



The College of William and Mary

Location: Williamsburg, Virginia
Mailing Address: P.O. Box 399, Williamsburg, VA 23187
Founded: 1693 (second-oldest college in U.S.)
Enrollment: 5,560
President: Timothy J. Sullivan (W&M '66)
Athletics Director: Terry Driscoll (Boston College '69)
Associate Athletics Director: Barbara Blosser (Ohio State '75)

W&M Women's Lacrosse Program

Head Coach (Alma Mater): Tara Brown (Virginia '93)
Record at School (Yrs.): 24-40 (5th year)
Overall Record (Yrs.): Same
Assistant Coach (Alma Mater): Kristin Hagert (Loyola '01)
Assistant Coach (Alma Mater): Matt King (Colby College '98)
WLAX Office Phone: (757) 221-3389
2003 Record: 3-13
2003 Conf. Record/Finish: 2-5/Sixth
2003 Postseason: N/A
Starters Returning/Lost: 9/3
Letterwinners Returning/Lost: 13/5



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W&M Media Relations Sports Information

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Campus Information: (757) 221-4000
Athletics Department: (757) 221-3400
Sports Information Office: (757) 221-3369
Fax Phone (Athletics): (757) 221-2989

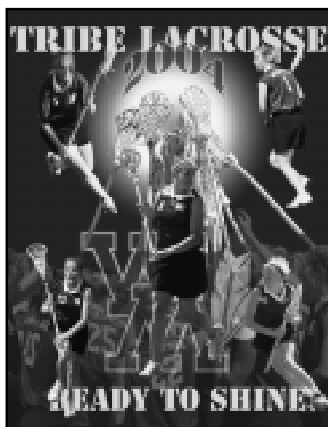
Directions to W&M

Take exit 238 off I-64 and head toward Williamsburg. At second light, turn right on route 132. Cross over 60-Bypass at light, and continue on toward business district of Williamsburg. After the railroad tracks, go straight over Lafayette Street (at light) and take your first right onto Scotland Street. Scotland T's onto Richmond Road at Zable Stadium (football).

To Busch Field: Turn right and go four short blocks. Turn left onto Brooks Street and follow to the backside of W&M Hall. Busch Field will be on your right. To Barksdale Field: At W&M Hall, follow Campus Drive to a T. Turn right and follow for 1000M to T at Jamestown Road. Go left on Jamestown and Barksdale is on left approximately 1000M from turn.

To the Media

This booklet is primarily intended to assist our recruiting efforts. Nonetheless, we hope you will find it useful. Updated information is available by accessing the W&M Athletics website at www.TribeAthletics.com. We are always happy to provide you with information for feature stories, and often we can supply photographs. If you are interested in covering a William and Mary athletic event, or doing a feature story, please contact the sports information office.



Credits

This media guide is a publication of the W&M sports information office. Writing, layout and editing by Pete Clawson. Additional editorial work by Mario Machi and Dan Wakely. Photography by Pete Clawson, Bob Keroack and Richard Sabel. **Cover Photos** taken by Bob Keroack and Pete Clawson. Printing by Central Lithographic, Lynchburg, VA

On the Cover (Clockwise from upper left): W&M '04 senior class of Nicole Lewis, Aimee Duffy, Kelly McQuade, Laurice Rutledge and Lauren Work (center).





Coaching Staff



Tribe mentor Tara Brown brings her unmatched competitive passion to the team's sidelines for a fifth season in 2004. She and her staff have focused their efforts this offseason and dedicated themselves to the task of bringing the squad back into national prominence. The positive influences of her strong leadership, preparation and attention to detail are witnessed by the team's continued progress towards restoring the Tribe's tradition-rich lacrosse legacy.

Brown, who emphasizes aggressive defense and an up tempo offensive style of play, came to the Williamsburg campus after spending two seasons (1998-99) at the University of Connecticut, where she gained a wealth of experience as the top assistant. Prior to working at UConn, Brown held similar positions at Cornell University (1996 - 97) and The College of New Jersey (1994 - 96).

Brown was named Virginia's State Coach of the Year (by the Virginia Sports Information Directors) in 2001 by leading the Tribe to its first winning record and NCAA post-season appearance in three years (1998). The squad ended post-season play with a final national ranking of 10th and a 9-7 overall record (5-2 in the always-competitive Colonial Athletic Association). Faced with a schedule that featured 10 teams ranked in the national top 20, the College rang up victories over traditional powers such as Virginia and James Madison.

"I am very excited to be a part of a program that has such a strong winning tradition," said Brown. "I'm especially excited about this season, where I feel we have all the ingredients assembled to meet our established goals. William and Mary has an established reputation nationally in both academic and athletic circles and is an institution which prides itself on producing well rounded student-athletes. This philosophy matches my own."

A 1993 graduate of the University of Virginia, Brown was a varsity athlete in both field hockey and lacrosse for four seasons while in Charlottesville. She played defense wing on UVa's national championship lacrosse squads in the 1991 and 1993 seasons and earned second team All-America honors in 1993. Brown spent two seasons as a member of the United States National Lacrosse Team (1993-95) and was an Academic All-America as well. Also a standout in field hockey, she served as captain of the squad for her junior and senior seasons.

After receiving her BA in history from Virginia, Brown went on to work on her Master of Arts degree in teaching at the College of New Jersey, which she completed in 1996.

Brown, a native of Villanova, PA and graduate of Radnor High School, is married to Tim Brown and lives in the Williamsburg area. The couple has two daughters, Kelly (2) and Alexis (1).



Kristin Hagert comes into her second year as the College's top assistant. The 2001 graduate of Loyola College brings the Tribe staff a wealth of diverse playing and coaching experiences.

Hagert is responsible for assisting Brown with recruiting, academics and on-field instruction. She also help oversee the off-season conditioning program and the day-to-day office management duties. Hagert also is in charge of writing and editing the team newsletter as part of her role in maintaining alumni relations for the program.

Hagert gained valuable coaching experience by spending the past year (2001-02) coaching and teaching in Wantage, England at St. Mary's School, one of the country's premiere boarding schools. In this position, she was a full-time physical education teacher and the resident lacrosse coach.

During her playing career at Loyola, Hagert was a pivotal defender for the Greyhounds. Loyola made appearances in the NCAAs in each of her four seasons (1998-2001) and appeared in the Final Four after both her junior and senior years (2000 and 2001). Hagert served as co-captain her senior season and was named to the NCAA Division I Final Four All-Tournament team and First-Team All-CAA in 2001.

Along with her athletics grant-in-aid, she received a Presidential Academic Scholarship to Loyola. Graduating with Summa Cum Laude honors and a journalism degree, Hagert was a member of the Communications National Honor Society in 2001. She was awarded for her leadership and service by being inducted into the Alpha Sigma Nu Jesuit Honor Society in 2000. Hagert also was honored with Loyola's Gravtis award for distinguished student service. Currently, she is continuing her education by taking graduate classes at W&M in Policy and Planning for Higher Education

A native from Annapolis, MD, Hagert graduated from St. Mary's High School in 1997 as her class' salutatorian.



The Tribe program welcomes Matt King back for his second season as an assistant coach in 2003.

King, who is currently enrolled in the College's law school, has come in and made an immediate impact in his first collegiate coaching position, working with the College's field players.

"Matt is a terrific addition to our coaching staff," says head coach Tara Brown. "With his experience as a collegiate player he brings a fresh look to our attack movement and the defense."

As a 1998 graduate of Colby College, King brings four years of collegiate playing experience to the practice field for head coach Tara Brown. He earned four varsity letters while patrolling the midfield for Colby and was the squad's captain as a senior.

A multiple sport standout as a scholastic at Kingswood-Oxford High in West Hartford, CT, King earned varsity letters in swimming, football and lacrosse.





This 2004 campaign will mark the 34th year the College has sponsored a varsity lacrosse program. The Tribe program's long history boasts nine postseason appearances, including four in the last seven seasons. Adding another successful chapter to the program's storied history is what the 2004 version of the William and Mary program is aiming for this spring.

A spirited fall practice session has resulted in the team adopting the slogan "Never Back Down" for the coming season, and W&M Head Coach Tara Brown will rely on the determined leadership of a five-member senior class to head the team's return to the national stage. With a roster that evenly distributes youthful enthusiasm with seasoned talent, the Tribe should have little problem living up to the spirit of the statement.

With the departure of just three starters from last year's squad, the College returns a wealth of talent to the field for 2004, including five of the team's top seven point scorers. Also returning to the fold are three all-conference honorees, senior team tri-captains Lauren Work and Nicole Lewis and junior Morgan Watkins. Work heads the list of returnees as she is coming off a 2003 season which saw her earn first team All-CAA honors by scoring a team-high 40 goals. Lewis had an impact on both ends as a midfielder, while Watkins was the team's third-leading point scorer in '03 with 40 total points.

A coach who prefers an aggressive style of play, Brown has gathered a roster that has speed as its primary attribute. In addition to focusing the preseason on improving overall techniques and fundamentals, the squad has implemented a more aggressive transition attack to take advantage of the squad's overall athleticism. Early returns during the fall scrimmage season showed flashes of great potential, and the challenge of the spring will be to build on those positives and continue to increase the overall confidence level.

As previously mentioned, the five-member senior class of tri-captains Work, Lewis and Laurice Rutledge have teamed with Kelly McQuade and Aimee Duffy to serve at the forefront of Brown's efforts in getting, and keeping, the program focused on improving with each practice session.

This veteran leadership will be essential as the team embarks on its annual nationally-challenging schedule. Of the 17 regular season games slated for the 2004 season, seven of the teams currently hold a place in the *Lacrosse Magazine's* preseason top 20. Four of these seven teams are ranked in the top 10, including second-ranked Virginia and fifth-ranked Georgetown.

The following is a closer look at the 2004 Tribe Lacrosse squad, by position.

Attack

The team has tinkered with some new schemes with the hopes of creating a more cohesive and aggressive attack this spring. Coming off a break-out season a year ago, Work will look to challenge for a place among the league's elite scorers in 2004 and be a cornerstone in the Tribe's attack. The returning first-team All-CAA selection hit on 40 of her 73 shot attempts (.548%), while coming up with 28 draw controls.

Returning second-team all-conference selection Morgan Watkins also should figure largely in the offensive end for the College, as her speed and playmaking ability will be crucial to the team's overall success. Perhaps the team's top distributor, Watkins handed out a team-high 17 assists while also collecting 23 goals in 2003. Not just a scoring threat, she also finished among the team's leaders in groundballs with 40 on the year.

The team will also look to get a major contribution from returning senior starter Kelly McQuade, who comes into the spring after having earned first team All-CAA honors in field hockey in the fall. An extremely fit player, McQuade has the uncanny ability to raise the level of play of her team-

mates with her attitude and approach to the game. Look for her to build on the confidence and momentum acquired during the breakout field hockey season, and improve on her 2003 lax season that saw her score six goals and hand out eight assists.

Senior team tri-captain Laurice Rutledge and sophomore Colleen Dalon also return with significant playing experience in the attack. One of the team's best leaders, Rutledge spent the off-season honing her shoot and will be counted on to be a finisher in the offensive end. Dalon had a strong showing during her freshman season (six goals and three assists) and should be a force this season as she has improved both her fitness level and stick skills over last year.

Junior Alison Ritz and sophomore Laura Nolan saw limited action game action in 2003, but both were standouts in the fall and enter the season looking to have an expanded role. Ritz moves the ball extremely well through the midfield and has a good grasp of the offensive scheme. A tenacious competitor who brings a relentless work ethic to the practice and playing field, Nolan's strong stick skills and outstanding field vision brings yet another weapon to the Tribe attack.

A pair of freshmen, Krysta Hardiman and Jamie Fitzgerald, also figures to add depth and talent to the offense. Hardiman, who blends outstanding stick skills with good speed, has already displayed an outstanding feel for the college game. Fitzgerald, a good athlete with size and strength, will spend the first part of the spring getting up to speed on the College's schemes and systems, as she missed the fall practice season playing field hockey.

Midfield

Senior team tri-captain Nicole Lewis, who brings three seasons of playing experience to the position, leads the midfield. Lewis is coming off a 2003 season which saw her earn All-CAA recognition by setting career-highs in points (18), goals (15) and draw controls. A consistent performer on both ends of the field, her outstanding speed and stick skills make her a prime catalyst for the Tribe's transition attack.

Sophomore Morgan Lang is another returning starter that is an outstanding full field player. Perhaps the team's fastest player, Lang is another one of the team's top options in getting the transition attack running. She turned in a very productive freshman season that saw her notch 19 points (16 goals), register 37 ground balls and 19 draw controls.

At no other position will the talented freshman class have more of an impact than in the midfield as two newcomers, Emily Vitrano and Kristen Wong, will look to secure starting positions this spring. Vitrano has stepped in and immediately displayed a high level of confidence and an ability to be a top scoring threat. Wong will have more of a presence on the defensive end of the field, as she blends great speed with outstanding stick checks. While primarily a defensive-minded midfielder, her speed will also make her a threat in the transition attack.

A trio of freshman, Lizzy Bayly, Kara Parker and Anne Harrington, come into the program loaded with raw potential. Parker is an aggressive player with outstanding speed, while Harrington is very athletic and strong with a good feel for the game. Bayly is a competitive defensive midfielder with outstanding height who will also look to make contributions this spring.



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Visit the Tribe at www.TribeAthletics.com





Outlook/Returnee Bios

Outlook continued fom page 3

Defense

Two returning starters, juniors Becca Hall and Katie Knarr, and game-tested senior Aimee Duffy will form the foundation of the team's defensive line.

Hall is a versatile defender who brings experience, field vision and consistency to the Tribe's back line. Her vision and experience also makes her a key component sparking the team's transition attack and a potential seventh attacker.

Knarr was converted from attacker to defender last spring and her athleticism and competitive fire made an immediate positive impact. She enters the season as one of the team's top marking defenders.

Duffy turned in one of the team's strongest showings this fall and will enter the spring looking to be one of the team's top performers. Much like Lewis, she possesses the speed to key the team's transition attack, but she also excels at making plays on interceptions and ground balls.

A pair of upperclassmen, sophomore Larissa Blick and junior Car-



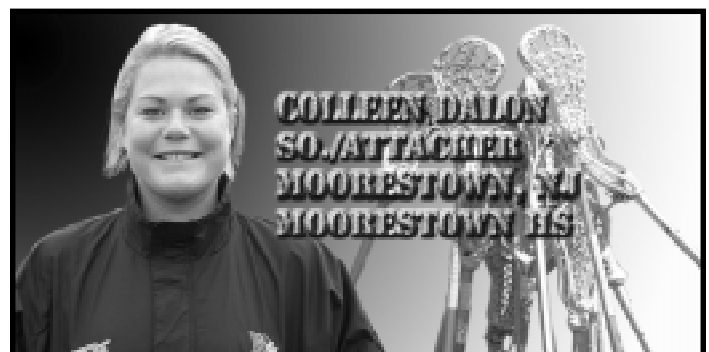
rie Stirt, will be counted on to add valuable depth, as will freshman Kat Klopf. Stirt is an intense competitor who will bring her speed and aggressiveness to the Tribe's line defense this spring. Blick, a converted attacker, comes into the spring looking to continue to develop her overall team defensive skills and earn playing time. Klopf is a hardworking freshman that will use the spring to continue to adjust to the collegiate game.

Keeper

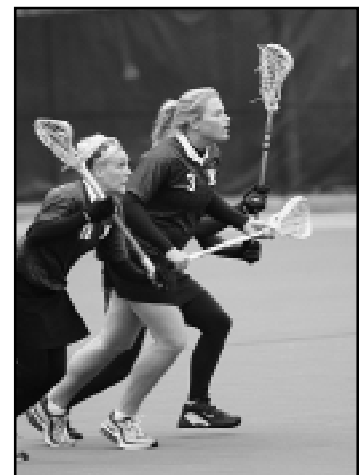
The Tribe comes into the 2004 season looking to turn over the cage minding duties to athletic sophomore Debby Petracca. Petracca has impressed the College's staff after joining the program this fall after spending time as a member of the Tribe's golf squad. Petracca, who didn't play lacrosse as a freshman, has adjusted to the collegiate game's pace very quickly. She blends outstanding quickness in the cage with strong fundamentals. Petracca has proven to be adept in controlling her clears and will only improve as she gains more game experience.



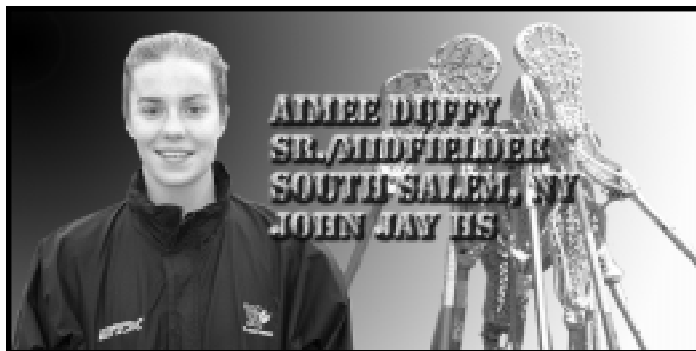
Moved from midfield to defense in the fall ... Possesses outstanding speed ... Aggressive player who will use spring to continue to develop team defensive skills ... **2003:** Saw limited action over three games ... **Greenwich High:** Came to the College as a two-sport athlete, earning three letters in lax and a pair in field hockey ... Served as captain of both the lacrosse and field hockey squads in her junior and senior seasons ... Was an important cog in Greenwich's run to the lacrosse state title in 2001 and also played a vital role in helping the team to a semi-finals appearance in field hockey her junior year ... Ended her career with 47 goals and 35 assists ... **Personal:** Daughter of Harold and Kathleen Blick ... Expecting to major in business and would like to attend graduate school ... Enjoys writing poetry and spending time with friends ... Born on July 21, 1984.



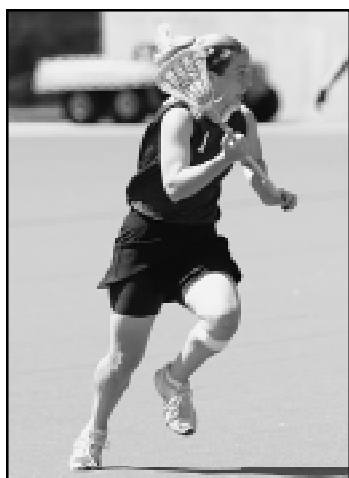
Enters season as one of the team's top scoring threats ... Improved fitness levels and stick skills in the offseason ... Brings a strong game sense to attack ... **2003:** Scored nine points in 15 games on the season, including six goals ... Started three games in the midfield ... Also contributed 13 ground balls and six draw controls ... **Moorestown High:** Came to the College as a three sport athlete (field hockey, basketball & lacrosse) ... Earned three letters in lacrosse and field hockey and earned four in basketball ... Led Moorestown High to the state championship in her junior season by scoring 70 goals ... These efforts earned her First Team All-National and South Jersey honors and made her an honorable mention All-American ... Earned Player of the Year honors from the *Philadelphia Inquirer* after her senior season ... Also named as South Jersey's Women's Lacrosse Club's Offensive Player of the Year in 2002 ... Dalon scored a total of 184 career goals ... Scored in 66 of her 67 career high school games ... High school squad was undefeated during her career ... **Personal:** Daughter of Ralph and Kathy Dalon ... Plans to major in business marketing ... Born on October 9, 1984.



Returnee Bios

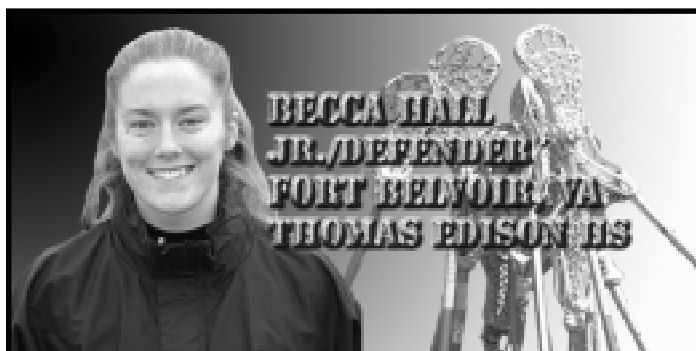


Turned in an outstanding fall season and enters spring as a projected starter in the defense ... A very aggressive player who improved on her consistency this fall ... Outstanding speed helps key transition attack ... Excels at making plays on interceptions and ground balls ... **2003:** Saw action in 15 games, making five starts ... Scored three total points, including a pair of goals ... Finished among the team



leaders in ground balls with 34 ... Also contributed 14 caused turnovers and eight draws ... **2002:** Saw action in 10 games, starting two ... Scored on all four shots she attempted ... Also contributed three assists and seven caused turnovers in just 174 minutes of playing time ... **2001:** Participated in seven games ... Saw 51 minutes of action ... **John Jay High:** Four year letterwinner in lacrosse ... Earned team MVP honors after junior and senior seasons ... Section I Conference II All-League selection as a junior and senior ... Named as Hudson Athletic Conference All-Section

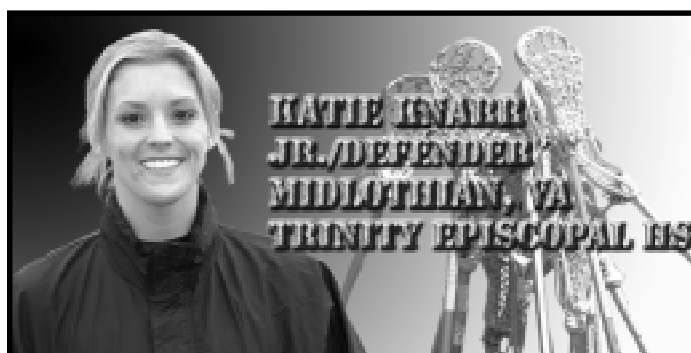
as a senior, after earning honorable mention honors after junior season ... US Lacrosse Hudson Valley Chapter Scholar-Athlete Award winner ... Also was a two-year letterwinner in basketball ... **Personal:** Daughter of Patrick and Janet Duffy ... Born on April 12, 1982 ... Majoring in history ... Secret ambition is to surf.



Returning starting defender who brings experience and consistency to the team's defense ... Excellent field vision ... Makes good decisions with ball in transition attack ... Displayed talent as the seventh attacker in fall ... **2003 ...** Played in all 16 games, making 13 starts ... Recorded 23 ground balls and 11 caused turnovers ... **2002:** Gained valuable experience as a key reserve, seeing action in 11 games, making three starts ... Scored four goals (on just six shots) and collected 14 ground balls in just 215 minutes of game action ... **Thomas Edison**



High: Named as team's Offensive MVP for three straight seasons (sophomore to senior years) ... Was named to All-America honors and earned Academic All-American honors as a senior ... Captained the squad in both her junior and senior seasons ... Selected as her district's Player of the Year after both her junior and senior seasons ... Thomas Edison High retired her lacrosse number upon her graduation ... **Personal:** Daughter of Samuel and Diana Hall ... Born on September 23, 1983 ... Is majoring in public policy ... Aspires to own and run a restaurant ... Enjoys reading and painting.



Returning starter who made seamless transition from attack to defender last spring ... Brings a competitive fire to the team's defense ... Athletic and strong player who possesses a hard charging style ... Enters spring as one of the team's top marking defenders ... **2003:** Saw action in all 16 games, making 15 starts ... Recorded 23 ground balls ... **2002:** Saw limited action over six games ... **Trinity High:** Named as a US Lacrosse All-American and US Lacrosse Academic All-American as a senior ... Three-time all-conference performer in lacrosse ... Named as the team's MVP after both her junior and senior seasons ... Also a standout athlete in field hockey and diving ... Captained all three squads her senior season ... Was a two-time all conference performer in field hockey ... Earned three all-state honors in diving ... Named as her high school's Athlete of the Year ... **Personal:** Daughter of Richard and Diane Knarr ... Born on December 29, 1982 ... Majoring in kinesiology.

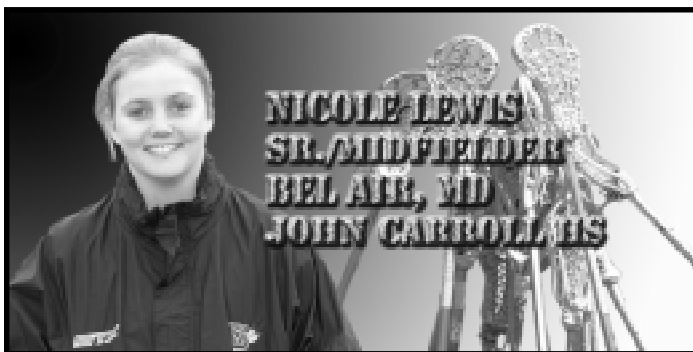




Returnee Bios



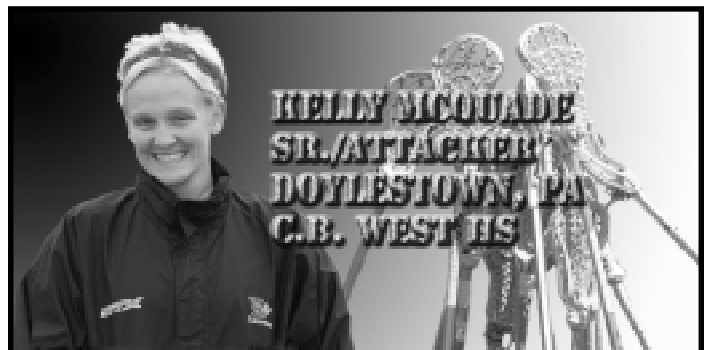
Returning starter who is a threat on both ends of the field ... Speed is most formidable weapon ... Has an infectious energy level ... One of team's key attacking midfielders who used the off season to improve stick skills ... **2003:** Played in 15 games (all starts) ... Scored 19 total points, including 16 goals ... Amongst the team's leaders in both ground balls (37) and caused turnovers (20) ... Also corralled 19 draw controls ... **Westfield High:** Entered the College having played both lacrosse (four letters) and soccer (three letters) as a scholastic athlete ... Captained both the soccer and lax teams her senior season ... Helped squad to 2001 division championship ... Earned first team all-division honors and both a junior and senior ... Also earned first team all-area as a senior ... North Jersey Senior All-Star selection as a senior ... Scored 273 career points in lax (192 goals/81 assists) ... Earned Union County's Scholar Athlete Award in 2002 ... Served as class president and member of student council ... Active in community's choir ... **Personal:** Daughter of Richard and Barbara Lang ... Enjoys sailing and tennis ... Plans to pursue a major in education and psychology ... Born January 18, 1984.



Enters second season as team tri-captain ... Returning starter in the midfield who earned all-conference honors in 2003 ... Blends great stick skills with outstanding speed ... Both speed and stick skills make her key to transition attack ... Brings squad a confident and strong leader ... Very consistent on both ends of field ... **2003:** Started all 16 games of the seasons, making her one of only four players to start every contest ... Earned second team all-league honors by recording 18 points (15 goals) ... Finished second on the team in ground balls (42) and draw controls (30) ... Connected on all three of her free



position shots on the year ... **2002:** Saw action in 12 games, making 10 starts ... Missed four of first five games on the season due to injury ... Ended season with four goals (on 10 shots) and a pair of assists ... **2001:** Started 14 games and saw action in a total of 15 on the season ... Scored a goal in her first career start, the Tribe's 13-10 upset of seventh-ranked Virginia ... Also scored a crucial goal in the team's 11-10 overtime win against James Madison ... Finished the year with 43 ground balls, eight turnovers and six draw controls in 722 minutes of playing time ... **John Carroll School:** Captained lacrosse team junior and senior seasons ... Earned team MVP in senior year ... First team all-county performer junior and senior seasons ... Named to Metro Lacrosse All-Star team after both junior and senior seasons ... Also captained soccer squad as a senior ... Tanya McCaw Award for leadership and upholding the standards of the school senior year ... **Personal:** Daughter of David and Eileen Lewis ... Born May 7, 1982 ... Working on an economics degree ... Enjoys skiing.



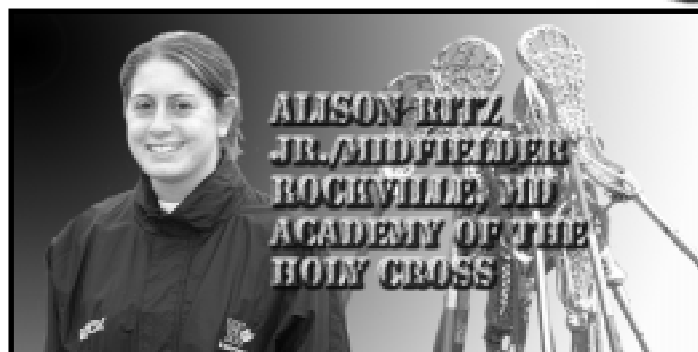
Joins the team after earning All-CAA honors playing for the Tribe's nationally-ranked field hockey team in fall ... Comes into season as one team's most experienced players, having started the last 33 games ... Comes into year after very successful hockey season ... Extremely fit player who raises teammates level of play with attitude and approach to game ... A very consistent performer ... **2003:** Started all 16 games of the season, making her one of only four players on the team to start every contest ... Tallied 14 points (eight assists) ... Gathered 31 ground balls and eight draws ... **2002:** Started in all 17 games last season ... Scored 22 goals (on 45 attempts) ... Collected 20 ground balls ... Scored at least one goal in 16 of the 17 games on the season (all but UConn) ... Had two goals in five of the last six contests ... **2001:** Played in 13 games, starting three ... Scored all six of her goals on the season over the span of the



Returnee Bios



team's last seven games ... Tallied a score in the Tribe's NCAA contest at Loyola ... **C.B. West High:** Four-year letterwinner in lacrosse ... Set school's record for career goals with 192 ... Two-time first team All-Suburban One League ... First-Team All-Philadelphia Area and All-Montgomery selection as a senior ... Named captain for junior and senior seasons ... Earned two MVP honors (junior and senior years) ... Earned multiple all-state field hockey honors, including being named to the first team as a senior ... Two time team MVP in field hockey ... **Personal:** Daughter of Jack and Leanne McQuade ... Born September 15, 1982 ... Majoring in kinesiology.



Comes into the season looking to be a vital cog in the team's midfield rotation ... Excellent field vision makes her an outstanding passer ... Worked on improving both her shot and stick skills this fall ... Good first step to goal on attack creates scoring opportunities ... **2003:**



Played in 11 games, registering three assists and 10 ground balls ... Played in exactly 109 minutes for the second-straight season ... **2002:** Saw limited game action ... Scored first collegiate goal in win over Drexel ... Played a total of 109 minutes on year over five games ... **Academy of the Holy Cross:** Two-year starter and varsity letterwinner in lacrosse ... Earned first team all-conference honors as a senior, after earning honorable mention all-conference honors in her junior campaign ... Was also a three-year letterwinner in soccer ... Named

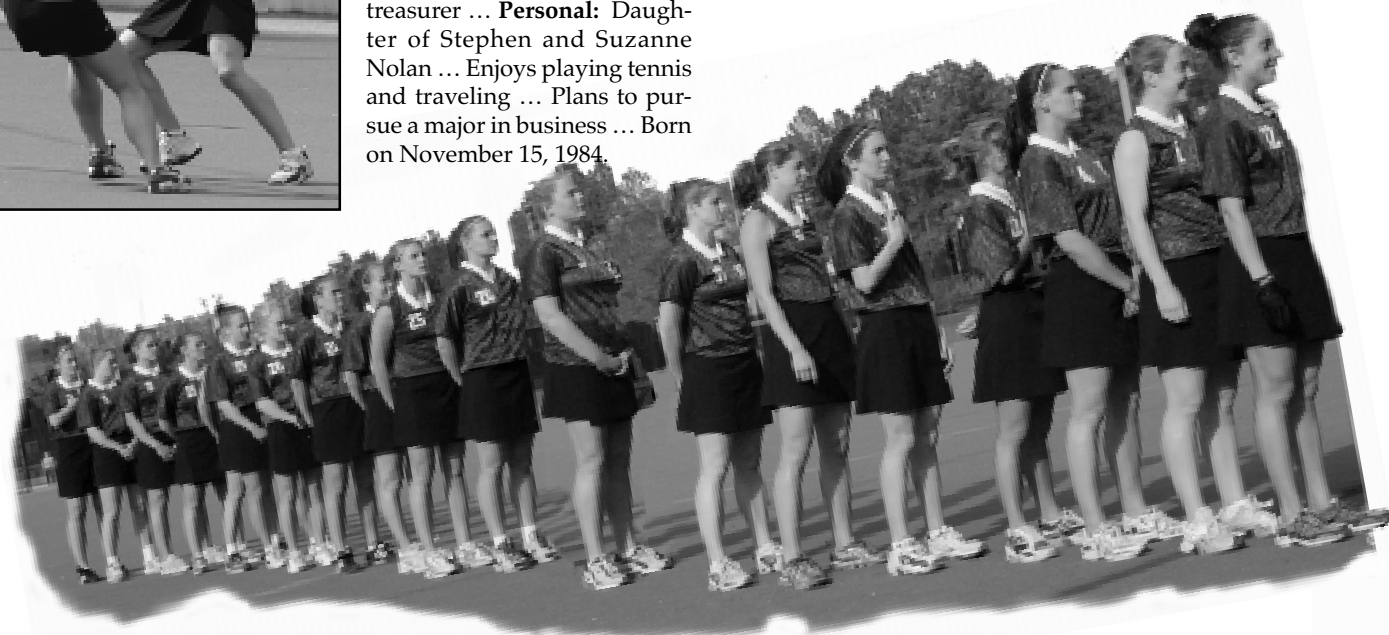
to second team all-conference honors after both her junior and senior seasons ... Selected as the High School Athlete of the Year in 2001 ... Four year honor roll student ... **Personal:** Daughter of John and Judith Ritz ... Born on July 27, 1983 ... Majoring in finance.



A reserve last season who will challenge for starting spot this spring ... Tremendous competitor who possesses excellent stick skills and field vision ... Picked up valuable experience and confidence after one season at collegiate level ... Brings a passion to the playing field every day ... **2003** ... Saw limited action over seven games ... Recorded first career point with an assist against Davidson ... **Maryvale Prep:** Earned varsity letters in lacrosse, field hockey and track and field during scholastic career ... Captained both the field



hockey and lacrosse squads as a senior ... Played a significant role in helping Maryvale post an undefeated season during her junior season ... Earned the field hockey team's most valuable player honors and was named as a IAAM All-Star as a senior ... Was student council treasurer ... **Personal:** Daughter of Stephen and Suzanne Nolan ... Enjoys playing tennis and traveling ... Plans to pursue a major in business ... Born on November 15, 1984.

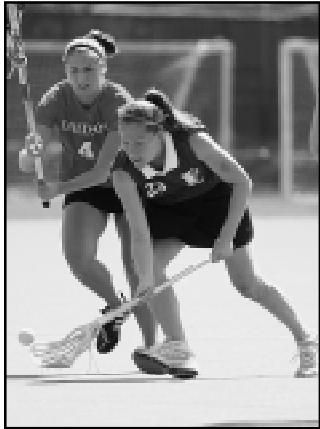




Returnee Bios



Team tri-captain who enters the season as a returning starter on the attack ... Proven to be a spirited and outstanding leader this fall ... Spent offseason honing shooting skills ... Knack for being a good finisher in the Tribe's attack ... **2003:** Played in 15 games, starting 13 ... Recorded 11 points, including seven assists ... Also collected 16 ground balls and six assists ... Played a total of 433 minutes ... **2002:** Saw action in 11 games ... Scored her first collegiate goal vs. Johns Hopkins ... Also netted a pair of scores in the team's win over Drexel ... Played a total of 157 minutes on the year ... **2001:** Saw four games of action ... Notched three goals (on just five shots) on the season ... Tallied her first hattrick in the Tribe's win over Davidson ... Played a total of 68 minutes on the year ... **West Windsor Plainsboro High:** Earned three varsity letters in lacrosse ... Captained squad during her junior and senior years ... First Team All-Central Jersey junior and senior seasons ... Team's MVP

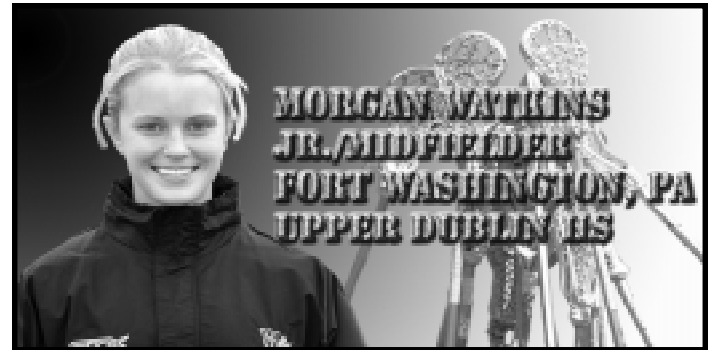


and leading goal scorer during junior and senior years ... Also earned three letters in field hockey ... Captained the field hockey squad during her junior and senior years ... Second Team All-Central Jersey (Field Hockey), junior and senior years ... All-County (Colonial Valley Conference) and team MVP as a senior ... Named as school's Female Athlete of the Year ... **Personal:** Daughter of John and Evelyn Rutledge ... Born March 21, 1982 ... Favorite athlete is New York Yankee shortstop Derek Jeter ... Pet peeves include people who don't work hard ... Majoring in public policy and pursuing a career in law.

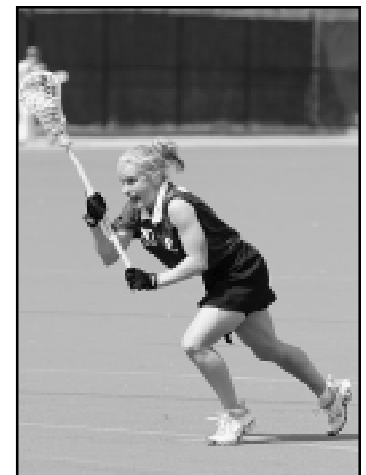


Brings the team an intense and vocal player who adds an aggressive presence to the team's defensive rotation ... Plays strong and is improving her team defensive skills ... **2003:** Saw limited playing time over five games ... **2002:** Saw limited playing time ... **Charlottesville High:** Started for three seasons and earned three letters in lacrosse

... Captained lax team and earned honorable mention all-state honors as a senior ... Also earned three letters in indoor track and one each in field hockey, cross country and outdoor track and field ... **Personal:** The daughter of Joseph and Judith Stirt ... Born October 12, 1983 ... Enjoys reading and drawing in spare time ... Majoring in English ... Aspires to compete in the World's Strongest Woman competition.



Returning all-conference attacker ... Has started all 33 career games as an attacking midfielder ... Talented player whose speed and quickness make her an outstanding scoring threat ... Athleticism and experience with the proven ability to be an all-conference caliber player ... Team will rely on her being a consistent scoring threat this spring ... **2003:** Started all 16 games ... Earned second team all-conference honors by recording 40 total points, including 23 goals ... Led team with 17 assists ... Was fourth on the team in ground balls with 40 ... Ended the year with eight total points vs. Towson, including four assists ... Recorded five or more points six times ... Recorded at least one point in 14 of the 16 games on the season ... Scored five points vs. nationally-ranked Georgetown (three goals) ... Played a total of 630 minutes ... **2002:** Started all 17 games ... Connected on 29 of 53 shots on the year and led the team in shooting percentage (.547) ... Top returning ground ball total from a year ago (39) and the second most draw controls (25) ... Scored her goal in her first career game (vs. UVa.) and also recorded a pair of assists ... Scored a season-high five goals in team's regular season win over George Mason ... Tallied four scores against eventual national champion Georgetown ... Scored at least one point in 16 of 17 games ... Collected two or more points 10 times on year ... **Upper Dublin High:** Four-year starter on the lacrosse squad ... Captained the team in her senior season ... Three-year all-conference performer ... Earned honorable mention All-America honors in 2000 and was selected to travel with a US team to Australia ... Named as Upper Dublin's Most Outstanding Female Athlete ... **Personal:** Daughter of Steven and Margaret Christy ... Born on November 5, 1982.



Returnee/Newcomer Bios



One of the team's tri-captains who returns as a first team all-conference attacker ... Comes into the season as leader of team's attack and top scoring threat ... Game experience and ability to put herself into scoring position are her strengths ... **2003:** Started 15 of the 16 games on the season ... Earned First Team All-CAA honors by scoring 40 goals and adding three assists ... Finished third on the team with 30 draws ... Also recorded 20 ground balls ... Hit on better than 55% of her shots on season (40 goals in 73 shots) ... Played 702 minutes on the year, the most of any attacker ... **2002:** Saw action in 12 games, making four starts ... Scored a pair of goals against both Penn State and Virginia ... Ended the year with a total of nine points (seven goals, two assists) ... **2001:** Saw action in 15 games, making 10 starts ... Scored a pair of goals in her first collegiate game (in the Tribe's win over Virginia) ... Had a season-best four goals in win over Johns Hopkins ... Contributed a total of 20 points (14 goals and six assists) and 25 ground balls in 710 minutes of game action ... **Rush-Henrietta High:** Three-year letterwinner in lacrosse ... First team All-American for lacrosse in 2000 and was named the league MVP ... Named to first team all-league honors for three seasons ... Named as Rush-Henrietta's Athletic Association Outstanding Athlete in a Team Sport as a senior ... Earned five varsity letters in soccer and three in volleyball ... Also earned team MVP honors for soccer and volleyball as a senior ... Captained the soccer and volleyball teams during junior and senior seasons ... **Personal:** Daughter of William and Debra Work ... Born August 2, 1982 ... Working toward completing a double major in environmental geology and environmental science ... An accomplished violinist who considered attending the Eastman School of Music.



Aggressive player who uses height to her advantage ... Thrives in game situations ... Will challenge for playing time this spring while picking up valuable experience ... **Archbishop Spalding High:** Earned four varsity letters in lacrosse, basketball and field hockey ... Captained the lacrosse squad as a senior and earned the Unsung Hero Award ... Named as a US Lacrosse Academic All-American in 2003 ... Two-time IAAM "B" Division All-Star midfielder in 2002-03 ... Helped her team to the IAAM "B" Division championship ... Also earned 2nd Team All-County - Annapolis Capital in same season ... Produced 73 total points as a junior (61 goals) and 83 as a senior (48 goals) ... Also captained the basketball and field hockey teams as a senior ... Named to second team All-County *Annapolis Capitol* and First Team *All-Baltimore Sun* as a senior in basketball ... Earned the Maryland Distinguished Scholar Award in 2003 ... Named to the State of Maryland's Merit Scholastic Award in 2003 ... **Personal:** Daughter of Kevin and Kathleen Bayly ... undecided on college major ... Born on January 18, 1985.



Joined team late in fall after spending season with nationally-ranked field hockey team ... Limited exposure to team's offensive system will result in her needing to use spring to gain more experience ... Possesses good size, speed and strength ... Hardworking, extremely coachable player ... **Jenkintown High:** Earned four year varsity letters in lacrosse, field hockey and basketball ... Earned first team all-league and area honors for three straight seasons from 2001-03 ... Named to second-team scholastic All-American honors in 2002 ... Named the Bicentennial League Player of the Year for 2003 ... Also served as team's captain as a senior ... Recorded 165 goals and 72 assists in high school career ... Lead team in goals, assists, checks, and groundballs senior year ... Three time first team all-league performer and two-time second team all-state performer in field hockey ... Earned school's Diane Fitzgerald Female Athlete Award (for leadership, team spirit, and dedication) ... National Honor Society Vice President ... **Personal:** Daughter of Bernard and Diane Fitzgerald ... Will be working towards a major in kinesiology ... Both parents were collegiate athletes ... enjoys biking and reading in spare time ... Born December 11, 1984.

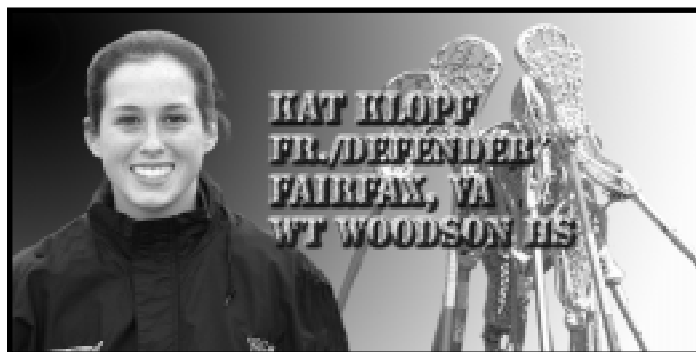




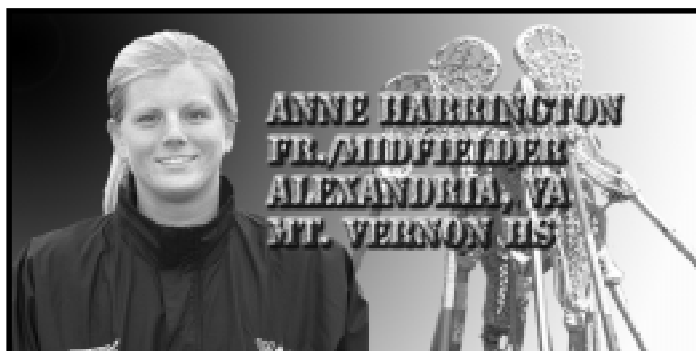
Newcomer Bios



Blends outstanding stick skills with good speed ... Displayed uncanny feel for attack in first fall with program ... Will get opportunity to see valuable time as a reserve in spring ... **Bryn Mawr High:** Finished career having earned two varsity letters in lacrosse ... Named to league's all-start team after senior season ... Also earned an invite to Penn Elite Camp in 2002 ... Also was a four year letterwinner in tennis and captained the squad as a senior ... **Personal:** Daughter of Robert and Mariale Hardiman ... Sister, Tara, played lacrosse at Princeton ... Enjoys playing squash and listening to Elvis Presley ... Born on August 8, 1985



Walk on freshman defender who will use spring to work on stick skills ... Good athlete who will develop with continued exposure to the collegiate game ... **WT Woodson High:** Earned two varsity letters in lacrosse ... Team won the state, district and regional title in 2002 ... Captained the swim team her senior season ... Member of three district championship lax squads (2000-03) ... Was an officer in the senior class and earned the school's Booster Award, which is a scholarship awarded for school spirit ... **Personal:** Daughter of Gene and Patricia Potocki-Klopff ... Enjoys photography and writing ... Undecided on major ... Born on June 2, 1985



Very athletic and strong young player who is a raw talent ... Athleticism will translate into playing time this spring ... Should only improve with increased exposure to collegiate game ... Good game sense ... Will focus on improving stick skills this spring ... **Mt. Vernon High:** Four-year letterwinner in lacrosse ... Captained squad both junior and senior seasons ... Earned District Player of the Year, as well as all-region and all-district honors as a junior and senior ... Named MVP after helping lead the team to the 2003 district title ... Earned swim team MVP honors four-straight years ... Finished 10th at states in 100y breaststroke ... Captained the swim team in senior season ... Named class of '03 Vice President ... Received International Baccalaureate ... National Honor Society and a member of the school's Varsity Math Team ... **Personal:** Daughter of Michael and Barbara Harrington ... Father played varsity football at the Naval Academy ... Brother, Brian, swam for three seasons at the University of Virginia ... Undecided on major ... Born on October 12, 1985.

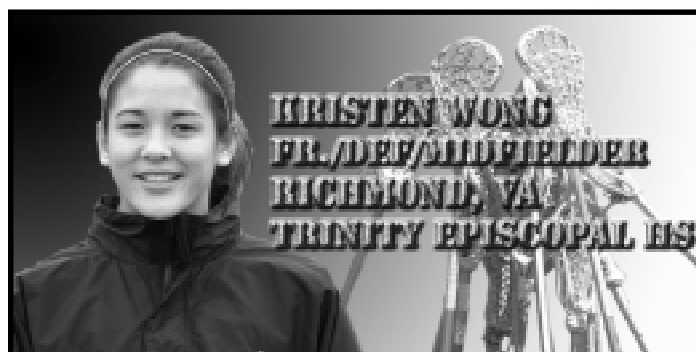


Raw talent with outstanding speed ... Will continue to refine aggressive style of play this spring ... Gives team an energetic reserve ... Needs to continue to improve stick skills and gain more collegiate game experience ... **Dulaney High:** Earned two varsity letters in lacrosse ... Scored 103 total points in career, including 58 goals ... Helped lead team to state finals in both 2002 and 2003 season ... Recorded 63 points as a senior, including 34 goals ... Also earned a pair of letters in field hockey ... Named as field hockey team's Defensive Player of the Year in 2001 ... National Art Honor Society ... **Personal:** Daughter of Charles and Kimberly Parker ... Talented artist who enjoys drawing and watercolors ... Active fundraiser for breast cancer research ... Born on June 10, 1985.

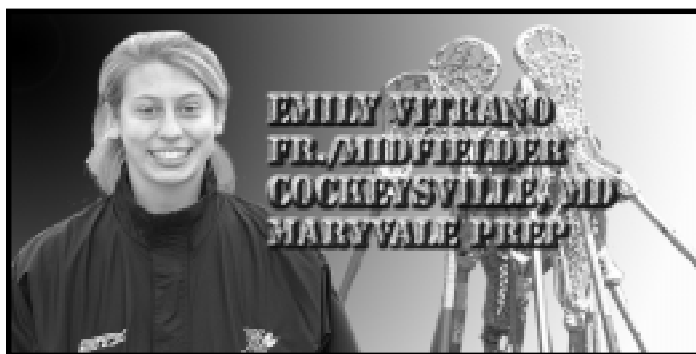




Comes into season as team's starting keeper ... Also a member of the Tribe's golf team ... Very athletic keeper who has outstanding quickness ... Possesses outstanding fundamentals and an accurate clear ... **Sacred Heart Academy:** Was a four-year letterwinner in lacrosse ... Three-time All-Long Island Lacrosse selection from 2000-02 ... Named as the MVP of the CHSAA Long Island Championship game in 2001 ... Named as the team's MVP in 2001 and 2002 ... **Personal:** Daughter of Lester and Tracy Petracca ... Pursuing a major in Finance and Economics ... Worked with the PGA this past summer and helped run a junior golf tournament on Long Island ... Born on February 3, 1984.



A defensive midfielder who will look to make an immediate impact in starting lineup ... Her speed and aggressive style make her a threat in transition attack ... Made clean step up to collegiate game ... Outstanding stick checks ... **Trinity Episcopal School:** Earned three varsity letters in lacrosse as a defensive wing ... Named as a high school All-American after the 2003 season ... Participated in Virginia High School All-Star game each year from 2001-03 ... Named team's MVP after senior season ... Also earned four letters as a member of the field hockey team and three on the basketball squad ... Earned hoops team's Defensive Player of the Year Award in 2001 and was the team's MVP in 2002 ... Also earned first team all-metro honors in field hockey in 2001 ... Named the field hockey team's MVP after the 2001 and 2002 seasons ... **Personal:** Daughter of Edward and Robin Wong ... Plans on majoring in biology ... Enjoys playing the guitar, racquetball and snowboarding in her free time ... Born on August 19, 1985.



Looks to make an immediate impact as a starting midfielder this spring ... Outstanding game awareness ... Plays with high level of confidence for freshman ... Has worked on improving defensive skills and becoming full-field presence ... Will look to be one of the team's top scoring threats ... **Maryvale Preparatory:** Earned four varsity letters in lacrosse ... Captained the team and was named to the league's all-star squad ... Baltimore County All-Star Honorable Mention ... Finished second on the team in assists and third in scoring her junior season ... Missed her entire senior year with a knee injury ... Also was a three-year letterwinner in soccer ... Earned two team MVPs as a member of the soccer squad ... Named team's captain and was an IAAM First Team All-Star as a senior ... Served terms as both student council treasurer and vice president ... Named as an All-American High School Scholar ... Also a member of the Spanish National Honor Society ... **Personal:** Daughter of Joe and Leslie Vitrano ... Plans to pursue a kinesiology major ... Enjoys playing soccer and reading in her spare time ... Dad played four years of varsity soccer at Loyola College ... Born on July 31, 1985.





2004 Team Roster

No.	Name	Position	Class	Hometown	High School
10	Lizzy Bayly	M	Fr.	Bowie, MD	Spalding
4	Larissa Blick	M/D	So.	Charlottesville, VA	Greenwich
3	Colleen Dalon	A	So.	Moorestown, NJ	Moorestown
1	Aimee Duffy	M/D	Sr.	South Salem, NY	John Jay
14	Jamie Fitzgerald	A	Fr.	Jenkintown, PA	Jenkintown
2	Becca Hall	D	Jr.	Ft. Belvoir, VA	Thomas Edison
17	Krysta Hardiman	A	Fr.	Baltimore, MD	Bryn Mawr
16	Anne Harrington	A/M	Fr.	Alexandria, VA	Mount Vernon
	Kat Klopf	D	Fr.	Fairfax, VA	WT Woodson
25	Katie Knarr	D	Jr.	Midlothian, VA	Trinity
21	Morgan Lang	M/D	So.	Westfield, NJ	Westfield
5	Nicole Lewis	M	Sr.	Bel Air, MD	John Carroll
18	Kelly McQuade	A	Sr.	Doylestown, PA	C.B. West
7	Laura Nolan	A	So.	Ruxton, MD	Maryvale Prep
13	Kara Parker	M	Fr.	Phoenix, MD	Dulaney
33	Debby Petracca	GK	So.	Manhasset, NY	Sacred Heart Academy
6	Alison Ritz	M	Jr.	Rockville, MD	Holy Cross
23	Laurice Rutledge	A	Sr.	Cranbury, NJ	W. Windsor Plainsboro
12	Carrie Stirt	D	Jr.	Charlottesville, VA	Charlottesville
11	Emily Vitrano	M	Fr.	Cockeysville, MD	Maryvale Prep
20	Morgan Watkins	M	Jr.	Fort Washington, PA	Upper Dublin
15	Kristen Wong	M	Fr.	Richmond, VA	Trinity Episcopal
9	Lauren Work	A	Sr.	Henrietta, NY	Rush-Henrietta

Head Coach: Tara Brown

Assistant Coach: Kristin Hagert and Matt King

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2003 Individual Stats and Team Results



Name	GP	GS	Min	G	A	Pts	Shots	Shot%	GB	DC	T/O	CT	CAREER		
													G	A	TP
Lauren Work	16	15	702	40	3	43	73	.548	20	28	41	10	63	11	74
Allison Evans	16	16	595	34	9	43	95	.358	41	31	46	28	85	31	116
Morgan Watkins	16	16	630	23	17	40	47	.489	40	19	48	6	52	27	79
Morgan Lang	15	15	562	16	3	19	37	.432	37	19	21	20	16	3	19
Nicole Lewis	16	16	682	15	3	18	28	.536	42	30	15	12	22	5	27
Julie Scurachio	13	4	389	10	4	14	27	.370	12	1	19	1	27	9	36
Kelly McQuade	16	16	611	6	8	14	27	.222	31	8	26	3	34	8	42
Laurice Rutledge	15	13	433	4	7	11	16	.250	16	6	14	2	10	8	18
Colleen Dalon	15	3	297	6	3	9	17	.353	13	6	9	3	6	3	9
Aimee Duffy	15	5	491	2	1	3	5	.400	34	8	12	14	6	4	10
Alston Ritz	11	0	109	0	3	3	5	.10	3	6	0	3	1	3	4
Laura Nolan	7	0	57	0	1	1	1	.000	0	0	4	0	0	1	1
Larissa Blick	3	0	8	0	1	1	0	.000	0	0	1	0	0	1	1
Megan Gallivan	1	0	0	0	0	0	1	.000	0	0	0	0	0	0	0
Sydney Richards	7	4	249	0	0	0	0	.000	10	0	2	0	0	0	0
Kitt Turnbaugh	16	12	568	0	0	0	0	.000	27	0	5	1	0	0	0
Alysa Murdock	1-0	0	0	0	0	0	0	.000	0	0	0	0	0	0	0
Katie Knarr	16	15	620	0	0	0	0	.000	23	6	5	1	0	1	1
Heather Barnes	3	0	7	0	0	0	0	.000	0	0	1	0	0	0	0
Ashton Cawthorn	4	0	34	0	0	0	0	.000	1	0	0	0	0	0	0
Rebecca Dankner	15	13	541	0	0	0	0	.000	43	13	16	21	0	0	0
Jennifer Cully	16	16	706	0	0	0	0	.000	28	3	6	17	0	0	0
Carrie Stirt	5	0	23	0	0	0	0	.000	0	0	0	0	0	0	0
Becca Hall	16	13	668	0	0	0	0	.000	23	5	5	11	3	0	3
Total		16		156	63	219	379	.412	451	186	303	150			
Opponents		16		216	79	295	450	.480	423	212	242	133			

Name	GP-GS	Minutes	GA	GA/Avg	Saves	Pct
Kitt Turnbaugh	16-12	779:17	168	12.93	128	.432
Sydney Richards	7-4	176:04	46	15.68	23	.333
Total	16	955:21	214	13.44	152	.415
Opponents	16	955:21	138	9.42	123	.471

2003 Tribe Schedule and Results (3-13)

Date	Opponent	Score	W&M Goals (GW in BOLD)
3/3	Virginia (No. 3)	L 21-6	Evans (2), Rutledge (1), Lewis (1), Work(1), Dalon (1)
3/5	Georgetown (No. 3)	L 15-13	Dalon (3), Watkins (3), Lang (3), Lewis (1), Work (1), Scurachio (1), Evans (1)
3/8	at Johns Hopkins (No. 15)	L 12-7	Work (4), Scurachio (1), Watkins (1), Lang (1)
3/11	at Duke University (No. 5)	L 14-5	Work (3), McQuade (1), Rutledge (1)
3/16	Penn State (No. 12)	L 13-7	Evans (3), Work (2), Watkins (2)
3/19	at James Madison (No. 14)*	L 12-9	Evans (2), Work (2), Lang (2), Scurachio (1), McQuade (1), Watkins (1)
3/23	Davidson University	W 14-3	Evans (3), Lewis (3), Scurachio (2), Work (2), McQuade (1), Watkins (1), Duffy (1), Dalon (1)
3/25	at Old Dominion (No. 16)*	L 15-12	Work (4), Lang (3), Evans (2), Lewis (2), Watkins (1)
3/29	at George Mason*	L 15-5	Watkins (3), Evans (1), Lewis (1)
4/1	Richmond	L 17-14	Evans (5), Watkins (3), Lewis (2), Dalon (1), Lang (1), Rutledge (1), Work (1)
4/4	at Hofstra*	L 14-7	Work (4), McQuade (1), Watkins (1), Lang (1)
4/8	at Maryland (No. 2)	L 21-6	Evans (2), Work (2), Lang (1), Lewis (1)
4/11	Delaware*	L 17-13	Evans (4), Work (3), Lang (3), Watkins (2), McQuade (1)
4/13	Drexel*	W 18-8	Work (7), Evans (3), Scurachio (3), McQuade (1), Watkins (1), Lang (1), Rutledge (1), Lewis (1)
4/16	at Loyola (No. 1)	L 12-2	Work (1), Lewis (1)
4/21	at Towson*	W 18-10	Evans (6), Watkins (4), Work (3), Lewis (2), Scurachio (2), Duffy (1)

* - Colonial Athletic Association Game





Tribe History

Yearly Lacrosse Results

Year	W	L	T	Tourney Results
1970	6	1	1	
1971	3	2	2	
1972	3	2	2	
1973	3	4	0	
1974	3	4	0	
1975	8	1	2	
1976	8	2	0	
1977	8	0	2	
1978	13	1	1	Tie 1st VWLA
1979	13	5	0	5th, USWLA Nat'ls.
1980	12	6	0	6th, USWLA Nat'ls
1981	6	5	0	2nd VAAIAW
1982	11	2	0	1st VAAIAW, 5th Nat.
1983	7	5	1	1st EAIAW, NCAA bid
1984	6	8	0	1st VIL
1985	6	7	0	
1986	7	6	0	
1987	10	6	0	
1988	11	2	0	SAC - 1st, NCAA bid
1989	12	3	0	SAC - 1st, ECAC - 1st
1990	7	5	0	SAC - 2nd
1991	10	4	0	SAC - 1st
1992	10	4	0	CAA - 1st
1993	11	6	0	CAA semifinals
1994	11	6	0	CAA 2nd, NCAA bid
1995	12	4	0	CAA semifinals
1996	10	7	0	NCAA bid, CAA finals
1997	10	6	0	NCAA bid, CAA semis
1998	8	8	0	NCAA bid, CAA semis
1999	6	9	0	CAA semifinals
2000	6	9	0	CAA semifinals
2001	9	7	0	NCAA bid, CAA semis
2002	6	11	0	CAA semifinals
2003	3	13	0	

W&M Team Records

Best Winning Percentage	8-0-2, (90%-1977), 13-1-1 (90%-1978)
Most Wins in a Season	13 (1978, '79)
Most Consecutive Wins	12 (1 in '77, 11 in '78)
Longest Unbeaten Streak	22 (1 in '76, 10 in '77, 11 in '78)
Goals in a game	28 vs. Bridgewater (1979)
Goals in a season	232 (19 games, 1980)
Highest goal average in a season	14.9 (15 games, 1978)
Assists in a season	105 (19 games, 1980)
Fewest goals allowed in a season	68 (13 games, 1988)
Lowest goals allowed average in a season	5.23 (13 games, 1988)

W&M Individual Records (first kept in 1970)

Goals in a game	10	Pixie Hamilton vs. JMU (1979)
Goals in a season	64	Pixie Hamilton (1978)
Goals in a career	218	Pixie Hamilton (52 games, 1977-80)
Goals average in a season	5.1	Pixie Hamilton (1979)
Goals average in a career	4.2	Pixie Hamilton (1977-80)
Assists in a game	8	Lindsey Lowman (2001)
Assists in a season	44	Lindsey Lowman (2001)
Assist average in a season	2.9	Lindsey Lowman (2001)
Total points in a season	77	Pixie Hamilton, Claire Lowe (1980)
Saves in a game	32	Vikki Bovoso (1980-82)
Saves in a season	208	Sarah Witkowski (17 games, 1993)
Saves in a career	536	Sarah Witkowski (55 games, 1992-95)
Saves percentage in a season	64.9	Vikki Bovoso (1982)
Saves percentage in a career	61.9	Vikki Bovoso (1982)
Lowest GAA (season)	5.20	Carlen Sellers (1988)
Lowest GAA (career)	5.52	Carlen Sellers (1986-89)

Series Records

Opponent	Record	First	Last	Opponent	Record	First	Last	Opponent	Record	First	Last
American	11-0-0	1992	2001	Hollins	4-1-1	1970	1980	Penn	2-1-0	1980	2001
Bedford (England)	1-0-0	1980	1980	James Madison	28-22-1	1970	2003	Penn State	4-18-1	1980	2003
Bridgewater	5-2-2	1970	1980	Johns Hopkins	1-2-0	2001	2003	Princeton	3-4-0	1978	1998
Brockport	1-0-0	1976	1976	Lafayette	6-0-0	1990	1995	Rhode Island	0-0-1	1975	1975
Brown	2-0-0	1977	1978	Lehigh	0-1-0	1984	1984	Richmond	37-2-1	1970	2001
Bucknell	2-0-0	1985	1986	Longwood	13-0-0	1970	1980	Roanoke	1-0-0	1971	1971
Colgate	1-0-0	1999	1999	Loyola (MD)	7-23-1	1983	2003	Rutgers	3-0-0	1979	1991
Connecticut	1-0-0	2002	2002	Lynchburg	9-1-1	1970	1987	Shippensburg	2-0-0	1995	1997
Dartmouth	7-0-0	1978	1993	Maryland	6-20-0	1978	2003	St. Joseph's	1-0-0	1995	1995
Davidson	2-0-0	2000	2001	UMBC	9-0-0	1987	2000	Sweet Briar	3-0-0	1970	1972
Delaware	5-3-0	1982	2003	Mary Washington	8-3-2	1970	1981	Temple	1-2-0	1988	1991
Drexel	4-0-0	1985	2003	Massachusetts	0-1-0	1979	1979	Towson	5-1-0	1979	2003
Duke	3-5-0	1996	2003	New Hampshire	1-0-0	1980	1980	Ursinus	1-1-0	1971	1989
George Mason	9-4-0	1994	2003	North Carolina	3-1-0	1996	1999	Villanova	1-0-0	1992	1992
Georgetown	1-7-0	1996	2003	North Carolina	3-1-0	1996	1999	Virginia	18-20-1	1975	2002
Harvard	4-2-0	1976	1988	Northeastern	1-0-0	1983	1983	Virginia Tech	1-0-0	2002	2002
Hofstra	3-0-0	1978	2003	Northwestern	4-2-0	1985	1991				
				Old Dominion	24-7-0	1980	2003				



Tribe History



Career Points

Rank	Name	Years	Games	Goals	Assists*	Points
1.	Pixie Hamilton	1977-80	52	218	24	242
2.	Danielle Gallagher	1986-89	49	112	65	177
3.	Dani Vissers	1996-99	64	114	38	152
4.	Betsy Frick	1978-81	63	118	28	146
5.	Lisa Miller	1984-87	52	118	27	145
T6.	Julie Duff	1981-84	51	110	31	141
T6.	Lindsey Lowman	1998-2001	42	71	70	141
8.	Tara Hannaford	1998-2001	61	116	23	139
9.	Claire Lowrie	1977-80	62	113	14	127
10.	Colette Chaput	1999-02	62	92	34	126

* Assist records include only 1980 to present

Goals

W&M CAREER GOAL SCORING LEADERS

Rank	Name	Years	Games	Goals
1.	Pixie Hamilton	1977-80	52	218
2.	Ginny Ramsey	1975-78	41	125
T3.	Betsy Frick	1978-81	63	118
T3.	Lisa Miller	1984-87	52	118
5.	Tara Hannaford	1998-2001	61	116
6.	Dani Vissers	1996-99	64	114
7.	Claire Lowrie	1977-80	62	113
8.	Danielle Gallagher	1986-89	49	112
9.	Julie Duff	1981-84	51	110
10.	Lydia Donley	1989-92	55	108

W&M SEASON GOAL SCORING LEADERS

Rank	Name	Year	Games	Goals
1.	Pixie Hamilton	1978	15	64
2.	Claire Lowrie	1980	19	63
3.	Pixie Hamilton	1979	11	56
4.	Pixie Hamilton	1980	16	53
5.	Pixie Hamilton	1977	10	45
T6.	Tara Hannaford	2000	15	43
T6.	Whitney Thayer	1983	13	43
T8.	Tara Hannaford	2001	16	42
T8.	Dani Vissers	1999	15	42
10	Lauren Work	2003	16	40

Assists

W&M CAREER ASSISTS LEADERS

Rank	Name	Years	Games	Assists
1.	Lindsey Lowman	1998-2001	42	70
2.	Danielle Gallagher	1986-89	49	65
3.	Amy Pugno	1998-00	45	50
4.	Mandy Longstreth	1994-97	66	48
5.	Cheryl Boehringer	1988-91	48	41
T6.	Dani Vissers	1996-99	64	38
T6.	Jessica Austin	1990-93	51	38
8.	Whitney Thayer	1982-83	27	36
T9.	Kim Lannon	1990-93	53	34
T9.	Joanna Lignelli	1991-94	48	34
T9.	Julie McGravey	1991-94	54	34

W&M SEASON ASSISTS LEADERS

Rank	Name	Year	Games	Assists
1.	Lindsey Lowman	2001	16	44
2.	Amy Pugno	1999	15	26
T3.	Danielle Gallagher	1987	12	24
T3.	Pixie Hamilton	1980	16	24
T3.	Debbie Reed	1980	18	24
6.	Joanna Lignelli	1994	17	23
T7.	Lindsey Lowman	2000	15	22
T7.	Betsy Frick	1980	19	22
9.	Whitney Thayer	1982	14	21
10.	Allison Evans	2002	17	19

Active Players in Bold

Assist records include only 1980 to present

Goalkeeping Records

Career Goals Against Average

Rank	Name	Years	Games	Goals Ag.	GAA	Saves	Save %
1.	Carlen Sellers	1986-89	51	280	5.49	385	.579
2.	Kelly Berner	1989-92	39	230	5.90	322	.583
3.	Cindy Heldt	1977	10	60	6.00	62	.508
4.	Lisa Dixon	1994-97	42	224	6.33	318	.587
5.	Vikki Bovoso	1980-82	43	275	6.40	448	.620
6.	Sarah Witkowski	1992-95	55	334	6.55	536	.616
7.	Mary Danz	1983-84	15	112	7.47	103	.479
8.	Sue Scott	1985-86	18	159	8.83	111	.411
9.	Lydia Calnan	1983	12	108	9.00	81	.429
10.	Jacque Orsi	1997-00	47	427	9.77	484	.531

Save % - Season

1.	Vikki Bovoso	1982	13	80	6.15	148	.649
2.	Sarah Witkowski	1994	17	101	6.47	172	.630
3.	Vikki Bovoso	1980	19	102	5.37	169	.624
4.	Lisa Dixon	1997	16	97	6.35	153	.612
5.	Sarah Witkowski	1995	16	88	6.46	139	.612
6.	Kelly Berner	1991	14	82	5.86	258	.602
7.	Sarah Witkowski	1993	17	138	8.26	208	.601
8.	Carlen Sellers	1989	15	79	5.27	118	.599
9.	Carlen Sellers	1988	12	61	5.08	87	.588
10.	Kelly Berner	1990	12	72	6.00	102	.586

Note - Goalie records include only 1977, and 1980 to present (at least 10 games played)





Honors & Awards

All-America or National Team

1977	Ginny Ramsey (US team to England)	1988	Sue Shafritz (1st) Danielle Gallagher (1st, US Squad) Margie Vaughan (1st) Lisa Miller (US Squad) Chris Paradis (US Squad)	1995	Karin Brower (US Squad) Amy Giello (2nd, US Squad) Sarah Witkowski (3rd) Amy Umbach (3rd)
1978	Pixie Hamilton (US Reserve Squad)	1989	Danielle Gallagher (1st) US Reserve and World Cup Margie Vaughan (1st & US Squad) Linda Tait (US Squad) Chris Paradis (US Squad) Lisa Miller (World Cup Team)	1996	Danielle Gallagher (US Touring Team) Amy Giello (1st, US Squad) Jeanne Lekin (3rd) Mandy Longstreth (3rd)
1979	Pixie Hamilton (US team to England)	1990	Linda Tait (1st, US Squad) Lydia Donley (2nd) Danielle Gallagher (US Reserve US Touring Team to Canada) Chris Paradis (US Squad)	1997	Lisa Dixon (1st (National GK of Year) Mandy Longstreth (1st) Jeanne Lekin (2nd) Danielle Gallagher (World Cup Team)
1981	Julie Duff (US Squad)	1991	Cheryl Boehringer (1st) Danielle Gallagher (US Reserve)	1998	Lindsay Rademaker (1st) Jeanne Lekin (2nd) Kim Fabel (3rd)
1982	Whitney Thayer (1st) Dana Hooper (1st) Basia Deren (US Reserve) Julie Duff (US Squad) Lisa Fuccella (US Squad)	1992	Sally Ihrig (1st) Karin Brower (HM) US team vs. England	1999	Danielle Gallagher (World Cup Team)
1983	Dana Hooper (1st) Basia Deren (1st) Julie Duff (US Squad) Whitney Thayer (2nd) Lisa Fuccella (US Squad)	1993	Karin Brower (1st) Lydia Donley (2nd) Chris Paradis (US Squad)	2001	Lindsey Lowman (1st) Tara Hannaford (3rd) Kim Fabel (3rd)
1984	Julie Duff (1st & US Reserve) Chris Paradis (2nd & US Reserve) Mary Pat Kurtz (2nd & US Reserve)	1994	Erin Woodfield (1st) Amy Giello (3rd, US Squad) Sarah Witkowski (HM) Karin Brower (US Squad)	2002	Danielle Gallagher (World Cup Team)
1985	Mary Pat Kurtz (1st & US Squad) Chris Paradis (US Squad)			2003	Danielle Gallagher (US Elite Squad)
1986	Mary Pat Kurtz (1st & US Squad, W&M Athlete of the Year) Lisa Miller (HM), Chris Paradis (US Squad) Julie Duff (US Squad) US World Cup Team				
1987	Lisa Miller (1st & US Squad, W&M Athlete of the Year) Sue Shafritz (1st) Mary Pat Kurtz Stone (US Squad, U23 Touring Team) Chris Paradis (US Squad)				



ALLISON EVANS
GRADUATED HAVING
EARNED A PAIR OF
ALL-CAA HONORS
IN HER STANDOUT
CAREER.

AII-CAA

1992	Karin Brower (1st) CAA Co-Player of Year Lydia Donley (1st) CAA Tourney MVP Kelly Berner (2nd)	1996	Amy Giello (1st) Lisa Dixon (2nd) Jeanne Lekin (2nd) Mandy Longstreth (2nd)	2000	Tara Hannaford (1st) Amy Pugno (1st) Jacque Orsi (2nd) Lindsey Sukay (2nd) Eganne Wolfington (2nd)
1993	Erin Woodfield (1st) Julie McGravey (1st) Kim Orie (1st) Hylah Boyd (2nd)	1997	Mandy Longstreth (1st) Jeanne Lekin (1st) Dani Vissers (2nd) Lisa Dixon (2nd) Lindsay Rademaker (2nd) Gretchen Bourland (2nd)	2001	Kim Fabel (1st) Defensive Player of the Year Lindsey Lowman (1st) Tara Hannaford (1st)
1994	Erin Woodfield (1st) Hylah Boyd (2nd) Amy Giello (2nd) Amy Umbach (2nd) Sarah Witkowski (2nd)	1998	Lindsay Rademaker (1st) CAA Player of the Year Jeanne Lekin (1st) Trish Griffith (2nd) Dani Vissers (2nd)	2002	Colette Chaput (2nd) Meghan Schneider (2nd) Lauren Nelson (2nd) Allison Evans (2nd)
1995	Sarah Witkowski (1st) CAA Player of the Year Amy Giello (1st) Amy Umbach (1st) Dina Pascarelli (2nd) Holly Ventura (2nd) Ronya Walker (2nd)	1999	Stuart Cawthorn (1st) Mary Beth Noel (1st) Dani Vissers (1st) Kim Fabel (2nd) Meghan Schneider (2nd) CAA Rookie of the Year	2003	Lauren Work (1st) Allison Evans (2nd) Morgan Watkins (2nd) Nicole Lewis (2nd)





*"Exercise and recreation ... are as necessary as reading;
I will say rather more necessary, because health is worth more than learning.
A strong body makes the mind strong."
—Thomas Jefferson, W&M Class of 1762*

Few colleges in America can boast of the combination of athletic and academic excellence that is found at the College of William and Mary. Each year, more than 500 Tribe student-athletes, competing on 23 Division I teams, prove that it is possible to simultaneously excel at the highest levels of athletics and academics.

Athletic Excellence

The 2002-03 season was one of the best in W&M history, as the Tribe had a school-record 10 teams compete in the NCAA Tournament. Four teams won conference championships, while six teams ended the season nationally ranked in the top-25. Each year the goal of the athletics department is to finish in the top-100 nationally in the NACDA Directors' Cup standings and this season W&M far exceeded that standard, ending the 2002-03 campaign ranked 58th. It marked the eighth time in the last 10 years that the Tribe finished in the top-four in Virginia and first or second in the Colonial Athletic Association.

William and Mary fields Division I teams for both men and women in basketball, cross country, golf, gymnastics, soccer, swimming and diving, tennis, in-

door and outdoor track and field. There are also field hockey, lacrosse and volleyball squads for women of the College, while there are two additional sports (baseball and football) for men.

Overall, the College has proven dominant in the CAA, leading the league with 73 conference titles, 21 more than the next closest school. In recent years, it has become typical for W&M to win at least five conference championships and send seven or more teams to the NCAA Tournament each season.

Academic Success

The Tribe's athletic accomplishments do not come at the expense of its students' academic responsibilities. In the 2002-03 season, W&M student-athletes, who make up close to 10% of the entire student body, compiled a 3.03 grade point average.

In 2002-03 the CAA began a Scholar-Athlete of the Year award for each of the league's 21 sports. Not surprisingly, W&M set the pace with five athletes winning the honor—Tara Flint (women's soccer), Ali Henderson (women's cross country), Adam Hess (men's basketball), Chris Parsons (men's track and field) and Ann Schnell (women's golf)—more than any other school.



DANIELLE GALLAGHER WAS A TWO-TIME ALL-AMERICAN DURING HER PLAYING DAYS AT THE COLLEGE AND HAS BEEN A MEMBER OF THE US ELITE SQUAD SINCE 1988.

William and Mary - A College of Champions

NCAA Championships (2)
Men's Tennis (2) 1947, 1948

CAA Championships (73)
Baseball (1) 2001

Men's Cross Country (11) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003

Women's Cross Country (11) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003

Men's Golf (1) 1985

Women's Lacrosse (1) 1992

Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000

Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003

Men's Tennis (2) 1988, 1990

Women's Tennis (16) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002

Men's Track and Field (3) 1992, 1993, 2003

Women's Track and Field (4) 1999, 2001, 2002, 2003

Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001

Atlantic 10 Football Championships (2)
1996, 2001

ECAC Championships (6)

Men's Gymnastics (2) 1992, 1994

Women's Gymnastics (4) 1999, 2001, 2002, 2003

Southern Conference Championships (48)

Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Football (4) 1942, 1947, 1966, 1970

Men's Soccer (1) 1976

Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Men's Outdoor Track and Field (12) 1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Wrestling (5) 1968, 1969, 1970, 1971, 1977





The College of William and Mary

The Best Small Public University in the United States

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler. The current chancellor of the College is former Secretary of State Henry Kissinger, and he took over the post from former British Prime Minister Margaret Thatcher.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy", and ranks 15th among the best regional business schools.



THE WREN BUILDING IS THE OLDEST CAMPUS STRUCTURE IN THE UNITED STATES IN WHICH CLASSES ARE STILL TAUGHT.

Did You Know?

- W&M is the best small public university in the nation, according to an analysis by *U.S. News and World Report*.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 30th overall among the nation's best universities.
- The average freshman retention rate is 96 percent.
- The College's student/faculty ratio is 12/1.
- Over 46 percent of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 17 students.
- W&M ranked 17th in graduation rates for national universities.
- Over 20,000 internships are posted on the school's web site.
- 10,400 high school students applied for 1,300 spots in the freshman class for the 2003-04 school year.
- More W&M graduates go on to earn doctorates than any other university in the state of Virginia.
- Over 83 percent of freshmen at W&M were in the top 10 percent of their high school graduating class.



LAKE MATOAKA PROVIDES AN ON-CAMPUS FIELD LABORATORY AND RECREATIONAL ACTIVITIES, AND INCLUDES AN AMPITHEATRE TO HOST CONCERTS.

In addition to the historic Williamsburg setting of the College, there are many other attractions offered within a reasonable driving distance from campus. W&M is located within three hours of Washington, D.C. Whether you like surfing at Virginia Beach (one hour away) or skiing at Massanutten (less than three hours away), there is something for everyone in the W&M vicinity.

Amusement Parks

- Busch Gardens (Williamsburg, 10 min.)
- Water Country (Williamsburg, 10 min.)
- Kings Dominion (Ashland, 45 min.)
- Ocean Breeze (Virginia Beach, 60 min.)

Sports/Concerts

- Norfolk Scope (Norfolk, 45 min.)
- Chrysler Hall (Norfolk, 45 min.)
- Harbor Park (Norfolk, 45 min.)
- Verizon Wireless Amphitheatre (Virginia Beach, 60 min.)
- Hampton Coliseum (Hampton, 30 min.)
- Richmond Coliseum (Richmond, 45 min.)
- Richmond International Raceway (Richmond, 45 min.)
- The Diamond (Richmond, 45 min.)

YOU CAN WATCH THE SUNRISE AT VIRGINIA BEACH (BELOW) OR WATCH YOUR LIFE PASS BEFORE YOUR EYES ON ONE OF THE THRILLING ROLLER COASTERS AT BUSCH GARDENS (RIGHT).





Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.

Compliance and Academic Support

As members of the Colonial Athletic Association and NCAA Division I, the College is committed to full compliance with all NCAA and conference regulations. The department has a fulltime Director of Compliance committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor assigned by the director of Academic Advising. Students remain with this advisor until their sophomore year at which time they select a faculty advisor in a chosen major.

Within the athletic department, the Academic Support Coordinator is a valuable resource for student-athletes serving in a liaison role with the various student service offices throughout the campus community. The College has offices for Volunteer Services, Career Services, a Writing Resource Center and Oral Communication Studio, to name a few.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.



Strength, Speed and Conditioning

Tribe athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head and Assistant Strength Coach each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to assure safety.

Sports Psychology

The athletic department has on staff a sports psychologist, who holds a Ph.D. in sports psychology. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing with stress or injury, or for personal issues that may affect performance. The sports psychology consultant is considered a member of the Counseling Center and refers individuals to the Center when appropriate.

Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of a team physician, seven full time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and assure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists. Through a team approach to health care the sports medicine program can offer comprehensive health care services to the student-athletes in a caring and cooperative manner.





Facilities

The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.



- HOME OF THE TRIBE'S LACROSSE AND FIELD HOCKEY TEAMS
- MADE POSSIBLE BY A GENEROUS GRANT FROM THE ANHEUSER-BUSCH CORPORATION
- PLAYING SURFACE IS A UNIQUE COMBINATION OF A POURED PAD WITH AN ASTROTURF PLAYING SURFACE
- SEATS OVER 2,200
- STATE-OF-THE-ART COMPUTERIZED LIGHTING SYSTEM AND AN ELEVATED PRESS BOX



- NEW HOME OF THE TRIBE MEN'S AND WOMEN'S SOCCER AND LACROSSE TEAMS, SLATED TO OPEN IN THE SPRING OF 2004.
- MADE POSSIBLE BY A GENEROUS GRANT FROM MR. AND MRS. JIM UKROP
- NATURAL GRASS PLAYING SURFACE
- NAMED AFTER LONGTIME TRIBE SOCCER COACHES AL ALBERT AND JOHN DALY



- HOME OF THE TRIBE'S TENNIS TEAMS
- SIX INDOOR COURTS
- HOUSES THE ITA WOMEN'S TENNIS HALL OF FAME
- MEZZANINE AND STADIUM SEATING AREAS
- BUILT WITH A GIFT FROM W&M GRADUATE MARK MCCORMACK AND HIS WIFE BETSY NAGELSEN
- STATE-OF-THE-ART LIGHTING SYSTEM AND SCOREBOARD

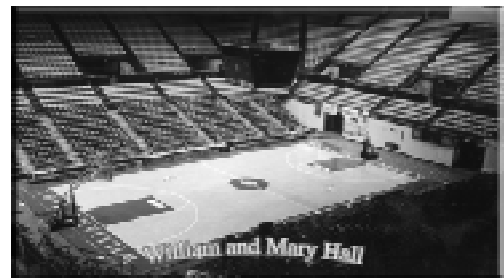


- HOME OF TRIBE BASEBALL-MADE POSSIBLE BY A GENEROUS GRANT FROM JOE PLUMERI
- SEATING FOR OVER 1,000
- INDOOR AND OUTDOOR BATTING CAGES
- LIGHTING FOR NIGHT GAMES
- LOCKER ROOM, BOX SEATS AND CONCESSIONS



- HOME OF THE TRIBE'S TENNIS TEAMS FOR THE OUTDOOR SEASON
- ONE OF THE COLLEGE'S NEWEST VENUE, COMPLETED IN SEPTEMBER, 2001
- EIGHT INDIVIDUAL HARD COURT SURFACES
- FEATURES CALIFORNIA CORNERS, A UNIQUE DESIGN THAT INCLUDES QUARTER FENCES THAT RUN ALONG THE SIDELINES TO ALLOW UNINTERRUPTED PLAY
- STADIUM SEATING FOR APPROXIMATELY 500
- STATE-OF-THE-ART LIGHTING SYSTEM TO ACCOMMODATE NIGHT MATCHES

- HOME OF THE TRIBE'S FOOTBALL AND TRACK AND FIELD TEAMS
- CAMPUS LANDMARK SINCE 1935
- SEATING FOR MORE THAN 13,000
- EIGHT-LANE 400 METER TRACK SURROUNDS THE FIELD AND IS HOME TO THE PRESTIGIOUS COLONIAL RELAYS
- JOSEPH MONTGOMERY FOOTBALL PRACTICE FACILITY IS LOCATED ADJACENT TO THE STADIUM



- HOME OF THE BASKETBALL, GYMNASTICS AND VOLLEYBALL TEAMS
- SEATS OVER 8,500
- THREE-LEVEL BUILDING INCLUDES 12 LOCKER ROOM AREAS, A SPACIOUS TRAINING ROOM, 5,000 SQUARE FOOT WEIGHT ROOM AND A GYMNASTICS TRAINING CENTER

