagher

W&M Female Athlete of the Year

- 2005 Anna Davis

All-Americans

- 1979 Pixie Hamilton (1)
Basia Deren (2)
- 1981 Karen Thorne (HM)
- 1983 Karen Thorne (HM)
- 1989 Linda Tait (HM)
- 1990 Cheryl Boehringer (2)
- 2002 Ann Ekberg (2)
Claire Miller (3)
- 2003 Kelli Duggan (3)
- 2004 Kelly Giles (2)
- 2005 Anna Davis (1)

National Strength and Conditioning Association All-America

- 2003 Kelly McQuade

National Team

- 1980 Karen Thorne (U.S. Squad)
- 2003 Kelly Giles (alternate, U19/21)
Shannon Karl (alternate, U19/21)

USFHA A Camp

- 1980 Basia Deren
Karen Thorne
- 1999 Jess Jiao
Kristen Southerland
- 2000 Diana Esposito
- 2001 Carly Falgowski
- 2004 Diana Esposito
Carly Falgowski
Kelly Giles
Shannon Karl
Gwen Hunter
- 2005 Gwen Hunter

NFCHA National Academic Squad

- 1994 Lisa DeJong
- 1995 Lisa DeJong
Amanda Golding
- 1996 Lisa DeJong
Amanda Golding
- 1997 Amanda Golding
Leah McClimans
- 1998 Leah McClimans
Jessica Powley
- 2000 Lianne Lightvoet
Jenna Litwornia
Kristen Southerland
- 2001 Kristen Southerland
- 2002 Katie Casto
JJ Kubicek
Kristen Southerland
- 2003 Katie Casto
Diana Esposito
Stacey Gaenzle
JJ Kubicek
- 2004 Diana Esposito
Jessica Kacerek
JJ Kubicek
- 2005 Diana Esposito
Gwen Hunter
Jessica Kacerek
JJ Kubicek
Mary Teeter

NFCHA North/South Senior All-Star Game

- 1990 Cheryl Boehringer
Joanie Quinn
- 1991 Karin Brower
Lydia Donley
- 1998 Jessica Powley
- 1999 Catherine McCallum
- 2000 Kathy DeJong
- 2001 Jessica Jiao
Katie Silverthorne
- 2003 Kelly McQuade
Jordan Steele
- 2004 Kate Baird
Ginny Sutton
- 2005 Anna Davis
Shannon Karl

ECAC All-Star Team

- 2002 Ann Ekberg
- 2004 Kelly Giles
- 2005 Anna Davis

All-South Region

- 1982 Basia Deren
Karen Thorne
- 1983 Karen Thorne (HM)
- 1984 Sheila Cunneen
Mary Pat Kurtz
- 1985 Mary Pat Kurtz
- 1986 Mary Pat Kurtz
- 1987 Kim McGinnis
Sue Shafritz
Amy Thompson
Sharon Barone (HM)
- 1988 Sharon Barone
Cheryl Boehringer

- 1989 Kim McGinnis
Sharon Barone
Cheryl Boehringer
Joanie Quinn
Linda Tait
- 1990 Cheryl Boehringer (1)
Joanie Quinn (1)
Alicia Behan (2)
Lydia Donley (2)
- 1991 Lydia Donley (1)
Alicia Behan (2)
Karin Brower (2)
- 1992 Cristina Limpens (1)
Jessica Austin (2)
Kim Orie (2)
- 1993 Cristina Limpens (1)
Sarah Witkowski (1)
- 1994 Barb Lagrotteria (2)
Cristina Limpens (2)
Sarah Witkowski (2)
- 1995 Amy Giello (2)
- 1998 Amy Vecsi (1)
Kathy DeJong (2)
- 1999 Kathy DeJong (1)
Amy Vecsi (2)
- 2000 Kathy DeJong (1)
Jaime Bolen (2)
Katie Uhan (2)
Claire Miller (1)
Ann Ekberg (2)
Jessica Jiao (2)
Katie Silverthorne (2)
- 2002 Ann Ekberg (1)
Claire Miller (1)
Kristen Southerland (2)
- 2003 Kelli Duggan (1)
Kelly McQuade (2)
Jordan Steele (2)
- 2004 Kelly Giles (1)
Anna Davis (2)
Diana Esposito (2)
- 2005 Anna Davis (1)
Diana Esposito (2)
Carly Falgowski (2)

VaSID State Player of the Year

- 2004 Kelly Giles

VaSID All-State

(First awarded in 2000)

- 2000 Kathy DeJong
- 2001 Katie Silverthorne
- 2002 Ann Ekberg
Claire Miller
- 2003 Kelli Duggan
Stacey Gaenzle
Kelly McQuade
Jordan Steele
- 2004 Anna Davis
Diana Esposito
Kelly Giles
Heather Kibbee
- 2005 Anna Davis (1)
Kelly Giles (1)
Carly Falgowski (2)
Shannon Karl (2)
Gwen Hunter (2)



Kathy DeJong was a First-Team All-South Region selection in 1999 and 2000 and was a First-Team All-CAA pick in 1998, 1999 and 2000.



The only W&M player to be named CAA Rookie of the Year, Ann Ekberg was a Second-Team All-American as a senior in 2002.



A Second-Team All-American, Cheryl Boehringer was inducted into the W&M Hall of Fame in 2001.



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In 1991, **Lydia Donley** became the first Tribe field hockey player to earn First-Team All-CAA honors.



Claire Miller was a Third-Team All-American in 2002 and was a First-Team All-CAA pick in 2001 and 2002.



Karen Thorne was named to the United States National Team in 1980 and was a two-time Honorable-Mention All-American.

All-Tidewater

- 1973 Laurie Merner (2)
- Nancy Parrish (2)
- Amy Easter (3)

CAA Player of the Year

- 2004 Kelly Giles

CAA Defensive Player of the Year

- 2005 Anna Davis

CAA Rookie of the Year

- 1999 Ann Ekberg

SAC Player of the Year

- 1990 Cheryl Boehringer

South Jersey FH Club College Player of the Year

- 1999 Amy Vecsi
- 2002 Jessica Nixon

All-SAC

W&M was a member of the SAC from 1984-90

- 1984 Mary Pat Kurtz
- 1986 Jennifer Gifford
- 1987 Jennifer Gifford
- Kim McGinnis
- Sue Shafritz
- 1988 Sharon Barone
- Cheryl Boehringer
- 1989 Cheryl Boehringer
- Linda Tait
- 1990 Cheryl Boehringer
- Joanie Quinn

All-CAA

W&M has been a member of the CAA since 1991

- 1991 Lydia Donley (1)
- Alicia Behan (2)
- Karin Brower (2)
- 1992 Cristina Limpens (1)
- 1993 Cristina Limpens (1)
- Jen Padova (2)
- Amy Umbach (2)
- Holly Ventura (2)
- Erin Woodfield (2)
- 1994 Cristina Limpens (1)
- Sarah Witkowski (1)
- Saskia Bendsdorp (2)
- Barb Lagrotteria (2)
- Amy Umbach (2)
- 1995 Saskia Bendsdorp (1)
- Amy Giello (1)
- Susan Connelly (2)
- 1996 Jenn Rinella (1)
- Vicky Saunders (1)
- Lisa DeJong (2)
- Amy Giello (2)
- 1997 Amy Leibowitz (1)
- Vicky Saunders (1)
- Anita Sim (2)
- Amy Vecsi (2)
- 1998 Kathy DeJong (1)
- Amy Vecsi (1)

- Catherine McCallum (2)
- 1999 Kathy DeJong (1)
- Amy Vecsi (1)
- Catherine McCallum (2)
- Erika Vargas (2)
- 2000 Jaime Bolen (1)
- Kathy DeJong (1)
- Jessica Jiao (1)
- Nicole Whitfield (1)
- Tara Duffy (2)
- Ann Ekberg (2)
- Katie Uhran (2)
- 2001 Katie Silverthorne (1)
- Jessica Jiao (1)
- Robin Glasco (1)
- Claire Miller (1)
- Kristen Southerland (2)
- Ann Ekberg (2)
- Kelli Duggan (2)
- 2002 Ann Ekberg (1)
- Claire Miller (1)
- Kristen Southerland (2)
- 2003 Kelli Duggan (1)
- Stacey Gaenzle (1)
- Kelly McQuade (1)
- Jordan Steele (1)
- Anna Davis (2)
- 2004 Anna Davis (1)
- Kelly Giles (1)
- Diana Esposito (2)
- Heather Kibbee (2)
- Ginny Sutton (2)
- 2005 Anna Davis (1)
- Diana Esposito (2)

CAA All-Rookie Team

- 2004 **Laura Kastelic**
- 2005 Heather Winn

Virginia State All-Tournament

- 1980 Karen Thorne
- 1981 Sue Aldworth

SAC All-Tournament

- 1984 Sheila Cunneen
- Mary Pat Kurtz
- 1985 Susan Creigh
- Mary Pat Kurtz

CAA All-Tournament

- 1998 Jaime Bolen
- Molly Radcliffe
- 1999 Kathy DeJong
- Kristy Miller
- 2000 Katie Uhran
- Nicole Whitfield
- 2001 Katie Silverthorne
- Kristen Southerland
- 2002 Ann Ekberg
- Claire Miller
- Julie Zoolkoski
- 2003 Anna Davis
- Jordan Steele
- 2004 Anna Davis
- Shannon Karl
- 2005 Anna Davis
- Carly Falgowski

womensfieldhockey.com National Player of the Week

- 2002 Ann Ekberg (11/5)

womensfieldhockey.com National Honor Roll

- 2002 Ann Ekberg (10/29, 11/5)
- 2004 Kelly Giles (10/4)
- Heather Kibbee (10/25)

CAA Player of the Week

- 1991 Lydia Donley (11/4)
- 1992 Cristina Limpens
- 1995 Saskia Bendsdorp (9/5, 9/18)
- 1997 Amy Vecsi (9/22)
- 1998 Erika Vargas (9/14)
- Molly Radcliffe (10/26)
- 2000 Lianne Ligetvoet (10/16)
- 2001 Katie Silverthorne (10/8)
- 2002 Ann Ekberg (10/14, 10/28, 11/4)
- 2003 Kelly McQuade (10/28)
- Jordan Steele (10/7)
- 2004 Kelly Giles (10/4, 11/1)
- 2005 Kelly Giles (10/17)

CAA Rookie of the Week

- 2002 Shannon Karl (11/4)

CAA Commissioner's Award

- 2002 Katie Casto
- Diana Esposito
- Claire Miller
- Kristen Southerland
- Julie Zoolkoski
- 2003 Anna Davis
- Diana Esposito
- Jill Hocutt
- JJ Kubicek
- 2004 Kate Baird
- Gina Cimarelli**
- Anna Davis
- Diana Esposito
- Jill Hocutt
- Jessica Kacerek**
- JJ Kubicek
- 2005 Diana Esposito
- Jamie Fitzgerald**
- Gwen Hunter**
- Jessica Kacerek**
- JJ Kubicek
- Julienne Palbusa**
- Mary Teeter
- Becky Van Zee**

Coach Awards

CAA Coach of the Year

- 1995 **Peel Hawthorne**
- 2001 **Peel Hawthorne**
- 2004 **Peel Hawthorne**

VaSID State Coach of the Year

- 2004 **Peel Hawthorne**

W&M Alumni Society Coach of the Year

- 2001 **Peel Hawthorne**