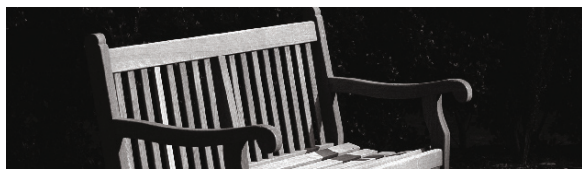




WILLIAM & MARY
WOMEN'S
GYMNASTICS
2006



The College of

The first honorary degree from the College, a Master of Arts, was conferred upon Benjamin Franklin on April 2, 1756.

William & Mary

Four Presidents of the United States benefited from educational programs offered by the College: George Washington, Thomas Jefferson, James Monroe and John Tyler.

Chartered in 1693, the College was founded nearly four decades before Georgia, the last of the original 13 American colonies, was chartered by King George II in 1732.

Facts About The College

- W&M was founded in 1693 and is the second-oldest educational institution in the United States.
- W&M was the highest ranked small public university in the country according to U.S. News and World Report.
- W&M ranked 16th in graduation rates for national universities.
- W&M was given the highest rating of academics, five stars, by the Fiske Guide to Colleges.
- W&M has a student/faculty ratio of 12/1.
- More W&M graduates go on to earn doctorates than any other university in Virginia.
- W&M students founded Phi Beta Kappa, the premier academic honor society in American, in 1776.
- In the inaugural NCAA Academic Progress Report, W&M boasted the fourth-best APR score (992) among 328 active and provisional institutions, and W&M leads all programs that offer performance-based grants and financial aid to scholar-athletes.

Constructed between 1695 and 1699, the Wren Building is the oldest academic building in the United States. The building was originally designed to be the whole college, including a dining hall, dorm rooms and classrooms.

The Sunken Gardens' design was based on the gardens behind Chelsea Hospital in London, England. During the Revolutionary War, Patrick Henry selected the site as a place for the encampment of militia destined to join Washington's Continental Army in the North and later served as a bivouac area for many soldiers preparing to fight the British at Yorktown.

The "F.H.C." society was formed at the College on November 11, 1750. This was the first student secret society in America and the forerunner of the American fraternity system.

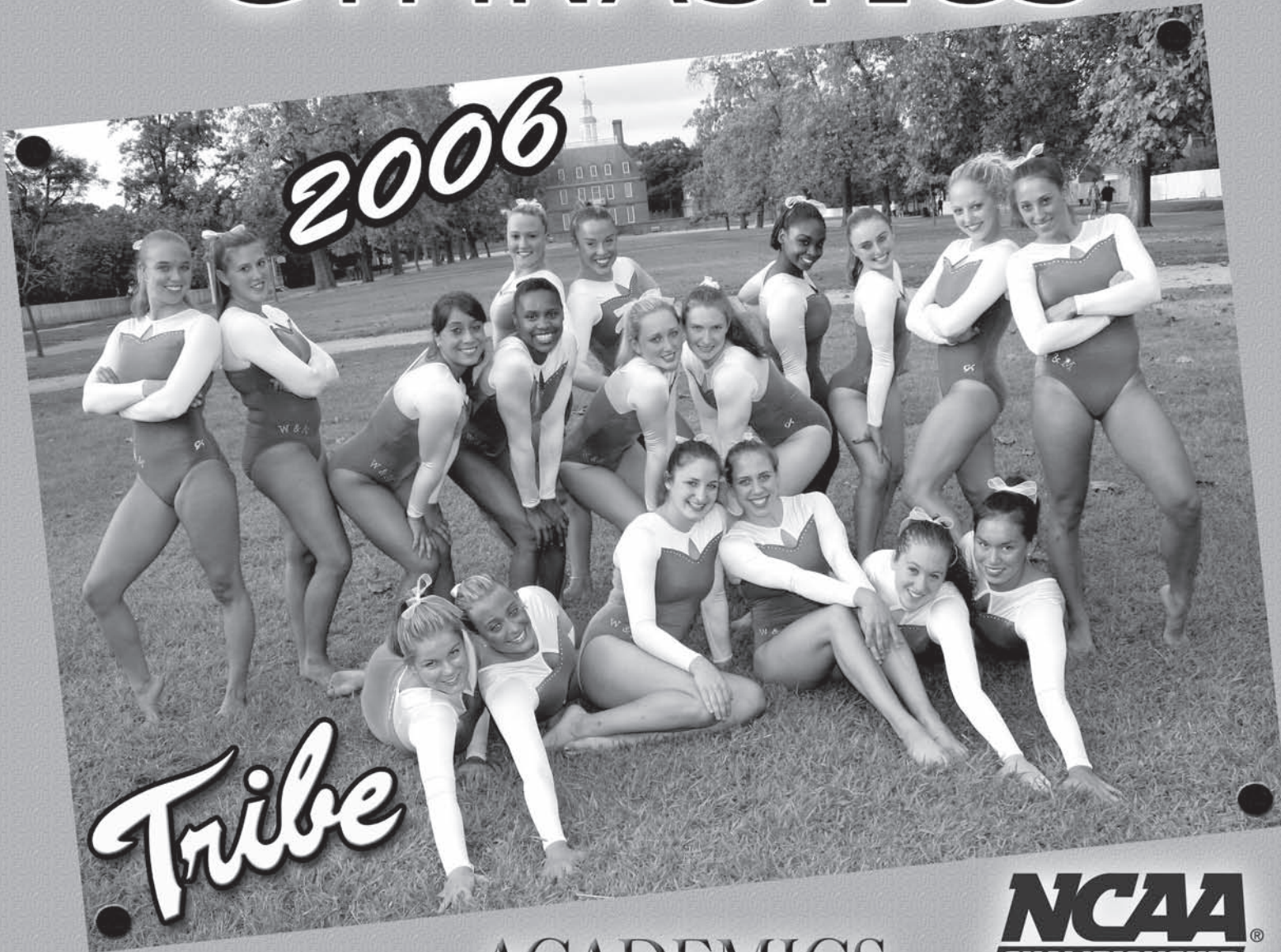
The Crim Dell was a gift from the class of 1964 to preserve the natural beauty of the area and is a memorial to John W.H. Crim, a nationally known attorney who was a benefactor to the College of William and Mary.

When the capitol of Virginia was moved from Jamestown to Williamsburg in 1699, the Wren Building served as temporary headquarters of the colonial government from 1700 until 1704.

THIS IS Tribe GYMNASTICS

ECAC[®] CHAMPIONS
1999, 2001, 2002, 2003

Along with four team titles, the Tribe program has produced 14 individual conference champions since 1994. With Christina Padilla's ECAC vault title in 2005, W&M has now had at least one individual conference champion for eight consecutive years.



HONORS

The Tribe gymnastics program has received a wealth of honors since joining the ECAC in 1988. Two Tribe gymnasts have been recognized as the league's Rookie of the Year, while coach Mary Lewis was named conference Coach of the Year in 2003. Tribe gymnasts have also gained countless all-conference honors over the years, including seven All-ECAC selections last season.

ACADEMICS

Complimenting the Tribe's list of athletic accomplishments is the program's impressive scholastic credentials, demonstrating the program's commitment to the College's standard of academic excellence. Since 2000, 26 Tribe gymnasts have been named NACGC Scholastic All-Americans, while the program has also produced three ECAC Scholar-Athlete of the Year award winners since 2002.

NCAA[®]
CHAMPIONSHIP

Under Lewis, 12 Tribe gymnasts have qualified for NCAA Southeast Regionals, including three in the last two years.



TRIBE GYMNASTICS

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Media Information

The William and Mary sports information office is always interested in assisting members of the media in their coverage of Tribe gymnastics. Updated information, including statistics and releases, can be found on the Internet at www.TribeAthletics.com. Publicity and media information for William and Mary gymnastics are coordinated by assistant sports information director Mark Hoskins.

Photographs, feature ideas and results are always available from the William and Mary sports information office. Requests for further information should be directed to Mark Hoskins at (757) 221-3344 or by e-mail at mjhosk@wm.edu.

Credits

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On the Cover

The 2006 W&M women's gymnastics team in front of the Governor's Mansion in Colonial Williamsburg (Bob Keroack). Cover designed by Mollie and Bob McClure of Shot in the Dark Studio, Richmond, Virginia.

Women's Gymnastics Quick Facts

William and Mary

Location: Williamsburg, Virginia
 Founded: 1693
 Enrollment: 5,700
 Nickname: Tribe
 Colors: Green, Gold and Silver
 Conference: Eastern Collegiate Athletic Conference
 President: Gene R. Nichol (Oklahoma State, 1973)
 Chancellor: Sandra Day O'Connor (Stanford, 1950)
 Director of Athletics: Terry Driscoll (Boston College, 1969)
 Senior Executive Associate AD: Barb Blosser (Ohio State, 1975)
 Facility (Capacity): Kaplan Arena (8,600)
 Athletics Department Phone: (757) 221-3340
 Mailing Address: PO Box 399, Williamsburg, VA, 23187
 Street Address: One Campus Dr., Williamsburg, VA, 23185

Sports Information

Assistant/Gymnastics Contact: Mark Hoskins
 Office Phone: (757) 221-3344
 Cell Phone: (804) 519-0437
 E-Mail Address: mjhosk@wm.edu
 Sports Information Fax: (757) -221-3412
 Website: www.TribeAthletics.com

Coaching Staff

Head Coach: Mary Lewis (Christopher Newport, 1985)
 W&M Record: 128-181-2 (.415) (11 seasons)
 Career Record: 128-199-2 (.392) (12 seasons)
 Office Phone: (757) 221-3411
 E-Mail Address: mklewi@wm.edu
 Assistant Coach: TeShawne Jackson (West Virginia, 2003)
 Office Phone: (757) 221-3411
 E-Mail Address: tmjack@wm.edu

Team Information

2005 Record: 8-23
 2005 ECAC Record: 5-6
 2005 ECAC Championship Finish: Sixth
 Team Captains: Kristen Gaidish, Brittany Gibbs, Kate Magee
 Newcomers:

Becca Bacharach - Lancaster, PA
 Monica Goldblatt - McLean, VA
 Lauren Jackson - Westwood, MA
 Sarah Jacobson - Brecksville, OH
 Ashley Lugo - Central Islip, NY
 Megan Vincent - Newport News, VA

2006 Women's Gymnastics Roster

Name	Cl.	Events	Hometown	High School	Club
Jess Baker	Sr.	VT, FX	Brookville, NY	St. Francis Prep	Infinity Gymnastics
Becca Bacharach	Fr.	AA	Lancaster, PA	J.P. McCaskey	Astra
Christine Carwell	Jr.	BB, FX	Austin, TX	St. Stephen's Episcopal	Capital
Andrea Dochney	Jr.	UB, BB	Westmont, NJ	Haddon Township	Will-Moor
Kristen Gaidish	Sr.	VT, BB, FX	Abington, PA	Abington	Airborne
Brittany Gibbs	Sr.	AA	West Chester, PA	West Chester East	AJS Pancott
Monica Goldblatt	Fr.	UB, BB	McLean, VA	Langley	Hill's Gymnastics
Janelle Greene	Jr.	AA	Fairfax, VA	Chantilly	Chantilly Academy
Lauren Jackson	Fr.	AA	Westwood, MA	Westwood	Exxcel
Sarah Jacobson	Fr.	AA	Brecksville, OH	Brecksville-Broadview Hts.	Gym World
Tricia Long	So.	AA	Humble, TX	Humble	Juergens
Ashley Lugo	Fr.	AA	Central Islip, NY	St. Anthony's	Exper-Ties
Kate Magee	Sr.	VT, BB, FX	McLean, VA	Langley	GMS Gymnastics
Christina Padilla	Jr.	VT, UB	Sterling, VA	Potomac Falls	Gymini
Jess Randall	Jr.	AA	West Hartford, CT	Conard	N.E.G.X
Megan Vincent	Fr.	AA	Newport News, VA	Menchville	World Class
Stevie Waldman	So.	AA	Downingtown, PA	Henderson	AJS Pancott

2005 Results

Date	Meet	Vault	Bars	Beam	Floor	Overall	Place/Result
Jan. 16	at GWU Invitational (w/UNC, Towson, Penn, Temple and Cornell)	47.750	45.700	44.800	43.550	181.800	7th of 7
Jan. 21	North Carolina	47.750	47.925	46.375	47.250	189.300	L
Jan. 29	at North Carolina State (w/JMU)	47.650	47.050	45.375	44.650	184.725	2nd of 3
Feb. 4	at James Madison	47.125	48.200	47.100	47.375	189.800	W
Feb. 11	at Sweetheart Invitational (w/N.C. State, Iowa and GWU)	47.650	47.475	46.175	46.950	188.250	4th of 4
Feb. 19	at North Carolina (w/Rutgers)	48.075	48.150	47.575	47.350	191.150	3rd of 3
Feb. 25	at George Washington	47.225	47.275	44.725	45.875	185.100	L
Mar. 5	at Towson (w/JMU and Yale)	47.300	47.675	46.125	46.750	187.850	2nd of 4
Mar. 9	James Madison	47.950	48.250	47.475	48.075	191.750	W
Mar. 19	at Penn State (w/Rutgers)	47.625	47.300	47.125	47.600	189.650	3rd of 3
Mar. 26	ECAC Championship (Penn)	48.250	46.925	46.875	47.700	189.750	6th of 9
Season Average		47.668	47.448	46.339	46.648	188.102	8-23

Bold = Season High

2006 SCHEDULE

Date	Opponent	Location	Time
January			
12 Thursday	at George Washington Invitational (with Temple*, JMU*, Towson*, UNC, Cornell*)	Washington, D.C.	6:00 PM
19 Thursday	at North Carolina	Chapel Hill, N.C.	7:00 PM
29 SUNDAY	GEORGE WASHINGTON	WILLIAMSBURG	2:00 PM
February			
3 Friday	at James Madison*	Harrisonburg, Va.	7:00 PM
10 Friday	at Sweetheart Invitational (with N.C. State, Auburn, Pittsburgh)	Raleigh, N.C.	7:00 PM
19 Sunday	at N.C. State (with Florida)	Raleigh, N.C.	1:00 PM
26 Sunday	at West Virginia (with New Hampshire)	Morgantown, W.Va.	1:00 PM
March			
4 Saturday	at Towson* (with Maryland)	Towson, Md.	7:00 PM
10 FRIDAY	BOWLING GREEN	WILLIAMSBURG	7:00 PM
12 SUNDAY	NORTH CAROLINA	WILLIAMSBURG	2:00 PM
15 WEDNESDAY	JAMES MADISON*/TOWSON*	WILLIAMSBURG	7:00 PM
18 Saturday	at James Madison* (with Towson*, George Washington)	Harrisonburg, Va.	5:00 PM
25 Saturday	at ECAC Championship	Kingston, R.I.	12:00 PM
April			
8 Saturday	at NCAA Southeast Regional	Athens, Ga.	6:00 PM
20 Thurs.-Sat.	at NCAA Championship	Corvallis, Ore.	TBA

BOLD CAPS indicates home meet at Kaplan Arena.

*Eastern Collegiate Athletic Conference opponent.



MARY LEWIS

CHRISTOPHER NEWPORT, 1985

12TH SEASON

During Mary Lewis' 12-year tenure as the head women's gymnastics coach at William and Mary, the Tribe program has been distinguished for both its competitive success in the gym and academic excellence in the classroom. Distinctions have come in the form of four Eastern Collegiate Athletic Conference Championships and multiple national scholar-athlete citations year-in and year-out, validating the fact that, under Lewis' watch, Tribe gymnasts have epitomized the definition of student-athletes.



Under Lewis' tutelage, current sophomore Tricia Long was named ECAC Rookie of the Year in 2005 and qualified for the NCAA Southeast Regional.

LEWIS and the NCAA's

Mary Lewis has coached 12 gymnasts to NCAA Regional meets in her tenure at W&M, including Suzanne Chaves and Emma Cross in 2004 and Tricia Long in 2005. Here is a list of Tribe gymnasts who have competed at a regional meet under Lewis:

- 1995 - Lynn Dameron
- 1995 - Kirsten Gutgesell
- 1996 - Lynn Dameron
- 1997 - Becky Johnson
- 1998 - Becky Johnson
- 1999 - Brandee Gound
- 2000 - Jess Dancu
- 2001 - Jess Dancu
- 2001 - Jamie Weinfeldt
- 2004 - Suzanne Chaves
- 2004 - Emma Cross
- 2005 - Tricia Long



Under Lewis' tutelage, three gymnasts in the last two seasons have competed in NCAA Regionals, including 2005 ECAC Rookie of the Year Tricia Long last spring. In 2004, Suzanne Chaves ('04) and Emma Cross ('05) competed in a NCAA Regional meet last, while current senior Brittany Gibbs was an alternate. Since taking over the program in 1995, Lewis has coached 12 gymnasts to NCAA appearances.

In 2005, current junior Christina Padilla captured the ECAC individual vault title, while six other Tribe gymnasts received all-conference recognition under Lewis' guidance.

In total, Lewis' gymnasts have claimed 14 individual ECAC titles, while Lewis has led the squad to four ECAC titles in the past seven seasons, including three-straight from 2001 to 2003. For her efforts, Lewis earned the ECAC's Coach of the Year honor in 2003, after W&M captured its third consecutive league title.

In addition to success in the gym, Lewis has stressed academics as well. That is evident each year when the National Association of Collegiate Gymnastics Coaches honors student-athletes for superb academic performances. Last season, four Tribe gymnasts earned NACGC national scholar-athlete awards, including Padilla who posted a team-best 3.98 GPA. Also, 2003 graduate Amy Van Deusen was a two-time winner of the ECAC's Scholar-Athlete of the Year award, another testament to Lewis' ability to mix academics and athletics successfully.

Lewis has been coaching collegiate gymnastics since 1989, when she assisted on the Christopher Newport University staff. She came to W&M from James Madison University in 1992 and served as a graduate assistant until 1994.

Prior to her tenure at JMU, Lewis was the head coach at Longwood College for the 1991-92 season.

Lewis graduated Magna Cum Laude from CNU in 1985 with a bachelor of science degree in governmental administration and public management. She completed her master's degree at JMU in kinesiology and adult fitness in May of 1994, graduating Summa Cum Laude.

Lewis spends her summers working at the Woodward Gymnastics Camp in Woodward, Pennsylvania, organizing weekly schedules for campers ranging in levels from beginner to elite. She resides in Newport News, VA with her 10-year old son, Zachary.



W&M Year-by-Year Under Lewis

Year	W&M Record	Titles
1995	14-20-1	
1996	14-13	VA Intercollegiate (VIL) Champions
1997	9-15	
1998	10-14	VIL Champions
1999	16-10	ECAC Champions, VIL Champions
2000	7-16	
2001	14-16	ECAC Champions
2002	16-15-1	ECAC Champions, VIL Champions
2003	11-19	ECAC Champions
2004	9-20	
2005	8-23	



TeSHAWNE JACKSON

WEST VIRGINIA, 2003 FIRST SEASON

balance beam and floor. She also assisted with promotion of the team's meets.

Prior to her stint at Ball State, Jackson served as an instructor at the City of Charleston Gymnastics Training Center in South Carolina, where she taught levels 4-10 on balance beam, uneven bars, vault and floor exercise.

A 2003 graduate of West Virginia University, Jackson had an illustrious four-year career for the Mountaineers under renowned head coach Linda Burdette. Jackson was both the EAGL Vault and All-Around Individual Champion in 2001 and 2002, tying the WVU career record for individual conference titles (4). In 2000, Jackson captured the NCAA North Central Regional Championship in the floor exercise and was a national qualifier in 1999, 2000 and 2002.

Jackson holds the WVU career record for perfect-10.00 scores in all events with

seven, in addition to the school's career record for most 9.90 scores on vault and floor with 23 and 21, respectively. Jackson also has a gymnastics move named after her, which is recognized in the Code of Points.

In addition to her feats in the gym, Jackson was a member of the Athletic Director's Academic Honor Roll and qualified as a recipient of the Mike Puskar endowed scholarship. A team captain in 2002-03, she worked at the WVU Gymnastics Camp in the summers of 2001 and 2003.

After completing her eligibility, Jackson served as a volunteer with the WVU squad and assisted with choreography and recruiting.

Jackson received her Bachelor of Science Degree in Physical Education from WVU, with a concentration in Athletic Coaching Education.

TeShawne Jackson is in her first season as an assistant coach with the Tribe gymnastics program. Jackson brings a high level of experience to the program after previously competing and coaching at the collegiate level.

At the College, Jackson will primarily work with the balance beam and floor exercise line-ups.

Jackson most recently served as an assistant gymnastics coach at Ball State University for the 2004-2005 season, as she assisted on all events with a main focus on

WILLIAM AND MARY HALL Practice Gym and Kaplan Arena



2006 OUTLOOK

Two seasons have passed now since William and Mary's reign over the Eastern Collegiate Athletic Conference was halted, as the Tribe's streak of three consecutive conference championships was snapped in 2004. Perhaps a drought between league titles some programs could live with, for 12th-year head coach **Mary Lewis** and the 2006 Tribe it has been two years too many since the College was the class of the ECAC.

"There's no question that our goal this season is to win the conference championship," proclaimed Lewis, 2003 ECAC coach of the year. "We want the title back and our girls are very excited about this season."

With each event's lineups shuffled and basically incomplete for much of the season, in large part due to injuries, W&M struggled through an inconsistent and sub-par season. Last year's conference meet was almost a perfect caption of the entire 2005 season, as the College posted, by its standards, a disappointing sixth-place finish in the newly expanded nine-team ECAC.

However, with a renewed commitment to hard work in the practice gym and several key performers recovered and returning from injury, Lewis and the squad are optimistic they can leave the program's two-year slump in the past.

"The girls' work in the off-season has really stood out," states Lewis, who has welcomed 2003 West Virginia graduate **TeShawne Jackson** to the College as an assistant coach this year. "TeShawne has already made a big impression on our program. She brings an impressive resume of both competition and coaching experience to our program and her energy and enthusiasm has inspired this team."

Despite the tough finish, the 2005 campaign still provided some very encouraging performances and individual accomplishments that W&M will look to build upon this winter. The Tribe had six all-conference award winners at the championship meet last season, four of which return, including the league's rookie of the year, Tricia Long.

At the top of the Tribe's returning group, however, is its four-member senior class. The quartet will not only be counted on for scoring contributions, but the class, which includes the squad's three captains, brings the leadership and motivational skills, both in and out of the gym, to keep W&M on its path back to the top of the ECAC.

Joining the mix of W&M's veteran corps is a deep, talented freshman class of six gymnasts, who will bring strong routines and an eagerness to compete at the college level in the Tribe line-ups.

Even with the promise that both the Tribe's returners and newcomers bring to the gym this season, the path to the ECAC meet will be a difficult one, as W&M's traditional challenging schedule has been upgraded to an even higher level in 2006. Out of conference, joining annual rivals North Carolina, North Carolina State and George Washington will be 2005 NCAA Championship participant Florida, along with regional qualifiers West Virginia and Auburn. Both the Tar Heels and Wolfpack also competed in NCAA Regionals last season.

Within the ECAC, W&M will see 2005 champion Towson on three different occasions, and the Tribe will also face longtime state rival James Madison four times. Despite the ominous track ahead, Lewis is confident the early season challenges will only prepare her squad for the championship stage, which will be lit on March 25th at the University of Rhode Island.

"The schedule is tough as usual," remarked Lewis. "But, we are really excited about some of the new opponents we will see this year, to go along with our regular rivals. I think it will definitely give the girls an idea of what it takes to compete at a national level and will be an advantage to us in the highly competitive ECAC meet."

The following is a closer look, class-by-class, of the 2006 Tribe women's gymnastics team:

THE SENIOR CLASS

As mentioned, the senior class stands at four, although Lewis originally was to welcome back a quintet of seniors, before Annie Carroll opted for an early retirement after struggling with injuries during the latter part of the 2005 season and off-season. Carroll has remained with the team, however, and has been a positive influence in the gym during preseason workouts.

"Each member of the senior class brings a different personality, but they all blend together perfectly. Everyone in the group does their part, and I can't say enough about the leadership they provide."

Lewis cites **Kristen Gaidish (Abington, Pa.)** as one of the team's top motivators and an excitable personality in the gym as reasons for her selection as a team captain. Hoping for an entire season free of injury, Gaidish will again assume the lead-off role in the beam line-up. A solid, consistent scorer in the event, Gaidish earned Second Team All-ECAC honors last season after posting a 9.500 at the championship meet. She matched the team's third-highest Regional Qualifying Score (RQS) at 9.400, and scored no lower than 9.500 in the season's final three meets. Gaidish, if healthy enough, will also train on vault, an event she has not competed in since her freshman season, and could provide depth to the line-up.

Joining Gaidish as a team captain is **Brittany Gibbs (West Chester, Pa.)**, who Lewis calls the glue of the team for her ability to keep everyone together and in line. An enthusiastic and organized leader, Gibbs is a former conference champion on vault who will return to all-around training in 2006. Slowed by a foot injury, Gibbs could only compete on bars last season, but was the team's most consistent performer with a team-high 9.735 RQS and three individual titles as the line-up anchor. A regional alternate on bars in 2004, Gibbs will once again anchor the event but should also provide a significant boost to each event, as she holds school records on both beam (9.925) and vault (9.900).

The third team captain is **Kate Magee (McLean, Va.)**, one of the team's hardest workers who is often the first one in the gym and the last one out. Magee came on strong toward the end of last season and finished with the team's second-highest RQS on floor (9.44). She will again train floor, beam and vault, and Lewis is looking for increased consistency in all three events. Magee has upgraded to a 10.0 difficulty on vault and worked on improving her other two routines, including beam, in which she captured her first individual event title against JMU on March 3.

Rounding out the senior class is **Jess Baker (Brookville, N.Y.)**, who may be sidelined through the early portion of the season with a foot injury. Baker has battled injuries throughout her entire career but can provide depth to both the floor and vault line-ups when healthy. Baker had been working on a new vault in the preseason and Lewis was hoping for a more consistent campaign, but again Baker's health will dictate her availability.



(Clockwise from back): **Kate Magee, Annie Carroll, Brittany Gibbs, Jess Baker, and Kristen Gaidish.**

2006 OUTLOOK

THE JUNIOR CLASS

The Tribe's junior class is made up of five talented gymnasts who will undoubtedly play a significant role in the team's success this winter.

Christine Carwell (Austin, Texas) has grown a lot in Lewis' estimation over the past two years and continued to progress on beam last season. With increased confidence in her routine and skills, Carwell has a shot of making the beam line-up this season and will also train on floor, where new skills have been in the works.

A steady performer in her first two collegiate seasons, **Andrea Dochney (Westmont, N.J.)** will be a key figure in both the bars and beam line-ups in 2006. Last season, Dochney continued to improve on bars and thrived in a leadoff role, where she will most likely find herself once again with new skills added to an already strong routine.

Finally at full strength and free of injury is **Janelle Greene (Fairfax, Va.)**, who is now training as an all-around-

er after being limited to bars competition in her first two seasons. Greene has focused particularly on improving her floor routine, where her work on front tumbling and double backs could pay off in a line-up spot in the event. Greene also has a good shot at working her way into the vault line-up and should continue to build upon her improvement on bars in 2005.

Lewis cited **Christina Padilla (Sterling, Va.)** as the team's most consistent gymnast last season, and the 2005 ECAC Vault Champion will certainly be counted on for much of the same in 2006. Padilla's scores on vault and bars counted in every meet last season, as she held the squad's top RQS on vault (9.725) and second-highest on bars (9.665). She captured three individual titles in 2005 and also earned her second NACGC national scholar athlete citation. Even with a 10.0 difficulty on vault, Padilla has added a half twist, which Lewis says will separate her from the competition in 2006, in addition to the 1-2 punch she provides with Dochney in the bars line-up.

First Team All-ECAC selection **Jess Randall (West Hartford, Conn.)**, who Lewis called a pleasant surprise in 2005, completes the junior class. Randall's consistency in all four events improved as the season progressed, culminating with a fifth-place all-around finish (37.775) at the league championship. She held the squad's top RQS on beam (9.625) and is working to improve her skills in all four events. Lewis was particularly pleased with Randall's emergence on floor, where she stepped into the line-up midway through the season and improved her scoring in each meet.

THE SOPHOMORE CLASS

Though few in company, the Tribe's two sophomores' contributions to the team's overall success could prove to be immeasurable in 2006, as both are coming off dynamite debut seasons for the College.

Last season, **Tricia Long (Humble, Texas)** turned in one of the finest seasons by a freshman in school history and was rewarded with the ECAC Rookie of the Year award, becoming the first W&M gymnast to win the award since 1993. A NCAA Regional qualifier, Long more than exceeded Lewis' expectations last season, holding the team's top RQS on floor (9.52) and in all-around (37.500), where she also earned Second Team All-ECAC honors. Long was consistent in all four events for the Tribe last year, coming through with clutch performances when the team needed it most, especially on bars. Long is working on a new vault for the 2006 season and has trained hard on polishing both her floor and beam routines.

Stevie Waldman (Downingtown, Pa.) emerged as a rookie of the

year candidate herself in 2005, anchoring both the beam and floor line-ups for the Tribe before sustaining a season-ending knee injury late in the year. Waldman had the team's third-highest RQS in three different events (beam, bars, floor) and posted the squad's best individual all-around performance of the season, tallying a total score of 38.650 at North Carolina on Feb. 19. She captured three individual titles last season, taking first place on floor, beam and all-around at JMU on Feb. 4. Waldman has polished her high-scoring beam routine for 2006 and has also worked on upgrading her vault, while

her overall presentation and lines, especially on floor, will undoubtedly be key elements in each event's line-up this winter.

THE FRESHMAN CLASS

Lewis has brought in a talented six-member freshman class for the 2006 season and any one of the level-10 rookie gymnasts, who will each train as all-arounders, could make a big impact in their first season.

Becca Bacharach (Lancaster, Pa.) is a hard worker with a clean, polished look, who has a good shot at cracking both the beam and floor line-ups this winter after adding new skills to her routine during preseason workouts.

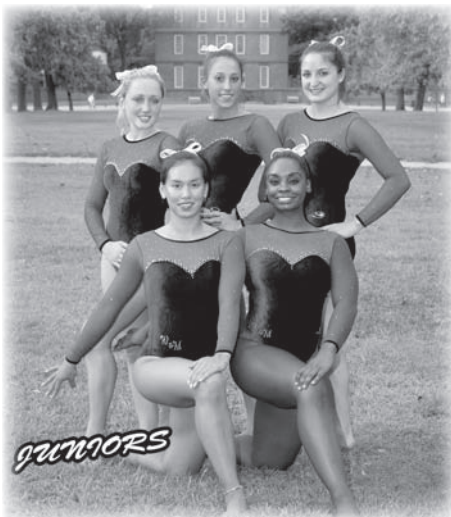
Working back from a preseason ankle injury, **Monica Goldblatt (McLean, Va.)** will train all-around when at full strength, but she has primarily practiced on bars and beam for the upcoming season. Goldblatt has nice lines in both events and her major release move on bars could find her a spot in the line-up.

With crowd-pleasing potential on floor, **Lauren Jackson (Westwood, Mass.)** could make an immediate impression in the event line-up, while she will also challenge for a spot in the beam line-up after upgrading the difficulty of her routine. Jackson has pretty lines and a nice presentation in both events and has continued to progress on both vault and bars in the preseason, which could potentially lead to a role as an all-around competitor this season.

Sarah Jacobson (Brecksville, Ohio) is another rookie who could find herself in all four line-ups at some point this season, as she has been a strong, aggressive worker in all four events during the preseason workouts. Jacobson has powerful routines on both floor and beam and has upgraded her floor routine difficulty for the competitive season.

Recovering from an off-season illness, **Ashley Lugo (Central Islip, N.Y.)** has the potential to impact all four events, especially on floor with her dancing ability and presentation, but will train and compete as her health improves.

Rounding out the freshman class is **Megan Vincent (Newport News, Va.)**, who is recovering from heel surgery she had done in the spring. Vincent has primarily trained on bars where she could crack the line-up after upgrading her skills in the event. With nice lines on both beam and floor, Vincent will train in all four events as her recovery progresses through the season.



(Clockwise from back): *Christine Carwell, Christina Padilla, Andrea Dochney, Janelle Greene, and Jess Randall.*



(Left to right): *Stevie Waldman and Tricia Long.*



(Left to right): *Monica Goldblatt, Ashley Lugo, Sarah Jacobson, Lauren Jackson, Becca Bacharach and Megan Vincent.*

TEAM CAPTAINS



KRISTEN GAIDISH

SENIOR • BEAM, FLOOR, VAULT
ABINGTON, PA • AIRBORNE

THE GAIDISH FILE

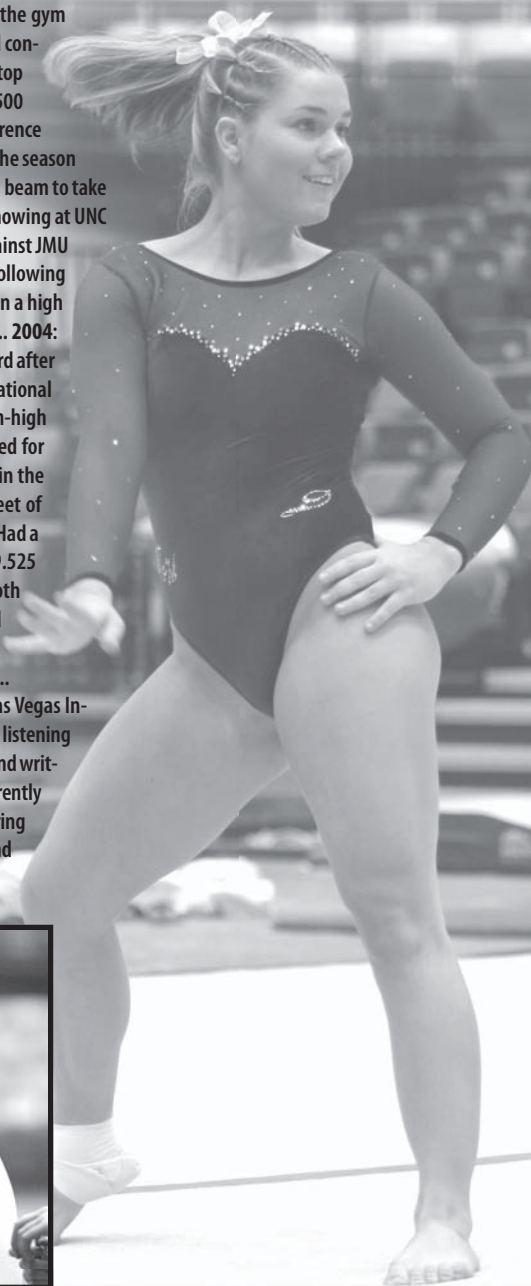
- SECOND TEAM ALL-ECAC 2005 - BEAM
- ECAC COACHES CHOICE AWARD - 2/15/04
- ECAC ROOKIE OF THE WEEK - 1/21/03, 2/4/03

CAREER BESTS

Vault: 9.775 (vs. UNC, 1/25/2003) • Beam: 9.850 (at E. Michigan, 2/21/2003) • Floor: 9.875 (at Sweetheart, 2/13/2004)

Team tri-captain who has taken over a strong leadership role ... Provides great motivation in the gym ... Will lead off in beam line-up and train on both floor and vault if health permits ... Solid and consistent on beam and could add depth to both floor and vault events ... 2005: One of the squad's top contributors on beam when at full strength ... Finished the year strong, reeling off scores of 9.500 or better on beam in the final three meets, earning Second Team All-ECAC honors at the conference championship ... Performed well on floor exercise at times as well ... Shook off a slow start to the season with an outstanding meet at JMU (2/4) in the Tribe's first dual-meet victory ... Scored a 9.600 on beam to take third against the Dukes and duplicated the score on the floor to take seventh ... Had a strong showing at UNC (2/19) with marks of 9.500 on beam and 9.625 on floor ... Continued her command on beam against JMU at home (3/9) with a third-place season-high score of 9.725 ... Continued late-season surge the following week at Penn State (3/19) by notching a 9.650 on beam and a 9.575 on floor ... Ended the year on a high note with a 9.500 on beam at ECACs (3/26), tying for 12th place and capturing All-ECAC status ... 2004: Placed 10th at the ECAC Championship on beam with a 9.700 ... Earned ECAC Coaches Choice Award after recording 9.725 on beam and a season and career-high 9.875 on the floor at the Sweetheart Invitational (2/13/04) ... Tied for fifth place on beam in a dual meet with Towson (2/27/04) with a season-high score of 9.750 ... Matched her season-high of 9.750 on beam at Towson (3/10/04), finishing tied for seventh place ... 2003: Very reliable three-event performer for the Tribe who played a key role in the Tribe's third-straight conference title ... Scored a season-best 9.775 on vault at the second meet of her career (1/25/03) ... Nailed a beam routine to the tune of a career-best 9.850 on 2/21/03 ... Had a season-high 9.850 on floor exercise on 3/16/03 ... Performed very well at the ECAC meet with a 9.525 on vault, 9.825 on beam and 9.800 on floor ... Captured ECAC Rookie of the Week honors on both

1/21/03 and 2/4/03 ... Prep: Finished in first place on the balance beam at the Pennsylvania state championship ... Captured the all-around title at the Las Vegas Invite ... Personal: Enjoys playing tennis, listening to music, going to the beach, reading and writing ... Aspires to be a journalist ... Currently a sports writer for the *Flat Hat* ... Majoring in English ... Daughter of Patricia and Leonard Gaidish ... Born November 4, 1983 in Abington, PA.



TEAM CAPTAINS



BRITTANY GIBBS

SENIOR • ALL-AROUND
WEST CHESTER, PA • AJS PANCOTT

THE GIBBS FILE

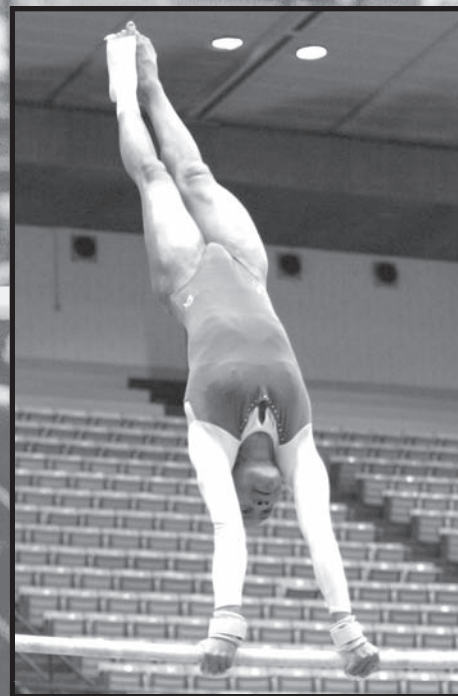
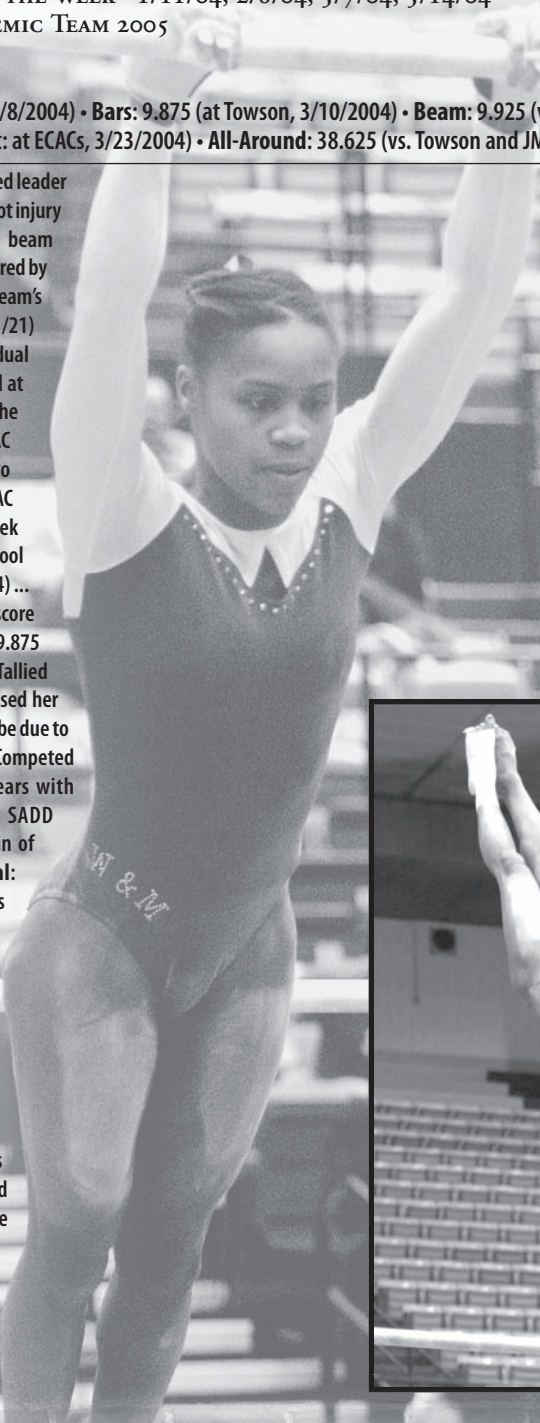
- W&M RECORDS: VAULT - 9.900, 2/8/04; BEAM - 9.925, 2/8/04
- ECAC VAULT CHAMPION 2004 (9.800)
- NCAA REGIONAL ALTERNATE 2004 - BARS AND VAULT
- ECAC ROOKIE OF THE WEEK - 1/11/04, 2/8/04, 3/7/04, 3/14/04
- ECAC ALL-ACADEMIC TEAM 2005

CAREER BESTS

Vault: 9.900 (vs. GWU, 2/8/2004) • **Bars:** 9.875 (at Towson, 3/10/2004) • **Beam:** 9.925 (vs. GWU, 2/8/2004)
Floor: 9.825 (Twice, Last: at ECACs, 3/23/2004) • **All-Around:** 38.625 (vs. Towson and JMU, 3/13/2004)

Tri-captain who Lewis calls the "glue" of the team ... Enthusiastic and very organized leader ... Anchors the bars line-up and will train in all four events with full recovery from foot injury suffered last season ... Holds the school's all-time high scores on vault (9.900) and beam (9.925) ... **2005:** Had hopes of a breakout season as an all-arounder but was hampered by ankle injury suffered in the preseason ... Limited to bars lineup by injury but was team's most consistent scorer in the event ... Made season debut at home against UNC (1/21) and captured individual title on bars with a 9.775 ... Claimed her second individual title on bars with a 9.800 at JMU (2/4) ... Placed fifth on bars against an elite field at UNC tri-meet (2/19) with a season-high 9.825 ... Won third individual bars title of the season a week later at GWU (2/25) with a 9.750 ... Took fourth on bars in an ECAC quad-meet at Towson (3/5) with a 9.675 ... Notched a 9.625 on bars at JMU (3/9) to tie for third place ... **2004:** NCAA Regional Alternate in uneven bars and vault ... ECAC vault champion with a score 9.800 (3/20/04) ... Four-time ECAC Rookie of the Week (1/11/04, 2/8/04, 3/7/04, 3/14/04) ... Captured six individual titles ... Set two school records with a 9.900 on vault and a 9.925 on beam in a dual meet with GWU (2/8/04) ... Also took first place on bars at GWU (9.825) ... Recorded the school's second-best score on vault with a 9.875 in quad-meet at UNC (2/22/04) ... Established personal-best 9.875 on bars at Towson (3/10/04) ... Took first place on vault and bars at JMU (2/6/04) ... Tallied season-high 38.625 in all-around against JMU and Towson (3/13/04) ... **2003:** Missed her

initial season with the Tribe due to a foot injury ... **Prep:** Competed in gymnastics for 12 years with coach Steve Pancott .. SADD vice-president ... Captain of dance team ... **Personal:** Enjoys watching movies and politics ... Future goals include working on Capitol Hill ... Member of the Young Democrats and NAACP ... Majoring in Economics and International Relations ... Daughter of Belinda and Larry Gibbs ... Brother, Ryan, lettered in soccer four years at the University of Virginia ... Oldest brother, Ian, graduated from Wake Forest ... Born September 21, 1984 in New Brunswick, NJ.





KATE MAGEE

SENIOR • VAULT, BEAM, FLOOR
McLEAN, VA • GMS

THE MAGEE FILE

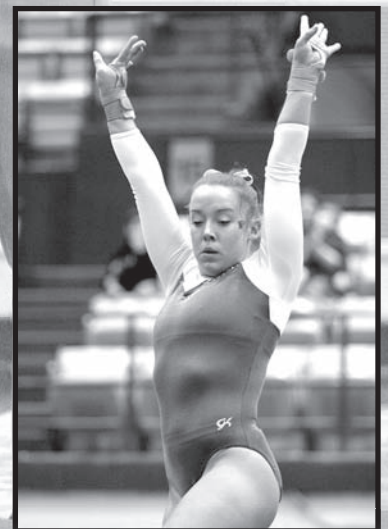
- ECAC COACHES CHOICE AWARD - 3/12/05
- ECAC ALL-ACADEMIC TEAM 2004, 2005
- NACGC NATIONAL SCHOLAR ATHLETE 2005

CAREER BESTS

Vault: 9.625 (at UNC, 2/19/2005) • Beam: 9.800 (at JMU, 3/9/2005) • Floor: 9.650 (at UNC, 2/19/2005)

Team tri-captain who provides leadership by example with an outstanding work ethic ... Brings fun personality and good times to the gym ... Came on strong in vault, beam and floor and will once again train in the events ... Striving for consistency and upgraded routines in each event ... **2005:** Emerged as one of the team's top performers on vault, beam and floor ... Struggled with consistency but showed flashes of brilliance in all three events ... Set career-highs in all three events during the season ... Broke previous career-mark on floor (9.050) in season's second meet, at home against UNC (1/21) with a 9.450 ... Had a strong showing at JMU (2/4) with a sixth-place finish on vault (9.325) and a ninth-place effort on floor (9.400) ... Followed with another solid effort at the Sweetheart Invitational at N.C. State (2/11) recording a 9.475 on vault and a 9.550 on floor ... Continued hot streak at the highly competitive UNC tri-meet a week later, recording a personal best 9.625 on vault to tie for ninth, while also setting a career-high on floor with a 9.650 ... Earned ECAC Coaches Choice Award after outstanding performance against JMU (3/9), which saw her establish a career-best score of 9.800 on beam to win the individual title ... Added a 9.550 on vault to claim fifth place against the Dukes and recorded a 9.500 on floor to take ninth ... Completed the season with another outstanding effort at the conference championship (3/26) scoring a 9.600 on beam to tie for 18th, while also posting marks of 9.575 on floor and 9.225 on vault ... **2004:** Competed mainly in exhibition routines providing depth in three events ... Scored in two meets in floor exercise, including a season and career-best 9.050 at N.C. State (1/9/04) ... Season-high exhibition score of 9.575 in floor came at Towson (2/27/04) ... Vault exhibition season-high of 9.475 came at Sweetheart Invitational (2/13/04) ... **2003:** Fought through various injuries to contribute successfully in the Tribe's run to the conference championship ... Competed on vault and beam and also performed exhibitions on floor exercise ...

Scored a career-best 9.575 on vault on 2/7/03, while notching her best beam mark, a 9.625, at the same meet ... **Prep:** Lettered three years under coach Carolyn Komich and coach Lauren John ... Gymnastics MVP award after sophomore season ... Trained for 11 years at GMS Gymnastics under the direction of Azin Youssefi-Manafi ... Member of the choir ... Three academic letters ... Voted "best personality" of senior class ... **Personal:** Enjoys snowboarding, singing, skateboarding and working out ... Majoring in English ... Plans to attend law school ... Daughter of Corinne and Jim Magee ... Born December 15, 1983 in Fairfax, VA.





JESS BAKER

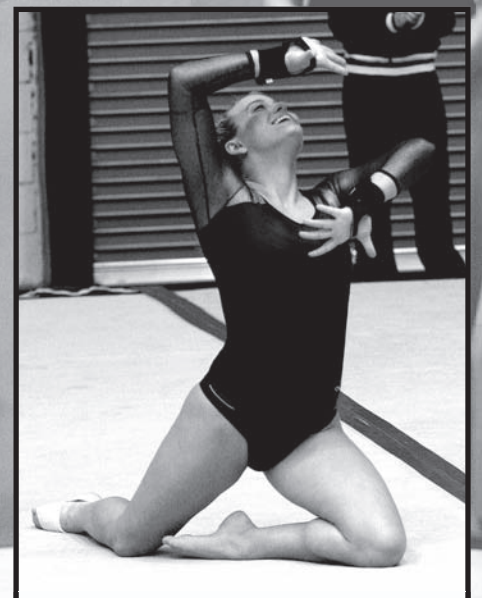
SENIOR • VAULT, FLOOR
BROOKVILLE, NY • INFINITY

THE BAKER FILE

CAREER BESTS

Vault: 9.575 (at ECACs, 3/26/05)

Senior leader who has battled injuries throughout her entire career ... Possibly sidelined until mid-season with heel injury ... Will train on vault and floor when healthy ... Working on new vault before latest set back ... **2005:** Missed majority of middle-season with injury and illness ... Competed in season's first three meets and did not return until March 9th home meet vs. JMU ... Came on strong in season's final two meets competing on vault ... Scored a 9.325 on vault at Penn State (3/19) ... Stepped up at the ECAC Championship (3/26) and notched a career-high 9.575 on vault ... **2004:** Competed in just two meets, battling through an injury-plagued season ... Scored a 9.650 on an exhibition vault at James Madison (2/6/04) ... Recorded a 9.150 on another exhibition vault against George Washington (2/8/04) ... **2003:** Added to the squad's depth on vault and continued to improve throughout the year on exhibition performances ... Competed on vault on both 3/2/03 and 3/8/03 in the vault lineup, with her best mark of 9.150 coming in the first meet ... Scored a 9.700 on both 3/12/03 and 3/20/03 on exhibition vaults ... **Prep:** Lettered four years in gymnastics under head coach Tony Yacavone ... Served as captain of team for three years ... All-around champion at NY High School championships ... Took first place on floor exercise at club nationals under the tutelage of Tammy Marshall ... Also participated in honors chorus ... **Personal:** Enjoys hanging out with friends, shopping, dancing and watching reality television ... Majoring in Kinesiology ... Daughter of Karen and John Baker ... Born October 11, 1983 in New York, NY.



JUNIORS

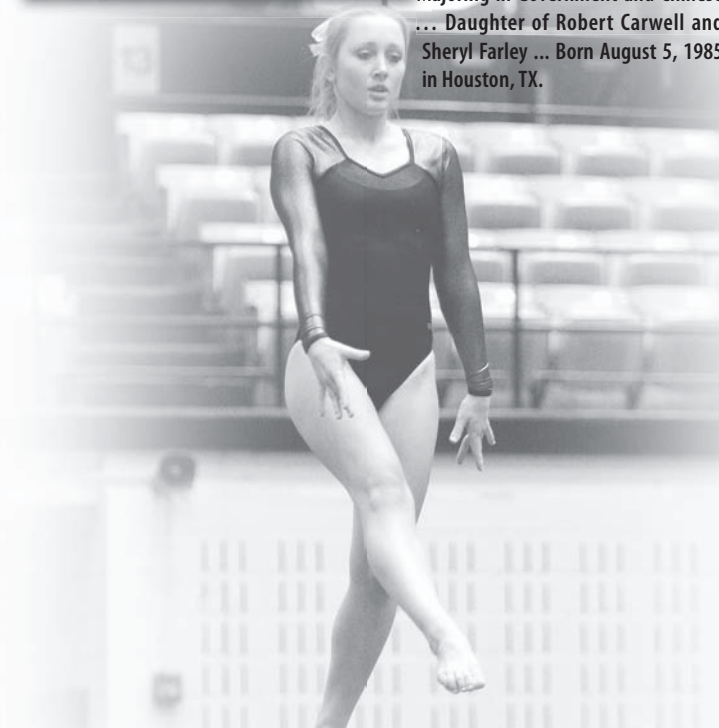


CHRISTINE CARWELL
JUNIOR
BEAM, FLOOR
AUSTIN, TX
CAPITAL

Possible addition to the beam line-up in 2006 ... Continues to develop and progress on beam and will grow even more with increased confidence ... Also training floor and working on new skills in the event ... **2005:** Showed progress in working towards making



the beam lineup ... Cracked the beam lineup one time at N.C. State (1/29) and performed mainly in exhibitions ... Scored a season-high exhibition mark of 9.450 at the Sweetheart Invitational (2/11) ... Posted an exhibition score on beam of 9.300 at UNC (2/19) ... **2004:** Continued to develop skills and worked on improving routines ... Competed in one exhibition routine at home against Towson and JMU (3/13/04) ... **Prep:** Trained in all events under coaches Barry Hyder, Courtney Smith and Mark Cooper ... Reached the Level 10 Regional Championships in 2003 ... **Personal:** Enjoys bookstores, boating and long drives through the countryside ... Member of the W&M Student Athletic Advisory Council ... Majoring in Government and Chinese ... Daughter of Robert Carwell and Sheryl Farley ... Born August 5, 1985 in Houston, TX.



THE CARWELL FILE

CAREER BESTS

Beam: 9.450* (at Sweetheart, 2/11/05)

*Exhibition

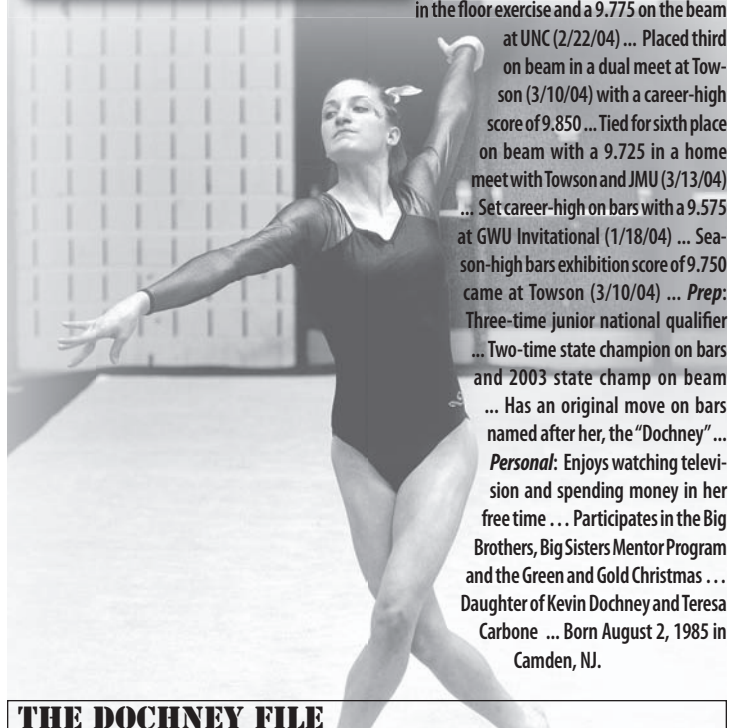


ANDREA DOCHNEY
JUNIOR
BARS, BEAM
WESTMONT, NJ
WILL-MOOR

Will train bars and beam in 2006 ... Came on strong on bars last season as lead-off and should assume same role this winter with new skills in a strong routine ... Striving for consistency on beam in 2006 ... **2005:** Continued the impressive start to her college career with a solid sophomore campaign ...



Was a vital part of bars and beam lineups and also contributed on floor ... Rebounded from rough start in season-opening meet to match personal-best score of 9.575 on bars against UNC (1/21) ... Posted marks of 9.450 on bars and 9.525 on beam the following week at N.C. State (1/29) ... Put together another solid outing at JMU (2/4) with a season-high score of 9.675 on floor to tie for fifth place, while also capturing fifth place on bars with a mark of 9.550 ... Tied for 12th in an ECAC quad-meet on bars at Towson (3/5) with a 9.425 and added a 9.300 on floor ... Established a career-high on bars with a 9.625 taking third place against JMU (3/9) ... Posted a 9.450 on bars at the ECAC Championship (3/26) ... **2004:** Made immediate contributions in three events in first collegiate season ... Named ECAC Rookie of the Week after a career-best score of 9.800 in the floor exercise and a 9.775 on the beam



at UNC (2/22/04) ... Placed third on beam in a dual meet at Towson (3/10/04) with a career-high score of 9.850 ... Tied for sixth place on beam with a 9.725 in a home meet with Towson and JMU (3/13/04) ... Set career-high on bars with a 9.575 at GWU Invitational (1/18/04) ... Season-high bars exhibition score of 9.750 came at Towson (3/10/04) ... **Prep:** Three-time junior national qualifier ... Two-time state champion on bars and 2003 state champ on beam ... Has an original move on bars named after her, the "Dochney" ...

Personal: Enjoys watching television and spending money in her free time ... Participates in the Big Brothers, Big Sisters Mentor Program and the Green and Gold Christmas ... Daughter of Kevin Dochney and Teresa Carbone ... Born August 2, 1985 in Camden, NJ.

THE DOCHNEY FILE

- ECAC ROOKIE OF THE WEEK - 2/24/04
- ECAC ALL-ACADEMIC TEAM 2005

CAREER BESTS

Bars: 9.625 (vs. JMU, 3/9/05) • Beam: 9.775 (at UNC, 2/22/04) • Floor: 9.850 (at TU, 3/10/04)



JANELLE GREENE
JUNIOR
ALL-AROUND
 FAIRFAX, VA
 CHANTILLY ACADEMY

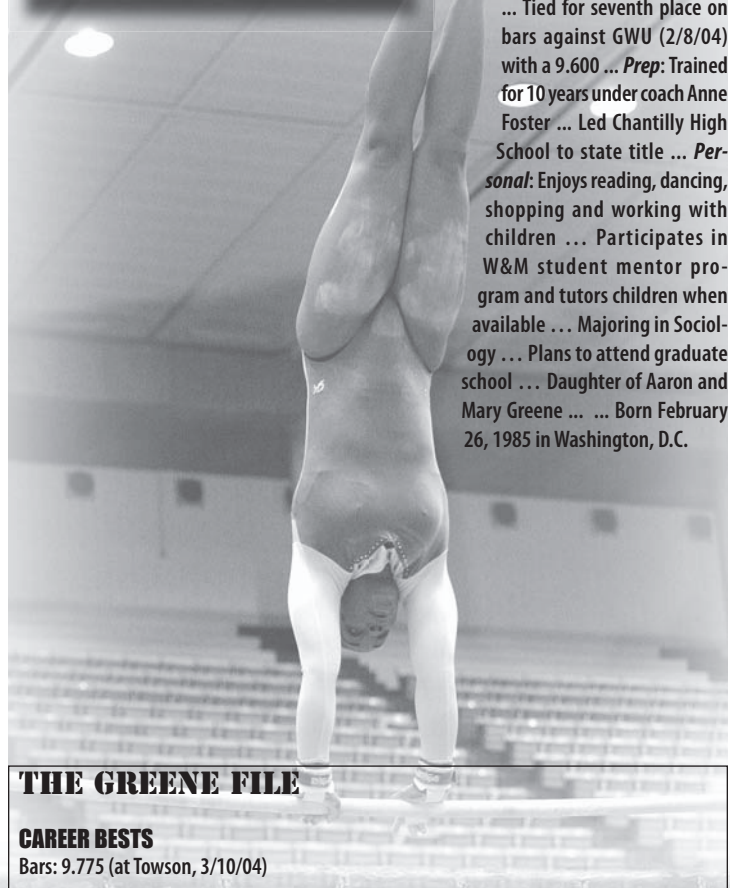


CHRISTINA PADILLA
JUNIOR
VAULT, BARS
 STERLING, VA
 GYMINI

Solid bars performer who will train in all four events this season ... Showed progress on bars last season and improved health has allowed chance to compete as an all-rounder ... Work on double-backs and front tumbling could earn spot in floor line-up ... **2005:**



Struggled through an up-and-down year with injury but contributed to bars lineup when healthy ... Hit stride at Sweetheart Invitational (2/11) after slow start to season with a 9.600 on bars ... Nailed bars routine for a season-high 9.700 at GWU (2/25) ... Posted a mark of 9.500 to the team total in an ECAC quad-meet at Towson (3/5) ... **2004:** Competed on uneven bars in every meet, which included one exhibition routine ... Established a career-high and tied for eighth place on bars with a 9.775 in a dual meet at Towson (3/10/04) ... Scored a 9.700 on bars at the Nation's Capital Cup at GWU (3/6/04) ... Tied for eighth place on bars with a 9.675 in a home meet with Towson and JMU (3/13/04) ... Tied for seventh place on bars against GWU (2/8/04) with a 9.600 ... **Prep:** Trained for 10 years under coach Anne Foster ... Led Chantilly High School to state title ... **Personal:** Enjoys reading, dancing, shopping and working with children ... Participates in W&M student mentor program and tutors children when available ... Majoring in Sociology ... Plans to attend graduate school ... Daughter of Aaron and Mary Greene ... Born February 26, 1985 in Washington, D.C.



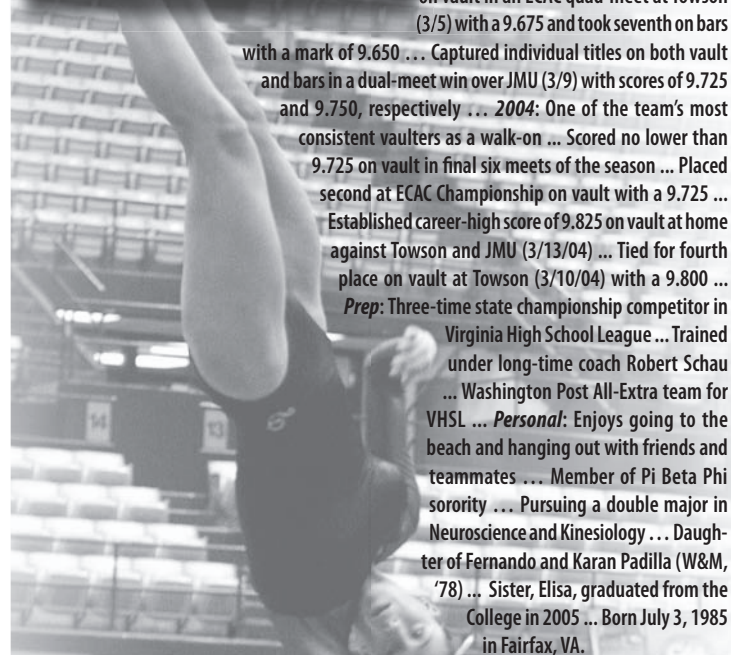
THE GREENE FILE

CAREER BESTS
 Bars: 9.775 (at Towson, 3/10/04)

Returning conference vault champion ... Team's most consistent performer on vault and bars last season ... Scores counted in every meet last season and continued excellence is expected in 2006 ... Adding a new half-twist to a 10.0 vault which could separate her from competition ... Strong team



leader outside of the gym ... **2005:** Established herself as the anchor of the vault lineup compiling the team's top regional qualifying score in the event (9.725) ... Also a vital part of the bars lineup, holding the squad's second-best RQS in the event (9.665) ... Consistent season on vault culminated with career-high tying 9.825 at the ECAC Championship, which claimed the ECAC Individual Vault Championship and a First Team All-ECAC citation ... Named ECAC Gymnast of the Week after strong showing at UNC (1/21) with marks of 9.750 on vault, which captured fifth place, and 9.725 on bars, which took fourth ... Placed third on vault at N.C. State (1/29) with a 9.725 ... Tied for second place on vault at JMU (2/4) with a 9.425 and claimed third on bars with a 9.650 ... Placed third on vault in an ECAC quad-meet at Towson (3/5) with a 9.675 and took seventh on bars with a mark of 9.650 ... Captured individual titles on both vault and bars in a dual-meet win over JMU (3/9) with scores of 9.725 and 9.750, respectively ... **2004:** One of the team's most consistent vaulters as a walk-on ... Scored no lower than 9.725 on vault in final six meets of the season ... Placed second at ECAC Championship on vault with a 9.725 ... Established career-high score of 9.825 on vault at home against Towson and JMU (3/13/04) ... Tied for fourth place on vault at Towson (3/10/04) with a 9.800 ... **Prep:** Three-time state championship competitor in Virginia High School League ... Trained under long-time coach Robert Schau ... Washington Post All-Extra team for VHSL ... **Personal:** Enjoys going to the beach and hanging out with friends and teammates ... Member of Pi Beta Phi sorority ... Pursuing a double major in Neuroscience and Kinesiology ... Daughter of Fernando and Karan Padilla (W&M, '78) ... Sister, Elisa, graduated from the College in 2005 ... Born July 3, 1985 in Fairfax, VA.



THE PADILLA FILE

- ECAC VAULT CHAMPION 2005 (9.825)
- ECAC GYMNAST OF THE WEEK - 1/25/05
- ECAC ALL-ACADEMIC TEAM 2004, 2005
- NACGC NATIONAL SCHOLAR ATHLETE 2004, 2005

CAREER BESTS
 Vault: 9.825 (Twice, last - at ECAC Championship, 3/26/05) • Bars: 9.775 (at UNC, 2/19/05)

JUNIORS/SOPHOMORES



JESS RANDALL
JUNIOR
ALL-AROUND
 WEST HARTFORD, CT
 N.E.G.X

All-rounder who was a pleasant surprise in 2005 and will look to pick up right where she left off ... Consistently improved in all four events last season and is working to improve difficulty in each event ... One of the team's hardest workers in the offseason ... Potential for a 10.0 vault and also upgrading



floor routine ... **2005:** Came on strong at the end of the season and developed into a solid all-around performer and key part of the beam lineup ... Held the team's top regional qualifying score on beam (9.625) ... Set personal-best on beam with a 9.750 at the Sweetheart Invitational (2/11), tying for 11th place against a strong field ... Performed first career all-around routine at ECAC quad-meet at Towson (3/5) and placed second with a total score of 37.875 ... Competed in second all-around at home against JMU (3/9) and again placed second with a total score of 36.575, which included a career-high 9.525 on floor ... Put together a career evening at the Penn State quad-meet (3/19), placing sixth in a strong all-around field with a career-best 38.150

... All four scores at PSU went towards the team total, including career-highs of 9.500 on vault and 9.725 on beam ... Continued late-season surge by earning First Team All-ECAC honors in the all-around at the conference championship (3/26) with a total score of 37.775, which placed fifth ... **2004:** Competed and scored on bars in all but one meet after returning from an ankle injury ... Established career-high and tied for eighth place with a 9.775 on bars at Towson (3/10/04) ... Tied for fourth place on bars with a 9.750 against Towson and JMU (3/13/04) ... Scored a 9.700 on bars at Sweetheart Invitational at N.C. State (2/11/04) ... **Prep:** Trained 12 years under coach Maureen Chagnon ... Qualified for 2002 Nationals ... Won Bahamas Invitational in 2001 and Colonial Classic in 2003 ... **Personal:** Enjoys spending time with family and teammates ... Member of Chi Omega ... Majoring in International Relations ... Daughter of James Randall and Vivian Chow ... Born September 26, 1985 in Manchester, CT.

THE RANDALL FILE

- FIRST TEAM ALL-ECAC ALL-AROUND 2005
- ECAC ALL-ACADEMIC TEAM 2005

CAREER BESTS

Vault: 9.500 (at PSU, 3/19/05) • Bars: 9.775 (at TU, 3/10/04) • Beam: 9.750 (at Sweetheart, 2/11/05)
 Floor: 9.525 (at PSU, 3/19/05) • All-Around: 38.150 (at PSU, 3/19/05)



TRICIA LONG
SOPHOMORE
ALL-AROUND
 HUMBLE, TX
 JUERGENS

Regional qualifier coming off a tremendous freshman season, which saw her earn the conference rookie of the year award ... Consistent scorer who exceeded all expectations in first season ... Came through in clutch situations, especially on bars ... Working on new vault ... **2005:** Qualified for the 2005 NCAA



Southeast Regional as an all-arounder, becoming just the second freshman to compete in a regional under Lewis ... Named the 2005 ECAC Rookie of the Year after compiling the league's second-best all-around RQS (37.500) ... Earned Second Team All-ECAC honors in the all-around ... Became a key part of the floor lineup and held the squad's top RQS in the event (9.520) ... Scored a 9.650 on floor, which tied for sixth, and a 9.575 on vault in home debut against UNC (1/21) to earn the ECAC Coaches Choice Award ... Earned ECAC Rookie of the Week honors after a career-best all-around score of 38.025 at the Sweetheart Invitational (2/11), contributing four scores to the team total, which included a personal-best 9.700 on beam ... Began late-season

emergence with a career-best all-around mark of 38.300 in a dual-meet win over JMU (3/9) to capture the all-around individual title ... Also set personal standards on floor with a third-place score of 9.675 and on bars with a fifth-place mark of 9.600 ... Tied for ninth in the all-around at the ECAC Championship (3/26) with a 37.075 to take home second team all-league accolades ... Finished her terrific debut season at the NCAA Southeast Regional in Gainesville, FL, (4/9) and recorded an all-around score of 36.825, including marks of 9.400 on vault and 9.450 on bars ... **Prep:** Trained a combined 10 years under coaches Heather Douglas and Juergen Achtermann, including two years at Humble High School under Achtermann ... 2004 High School National Champion on the balance beam ... Holds Humble school records on bars, floor and all-around ... USAG national qualifier in 2003 ... Five-time USAG regional qualifier ... **Personal:** Enjoys skiing, hiking, watching television, and horseback riding ... Majoring in business ... Daughter of Paul and Jeanne Long ... Born July 18, 1986 in Vail, CO.

THE LONG FILE

- ECAC ROOKIE OF THE YEAR 2005
- SECOND TEAM ALL-ECAC ALL-AROUND 2005
- ECAC COACHES CHOICE AWARD - 1/25/05
- ECAC ROOKIE OF THE WEEK - 2/16/05

CAREER BESTS

Vault: 9.575 (vs. UNC, 1/21/05) • Bars: 9.600 (vs. JMU, 3/9/05) • Beam: 9.700 (at Sweetheart, 2/11/05)
 Floor: 9.675 (vs. JMU, 3/9/05) • All-Around: 38.300 (vs. JMU, 3/9/05)

SOPHOMORES

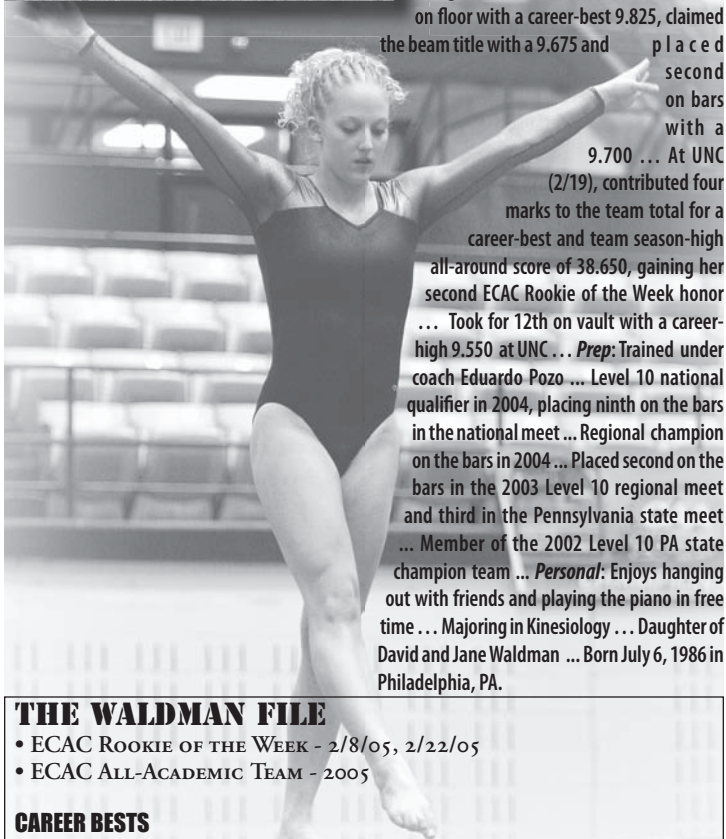


STEVIE WALDMAN
 SOPHOMORE
 ALL-AROUND
 DOWNINGTOWN, PA
 AJS PANCOTT

All-around performer who was enjoying terrific freshman season before injury ... Has beautiful lines and presentation in all four events ... Working to upgrade high-scoring beam routine ... Also upgrading vault ... 2005: Got off to a tremendous start in debut season and was a critical part of



each lineup as an all-arounder before knee injury ended her season in early March ... Assumed role as anchor in both beam and floor lineup and was one of the squad's most consistent performers in each event ... Two-time ECAC Rookie of the Week selection ... Burst onto the scene against national-power UNC (1/21) with career-highs on beam (9.800), floor (9.650) and bars (9.700) ... Score of 9.800 on beam against Tar Heels stood as the highest by any Tribe gymnast in 2005 ... Competed in first career all-around at N.CState tri-meet (1/29) and placed second with total score of 37.200, including a third-place effort of 9.725 on bars ... Captured her first all-around individual title a week later at JMU (2/5) with a solid score of 38.050 to earn first Rookie of the Week citation ... Along with all-around title at JMU, took first on floor with a career-best 9.825, claimed the beam title with a 9.675 and



placed second on bars with a 9.700 ... At UNC (2/19), contributed four marks to the team total for a career-best and team season-high all-around score of 38.650, gaining her second ECAC Rookie of the Week honor ... Took for 12th on vault with a career-high 9.550 at UNC ... *Prep:* Trained under coach Eduardo Pozo ... Level 10 national qualifier in 2004, placing ninth on the bars in the national meet ... Regional champion on the bars in 2004 ... Placed second on the bars in the 2003 Level 10 regional meet and third in the Pennsylvania state meet ... Member of the 2002 Level 10 PA state champion team ... *Personal:* Enjoys hanging out with friends and playing the piano in free time ... Majoring in Kinesiology ... Daughter of David and Jane Waldman ... Born July 6, 1986 in Philadelphia, PA.

THE WALDMAN FILE

- ECAC ROOKIE OF THE WEEK - 2/8/05, 2/22/05
- ECAC ALL-ACADEMIC TEAM - 2005

CAREER BESTS

Vault: 9.550 (at UNC, 2/19/05) • Bars: 9.750 (at UNC, 2/19/05) • Beam: 9.800 (vs. UNC, 1/21/05)
 Floor: 9.825 (at JMU, 2/4/05) • All-Around: 38.650 (at UNC, 2/19/05)





BECCA BACHARACH
FRESHMAN • ALL-AROUND
LANCASTER, PA • ASTRA GYMNASTICS

Hard-worker who will train in all four events ... Strong on beam and floor where most likely to impact in first season ... Working to clean up and polish routines and adding new skills on beam and floor ... *Prep:* Trained 10 years under coach Troy Yohn ... Level 10 Regional Qualifier in 2004 and 2005 ... Senior National Elite Qualifier ... USAIGC National Vault Champion and Beam Silver Medalist in 2005 ... National Honor Society Treasurer and German Club member at JP McCaskey High School ... *Personal:* Enjoys playing tennis and hanging out with friends in free time ... Plans to major in Biology ... Daughter of Pamela and Matthew Bacharach ... Father wrestled at the University of Virginia (1973-77) ... Uncle, Charles Stevens, played lacrosse for the Air Force Academy (1970-74) ... Born on April 4, 1987 in San Diego, CA.



MONICA GOLDBLATT
FRESHMAN • BARS, BEAM
MCLEAN VA, • HILL'S GYMNASTICS

Working back from a preseason ankle sprain and will provide immediate depth to the bars line-up ... Could also contribute to beam line-up this season ... Will train all four events when completely healthy ... Clean with nice lines on bars and working on major release move ... Coming along on beam but has nice lines in her routine ... *Prep:* Letterwinner on the 2002 Langley High School gymnastics team that placed second in the state ... Qualified for Level 10 Regionals in 2003, 2004 and 2005 ... Level 10 Team Captain for Hill's Gymnastics ... Level 9 Easterns qualifier in 2002 ... *Personal:* Enjoys traveling and shopping ... Volunteered to help autistic teens with physical education and classroom learning and helped train dogs for the physically disabled in high school ... Undecided on college major ... Daughter of Marta and Michael Goldblatt ... Born on November 21, 1986 in Stamford, CT.



LAUREN JACKSON
FRESHMAN • ALL-AROUND
WESTWOOD, MA • EXXCEL

Training in all four events but most likely to impact both floor and beam line-ups this season ... Nice presentation and has crowd-pleasing potential on floor ... Upgrading difficulty of beam routine ... Also coming along on vault and retraining skills on bars to compete at collegiate level ... *Prep:* Trained under coaches Pete Degenhardt, Tattiana Karmarskaya and Alex Toumilovich at Exxcel Gymnastics ... USA Gymnastics regional floor champion (9.525) in 2004 ... Massachusetts state floor champion (9.600) in 2003 ... 2002 National Elite and National Qualifier ... Second place at AA state championship in 2003 ... *Personal:* Enjoys shopping, going to the beach and hanging out with friends ... Undecided on college major ... Daughter of Sandra and Larry Jackson ... Born on February 5, 1987 in Boston, MA.



SARAH JACOBSON
FRESHMAN • ALL-AROUND
BRECKSVILLE, OH • GYMNASTICS WORLD

Strong, aggressive working training in all four events ... Extremely powerful on floor and beam, where an immediate impact could be forthcoming ... Upgrading floor difficulty ... *Prep:* Trained 13 years and earned four letters for coach Ron Ganim ... Named team's MVP sophomore and junior years ... Placed third on vault at level 10 state championship as a senior ... Level 9 regional floor champion as a sophomore ... High school state vault champion as a freshman and sophomore ... National Honor Society and a member of the Spanish Club at Brecksville-Broadview Heights High School ... *Personal:* Enjoys running and hanging out with friends in free time ... Plans to major in Neuroscience ... Daughter of Cynthia and Kirk Jacobson ... Born on June 26, 1987 in Akron, OH.



ASHLEY LUGO
FRESHMAN • ALL-AROUND
CENTRAL ISLIP, NY • EXPER-TIES

Enters freshman season battling back from illness ... Depending on health, will train in all four events ... Great potential in each event and presentation and dancing ability stands out on floor ... *Prep:* Level 10 regional qualifier in 2004-05 ... Level 9 national floor champion in 2003, also placed second in all-around ... Regional champion on floor, bars and all-around in 2003 ... Level 9 regional champion on beam and floor in 2002, placing second in all-around ... National qualifier in 2001, 2002 and 2003 ... Member of National Honor Society, CARE (Caring Adolescents Reaching the Elderly), and SADD at St. Anthony's High School ... Also a two-year letterwinner for varsity kickline under Coach Bennett ... *Personal:* Enjoys surfing, dancing and hanging out at the beach ... Plans to major in Business Administration ... Daughter of Rebecca and Oscar Lugo ... Born on May 3, 1987 in Queens, NY.



MEGAN VINCENT
FRESHMAN • ALL-AROUND
NEWPORT NEWS, VA • WORLD CLASS

Slowly working her way back from heel surgery in April ... Limited practice ability, but training in all four events ... Poised to make immediate impact in bars line-up with upgraded routine ... Nice lines and solid on beam and floor but recovery from injury will dictate performance ... *Prep:* Trained 11 years at World Class Gymnastics under coaches Tami Elliott Harrison and Jon Angle ... Four-year letterwinner and four-time team MVP at Menchville High School under coach Skip Mollenhauer ... Placed sixth in all-around at 2005 Level 10 Virginia State Championship ... Team placed second in state ... Region VII qualifier and Level 9 first alternate for Eastern Nationals ... Four-time Peninsula District All-around Champion for Menchville ... Four-time high school regional and state qualifier ... Four-time *Daily Press* Gymnast of the Year ... Helped lead Menchville to four consecutive district championships and the Eastern Region title in 2005 ... Placed second in the state on bars and sixth in all-around as a senior ... AP Scholar and member of both National Honor Society and Spanish National Honor Society ... *Personal:* Enjoys shopping, traveling and going to the beach ... Daughter of Jennifer and Frank Vincent ... Mother graduated from W&M School of Law in 1998 ... Aunt, Mary Hellen West Mueller, graduated from the College in 1993 ... Uncle, Stewart West, received undergraduate degree from W&M in 1988 and a Masters of Business Administration in 1993 ... Born on July 18, 1987 in Newport News, VA.

2005 MEET-BY-MEET RESULTS

8-23 Overall • 5-6 ECAC Regular Season

January

- 16 at George Washington Invitational
 vs. North Carolina..... L, 181.800-190.850
 vs. Towson..... L, 181.800-188.375
 at George Washington L, 181.800-187.000
 vs. Pennsylvania*..... L, 181.800-184.975
 vs. Temple* L, 181.800-183.725
 vs. Cornell* L, 181.800-183.425
- 21 **North Carolina** **L, 189.300-195.100**
- 29 at North Carolina State..... L, 184.725-192.875
 vs. James Madison* W, 184.725-183.300

February

- 4 at James Madison* W, 189.800-187.300
- 11 at Sweetheart Invitational (Raleigh, NC)
 at North Carolina State..... L, 188.250-195.400
 vs. Iowa L, 188.250-193.925
 vs. George Washington L, 188.250-193.475
- 19 at North Carolina L, 191.150-195.850
 vs. Rutgers..... L, 191.150-192.100
- 25 at George Washington..... L, 185.100-192.975

March

- 5 at Towson* L, 187.850-191.825
 vs. Yale* W, 187.850-187.400
 vs. James Madison* W, 187.850-183.675
- 9 **James Madison*** **W, 191.750-188.200**
- 19 at Penn State L, 189.650-195.500
 vs. Rutgers..... L, 189.650-193.100
 vs. Temple* L, 189.650-190.300
- 26 ECAC Championships (Harrisonburg, VA)
 vs. Towson* L, 189.750-194.525
 vs. Rhode Island* L, 189.750-192.225
 vs. Pennsylvania* L, 189.750-191.975
 vs. Yale* L, 189.750-191.100
 vs. Temple* L, 189.750-190.125
 vs. Cornell* W, 189.750-189.525
 at James Madison* W, 189.750-188.500
 vs. Brown* W, 189.750-184.325

*ECAC Opponent

Home Meets in Bold.

2005 INDIVIDUAL EVENT TITLES

Emma Cross (1)

Floor (1): vs. JMU, 9.800, Mar. 9

Brittany Gibbs (3)

Bars (3): vs. UNC, 9.775, Jan. 21; at JMU, 9.800, Feb. 4; at GWU, 9.750, Feb. 25;

Tricia Long (1)

All-Around (1): vs. JMU, 38.300, Mar. 9

Jaci Lynn (1)

Vault (1): at JMU, 9.550, Feb. 4

Kate Magee (1)

Beam (1): vs. JMU, 9.800, Mar. 9

Christina Padilla (3)

Vault (2): vs. JMU, 9.725, Mar. 9; at ECAC Championship, 9.825, Mar. 26
 Bars (1): vs. JMU, 9.750, Mar. 9

Stevie Waldman (3)

All-Around (1): at James Madison, 38.050, Feb. 4
 Beam (1): at JMU, 9.675, Feb. 4
 Floor (1): at JMU, 9.825, Feb. 4



Jaci Lynn

Simply put, the 2005 season was a tough one for the Tribe. The squad was hit with a rash of injuries that started in the preseason and carried all the way into the final weeks of the regular season. The College's always-tough schedule of perennial regional powers made things no easier. With that said, however, the 2005 campaign still provided some memorable moments and impressive individual accomplishments and, more importantly, with the emergence of younger gymnasts and W&M's late-season surge, it showed the program's future is bright.

That statement is justified by the fact that many of the season's highlights were provided by the Tribe's two freshman competitors, Tricia Long and Stevie Waldman. Long was named the Eastern Collegiate Athletic Association Rookie of the Year in 2005 and was the Tribe's lone regional competitor, as she qualified as an all-arounder for the NCAA Southeast Regional in Gainesville, Fla. Waldman, who anchored the beam and floor lineups, was an ECAC Rookie of the Year candidate herself, until she too was nipped by the injury bug late in the season.

W&M shook off a slow start and found its stride midway through the campaign, recording 191.150 at the North Carolina tri-meet on Feb. 19, as Waldman set a career and W&M season-best score in the all-around with a 38.650. Sophomore Christina Padilla, who broke out as one of the team's top scorers on vault and bars, had a solid showing as well, taking fifth on vault and sixth on bars.

Two weeks later, the Tribe recorded a season-high score of 191.750 to defeat ECAC and state-rival James Madison at W&M Hall. Long captured the individual all-around title with a career-high mark of 38.300, while Padilla claimed individual titles on vault (9.725) and bars (9.750). Junior Kate Magee set a personal record and placed first on beam with a 9.800, and senior Emma Cross gave W&M a clean sweep, taking the floor title with a 9.800.

At the ECAC Championship, the Tribe placed sixth with a solid 189.750, defeating Cornell, JMU and Brown. It was, by the team's standards, a disappointing finish to a difficult season, but again, the conference meet was encouraging, as Padilla won the individual title on vault with a career-high tying mark of 9.825. In addition to Padilla, seniors Jaci Lynn (vault) and Emma Cross (floor, beam), junior Kristen Gaidish (beam), sophomore Jess Randall (all-around) and Long (all-around) all received All-ECAC recognition at the championship meet.

2005 HONORS

ECAC Gymnast of the Week

Christina Padilla - Jan. 25

ECAC Rookie of the Week

Tricia Long - Feb. 16
 Stevie Waldman - Feb. 8, Feb. 22

ECAC Coaches Choice Award

Tricia Long - Jan. 25
 Kate Magee - Mar. 12

ECAC All-Academic Team

Emma Cross, Rachel Glasmire, Jaci Lynn, Kate Magee, Brittany Gibbs, Andrea Dochney, Jess Randall, Christina Padilla, Stevie Waldman

NACGC Scholar Athletes

Christina Padilla, Rachel Glasmire, Jaci Lynn, Kate Magee

SEASON HIGH SCORES

Team Score

191.750 - vs. JMU, 3/9/05

All-Around

38.650 - Stevie Waldman, 2/19/05
 RQS: Tricia Long, 37.500

Vault

9.825 - Christina Padilla, 3/26/05
 Team: 48.250, at ECACs, 3/26/05
 RQS: Christina Padilla, 9.725

Bars

9.825 - Brittany Gibbs, 2/19/05
 Team: 48.250, vs. JMU, 3/9/05
 RQS: Brittany Gibbs, 9.735

Beam

9.800 - Kate Magee, 3/9/05
 9.800 - Stevie Waldman, 1/21/05
 Team: 47.575, at UNC, 2/19/05
 RQS: Jess Randall, 9.625

Floor

9.825 - Stevie Waldman, 2/4/05
 Team: 48.250, vs. JMU, 3/9/05
 RQS: Tricia Long, 9.520



Rachel Glasmire

TRIBE GYMNASTICS HISTORY

Year-by-Year Results (Division I Only)

Year	Record	Coach	Championship Finish/Titles
1987	34-10	Greg Frew	Sixth NCAA Regional, Second ECAC, VIL Champions
1988	9-4	Greg Frew	Third ECAC, VIL Champions
1989	21-9	Greg Frew	Third ECAC, VIL Champions
1990	21-14	Greg Frew	Sixth NCAA Regional, Fourth ECAC, VIL Champions
1991	17-12-1	Greg Frew	Fourth ECAC, VIL Champions
1992	18-23	Greg Frew	Fifth ECAC
1993	14-18	Greg Frew	Fourth ECAC, VIL Champions
1994	19-13	Greg Frew	Third ECAC, VIL Champions
1995	14-20-1	Mary Lewis	Fifth ECAC
1996*	14-13	Mary Lewis	VIL Champions
1997	9-15	Mary Lewis	Third ECAC
1998	10-12	Mary Lewis	Second ECAC, VIL Champions
1999	16-10	Mary Lewis	ECAC Champions, VIL Champions
2000	7-16	Mary Lewis	Third ECAC
2001	14-16	Mary Lewis	ECAC Champions
2002	16-15-1	Mary Lewis	ECAC Champions, VIL Champions
2003	11-19	Mary Lewis	ECAC Champions
2004	9-20	Mary Lewis	Sixth ECAC
2005	8-23	Mary Lewis	Sixth ECAC

ECAC- Eastern Collegiate Athletic Association
VIL - Virginia Intercollegiate League
*W&M was not an ECAC member in 1996.



Postseason History

NCAA Southeast Regional Appearances
1987, 1990

ECAC Championships
1999, 2001, 2002, 2003

ECAC Individual Champions

1994	Lynn Dameron (Beam, 9.735)
1998	Becky Johnson (All-Around, 38.150) Brooke Sawyer (Vault, 9.635)
1999	Becky Johnson (All-Around, 38.725; Beam, 9.775) Jess Dancu (Vault, 9.725)
2000	Jess Dancu (Vault, 9.825)
2001	Kady Dendramis (Bars, 9.900) Jamie Weinfeldt (Beam, 9.900)
2002	Suzanne Chaves (Floor, 9.875) Erin Skinner (Floor, 9.875)
2003	Jaci Lynn (Vault, 9.800)
2004	Brittany Gibbs (Vault, 9.800)
2005	Christina Padilla (Vault, 9.825)



Lynn Dameron



Jamie Weinfeldt

ECAC Rookie of the Year

1993	Lynn Dameron
2005	Tricia Long

ECAC Scholar-Athlete of the Year

2002	Amy Van Deusen
2003	Amy Van Deusen
2004	Rachel Glasmire

All-time Series Records*

Team	W&M Record	First Met	Last Met	Last W&M W	Last Opp. W
Air Force	1-0	1987	1987	2/14/87	-
Auburn	0-4	1990	2002	-	2/15/02
Ball State	0-3	1995	1999	-	2/19/99
Bridgeport	3-0	1991	1995	1/28/95	-
Brown	8-2	1997	2005	3/26/05	3/20/04
Centenary	1-0	1995	1995	3/4/95	-
Central Michigan	0-4	1993	2002	-	3/2/02
Cornell	12-2	1997	2005	3/26/05	1/16/05
Duke	2-4	1979	1984	-	-
East Carolina	2-0	1979	1980	1980	-
Eastern Michigan	0-3	1995	2003	-	2/21/03
Florida	0-2	1988	1991	-	3/8/91
George Washington	5-27	1979	2005	1/23/99	2/25/05
Georgia College	1-0	1990	1990	3/8/90	-
Illinois-Chicago	0-1	1995	1995	-	3/4/95
Indiana (PA)	3-0	1986	1997	3/5/97	-
Iowa	0-2	2001	2005	-	2/11/05
James Madison	42-23-1	1977	2005	3/26/05	3/20/04
Kent State	0-1	2001	2001	-	2/9/01
Kentucky	0-4	1988	1994	-	3/11/94
Longwood	10-3	1978	1991	2/21/91	-
Maryland	4-18	1988	2002	1/27/96	3/16/02
Maryland-Balt. Co.	7-1	1988	1990	2/18/90	1/30/88
Miami (Ohio)	1-0	1993	1993	1/24/93	-
Michigan	0-1	1991	1991	-	2/3/91
Minnesota	0-2	1991	2003	-	3/2/03
Montgomery County	2-0	1979	1980	1980	-
Navy	3-0	1983	1993	2/26/93	-
Nebraska	0-1	2002	2002	-	2/15/02
New Hampshire	0-4	1993	1995	-	3/24/95
North Carolina	8-39-1	1981	2005	1/22/95	2/19/05
North Carolina State	8-27	1981	2005	3/10/99	2/11/05
Northeastern	2-1	1990	1998	3/21/98	2/11/90
Ohio State	0-2	1994	2001	-	3/3/01
Pennsylvania	16-11	1991	2005	3/29/03	3/26/05
Penn State	0-2	1991	2005	-	3/19/05
Pittsburgh	3-5	1979	2004	3/3/96	3/6/04
Princeton	1-0	1983	1983	1983	-
Radford	27-4	1979	2000	3/10/00	3/7/98
Rhode Island	4-5	1989	2005	2/14/03	3/26/05
Rutgers	1-4	2002	2005	3/16/02	3/19/05
Slippery Rock	1-1	1985	1986	-	-
Southeastern Missouri	0-2	1998	2000	-	3/4/00
Southern Connecticut	2-0	1995	1996	1/27/96	-
Springfield	1-0	1995	1995	1/28/95	-
Temple	12-7	1993	2005	1/16/03	3/26/05
Towson	5-17	1992	2005	3/13/04	3/26/05
Utah State	0-1	2003	2003	-	2/14/03
Vermont	11-0	1993	2002	3/23/02	-
Virginia	2-0	1976	1977	1977	-
West Chester	1-0	1984	1984	1984	-
Western Michigan	1-0-1	1996	2002	3/3/96	-
West Virginia	0-6	1979	2001	-	2/17/01
Yale	14-3	1993	2005	3/5/05	3/26/05

*Prior to 1993, series records reflect only dual and tri-meet head-to-head results. Meet-by-meet results were unavailable before the 1986-1987 season, W&M's first in Division I.

INDIVIDUAL AND TEAM SCORING RECORDS

• INDIVIDUAL RECORDS •

All-Around

	Individual	Score	Date
1.	Nikki Dattoli	39.075	3/7/01
2.	Suzanne Chaves	39.025*	3/29/03
3.	Suzanne Chaves	38.975	3/20/03
4.	Suzanne Chaves	38.950	3/6/04
5.	Suzanne Chaves	38.900	3/13/04
6.	Suzanne Chaves	38.850	3/16/03
7.	Jamie Weinfeldt	38.800*	3/24/01
8.	Erin Skinner	38.775	3/20/03
9.	Suzanne Chaves	38.725	2/6/04
	Becky Johnson	38.725*	3/27/99

Vault

	Individual	Score	Date
1.	Brittany Gibbs	9.900	2/8/04
2.	Brittany Gibbs	9.875	2/22/04
3.	Brittany Gibbs	9.850	2/13/04
	Christina Padilla	9.850	2/8/04
	Jess Dancu	9.850	3/6/02
6.	Christina Padilla	9.825*	3/26/05
	Christina Padilla	9.825	3/13/04
	Jess Patterson	9.825	3/16/02
	Jess Dancu	9.825	3/18/01
9.	Brittany Gibbs	9.800*	3/20/04
	Brittany Gibbs	9.800	3/13/04
	Brittany Gibbs	9.800	3/10/04
	Christina Padilla	9.800	3/10/04
	Jaci Lynn	9.800	3/10/04
	Jaci Lynn	9.800	2/8/04
	Brittany Gibbs	9.800	2/6/04
	Jaci Lynn	9.800*	3/29/03
	Jess Patterson	9.800	3/16/03
	Jaci Lynn	9.800	3/12/03
	Jess Patterson	9.800	2/7/03
	Nikki Dattoli	9.800	3/16/02
	Jess Patterson	9.800	3/12/02
	Jess Dancu	9.800	1/26/01

Uneven Bars

	Individual	Score	Date
1.	Nikki Dattoli	9.900	1/26/02
	Kady Dendramis	9.900*	3/24/01
3.	Brittany Gibbs	9.875	3/10/04
	Amy Van Deusen	9.875	3/16/03
5.	Allison Shoner	9.850	1/26/02
	Amy Van Deusen	9.850	3/16/01
7.	Brittany Gibbs	9.825	2/19/05
	Brittany Gibbs	9.825*	3/20/04
	Allison Shoner	9.825	3/10/04
	Brittany Gibbs	9.825	3/6/04
	Brittany Gibbs	9.825	2/8/04
	Brittany Gibbs	9.825	2/6/04
	Rachel Glasmire	9.825	1/9/04
	Rachel Glasmire	9.825*	3/29/03
	Allison Shoner	9.825*	3/29/03
	Amy Van Deusen	9.825	3/12/03
	Amy Van Deusen	9.825*	3/24/01
	Jamie Weinfeldt	9.825*	3/24/01
	Kady Dendramis	9.825	3/16/01
	Nikki Dattoli	9.825	3/16/01
	Nikki Dattoli	9.825	3/13/00
	Sarah Reynolds	9.825	3/20/99



Former gymnast Emma Cross ('05) owns the top two scores in school history in the floor exercise (9.925) and holds five of the top 10 all-time scores in the event.

Balance Beam

	Individual	Score	Date
1.	Brittany Gibbs	9.925	2/8/04
2.	Emma Cross	9.900	3/20/03
	Jamie Weinfeldt	9.900	3/20/03
	Jamie Weinfeldt	9.900*	3/24/01
	Lynn Dameron	9.900	3/12/93
6.	Emma Cross	9.875	2/8/04
	Emma Cross	9.875*	3/29/03
	Jamie Weinfeldt	9.875*	3/29/03
	Erin Skinner	9.875	3/12/03
10.	Andrea Dochney	9.850	3/10/04
	Suzanne Chaves	9.850*	3/29/03
	Erin Skinner	9.850	3/20/03
	Kristen Gaidish	9.850	2/21/03
	Jess Dancu	9.850*	3/23/02
	Nikki Dattoli	9.850*	3/24/01
	Jamie Weinfeldt	9.850	3/16/01
	Brooke Sawyer	9.850	3/7/01
	Lynn Dameron	9.850	3/18/95
	Lynn Dameron	9.850	3/5/94
	Lynn Dameron	9.850	3/14/93

Floor Exercise

	Individual	Score	Date
1.	Emma Cross	9.925	3/13/04
	Emma Cross	9.925	2/22/04
3.	Suzanne Chaves	9.900	3/13/04
	Suzanne Chaves	9.900	2/13/04
	Emma Cross	9.900	1/9/04
	Emma Cross	9.900	3/16/03
	Emma Cross	9.900	3/12/02
	Erin Skinner	9.900	1/26/02
	Brandee Ground	9.900	3/20/99
	Anna Dwyer	9.900	2/16/92

TEAM RECORDS

Overall Score

	Score	Date	Meet
1.	195.450	3/20/03	N.C. State
2.	195.200*	3/29/03	ECAC Meet (at Yale)
3.	195.050	3/10/04	at Towson
4.	194.500	3/6/02	WMU/Towson
5.	194.125	3/13/04	Towson/JMU
6.	194.100	3/16/03	at George Washington
7.	193.725	3/12/03	James Madison
8.	193.600*	3/23/02	ECAC Meet (at W&M)
	193.600	3/13/00	Rhode Island
10.	193.325	2/22/04	at North Carolina

Vault

	Score	Date	Meet
1.	48.800	3/16/02	at Maryland
2.	48.750	3/10/04	at Towson
3.	48.725	3/12/03	James Madison
4.	48.700	2/8/04	George Washington
5.	48.675	3/12/02	VA Intercollegiate
6.	48.650	3/20/03	N.C. State
	48.650	3/6/02	WMU/Towson
8.	48.600	2/22/04	at North Carolina
	48.600	3/6/04	at Nation's Capital Cup
	48.600	3/16/03	at George Washington
	48.600*	3/23/02	ECAC Meet (at W&M)

Uneven Bars

	Score	Date	Meet
1.	49.025	3/10/04	at Towson
2.	48.975	3/16/01	at VA Intercollegiate
3.	48.950	3/16/03	at George Washington
4.	48.850*	3/29/03	ECAC Meet (at Yale)
5.	48.800	1/26/02	at Rhode Island
6.	48.700	3/13/04	Towson/JMU
	48.700	3/8/03	at N.C. State
8.	48.625	3/20/03	N.C. State
	48.625	3/13/00	Rhode Island
10.	48.450	3/3/01	at N.C. State

Balance Beam

	Score	Date	Meet
1.	49.225	3/20/03	N.C. State
2.	48.825	3/6/02	WMU/Towson
3.	48.800	3/12/02	VA Intercollegiate
4.	48.750	3/22/04	at North Carolina
5.	48.700*	3/29/03	ECAC Meet (at Yale)
6.	48.675	3/10/04	at Towson
7.	48.575	3/12/03	James Madison
8.	48.525	2/27/04	at Towson
9.	48.325	3/5/97	Indiana (PA)
10.	48.300	3/12/93	at N.C. State

Floor Exercise

	Score	Date	Meet
1.	49.300	2/22/04	at North Carolina
2.	49.100	2/13/04	at N.C. State
	49.100*	3/27/99	ECAC Meet (at Brown)
4.	49.075*	3/29/03	ECAC Meet (at Yale)
5.	49.025	3/16/01	at VA Intercollegiate
6.	48.950*	3/20/04	ECAC Meet (at Penn)
	48.950	3/20/03	N.C. State
	48.950	3/13/00	Rhode Island
	48.950	2/11/00	at N.C. State
10.	48.925	3/13/04	Towson/JMU
	48.925	2/14/03	at N.C. State

Active Gymnasts in Bold.

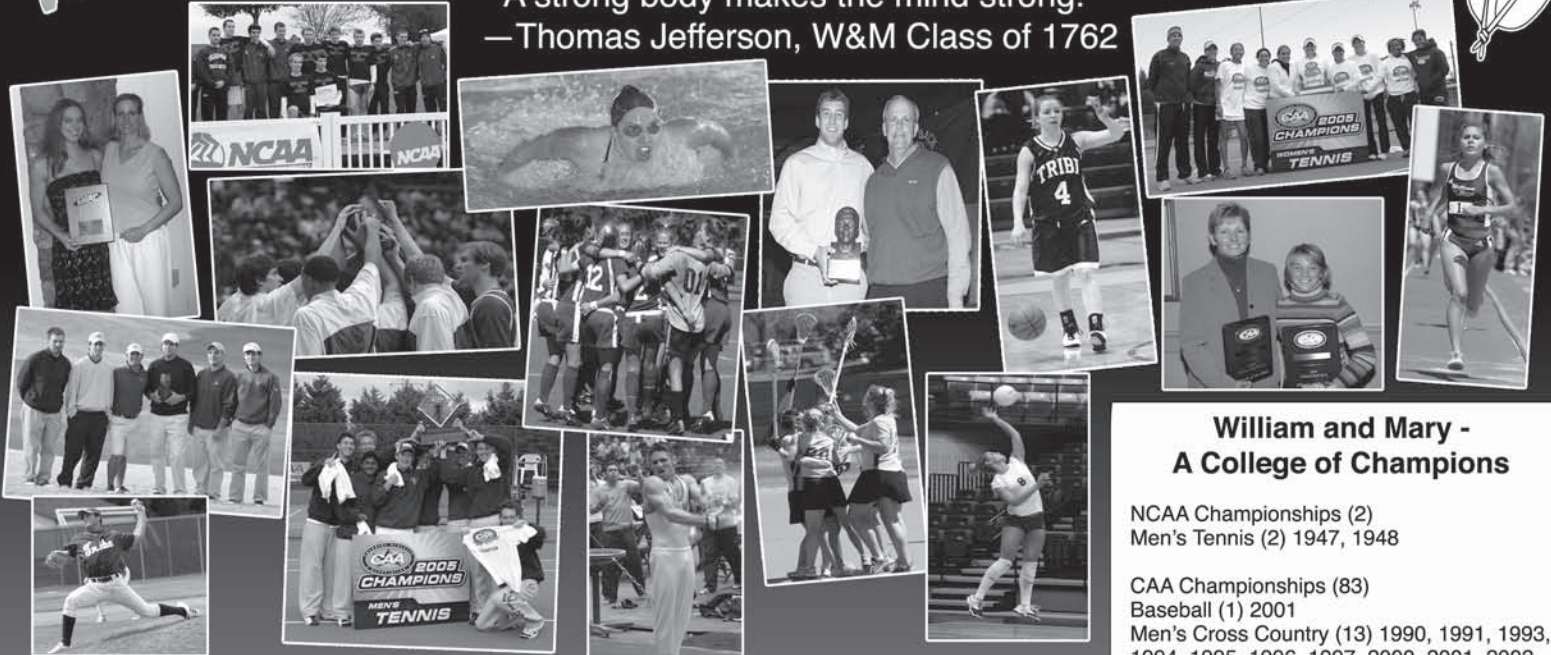
*ECAC Championship Score

WILLIAM AND MARY ATHLETICS

Tribe

"Exercise and recreation ... are as necessary as reading;
I will say rather more necessary, because health is worth more than learning.
A strong body makes the mind strong."

—Thomas Jefferson, W&M Class of 1762



Few colleges in America can boast of the combination of athletic and academic excellence that is found at the College of William and Mary. Each year, more than 500 Tribe student-athletes, competing on 23 Division I teams, prove that it is possible to simultaneously excel at the highest levels of athletics and academics.

Athletic Excellence

The 2004-05 season was another outstanding year for W&M athletics, as the Tribe added five CAA titles to push its conference-leading total to 81, 30 more than the next closest competitor. Seven teams competed in their respective NCAA Championships, highlighted by the football team's appearance in the I-AA semifinals. It has become typical for W&M to win at least five conference championships and send seven or more teams to the NCAA Championship each season.

Each year the goal of the athletics department is to finish in the top-100 nationally in the NACDA Directors' Cup standings and in recent years W&M has far exceeded that standard. In 2004-2005, the College finished 76th, and was the highest-ranked team in the CAA and was third among all schools in the state of Virginia, making this the ninth time in the 12-year history of the Directors' Cup that the College has finished both in the top four in the state of Virginia and first or second in the CAA.

William and Mary fields Division I teams for both men and women in basketball, cross country, golf, gymnastics, soccer, swimming and diving, tennis, and indoor and outdoor track and field. There are also field hockey, lacrosse and volleyball squads for women of the College, while there are two additional sports (baseball and football) for men.

Academic Success

The Tribe's athletic accomplishments do not come at the expense of its students' academic responsibilities, as W&M has produced 36 Academic All-Americans since 1992.

In the NCAA's inaugural Academic Progress Rate scores for all Division I institutions, William and Mary once again excelled in its mission of fostering true student-athletes. The College boasted the fourth-best APR score (992) among 328 active and provisional institutions, and W&M leads all programs that offer performance-based grants and financial aid to scholar-athletes.

Additionally, W&M had four student-athletes recognized as CAA Scholar-Athletes of the Year in 2004-2005: Pat Comstock (Men's Cross Country), Megan Bishop (Women's Cross Country), Keith Bechtol (Men's Track and Field) and Lena Sherbakov (Women's Tennis).



William and Mary - A College of Champions

- NCAA Championships (2)
Men's Tennis (2) 1947, 1948
- CAA Championships (83)
Baseball (1) 2001
Men's Cross Country (13) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003, 2004, 2005
Women's Cross Country (13) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003, 2004, 2005
Men's Golf (1) 1985
Women's Lacrosse (1) 1992
Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000
Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003
Men's Tennis (3) 1988, 1990, 2005
Women's Tennis (18) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002, 2004, 2005
Men's Track and Field (4) 1992, 1993, 2003, 2004
Women's Track and Field (6) 1999, 2001, 2002, 2003, 2004, 2005
Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001
- Atlantic 10 Football Championships (3)
1996, 2001, 2004
- ECAC Championships (6)
Men's Gymnastics (2) 1992, 1994
Women's Gymnastics (4) 1999, 2001, 2002, 2003
- Southern Conference Championships (48)
Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975
Football (4) 1942, 1947, 1966, 1970
Men's Soccer (1) 1976
Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975
Men's Outdoor Track and Field (12) 1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975
Wrestling (5) 1968, 1969, 1970, 1971, 1977

WOMEN'S GYMNASTICS

ATHLETIC FACILITIES

The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.



BUSCH FIELD

- Home of the Tribe's field hockey team
- Made possible by a generous grant from the Anheuser-Busch Corporation
- Playing surface is a unique combination of a poured pad with AstroTurf playing surface
- Seats over 2,200
- State-of-the-art computerized lighting and an elevated press box



ALBERT-DALY FIELD

- Home of the Tribe men's and women's soccer and lacrosse teams
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime Tribe soccer coaches Al Albert and John Daly



MCCORMACK-NAGELSEN TENNIS CENTER

- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- State-of-the-art lighting and scoreboard



PLUMERI PARK

- Home of the Tribe baseball program
- Made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Locker room, box seats and concessions

BUSCH COURTS

- Home of the Tribe tennis teams for the outdoor season
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for approximately 500
- State of the art lighting for night matches



ZABLE STADIUM

- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 12,000
- Permanent lighting will be installed in time for the 2005 football season
- Brand new state-of-the-art track around the field scheduled for completion in spring 2006
- Joseph Montgomery football practice facility is located adjacent to the stadium



KAPLAN ARENA/W&M HALL

- Home of the Tribe's basketball, gymnastics and volleyball teams
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices

STUDENT-ATHLETE SUPPORT

Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.

Compliance and Academic Support

As members of the Colonial Athletic Association and NCAA Division I, the College is committed to full compliance with all NCAA and conference regulations. The department has a fulltime Director of Compliance committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor assigned by the director of Academic Advising. Students remain with this advisor until their sophomore year at which time they select a faculty advisor in their chosen major.

Within the athletic department, the Academic Support Coordinator is a valuable resource for student-athletes serving in a liaison role with the various student service offices throughout the campus community. The College has offices for Volunteer Services, Career Services, a Writing Resource Center and Oral Communication Studio, to name a few.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.



Sports Psychology

The athletic department has on staff a sports psychologist, who holds a Ph.D. in sports psychology. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance. The sports psychology consultant is considered a member of the Counseling Center and refers individuals to the Center when appropriate.

Strength, Speed and Conditioning

Tribe athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head and Assistant Strength Coach each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to assure safety at all times.



Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of a team physician, seven full time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and assure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists. Through a team approach to health care the sports medicine program can offer comprehensive health care services to the student-athletes in a caring and cooperative manner.

WILLIAM AND MARY AT A GLANCE

The Best Small Public University in the United States

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy" and ranks 15th among the best regional business schools.



The Wren Building is the oldest one in the United States in which classes are still taught.



Lake Matoaka provides an on-campus field laboratory and recreational activities, and includes an amphitheatre to host concerts.

Did You Know?

- W&M is the best small public university in the nation, according to an analysis by U.S. News and World Report.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 30th overall among the nation's best universities.
- The average freshman retention rate is 96 percent.
- The College's student/faculty ratio is 12/1.
- Over 46 percent of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 17 students.
- W&M ranked 17th in graduation rates for national universities.
- Over 20,000 internships are posted on the school's web site.
- 10,400 high school students applied for 1,300 spots in the freshman class for the 2003-04 school year.
- More W&M graduates go on to earn doctorates than any other university in the state of Virginia.
- Over 83 percent of freshmen at W&M were in the top 10 percent of their high school graduating class.

In addition to the historic Williamsburg setting of the College, there are many other attractions offered within a reasonable driving distance from campus. W&M is located within three hours of Washington, D.C. Whether you like surfing at Virginia Beach (one hour away) or skiing at Wintergreen (less than three hours away), there is something for everyone in the W&M vicinity.

Amusement Parks

- Busch Gardens (Williamsburg, 10 min.)
- Water Country (Williamsburg, 10 min.)
- Kings Dominion (Ashland, 45 min.)
- Ocean Breeze (Virginia Beach, 60 min.)

Sports/Concerts

- Norfolk Scope (Norfolk, 45 min.)
- Chrysler Hall (Norfolk, 45 min.)
- Harbor Park (Norfolk, 45 min.)
- Verizon Wireless Amphitheatre (Virginia Beach, 60 min.)
- Hampton Coliseum (Hampton, 30 min.)
- Richmond Coliseum (Richmond, 45 min.)
- Richmond International Raceway (Richmond, 45 min.)
- The Diamond (Richmond, 45 min.)

You can watch the sunrise at Virginia Beach (below) or watch your life pass before your eyes on one of the thrilling roller coasters at Busch Gardens (right).



A Well-coached Team, A Great Night's Sleep. NOW THAT'S A WINNING COMBINATION.



Coaches (from left to right): Kelly McQuade, Assistant Field Hockey/Lacrosse Coach, Peel Hawthorne, Head Field Hockey Coach, John Daly, Head Women's Soccer Coach, Erica Perkins, Assistant Women's Tennis Coach, Tara Hannaford, Assistant Lacrosse Coach, Cliff Gauthier, Head Men's Gymnastics Coach, Tara Brown, Head Lacrosse Coach, Jason Memont Assistant Swimming Coach, Chris Norris, Head Men's Soccer Coach, Kevin Epley, Head Women's Tennis Coach



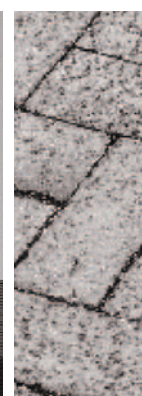
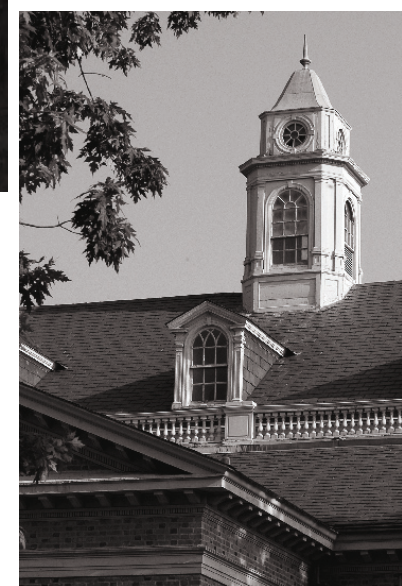
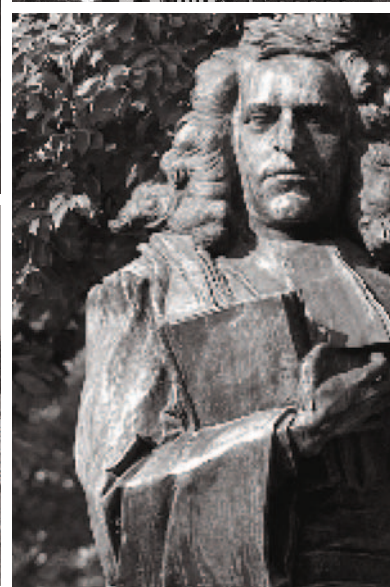
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