

TRIBE



2004 WOMEN'S GYMNASTICS
MEDIA GUIDE

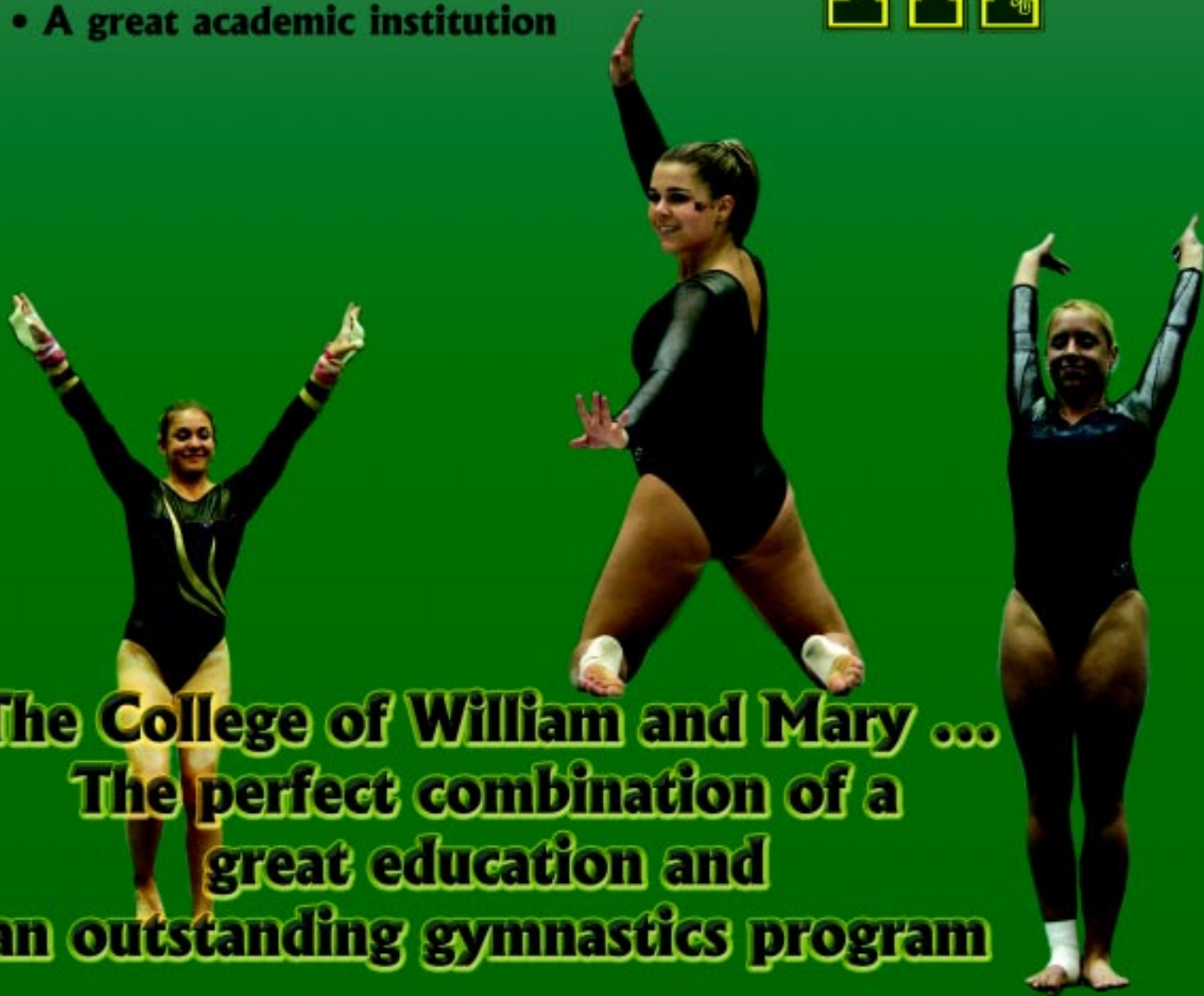


Tribe Gymnastics

A Legacy in the Making

Why W&M?

- Three-straight ECAC titles
- Multiple all-conference performers
- Scholastic All-Americans each year
- Reigning ECAC Coach of the Year
- A great academic institution



**The College of William and Mary ...
The perfect combination of a
great education and
an outstanding gymnastics program**

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GENERAL INFORMATION

Location: Williamsburg, VA
Founded: 1693
Enrollment: 5,600
Nickname: Tribe
Colors: Green, Gold and Silver
Facility (Capacity): William and Mary Hall (8,600)
Conference: Eastern College Athletic Conference
President: Timothy J. Sullivan (W&M, 1966)
Athletics Director: Terry Driscoll (Boston College, 1969)
Athletics Department Phone: (757) 221-3400

COACHING STAFF

Head Coach: Mary Lewis (Christopher Newport, 1985)
Lewis' E-mail: mklewi@wm.edu
Record at W&M: 112-132 (Nine seasons)
Career Record: 112-160 (10 seasons)
Assistant Coach: Richard Sabel
Sabel's E-mail: rjsabe@wm.edu
Gymnastics Office Phone: (757) 221-3411

TEAM INFORMATION

2003 Record: 12-17
ECAC Championships Finish: First
Letterwinners Returning/Lost: 13/6
Newcomers:

- Christine Carwell - Austin, TX
- Andrea Dochney - Westmont, NJ
- Janelle Greene - Fairfax, VA
- Christina Padilla - Sterling, VA
- Jess Randall - West Hartford, CT

SPORTS INFORMATION

Women's Gymnastics SID: Mario Machi
Machi's E-mail: sports@wm.edu
Office Phone: (757) 221-3344
Office Fax: (757) 221-3412
Web site: www.TribeAthletics.com
Mailing Address:
P.O. Box 399, Williamsburg, VA 23187

PRONUNCIATION GUIDE

| | |
|-------------------------------|-------------------------------|
| Suzanne Chaves - Shah-vs | Jaci Lynn - JACKIE |
| Andrea Dochney - DOCK-knee | Christina Padilla - Pa-dee-ya |
| Kristen Gaidish - GAY-dish | Allison Shonerd - SHOW-nerd |
| Rachel Glasmire - GLASS-meyer | Jamie Weinfeldt - WINE-feldt |

CREDITS

The 2004 William and Mary Women's Gymnastics Media Guide was written and designed by sports information assistant Mario Machi. Editing by the sports information staff, along with Mary Lewis and Amy Van Deusen. Photos by Richard Sabel, Pete Clawson and Bob Keroack. Printing by Central Lithographic of Lynchburg, VA.

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2004 TRIBE ROSTER

| Name | Class | Hometown | Club |
|-------------------|-------|--------------------|-------------------|
| Jess Baker | So. | Brookville, NY | Infinity |
| Catie Borklund | Sr. | Clifton, VA | Karon's |
| Annie Carroll | So. | Virginia Beach, VA | Ocean Tumblers |
| Christine Carwell | Fr. | Austin, TX | Capital |
| Suzanne Chaves | Sr. | Danvers, MA | Yellow Jackets |
| Emma Cross | Jr. | Ashland, VA | All-American |
| Andrea Dochney | Fr. | Westmont, NJ | Will-Moor |
| Kristen Gaidish | So. | Abington, PA | Airborne |
| Brittany Gibbs | So. | West Chester, PA | AJS Pancott |
| Rachel Glasmire | Jr. | Center Valley, PA | Parkettes |
| Janelle Greene | Fr. | Fairfax, VA | Chantilly Academy |
| Jaci Lynn | Jr. | Copley, OH | Classics |
| Kate Magee | So. | McLean, VA | GMS Gymnastics |
| Christina Padilla | Fr. | Sterling, VA | Gymini |
| Jess Patterson | Jr. | Westfield, NJ | NorthStars |
| Jess Randall | Fr. | West Hartford, CT | NEGX |
| Allison Shonerd | Jr. | Springfield, VA | Capital |
| Jamie Weinfeldt | Sr. | Roselle Park, NJ | Sunburst |

2003 RESULTS

| | | |
|-----------------|------------------------------------|---------------------------|
| Jan. 16 | at GW Invitational | 4th of 7, 187.150 |
| Jan. 25 | NORTH CAROLINA | L, 186.925-191.950 |
| Jan. 31 | at UNC (with JMU) | 3rd of 3, 188.625 |
| Feb. 7 | at James Madison | W, 192.650-192.050 |
| Feb. 14 | Sweethearts Invitational (at NCSU) | 3rd of 4, 193.175 |
| Feb. 21 | at Eastern Michigan | L, 193.125-190.400 |
| March 2 | at UNC (with Minnesota, Towson) | 4th of 4, 192.225 |
| March 8 | at N.C. State (with Pitt, JMU) | 4th of 4, 191.475 |
| March 12 | JAMES MADISON | W, 193.725-192.575 |
| March 16 | at George Washington | L, 196.100-194.100 |
| March 20 | N.C. STATE | L, 195.900-195.450 |
| March 29 | at ECAC Championships (Yale) | 1st of 6, 195.200 |

TO THE MEDIA

This booklet is primarily intended to assist our recruiting efforts. Nevertheless, we hope you will find it useful. Photos and information on feature stories will be provided whenever possible. If you are interested in covering a gymnastics event or athlete, please contact women's gymnastics SID Mario Machi at (757) 221-3344.

COACHING STAFF



Head Coach Mary Lewis CNU, 1985

Fresh off leading the William and Mary women's gymnastics team to its third-consecutive Eastern College Athletic Conference championship, Mary Lewis returns for her 10th year as the head coach of the Tribe women's gymnastics program.

Lewis has led the squad to four ECAC titles in the past five seasons. She has led nine gymnasts to the NCAA Regional meet.

For her efforts last season, Lewis earned the ECAC's Coach of the Year honor for the first time in her career.

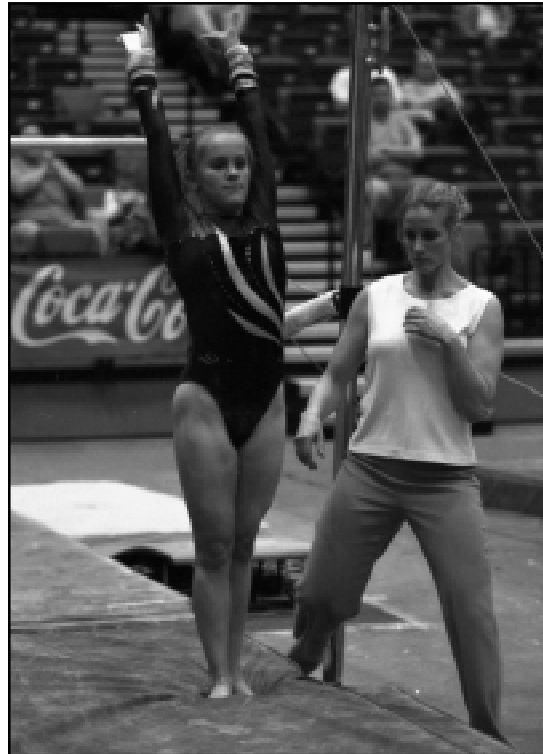
The 2003 season saw Lewis tutor numerous athletes to All-ECAC recognition. Also, Lewis coached multiple winners of the conference's weekly awards. One Tribe performer, Emma Cross, was named an alternate to the NCAA Regional meet in 2003.

In addition to success in the gym, Lewis has stressed academics as well. That is evident each year when the National Association of Collegiate Gymnastics Coaches honors student-athletes for superb performances. Last season, five Tribe gymnasts earned NACGC Scholastic All-America honors, while eight were recipients of the award the previous year. Also, 2003 graduate Amy Van Deusen was a two-time winner of the ECAC's Scholar-Athlete of the Year award, another testament to Lewis' ability to mix academics and athletics successfully.

Lewis has been coaching collegiate gymnastics since 1989, when she assisted the Christopher Newport University staff. She came to William and Mary from James Madison University in 1992 and served as a graduate assistant until 1994.

Prior to her tenure at James Madison, Lewis was the head coach at Longwood College for the 1991-92 season. Lewis graduated Magna Cum Laude from CNU in 1985 with a bachelor of science degree in governmental administration and public management. She completed her master's degree at JMU in kinesiology and adult fitness in May of 1994, graduating Summa Cum Laude.

Lewis spends her summers working at the Woodward Gymnastics Camp in Woodward, Pennsylvania, organizing weekly schedules for campers ranging in levels from beginner to elite. She resides in Newport News with her eight-year old son, Zachary.



Mary Lewis coached Rachel Glasmire, pictured above, to an All-ECAC performance on bars in the 2003 season.

Lewis and the NCAA Regionals

Mary Lewis has coached nine gymnasts to the NCAA Regional meet in her tenure at William and Mary. The following is a list of the Tribe gymnasts who participated at the regional meet under the tutelage of Lewis:

- 1995 - Lynn Dameron
- 1995 - Kirsten Gutgesell
- 1996 - Lynn Dameron
- 1997 - Becky Johnson
- 1998 - Becky Johnson
- 1999 - Brandee Gound
- 2000 - Jess Dancu
- 2001 - Jess Dancu
- 2001 - Jamie Weinfeldt



Assistant Coach Richard Sabel

Now in his fifth year as W&M's assistant coach, Richard Sabel is in his sixth year overall with the program after serving a season as a volunteer assistant.

Sabel brings over 12 years of collegiate and professional experience to the College. He served as a gymnastics judge and assistant for the University of Illinois, helping guide the Fighting Illini to the 1990 Big Ten Women's Gymnastics Championship.

Sabel's expertise includes state, national and international level competitions, including the Colonial Classic (2000-02), the Prairie State Games in Urbana, Illinois (1988-93), the World Championship Team Trials in Austin, Texas (1995) and the 1991 Artistic Gymnastics World Championships in Indianapolis, Indiana.

He continues to be an active member for USA Gymnastics as a judge, a position he's held since 1987.

Sabel is also a member of the National Association of Women's Gymnastics Judges and the National Registry of Emergency Medical Technicians.

After arguably the best year in school history, the William and Mary women's gymnastics squad is back for more in 2004. One year after claiming its third-straight Eastern College Athletic Conference title, the Tribe has its sights set on another league championship, plus a bid to the NCAA Regional Championship. And after improving so much in a short time period, it is obvious that W&M is on the fast track to becoming one of the nation's elite programs.

Reigning ECAC Coach of the Year **Mary Lewis** echoed those sentiments, as she pointed out the level that the squad was performing at by the end of last season.

"There is no reason we can't put it together and advance to regionals," Lewis said. "Just look at what we were doing at the end of the year – we just have to be more consistent for the entire season."

The Tribe excelled in its final four meets, averaging a team score of 194.619 that is nearly a full point ahead of the squad's final regional qualifying score (193.770). Included in that span were four of the top five scores in school history, including a 195.450 against N.C. State that ranks as the best mark ever at W&M.

Now, with a group of strong returnees and a solid class of incoming freshman, the squad seems poised to continue the upgrades that have been in place since Lewis took over in the 1994 season.

The following is a class-by-class look at the 2004 William and Mary women's gymnastics team:

Seniors

After losing five seniors from last year's squad, including key contributors in **Erin Skinner** and **Amy Van Deusen**, the Tribe returns a trio of fourth-year performers that are poised to lead the team to even more success in 2004.

Heading the list is senior all-arounder **Suzanne Chaves**. The Massachusetts native excelled last year on all four events. Expectations are high for Chaves, but Lewis has no doubts that the co-captain will succeed. Chaves could end up leading off on both beam and floor.

Senior **Jamie Weinfeldt** could also be an all-around competitor for the Tribe. She competed on three events last year while at the same time learning a Yurchenko vault, so there is a distinct possibility that she could be in the lineup on each event this year. Weinfeldt will also likely add more difficulty by upgrading her tumbling passes on the floor exercise.

The final senior, **Catie Borklund**, has fought through injuries for her entire career, and will be serving in the role of a peer coach. While she won't be actively training, Borklund will assist the coaching staff at practices and meets, and there is a possibility that she will do a bar routine at the senior meet on March 13.

Juniors

A strong group of five gymnasts, all of who contribute a great deal to the squad, are back for the run at another ECAC Championship.

As just the second gymnast under Lewis to be elected a team captain in her junior year (Jess Dancu was the other), **Rachel Glasmire** certainly showed that she has the respect and admiration of her teammates. The Center Valley, PA, native should be one of the top performers on the uneven bars, as well as the balance beam.

Hailing from nearby Ashland, VA, junior **Emma Cross** has obviously felt at home in the gym in Williamsburg. Cross has performed in two events, the balance beam and the floor exercise, for W&M and holds a share of the school-record in each one. She is expected to anchor the floor team, and her consistency on beam is vital to the Tribe's success.

At last year's ECAC Championships, there were 36 competitors on the vault. But after the first gymnast went, none could match her score. That gymnast was W&M's **Jaci Lynn**, who won the conference title with a career-high vault of 9.800. More is expected out of Lynn this year, as she should continue to improve on vault and possibly work on bars as well.

One of the team's best point producers is junior **Jess Patterson**, who reliably delivers solid performances on three events. Patterson is a very steady vaulter and has excellent skills on the balance beam. She has the capability to be in the floor lineup with upgraded tumbling skills.

While she may start slow due to an offseason injury, **Allison Shonerd** can be counted on to be one of the team's bars leaders when healthy. With a strong work ethic and good skills, Shonerd was one of the team's top performers on the event last year. She may also train on vault and floor.

Sophomores

The five members of the sophomore class were a pleasant surprise last season, including a pair of gymnasts that won multiple ECAC Rookie of the Week awards. Now, with a year of experience, the sophomores seem poised to move to the next level in 2004.

Jess Baker returns with remarkable potential on both the vault and the floor exercise. A very gifted performer, Baker gets what Lewis terms "big air" on the vault and if she continues to improve, a spot will be found for her in the lineup.

After missing the first few meets due to injury, **Annie Carroll** made a dramatic impact on the W&M vault lineup a year ago. Carroll was a constant on vault for W&M, scoring no lower than a 9.675 in her nine meets. She is trying to upgrade her vault slightly, and will also train on floor and possibly work bars.

A finalist for the league's Rookie of the Year honor, **Kristen Gaidish** made a big impression on three events for W&M in her first season. She should be one of the team's top gymnasts on the balance beam. In addition, she is performing a new vault and possibly a new floor routine.

Despite missing all of last year with an injury, expectations are still high for **Brittany Gibbs**. Gibbs could anchor the vault lineup and has been working bars frequently. Also, she has good beam skills and is a great dancer with good tumbling passes on the floor exercise. So if her health permits, Gibbs could be an all-arounder for W&M.

Returning from a knee injury, **Kate Magee** may start slow but is expected to train on beam, floor and vault. On beam, she could be a key contributor for the team.

Freshmen

A solid crop of newcomers is expected to assist the W&M cause this year in the Tribe's run toward another conference title and a NCAA regional berth.

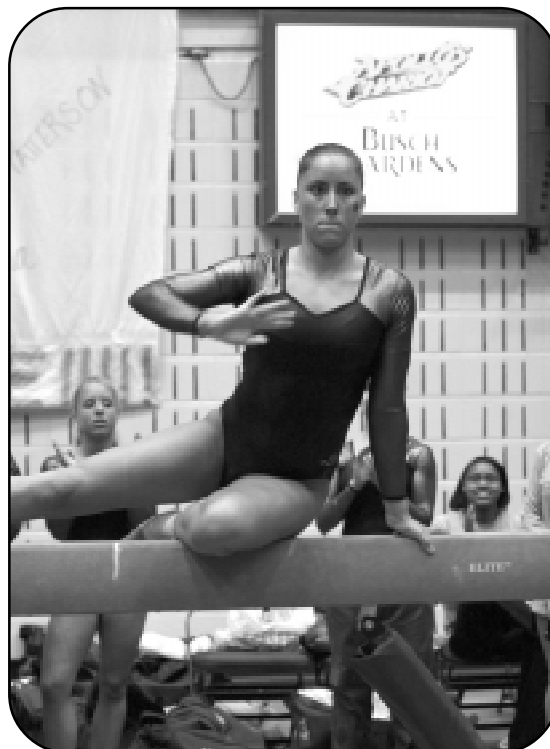
Christine Carwell has made wonderful progress, despite having only been involved in gymnastics for eight years. She has a lot of future potential for the program.

If having a move on an event named after her is any sign, then **Andrea Dochney** can be expected to contribute on the bars. She's also very solid on the balance beam.

While she is recovering from a January ACL surgery, **Janelle Greene**, if healthy, could crack the bars lineup. She is also very consistent on the balance beam.

A very consistent vaulter, **Christina Padilla** could have an immediate impact for the Tribe on that event.

Depending on her health, **Jess Randall** could be an all-arounder for the Tribe. She has a good vault, big floor skills and is solid on bars and beam.



Suzanne Chaves competes on all four events for the Tribe, and is a team captain in her final year at W&M.

TEAM CAPTAINS

Tribe Talk

"I can count on Sue to be there for me both in and out of the gym."
- junior Allison Shoner

"She is a great leader because she is always motivating and enthusiastic about Tribe gymnastics."
- junior Jess Patterson

"Very supportive captain who always makes sure the team is focused and on track."
- freshman Andrea Dochney

"She always rises to the occasion, and that's what makes her special."
- Head Coach Mary Lewis



Suzanne Chaves Senior • 5-7 Danvers, MA Yellow Jackets



Team co-captain ... Outstanding all-around gymnast with the potential to rewrite many school records by the end of her senior year ... Performed as an all-around competitor in all but one meet in 2003 (at UNC on March 2, where she was ill and only competed on bars) ... Performed 33 routines in 2003, with only three not counting toward the team score ... **2003:** Set a career-high all-around mark with a 39.025 at the ECAC Championships, the second-best score in school history, to place third in the competition ... Also finished fourth on bars and fourth on beam at ECACs ... Named ECAC Athlete of the Week three times – February 17, March 18, March 25 ... Set a career-high on bars with a 9.775 on two occasions (at ECACs and at George Washington) ... Notched three of the top four all-around marks in school history during the season ... **2002:** Co-champion on the floor exercise at ECACs, with a score of 9.875 ... Turned in a dominant showing at the 3/12/02 meet, as she set or equaled her season-highs in vault (9.700) and bars (9.700) and also had a strong showing on the floor (9.750) ... Had her two best scores on the vault, both 9.700, in consecutive weeks (3/6/02 and 3/12/02) ... **2001:** Named to the All-ECAC First Team for the vault as a freshman ... Participated in all-around in the second half of the season ... **Prep:** Second in the all-around and beam at the 2000 High School Nationals ... Also finished sixth on bars and fourth on floor in that meet ... Three-time junior Olympic national qualifier ... Second at regional competition in 1999-2000 in the all-around, vault, beam and floor ... Finished in the top-10 in the all-around and floor in the Junior Olympics ... Eight-time Junior Olympian ... **Personal:** Daughter of Anthony and Janice Chaves ... Majoring in kinesiology ... Enjoys running, going to the beach and listening to music ... Born March 29, 1982 in Salem, MA.

Suzanne's Personal Records: Vault - 9.725, Uneven Bars - 9.775, Balance Beam - 9.850, Floor Exercise - 9.875, All-Around - 39.025

Outside of the Gym

Favorite pregame meal: Bagel

Favorite athlete: Marion Jones

Pet peeves: People who talk too much

If I had front row tickets to a concert/event, I'd go see: U2

Favorite city: Boston

Most prized possession: Photo albums

What inspires me: That I only have one more year left in this sport

When I have time to relax: I hang out with my girls

Why W&M: It has the perfect mix of academics and athletics

Tribe Talk

"Rachel's pure heart and dedication to not only the sport but the team as well really encourages us."
- junior Emma Cross

"She is an inspiring teammate and sets an excellent model as captain."
- freshman Jess Randall

"No matter how many times I see her work bars, Rachel never fails to amaze me."
- sophomore Kate Magee

"Rachel has strong leadership qualities and is an ideal captain."
- Head Coach Mary Lewis



Rachel Glasmire Junior • 4-10 Center Valley, PA Parkettes



Team co-captain ... Should be a major force on uneven bars ... Also shows great ability on beam ... Looks to add to her series on beam ... Only the second gymnast under head coach Mary Lewis to be named a team captain as a junior ... **2003:** Saved her best performance for last, notching a career-best 9.825 (sixth best in school history) on bars at the ECAC meet ... Had a season-high score of 9.800 on beam on 3/2/03 at North Carolina ... Recorded five scores of 9.650 or better on uneven bars ... ECAC All-Academic team ... **2002:** Captured first place on the bars in the season opener against UNC (1/14/02) with a score of 9.700 ... Sixth on the bars at GW Invitational with a 9.700 ... Registered a 9.750 on the bars at Rhode Island (1/26/02) ... NACGC Scholastic All-American ... **Prep:** Junior Elite National Team Member, 1997-98 ... Junior National Bar Champion, 1997 ... Junior Elite National All-Around Champion, 1995 ... Also lettered in track, cross country and diving ... **Personal:** Daughter of Joe and Sandra Glasmire ... Majoring in finance/economics ... Enjoys running, skiing and Christian life activities ... Born August 12, 1982 in Detroit, MI.

Rachel's Personal Records: Uneven Bars - 9.825, Balance Beam - 9.800

Outside of the Gym

Pregame habits: Prayer

Favorite pregame meal: Baked potato

Favorite snacks: Cereal, candy

If I had front row tickets to a concert/event, I'd go see: Jason Mraz

What inspires me: My faith

Craziest ambition: To skydive (did that!)

Why W&M: The campus is beautiful and the team is awesome

THE SENIOR CLASS

Tribe Talk

"I would be lost without her at the meets because she is always right there with motivational and calming words for her teammates."
- senior **Suzanne Chaves**

"Catie's work behind the scenes is so important to our success."
- junior **Allison Shoner**

"She is an integral part of the team."
- junior **Jess Patterson**

"Catie is an extra set of eyes out in the gym. She gives great feedback and is an asset to the program."
- Head Coach **Mary Lewis**



Catie Borklund Senior • 5-6 Clifton, VA Karon's



Talented gymnast who has suffered through injuries during her career at W&M ... Will serve as a peer coach ... After suffering through an ankle injury her freshman year and a tonsilectomy her sophomore year, she suffered more bad luck with a torn ACL and meniscus ... Has performed exhibitions on the vault and also trained on the floor exercise ... **2003:** Did not compete due to knee surgery ... **2002:** Missed the season after bouts with injuries and illnesses ... **2001:** Sat out season after ankle surgery in November ... **Prep:** Finished 12th on the vault at the USAIGC Nationals ... Second on bars and and third on floor at USA Gymnastics regionals ... National Honor Society ... Honor Roll student ... **Personal:** Daughter of John and Cathy Borklund ... Majoring in history/psychology ... Plans to attend graduate school ... Enjoys skiing, boating and going to the beach ... Born May 28, 1982 in Fairfax, VA.

Outside of the Gym

Pet peeves: Closets left open at night

If I had front row tickets to a concert/event, I'd go see: Aerosmith

Favorite city: Garden City, SC

You'd be surprised to know: I have a fear of water that I can't see the bottom of, yet I love going to the beach.

What inspires me: My family

Growing up, I wanted to be: A doctor, a teacher, a model or a movie star

Why W&M: My teammates and the entire program were great

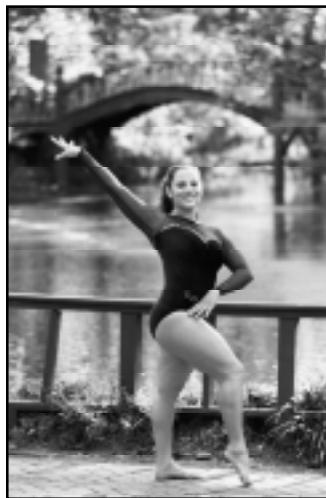
Tribe Talk

"Jamie is a kind-hearted person who works hard in the gym every day to upgrade all of her routines."
- sophomore **Annie Carroll**

"Jamie is a great competitor, and a born leader at heart."
- sophomore **Brittany Gibbs**

"She has love for the sport and would do anything for this team."
- junior **Allison Shoner**

"Jamie has the potential to have an excellent senior year and shows great passion for the sport."
- Head Coach **Mary Lewis**



Jamie Weinfeldt Senior • 5-1 Roselle Park, NJ Sunburst



Very solid performer who could be a strong all-arounder ... Added a Yurchenko vault ... Looking to upgrade combinations and dismount on beam ... **2003:** Contributed to the Tribe's ECAC Championship run with a solid season on bars, beam and floor exercise ... Tied her own school-record with a 9.900 on beam against N.C. State ... Competed on bars, beam and floor exercise at all but one meet ... The meet against N.C. State and the ECAC meet on 3/29/03 were her highest scoring meets of the year ... Tied for fourth at ECACs on beam ... ECAC All-Academic team ... **2002:** Led the team with a 9.775 on the bars at ECACs (3/23/02) ... Took third place on the beam at ECACs with a 9.825 ... Season-high of 9.550 on vault on 1/14/02 vs. UNC ... Top beam and bars performances were both at ECACs ... Scored a 9.875 on floor at VILs on 3/12/02 ... Competed in all-around four times, with top showing of 38.050 at JMU (2/1/02) ... Named NACGC Scholastic All-American ... **2001:** Named ECAC Rookie of the Week four times ... Named to the ECAC First Team for all-around, uneven bars and balance beam as only a freshman ... Tied the school-record on the beam with a 9.900 at the ECAC Championship, taking first place ... Competed at the NCAA Southeast Regional Meet in all-around, finishing with 37.975, good for 19th place ... **Prep:** Three-time USAIGC national competitor ... Level 10 sectional all-around champion in 2000 ... National Honor Society ... New Jersey Level 10 state competitor and regional qualifier ... **Personal:** Daughter of David Weinfeldt and Lou Ann Jaskewicz ... Majoring in kinesiology ... Plans to attend graduate school ... Enjoys crafting, making scrapbooks and music ... Born August 20, 1982 in Glennridge, NJ.

Outside of the Gym

Pet peeves: The noise made by styrofoam packaging

Most prized possession: My pictures

If I could have dinner with anyone, it would be: Jerry Garcia

Favorite city: New York City

When I have time to relax: I listen to music or make scrapbooks

What inspires me: The energy of life, as well as my best friend

You'd be surprised to know: I can't smell

Craziest ambition: To be a rock star!

Why W&M: The campus is gorgeous and the team is amazing

Jamie's Personal Records: Vault - 9.550, Uneven Bars - 9.825, Balance Beam - 9.900, Floor Exercise - 9.875, All-Around - 38.800

THE JUNIOR CLASS

Tribe Talk

"Emma is very consistent and performs her routines effortlessly. We know we can always count on her."
- junior Jess Patterson

"Few people can make gymnastics look as easy as she does and always has a positive attitude."
- sophomore Kristen Gaidish

"Emma is a genuinely nice person."
- freshman Jess Randall

"We expected a lot out of Emma on both floor and beam last year, and she came through in a big way."
- Head Coach Mary Lewis



Emma's Personal Records: Balance Beam - 9.900, Floor Exercise - 9.900

Outside of the Gym

Pet peeves: Complainers

If I had front row tickets to a concert/event, I'd go see: Rascal Flats

If I could have dinner with anyone, it would be: Princess Diana

Favorite city: Savannah, GA

Switch places with anyone for a day: Britney Spears

You'd be surprised to know: I am a morning person

Craziest ambition: To go hiking in Switzerland

Why W&M: I love the girls on this team

Emma Cross Junior • 5-4 Ashland, VA All-American



Smooth and solid performer who will likely anchor the team's floor exercise lineup this year ... Plans to upgrade tumbling passes on floor ... Has ability to train on all four events ... Holds a share of the school-record in both events that she has competed in ... **2003:** Broke through with an outstanding season as one of the team's top performers on beam and floor exercise ... Tied her own school-record with a 9.900 on floor exercise on 3/16/03 at George Washington ... Tied the school-record on beam with a 9.900 on 3/20/03 against N.C. State ... Notched two of the top 10 all-time beam scores and three of the top 10 floor scores in school history on the season ... Named as an alternate for the NCAA regional meet on floor exercise ... Named ECAC Coaches Choice Award winner on 3/11/03 ... ECAC All-Academic team ... **2002:** Two-time ECAC Rookie of the Week winner ... Named ECAC Rookie of the Week for performance in 3/6/02 meet, where she scored a season-high 9.800 on the beam and a then-personal best of 9.825 on the floor ... Named Rookie of the Week on 2/10/02 after a 9.800 on beam and a 9.750 on floor exercise ... Broke a W&M freshman record with a 9.900 on floor exercise on 3/12/02 ... That score also tied the school-record ... **Prep:** Virginia High School League State Champion in 2001 ... Level 9 State Champion in 1996 and 1997 ... **Personal:** Daughter of Peggy and Felix Cross ... Majoring in psychology and elementary education ... Enjoys running ... Born April 6, 1983 in Richmond, VA.

Tribe Talk

"She is the best teammate, roommate and friend I could ever ask for."
- junior Rachel Glasmire

"Jaci is extremely caring and considerate of everyone in the gym."
- freshman Andrea Dochney

"Jaci helps to keep the team in great spirits and is a solid vaulter."
- senior Catie Borklund

"Jaci struggled early, but when she was on, it was great for us because she started us off so strongly on vault at each meet."
- Head Coach Mary Lewis



Jaci's Personal Records: Vault - 9.800

Outside of the Gym

Pet peeves: Traffic

If I had front row tickets to a concert/event, I'd go see: Kenny Chesney

If I could have dinner with anyone, it would be: Oprah Winfrey

Favorite city: Boulder, CO

Switch places with anyone for a day: Someone with a good voice so I could sing

Favorite country to visit: Switzerland

Craziest ambition: To be a ski instructor out west

Why W&M: Because its a challenging school with an amazing gymnastics team and the weather is warm!

Jaci Lynn Junior • 5-2 Copley, OH Classics



Returning conference vault champion who persevered through early struggles to pace the squad in the event ... Got the team off to a good start on a consistent basis with her handspring double full vault ... Has the ability to perform a bars routine ... **2003:** ECAC Champion on vault by virtue of her career-best 9.800, the fourth-best mark in school history ... Came on strong at the end of the season with seven straight marks above 9.600 ... Won ECACs despite being the first gymnast to vault among the 36 competitors on the event ... **2002:** Named ECAC Rookie of the Week after scoring a 9.775 on vault at Wolfpack Invitational (3/2/02) ... Tied that mark at quad-meet on 3/16/02, which was good enough for seventh on the all-time list at W&M ... Named as an alternate to NCAA regional meet on vault ... **Prep:** Varsity gymnastics competitor freshman and senior years ... Also lettered in cross country and track ... **Personal:** Daughter of Chuck and Paula Lynn ... Enjoys running, rock climbing and reading ... Born October 20, 1982 in Akron, OH.

THE JUNIOR CLASS

Tribe Talk

"Jess will always put a smile on your face during the tough times."
- senior Jamie Weinfeldt

"She is always a source of entertainment and a great gymnast."
- sophomore Brittany Gibbs

"After almost three years with Jess, there's still never a dull moment when I'm around her."
- junior Allison Shonerd

"Jess is a very consistent vaulter and has very good skills on beam. She is a big asset to this team."
- Head Coach Mary Lewis



Jess Patterson Junior • 5-2 Westfield, NJ NorthStars



Solid scorer who competed on three events (vault, beam, floor) and will continue to train on all three this season ... Has potential to be a regular in the floor lineup with upgraded tumbling passes ... **2003:** Competed on three events for the Tribe, showing great consistency on vault and solid potential on both beam and floor exercise ... Scored a season-best 9.800 on vault on two occasions (2/7/03 and 3/12/03) ... Scored above a 9.650 on vault in all but one meet ... Notched a career-high 9.825 on beam on 1/31/03 ... Performed on floor exercise on four occasions, with a season-best of 9.650 coming on 2/7/03 ... **2002:** Scored a season-high 9.825 on the vault at quad-meet on 3/16/02, good enough for second place on the W&M all-time list and ECAC Rookie of the Week honors ... The 9.825 vault score was a freshman record at the College ... Recorded a 9.775 on beam at 3/6/02 home meet ... **Prep:** New Jersey State Level 10 vault and floor champion ... Region 7 vault champion ... 2000 USAIGC National Floor Champion ... **Personal:** Daughter of John and Jan Patterson ... Majoring in art history ... Enjoys going to the beach and shopping ... Born May 23, 1983 in Summit, NJ.

Jess's Personal Records: Vault - 9.825, Balance Beam - 9.825, Floor Exercise - 9.650

Outside of the Gym

Pet peeves: Snoring
If I had front row tickets to a concert/event, I'd go see: Bruce Springsteen
When I was growing up, I pretended to be: A princess
Favorite city: New York City
Switch places with anyone for a day: The Hilton sisters
You'd be surprised to know: I have a tattoo
When I have time to relax: I go to the beach
Why W&M: I had a great time with the team and loved it here

Tribe Talk

"She is down to earth and always knows the right things to say to make you want to go after your goal"
- junior Emma Cross

"Not only is she an incredible person, she is one of the team's top bar workers. She is such a team player."
- senior Suzanne Chaves

"She swings the most beautiful bars and makes it look so easy."
- sophomore Annie Carroll

"Allison has a great work ethic, and it shows in her performance."
- Head Coach Mary Lewis



Allison Shonerd Junior • 5-8 Springfield, VA Capital



Very tough, hard-working gymnast who excelled on the uneven bars last year ... Recovering from an injury that could affect her early in the season ... If healthy, will train on vault and possibly floor, in addition to bars ... **2003:** One of the squad's best bars workers, as evidenced by her late-season performance where she averaged a score of 9.770 in the final five meets of the season ... Named ECAC Athlete of the Week on 1/21/03 after a solid performance in the season-opening GW Invitational ... Scored a 9.825 on bars at ECACs to tie for third place in the conference ... **2002:** Season-high of 9.850 on bars in only third career meet (1/26/02), good-enough for the W&M freshman record ... Back-to-back solid scores of 9.400 on vault (2/22/02 and 3/2/02) ... **Prep:** Three-time Liberty District all-around champion ... Two-time all-met, all-region and all-district performer ... 1998 State all-around champion ... Alternate to Junior National Team in 1998 and 1999 ... **Personal:** Daughter of Jon and Terri Shonerd ... Majoring in accounting ... Pi Beta Phi sorority ... Enjoys running and hanging out with friends and family ... Born August 4, 1983 in Fairfax, VA.

Allison's Personal Records: Vault - 9.400, Uneven Bars - 9.850

Outside of the Gym

Pregame habits: Listening to music
Favorite pregame meal: Bagel
Goals for the season: Team - repeat at ECACs and make regionals
Most prized possession: My family
Favorite city: Washington, DC
Growing up, I wanted to be: A dancer
Favorite snack: Candy
When I have time to relax: Go for a run
Why W&M: It is a great school and I love the girls on this team

THE SOPHOMORE CLASS

Tribe Talk

"She's always there to lean on when you need a friend."

- sophomore Kristen Gaidish

"Baker has high enthusiasm and is always fun to be around."

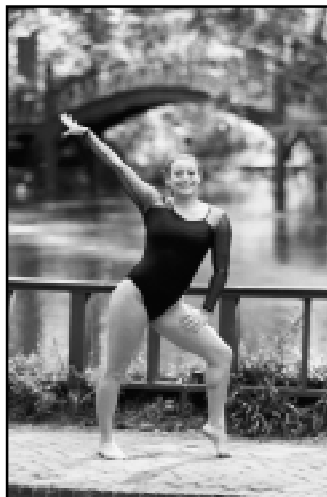
- sophomore Brittany Gibbs

"No one can top her crazy stories - or her Long Island accent."

- sophomore Kate Magee

"Jess shows so much promise on vault and floor. She gets 'big air' on her vaults, proving that the ability is there for her to succeed."

- Head Coach Mary Lewis



Jess Baker Sophomore • 5-2 Brookville, NY Infinity Gymnastics



Talented gymnast with tremendous potential on vault and floor exercise ... **2003:** Added to the squad's depth on vault and continued to improve throughout the year on exhibition performances ... Competed on vault on both 3/2/03 and 3/8/03 in the vault lineup, with her best mark of 9.150 coming in the first meet ... Scored a 9.700 on both 3/12/03 and 3/20/03 on exhibition vaults ... **Prep:** Lettered four years in gymnastics under head coach Tony Yacavone ... Served as captain of team for three years ... All-around champion at NY High School championships ... Took first place on floor exercise at club nationals under the tutelage of Tammy Marshall ... Also participated in honors chorus ... **Personal:** Enjoys snowboarding, hanging out with friends and sleeping ... Daughter of Karen and John Baker ... Born October 11, 1983 in New York, NY.

Jess's Personal Records: Vault - 9.150

Tribe Talk

"She is a powerhouse of a gymnast."

- sophomore Brittany Gibbs

"She is the rock on vault. She rises to the occasion when it really counts."

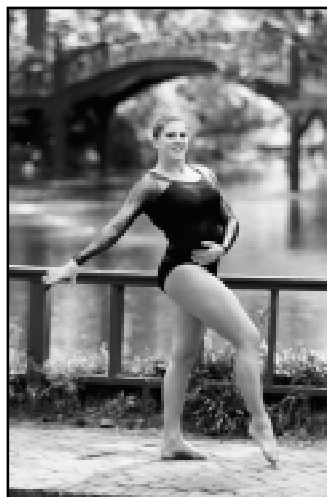
- junior Rachel Glasmire

"Annie is an hard worker who is so motivated and puts in 110 percent at every practice."

- senior Suzanne Chaves

"Annie is a very consistent performer who showed a lot by working through pain last year to excel."

- Head Coach Mary Lewis



Annie Carroll Sophomore • 5-4 Virginia Beach, VA Ocean Tumblers



Talented sophomore is recovering from offseason surgery ... Should contribute again on vault, and possibly on bars and floor ... **2003:** Performed admirably as a model of consistency for the Tribe on the vault ... Scored no lower than 9.675 on vault in her nine meets ... Scored a season-high 9.750 on three occasions (2/7/03, 3/12/03, 3/20/03) ... Named ECAC Rookie of the Week on 3/11/03 and 2/17/03 ... Also competed on floor exercise once (3/8/03) ... **Prep:** Lettered four years in gymnastics under head coach Dottie Labahn ... Also worked with coach Rick Walker at Ocean Tumblers ... Set a school-record with a 9.950 on the vault, winning state title at the 2000 VHSL gymnastics meet ... 2002 Beach District all-around champ ... 2002 Eastern Region all-around champ ... **Personal:** Enjoys the beach and sleeping ... Plans to major in kinesiology or psychology. Daughter of Raelene and Steve Carroll ... Born July 27, 1984 in Newport News, VA.

Annie's Personal Records: Vault - 9.750

Tribe Talk

"Kristen works really hard and has fun at the same time."

- senior Jamie Weinfeldt

"She is such a sassy girl who gives us something that no one else could."

- senior Suzanne Chaves

"Kristen is amazingly consistent and a true competitor."

- sophomore Kate Magee

"Kristen will be a big factor again for us this year. Her consistent performances were a key for us."

- Head Coach Mary Lewis



Kristen Gaidish Sophomore • 5-2 Abington, PA Airborne



Showed great promise as an instant contributor on three events last season ... Working on a handspring front vault with a twist ... **2003:** Very reliable three-event performer for the Tribe who played a key role in the Tribe's third-straight conference title ... Scored a season-best 9.775 on vault at the second meet of her career (1/25/03) ... Nailed a beam routine to the tune of a career-best 9.850 on 2/21/03 ... Had a season-high 9.850 on floor exercise on 3/16/03 ... Performed very well at the ECAC meet with a 9.525 on vault, 9.825 on beam and 9.800 on floor ... Captured ECAC Rookie of the Week honors on both 1/21/03 and 2/4/03 ... **Prep:** Finished in first place on the balance beam at the Pennsylvania state championship ... Captured the all-around title at the Las Vegas Invite ... **Personal:** Enjoys going out with friends, watching movies and sleeping ... Daughter of Patricia and Leonard Gaidish ... Born November 4, 1983 in Abington, PA.

Kristen's Personal Records: Vault - 9.775, Balance Beam - 9.850, Floor Exercise - 9.850

THE SOPHOMORE CLASS

Tribe Talk

"Brittany is a talented athlete, whose perseverance and determination are second to none."

- sophomore Annie Carroll

"I swear Brittany has air jets in her feet that give her an extra boost."

- senior Suzanne Chaves

"She is an awesome athlete and one of the most talented girls we have."

- sophomore Kristen Gaidish

"Brittany is an outstanding gymnast. She is a solid performer on each event."

- Head Coach Mary Lewis



Brittany Gibbs Sophomore • 5-6 West Chester, PA AJS Pancott



Promising gymnast who is recovered from a foot injury and has potential to be an all-around competitor ... Very skilled on bars ... Could anchor vault lineup ... Has good beam skills ... Great dancer and good tumbler on floor exercise ... **2003:** Missed her initial season with the Tribe due to a foot injury ... **Prep:** Competed in gymnastics for 12 years with coach Steve Pancott .. SADD vice-president ... Captain of dance team ... **Personal:** Enjoys playing the piano and participating in gospel choir ... Daughter of Belinda and Larry Gibbs ... Brother, Ryan, lettered in soccer four years at the University of Virginia ... Oldest brother, Ian, graduated from Wake Forest ... Born September 21, 1984 in West Chester, PA.

Tribe Talk

"She takes team spirit to the next level and really motivates the team."

- senior Catie Borklund

"She has a great infectious personality."

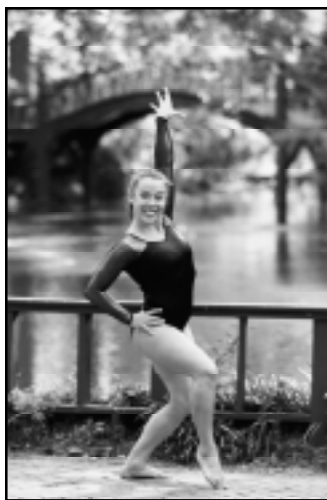
- sophomore Brittany Gibbs

"Kate is the most positive person I've ever met - she keeps us smiling."

- junior Allison Shoner

"Kate has an outgoing personality that is great to have on this team. If healthy, she could be a three-event performer for us this season."

- Head Coach Mary Lewis



Kate Magee Sophomore • 5-3 McLean, VA GMS Gymnastics



Battled back from several injuries and looks to contribute on vault, beam and floor ... Looking to upgrade beam routine ... Working on a Yurchenko vault ... **2003:** Fought through various injuries to contribute successfully in the Tribe's run to the conference championship ... Competed on vault and beam and also performed exhibitions on floor exercise ... Scored a career-best 9.575 on vault on 2/7/03, while notching her best beam mark, a 9.625, at the same meet ... **Prep:** Lettered three years under coach Carolyn Komich and coach Lauren John ... Gymnastics MVP award after sophomore season ... Trained for 11 years at GMS Gymnastics under the direction of Azin Youssefi-Manafi ... Member of the choir ... Three academic letters ... Voted "best personality" of senior class ... **Personal:** Enjoys snowboarding and singing ... Daughter of Corinne and Jim Magee ... Plans to major in English ... Born December 15, 1983 in Fairfax, VA.

Kate's Personal Records: Vault - 9.575, Balance Beam - 9.625

Freshmen and Sophomores Outside of the Gym

Pet Peeves

Kate Magee - Incorrect Grammar, Selfishness
Kristen Gaidish - When people don't do what they promise

Pregame Habits or Superstitions

Kate Magee - Say a prayer during the National Anthem
Kristen Gaidish - Listening to gangsta rap

Favorite Snack

Brittany Gibbs - Cheese fries
Annie Carroll - Chocolate Powerbar
Andrea Dochney - Peanut Butter Chocolate Chip Granola bar
Janelle Greene - Honey Nut Chex Mix
Christina Padilla - Wheat thins

Favorite City

Kristen Gaidish - Nassau, Bahamas
Christine Carwell - Austin, TX
Christina Padilla - Chicago, IL

Switch places with anyone for a day

Jess Baker - No one, because I like being myself

People would be surprised if they knew I

Brittany Gibbs - Don't curse and I go to church every week
Jess Randall - Grew up on a farm
Janelle Greene - Think before I speak
Christine Carwell - Love to play golf

Favorite Athlete

Kate Magee - Brittany Gibbs

Growing up I wanted to be

Kate Magee - A bus stop
Kristen Gaidish - A surgeon until I dissected a frog and nearly threw up
Andrea Dochney - A stunt woman

If I had front row tickets to a concert/event, I'd go to

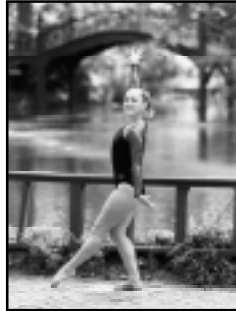
Kristen Gaidish - DMX, Jay-Z, Wu-Tang Clan
Annie Carroll - Tim McGraw
Jess Randall and Christine Carwell - No Doubt
Andrea Dochney - Weezer
Jess Baker - New York Yankees game
Janelle Greene - N.E.R.D.
Christina Padilla - John Mayer

THE FRESHMAN CLASS

Tribe Talk

"Christine has one of the best attitudes and work ethics in the gym."
- freshman **Andrea Dochney**

"Christine is a really hard worker. She's a quiet girl, but she gets it done in the gym."
- **Head Coach Mary Lewis**



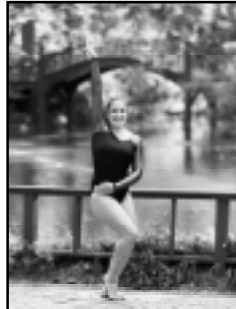
Christine Carwell
Freshman • 5-1
Austin, TX
Capital

A relative newcomer to gymnastics who has only been performing for seven years ... Has a lot of untapped potential ... **Prep:** Trained in all events under coaches Barry Hyder, Courtney Smith and Mark Cooper ... Reached the Level 10 Regional Championships in 2003 ... **Personal:** Daughter of Robert Carwell and Sheryl Farley ... Plans to major in government or international relations ... Enjoys movies and traveling ... Born August 5, 1985 in Houston, TX.

Tribe Talk

"Andrea is always fun to be around and is a good, loyal teammate."
- freshman **Jess Randall**

"You can tell that Andrea enjoys being in the gym. She comes in and just takes care of business in her workouts."
- **Head Coach Mary Lewis**



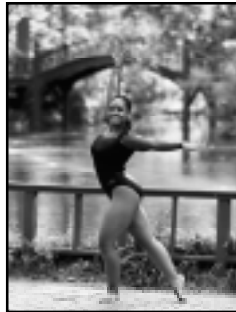
Andrea Dochney
Freshman • 5-5
Westmont, NJ
Will-Moor

Has a chance to immediately contribute on bars ... Also solid on the balance beam ... **Prep:** Two-time state champion on bars and 2003 state champ on beam ... Has an original move on bars named after her, the "Dochney" ... **Personal:** Daughter of Kevin Dochney and Theresa Carbone ... Enjoys crafts, watching TV and playing kickball ... Born August 2, 1985 in Camden, NJ.

Tribe Talk

"She's an amazing bar worker with giant release moves, and I can't wait to see what else she is capable of this year!"
- sophomore **Kate Magee**

"Janelle is the life of the party and is a lot of fun in the gym."
- **Head Coach Mary Lewis**



Janelle Greene
Freshman • 5-4
Fairfax, VA
Chantilly Academy

Talented newcomer with potential to have immediate impact on bars ... Coming off of knee surgery last January ... Very consistent on beam ... Has nice giant-full reverse hecht combo on bars ... **Prep:** Worked for 10 years under coach Anne Foster ... Led Chantilly High School to state title ... **Personal:** Daughter of Aaron and Mary Greene ... Enjoys shopping and dancing ... Born February 26, 1985 in Washington, DC.

Tribe Talk

"Christina works hard at everything she does. She is dedicated and energetic."
- junior **Jess Patterson**

"Christina is just a genuinely nice person. I think she'll really surprise some people out there this year."
- **Head Coach Mary Lewis**



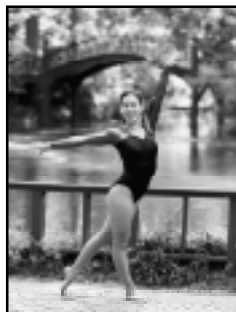
Christina Padilla
Freshman • 5-4
Sterling, VA
Gymini

Very consistent vaulter who could crack the lineup this year ... Performs same vault as teammate Jaci Lynn, defending ECAC champ in the event ... **Prep:** Three-time state championship competitor ... Worked under coaches Kiki Wiles and Tracie Hawes ... *Washington Post* All-Extra team ... **Personal:** Daughter of Fernando and Karan Padilla ... Enjoys coaching gymnastics and hanging out with friends ... Born July 3, 1985 in Fairfax, VA.

Tribe Talk

"Jess is coming back from injury like a champ and is always so encouraging toward her teammates."
- freshman **Christine Carwell**

"Jess is one of our most determined gymnasts. She's already looking good on bars and beam."
- **Head Coach Mary Lewis**



Jess Randall
Freshman • 5-4
West Hartford, CT
New England Gymnastics Express

Recovering from knee surgery in March ... Could be an all-around competitor if healthy ... Good floor skills ... **Prep:** Trained 12 years under coach Maureen Chagnon ... Qualified for 2002 Nationals ... Won Bahamas Invitational in 2001 and Colonial Classic in 2003 ... **Personal:** Daughter of James Randall and Vivian Chow ... Enjoys playing the piano and reading ... Born September 26, 1985 in Manchester, CT.

2003 IN REVIEW

2003 Results

| Date | Meet | Vault | Bars | Beam | Floor | Overall | Place |
|----------|----------------------------|---------------|---------------|---------------|---------------|----------------|----------|
| Jan. 16 | at GW Invitational | 47.400 | 47.325 | 45.900 | 46.525 | 187.150 | 4th of 7 |
| Jan. 25 | UNC | 47.050 | 45.750 | 46.100 | 48.025 | 186.925 | L |
| Jan. 31 | at UNC (w/JMU) | 46.250 | 47.225 | 47.675 | 47.475 | 188.625 | 3rd of 3 |
| Feb. 7 | at JMU | 48.550 | 47.125 | 48.300 | 48.675 | 192.650 | W |
| Feb. 14 | at Sweetheart Invitational | 47.800 | 48.175 | 48.275 | 48.925 | 193.175 | 3rd of 4 |
| Feb. 21 | at Eastern Michigan | 48.275 | 46.850 | 48.050 | 47.225 | 190.400 | L |
| March 2 | at UNC (w/Towson, Minn) | 48.330 | 47.650 | 48.100 | 48.175 | 192.225 | 4th of 4 |
| March 8 | at NC State (w/Pitt, JMU) | 48.350 | 48.700 | 47.175 | 47.250 | 191.475 | 4th of 4 |
| March 12 | JAMES MADISON | 48.725 | 47.550 | 48.575 | 48.875 | 193.725 | W |
| March 20 | NC STATE | 48.650 | 48.625 | 49.225 | 48.950 | 195.450 | L |
| March 29 | ECAC Championships (Yale) | 48.575 | 48.850 | 48.700 | 49.075 | 195.200 | 1st of 6 |

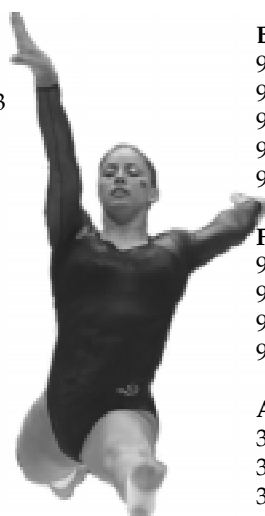
* - bolded scores are season-highs in each event

Season Highlights

- Captured a third-consecutive ECAC Championship with a team score of 195.200, topping the host team, Yale.
- Scored three of the top four team marks in school history in the final three meets of the season, with a record 195.450 against NC State in the senior meet at William and Mary Hall.
- Set a team record on beam (49.225) on 3/20 against NC State.
- Eight ECAC All-Academic team members
- Five NACGC Scholastic All-Americans
- ECAC Scholar-Athlete of the Year (Amy Van Deusen)
- ECAC Coach of the Year (Mary Lewis)
- NCAA Regionals Alternate (Emma Cross)

2003 Honors

- **ECAC Athlete of the Week**
Suzanne Chaves - 3/25/03, 3/18/03, 2/18/03
Allison Shonerd - 1/21/03
- **ECAC Rookie of the Week**
Annie Carroll - 3/11/03, 2/18/03
Kristen Gaidish - 1/21/03, 2/4/03
- **ECAC Coaches Choice Award**
Emma Cross - 3/11/03
Erin Skinner - 3/25/03
Amy Van Deusen - 2/18/03
- **ECAC All-Academic Team**
Emma Cross
Kat Echeverria
Rachel Glasmire
Breanna Korsman
Kerri Simpson
Erin Skinner
Amy Van Deusen
Jamie Weinfeldt
- **ECAC Scholar-Athlete of the Year**
Amy Van Deusen
- **ECAC Coach of the Year**
Mary Lewis
Emma Cross - 3/11/03
- **NACGC Scholastic All-American**
Kat Echeverria, Rachel Glasmire, Breanna Korsman, Kerri Simpson, Amy Van Deusen
- **NCAA Regional Meet Alternate Selection**
Emma Cross (Floor Exercise)



Season Superlatives

Vault

- 9.800 - Jaci Lynn - 3/29/03
- 9.800 - Jaci Lynn - 3/12/03
- 9.800 - Jess Patterson - 3/12/03
- 9.800 - Jess Patterson - 2/7/03

Uneven Bars

- 9.875 - Amy Van Deusen - 3/16/03
- 9.825 - Rachel Glasmire - 3/29/03
- 9.825 - Allison Shonerd - 3/29/03
- 9.825 - Amy Van Deusen - 3/12/03

Balance Beam

- 9.900 - Emma Cross - 3/20/03
- 9.900 - Jamie Weinfeldt - 3/20/03
- 9.875 - Emma Cross - 3/29/03
- 9.875 - Erin Skinner - 3/12/03
- 9.875 - Jamie Weinfeldt - 3/29/03

Floor Exercise

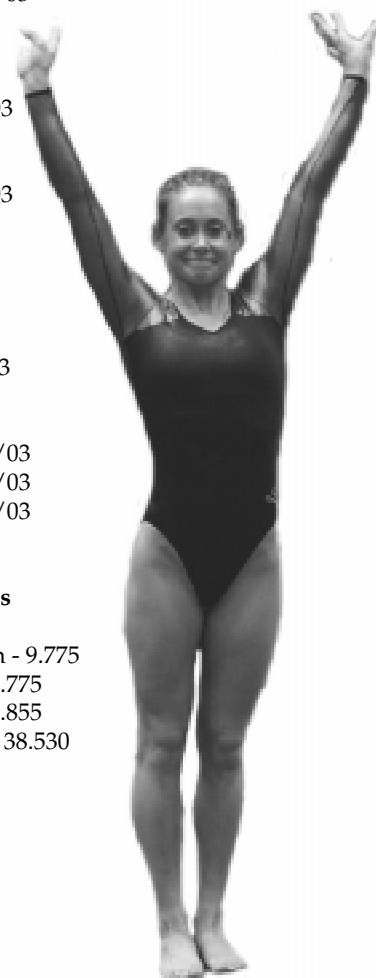
- 9.900 - Emma Cross - 3/16/03
- 9.850 - Emma Cross - 2/20/03
- 9.850 - Emma Cross - 2/14/03
- 9.850 - Kristen Gaidish - 3/16/03

All-Around

- 39.025 - Suzanne Chaves - 3/29/03
- 38.975 - Suzanne Chaves - 3/20/03
- 38.850 - Suzanne Chaves - 3/16/03
- 38.775 - Erin Skinner - 3/20/03

Top Regional Qualifying Scores

- Vault** - Jess Patterson - 9.770
- Uneven Bars** - Amy Van Deusen - 9.775
- Balance Beam** - Emma Cross - 9.775
- Floor Exercise** - Emma Cross - 9.855
- All-Around** - Suzanne Chaves - 38.530



THE RECORD BOOK

Individual Records

All-Around

| Individual | Score | Date |
|---------------------|--------|---------|
| 1. Nikki Dattoli | 39.075 | 3/7/01 |
| 2. Suzanne Chaves | 39.025 | 3/29/03 |
| 3. Suzanne Chaves | 38.975 | 3/20/03 |
| 4. Suzanne Chaves | 38.850 | 3/16/03 |
| 5. Nikki Dattoli | 38.825 | 3/3/01 |
| 6. Jamie Weinfeldt | 38.800 | 3/24/01 |
| 7. Erin Skinner | 38.775 | 3/20/03 |
| 8. Becky Johnson | 38.725 | 3/27/99 |
| 9. Erin Skinner | 38.650 | 3/8/03 |
| 10. Jamie Weinfeldt | 38.600 | 3/3/01 |

Vault

| Individual | Score | Date |
|-------------------|-------|---------|
| 1. Jess Dancu | 9.850 | 3/6/02 |
| 2. Jess Patterson | 9.825 | 3/16/02 |
| Jess Dancu | 9.825 | 3/18/01 |
| 4. Jaci Lynn | 9.800 | 3/29/03 |
| Jaci Lynn | 9.800 | 3/12/03 |
| Jess Patterson | 9.800 | 3/16/03 |
| Jess Patterson | 9.800 | 2/7/03 |
| Nikki Dattoli | 9.800 | 3/16/02 |
| Jess Patterson | 9.800 | 3/12/02 |
| Jess Dancu | 9.800 | 1/26/01 |

Uneven Bars

| Individual | Score | Date |
|--------------------|-------|---------|
| 1. Nikki Dattoli | 9.900 | 1/26/02 |
| Kady Dendramis | 9.900 | 3/24/01 |
| 3. Amy Van Deusen | 9.875 | 3/16/03 |
| 4. Allison Shoner | 9.850 | 1/26/02 |
| Amy Van Deusen | 9.850 | 3/16/01 |
| 6. Rachel Glasmire | 9.825 | 3/29/03 |
| Allison Shoner | 9.825 | 3/29/03 |
| Amy Van Deusen | 9.825 | 3/12/03 |
| Amy Van Deusen | 9.825 | 3/24/01 |
| Jamie Weinfeldt | 9.825 | 3/24/01 |
| Kady Dendramis | 9.825 | 3/16/01 |
| Nikki Dattoli | 9.825 | 3/7/01 |
| Nikki Dattoli | 9.825 | 3/13/00 |
| Sarah Reynolds | 9.825 | 3/20/99 |



Erin Skinner holds two of the top 10 all-around scores in Tribe history.

Balance Beam

| Individual | Score | Date |
|-------------------|-------|---------|
| 1. Emma Cross | 9.900 | 3/20/03 |
| Jamie Weinfeldt | 9.900 | 3/20/03 |
| Jamie Weinfeldt | 9.900 | 3/24/01 |
| Lynn Dameron | 9.900 | 3/12/93 |
| 5. Emma Cross | 9.875 | 3/29/03 |
| Jamie Weinfeldt | 9.875 | 3/29/03 |
| Erin Skinner | 9.875 | 3/12/03 |
| 8. Suzanne Chaves | 9.850 | 3/29/03 |
| Erin Skinner | 9.850 | 3/20/03 |
| Kristen Gaidish | 9.850 | 2/21/03 |
| Jess Dancu | 9.850 | 3/23/02 |
| Nikki Dattoli | 9.850 | 3/24/01 |
| Jamie Weinfeldt | 9.850 | 3/16/01 |
| Brooke Sawyer | 9.850 | 3/7/01 |
| Lynn Dameron | 9.850 | 3/18/95 |
| Lynn Dameron | 9.850 | 3/5/94 |
| Lynn Dameron | 9.850 | 3/14/93 |

Floor Exercise

| Individual | Score | Date |
|-----------------|-------|---------|
| 1. Emma Cross | 9.900 | 3/16/03 |
| Emma Cross | 9.900 | 3/12/02 |
| Erin Skinner | 9.900 | 1/26/02 |
| Brandee Gound | 9.900 | 3/20/99 |
| Anna Dwyer | 9.900 | 2/16/92 |
| 6. Emma Cross | 9.875 | 3/29/03 |
| Emma Cross | 9.875 | 3/12/03 |
| Suzanne Chaves | 9.875 | 3/23/02 |
| Erin Skinner | 9.875 | 3/23/02 |
| Jamie Weinfeldt | 9.875 | 3/12/02 |
| Nikki Dattoli | 9.875 | 1/26/02 |
| Erin Skinner | 9.875 | 3/16/01 |
| Brandee Gound | 9.875 | 3/27/99 |

Jamie Weinfeldt (left) is the only gymnast in W&M history to score a 9.900 twice on the balance beam.

Team Records

Overall Score

| Score | Date | Meet |
|------------|---------|------------------|
| 1. 195.450 | 3/20/03 | vs. N.C. State |
| 2. 195.200 | 3/29/03 | ECACs (at Yale) |
| 3. 194.500 | 3/6/02 | vs. WMU/Towson |
| 4. 194.100 | 3/16/03 | at G. Washington |
| 5. 193.725 | 3/12/03 | vs. JMU |
| 6. 193.600 | 3/23/02 | ECACs |
| 193.600 | 3/13/00 | vs. Rhode Island |
| 8. 193.275 | 3/12/02 | VILs |
| 9. 193.175 | 3/16/01 | at VILs |
| 193.175 | 2/14/03 | at Hearts Invite |

Vault

| Score | Date | Meet |
|------------|---------|------------------|
| 1. 48.800 | 3/16/02 | at Maryland |
| 2. 48.725 | 3/12/03 | vs. JMU |
| 3. 48.675 | 3/12/02 | VILs |
| 4. 48.650 | 3/20/03 | vs. N.C. State |
| 48.650 | 3/6/02 | vs. WMU/Towson |
| 6. 48.600 | 3/16/03 | at G. Washington |
| 48.600 | 3/23/02 | ECACs |
| 8. 48.575 | 3/29/03 | ECACs (at Yale) |
| 9. 48.550 | 2/7/03 | at JMU |
| 10. 48.475 | 3/14/99 | vs. Radford |

Uneven Bars

| Score | Date | Meet |
|-----------|---------|--------------------|
| 1. 48.975 | 3/16/01 | at VILs |
| 2. 48.950 | 3/16/03 | at G. Washington |
| 3. 48.850 | 3/29/03 | ECACs (at Yale) |
| 4. 48.800 | 1/26/02 | at Rhode Island |
| 5. 48.700 | 3/8/03 | at N.C. State |
| 6. 48.625 | 3/20/03 | vs. N.C. State |
| 48.625 | 3/13/00 | vs. Rhode Island |
| 8. 48.450 | 3/3/01 | at Wolfpack Inv. |
| 9. 48.325 | 3/6/02 | W. Michigan/Towson |
| 48.325 | 1/19/02 | at GW Invitational |
| 48.325 | 2/23/01 | at UNC |

Balance Beam

| Score | Date | Meet |
|------------|---------|-------------------|
| 1. 49.225 | 3/20/03 | vs. N.C. State |
| 2. 48.825 | 3/6/02 | WMU/Towson |
| 3. 48.800 | 3/12/02 | VILs |
| 4. 48.700 | 3/29/03 | ECACs (at Yale) |
| 5. 48.575 | 3/12/03 | vs. James Madison |
| 6. 48.325 | 3/5/97 | vs. Indiana (Pa.) |
| 7. 48.300 | 3/12/93 | at N.C. State |
| 8. 48.275 | 2/14/03 | at Hearts Invite |
| 9. 48.200 | 3/24/01 | at ECACs |
| 10. 48.125 | 3/15/98 | VILs |

Floor Exercise

| Score | Date | Meet |
|-----------|---------|-------------------|
| 1. 49.100 | 3/27/99 | at ECACs |
| 2. 49.075 | 3/29/03 | ECACs (at Yale) |
| 3. 49.025 | 3/16/01 | at VILs |
| 4. 48.950 | 3/20/03 | vs. N.C. State |
| 48.950 | 3/13/00 | vs. Rhode Island |
| 48.950 | 2/11/00 | at N.C. State |
| 7. 48.925 | 2/14/03 | at Hearts Invite |
| 8. 48.900 | 3/10/99 | vs. N.C. State |
| 9. 48.875 | 3/16/03 | at G. Washington |
| 48.875 | 3/12/03 | vs. James Madison |

**"Exercise and recreation ... are as necessary as reading;
I will say rather more necessary, because health is worth more than learning.
A strong body makes the mind strong."
—Thomas Jefferson, W&M Class of 1762**

Few colleges in America can boast of the combination of athletic and academic excellence that is found at the College of William and Mary. Each year, more than 500 Tribe student-athletes, competing on 23 Division I teams, prove that it is possible to simultaneously excel at the highest levels of athletics and academics.

Athletic Excellence

The 2002-03 season was one of the best in W&M history, as the Tribe had a school-record 10 teams compete in the NCAA Tournament. Four teams won conference championships, while six teams ended the season nationally ranked in the top-25. Each year the goal of the athletics department is to finish in the top-100 nationally in the NACDA Directors' Cup standings and this season W&M far exceeded that standard, ending the 2002-03 campaign ranked 58th. It marked the eighth time in the last 10 years that the Tribe finished in the top-four in Virginia and first or second in the Colonial Athletic Association.

William and Mary fields Division I teams for both men and women in basketball, cross country, golf, gymnastics, soccer, swimming and diving, tennis, and indoor and outdoor track and field. There are also

field hockey, lacrosse and volleyball squads for women of the College, while there are two additional sports (baseball and football) for men.

Overall, the College has proven dominant in the CAA, leading the league with 70 conference titles, 21 more than the next closest school. In recent years, it has become typical for W&M to win at least five conference championships and send seven or more teams to the NCAA Tournament each season.

Academic Success

The Tribe's athletic accomplishments do not come at the expense of its students' academic responsibilities. In the 2002-03 season, W&M student-athletes, who make up close to 10% of the entire student body, compiled a 3.03 grade point average.

In 2002-03 the CAA began a Scholar-Athlete of the Year award for each of the league's 21 sports. Not surprisingly, W&M set the pace with five athletes winning the honor—Tara Flint (women's soccer), Ali Henderson (women's cross country), Adam Hess (men's basketball), Chris Parsons (men's track and field) and Ann Schnell (women's golf)—more than any other school.



William and Mary has won three-straight conference titles in women's gymnastics.

William and Mary - A College of Champions

NCAA Championships (2)
Men's Tennis (2) 1947, 1948

CAA Championships (70)
Baseball (1) 2001

Men's Cross Country (10) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002

Women's Cross Country (10) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998

Men's Golf (1) 1985

Women's Lacrosse (1) 1992

Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000

Women's Soccer (8) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001

Men's Tennis (2) 1988, 1990

Women's Tennis (16) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002

Men's Track and Field (3) 1992, 1993, 2003

Women's Track and Field (4) 1999, 2001, 2002, 2003

Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001

Atlantic 10 Football Championships (2)
1996, 2001

ECAC Championships (6)

Men's Gymnastics (2) 1992, 1994

Women's Gymnastics (4) 1999, 2001, 2002, 2003

Southern Conference Championships (48)

Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Football (4) 1942, 1947, 1966, 1970

Men's Soccer (1) 1976

Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Men's Outdoor Track and Field (12) 1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Wrestling (5) 1968, 1969, 1970, 1971, 1977

FACILITIES

The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.



- Home of the Tribe's field hockey team
- Made possible by a generous grant from the Anheuser-Busch Corporation
- Playing surface is a unique combination of a poured pad with an AstroTurf playing surface
- Seats over 2,200
- State-of-the-art computerized lighting system and an elevated press box



- New home of the Tribe men's and women's soccer and lacrosse teams, slated to open in the fall of 2003.
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime Tribe soccer coaches Al Albert and John Daly



- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and Stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- State-of-the-art lighting system and scoreboard



- Home of Tribe baseball-made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Locker room, box seats and concessions



- Home of the Tribe's tennis teams for the outdoor season
- One of the College's newest venue, completed in September, 2001
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play

- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 13,000
- Eight-lane 400 meter track surrounds the field and is home to the prestigious Colonial Relays
- Joseph Montgomery football practice facility is located adjacent to the stadium



- Home of the Tribe's basketball, gymnastics and volleyball teams
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and a gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices

STUDENT-ATHLETE SUPPORT SERVICES

Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.

Compliance and Academic Support

As members of the Colonial Athletic Association and NCAA Division I, the College is committed to full compliance with all NCAA and conference regulations. The department has a fulltime Director of Compliance committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor assigned by the director of Academic Advising. Students remain with this advisor until their sophomore year at which time they select a faculty advisor in their chosen major.

Within the athletic department, the Academic Support Coordinator is a valuable resource for student-athletes serving in a liaison role with the various student service offices throughout the campus community. The College has offices for Volunteer Services, Career Services, a Writing Resource Center and Oral Communication Studio, to name a few.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.



Strength, Speed and Conditioning

Tribe athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head and Assistant Strength Coach each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to assure safety at all times.

Sports Psychology

The athletic department has on staff a sports psychologist, who holds a Ph.D. in sports psychology. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance.

The sports psychology consultant is considered a member of the Counseling Center and refers individuals to the Center when appropriate.

Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of a team physician, seven full time certified athletic trainers,



two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitative and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and assure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists. Through a team approach to health care the sports medicine program can offer comprehensive health care services to the student-athletes in a caring and cooperative manner.

ABOUT THE COLLEGE

The College of William and Mary - The Best Small Public University in the United States

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler. The current chancellor of the College is former Secretary of State Henry Kissinger, and he took over the post from former British Prime Minister Margaret Thatcher.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy", and ranks 15th among the best regional business schools.



The Wren Building is the oldest one in the United States in which classes are still taught.



Lake Matoaka provides an on-campus field laboratory and recreational activities, and includes an amphitheatre to host concerts.

Did You Know?

- W&M is the best small public university in the nation, according to an analysis by *U.S. News and World Report*.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 30th overall among the nation's best universities.
- The average freshman retention rate is 96 percent.
- The College's student/faculty ratio is 12/1.
- Over 46 percent of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 17 students.
- W&M ranked 17th in graduation rates for national universities.
- Over 20,000 internships are posted on the school's web site.
- 10,400 high school students applied for 1,300 spots in the freshman class for the 2003-04 school year.
- More W&M graduates go on to earn doctorates than any other university in the state of Virginia.
- Over 83 percent of freshmen at W&M were in the top 10 percent of their high school graduating class.

In addition to the historic Williamsburg setting of the College, there are many other attractions offered within a reasonable driving distance from campus. W&M is located within three hours of Washington, D.C. Whether you like surfing at Virginia Beach (one hour away) or skiing at Massanutten (less than three hours away), there is something for everyone in the W&M vicinity.

Amusement Parks

Busch Gardens (Williamsburg, 10 min.)
Water Country (Williamsburg, 10 min.)
Kings Dominion (Ashland, 45 min.)
Ocean Breeze (Virginia Beach, 60 min.)

You can watch the sunrise at Virginia Beach (below) or watch your life pass before your eyes on one of the thrilling roller coasters at Busch Gardens (right).

Sports/Concerts

Norfolk Scope (Norfolk, 45 min.)
Chrysler Hall (Norfolk, 45 min.)
Harbor Park (Norfolk, 45 min.)
Verizon Wireless Amphitheatre (Virginia Beach, 60 min.)
Hampton Coliseum (Hampton, 30 min.)
Richmond Coliseum (Richmond, 45 min.)
Richmond International Raceway (Richmond, 45 min.)
The Diamond (Richmond, 45 min.)



Tribe Gymnastics



Senior Jamie Weinfeldt

Senior Suzanne Chaves

Senior Catie Borklund

"We are all individuals on this team, and each girl has her own role and part. Each individual makes up part of a unit, and we are all team players. There is not one girl on this team who is more important than another. I am so proud to say that these girls are my teammates. There is no other group of girls that I would rather spend my time with."

2003 Senior co-captain Suzanne Chaves

The Opportunity of a Lifetime



2004 William and Mary Women's Gymnastics Schedule

| Date | Opponent | Time |
|----------------|--|---------------|
| 12/4/03 | Green and Gold Intrasquad | 5 p.m. |
| 1/9/04 | at N.C. State | 7 p.m. |
| 1/18/04 | at GW Invitational | 1 p.m. |
| 1/24/04 | NORTH CAROLINA | 3 p.m. |
| 2/6/04 | at James Madison | 7 p.m. |
| 2/8/04 | GEORGE WASHINGTON | 5 p.m. |
| 2/13/04 | at Sweetheart Invitational (N.C. State) | 7 p.m. |
| 2/22/04 | at North Carolina (with Towson) | 2 p.m. |
| 2/27/04 | at Towson | 7 p.m. |
| 3/6/04 | at Nation's Capital Cup (GW) | 2 p.m. |
| 3/10/04 | at Towson | 7 p.m. |
| 3/13/04 | TOWSON AND JAMES MADISON | 6 p.m. |
| 3/20/04 | at ECAC Championships (UPenn) | 1 p.m. |
| 4/3/04 | at NCAA Regionals (N.C. State) | 6 p.m. |

