



2004-05



EXERCISE and RECREATION...

"Exercise and recreation... are as necessary as reading; I will say rather more necessary, because health is worth more than learning. A strong body makes the mind strong."

—Thomas Jefferson, W&M Class of 1762



2005

Tribe Lacrosse





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THE COLLEGE

Location: Williamsburg, Virginia
Mailing Address: P.O. Box 399, Williamsburg, VA 23187
Founded: 1693
Enrollment: 5,560
Nickname: Tribe
Colors: Green, Gold and Silver
President: Timothy J. Sullivan (W&M, 1966)
Athletics Director: Terry Driscoll (Boston College, 1969)
Senior Executive Associate Athletics Director:
 Barbara Blosser (Ohio State, 1975)
Athletics Department Phone: (757) 221-3400

LACROSSE COACHING STAFF

Head Coach: Tara Brown (Virginia, 1993)
Record at W&M: 34-48 (Sixth year)
Career Record: Same
Assistant Coach: Tara Hannaford (W&M, 2001)
Assistant Coach: Kelly McQuade (W&M, 2004)
Brown's Phone: 757-221-3389
Hannaford & McQuade's Phone: 757-221-3388

W&M SPORTS INFORMATION

Sports Information Director:
 Pete Clawson (Pittsburgh, 1990)
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Email: mjhosk@wm.edu
Office Phone: (757) 221-3344
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Web site: www.TribeAthletics.com

LACROSSE PROGRAM INFORMATION

Conference: Colonial Athletic Association
Home Field: Albert-Daly Field (1,000, grass)
2004 Record: 10-8
2004 CAA Record: 4-3, tied for third
2004 Postseason: CAA Finals
Starters Returning/Lost: 9/5
Letterwinners Returning/Lost: 11/5
All-Time Varsity Record: 283-178-11(.611)
NCAA Championship Appearances: Seven
 (1983, 1988, 1994, 1996, 1997, 1998, 2001)
USWLA National Tournament Appearances: Two
 (1979, 1980)

DIRECTIONS TO ALBERT-DALY FIELD

From the North/West: Take I-64 East to Lightfoot Exit 234. (Route 199 East). At top of exit ramp, take a right onto Route 199 East. Stay on 199 East until the Longhill Road exit. Exit at Longhill Road. At the top of the exit ramp, take a left at the light onto Longhill Road. Continue straight through another stoplight, then bear to the right as Longhill Road becomes Longhill Connector Road. At the next stoplight (in front of Eastern State Hospital), take a left onto Ironbound Road. Plumeri Park is on the left; the entrance will be the second driveway on the left. Albert-Daly Field is behind Plumeri Park.

From the South/East: Take I-64 West to Exit 242A (Route 199 West). Follow 199 through five stoplights. After the fifth light, take the next exit, Monticello Avenue. Bear right on the exit ramp and merge onto Monticello Avenue. At the next stoplight, take a left onto Ironbound Road. At the next stoplight, take a right, staying on Ironbound. Plumeri Park will be on your left; the entrance is the second driveway on the left. Albert-Daly Field is behind Plumeri Park.

MEDIA GUIDE CREDITS

The 2005 William and Mary Lacrosse Media Guide was written and designed by sports information assistant Mark Hoskins. Editing by the sports information staff, along with the lacrosse coaching staff. Photos by Pete Clawson and Bob Keroack. Printing by Colonial Printing of Richmond, Virginia.

TO THE MEDIA

The William and Mary sports information office always is interested in assisting the media in its coverage of Tribe lacrosse. Updated information, including statistics and releases, can be found on the William and Mary athletics web site at www.TribeAthletics.com.

This booklet is primarily intended to assist our recruiting efforts. Nevertheless, we hope you will find it useful. Photos and information on feature stories will be provided whenever possible. If you are interested in covering a lacrosse event or athlete, please contact Mark Hoskins at (757) 221-3344 or by email at mjhosk@wm.edu.

ON THE COVER: Cover designed by Mollie and Bob McClure of Shot in the Dark Studio, Richmond, Virginia



Head Coach Tara Brown Sixth Season Virginia, 1993

After leading the Tribe to its first appearance in the Colonial Athletic Association finals in eight years and its first 10-win season since 1997, head coach Tara Brown enters her sixth year at the helm of the W&M program. The College continues to make strides under Brown in its return to national prominence, as witnessed by the Tribe's No. 16 final ranking a season ago. The positive influences of her strong leadership, preparation and attention to detail are witnessed by the team's continued progress towards restoring the Tribe's tradition-rich lacrosse legacy.

The 10 victories last season were the most since W&M went 10-6 in 1997 under legendary head coach Feffie Barnhill, and the Tribe's heart-breaking, 13-12 overtime loss in the CAA championship game was the College's first appearance in the league final since dropping a 13-5 decision to Loyola in 1996.

At No. 16, W&M achieved its highest final ranking since 2001, when the College also made its last appearance in the NCAA Championship.

Under Brown's watch, 16 student-athletes have earned all-conference accolades and five have been tabbed All-America, including first-year assistant coach Tara Hannaford, who was a first team All-CAA performer in 2000 and 2001, and a third team All-American in 2001.

Brown was named Virginia's State Coach of the Year (by the Virginia Sports Information Directors) in 2001, after leading the Tribe to its first winning record and NCAA post season appearance in three years (1998). The squad ended postsea-



Head Coach Tara Brown

son play with a final national ranking of 10th and a 9-7 overall record (5-2 in the always-competitive Colonial Athletic Association). Faced with a schedule that featured 10 teams ranked in the national top 20, the College rang up victories over traditional powers such as Virginia and James Madison.

Brown, who emphasizes aggressive defense and an up-tempo offensive style of play, came to the Williamsburg campus after spending two seasons (1998-99) at the University of Connecticut, where she gained a wealth of experience as the top assistant. Prior to working at UConn, Brown held similar positions at Cornell University (1996-97) and The College of New Jersey (1994-96).

A 1993 graduate of the University of Virginia, Brown was a varsity athlete in both field hockey and lacrosse for four seasons while in Charlottesville. She played defense wing on UVa's national championship lacrosse squads in the 1991 and 1993 seasons and earned second team All-America honors in 1993. Brown spent two seasons as a member of the United States National Lacrosse Team (1993-95) and was an Academic All-American as well. Also a standout in field hockey, she served as captain of the squad for her junior and senior seasons.

After receiving her BA in history from Virginia, Brown went on to work on her Master of Arts degree in teaching at the College of New Jersey, which she completed in 1996.

Brown, a native of Villanova, Pennsylvania and graduate of Radnor High School, is married to Tim Brown and lives in the Williamsburg area. The couple have two daughters, Kelly (3) and Alexis (2), and welcomed a third, Anna, into the world on January 31st, 2005.

Brown Year-by-Year

Year	Overall	CAA	Tournament Results
2000	6-9	3-3	CAA semifinals
2001	9-7	5-1	NCAA bid, CAA semis
2002	6-11	4-4	CAA semifinals
2003	3-13	2-5	
2004	10-8	4-3	CAA final
Career	34-48	18-16	

Brown vs. current CAA (including postseason)

Opponent	W	L
Delaware	2	1
Drexel	3	0
George Mason	3	3
Hofstra	1	2
James Madison	2	6
Old Dominion	3	3
Towson	2	2



**Assistant Coach
Tara Hannaford
W&M, 2001**

The College welcomes back 2001 graduate Tara Hannaford as the top assistant for the 2004 season. A former team captain and All-America performer, Hannaford brings a tremendous amount of coaching and athletic administration experience to her first season with the Tribe staff.

"I am so excited to have Tara back at William and Mary. She was such a competitor and leader while a part of the lacrosse team here at William and Mary. Her experience as an administrator while at the Cate School combined with her energy and enthusiasm will make her a true asset to the program," said Tribe head coach Tara Brown.

Prior to her current position, Hannaford assisted in the direction of the women's lacrosse program at the Cate School in Carpinteria, California the past two years, in addition to serving as the Assistant Director of Athletics and women's water polo coach. In addition to her coaching duties, Hannaford handled the scheduling of athletic events, organized team travel, performed game-day logistics and acted as a dorm supervisor, student advisor and junior class advisor.

While at the Cate School, Hannaford also served as the National Tournament Coach for Pacific Regional Lacrosse in May 2003 and 2004. She was responsible for selecting the team comprised of 20 high school players and coordinating all administrative efforts.

Hannaford has also gained valuable experience interacting with student-athletes at STX Lacrosse Camps during the summers from 1999 to 2003. As a camp mentor, she taught a variety of lacrosse skills and strategies, in addition to enhancing campers' social and communication skills through individual and team-building activities.

A third-team All-American and two-time first team All-Colonial Athletic Association performer during her playing days, Hannaford also worked as a student assistant for the sports information department at the College, in addition to being a member of the Pi Beta Phi Sorority.

In 2001, Hannaford led the Tribe to the CAA semifinals and a berth in the NCAA Tournament, scoring 42 goals in 16 games, which matched the eighth-best single-season goal total in school history. She matched the sixth-best single-season total a year earlier, tallying 43 goals as a junior. Hannaford ranks eighth on the College's all-time scoring list with 141 career points. Hannaford received her Masters in Athletic Administration from Indiana University, where she completed her graduate coursework with a cumulative GPA of 3.95.



**Assistant Coach
Kelly McQuade
W&M, 2004**

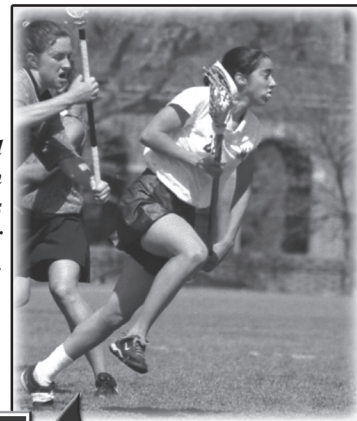


Following her graduation with a degree in kinesiology from William and Mary last May, Kelly McQuade returns to serve as an assistant coach this season. She was also an assistant for the field hockey team in the fall.

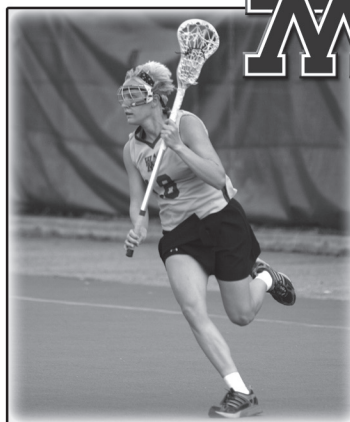
A two-sport athlete at the College, McQuade played lacrosse for four years, starting every game in her last three seasons. She scored 21 goals with six assists last season and tied for third on the team with 42 ground balls. For her career, she totalled 55 goals, 14 assists and 110 ground balls.

McQuade culminated her outstanding college field hockey career in the 2003 season, earning first team All-Colonial Athletic Association and all-state honors. The two-year starter finished her field hockey career with 38 points on 16 goals and six assists.

Prior to W&M, McQuade was a four-year letter winner at Central Bucks West High School in Doylestown, Pennsylvania, where she was the school's career goals record holder with 192 total tallies. She captained the team her final two years and was a first team All-Philadelphia Area and All-Montgomery selection as a senior. Also the field hockey team captain and most valuable player, she ended her prep field hockey career with 31 goals and 17 assists. McQuade also lettered in diving.



Tara Hannaford was a third team All-America selection in 2001 for the Tribe and ranks eighth on the College's career points list with 139.



Kelly McQuade started every game over the last three seasons for the Tribe, finishing her career with 55 goals, 14 assists and 110 ground balls.



2005 William and Mary Lacrosse Numerical Roster

No.	Name	Pos.	Class	Hometown	High School
1	Amanda Roth	GK	Fr.	Bethesda, MD	Walt Whitman
2	Becca Hall	D	Sr.	Ft. Belvoir, VA	Thomas Edison
3	Colleen Dalon	A	Jr.	Moorestown, NJ	Moorestown
4	Libby Carson	M	Fr.	McLean, VA	The Potomac School
7	Laura Nolan	A	Jr.	Ruxton, MD	Maryvale Prep
8	Meg Rafferty	A	Fr.	Fairfax Station, VA	Thomas Edison
9	Ashley Bolton	D	Fr.	Narbeth, PA	William Penn Charter
10	Lizzy Bayly	M	So.	Bowie, MD	Spalding
11	Emily Vitrano	M	So.	Cockeysville, MD	Maryvale Prep
12	Lauren Coll	D	Fr.	Phoenixville, PA	Archbishop Carroll
13	Kara Parker	M	So.	Phoenix, MD	Dulaney
14	Jamie Fitzgerald	M	So.	Jenkintown, PA	Jenkintown
15	Kristen Wong	M	So.	Richmond, VA	Trinity Episcopal
16	Anne Harrington	M	So.	Alexandria, VA	Mount Vernon
18	Jaime Sellers	M	Fr.	Kennebunk, ME	Kennebunk
20	Morgan Watkins	M	Sr.	Fort Washington, PA	Upper Dublin
21	Morgan Lang	M	Jr.	Westfield, NJ	Westfield
22	Laura Lindsay	A	Fr.	Bryn Mawr, PA	Radnor
25	Katie Knarr	D	Sr.	Midlothian, VA	Trinity Episcopal
26	Caitlin deMello	M	Fr.	Manlius, NY	Christian Brothers Academy
27	Kat Klopf	D	So.	Fairfax, VA	WT Woodson
33	Debby Petracca	GK	Jr.	Manhasset, NY	Sacred Heart Academy

Head Coach: Tara Brown (Virginia, 1993)

Assistant Coaches: Tara Hannaford (W&M, 2001), Kelly McQuade (W&M, 2004)

Athletic Trainer: John Knaul

Captains: Morgan Watkins, Katie Knarr

Pronunciation Guide	
Kat Klopf - kloff	Caitlin deMello - DUH-mello
Katie Knarr - KUH-narr	Lauren Coll - cole

2005 William and Mary Lacrosse Schedule

Date	Opponent	Location	Time
March 1	George Washington	Washington, D.C.	4:00 p.m.
March 4	Duke	Durham, NC	3:00 p.m.
March 9	RICHMOND	WILLIAMSBURG	4:00 p.m.
March 13	PENN STATE	WILLIAMSBURG	Noon
March 16	GEORGETOWN	WILLIAMSBURG	4:00 p.m.
March 19	UMBC	WILLIAMSBURG	Noon
March 22	Virginia	Charlottesville, VA	7:00 p.m.
March 29	Longwood	Farmville, VA	7:00 p.m.
April 1	JAMES MADISON*	WILLIAMSBURG	4:00 p.m.
April 3	George Mason*	Fairfax, VA	Noon
April 8	DREXEL*	WILLIAMSBURG	4:00 p.m.
April 10	HOFSTRA*	WILLIAMSBURG	Noon
April 15	Towson*	Towson, MD	4:00 p.m.
April 17	Delaware*	Newark, DE	Noon
April 20	Old Dominion*	Norfolk, VA	4:00 p.m.
April 23	DAVIDSON	WILLIAMSBURG	Noon
April 30 - May 1	CAA Championship	TBD	TBA

BOLD CAPS indicate home game

*CAA Contest

All home games scheduled for Albert-Daly Field



Tribe Aiming for NCAA's in 2005

In its 36th year of varsity lacrosse, the College will be aiming for several milestones to add to its long, rich lacrosse history: its second Colonial Athletic Association Championship and 10th postseason appearance.

Nine starters and three all-conference performers return for sixth-year head coach Tara Brown, who led the Tribe to its first CAA title game since 1996 last season and an overall record of 10-8, its first 10-win season since 1997. The 2004 campaign was a significant step in the College's quest to return to national prominence, as the Tribe was ranked in the IWLCA Top 20 for the majority of the season, including a No. 16 national ranking in the final poll. After W&M came within a game of its first CAA title since 1992, combined with the growth and experience it picked up along the way, it's easy to see why the 2005 edition of the Tribe is ready to take the next step.

Adding to the promise for 2005 was the team's progress through fall workouts, when the mix of young, athletic newcomers and proven, experienced veterans began to take shape. The following is a position-by-position look at the 2005 squad.

Attack

Speed and experience are the two ingredients that should provide the Tribe with one of the league's best offensive attacks. All-American candidate and senior co-captain **Morgan Watkins**, a three-year starter, will adopt a new role, primarily as an attacker, and will anchor the position alongside returning all-conference performer **Colleen Dalon**. Feeding off of each other's strengths, the pair worked well together setting up plays, which in turn improved the offense as a whole last season.

One of the squad's most intense players, Watkins was a First Team All-CAA selection in 2004 and also garnered IWLCA Second Team All-South Region honors after leading the Tribe in scoring with 58 points (38 goals, 20 assists). One of the team's top distributors, Watkins dished out a team-best 20 assists in 2004, which was the 10th-best single-season total in school history. She also ranked fourth in the CAA in points per game (3.22). Entering the 2005 season, Watkins ranks fifth on the career assists (47) chart and 10th on the career points (137) listing at William and Mary.

A second team all-conference pick last year, Dalon trailed only Watkins on the team in scoring, racking up a total of 49 points (34 goals, 15 assists). Dalon will look to build upon an outstanding effort in last year's CAA Championship, in which she tallied 10 points in the Tribe's two tournament games.

Looking to crack the starting lineup this spring will



MORGAN WATKINS / ATTACK

be junior **Laura Nolan**. A strong team attacker with great field vision, Nolan has a knack for finding the goal and will look to make a big impact in 2005. In nine games last season, Nolan produced seven goals and three assists.

A pair of freshmen in **Laura Lindsay** and **Meg Rafferty** also figure to add depth and speed to the position. Lindsay saw considerable action in fall scrimmages and will challenge for playing time, while Rafferty is an extremely quick attacker and was one of the hardest workers on the team through the fall season.

Midfield

Junior all-conference performer **Morgan Lang** returns to solidify what will be an extremely fast and athletic midfield for the Tribe. A two-year starter and second team All-CAA selection in 2004, Lang is an outstanding full-field player who is a key part of the transition attack. One of the team's fastest players, Lang has put together back-to-back standout seasons in her first two years in the program. Last season was a perfect example of Lang's two-way versatility, as she ranked among the team leaders in both offensive and defensive categories, registering 17 points on the season (12 goals) and tying for second in caused turnovers (27).

A quartet of sophomores with game experience brings depth and speed to the position this season and provides a promising future for the Tribe midfield for years to come, as **Emily Vitrano**, **Kristen Wong**, **Kara Parker** and **Jamie Fitzgerald** return.

One of only two freshmen to start every game in 2004, Vitrano sat out the fall season recovering from injury, but will be ready and eager to go in the spring. Vitrano was the team's fourth-leading scorer as a freshman (27 goals) and her experience and focus on the sidelines this fall will have an impact in every facet of the game plan come spring.

The only other freshman to start every game, Wong made a seamless transition from a high school All-American to an impact collegiate player in her first season. An aggressive, physical defender, Wong has great speed and will grow into a bigger role with the attack. In her first collegiate season, she led the squad with 30 caused turnovers, which ranked in the league's top 10, hauled in 40 ground balls and tallied 14 points (10 goals).

Complementing Wong's defen-



MORGAN LANG / MIDFIELD



sive strength is Parker's attack-minded style of play. Parker saw considerable playing time in 11 contests last season and only adds to the speed and aggressiveness of the position. A two-sport athlete at the College (field hockey), Fitzgerald played her way into the starting lineup last year and will be a true midfielder for the Tribe this spring after playing primarily as a defender in 2004.

A pair of freshmen in **Jaime Sellers** and **Caitlin deMello**, bring tremendous potential to the midfield position and figure to contribute in their initial collegiate campaigns. Sellers is a strong, fast midfielder who brings a physical presence to the game, while deMello brings good size and great speed. **Libby Carson** is another incoming freshman who used the fall session to improve both her individual and team defensive skills.

Defense

The foundation of the defensive line lies in two returning senior starters, **Becca Hall** and **Katie Knarr**, while a cast of younger players will be counted on to contribute and add depth to the position.

Hall is one of the most experienced players on the team with 34 starts to her credit, including all 18 games of 2004. A versatile defender, Hall's decision-making and excellent field vision enable her to be a key factor in the Tribe's transition attack. She led the team with 51 ground balls, ranking fourth in the CAA in ground balls per game (2.83) last season and forced 27 turnovers, which matched the second-best total on the team. Rising to the occasion in big games, Hall was an all-tournament team selection at the CAA Championship, as the Tribe advanced to the title game.

After missing fall workouts recovering from an ankle injury, co-captain Knarr will bring experience and athleticism to the Tribe defense this spring. After missing half of the 2004 season, Knarr hopes to return to the form of 2003, which saw her start 15 games and record 23 ground balls.

Three sophomores with limited game experience, **Lizzy Bayly**, **Anne Harrington** and **Kat Klopff**, bring athleticism and potential to the defensive line. Bayly saw the most playing time of the trio last season, appearing in seven games, and is an aggressive athlete who played with confidence and intensity in the fall season. Harrington is a quick, physical defender who saw time in three games last year and looks to make an impact this spring. Klopff also saw action in three games last season and is a feisty player who will improve with increased exposure to the game.

A pair of freshmen, **Lauren Coll** and **Ashley Bolton**, figures to add depth and talent to the position. Coll has good size and is a strong, physical defender with a very good feel for the game. With an outstanding fall season, Coll has put herself in position to start this spring. Bolton is a hard-working, athletic defend-

er who adds versatility to the defensive set.

Goalkeeper

After turning the net-minding duties over to an untested sophomore last season, Brown welcomes back junior **Debby Petracca**, who made great strides in her first collegiate lacrosse season. Originally a member of the College's women's golf team, Petracca joined the lacrosse team last fall and made an immediate impact, playing every minute of the 2004 season. With one year under her belt, Petracca's confidence and focus in the goal will lead to continued improvement, not only for herself, but for the entire Tribe defense, which feeds off Petracca's presence in the net.

Unlike last year, the Tribe will have another cage minder on the roster in freshman **Amanda Roth**. A good sized keeper, Roth as the quickness and ability to challenge Petracca for playing time.

Schedule

As usual, the Tribe will face a very trying schedule in 2005, featuring four contests against teams that participated in the 16-team 2004 NCAA Championship, including defending national champion Virginia, and seven games against opponents ranked in last season's final IWLCA Top 20 poll.

In non-conference action, W&M faces George Washington and NCAA-participant Duke on the road to open the season, before a four-game homestand featuring state-rival Richmond, Penn State, national semifinalist Georgetown and UMBC. The Tribe then travels to defending national champion Virginia and another state-rival, Longwood, before opening up conference play. Davidson rounds out the non-conference schedule with an April 23rd contest in Williamsburg.

W&M's league schedule is no easier, as the CAA has continued to prove itself as one of the nation's premier lacrosse conferences. Five CAA schools finished the year ranked in the top 20, including defending league champion James Madison, whom the Tribe opens conference play with at home. The College also hosts Drexel and Hofstra in CAA action, while visiting George Mason, Towson, Delaware and Old Dominion in league play.



BECCA HALL / DEFENSE



DEBBY PETRACCA / KEEPER




Lizzy Bayly
10
So. / Midfield
Bowie, MD
Spalding

Talented, aggressive defender who should thrive with an increased role ... Has good height and can use it to her advantage ... Played with intensity and confidence in fall season, which has her poised to make a big impact this spring.

2004 - Freshman

Saw limited action in seven games ... Picked up a ground ball in four different contests and recorded one goal and two caused turnovers on the year ... Scored her first career goal in the win over Davidson ... Caused turnovers in wins over UMBC and George Mason .



Archbishop Spalding High


Earned four varsity letters in lacrosse, basketball and field hockey ... Captained the lacrosse squad as a senior and earned the Unsung Hero Award ... Named as a US Lacrosse Academic All-American in 2003 ... Two-time IAAM "B" Division All-Star midfielder in 2002-03 ... Also earned second team All-County - Annapolis Capital in same season ... Produced 73 total points as a junior (61 goals) and 83 as a senior (48 goals) ... Also captained the basketball and field hockey teams as a senior ... Earned the Maryland Distinguished Scholar Award in 2003 ... Named to the State of Maryland's Merit Scholastic Award in 2003.

Personal

Daughter of Kevin and Kathleen Bayly ... Majoring in marketing ... Born on January 18, 1985.

Bayly's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2004	7-0	1	0	1	0	4	1	2
Career	7-0	1	0	1	0	4	1	2



Colleen Dalon
3
Jr. / Attack
Moorestown, NJ
Moorestown

Returning all-conference player who will provide a consistent scoring punch ... Proven knack for finding the net and has good field vision and ability to distribute the ball ... Strong player with a great feel for the game.

2004 - Sophomore

Emerged as one of the league's top scoring threats and earned second team All-CAA honors ... Tallied 34 goals on the season, which included nine multi-goal games ... Recorded 15 assists and totaled 49 points, second-most on the team ... Led the squad with 33 draw controls and added 30 ground balls ... Scored a career-high six goals at UMBC ... Netted the game-winning goal in a 12-11, overtime victory at 14th-ranked Penn State ... Scored four goals and added an assist in the win over Delaware ... Amassed 10 points, including six (3

goals, 3 assists) against Towson, in the team's two CAA Championship games to earn all-tournament honors.

2003 - Freshman

Scored nine points in 15 games on the season, including six goals ... Started three games in the mid-field ... Also contributed 13 ground balls and six draw controls.

Moorestown High

Came to the College as a three sport athlete (field hockey, basketball and lacrosse) ... Earned three letters in lacrosse and field hockey and earned four in basketball ... Led Moorestown High to the state championship in her junior season by scoring 70 goals ... These efforts earned her first team All-National and South Jersey honors and made her an honorable mention All-American ... Earned Player of the Year honors from the *Philadelphia Inquirer* after her senior season ... Also named as South Jersey's Women's Lacrosse Club's Offensive Player of the Year in 2002 ... Dalon scored a total of 184 career goals ... Scored in 66 of her 67 career high school games ... High school squad was undefeated during her career.



Personal

Daughter of Ralph and Kathy Dalon ... Majoring in business marketing ... Member of W&M Student Athletic Advisory Council ... Born on October 9, 1984.

Dalon's Career Honors

- 2004 Second Team All-CAA
- CAA Championship All-Tournament Team
- Second Team All-State (VaSID)

Dalon's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2003	15-3	6	3	9	0	13	6	3
2004	18-13	34	15	49	2	30	33	9
Career	33-16	40	18	58	2	43	39	12



Jamie Fitzgerald
14
So. / Midfield
Jenkintown, PA
Jenkintown

Strong, versatile athlete who adds speed and depth to the midfield position ... Two-sport athlete at the College, as she is also a starter on the Tribe's nationally-ranked field hockey team ... Will adopt more of an offensive role as a true midfielder this season.

2004 - Freshman

Played her way into the starting lineup last spring, after joining the team at the conclusion of field hockey season ... Saw action in 17 games, including six starts ... Scored a goal in victories over George Washington, UMBC and Davidson ... Scooped up 21 ground balls on the year and recorded six caused turnovers and 12 draw controls.



Tribe

Returning Player Bios

Jenkintown High

Earned four-year varsity letters in lacrosse, field hockey and basketball ... Earned first team all-league and area honors for three straight seasons from 2001-03 ... Named second team scholastic All-American in 2002 ... Named the Bicentennial League Player of the Year for 2003 ... Also served as team's captain as a senior ... Recorded 165 goals and 72 assists in high school career ... Lead team in goals, assists, checks, and ground balls senior year ... Earned school's Diane Fitzgerald Female Athlete Award (for leadership, team spirit, and dedication) ... National Honor Society Vice President.



Personal

Daughter of Bernard and Diane Fitzgerald ... Majoring in kinesiology ... Both parents were collegiate athletes ... Enjoys biking and reading in spare time ... Born December 11, 1984.

Fitzgerald's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2004	17-6	3	0	3	0	21	12	6
Career	17-6	3	0	3	0	21	12	6

games, making three starts ... Scored four goals (on just six shots) and collected 14 ground balls in just 215 minutes of game action.

Thomas Edison High

Named team's Offensive MVP for three straight seasons (sophomore to senior years) ... Received All-America honors and earned Academic All-American honors as a senior ... Captained the squad in both her junior and senior seasons ... Selected as her district's Player of the Year after both her junior and senior seasons ... Thomas Edison High retired her lacrosse number upon her graduation.

Personal

Daughter of Samuel and Diana Hall ... Majoring in public policy with a minor in economics ... Enjoys reading, biking and listening to music ... Born on September 23, 1983.

Hall's Career Honors

2004 CAA Championship All-Tournament Team

Hall's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2002	11-3	3	0	3	0	14	5	4
2003	16-13	0	0	0	0	23	5	11
2004	18-18	2	0	2	0	51	9	27
Career	45-34	5	0	5	0	88	19	42



Anne Harrington

16

So. / Midfield

Alexandria, VA

Mount Vernon

Very athletic and strong young player who continues to improve with increased exposure to the game ... Athleticism will translate into increased playing time this spring ... Good game sense.

2004 - Freshman

Saw action in three games and caused a turnover against Davidson.

Mt. Vernon High

Four-year letterwinner in lacrosse ... Captained squad both junior and senior seasons ... Earned District Player of the Year, as well as all-region and all-district honors as a junior and senior ... Named MVP after helping lead the team to the 2003 district title ... Earned swim team MVP honors four-straight years ... Finished 10th at states in 100y breaststroke ... Captained the swim team in senior season ... Named class of 2003 Vice President ... Received International Baccalaureate ... National Honor Society and a member of the school's Varsity Math Team.



Personal

Daughter of Michael and Barbara Harrington ... Father played varsity football at the Naval Academy ... Brother, Brian, swam for three seasons at the University of Virginia ... Born on October 12, 1985.

Harrington's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2004	3-0	0	0	0	0	0	0	1
Career	3-0	0	0	0	0	0	0	1



Becca Hall

2

Sr. / Defense

Fort Belvoir, VA

Thomas Edison

All-conference caliber defender who brings experience and versatility to the back line ... Started over 30 games the last two seasons ... Excellent decision making and field vision make her a key part of the transition attack ... Showed experience and versatility in fall workouts by being a leading defender and having an expanded role in the settled attack.

2004 - Junior

Started every game and ranked fourth in the CAA in ground balls per game (2.78) ... Caused a turnover in all but four games, including a season-high four against Old Dominion ... Recorded 27 caused turnovers on the year, matching the team's second-best total ... Scored two goals in the CAA semifinals against Towson and added four ground balls and two caused turnovers ... Named to the all-tournament team after picking up six ground balls and causing two turnovers in the title game against JMU.



2003 - Sophomore

Played in all 16 games, making 13 starts ... Recorded 23 ground balls and 11 caused turnovers.

2002 - Freshman

Gained valuable experience as a key reserve, seeing action in 11




Kat Klopff
27
So. / Defense
Fairfax, VA
WT Woodson

Good athlete who continues to develop and improve with increased exposure to the game ... Continues to work on stick skills and could challenge for increased playing time in the spring ... Adds depth to the back line.

2004 - Freshman
Saw action in three games as a walk-on freshman ... Picked up a ground ball in the win over Davidson.

WT Woodson High
Earned two varsity letters in lacrosse ... Team won the state, district and regional title in 2002 ... Captained the swim team her senior season ... Member of three district championship lax squads (2000-03) ... Was an officer in the senior class and earned the school's Booster Award, which is a scholarship awarded for school spirit.

Personal
Daughter of Gene and Patricia Potocki-Klopff ... Enjoys movies and spending time with family and friends ... Undecided on major ... Born on June 2, 1985.



Klopff's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2004	3-0	0	0	0	0	1	0	0
Career	3-0	0	0	0	0	1	0	0



Katie Knarr
25
Sr. / Defense
Midlothian, VA
Trinity Episcopal

Athletic returning starter who is battling back from injury ... Missed half of last season with an ankle injury and sat out all of fall workouts while recovering ... Brings experience and a competitive fire to the team's defense ... Fast and strong player who possesses a hard charging style.

2004 - Junior
Started the first nine games of the season before suffering a knee injury that forced her to miss the rest of the season ... Recorded three ground balls and three caused turnovers in the first nine games ... Caused two turnovers and picked up one ground ball in the overtime win over nationally-ranked Penn State.

2003 - Sophomore
Saw action in all 16 games, making 15 starts ... Recorded 23 ground balls, six draw controls and one caused turnover.

2002 - Freshman
Saw limited action over six games.

Trinity Episcopal High
Named as a US Lacrosse All-American and US Lacrosse Academic All-American as a senior ... Three-time all-conference performer in lacrosse ... Named the team's MVP after both her junior and senior seasons ... Also a standout athlete in field hockey and diving ... Captained all three squads her senior season ... Was a two-time all conference performer in field hockey ... Earned three all-state honors in diving ... Named her high school's Athlete of the Year.

Personal
Daughter of Richard and Diane Knarr ... Majoring in kinesiology ... Enjoys water skiing and wakeboarding ... Born on December 29, 1982.

Knarr's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2002	6-0	0	1	1	0	1	0	0
2003	16-15	0	0	0	0	23	6	1
2004	9-9	0	0	0	0	3	2	3
Career	31-24	0	1	1	0	27	8	4




Morgan Lang
21
Jr. / Midfield
Westfield, NJ
Westfield

All-conference performer and two-year starter who solidifies the midfield position ... A true two-way threat, as she is an integral part of the transition game ... One of the fastest players in the league with tremendous versatility ... Energizes teammates with her infectious energy level.

2004 - Sophomore
Earned second team All-CAA honors ... Started every game and recorded 17 total points (12 goals, 5 assists), 42 ground balls and 27 caused turnovers, the second-most on the team ... Registered three multi-goal games, including a two-goal, one-assist effort in the win over Delaware ... Scored two goals against Richmond ... Caused a season-high four turnovers in the crucial conference win over George Mason ... Collected a goal, an assist, four ground balls and three caused turn-





overs in the win over Drexel ... Tallied three points (2 goals, 1 assist) in the CAA semifinal win over Towson and added a ground ball and caused turnover ... Went on to earn all-tournament honors after a solid championship game against JMU, which included three ground balls.

2003 - Freshman

Played in 15 games (all starts) ... Scored 19 total points, including 16 goals ... Among the team's leaders in both ground balls (37) and caused turnovers (20) ... Also corralled 19 draw controls.

Westfield High

Played both lacrosse (four letters) and soccer (three letters) as a scholastic athlete ... Captained both the soccer and lax teams her senior season ... Helped squad to 2001 division championship ... Earned first team all-division honors as both a junior and senior ... Also earned first team all-area as a senior ... North Jersey Senior All-Star selection as a senior ... Scored 273 career points in lax (192 goals/81 assists) ... Earned Union County's Scholar Athlete Award in 2002 ... Served as class president and member of student council ... Active in community's choir.

Personal

Daughter of Richard and Barbara Lang ... Enjoys sailing, tennis and watching movies ... Majoring in psychology and elementary education ... Born January 18, 1984.

Lang's Career Honors

2004 Second Team All-CAA
CAA Championship All-Tournament Team

Lang's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2003	15-15	16	3	19	0	37	19	20
2004	18-18	12	5	17	0	42	10	27
Career	33-33	28	8	36	0	79	29	47

during scholastic career ... Captained both the field hockey and lacrosse squads as a senior ... Played a significant role in helping Maryvale post an undefeated season during her junior season ... Earned the field hockey team's most valuable player honors and was named as a IAAM All-Star as a senior ... Was student council treasurer.

Personal

Daughter of Stephen and Suzanne Nolan ... Enjoys playing tennis and traveling ... Plans to pursue a major in business ... Born on November 15, 1984.

Nolan's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2003	7-0	0	1	1	0	0	0	0
2004	9-0	7	3	10	0	7	3	2
Career	16-0	7	4	11	0	7	3	2



Attack-minded midfielder with outstanding speed ... Will continue to refine aggressive style of play with increased playing time in the spring ... Gives team an energetic boost.

2004 - Freshman

Saw considerable playing in 11 contests as a freshman ... Recorded a goal, three assists and five ground balls on the year ... Dished out first two career assists at Virginia ... Scored first career goal and added an assist, ground ball and caused turnover in the win over Davidson.

Dulaney High

Earned two varsity letters in lacrosse ... Scored 103 total points in career, including 58 goals ... Helped lead team to state finals in both 2002 and 2003 season ... Recorded 63 points as a senior, including 34 goals ... Also earned a pair of letters in field hockey ... Named as field hockey team's Defensive Player of the Year in 2001 ... National Art Honor Society.



Personal

Daughter of Charles and Kimberly Anton Parker ... Talented artist who enjoys painting ... Born on June 10, 1985.

Parker's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2004	11-0	1	3	4	0	5	1	1
Career	11-0	1	3	4	0	5	1	1



Strong attacker with the ability to find the goal ... Will challenge for a starting spot in the spring and has potential to have a big impact in the offense ... Excellent field vision and a tremendous competitor ... Brings a passion to the playing field every day.

2004 - Sophomore

Played in nine games as a reserve and produced seven goals and three assists ... Scored a career-high five goals in the win over Davidson, just one shy of the W&M season-high for goals in a game ... Added an assist against the Wildcats for a total of six points, which matched a Tribe season-high ... Tallied a goal and an assist against Old Dominion ... Scored first-career goal in the win over Delaware.



2003 - Freshman

Saw limited action over seven games ... Recorded first career point with an assist against Davidson.

Maryvale Prep

Earned varsity letters in lacrosse, field hockey and track and field



Debby Petracca
33 Jr. / Goalkeeper
Manhasset, NY
Sacred Heart Academy

Returning starter in goal coming off an outstanding initial collegiate season ... Originally a member of the College's golf team, joined the lacrosse team late last fall ... Confidence and focus in net continue to improve ... Very athletic keeper who has outstanding quickness.

2004 - Sophomore

Played every minute of her first collegiate season ... Posted 10 or more saves in eight games ... Recorded 152 saves on the year and a 11.90 goals against average ... Also collected 49 ground balls, the second-highest tally on the team ... Made 10 saves in the overtime victory over 14th-ranked Penn State ... Registered a career and season-high 14 stops in the win over UMBC ... Stopped 10 shots and scooped up eight ground balls in the win over Delaware ... Grabbed CAA Championship all-tournament team honors after recording 20 saves and four ground balls in the Tribe's two tournament games ... Made 13 saves in the title game against JMU.



Sacred Heart Academy

Was a four-year letterwinner in lacrosse ... Three-time All-Long Island Lacrosse selection from 2000-02 ... Named as the MVP of the CHSAA Long Island Championship game in 2001 ... Named as the team's MVP in 2001 and 2002.

Personal

Daughter of Lester and Tracy Petracca ... Majoring in finance with a minor in economics ... Coordinated PGA junior golf tournaments on Long Island over the summer ... Born on February 3, 1984.

Petracca's Career Honors

2004 CAA Championship All-Tournament Team

Petracca's Career Stats

Year	G-GS	GA	GAA	Saves	Save%	GB	CT
2004	18-18	193	11.90	152	.441	49	3
Career	18-18	193	11.90	152	.441	49	3



Emily Vitrano
11 So. / Midfield
Cockeysville, MD
Maryvale Prep

Returning starter who sat out fall workouts recovering from injury ... Focus on the sideline this fall along with starting experience in the midfield last year make her a major impact on every facet of the game plan ... Amazing vision on attack

and her speed and aggressiveness make her a threat in midfield and settled defense ... Outstanding game awareness and proven ability to score.

2004 - Freshman

Made a huge impression in her rookie season as one of only two freshmen to start every game ... The team's fourth-leading scorer with 27 goals ... Added six assists for a total of 33 points and contributed 33 ground balls, 17 draw controls and six caused turnovers ... Found the net twice in the win over nationally-ranked Penn State and added two ground balls and caused a turnover ... Gained CAA Rookie of the Week honors on April 5th, after tallying seven goals and an assist in games against James Madison and George Mason ... Scored a career-high four goals in the win over the Patriots ... Recorded nine multi-goal games, including four hat tricks ... Scored at least two goals in five-straight games from April 2nd to April 16th (JMU 3, GMU 4, Drexel 3, Hofstra 3, Towson 2) ... Scored twice in the CAA semi-final victory over Towson and added two ground balls and a caused turnover, then dished out two assists in the final against JMU.



Maryvale Prep

Earned four varsity letters in lacrosse ... Captained the team and was named to the league's all-star squad ... Baltimore County All-Star Honorable Mention ... Finished second on the team in assists and third in scoring her junior season ... Missed her entire senior year with a knee injury ... Also was a three-year letterwinner in soccer ... Earned two team MVPs as a member of the soccer squad ... Named team's captain and was an IAAM First Team All-Star as a senior ... Served terms as both student council treasurer and vice president ... Named as an All-American High School Scholar ... Also a member of the Spanish National Honor Society.

Personal

Daughter of Joe and Leslie Vitrano ... Majoring in kinesiology ... Enjoys playing soccer, reading and watching other W&M teams play ... Dad played four years of varsity soccer at Loyola College ... Born on July 31, 1985.

Vitrano's Career Honors

2004 CAA Rookie of the Week (4/5)

Vitrano's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2004	18-18	27	6	33	1	33	17	6
Career	18-18	27	6	33	1	33	17	6



Morgan Watkins
20 Sr. / Midfield
Fort Washington, PA
Upper Dublin

All-American candidate and three-year returning starter ... Two-time all-conference performer ... Ranks 10th on the career points list (137) at W&M and fifth on the career assists chart (47) ... Has started all 51 career games as an attacking midfielder ... Speed and ability to find the net make her one of the top offensive threats in the region ... Excellent field vision enables her to be one of the team's top distributors ... Named second team preseason All-American by *Inside Lacrosse* magazine.

2004 - Junior

First team All-CAA selection after starting all 18 games and ranking fourth in the



league in points per game (3.17) ... Scored a team-high 38 goals and recorded a team-best 20 assists, which was the 10th-best single-season mark in school history, for a total of 58 points ... Contributed 33 ground balls, 15 draw controls and 15 caused turnovers ... Scored in all but two games and tallied at least two goals in 14 contests ... Tied a career-high with four goals, including the game-winner, in the season-opening victory over Cal ... Netted three goals, including the game-winner, and added two assists against UMBC ... Registered three goals and an assist against sixth-ranked Loyola ... Tied a career-high again with four goals in the win over Delaware ... Tallied three goals and a pair of assists against Old Dominion ... Collected two goals, an assist, four ground balls and three caused turnovers in the CAA title game.

2003 - Sophomore

Started all 16 games ... Earned second team all-conference honors by recording 40 total points, including 23 goals ... Led team with 17 assists ... Was fourth on the team in ground balls with 40 ... Ended the year with eight total points vs. Towson, including four assists ... Recorded five or more points six times ... Recorded at least one point in 14 of the 16 games on the season ... Scored five points vs. nationally-ranked Georgetown (three goals) ... Played a total of 630 minutes.



2002 - Freshman

Started all 17 games ... Connected on 29 of 53 shots on the year and led the team in shooting percentage (.547) ... Top returning ground ball total from a year ago (39) and the second most draw controls (25) ... Scored her goal in her first career game (vs. UVa.) and also recorded a pair of assists ... Scored a season-high five goals in team's regular season win over George Mason ... Tallied four scores against eventual national champion Georgetown ... Scored at least one point in 16 of 17 games ... Collected two or more points 10 times on year.

Upper Dublin High

Four-year starter on the lacrosse squad ... Captained the team in her senior season ... Three-year all-conference performer ... Earned honorable mention All-America honors in 2000 and was selected to travel with a US team to Australia ... Named as Upper Dublin's Most Outstanding Female Athlete.

Personal

Daughter of Steven and Margaret Christy ... Student Athletic Advisory Council President ... Majoring in history and women's studies ... Born on November 5, 1982.

Watkins' Career Honors

2003	Second Team All-CAA
2004	IWLCA Second Team All-South Region First Team All-CAA Second Team All-State (VaSID) Third Team All-America (www.womenslacrosse.com)

Watkins' Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2002	17-17	29	10	39	0	39	25	10
2003	16-16	23	17	40	0	40	19	6
2004	18-18	38	20	58	2	33	15	15
Career	51-51	90	47	137	2	112	59	31



Returning starter who had a standout rookie season ... Aggressive, physical defensive midfielder who will grow into a bigger role with the attack ... Great speed makes her a full-field threat ... Outstanding stick checks.

2004 - Freshman

One of two freshmen to start all 18 games ... Caused a team-high 30 turnovers, which ranked in the league's top 10 ... Scored 10 goals and added four assists, 40 ground balls and 12 draw controls ... Recorded a caused turnover in all but three games, including a W&M season-high five against Richmond ... Scored three goals and picked up two ground balls against the Spiders, then tallied two goals and two caused turnovers in the win over Penn State to earn CAA Rookie of the Week honors on March 16th ... Collected a goal, an assist, four ground balls and four caused turnovers against Towson ... Caused three turnovers and scooped up three ground balls against the Tigers in the CAA semifinals.



Trinity Episcopal High

Earned three varsity letters in lacrosse as a defensive wing ... Named as a high school All-American after the 2003 season ... Participated in Virginia High School All-Star game each year from 2001-03 ... Named team's MVP after senior season ... Also earned four letters as a member of the field hockey team and three on the basketball squad ... Earned hoop team's Defensive Player of the Year Award in 2001 and was the team's MVP in 2002 ... Also earned first team all-metro honors in field hockey in 2001 ... Named the field hockey team's MVP after the 2001 and 2002 seasons.

Personal


Daughter of Edward and Robin Wong ... Majoring in biology ... Enjoys going to the beach and listening to music ... Born on August 19, 1985.

Wong's Career Honors

2004	CAA Rookie of the Week (3/16)
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Wong's Career Stats

Year	G-GS	G	A	Pts	GWG	GB	DC	CT
2004	18-18	10	4	14	0	40	12	30
Career	18-18	10	4	14	0	40	12	30

Ashley Bolton
9
Fr. / Defense
Narbeth, PA
William Penn Charter

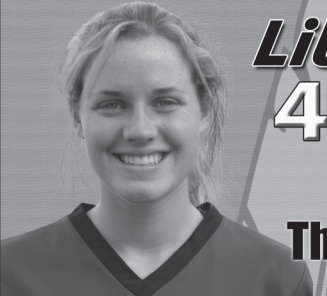
Hard-working, athletic defender ... Has a quick defensive step ... Concentrated on developing team defensive skills and increasing her confidence in one-on-one defensive situations ... Adds versatility to the defense set.

William Penn Charter

Came to the College as a four-year letterwinner in lacrosse, soccer and basketball ... Co-captained lax team her senior year after earning first team All-Interac as a junior ... Soccer team MVP and first team All-Interac as a junior and senior ... Nominated for coaches award and Amy Willard Award in basketball as a senior ... Co-captain of both soccer and basketball teams as a junior ... Member of the Plymouth Soccer A travel team and Philly Attack.

Personal

Daughter of Gregory Bolton and Carla Ann Rossetti ... Brother played soccer at Bucknell ... Enjoys hanging out with friends and listening to music ... Plans to pursue a major in biology ... Born on February, 19, 1986.



Libby Carson
4
Fr. / Midfield
McLean, VA
The Potomac School

Talented athlete with good speed who will add depth to the midfield position ... Carries the ball well in transition ... Needs to develop stronger stick skills and gain exposure to the college game ... Worked on learning team and individual defense in the fall.

The Potomac School

Four-year varsity performer in lacrosse and team captain as a senior for coach Meghan Mohler ... Two-time all-league selection ... Was the editor in chief of the Potomac School yearbook.

Personal

Daughter of Gary and Valerie Carson ... Enjoys playing the piano and yoga ... Plans to major in English ... Born on September 3, 1985.



Lauren Coll
12
Fr. / Defense
Phoenixville, MD
Archbishop Carroll

Put herself in position to be a starter with an outstanding fall season ... Powerful one-on-one defender ... Has an outstanding work ethic which impressed the coaching staff during the fall ... Expanded her game to full midfield in fall scrimmages ... Will only improve with increased exposure to the game.

Archbishop Carroll High

Earned four varsity letters in lacrosse, basketball and field hockey ... In each sport, combined to win nine Catholic League championships during her high school career ... Basketball team captain as a senior ... Played on the AAU basketball National Invitational Championship runner-up in 2003 ... Member of Phantastix Lacrosse club team ... Member of National Art Honor Society and National Honor Society and was a student council representative.

Personal

Daughter of John and Diane Coll ... Cousin of former W&M lacrosse standout and current George Mason head coach Amy Umbach ... Sister, Ashley, is a junior on the Duke lacrosse team ... Sister, Tiffany, played basketball at UMBC and professionally in Europe ... Enjoys art and painting, basketball and field hockey ... Plans to major in kinesiology ... Born on March 24, 1986.



Caitlin deMello
26
Fr. / Midfield
Manlius, NY
Christian Brothers Academy


Extremely aggressive midfielder who could make an immediate impact in the spring ... Very fast in midfield transition ... Improved her team defense tremendously during the fall session ... Plays with tenacity and intensity in the defensive end.

Christian Brothers Academy

Earned four varsity letters in lacrosse under coaches Gina Burrows and Erica Gerber ... Second team all-region as a senior and a first team all-league selection as a sophomore and junior ... Member of the Star-Riders lacrosse club ... Received high honors all four years and was a member of the National Honor Society.

Personal

Daughter of Stephen and Patricia deMello ... Sister, Meghan, is a junior on the Notre Dame lacrosse team ... Enjoys swimming and diving, playing poker and tennis ... Born on November 26, 1985.



Laura Lindsay
22
Fr. / Attack
Bryn Mawr, PA
Radnor

Smart, athletic attacker who will challenge for playing time in the spring ... Saw considerable action during fall scrimmages and expanded her game, especially in one-on-one situations ... Has good field vision in the attacking end ... Strong work ethic.

Radnor High

Came to College after playing four years of lacrosse and field hockey under coach Phyllis Kilgour ... Earned three letters in both lax and field hockey ... First team All-Central and All-Delaware County in lax as a senior ... Academic All-American as a junior and senior in both lax and field hockey ... Captain of lacrosse team as a senior ... Guided lacrosse team to 2003 Central League title and Pennsylvania State Championship ... Led the lax team in assists as a junior and was the team's second-leading scorer with 52 goals ... Scored 54 goals and recorded 35 assists as a senior ... Earned one varsity letter in swimming ... Played for Westline Philly and Philly Quickstix club teams ... Member of National Honor Society.




Tribe

Newcomer Bios

Personal

Daughter of Brian and Carolyn Lindsay ... Enjoys reading, watching movies, listening to music and tennis ... Plans to major in history and economics ... Born on January 11, 1986.



Meg Rafferty
8
Fr. / Attack
Fairfax Station, VA
Thomas Edison


Extremely quick attacker who is one of the hardest workers on the team ... Improved stick skills in the fall to match her superior speed and aggressiveness ... Will continue to get better and develop with exposure to the college game.

Thomas Edison High

Four-year letterwinner and varsity starter in lacrosse ... Team captain, MVP and National District Player of the Year as a senior ... Earned First Team All-National District honors as a sophomore, junior and senior ... First team all-region as a senior after earning second team honors as a junior ... Academic All-American as a junior and senior ... Led the team and district with 51 goals in 15 games as a senior ... Three-year letterwinner in field hockey ... Earned all-district honors as a sophomore, junior and senior ... Team captain and offensive MVP and second team all-region as a senior ... Participated in U.S. Futures Field Hockey Region Eight Tournament in Virginia Beach as a senior ... Edison Eagle Scholar-Athlete Award for highest GPA as a senior ... Four-year letterwinner and varsity runner for indoor track team ... Received the Fairfax County Public Schools Sportswoman of the Year Award in 2004 ... Received the "Outstanding Women in Sports Award" for Edison High as a sophomore, junior and senior ... Student government class treasurer for four years ... Member of National Honor Society.

Personal

Daughter Vincent and Rebecca Rafferty ... Mother played field hockey and is a member of the Athletics Hall of Fame at Ohio University ... Enjoys running and is interested in becoming a dentist ... Plans to major in biology ... Born on July 3, 1986.



Amanda Roth
1
Fr. / Goalkeeper
Bethesda, MD
Walt Whitman

Young, very talented goalkeeper who adds depth to the position and could challenge for playing time in the spring ... Has quick hands and good speed out of the cage ... Adjusting to the speed of the college game.

Walt Whitman High

Four-year letterwinner in both lacrosse and field hockey ... Academic All-American in 2004 ... Earned two first team all-county awards, two Maryland state regional coach citations ... Two first team all-coaches choice accolades ... As a junior and senior was named All-Gazette, All-Potomac Almanac and All-Montgomery Journal ... Compiled a career record of 44-6 in goal and guided her team to four-straight regional championships ... Had career saves percentage of 71%.

Personal

Daughter of Steven and Barbara Roth ... Father played lacrosse at Maryland ... Brother, James, played soccer at Harvard ... Enjoys skiing ... Born May 14, 1986.



Jaime Sellers
18
Fr. / Midfield
Kennebunk, ME
Kennebunk

Skilled athlete who will be an important part of a rotating attack lineup in the spring ... Excellent strength with the ability to use either hand for challenging, passing or shooting ... Speed and powerful step to goal make her a challenge to defend ... Worked on developing team-attack concepts during fall season.

Kennebunk High

Finished her career with four varsity letters in lacrosse and three letters in basketball ... Lax tri-captain as a senior and team MVP... Broke single-season scoring record with 85 goals and 27 assists in the regular season ... Earned All-America, all-state and all-conference honors as a senior ... Also all-conference as a junior ... Scored 222 career goals, to go along with 102 assists and 242 ground balls ... Selected to Maine Senior All-Star team and nominated for the Maine State Hall of Fame ... Named school's outstanding female athlete for 2003-04 ... Co-captained basketball team as a senior and was a Southern Maine Athletic Association (SMAA) All-Star ... SMAA all-academic team ... Gatorade Player of the Year as a senior ... Member of student council, student forum and National Honor Society.

Personal

Daughter of Ronnie Sellers and Jeanne Reece ... Enjoys music and relaxing ... Born on July 21, 1986.

2005

W&M
Lacrosse



The 2004 season was a huge step in restoring the legacy of William and Mary lacrosse, as head coach Tara Brown guided the Tribe to its first 10-win season since 1997 and its first appearance in the CAA championship game since 1996. W&M finished the year with an overall mark of 10-8 and posted a 4-3 mark in conference play to capture the No. 3 seed for the league tournament. The College was ranked in the IWLCA Top 20 for the majority of the season and ended the campaign with a final No. 16 billing.

Tribe on the Brink of NCAA Appearance

With a 14-12 victory over second-seeded Towson in the CAA semifinals, W&M advanced to the title game to face eighth-ranked James Madison on its home field with an automatic berth to the 16-team NCAA Championship on the line. The win over the Tigers was the College's first CAA tournament game win since 2000, when the Tribe downed Old Dominion in the quarterfinals. In the final, W&M jumped out to an 8-3 lead at the half behind the play of Morgan Watkins (2 goals) and Lauren Work (2 goals), but eventually fell in overtime, 13-12, to close the season.

W&M Among Final NCAA Leaders

In the final 2004 NCAA women's lacrosse stats, the College ranked 18th in scoring offense, averaging 11.61 goals per game. In addition, the squad held the 15th-best mark in the nation for ground balls per game, averaging 24.39.

Close Calls

Of the Tribe's eight losses in 2004, four were decided by only a single goal, including the heart-breaking, 13-12 loss in the CAA final. Six of the losses were by four, or fewer, and two were in overtime. Furthermore, two of W&M's three conference losses were by just one goal (Towson, 11-12; Old Dominion 12-13).

The Award Goes To...

Morgan Watkins headlined the list of postseason accolades for the Tribe, taking home third team All-America honors from the website www.womenslacrosse.com, in addition to second team All-South Region honors from the IWLCA. Watkins was also the College's lone selection on the All-CAA First Team, while Colleen Dalon and Morgan Lang each collected second team all-league citations. Watkins and Dalon were both second team All-Virginia selections by the state sports information directors (VaSID).

2004 INDIVIDUAL HONORS

www.womenslacrosse.com All-American
Morgan Watkins - Third Team

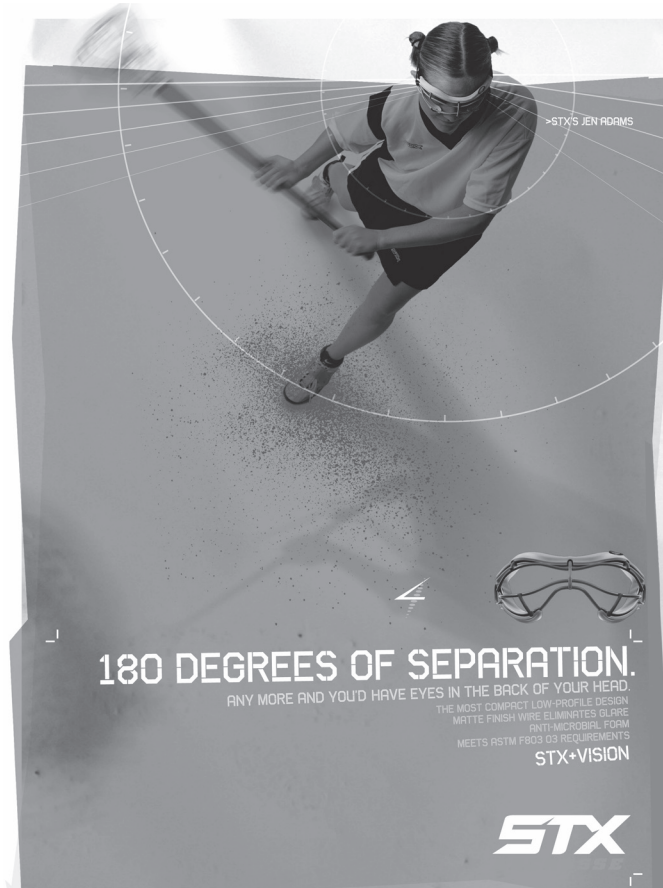
IWLCA All-South Region
Morgan Watkins - Second Team

All-CAA
Morgan Watkins - First Team
Colleen Dalon - Second Team
Morgan Lang - Second Team

VaSID All-State
Morgan Watkins - Second Team
Colleen Dalon - Second Team

CAA Rookie of the Week
Kristen Wong - 3/16
Emily Vitrano - 4/5

CAA All-Tournament Team
Becca Hall, Debby Petracca, Lauren Work





2004 WILLIAM AND MARY STATISTICS

Name	GP	GS	G	A	Pts	Shots	Shot%	GWG	FPG-FPS	GB	DC	T/O	CT	Career		
														G	A	TP
Morgan Watkins	18	18	38	20	58	99	.384	2	7-20	33	15	37	15	90	47	137
Colleen Dalon	18	13	34	15	49	79	.430	2	7-15	30	33	20	9	40	18	58
Lauren Work	18	18	36	7	43	78	.462	2	4-10	23	28	29	6	99	18	117
Emily Vitrano	18	18	27	6	33	81	.333	1	3-7	33	17	23	6	27	6	33
Kelly McQuade	18	18	21	6	27	60	.350	2	0-9	42	8	21	16	55	14	69
Morgan Lang	18	18	12	5	17	32	.375	0	1-4	42	28	15	27	28	8	36
Laurice Rutledge	18	18	9	6	15	31	.290	0	2-2	19	10	8	4	19	14	33
Kristen Wong	18	18	10	4	14	14	.714	0	1-1	40	12	19	30	10	4	14
Laura Nolan	9	0	7	3	10	14	.500	0	1-1	7	3	3	2	8	6	14
Nicole Lewis	18	18	7	1	8	27	.259	0	0-1	34	32	5	19	29	6	35
Kara Parker	11	0	1	3	4	10	.100	0	0-1	5	1	11	1	1	3	4
Jamie Fitzgerald	17	6	3	0	3	11	.273	0	0-1	21	12	7	6	3	0	3
Becca Hall	18	18	2	0	2	5	.400	0	0-1	51	9	8	27	5	0	5
Alison Ritz	6	0	1	1	2	1	1.000	0	0-0	1	0	1	0	2	4	6
Lizzy Bayly	7	0	1	0	1	2	.500	0	0-0	4	1	0	2	1	0	1
Krysta Hardiman	3	0	0	0	0	7	.000	0	0-2	1	0	2	0	0	0	0
Anne Harrington	3	0	0	0	0	1	.000	0	0-0	0	0	0	1	0	0	0
Debby Petracca	18	18	0	0	0	0	.000	0	0-0	49	0	10	3	0	0	0
Kat Klopff	3	0	0	0	0	0	.000	0	0-0	1	0	0	0	0	0	0
Katie Knarr	9	9	0	0	0	0	.000	0	0-0	3	2	0	3	0	1	1
Carrie Stirt	1	0	0	0	0	0	.000	0	0-0	1	0	0	0	0	0	0
Larissa Blick	4	0	0	0	0	0	.000	0	0-0	3	1	2	2	0	0	0
Aimee Duffy	11	8	0	0	0	0	.000	0	0-0	13	4	4	15	6	4	10
Total	18	18	209	77	286	552	.379	9	26-74	456	216	229	197			
Opponents	18		193	75	268	453	.426	5	32-77	398	221	296	128			

Goaltending Statistics

Name	GP	GS	Min.	GA	GAA	Saves	Pct.
Debby Petracca	18	18	973	193	11.90	152	.441
Total	18		973	193	11.90	152	.441
Opponents	18		1065	209	11.77	190	.476

William and Mary Goals by Period

Goals	1	2	OT	Total
William and Mary	110	95	4	209
Opponents	85	103	5	193

William and Mary Shots by Period

Shots	1	2	OT	Total
William and Mary	293	251	4	548
Opponents	213	238	2	453

INDIVIDUAL SEASON HIGHS

Points	6	Colleen Dalon vs. Towson (5/1/04)
	6	Laura Nolan at Davidson (4/24/04)
	6	Colleen Dalon at UMBC (3/20/04)
Goals	6	Colleen Dalon at UMBC (3/20/04)
Assists	3	Colleen Dalon vs. Towson (5/1/04)
	3	Colleen Dalon at Davidson (4/24/04)
	3	Morgan Watkins at Richmond (3/10/04)
Shots	11	Morgan Watkins vs. Cal (3/5/04)
Saves	14	Debby Petracca at UMBC (3/20/04)
Ground Balls	8	Debby Petracca vs. Delaware (4/18/04)
Caused Turnovers	5	Kristen Wong at Richmond (3/10/04)

2004 TRIBE SCHEDULE AND RESULTS

10-8 Overall, 4-3 CAA • Home: 4-3 • Away: 5-5 • Neutral: 1-0

Date	Opponent	Score	W&M Goals
Mar. 5	California	W, 12-7	Watkins (4), Work (3), McQuade (2), Dalon (1), Vitrano (1), Lang (1)
Mar. 7	George Washington	W, 13-9	Work (4), Watkins (3), Rutledge (1), Dalon (1), McQuade (1), Wong (1), Lewis (1), Fitzgerald (1)
Mar. 10	at Richmond	L, 10-11 (2 OT)	Wong (3), Dalon (3), Lang (2), Watkins (1), Vitrano (1)
Mar. 14	at Penn State	W, 12-11 (OT)	Work (3), Vitrano (2), McQuade (2), Wong (2), Watkins (1), Dalon (1), Lewis (1)
Mar. 17	at Georgetown	L, 3-18	McQuade (2), Lewis (1)
Mar. 20	at UMBC	W, 17-6	Dalon (6), Watkins (3), Work (2), Vitrano (2), Rutledge (1), Ritz (1), Fitzgerald (1), Lewis (1)
Mar. 25	at Virginia	L, 8-16	Work (2), Watkins (2), Wong (1), McQuade (1), Lang (1), Vitrano (1)
Mar. 28	Loyola	L, 8-12	Watkins (3), Work (3), Dalon (1), Lang (1)
Apr. 2	*at James Madison	L, 8-11	Vitrano (3), McQuade (2), Rutledge (1), Lewis (1), Dalon (1)
Apr. 4	*George Mason	W, 10-6	Vitrano (4), Watkins (2), Dalon (1), McQuade (1), Lang (1), Work (1)
Apr. 9	*at Drexel	W, 13-9	Vitrano (3), McQuade (2), Work (2), Dalon (2), Watkins (2), Lang (1), Rutledge (1)
Apr. 11	*at Hofstra	W, 9-8	Vitrano (3), Watkins (2), Dalon (2), McQuade (1), Work (1)
Apr. 16	*Towson	L, 11-12	Dalon (2), Watkins (2), Work (2), Vitrano (2), Wong (1), Rutledge (1), Lang (1)
Apr. 18	*Delaware	W, 18-10	Watkins (4), Dalon (4), Work (3), Lang (2), McQuade (2), Rutledge (1), Wong (1), Nolan (1)
Apr. 21	*Old Dominion	L, 12-13	Watkins (3), Work (3), Dalon (2), McQuade (1), Nolan (1), Vitrano (1), Rutledge (1)
Apr. 24	at Davidson	W, 19-9	Nolan (5), Watkins (2), Work (2), Vitrano (2), McQuade (2), Dalon (1), Parker (1), Wong (1), Rutledge (1), Fitzgerald (1), Bayly (1)
May 1	^vs. Towson	W, 14-12	Dalon (3), Work (2), Lang (2), Watkins (2), Vitrano (2), Hall (2), Lewis (1)
May 2	^at James Madison	L, 12-13 (OT)	Dalon (3), Work (3), Watkins (2), McQuade (2), Lewis (1), Rutledge (1)

*CAA Contest; ^CAA Championship at Harrisonburg, VA



2004 Final Standings

Team	CAA				Overall						
	W-L	Pct.	GF	GA	W-L	Pct.	GF	GA	Home	Away	Neutral
James Madison	7-0	1.000	95	51	16-4	.800	253	172	11-1	5-2	0-1
Towson	6-1	.857	80	76	14-4	.778	223	183	8-1	6-2	0-1
WILLIAM AND MARY	4-3	.571	81	69	10-8	.556	209	193	4-3	5-5	1-1
George Mason	4-3	.571	77	60	7-10	.412	171	169	5-3	2-7	0-0
Hofstra	3-4	.429	67	69	8-8	.500	163	153	4-4	4-4	0-0
Delaware	2-5	.286	70	88	6-10	.375	162	184	3-5	3-5	0-0
Drexel	1-6	.143	77	96	10-7	.588	207	170	4-4	6-3	0-0
Old Dominion	1-6	.143	69	107	5-11	.312	165	211	2-6	3-5	0-0

2004 Final Team Statistics

(sorted by points per game)

Team	GP	G	A	Pts	PPG	GB	DC	CT	GA	GAA	SV	SV%
Drexel	17	207	83	290	17.06	324	219	160	170	10.01	204	.545
James Madison	20	253	83	336	16.80	509	245	164	169	8.33	161	.488
Towson	18	223	77	300	16.67	346	244	120	185	10.72	190	.507
WILLIAM AND MARY	18	209	76	285	15.83	439	215	180	193	11.90	151	.439
Old Dominion	16	165	67	232	14.50	310	177	130	211	13.19	143	.404
Delaware	16	162	68	230	14.38	401	187	162	184	11.35	143	.437
Hofstra	16	163	61	224	14.00	407	178	148	153	9.40	157	.506
George Mason	17	171	65	236	13.88	347	148	213	169	9.88	224	.570

2004 Final Individual Statistics

Points Per Game	GP	G	A	Pts	PPG	Ground Balls Per Game	GP	GB	AVG/G
Gail Decker, JMU	19	81	31	112	5.89	Bridget Eder, HU	16	74	4.62
Suzanne Wosczyzna, ODU	16	57	28	85	5.31	Caroline Jacobs, ODU	16	50	3.12
Becky Trumbo, TU	18	45	19	64	3.56	Brandi Evans, GMU	17	50	2.94
Morgan Watkins, W&M	18	38	20	58	3.22	Becca Hall, W&M	18	51	2.83
Kerry Kelly, DU	17	31	20	51	3.00	Lauren Carrigan, UD	16	44	2.75
Shannon Witzel, TU	18	44	9	53	2.94				
Colleen Rocks, DU	17	37	13	50	2.94	Caused Turnovers Per Game	GP	CT	AVG/G
Kim Hillier, HU	16	27	20	47	2.94	Brandi Evans, GMU	17	39	2.29
Amy Middleton, TU	18	41	11	52	2.89	Michele Brady, GMU	17	37	2.18
Emily Hoesch, DU	17	37	10	47	2.76	Melissa Curry, GMU	17	35	2.06
						Bridget Eder, HU	16	32	2.00
Goals Per Game	GP	G	GPG			Jess Beard, JMU	20	35	1.75
Gail Decker, JMU	19	81	4.26						
Suzanne Wosczyzna, ODU	16	57	3.56			Goals Against Average	GP	GA	GAA
Becky Trumbo, TU	18	45	2.50			Amy Altig, JMU	20	113	8.53
Shannon Witzel, TU	18	44	2.44			Lisa Papa, HU	16	141	9.08
Jenny Diana, UD	16	38	2.38			Meg Dentler, GMU	17	169	9.88
Amy Middleton, TU	18	41	2.28			Maggie Koch, DU	17	156	10.23
Emily Hoesch, DU	17	37	2.18			Jessica O'Connell, TU	18	174	10.78
Colleen Rocks, DU	17	37	2.18			Patrice Hughes, UD	15	147	11.09
Melody Shotwell, ODU	12	26	2.17			Debby Petracca, W&M	18	193	11.90
Becky Thorn, HU	16	34	2.12			Michelle Gannon, ODU	16	208	13.08
Assists Per Game	GP	A	APG			Save Percentage	GP	Saves	SV%
Suzanne Wosczyzna, ODU	16	28	1.75			Meg Dentler, GMU	17	224	.570
Gail Decker, JMU	19	31	1.63			Maggie Koch, DU	17	197	.558
Kim Hillier, HU	16	20	1.25			Lisa Papa, HU	16	153	.520
Kerry Kelly, DU	17	20	1.18			Jessica O'Connell, TU	18	178	.506
Shannon Kron, UD	16	18	1.12			Amy Altig, JMU	20	104	.479
Morgan Watkins, W&M	18	20	1.11			Patrice Hughes, UD	15	117	.443
Becky Trumbo, TU	18	19	1.06			Debby Petracca, W&M	16	151	.439
Lisa Hagan, GMU	17	17	1.00			Michelle Gannon, ODU	16	142	.406
Kristy Manas, GMU	17	16	0.94						
Michelle Campolettano, UD	16	14	0.88						

All-CAA Honors

First Team

Becky Trumbo, TU; Jessica Brownridge, JMU; Kim Hillier, HU; Gail Decker, JMU; Suzanne Wosczyzna, ODU; **Morgan Watkins, W&M**; Stacy Berger, GMU; Ashlee Dardine, JMU; Bridget Eder, HU, Jess Beard, JMU; Martha Dwyer, TU; Meg Dentler, GMU.

Second Team

Kristy Manas, GMU; **Colleen Dalon, W&M**; Jenny Diana, UD; Stephanie Howell, TU; Lisa Hagan, GMU; Erin Edell, UD; Kerry Kelly, DU; Caitlin Marshall, TU; Michele Brady, GMU; Allison Lynch, UD; **Morgan Lang, W&M**; Amy Altig, JMU.

Player of the Year: Gail Decker (JMU)

Defensive Player of the Year: Bridget Eder (HU)

Rookie of the Year: Kim Hillier (HU)

Coach of the Year: Missy Holmes (TU)

All-Tournament Team

Jess Beard, JMU; Ashlee Dardine, JMU; Amy Altig, JMU; Jessica Brownridge, JMU; Kelly Berger, JMU; **Becca Hall, W&M**; **Lauren Work, W&M**; **Debby Petracca, W&M**; Amy Middleton, TU; Jessica O'Connell, TU; Brandi Evans, GMU; Melissa Venturi, GMU.



Morgan Watkins (20) ranked fourth in the CAA in points per game (3.22) and sixth in assists per game (1.11) in 2004, while classmate Becca Hall ranked fourth in ground balls per game (2.83).



Tribe

William and Mary Lacrosse History

W&M Year-by-Year

Year	Overall			CAA	Tourney Results	
	W	L	T			
1970	6	1	1			
1971	3	2	2			
1972	3	2	2			
1973	3	4	0			
1974	3	4	0			
1975	8	1	2			
1976	8	2	0			
1977	8	0	2			
1978	13	1	1		Tie 1st VWLA	
1979	13	5	0		5th, USWLA Nat'ls.	
1980	12	6	0		6th, USWLA Nat'ls.	
1981	6	5	0		2nd VAI AW	
1982	11	2	0		1st VAI AW, 5th Nat.	
1983	7	5	1		1st EAI AW, NCAAs	
1984	6	8	0		1st VIL	
1985	6	7	0			
1986	7	6	0			
1987	10	6	0			
1988	11	2	0		SAC - 1st, NCAAs	
1989	12	3	0		SAC - 1st, ECAC 1st	
1990	7	5	0		SAC - 2nd	
1991	10	4	0		SAC - 1st	
1992	10	4	0	4	1	CAA Champions
1993	11	6	0	3	2	CAA Semifinals
1994	11	6	0	6	1	NCAAs, CAA Finals
1995	12	4	0	6	1	CAA Semifinals
1996	10	7	0	5	1	NCAAs, CAA Finals
1997	10	6	0	5	1	NCAAs, CAA Semifinals
1998	8	8	0	4	2	NCAAs, CAA Semifinals
1999	6	9	0	3	3	CAA Semifinals
2000	6	9	0	3	3	CAA Semifinals
2001	9	7	0	5	1	NCAAs, CAA Semifinals
2002	6	11	0	4	4	CAA Semifinals
2003	3	13	0	2	5	
2004	10	8	0	4	3	CAA Finals

In the summer of 1991, the six charter members of the South Atlantic Field Hockey/Lacrosse Conference (SAC) went under the Colonial Athletic Association (CAA) banner, and in 1992, the conference sponsored its first league championship.

All-time Coaching Records

Coach	Years	Record	Winning Pct.
Joy Archer	1970-1979	68-23-9	.725
Jean Stettler	1980-1981	18-11-1	.617
Feffie Barnhill	1982-1998	157-87-1	.643
Kim Lannon	1999	6-9-0	.400
Tara Brown	2000-current	34-48-0	.415
Totals		283-178-11	.611



Feffie Barnhill is the all-time winningest coach (157) in W&M lacrosse history. Under Barnhill, the College made six NCAA Championship appearances, captured four conference titles, including its only CAA Championship, and had a winning percentage of .643. Barnhill will be inducted into the W&M Athletics Hall of Fame in April.

W&M Team Records

Winning Percentage:	8-0-2, (.900-1977), 13-1-1 (.900-1978)
Wins in a Season:	13 (1978, 1979)
CAA Wins in a Season:	6 (1994, 1995)
Consecutive Wins:	12 (1 in 1977, 11 in 1978)
Consecutive Losses:	7 (2000)
Consecutive Season-opening Wins:	11 (1978)
Consecutive Season-opening Losses:	6 (2003)
Consecutive CAA Wins:	6 (4 in 1994, 2 in 1996)
Consecutive CAA Losses:	5 (2003)
Longest Unbeaten Streak:	22 (1 in 1976, 10 in 1977, 11 in 1978)
Goals in a Game:	28 (vs. Bridgewater, 1979)
Margin of Victory:	28-1 (vs. Bridgewater, 1979)
Margin of Defeat:	3-23 (vs. Penn State, 1984)
CAA Regular Season Margin of Victory:	15, three times (18-3, vs. GMU, 1994; 16-1, vs. American, 1995; 18-3, vs. Drexel, 2002)
CAA Regular Season Margin of Defeat:	10, two times (6-16, vs. Loyola, 1997; 5-15, vs. GMU, 2003)
CAA Championship Margin of Victory:	17-1, vs. GMU, 1994 (Qtrs)
CAA Championship Margin of Defeat:	3-18, vs. Loyola, 1993 (Semis)
Goals in a Season:	232 (1980, 19 games)
Highest Goal Average in a Season:	14.9 (1978, 14 games)
Assists in a Season:	105 (1980, 19 games)
Fewest Goals Allowed in a Season:	68 (1988, 13 games)
Lowest Goals Allowed Average in a Season:	5.23 (1988, 13 games)

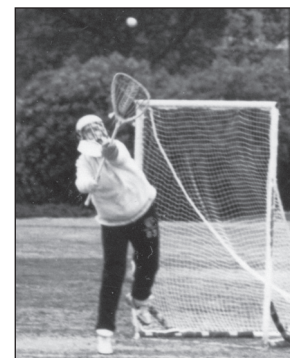
W&M Individuals Records

(First Kept in 1970)

Goals in a Game:	10	Pixie Hamilton vs. JMU, 1979
Goals in a Season:	64	Pixie Hamilton, 1978
Goals in a Career:	218	Pixie Hamilton (52 games, 1977-80)
Goals Average (Season):	5.1	Pixie Hamilton, 1979
Goals Average (Career):	4.2	Pixie Hamilton (1977-80)
Assists in a Game:	8	Lindsey Lowman vs. Davidson, 2001
Assists in a Season:	44	Lindsey Lowman, 2001
Assist Average (Season):	2.9	Lindsey Lowman, 2001
Total Points in a Season:	77	Pixie Hamilton & Claire Lowe, 1980
Saves in a Game:	32	Vikki Bovoso vs. Maryland, 1981
Saves in a Season:	208	Sarah Witkowski, 1993 (17 games)
Save Percentage (Season):	.649	Vikki Bovoso, 1982
Save Percentage (Career):	.619	Vikki Bovoso (1980-82)
Lowest GAA (Season):	5.20	Carlen Sellers, 1988
Lowest GAA (Career):	5.52	Carlen Sellers (1986-88)



Pixie Hamilton ('80) is the career points leader at W&M and holds multiple single-game records (listed above).



Carlen Sellers ('88) holds the W&M career record for goals against average.



William and Mary game-by-game results for every season since the College began sponsoring varsity lacrosse in 1970. Home and away designations were unavailable before 1980. W&M began competing in the CAA in the league's inaugural season of lacrosse in 1992, after the six charter members (W&M, JMU, AU, ODU, UR and LU) of the South Atlantic Conference (SAC) joined the CAA.

1970
Record: 6-1-1
Coach: Joy Archer
 Virginia Club W, 9-3
 Mary Washington W, 10-3
 Lynchburg W, 11-0
 Longwood W, 10-2
 Sweet Briar W, 11-1
 Madison L, 2-15
 Bridgewater T, 6-6
 Richmond W, 17-2

1971
Record: 3-3-2
Coach: Joy Archer
 Mary Washington L, 7-14
 Roanoke W, 10-5
 Richmond T, 6-6
 Madison L, 1-7
 Ursinus L, 1-27
 Lynchburg T, 7-7
 Sweet Briar W, 24-0
 Longwood W, 7-4

1972
Record: 3-2-1
Coach: Joy Archer
 Mary Washington T, 12-12
 Lynchburg W, 8-7
 Bridgewater L, 5-16
 Madison L, 6-12
 Longwood W, 15-5
 Richmond W, 15-6

1973
Record: 3-4
Coach: Joy Archer
 Longwood W, 12-2
 Bridgewater L, 7-9
 Mary Washington L, 10-13
 Lynchburg L, 4-10
 Richmond W, 12-8
 Madison L, 4-11
 Virginia Club W, 12-9

1974
Record: 3-4
Coach: Joy Archer
 Longwood W, 10-4
 Mary Washington L, 6-12
 Virginia Club L, 1-12
 Lynchburg W, 12-6
 Bridgewater L, 6-12
 Madison L, 5-14
 Richmond W, 12-2

1975
Record: 8-1-2
Coach: Joy Archer
 Richmond W, 19-8
 Mary Washington T, 10-10
 Longwood W, 9-7
 Piedmont Club L, 7-11
 Madison W, 8-5
 Virginia W, 14-1
 Rhode Island T, 8-8
 Hollins W*
 Shenandoah Club W*
 Lynchburg W*
 Bridgewater W, 9-5
 *Scores missing

1976
Record: 8-2
Coach: Joy Archer
 Richmond W, 19-1
 Virginia W, 10-7
 Brockport W, 10-2
 Harvard W, 10-2
 Lynchburg W, 11-2
 Mary Washington W, 13-4
 Longwood W, 16-3
 Piedmont Club L, 7-10
 Bridgewater L, 7-13
 Madison W, 9-7

1977
Record: 8-0-2
Coach: Joy Archer
 Lynchburg W, 26-1
 Longwood W, 17-4
 Richmond W, 15-7
 Harvard W, 12-6
 Brown W, 14-6
 Bridgewater W, 19-6
 James Madison T, 13-13
 Piedmont Club W, 13-7
 Virginia T, 6-6
 Mary Washington W, 15-4

1978
Record: 13-1-1
Coach: Joy Archer
 Princeton W, 14-8
 Mary Washington W, 12-4
 Dartmouth W, 15-8
 Hofstra W, 18-0
 Virginia W, 11-7
 Longwood W, 20-6
 Brown W, 16-4
 Bridgewater W, 18-3
 James Madison W, 12-8
 Richmond W, 18-1
 Maryland W, 12-9
 Piedmont Club L, 8-13
 Longwood¹ W, 27-3
 Virginia¹ W, 15-4
 Piedmont Club¹ T, 7-7
1-VWLA State Tournament at W&M

1979
VWLA State Champions
Record: 13-5
Postseason: AIAW Nationals, fifth
Coach: Joy Archer
 Mary Washington W, 8-4
 Yale L, 5-6

Dartmouth W, 10-0
 Piedmont Club L, 2-8
 Princeton L, 6-7
 Virginia W, 9-3
 Longwood W, 21-3
 Bridgewater W, 28-1
 Richmond W, 19-7
 Piedmont Club L, 4-8
 James Madison W, 22-13
 James Madison¹ W, 22-6
 Virginia¹ W, 15-4
 Piedmont Club¹ W, 8-7
 vs. Massachusetts² L, 8-12
 vs. Towson State² W, 13-4
 vs. Rutgers² W, 19-9
 vs. Maryland² W, 6-5
1-VWLA State Tournament at Hollins College; 2-USWLA Nationals at Penn State

1980
VWLA State Champions
Record: 12-6-1
Coach: Jean Stettler
 Mary Washington W, 20-1
 Longwood W, 24-3
 Dartmouth W, 13-3
 Bedford (England) L, 7-8
 Virginia W, 20-6
 Richmond W, 24-3
 Hollins W, 13-4
 Penn State T, 10-10
 Bridgewater W, 7-4
 Virginia Club L, 2-3
 James Madison W, 18-4
 Old Dominion¹ W, 20-6
 Virginia¹ W, 10-4
 Virginia Club L, 8-9
 vs. Maryland² L, 5-8
 vs. Pennsylvania² L, 6-8
 vs. Yale² W, 11-7
 vs. New Hampshire² W, 7-3
 at Princeton² L, 7-8
1-VWLA State Tournament at W&M; 2-USWLA Nationals at Princeton

1981
Record: 6-5
Coach: Jean Stettler
 Rutgers W, 16-4
 Mary Washington W, 13-2
 Virginia L, 6-11
 Richmond W, 14-6
 at James Madison L, 3-4
 Old Dominion W, 7-2
 at Penn State L, 13-17
 at West Chester W, 9-8
 at Maryland L, 4-22
 vs. Virginia¹ W, 10-8
 vs. James Madison¹ L, 8-9
1-VAIAW State Tournament at Lynchburg

1982
VAIAW State Champions
Record: 11-2
Postseason: AIAW Nationals, fifth
Coach: Feffie Barnhill
 vs. Harvard W, 11-7
 Old Dominion W, 11-4
 at Richmond W, 19-6

James Madison W, 11-8
 at Old Dominion W, 8-3
 Penn State L, 9-11
 at Virginia W, 13-8
 Maryland W, 8-4
 vs. James Madison¹ W, 11-6
 vs. Virginia¹ W, 14-6
 vs. Maryland² L, 3-7
 at West Chester² W, 13-5
 vs. Harvard² W, 6-5
1-VAIAW Tournament at Hollins; 2-AIAW Nationals at West Chester

1983
VIL State Champions
EIAIW Division I Champions
Record: 7-5-1
Postseason: NCAA First Round
Coach: Feffie Barnhill
 Princeton W, 8-7
 Richmond L, 6-10
 at James Madison W, 9-6
 Old Dominion W, 9-2
 at Penn State L, 11-14
 Virginia L, 10-11
 at Loyola T, 9-9
 vs. James Madison¹ W, 13-9
 at Virginia¹ W, 23-16
 at Maryland L, 9-14
 Northeastern² W, 17-8
 Dartmouth² W, 11-8
 Delaware³ L, 7-11
1-VIL Tournament at UVA; 2-EAIAW Championship; 3-NCAA Championship

1984
VIL State Champions
Record: 6-8
Coach: Feffie Barnhill
 Princeton W, 14-4
 Yale W, 14-7
 at Richmond W, 17-10
 James Madison L, 6-7
 at Old Dominion L, 5-9
 at Penn State L, 3-23
 at Towson State W, 14-9
 at Virginia L, 10-11
 Maryland L, 5-6
 Loyola L, 7-8
 Lehigh L, 9-11
 vs. James Madison¹ W, 9-6
 vs. Virginia¹ W, 5-3
 at Delaware L, 11-16
1-VIL Tournament at ODU

1985
Record: 6-7
Coach: Feffie Barnhill
 Drexel W, 18-5
 vs. Harvard L, 5-9
 Richmond W, 14-7
 Old Dominion W, 14-8
 Lynchburg W, 10-4
 Penn State L, 5-13
 Virginia L, 5-14
 at Maryland L, 6-16
 vs. Northwestern L, 6-12
 at Loyola L, 13-17
 at James Madison W, 10-9
 vs. Old Dominion¹ W, 9-5



at James Madison¹ L, 10-11
1-SAC Championship at JMU

1986

Record: 7-6

Coach: Feffie Barnhill

Northwestern L, 7-10
 Bucknell W, 21-3
 at Richmond W, 11-9
 at Old Dominion W, 11-4
 Lynchburg W, 16-5
 at Penn State L, 7-9
 at Towson State W, 17-5
 at Virginia L, 10-11
 Maryland W, 13-12
 Loyola L, 7-9
 James Madison L, 8-9
 Old Dominion¹ L, 5-6
 Richmond¹ W, 15-15
1-SAC Championship at W&M

1987

Record: 8-4

Coach: Feffie Barnhill

Richmond W, 17-4
 at Lynchburg W, 20-1
 Penn State W, 9-8
 Old Dominion W, 10-3
 Bucknell W, 18-5
 UMBC W, 10-3
 Virginia L, 9-10
 at Maryland L, 12-15
 at Loyola W, 10-9
 at James Madison L, 6-8
 vs. Old Dominion¹ L, 2-3
 vs. James Madison¹ W, 8-4
1-SAC Championship at UR

1988

SAC Champions

Record: 11-1

Postseason: NCAA First Round

Coach: Feffie Barnhill

Boston College W, 6-3
 Northwestern W, 10-5
 at Richmond W, 10-5
 at UMBC W, 11-3
 at Penn State L, 8-12
 at Old Dominion W, 9-6
 Loyola W, 10-2
 Virginia W, 5-3
 Maryland W, 7-6
 James Madison W, 8-4
 vs. Loyola¹ W, 8-7
 vs. James Madison¹ W, 6-5
 Harvard² L, 6-7
1-SAC Championship at UR; 2-NCAA Championship

1989

SAC, ECAC Champions

Record: 12-3

Coach: Feffie Barnhill

Ursinus W, 8-3
 at Temple L, 4-7
 Northwestern W, 10-5
 Richmond W, 11-6
 UMBC W, 14-1
 Old Dominion W, 12-3
 Penn State L, 5-8
 Virginia L, 9-10

at Maryland W, 9-8
 at Loyola W, 6-5
 at James Madison W, 6-5
 vs. Richmond¹ W, 11-3
 at Loyola¹ W, 12-5
 vs. New Hampshire² W, 5-4
 vs. Dartmouth² W, 9-6
1-SAC Championship at Loyola; 2-ECAC Championship

1990

Record: 7-5

Coach: Feffie Barnhill

Lafayette W, 7-5
 Northwestern W, 16-5
 Dartmouth W, 9-2
 at Richmond W, 6-4
 at Temple L, 7-13
 at Old Dominion W, 7-6
 at Penn State L, 5-9
 at Virginia W, 6-5
 Loyola L, 9-10
 at James Madison¹ W, 12-5
 vs. Loyola¹ L, 3-6
 Maryland L, 7-8
1-SAC Championship at JMU

1991

SAC Champions

Record: 10-4

Coach: Feffie Barnhill

at Rutgers W, 12-0
 at Lafayette W, 13-6
 Richmond W, 8-3
 at Temple W, 7-6
 Northwestern W, 21-7
 Old Dominion W, 15-6
 Penn State L, 6-9
 UMBC W, 13-5
 Virginia L, 6-7
 at Loyola L, 8-11
 James Madison W, 8-5
 Richmond¹ W, 12-2
 James Madison¹ W, 7-6
 at Maryland L, 8-9
1-SAC Championship at W&M

1992

CAA Champions

Record: 10-4, 4-1 CAA (2nd)

Coach: Feffie Barnhill

Lafayette W, 10-8
 at Richmond* W, 7-2
 American* W, 14-0
 Dartmouth W, 8-7
 at Old Dominion* W, 12-2
 at Penn State L, 6-7
 at Virginia L, 4-10
 Loyola* L, 7-9
 at James Madison* W, 8-6
 at Delaware W, 13-9
 at Villanova W, 14-4
 vs. James Madison¹ W, 9-5
 vs. Loyola¹ W, 7-5
 Maryland L, 6-9
**CAA Games; 1-CAA at ODU*

1993

Record: 11-6, 3-2 CAA (3rd)

Coach: Feffie Barnhill

at Penn W, 14-8

Princeton L, 4-9
 Richmond* W, 5-4
 Towson State W, 12-7
 at Old Dominion* L, 6-7
 Penn State W, 11-8
 Virginia L, 6-12
 at Loyola* L, 7-10
 at American* W, 12-3
 James Madison* W, 7-6
 at Lafayette W, 5-3
 at Drexel W, 9-2
 at Richmond¹ W, 9-6
 vs. Loyola¹ L, 3-18
 at Maryland L, 5-16
 Delaware* W, 16-9
 UMBC W, 15-10
**CAA Games; 1-CAA Championship at UR*

1994

Record: 11-6, 6-1 CAA (2nd)

Postseason: NCAA First Round

Coach: Feffie Barnhill

Lafayette W, 11-8
 at Richmond* W, 6-5
 Dartmouth W, 8-6
 at Penn State L, 7-11
 at Virginia L, 6-12
 American* W, 14-2
 Loyola* L, 6-7
 at James Madison* W, 6-4
 George Mason* W, 18-3
 Delaware* W, 9-3
 Old Dominion* W, 12-2
 vs. George Mason¹ W, 17-1
 vs. Old Dominion¹ W, 8-6
 at Loyola¹ L, 7-8
 Maryland L, 3-14
 UMBC W, 10-4
 at Virginia² L, 4-8
**CAA Games; 1-CAA Championship at Loyola; 2-NCAA Championship*

1995

Record: 12-4, 6-1 CAA (Tie-1st)

Coach: Feffie Barnhill

at St. Joseph's W, 18-4
 at Lafayette W, 10-2
 Richmond W, 12-3
 Shippensburg W, 15-5
 Penn State L, 4-5
 Virginia W, 7-4
 at Loyola* W, 9-8
 at American* W, 16-1
 James Madison* L, 5-6
 at George Mason* W, 16-4
 at Delaware* W, 11-10
 at Old Dominion* W, 13-10
 UMBC W, 5-3
 vs. George Mason¹ W, 16-3
 vs. Old Dominion¹ L, 3-6
 at Maryland L, 6-16
**CAA Games; 1-CAA Championship at American*

1996

Record: 10-7, 5-1 CAA (2nd)

Postseason: NCAA First Round

Coach: Feffie Barnhill

at UMBC W, 9-2
 at Georgetown L, 5-8

at Penn State L, 5-9
 at Virginia L, 3-4
 Loyola* L, 7-8
 at James Madison* W, 5-4
 at Duke W, 14-9
 at North Carolina W, 7-6
 Old Dominion* W, 9-4
 George Mason* W, 8-3
 American* W, 15-2
 at Richmond* W, 12-10
 at American¹ W, 14-3
 vs. Old Dominion¹ W, 16-10
 vs. Loyola¹ L, 5-13
 Maryland L, 5-13
 at Virginia² L, 6-8
**CAA Games; 1-CAA Championship at American; 2-NCAA Championship*

1997

Record: 10-6, 5-1 CAA (2nd)

Postseason: NCAA First Round

Coach: Feffie Barnhill

Georgetown W, 6-3
 Penn State W, 9-8
 Shippensburg W, 15-0
 Virginia L, 6-7
 at Loyola* L, 6-16
 at James Madison* W, 8-7
 North Carolina L, 5-8
 Duke W, 9-8
 at Old Dominion* W, 11-0
 at George Mason* W, 10-4
 at American* W, 13-2
 Richmond* W, 11-2
 Richmond¹ W, 10-4
 James Madison¹ L, 8-9
 at Maryland L, 9-10
 at Loyola² L, 2-11
**CAA Games; 1-CAA Championship at W&M; 2-NCAA Championship*

1998

Record: 8-8, 4-2 CAA (3rd)

Postseason: NCAA First Round

Coach: Feffie Barnhill

Princeton L, 5-7
 at Penn State W, 8-6
 at Georgetown L, 7-12
 at Virginia L, 8-11
 Loyola* L, 3-8
 James Madison* L, 10-12
 at North Carolina W, 11-7
 at Duke W, 6-5
 Old Dominion* W, 9-6
 George Mason* W, 12-7
 American* W, 12-8
 at Richmond* W, 14-7
 at Richmond¹ W, 11-4
 vs. James Madison¹ L, 13-14
 Maryland L, 7-16
 at James Madison² L, 9-15
**CAA Games; 1-CAA Championship at UR; 2-NCAA Championship*



Year-by-Year Results / All-Time Opponent Series Records

1999	
Record: 6-9, 3-3 CAA (Tie-3rd)	
Coach: Kim Lannon	
Colgate	W, 12-8
Penn State	L, 10-11
Georgetown	L, 5-6
Virginia	L, 4-10
at Loyola*	L, 7-10
at James Madison*	L, 14-16
North Carolina	W, 7-5
Duke	L, 8-11
at Old Dominion*	W, 10-5
at American*	W, 14-5
at George Mason*	L, 6-7
Richmond*	W, 18-10
at Richmond ¹	W, 14-6
vs. Loyola ¹	L, 10-12
Maryland	L, 4-14
<i>*CAA Games; 1-CAA Championship at UR</i>	
2000	
Record: 6-9, 3-3 CAA (4th)	
Coach: Tara Brown	
vs. Davidson [^]	W, 14-8
George Mason*	L, 6-13
at Georgetown	L, 3-12
at Penn State	L, 12-13
at Virginia	L, 3-15
Loyola	L, 9-13
James Madison*	L, 7-16
Duke	L, 9-18
Old Dominion*	W, 13-12
at American*	W, 18-7
at Richmond*	W, 12-4
vs. Old Dominion ¹	W, 10-9
vs. James Madison ¹	L, 8-14
Maryland	L, 5-13
UMBC	W, 21-11
<i>*CAA Games; 1-CAA Championship at UR</i>	
2001	
Record: 9-7, 5-1 CAA (2nd)	
Postseason: NCAA First Round	
Coach: Tara Brown	
Virginia	W, 13-10
at Penn	W, 9-8
at Johns Hopkins	W, 11-8
Georgetown	L, 7-9
at Loyola*	L, 7-14
at James Madison*	W, 11-10
at Duke	L, 3-16
at Old Dominion*	W, 12-8
American*	W, 15-2
at Maryland	L, 5-17
at George Mason*	W, 12-10
Richmond*	W, 16-3
vs. James Madison ¹	L, 4-5
Davidson	W, 17-7
at Loyola ²	L, 7-15
Totals	9-7, 5-1 CAA
<i>*CAA Games; 1-CAA Championship at UR; 2-NCAA Championship</i>	
2002	
Record: 6-11, 4-4 CAA (Tie-4th)	
Coach: Tara Brown	
at Virginia	L, 13-19
Connecticut	W, 13-12
Johns Hopkins	L, 9-11

Duke	L, 7-11
at Penn State	L, 8-10
James Madison*	W, 10-6
Loyola*	L, 8-12
at Towson*	L, 7-8
Delaware*	W, 8-6
Old Dominion*	L, 6-12
at Hofstra*	L, 9-15
at Drexel*	W, 18-3
Maryland	L, 11-21
George Mason*	W, 17-12
at Georgetown	L, 12-21
vs. George Mason ¹	L, 7-8
Virginia Tech	W, 16-12
<i>*CAA Games; 1-CAA Championship at Richmond, VA</i>	
2003	
Record: 3-13, 2-5 CAA (6th)	
Coach: Tara Brown	
Virginia	L, 6-21
Georgetown	L, 13-15
at Johns Hopkins	L, 7-12
at Duke	L, 5-14
Penn State	L, 7-13
at James Madison*	L, 9-12
Davidson	W, 14-3
at Old Dominion*	L, 12-15
at George Mason*	L, 5-15
Richmond	L, 14-17
at Hofstra*	L, 7-14
at Maryland	L, 6-21
Delaware*	L, 13-17
Drexel*	W, 18-8
at Loyola	L, 2-12
at Towson*	W, 18-10
<i>*CAA Games</i>	
2004	
Record: 10-8, 4-3 CAA (Tie-3rd)	
Coach: Tara Brown	
California	W, 12-7
George Washington	W, 13-9
at Richmond	L, 10-11 (OT)
at Penn State	W, 12-11 (OT)
at Georgetown	L, 3-18
at UMBC	W, 17-6
at Virginia	L, 8-16
Loyola	L, 8-12
at James Madison*	L, 8-11
George Mason*	W, 10-6
at Drexel*	W, 13-9
at Hofstra*	W, 9-8
Towson*	L, 11-12
Delaware*	W, 18-10
Old Dominion*	L, 12-13
at Davidson	W, 19-9
vs. Towson!	W, 14-12
at James Madison!	L, 12-13 (OT)
<i>*CAA Games; 1-CAA Championship at JMU</i>	
Notes - In 1983, Madison College became James Madison University. Delaware was an adjunct member of the CAA for lacrosse from 1993-95, before joining the league as a full-time member in 2002. Club teams are included in year-by-year results, but not all-time series records.	

All-Time Series Records			
Opponent	Record	First	Last
American	11-0-0	1992	2001
Bedford (England)	0-1-0	1980	1980
Boston College	1-0-0	1988	1988
Bridgewater	5-4-1	1970	1980
Brockport	1-0-0	1976	1976
Brown	2-0-0	1977	1978
Bucknell	2-0-0	1986	1987
California	1-0-0	2004	2004
Colgate	1-0-0	1999	1999
Connecticut	1-0-0	2002	2002
Dartmouth	8-0-0	1978	1994
Davidson	4-0-0	2000	2004
Delaware	6-3-0	1983	2004
Drexel	5-0-0	1985	2004
Duke	3-5-0	1996	2003
George Mason	10-4-0	1994	2004
Georgetown	1-8-0	1996	2004
George Washington	1-0-0	2004	2004
Harvard	4-2-0	1976	1988
Hofstra	2-2-0	1978	2004
Hollins	2-0-0	1975	1980
James Madison	27-23-1	1970	2004
Johns Hopkins	1-2-0	2001	2003
Lafayette	6-0-0	1990	1995
Lehigh	0-1-0	1984	1984
Longwood	12-0-0	1970	1980
Loyola	7-24-1	1983	2004
Lynchburg	9-1-1	1970	1987
Maryland	6-21-0	1978	2003
UMBC	10-0-0	1987	2004
Mary Washington	7-3-2	1970	1981
Massachusetts	0-1-0	1979	1979
New Hampshire	2-0-0	1980	1989
North Carolina	3-1-0	1996	1999
Northeastern	1-0-0	1983	1983
Northwestern	4-2-0	1985	1991
Old Dominion	25-8-0	1980	2004
Penn	2-1-0	1980	2001
Penn State	5-18-1	1980	2004
Princeton	3-4-0	1978	1998
Rhode Island	0-0-1	1975	1975
Richmond	37-3-1	1970	2004
Roanoke	1-0-0	1971	1971
Rutgers	3-0-0	1979	1991
Shippensburg	2-0-0	1995	1997
St. Joseph's	1-0-0	1995	1995
Sweet Briar	2-0-0	1970	1971
Temple	1-2-0	1989	1991
Towson	6-2-0	1979	2004
Ursinus	1-1-0	1971	1989
Villanova	1-0-0	1992	1992
Virginia	17-21-1	1975	2004
Virginia Tech	1-0-0	2002	2002
West Chester	2-0-0	1981	1982
Yale	2-1-0	1979	1984
2005 Opponents in Bold			



Career Points

Rank	Name	Years	Games	Goals	Assists*	Points
1.	Pixie Hamilton	1977-80	52	218	24	242
2.	Danielle Gallagher	1986-89	49	112	65	177
3.	Dani Vissers	1996-99	64	114	38	152
4.	Betsy Frick	1978-81	63	118	28	146
5.	Lisa Miller	1984-87	52	118	27	145
6.	Lindsey Lowman	1998-2001	42	71	70	141
	Julie Duff	1981-84	51	110	31	141
8.	Tara Hannaford	1998-2001	61	116	23	139
9.	Morgan Watkins	2002-	51	90	47	137
10.	Claire Lowrie	1977-80	62	113	14	127



Lisa Miller ('87) ranks sixth on the W&M career points list.

* Assist records include only 1980 to present; Active players in bold

Goals

W&M CAREER GOAL SCORING LEADERS

Rank	Name	Years	Games	Goals
1.	Pixie Hamilton	1977-80	52	218
2.	Ginny Ramsey	1975-78	41	125
3.	Betsy Frick	1978-81	63	118
	Lisa Miller	1984-87	52	118
5.	Tara Hannaford	1998-01	61	116
6.	Dani Vissers	1996-99	64	114
7.	Claire Lowrie	1977-80	62	113
8.	Danielle Gallagher	1986-89	49	112
9.	Julie Duff	1981-84	51	110
10.	Lydia Donley	1989-92	55	108

W&M SEASON GOAL SCORING LEADERS

Rank	Name	Year	Games	Goals
1.	Pixie Hamilton	1978	15	64
2.	Claire Lowrie	1980	19	63
3.	Pixie Hamilton	1979	11	56
4.	Pixie Hamilton	1980	16	53
5.	Pixie Hamilton	1977	10	45
6.	Tara Hannaford	2000	15	43
	Whitney Thayer	1983	13	43
8.	Tara Hannaford	2001	16	42
	Dani Vissers	1999	15	42
10.	Lauren Work	2003	16	40

Assists

W&M CAREER ASSISTS LEADERS

Rank	Name	Years	Games	Assists
1.	Lindsey Lowman	1998-01	42	70
2.	Danielle Gallagher	1986-89	49	65
3.	Amy Pugno	1998-00	45	50
4.	Mandy Longstreth	1994-97	66	48
5.	Morgan Watkins	2002-	51	47
6.	Cheryl Boehringer	1988-91	48	41
7.	Dani Vissers	1996-99	64	38
	Jessica Austin	1990-93	51	38
9.	Whitney Thayer	1982-83	27	36
10.	Joanna Lignelli	1991-94	48	34
	Julie McGravey	1991-94	54	34
	Kim Lannon	1990-93	53	34

W&M SEASON ASSISTS LEADERS

Rank	Name	Year	Games	Assists
1.	Lindsey Lowman	2001	16	44
2.	Amy Pugno	1999	15	26
3.	Danielle Gallagher	1987	12	24
	Pixie Hamilton	1980	16	24
	Debbie Reed	1980	18	24
6.	Joanna Lignelli	1994	17	23
7.	Lindsey Lowman	2000	15	22
	Betsy Frick	1980	19	22
9.	Whitney Thayer	1982	14	21
10.	Morgan Watkins	2004	18	20

Assist records include only 1980 to present

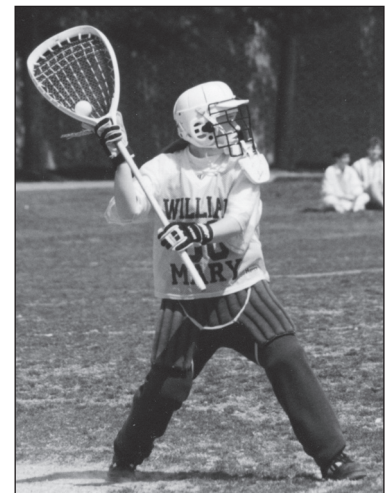
Goalkeeping Records*

Career Goals Against Average

Rank	Name	Years	Games	Goals Allowed	Saves	Save%	GAA
1.	Carlen Sellers	1986-89	51	280	385	.579	5.49
2.	Kelly Berner	1989-92	39	230	322	.583	5.90
3.	Cindy Heldt	1977	10	60	62	.508	6.00
4.	Lisa Dixon	1994-97	42	224	318	.587	6.33
5.	Vikki Bovoso	1980-82	43	275	448	.620	6.40
6.	Sarah Witkowski	1992-95	55	334	536	.616	6.55
7.	Mary Danz	1983-84	15	112	103	.479	7.47
8.	Sue Scott	1985-86	18	159	111	.411	8.83
9.	Lydia Calnan	1983	12	108	81	.429	9.00
10.	Jacque Orsi	1997-00	47	427	484	.531	9.77

Season Save Percentage

Rank	Name	Year	Games	Goals Allowed	GAA	Saves	Save%
1.	Vikki Bovoso	1982	13	80	6.15	148	.649
2.	Sarah Witkowski	1994	17	101	6.47	172	.630
3.	Vikki Bovoso	1980	19	102	5.37	169	.624
4.	Lisa Dixon	1997	16	97	6.35	153	.612
	Sarah Witkowski	1995	16	88	6.46	139	.612
6.	Kelly Berner	1991	14	82	5.86	258	.602
7.	Sarah Witkowski	1993	17	138	8.26	208	.601
8.	Carlen Sellers	1989	15	79	5.27	118	.599
9.	Carlen Sellers	1988	12	61	5.08	87	.588
10.	Kelly Berner	1990	12	72	6.00	102	.586



Sarah Witkowski ('95), the 1995 CAA Player of the Year, ranks sixth on the W&M career goals against average chart and owns three of the top 10 save percentage seasons.

*Note - Goalie records include only 1977 and 1980 to present (at least 10 games played)



All-America or National Team

- 1977 Ginny Ramsey
(US team to England)
- 1978 Pixie Hamilton
(US Reserve Squad)
- 1979 Pixie Hamilton
(US team to England)
- 1981 Julie Duff (US Squad)
- 1982 Whitney Thayer (1st)
Dana Hooper (1st)
Basia Deren (US Reserve)
Julie Duff (US Squad)
Lisa Fuccella (US Squad)
- 1983 Dana Hooper (1st)
Basia Deren (1st)
Julie Duff (US Squad)
Whitney Thayer (2nd)
Lisa Fuccella (US Squad)
- 1984 Julie Duff (1st & US Reserve)
Chris Paradis (2nd & US Reserve)
Mary Pat Kurtz (2nd & US Reserve)
- 1985 Mary Pat Kurtz (1st & US Squad)
Chris Paradis (US Squad)
- 1986 Mary Pat Kurtz (1st & US Squad)
W&M Athlete of the Year
Lisa Miller (HM)
Chris Paradis (US Squad)
Julie Duff (US Squad,
US World Cup Team)
- 1987 Lisa Miller (1st & US Squad)
W&M Athlete of the Year
Sue Shafritz (1st)
Mary Pat Kurtz Stone
(US Squad, U23 Touring Team)
Chris Paradis (US Squad)
- 1988 Sue Shafritz (1st)
Danielle Gallagher (1st, US Squad)
Margie Vaughan (1st)
Lisa Miller (US Squad)
Chris Paradis (US Squad)
- 1989 Danielle Gallagher (1st,
US Reserve and World Cup)
Margie Vaughan (1st & US Squad)



Mary Pat Kurtz ('86) was a three-time All-American and the W&M Athlete of the Year in 1986.

- Linda Tait (US Squad)
Chris Paradis (US Squad)
Lisa Miller (World Cup Team)
- 1990 Linda Tait (1st, US Squad)
Lydia Donley (2nd)
Danielle Gallagher (US Reserve,
US Touring Team to Canada)
Chris Paradis (US Squad)
- 1991 Cheryl Boehringer (1st)
Danielle Gallagher (US Reserve)
Sally Ihrig (1st)
Karin Brower (HM,
US team vs. England)
- 1992 Karin Brower (1st)
Lydia Donley (2nd)
Chris Paradis (US Squad)
- 1993 Erin Woodfield (1st)
Julie McGravey (2nd)
Chris Paradis (World Cup Team)
Danielle Gallagher
(World Cup Team)
Karin Brower (US Squad)
- 1994 Erin Woodfield (1st)
Amy Giello (3rd, US Squad)
Sarah Witkowski (HM)
Karin Brower (US Squad)

- 1995 Karin Brower (US Squad)
Amy Giello (2nd, US Squad)
Sarah Witkowski (3rd)
Amy Umbach (3rd)
- 1996 Danielle Gallagher
(US Touring Team)
Amy Giello (1st, US Squad)
Jeanne Lekin (3rd)
Mandy Longstreth (3rd)
- 1997 Lisa Dixon (1st)
National GK of Year
Mandy Longstreth (1st)
Jeanne Lekin (2nd)
Danielle Gallagher
(World Cup Team)
- 1998 Lindsay Rademaker (1st)
Jeanne Lekin (2nd)
- 1999 Kim Fabel (3rd)
Danielle Gallagher
(World Cup Team)
- 2001 Lindsey Lowman (1st)
Tara Hannaford (3rd)
Kim Fabel (3rd)
- 2002 Danielle Gallagher
(World Cup Team)
- 2003 Danielle Gallagher
(US Elite Squad)



Lindsay Rademaker ('98) was a First Team All-American and CAA Player of the Year as a senior.

W&M's All-Time All-CAA Selections

- | | | |
|---|--|--|
| <ul style="list-style-type: none"> 1992 Karin Brower (1st Team)
CAA Co-Player of Year
Lydia Donley (1st)
CAA Tourney MVP
Kelly Berner (2nd) 1993 Erin Woodfield (1st)
Julie McGravey (1st)
Kim Orie (1st)
Hylah Boyd (2nd) 1994 Erin Woodfield (1st)
Hylah Boyd (2nd)
Amy Giello (2nd)
Amy Umbach (2nd)
Sarah Witkowski (2nd) 1995 Sarah Witkowski (1st)
CAA Player of the Year
Amy Giello (1st)
Amy Umbach (1st)
Dina Pascarelli (2nd)
Holly Ventura (2nd)
Ronya Walker (2nd) | <ul style="list-style-type: none"> 1996 Amy Giello (1st)
Lisa Dixon (2nd)
Jeanne Lekin (2nd)
Mandy Longstreth (2nd) 1997 Mandy Longstreth (1st)
Jeanne Lekin (1st)
Dani Vissers (2nd)
Lisa Dixon (2nd)
Lindsay Rademaker (2nd)
Gretchen Bourland (2nd) 1998 Lindsay Rademaker (1st)
CAA Player of the Year
Jeanne Lekin (1st)
Trish Griffith (2nd)
Dani Vissers (2nd) 1999 Stuart Cawthorn (1st)
Mary Beth Noel (1st)
Dani Vissers (1st)
Kim Fabel (2nd)
Meghan Schneider (2nd)
CAA Rookie of the Year | <ul style="list-style-type: none"> 2000 Tara Hannaford (1st)
Amy Pugno (1st)
Jacque Orsi (2nd)
Lindsay Sukay (2nd)
Eganne Wolfington (2nd)
Kim Fabel (1st)
Defensive Player of the Year
Lindsay Lowman (1st)
Tara Hannaford (1st)
Colette Chaput (2nd)
Meghan Schneider (2nd)
Lauren Nelson (2nd)
Allison Evans (2nd)
Lauren Work (1st)
Allison Evans (2nd)
Morgan Watkins (2nd)
Nicole Lewis (2nd) 2001 2002 2003 2004 Morgan Watkins (1st)
Colleen Dalon (2nd)
Morgan Lang (2nd) |
|---|--|--|



Dani Vissers ('99) was a three-time All-CAA selection 1997-99.



"Exercise and recreation ...are as necessary as reading;
I will say rather more necessary, because health is worth more than learning.
A strong body makes the mind strong."
—Thomas Jefferson, W&M Class of 1762

Few colleges in America can boast of the combination of athletic and academic excellence that is found at the College of William and Mary. Each year, more than 500 Tribe student-athletes, competing on 23 Division I teams, prove that it is possible to simultaneously excel at the highest levels of athletics and academics.

Athletic Excellence

The 2003-04 season was one of the best in W&M history, as the Tribe captured six CAA titles to push its total to a dominant 76, 26 more than the next closest competitor. Seven teams competed in their respective NCAA Tournaments, highlighted by Ramon Jackson's national championship on the parallel bars. It has become typical for W&M to win at least five conference championships and send seven or more teams to the NCAA Tournament each season.

Each year the goal of the athletics department is to finish in the top-100 nationally in the NACDA Directors' Cup standings and in recent years W&M has far exceeded that standard. Punctuating this run is the College's 58th-place ranking for the 2002-03 campaign, marking the eighth time in the last 10 years that the Tribe finished in the top-four in Virginia and first or second in the Colonial Athletic Association.

William and Mary fields Division I teams for both men and women in basketball, cross country, golf, gymnastics, soccer, swimming and diving, tennis, and indoor and outdoor track and field. There are also field hockey, lacrosse and volleyball squads for women of the College, while there are two additional sports (baseball and football) for men.

Academic Success

The Tribe's athletic accomplishments do not come at the expense of its students' academic responsibilities. 83% of all athletes earn a degree while a formidable 36 athletes have been selected Academic All-America since 1992.

In 2002-03 the CAA began a Scholar-Athlete of the Year award for each of the league's 21 sports. Not surprisingly, W&M set the pace with five athletes winning the honor, more than any other school. The College continued to set the standard in 2003-04 with another five athletes claiming the honor: Ali Henderson (women's cross country), Adam Otstot (men's cross country), Adam Hess (men's basketball), Chris Parsons (men's track and field) and Ann Schnell (women's golf).



**William and Mary -
A College of Champions**

NCAA Championships (2)
Men's Tennis (2) 1947, 1948

CAA Championships (78)
Baseball (1) 2001

Men's Cross Country (12) 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003, 2004

Women's Cross Country (12) 1987, 1988, 1990, 1991, 1992, 1993, 1994, 1996, 1997, 1998, 2003, 2004

Men's Golf (1) 1985

Women's Lacrosse (1) 1992

Men's Soccer (6) 1983, 1987, 1995, 1996, 1999, 2000

Women's Soccer (9) 1993, 1994, 1996, 1997, 1998, 1999, 2000, 2001, 2003

Men's Tennis (2) 1988, 1990

Women's Tennis (17) 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002, 2004

Men's Track and Field (4) 1992, 1993, 2003, 2004

Women's Track and Field (5) 1999, 2001, 2002, 2003, 2004

Volleyball (8) 1985, 1986, 1987, 1988, 1989, 1990, 1991, 2001

Atlantic 10 Football Championships (3)
1996, 2001, 2004

ECAC Championships (6)

Men's Gymnastics (2) 1992, 1994

Women's Gymnastics (4) 1999, 2001, 2002, 2003

Southern Conference Championships (48)

Men's Cross Country (15) 1955, 1956, 1957, 1963, 1964, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Football (4) 1942, 1947, 1966, 1970

Men's Soccer (1) 1976

Men's Indoor Track and Field (11) 1957, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

Men's Outdoor Track and Field (12) 1957, 1958, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975

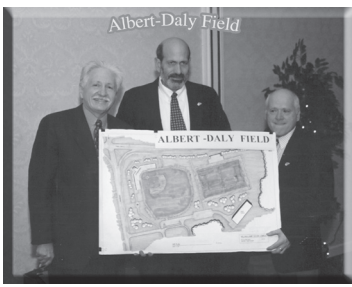
Wrestling (5) 1968, 1969, 1970, 1971, 1977



The College of William and Mary and its student-athletes take a great deal of pride in the quality of its athletic facilities. Over the last several years, the College has bolstered its lineup of venues to match the success that the Tribe has shown in the athletic arena, which has been unmatched in the Colonial Athletic Association. William and Mary boasts some of the finest athletic arenas in the nation, from its newest venue, Albert-Daly Field, to the oldest, Walter J. Zable Stadium at Cary Field, a campus landmark since 1935. The College is committed to providing the student-athlete the most enjoyable and rewarding atmosphere possible.



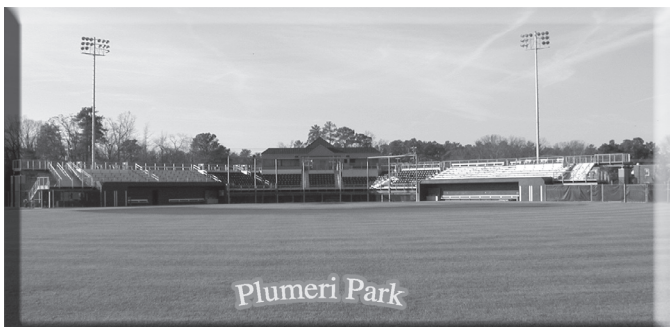
- Home of the Tribe's field hockey team
- Made possible by a generous grant from the Anheuser-Busch Corporation
- Playing surface is a unique combination of a poured pad with an AstroTurf playing surface
- Seats over 2,200
- State-of-the-art computerized lighting system and an elevated press box



- New home of the Tribe men's and women's soccer and lacrosse teams, which opened in the fall of 2004.
- Made possible by a generous grant from Mr. and Mrs. Jim Ukrop
- Natural grass playing surface
- Named after longtime Tribe soccer coaches Al Albert and John Daly



- Home of the Tribe's tennis teams
- Six indoor courts
- Houses the ITA Women's Tennis Hall of Fame
- Mezzanine and Stadium seating areas
- Built with a gift from W&M graduate Mark McCormack and his wife Betsy Nagelsen
- State-of-the-art lighting system and scoreboard

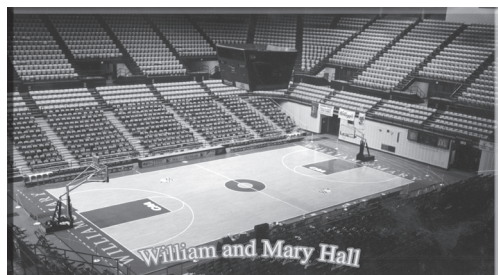


- Home of Tribe baseball-made possible by a generous grant from Joe Plumeri
- Seating for over 1,000
- Indoor and outdoor batting cages
- Lighting for night games
- Locker room, box seats and concessions



- Home of the Tribe's tennis teams for the outdoor season
- One of the College's newest venues, completed in September, 2001
- Eight individual hard court surfaces
- Features California Corners, a unique design that includes quarter fences that run along the sidelines to allow uninterrupted play
- Stadium seating for approximately 500
- State-of-the-art lighting system to accommodate night matches

- Home of the Tribe's football and track and field teams
- Campus landmark since 1935
- Seating for more than 13,000
- Eight-lane 400 meter track surrounds the field and is home to the prestigious Colonial Relays
- Joseph Montgomery football practice facility is located adjacent to the stadium



- Home of the Tribe's basketball, gymnastics and volleyball teams
- Seats over 8,500
- Three-level building includes 12 locker room areas, a spacious training room, 5,000 square foot weight room and a gymnastics training center
- The concourse and lower levels house administrative and coaching staff offices



Tribe

Goals

We take pride in the many achievements of William and Mary athletes, both in the classroom and on the playing field. These support services and many others are in place to help each student-athlete achieve their goals. It is our hope that at the completion of their undergraduate career they can reflect upon:

1. An academic experience that prepared them for a successful career.
2. An athletic challenge that brought many rewards.
3. A feeling of loyalty and pride in identifying themselves as a varsity athlete with a degree from The College of William and Mary.

Compliance and Academic Support

As members of the Colonial Athletic Association and NCAA Division I, the College is committed to full compliance with all NCAA and conference regulations. The department has a fulltime Director of Compliance committed to assisting students, staff and coaches through education and monitoring of compliance issues.

All entering students are assigned to a faculty academic advisor assigned by the director of Academic Advising. Students remain with this advisor until their sophomore year at which time they select a faculty advisor in their chosen major.

Within the athletic department, the Academic Support Coordinator is a valuable resource for student-athletes serving in a liaison role with the various student service offices throughout the campus community. The College has offices for Volunteer Services, Career Services, a Writing Resource Center and Oral Communication Studio, to name a few.

The department offers a variety of study, life and career building skills programs, but holds firm to the concept of self-determination—each student must take responsibility for his or her collegiate experience. Our goal is to assure that there is a support system in place to assist students to make positive and informed decisions.

Strength, Speed and Conditioning

Tribe athletics is very proud of the Joseph W. Montgomery Strength Training Center, a 5,000 square foot weight training facility. Under the guidance of the Head and Assistant Strength Coach each sport is provided with a program designed to enhance individual strength and flexibility development specific to the skills and movements required for their sport. Individuals are educated on proper lifting techniques and workouts are monitored to assure safety at all times.

Sports Psychology

The athletic department has on staff a sports psychologist, who holds a Ph.D. in sports psychology. All consultations are confidential and all student-athletes, teams or coaches are welcome regardless of the issues they wish to discuss. Consultation is available for sport psychology education, performance enhancement skills training, strategies for dealing

with stress or injury, or for personal issues that may affect performance. The sports psychology consultant is considered a member of the Counseling Center and refers individuals to the Center when appropriate.



Sports Medicine

The Division of Sports Medicine provides a comprehensive health care program for the department of intercollegiate athletics. The staff consists of a team physician, seven full time certified athletic trainers, two graduate assistant athletic trainers and medical specialists from the local community. The team physician has overall responsibility for supervision of the sports medicine program. Tribe athletes have the luxury of rehabilitating and treating injuries in a state-of-the-art athletic training facility.

The priority for the athletic training staff is to enhance and assure lines of communication and cooperation among its staff, student-athletes, parents, coaches, the Student Health Center and involved medical specialists. Through a team approach to health care the sports medicine program can offer comprehensive health care services to the student-athletes in a caring and cooperative manner.





The College of William and Mary - The Best Small Public University in the United States

For more than 300 years, William and Mary has been a symbol of academic distinction in America. Now, in its fourth century, the College is prepared to educate the leaders of the 21st century.

The College of William and Mary was founded in 1693 by King William III and Queen Mary II of England. Four Presidents of the United States received their education at the College - George Washington, Thomas Jefferson, James Monroe and John Tyler. The current chancellor of the College is former Secretary of State Henry Kissinger, and he took over the post from former British Prime Minister Margaret Thatcher.

William and Mary was the first college to institute an honor code of conduct. The premier academic society, Phi Beta Kappa, was founded by William and Mary students in 1776. The Society of the Alumni, founded in 1842, is the sixth oldest alumni group in the nation. Now the College is designated as a "Public Ivy," and ranks 15th among the best regional business schools.



The Wren Building is the oldest one in the United States in which classes are still taught.



Lake Matoaka provides an on-campus field laboratory and recreational activities, and includes an amphitheatre to host concerts.

Did You Know?

- W&M is the best small public university in the nation, according to an analysis by U.S. News and World Report.
- W&M ranked sixth among all public universities in the analysis.
- W&M ranked 30th overall among the nation's best universities.
- The average freshman retention rate is 96 percent.
- The College's student/faculty ratio is 12/1.
- Over 46 percent of the classes at W&M have less than 20 students.
- The maximum enrollment for freshman seminars is 17 students.
- W&M ranked 17th in graduation rates for national universities.
- Over 20,000 internships are posted on the school's web site.
- 10,400 high school students applied for 1,300 spots in the freshman class for the 2003-04 school year.
- More W&M graduates go on to earn doctorates than any other university in the state of Virginia.
- Over 83 percent of freshmen at W&M were in the top 10 percent of their high school graduating class.

In addition to the historic Williamsburg setting of the College, there are many other attractions offered within a reasonable driving distance from campus. W&M is located within three hours of Washington, D.C. Whether you like surfing at Virginia Beach (one hour away) or skiing at Massanutten (less than three hours away), there is something for everyone in the W&M vicinity.

Amusement Parks

- Busch Gardens (Williamsburg, 10 min.)
- Water Country (Williamsburg, 10 min.)
- Kings Dominion (Ashland, 45 min.)
- Ocean Breeze (Virginia Beach, 60 min.)

Sports/Concerts

- Norfolk Scope (Norfolk, 45 min.)
- Chrysler Hall (Norfolk, 45 min.)
- Harbor Park (Norfolk, 45 min.)
- Verizon Wireless Amphitheatre (Virginia Beach, 60 min.)
- Hampton Coliseum (Hampton, 30 min.)
- Richmond Coliseum (Richmond, 45 min.)
- Richmond International Raceway (Richmond, 45 min.)
- The Diamond (Richmond, 45 min.)

You can watch the sunrise at Virginia Beach (below) or watch your life pass before your eyes on one of the thrilling roller coasters at Busch Gardens (right).





GO TRIBE

W&M LEADS the WAY

William & Mary leads the way with 76 conference championships, 26 more than the next closest school. In addition, they are among the nation's leaders in academics, graduating 85% of their student-athletes.



WILLIAM & MARY
HALL



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