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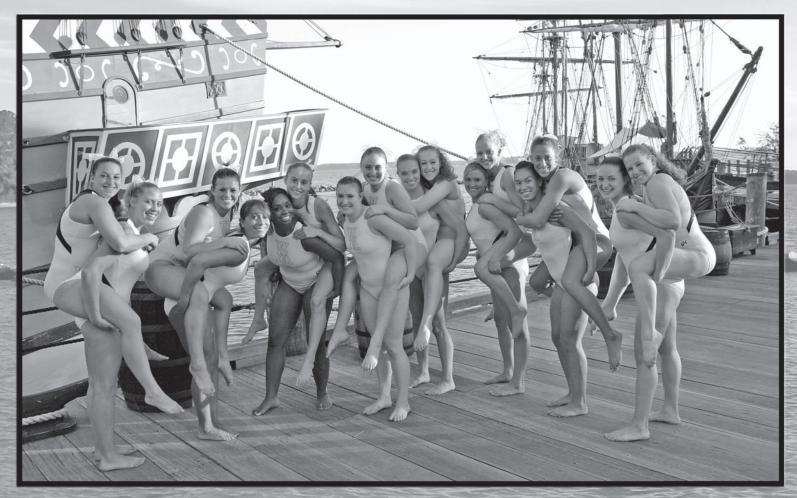
ECAC CHAMPIONS

1999, 2001, 2002, 2003

Along with four team titles, the Tribe program has produced 15 individual

Along with four team titles, the Tribe program has produced 15 individual conference champions since 1994. With Brittany Gibbs' ECAC floor title in 2006, W&M has now had at least one individual conference champion for nine consecutive years.

**GYMNASTICS** 



## **HONORS**

Head Coach Mary Lewis was named ECAC Coach of the Year for the second time in 2006, one of numerous honors the Tribe program added to a impressive list of accomplishments last season. Six Tribe gymnasts achieved USAG All-America status and Brittany Gibbs and Jess Randall were USAG Co-National Champions on floor. Additionally, nine different gymnasts earned All-ECAC honors in 2006, including Gibbs, who claimed her second career ECAC title (floor).

# **ACADEMICS**

Complimenting the Tribe's list of athletic accomplishments are the program's impressive scholastic credentials, demonstrating the program's commitment to the College's standard of academic excellence. Last season, Christina Padilla became the fourth Tribe gymnast to receive an ECAC Scholar Athlete of the Year award since 2002 and was one of seven from W&M on the ECAC All-Academic Team. Padilla was also a First-Team Academic Team. Padilla was also a First-Team Academic All-District selection and one of three Tribe gymnasts named a NACGC National Scholar Athlete. Since 2000, 29 student-athletes from W&M have been recognized by the NACGC.

# CHAMPIONSHIP

Under Lewis, 12 Tribe gymnasts have qualified for NCAA Southeast Regionals, including three in the last three years.

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### Media Information

The William and Mary sports information office is always interested in assisting members of the media in their coverage of Tribe gymnastics. Updated information, including statistics and releases, can be found on the Internet at www.TribeAthletics.com. Publicity and media information for William and Mary gymnastics are coordinated by assistant sports information director Mark Hoskins.

Photographs, feature ideas and results are always available from the William and Mary sports information office. Requests for further information should be directed to Mark Hoskins at (757) 221-3344 or by e-mail at mjhosk@wm.edu.

### <u>Credits</u>

The 2007 William and Mary women's gymnastics media guide is a publication of the William and Mary sports information office. All layout, design and writing by sports information assistant Mark Hoskins. Editing by the sports information office. Photography by Bob Keroack, Mark Hoskins and Art Niklas. Printing by Colonial Printing of Richmond, Virginia. Special thanks to Bob Jeffrey and the Jamestown-Yorktown Foundation.

### On the Cover

The 2007 W&M women's gymnastics team aboard the Godspeed replica ship at the historic Jamestown Settlement. Cover designed by Mollie McClure of Shot in the Dark Studio, Richmond, Va.



### Women's Gymnastics Quick Facts

### William and Mary

Location: Williamsburg, Virginia

Founded: 1693 Enrollment: 5.700 Nickname: Tribe

Colors: Green, Gold and Silver

Conference: Eastern Collegiate Athletic Conference President: Gene R. Nichol (Oklahoma State, 1973) Chancellor: Sandra Day O'Connor (Stanford, 1950) Athletics Director: Terry Driscoll (Boston College, 1969) Senior Associate AD: Barb Blosser (Ohio State, 1975) Facility (Capacity): Kaplan Arena (8,600) Athletics Department Phone: (757) 221-3340 Mailing Address: PO Box 399, Williamsburg, VA, 23187 Street Address: 751 Ukrop Dr., Williamsburg, VA, 23185

### Sports Information

Assistant/Gymnastics Contact: Mark Hoskins Office Phone: (757) 221-3344 Cell Phone: (804) 519-0437 E-Mail Address: mjhosk@wm.edu Sports Information Fax: (757) 221-3412 Website: www.TribeAthletics.com

Head Coach: Mary Lewis (Christopher Newport, 1985) W&M Record: 143-199-2 (.419) (12 seasons) Career Record: 143-217-2 (.398) (13 seasons)

> Office Phone: (757) 221-3411 E-Mail Address: mklewi@wm.edu

Assistant Coach: Katie McFarland (Old Dominion, 2005)

Office Phone: (757) 221-3411 E-Mail Address: klmcfa@wm.edu

### **Team Information**

2006 Record: 15-19

2006 Regular Season Record vs. ECAC: 7-3 2006 ECAC Championship Finish: Second 2006 USAG Collegiate Nationals Finish: Fourth Team Captains: Christina Padilla, Jess Randall Newcomers:

> Stephanie Bevan - Bridgewater, N.J. Marissa Kovary - Huntington Station, N.Y. Alison Medeiros - Hudson, Ohio Jennifer Stack - Enfield, Conn.

2007 Women's Gymnastics Roster

<u>name</u>	CI.	Events	Hometown	High School	Club
Becca Bacharach	So.	VT, BB, FX	Lancaster, Pa.	J.P. McCaskey	Astra
Stephanie Bevan	Fr.	AA	Bridgewater, N.J.	Bridgewater-Raritan	AGA-NJ
Andrea Dochney	Sr.	BB	Westmont, N.J.	Haddon Township	Will-Moor
Monica Goldblatt	So.	UB, BB	McLean, Va.	Langley	Hill's Gymnastics
Janelle Greene	Sr.	VT, UB, FX	Fairfax, Va.	Chantilly	Chantilly Academy
Lauren Jackson	So.	BB, FX	Westwood, Mass.	Westwood	Exxcel
Sarah Jacobson	So.	AA	Brecksville, Ohio	Brecksville-Broadview Hts.	Gym World
Marissa Kovary	Fr.	AA	Huntington Station, N.Y.	Walt Whitman	Exper-Ties
Tricia Long	Jr.	AA	Humble, Texas	Humble	Juergens
Ashley Lugo	So.	VT, UB, FX	Central Islip, N.Y.	St. Anthony's	GMGC
Alison Medeiros	Fr.	AA	Hudson, Ohio	Hudson	FLYTZ Gymnastics
Christina Padilla	Sr.	VT, UB	Sterling, Va.	Potomac Falls	Gymini
Jess Randall	Sr.	AA	West Hartford, Conn.	Conard	N.E.G.X
Jennifer Stack	Fr.	VT, UB, BB	Enfield, Conn.	Enfield	Brestyan's American
Megan Vincent	So.	UB, BB	Newport News, Va.	Menchville	World Class
Stevie Waldman	Jr.	AA	Downingtown, Pa.	Henderson	AJS Pancott

2006 Season Results

	20	uo se	ason r	resuits	•		,
Date	Meet	Vault	Bars	Beam	Floor	Overall	Result/Place*
Jan. 12	at George Washington Invitational	47.275	44.100	47.100	46.400	184.150	Third (6)
	(w/UNC, Temple, JMU, Cornell)						
Jan. 19	at North Carolina	46.800	45.950	46.550	45.050	184.350	Lost
Jan. 29	GEORGE WASHINGTON	47.650	46.825	46.275	48.125	188.875	Lost
Feb. 3	at James Madison	47.425	47.725	43.625	46.100	184.875	Won
Feb. 10	at Sweetheart Invitational	47.350	47.350	45.725	47.550	187.975	Third (4)
	(w/N.C. State, Auburn, JMU)						
Feb. 19	at N.C. State (w/Florida)	46.725	46.400	46.450	47.150	186.725	Third (3)
Feb. 26	at West Virginia (w/UNH)	47.625	46.800	42.800	47.425	184.650	Third (3)
Mar. 4	at Towson (w/Maryland)	46.975	47.325	47.575	47.300	189.175	Third (3)
Mar. 10	BOWLING GREEN	47.725	47.625	46.975	46.025	188.350	Won
Mar. 12	NORTH CAROLINA	48.025	47.900	47.425	47.600	190.950	Lost
Mar. 15	JAMES MADISON/TOWSON	48.100	48.925	47.975	48.000	193.000	Second (3)
Mar. 18	at James Madison (w/Towson)	46.650	47.375	46.825	46.850	187.700	Second (3)
Mar. 25	at ECAC Championship	46.650	48.375	47.100	48.225	190.350	Second (9)
April 13	at USAG National Preliminaries	47.275	47.825	48.525	46.650	190.275	Fourth (8)
April 14	at USAG National Team Finals	47.850	47.625	47.900	47.175	190.550	Fourth (4)
Season A	verages	47.340	47.208	46.588	47.042	188.130	15-19

**Bold** = Season High

\*Number in parentheses indicates total number of teams in event.

	200	07 William and Mary Women's Gym	nastics Schedule	
Date		Opponent/Event	Location	Time
Janua	ıry			
14	SUNDAY	NORTH CAROLINA	WILLIAMSBURG	3:00 PM
20	Saturday	George Washington Invitational (UNC, Towson*, Temple* and Cornell*)	Washington, D.C.	1:00 PM
Febru	ary			
2	Friday	James Madison*	Harrisonburg, Va.	7:00 PM
17	Saturday	Hearts Invitational (N.C. State, Nebraska, West Virginia, George	Raleigh, N.C. Washington)	7:00 PM
23	Friday	Cat Classic (Missouri, Illinois State, Ball State)	Columbia, Mo.	7:00 PM
24	Saturday	Cat Classic Individual Event Finals	Columbia, Mo.	7:00 PM
March				
2	Friday	Towson* (with James Madison*)	Towson, Md.	7:00 PM
7	WEDNESDAY	TOWSON*	WILLIAMSBURG	7:00 PM
9	Friday	N.C. State (with Arizona, James Madison*)	Raleigh, N.C.	7:00 PM
14	WEDNESDAY	JAMES MADISON*	WILLIAMSBURG	7:00 PM
23	Friday	North Carolina (with Rhode Island*, George Washington)	Chapel Hill, N.C.	7:00 PM
31	Saturday	ECAC Championship (Cornell)	Ithaca, N.Y.	12:00 PM
April				
14	Saturday	NCAA Southeast Regional (West Virginia)	Morgantown, W.Va.	6:00 PM

### BOLD CAPS indicates home meet at Kaplan Arena in William and Mary Hall.

\*Eastern Collegiate Athletic Conference opponent.

All Times Local To Event; Schedule Subject To Change

Visit www.TribeAthletics.com For Most Up-To-Date Schedules and Information

USA Collegiate Nationals (Seattle Pacific)

NCAA Championships (Utah)

TBA

7:00 PM

Seattle, Wash.

Salt Lake City, Utah

19-21 Thurs.-Sat

26-28 Thurs.-Sat.

# Mary Lewis

### Head Coach • 14th Season • Christopher Newport, 1985



Under Lewis' tutelage, junior Tricia Long was named ECAC Rookie of the Year in 2005 and qualified for the NCAA Regional.

During Mary Lewis' 13-year tenure as the head women's gymnastics coach at William and Mary, the Tribe program has been distinguished for both its competitive success in the gym and academic excellence in the classroom. Distinctions have come in the form of four Eastern Collegiate Athletic Conference Championships and multiple national scholar-athlete citations year-in and year-out, validating the fact that, under Lewis' watch, Tribe gymnasts have epitomized the definition of student-athletes.

Last season, Lewis was recognized by her peers as the ECAC Coach of the Year for the second time, after the Tribe earned a second-place finish at the ECAC Championship, the team's best finish since winning three-straight league titles from 2001 to 2003. Lewis also saw Tribe gymnasts earn 11 all-conference awards, including an individual vault conference title by Brittany Gibbs. Additionally, current senior Christina Padilla was honored as the ECAC Scholar Athlete of the Year, while seven members of the team earned ECAC All-Academic Team honors.

W&M also made its first appearance in the USAG Collegiate Nationals in 2006, earning a fourth-place finish in the team competition. Under Lewis, Tribe gymnasts

garnered nine different USAG All-America honors, including Gibbs and current senior Jess Randall, who shared the USAG individual national championships in the floor exercise.

Under Lewis' tutelage, three gymnasts in the last three seasons have competed in NCAA Regionals, including 2005 ECAC Rookie of the Year Tricia Long, who competed as individual allarounder that same year, while Suzanne Chaves ('04) and Emma Cross ('05) competed in a NCAA Regional in 2004. Since taking over the program in 1995, Lewis has coached 12 gymnasts to NCAA appearances.

In 2005, Padilla captured the ECAC individual vault title, while six other Tribe gymnasts received all-conference recognition under Lewis' guidance.

In total, Lewis' gymnasts have claimed 15 individual ECAC titles, while Lewis has led the squad to four ECAC titles. Lewis earned her first ECAC Coach of the Year honor in 2003, after W&M captured its third consecutive league title.

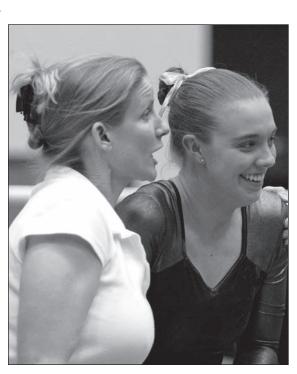
In addition to success in the gym, Lewis has stressed academics as well. That is evident each

year when the National Association of Collegiate Gymnastics Coaches honors student-athletes for superb academic performances. Last season, three Tribe gymnasts earned NACGC national scholar-athlete awards, including Padilla who posted a team-best 4.00 GPA. Seven Tribe gymnasts have earned the honor over the last two seasons.

Lewis has been coaching collegiate gymnastics since 1991, when she was the head coach at Longwood College for the 1991-92 season. She joined the staff at James Madison University in 1992 and served as a graduate assistant until 1994, before taking over the program at the College.

Lewis graduated Magna Cum Laude from CNU in 1985 with a Bachelor of Science Degree in governmental administration and public management. She completed her master's degree at JMU in kinesiology and adult fitness in May of 1994, graduating Summa Cum Laude.

Lewis spends her summers working at the Woodward Gymnastics Camp in Woodward, Pa., organizing weekly schedules for campers ranging in levels from beginner to elite. She resides in Newport News with her 11-year-old son, Zachary.





### LEWIS and the NCAA's

Mary Lewis has coached 12 gymnasts to NCAA Regional meets in her tenure at W&M, including Suzanne Chaves and Emma Cross in 2004 and Tricia Long in 2005. Here is a list of Tribe gymnasts who have competed at a regional meet under Lewis:

1995 - Lynn Dameron

1995 - Kirsten Gutgesell

1996 - Lynn Dameron

1997 - Becky Johnson

1998 - Becky Johnson

1999 - Brandee Gound

2000 - Jess Dancu

2001 - Jess Dancu

2001 - Jamie Weinfeldt

2004 - Suzanne Chaves

2004 - Emma Cross

2005 - Tricia Long



### **Year-by-Year Under Lewis**

<u>Year</u>	W&M Record	Titles
1995	14-20-1	
1996	14-13	VA Intercollegiate (VIL) Champions
1997	9-15	
1998	10-14	VIL Champions
1999	16-10	ECAC Champions, VIL Champions
2000	7-16	
2001	14-16	ECAC Champions
2002	16-15-1	ECAC Champions, VIL Champions
2003	11-19	ECAC Champions
2004	9-20	
2005	8-23	
2006	15-19	

# KATIE McFarland

### Assistant Coach • First Season • Old Dominion, 2005

Katie McFarland is in her first season as an assistant coach at the College. McFarland brings a tremendous gymnastics background to the Tribe program, having competed both at the national and collegiate level while also holding an extensive coaching resume at the club level.

McFarland's main duties with the Tribe program include coaching both beam and floor and choreography. She will also serve as the lead recruiter and assist with fund-raising duties.

A former Senior International Elite U.S. National Team member, McFarland comes to W&M after most recently serving as the Level 9 and 10 women's team coach at the Gymstrada Gymnastics Club in Virginia Beach.

"I'm very excited about Katie joining the program," said head coach Mary Lewis. "Obviously, having been an international elite competitor, Katie brings an amazing technical background and will be a huge addition to the program."

While at Gymstrada, McFarland was responsible for coaching all four events, including beam choreography and handled various administrative duties for meet entries and travel accommodations.

McFarland coached three Level 10 regional qualifiers and three Level 9 qualifiers in 2006 and guided the Gymstrada team to a third-place finish in the Cancun Classic in Mexico. Overall in three years at Gymstrada, McFarland coached four Level 10 regional qualifiers, over 20 Level 9 regional qualifiers, a Level 10 all-around state champion and six Level 9 Eastern National qualifiers, while guiding Gymstrada to the Level 9 state championship in 2004 and a runner-up finish in 2005.

Prior to her stint at Gymstrada, McFarland served as an interim coach for Levels 7 and 8 at Excalibur Gymnastics in Virginia Beach and was also the head women's coach at First Colonial High School in Virginia Beach, where she was responsible for all aspects of the program including choreography, apparel, home meet organization, fund-raising and eligibility reports.

As a competitor, McFarland was active on the national level from 1993 until joining the University of Florida's nationally-ranked program in 2000. McFarland's career highlights include the Senior National Floor Championship at the American Classic is 1997, U.S. National Championship qualifications from 1995 to 1998 and a stint on the Senior U.S. Women's National Team in 1998-99.

A native of Virginia Beach, McFarland graduated Magna Cum Laude with a Bachelor of Science in psychology and exercise science from Old Dominion University in 2005.





In 2006, the William and Mary women's gymnastics team turned in a number of notable achievements, including a second-place showing at the ECAC Championship and a fourth-place finish in the program's first trip to the USAG Collegiate Nationals. Individual accomplishments were also plentiful, as W&M boasted an individual conference champion, 11 different All-ECAC designations and six USAG Collegiate All-Americans.

But, despite what could easily be called an outstanding season, last year's success left the Tribe wanting more. At the top of the list is the program's first conference championship since 2003, but head coach Mary Lewis' squad also has its sights on a USAG title in the team's encore performance at the event. Lewis, who is entering her 13th season, knows, however, the keys to enhanced postseason success include a better start and a more consistent run to the finish.

"Our top goals for the season are to win the ECAC title and the USAG nationals, which I think are two very realistic goals," said Lewis, who received her second ECAC Coach of the Year award in 2006. "We have a very short early schedule, so it's very important to get off to a good start."

wasn't until almost mid-March that W&M truly drea Dochney. found its stride, as the Tribe came together dur-

ing a pivotal stretch of three-straight home meets. During the homestand, the Tribe defeated Bowling Green, scored a solid 190.950 against regional power North Carolina and notched a season-best 193.00, defeating rival James Madison and narrowly falling to eventual ECAC champion Towson (193.475) on March 15.

The Tigers were the only team to stand between W&M and the conference title at ECACs, again edging the Tribe for the crown. But, the College's second-place showing was its best since 2003, when the Tribe extended its streak of three consecutive ECAC Championships.

The 2006 season came to a close with the program's first appearance at the USAG Collegiate Nationals. W&M finished fourth overall and produced six individual USAG All-Americans, including co-national champions on floor in Brittany Gibbs and returning senior Jess Randall.

"Last year's performance at USAGs was encouraging in that it was our first trip to the event," Lewis said. "We didn't have a great preliminary meet, but we were still able to qualify for the finals. This year, I think it would be a disappointment if we weren't one of the top teams at the event."

Lewis is hopeful a good start and a better overall scoring average will lead to postseason triumph.

"We really didn't get off to a good start last year, based on our overall scores. I'm not necessarily looking for peak performances early in the year, but I expect the team to be much more consistent this season and show improvement from the

With increased expectations and optimism over the upcoming campaign, Lewis is still mindful of the significance that injuries and the health of her gymnasts can have on the overall outcome.

"Another one of our goals is to try and keep everyone healthy, as much as possible. We increased our strength training in the offseason, and I'm hopeful that will prevent a lot of the over-use type injuries. I think the team in general is much stronger this season."

So, fresh off a dedicated offseason workout regime, a stronger, experienced team, which was on the edge of a championship last year, is poised for the challenge ahead and ready to reach its ultimate postseason goals in 2007.

But, once again, the Tribe's customary slate of challenging opponents will stand in the way en route to the conference championship. As is the case annually under Lewis, W&M will face a stout mix of national and regional-level competition, as well traditional rivals from the ECAC.

"Overall, I think it's a very strong schedule. We'll see a lot of the same teams we normally see, like North Carolina, N.C. State and James Madison, and we're also going to face some top national-level competition like Nebraska and Missouri. When you go up against teams competing at NCAA Championships every year, I



Despite the strong finish last season, it Jess Randall, Christina Padilla, Janelle Greene and An-

think it really helps our girls raise their level of performance and step things up."

Leading the way for the unit in 2007 will be a strong corps of veteran performers, but the team will also feature a large contingent of young gymnasts ready to make an impact for the Tribe. Randall and fellow senior Christina Padilla were named captains for the upcoming season. Between them, the duo has one individu-

> al conference championship (Padilla, Vault 2005), one USAG national championship (Randall, Floor 2006), five All-ECAC designations and four USAG All-America citations. The pair, along with the team's two other seniors Andrea Dochney and Janelle Greene, will again be counted on for scoring contributions, but Lewis knows the leadership of the captains and seniors will go a long way in the team's ability to reach its goals.

> "I encourage and expect the senior class to lead this team," said Lewis. "Our two captains compliment each other very well, and they have the ability to push the girls in practice and get us where we want to be."

> Lewis will welcome back seven all-conference gymnasts and five USAG Collegiate All-Americans, who will be joined by a talented four-member freshman class in 2007.

> "I think it's going to be a good year, and I am excited about the potential we have. The team as a

whole is very tough and has a good work ethic."

### **The Senior Class**

All four members of the 2007 senior class played a critical role in last season's success, as each earned both all-conference and USAG All-America honors. The group will once again be expected to perform at a high level, and Lewis will also count on the quartet to lead the team both in and out of the gym.

Padilla is perhaps the most decorated returning gymnast, both in and out of the gym, and will serve as a co-captain in 2007. A former ECAC vault champion and two-time all-conference performer, Padilla is also a three-time NACGC National Scholar Athlete, a three-time ECAC All-Academic Team selection and a reigning ECAC Scholar Athlete of the Year.

"Christina is such a good role model for our team, both in the classroom and in the gym, with what she has accomplished here," praised Lewis. "We're expecting the same solid scores and consistency she has shown in the past."

Padilla earned USAG Collegiate All-America recognition last season on both vault and bars, and she will again be one of the team's top competitors in each

Joining Padilla as a team captain in 2007 is Jess Randall, a talented competitor who is one of the team's top motivators in practice and a perfect compliment to her co-captain. Unfortunately, Randall underwent wrist surgery during preseason and will be limited to training beam and floor once she returns.

"Randall is the one who will get on you and let you know what she wants from you in the gym," said Lewis. "She has a very strong leadership role on this team, and we're also going to be counting on her for solid scores when she returns."

A two-time All-ECAC designee in the all-around, Randall was the 2006 USAG Collegiate Co-National Champion on floor last season (9.775), sharing the title with former teammate Brittany Gibbs. She also earned USAG All-America honors on beam and was a First-Team All-ECAC performer on bars last season. Randall held the sixthhighest all-around regional qualifying score (37.860) in the ECAC last season and had the team's top RQS on beam.

The third member of the senior class is **Andrea Dochney**, a proven veteran who will focus her training on beam this season. Dochney earned her first-career allconference citation last season, taking second-team honors on beam, before ending the year with USAG Collegiate All-America honors in the event.

Dochney has been battling a shoulder injury that forced her to stop training bars, but the senior hopes to be healthy enough to make an impact in the beam lineup this season. She came on strong in the latter half of the 2006 season, winning an individual beam title in the win over Bowling Green and earning the ECAC Coaches Choice Award after scoring a 9.600 against North Carolina in the event.

Rounding out the senior class is **Janelle Greene**, who has continued to improve in each of her seasons with the Tribe. Greene took home her first all-conference designation last season, earning Second-Team All-ECAC honors on bars, and was also a USAG Collegiate All-American in the event after placing fourth in the individual finals

Greene was one of the team's most consistent scorers on bars in the second half of the season, contributing marks to the team total in each of the last eight team competitions, including an impressive career-high 9.825 against JMU and Towson. She has trained hard in the offseason to upgrade her vault and will add depth to the line-up.

### The Junior Class

The two members of the junior class, **Tricia Long** and **Stevie Waldman**, have each been among the team's most talented and consistent performers since the day they stepped on campus, and Lewis is looking for the duo to continue to shine with the Tribe.

"It's hard for me to believe Tricia and Stevie are already juniors, but at the same time it's remarkable they are just juniors based on what they have done in only two years," said Lewis. "The two are very confident and strong when performing, and I look for them to continue to improve."

Long, a former NCAA Regional qualifier and conference rookie of the year, was the team's only gymnast to



Tricia Long and Stevie Waldman.

compete in all four events in every competition last season and earned her second All-ECAC designation in the all-around. One of the team's most consistent performers the last two seasons, Long worked on implementing a high-level vault during the offseason will undoubtedly improve upon her all-around regional qualifying score (37.735) that ranked eighth in the ECAC in 2006.

Waldman was limited to competing on beam and bars in 2006, but her impact in the two events during the second-half of the season was immense. She earned First-Team All-ECAC and USAG Collegiate All-America honors on bars and placed first in the event in four different meets. In just her second competition last season on March 4th at Towson, Waldman matched the third-best bars score in school history with a career-high 9.875 and later notched a 9.850 against JMU and Towson. On beam, Waldman also earned USAG Collegiate All-America honors. With improved health in 2007, Waldman could make an impact return to the floor line-up and has the potential to be one of the top performers in the conference in any event.

### The Sophomore Class

Health and injuries were major issues with the six gymnasts who entered the program as freshman in 2006, and while some were able to compete and contribute last season, Lewis is hopeful the group will have a bigger impact in 2007.

**Becca Bacharach** competed primarily on beam in limited action last season, but her hard work and training over the summer and during preseason practice could lead to an impact in any of the four events this year. Bacharach is a good tumbler on floor and has a nice presentation on beam.

Perhaps the biggest impression made from the group last year was that by Monica Goldblatt, who went on to earn Second-Team All-ECAC honors on bars. Goldblatt had an impressive list of season-high scores in three events, including bars (9.725), beam (9.725) and floor (9.750), but an illness during the offseason has limited her training. Depending on how her endurance and strength return, Goldblatt will likely make the biggest impact on bars and beam.

One of the hardest workers in the group, **Lauren Jackson** did not compete in any events last season due to injury, but after a dedicated training regime during the offseason she was ready to perform in 2007 until suffering an ankle injury during the Green and Gold exhibition in December. Lewis is hopeful Jackson will return mid-season and resume training on beam and possibly floor.

Sarah Jacobson turned in a solid rookie season in 2006, competing on floor

and vault in each of the team's meets last season. Though consistency was an issue at times, Jacobson showed tremendous potential in each event, recording season-high scores of 9.550 on vault and 9.500 on floor. However, a late season injury limited her offseason workouts, and Jacobson's contributions early this season will depend on how quickly her strength and endurance return. She has worked on upgrading her vault start value and will also add depth to the bars line-up.



return. She has worked on up- (Clockwise from back): Lauren Jackson, grading her vault start value Sarah Jacobson, Ashley Lugo, Megan and will also add depth to the Vincent, Becca Bacharach and Monica barrling up.

Goldblatt.

Ashley Lugo continues to work back from an illness during her freshman season and has shown improvement through the preseason. Lugo has primarily trained vault and floor and could return to bars with increased strength. She competed several times last year on vault, scoring a season-high 9.400 at the team finals of the USAG Collegiate Nationals. Lugo's presentation and dancing ability stand out on floor, and the sophomore will once again provide depth to the vault line-up.

It has been a constant struggle with injuries for **Megan Vincent** before and since arriving at the College. Her training has been severely limited over the past two seasons and primarily focused on bars. Depending on her health, Vincent could see herself move into more of a peer coaching role during the season, as she already has strong leadership and motivational presence in the gym.

### **The Freshman Class**

Lewis welcomes a talented four-member freshman class to the fold in 2007, a group she hopes will contribute right away.

"This is a good bunch. As a whole, I think the freshman class is going to have a tremendous impact on the team."

**Stephanie Bevan** is training in all four events and working towards earning a spot in both the beam and floor line-ups. She has a strong flight series on beam and is a good tumbler on floor. Bevan, a two-time Level 10 state champion in New Jersey, also has a chance to add depth to the vault and bars line-ups.

Marissa Kovary is a Level 10 national competitor working back from an illness and has the potential to impact all four events down the road. Kovary will begin strength and conditioning training when her health improves, eventually working back into gymnastics.

Alison Medeiros is an all-arounder with tremendous potential to impact all four events as a rookie. A four-time Level 10 national qualifier, Medeiros has beautiful lines on beam and could made her presence in the line-up felt immediately. She has a 10.0 start value on vault and continues to show improvement on beam. Medeiros has tremendous presentation on floor and will continue to improve as endurance level builds.

Rounding out the freshman class is Jennifer Stack, a skilled rookie who had

trained hard during the preseason before undergoing season-ending surgery. Stack has a very strong bars routine and should make an impact when she returns to form next season. A former Massachusetts state champion, Stack is also a confident performer on beam with a strong routine.



(Clockwise from back): Marissa Kovary, Jennifer Stack, Alison Medeiros and Stephanie Bevan.

# CHRISTINA PADILLA

### Senior • Vault, Bars • Sterling, Va. • Gymini

- ECAC VAULT CHAMPION 2005 (9.825)
- Second-Team All-ECAC 2006 (Vault)
- USAG All-American 2006 (Vault, Bars)
- ECAC Gymnast of the Week 1/25/05
- CoSIDA/ESPN The Maganize First-Team Academic All-District (At-Large)
- ECAC Scholar Athlete of the Year 2006
- ECAC All-Academic Team 2004, 2005, 2006
- NACGC National Scholar Athlete 2004, 2005, 2006

Team co-captain expected to be one of the team's top performers and leaders in 2007 ... Former conference champion on vault and a returning USAG All-American on both vault and bars ... One of the team's most consistent scorers on vault and bars over the last two seasons ... Credentials in the classroom are even more impressive, as Padilla was named to the CoSIDA/ESPN The Magazine All-District III Academic First Team after recording a 4.00 GPA ... Initiated into the Phi Beta Kappa Honor Society in the fall and is a Monroe Scholar ... 2006 ECAC Scholar Athlete of the Year, three-time NACGC National Scholar Athlete and the 2006 recipient of the College's Martha Barksdale Award, given annually to a rising senior, female student-athlete who has a GPA of 3.25 or higher and is an outstanding student and athlete.



2006 Season Highlights

Earned Second-Team All-ECAC honors on vault after tying for eighth place at the conference meet with a 9.600 ... Garnered USAG Collegiate All-America status on both vault and bars ... Placed second on bars at USAG Individual finals (9.675) and seventh on vault (9.600) ... Held team's second-best RQS on vault (9.660) and third-best RQS on bars (9.610), ranking seventh and ninth in the ECAC in each event, respectively ... Scored season-high 9.750 and placed sixth on vault at home against UNC (3/12) then matched the mark in the next meet, as the team scored a season best 48.100 against JMU and Towson (3/15) ... Posted season-high 9.750 on bars in the same meet against JMU and Towson, as the bars line-up recorded a season-best total of 48.925, which stands as the fourth-best team total in the event in school history ... Notched a 9.700 on bars to place fourth against JMU and Towson (3/18) ... Recorded scores of 9.675 and 9.500 on vault and bars, respectively, in the team finals of the USAG meet ... Scored a team-high

9.700 on vault at West Virginia (2/26) to earn an eighth place showing against a strong field ... Placed second on vault (9.650) and third on bars (9.575) in win over Bowling Green (3/10) ... Took second on vault with a 9.575 in win at JMU (2/3).

### 2005 Season Highlights

Anchor of the vault lineup compiling the team's top regional qualifying score in the event (9.725) ... Also a vital part of the bars lineup, holding the squad's second-best RQS in the event (9.665) ... Consistent season on vault culminated with career-high tying 9.825 at the ECAC Championship, which earned the ECAC Individual Vault Championship and a First-Team All-ECAC citation ... Named ECAC Gymnast of the Week after strong showing at UNC (1/21) with marks of 9.750 on vault, which captured fifth place, and 9.725 on bars, which took fourth ... Placed third on vault at N.C. State (1/29) with a 9.725 ... Tied for second place on vault at JMU (2/4) with a 9.425 and claimed third on bars with a 9.650 ... Placed third on vault in an ECAC quad-meet at Towson (3/5) with a 9.675 and took seventh on bars with a mark of 9.650 ... Captured individual titles on both vault and bars in a dual-meet win over JMU (3/9) with scores of 9.725 and 9.750, respectively.

### 2004 Season Highlights

One of the team's most consistent vaulters as a walk-on . . . . Scored no lower than 9.725 on vault in final six meets of the season . . . Placed second at ECAC Championship on vault with a 9.725 . . . Established career-high score of 9.825 on vault at home against Towson and JMU (3/13/04) . . . Tied for fourth place on vault at Towson (3/10/04) with a 9.800.

### Prep and Personal

Trained under coach Robert Schau ... Washington Post All-Extra team for VHSL ... Enjoys going to the beach and hanging out with friends and teammates ... Member of Pi Beta Phi sorority ... Pursuing a double major in neuroscience and kinesiology ... Daughter of Fernando and Karan Padilla (W&M, '78) ... Sister, Elisa, graduated from the College in 2005 ... Born July 3,



### Padilla's Career-Highs Vault

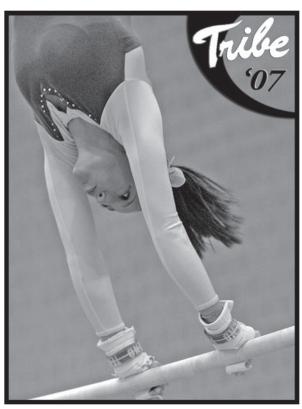
9.825, twice - last at ECACs, 3/26/05

### Bars

9.775, at North Carolina, 2/19/05

### Lewis on Padilla...

"We're expecting the solid scores and consistency that Christina has shown over the past couple seasons. She's even looking to upgrade her bars routine and dismount. She's going to be a good scorer in both events, as usual."

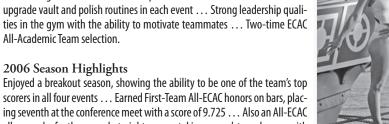


# ESS RANDALL

### Senior • All-Around • West Hartford, Conn. • N.E.G.X.

- First-Team All-ECAC 2006 (Bars), 2005 (All-Around)
- Second-Team All-ECAC 2006 (All-Around)
- USAG Collegiate Floor Exercise National Co-Champion 2006 (9.775)
- USAG Collegiate All-American 2006 (All-Around, Floor)
- ECAC All-Academic Team 2005, 2006

Team co-captain coming off a breakout season who will be counted on for consistent scoring in all four events and leadership both in and out of the gym ... Returning USAG Collegiate All-American (All-Around, Floor) and reigning USAG Collegiate National Floor Champion . . . Trained hard in the offseason to upgrade vault and polish routines in each event ... Strong leadership qualities in the gym with the ability to motivate teammates ... Two-time ECAC



scorers in all four events . . . Earned First-Team All-ECAC honors on bars, placall-arounder for the second-straight season, taking second-team honors with a seventh place finish (37.975) . . . Earned USAG Collegiate All-America honors as an all-arounder and on floor . . . Used a career-high 9.775 on floor to share

the individual USAG National Championship with teammate Brittany Gibbs . . . Held team's top RQS in the all-around (37.860), ranking sixth in the ECAC and 17th in the NCAA Southeast Region . . . Also owned the squad's top RQS on beam (9.490) ... Posted a career-best all-around score of 38.525 at home against JMU and Towson (3/15) ... Used a personal-record 9.825 on bars in the meet to place second and match the seventh-best score in the event in school history ... Previous career-high all-around score came a meet earlier with a 38.275 against North Carolina (3/12) ... Recorded a third-place finish on floor (9.700) against the Tar Heels ... Placed first in the all-around with a total of 37.925 in the win over Bowling Green . . . Set a career-high on beam with a 9.850, the top score in the event during the team preliminaries at USAG nationals (4/13) ... Recorded a personal-best score of 9.550 on vault during the team finals at USAG nationals (4/14) ... Tied for third on floor (9.700) in the dual meet with George Washington (1/29).



### Randall's Career-Highs

9.550, at USAG Team Finals, 4/14/06

9.825, vs. JMU/Towson, 3/15/06

9.850, at USAG Team Prelims, 4/13/06

9.775, at USAG Individual Finals, 4/15/06

### All-Around

38.525, vs. JMU/Towson, 3/15/06

### Lewis on Randall...

"We're hopeful Jess resume training sometime during the middle of the season. I look for her to have a very strong leadership role. Jess is a great motivator and can have a positive influence in the gym."

### 2005 Season Highlights

Came on strong at the end of the season and developed into a solid all-around performer and key part of the beam lineup ... Held the team's top regional qualifying score on beam (9.625) . . . Set a then personal-best on beam with a 9.750 at the Hearts Invitational (2/11), tying for 11th place against a strong field . . . Performed first career all-around routine at ECAC quad-meet at Towson (3/5) and placed second with a total score of 37.875 ... Competed in second all-around at home against JMU (3/9) and again placed second with a total score of 36.575, which included a then career-high 9.525 on floor . . . Put together a career evening at the Penn State guad-meet (3/19), placing sixth in a strong all-around field with a then career-high 38.150 ... All four scores at PSU went towards the team total, including previous career-highs of 9.500 on vault and 9.725 on beam ... Continued late-season surge by earning First-Team All-ECAC honors in the all-around at the conference championship (3/26) with a total score of 37.775, which placed fifth.

### 2004 Season Highlights

Competed and scored on bars in all but one meet after returning from an ankle injury ... Established career-high and tied for eighth place with a 9.775 on bars at Towson (3/10) . . . Tied for fourth place on bars with a 9.750 against Towson and JMU (3/13) . . . Scored a 9.700 on bars at Sweetheart Invitational at N.C. State (2/11).

### Prep and Personal

Trained 12 years under coach Maureen Chagnon ... Qualified for 2002 Nationals ... Won Bahamas Invitational in 2001 and Colonial Classic in 2003 ... Enjoys spending time with family and teammates ... Majoring in international relations and government ... Daughter of James Randall and Vivian Chow ... Born September 26, 1985 in Manchester, Conn.



# NDREA DOCHNEY

Senior • Balance Beam • Westmont, N.J. • Will-Moor

- Second-Team All-ECAC 2006 (Beam)
- USAG Collegiate All-American 2006 (Beam)
- ECAC Coaches Choice Award 3/15/06
- ECAC Rookie of the Week 2/24/04
- ECAC All-Academic Team 2005

Returning USAG Collegiate All-American and All-ECAC performer . . . Limited training in preseason due to shoulder injury but hopes to be healthy enough to compete on beam ... Potential to be one of team's most consistent and top scorers in the event.

### 2006 Season Highlights

Battled through injury and tough start to the season to finish strong and earn all-conference and USAG Collegiate All-America honors on beam . . . Mainly competed on beam during the season due to injury ... Scored a season-high 9.750 on beam to tie for seventh overall in the team prelims of the USAG Collegiate nationals ... Placed ninth in the USAG team finals with a mark of 9.675 ... Earned first-career all-conference designation with a 9.550 on beam at the conference championship, earning a seventh-place tie and Second-Team All-ECAC honors . . . Claimed the individual beam title

in the win over Bowling Green (3/10) with a score of 9.525 ... Tied for sixth against North Carolina (3/12) with a 9.600 on beam and posted a season-high score of 9.400 on bars . . . Earned the ECAC Coaches Choice Award for her efforts against the Tar Heels ... Placed eighth on beam with a score of 9.400 at West Virginia (2/26) ... Led team and placed fourth-place on beam with a score of 9.575 in season debut at North Carolina (1/19).







**Dochney's Career-Highs** 

9.625, vs. JMU, 3/9/05

9.775, at North Carolina, 2/22/04

9.850, at Towson, 3/10/04

### Lewis on Dochney...

"When Andrea hits on her beam routine, she gives us very solid scores and a big boost to the beam line-up. She has very nice lines on beam. If she is healthy enough, we're hoping she can have a very big year on beam."

### 2005 Season Highlights

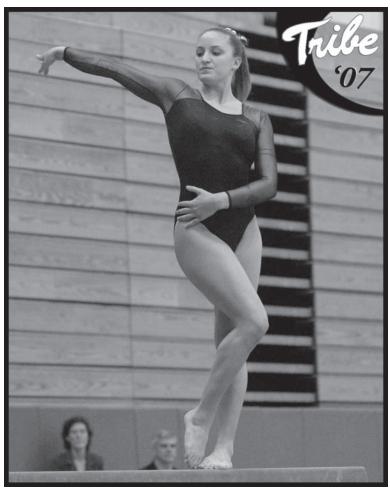
Continued impressive start to her college career with a solid sophomore campaign . . . Was a vital part of bars and beam lineups and also contributed on floor ... Rebounded from rough start in season-opening meet to score a 9.575 on bars against North Carolina (1/21) ... Posted marks of 9.450 on bars and 9.525 on beam the following week at N.C. State (1/29) ... Put together another solid outing at JMU (2/4) with a season-high score of 9.675 on floor to tie for fifth place, while also capturing fifth place on bars with a mark of 9.550 ... Tied for 12th in an ECAC guad-meet on bars at Towson (3/5) with a 9.425 and added a 9.300 on floor ... Established a career-high on bars with a 9.625 taking third place against JMU (3/9) ... Posted a 9.450 on bars at the ECAC Championship (3/26).

### 2004 Season Highlights

Made immediate contributions in three events during first collegiate season ... Named ECAC Rookie of the Week after a career-best score of 9.800 in the floor exercise and a 9.775 on the beam at North Carolina (2/22) ... Placed third on beam in a dual meet at Towson (3/10) with a career-high score of 9.850 ... Tied for sixth place on beam with a 9.725 in a home meet with Towson and JMU (3/13) ... Scored a 9.575 on bars at GWU Invitational (1/18) ... Season-high bars exhibition score of 9.750 came at Towson (3/10).

### Prep and Personal

Three-time junior national qualifier ... Two-time state champion on bars and 2003 state champ on beam ... Has an original move on bars named after her, the "Dochney" . . . Enjoys watching television and spending money in her free time ... Participates in the Big Brothers, Big Sisters Mentor Program and the Green and Gold Christmas . . . Daughter of Kevin Dochney and Teresa Carbone ... Born August 2, 1985 in Camden, N.J.



# JANELLE GREENE

Senior • VT, UB, FX • Fairfax, Va. • Chantilly Academy

- Second-Team All-ECAC 2006 (Bars)
- USAG Collegiate All-American 2006 (Bars)
- ECAC Specialist of the Week 3/1/06

Returning all-conference and USAG All-American who will train vault, bars and floor this season ... Emerged as one of the team's top scorers on bars during the later part of her junior season ... Looks to build and improve on vault ... Good dancer and strong tumbler, but health will factor into amount of training on floor ... Potential to add depth to both vault and floor line-ups.

### 2006 Season Highlights

Enjoyed a terrific second half of the season on bars, culminating with All-ECAC and USAG All-America honors in the event ... Starting with the West Virginia meet (2/26), scores on bars counted toward the team total in final eight meets she competed in ... Turned in an outstanding weekend at the USAG Collegiate Nationals, including a fourth-place finish in the individual finals (9.550) to earn USAG All-America honors ... Placed third overall in the

team prelims with a score of 9.625 ... Earned first career all-conference designation at conference meet, placing 11th with a mark of 9.625 to take Second-Team All-ECAC honors ... Recorded a career-high 9.825 on bars against Towson and JMU (3/15), as the team posted the fourth-best total in the event in school history (48.925) ... The 9.825 matched the seventh-highest score on bars in school history ... Named ECAC Specialist of the Week after

leading the team and placing third with a 9.700 at WVU ... Also competed on vault for the first time at WVU to notch a 9.350 ... Recorded season-high score of 9.475 on vault at USAG team finals ... Tied for second place at JMU (2/3) on bars with a 9.550 ... Placed sixth on bars (9.325) in win over Bowling Green (3/10) ... Recorded a seventh-place showing on bars (9.550) against North Carolina (3/12).

### 2005 Season Highlights

Struggled through an up-and-down year with injury but contributed to bars lineup when healthy ... Hit stride at Hearts Invitational (2/11) after slow start to season with a 9.600 on bars ... Nailed bars routine for a season-high 9.700 at GWU (2/25) ... Posted a mark of 9.500 to the team total in an ECAC quad-meet at Towson (3/5).

### 2004 Season Highlights

Competed on uneven bars in every meet, which included one exhibition routine . . . Established a then career-high and tied for eighth place on bars with a 9.775 in a dual meet at Towson (3/10) . . . Scored a 9.700 on bars at the Nation's Capital Cup at GWU (3/6) . . . Tied for eighth place on bars with a 9.675 in a home meet with Towson and JMU (3/13) . . . Tied for seventh place on bars against GWU (2/8) with a 9.600.

### Prep and Personal

Trained for 10 years under coach Anne Foster . . . Led Chantilly High School to state title . . . Enjoys reading, dancing, shopping and working with children . . . Participates in W&M student mentor program and tutors children when available . . . Majoring in sociology . . . Plans to attend graduate school . . . Daughter of Aaron and Mary Greene . . . Born February 26, 1985 in Washington, D.C.





### Greene's Career-Highs Vault

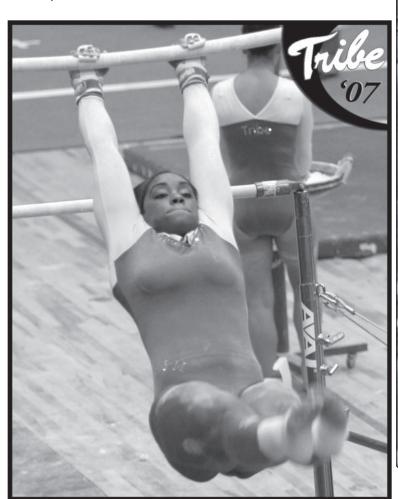
9.475, at USAG Team Finals, 4/14/06

### Bar

9.825, vs. JMU/Towson, 3/15/06

### Lewis on Greene...

"Bars has always been Janelle's strongest event, and I don't expect anything different this season. We're looking for solid scores and consistency on bars from Janelle. If she can continue to build a solid base and foundation with her vault, we're looking to upgrade there, and she will provide more depth to the vault line-up."



# TRICIA LONG

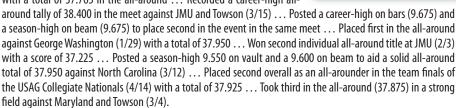
### Junior • All-Around • Humble, Texas • Juergens

- ECAC ROOKIE OF THE YEAR 2005
- Second-Team All-ECAC 2006 (Floor, All-Around), 2005 (All-Around)
- ECAC Coaches Choice Award 1/25/05
- ECAC Rookie of the Week 2/16/05

Former conference rookie of the year and NCAA Regional qualifier who has been a reliable and consistent performer in her two seasons with the Tribe ... Two-time, all-conference all-arounder ... Strongest events are beam, bars and floor ... Concentrated on improving vault in the offseason and should have high-level vault in place during season.

### 2006 Season Highlights

Continued terrific start to her collegiate career with a solid sophomore campaign ... One of team's most consistent performers on both bars and beam ... Only Tribe gymnast to compete in all four events in each meet ... Earned second-straight Second-Team All-ECAC citation as an all-arounder and also claimed all-conference honors in the floor exercise ... Ranked eighth in the ECAC with an all-around RQS of 37.735 and 18th in the Southeast Region ... Used a season-high score of 9.625 on floor at the conference meet to earn Second-Team All-ECAC honors and finished with a total of 37.765 in the all-around ... Recorded a career-high all-





Qualified for the 2005 NCAA Southeast Regional as an all-arounder, becoming just the second freshman to compete in a regional under Lewis . . . Named the 2005 ECAC Rookie of the Year after compiling the league's second-best all-around RQS (37.500) ... Earned Second Team All-ECAC honors in the all-around . . . Became a key part of the floor lineup and held the squad's top RQS in the event (9.520) ... Scored a 9.650 on floor, which tied for sixth, and a 9.575 on vault in home debut against UNC (1/21) to earn the ECAC Coaches Choice Award ... Earned ECAC Rookie of the Week honors after a career-best all-around score of 38.025 at the Sweetheart Invitational (2/11), contributing four scores to the team total, which included a personal-best 9.700 on beam . . . Began late-season emergence with a career-best all-around mark of 38.300 in a dual-meet win over JMU (3/9) to capture the all-around individual title ... Also set personal standards on floor with a third-place score of 9.675 and on bars with a fifth-place mark of 9.600 ... Tied for ninth in the all-around at the ECAC Championship (3/26) with a 37.075 to take home second team all-league accolades ... Finished her terrific debut season at the NCAA Southeast Regional in Gainesville, FL, (4/9) and recorded an all-around score of 36.825, including marks of 9.400 on vault and 9.450 on bars.

### Prep and Personal

Trained a combined 10 years under coaches Heather Douglas and Juergen Achtermann, including two years at Humble High School under Achtermann ... 2004 High School National Champion on the balance beam ... Holds Humble school records on bars, floor and all-around ... USAG national qualifier in 2003 ... Five-time USAG regional qualifier ... Enjoys skiing, hiking, water sports watching television, and horseback riding ... Majoring in business with a minor in psychology ... Member of Student Athletic Advisory Council at W&M ... Daughter of Paul and Jeanne Long ... Born July 18, 1986 in Vail, Colo.







### Long's Career-Highs

9.575, vs. North Carolina, 1/21/05

9.675, vs. Towson/JMU, 3/15/06

9.700, at Hearts Invitational, 2/11/05

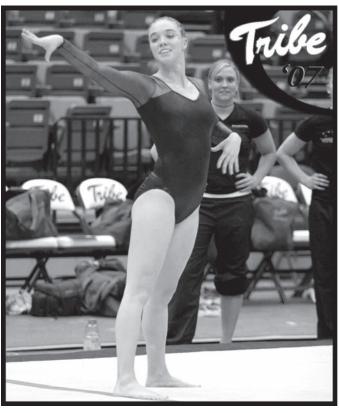
9.675, vs. James Madison, 3/9/05

### **All-Around**

38.400, vs. Towson/JMU, 3/15/06

### Lewis on Long...

"Tricia was one of our most consistent scorers on beam last year, and she was solid on bars and consistent on floor as well. We look for more of the same this year. I don't get overly anxious when Tricia competes, because I know she will come through with a solid performance."



# STEVIE WALDMAN

### Junior • All-Around • Downingtown, Pa. • AJS Pancott

- First-Team All-ECAC 2006 (Bars)
- USAG Collegiate All-American 2006 (Bars, Beam)
- ECAC Specialist of the Week 3/8/06
- ECAC Rookie of the Week 2/8/05, 2/22/05
- ECAC All-Academic Team 2005, 2006
- NACGC National Scholar Athlete 2006

Returning First-Team All-ECAC and USAG Collegiate All-America performer poised for a breakout season ... Will train in all four events, if health allows, and has potential to be one of the top gymnasts in the conference ... Bars, Beam and Floor will be top priorities ... Has beautiful lines and presentation in all four events ... Two-time ECAC All-Academic Team selection and a NACGC Scholar Athlete.

### 2006 Season Highlights

Despite missing over a month of action at the start of the season due to injury, rebounded to be the team's top scorer on bars and a consistent presence on beam ... Finished the season remarkably strong, earning First-Team All-ECAC honors on bars and USAG Collegiate All-America status on bars and beam ... Won four individual titles on the season ... Starting at Towson (3/4), contributed scores to the team total on bars and beam in each of the



last eight team competitions . . . Scored 9.600, or better, on bars during the stretch . . . Placed third overall at the ECAC Championship on bars with a score of 9.775 to earn first-career all-conference designation . . . Matched the third-best score in school history on bars with a career-high 9.875 at Towson/Maryland (3/4) to place first in just her second competition of the season . . . Named the ECAC Specialist of the Week on March 8th for her efforts . . . Recorded a first-place score of 9.675 on bars in the win over Bowling Green (3/10) and placed second on beam (9.475) in the same meet . . . Took second place on bars (9.775) and recorded the team's top score (9.675) on beam against North Carolina (3/12) . . . Won the individual title on bars at home against Towson and JMU (3/15) with a mark of 9.850, which matches the sixth-best score in school history . . . Also tied for fifth on beam (9.575) . . . Once again placed first on bars against JMU and Towson (3/18) with a score of 9.775 . . . Started an outstanding weekend at the USAG Collegiate Nationals, placing fifth on bars (9.600) and third on beam with a season-high 9.775

in the team prelims (4/13) ... Finished second on bars (9.725) in the team finals (4/14) ... Placed fifth on both bars (9.425) and beam (9.550) in the individual finals (4/15) to earn USAG All-America honors.

### 2005 Season Highlights

Got off to a tremendous start and was a critical part of each lineup as an all-arounder before knee injury ended her season in early March . . . Assumed role as anchor in both beam and floor lineup and was one of the squad's most consistent performers in each event . . . Two-time ECAC Rookie of the Week selection . . . Burst onto the scene against national-power UNC (1/21) with career-highs on beam (9.800), floor (9.650) and bars (9.700) . . . Score of 9.800 on beam against Tar Heels stood as the highest by any Tribe gymnast in 2005 . . . Competed in first career all-around at N.C. State tri-meet (1/29) and placed second with total score of 37.200, including a third-place effort of 9.725 on bars . . . Captured her first all-around individual title a week later at JMU (2/5) with a solid score of 38.050 to earn first Rookie of the Week citation . . . Along with all-around title at JMU, took first on floor with a career-best 9.825, claimed the beam title with a 9.675 and placed second on bars with a 9.700 . . . At UNC (2/19), contributed four marks to the team total for a career-best and team season-high all-around score of 38.650, gaining her second ECAC Rookie of the Week honor . . . Took for 12th on vault with a career-high 9.550 at UNC.

### Prep and Personal

Trained under coach Eduardo Pozo ... Level 10 national qualifier in 2004, placing ninth on the bars in the national meet ... Regional champion on the bars in 2004 ... Placed second on the bars in the 2003 Level 10 regional meet and third in the Pennsylvania state meet ... Member of the 2002 Level 10 PA state champion team ... Enjoys hanging out with friends, traveling and playing the piano in free time ... Majoring in kinesiology ... Daughter of David and Jane Waldman ... Born July 6, 1986 in Philadelphia, Pa.



### Waldman's Career-Highs

9.550, at North Carolina, 2/19/05

### Bars

9.875, at Towson, 3/4/06

### Beam

9.800, at North Carolina, 1/21/05

### Floor

9.825, at James Madison, 2/4/05

### All-Around

38.650, at North Carolina, 2/19/05

### Lewis on Waldman...

"Stevie has great overall gymnastics lines and a terrific presentation. Our priority is to have her healthy and competing for the entire year, but a loftier goal is to have her competing as an all-arounder. When Stevie is completely healthy, she can be our top performer in any event."



### BECCA BACHARACH

### Sophomore • VT, BB, FX • Lancaster, Pa. • Astra

Young, hard-worker who could have an impact in any of the four events this season ... Coming off a strong offseason of training and conditioning ... Good tumbler on floor and will provide depth in all of the line-ups ... Continues working to clean up and polish routines.

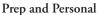


### 2006 Season Highlights

Competed in three events, primarily on beam, in limited action during rookie season ... Enjoyed a nice start to the season recording a

9.400 on vault and a 9.225 on beam at the George Washington Invitational (1/12)

... Performed exhibitions on beam on four other occasions, including at Towson (3/4), vs. Bowling Green (3/10), vs. North Carolina (3/12) and vs. JMU/Towson (3/15).



Trained 10 years under coach Troy Yohn . . . Level 10 Regional Qualifier in 2004 and 2005 . . . Senior National Elite Qualifier . . . USAIGC National Vault Champion and Beam Silver Medalist in 2005 . . . National Honor Society Treasurer and German Club member at JP McCaskey High School . . . Enjoys shopping and hanging out with



friends in free time ... Majoring in kinesiology ... Daughter of Pamela and Matthew Bacharach ... Father wrestled at the University of Virginia (1973-77) ... Uncle, Charles Stevens, played lacrosse for the Air Force Academy (1970-74) ... Born on April 4, 1987 in San Diego, Calif.

### Bacharach's Career-Highs

<u>vault</u>

9.400, at GW Invitational, 1/12/06

### <u>Beam</u>

9.225, at GW Invitational, 1/12/06

### Lewis on Bacharach...

"Becca is looking pretty good. She trained very hard and did a lot of conditioning over the summer. Becca has shown improvement in her tumbling on floor, and she should be able to add depth and have an impact in the line-up."

### MONICA GOLDBLATT

### Sophomore • UB, BB • McLean, Va. • Hill's

- Second-Team All-ECAC 2006 (Bars)
- ECAC Rookie of the Week 3/8/06

Returning All-ECAC performer coming off solid rookie season . . . Working back to build endurance and strength after illness in the offseason . . . Likely to make biggest impact on bars and beam first . . . Also hampered by ankle injury during preseason practice, which will dictate training on floor.



### 2006 Season Highlights

Showed ability at times to be one of the team's top performers during all-conference rookie season . . . Started the year strong, but missed multiple events with injury mid-

way through before finishing on high note . . . Earned Second-Team All-ECAC status on bars after tying for ninth place at the conference championship with a score of 9.650 ... Made an immediate impact in season-opening GW Invitational (1/12) with a career-high 9.725 on beam to place third overall against a very competitive field . . . Tied for 10th place overall on bars (9.525) in the team prelims of the USAG Collegiate Nationals (4/13) ... Scored a career-high 9.750 on floor to place second in the USAG team finals (4/14) ... Tabbed the ECAC Rookie of the Week after finest



performance against Maryland and Towson (3/4) ... Scored a career-high 9.725 on bars to place sixth, took ninth on beam (9.575) and was 10th on floor (9.575).

### Prep and Personal

Letterwinner on the 2002 Langley High School gymnastics team that placed second in the state ... Qualified for Level 10 Regionals in 2003, 2004 and 2005 ... Level 10 Team Captain for Hill's Gymnastics ... Level 9 Eastern qualifier in 2002 ... Enjoys traveling and shopping ... Volunteered to help autistic teens with physical education and classroom learning and helped train dogs for the physically disabled in high school ... Daughter of Marta and Michael Goldblatt ... Born on November 21, 1986 in Stamford, Conn.

### **Goldblatt's Career-Highs**

Bar

9.725, at Towson, 3/4/06

### Beam

9.725, at GW Invitational, 1/12/06

### Floor

9.750, at USAG Team Finals, 4/14/06

### Lewis on Goldblatt...

"Depending on how quickly Monica's endurance level and physical skills return will determine how much she trains this season. When she's healthy, Monica has a pretty bars routine and a lot of bonus potential on beam. It's kind of wait and see."

### Lauren Jackson

### Sophomore • BB, FX • Westwood, Mass. • Exxcel

Hard worker who looks to make an impact in second season ... Suffered serious ankle injury during preseason and hopes to return midseason ... Injuries will limit training to beam and floor ... Continues to work on upgrading beam routine and could have biggest impact in that event ... Very nice presentation on floor, but tumbling and performance will depend on recovery from injury ... Also has potential to crack line-up with upgraded vault.



### 2006 Season Highlights Did not compete in any meets due to injury.

### Prep and Personal

Trained under coaches Pete Degenhardt, Tatiana Karmarskaya and Alex Toumilovich at Exxcel Gymnastics ... USA Gymnastics regional floor champion (9.525) in 2004 ... Massachusetts state floor champion (9.600) in 2003 ... 2002 National Elite and National Qualifier ... Second place at AA state championship in 2003 ... Enjoys shopping, going to the beach and hanging out with friends . . . Majoring in psychology ... Daughter of Sandra and Larry Jackson ... Born on February 5, 1987 in Boston, Mass.



### Lewis on Jackson...

"With Lauren, it all depends on how she returns from the surgeries. We're focusing on floor, beam and vault, with bars pretty much eliminated to alleviate the wear and tear on her wrist. I think beam has come along the best for Lauren, and she has incorporated some new bonus skills. She could definitely be a factor in the beam line-up and will add needed depth in the event. Her presentation and lines on floor are so nice as well, but again, her impact on floor depends on how much she is able to train."

### SARAH JACOBSON

### Sophomore • AA • Brecksville, Ohio • Gym World

### ECAC All-Academic Team 2006

Talented gymnast who enjoyed a good start to career in rookie season ... Discovered ankle fracture at the tail end of the season, which limited offseason training ... Working hard to build up endurance on floor and has trained on bars during preseason practice ... Potential to add depth to bars line-up ... Preseason work on upgrading start value of vault as well.



### 2006 Season Highlights

Turned in solid first season, making an immediate impact in the vault and floor

line-ups competing in each of the team's meets ... Showed flashes of scoring ability in both events throughout the season ... Enjoyed a nice start to the season with a 9.400 on floor in the season-opening GW Invitational (1/12) ... Tied for eighth at home against GW (1/29) with a career-high 9.500 on floor . . . Posted a solid 9.450 on vault to place 13th against a strong field at the Hearts Invitational (2/10) ... Recorded an 11th-place finish with a career-high 9.550 on vault against another competitive field at West Virginia (2/26)



...Scored a 9.450 on vault in the win over Bowling Green (3/10) ... Recorded a 9.500 on vault vs. North Carolina (3/12) ... Matched season and career-high on vault with a 9.550 against Towson and JMU (3/15) ... Performed well in first conference championship, notching a 9.425 on floor.

### Prep and Personal

Trained 13 years and earned four letters for coach Ron Ganim ... Named team's MVP sophomore and junior years ... Placed third on vault at Level 10 state championship as a senior ... Level 9 regional floor champion as a sophomore ... High school state vault champion as a freshman and sophomore ... National Honor Society and a member of the Spanish Club at Brecksville-Broadview Heights High School ... Enjoys running and hanging out with friends in free time ... Undecided on college major ... Daughter of Cynthia and Kirk Jacobson ... Born on June 26, 1987 in Akron, Ohio.

### Jacobson's Career-Highs

9.550, at West Virginia, 2/26/06; vs. JMU/Towson, 3/15/06

### Floo

9.500, vs. George Washington, 1/29/06

### Lewis on Jacobson...

"The ankle injury has made training a little more difficult for Sarah this season. She has a very high threshold for pain, though, and I think she will be able to make progress despite the injury. She's working extremely hard to come back on floor and could have an impact on bars as well."

Tribe

### Ashley Lugo

### Sophomore • VT, UB, FX • Central Islip, N.Y. • GMGC

Promising young gymnast continuing to work back from illness during freshman season ... Trained hard over the summer to regain strength and endurance ... Will primarily focus on vault and floor and hopes to return to training bars with increased strength ... Will provide depth to both vault and floor line-ups if healthy ... Presentation and dancing ability stand out on floor.



### 2006 Season Highlights

Limited training and competition while recovering from illness during preseason ...

Trained primarily on vault and eventually competed towards the latter half of the season ... Scored 9.225, or higher, on vault in four-straight exhibitions from the

Towson meet (3/4) to the home meet against the Tigers and JMU (3/15) ... Posted a 9.200 on vault at Towson (3/18) ... Recorded a vault score of 9.275 in the USAG team prelims (4/13) ... Scored a season-high 9.375 on vault in the USAG team finals (4/14).



### Prep and Personal

Level 10 regional qualifier in 2004-05 ... Level 9 national floor champion in 2003, also placed second in all-around ... Regional champion on floor, bars and all-around in 2003 ... Level 9 regional champion on beam and floor in 2002, placing second

in all-around ... National qualifier in 2001, 2002 and 2003 ... Member of National Honor Society, CARE, and SADD at St. Anthony's High School ... Also a two-year letterwinner for varsity kickline under Coach Bennett ... Enjoys surfing, dancing and hanging out at the beach ... Pursuing a double major in business and women's studies ... Member of the Intervarsity organization at the College ... Daughter of Rebecca and Oscar Lugo ... Born on May 3, 1987 in Queens, N.Y.

### Lugo's Career-Highs Vault

9.400, at USAG Team Finals, 4/14/06

### Lewis on Lugo...

"Ashley trained very hard this summer to work back from the illness she had last season. She's looking much stronger on vault and floor, and even bars is starting to come back. It has been a long hard road for Ashley, in terms of regaining strength, and she still has a little ways to go. She has continued to improve, though, and as long as she stays physically healthy, Ashley could be a factor in the vault and floor line-ups."

### Megan Vincent

### Sophomore • UB, BB • Newport News, Va. • World Class

Continues to work back from various surgeries and injury . . . Training has been limited during time in program . . . Focus has been on bars when able to train.

### Prep and Personal

Trained 11 years at World Class Gymnastics under coaches Tami Elliott Harrison and Jon Angle ... Four-year letterwinner and four-time team MVP at Menchville High School under coach Skip Mollenhauer ... Placed sixth in all-around at 2005 Level 10 Virginia State Championship ... Team placed second in state ... Region



VII qualifier and Level 9 first alternate for Eastern Nationals ... Four-time Peninsula District All-around Champion for Menchville ... Four-time high school regional

and state qualifier ... Four-time Daily Press Gymnast of the Year ... Helped lead Menchville to four consecutive district championships and the Eastern Region title in 2005 ... Placed second in the state on bars and sixth in all-around as a senior . . . AP Scholar and member of both National Honor Society and Spanish National Honor Society ... Enjoys shopping, traveling and hanging out with friends ... Daughter of Jennifer and Frank Vincent ... Mother graduated from W&M School of Law in 1998 . . . Aunt, Mary Helen West Mueller, graduated from the College in 1993 ... Uncle, Stuart West, received



undergraduate degree from W&M in 1988 and a Master's of Business Administration in 1993 . . . Majoring in Psychology . . . Born on July 18, 1987 in Newport News, Va.

### Lewis on Vincent...

"Megan had major lower leg surgery back in May, and we had originally thought everything was okay. She's experienced some setbacks after the procedure, however, and her training has been extremely limited. She will continue to train bars and beam as her health allows."

### STEPHANIE BEVAN

### Freshman • AA • Bridgewater, N.J. • AGA-NJ

Talented young gymnast looking to make an immediate impact in first season ... Working towards a spot in the beam line-up and could also earn a place in the floor line-up ... Strong flight series on beam and a very consistent performer in the event as a club gymnast ... Good tumbler on floor working on two big passes ... Also training vault and bars, which will improve with increased strength.



### Prep and Personal

Level 10 Regional Qualifier in 2005 and 2006 under coaches Jason Bauer and Ben Dungee at American Gymnastics Academy . . . Level 10 New Jersey state champion

on beam in 2005 and 2006 ... Earned first-team all-state honors and was team captain for Bridgewater-Raritan High School . . . Tops National Team member ... Member of student council executive board and National Honors Society in high school ... Enjoys volunteering and exercising and interested in medicine ... Plans to major in pre-med studies ... Brother Andrew played lacrosse at Colgate (2004-2006) ... Daughter of Murray and Ronnie Bevan . . . Born on September 24, 1988 in Summit, N.J.



### **ALISON MEDEIROS**

### Freshman • AA • Hudson, Ohio • Flytz USA

All-arounder with tremendous potential to boost all four events in first collegiate season ... Biggest immediate impact could be on bars, where she has beautiful lines ... Strong vaulter with a 10.0 start value, which will boost the entire line-up ... Solid performer on beam, who continues to improve and adjust to higher level of competition ... Overall pleasant presentation and very enjoyable to watch ... Will improve on floor as endurance builds up.



### Prep and Personal

Four-time level 10 national qualifier at Flytz USA in Cuyahoga Falls, Ohio  $\dots$  Placed

sixth overall on beam at the 2006 level 10 national championship ... Level 10 Ohio state champion in the allaround in 2005 ... Member of National Honor Society and school orchestra at Hudson High ... Enjoys watching sports, listening to music and the violin ... Aunt, Suzanne Gallo, played field hockey at Brown ... Daughter of Rich and Kelly Medeiros ... Born on August 24, 1987 in Bryn Mawr, Pa.



### Marissa Kovary

### Freshman • AA • Huntington Station, N.Y. • Exper-Tiess

Promising youngster who is working back from health issues ... Did not train during preseason ... Will begin strength and conditioning training when healthy ... Potential to impact all four events down the road.

### Prep and Personal

Trained 13 years at Exper-Tiess under coaches Barabara Tiess, Mary Tiess and Caryl Crasa . . . Level 10 national competitor in 2004 and 2003 . . . Level 9 Region 6 champion

in 2003 . . . Member of National Honor Society, Spanish Honor Society and Key Club at Walt Whitman High School . . . Named to principal's list and high honor roll . . .

Enjoys beading, scrap-booking, cooking, crocheting and reading ... Plans to major in chemistry ... Daughter of Damien and Debbie Kovary ... Born on September 22, 1989 on Long Island, N.Y.



### JENNIFER STACK

### Freshman • VT, UB, BB • Enfield, Conn. • Brestyan's American

Skilled rookie who will miss the season after undergoing surgery during preseason ... Very strong bars routine, which has impressed the coaching staff ... Trained very hard during preseason practice to comeback from toe surgery over the summer ... Confident performer on beam who was working on polishing a strong routine ... Continues to improve on vault as strength and confidence builds ... Potential to impact all three events down the road.



### Prep and Personal

Trained under nationally renown coaches Mihai and Silvia Brestyan at Brestyan's American Gymnastics Club in Ashland, Mass. . . . State champion in 2004 . . . Placed second in the all-around at the 2004 U.S. Challenge . . . Enjoys listening to music . . . Plans to major in marketing . . . Daughter of Robert and Diane Stack . . . Born on July 30, 1988 in Hartford, Conn.



# KRISTEN Bars (1):

### 2006 MEET-BY-MEET RESULTS

15-19 Overall • 7-3 FCAC Regular Season

10	10 Ovcium 1 0 Lonto 1	logulai ocason
January		
12	at George Washington Invitational	
	vs. North Carolina	L, 184.875-192.475
	at George Washington	L, 184.875-189.500
	vs. James Madison*	W, 184.875-184.150
	vs. Cornell*	W, 184.875-181.550
	vs. Temple*	W, 184.875-181.250

19	at North Carolina	L, 191.425-184.350
29	GEORGE WASHINGTON	L, 189.700-188.875
February		
3	at James Madison*	W, 184.875-183.900

al y		
3	at James Madison*	W, 184.875-183.900
10	at Hearts Invitational (Raleigh, N.C.)	
	vs. Auburn	L, 193.400-187.975
	at N.C. State	L, 193.325-187.975
	vs. James Madison*	
19	vs. Florida (Raleigh, N.C.)	L, 195.950-186.725
	at N.C. State	L,191.200-186.725
26	at West Virginia	L, 194.900-184.650

		vs. New Hampshire	L, 190.875-184.650
March			
	Δ	at Towson*	I 189 175-193 550

	ut 10113011	
	vs. Maryland	L, 189.175-193.025
10		W, 188.350-187.475
12	NORTH CAROLINA	L, 190.950-194.700
15	TOWSON*	L, 193.00-193.475
	JAMES MADISON*	W. 193.00-188.350

18	at Towson*	L, 187.700-192.825
	vs. James Madison*	
25	ECAC Championships (Kingston, R.I.)	

20	ECAC Championships (kingston, k.i.)	
	vs. Towson	L, 190.350-191.275
	vs. Pennsylvania	
	vs. Yale	W, 190.350-188.800
	vs. Cornell	W, 190.350-188.800
	at Rhode Island	
	vs. Temple	

	vs. Brown	
14	USAG Collegiate Nationals Team Finals (Ithaca, N.Y.)	

And concegnate mationals reality mais (timaca, m.i.,				
vs. Texas Women's College	L, 190.550-192.425			
vs. UC Davis				
at Cornell	L, 190.550-190.600			

\*ECAC Regular Season Opponent Home Meets in Bold.

### 2006 INDIVIDUAL EVENT TITLES

Andrea Dochney (1)

April

Beam (1): vs. BGSU, 9.525, 3/10

Kristen Gaidish (1)

Beam (1): vs. Towson/JMU, 9.750, 3/15

**Brittany Gibbs (8)** 

Vault (2): at JMU, 9.700, 2/3; vs. BGSU, 9.675, 3/10

at JMU, 9.700, 2/3

vs. GW, 9.750, 1/29; at JMU, 9.725, 2/3; vs. Bowling Green, 9.800, 3/10; Floor (5):

at ECAC Championship, 9.875, 3/25; at USAG Finals, 9.775, 4/15

Tricia Long (2)

AA (2): vs. GW, 37.950, 1/29; at JMU, 37.225, 2/3

Jess Randall (2)

AA (1): vs. Bowling Green, 37.925, 3/10 at USAG Finals, 9.775, 4/15 Floor (1):

Stevie Waldman (4)

Bars (4): at Towson, 9.875, 3/4; vs. BGSU, 9.675, 3/10; vs. Tow./JMU, 9.850, 3/15;

at JMU, 9.775, 3/18

### 2006 SEASON HONORS

**USAG Collegiate All-Americans** 

Andrea Dochney - Beam

Brittany Gibbs - Floor (USAG National Co-Champion)

Janelle Greene - Bars Christina Padilla - Vault, Bars

Jess Randall - All-Around, Floor (USAG National Co-Champion)

Stevie Waldman - Bars, Beam

Andrea Dochney - Beam (Second Team)

Brittany Gibbs - Floor (First Team, ECAC Champion)

Monica Goldblatt - Bars (Second Team) Janelle Greene - Bars (Second Team)

Tricia Long - All-Around (Second Team), Floor (Second Team)

Kate Magee - Floor (Second Team) Christina Padilla - Vault (Second Team)

Jess Randall - Bars (First Team), All-Around (Second Team)

Stevie Waldman - Bars (First Team)

**ECAC Coach of the Year** 

Mary Lewis

ECAC Athlete of the Week

Brittany Gibbs - Feb. 7

**ECAC Coaches Choice Award** 

Kate Magee - Jan. 18 Andrea Dochney - March 15

**ECAC Specialist of the Week** 

Janelle Green - March 1 Stevie Waldman - March 8

ECAC Rookie of the Week

Monica Goldblatt - March 8

ECAC Scholar Athlete of the Year Christina Padilla

**ECAC All-Academic Team** 

Brittany Gibbs, Sarah Jacobson, Kate Magee, Christina Padilla, Jess Randall,

Meg Vincent, Stevie Waldman

CoSIDA/ESPN The Magazine Academic All-District

Christina Padilla (First Team)

**NACGC Scholar Athletes** 

Kate Magee, Christina Padilla, Stevie Waldman

### **SEASON HIGH SCORES**

Team Score

193.000, vs. Towson, JMU (3/15)

All-Around

38.525, Jess Randall (3/15) RQS: 37.860, Jess Randall

Vault

9.775, Brittany Gibbs (3 times, last - 3/15) Team: 48.100, vs. Towson/JMU (3/15) RQS: 9.725, Brittany Gibbs

9.875, Stevie Waldman (3/4) Team: 48.925, vs. Towson/JMU (3/15) RQS: 9.770, Stevie Waldman

Beam

9.850, Jess Randall (4/13)

Kate Magee

Team: 48.525, at USAG Prelims (4/13)

RQS: 9.490, Jess Randall

Floor

9.875, Brittany Gibbs (3/25) Team: 48.225, at ECACs (3/25)

RQS: 9.765, Brittany Gibbs

### **W&M Year-by-Year Results**

(Division I Only)

Year	Record	Coach	Championship Finish/Titles
1987	34-10	Greg Frew	Sixth NCAA Regional, Second ECAC, VIL Champs
1988	9-4	Greg Frew	Third ECAC, VIL Champions
1989	21-9	Greg Frew	Third ECAC, VIL Champions
1990	21-14	Greg Frew	Sixth NCAA Regional, Fourth ECAC, VIL Champs
1991	17-12-1	Greg Frew	Fourth ECAC, VIL Champions
1992	18-23	Greg Frew	Fifth ECAC
1993	14-18	Greg Frew	Fourth ECAC, VIL Champions
1994	19-13	Greg Frew	Third ECAC, VIL Champions
1995	14-20-1	Mary Lewis	Fifth ECAC
1996*	14-13	Mary Lewis	VIL Champions
1997	9-15	Mary Lewis	Third ECAC
1998	10-12	Mary Lewis	Second ECAC, VIL Champions
1999	16-10	Mary Lewis	ECAC Champions, VIL Champions
2000	7-16	Mary Lewis	Third ECAC
2001	14-16	Mary Lewis	ECAC Champions
2002	16-15-1	Mary Lewis	ECAC Champions, VIL Champions
2003	11-19	Mary Lewis	ECAC Champions
2004	9-20	Mary Lewis	Sixth ECAC
2005	8-23	Mary Lewis	Sixth ECAC
2006	15-19	Mary Lewis	Second ECAC, Fourth USAG Nationals

ECAC- Eastern Collegiate Athletic Association VIL - Virginia Intercollegiate League \*W&M was not an ECAC member in 1996.



### **W&M Postseason History**

**NCAA Southeast Regional Appearances** 1987, 1990

**USAG Collegiate Individual National Champions** 

2006 Brittany Gibbs (Floor, 9.775) Jess Randall (Floor, 9.775)

**ECAC Championships** 

1999, 2001, 2002, 2003

2006

**ECAC Individual Champions** 



Lynn Dameron

1994	Lynn Dameron (Beam, 9.735)
1998	Becky Johnson (All-Around, 38.150)
	Brooke Sawyer (Vault, 9.635)
1999	Becky Johnson (All-Around, 38.725; Beam, 9.775)
	Jess Dancu (Vault, 9.725)
2000	Jess Dancu (Vault, 9.825)
2001	Kady Dendramis (Bars, 9.900)
	Jamie Weinfeldt (Beam, 9.900)
2002	Suzanne Chaves (Floor, 9.875)
	Erin Skinner (Floor, 9.875)
2003	Jaci Lynn (Vault, 9.800)
2004	Brittany Gibbs (Vault, 9.800)
2005	Christina Padilla (Vault, 9.825)

Brittany Gibbs (Floor, 9.875)

### **ECAC** Rookie of the Year

1993	Lynn Dameron
2005	Tricia Long

### FCAC Scholar-Athlete of the Year

ECAC Scholar-Athlete of the			
2002	Amy Van Deusen		
2003	Amy Van Deusen		
2004	Rachel Glasmire		
2006	Christina Padilla		



Jamie Weinfeldt

### All-time Series Records\*

Team	W&M Record	First Met	Last Met	Last W&M W	Last Opp. W
Air Force	1-0	1987	1987	2/14/87	-
Auburn	0-5	1990	2006	-	2/10/06
Ball State	0-3	1995	1999	-	2/19/99
Bowling Green	1-0	2006	2006	3/10/06	-
Bridgeport	3-0	1991	1995	1/28/95	-
Brown	9-2	1997	2006	3/25/06	3/20/04
UC Davis	0-1	2006	2006	-	4/14/06
Centenary	1-0	1995	1995	3/4/95	-
Central Michigan	0-4	1993	2002	-	3/2/02
Cornell	14-3	1997	2006	3/25/06	4/14/06
Duke	2-4	1979	1984	4000	
East Carolina	2-0	1979	1980	1980	- 2/24/02
Eastern Michigan	0-3	1995	2003	-	2/21/03
Florida	0-3	1988	2006	-	2/19/06
George Washington	5-29	1979	2006	1/23/99	1/29/06
Georgia College	1-0	1990	1990	3/8/90	2/4/05
Illinois-Chicago	0-1	1995	1995	-	3/4/95
Indiana (PA)	3-0	1986	1997	3/5/97	- 2/44/05
lowa	0-2	2001	2005	-	2/11/05
James Madison	48-23-1	1977	2006	3/25/06	3/20/04
Kent State	0-1	2001	2001	-	2/9/01
Kentucky	0-4	1988	1994	-	3/11/94
Longwood	10-3	1978	1991	2/21/91	
Maryland	4-19	1988	2006	1/27/96	3/4/06
Maryland-Balt. Co.	7-1	1988	1990	2/18/90	1/30/88
Miami (Ohio)	1-0	1993	1993	1/24/93	-
Michigan	0-1	1991	1991	-	2/3/91
Minnesota	0-2	1991	2003	-	3/2/03
Montgomery County	2-0	1979	1980	1980	-
Navy	3-0	1983	1993	2/26/93	-
Nebraska	0-1	2002	2002	-	2/15/02
New Hampshire	0-5	1993	2006	-	2/26/06
North Carolina	8-42-1	1981	2006	1/22/95	3/12/06
North Carolina State	8-29	1981	2006	3/10/99	2/19/06
Northeastern	2-1	1990	1998	3/21/98	2/11/90
Ohio State	0-2	1994	2001	-	3/3/01
Pennsylvania	17-11	1991	2006	3/25/06	3/26/05
Penn State	0-2	1991	2005	-	3/19/05
Pittsburgh	3-5	1979	2004	3/3/96	3/6/04
Princeton	1-0	1983	1983	1983	- 2 /7 /00
Radford	27-4	1979	2000	3/10/00	3/7/98
Rhode Island	5-5	1989	2006	3/25/06	3/26/05
Rutgers	1-4	2002	2005	3/16/02	3/19/05
Slippery Rock	1-1	1985	1986		2/4/00
Southeastern Missou		1998	2000	-	3/4/00
Southern Connecticu		1995	1996	1/27/96	-
Springfield	1-0	1995	1995	1/28/95	- 2/26/05
Temple	14-7	1993	2006	3/25/06	3/26/05
Texas Women's Colleg		2006	2006	-	4/14/06
Towson	5-21	1992	2006	3/13/04	3/25/06
Utah State	0-1	2003	2003	-	2/14/03
Vermont	11-0	1993	2002	3/23/02	-
Virginia	2-0	1976	1977	1977	-
West Chester	1-0	1984	1984	1984	-
Western Michigan	1-0-1	1996	2002	3/3/96	-
West Virginia	0-7	1979	2006	-	2/26/06
Yale	15-3	1993	2006	3/25/06	3/26/05
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<sup>\*</sup>Prior to 1993, series records reflect only dual and tri-meet head-to-head results. Meet-bymeet results were unavailable before the 1986-1987 season, W&M's first in Division I.

SUZZANE CHAVES CLASS OF 2004

### **All-Around** Individual Score Nikki Dattoli 39.075 2. **Suzanne Chaves** 39.025\* Suzanne Chaves 38.975 Suzanne Chaves 38.950 Suzanne Chaves 38.900 **Suzanne Chaves** 38.850 Jamie Weinfeldt 38.800\* 7. 8. Erin Skinner 38.775 **Suzanne Chaves** 38.725 38.725\* **Becky Johnson** Vault Individual Score **Brittany Gibbs** 9.900 **Brittany Gibbs** 9.875 Brittany Gibbs 9.850 Christina Padilla 9.850 Jess Dancu 9.850 Christina Padilla 9.825\* Christina Padilla 9.825 Jess Patterson 9.825 Jess Dancu 9.825 9.800\* 10. Brittany Gibbs **Brittany Gibbs** 9.800 **Brittany Gibbs** 9.800 Christina Padilla 9.800 9.800 Jaci Lynn Jaci Lynn 9.800 **Brittany Gibbs** 9.800 9.800\* Jaci Lynn Jess Patterson 9.800 Jaci Lynn 9.800 Jess Patterson 9.800 Nikki Dattoli 9.800 9.800 Jess Patterson 9.800 Jess Dancu **Uneven Bars** Individual Score Nikki Dattoli 9.900 **Kady Dendramis** 9.900\* Stevie Waldman 9.875 **Brittany Gibbs** 9.875 Amy Van Deusen 9.875 Stevie Waldman 9.850 Allison Shonerd 9.850 Amy Van Deusen 9.850 Janelle Greene 9.825 Jess Randall 9.825 **Brittany Gibbs** 9.825 **Brittany Gibbs** 9.825\* EMIMIA Allison Shonerd 9.825 CROSS **Brittany Gibbs** 9.825 **Brittany Gibbs** 9.825 **CLASS Brittany Gibbs** 9.825 **OF 2005** Rachel Glasmire 9.825 Rachel Glasmire 9.825\* Allison Shonerd 9.825\* Amy Van Deusen 9.825 Amy Van Deusen 9.825\* Jamie Weinfeldt 9.825\* **Kady Dendramis** 9.825 Nikki Dattoli 9.825 Nikki Dattoli 9.825



Brittany Gibbs, a 2006 graduate, holds school records on vault (9.900) and beam (9.925). Gibbs finished her career in style, winning the 2006 ECAC Floor Exercise Individual Championship and the USAG Collegiate Floor Exercise National Championship.

### **Balance Beam**

INDIVIDUAL RECORDS •

Date

3/7/01

3/29/03 3/20/03

3/6/04

3/13/04

3/16/03

3/24/01

3/20/03

2/6/04

3/27/99

Date

2/8/04

2/22/04

2/13/04

2/8/04

3/6/02

3/26/05

3/13/04

3/16/02

3/18/01

3/20/04

3/13/04

3/10/04

3/10/04

3/10/04

2/8/04

2/6/04

3/29/03

3/16/03

3/12/03

2/7/03

3/16/02

3/12/02

1/26/01

<u>Date</u>

1/26/02

3/24/01

3/4/06

3/10/04

3/16/03

3/15/06

1/26/02

3/16/01

3/15/06

3/15/06

2/19/05

3/20/04

3/10/04

3/6/04

2/8/04

2/6/04

1/9/04

3/29/03

3/29/03

3/12/03

3/24/01

3/24/01

3/16/01

3/16/01

3/13/00

3/20/99

	Individual	Score	<u>Date</u>
1.	Brittany Gibbs	9.925	2/8/04
2.	Emma Cross	9.900	3/20/03
	Jamie Weinfeldt	9.900	3/20/03
	Jamie Weinfeldt	9.900*	3/24/01
	Lynn Dameron	9.900	3/12/93
6.	Emma Cross	9.875	2/8/04
	Emma Cross	9.875*	3/29/03
	Jamie Weinfeldt	9.875*	3/29/03
	Erin Skinner	9.875	3/12/03
10.	Jess Randall	9.850	4/13/06
	Andrea Dochney	9.850	3/10/04
	Suzanne Chaves	9.850*	3/29/03
	Erin Skinner	9.850	3/20/03
	Kristen Gaidish	9.850	2/21/03
	Jess Dancu	9.850*	3/23/02
	Nikki Dattoli	9.850*	3/24/01
	Jamie Weinfeldt	9.850	3/16/01
	Brooke Sawyer	9.850	3/7/01
	Lynn Dameron	9.850	3/18/95
	Lynn Dameron	9.850	3/5/94
	Lynn Dameron	9.850	3/14/93
Пал	u Francica		

Flo	Floor Exercise			
	Individual	Score	<u>Date</u>	
1.	Emma Cross	9.925	3/13/04	
	Emma Cross	9.925	2/22/04	
3.	Suzanne Chaves	9.900	3/13/04	
	Suzanne Chaves	9.900	2/13/04	
	Emma Cross	9.900	1/9/04	
	Emma Cross	9.900	3/16/03	
	Emma Cross	9.900	3/12/02	
	Erin Skinner	9.900	1/26/02	
	Brandee Ground	9.900	3/20/99	
	Anna Dwyer	9.900	2/16/92	

Active Gymnasts in Bold. \*ECAC Championship Score

TEAM RECORDS						
Ovei	Overall Score					
1.	Score 195.450	Date 3/20/03	Meet N.C. State			
1. 2.	195.430	3/20/03	ECAC Meet (at Yale)			
3.	195.200	3/29/03	at Towson			
۶. 4.	194.500	3/6/02	WMU/Towson			
5.	194.125	3/13/04	Towson/JMU			
6.	194.100	3/16/03	at George Washington			
7.	193.725	3/12/03	James Madison			
8.	193.600*	3/23/02	ECAC Meet (at W&M)			
0.	193.600	3/13/00	Rhode Island			
10.	193.325	2/22/04	at North Carolina			
Vaul						
	Score	Date	Meet			
1.	48.800	3/16/02	at Maryland			
2.	48.750	3/10/04	at Towson			
3.	48.725	3/12/03	James Madison			
4.	48.700	2/8/04	George Washington			
5.	48.675	3/12/02	VA Intercollegiate			
6.	48.650	3/20/03	N.C. State			
	48.650	3/6/02	WMU/Towson			
8.	48.600	2/22/04	at North Carolina			
	48.600	3/6/04	at Nation's Capital Cup			
	48.600	3/16/03	at George Washington			
	48.600*	3/23/02	ECAC Meet (at W&M)			
D.	D					
Une	ven Bars	D-4-	M			
1.	Score	Date 2/10/04	<u>Meet</u> at Towson			
	49.025	3/10/04				
2.	48.975	3/16/01	at VA Intercollegiate			
3.	48.950	3/16/03	at George Washington			
4.	48.925	3/15/06	JMU/Towson			
5.	48.850*	3/29/03	ECAC Meet (at Yale)			
6.	48.800	1/26/02	at Rhode Island			
7.	48.700	3/13/04	Towson/JMU			
0	48.700	3/8/03	at N.C. State			
9.	48.625 48.625	3/20/03 3/13/00	N.C. State Rhode Island			
	40.023	3/13/00	NIIOUE ISIAIIU			
Rala	nce Beam					
Duiu	Score	Date	Meet			
1.	49.225	3/20/03	N.C. State			
2.	48.825	3/6/02	WMU/Towson			
3.	48.800	3/12/02	VA Intercollegiate			
4.	48.750	3/22/04	at North Carolina			
5.	48.700*	3/29/03	ECAC Meet (at Yale)			
6.	48.675	3/10/04	at Towson			
7.	48.575	3/12/03	James Madison			
8.	48.525	4/13/06	at USAGs (at Cornell)			
٠.	48.525	2/27/04	at Towson			
10.	48.325	3/5/97	Indiana (PA)			
Floo	r Exercise					
	Score	Date	Meet			
1.	49.300	2/22/04	at North Carolina			
2.	49.100	2/13/04	at N.C. State			
	49.100*	3/27/99	ECAC Meet (at Brown)			
4.	49.075*	3/29/03	ECAC Meet (at Yale)			
5.	49.025	3/16/01	at VA Intercollegiate			
6.	48.950*	3/20/04	ECAC Meet (at Penn)			
	48.950	3/20/03	N.C. State			
	48.950	3/13/00	Rhode Island			
	48.950	2/11/00	at N.C. State			
10.	48.925	3/13/04	Towson/JMU			
	48.925	2/14/03	at N.C. State			
Bold	Bold indicates set last season.					

Sarah Reynolds

9.825

### William & Mary

"A College of Champions"

NCAA Championships (2) Men's Tennis (2) 1947, 1948

### **CAA Championships** (86)

Baseball (1) 2001

Men's Cross Country (14) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003, 2004, 2005, 2006

Women's Cross Country (14) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003, 2004, 2005, 2006 Men's Golf (1) 1985

Women's Lacrosse (1) 1992

Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000

Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003

Men's Tennis (3) 1988, 1990, 2005

Women's Tennis (18) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002, 2004, 2005

Men's Track and Field (4) 1992, 1993, 2003, 2004 Women's Track and Field (6) 1999, 2001, 2002, 2003, 2004, 2005, 2006

Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001

<u>Atlantic 10 Football Championships</u> (3) *1996, 2001, 2004* 

### ECAC Championships (7)

Men's Gymnastics (3) 1992, 1994, 2006 Women's Gymnastics (4) 1999, 2001, 2002, 2003

### Southern Conference Championships (48)

Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975 Football (4) 1942, 1947, 1966, 1970

Men's Soccer (1) 1976

Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Men's Outdoor Track and Field (12) 1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Wrestling (5) 1968, 1969, 1970, 1971, 1977

### **Athletic Success**

A charter member of the CAA 1986, W&M has been the CAA's most successful program over the past two decades. The 2005-06 year was another banner season for the College, as it added three more conference titles. The Tribe has now captured 84 total CAA Championships since 1986, over 30 more than the closest rival.

Individually, women's tennis standout Megan Moulton-Levy earned All-America honors after advancing to the "Final Four" of the NCAA Singles Tournament.

### **Academic Excellence**

The Tribe's athletic accomplishments do not come at the expense of its student's academic responsibilities, as W&M ranked fourth, the highest of any scholarship-granting school and of any public university, in the nation among institutions with two or more Division I teams when the NCAA released its inaugural Academic Progress Rate scores in March of 2005.

This year, the NCAA specifically listed 18 W&M athletic squads as recipients of its public recognition award for 2005-

Since 1992, 36 Tribe athletes have been designated Academic All-Americans, including Keith Bechtol, who was a third team selection in the spring, and since 1996, 39 student-athletes have been members of Phi Beta Kappa.

In 2002-03, the CAA created a Scholar-Athlete of the Year Award in each of its 21 sports, and not surprisingly, William and Mary has set the pace with 18.

In addition, three of William and Mary's five Rhodes scholars participated in varsity sports.



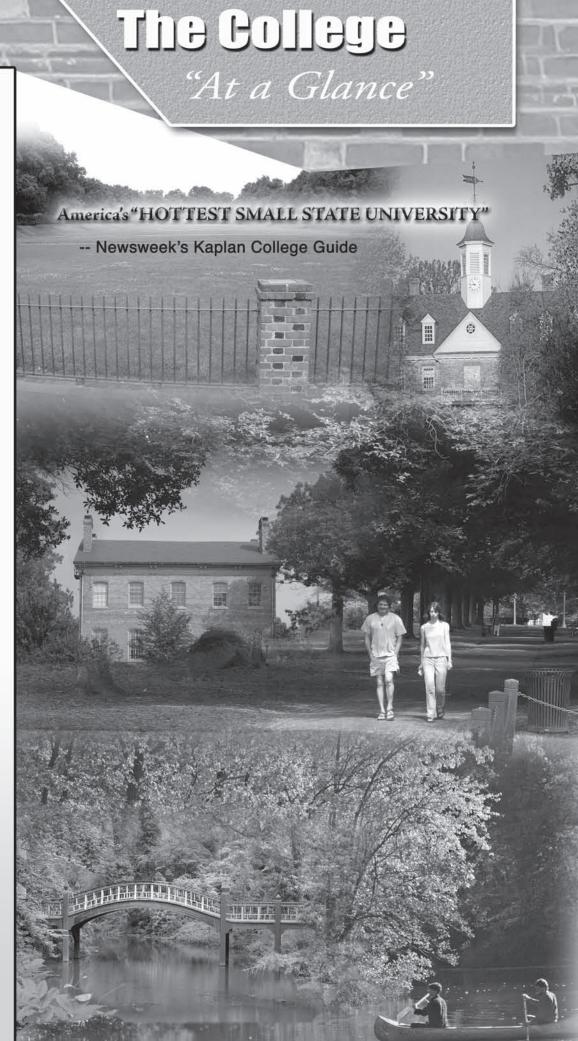
For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy", and ranks sixth among all public universities (U.S. News and World Report).

### • W&M Facts •

- W&M is the best small public university in the nation, according to an analysis by U.S. News and World Report.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 31st overall among the nation's best universities.
- W&M ranked 16th in graduation rates, and second among public universities.
- The average freshman retention rate is
- The 2005 average incoming freshman SAT score was 1344.
- The College's student/faculty ratio is 12/1.
- Over 42% of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 15 students.
- Over 20,000 internships are posted on the school's web site.
- 10,610 high school students applied for 1,340 spots in the freshman class for the 2004-05 school year.
- 75% of W&M graduates who apply to medical school are accepted, compared to a national average of 50%.
- 79% of W&M graduates who apply to law school are accepted, compared to a national average of 60%.
- Over 79% of freshmen at W&M were in the top 10% of their high school graduating class.

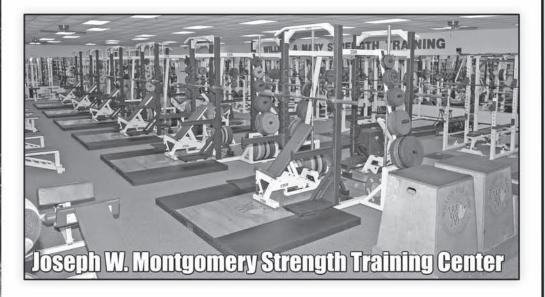


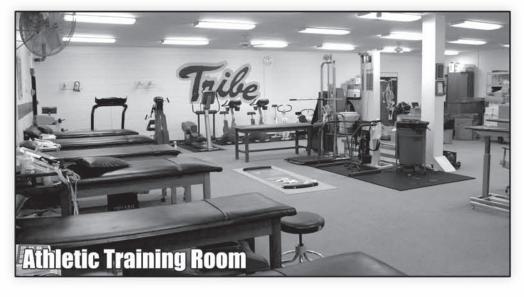
# Student-Athlete \Support

### **Athletics Department Goals**

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

- 1. An academic experience that prepared them for a successful career.
- 2. An athletic challenge that brought many rewards.
- 3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.





Sports Psychology

Deidre Connelly, Ph.D., is the College's full-time sports psychologist. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance.

**Compliance and Academic Support** 

As members of the Colonial Athletic Association and the NCAA, the College is committed to full compliance with all NCAA and conference regulations. The department has a full-time Director of Compliance, Pamela Mason, who is committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor by the director of Academic Advising. Students remain with this advisor until their sophomore year, at which time they select a faculty advisor in their chosen major.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.

Speed, Strength and Conditioning

Tribe Athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head Speed, Strength and Conditioning Coach John Sauer, each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to ensure safety at all times.

The weight room was upgraded in the spring of 2006, primarily with new Power Lift and Sorinex equipment. The room now contains 16,000 pounds of free weights, over 7,000 pounds of dumbbells and 6,000 pounds of rubber bumper plates. In addition, it has 24 custom-built Olympic platforms, 18 multipurpose power racks and a fully-equipped plyometric area.

**Sports Medicine** 

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of Assistant Athletics Director for Health Services, Steve Cole, a team physician, seven full-time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility

The priority for the athletic training staff is to enhance and ensure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists.

# Athletics Facilities



The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.

### **Albert-Daly Field**

- Home of the Tribe men's and women's soccer and lacrosse teams
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- · Natural grass playing surface
- Named after longtime soccer coaches Al Albert and John Daly

### **Busch Courts**

- Home of the Tribe tennis teams for the outdoor season
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for approximately 500
- · State of the art lighting for night matches

### **Busch Turf Field**

- Home of the Tribe's field hockey team
- Made possible by a generous grant from Anheuser-Busch, Inc.
- Playing surface is a unique combination of a poured pad with AstroTurf playing surface
- Seats over 2,200
- $\bullet$  State-of-the-art computerized lighting and an elevated press box

### McCormack-Nagelsen Tennis Center

- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- $\bullet \, {\sf State-of-the-art} \, {\sf lighting} \, {\sf and} \, {\sf scoreboard} \,$

### Plumeri Park

- Home of the Tribe baseball program
- · Made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- · Locker room, box seats and concessions

### Kaplan Arena at Willan and Mary Hall

- Home of the Tribe's basketball, gymnastics and volleyball teams and the ticket box office
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices

### Zable Stadium

- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 12,000
- Field Turf surface was installed in summer of 2006
- Permanent lighting was installed in 2005
- Brand new state-of-the-art track around the field scheduled for completion in spring 2006
- Joseph Montgomery football practice facility is located adjacent to the stadium



**Albert-Daly Field** 



**Busch Turf Field** 



Plumeri Park



Busch Courts



McCormack-Nagelsen Tennis Center



Zable Stadium

Kaplan Arena at William and Mary Hall

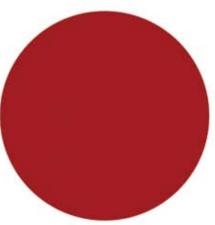
# BECAUSE IT'S NOT WHETHER YOU WIN OR LOSE, IT'S WHERE YOU STAY FOR THE GAME.

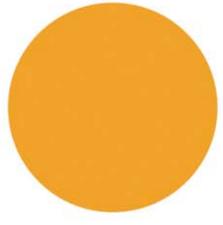
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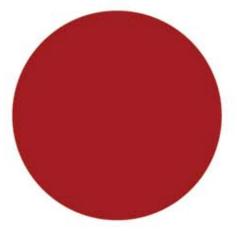














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