

NUMERICAL

No.	Name	Pos.	Yr.	Ht.	Hometown/High School
1	Abbi Owens	OH	Jr.	5-10	St. Louis, Mo./Visitation Academy
3	Lindsey Pflugner	OPP/OH	So.	5-11	Sarasota, Fla./Riverview
4	Molly Bohman	MB	Jr.	6-0	Scottsdale, Ariz./Seton Catholic
5	Katie McCarney	MB	So.	6-1	Dallas, Texas/The Hockaday School
6	Bryana Carey	OPP/OH	So.	6-0	Balboa Island, Calif./Newport Harbor
7	Jillian Brown	OPP	So.	6-0	Wilmette, Ill./New Trier
8	Erin Skipper	OH	Fr.	6-0	Yorktown, Va./Tabb
10	Jill Nowadly	L	Jr.	5-9	Williamsburg, Va./Walsingham
11	Ginny Bray	MB	Fr.	6-2	Cary, N.C./Athens Drive
12	Jo Sotto	L	Jr.	5-2	San Diego, Calif./Rancho Bernardo
15	Megan McInnes	MB	Sr.	6-2	Wayne, Pa./Merion Mercy Academy
19	Cassie Crumal	S	Fr.	5-8	Castle Rock, Colo./Chaparral
21	Kim Mount	S	Jr.	5-8	Corte Madera, Calif./Redwood
22	Lauren Powell	OH	So.	5-8	Tulsa, Okla./Cascia Hall

ALPHABETICAL

No.	Name	Pos.	Yr.	Ht.	Hometown/High School
4	Molly Bohman	MB	Jr.	6-0	Scottsdale, Ariz./Seton Catholic
11	Ginny Bray	MB	Fr.	6-2	Cary, N.C./Athens Drive
7	Jillian Brown	OPP	So.	6-0	Wilmette, Ill./New Trier
6	Bryana Carey	OPP/OH	So.	6-0	Balboa Island, Calif./Newport Harbor
19	Cassie Crumal	S	Fr.	5-8	Castle Rock, Colo./Chaparral
5	Katie McCarney	MB	So.	6-1	Dallas, Texas/The Hockaday School
15	Megan McInnes	MB	Sr.	6-2	Wayne, Pa./Merion Mercy Academy
21	Kim Mount	S	Jr.	5-8	Corte Madera, Calif./Redwood
10	Jill Nowadly	L	Jr.	5-9	Williamsburg, Va./Walsingham
1	Abbi Owens	OH	Jr.	5-10	St. Louis, Mo./Visitation Academy
3	Lindsey Pflugner	OPP/OH	So.	5-11	Sarasota, Fla./Riverview
22	Lauren Powell	OH	So.	5-8	Tulsa, Okla./Cascia Hall
8	Erin Skipper	OH	Fr.	6-0	Yorktown, Va./Tabb
12	Jo Sotto	L	Jr.	5-2	San Diego, Calif./Rancho Bernardo

Head Coach

Debbie Hill 30th Season Houston (1974)

Record at W&M: 552-392

Career Record: Same

Assistant Coaches

Seng Chiu First Season William and Mary (1994)

Rachel Wagener First Season Maryland (2006)



ROSTER BREAKDOWN

BY STATE

ARIZONA (1)

Molly Bohman

CALIFORNIA (3)

Bryana Carey

Kim Mount

Jo Sotto

COLORADO (1)

Cassie Crumal

FLORIDA (1)

Lindsey Pflugner

ILLINOIS (1)

Jillian Brown

MISSOURI (1)

Abbi Owens

NORTH CAROLINA (1)

Ginny Bray

OKLAHOMA (1)

Lauren Powell

PENNSYLVANIA (1)

Megan McInnes

TEXAS (1)

Katie McCarney

VIRGINIA (2)

Jill Nowadly

Erin Skipper

BY YEAR

FRESHMEN (3)

Ginny Bray

Cassie Crumal

Erin Skipper

SOPHOMORES (5)

Jillian Brown

Bryana Carey

Katie McCarney

Lindsey Pflugner

Lauren Powell

JUNIORS (5)

Molly Bohman

Jill Nowadly

Kim Mount

Abbi Owens

Jo Sotto

SENIOR (1)

Megan McInnes

- INTRO
- PREVIEW
- COACHES
- TRIBE**
- REVIEW
- HISTORY
- W&M



Molly BOHMAN

4

Middle Blocker
Junior • 6-0
Scottsdale, Ariz.
Seton Catholic



Molly Bohman's Career Highs

Hitting Pct. (Min. 5 Kills):	.611	vs. Hampton (10/31/06)
Kills:	15	Twice, last at Delaware (11/10/06)
Attempts:	34	at Delaware (11/10/06)
Assists:	1	vs. George Mason (10/27/06)
Digs:	9	vs. Georgia State (10/14/06)
Service Aces:	3	at UNCW (9/9/06)
Total Blocks:	7	vs. Georgia State (10/14/06)

SOPHOMORE SEASON (2006)

Appeared in 75 games ... Led the team with a .281 hitting percentage, ranking 10th in the CAA ... Ranked second on the squad with 57 blocks ... Recorded 168 kills, ranking fourth on the team ... Totaled double-digit kill totals on nine occasions, with four efforts coming consecutively from Oct 6 - Oct. 14 ... Best performance of the season came in the win against Georgia State (Oct. 14) when she nearly tallied a triple-double with 11 kills, nine digs and seven blocks ... Registered a career-high 15 kills on .355 hitting versus Towson (Oct. 6) ... Recorded a .611 (12-1-18) attack percentage in the triumph against Hampton (Oct. 31) ... Also checked in with a .600 hitting percentage (10-1-15) in the 3-0 win versus UNC Wilmington (Oct. 13) ... Hit .500 (9-2-14) against Hofstra (Sept. 15) ... Earned three aces in the victory at UNC Wilmington (Sept. 9).

FRESHMAN SEASON (2005)

Appeared in three games as a reserve middle blocker.

HIGH SCHOOL

Lettered four times as a middle blocker at Seton Catholic for coach Kim Miller ... Led team to a 93-4 record during her career ... Hit .472 with 212 kills, 43 service aces, 105 digs and 40 total blocks in 66 games as a senior to earn Region Player of the Year honors ... Named first-team all-state and first-team *East Valley Tribune* ... Two-time first-team all-region selection ... 2004 state all-star team selection ... Team captain ... Led squad to three region championships and the state championship in 2003 ... Four-time Scholar-Athlete Award recipient ... Named to the honor roll 14 times ... Member of the year-book staff ... Catholic Community Foundation Scholarship recipient.

PERSONAL

Full name is Molly Elizabeth Bohman ... Daughter of Karl and Jeanne Bohman ... Father played tennis at Southern Colorado ... Born July 11, 1987 in Chandler, Ariz. ... Enjoys fly-fishing, cooking and being with friends ... Future goals include working for a fashion magazine and raising a family ... Double majoring in psychology and public policy.

Molly Bohman's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2005	3/3	0	0.00	0	0	.000	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00
2006	22/75	168	2.24	60	384	.281	1	0.01	9	21	0.12	1	42	0.56	3	54	57	0.76
TOTALS	25/78	168	2.15	60	384	.281	1	0.01	9	21	0.12	1	42	0.54	3	54	57	0.73



Jillian BROWN

7

Opposite Hitter
Sophomore • 6-0
Wilmette, Ill.
New Trier



Jillian Brown's Career Highs

Hitting Pct. (Min. 5 Kills):	--	None
Kills:	3	vs. Hampton (10/31/06)
Attempts:	8	vs. Hampton (10/31/06)
Assists:	1	vs. VCU (11/3/06)
Digs:	--	None
Service Aces:	--	None
Total Blocks:	3	vs. Hampton (10/31/06)

FRESHMAN SEASON (2006)

Appeared in nine games as a freshman ... Registered six kills with a .250 hitting percentage ... Totaled five block assists ... Recorded a season-high three kills in the win against Hampton on Oct. 31 ... Also provided a career-high three block assists against the Pirates.

HIGH SCHOOL

Lettered twice as a right side hitter for coach Hannah Hsien at New Trier ... All-conference selection as a senior ... Team captain ... Member of the Sky High club team that qualified for nationals twice.

PERSONAL

Full name is Jillian Elizabeth Brown ... Daughter of Kingsley and Karen Brown ... Born Aug. 29, 1988 in Evanston, Ill. ... Enjoys going to the beach, sailing and being with friends ... Plans to major in business.

Jillian Brown's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2006	6/9	6	0.67	2	16	.250	1	0.11	0	0	0.00	0	0	0.00	0	5	5	0.56
TOTALS	6/9	6	0.67	2	16	.250	1	0.11	0	0	0.00	0	0	0.00	0	5	5	0.56



Bryana CAREY

6

Opposite/Outside Hitter
Sophomore • 6-0
Balboa Island, Calif.
Newport Harbor



Bryana Carey's Career Highs

Hitting Pct. (Min. 5 Kills):	.304	vs. Towson (10/6/06)
Kills:	15	vs. Delaware (10/7/06)
Attempts:	39	vs. Delaware (10/7/06)
Assists:	3	Three times, last vs. Delaware (10/7/06)
Digs:	6	vs. Georgia State (10/14/06)
Service Aces:	8	vs. Air Force (9/2/06)
Total Blocks:	4	vs. Delaware (10/7/06)

FRESHMAN SEASON (2006)

Saw action in 93 games ... Ranked third in the CAA with 0.46 service aces per game ... Tallied eight aces in the win against Air Force (Sept. 2), which equaled the second-best single-match total in school history ... Totaled at least two aces on 12 occasions ... Finished the season with 97 kills, 53 digs and 21 assists ... Registered career highs in kills (15) and total blocks (four) in the win against Delaware (Oct. 7) ... Had double-digit kill totals in the final two matches of the season ... Posted nine kills with a .304 hitting percentage versus Towson (Oct. 6) ... Recorded a career-high six digs in the win against George State (Oct. 14).

HIGH SCHOOL

Lettered three times as an outside hitter, right-side hitter and middle blocker for coaches Dan Glenn and Ki Yi at Newport Harbor ... First-team all-league selection as a senior ... League MVP ... Second-team all-league selection as a junior ... Member of the Saddleback club team that was a two-time winner of the prestigious National Volleyball Festival ... Also participated on the swimming and soccer teams.

PERSONAL

Full name is Bryana Rose Carey ... Daughter of George and Becky Carey ... Mother played volleyball collegiately for two years and beach volleyball for 10 years ... Father was a swimmer at Arizona State ... Sister, Jennifer, played volleyball at Hawaii, and brother, George, has played professional beach volleyball for the last 10 years ... Born April 9, 1987 in Mission Viejo, Calif. ... Enjoys going to the beach, dancing, music, movies and being with friends ... Plans to major in history.

Bryana Carey's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2006	25/93	97	1.04	61	312	.115	21	0.23	43	43	0.46	0	53	0.57	1	30	31	0.33
TOTALS	25/93	97	1.04	61	312	.115	21	0.23	43	43	0.46	0	53	0.57	1	30	31	0.33



Katie McCARNEY

5

Middle Blocker
Sophomore • 6-1
Dallas, Texas
The Hockaday School



Katie McCARNEY's Career Highs

Hitting Pct. (Min. 5 Kills):	.692	vs. St. John's (9/2/06)
Kills:	13	at Delaware (11/10/06)
Attempts:	31	vs. Northeastern (9/16/06)
Assists:	2	vs. Stony Brook (9/1/06)
Digs:	4	vs. James Madison (10/28/06)
Service Aces:	--	None
Total Blocks:	6	Twice, last at Delaware (11/10/06)

FRESHMAN SEASON (2006)

Appeared in 84 games ... Finished the season with 150 kills on a .247 hitting percentage with 70 total blocks ... Concluded the season on a tear, averaging 9.4 kills per game on a .451 hitting percentage in the last five contests ... Also averaged 5.0 total blocks per match during the span ... Recorded career highs in kills (13) and total blocks (six) at Delaware (Nov. 10) ... Posted a .684 (13-0-19) hitting percentage versus the Blue Hens, a figure that ranks second in W&M's single-match record book ... Honored as the CAA Rookie of the Week on Nov. 13 ... Tallied double-digit kill totals against Northeastern (Sept. 16) and at Towson (Nov. 11) ... Had nine kills twice and eight put-aways on five occasions.

HIGH SCHOOL

Lettered four times as a middle blocker and right-side hitter for coach Dave Phillip at The Hockaday School ... League MVP as a senior ... All-SPC and All-North zone selection as a junior ... All-North zone selection and most improved player as a sophomore ... Played for three club teams: Dallas Juniors (2002-03), Skyline Juniors (2003-05) and Dallas Force (2005-06).

PERSONAL

Full name is Katherine Grace McCARNEY ... Daughter of Andrew and Suzanne McCARNEY ... Cousin, Sean, played football at the University of San Diego, and another cousin, Chris, played football and rugby at the Air Force Academy ... Born Oct. 17, 1987 in Dallas, Texas ... Enjoys reading, swimming, shopping and doing crossword puzzles ... Plans to major in business.

Katie McCARNEY's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2006	25/84	150	1.79	59	369	.247	2	0.02	0	4	0.00	0	17	0.20	4	66	70	0.83
TOTALS	25/84	150	1.79	59	369	.247	2	0.02	0	4	0.00	0	17	0.20	4	66	70	0.83



Megan McINNES

15

Middle Blocker
Senior • 6-2
Wayne, Pa.
Merion Mercy Academy



Megan McInnes' Career Highs

Hitting Pct. (Min. 5 Kills):	.533	vs. Virginia Tech (8/26/06)
Kills:	10	vs. Virginia Tech (8/26/06)
Attempts:	23	vs. Stony Brook (9/1/06)
Assists:	1	Twice, last vs. Towson (10/6/06)
Digs:	3	vs. St. John's (9/2/06)
Service Aces:	1	vs. St. John's (9/2/06)
Total Blocks:	8	vs. Stony Brook (9/1/06)

JUNIOR SEASON (2006)

Saw action in 56 games ... Ranked third on the team with 48 blocks ... Totaled 76 kills with a .224 hitting percentage ... Recorded a career-high 10 kills on .533 hitting (10-2-15) versus Virginia Tech (Aug. 26) ... Talled a career-high eight blocks in the win against Stony Brook (Sept. 1) ... Registered six blocks in the season-opener at East Carolina (Aug. 25) ... Also finished with six blocks at James Madison (Sept. 22) ... Hit .500 (6-1-10) in the 3-0 win versus Air Force (Sept. 2) ... Recorded a .444 attack percentage (5-1-9) in the 3-0 victory against UNC Wilmington (Oct. 13).

SOPHOMORE SEASON (2005)

Appeared in four games ... Recorded five kills, one dig and one solo block ... Tied career high with three kills in the win over Norfolk State.

FRESHMAN SEASON (2004)

Appeared in 11 games as a freshman ... Finished with six kills, two assists and seven block assists ... Recorded career highs with three kills and four block assists in win over Norfolk State ... Talled the three kills on four attacks with no errors to post a hitting percentage of .750 in that match.

HIGH SCHOOL

Played volleyball for three years at Merion Mercy Academy for coach Rich Johnson ... Named first-team all-district and all-state after junior and senior years ... Led team in kills and blocks her last two seasons ... Was a member of the basketball team for two years and the lacrosse team one year ... Member of the National Honor Society and the National Art Honor Society ... Graduated with a 3.8 GPA.

PERSONAL

Full name is Megan Rae McInnes ... Daughter of Mark and Suzanne McInnes ... Born Jan. 15, 1986 in Philadelphia, Pa. ... Enjoys watching sports and being with friends ... Member of the Student-Athlete Advisory Council ... Future goals include becoming a second-grade teacher and then a counselor ... Majoring in psychology and elementary education.

Megan McInnes' Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2004	5/11	6	0.55	1	19	.263	2	0.18	1	2	0.09	0	0	0.00	0	7	7	0.64
2005	3/4	5	1.25	3	14	.143	0	0.00	0	0	0.00	0	1	0.25	1	0	1	0.25
2006	20/56	76	1.36	28	214	.224	2	0.04	1	2	0.02	1	12	0.21	5	43	48	0.86
TOTALS	28/71	87	1.23	32	247	.223	4	0.06	2	4	0.03	1	13	0.18	6	50	56	0.79



Kim MOUNT

21

Setter
Junior • 5-8
Corte Madera, Calif.
Redwood



Kim Mount's Career Highs

Hitting Pct. (Min. 5 Kills):	.636	at Georgia State (10/9/05)
Kills:	7	at Georgia State (10/9/05)
Attempts:	14	at Delaware (10/22/05)
Assists:	71	at Delaware (11/11/06)
Digs:	16	vs. Delaware (10/7/06)
Service Aces:	3	vs. Norfolk State (9/1/06)
Total Blocks:	6	at Hofstra (9/24/06)

Kim Mount's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2005	25/81	57	1.00	21	145	.248	938	11.58	10	26	0.12	0	173	2.14	1	39	40	0.49
2006	26/99	38	0.38	22	118	.136	1201	12.13	19	33	0.19	1	216	2.18	1	27	28	0.28
TOTALS	51/180	95	0.66	43	263	.198	2139	11.88	29	59	0.16	1	389	2.16	2	66	68	0.38

SOPHOMORE SEASON (2006)

Ranked third in the CAA in assists with 12.13 apg ... Recorded 1,201 assists, the third-best single-season total in school history ... Dished out a career-high 71 assists against VCU (Nov. 3) ... Also tallied 60 or more helpers on four other occasions ... Ranked second on the team with 216 digs ... Registered double-digit dig totals 10 times, earning double-doubles in each match ... Finished with a career-high 16 digs to go along with 58 assists in the 3-1 victory against Delaware (Oct. 7) ... Had a season-high four blocks and dished out 69 assists in the 3-2 win versus Georgia State (Oct. 14) ... Totaled 19 service aces ... Provided three aces in the 3-0 triumph against Norfolk State (Sept. 1) ... Played in 99 of the Tribe's 100 games.

FRESHMAN SEASON (2005)

Named CAA Rookie of the Year, the first Tribe player to win the award since 2001 and the first to win it outright since 1994 (Carly Huffman was Co-Rookie of the Year in 2001) ... CAA All-Rookie Team selection ... VaSID First-Team All-State honoree ... Named CAA Rookie of the Week five times, including a three-week stretch of consecutive awards ... Appeared in 81 games ... Finished second in the CAA with 11.58 assists per game ... Posted 938 assists, with a career high of 61 at Hofstra in her first collegiate start, the third-most in a four-game match in school history ... Recorded 57 kills, 10 service aces, 173 digs, one block solo and 39 block assists ... Posted seven kills with no errors on 11 total attacks (.636), with 54 assists, seven digs, one block assist and a service ace in the win at Georgia State ... Hit .800 (four kills, no errors on five total attacks) with 44 assists, one service ace and five digs in three-game win over Hampton.

HIGH SCHOOL

Lettered three times as a setter at Redwood for coach Katie Pease ... Served as team captain as a junior and senior ... Recorded 461 assists as a senior ... Named Marin County Athletic League (MCAL) Player of the Year and team MVP as a senior ... Led Redwood to the MCAL Championship, the North Coast Section (NCS) Championship and to the Northern California final as a junior ... Three-time all-league selection ... Four-time NCS Scholar-Athlete selection ... Member of the prestigious Empire Volleyball club team that placed in the top 10 of the National Volleyball Festival during her sophomore and junior seasons ... Volunteered with Special Olympics and was a member of the Key Club.

PERSONAL

Full name is Kimberly Elizabeth Mount ... Daughter of Bill and Barbara Haddon ... Born March 9, 1987 in San Francisco, Calif. ... Enjoys art, reading, watching "24" and being with friends and family ... Has coached Absolute Volleyball's 13's (Corte Madera, Calif.) team ... Double majoring in math and kinesiology.



Jill NOWADLY

10

Libero
Junior • 5-9
Williamsburg, Va.
Walsingham Academy



Jill Nowadly's Career Highs

Hitting Pct. (Min. 5 Kills):	--	None
Kills:	4	Four times, last vs. G. Mason (10/27/06)
Attempts:	6	vs. Delaware (10/7/06)
Assists:	1	Seven times, last vs. VCU (11/3/06)
Digs:	18	Twice, last at Towson (11/11/06)
Service Aces:	3	at East Carolina (8/25/06)
Total Blocks:	--	None

SOPHOMORE SEASON (2006)

Saw action in 93 games ... Ranked fourth on the team with 199 digs ... Recorded double-digit dig totals in nine matches ... Tallied 10 or more digs in five consecutive matches from Sept. 27 - Oct. 14 ... Earned a career-high 18 digs on two occasions, versus Georgia State (Oct. 14) and at Towson (Nov. 11) ... Posted a career-high three service aces versus East Carolina in the season-opener.

FRESHMAN SEASON (2005)

Appeared in five games and recorded three digs, all coming in the win at Norfolk State.

HIGH SCHOOL

Lettered four times as an outside hitter and libero at Walsingham Academy for coach Keith Nowadly, her father ... Played in 299 career games, posting 1,066 kills, 462 digs and 200 service aces ... The kills and digs totals are school records ... Earned TCIS Player of the Year honors each of her last three years ... Three-time TCIS Tournament MVP ... VISVA Player of the Year as a junior and senior ... Named to the VISVA all-tournament team as a junior and senior ... Member of the National Honor Society and the Spanish National Honor Society.

PERSONAL

Full name is Jill Elizabeth Nowadly ... Daughter of Keith and Ann Nowadly ... Born Sept. 28, 1987 in St. Louis, Mo. ... Enjoys watching movies and playing the guitar ... Future goals include becoming a dentist ... Majoring in biology.

Jill Nowadly's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2005	3/5	0	0.00	0	1	.000	0	0.00	0	2	0.00	0	3	0.60	0	0	0	0.00
2006	26/93	4	0.04	4	26	.000	7	0.08	8	12	0.09	11	199	2.14	0	0	0	0.00
TOTALS	29/98	4	0.04	4	27	.000	7	0.07	8	14	0.08	11	202	2.06	0	0	0	0.00



Abbi OWENS

1

Outside Hitter
Junior • 5-10
St. Louis, Mo.
Visitation Academy



Abbi Owens' Career Highs

Hitting Pct. (Min. 5 Kills):	.474	vs. UNCW (10/13/06)
Kills:	30	vs. Georgia State (10/14/06)
Attempts:	84	vs. Georgia State (10/14/06)
Assists:	2	vs. Delaware (10/7/06)
Digs:	23	vs. Northeastern (9/16/06)
Service Aces:	3	Twice, last vs. Hampton (10/31/06)
Total Blocks:	4	Twice, last at Towson (11/11/06)

SOPHOMORE SEASON (2006)

Saw action in 85 games ... Ranked eighth in the CAA with 3.71 kills per game ... Registered 315 kills and 200 digs ... Equaled a single-match school record with 30 kills in the win against George State (Oct. 14) ... Recorded double-digit kill totals on 15 occasions ... Accomplished the feat in 10 consecutive matches from Sept. 8 - Oct. 14 ... Totaled 20 or more put-aways six times ... Finished the season with eight double-doubles ... Tallied a career-high 23 digs to go along with 25 kills against Northeastern (Sept. 16) ... Hit .474 (22-4-38) in the win versus UNC Wilmington (Oct. 13) ... Posted a .385 hitting percentage (12-2-26) at Georgia State (Sept. 8) ... Recorded a career-high three service aces twice, against Towson (Oct. 6) and Hampton (Oct. 31).

FRESHMAN SEASON (2005) - AT OKLAHOMA

Recorded one kill in her third Big 12 appearance of the season at No. 10 Missouri ... Tallied one kill and one dig against Baylor ... Added five digs against Alabama ... Pounded five kills in victory over Loyola.

HIGH SCHOOL

Three-time all-district first-team selection ... Voted to the All-Metro second team for the Bi-State region as a senior ... Two-time Metro Women's Athletic Association all-star first-team selection ... Named to the PrepVolleyball.com all-region team as a senior ... Helped high school team advance to its first-ever appearance in the state tournament in 2004, where it placed fourth and posted the best record in school history ... Led all-state tournament participants in attacks and digs ... Also led Visitation Academy to its first-ever sectional tournament title ... Posted 4.2 kills per game and 2.1 digs per game as a senior ... Selected to the Effingham Crossroads Classic and Festus all-tournament teams in 2004 ... Played club volleyball for the St. Louis CYC (2003-2005) and the St. Louis Elite (2002) ... Led St. Louis CYC to a second-place finish at the 2004 Asics Junior National Championships and a 10th-place finish at the Junior Olympics Volleyball Championships ... Two-year letterwinner in track and field ... Set the school record for high jump as a sophomore ... Named to Visitation's Honor Roll all four years ... Two-time member of National Junior Honor Society and National Honor Society ... Selected as a Missouri Bright Flight Scholar.

PERSONAL

Full name is Abigail Elayne Owens ... Daughter of Mike and Lynne Owens ... Born Feb. 19, 1987 ... Has three sisters: Amy (24), Alex (22) and Andrea (16) ... Grandfather, Donald Owens, played in the NFL for the former St. Louis Cardinals ... Father, Mike, played football at the University of Missouri ... Sister, Amy, was a setter for the Tribe from 2001-2004 ... Other sister, Alex, played volleyball at Emory University.

Abbi Owens' Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2005	6/10	7	0.70	5	26	.077	0	0.00	0	1	0.00	5	7	0.70	0	0	0	0.00
2006	24/85	315	3.71	138	919	.193	9	0.11	14	22	0.16	33	200	2.35	4	26	30	0.35
TOTALS	30/95	322	3.39	143	945	.189	9	0.09	14	23	0.15	38	207	2.18	4	26	30	0.32



Lindsey PFLUGNER

3

Opposite/Outside Hitter
Sophomore • 5-11
Sarasota, Fla.
Riverview



Lindsey Pflugner's Career Highs

Hitting Pct. (Min. 5 Kills):	.357	vs. Hampton (10/31/06)
Kills:	24	vs. Stony Brook (9/1/06)
Attempts:	58	at VCU (9/27/06)
Assists:	2	at UNCW (9/9/06)
Digs:	21	at VCU (9/27/06)
Service Aces:	3	vs. Virginia Tech (8/26/06)
Total Blocks:	4	at VCU (9/27/06)

FRESHMAN SEASON (2006)

Appeared in 69 games ... Ranked second on the team with 3.35 kills per game ... Recorded six double-doubles ... Totaled at least 10 kills on 12 occasions ... Tallied a double-digit kill total in each of the first nine matches to begin the season ... Had 10 or more digs in seven matches ... Best effort of the season came at VCU (Sept. 27) when she posted a 23-kill, 21-dig performance ... Also had a career-high four total blocks in the match ... Registered a career-high 24 kills on a .316 hitting percentage in the victory against Stony Brook (Sept. 1) ... Earned 21 kills in the triumph at UNC Wilmington (Sept. 9) ... Recorded three service aces against Virginia Tech (Aug. 26) ... Finished the season with 174 digs and 10 aces.

HIGH SCHOOL

Lettered four times as an outside hitter for coach Keith Drake at Riverview ... Finished her career with 1,083 kills, 179 total blocks, 772 digs and 215 service aces ... Holds school career records for kills (1,083), total attacks (2,269), service attempts (1,283) and service aces (215) ... Registered 475 kills, 324 digs and 71 service aces as a senior to earn all-area Player of the Year honors by the *Sarasota Herald Tribune* ... Two-time first-team all-state selection ... Three-time team MVP selection ... Sarasota Area Sports Authority 2005 Amateur Athlete of the Year ... Posted 16 double-doubles, 25 double-digit kill matches, 16 double-digit digs matches, 11 20-kill matches and four 20-dig matches as a senior ... Also earned three letters in soccer as a sweeper.

PERSONAL

Full name is Lindsey Parker Pflugner ... Daughter of Gary and Micki Pflugner ... Brother, Dusty, plays basketball at VMI ... Born Feb. 27, 1988 in Sarasota, Fla. ... Enjoys beach volleyball and biking ... Plans to major in chemistry.

Lindsey Pflugner's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2006	22/69	231	3.35	119	683	.164	8	0.12	10	11	0.14	24	174	2.52	1	19	20	0.29
TOTALS	22/69	231	3.35	119	683	.164	8	0.12	10	11	0.14	24	174	2.52	1	19	20	0.29



Lauren POWELL

22

Outside Hitter
Sophomore • 5-8
Tulsa, Okla.
Cascia Hall



Lauren Powell's Career Highs

Hitting Pct. (Min. 5 Kills):	.750	vs. Hampton (10/31/06)
Kills:	22	at Georgia State (9/8/06)
Attempts:	67	vs. Northeastern (9/16/06)
Assists:	1	Twice, last vs. Hampton (10/31/06)
Digs:	6	Twice, last vs. Hofstra (9/15/06)
Service Aces:	--	None
Total Blocks:	3	Four times, last vs. Hofstra (9/15/06)

FRESHMAN SEASON (2006)

Appeared in 47 games ... Finished the season with 134 kills and 38 digs ... Recorded double-digit kill totals on six occasions, while posting nine kills twice ... Totaled at least 10 kills in five consecutive matches from Sept. 2 - 16 ... Averaged 15.8 kills per match during the span ... Tallied a career-high 22 put-aways at Georgia State (Sept. 8) ... Totaled a career-high six digs twice, coming against St. John's (Sept. 2) and Hofstra (Sept. 15) ... Registered 11 kills on a .318 hitting percentage in the victory against Air Force (Sept. 2).

HIGH SCHOOL

Lettered four times as an outside hitter for coach Drew Tiger at Cascia Hall ... MVP of the Oklahoma state tournament as a junior ... Three-time All-Oklahoma state tournament team selection ... Attended USA Volleyball A-2 camp after her freshman year ... Selected to the Oklahoma High Performance team after her freshman and sophomore years ... Also lettered four times as a sprinter on the track team and once as a guard on the basketball team.

PERSONAL

Full name is Lauren DeNee Powell... Daughter of Leon and Desdamona Powell ... Born June 10, 1988 in Tulsa, Okla. ... Enjoys off-roading, music and photography ... Plans to major in business.

Lauren Powell's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2006	16/47	134	2.85	64	385	.182	2	0.04	0	2	0.00	1	38	0.81	0	16	16	0.34
TOTALS	16/47	134	2.85	64	385	.182	2	0.04	0	2	0.00	1	38	0.81	0	16	16	0.34



Jo SOTTO

12

Libero
Junior • 5-2
San Diego, Calif.
Rancho Bernardo



Jo Sotto's Career Highs

Hitting Pct. (Min. 5 Kills):	--	None
Kills:	2	vs. Norfolk State (9/1/06)
Attempts:	2	Twice, last vs. Norfolk State (9/1/06)
Assists:	1	11 times, last vs. JMU (10/28/06)
Digs:	18	Twice, last vs. Georgia State (10/14/06)
Service Aces:	2	Three times, last vs. Northeastern (9/16/06)
Total Blocks:	--	None

SOPHOMORE SEASON (2006)

Saw action in 79 games ... Ranked fifth on the team with 178 digs ... Registered double-digit dig totals on seven occasions ... Averaged 15.3 digs per contest during a three-match span from Sept. 16 - 23 ... Totaled a career-high 18 digs twice, coming in victories against George Mason (Sept. 23) and Georgia State (Oct. 14) ... Registered a pair of service aces at Georgia State (Sept. 8) and versus Northeastern (Sept. 16).

FRESHMAN SEASON (2005)

Appeared in 31 games ... Recorded two assists, four service aces and 49 digs ... Set career-highs with 10 digs twice, at Hofstra and at Norfolk State ... Career-high two service aces at Norfolk State.

HIGH SCHOOL

Lettered twice as a defensive specialist/libero for coach Tvan Nguyen ... Team captain and MVP as a senior ... Honorable mention All-Palmer League as a senior ... Two-time scholar-athlete selection.

PERSONAL

Full name is Josephine Rae Sotto ... Daughter of Jun and Rosebelle Sotto ... Born Aug. 14, 1987 in San Diego, Calif. ... Enjoys going to the beach and watching movies ... Future goals include becoming a physical therapist ... Double majoring in kinesiology and psychology.

Jo Sotto's Career Statistics

YEAR	MP/GP	K	K/G	E	TA	PCT.	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	TB	B/G
2005	14/31	0	0.00	0	3	.000	2	0.06	4	5	0.13	4	49	1.58	0	0	0	0.00
2006	21/79	3	0.04	2	7	.143	9	0.11	6	8	0.08	9	178	2.25	0	0	0	0.00
TOTALS	35/110	3	0.03	2	10	.100	11	0.10	10	13	0.09	13	227	2.06	0	0	0	0.00

Ginny BRAY



11

Middle Blocker
 Freshman • 6-2
 Cary, N.C.
 Athens Drive

HIGH SCHOOL

Four-year letterwinner for head coach Angela Cottichio at Athens Drive High School ... Honored as the conference Player of the Year as a junior ... Twice selected as the team's Most Valuable Player ... Garnered academic all-conference distinction all four years ... Helped her squad claim the conference championship three times ... Equaled a single-match school record for kills with 30 ... Played club volleyball with the North Carolina Challengers since the seventh grade ... Earned Carolina All-Region First-Team accolades in 2005-06 ... Member of the National Honor Society and was a Honor Scholar.

PERSONAL

Full name is Sarah Virginia Bray ... Daughter of Michael and Rebecca Bray ... Born Nov. 29, 1998 in Atlanta, Ga. ... Mom played volleyball at Presbyterian College ... Enjoys reading, sudoku, watching movies, watching sports and hanging out with friends ... Plans to major in history.

Cassie CRUMAL



19

Setter
 Freshman • 5-8
 Castle Rock, Colo.
 Chaparral

HIGH SCHOOL

Earned four letters as a setter for head coach T.R. Ellis at Chaparral High School ... School record holder for career assists (1,812) ... Also holds the single-season school record for assists (1,097) ... Garnered all-state honorable mention distinction twice ... An all-conference first-team selection as a senior ... Served as a captain in 2006 and led the team to a district championship and a third-place finish at the regional level ... As a junior, she helped her team win district and regional titles, while recording a second-place runner up finish in the state tournament ... Selected to the Rocky Mountain All-Tournament Team in '05 ... Played club volleyball with the Colorado Performance ... Chosen to the Regional All-Star Team in 2005-06 ... Earned a spot on the All-State All-Academic Team twice ... Member of the National Honor Society and was the French Club vice president ... Also served as the National French Honor Society historian.

PERSONAL

Full name is Cassandra Shea Crumal ... Daughter of Patrick Scott and Jill Crumal ... Born Jan. 3, 1989 in Denver, Colo. ... Enjoys swimming, watching movies and knitting ... Plans to major in psychology.

Erin SKIPPER

- INTRO
- PREVIEW
- COACHES
- TRIBE**
- REVIEW
- HISTORY
- W&M



8

Outside Hitter
Freshman • 6-0
Yorktown, Va.
Tabb

HIGH SCHOOL

A three-year letterwinner for head coach Lee Thornhill at Tabb High School ... Selected to the All-State First Team as a senior ... Also honored as the region and district player of the year in '06 ... Named the *Daily Press* Player of the Year as a senior ... Member of the Virginia East All-Star Team ... First-team all-district selection as a junior ... Served as the team captain her final two seasons and was chosen as the squad's most valuable player both years ... Played for the Williamsburg Volleyball Club, serving as the team captain from 2004-06 ... Earned one letter on the THS swim team ... Member of the National Honor Society and was the secretary ... Also a member of Mu Alpha Theta and volunteered with Operation Smile.

PERSONAL

Full name is Erin Lynn Skipper ... Daughter of Everett and Susan Skipper ... Born Sept. 15, 1989 in Newport News, Va. ... Uncle, Charles Skipper, wrestled at William and Mary ... Enjoys scrapbooking, camping and music ... Plans to major in kinesiology.

